

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 1 Femin., 400m Estilos Infantis
18-03-2016 - 15:30 Resultados

Recordes Nacionais 25m Absoluto	4:37.41	Victoria Kaminskaya	ESJB	Porto	11-12-2015
Recordes Nacionais 25m Inf B	5:15.68	Susana Patricia Miguel	SFUAP	Rio Maior	06-07-2002
Recordes Nacionais 25m Inf A	5:05.68	Filiipa Vilas Ruivo	DNMG	Leiria	12-06-2010

TAC-INFAFem Inf A: 6:03.50 / TAC-INFBFem Inf B: 6:23.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Leonor Alves Morganho	04	Alges	5:29.40		490
	50m: 36.72 36.72	150m: 2:03.83 44.17	250m: 3:30.21 45.26	350m: 4:52.99 37.96		
	100m: 1:19.66 42.94	200m: 2:44.95 41.12	300m: 4:15.03 44.82	400m: 5:29.40 36.41		
2.	Lidiana Correia Rodrigues	04	Individual ANL	5:34.50		468
	50m: 35.67 35.67	150m: 2:00.69 42.94	250m: 3:30.50 46.60	350m: 4:57.97 39.31		
	100m: 1:17.75 42.08	200m: 2:43.90 43.21	300m: 4:18.66 48.16	400m: 5:34.50 36.53		
3.	Maria Gomes Pereira	04	Alges	5:36.11		462
	50m: 35.71 35.71	150m: 2:00.69 43.95	250m: 3:29.10 46.37	350m: 4:57.30 40.67		
	100m: 1:16.74 41.03	200m: 2:42.73 42.04	300m: 4:16.63 47.53	400m: 5:36.11 38.81		
4.	Maria Lopes Amado	04	Ba/Bomcar	5:42.08		438
	50m: 34.87 34.87	150m: 1:59.22 42.69	250m: 3:30.87 50.00	350m: 5:02.63 41.68		
	100m: 1:16.53 41.66	200m: 2:40.87 41.65	300m: 4:20.95 50.08	400m: 5:42.08 39.45		
5.	Maria Leonor Ferreira	04	Desportivo Nacional	5:45.29		426
	50m: 34.95 34.95	150m: 2:01.68 44.37	250m: 3:33.99 49.17	350m: 5:05.36 42.43		
	100m: 1:17.31 42.36	200m: 2:44.82 43.14	300m: 4:22.93 48.94	400m: 5:45.29 39.93		
6.	Alexandra Cordeiro Silva	04	Alcobaca	5:56.82		386
	50m: 38.92 38.92	150m: 2:14.32 47.44	250m: 3:46.76 49.08	350m: 5:18.78 40.89		
	100m: 1:26.88 47.96	200m: 2:57.68 43.36	300m: 4:37.89 51.13	400m: 5:56.82 38.04		
7.	Maria Joao Reis	04	Nautico Marinha Grande	5:58.29		381
	50m: 37.78 37.78	150m: 2:10.64 42.83	250m: 3:47.52 54.16	350m: 5:20.06 40.10		
	100m: 1:27.81 50.03	200m: 2:53.36 42.72	300m: 4:39.96 52.44	400m: 5:58.29 38.23		
8.	Margarida Borges Silva	04	Bombeiros Ponta Delgada	6:01.19		372
	50m: 37.34 37.34	150m: 2:10.75 46.87	250m: 3:47.69 51.66	350m: 5:21.61 41.26		
	100m: 1:23.88 46.54	200m: 2:56.03 45.28	300m: 4:40.35 52.66	400m: 6:01.19 39.58		
9.	Ines Maria Monteiro	04	Naval Praia da Vitoria	6:01.26		372
	50m: 39.06 39.06	150m: 2:12.13 48.41	250m: 3:50.93 51.25	350m: 5:22.49 39.84		
	100m: 1:23.72 44.66	200m: 2:59.68 47.55	300m: 4:42.65 51.72	400m: 6:01.26 38.77		
10.	Madalena Graca Gerales	04	Sporting	6:02.45		368
	50m: 40.47 40.47	150m: 2:15.81 46.46	250m: 3:51.59 50.01	350m: 5:23.56 38.79		
	100m: 1:29.35 48.88	200m: 3:01.58 45.77	300m: 4:44.77 53.18	400m: 6:02.45 38.89		
11.	Matilde Calhau Silva	04	Sporting	6:02.46		368
	50m: 39.64 39.64	150m: 2:15.54 46.08	250m: 3:51.77 50.85	350m: 5:23.40 40.72		
	100m: 1:29.46 49.82	200m: 3:00.92 45.38	300m: 4:42.68 50.91	400m: 6:02.46 39.06		
12.	Ana Correia Sousa	04	Pimpoes/Cimai	6:07.85		352
	50m: 39.60 39.60	150m: 2:14.83 44.74	250m: 3:49.42 50.09	350m: 5:25.17 45.25		
	100m: 1:30.09 50.49	200m: 2:59.33 44.50	300m: 4:39.92 50.50	400m: 6:07.85 42.68		
13.	Joana Marinho Coelho	04	Sporting	6:09.92		346
	50m: 41.00 41.00	150m: 2:19.19 47.46	250m: 3:55.11 50.70	350m: 5:28.72 40.70		
	100m: 1:31.73 50.73	200m: 3:04.41 45.22	300m: 4:48.02 52.91	400m: 6:09.92 41.20		

Torneio Zonal de Infantis (Zona Sul)
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Prova 1, Femin., 400m Estilos, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
14.	Beatriz Staiger Bento	04	20Km de Almeirim	6:17.65		325
	50m: 39.09 39.09	150m: 2:16.64 47.50	250m: 3:59.87 56.04	350m: 5:38.00 43.13		
	100m: 1:29.14 50.05	200m: 3:03.83 47.19	300m: 4:54.87 55.00	400m: 6:17.65 39.65		

Infantis A

1.	Sara Moura Cruz	03	Alges	5:13.06		571
	50m: 32.44 32.44	150m: 1:52.12 41.55	250m: 3:14.61 42.07	350m: 4:35.92 36.83		
	100m: 1:10.57 38.13	200m: 2:32.54 40.42	300m: 3:59.09 44.48	400m: 5:13.06 37.14		
2.	Joana Ribeiro Martins	03	Benfica	5:19.72		536
	50m: 31.99 31.99	150m: 1:49.80 39.97	250m: 3:18.15 49.43	350m: 4:44.46 36.34		
	100m: 1:09.83 37.84	200m: 2:28.72 38.92	300m: 4:08.12 49.97	400m: 5:19.72 35.26		
3.	Luana Pinto Domingues	03	Ba/Bomcar	5:26.78		502
	50m: 34.30 34.30	150m: 1:56.08 42.27	250m: 3:24.30 46.40	350m: 4:49.71 38.03		
	100m: 1:13.81 39.51	200m: 2:37.90 41.82	300m: 4:11.68 47.38	400m: 5:26.78 37.07		
4.	Ines Asseiceira Ramos	03	Torres Novas	5:34.63		468
	50m: 35.30 35.30	150m: 2:00.01 41.73	250m: 3:30.90 49.03	350m: 4:58.21 37.53		
	100m: 1:18.28 42.98	200m: 2:41.87 41.86	300m: 4:20.68 49.78	400m: 5:34.63 36.42		
5.	Mafalda Sofia Rosa	03	Rio Maior	5:36.56		460
	50m: 38.82 38.82	150m: 2:07.94 43.26	250m: 3:38.34 48.98	350m: 5:02.39 35.46		
	100m: 1:24.68 45.86	200m: 2:49.36 41.42	300m: 4:26.93 48.59	400m: 5:36.56 34.17		
6.	Laura Luz Fonseca	03	Naval de Ponta Delgada	5:37.46		456
	50m: 37.46 37.46	150m: 2:01.50 41.42	250m: 3:31.64 49.23	350m: 5:00.95 38.89		
	100m: 1:20.08 42.62	200m: 2:42.41 40.91	300m: 4:22.06 50.42	400m: 5:37.46 36.51		
7.	Renata Simoes Rato	03	Nautico Marinha Grande	5:38.52		452
	50m: 37.59 37.59	150m: 2:03.40 45.69	250m: 3:35.09 46.61	350m: 5:01.22 38.28		
	100m: 1:17.71 40.12	200m: 2:48.48 45.08	300m: 4:22.94 47.85	400m: 5:38.52 37.30		
8.	Daniela Mascarenhas Henriques	03	Geslours	5:41.23		441
	50m: 37.67 37.67	150m: 2:05.52 44.61	250m: 3:36.79 47.28	350m: 5:04.51 38.48		
	100m: 1:20.91 43.24	200m: 2:49.51 43.99	300m: 4:26.03 49.24	400m: 5:41.23 36.72		
9.	Catarina Guimaraes Moreira	03	Alges	5:41.24		441
	50m: 35.73 35.73	150m: 2:02.71 43.08	250m: 3:35.39 49.22	350m: 5:03.65 38.20		
	100m: 1:19.63 43.90	200m: 2:46.17 43.46	300m: 4:25.45 50.06	400m: 5:41.24 37.59		
10.	Ines Filipa Jacinto	03	Ba/Bomcar	5:41.63		440
	50m: 36.40 36.40	150m: 2:03.89 43.87	250m: 3:35.10 47.49	350m: 5:03.56 39.11		
	100m: 1:20.02 43.62	200m: 2:47.61 43.72	300m: 4:24.45 49.35	400m: 5:41.63 38.07		
11.	Ana Amarante Dias	03	Naval de Ponta Delgada	5:42.74		435
	50m: 36.34 36.34	150m: 2:01.94 42.76	250m: 3:32.07 47.77	350m: 5:02.49 41.43		
	100m: 1:19.18 42.84	200m: 2:44.30 42.36	300m: 4:21.06 48.99	400m: 5:42.74 40.25		
12.	Mariana Alves Barbosa	03	Pimpoes/Cimai	5:44.00		431
	50m: 37.82 37.82	150m: 2:07.97 42.76	250m: 3:37.62 46.97	350m: 5:06.65 40.11		
	100m: 1:25.21 47.39	200m: 2:50.65 42.68	300m: 4:26.54 48.92	400m: 5:44.00 37.35		
13.	Julia Caldeira Ferreira	03	Naval do Funchal	5:44.68		428
	50m: 34.81 34.81	150m: 2:01.25 47.55	250m: 3:35.62 49.79	350m: 5:06.31 41.33		
	100m: 1:13.70 38.89	200m: 2:45.83 44.58	300m: 4:24.98 49.36	400m: 5:44.68 38.37		

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 1, Femin., 400m Estilos, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
14.	Beatriz Moreira Carvalho	03	Rio Maior	5:45.26		426
	50m: 40.23 40.23	150m: 2:08.34 43.09	250m: 3:38.58 47.84	350m: 5:07.90 38.41		
	100m: 1:25.25 45.02	200m: 2:50.74 42.40	300m: 4:29.49 50.91	400m: 5:45.26 37.36		
15.	Constanca Mendes Gomes	03	Pimpoes/Cimai	5:45.89		424
	50m: 37.73 37.73	150m: 2:05.96 43.72	250m: 3:40.54 50.93	350m: 5:08.88 38.03		
	100m: 1:22.24 44.51	200m: 2:49.61 43.65	300m: 4:30.85 50.31	400m: 5:45.89 37.01		
16.	Beatriz Quintao Amantes	03	Uniao Piedense	5:47.90		416
	50m: 36.52 36.52	150m: 2:03.11 43.24	250m: 3:38.25 51.88	350m: 5:08.52 38.34		
	100m: 1:19.87 43.35	200m: 2:46.37 43.26	300m: 4:30.18 51.93	400m: 5:47.90 39.38		
17.	Mariana Marques Mercedes	03	Olivais e Moscavide	5:49.85		409
	50m: 36.35 36.35	150m: 2:04.11 43.56	250m: 3:39.11 50.51	350m: 5:12.72 40.95		
	100m: 1:20.55 44.20	200m: 2:48.60 44.49	300m: 4:31.77 52.66	400m: 5:49.85 37.13		
18.	Mafalda Viegas Cruz	03	Sporting	5:50.82		406
	50m: 39.36 39.36	150m: 2:10.72 44.57	250m: 3:43.70 47.58	350m: 5:12.17 39.03		
	100m: 1:26.15 46.79	200m: 2:56.12 45.40	300m: 4:33.14 49.44	400m: 5:50.82 38.65		
19.	Ines Apolinario Soares	03	Pimpoes/Cimai	5:53.94		395
	50m: 37.89 37.89	150m: 2:08.63 45.06	250m: 3:44.27 51.18	350m: 5:16.77 41.19		
	100m: 1:23.57 45.68	200m: 2:53.09 44.46	300m: 4:35.58 51.31	400m: 5:53.94 37.17		
20.	Rafaela Sofia Silva	03	Benfica	6:06.40		356
	50m: 38.89 38.89	150m: 2:15.21 47.40	250m: 3:54.34 52.64	350m: 5:26.96 39.80		
	100m: 1:27.81 48.92	200m: 3:01.70 46.49	300m: 4:47.16 52.82	400m: 6:06.40 39.44		
21.	Ana Rui Gomes	03	Naval da Nazare	6:06.48		356
	50m: 39.16 39.16	150m: 2:12.99 46.49	250m: 3:50.94 54.11	350m: 5:26.21 42.29		
	100m: 1:26.50 47.34	200m: 2:56.83 43.84	300m: 4:43.92 52.98	400m: 6:06.48 40.27		
DSQ	Ana Catarina Fernandes	03	Naval do Funchal			
	403 - Falsa partida - SW 4.4					
DSQ	Ines Marques Garcia	03	Nautico Abrantes			
	724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 275 m - SW 7.6					

Prova 2

Masc., 400m Estilos

Infantis

18-03-2016 - 16:05

Resultados

Recordes Nacionais 25m Absoluto	4:06.83	Diogo Filipe Carvalho	POR	Istambul (TUR)	11-12-2009
Recordes Nacionais 25m Inf B	4:49.65	Andre Vilas Ruivo	DNMG	S. António Cavaleiros	15-03-2013
Recordes Nacionais 25m Inf A	4:40.32	Tomas Miguel Freitas	CDN	Funchal	09-07-2004

TAC-INFAMasc Inf A: 5:35.00 / TAC-INFBMasc Inf B: 5:50.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Antonio Guerra Marreiros	03	Alges	5:18.99		402
	50m: 32.63 32.63	150m: 1:55.09 42.17	250m: 3:20.94 43.57	350m: 4:44.65 36.88		
	100m: 1:12.92 40.29	200m: 2:37.37 42.28	300m: 4:07.77 46.83	400m: 5:18.99 34.34		
2.	Ricardo Novikov	03	Alges	5:19.62		400
	50m: 35.34 35.34	150m: 1:57.50 41.99	250m: 3:25.79 46.60	350m: 4:46.42 33.92		
	100m: 1:15.51 40.17	200m: 2:39.19 41.69	300m: 4:12.50 46.71	400m: 5:19.62 33.20		

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 2, Masc., 400m Estilos, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
3.	Joao Martins Cristina	03	Louletano / Loule Concelho	5:21.15		394
	50m: 35.17 35.17	150m: 1:57.73 41.98	250m: 3:23.06 44.06	350m: 4:47.15 38.96		
	100m: 1:15.75 40.58	200m: 2:39.00 41.27	300m: 4:08.19 45.13	400m: 5:21.15 34.00		
4.	Simao Vieira Camara	03	Sao Roque	5:27.41		372
	50m: 34.68 34.68	150m: 1:58.70 42.17	250m: 3:25.91 45.81	350m: 4:50.19 36.88		
	100m: 1:16.53 41.85	200m: 2:40.10 41.40	300m: 4:13.31 47.40	400m: 5:27.41 37.22		
5.	Afonso Gomes Mestre	03	Tavira Natacao	5:33.74		351
	50m: 34.05 34.05	150m: 1:56.94 42.36	250m: 3:27.05 46.86	350m: 4:55.98 40.11		
	100m: 1:14.58 40.53	200m: 2:40.19 43.25	300m: 4:15.87 48.82	400m: 5:33.74 37.76		
6.	Tomas Miguel Felicio	03	Rio Maior	5:37.95		338
	50m: 36.31 36.31	150m: 2:03.68 44.10	250m: 3:34.06 48.20	350m: 5:00.66 38.15		
	100m: 1:19.58 43.27	200m: 2:45.86 42.18	300m: 4:22.51 48.45	400m: 5:37.95 37.29		
7.	Salvador Ataide Parente	03	Geslours	5:44.04		320
	50m: 37.38 37.38	150m: 2:07.20 45.93	250m: 3:39.32 46.37	350m: 5:06.66 39.17		
	100m: 1:21.27 43.89	200m: 2:52.95 45.75	300m: 4:27.49 48.17	400m: 5:44.04 37.38		
DSQ	Pedro Afonso Sousa	03	Desportivo Nacional			
	725 - Movimento alternado pernas percurso subaquático após viragens - SW 7.4					
DSQ	Rui Afonso Fernandes	03	Desportivo Nacional			
	614 - Nadador não efectuou viragem aos 175 m após terminar movimento contínuo de braços - SW 6.4					

Infantis A

1.	Vicente Oliveira Gomes	02	Sporting	4:56.57		500
	50m: 31.03 31.03	150m: 1:45.03 38.60	250m: 3:06.44 43.05	350m: 4:23.54 34.04		
	100m: 1:06.43 35.40	200m: 2:23.39 38.36	300m: 3:49.50 43.06	400m: 4:56.57 33.03		
2.	Martim Rebelo Malfeito	02	Sporting	4:59.43		486
	50m: 32.15 32.15	150m: 1:50.46 40.06	250m: 3:10.74 39.76	350m: 4:25.81 34.44		
	100m: 1:10.40 38.25	200m: 2:30.98 40.52	300m: 3:51.37 40.63	400m: 4:59.43 33.62		
3.	Ruy Manuel Domingos	02	Sporting	5:00.20		482
	50m: 31.44 31.44	150m: 1:45.33 38.28	250m: 3:07.09 44.77	350m: 4:26.26 35.00		
	100m: 1:07.05 35.61	200m: 2:22.32 36.99	300m: 3:51.26 44.17	400m: 5:00.20 33.94		
4.	Francisco Costa Nunes	02	Salvaterra de Magos	5:01.90		474
	50m: 31.46 31.46	150m: 1:49.45 39.41	250m: 3:10.94 41.12	350m: 4:29.30 35.49		
	100m: 1:10.04 38.58	200m: 2:29.82 40.37	300m: 3:53.81 42.87	400m: 5:01.90 32.60		
5.	Marco Antonio Costa	02	Natacao Guarda	5:03.76		465
	50m: 30.77 30.77	150m: 1:47.64 40.49	250m: 3:11.15 42.80	350m: 4:29.56 34.96		
	100m: 1:07.15 36.38	200m: 2:28.35 40.71	300m: 3:54.60 43.45	400m: 5:03.76 34.20		
6.	Tomas Penha Monteiro	02	Alges	5:04.71		461
	50m: 32.50 32.50	150m: 1:50.60 40.39	250m: 3:12.97 43.53	350m: 4:31.83 34.29		
	100m: 1:10.21 37.71	200m: 2:29.44 38.84	300m: 3:57.54 44.57	400m: 5:04.71 32.88		
7.	Bernardo Jorge Simoes	02	Torres Novas	5:05.11		459
	50m: 31.62 31.62	150m: 1:50.84 40.95	250m: 3:14.67 44.44	350m: 4:32.95 33.85		
	100m: 1:09.89 38.27	200m: 2:30.23 39.39	300m: 3:59.10 44.43	400m: 5:05.11 32.16		
8.	Goncalo Morais Gordo	02	Colegio Monte Maior	5:08.91		443
	50m: 32.96 32.96	150m: 1:50.92 39.51	250m: 3:11.00 42.30	350m: 4:32.81 36.53		
	100m: 1:11.41 38.45	200m: 2:28.70 37.78	300m: 3:56.28 45.28	400m: 5:08.91 36.10		

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 2, Masc., 400m Estilos, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
9.	Duarte Nunes Sequeira	02	Natacao de Lagos	5:15.44		416
	50m: 31.99 31.99	150m: 1:50.32 40.51	250m: 3:16.26 46.11	350m: 4:39.94 36.68		
	100m: 1:09.81 37.82	200m: 2:30.15 39.83	300m: 4:03.26 47.00	400m: 5:15.44 35.50		
10.	Pedro Vilas Ruivo	02	Ba/Bomcar	5:15.56		415
	50m: 33.20 33.20	150m: 1:49.36 38.35	250m: 3:15.79 48.41	350m: 4:39.57 35.94		
	100m: 1:11.01 37.81	200m: 2:27.38 38.02	300m: 4:03.63 47.84	400m: 5:15.56 35.99		
11.	Lucas Guarda Moniz	02	Ba/Bomcar	5:16.29		412
	50m: 32.76 32.76	150m: 1:52.08 41.03	250m: 3:16.63 44.88	350m: 4:40.41 37.18		
	100m: 1:11.05 38.29	200m: 2:31.75 39.67	300m: 4:03.23 46.60	400m: 5:16.29 35.88		
12.	Pedro Miguel Pinto	02	Fisica Torres Vedras	5:20.95		395
	50m: 32.27 32.27	150m: 1:50.89 41.09	250m: 3:17.75 46.26	350m: 4:43.29 38.79		
	100m: 1:09.80 37.53	200m: 2:31.49 40.60	300m: 4:04.50 46.75	400m: 5:20.95 37.66		
13.	Bernardo Safara Inverno	02	Sporting	5:21.07		394
	50m: 34.52 34.52	150m: 1:58.33 42.21	250m: 3:25.94 46.01	350m: 4:48.49 36.22		
	100m: 1:16.12 41.60	200m: 2:39.93 41.60	300m: 4:12.27 46.33	400m: 5:21.07 32.58		
14.	Diogo Marreiros Gloria	02	Naval de Peniche	5:23.13		387
	50m: 34.03 34.03	150m: 1:55.30 41.41	250m: 3:20.95 44.38	350m: 4:44.72 38.91		
	100m: 1:13.89 39.86	200m: 2:36.57 41.27	300m: 4:05.81 44.86	400m: 5:23.13 38.41		
15.	Tomas Galvao Lourenco	02	Natacao de Olhao	5:23.42		386
	50m: 32.30 32.30	150m: 1:53.48 42.18	250m: 3:22.40 47.96	350m: 4:47.73 36.25		
	100m: 1:11.30 39.00	200m: 2:34.44 40.96	300m: 4:11.48 49.08	400m: 5:23.42 35.69		
16.	Rodrigo Neves Pacheco	02	Colegio Monte Maior	5:25.62		378
	50m: 34.71 34.71	150m: 1:58.02 42.62	250m: 3:25.47 45.03	350m: 4:48.98 36.76		
	100m: 1:15.40 40.69	200m: 2:40.44 42.42	300m: 4:12.22 46.75	400m: 5:25.62 36.64		
17.	Joao Miguel Vasco	02	Naval da Nazare	5:27.02		373
	50m: 34.69 34.69	150m: 1:57.28 43.81	250m: 3:25.89 46.86	350m: 4:51.78 38.19		
	100m: 1:13.47 38.78	200m: 2:39.03 41.75	300m: 4:13.59 47.70	400m: 5:27.02 35.24		
18.	Joao Silva Bernardo	02	Colegio Monte Maior	5:28.18		369
	50m: 35.62 35.62	150m: 1:59.29 42.13	250m: 3:29.10 47.95	350m: 4:53.43 36.06		
	100m: 1:17.16 41.54	200m: 2:41.15 41.86	300m: 4:17.37 48.27	400m: 5:28.18 34.75		
19.	Pedro Piteira Gaiolas	02	Nautico Marinha Grande	5:30.41		362
	50m: 34.48 34.48	150m: 1:55.67 41.55	250m: 3:26.77 50.11	350m: 4:53.81 36.91		
	100m: 1:14.12 39.64	200m: 2:36.66 40.99	300m: 4:16.90 50.13	400m: 5:30.41 36.60		
20.	Miguel Vicente Silva	02	Nautico Marinha Grande	5:31.87		357
	50m: 35.26 35.26	150m: 1:56.98 41.67	250m: 3:27.89 48.12	350m: 4:55.83 37.49		
	100m: 1:15.31 40.05	200m: 2:39.77 42.79	300m: 4:18.34 50.45	400m: 5:31.87 36.04		
DSQ	Manuel Landeiro Alves	02	Naval Praia da Vitoria			
	611 - Perdeu posição dorsal antes da viragem aos 200 metros SW 6.2					
DSQ	Simao Pedro Dias	02	Natacao Guarda			
	809 - Movimento alternado de pernas durante o percurso - SW 8.3, (mariposa)					

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 3

Femin., 100m Costas

Infantis

18-03-2016 - 16:30

Resultados

Recordes Nacionais 25m Absoluto	1:00.64	Ana Sofia Leite	GCVR	Porto	12-12-2015
Recordes Nacionais 25m Inf B	1:09.96	Ana Margarida Guedes	SARNN	Abrantes	13-04-2013
Recordes Nacionais 25m Inf A	1:05.36	Ines Camacho Fernandes	SCP	Tavira	05-03-2010

TAC-INFAFem Inf A: 1:18.50 / TAC-INFBFem Inf B: 1:24.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Maria Ferreira Moura	04	Geslours	1:11.55		454
	50m: 35.06 35.06	100m:	1:11.55 36.49			
2.	Susana Chanoca Narciso	04	Desportivo Sesimbra	1:16.13		377
	50m: 37.62 37.62	100m:	1:16.13 38.51			
3.	Constanca Alexandra Silva	04	Pimpoes/Cimai	1:16.18		376
	50m: 37.13 37.13	100m:	1:16.18 39.05			
4.	Carolina Jose Nascimento	04	Cultura e Desporto	1:16.26		375
	50m: 37.08 37.08	100m:	1:16.26 39.18			
5.	Ines Sofia Alves	04	Portinado	1:16.44		373
	50m: 37.46 37.46	100m:	1:16.44 38.98			
6.	Mariana Morais Delfino	04	Avancado EUL	1:17.04		364
	50m: 37.13 37.13	100m:	1:17.04 39.91			
7.	Ana Costa Goncalves	04	Sporting	1:17.29		360
	50m: 38.01 38.01	100m:	1:17.29 39.28			
8.	Joana Maia Antunes	04	Sporting	1:17.60		356
	50m: 37.71 37.71	100m:	1:17.60 39.89			
9.	Maria Martim Coutinho	04	Ba/Bomcar	1:17.66		355
	50m: 37.85 37.85	100m:	1:17.66 39.81			
10.	Ana Miguel Seabra	04	Aminata	1:18.68		342
	50m: 38.50 38.50	100m:	1:18.68 40.18			
11.	Selena Vant	04	Louletano / Loule Concelho	1:19.24		334
	50m: 38.20 38.20	100m:	1:19.24 41.04			
12.	Matilde Fialho Conceicao	04	Louletano / Loule Concelho	1:19.64		329
	50m: 39.32 39.32	100m:	1:19.64 40.32			
13.	Ana Beatriz Pereira	04	Salvaterra de Magos	1:19.83		327
	50m: 38.72 38.72	100m:	1:19.83 41.11			
14.	Marta Macedo Inacio	04	Sporting	1:19.96		325
	50m: 39.00 39.00	100m:	1:19.96 40.96			
15.	Barbara Almeida Ribeiro	04	Colegio Vasco da Gama	1:20.14		323
	50m: 38.80 38.80	100m:	1:20.14 41.34			
16.	Margarida Borges Silva	04	Bombeiros Ponta Delgada	1:20.23		322
	50m: 38.46 38.46	100m:	1:20.23 41.77			
17.	Sofia Vilardell Rodrigues	04	Geslours	1:20.36		321
	50m: 39.05 39.05	100m:	1:20.36 41.31			

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 3, Femin., 100m Costas, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
18.	Carolina Fale Costa	04	Colegio Monte Maior	1:20.83		315
	50m: 39.74 39.74	100m: 1:20.83 41.09				
	Mariana Pereira Mendes	04	Louletano / Loule Concelho	1:20.83		315
	50m: 39.10 39.10	100m: 1:20.83 41.73				
20.	Vera Figueiredo Narra	04	Amadora	1:21.36		309
	50m: 39.97 39.97	100m: 1:21.36 41.39				
21.	Joana Francisca Sousa	04	Sao Roque	1:21.59		306
	50m: 39.76 39.76	100m: 1:21.59 41.83				
22.	Maria Alexandra Marques	04	Albicastrense	1:21.66		306
	50m: 39.74 39.74	100m: 1:21.66 41.92				
23.	Maria Martins Camacho	04	Uniao Piedense	1:21.81		304
	50m: 39.86 39.86	100m: 1:21.81 41.95				
24.	Laura Macedo Lagoa	04	Ba/Bomcar	1:21.83		304
	50m: 39.89 39.89	100m: 1:21.83 41.94				
25.	Sara Alexandra Castro	04	Natacao do Montijo	1:22.03		301
	50m: 39.93 39.93	100m: 1:22.03 42.10				
26.	Maria Margarida Goncalves	04	Naval do Funchal	1:22.32		298
	50m: 40.13 40.13	100m: 1:22.32 42.19				
27.	Daniela Filipa Marques	04	Palmela Desporto	1:22.45		297
	50m: 40.04 40.04	100m: 1:22.45 42.41				
28.	Aleksandra Bozanic Borcic	04	Alges	1:22.73		294
	50m: 40.43 40.43	100m: 1:22.73 42.30				
29.	Rita Mendes Simoes	04	Ba/Bomcar	1:22.88		292
	50m: 40.54 40.54	100m: 1:22.88 42.34				
30.	Daniela Alexandra Pedro	04	Colegio Vasco da Gama	1:22.92		292
	50m: 40.59 40.59	100m: 1:22.92 42.33				
31.	Angela Jacinto Henriques	04	Pimpoes/Cimai	1:23.66		284
	50m: 40.49 40.49	100m: 1:23.66 43.17				
32.	Raquel Raposo Lopes	04	Nautica do Seixal	1:24.18		279
	50m: 40.83 40.83	100m: 1:24.18 43.35				
33.	Andreia Velho Magalhaes	04	Benfica	1:24.24		278
	50m: 41.18 41.18	100m: 1:24.24 43.06				
34.	Maria Freire Alves	04	Bombeiros Estoris	1:24.38		277
	50m: 40.43 40.43	100m: 1:24.38 43.95				
35.	Rafaela Faustino Oliveira	04	Bombeiros Ponta Delgada	1:24.62		275
	50m: 41.55 41.55	100m: 1:24.62 43.07				
36.	Alice Carvalho Amigo	04	Desportivo Sesimbra	1:25.22		269
	50m: 41.07 41.07	100m: 1:25.22 44.15				
37.	Alice Sequeira Marques	04	Albicastrense	1:25.24		269
	50m: 41.03 41.03	100m: 1:25.24 44.21				

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 3, Femin., 100m Costas, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
DSQ	Ines Louro Silva	04	Albicastrense			
	615 - Não efectuou movimento continuo e imediato na viragem aos 75 - SW 6.4					
DSQ	Ines Fagundes Pereira	04	Naval Praia da Vitoria			
	615 - Não efectuou movimento continuo e imediato na viragem aos 50 - SW 6.4					

Infantis A

1.	Filipa Ramos Peixeira	03	Sporting	1:04.85		611
	Rec Nacional					
	50m: 30.86 30.86	100m: 1:04.85 33.99				
2.	Beatriz Azevedo Isaías	03	Colegio Monte Maior	1:09.06		505
	50m: 33.20 33.20	100m: 1:09.06 35.86				
3.	Maria Crista Jesus	03	Louletano / Loule Concelho	1:11.20		461
	50m: 34.98 34.98	100m: 1:11.20 36.22				
4.	Lea Alexandra Mendes	03	Gualdim Pais	1:11.51		455
	50m: 34.37 34.37	100m: 1:11.51 37.14				
5.	Ema Jeronimo Conceicao	03	Fisica Torres Vedras	1:13.74		415
	50m: 35.85 35.85	100m: 1:13.74 37.89				
6.	Marta Romao Sa	03	Naval do Funchal	1:14.03		410
	50m: 35.67 35.67	100m: 1:14.03 38.36				
7.	Beatriz Vaz Rebelo	03	Geslours	1:14.30		406
	50m: 36.21 36.21	100m: 1:14.30 38.09				
8.	Andreia Wongsangnoi Alves	03	Colegio Monte Maior	1:14.46		403
	50m: 36.92 36.92	100m: 1:14.46 37.54				
9.	Ana Margarida Soares	03	Naval Setubalense	1:14.60		401
	50m: 36.30 36.30	100m: 1:14.60 38.30				
10.	Margarida Mota Silva	03	Natacao do Montijo	1:14.67		400
	50m: 35.66 35.66	100m: 1:14.67 39.01				
11.	Laura Andre Catarino	03	CCDSerta	1:14.97		395
	50m: 36.43 36.43	100m: 1:14.97 38.54				
12.	Sara Santos Lopes	03	Ba/Bomcar	1:15.33		389
	50m: 37.19 37.19	100m: 1:15.33 38.14				
13.	Margarida Teixeira Moreira	03	Belenenses	1:15.57		386
	50m: 36.64 36.64	100m: 1:15.57 38.93				
14.	Dana Alexia Cantiru	03	FC Ferreiras	1:15.59		385
	50m: 36.56 36.56	100m: 1:15.59 39.03				
15.	Carolina Alexandra Machado	03	Beja	1:15.64		385
	50m: 37.95 37.95	100m: 1:15.64 37.69				
16.	Erica Neves Leote	03	Torres Novas	1:16.41		373
	50m: 36.84 36.84	100m: 1:16.41 39.57				
17.	Francisca Santos Clemente	03	Ba/Bomcar	1:16.58		371
	50m: 37.81 37.81	100m: 1:16.58 38.77				

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 3, Femin., 100m Costas, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
18.	Maria Ines Ribeiro	03	Alges	1:17.39		359
	50m: 37.49 37.49	100m:	1:17.39 39.90			
19.	Ana Margarida Betencourt	03	Naval do Funchal	1:17.59		356
	50m: 36.98 36.98	100m:	1:17.59 40.61			
20.	Barbara Sofia Amaral	03	Geslours	1:17.60		356
	50m: 37.23 37.23	100m:	1:17.60 40.37			
21.	Ana Rui Gomes	03	Naval da Nazare	1:17.93		352
	50m: 37.33 37.33	100m:	1:17.93 40.60			
22.	Claudia Beatriz Martins	03	Geslours	1:18.18		348
	50m: 38.07 38.07	100m:	1:18.18 40.11			
23.	Catarina Ines Correia	03	Naval Setubalense	1:18.27		347
	50m: 39.12 39.12	100m:	1:18.27 39.15			
24.	Margarida Sousa Gaspar	03	Colegio Monte Maior	1:18.42		345
	50m: 37.83 37.83	100m:	1:18.42 40.59			
25.	Joana Sousa Almeida	03	Sporting	1:19.61		330
	50m: 39.14 39.14	100m:	1:19.61 40.47			
26.	Raquel Pereira Pinto	03	Naval Setubalense	1:19.66		329
	50m: 40.16 40.16	100m:	1:19.66 39.50			
27.	Maria Campos Caiado	03	Pimpoes/Cimai	1:19.88		326
	50m: 38.68 38.68	100m:	1:19.88 41.20			
28.	Barbara Silva Viegas	03	Sporting	1:20.38		320
	50m: 39.51 39.51	100m:	1:20.38 40.87			
29.	Sara Sousa Candeias	03	Louletano / Loule Concelho	1:20.44		320
	50m: 39.24 39.24	100m:	1:20.44 41.20			
30.	Marta Sousa Caxaria	03	Natacao do Montijo	1:21.14		311
	50m: 39.75 39.75	100m:	1:21.14 41.39			
31.	Leonor Sequeira Barardo	03	Fisica Torres Vedras	1:22.50		296
	50m: 40.77 40.77	100m:	1:22.50 41.73			
DSQ	Maria Machado Brinquinho	03	Naval do Funchal			
	615 - Não efectuou movimento continuo e imediato na viragem aos 50 - SW 6.4					
DSQ	Ines Marques Garcia	03	Nautico Abrantes			
	614 - Nadador não efectuou viragem aos 75 m após terminar movimento contínuo de braços - SW 6.4					
EXH	Gabriela Borozan	04	Louletano / Loule Concelho	1:22.29		299
	50m: 40.79 40.79	100m:	1:22.29 41.50			

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 4

Masc., 100m Costas

Infantis

18-03-2016 - 16:55

Resultados

Recordes Nacionais 25m Absoluto	52.03	Alexis Manacas Santos	POR	Herning (DEN)	14-12-2013
Recordes Nacionais 25m Inf B	1:04.76	Alexandre Lages Ribas	EDV	Ponte da Barca	09-05-2010
Recordes Nacionais 25m Inf A	1:00.97	Alexandre Lages Ribas	EDV	Viseu	11-03-2011

TAC-INFAMasc Inf A: 1:12.70 / TAC-INFBMasc Inf B: 1:17.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Tomas Nogueira Gomes	03	Uniao Piedense	1:06.18		404
	50m: 31.59 31.59	100m:	1:06.18 34.59			
2.	Ricardo Lopes Silva	03	Vieirense	1:09.15		354
	50m: 32.80 32.80	100m:	1:09.15 36.35			
3.	Paulo Vakulyuk	03	Torres Novas	1:11.16		325
	50m: 34.54 34.54	100m:	1:11.16 36.62			
4.	Goncalo Camara Gomes	03	Naval do Funchal	1:12.58		306
	50m: 34.63 34.63	100m:	1:12.58 37.95			
5.	David Martyn	03	Benedita	1:13.06		300
	50m: 35.26 35.26	100m:	1:13.06 37.80			
6.	Bernardo Araujo Freire	03	Alges	1:13.88		290
	50m: 36.59 36.59	100m:	1:13.88 37.29			
7.	Goncalo Filipe Valente	03	Geslours	1:14.18		287
	50m: 35.31 35.31	100m:	1:14.18 38.87			
8.	Jose Miguel Oliveira	03	Naval Setubalense	1:14.25		286
	50m: 36.59 36.59	100m:	1:14.25 37.66			
9.	David Van Ossenbruggen	03	Uniao Piedense	1:14.57		282
	50m: 36.79 36.79	100m:	1:14.57 37.78			
10.	Martinus Almeida Boom	03	Natacao de Faro	1:14.75		280
	50m: 36.69 36.69	100m:	1:14.75 38.06			
11.	Rodrigo Reis Dias	03	Belenenses	1:15.20		275
	50m: 35.31 35.31	100m:	1:15.20 39.89			
12.	Duarte Silva Taleigo	03	Amadora	1:15.66		270
	50m: 36.70 36.70	100m:	1:15.66 38.96			
13.	Ricardo Martins Ferreira	03	Desporto de Setubal	1:15.98		267
	50m: 36.71 36.71	100m:	1:15.98 39.27			
14.	Andre Martins Sousa	03	Natacao do Montijo	1:16.01		266
	50m: 36.96 36.96	100m:	1:16.01 39.05			
15.	Pedro Miguel Matos	03	Colegio Vasco da Gama	1:17.42		252
	50m: 37.41 37.41	100m:	1:17.42 40.01			
16.	Tomas Augusto Teixeira	03	Colegio Vasco da Gama	1:18.51		242
	50m: 38.49 38.49	100m:	1:18.51 40.02			
	Diogo Miguel Duraes	03	Natacao do Montijo	1:18.51		242
	50m: 38.67 38.67	100m:	1:18.51 39.84			

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 4, Masc., 100m Costas, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
DSQ	Diogo Bernardo Tome	03	Salvaterra de Magos			
	614 - Nadador não efectuou viragem aos 25 m após terminar movimento contínuo de braços - SW 6.4					
DSQ	Tiago Henrique Boulhosa	03	Naval do Funchal			
	615 - Não efectuou movimento continuo e imediato na viragem aos 50 - SW 6.4					
DSQ	Paulo Sergio Ferreira	03	Naval da Nazare			
	615 - Não efectuou movimento continuo e imediato na viragem aos 50 - SW 6.4					

Infantis A

1.	Diogo Santos Costa	02	Colegio Monte Maior	1:01.21	511
	50m: 29.89 29.89	100m: 1:01.21 31.32			
2.	Diogo Nuno Valente	02	Sporting	1:01.82	496
	50m: 29.97 29.97	100m: 1:01.82 31.85			
3.	Martim Primavera Alfama	02	Geslours	1:05.27	421
	50m: 31.47 31.47	100m: 1:05.27 33.80			
4.	Hugo Nunes Magalhaes	02	Alges	1:06.60	396
	50m: 32.15 32.15	100m: 1:06.60 34.45			
5.	Tiago Leite Barreiros	02	Alges	1:06.87	392
	50m: 32.48 32.48	100m: 1:06.87 34.39			
6.	Rafael Alves Costa	02	Sporting	1:07.13	387
	50m: 32.79 32.79	100m: 1:07.13 34.34			
7.	Rafael Moreira Oliveira	02	Belenenses	1:07.62	379
	50m: 32.34 32.34	100m: 1:07.62 35.28			
8.	Daniel Rodrigues Alves	02	Belenenses	1:07.84	375
	50m: 32.82 32.82	100m: 1:07.84 35.02			
9.	Andre Botelho Azevedo	02	Nucleo Sportinguista Terceira	1:08.11	370
	50m: 33.59 33.59	100m: 1:08.11 34.52			
10.	Joao Nogueira Mendes	02	Laranjeiro	1:08.17	370
	50m: 33.58 33.58	100m: 1:08.17 34.59			
11.	Pedro Reis Rodrigues	02	Sao Roque	1:09.06	355
	50m: 33.58 33.58	100m: 1:09.06 35.48			
12.	Henrique Chan Machado	02	Alges	1:09.15	354
	50m: 34.08 34.08	100m: 1:09.15 35.07			
13.	Joao Jesus Silva	02	Juventude Atlantico	1:09.33	351
	50m: 33.61 33.61	100m: 1:09.33 35.72			
14.	Daniel Marques Filipe	02	Nautico Abrantes	1:09.37	351
	50m: 33.28 33.28	100m: 1:09.37 36.09			
15.	Francisco Teixeira Dias	02	Albicastrense	1:09.73	345
	50m: 34.07 34.07	100m: 1:09.73 35.66			
16.	Goncalo Balbino Mendes	02	Naval de Peniche	1:09.77	345
	50m: 34.17 34.17	100m: 1:09.77 35.60			
17.	Hugo Miguel Viegas	02	Natacao de Olhao	1:09.90	343
	50m: 34.14 34.14	100m: 1:09.90 35.76			

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 4, Masc., 100m Costas, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
18.	Francisco Alves Souza	02	Geslours	1:10.15		339
	50m: 33.22 33.22	100m:	1:10.15 36.93			
19.	Diogo Henrique Pita	02	Naval do Funchal	1:10.17		339
	50m: 34.10 34.10	100m:	1:10.17 36.07			
20.	Fernando Guerreiro Graca	02	Naval do Funchal	1:11.29		323
	50m: 34.76 34.76	100m:	1:11.29 36.53			
21.	Joao Tomas Freitas	02	Juventude Atlantico	1:11.42		321
	50m: 34.91 34.91	100m:	1:11.42 36.51			
22.	Joao Miguel Martins	02	Belenenses	1:11.58		319
	50m: 34.99 34.99	100m:	1:11.58 36.59			
23.	Leandro Dinis Fonseca	02	Portinado	1:11.83		316
	50m: 34.48 34.48	100m:	1:11.83 37.35			
DSQ	Pedro Alves Martinho	02	Bombeiros Estoris			
	612 - Perdeu posição dorsal após a viragem aos 75 metros SW 6.2					
DSQ	Rafael Rodrigues Jacinto	02	Belenenses			
	615 - Não efectuou movimento continuo e imediato na viragem aos 75 - SW 6.4					

Prova 5

Femin., 4 x 200m Livres

Infantis

18-03-2016 - 17:35

Resultados

Recordes Nacionais 25m Absoluto	8:14.13	Futebol Clube do Porto/Dolce Vita	FCP	Porto	05-12-2010
Recordes Nacionais 25m Inf B	9:32.41	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Guimaraes	05-03-2010
Recordes Nacionais 25m Inf A	9:05.75	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Viseu	11-03-2011

TAC-INF AFem Inf A: 10:25.50 / TAC-INF BFem Inf B: 11:06.00

Pontos: FINA 2015

Lugar	Clube	Tempo Final	TReac	Pts
Infantis B				
1.	Alges-INF B	10:15.15		398
	Leonor Alves Morganho	04 33.91 1:10.90 1:48.56 2:24.69	2:24.69	
	Aleksandra Bozanic Borcic	04 37.20 1:18.45 2:01.09 2:42.91	2:42.91	
	Maria Gomes Pereira	04 33.35 1:09.62 1:47.27 2:23.97	2:23.97	
	Beatriz Costa Melo	04 38.56 1:21.24 2:03.41 2:43.58	2:43.58	
2.	Ba/Bomcar-INF B	10:17.54		394
	Laura Macedo Lagoa	04 36.32 1:14.47 1:54.57 2:33.48	2:33.48	
	Maria Martim Coutinho	04 36.11 1:16.80 1:58.92 2:37.73	2:37.73	
	Rita Mendes Simoes	04 36.98 1:17.99 1:59.83 2:41.09	2:41.09	
	Maria Lopes Amado	04 33.11 1:10.48 1:48.63 2:25.24	2:25.24	
3.	Sporting-INF B	10:18.42		392
	Marta Macedo Inacio	04 35.31 1:15.37 1:56.31 2:33.70	2:33.70	
	Joana Maia Antunes	04 34.96 1:15.52 1:57.76 2:38.79	2:38.79	
	Ana Costa Goncalves	04 37.02 1:18.31 1:59.15 2:36.26	2:36.26	
	Madalena Graca Geraldès	04 33.72 1:12.30 1:52.01 2:29.67	2:29.67	

Torneio Zonal de Infantis (Zona Sul)
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Prova 5, Femin., 4 x 200m Livres, Infantis B

Lugar	Clube	Tempo Final	TReac	Pts
4.	Gesloures-INF B	10:26.44		377
	Carolina Osorio Brasao	04 36.38 1:17.53 2:00.28 2:42.75	2:42.75	
	Catarina Nunes Costa	04 38.19 1:19.10 2:01.11 2:41.62	2:41.62	
	Sofia Vilardell Rodrigues	04 36.75 1:19.55 2:03.47 2:41.98	2:41.98	
	Maria Ferreira Moura	04 31.63 1:07.56 1:44.42 2:20.09	2:20.09	
5.	Albicastrense-INF B	10:35.52		361
	Ines Louro Silva	04 35.76 1:17.83 2:00.34 2:39.80	2:39.80	
	Alice Sequeira Marques	04 37.89 1:20.29 2:04.43 2:46.26	2:46.26	
	Ana Rita Goncalves	04 34.89 1:16.40 1:59.07 2:39.22	2:39.22	
	Maria Alexandra Marques	04 32.70 1:11.38 1:52.23 2:30.24	2:30.24	
6.	20Km de Almeirim-INF B	10:39.44		355
	Joana Margarida Sousa	04 37.26 1:18.59 1:59.88 2:39.87	2:39.87	
	Gabriela Graco Duarte	04 36.10 1:17.58 2:00.96 2:43.09	2:43.09	
	Madalena Sofia Castelo	04 37.09 1:19.59 2:04.55 2:45.99	2:45.99	
	Beatriz Staiger Bento	04 33.96 1:12.77 1:54.18 2:30.49	2:30.49	
7.	Naval Amorense-INF B	10:55.46		329
	Marta Pereira Domingos	04 34.03 1:12.58 1:51.35 2:30.26	2:30.26	
	Marta Silva Figueiredo	04 37.63 1:21.49 2:06.83 2:49.73	2:49.73	
	Sara Vitoria Gomes	04 38.12 1:21.36 2:07.26 2:51.95	2:51.95	
	Rafaela Salsinha Fontes	04 34.76 1:17.70 2:01.15 2:43.52	2:43.52	

Infantis A

1.	Alges-INF A	9:36.42		484
	Sophia Rose Taylor	03 33.85 1:11.02 1:49.43 2:27.40	2:27.40	
	Catarina Guimaraes Moreira	03 32.85 1:10.01 1:48.15 2:24.76	2:24.76	
	Sara Moura Cruz	03 30.75 1:05.34 1:41.19 2:17.42	2:17.42	
	Maria Ines Ribeiro	03 33.46 1:10.76 1:49.41 2:26.84	2:26.84	
2.	Gesloures-INF A	9:41.03		473
	Beatriz Vaz Rebelo	03 33.45 1:09.53 1:47.71 2:24.81	2:24.81	
	Claudia Beatriz Martins	03 33.96 1:12.03 1:51.48 2:28.53	2:28.53	
	Barbara Sofia Amaral	03 32.51 1:09.80 1:48.53 2:26.41	2:26.41	
	Daniela Mascarenhas Henriques	03 31.79 1:07.87 1:45.34 2:21.28	2:21.28	
3.	Ba/Bomcar-INF A	9:41.72		471
	Ines Filipa Jacinto	03 34.17 1:11.48 1:49.55 2:26.70	2:26.70	
	Sara Santos Lopes	03 34.09 1:11.28 1:50.10 2:30.09	2:30.09	
	Francisca Santos Clemente	03 33.22 1:10.65 1:49.51 2:25.91	2:25.91	
	Luana Pinto Domingues	03 31.56 1:06.82 1:43.72 2:19.02	2:19.02	
4.	Pimpoes/Cimai-INF A	9:47.52		457
	Mariana Alves Barbosa	03 34.31 1:12.28 1:50.70 2:27.12	2:27.12	
	Constanca Mendes Gomes	03 33.25 1:09.94 1:47.23 2:23.76	2:23.76	
	Ines Apolinario Soares	03 34.16 1:13.04 1:54.02 2:30.48	2:30.48	
	Maria Campos Caiado	03 32.53 1:10.13 1:48.85 2:26.16	2:26.16	
5.	Sporting-INF A	9:47.72		457
	Barbara Silva Viegas	03 33.50 1:11.62 1:51.95 2:29.27	2:29.27	
	Mafalda Viegas Cruz	03 34.02 1:11.91 1:51.41 2:29.76	2:29.76	
	Joana Sousa Almeida	03 34.60 1:12.67 1:52.71 2:31.70	2:31.70	
	Filipa Ramos Peixeira	03 30.11 1:05.06 1:41.31 2:16.99	2:16.99	

Torneio Zonal de Infantis (Zona Sul)
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Prova 5, Femin., 4 x 200m Livres, Infantis A

Lugar	Clube	Tempo Final	TReac	Pts
6.	Naval do Funchal-INF A	9:49.73		452
	Ana Margarida Betencourt 03	33.52 1:11.76 1:51.31 2:30.64	2:30.64	
	Julia Caldeira Ferreira 03	32.61 1:09.66 1:49.40 2:26.50	2:26.50	
	Marta Romao Sa 03	34.57 1:13.45 1:53.19 2:31.99	2:31.99	
	Ana Catarina Fernandes 03	31.83 1:07.27 1:43.44 2:20.60	2:20.60	
7.	Nautico Marinha Grande-INF A	9:50.23		451
	Renata Simoes Rato 03	35.08 1:12.52 1:50.84 2:26.27	2:26.27	
	Mariana Azevedo Cruz 03	33.80 1:10.95 1:50.52 2:29.41	2:29.41	
	Ines Sofia Esteves 03	34.25 1:13.95 1:54.38 2:33.10	2:33.10	
	Ines Oliveira Andre 03	31.38 1:07.28 1:44.45 2:21.45	2:21.45	
8.	Benfica-INF A	9:55.05		440
	Joana Ribeiro Martins 03	31.42 1:06.29 1:42.08 2:17.06	2:17.06	
	Rafaela Sofia Silva 03	34.15 1:14.40 1:55.91 2:36.66	2:36.66	
	Filipa Alexandra Henriques 03	36.20 1:17.41 1:58.66 2:38.48	2:38.48	
	Beatriz Picanco Martins 03	32.15 1:08.34 1:45.87 2:22.85	2:22.85	
EXH	Louletano / Loule Concelho-INF B	10:45.12		345
	Mariana Pereira Mendes 04	35.73 1:15.72 1:57.69 2:37.91	2:37.91	
	Matilde Fialho Conceicao 04	37.65 1:18.92 2:01.54 2:41.41	2:41.41	
	Gabriela Borozan 04	37.16 1:19.84 2:03.22 2:45.84	2:45.84	
	Selena Vant 04	36.21 1:17.10 1:59.22 2:39.96	2:39.96	

Prova 6

Masc., 4 x 200m Livres

Infantis

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Resultados

Recordes Nacionais 25m Absoluto	7:15.07	Clube Natacao da Amadora	CNA	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	8:58.91	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Porto	15-03-2013
Recordes Nacionais 25m Inf A	8:19.63	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Pacos de Ferreira	08-03-2014

TAC-INFAMasc Inf A: 9:54.00 / TAC-INFBMasc Inf B: 10:20.00

Pontos: FINA 2015

Lugar	Clube	Tempo Final	TReac	Pts
1.	Viver Santarem-INF B	9:34.74		360
	Luis Afonso Lopes 03	32.54 1:10.59 1:46.99 2:22.90	2:22.90	
	Guilherme Pereira Coutinho 03	33.14 1:10.22 1:47.88 2:23.42	2:23.42	
	Miguel Monsanto Cotrim 03	34.51 1:12.39 1:51.87 2:29.89	2:29.89	
	Rui Chagas Alves 03	30.93 1:06.53 1:43.79 2:18.53	2:18.53	
2.	Alges-INF B	9:42.62		346
	Antonio Guerra Marreiros 03	30.40 1:06.29 1:43.89 2:19.71	2:19.71	
	Tomas Almeida Leitao 03	35.02 1:15.11 1:54.74 2:32.61	2:32.61	
	Ricardo Novikov 03	31.26 1:05.99 1:41.70 2:16.48	2:16.48	
	Bernardo Araujo Freire 03	35.38 1:15.21 1:55.78 2:33.82	2:33.82	
3.	Geslours-INF B	9:54.03		326
	David Manuel Vale 03	33.65 1:10.66 1:47.84 2:23.98	2:23.98	
	Goncalo Filipe Valente 03	34.16 1:12.40 1:52.47 2:31.58	2:31.58	
	Daniel Alexandre Ascenso 03	34.71 1:13.86 1:53.96 2:32.95	2:32.95	
	Salvador Ataide Parente 03	33.03 1:10.50 1:48.69 2:25.52	2:25.52	

Torneio Zonal de Infantis (Zona Sul)
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Prova 6, Masc., 4 x 200m Livres

Infantis A

1. Sporting-INF A	Sporting	8:36.26	497
Martim Rebelo Malfeito	02	29.05 1:01.37 1:34.17 2:06.42	2:06.42
Bernardo Safara Inverno	02	29.39 1:02.80 1:37.32 2:10.66	2:10.66
Diogo Nuno Valente	02	28.59 1:01.93 1:36.44 2:09.73	2:09.73
Vicente Oliveira Gomes	02	28.91 1:01.52 1:35.99 2:09.45	2:09.45
2. Belenenses-INF A	Belenenses	8:47.14	467
Rafael Rodrigues Jacinto	02	29.81 1:02.29 1:35.33 2:09.64	2:09.64
Daniel Rodrigues Alves	02	30.07 1:04.37 1:39.68 2:14.11	2:14.11
Joao Miguel Martins	02	31.28 1:06.58 1:42.26 2:16.75	2:16.75
Rafael Moreira Oliveira	02	29.04 1:01.27 1:34.65 2:06.64	2:06.64
3. Alges-INF A	Alges	8:48.82	462
Tiago Leite Barreiros	02	30.86 1:04.77 1:39.66 2:15.20	2:15.20
Hugo Nunes Magalhaes	02	30.16 1:03.53 1:37.18 2:10.86	2:10.86
Tomas Penha Monteiro	02	28.56 1:01.23 1:34.93 2:06.93	2:06.93
Henrique Chan Machado	02	30.54 1:05.02 1:40.55 2:15.83	2:15.83
4. Naval do Funchal-INF A	Naval do Funchal	9:01.29	431
Andre Portugal Deus	02	28.29 1:00.20 1:34.26 2:09.15	2:09.15
Diogo Henrique Pita	02	30.77 1:06.09 1:43.70 2:20.16	2:20.16
Fernando Guerreiro Graca	02	31.19 1:07.76 1:44.77 2:20.60	2:20.60
Pedro Freitas Oliveira	02	29.07 1:02.18 1:36.95 2:11.38	2:11.38
5. Geslours-INF A	Geslours	9:06.69	418
Francisco Alves Souza	02	31.47 1:06.11 1:41.66 2:17.25	2:17.25
Afonso Amaro Santos	02	31.45 1:05.64 1:40.43 2:15.26	2:15.26
Francisco Padilla Correia	02	32.70 1:08.98 1:44.87 2:19.17	2:19.17
Martim Primavera Alfama	02	29.06 1:03.86 1:40.09 2:15.01	2:15.01
6. Colegio Monte Maior-INF A	Colegio Monte Maior	9:12.10	406
Joao Silva Bernardo	02	31.81 1:07.56 1:44.95 2:21.93	2:21.93
Diogo Santos Costa	02	28.33 1:01.23 1:35.09 2:07.68	2:07.68
Goncalo Morais Gordo	02	31.45 1:07.75 1:45.60 2:20.27	2:20.27
Rodrigo Neves Pacheco	02	32.13 1:08.58 1:45.78 2:22.22	2:22.22
7. Bombeiros Estoris-INF A	Bombeiros Estoris	9:13.91	402
Pedro Alves Martinho	02	30.16 1:03.77 1:37.86 2:09.78	2:09.78
Goncalo Francisco Neves	02	30.31 1:06.48 1:44.17 2:20.66	2:20.66
Pedro Picoto Garcia	02	32.37 1:08.45 1:45.51 2:21.31	2:21.31
Guilherme Neto Ferreira	02	30.63 1:06.68 1:44.34 2:22.16	2:22.16
8. Nautico Marinha Grande-INF A	Nautico Marinha Grande	9:25.07	379
David Alexandre Rebelo	02	30.02 1:04.93 1:41.10 2:15.87	2:15.87
Miguel Vicente Silva	02	32.81 1:09.94 1:47.49 2:24.07	2:24.07
Diogo Azevedo Cruz	02	30.28 1:05.81 1:42.74 2:19.61	2:19.61
Pedro Piteira Gaiolas	02	33.34 1:10.52 1:48.62 2:25.52	2:25.52
9. Ba/Bomcar-INF A	Ba/Bomcar	9:37.28	355
Pedro Vilas Ruivo	02	29.77 1:02.39 1:36.29 2:09.68	2:09.68
Manuel Maria Frois	02	33.34 1:11.89 1:51.79 2:30.40	2:30.40
Tiago Rafael Goncalves	02	34.69 1:14.75 1:56.24 2:36.75	2:36.75
Lucas Guarda Moniz	02	31.59 1:07.62 1:44.65 2:20.45	2:20.45
10. Aminata-INF A	Aminata	9:44.12	343
Joao Miguel Faias	02	31.36 1:07.92 1:46.25 2:22.13	2:22.13
Joao Pedro Paiva	02	32.30 1:09.18 1:46.81 2:23.64	2:23.64
Rodrigo Miguel Alves	02	32.41 1:10.42 1:50.07 2:29.45	2:29.45
Joao Filipe Calcona	02	32.12 1:09.28 1:49.84 2:28.90	2:28.90

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Prova 7 Femin., 800m Livres Infantis
19-03-2016 - 9:00 Resultados

Recordes Nacionais 25m Absoluto	8:32.83	Tamila Hryhorivna Holub	SCB	Porto	13-12-2015
Recordes Nacionais 25m Inf B	9:33.95	Filipa Vilas Ruivo	DNMG	Nazaré	16-05-2009
Recordes Nacionais 25m Inf A	9:03.90	Alexandra Maria Silva	FCP	Porto	13-07-1980

TAC-INFAFem Inf A: 10:45.00 / TAC-INFBFem Inf B: 11:36.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Leonor Alves Morganho	04	Alges	10:13.16		477
	50m: 35.26 35.26	250m: 3:10.92 39.11	450m: 5:45.18 38.19	650m: 8:20.82 38.23		
	100m: 1:13.86 38.60	300m: 3:49.35 38.43	500m: 6:24.88 39.70	700m: 8:59.38 38.56		
	150m: 1:53.29 39.43	350m: 4:28.08 38.73	550m: 7:03.49 38.61	750m: 9:36.81 37.43		
	200m: 2:31.81 38.52	400m: 5:06.99 38.91	600m: 7:42.59 39.10	800m: 10:13.16 36.35		
2.	Maria Lopes Amado	04	Ba/Bomcar	10:36.19		427
	50m: 34.98 34.98	250m: 3:14.78 40.49	450m: 5:58.39 40.51	650m: 8:38.70 39.55		
	100m: 1:13.94 38.96	300m: 3:55.85 41.07	500m: 6:38.99 40.60	700m: 9:17.57 38.87		
	150m: 1:53.74 39.80	350m: 4:37.09 41.24	550m: 7:19.53 40.54	750m: 9:57.23 39.66		
	200m: 2:34.29 40.55	400m: 5:17.88 40.79	600m: 7:59.15 39.62	800m: 10:36.19 38.96		
3.	Rita Carrico Cruz	04	Viver Santarem	10:43.47		413
	50m: 35.54 35.54	250m: 3:14.48 40.15	450m: 5:57.59 41.16	650m: 8:42.93 41.29		
	100m: 1:14.33 38.79	300m: 3:54.90 40.42	500m: 6:38.99 41.40	700m: 9:24.15 41.22		
	150m: 1:53.88 39.55	350m: 4:35.79 40.89	550m: 7:20.33 41.34	750m: 10:05.59 41.44		
	200m: 2:34.33 40.45	400m: 5:16.43 40.64	600m: 8:01.64 41.31	800m: 10:43.47 37.88		
4.	Ines Maria Monteiro	04	Naval Praia da Vitoria	10:47.45		405
	50m: 36.62 36.62	250m: 3:19.74 41.28	450m: 6:03.13 41.05	650m: 8:46.83 40.64		
	100m: 1:16.56 39.94	300m: 4:00.31 40.57	500m: 6:44.18 41.05	700m: 9:27.52 40.69		
	150m: 1:57.26 40.70	350m: 4:41.45 41.14	550m: 7:24.83 40.65	750m: 10:08.14 40.62		
	200m: 2:38.46 41.20	400m: 5:22.08 40.63	600m: 8:06.19 41.36	800m: 10:47.45 39.31		
5.	Madalena Graca Gerales	04	Sporting	10:48.96		402
	50m: 35.34 35.34	250m: 3:18.09 40.36	450m: 6:04.31 41.13	650m: 8:48.35 40.88		
	100m: 1:14.89 39.55	300m: 4:00.14 42.05	500m: 6:44.96 40.65	700m: 9:29.73 41.38		
	150m: 1:56.43 41.54	350m: 4:42.27 42.13	550m: 7:26.06 41.10	750m: 10:11.35 41.62		
	200m: 2:37.73 41.30	400m: 5:23.18 40.91	600m: 8:07.47 41.41	800m: 10:48.96 37.61		
6.	Maria Leonor Ferreira	04	Desportivo Nacional	11:00.71		381
	50m: 36.03 36.03	250m: 3:21.92 41.66	450m: 6:09.31 41.82	650m: 8:57.72 41.52		
	100m: 1:16.18 40.15	300m: 4:03.70 41.78	500m: 6:51.76 42.45	700m: 9:38.96 41.24		
	150m: 1:58.17 41.99	350m: 4:45.91 42.21	550m: 7:33.90 42.14	750m: 10:20.66 41.70		
	200m: 2:40.26 42.09	400m: 5:27.49 41.58	600m: 8:16.20 42.30	800m: 11:00.71 40.05		
7.	Margarida Borges Silva	04	Bombeiros Ponta Delgada	11:01.10		381
	50m: 35.89 35.89	250m: 3:21.15 41.80	450m: 6:10.71 42.56	650m: 8:58.66 41.68		
	100m: 1:16.38 40.49	300m: 4:03.75 42.60	500m: 6:52.64 41.93	700m: 9:40.23 41.57		
	150m: 1:57.45 41.07	350m: 4:45.71 41.96	550m: 7:34.75 42.11	750m: 10:21.82 41.59		
	200m: 2:39.35 41.90	400m: 5:28.15 42.44	600m: 8:16.98 42.23	800m: 11:01.10 39.28		
8.	Raquel Raposo Lopes	04	Nautica do Seixal	11:02.27		379
	50m: 37.55 37.55	250m: 3:23.55 41.60	450m: 6:11.67 41.63	650m: 8:58.42 41.24		
	100m: 1:18.05 40.50	300m: 4:05.95 42.40	500m: 6:53.26 41.59	700m: 9:39.88 41.46		
	150m: 1:59.86 41.81	350m: 4:47.95 42.00	550m: 7:35.35 42.09	750m: 10:22.31 42.43		
	200m: 2:41.95 42.09	400m: 5:30.04 42.09	600m: 8:17.18 41.83	800m: 11:02.27 39.96		

Torneio Zonal de Infantis (Zona Sul)
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Prova 7, Femin., 800m Livres, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
9.	Laura Macedo Lagoa	04	Ba/Bomcar	11:03.66		376
	50m: 38.61 38.61	250m: 3:25.35 42.14	450m: 6:13.41 41.56	650m: 8:58.35 41.21		
	100m: 1:19.28 40.67	300m: 4:07.94 42.59	500m: 6:54.08 40.67	700m: 9:39.43 41.08		
	150m: 2:01.07 41.79	350m: 4:49.78 41.84	550m: 7:36.03 41.95	750m: 10:23.02 43.59		
	200m: 2:43.21 42.14	400m: 5:31.85 42.07	600m: 8:17.14 41.11	800m: 11:03.66 40.64		
10.	Rafaela Faustino Oliveira	04	Bombeiros Ponta Delgada	11:14.42		359
	50m: 37.56 37.56	250m: 3:27.52 42.44	450m: 6:18.62 42.40	650m: 9:10.13 43.45		
	100m: 1:19.44 41.88	300m: 4:10.06 42.54	500m: 7:01.58 42.96	700m: 9:52.08 41.95		
	150m: 2:01.57 42.13	350m: 4:53.04 42.98	550m: 7:44.17 42.59	750m: 10:34.41 42.33		
	200m: 2:45.08 43.51	400m: 5:36.22 43.18	600m: 8:26.68 42.51	800m: 11:14.42 40.01		
11.	Susana Chanoca Narciso	04	Desportivo Sesimbra	11:16.97		354
	50m: 37.79 37.79	250m: 3:28.65 43.58	450m: 6:20.42 42.75	650m: 9:13.05 42.98		
	100m: 1:18.86 41.07	300m: 4:11.43 42.78	500m: 7:03.62 43.20	700m: 9:55.20 42.15		
	150m: 2:01.86 43.00	350m: 4:54.46 43.03	550m: 7:47.06 43.44	750m: 10:37.28 42.08		
	200m: 2:45.07 43.21	400m: 5:37.67 43.21	600m: 8:30.07 43.01	800m: 11:16.97 39.69		
12.	Beatriz Staiger Bento	04	20Km de Almeirim	11:23.51		344
	50m: 36.25 36.25	250m: 3:23.16 42.29	450m: 6:13.23 42.89	650m: 9:10.09 44.13		
	100m: 1:16.67 40.42	300m: 4:05.23 42.07	500m: 6:56.69 43.46	700m: 9:55.32 45.23		
	150m: 1:57.95 41.28	350m: 4:47.54 42.31	550m: 7:40.99 44.30	750m: 10:40.26 44.94		
	200m: 2:40.87 42.92	400m: 5:30.34 42.80	600m: 8:25.96 44.97	800m: 11:23.51 43.25		
13.	Maria Martim Coutinho	04	Ba/Bomcar	11:23.97		344
	50m: 37.56 37.56	250m: 3:27.36 42.98	450m: 6:21.67 43.16	650m: 9:16.19 43.57		
	100m: 1:19.07 41.51	300m: 4:10.83 43.47	500m: 7:05.16 43.49	700m: 9:59.89 43.70		
	150m: 2:01.62 42.55	350m: 4:54.40 43.57	550m: 7:48.96 43.80	750m: 10:43.70 43.81		
	200m: 2:44.38 42.76	400m: 5:38.51 44.11	600m: 8:32.62 43.66	800m: 11:23.97 40.27		
14.	Joana Francisca Sousa	04	Sao Roque	11:42.30		317
	50m: 36.47 36.47	250m: 3:31.13 45.32	450m: 6:30.65 44.76	650m: 9:30.38 44.34		
	100m: 1:18.77 42.30	300m: 4:15.87 44.74	500m: 7:16.24 45.59	700m: 10:14.79 44.41		
	150m: 1:42.60 42.83	350m: 5:00.92 45.05	550m: 8:01.38 45.14	750m: 10:59.49 44.70		
	200m: 2:45.81 44.21	400m: 5:45.89 44.97	600m: 8:46.04 44.66	800m: 11:42.30 42.81		

Infantis A

1.	Mafalda Sofia Rosa	03	Rio Maior	9:30.62		592
	50m: 32.72 32.72	250m: 2:53.52 35.49	450m: 5:17.49 36.32	650m: 7:42.43 36.42		
	100m: 1:07.36 34.64	300m: 3:29.42 35.90	500m: 5:53.28 35.79	700m: 8:19.18 36.75		
	150m: 1:42.45 35.09	350m: 4:05.26 35.84	550m: 6:29.57 36.29	750m: 8:55.42 36.24		
	200m: 2:18.03 35.58	400m: 4:41.17 35.91	600m: 7:06.01 36.44	800m: 9:30.62 35.20		
2.	Joana Ribeiro Martins	03	Benfica	9:37.93		570
	50m: 32.61 32.61	250m: 2:55.47 36.60	450m: 5:22.43 37.02	650m: 7:49.77 35.90		
	100m: 1:07.39 34.78	300m: 3:32.13 36.66	500m: 5:59.49 37.06	700m: 8:26.13 36.36		
	150m: 1:42.97 35.58	350m: 4:08.75 36.62	550m: 6:36.52 37.03	750m: 9:02.56 36.43		
	200m: 2:18.87 35.90	400m: 4:45.41 36.66	600m: 7:13.87 37.35	800m: 9:37.93 35.37		
3.	Beatriz Moreira Carvalho	03	Rio Maior	10:05.47		496
	50m: 33.76 33.76	250m: 3:06.62 38.70	450m: 5:40.08 37.95	650m: 8:12.28 38.13		
	100m: 1:10.57 36.81	300m: 3:45.57 38.95	500m: 6:17.88 37.80	700m: 8:50.48 38.20		
	150m: 1:48.77 38.20	350m: 4:24.01 38.44	550m: 6:56.01 38.13	750m: 9:28.48 38.00		
	200m: 2:27.92 39.15	400m: 5:02.13 38.12	600m: 7:34.15 38.14	800m: 10:05.47 36.99		

Torneio Zonal de Infantis (Zona Sul)
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Prova 7, Femin., 800m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
4.	Ema Jeronimo Conceicao	03	Fisica Torres Vedras	10:05.51		496
	50m: 34.72 34.72	250m: 3:09.48 38.82	450m: 5:41.72 38.26	650m: 8:13.47 38.20		
	100m: 1:12.97 38.25	300m: 3:47.62 38.14	500m: 6:19.28 37.56	700m: 8:51.88 38.41		
	150m: 1:52.02 39.05	350m: 4:25.47 37.85	550m: 6:57.36 38.08	750m: 9:29.82 37.94		
	200m: 2:30.66 38.64	400m: 5:03.46 37.99	600m: 7:35.27 37.91	800m: 10:05.51 35.69		
5.	Luana Pinto Domingues	03	Ba/Bomcar	10:08.15		489
	50m: 33.43 33.43	250m: 3:04.65 38.49	450m: 5:39.59 38.67	650m: 8:15.23 38.61		
	100m: 1:09.93 36.50	300m: 3:43.29 38.64	500m: 6:18.55 38.96	700m: 8:54.25 39.02		
	150m: 1:47.78 37.85	350m: 4:22.06 38.77	550m: 6:57.65 39.10	750m: 9:32.33 38.08		
	200m: 2:26.16 38.38	400m: 5:00.92 38.86	600m: 7:36.62 38.97	800m: 10:08.15 35.82		
6.	Beatriz Picanco Martins	03	Benfica	10:12.57		479
	50m: 33.09 33.09	250m: 3:04.62 38.01	450m: 5:39.88 38.81	650m: 8:17.06 39.44		
	100m: 1:10.34 37.25	300m: 3:43.54 38.92	500m: 6:19.37 39.49	700m: 8:56.56 39.50		
	150m: 1:48.32 37.98	350m: 4:22.21 38.67	550m: 6:58.76 39.39	750m: 9:34.89 38.33		
	200m: 2:26.61 38.29	400m: 5:01.07 38.86	600m: 7:37.62 38.86	800m: 10:12.57 37.68		
7.	Beatriz Sousa Valente	03	Natacao de Olhao	10:23.60		454
	50m: 36.21 36.21	250m: 3:10.98 38.66	450m: 5:47.09 38.74	650m: 8:25.46 39.28		
	100m: 1:14.41 38.20	300m: 3:50.21 39.23	500m: 6:26.46 39.37	700m: 9:05.38 39.92		
	150m: 1:53.14 38.73	350m: 4:28.88 38.67	550m: 7:06.18 39.72	750m: 9:45.47 40.09		
	200m: 2:32.32 39.18	400m: 5:08.35 39.47	600m: 7:46.18 40.00	800m: 10:23.60 38.13		
8.	Laura Luz Fonseca	03	Naval de Ponta Delgada	10:23.92		453
	50m: 35.29 35.29	250m: 3:11.26 39.42	450m: 5:47.82 39.09	650m: 8:25.45 39.38		
	100m: 1:13.84 38.55	300m: 3:50.58 39.32	500m: 6:27.02 39.20	700m: 9:05.36 39.91		
	150m: 1:52.68 38.84	350m: 4:29.67 39.09	550m: 7:06.25 39.23	750m: 9:45.30 39.94		
	200m: 2:31.84 39.16	400m: 5:08.73 39.06	600m: 7:46.07 39.82	800m: 10:23.92 38.62		
9.	Mariana Marques Mercedes	03	Olivais e Moscavide	10:24.15		452
	50m: 33.49 33.49	250m: 3:06.61 39.66	450m: 5:46.80 39.63	650m: 8:25.28 40.49		
	100m: 1:10.04 36.55	300m: 3:47.24 40.63	500m: 6:26.05 39.25	700m: 9:05.70 40.42		
	150m: 1:47.99 37.95	350m: 4:27.20 39.96	550m: 7:05.35 39.30	750m: 9:46.33 40.63		
	200m: 2:26.95 38.96	400m: 5:07.17 39.97	600m: 7:44.79 39.44	800m: 10:24.15 37.82		
10.	Ines Oliveira Andre	03	Nautico Marinha Grande	10:24.23		452
	50m: 35.07 35.07	250m: 3:12.04 39.50	450m: 5:51.35 39.65	650m: 8:29.77 39.29		
	100m: 1:13.76 38.69	300m: 3:51.93 39.89	500m: 6:30.80 39.45	700m: 9:09.00 39.23		
	150m: 1:53.15 39.39	350m: 4:31.63 39.70	550m: 7:10.80 40.00	750m: 9:47.68 38.68		
	200m: 2:32.54 39.39	400m: 5:11.70 40.07	600m: 7:50.48 39.68	800m: 10:24.23 36.55		
11.	Constanca Mendes Gomes	03	Pimpoes/Cimai	10:30.64		439
	50m: 36.36 36.36	250m: 3:12.77 39.11	450m: 5:51.64 39.68	650m: 8:31.66 39.97		
	100m: 1:15.18 38.82	300m: 3:52.43 39.66	500m: 6:31.53 39.89	700m: 9:12.01 40.35		
	150m: 1:54.14 38.96	350m: 4:32.19 39.76	550m: 7:11.70 40.17	750m: 9:52.00 39.99		
	200m: 2:33.66 39.52	400m: 5:11.96 39.77	600m: 7:51.69 39.99	800m: 10:30.64 38.64		
12.	Constanca Basilio Gil	03	CLAC-Entroncamento	10:31.56		437
	50m: 35.38 35.38	250m: 3:10.82 38.96	450m: 5:51.37 40.60	650m: 8:34.56 40.79		
	100m: 1:14.10 38.72	300m: 3:50.50 39.68	500m: 6:32.16 40.79	700m: 9:13.80 39.24		
	150m: 1:52.77 38.67	350m: 4:30.32 39.82	550m: 7:13.15 40.99	750m: 9:52.81 39.01		
	200m: 2:31.86 39.09	400m: 5:10.77 40.45	600m: 7:53.77 40.62	800m: 10:31.56 38.75		
13.	Ines Santos Costa	03	Portinado	10:37.37		425
	50m: 32.92 32.92	250m: 3:12.72 40.76	450m: 5:54.19 40.24	650m: 8:37.95 40.85		
	100m: 1:11.41 38.49	300m: 3:53.21 40.49	500m: 6:34.99 40.80	700m: 9:18.05 40.10		
	150m: 1:51.84 40.43	350m: 4:33.97 40.76	550m: 7:15.53 40.54	750m: 9:58.15 40.10		
	200m: 2:31.96 40.12	400m: 5:13.95 39.98	600m: 7:57.10 41.57	800m: 10:37.37 39.22		

Torneio Zonal de Infantis (Zona Sul)
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Prova 7, Femin., 800m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
14.	Maria Ines Ribeiro	03	Alges	10:50.34		400
	50m: 35.43 35.43	250m: 3:19.01 41.30	450m: 6:04.60 41.55	650m: 8:49.83 41.41		
	100m: 1:14.86 39.43	300m: 4:00.64 41.63	500m: 6:46.22 41.62	700m: 9:31.11 41.28		
	150m: 1:56.33 41.47	350m: 4:42.14 41.50	550m: 7:27.45 41.23	750m: 10:12.54 41.43		
	200m: 2:37.71 41.38	400m: 5:23.05 40.91	600m: 8:08.42 40.97	800m: 10:50.34 37.80		

Prova 8 Masc., 400m Livres Infantis Resultados
19-03-2016 - 9:50

Recordes Nacionais 25m Absoluto	3:45.58	Fabio Manuel Pereira	POR	Istambul (TUR)	10-12-2009
Recordes Nacionais 25m Inf B	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	04-04-2003
Recordes Nacionais 25m Inf A	4:12.35	Andre Vilas Ruivo	DNMG	Campo Maior	29-03-2014

TAC-INFAMasc Inf A: 4:53.50 / TAC-INFBMasc Inf B: 5:05.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Joao Martins Cristina	03	Louletano / Loule Concelho	4:45.12		412
	50m: 31.81 31.81	150m: 1:43.44 36.32	250m: 2:57.58 37.18	350m: 4:11.74 37.02		
	100m: 1:07.12 35.31	200m: 2:20.40 36.96	300m: 3:34.72 37.14	400m: 4:45.12 33.38		
2.	Ricardo Novikov	03	Alges	4:47.15		403
	50m: 32.94 32.94	150m: 1:46.05 36.59	250m: 3:00.21 36.85	350m: 4:13.00 36.05		
	100m: 1:09.46 36.52	200m: 2:23.36 37.31	300m: 3:36.95 36.74	400m: 4:47.15 34.15		
3.	Afonso Filipe Costa	03	Naval da Nazare	4:47.61		401
	50m: 31.38 31.38	150m: 1:43.53 36.22	250m: 2:56.97 37.11	350m: 4:11.84 37.65		
	100m: 1:07.31 35.93	200m: 2:19.86 36.33	300m: 3:34.19 37.22	400m: 4:47.61 35.77		
4.	Alexandre Afonso Costa	03	Louletano / Loule Concelho	4:50.77		388
	50m: 32.36 32.36	150m: 1:43.97 36.42	250m: 2:58.31 37.19	350m: 4:13.94 37.89		
	100m: 1:07.55 35.19	200m: 2:21.12 37.15	300m: 3:36.05 37.74	400m: 4:50.77 36.83		
5.	Duarte Silva Taleigo	03	Amadora	4:52.79		380
	50m: 32.60 32.60	150m: 1:46.11 37.14	250m: 3:01.25 37.51	350m: 4:17.18 37.82		
	100m: 1:08.97 36.37	200m: 2:23.74 37.63	300m: 3:39.36 38.11	400m: 4:52.79 35.61		
6.	Luis Afonso Lopes	03	Viver Santarem	4:55.99		368
	50m: 33.45 33.45	150m: 1:47.37 36.72	250m: 3:03.17 38.10	350m: 4:19.27 37.32		
	100m: 1:10.65 37.20	200m: 2:25.07 37.70	300m: 3:41.95 38.78	400m: 4:55.99 36.72		
7.	Ricardo Martins Ferreira	03	Desporto de Setubal	4:58.57		359
	50m: 33.45 33.45	150m: 1:47.98 37.72	250m: 3:04.24 37.45	350m: 4:20.66 38.05		
	100m: 1:10.26 36.81	200m: 2:26.79 38.81	300m: 3:42.61 38.37	400m: 4:58.57 37.91		
8.	Pedro Pereira Cruz	03	Natacao de Olhao	5:11.53		316
	50m: 35.05 35.05	150m: 1:53.57 41.50	250m: 3:12.33 39.70	350m: 4:32.52 40.22		
	100m: 1:12.07 37.02	200m: 2:32.63 39.06	300m: 3:52.30 39.97	400m: 5:11.53 39.01		
DNF	Pedro Miguel Boavida	03	Natacao de Olhao			
	<i>não completou o percurso</i>					

Torneio Zonal de Infantis (Zona Sul)
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Prova 8, Masc., 400m Livres

Infantis A

1. Bernardo Jorge Simoes	02 Torres Novas	4:24.98	513
50m: 30.15 30.15	150m: 1:38.34 34.53	250m: 2:45.85 33.36	350m: 3:53.98 33.59
100m: 1:03.81 33.66	200m: 2:12.49 34.15	300m: 3:20.39 34.54	400m: 4:24.98 31.00
2. Martim Rebelo Malfeito	02 Sporting	4:25.59	510
50m: 30.33 30.33	150m: 1:38.25 34.54	250m: 2:45.63 33.37	350m: 3:53.75 33.88
100m: 1:03.71 33.38	200m: 2:12.26 34.01	300m: 3:19.87 34.24	400m: 4:25.59 31.84
3. Tomas Penha Monteiro	02 Alges	4:26.54	504
50m: 30.68 30.68	150m: 1:38.56 34.58	250m: 2:46.93 33.72	350m: 3:55.00 33.78
100m: 1:03.98 33.30	200m: 2:13.21 34.65	300m: 3:21.22 34.29	400m: 4:26.54 31.54
4. Pedro Vilas Ruivo	02 Ba/Bomcar	4:29.61	487
50m: 30.96 30.96	150m: 1:38.61 33.98	250m: 2:47.18 34.42	350m: 3:56.35 34.34
100m: 1:04.63 33.67	200m: 2:12.76 34.15	300m: 3:22.01 34.83	400m: 4:29.61 33.26
5. Bernardo Geada Brito	02 Naval Amorense	4:33.87	465
50m: 30.14 30.14	150m: 1:39.41 35.22	250m: 2:49.23 34.74	350m: 3:59.30 35.19
100m: 1:04.19 34.05	200m: 2:14.49 35.08	300m: 3:24.11 34.88	400m: 4:33.87 34.57
6. Rafael Moreira Oliveira	02 Belenenses	4:36.31	453
50m: 31.12 31.12	150m: 1:39.15 34.61	250m: 2:49.21 34.95	350m: 3:58.68 34.66
100m: 1:04.54 33.42	200m: 2:14.26 35.11	300m: 3:24.02 34.81	400m: 4:36.31 37.63
7. Manuel Landeiro Alves	02 Naval Praia da Vitoria	4:37.42	447
50m: 30.89 30.89	150m: 1:41.76 36.12	250m: 2:53.13 35.55	350m: 4:04.25 35.27
100m: 1:05.64 34.75	200m: 2:17.58 35.82	300m: 3:28.98 35.85	400m: 4:37.42 33.17
8. Rafael Rodrigues Jacinto	02 Belenenses	4:37.62	446
50m: 31.06 31.06	150m: 1:40.48 34.97	250m: 2:51.08 34.73	350m: 4:03.29 36.17
100m: 1:05.51 34.45	200m: 2:16.35 35.87	300m: 3:27.12 36.04	400m: 4:37.62 34.33
9. Alexandre Miguel Silva	02 Natacao do Tejo	4:38.49	442
50m: 31.12 31.12	150m: 1:40.28 35.21	250m: 2:52.07 35.92	350m: 4:04.68 35.83
100m: 1:05.07 33.95	200m: 2:16.15 35.87	300m: 3:28.85 36.78	400m: 4:38.49 33.81
10. Pedro Freitas Oliveira	02 Naval do Funchal	4:38.87	440
50m: 30.90 30.90	150m: 1:40.41 35.41	250m: 2:52.45 36.03	350m: 4:05.08 36.10
100m: 1:05.00 34.10	200m: 2:16.42 36.01	300m: 3:28.98 36.53	400m: 4:38.87 33.79
11. David Alexandre Rebelo	02 Nautico Marinha Grande	4:41.58	428
50m: 29.80 29.80	150m: 1:40.33 35.71	250m: 2:53.56 36.77	350m: 4:06.57 36.42
100m: 1:04.62 34.82	200m: 2:16.79 36.46	300m: 3:30.15 36.59	400m: 4:41.58 35.01
12. Marco Antonio Costa	02 Natacao Guarda	4:44.06	417
50m: 30.69 30.69	150m: 1:40.89 35.71	250m: 2:54.29 36.74	350m: 4:08.12 36.17
100m: 1:05.18 34.49	200m: 2:17.55 36.66	300m: 3:31.95 37.66	400m: 4:44.06 35.94
13. Simao Pedro Dias	02 Natacao Guarda	4:45.19	412
50m: 30.42 30.42	150m: 1:41.92 36.29	250m: 2:55.25 36.15	350m: 4:09.02 37.26
100m: 1:05.63 35.21	200m: 2:19.10 37.18	300m: 3:31.76 36.51	400m: 4:45.19 36.17
14. Goncalo Morais Gordo	02 Colegio Monte Maior	4:46.10	408
50m: 31.38 31.38	150m: 1:43.07 36.07	250m: 2:55.96 36.05	350m: 4:09.99 36.82
100m: 1:07.00 35.62	200m: 2:19.91 36.84	300m: 3:33.17 37.21	400m: 4:46.10 36.11
15. Pedro Miguel Pinto	02 Fisica Torres Vedras	4:46.11	408
50m: 31.78 31.78	150m: 1:42.88 35.92	250m: 2:55.75 36.72	350m: 4:11.13 38.31
100m: 1:06.96 35.18	200m: 2:19.03 36.15	300m: 3:32.82 37.07	400m: 4:46.11 34.98

Torneio Zonal de Infantis (Zona Sul)
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Prova 8, Masc., 400m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
16.	Duarte Nunes Sequeira	02	Natacao de Lagos	4:47.02		404
	50m: 31.57 31.57	150m: 1:43.21 36.39	250m: 2:56.39 36.37	350m: 4:11.52 37.76		
	100m: 1:06.82 35.25	200m: 2:20.02 36.81	300m: 3:33.76 37.37	400m: 4:47.02 35.50		
17.	Lucas Guarda Moniz	02	Ba/Bomcar	4:48.13		399
	50m: 32.42 32.42	150m: 1:45.40 37.03	250m: 2:59.09 36.67	350m: 4:14.16 37.51		
	100m: 1:08.37 35.95	200m: 2:22.42 37.02	300m: 3:36.65 37.56	400m: 4:48.13 33.97		
18.	Hugo Miguel Viegas	02	Natacao de Olhao	4:48.47		398
	50m: 31.86 31.86	150m: 1:44.19 36.61	250m: 2:58.48 37.25	350m: 4:12.49 37.05		
	100m: 1:07.58 35.72	200m: 2:21.23 37.04	300m: 3:35.44 36.96	400m: 4:48.47 35.98		
19.	Francisco Alves Souza	02	Geslours	4:48.54		398
	50m: 31.47 31.47	150m: 1:42.96 36.41	250m: 2:56.99 37.22	350m: 4:12.40 38.03		
	100m: 1:06.55 35.08	200m: 2:19.77 36.81	300m: 3:34.37 37.38	400m: 4:48.54 36.14		
20.	Rodrigo Neves Pacheco	02	Colegio Monte Maior	4:50.38		390
	50m: 33.16 33.16	150m: 1:46.05 36.32	250m: 2:59.71 36.85	350m: 4:14.10 36.91		
	100m: 1:09.73 36.57	200m: 2:22.86 36.81	300m: 3:37.19 37.48	400m: 4:50.38 36.28		
21.	Joao Afonso Pacau	02	Gualdim Pais	4:57.29		363
	50m: 31.36 31.36	150m: 1:44.30 37.22	250m: 2:59.45 37.79	350m: 4:18.28 40.06		
	100m: 1:07.08 35.72	200m: 2:21.66 37.36	300m: 3:38.22 38.77	400m: 4:57.29 39.01		
EXH	Bernardo Correa Clavinho	02	Scalabiswim	4:43.75		418
	50m: 31.93 31.93	150m: 1:44.87 37.31	250m: 2:57.69 36.30	350m: 4:10.50 36.19		
	100m: 1:07.56 35.63	200m: 2:21.39 36.52	300m: 3:34.31 36.62	400m: 4:43.75 33.25		

Prova 9

Femin., 200m Bruços

Infantis

19-03-2016 - 10:10

Resultados

Recordes Nacionais 25m Absoluto	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	2:45.30	Clara Gomes Pereira	SAD	Algés	14-06-2014
Recordes Nacionais 25m Inf A	2:36.86	Clara Gomes Pereira	SAD	Algés	06-06-2015

TAC-INFAFem Inf A: 3:14.50 / TAC-INFBFem Inf B: 3:22.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Maria Gomes Pereira	04	Alges	2:54.61		457
	50m: 38.87 38.87	100m: 1:23.35 44.48	150m: 2:10.19 46.84	200m: 2:54.61 44.42		
2.	Leonor Alves Morganho	04	Alges	2:56.20		445
	50m: 41.43 41.43	100m: 1:26.16 44.73	150m: 2:11.81 45.65	200m: 2:56.20 44.39		
3.	Lidiana Correia Rodrigues	04	Individual ANL	2:56.78		441
	50m: 40.22 40.22	100m: 1:26.61 46.39	150m: 2:12.38 45.77	200m: 2:56.78 44.40		
4.	Marta Pereira Domingos	04	Naval Amorense	3:00.79		412
	50m: 40.66 40.66	100m: 1:26.76 46.10	150m: 2:15.52 48.76	200m: 3:00.79 45.27		
5.	Rita Santos Boioes	04	Natacao do Montijo	3:03.98		391
	50m: 42.36 42.36	100m: 1:28.74 46.38	150m: 2:16.52 47.78	200m: 3:03.98 47.46		
6.	Ana Correia Sousa	04	Pimpoes/Cimai	3:04.25		389
	50m: 42.14 42.14	100m: 1:29.97 47.83	150m: 2:17.29 47.32	200m: 3:04.25 46.96		

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 9, Femin., 200m Bruços, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
7.	Ines Louro Silva	04	Albicastrense	3:04.30		389
	50m: 41.72 41.72	100m: 1:28.12 46.40	150m: 2:16.70 48.58	200m: 3:04.30 47.60		
8.	Alice Jesus Morgado	04	Vialonga	3:04.93		385
	50m: 43.54 43.54	100m: 1:30.55 47.01	150m: 2:18.27 47.72	200m: 3:04.93 46.66		
9.	Alexandra Cordeiro Silva	04	Alcobaca	3:06.23		377
	50m: 42.09 42.09	100m: 1:29.60 47.51	150m: 2:17.99 48.39	200m: 3:06.23 48.24		
10.	Maria Leonor Ferreira	04	Desportivo Nacional	3:06.40		376
	50m: 41.71 41.71	100m: 1:29.49 47.78	150m: 2:18.08 48.59	200m: 3:06.40 48.32		
11.	Sofia Vilardell Rodrigues	04	Geslours	3:08.14		365
	50m: 44.27 44.27	100m: 1:32.74 48.47	150m: 2:20.85 48.11	200m: 3:08.14 47.29		
12.	Matilde Calhau Silva	04	Sporting	3:11.21		348
	50m: 44.86 44.86	100m: 1:33.47 48.61	150m: 2:22.47 49.00	200m: 3:11.21 48.74		
13.	Margarida Mateus Moraes	04	Torres Novas	3:15.88		324
	50m: 45.03 45.03	100m: 1:35.19 50.16	150m: 2:25.76 50.57	200m: 3:15.88 50.12		
14.	Alice Castico Moreira	04	Natacao do Montijo	3:16.40		321
	50m: 43.27 43.27	100m: 1:32.91 49.64	150m: 2:25.02 52.11	200m: 3:16.40 51.38		
15.	Bruna Alexandra Gomes	04	Ba/Bomcar	3:16.61		320
	50m: 44.97 44.97	100m: 1:35.33 50.36	150m: 2:26.46 51.13	200m: 3:16.61 50.15		
16.	Barbara Garrido Franco	04	Elvense	3:17.51		316
	50m: 43.51 43.51	100m: 1:33.67 50.16	150m: 2:25.44 51.77	200m: 3:17.51 52.07		
17.	Gabriela Graco Duarte	04	20Km de Almeirim	3:20.00		304
	50m: 43.52 43.52	100m: 1:35.30 51.78	150m: 2:27.00 51.70	200m: 3:20.00 53.00		
18.	Matilde Fialho Conceicao	04	Louletano / Loule Concelho	3:20.75		301
	50m: 47.23 47.23	100m: 1:37.39 50.16	150m: 2:29.17 51.78	200m: 3:20.75 51.58		
19.	Angela Jacinto Henriques	04	Pimpoes/Cimai	3:23.80		287
	50m: 44.21 44.21	100m: 1:36.04 51.83	150m: 2:30.21 54.17	200m: 3:23.80 53.59		

Infantis A

1.	Sara Moura Cruz	03	Alges	2:50.14		494
	50m: 37.89 37.89	100m: 1:20.64 42.75	150m: 2:04.97 44.33	200m: 2:50.14 45.17		
2.	Ana Catarina Fernandes	03	Naval do Funchal	2:55.87		447
	50m: 39.96 39.96	100m: 1:24.20 44.24	150m: 2:10.13 45.93	200m: 2:55.87 45.74		
3.	Ana Amarante Dias	03	Naval de Ponta Delgada	2:55.93		447
	50m: 39.15 39.15	100m: 1:23.53 44.38	150m: 2:09.57 46.04	200m: 2:55.93 46.36		
4.	Renata Simoes Rato	03	Nautico Marinha Grande	2:56.65		442
	50m: 40.78 40.78	100m: 1:26.33 45.55	150m: 2:12.38 46.05	200m: 2:56.65 44.27		
5.	Ines Sofia Esteves	03	Nautico Marinha Grande	3:00.94		411
	50m: 41.70 41.70	100m: 1:26.99 45.29	150m: 2:14.87 47.88	200m: 3:00.94 46.07		
6.	Ines Filipa Jacinto	03	Ba/Bomcar	3:01.17		409
	50m: 42.63 42.63	100m: 1:29.55 46.92	150m: 2:15.13 45.58	200m: 3:01.17 46.04		
7.	Leonor Maria Neves	03	Vialonga	3:01.58		407
	50m: 41.84 41.84	100m: 1:28.38 46.54	150m: 2:15.44 47.06	200m: 3:01.58 46.14		

Torneio Zonal de Infantis (Zona Sul)
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Prova 9, Femin., 200m Bruços, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
8.	Beatriz Goncalves Casal	03	Torres Novas	3:01.96		404
	50m: 40.23 40.23	100m: 1:26.27 46.04	150m: 2:14.86 48.59	200m: 3:01.96 47.10		
9.	Mariana Alves Barbosa	03	Pimpoes/Cimai	3:02.10		403
	50m: 41.62 41.62	100m: 1:27.75 46.13	150m: 2:15.61 47.86	200m: 3:02.10 46.49		
10.	Andreia Wongsangnoi Alves	03	Colegio Monte Maior	3:04.26		389
	50m: 41.36 41.36	100m: 1:27.61 46.25	150m: 2:15.92 48.31	200m: 3:04.26 48.34		
11.	Patricia Abreu Seong	03	FC Ferreiras	3:05.37		382
	50m: 42.66 42.66	100m: 1:29.66 47.00	150m: 2:16.70 47.04	200m: 3:05.37 48.67		
12.	Tatiana Valentim Oliveira	03	Fisica Torres Vedras	3:07.20		371
	50m: 42.24 42.24	100m: 1:29.63 47.39	150m: 2:18.18 48.55	200m: 3:07.20 49.02		
13.	Ana Patricia Oliveira	03	20Km de Almeirim	3:07.91		367
	50m: 40.80 40.80	100m: 1:29.50 48.70	150m: 2:20.01 50.51	200m: 3:07.91 47.90		
14.	Mafalda Viegas Cruz	03	Sporting	3:10.21		354
	50m: 44.84 44.84	100m: 1:33.86 49.02	150m: 2:22.30 48.44	200m: 3:10.21 47.91		
15.	Beatriz Bastos Pinto	03	Natacao de Faro	3:11.13		349
	50m: 44.01 44.01	100m: 1:32.65 48.64	150m: 2:22.04 49.39	200m: 3:11.13 49.09		
16.	Joana Isabel Pulquerio	03	Uniao Piedense	3:11.46		347
	50m: 43.92 43.92	100m: 1:32.14 48.22	150m: 2:21.73 49.59	200m: 3:11.46 49.73		
17.	Madalena Reis Cerdeira	03	Avancado EUL	3:11.68		346
	50m: 42.45 42.45	100m: 1:31.45 49.00	150m: 2:22.74 51.29	200m: 3:11.68 48.94		
18.	Marta Filipa Matias	03	CCDSerta	3:15.88		324
	50m: 44.41 44.41	100m: 1:34.07 49.66	150m: 2:25.30 51.23	200m: 3:15.88 50.58		
19.	Maria Catarina Tavares	03	Natacao de Faro	3:16.78		319
	50m: 44.76 44.76	100m: 1:35.85 51.09	150m: 2:26.38 50.53	200m: 3:16.78 50.40		
DSQ	Beatriz Camacho Oliveira	03	Naval do Funchal			
724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 125 m - SW 7.6						
EXH	Gabriela Borozan	04	Louletano / Loule Concelho	3:09.62		357
	50m: 42.20 42.20	100m: 1:29.79 47.59	150m: 2:19.56 49.77	200m: 3:09.62 50.06		

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 10

Masc., 200m Costas

Infantis

19-03-2016 - 10:50

Resultados

Recordes Nacionais 25m Absoluto	1:53.06	Pedro Diogo Oliveira	POR	Chartres (FRA)	22-11-2012
Recordes Nacionais 25m Inf B	2:15.27	Andre Vilas Ruivo	DNMG	S. António Cavaleiros	16-03-2013
Recordes Nacionais 25m Inf A	2:09.17	Joao Alexandre Vital	ADRCIMM	Algés	29-06-2012

TAC-INFAMasc Inf A: 2:36.00 / TAC-INFBMasc Inf B: 2:45.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Tomas Nogueira Gomes	03	Uniao Piedense	2:23.66		402
	50m: 33.73 33.73	100m: 1:09.73 36.00	150m: 1:46.18 36.45	200m: 2:23.66 37.48		
2.	Ricardo Lopes Silva	03	Vieirense	2:29.06		360
	50m: 32.82 32.82	100m: 1:09.81 36.99	150m: 1:49.54 39.73	200m: 2:29.06 39.52		
3.	Afonso Gomes Mestre	03	Tavira Natacao	2:33.99		327
	50m: 35.52 35.52	100m: 1:14.26 38.74	150m: 1:54.42 40.16	200m: 2:33.99 39.57		
4.	Jose Miguel Oliveira	03	Naval Setubalense	2:35.09		320
	50m: 37.42 37.42	100m: 1:17.37 39.95	150m: 1:57.26 39.89	200m: 2:35.09 37.83		
5.	David Van Ossenbruggen	03	Uniao Piedense	2:35.11		320
	50m: 37.12 37.12	100m: 1:15.93 38.81	150m: 1:55.53 39.60	200m: 2:35.11 39.58		
6.	Antonio Guerra Marreiros	03	Alges	2:36.38		312
	50m: 36.80 36.80	100m: 1:18.96 42.16	150m: 1:58.23 39.27	200m: 2:36.38 38.15		
7.	Simao Vieira Camara	03	Sao Roque	2:37.84		303
	50m: 36.11 36.11	100m: 1:17.29 41.18	150m: 1:58.83 41.54	200m: 2:37.84 39.01		
8.	Diogo Bernardo Tome	03	Salvaterra de Magos	2:38.27		301
	50m: 37.25 37.25	100m: 1:17.13 39.88	150m: 1:58.04 40.91	200m: 2:38.27 40.23		
9.	Rodrigo Reis Dias	03	Belenenses	2:38.46		300
	50m: 35.97 35.97	100m: 1:17.08 41.11	150m: 1:58.95 41.87	200m: 2:38.46 39.51		
10.	Pedro Miguel Matos	03	Colegio Vasco da Gama	2:39.21		296
	50m: 36.87 36.87	100m: 1:18.13 41.26	150m: 1:59.48 41.35	200m: 2:39.21 39.73		
11.	Goncalo Camara Gomes	03	Naval do Funchal	2:39.27		295
	50m: 36.46 36.46	100m: 1:17.45 40.99	150m: 1:58.64 41.19	200m: 2:39.27 40.63		
12.	Pedro Henriques Correia	03	Sporting	2:40.92		286
	50m: 37.56 37.56	100m: 1:17.98 40.42	150m: 2:00.16 42.18	200m: 2:40.92 40.76		
13.	Andre Martins Sousa	03	Natacao do Montijo	2:41.63		282
	50m: 38.06 38.06	100m: 1:18.75 40.69	150m: 2:00.86 42.11	200m: 2:41.63 40.77		
14.	Tomas Miguel Felicio	03	Rio Maior	2:41.80		282
	50m: 39.07 39.07	100m: 1:20.86 41.79	150m: 2:01.09 40.23	200m: 2:41.80 40.71		
15.	David Ferreira Relvas	03	Nautico Marinha Grande	2:44.38		268
	50m: 37.83 37.83	100m: 1:19.44 41.61	150m: 2:03.18 43.74	200m: 2:44.38 41.20		
16.	Diogo Miguel Duraes	03	Natacao do Montijo	2:44.77		267
	50m: 39.32 39.32	100m: 1:21.52 42.20	150m: 2:03.72 42.20	200m: 2:44.77 41.05		
17.	Martinus Almeida Boom	03	Natacao de Faro	2:44.82		266
	50m: 38.88 38.88	100m: 1:20.64 41.76	150m: 2:03.33 42.69	200m: 2:44.82 41.49		

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 10, Masc., 200m Costas, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
18.	Paulo Sergio Ferreira	03	Naval da Nazare	2:47.34		254
	50m: 38.80 38.80	100m: 1:22.62 43.82	150m: 2:06.72 44.10	200m: 2:47.34		40.62
DSQ	David Martyn	03	Benedita			
	614 - Nadador não efectuou viragem aos 75 m após terminar movimento contínuo de braços - SW 6.4					
DSQ	Goncalo Filipe Valente	03	Geslours			
	614 - Nadador não efectuou viragem aos 175 m após terminar movimento contínuo de braços - SW 6.4					
DSQ	Tomas Augusto Teixeira	03	Colegio Vasco da Gama			
	614 - Nadador não efectuou viragem aos 75 m após terminar movimento contínuo de braços - SW 6.4					

Infantis A

1.	Diogo Santos Costa	02	Colegio Monte Maior	2:15.63		478
	50m: 31.43 31.43	100m: 1:06.18 34.75	150m: 1:41.33 35.15	200m: 2:15.63		34.30
2.	Diogo Nuno Valente	02	Sporting	2:18.19		452
	50m: 31.86 31.86	100m: 1:07.25 35.39	150m: 1:43.50 36.25	200m: 2:18.19		34.69
3.	Ruy Manuel Domingos	02	Sporting	2:20.39		431
	50m: 33.64 33.64	100m: 1:09.14 35.50	150m: 1:45.04 35.90	200m: 2:20.39		35.35
4.	Vicente Oliveira Gomes	02	Sporting	2:20.80		428
	50m: 33.75 33.75	100m: 1:09.58 35.83	150m: 1:46.19 36.61	200m: 2:20.80		34.61
5.	Rafael Alves Costa	02	Sporting	2:21.66		420
	50m: 33.93 33.93	100m: 1:10.63 36.70	150m: 1:47.03 36.40	200m: 2:21.66		34.63
6.	Martim Primavera Alfama	02	Geslours	2:22.46		413
	50m: 32.96 32.96	100m: 1:09.09 36.13	150m: 1:46.45 37.36	200m: 2:22.46		36.01
7.	Goncalo Balbino Mendes	02	Naval de Peniche	2:24.61		395
	50m: 34.09 34.09	100m: 1:09.90 35.81	150m: 1:47.64 37.74	200m: 2:24.61		36.97
8.	Tiago Leite Barreiros	02	Alges	2:24.65		394
	50m: 33.83 33.83	100m: 1:10.44 36.61	150m: 1:48.05 37.61	200m: 2:24.65		36.60
9.	Pedro Alves Martinho	02	Bombeiros Estoris	2:24.84		393
	50m: 33.15 33.15	100m: 1:09.52 36.37	150m: 1:47.94 38.42	200m: 2:24.84		36.90
10.	Hugo Nunes Magalhaes	02	Alges	2:26.04		383
	50m: 33.53 33.53	100m: 1:10.06 36.53	150m: 1:47.58 37.52	200m: 2:26.04		38.46
11.	Andre Botelho Azevedo	02	Nucleo Sportinguista Terceira	2:26.75		378
	50m: 34.56 34.56	100m: 1:11.64 37.08	150m: 1:49.47 37.83	200m: 2:26.75		37.28
12.	Daniel Rodrigues Alves	02	Belenenses	2:26.91		376
	50m: 34.46 34.46	100m: 1:11.55 37.09	150m: 1:49.54 37.99	200m: 2:26.91		37.37
13.	Henrique Chan Machado	02	Alges	2:28.15		367
	50m: 35.01 35.01	100m: 1:12.32 37.31	150m: 1:50.71 38.39	200m: 2:28.15		37.44
14.	Pedro Reis Rodrigues	02	Sao Roque	2:29.70		356
	50m: 35.43 35.43	100m: 1:13.44 38.01	150m: 1:51.93 38.49	200m: 2:29.70		37.77
15.	Joao Miguel Martins	02	Belenenses	2:30.01		353
	50m: 35.06 35.06	100m: 1:13.31 38.25	150m: 1:52.39 39.08	200m: 2:30.01		37.62
16.	Joao Tomas Freitas	02	Juventude Atlantico	2:32.01		340
	50m: 35.97 35.97	100m: 1:14.72 38.75	150m: 1:53.87 39.15	200m: 2:32.01		38.14

Torneio Zonal de Infantis (Zona Sul)
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Prova 10, Masc., 200m Costas, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
17.	Daniel Marques Filipe	02	Nautico Abrantes	2:32.18		338
	50m: 34.83 34.83	100m: 1:12.65 37.82	150m: 1:52.82 40.17	200m: 2:32.18		39.36
18.	Hugo Miguel Viegas	02	Natacao de Olhao	2:33.45		330
	50m: 35.83 35.83	100m: 1:14.59 38.76	150m: 1:54.89 40.30	200m: 2:33.45		38.56
DSQ	Joao Jesus Silva	02	Juventude Atlantico			
613 - Efectuou deslizamento após conclusão da braçada na viragem aos 25 m - SW 6.4						

Prova 11 Femin., 200m Estilos Infantis
19-03-2016 - 11:10 Resultados

Recordes Nacionais 25m Absoluto	2:12.37	Victoria Kaminskaya	POR	Netanya (ISR)	05-12-2015
Recordes Nacionais 25m Inf B	2:30.96	Filipa Vilas Ruivo	DNMG	Alcobaça	13-06-2009
Recordes Nacionais 25m Inf A	2:25.08	Ines Camacho Fernandes	SCP	Tavira	06-03-2010

TAC-INFAFem Inf A: 2:52.00 / TAC-INFBFem Inf B: 3:00.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Maria Ferreira Moura	04	Geslours	2:35.75		478
	50m: 33.28 33.28	100m: 1:13.45 40.17	150m: 2:00.27 46.82	200m: 2:35.75		35.48
2.	Maria Lopes Amado	04	Ba/Bomcar	2:41.60		428
	50m: 34.07 34.07	100m: 1:14.70 40.63	150m: 2:03.17 48.47	200m: 2:41.60		38.43
3.	Lidiana Correia Rodrigues	04	Individual ANL	2:44.31		407
	50m: 35.38 35.38	100m: 1:17.79 42.41	150m: 2:05.83 48.04	200m: 2:44.31		38.48
4.	Alice Jesus Morgado	04	Vialonga	2:47.10		387
	50m: 36.55 36.55	100m: 1:21.53 44.98	150m: 2:09.05 47.52	200m: 2:47.10		38.05
5.	Ines Sofia Alves	04	Portinado	2:47.12		387
	50m: 35.81 35.81	100m: 1:16.87 41.06	150m: 2:07.73 50.86	200m: 2:47.12		39.39
6.	Constanca Alexandra Silva	04	Pimpoes/Cimai	2:47.24		386
	50m: 36.14 36.14	100m: 1:17.54 41.40	150m: 2:09.42 51.88	200m: 2:47.24		37.82
7.	Leonor Esteves Santos	04	Avancado EUL	2:48.89		375
	50m: 37.40 37.40	100m: 1:21.80 44.40	150m: 2:10.19 48.39	200m: 2:48.89		38.70
	Marta Pereira Domingos	04	Naval Amorense	2:48.89		375
	50m: 39.24 39.24	100m: 1:24.86 45.62	150m: 2:11.16 46.30	200m: 2:48.89		37.73
9.	Alexandra Cordeiro Silva	04	Alcobaca	2:49.52		371
	50m: 38.73 38.73	100m: 1:22.21 43.48	150m: 2:10.91 48.70	200m: 2:49.52		38.61
10.	Selena Vant	04	Louletano / Loule Concelho	2:49.59		371
	50m: 35.46 35.46	100m: 1:18.24 42.78	150m: 2:10.28 52.04	200m: 2:49.59		39.31
11.	Mariana Morais Delfino	04	Avancado EUL	2:49.66		370
	50m: 36.52 36.52	100m: 1:19.90 43.38	150m: 2:12.39 52.49	200m: 2:49.66		37.27
12.	Ana Costa Goncalves	04	Sporting	2:50.06		367
	50m: 38.47 38.47	100m: 1:21.37 42.90	150m: 2:12.15 50.78	200m: 2:50.06		37.91

Torneio Zonal de Infantis (Zona Sul)
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Prova 11, Femin., 200m Estilos, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
13.	Marta Macedo Inacio	04	Sporting	2:51.84		356
	50m: 37.36 37.36	100m: 1:22.35 44.99	150m: 2:13.34	50.99	200m: 2:51.84	38.50
14.	Vera Figueiredo Narra	04	Amadora	2:53.32		347
	50m: 38.25 38.25	100m: 1:21.82 43.57	150m: 2:16.02	54.20	200m: 2:53.32	37.30
15.	Rita Santos Boioes	04	Natacao do Montijo	2:53.82		344
	50m: 37.34 37.34	100m: 1:22.25 44.91	150m: 2:13.84	51.59	200m: 2:53.82	39.98
16.	Mariana Pereira Mendes	04	Louletano / Loule Concelho	2:53.93		343
	50m: 36.92 36.92	100m: 1:22.35 45.43	150m: 2:15.14	52.79	200m: 2:53.93	38.79
17.	Ines Maria Monteiro	04	Naval Praia da Vitoria	2:54.29		341
	50m: 38.46 38.46	100m: 1:24.40 45.94	150m: 2:15.38	50.98	200m: 2:54.29	38.91
18.	Carolina Fale Costa	04	Colegio Monte Maior	2:54.85		338
	50m: 37.96 37.96	100m: 1:23.63 45.67	150m: 2:16.17	52.54	200m: 2:54.85	38.68
19.	Carolina Porem Henriques	04	Amadora	2:54.88		338
	50m: 39.36 39.36	100m: 1:25.98 46.62	150m: 2:15.57	49.59	200m: 2:54.88	39.31
20.	Barbara Almeida Ribeiro	04	Colegio Vasco da Gama	2:55.58		334
	50m: 38.88 38.88	100m: 1:23.55 44.67	150m: 2:15.75	52.20	200m: 2:55.58	39.83
21.	Ana Correia Sousa	04	Pimpoes/Cimai	2:55.63		334
	50m: 41.35 41.35	100m: 1:25.66 44.31	150m: 2:15.45	49.79	200m: 2:55.63	40.18
22.	Laura Macedo Lagoa	04	Ba/Bomcar	2:55.77		333
	50m: 39.58 39.58	100m: 1:24.37 44.79	150m: 2:17.03	52.66	200m: 2:55.77	38.74
23.	Maria Joao Reis	04	Nautico Marinha Grande	2:56.43		329
	50m: 39.16 39.16	100m: 1:23.04 43.88	150m: 2:16.41	53.37	200m: 2:56.43	40.02
24.	Joana Maia Antunes	04	Sporting	2:57.37		324
	50m: 40.00 40.00	100m: 1:23.63 43.63	150m: 2:18.60	54.97	200m: 2:57.37	38.77
25.	Ana Beatriz Pereira	04	Salvaterra de Magos	2:57.66		322
	50m: 36.22 36.22	100m: 1:21.56 45.34	150m: 2:15.89	54.33	200m: 2:57.66	41.77
26.	Filipa Tibo Figueiras	04	Aletrico Montemor	2:58.62		317
	50m: 41.25 41.25	100m: 1:27.95 46.70	150m: 2:19.36	51.41	200m: 2:58.62	39.26
27.	Joana Marinho Coelho	04	Sporting	2:58.84		316
	50m: 40.50 40.50	100m: 1:27.81 47.31	150m: 2:18.27	50.46	200m: 2:58.84	40.57
28.	Ines Louro Silva	04	Albicastrense	2:59.56		312
	50m: 43.63 43.63	100m: 1:28.29 44.66	150m: 2:17.61	49.32	200m: 2:59.56	41.95
29.	Carolina Pinto Luz	04	Desportivo Sesimbra	3:00.09		309
	50m: 39.67 39.67	100m: 1:28.44 48.77	150m: 2:20.48	52.04	200m: 3:00.09	39.61
30.	Angela Jacinto Henriques	04	Pimpoes/Cimai	3:01.42		303
	50m: 40.30 40.30	100m: 1:25.42 45.12	150m: 2:19.53	54.11	200m: 3:01.42	41.89

DSQ Maria Alexandra Marques 04 Albicastrense
812 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 125 m - SW 8.4

Torneio Zonal de Infantis (Zona Sul)
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Prova 11, Femin., 200m Estilos

Infantis A

1. Sara Moura Cruz	03 Alges	2:29.51	541
50m: 32.50 32.50	100m: 1:11.86 39.36	150m: 1:53.97 42.11	200m: 2:29.51 35.54
2. Filipa Ramos Peixeira	03 Sporting	2:34.35	492
50m: 32.76 32.76	100m: 1:10.81 38.05	150m: 1:59.79 48.98	200m: 2:34.35 34.56
3. Luana Pinto Domingues	03 Ba/Bomcar	2:34.82	487
50m: 33.91 33.91	100m: 1:14.25 40.34	150m: 1:59.37 45.12	200m: 2:34.82 35.45
4. Ines Asseiceira Ramos	03 Torres Novas	2:37.24	465
50m: 34.17 34.17	100m: 1:14.94 40.77	150m: 2:01.77 46.83	200m: 2:37.24 35.47
5. Beatriz Azevedo Isaias	03 Colegio Monte Maior	2:38.45	454
50m: 32.94 32.94	100m: 1:12.32 39.38	150m: 2:01.80 49.48	200m: 2:38.45 36.65
6. Lea Alexandra Mendes	03 Gualdim Pais	2:38.95	450
50m: 33.42 33.42	100m: 1:13.48 40.06	150m: 2:01.85 48.37	200m: 2:38.95 37.10
7. Renata Simoes Rato	03 Nautico Marinha Grande	2:41.26	431
50m: 36.66 36.66	100m: 1:19.90 43.24	150m: 2:06.11 46.21	200m: 2:41.26 35.15
8. Maria Crista Jesus	03 Louletano / Loule Concelho	2:41.48	429
50m: 34.46 34.46	100m: 1:14.94 40.48	150m: 2:04.79 49.85	200m: 2:41.48 36.69
9. Catarina Guimaraes Moreira	03 Alges	2:42.38	422
50m: 35.51 35.51	100m: 1:18.65 43.14	150m: 2:06.25 47.60	200m: 2:42.38 36.13
10. Ana Amarante Dias	03 Naval de Ponta Delgada	2:42.57	421
50m: 35.38 35.38	100m: 1:17.15 41.77	150m: 2:04.68 47.53	200m: 2:42.57 37.89
11. Beatriz Quintao Amantes	03 Uniao Piedense	2:43.59	413
50m: 35.01 35.01	100m: 1:16.84 41.83	150m: 2:07.22 50.38	200m: 2:43.59 36.37
12. Mariana Alves Barbosa	03 Pimpoes/Cimai	2:43.96	410
50m: 38.19 38.19	100m: 1:20.86 42.67	150m: 2:07.40 46.54	200m: 2:43.96 36.56
13. Margarida Mota Silva	03 Natacao do Montijo	2:44.12	409
50m: 36.51 36.51	100m: 1:17.87 41.36	150m: 2:06.62 48.75	200m: 2:44.12 37.50
14. Beatriz Moreira Carvalho	03 Rio Maior	2:44.13	409
50m: 36.51 36.51	100m: 1:18.60 42.09	150m: 2:06.54 47.94	200m: 2:44.13 37.59
15. Daniela Mascarenhas Henriques	03 Geslours	2:44.87	403
50m: 36.99 36.99	100m: 1:20.50 43.51	150m: 2:08.18 47.68	200m: 2:44.87 36.69
16. Beatriz Vaz Rebelo	03 Geslours	2:45.01	402
50m: 36.73 36.73	100m: 1:20.97 44.24	150m: 2:09.45 48.48	200m: 2:45.01 35.56
17. Ana Catarina Fernandes	03 Naval do Funchal	2:45.19	401
50m: 35.79 35.79	100m: 1:19.92 44.13	150m: 2:06.72 46.80	200m: 2:45.19 38.47
18. Sara Santos Lopes	03 Ba/Bomcar	2:45.30	400
50m: 36.18 36.18	100m: 1:17.69 41.51	150m: 2:07.15 49.46	200m: 2:45.30 38.15
19. Julia Caldeira Ferreira	03 Naval do Funchal	2:45.98	395
50m: 33.60 33.60	100m: 1:18.15 44.55	150m: 2:07.60 49.45	200m: 2:45.98 38.38
20. Francisca Santos Clemente	03 Ba/Bomcar	2:46.04	395
50m: 34.22 34.22	100m: 1:15.79 41.57	150m: 2:08.34 52.55	200m: 2:46.04 37.70

Torneio Zonal de Infantis (Zona Sul)
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Prova 11, Femin., 200m Estilos, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
21.	Ines Filipa Jacinto	03	Ba/Bomcar	2:46.25		393
	50m: 36.37 36.37 100m: 1:18.82 42.45 150m: 2:08.80 49.98 200m: 2:46.25 37.45					
22.	Mafalda Magalhaes Costa	03	Gualdim Pais	2:46.60		391
	50m: 35.53 35.53 100m: 1:16.91 41.38 150m: 2:10.09 53.18 200m: 2:46.60 36.51					
23.	Constanca Mendes Gomes	03	Pimpoes/Cimai	2:47.84		382
	50m: 36.78 36.78 100m: 1:20.78 44.00 150m: 2:11.14 50.36 200m: 2:47.84 36.70					
24.	Margarida Teixeira Moreira	03	Belenenses	2:48.38		379
	50m: 35.56 35.56 100m: 1:17.57 42.01 150m: 2:09.63 52.06 200m: 2:48.38 38.75					
25.	Andreia Wongsangnoi Alves	03	Colegio Monte Maior	2:48.47		378
	50m: 38.36 38.36 100m: 1:21.00 42.64 150m: 2:08.16 47.16 200m: 2:48.47 40.31					
26.	Ines Marques Garcia	03	Nautico Abrantes	2:48.71		376
	50m: 37.30 37.30 100m: 1:20.32 43.02 150m: 2:11.20 50.88 200m: 2:48.71 37.51					
27.	Ana Rui Gomes	03	Naval da Nazare	2:48.79		376
	50m: 34.68 34.68 100m: 1:18.02 43.34 150m: 2:09.14 51.12 200m: 2:48.79 39.65					
28.	Sofia Peres Ferrao	03	Vialonga	2:49.19		373
	50m: 36.70 36.70 100m: 1:19.53 42.83 150m: 2:10.49 50.96 200m: 2:49.19 38.70					
29.	Patricia Abreu Seong	03	FC Ferreiras	2:50.29		366
	50m: 36.98 36.98 100m: 1:22.64 45.66 150m: 2:09.55 46.91 200m: 2:50.29 40.74					
30.	Mafalda Viegas Cruz	03	Sporting	2:51.00		361
	50m: 39.23 39.23 100m: 1:23.83 44.60 150m: 2:13.72 49.89 200m: 2:51.00 37.28					
31.	Barbara Sofia Amaral	03	Geslours	2:51.31		359
	50m: 35.18 35.18 100m: 1:19.24 44.06 150m: 2:11.49 52.25 200m: 2:51.31 39.82					
32.	Marta Romao Sa	03	Naval do Funchal	2:51.73		357
	50m: 37.45 37.45 100m: 1:20.27 42.82 150m: 2:11.97 51.70 200m: 2:51.73 39.76					
33.	Ines Arraiolos Matos	03	Scalabiswim	2:51.77		357
	50m: 37.06 37.06 100m: 1:21.07 44.01 150m: 2:11.90 50.83 200m: 2:51.77 39.87					
34.	Mariana Azevedo Cruz	03	Nautico Marinha Grande	2:52.53		352
	50m: 39.62 39.62 100m: 1:22.65 43.03 150m: 2:13.94 51.29 200m: 2:52.53 38.59					
35.	Marta Filipa Matias	03	CCDSerta	2:54.71		339
	50m: 38.91 38.91 100m: 1:24.66 45.75 150m: 2:15.27 50.61 200m: 2:54.71 39.44					
DSQ	Ines Apolinario Soares	03	Pimpoes/Cimai			
	724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 150 m - SW 7.6					
DSQ	Beatriz Goncalves Casal	03	Torres Novas			
	809 - Movimento alternado de pernas durante o percurso - SW 8.3					
DSQ	Ana Margarida Betencourt	03	Naval do Funchal			
	614 - Nadador não efectuou viragem aos 75 m após terminar movimento contínuo de braços - SW 6.4					
EXH	Gabriela Borozan	04	Louletano / Loule Concelho	2:54.53		340
	50m: 38.10 38.10 100m: 1:23.77 45.67 150m: 2:12.69 48.92 200m: 2:54.53 41.84					

Torneio Zonal de Infantis (Zona Sul)
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Prova 12

Masc., 200m Livres

Infantis

19-03-2016 - 16:00

Resultados

Recordes Nacionais 25m Absoluto	1:45.25	Luis Emanuel Vaz	GDNVNF	Felgueiras	21-12-2013
Recordes Nacionais 25m Inf B	2:04.75	Joao Magalhaes Nunes	CNA	Algés	30-06-2012
Recordes Nacionais 25m Inf A	1:58.99	Pedro Fontoura Oliveira	CFB	Cova da Piedade	10-06-2004

TAC-INFAMasc Inf A: 2:20.20 / TAC-INFBMasc Inf B: 2:26.50

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Pedro Afonso Sousa	03	Desportivo Nacional	2:09.87		447
	50m: 30.08 30.08	100m: 1:02.66 32.58	150m: 1:36.53 33.87	200m: 2:09.87 33.34		
2.	Ricardo Lopes Silva	03	Vieirense	2:11.99		426
	50m: 30.44 30.44	100m: 1:03.58 33.14	150m: 1:37.75 34.17	200m: 2:11.99 34.24		
3.	Ricardo Novikov	03	Alges	2:14.65		401
	50m: 31.61 31.61	100m: 1:06.13 34.52	150m: 1:41.12 34.99	200m: 2:14.65 33.53		
4.	Afonso Filipe Costa	03	Naval da Nazare	2:15.88		391
	50m: 31.06 31.06	100m: 1:06.03 34.97	150m: 1:41.51 35.48	200m: 2:15.88 34.37		
5.	Tomas Nogueira Gomes	03	Uniao Piedense	2:16.12		389
	50m: 31.23 31.23	100m: 1:05.13 33.90	150m: 1:40.78 35.65	200m: 2:16.12 35.34		
6.	Duarte Silva Taleigo	03	Amadora	2:18.31		370
	50m: 31.54 31.54	100m: 1:06.58 35.04	150m: 1:43.20 36.62	200m: 2:18.31 35.11		
7.	Alexandre Afonso Costa	03	Louletano / Loule Concelho	2:19.26		363
	50m: 31.74 31.74	100m: 1:06.80 35.06	150m: 1:43.26 36.46	200m: 2:19.26 36.00		
8.	Luis Afonso Lopes	03	Viver Santarem	2:22.24		340
	50m: 32.56 32.56	100m: 1:08.96 36.40	150m: 1:45.56 36.60	200m: 2:22.24 36.68		
9.	David Martyn	03	Benedita	2:22.96		335
	50m: 32.74 32.74	100m: 1:09.52 36.78	150m: 1:47.01 37.49	200m: 2:22.96 35.95		
10.	David Ferreira Relvas	03	Nautico Marinha Grande	2:23.92		329
	50m: 32.61 32.61	100m: 1:09.24 36.63	150m: 1:47.39 38.15	200m: 2:23.92 36.53		
11.	Ricardo Martins Ferreira	03	Desporto de Setubal	2:24.99		321
	50m: 33.15 33.15	100m: 1:09.20 36.05	150m: 1:47.91 38.71	200m: 2:24.99 37.08		
12.	Andre Martins Sousa	03	Natacao do Montijo	2:26.02		315
	50m: 33.46 33.46	100m: 1:10.43 36.97	150m: 1:48.53 38.10	200m: 2:26.02 37.49		

Infantis A

1.	Diogo Santos Costa	02	Colegio Monte Maior	2:03.21		524
	50m: 29.05 29.05	100m: 1:01.49 32.44	150m: 1:33.31 31.82	200m: 2:03.21 29.90		
2.	Bernardo Jorge Simoes	02	Torres Novas	2:04.87		503
	50m: 29.21 29.21	100m: 1:01.34 32.13	150m: 1:33.77 32.43	200m: 2:04.87 31.10		
3.	Tomas Penha Monteiro	02	Alges	2:06.07		489
	50m: 29.01 29.01	100m: 1:01.34 32.33	150m: 1:34.24 32.90	200m: 2:06.07 31.83		
4.	Pedro Vilas Ruivo	02	Ba/Bomcar	2:06.85		480
	50m: 29.74 29.74	100m: 1:01.48 31.74	150m: 1:34.28 32.80	200m: 2:06.85 32.57		

Torneio Zonal de Infantis (Zona Sul)
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Prova 12, Masc., 200m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
5.	Rafael Moreira Oliveira	02	Belenenses	2:07.78		470
	50m: 29.84 29.84	100m: 1:01.90 32.06	150m: 1:34.22 32.32	200m: 2:07.78 33.56		
6.	Bernardo Geada Brito	02	Naval Amorense	2:08.92		457
	50m: 29.39 29.39	100m: 1:02.44 33.05	150m: 1:36.05 33.61	200m: 2:08.92 32.87		
7.	Alexandre Miguel Silva	02	Natacao do Tejo	2:10.24		444
	50m: 29.16 29.16	100m: 1:02.43 33.27	150m: 1:36.71 34.28	200m: 2:10.24 33.53		
8.	Pedro Alves Martinho	02	Bombeiros Estoris	2:10.31		443
	50m: 29.81 29.81	100m: 1:02.68 32.87	150m: 1:37.39 34.71	200m: 2:10.31 32.92		
9.	Bernardo Safara Inverno	02	Sporting	2:10.44		442
	50m: 30.44 30.44	100m: 1:04.19 33.75	150m: 1:37.62 33.43	200m: 2:10.44 32.82		
10.	Andre Botelho Azevedo	02	Nucleo Sportinguista Terceira	2:10.61		440
	50m: 30.60 30.60	100m: 1:04.50 33.90	150m: 1:38.61 34.11	200m: 2:10.61 32.00		
11.	Joao Nogueira Mendes	02	Laranjeiro	2:11.27		433
	50m: 29.85 29.85	100m: 1:02.57 32.72	150m: 1:36.81 34.24	200m: 2:11.27 34.46		
12.	Pedro Freitas Oliveira	02	Naval do Funchal	2:11.39		432
	50m: 30.20 30.20	100m: 1:03.50 33.30	150m: 1:37.91 34.41	200m: 2:11.39 33.48		
13.	Miguel Santos Casaca	02	Salvaterra de Magos	2:11.99		426
	50m: 30.23 30.23	100m: 1:03.40 33.17	150m: 1:38.06 34.66	200m: 2:11.99 33.93		
14.	Hugo Nunes Magalhaes	02	Alges	2:12.14		425
	50m: 30.51 30.51	100m: 1:03.74 33.23	150m: 1:38.14 34.40	200m: 2:12.14 34.00		
15.	Rafael Alves Costa	02	Sporting	2:13.17		415
	50m: 31.46 31.46	100m: 1:05.27 33.81	150m: 1:40.25 34.98	200m: 2:13.17 32.92		
16.	David Alexandre Rebelo	02	Nautico Marinha Grande	2:13.57		411
	50m: 30.43 30.43	100m: 1:04.87 34.44	150m: 1:40.38 35.51	200m: 2:13.57 33.19		
17.	Tiago Leite Barreiros	02	Alges	2:13.61		411
	50m: 30.32 30.32	100m: 1:04.18 33.86	150m: 1:39.15 34.97	200m: 2:13.61 34.46		
18.	Joao Afonso Pacau	02	Gualdim Pais	2:13.74		410
	50m: 30.37 30.37	100m: 1:04.40 34.03	150m: 1:39.08 34.68	200m: 2:13.74 34.66		
19.	Tomas Galvao Lourenco	02	Natacao de Olhao	2:14.11		406
	50m: 30.80 30.80	100m: 1:04.67 33.87	150m: 1:39.71 35.04	200m: 2:14.11 34.40		
20.	Joao Miguel Vasco	02	Naval da Nazare	2:14.28		405
	50m: 30.61 30.61	100m: 1:04.16 33.55	150m: 1:39.91 35.75	200m: 2:14.28 34.37		
21.	Daniel Marques Filipe	02	Nautico Abrantes	2:14.72		401
	50m: 31.55 31.55	100m: 1:06.16 34.61	150m: 1:41.18 35.02	200m: 2:14.72 33.54		
22.	Lucas Guarda Moniz	02	Ba/Bomcar	2:17.19		380
	50m: 31.58 31.58	100m: 1:06.61 35.03	150m: 1:42.38 35.77	200m: 2:17.19 34.81		
23.	Hugo Miguel Viegas	02	Natacao de Olhao	2:17.28		379
	50m: 32.00 32.00	100m: 1:07.11 35.11	150m: 1:42.85 35.74	200m: 2:17.28 34.43		
24.	Pedro Reis Rodrigues	02	Sao Roque	2:18.14		372
	50m: 31.17 31.17	100m: 1:06.95 35.78	150m: 1:43.13 36.18	200m: 2:18.14 35.01		
25.	Diogo Azevedo Cruz	02	Nautico Marinha Grande	2:19.40		362
	50m: 30.82 30.82	100m: 1:06.42 35.60	150m: 1:43.67 37.25	200m: 2:19.40 35.73		

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Prova 12, Masc., 200m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
26.	Rodrigo Rosa Fernandes	02	Cultura e Desporto	2:19.53		361
	50m: 31.83 31.83	100m: 1:07.06 35.23	150m: 1:44.20 37.14	200m: 2:19.53 35.33		
27.	Bruno Falacho Gerardo	02	Naval da Nazare	2:19.63		360
	50m: 33.46 33.46	100m: 1:09.04 35.58	150m: 1:45.26 36.22	200m: 2:19.63 34.37		
28.	Rodrigo Neves Pacheco	02	Colegio Monte Maior	2:20.54		353
	50m: 32.15 32.15	100m: 1:07.80 35.65	150m: 1:44.50 36.70	200m: 2:20.54 36.04		
29.	Goncalo Balbino Mendes	02	Naval de Peniche	2:20.92		350
	50m: 31.90 31.90	100m: 1:07.10 35.20	150m: 1:44.47 37.37	200m: 2:20.92 36.45		
30.	Filipe Cavaco Guerreiro	02	Louletano / Loule Concelho	2:21.01		349
	50m: 31.48 31.48	100m: 1:07.50 36.02	150m: 1:45.02 37.52	200m: 2:21.01 35.99		
31.	Joao Silva Bernardo	02	Colegio Monte Maior	2:24.74		323
	50m: 32.41 32.41	100m: 1:08.68 36.27	150m: 1:47.49 38.81	200m: 2:24.74 37.25		
EXH	Bernardo Correa Clavinho	02	Scalabiswim	2:13.89		408
	50m: 30.76 30.76	100m: 1:04.89 34.13	150m: 1:39.70 34.81	200m: 2:13.89 34.19		

Prova 13

Femin., 100m Livres

Infantis

19-03-2016 - 16:20

Resultados

Recordes Nacionais 25m Absoluto	55.43	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	1:01.63	Ines Camacho Fernandes	SCP	Lisboa	05-04-2009
Recordes Nacionais 25m Inf A	59.20	Ines Camacho Fernandes	SCP	Tavira	07-03-2010

TAC-INFAFem Inf A: 1:10.00 / TAC-INFBFem Inf B: 1:13.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Maria Ferreira Moura	04	Geslours	1:04.46		495
	50m: 31.59 31.59	100m: 1:04.46 32.87				
2.	Maria Gomes Pereira	04	Alges	1:05.21		478
	50m: 31.41 31.41	100m: 1:05.21 33.80				
3.	Mariana Morais Delfino	04	Avancado EUL	1:06.60		449
	50m: 32.33 32.33	100m: 1:06.60 34.27				
4.	Beatriz Staiger Bento	04	20Km de Almeirim	1:07.14		438
	50m: 32.20 32.20	100m: 1:07.14 34.94				
5.	Maria Lopes Amado	04	Ba/Bomcar	1:07.93		423
	50m: 32.83 32.83	100m: 1:07.93 35.10				
6.	Ana Miguel Seabra	04	Aminata	1:08.28		416
	50m: 33.30 33.30	100m: 1:08.28 34.98				
7.	Barbara Almeida Ribeiro	04	Colegio Vasco da Gama	1:09.00		404
	50m: 32.54 32.54	100m: 1:09.00 36.46				
8.	Vera Figueiredo Narra	04	Amadora	1:09.16		401
	50m: 33.60 33.60	100m: 1:09.16 35.56				

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 13, Femin., 100m Livres, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
9.	Ana Beatriz Pereira	04	Salvaterra de Magos	1:09.22		400
	50m: 32.00 32.00	100m: 1:09.22	37.22			
10.	Selena Vant	04	Louletano / Loule Concelho	1:09.40		397
	50m: 33.46 33.46	100m: 1:09.40	35.94			
11.	Maria Alexandra Marques	04	Albicastrense	1:09.95		387
	50m: 33.59 33.59	100m: 1:09.95	36.36			
12.	Mariana Pereira Mendes	04	Louletano / Loule Concelho	1:10.01		386
	50m: 33.43 33.43	100m: 1:10.01	36.58			
13.	Leonor Esteves Santos	04	Avancado EUL	1:10.84		373
	50m: 34.43 34.43	100m: 1:10.84	36.41			
14.	Ines Maria Monteiro	04	Naval Praia da Vitoria	1:11.37		365
	50m: 34.73 34.73	100m: 1:11.37	36.64			
15.	Ines Sofia Alves	04	Portinado	1:11.39		364
	50m: 34.60 34.60	100m: 1:11.39	36.79			
16.	Laura Macedo Lagoa	04	Ba/Bomcar	1:11.53		362
	50m: 35.01 35.01	100m: 1:11.53	36.52			
17.	Filipa Tibo Figueiras	04	Aletrico Montemor	1:11.67		360
	50m: 34.94 34.94	100m: 1:11.67	36.73			
18.	Madalena Graca Gerales	04	Sporting	1:11.88		357
	50m: 34.74 34.74	100m: 1:11.88	37.14			
19.	Joana Maia Antunes	04	Sporting	1:11.89		357
	50m: 34.41 34.41	100m: 1:11.89	37.48			
20.	Ana Costa Goncalves	04	Sporting	1:12.00		355
	50m: 35.59 35.59	100m: 1:12.00	36.41			
21.	Marta Macedo Inacio	04	Sporting	1:12.51		348
	50m: 34.38 34.38	100m: 1:12.51	38.13			
22.	Rafaela Salsinha Fontes	04	Naval Amorense	1:12.54		347
	50m: 33.73 33.73	100m: 1:12.54	38.81			
23.	Matilde Fialho Conceicao	04	Louletano / Loule Concelho	1:12.67		345
	50m: 35.68 35.68	100m: 1:12.67	36.99			
24.	Joana Francisca Sousa	04	Sao Roque	1:12.78		344
	50m: 34.95 34.95	100m: 1:12.78	37.83			
25.	Ana Rita Goncalves	04	Albicastrense	1:13.34		336
	50m: 34.18 34.18	100m: 1:13.34	39.16			
26.	Ines Fagundes Pereira	04	Naval Praia da Vitoria	1:14.04		327
	50m: 35.24 35.24	100m: 1:14.04	38.80			
DSQ	Maria Leonor Ferreira	04	Desportivo Nacional			
	403 - Falsa partida - SW 4.4					

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 13, Femin., 100m Livres

Infantis A

1.	Maria Crista Jesus	03	Louletano / Loule Concelho	1:01.92	559
	50m: 29.83 29.83	100m:	1:01.92 32.09		
2.	Mariana Marques Mercedes	03	Olivais e Moscavide	1:02.10	554
	50m: 30.26 30.26	100m:	1:02.10 31.84		
3.	Filipa Ramos Peixeira	03	Sporting	1:02.96	531
	50m: 30.23 30.23	100m:	1:02.96 32.73		
4.	Beatriz Azevedo Isaias	03	Colegio Monte Maior	1:03.59	516
	50m: 31.12 31.12	100m:	1:03.59 32.47		
5.	Beatriz Vaz Rebelo	03	Geslours	1:03.61	515
	50m: 30.86 30.86	100m:	1:03.61 32.75		
6.	Ines Asseiceira Ramos	03	Torres Novas	1:03.67	514
	50m: 30.53 30.53	100m:	1:03.67 33.14		
7.	Beatriz Goncalves Casal	03	Torres Novas	1:04.82	487
	50m: 31.15 31.15	100m:	1:04.82 33.67		
8.	Beatriz Picanco Martins	03	Benfica	1:04.96	484
	50m: 31.24 31.24	100m:	1:04.96 33.72		
9.	Lea Alexandra Mendes	03	Gualdim Pais	1:05.32	476
	50m: 31.19 31.19	100m:	1:05.32 34.13		
10.	Daniela Mascarenhas Henriques	03	Geslours	1:05.50	472
	50m: 31.58 31.58	100m:	1:05.50 33.92		
11.	Mafalda Magalhaes Costa	03	Gualdim Pais	1:05.71	467
	50m: 30.80 30.80	100m:	1:05.71 34.91		
12.	Catarina Guimaraes Moreira	03	Alges	1:06.19	457
	50m: 31.95 31.95	100m:	1:06.19 34.24		
13.	Margarida Mota Silva	03	Natacao do Montijo	1:06.24	456
	50m: 31.58 31.58	100m:	1:06.24 34.66		
14.	Carolina Alexandra Machado	03	Beja	1:06.27	456
	50m: 32.33 32.33	100m:	1:06.27 33.94		
15.	Mafalda Sofia Rosa	03	Rio Maior	1:06.46	452
	50m: 32.27 32.27	100m:	1:06.46 34.19		
16.	Ines Santos Costa	03	Portinado	1:06.58	449
	50m: 32.29 32.29	100m:	1:06.58 34.29		
17.	Constanca Basilio Gil	03	CLAC-Entroncamento	1:06.64	448
	50m: 32.62 32.62	100m:	1:06.64 34.02		
18.	Erica Neves Leote	03	Torres Novas	1:06.78	445
	50m: 32.12 32.12	100m:	1:06.78 34.66		
19.	Laura Andre Catarino	03	CCDSerta	1:06.79	445
	50m: 32.32 32.32	100m:	1:06.79 34.47		
20.	Ema Jeronimo Conceicao	03	Fisica Torres Vedras	1:06.82	444
	50m: 32.62 32.62	100m:	1:06.82 34.20		

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 13, Femin., 100m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
21.	Ana Margarida Soares	03	Naval Setubalense	1:06.86		444
	50m: 32.34 32.34	100m:	1:06.86 34.52			
22.	Sara Santos Lopes	03	Ba/Bomcar	1:06.99		441
	50m: 32.50 32.50	100m:	1:06.99 34.49			
23.	Barbara Sofia Amaral	03	Gesloures	1:07.17		437
	50m: 32.52 32.52	100m:	1:07.17 34.65			
24.	Ana Catarina Fernandes	03	Naval do Funchal	1:07.28		435
	50m: 32.43 32.43	100m:	1:07.28 34.85			
25.	Margarida Teixeira Moreira	03	Belenenses	1:07.33		434
	50m: 31.89 31.89	100m:	1:07.33 35.44			
26.	Filipa Paulino Sousa	03	Natacao de Faro	1:07.61		429
	50m: 32.84 32.84	100m:	1:07.61 34.77			
27.	Ana Margarida Betencourt	03	Naval do Funchal	1:07.94		423
	50m: 32.34 32.34	100m:	1:07.94 35.60			
28.	Claudia Beatriz Martins	03	Gesloures	1:08.17		418
	50m: 33.11 33.11	100m:	1:08.17 35.06			
29.	Leonor Maria Neves	03	Vialonga	1:08.49		413
	50m: 32.53 32.53	100m:	1:08.49 35.96			
30.	Melissa Sousa Vilarinho	03	FC Ferreiras	1:08.83		407
	50m: 33.28 33.28	100m:	1:08.83 35.55			
31.	Beatriz Sousa Valente	03	Natacao de Olhao	1:08.87		406
	50m: 34.03 34.03	100m:	1:08.87 34.84			
32.	Sophia Rose Taylor	03	Alges	1:09.15		401
	50m: 33.51 33.51	100m:	1:09.15 35.64			
33.	Marta Filipa Matias	03	CCDSerta	1:09.17		401
	50m: 33.26 33.26	100m:	1:09.17 35.91			
34.	Barbara Silva Viegas	03	Sporting	1:09.29		398
	50m: 33.62 33.62	100m:	1:09.29 35.67			
35.	Catarina Ines Correia	03	Naval Setubalense	1:09.60		393
	50m: 34.29 34.29	100m:	1:09.60 35.31			
36.	Mariana Banca Ferreira	03	Naval Setubalense	1:09.67		392
	50m: 33.63 33.63	100m:	1:09.67 36.04			
37.	Ines Arraiolos Matos	03	Scalabiswim	1:09.68		392
	50m: 33.99 33.99	100m:	1:09.68 35.69			
38.	Maria Ines Ribeiro	03	Alges	1:10.26		382
	50m: 33.83 33.83	100m:	1:10.26 36.43			
39.	Margarida Bras Garcia	03	Naval de Ponta Delgada	1:10.90		372
	50m: 33.76 33.76	100m:	1:10.90 37.14			
40.	Marta Romao Sa	03	Naval do Funchal	1:11.42		364
	50m: 34.15 34.15	100m:	1:11.42 37.27			
41.	Maria Joao Bento	03	Bombeiros Ponta Delgada	1:12.17		353
	50m: 34.67 34.67	100m:	1:12.17 37.50			

Torneio Zonal de Infantis (Zona Sul)
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Prova 13, Femin., 100m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
42.	Sara Sousa Candeias	03	Louletano / Loule Concelho	1:12.86		343
	50m: 34.68 34.68	100m: 1:12.86	38.18			
DSQ	Ines Oliveira Andre	03	Nautico Marinha Grande			
	403 - Falsa partida - SW 4.4					
EXH	Gabriela Borozan	04	Louletano / Loule Concelho	1:13.43		335
	50m: 36.04 36.04	100m: 1:13.43	37.39			

Prova 14 Masc., 100m Bruços Infantis
19-03-2016 - 16:40 Resultados

Recordes Nacionais 25m Absoluto	58.19	Carlos Esteves Almeida	POR	Chartres (FRA)	22-11-2012
Recordes Nacionais 25m Inf B	1:09.54	Andre Goncalo Santos	LSC	Lousada	15-05-2010
Recordes Nacionais 25m Inf A	1:07.92	Andre Goncalo Santos	LSC	Viseu	12-03-2011

TAC-INFAMasc Inf A: 1:22.00 / TAC-INFBMasc Inf B: 1:27.50

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Joao Martins Cristina	03	Louletano / Loule Concelho	1:16.85		378
	50m: 36.80 36.80	100m: 1:16.85	40.05			
2.	Simao Vieira Camara	03	Sao Roque	1:22.44		306
	50m: 38.96 38.96	100m: 1:22.44	43.48			
3.	David Van Ossenbruggen	03	Uniao Piedense	1:22.76		303
	50m: 39.52 39.52	100m: 1:22.76	43.24			
4.	Rui Miguel Freire	03	Nucleo Ansiao	1:22.81		302
	50m: 40.11 40.11	100m: 1:22.81	42.70			
5.	Pedro Miguel Matos	03	Colegio Vasco da Gama	1:24.47		285
	50m: 39.99 39.99	100m: 1:24.47	44.48			
6.	Salvador Ataide Parente	03	Geslours	1:26.30		267
	50m: 41.43 41.43	100m: 1:26.30	44.87			
7.	Joao Pedro Carrasco	03	Portinado	1:26.68		264
	50m: 40.35 40.35	100m: 1:26.68	46.33			
8.	Tomas Almeida Leitao	03	Alges	1:27.10		260
	50m: 41.65 41.65	100m: 1:27.10	45.45			
9.	Tomas Augusto Teixeira	03	Colegio Vasco da Gama	1:31.18		226
	50m: 43.96 43.96	100m: 1:31.18	47.22			
DSQ	Ricardo Samuel Pereira	03	CCDSerta			
	704 - Pernada de golfinho antes iniciar a braçada submarina após viragem aos 75 m - SW 7.1					
DSQ	Rodrigo Vieira Matos	03	Naval do Funchal			
	403 - Falsa partida - SW 4.4					
DSQ	Alexandre Afonso Costa	03	Louletano / Loule Concelho			
	724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 25 m - SW 7.6					

Torneio Zonal de Infantis (Zona Sul)
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Prova 14, Masc., 100m Bruços

Infantis A

1. Francisco Costa Nunes	02 Salvaterra de Magos	1:08.46	535
50m: 32.61 32.61	100m: 1:08.46 35.85		
2. Martim Rebelo Malfeito	02 Sporting	1:10.12	498
50m: 33.33 33.33	100m: 1:10.12 36.79		
3. Andre Portugal Deus	02 Naval do Funchal	1:10.52	490
50m: 33.41 33.41	100m: 1:10.52 37.11		
4. Francisco Padilla Correia	02 Geslours	1:14.66	413
50m: 35.22 35.22	100m: 1:14.66 39.44		
5. Diogo Marreiros Gloria	02 Naval de Peniche	1:15.11	405
50m: 35.62 35.62	100m: 1:15.11 39.49		
6. Afonso Amaro Santos	02 Geslours	1:15.49	399
50m: 35.77 35.77	100m: 1:15.49 39.72		
7. Francisco Silva Paulos	02 Naval do Funchal	1:16.70	381
50m: 36.65 36.65	100m: 1:16.70 40.05		
8. Henrique Chan Machado	02 Alges	1:17.06	375
50m: 36.62 36.62	100m: 1:17.06 40.44		
9. Leandro Dinis Fonseca	02 Portinado	1:17.22	373
50m: 35.39 35.39	100m: 1:17.22 41.83		
10. Tomas Patricio Martins	02 Fisica Torres Vedras	1:19.12	347
50m: 37.38 37.38	100m: 1:19.12 41.74		
11. Daniel Rodrigues Alves	02 Belenenses	1:19.74	339
50m: 38.24 38.24	100m: 1:19.74 41.50		
12. Bernardo Safara Inverno	02 Sporting	1:20.06	335
50m: 38.63 38.63	100m: 1:20.06 41.43		
13. Filipe Comprido Renga	02 Elvense	1:20.31	332
50m: 38.05 38.05	100m: 1:20.31 42.26		
14. Rodrigo Miguel Alves	02 Aminata	1:20.69	327
50m: 38.07 38.07	100m: 1:20.69 42.62		
15. Manuel Bernardo Castro	02 Sporting	1:21.59	316
50m: 38.41 38.41	100m: 1:21.59 43.18		
EXH Nicolae Iachimovschi	03 Amadora	1:25.33	276
50m: 39.56 39.56	100m: 1:25.33 45.77		

Torneio Zonal de Infantis (Zona Sul)
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Prova 15

Femin., 200m Mariposa

Infantis

19-03-2016 - 17:10

Resultados

Recordes Nacionais 25m Absoluto	2:08.54	Sara Freitas Oliveira	POR	Dubai (UAE)	15-12-2010
Recordes Nacionais 25m Inf B	2:31.64	Raquel Maria Felgueiras	SCB	Algés	09-05-1992
Recordes Nacionais 25m Inf A	2:25.40	Raquel Maria Felgueiras	SCB	Vila do Conde	30-05-1993

TAC-INFAFem Inf A: 2:57.00 / TAC-INFBFem Inf B: 3:09.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Lidiana Correia Rodrigues	04	Individual ANL	2:48.43		358
	50m: 37.54 37.54	100m: 1:20.41 42.87	150m: 2:05.61 45.20	200m: 2:48.43 42.82		
2.	Alice Jesus Morgado	04	Vialonga	2:51.03		342
	50m: 36.35 36.35	100m: 1:19.47 43.12	150m: 2:04.41 44.94	200m: 2:51.03 46.62		
3.	Constanca Alexandra Silva	04	Pimpoes/Cimai	2:54.45		322
	50m: 37.38 37.38	100m: 1:22.57 45.19	150m: 2:09.75 47.18	200m: 2:54.45 44.70		
4.	Rita Santos Boioes	04	Natacao do Montijo	2:55.12		318
	50m: 38.14 38.14	100m: 1:22.20 44.06	150m: 2:08.86 46.66	200m: 2:55.12 46.26		
5.	Carolina Porem Henriques	04	Amadora	2:57.15		307
	50m: 40.03 40.03	100m: 1:25.53 45.50	150m: 2:12.54 47.01	200m: 2:57.15 44.61		

Infantis A

1.	Joana Ribeiro Martins	03	Benfica	2:29.48		512
	50m: 32.20 32.20	100m: 1:10.02 37.82	150m: 1:49.62 39.60	200m: 2:29.48 39.86		
2.	Sara Moura Cruz	03	Alges	2:32.30		484
	50m: 32.82 32.82	100m: 1:10.67 37.85	150m: 1:50.94 40.27	200m: 2:32.30 41.36		
3.	Julia Caldeira Ferreira	03	Naval do Funchal	2:37.58		437
	50m: 34.59 34.59	100m: 1:13.96 39.37	150m: 1:55.70 41.74	200m: 2:37.58 41.88		
4.	Luana Pinto Domingues	03	Ba/Bomcar	2:39.93		418
	50m: 35.11 35.11	100m: 1:15.31 40.20	150m: 1:57.42 42.11	200m: 2:39.93 42.51		
5.	Sofia Peres Ferrao	03	Vialonga	2:41.07		409
	50m: 35.76 35.76	100m: 1:17.11 41.35	150m: 1:59.75 42.64	200m: 2:41.07 41.32		
6.	Beatriz Quintao Amantes	03	Uniao Piedense	2:47.95		361
	50m: 35.89 35.89	100m: 1:18.72 42.83	150m: 2:03.27 44.55	200m: 2:47.95 44.68		
7.	Francisca Santos Clemente	03	Ba/Bomcar	2:48.59		357
	50m: 36.53 36.53	100m: 1:18.23 41.70	150m: 2:03.12 44.89	200m: 2:48.59 45.47		
8.	Renata Simoes Rato	03	Nautico Marinha Grande	2:52.99		330
	50m: 37.13 37.13	100m: 1:19.26 42.13	150m: 2:05.75 46.49	200m: 2:52.99 47.24		
9.	Patricia Abreu Seong	03	FC Ferreiras	2:55.02		319
	50m: 39.37 39.37	100m: 1:23.40 44.03	150m: 2:09.46 46.06	200m: 2:55.02 45.56		

Torneio Zonal de Infantis (Zona Sul)
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Prova 16

Masc., 100m Mariposa

Infantis

19-03-2016 - 17:20

Resultados

Recordes Nacionais 25m Absoluto	51.45	Diogo Filipe Carvalho	POR	Estocolmo (SWE)	11-11-2009
Recordes Nacionais 25m Inf B	1:01.78	Fabio Parrilha da Silva	CNAL	Penafiel	01-04-2000
Recordes Nacionais 25m Inf A	59.56	Fabio Parrilha da Silva	CNAL	Leiria	07-04-2001

TAC-INFAMasc Inf A: 1:12.60 / TAC-INFBMasc Inf B: 1:17.50

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Pedro Afonso Sousa	03	Desportivo Nacional	1:04.91		415
	50m: 30.67 30.67	100m:	1:04.91 34.24			
2.	Antonio Guerra Marreiros	03	Alges	1:07.82		364
	50m: 31.43 31.43	100m:	1:07.82 36.39			
3.	Afonso Gomes Mestre	03	Tavira Natacao	1:07.99		361
	50m: 31.29 31.29	100m:	1:07.99 36.70			
4.	Luis Cabral Junior	03	Belenenses	1:09.32		341
	50m: 30.57 30.57	100m:	1:09.32 38.75			
5.	Afonso Filipe Costa	03	Naval da Nazare	1:10.96		318
	50m: 32.67 32.67	100m:	1:10.96 38.29			
6.	Rui Afonso Fernandes	03	Desportivo Nacional	1:11.13		315
	50m: 32.83 32.83	100m:	1:11.13 38.30			
7.	Pedro Miguel Boavida	03	Natacao de Olhao	1:11.71		308
	50m: 33.47 33.47	100m:	1:11.71 38.24			
8.	Rodrigo Reis Dias	03	Belenenses	1:13.06		291
	50m: 33.17 33.17	100m:	1:13.06 39.89			
9.	Martinus Almeida Boom	03	Natacao de Faro	1:15.18		267
	50m: 34.94 34.94	100m:	1:15.18 40.24			
10.	Tomas Miguel Felicio	03	Rio Maior	1:16.96		249
	50m: 35.02 35.02	100m:	1:16.96 41.94			

Infantis A

1.	Vicente Oliveira Gomes	02	Sporting	1:01.96		477
	50m: 29.28 29.28	100m:	1:01.96 32.68			
2.	Ruy Manuel Domingos	02	Sporting	1:03.92		435
	50m: 30.38 30.38	100m:	1:03.92 33.54			
3.	Rafael Rodrigues Jacinto	02	Belenenses	1:04.22		429
	50m: 30.08 30.08	100m:	1:04.22 34.14			
4.	Marco Antonio Costa	02	Natacao Guarda	1:05.07		412
	50m: 30.69 30.69	100m:	1:05.07 34.38			
5.	Diogo Nuno Valente	02	Sporting	1:05.20		410
	50m: 30.67 30.67	100m:	1:05.20 34.53			
6.	Duarte Nunes Sequeira	02	Natacao de Lagos	1:05.29		408
	50m: 30.35 30.35	100m:	1:05.29 34.94			

Torneio Zonal de Infantis (Zona Sul)
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Prova 16, Masc., 100m Mariposa, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
7.	Pedro Miguel Pinto	02	Fisica Torres Vedras	1:06.69		383
	50m: 30.92 30.92	100m:	1:06.69 35.77			
8.	Goncalo Morais Gordo	02	Colegio Monte Maior	1:06.98		378
	50m: 31.37 31.37	100m:	1:06.98 35.61			
9.	Bernardo Geada Brito	02	Naval Amorense	1:07.34		372
	50m: 31.14 31.14	100m:	1:07.34 36.20			
10.	Joao Miguel Martins	02	Belenenses	1:08.14		359
	50m: 31.70 31.70	100m:	1:08.14 36.44			
11.	Simao Pedro Dias	02	Natacao Guarda	1:08.36		355
	50m: 31.34 31.34	100m:	1:08.36 37.02			
12.	Tomas Galvao Lourenco	02	Natacao de Olhao	1:08.47		354
	50m: 31.62 31.62	100m:	1:08.47 36.85			
13.	David Alexandre Rebelo	02	Nautico Marinha Grande	1:09.10		344
	50m: 31.81 31.81	100m:	1:09.10 37.29			
14.	Joao Miguel Vasco	02	Naval da Nazare	1:09.15		343
	50m: 32.72 32.72	100m:	1:09.15 36.43			
15.	Manuel Landeiro Alves	02	Naval Praia da Vitoria	1:09.58		337
	50m: 32.31 32.31	100m:	1:09.58 37.27			
16.	Joao Garcez Mateus	02	Desporto de Setubal	1:10.70		321
	50m: 32.71 32.71	100m:	1:10.70 37.99			
17.	Joao Jesus Silva	02	Juventude Atlantico	1:11.32		313
	50m: 33.28 33.28	100m:	1:11.32 38.04			
18.	Afonso Pinto Alves	02	Naval do Funchal	1:11.36		312
	50m: 33.43 33.43	100m:	1:11.36 37.93			
19.	Diogo Garcez Mateus	02	Desporto de Setubal	1:12.30		300
	50m: 33.05 33.05	100m:	1:12.30 39.25			
20.	Fernando Guerreiro Graca	02	Naval do Funchal	1:13.07		291
	50m: 33.73 33.73	100m:	1:13.07 39.34			

Torneio Zonal de Infantis (Zona Sul)
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Prova 17

Femin., 4 x 100m Estilos

Infantis

19-03-2016 - 17:40

Resultados

Recordes Nacionais 25m Absoluto	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	4:57.35	Grupo Desp. Natacao V. N. FamalicGDNVNF		Ponte da Barca	06-03-2010
Recordes Nacionais 25m Inf A	4:40.29	Grupo Desp. Natacao V. N. FamalicGDNVNF		Viseu	12-03-2011

TAC-INF AFem Inf A: 5:37.00 / TAC-INF BFem Inf B: 5:53.00

Pontos: FINA 2015

Lugar				Clube			Tempo Final	TReac	Pts
Infantis B									
1.	Alges-INF B			Alges			5:18.19		356
	Aleksandra Bozanic Borcic	04	40.98	1:23.56	Leonor Alves Morganho	04	35.74	1:18.62	
	Maria Gomes Pereira	04	37.88	1:20.90	Beatriz Costa Melo	04	35.95	1:15.11	
2.	Geslours-INF B			Geslours			5:21.93		343
	Sofia Vilardell Rodrigues	04	39.14	1:20.58	Maria Ferreira Moura	04	34.21	1:13.11	
	Catarina Nunes Costa	04	45.30	1:34.33	Carolina Osorio Brasao	04	34.14	1:13.91	
3.	Albicastrense-INF B			Albicastrense			5:22.07		343
	Alice Sequeira Marques	04	39.70	1:22.87	Maria Alexandra Marques	04	35.87	1:19.76	
	Ines Louro Silva	04	39.68	1:24.35	Ana Rita Goncalves	04	35.43	1:15.09	
4.	Ba/Bomcar-INF B			Ba/Bomcar			5:25.10		333
	Maria Lopes Amado	04	35.96	1:13.40	Laura Macedo Lagoa	04	39.77	1:23.33	
	Bruna Alexandra Gomes	04	44.46	1:34.95	Maria Martim Coutinho	04	34.35	1:13.42	
5.	Sporting-INF B			Sporting			5:26.97		328
	Marta Macedo Inacio	04	39.58	1:21.81	Ana Costa Goncalves	04	37.29	1:21.11	
	Madalena Graca Geraldies	04	43.37	1:33.25	Joana Maia Antunes	04	33.29	1:10.80	
6.	Pimpoes/Cimai-INF B			Pimpoes/Cimai			5:32.30		312
	Constanca Alexandra Silva	04	36.43	1:16.38	Angela Jacinto Henriques	04	40.11	1:29.15	
	Ana Correia Sousa	04	40.77	1:28.71	Beatriz Gomes Miguel	04	36.39	1:18.06	
7.	Natacao do Montijo-INF B			Natacao do Montijo			5:35.56		303
	Sara Alexandra Castro	04	38.86	1:21.46	Rita Santos Boioes	04	36.62	1:20.49	
	Alice Castico Moreira	04	43.70	1:32.82	Margarida Mendes Bras	04	38.14	1:20.79	
8.	Naval Amorense-INF B			Naval Amorense			5:37.79		297
	Marta Silva Figueiredo	04	42.69	1:28.69	Rafaela Salsinha Fontes	04	39.15	1:26.41	
	Marta Pereira Domingos	04	40.31	1:24.98	Sara Vitoria Gomes	04	36.62	1:17.71	
9.	Colegio Vasco da Gama-INF B			Colegio Vasco da Gama			5:44.01		281
	Margarida Carvalho Barao	04	42.60	1:28.72	Barbara Almeida Ribeiro	04	38.51	1:25.93	
	Andreia Santos Silva	04	46.26	1:36.71	Daniela Alexandra Pedro	04	34.08	1:12.65	
10.	20Km de Almeirim-INF B			20Km de Almeirim			5:45.62		277
	Joana Margarida Sousa	04	41.96	1:26.43	Madalena Sofia Castelo	04	40.42	1:29.07	
	Gabriela Graco Duarte	04	44.49	1:36.39	Beatriz Staiger Bento	04	34.24	1:13.73	

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Prova 17, Femin., 4 x 100m Estilos

Infantis A

1.	Naval do Funchal-INF A			Naval do Funchal	4:53.74		452
	Marta Romao Sa	03	37.32	Julia Caldeira Ferreira	03	33.30	1:10.72
	Ana Catarina Fernandes	03	37.70	Ana Margarida Betencourt	03	31.07	1:06.60
2.	Ba/Bomcar-INF A			Ba/Bomcar	5:00.42		423
	Sara Santos Lopes	03	37.75	Francisca Santos Clemente	03	33.38	1:14.30
	Luana Pinto Domingues	03	39.70	Ines Filipa Jacinto	03	31.24	1:05.51
3.	Sporting-INF A			Sporting	5:02.68		413
	Filipa Ramos Peixeira	03	32.34	Joana Sousa Almeida	03	35.33	1:18.92
	Mafalda Viegas Cruz	03	41.76	Barbara Silva Viegas	03	32.31	1:07.55
4.	Alges-INF A			Alges	5:04.43		406
	Maria Ines Ribeiro	03	38.43	Catarina Guimaraes Moreira	03	35.32	1:17.87
	Sara Moura Cruz	03	37.09	Sophia Rose Taylor	03	32.58	1:07.70
5.	Nautico Marinha Grande-INF A			Nautico Marinha Grande	5:10.15		384
	Mariana Azevedo Cruz	03	40.15	Renata Simoes Rato	03	35.27	1:17.10
	Ines Sofia Esteves	03	39.59	Ines Oliveira Andre	03	31.81	1:06.70
6.	FC Ferreiras-INF A			FC Ferreiras	5:11.48		379
	Dana Alexia Cantiru	03	36.86	Patricia Abreu Seong	03	35.83	1:18.48
	Melissa Sousa Vilarinho	03	40.68	Ana Cabral Silva	03	32.77	1:08.22
7.	Geslours-INF A			Geslours	5:13.57		372
	Barbara Sofia Amaral	03	37.59	Claudia Beatriz Martins	03	37.86	1:23.81
	Daniela Mascarenhas Henriques	03	40.44	Beatriz Vaz Rebelo	03	32.15	1:06.06
8.	Benfica-INF A			Benfica	5:19.32		352
	Beatriz Picanco Martins	03	37.68	Joana Ribeiro Martins	03	32.60	1:10.10
	Rafaela Sofia Silva	03	45.68	Filipa Alexandra Henriques	03	34.92	1:13.61
9.	Vialonga-INF A			Vialonga	5:21.45		345
	Mariana Alexandra Santos	03	40.13	Sofia Peres Ferrao	03	35.39	1:16.32
	Leonor Maria Neves	03	41.65	Bruna Simoes Inacio	03	34.06	1:12.23
10.	Bombeiros Ponta Delgada-INF A			Bombeiros Ponta Delgada	5:21.96		343
	Beatriz Almeida Carvalho	03	36.30	Madalena Almeida Santos	03	36.40	1:20.50
	Julia Medeiros Seixas	03	42.74	Maria Joao Bento	03	34.67	1:12.07
11.	Fisica Torres Vedras-INF A			Fisica Torres Vedras	5:24.85		334
	Leonor Sequeira Barardo	03	39.97	Ema Jeronimo Conceicao	03	36.77	1:20.24
	Tatiana Valentim Oliveira	03	41.30	Laura Morais Marques	03	35.96	1:14.83
12.	Naval Setubalense-INF A			Naval Setubalense	5:27.76		325
	Raquel Pereira Pinto	03	39.38	Mariana Banca Ferreira	03	38.58	1:24.33
	Ana Margarida Soares	03	44.22	Catarina Ines Correia	03	33.12	1:08.62
DSQ	Pimpoes/Cimai-INF A			Pimpoes/Cimai			
	<i>612 - Perdeu posição dorsal após a viragem aos 75 metros SW 6.2</i>						
	Ines Apolinario Soares, Mariana Alves Barbosa, Maria Campos Caiado, Constanca Mendes Gomes						
DSQ	CCDSerta-INF A			CCDSerta			
	<i>724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 125 m - SW 7.6</i>						
	Laura Andre Catarino	03	37.21	Carolina Martins Ribeiro	03		
	Marta Filipa Matias	03		Leonor Santos Ribeiro	03		

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Prova 17, Femin., 4 x 100m Estilos

EXH	Louletano / Loule Concelho-INF B			Louletano / Loule Concelho	5:27.13		327
	Selena Vant	04	38.16	Mariana Pereira Mendes	04	37.84	1:22.32
	Gabriela Borozan	04	42.72	Matilde Fialho Conceicao	04	36.27	1:15.04

Prova 18

Masc., 4 x 100m Livres

Infantis

19-03-2016 - 18:05

Resultados

Recordes Nacionais 25m Absoluto	3:17.44	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	4:05.06	Grupo Desp. Natacao V. N. FamalicGDNVNF		Vila Praia Ancora	28-06-2013
Recordes Nacionais 25m Inf A	3:48.35	Grupo Desp. Natacao V. N. FamalicGDNVNF		Cantanhede	29-03-2014

TAC-INFAMasc Inf A: 4:32.00 / TAC-INFBMasc Inf B: 4:43.00

Pontos: FINA 2015

Lugar	Clube				Tempo Final	TReac	Pts	
Infantis B								
1.	Alges-INF B		Alges		4:22.95		338	
	Bernardo Araujo Freire	03	33.15	1:09.78	Ricardo Novikov	03	29.06	1:01.11
	Antonio Guerra Marreiros	03	29.22	1:02.46	Tomas Almeida Leitao	03	33.03	1:09.60
2.	Viver Santarem-INF B		Viver Santarem		4:24.07		334	
	Guilherme Pereira Coutinho	03	31.63	1:05.36	Afonso Miguel Silva	03	32.47	1:09.34
	Luis Afonso Lopes	03	32.06	1:06.34	Rui Chagas Alves	03	29.66	1:03.03
3.	Naval de Ponta Delgada-INF B		Naval de Ponta Delgada		4:35.84		293	
	Rafael Braga Borges	03	32.13	1:08.22	Nuno Antonio Gomes	03	32.73	1:09.63
	Hugo Miguel Faria	03	33.02	1:09.34	Joao Pedro Santos	03	32.08	1:08.65
4.	Belenenses-INF B		Belenenses		4:36.16		292	
	Rodrigo Reis Dias	03	31.85	1:07.26	Luis Cabral Junior	03	30.61	1:04.80
	Pedro Pires Gomes	03	34.96	1:13.73	Guilherme Guerreiro Sousa	03	33.20	1:10.37

Infantis A

1.	Sporting-INF A			Sporting		3:56.10		467
	Ruy Manuel Domingos	02	28.83	59.58	Vicente Oliveira Gomes	02	28.32	59.41
	Diogo Nuno Valente	02	27.20	57.77	Martim Rebelo Malfeito	02	28.56	59.34
2.	Belenenses-INF A			Belenenses		3:58.34		454
	Rafael Rodrigues Jacinto	02	28.35	58.87	Joao Miguel Martins	02	29.40	1:01.39
	Daniel Rodrigues Alves	02	29.02	1:00.91	Rafael Moreira Oliveira	02	27.08	57.17
3.	Alges-INF A			Alges		4:00.98		440
	Hugo Nunes Magalhaes	02	29.05	1:00.58	Tomas Penha Monteiro	02	27.62	58.02
	Henrique Chan Machado	02	28.90	1:00.90	Tiago Leite Barreiros	02	29.06	1:01.48
4.	Naval do Funchal-INF A			Naval do Funchal		4:02.53		431
	Pedro Freitas Oliveira	02	29.06	1:00.78	Andre Portugal Deus	02	27.28	56.85
	Diogo Henrique Pita	02	29.27	1:02.00	Fernando Guerreiro Graca	02	29.74	1:02.90
5.	Geslours-INF A			Geslours		4:09.75		395
	Afonso Amaro Santos	02	30.59	1:03.25	Francisco Alves Souza	02	30.52	1:04.16
	Francisco Padilla Correia	02	30.46	1:03.22	Martim Primavera Alfama	02	28.20	59.12
6.	Colegio Monte Maior-INF A			Colegio Monte Maior		4:11.69		386
	Diogo Santos Costa	02	27.80	57.34	Goncalo Morais Gordo	02	29.65	1:03.07
	Joao Silva Bernardo	02	31.33	1:05.12	Rodrigo Neves Pacheco	02	31.45	1:06.16

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Prova 18, Masc., 4 x 100m Livres, Infantis A

Lugar	Clube	Tempo Final	TReac	Pts
7. Nautico Marinha Grande-INF A	Nautico Marinha Grande	4:18.07		358
David Alexandre Rebelo 02 29.67	Diogo Azevedo Cruz 02 30.21			1:03.28
Miguel Vicente Silva 02 31.23	Pedro Piteira Gaiolas 02 31.65			1:05.97
8. Ba/Bomcar-INF A	Ba/Bomcar	4:22.32		341
Pedro Vilas Ruivo 02 28.72	Lucas Guarda Moniz 02 30.02			1:02.65
Tiago Rafael Goncalves 02 34.22	Manuel Maria Frois 02 31.72			1:08.07
9. Aminata-INF A	Aminata	4:24.98		331
Joao Miguel Faias 02 30.89	Rodrigo Miguel Alves 02 30.86			1:07.64
Joao Pedro Paiva 02 32.13	Joao Filipe Calcona 02 30.99			1:05.56
DSQ Bombeiros Estoris-INF A	Bombeiros Estoris			
<i>111 - Rendição antecipada do(a) 3 nadador(a) - SW 10.11</i>				
Pedro Alves Martinho 02 28.85	Pedro Picoto Garcia 02			
Goncalo Francisco Neves 02 29.97	Guilherme Neto Ferreira 02			

Prova 19 Masc., 1500m Livres

20-03-2016 - 9:00

Infantis
Resultados

Recordes Nacionais 25m Absoluto	15:00.65	Rafael Lourenco Gil	SFUAP	Porto	13-12-2015
Recordes Nacionais 25m Inf B	17:11.29	Andre Vilas Ruivo	DNMG	Leiria	03-03-2013
Recordes Nacionais 25m Inf A	16:13.14	Andre Vilas Ruivo	DNMG	Campo Maior	30-03-2014

TAC-INFAMasc Inf A: 19:22.00 / TAC-INFBMasc Inf B: 20:08.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Afonso Filipe Costa	03	Naval da Nazare	18:40.18		437
	50m: 33.96 33.96	450m: 5:32.09 37.08	850m: 10:32.88 37.83	1250m: 15:36.15 38.30		
	100m: 1:10.64 36.68	500m: 6:09.62 37.53	900m: 11:09.84 36.96	1300m: 16:13.40 37.25		
	150m: 1:47.98 37.34	550m: 6:46.73 37.11	950m: 11:48.20 38.36	1350m: 16:51.48 38.08		
	200m: 2:25.15 37.17	600m: 7:25.48 38.75	1000m: 12:25.92 37.72	1400m: 17:29.34 37.86		
	250m: 3:01.64 36.49	650m: 8:03.12 37.64	1050m: 13:02.90 36.98	1450m: 18:06.24 36.90		
	300m: 3:40.06 38.42	700m: 8:41.29 38.17	1100m: 13:41.88 38.98	1500m: 18:40.18 33.94		
	350m: 4:16.85 36.79	750m: 9:17.71 36.42	1150m: 14:19.54 37.66			
	400m: 4:55.01 38.16	800m: 9:55.05 37.34	1200m: 14:57.85 38.31			
2.	Ricardo Novikov	03	Alges	18:59.99		414
	50m: 33.19 33.19	450m: 5:38.82 38.19	850m: 10:45.40 38.51	1250m: 15:50.02 38.39		
	100m: 1:10.53 37.34	500m: 6:16.78 37.96	900m: 11:23.59 38.19	1300m: 16:29.53 39.51		
	150m: 1:49.16 38.63	550m: 6:54.98 38.20	950m: 12:01.07 37.48	1350m: 17:08.06 38.53		
	200m: 2:27.89 38.73	600m: 7:33.29 38.31	1000m: 12:39.05 37.98	1400m: 17:45.63 37.57		
	250m: 3:05.84 37.95	650m: 8:11.26 37.97	1050m: 13:16.88 37.83	1450m: 18:22.60 36.97		
	300m: 3:44.23 38.39	700m: 8:49.68 38.42	1100m: 13:54.89 38.01	1500m: 18:59.99 37.39		
	350m: 4:22.47 38.24	750m: 9:28.00 38.32	1150m: 14:33.30 38.41			
	400m: 5:00.63 38.16	800m: 10:06.89 38.89	1200m: 15:11.63 38.33			

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Prova 19, Masc., 1500m Livres, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
3.	Duarte Silva Taleigo	03	Amadora	19:14.83		398
	50m: 33.14 33.14	450m: 5:43.46 39.55	850m: 10:54.98 39.33	1250m: 16:05.30 38.05		
	100m: 1:10.93 37.79	500m: 6:22.37 38.91	900m: 11:33.62 38.64	1300m: 16:43.92 38.62		
	150m: 1:49.53 38.60	550m: 7:01.25 38.88	950m: 12:13.13 39.51	1350m: 17:22.56 38.64		
	200m: 2:28.70 39.17	600m: 7:40.26 39.01	1000m: 12:51.78 38.65	1400m: 18:00.98 38.42		
	250m: 3:07.11 38.41	650m: 8:18.96 38.70	1050m: 13:31.14 39.36	1450m: 18:39.18 38.20		
	300m: 3:45.98 38.87	700m: 8:58.04 39.08	1100m: 14:10.03 38.89	1500m: 19:14.83 35.65		
	350m: 4:24.86 38.88	750m: 9:37.12 39.08	1150m: 14:48.71 38.68			
	400m: 5:03.91 39.05	800m: 10:15.65 38.53	1200m: 15:27.25 38.54			
4.	Rodrigo Reis Dias	03	Belenenses	19:33.48		380
	50m: 35.42 35.42	450m: 5:48.85 38.62	850m: 11:01.55 39.50	1250m: 16:20.16 40.20		
	100m: 1:14.62 39.20	500m: 6:27.55 38.70	900m: 11:41.45 39.90	1300m: 16:59.98 39.82		
	150m: 1:53.70 39.08	550m: 7:06.40 38.85	950m: 12:21.28 39.83	1350m: 17:39.54 39.56		
	200m: 2:33.16 39.46	600m: 7:44.98 38.58	1000m: 13:01.49 40.21	1400m: 18:18.86 39.32		
	250m: 3:12.72 39.56	650m: 8:23.71 38.73	1050m: 13:41.38 39.89	1450m: 18:57.80 38.94		
	300m: 3:52.41 39.69	700m: 9:03.33 39.62	1100m: 14:20.87 39.49	1500m: 19:33.48 35.68		
	350m: 4:31.45 39.04	750m: 9:42.79 39.46	1150m: 15:00.34 39.47			
	400m: 5:10.23 38.78	800m: 10:22.05 39.26	1200m: 15:39.96 39.62			
5.	Rui Afonso Fernandes	03	Desportivo Nacional	19:57.83		357
	50m: 34.26 34.26	450m: 5:51.40 40.47	850m: 11:17.71 41.03	1250m: 16:45.93 40.32		
	100m: 1:12.29 38.03	500m: 6:31.67 40.27	900m: 11:59.13 41.42	1300m: 17:25.99 40.06		
	150m: 1:52.07 39.78	550m: 7:12.46 40.79	950m: 12:38.85 39.72	1350m: 18:05.08 39.09		
	200m: 2:32.51 40.44	600m: 7:53.29 40.83	1000m: 13:20.92 42.07	1400m: 18:43.81 38.73		
	250m: 3:12.40 39.89	650m: 8:34.36 41.07	1050m: 14:01.77 40.85	1450m: 19:22.09 38.28		
	300m: 3:51.64 39.24	700m: 9:15.70 41.34	1100m: 14:43.20 41.43	1500m: 19:57.83 35.74		
	350m: 4:31.16 39.52	750m: 9:56.18 40.48	1150m: 15:25.00 41.80			
	400m: 5:10.93 39.77	800m: 10:36.68 40.50	1200m: 16:05.61 40.61			
6.	Pedro Pereira Cruz	03	Natacao de Olhao	19:58.18		357
	50m: 35.28 35.28	450m: 5:50.83 39.62	850m: 11:14.21 40.87	1250m: 16:41.92 41.04		
	100m: 1:13.43 38.15	500m: 6:31.57 40.74	900m: 11:54.89 40.68	1300m: 17:22.51 40.59		
	150m: 1:53.10 39.67	550m: 7:11.41 39.84	950m: 12:36.03 41.14	1350m: 18:02.69 40.18		
	200m: 2:32.11 39.01	600m: 7:51.66 40.25	1000m: 13:16.43 40.40	1400m: 18:42.19 39.50		
	250m: 3:12.17 40.06	650m: 8:31.99 40.33	1050m: 13:57.55 41.12	1450m: 19:20.95 38.76		
	300m: 3:51.64 39.47	700m: 9:11.74 39.75	1100m: 14:38.85 41.30	1500m: 19:58.18 37.23		
	350m: 4:31.15 39.51	750m: 9:52.73 40.99	1150m: 15:20.17 41.32			
	400m: 5:11.21 40.06	800m: 10:33.34 40.61	1200m: 16:00.88 40.71			
7.	Simao Vieira Camara	03	Sao Roque	20:07.21		349
	50m: 35.21 35.21	450m: 5:51.78 40.23	850m: 11:18.30 40.67	1250m: 16:46.92 40.97		
	100m: 1:14.13 38.92	500m: 6:32.08 40.30	900m: 11:59.68 41.38	1300m: 17:28.34 41.42		
	150m: 1:53.62 39.49	550m: 7:12.65 40.57	950m: 12:39.72 40.04	1350m: 18:08.79 40.45		
	200m: 2:32.96 39.34	600m: 7:53.33 40.68	1000m: 13:20.69 40.97	1400m: 18:50.41 41.62		
	250m: 3:12.79 39.83	650m: 8:34.43 41.10	1050m: 14:02.53 41.84	1450m: 19:31.03 40.62		
	300m: 3:52.57 39.78	700m: 9:15.88 41.45	1100m: 14:43.80 41.27	1500m: 20:07.21 36.18		
	350m: 4:32.01 39.44	750m: 9:56.64 40.76	1150m: 15:25.53 41.73			
	400m: 5:11.55 39.54	800m: 10:37.63 40.99	1200m: 16:05.95 40.42			

Infantis A

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 19, Masc., 1500m Livres, Infantis A

Lugar	Nome		Ano	Clube		Tempo Final	TReac	Pts
1.	Bernardo Jorge Simoes		02	Torres Novas		17:42.95		511
	50m: 33.28 33.28	450m: 5:15.96		34.64	850m: 10:01.56	35.66	1250m: 14:45.91	36.11
	100m: 1:07.37 34.09	500m: 5:51.50		35.54	900m: 10:36.37	34.81	1300m: 15:21.77	35.86
	150m: 1:42.47 35.10	550m: 6:27.21		35.71	950m: 11:12.15	35.78	1350m: 15:57.86	36.09
	200m: 2:18.46 35.99	600m: 7:03.17		35.96	1000m: 11:47.75	35.60	1400m: 16:32.77	34.91
	250m: 2:54.65 36.19	650m: 7:39.28		36.11	1050m: 12:23.09	35.34	1450m: 17:04.41	31.64
	300m: 3:30.51 35.86	700m: 8:14.83		35.55	1100m: 12:58.80	35.71	1500m: 17:42.95	38.54
	350m: 4:05.33 34.82	750m: 8:50.47		35.64	1150m: 13:34.78	35.98		
	400m: 4:41.32 35.99	800m: 9:25.90		35.43	1200m: 14:09.80	35.02		
2.	Pedro Vilas Ruivo		02	Ba/Bomcar		17:45.53		507
	50m: 33.11 33.11	450m: 5:16.35		35.44	850m: 10:02.43	35.77	1250m: 14:50.18	36.20
	100m: 1:08.26 35.15	500m: 5:51.87		35.52	900m: 10:38.42	35.99	1300m: 15:26.17	35.99
	150m: 1:43.63 35.37	550m: 6:27.48		35.61	950m: 11:14.34	35.92	1350m: 16:01.56	35.39
	200m: 2:18.88 35.25	600m: 7:03.46		35.98	1000m: 11:50.46	36.12	1400m: 16:37.09	35.53
	250m: 2:54.45 35.57	650m: 7:39.24		35.78	1050m: 12:26.40	35.94	1450m: 17:10.61	33.52
	300m: 3:29.97 35.52	700m: 8:15.18		35.94	1100m: 13:02.16	35.76	1500m: 17:45.53	34.92
	350m: 4:05.17 35.20	750m: 8:51.13		35.95	1150m: 13:38.09	35.93		
	400m: 4:40.91 35.74	800m: 9:26.66		35.53	1200m: 14:13.98	35.89		
3.	Tomas Penha Monteiro		02	Alges		18:07.40		477
	50m: 32.23 32.23	450m: 5:25.46		36.64	850m: 10:18.55	37.06	1250m: 15:08.82	35.81
	100m: 1:08.27 36.04	500m: 6:02.18		36.72	900m: 10:55.36	36.81	1300m: 15:45.43	36.61
	150m: 1:44.68 36.41	550m: 6:38.80		36.62	950m: 11:31.27	35.91	1350m: 16:21.33	35.90
	200m: 2:21.62 36.94	600m: 7:15.81		37.01	1000m: 12:07.72	36.45	1400m: 16:57.87	36.54
	250m: 2:58.18 36.56	650m: 7:52.43		36.62	1050m: 12:43.74	36.02	1450m: 17:34.04	36.17
	300m: 3:34.80 36.62	700m: 8:28.53		36.10	1100m: 13:19.64	35.90	1500m: 18:07.40	33.36
	350m: 4:11.13 36.33	750m: 9:04.62		36.09	1150m: 13:56.38	36.74		
	400m: 4:48.82 37.69	800m: 9:41.49		36.87	1200m: 14:33.01	36.63		
4.	Hugo Miguel Viegas		02	Natacao de Olhao		18:08.42		476
	50m: 33.27 33.27	450m: 5:25.33		36.68	850m: 10:17.90	36.73	1250m: 15:09.53	36.33
	100m: 1:09.10 35.83	500m: 6:02.07		36.74	900m: 10:54.68	36.78	1300m: 15:45.95	36.42
	150m: 1:45.35 36.25	550m: 6:38.45		36.38	950m: 11:31.30	36.62	1350m: 16:21.89	35.94
	200m: 2:22.35 37.00	600m: 7:15.31		36.86	1000m: 12:07.66	36.36	1400m: 16:58.38	36.49
	250m: 2:59.02 36.67	650m: 7:52.05		36.74	1050m: 12:44.12	36.46	1450m: 17:34.69	36.31
	300m: 3:35.55 36.53	700m: 8:27.97		35.92	1100m: 13:20.51	36.39	1500m: 18:08.42	33.73
	350m: 4:11.98 36.43	750m: 9:04.38		36.41	1150m: 13:57.06	36.55		
	400m: 4:48.65 36.67	800m: 9:41.17		36.79	1200m: 14:33.20	36.14		
5.	Manuel Landeiro Alves		02	Naval Praia da Vitoria		18:19.71		461
	50m: 31.55 31.55	450m: 5:25.08		37.22	850m: 10:21.26	37.33	1250m: 15:19.65	36.74
	100m: 1:07.46 35.91	500m: 6:01.78		36.70	900m: 10:58.10	36.84	1300m: 15:57.04	37.39
	150m: 1:43.89 36.43	550m: 6:39.17		37.39	950m: 11:34.93	36.83	1350m: 16:34.23	37.19
	200m: 2:20.52 36.63	600m: 7:15.79		36.62	1000m: 11:38.56	3.63	1400m: 17:10.84	36.61
	250m: 2:57.30 36.78	650m: 7:52.87		37.08	1050m: 12:50.01	1:11.45	1450m: 17:46.86	36.02
	300m: 3:34.03 36.73	700m: 8:30.02		37.15	1100m: 13:27.84	37.83	1500m: 18:19.71	32.85
	350m: 4:10.95 36.92	750m: 9:06.78		36.76	1150m: 14:05.34	37.50		
	400m: 4:47.86 36.91	800m: 9:43.93		37.15	1200m: 14:42.91	37.57		
6.	Francisco Alves Souza		02	Geslours		18:20.91		460
	50m: 32.35 32.35	450m: 5:22.67		36.14	850m: 10:15.95	37.25	1250m: 15:12.03	38.20
	100m: 1:08.67 36.32	500m: 5:59.03		36.36	900m: 10:52.88	36.93	1300m: 15:51.55	39.52
	150m: 1:44.78 36.11	550m: 6:35.31		36.28	950m: 11:29.70	36.82	1350m: 16:30.12	38.57
	200m: 2:21.54 36.76	600m: 7:11.85		36.54	1000m: 12:06.61	36.91	1400m: 17:08.39	38.27
	250m: 2:57.86 36.32	650m: 7:48.72		36.87	1050m: 12:42.84	36.23	1450m: 17:46.19	37.80
	300m: 3:34.01 36.15	700m: 8:25.77		37.05	1100m: 13:19.74	36.90	1500m: 18:20.91	34.72
	350m: 4:10.37 36.36	750m: 9:02.59		36.82	1150m: 13:56.69	36.95		
	400m: 4:46.53 36.16	800m: 9:38.70		36.11	1200m: 14:33.83	37.14		

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 19, Masc., 1500m Livres, Infantis A

Lugar	Nome		Ano	Clube	Tempo Final		TReac	Pts
7.	Pedro Freitas Oliveira		02	Naval do Funchal	18:21.21			460
	50m:	30.78 30.78	450m:	5:22.76 37.29	850m:	10:21.64 37.39	1250m:	15:20.38 36.74
	100m:	1:05.21 34.43	500m:	6:00.18 37.42	900m:	10:58.93 37.29	1300m:	15:57.41 37.03
	150m:	1:41.01 35.80	550m:	6:37.61 37.43	950m:	11:36.16 37.23	1350m:	16:34.30 36.89
	200m:	2:17.41 36.40	600m:	7:14.93 37.32	1000m:	12:13.37 37.21	1400m:	17:11.62 37.32
	250m:	2:54.10 36.69	650m:	7:52.40 37.47	1050m:	12:51.17 37.80	1450m:	17:47.27 35.65
	300m:	3:31.15 37.05	700m:	8:29.80 37.40	1100m:	13:29.08 37.91	1500m:	18:21.21 33.94
	350m:	4:08.28 37.13	750m:	9:06.98 37.18	1150m:	14:06.65 37.57		
	400m:	4:45.47 37.19	800m:	9:44.25 37.27	1200m:	14:43.64 36.99		
8.	David Alexandre Rebelo		02	Nautico Marinha Grande	18:49.56			426
	50m:	31.74 31.74	450m:	5:39.40 38.64	850m:	10:40.53 38.00	1250m:	15:45.40 37.48
	100m:	1:09.47 37.73	500m:	6:17.57 38.17	900m:	11:18.40 37.87	1300m:	16:22.69 37.29
	150m:	1:47.85 38.38	550m:	6:55.74 38.17	950m:	11:56.71 38.31	1350m:	17:00.60 37.91
	200m:	2:25.83 37.98	600m:	7:33.33 37.59	1000m:	12:34.66 37.95	1400m:	17:37.94 37.34
	250m:	3:05.30 39.47	650m:	8:09.86 36.53	1050m:	13:12.66 38.00	1450m:	18:14.99 37.05
	300m:	3:42.63 37.33	700m:	8:46.93 37.07	1100m:	13:51.16 38.50	1500m:	18:49.56 34.57
	350m:	4:22.18 39.55	750m:	9:24.49 37.56	1150m:	14:28.86 37.70		
	400m:	5:00.76 38.58	800m:	10:02.53 38.04	1200m:	15:07.92 39.06		
9.	Rodrigo Neves Pacheco		02	Colegio Monte Maior	18:55.38			419
	50m:	34.21 34.21	450m:	5:38.27 38.10	850m:	10:42.03 37.65	1250m:	15:46.56 38.09
	100m:	1:11.36 37.15	500m:	6:16.56 38.29	900m:	11:20.08 38.05	1300m:	16:24.34 37.78
	150m:	1:49.07 37.71	550m:	6:54.64 38.08	950m:	11:58.39 38.31	1350m:	17:02.31 37.97
	200m:	2:26.81 37.74	600m:	7:32.63 37.99	1000m:	12:36.14 37.75	1400m:	17:40.69 38.38
	250m:	3:05.03 38.22	650m:	8:10.37 37.74	1050m:	13:13.86 37.72	1450m:	18:19.18 38.49
	300m:	3:43.13 38.10	700m:	8:48.65 38.28	1100m:	13:52.04 38.18	1500m:	18:55.38 36.20
	350m:	4:21.66 38.53	750m:	9:26.58 37.93	1150m:	14:30.27 38.23		
	400m:	5:00.17 38.51	800m:	10:04.38 37.80	1200m:	15:08.47 38.20		
10.	Pedro Reis Rodrigues		02	Sao Roque	19:03.00			411
	50m:	33.06 33.06	450m:	5:38.95 38.29	850m:	10:48.97 38.88	1250m:	15:55.17 38.11
	100m:	1:10.28 37.22	500m:	6:17.75 38.80	900m:	11:27.91 38.94	1300m:	16:33.30 38.13
	150m:	1:48.19 37.91	550m:	6:56.60 38.85	950m:	12:06.76 38.85	1350m:	17:11.22 37.92
	200m:	2:26.08 37.89	600m:	7:35.24 38.64	1000m:	12:45.37 38.61	1400m:	17:49.04 37.82
	250m:	3:04.42 38.34	650m:	8:14.35 39.11	1050m:	13:23.45 38.08	1450m:	18:26.49 37.45
	300m:	3:42.97 38.55	700m:	8:52.82 38.47	1100m:	14:00.81 37.36	1500m:	19:03.00 36.51
	350m:	4:21.74 38.77	750m:	9:31.89 39.07	1150m:	14:38.92 38.11		
	400m:	5:00.66 38.92	800m:	10:10.09 38.20	1200m:	15:17.06 38.14		
11.	Simao Pedro Dias		02	Natacao Guarda	19:06.84			407
	50m:	31.40 31.40	450m:	5:26.71 38.12	850m:	10:40.43 39.14	1250m:	15:57.95 39.36
	100m:	1:06.38 34.98	500m:	6:04.86 38.15	900m:	11:19.74 39.31	1300m:	16:35.64 37.69
	150m:	1:43.14 36.76	550m:	6:43.26 38.40	950m:	12:00.24 40.50	1350m:	17:13.62 37.98
	200m:	2:19.94 36.80	600m:	7:22.67 39.41	1000m:	12:40.05 39.81	1400m:	17:53.30 39.68
	250m:	2:56.91 36.97	650m:	8:01.32 38.65	1050m:	13:19.36 39.31	1450m:	18:31.63 38.33
	300m:	3:33.86 36.95	700m:	8:40.98 39.66	1100m:	13:57.79 38.43	1500m:	19:06.84 35.21
	350m:	4:10.88 37.02	750m:	9:21.75 40.77	1150m:	14:38.48 40.69		
	400m:	4:48.59 37.71	800m:	10:01.29 39.54	1200m:	15:18.59 40.11		
12.	Miguel Vicente Silva		02	Nautico Marinha Grande	19:06.96			407
	50m:	33.18 33.18	450m:	5:37.17 36.42	850m:	10:45.47 38.81	1250m:	15:55.24 38.22
	100m:	1:10.43 37.25	500m:	6:14.68 37.51	900m:	11:24.08 38.61	1300m:	16:34.09 38.85
	150m:	1:48.73 38.30	550m:	6:53.39 38.71	950m:	12:03.14 39.06	1350m:	17:12.86 38.77
	200m:	2:26.70 37.97	600m:	7:32.10 38.71	1000m:	12:41.86 38.72	1400m:	17:51.50 38.64
	250m:	3:04.87 38.17	650m:	8:10.70 38.60	1050m:	13:21.38 39.52	1450m:	18:30.80 39.30
	300m:	3:43.18 38.31	700m:	8:49.34 38.64	1100m:	14:00.07 38.69	1500m:	19:06.96 36.16
	350m:	4:22.08 38.90	750m:	9:27.60 38.26	1150m:	14:38.64 38.57		
	400m:	5:00.75 38.67	800m:	10:06.66 39.06	1200m:	15:17.02 38.38		

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 19, Masc., 1500m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
13.	Diogo Azevedo Cruz	02	Nautico Marinha Grande	19:14.38		399
	50m: 31.95 31.95	450m: 5:38.34 38.30	850m: 10:46.53 39.96	1250m: 16:04.27 38.51		
	100m: 1:09.28 37.33	500m: 6:16.76 38.42	900m: 11:25.88 39.35	1300m: 16:43.89 39.62		
	150m: 1:47.48 38.20	550m: 6:54.78 38.02	950m: 12:06.45 40.57	1350m: 17:23.71 39.82		
	200m: 2:26.11 38.63	600m: 7:32.60 37.82	1000m: 12:45.69 39.24	1400m: 17:59.27 35.56		
	250m: 3:04.02 37.91	650m: 8:10.47 37.87	1050m: 13:25.65 39.96	1450m: 18:38.06 38.79		
	300m: 3:42.60 38.58	700m: 8:48.79 38.32	1100m: 14:05.81 40.16	1500m: 19:14.38 36.32		
	350m: 4:21.49 38.89	750m: 9:26.35 37.56	1150m: 14:45.88 40.07			
	400m: 5:00.04 38.55	800m: 10:06.57 40.22	1200m: 15:25.76 39.88			

Prova 20 Femin., 400m Livres Infantis
20-03-2016 - 10:00 Resultados

Recordes Nacionais 25m Absoluto	4:10.22	Diana Margarida Duraes	FCP	Porto	12-12-2015
Recordes Nacionais 25m Inf B	4:38.40	Filipa Vilas Ruivo	DNMG	Alcobaça	13-06-2009
Recordes Nacionais 25m Inf A	4:25.30	Alexandra Maria Silva	FCP	Porto	19-07-1980

TAC-INFAFem Inf A: 5:16.50 / TAC-INFBFem Inf B: 5:32.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Leonor Alves Morganho	04	Alges	4:57.66		489
	50m: 34.75 34.75	150m: 1:50.67 38.30	250m: 3:07.09 38.09	350m: 4:22.84 37.67		
	100m: 1:12.37 37.62	200m: 2:29.00 38.33	300m: 3:45.17 38.08	400m: 4:57.66 34.82		
2.	Carolina Jose Nascimento	04	Cultura e Desporto	5:10.14		432
	50m: 34.41 34.41	150m: 1:52.04 39.79	250m: 3:11.50 39.75	350m: 4:30.98 39.55		
	100m: 1:12.25 37.84	200m: 2:31.75 39.71	300m: 3:51.43 39.93	400m: 5:10.14 39.16		
3.	Ines Maria Monteiro	04	Naval Praia da Vitoria	5:12.82		421
	50m: 35.11 35.11	150m: 1:53.24 39.47	250m: 3:13.95 40.55	350m: 4:34.28 40.47		
	100m: 1:13.77 38.66	200m: 2:33.40 40.16	300m: 3:53.81 39.86	400m: 5:12.82 38.54		
4.	Leonor Esteves Santos	04	Avancado EUL	5:13.72		417
	50m: 35.23 35.23	150m: 1:54.21 39.92	250m: 3:14.62 40.10	350m: 4:35.32 40.30		
	100m: 1:14.29 39.06	200m: 2:34.52 40.31	300m: 3:55.02 40.40	400m: 5:13.72 38.40		
5.	Vera Figueiredo Narra	04	Amadora	5:16.07		408
	50m: 34.65 34.65	150m: 1:52.82 39.86	250m: 3:13.92 40.86	350m: 4:35.79 40.87		
	100m: 1:12.96 38.31	200m: 2:33.06 40.24	300m: 3:54.92 41.00	400m: 5:16.07 40.28		
6.	Maria Alexandra Marques	04	Albicastrense	5:16.31		407
	50m: 35.09 35.09	150m: 1:54.88 40.38	250m: 3:16.40 41.18	350m: 4:38.34 40.65		
	100m: 1:14.50 39.41	200m: 2:35.22 40.34	300m: 3:57.69 41.29	400m: 5:16.31 37.97		
7.	Beatriz Staiger Bento	04	20Km de Almeirim	5:17.80		401
	50m: 34.26 34.26	150m: 1:53.11 40.49	250m: 3:15.83 41.51	350m: 4:38.80 41.78		
	100m: 1:12.62 38.36	200m: 2:34.32 41.21	300m: 3:57.02 41.19	400m: 5:17.80 39.00		
8.	Marta Pereira Domingos	04	Naval Amorense	5:18.08		400
	50m: 34.61 34.61	150m: 1:54.98 40.92	250m: 3:16.21 39.38	350m: 4:39.05 40.62		
	100m: 1:14.06 39.45	200m: 2:36.83 41.85	300m: 3:58.43 42.22	400m: 5:18.08 39.03		
9.	Madalena Graca Gerales	04	Sporting	5:18.82		398
	50m: 35.35 35.35	150m: 1:55.45 40.40	250m: 3:17.39 40.98	350m: 4:39.84 41.53		
	100m: 1:15.05 39.70	200m: 2:36.41 40.96	300m: 3:58.31 40.92	400m: 5:18.82 38.98		

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 20, Femin., 400m Livres, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
10.	Margarida Borges Silva	04	Bombeiros Ponta Delgada	5:21.86		386
	50m: 34.49 34.49	150m: 1:55.09 41.18	250m: 3:17.83 41.70	350m: 4:41.76 42.17		
	100m: 1:13.91 39.42	200m: 2:36.13 41.04	300m: 3:59.59 41.76	400m: 5:21.86 40.10		
11.	Maria Joao Reis	04	Nautico Marinha Grande	5:24.31		378
	50m: 36.41 36.41	150m: 2:00.03 42.46	250m: 3:23.33 42.04	350m: 4:45.05 40.42		
	100m: 1:17.57 41.16	200m: 2:41.29 41.26	300m: 4:04.63 41.30	400m: 5:24.31 39.26		
12.	Filipa Tibo Figueiras	04	A Atletico Montemor	5:24.93		375
	50m: 36.93 36.93	150m: 1:58.65 41.40	250m: 3:22.23 41.89	350m: 4:45.91 41.71		
	100m: 1:17.25 40.32	200m: 2:40.34 41.69	300m: 4:04.20 41.97	400m: 5:24.93 39.02		
13.	Ana Miguel Seabra	04	Aminata	5:25.65		373
	50m: 36.06 36.06	150m: 1:56.75 41.15	250m: 3:19.30 41.30	350m: 4:44.63 41.93		
	100m: 1:15.60 39.54	200m: 2:38.00 41.25	300m: 4:02.70 43.40	400m: 5:25.65 41.02		
14.	Raquel Raposo Lopes	04	Nautica do Seixal	5:27.92		365
	50m: 36.31 36.31	150m: 1:58.55 42.07	250m: 3:23.70 42.80	350m: 4:47.26 41.60		
	100m: 1:16.48 40.17	200m: 2:40.90 42.35	300m: 4:05.66 41.96	400m: 5:27.92 40.66		
15.	Matilde Fialho Conceicao	04	Louletano / Loule Concelho	5:28.70		363
	50m: 37.84 37.84	150m: 2:00.05 41.79	250m: 3:25.13 42.30	350m: 4:49.37 41.82		
	100m: 1:18.26 40.42	200m: 2:42.83 42.78	300m: 4:07.55 42.42	400m: 5:28.70 39.33		
16.	Ana Beatriz Pereira	04	Salvaterra de Magos	5:31.98		352
	50m: 36.18 36.18	150m: 1:57.81 41.88	250m: 3:23.78 43.44	350m: 4:51.84 44.71		
	100m: 1:15.93 39.75	200m: 2:40.34 42.53	300m: 4:07.13 43.35	400m: 5:31.98 40.14		
17.	Leonor Santos Jesus	04	Natacao de Olhao	5:34.90		343
	50m: 36.27 36.27	150m: 2:00.45 42.95	250m: 3:27.44 42.86	350m: 4:55.11 44.26		
	100m: 1:17.50 41.23	200m: 2:44.58 44.13	300m: 4:10.85 43.41	400m: 5:34.90 39.79		

Infantis A

1.	Mafalda Sofia Rosa	03	Rio Maior	4:39.54		590
	50m: 31.94 31.94	150m: 1:40.65 34.80	250m: 2:51.92 35.84	350m: 4:03.86 35.97		
	100m: 1:05.85 33.91	200m: 2:16.08 35.43	300m: 3:27.89 35.97	400m: 4:39.54 35.68		
2.	Joana Ribeiro Martins	03	Benfica	4:42.96		569
	50m: 32.06 32.06	150m: 1:42.67 35.84	250m: 2:55.31 36.09	350m: 4:07.97 36.23		
	100m: 1:06.83 34.77	200m: 2:19.22 36.55	300m: 3:31.74 36.43	400m: 4:42.96 34.99		
3.	Beatriz Picanco Martins	03	Benfica	4:48.26		538
	50m: 32.44 32.44	150m: 1:46.17 37.34	250m: 3:01.08 37.09	350m: 4:14.95 36.76		
	100m: 1:08.83 36.39	200m: 2:23.99 37.82	300m: 3:38.19 37.11	400m: 4:48.26 33.31		
4.	Ines Asseiceira Ramos	03	Torres Novas	4:48.27		538
	50m: 32.59 32.59	150m: 1:44.62 36.59	250m: 2:58.58 37.22	350m: 4:12.66 36.96		
	100m: 1:08.03 35.44	200m: 2:21.36 36.74	300m: 3:35.70 37.12	400m: 4:48.27 35.61		
5.	Mariana Marques Mercedes	03	Olivais e Moscavide	4:48.40		537
	50m: 32.28 32.28	150m: 1:44.97 37.39	250m: 3:00.33 37.26	350m: 4:15.74 37.41		
	100m: 1:07.58 35.30	200m: 2:23.07 38.10	300m: 3:38.33 38.00	400m: 4:48.40 32.66		
6.	Beatriz Moreira Carvalho	03	Rio Maior	4:57.19		491
	50m: 33.05 33.05	150m: 1:46.23 37.39	250m: 3:02.91 38.79	350m: 4:19.34 38.20		
	100m: 1:08.84 35.79	200m: 2:24.12 37.89	300m: 3:41.14 38.23	400m: 4:57.19 37.85		

Torneio Zonal de Infantis (Zona Sul)
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Prova 20, Femin., 400m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
7.	Ema Jeronimo Conceicao	03	Fisica Torres Vedras	4:58.57		484
	50m: 33.47 33.47	150m: 1:49.88 38.76	250m: 3:06.38 38.37	350m: 4:23.22 38.65		
	100m: 1:11.12 37.65	200m: 2:28.01 38.13	300m: 3:44.57 38.19	400m: 4:58.57 35.35		
8.	Maria Crista Jesus	03	Louletano / Loule Concelho	4:59.10		482
	50m: 32.43 32.43	150m: 1:46.68 38.10	250m: 3:05.44 39.72	350m: 4:22.74 38.64		
	100m: 1:08.58 36.15	200m: 2:25.72 39.04	300m: 3:44.10 38.66	400m: 4:59.10 36.36		
9.	Beatriz Sousa Valente	03	Natacao de Olhao	5:01.03		472
	50m: 35.22 35.22	150m: 1:51.00 38.48	250m: 3:07.65 38.19	350m: 4:23.78 37.80		
	100m: 1:12.52 37.30	200m: 2:29.46 38.46	300m: 3:45.98 38.33	400m: 5:01.03 37.25		
10.	Laura Luz Fonseca	03	Naval de Ponta Delgada	5:01.28		471
	50m: 34.92 34.92	150m: 1:50.52 37.81	250m: 3:07.34 38.32	350m: 4:24.95 39.13		
	100m: 1:12.71 37.79	200m: 2:29.02 38.50	300m: 3:45.82 38.48	400m: 5:01.28 36.33		
11.	Beatriz Quintao Amantes	03	Uniao Piedense	5:02.31		466
	50m: 35.15 35.15	150m: 1:51.94 38.29	250m: 3:08.31 37.50	350m: 4:25.50 38.65		
	100m: 1:13.65 38.50	200m: 2:30.81 38.87	300m: 3:46.85 38.54	400m: 5:02.31 36.81		
12.	Ines Filipa Jacinto	03	Ba/Bomcar	5:02.37		466
	50m: 35.13 35.13	150m: 1:52.38 38.82	250m: 3:09.04 38.54	350m: 4:25.33 38.17		
	100m: 1:13.56 38.43	200m: 2:30.50 38.12	300m: 3:47.16 38.12	400m: 5:02.37 37.04		
13.	Constanca Mendes Gomes	03	Pimpoes/Cimai	5:03.13		463
	50m: 34.77 34.77	150m: 1:50.63 38.67	250m: 3:08.26 38.87	350m: 4:26.32 39.14		
	100m: 1:11.96 37.19	200m: 2:29.39 38.76	300m: 3:47.18 38.92	400m: 5:03.13 36.81		
14.	Ines Santos Costa	03	Portinado	5:03.58		461
	50m: 32.85 32.85	150m: 1:51.27 39.81	250m: 3:09.85 39.19	350m: 4:27.54 38.70		
	100m: 1:11.46 38.61	200m: 2:30.66 39.39	300m: 3:48.84 38.99	400m: 5:03.58 36.04		
15.	Ines Oliveira Andre	03	Nautico Marinha Grande	5:05.32		453
	50m: 34.95 34.95	150m: 1:52.13 39.12	250m: 3:09.81 39.04	350m: 4:27.49 38.80		
	100m: 1:13.01 38.06	200m: 2:30.77 38.64	300m: 3:48.69 38.88	400m: 5:05.32 37.83		
16.	Constanca Basilio Gil	03	CLAC-Entroncamento	5:05.66		451
	50m: 34.89 34.89	150m: 1:52.45 39.32	250m: 3:09.88 38.65	350m: 4:28.72 39.54		
	100m: 1:13.13 38.24	200m: 2:31.23 38.78	300m: 3:49.18 39.30	400m: 5:05.66 36.94		
17.	Daniela Mascarenhas Henriques	03	Geslours	5:06.53		447
	50m: 34.59 34.59	150m: 1:51.74 38.94	250m: 3:09.50 38.70	350m: 4:27.99 39.26		
	100m: 1:12.80 38.21	200m: 2:30.80 39.06	300m: 3:48.73 39.23	400m: 5:06.53 38.54		
18.	Laura Andre Catarino	03	CCDSerta	5:09.40		435
	50m: 33.21 33.21	150m: 1:50.52 39.42	250m: 3:10.62 40.21	350m: 4:30.96 40.34		
	100m: 1:11.10 37.89	200m: 2:30.41 39.89	300m: 3:50.62 40.00	400m: 5:09.40 38.44		
19.	Mafalda Magalhaes Costa	03	Gualdim Pais	5:10.00		432
	50m: 33.36 33.36	150m: 1:50.89 39.27	250m: 3:10.91 40.23	350m: 4:31.12 40.32		
	100m: 1:11.62 38.26	200m: 2:30.68 39.79	300m: 3:50.80 39.89	400m: 5:10.00 38.88		
20.	Sophia Rose Taylor	03	Alges	5:11.22		427
	50m: 35.14 35.14	150m: 1:53.54 39.67	250m: 3:13.33 40.00	350m: 4:33.15 39.66		
	100m: 1:13.87 38.73	200m: 2:33.33 39.79	300m: 3:53.49 40.16	400m: 5:11.22 38.07		
21.	Ana Patricia Oliveira	03	20Km de Almeirim	5:13.87		417
	50m: 34.60 34.60	150m: 1:52.86 39.60	250m: 3:13.05 40.36	350m: 4:34.80 40.45		
	100m: 1:13.26 38.66	200m: 2:32.69 39.83	300m: 3:54.35 41.30	400m: 5:13.87 39.07		

Torneio Zonal de Infantis (Zona Sul)
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Prova 20, Femin., 400m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
22.	Sara Santos Lopes	03	Ba/Bomcar	5:14.65		414
	50m: 34.58 34.58	150m: 1:52.34 39.38	250m: 3:14.04 40.88	350m: 4:36.43 41.19		
	100m: 1:12.96 38.38	200m: 2:33.16 40.82	300m: 3:55.24 41.20	400m: 5:14.65 38.22		
23.	Ines Marques Garcia	03	Nautico Abrantes	5:15.89		409
	50m: 35.35 35.35	150m: 1:54.66 40.32	250m: 3:16.50 41.29	350m: 4:37.28 40.55		
	100m: 1:14.34 38.99	200m: 2:35.21 40.55	300m: 3:56.73 40.23	400m: 5:15.89 38.61		
24.	Catarina Ines Correia	03	Naval Setubalense	5:15.98		408
	50m: 37.37 37.37	150m: 1:57.29 40.75	250m: 3:19.30 40.95	350m: 4:39.95 40.14		
	100m: 1:16.54 39.17	200m: 2:38.35 41.06	300m: 3:59.81 40.51	400m: 5:15.98 36.03		
25.	Ana Margarida Betencourt	03	Naval do Funchal	5:23.61		380
	50m: 34.72 34.72	150m: 1:53.95 40.65	250m: 3:17.54 41.83	350m: 4:42.31 42.48		
	100m: 1:13.30 38.58	200m: 2:35.71 41.76	300m: 3:59.83 42.29	400m: 5:23.61 41.30		

Prova 21 Masc., 200m Bruços Infantis
20-03-2016 - 10:40 Resultados

Recordes Nacionais 25m Absoluto	2:05.59	Carlos Esteves Almeida	POR	Chartres (FRA)	25-11-2012
Recordes Nacionais 25m Inf B	2:37.57	Tomas Miguel Freitas	CDN	Funchal	13-07-2003
Recordes Nacionais 25m Inf A	2:29.59	Luis Manuel Fernandes	GDNVNF	Cantanhede	08-03-2009

TAC-INFAMasc Inf A: 2:59.00 / TAC-INFBMasc Inf B: 3:09.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Joao Martins Cristina	03	Louletano / Loule Concelho	2:45.43		386
	50m: 37.74 37.74	100m: 1:20.30 42.56	150m: 2:03.11 42.81	200m: 2:45.43 42.32		
2.	Ricardo Samuel Pereira	03	CCDSerta	2:45.86		383
	50m: 37.11 37.11	100m: 1:20.56 43.45	150m: 2:04.46 43.90	200m: 2:45.86 41.40		
3.	Antonio Guerra Marreiros	03	Alges	2:48.02		368
	50m: 38.44 38.44	100m: 1:21.69 43.25	150m: 2:05.67 43.98	200m: 2:48.02 42.35		
4.	Luis Cabral Junior	03	Belenenses	2:50.36		353
	50m: 38.56 38.56	100m: 1:21.14 42.58	150m: 2:05.50 44.36	200m: 2:50.36 44.86		
5.	Simao Vieira Camara	03	Sao Roque	2:56.25		319
	50m: 40.06 40.06	100m: 1:25.41 45.35	150m: 2:11.52 46.11	200m: 2:56.25 44.73		
6.	David Van Ossenbruggen	03	Uniao Piedense	2:57.45		312
	50m: 40.46 40.46	100m: 1:25.76 45.30	150m: 2:12.08 46.32	200m: 2:57.45 45.37		
7.	Pedro Miguel Matos	03	Colegio Vasco da Gama	2:57.48		312
	50m: 40.34 40.34	100m: 1:25.52 45.18	150m: 2:11.33 45.81	200m: 2:57.48 46.15		
8.	Rui Miguel Freire	03	Nucleo Ansiao	3:00.05		299
	50m: 39.55 39.55	100m: 1:26.02 46.47	150m: 2:13.40 47.38	200m: 3:00.05 46.65		
9.	Tomas Miguel Felicio	03	Rio Maior	3:02.36		288
	50m: 41.46 41.46	100m: 1:28.08 46.62	150m: 2:15.26 47.18	200m: 3:02.36 47.10		
10.	Salvador Ataide Parente	03	Geslours	3:02.40		288
	50m: 42.12 42.12	100m: 1:28.57 46.45	150m: 2:16.09 47.52	200m: 3:02.40 46.31		

Torneio Zonal de Infantis (Zona Sul)
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Prova 21, Masc., 200m Bruços, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
11.	Tomas Almeida Leitao	03	Alges	3:03.88		281
	50m: 42.34 42.34	100m: 1:30.61 48.27	150m: 2:17.26 46.65	200m: 3:03.88 46.62		
12.	Joao Pedro Carrasco	03	Portinado	3:04.97		276
	50m: 39.98 39.98	100m: 1:26.75 46.77	150m: 2:16.25 49.50	200m: 3:04.97 48.72		
13.	Tomas Augusto Teixeira	03	Colegio Vasco da Gama	3:07.41		265
	50m: 43.62 43.62	100m: 1:31.52 47.90	150m: 2:19.84 48.32	200m: 3:07.41 47.57		
DSQ	Rodrigo Vieira Matos	03	Naval do Funchal			
	724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 175 m - SW 7.6					

Infantis A

1.	Francisco Costa Nunes	02	Salvaterra de Magos	2:32.70		491
	50m: 34.11 34.11	100m: 1:13.20 39.09	150m: 1:53.01 39.81	200m: 2:32.70 39.69		
2.	Martim Rebelo Malfeito	02	Sporting	2:33.15		486
	50m: 35.06 35.06	100m: 1:14.35 39.29	150m: 1:54.29 39.94	200m: 2:33.15 38.86		
3.	Diogo Marreiros Gloria	02	Naval de Peniche	2:42.50		407
	50m: 37.20 37.20	100m: 1:18.77 41.57	150m: 2:01.05 42.28	200m: 2:42.50 41.45		
4.	Francisco Padilla Correia	02	Geslours	2:42.71		405
	50m: 36.32 36.32	100m: 1:18.67 42.35	150m: 2:01.14 42.47	200m: 2:42.71 41.57		
5.	Afonso Amaro Santos	02	Geslours	2:44.83		390
	50m: 37.75 37.75	100m: 1:20.88 43.13	150m: 2:03.98 43.10	200m: 2:44.83 40.85		
6.	Francisco Silva Paulos	02	Naval do Funchal	2:44.96		389
	50m: 37.18 37.18	100m: 1:18.93 41.75	150m: 2:01.91 42.98	200m: 2:44.96 43.05		
7.	Henrique Chan Machado	02	Alges	2:46.60		378
	50m: 38.07 38.07	100m: 1:20.56 42.49	150m: 2:03.61 43.05	200m: 2:46.60 42.99		
8.	Alexandre Miguel Silva	02	Natacao do Tejo	2:49.82		357
	50m: 38.25 38.25	100m: 1:21.73 43.48	150m: 2:06.24 44.51	200m: 2:49.82 43.58		
9.	Filipe Comprido Renga	02	Elvense	2:50.43		353
	50m: 38.88 38.88	100m: 1:21.34 42.46	150m: 2:06.04 44.70	200m: 2:50.43 44.39		
10.	Tomas Patricio Martins	02	Fisica Torres Vedras	2:51.28		348
	50m: 38.22 38.22	100m: 1:22.69 44.47	150m: 2:07.06 44.37	200m: 2:51.28 44.22		
11.	Bernardo Safara Inverno	02	Sporting	2:51.68		345
	50m: 38.95 38.95	100m: 1:23.29 44.34	150m: 2:08.61 45.32	200m: 2:51.68 43.07		
12.	Daniel Rodrigues Alves	02	Belenenses	2:51.78		345
	50m: 39.17 39.17	100m: 1:22.69 43.52	150m: 2:07.20 44.51	200m: 2:51.78 44.58		
13.	Leandro Dinis Fonseca	02	Portinado	2:52.04		343
	50m: 38.29 38.29	100m: 1:23.63 45.34	150m: 2:09.02 45.39	200m: 2:52.04 43.02		
14.	Manuel Bernardo Castro	02	Sporting	2:53.94		332
	50m: 39.08 39.08	100m: 1:23.95 44.87	150m: 2:09.91 45.96	200m: 2:53.94 44.03		
15.	Hugo Nunes Magalhaes	02	Alges	2:56.13		320
	50m: 38.80 38.80	100m: 1:22.63 43.83	150m: 2:08.95 46.32	200m: 2:56.13 47.18		
16.	Rodrigo Miguel Alves	02	Aminata	2:59.31		303
	50m: 40.46 40.46	100m: 1:26.22 45.76	150m: 2:13.65 47.43	200m: 2:59.31 45.66		

Torneio Zonal de Infantis (Zona Sul)
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Prova 22

Femin., 200m Costas

Infantis

20-03-2016 - 11:15

Resultados

Recordes Nacionais 25m Absoluto	2:11.56	Francisca Gomes Azevedo	SAD	Porto	21-12-2014
Recordes Nacionais 25m Inf B	2:27.92	Keissy Joselin Sousa	FCP	Alcobaça	16-03-1997
Recordes Nacionais 25m Inf A	2:21.33	Rafaela Gomes Azevedo	SAD	Algés	06-06-2015

TAC-INFAFem Inf A: 2:50.00 / TAC-INFBFem Inf B: 3:00.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Maria Ferreira Moura	04	Geslours	2:33.44		469
	50m: 36.44 36.44	100m: 1:15.71 39.27	150m: 1:55.24 39.53	200m: 2:33.44 38.20		
2.	Maria Lopes Amado	04	Ba/Bomcar	2:35.01		455
	50m: 36.42 36.42	100m: 1:16.04 39.62	150m: 1:56.32 40.28	200m: 2:35.01 38.69		
3.	Susana Chanoca Narciso	04	Desportivo Sesimbra	2:37.29		435
	50m: 37.58 37.58	100m: 1:17.45 39.87	150m: 1:57.69 40.24	200m: 2:37.29 39.60		
4.	Maria Gomes Pereira	04	Alges	2:39.80		415
	50m: 38.18 38.18	100m: 1:18.39 40.21	150m: 1:59.63 41.24	200m: 2:39.80 40.17		
5.	Constanca Alexandra Silva	04	Pimpoes/Cimai	2:42.83		392
	50m: 37.46 37.46	100m: 1:19.64 42.18	150m: 2:02.29 42.65	200m: 2:42.83 40.54		
6.	Ines Sofia Alves	04	Portinado	2:44.31		382
	50m: 38.63 38.63	100m: 1:20.29 41.66	150m: 2:02.53 42.24	200m: 2:44.31 41.78		
7.	Carolina Jose Nascimento	04	Cultura e Desporto	2:44.61		380
	50m: 38.90 38.90	100m: 1:21.15 42.25	150m: 2:03.86 42.71	200m: 2:44.61 40.75		
8.	Mariana Morais Delfino	04	Avancado EUL	2:46.35		368
	50m: 39.09 39.09	100m: 1:21.31 42.22	150m: 2:04.75 43.44	200m: 2:46.35 41.60		
9.	Ana Correia Sousa	04	Pimpoes/Cimai	2:46.78		365
	50m: 39.71 39.71	100m: 1:23.08 43.37	150m: 2:06.34 43.26	200m: 2:46.78 40.44		
10.	Alexandra Cordeiro Silva	04	Alcobaca	2:47.04		363
	50m: 39.98 39.98	100m: 1:22.49 42.51	150m: 2:05.64 43.15	200m: 2:47.04 41.40		
11.	Maria Joao Reis	04	Nautico Marinha Grande	2:47.06		363
	50m: 39.74 39.74	100m: 1:22.67 42.93	150m: 2:05.67 43.00	200m: 2:47.06 41.39		
12.	Ana Miguel Seabra	04	Aminata	2:49.08		350
	50m: 40.86 40.86	100m: 1:24.48 43.62	150m: 2:07.79 43.31	200m: 2:49.08 41.29		
13.	Joana Maia Antunes	04	Sporting	2:49.30		349
	50m: 39.95 39.95	100m: 1:23.73 43.78	150m: 2:07.10 43.37	200m: 2:49.30 42.20		
14.	Carolina Fale Costa	04	Colegio Monte Maior	2:49.63		347
	50m: 40.49 40.49	100m: 1:23.29 42.80	150m: 2:07.39 44.10	200m: 2:49.63 42.24		
15.	Margarida Borges Silva	04	Bombeiros Ponta Delgada	2:50.35		342
	50m: 39.58 39.58	100m: 1:23.50 43.92	150m: 2:08.20 44.70	200m: 2:50.35 42.15		
16.	Barbara Almeida Ribeiro	04	Colegio Vasco da Gama	2:50.78		340
	50m: 41.05 41.05	100m: 1:24.63 43.58	150m: 2:08.75 44.12	200m: 2:50.78 42.03		
17.	Vera Figueiredo Narra	04	Amadora	2:50.87		339
	50m: 41.25 41.25	100m: 1:24.49 43.24	150m: 2:09.23 44.74	200m: 2:50.87 41.64		

Torneio Zonal de Infantis (Zona Sul)
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Prova 22, Femin., 200m Costas, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
18.	Maria Martim Coutinho	04	Ba/Bomcar	2:51.10		338
	50m: 39.62 39.62	100m: 1:23.62 44.00	150m: 2:08.45 44.83	200m: 2:51.10 42.65		
19.	Maria Martins Camacho	04	Uniao Piedense	2:51.56		335
	50m: 40.31 40.31	100m: 1:23.96 43.65	150m: 2:08.06 44.10	200m: 2:51.56 43.50		
20.	Rita Mendes Simoes	04	Ba/Bomcar	2:52.19		331
	50m: 40.75 40.75	100m: 1:24.26 43.51	150m: 2:08.65 44.39	200m: 2:52.19 43.54		
21.	Maria Margarida Goncalves	04	Naval do Funchal	2:52.55		329
	50m: 41.24 41.24	100m: 1:24.92 43.68	150m: 2:09.83 44.91	200m: 2:52.55 42.72		
22.	Matilde Calhau Silva	04	Sporting	2:53.88		322
	50m: 41.34 41.34	100m: 1:26.44 45.10	150m: 2:10.71 44.27	200m: 2:53.88 43.17		
23.	Marta Macedo Inacio	04	Sporting	2:53.93		322
	50m: 41.41 41.41	100m: 1:26.33 44.92	150m: 2:12.31 45.98	200m: 2:53.93 41.62		
24.	Rafaela Faustino Oliveira	04	Bombeiros Ponta Delgada	2:53.96		321
	50m: 42.40 42.40	100m: 1:27.23 44.83	150m: 2:11.26 44.03	200m: 2:53.96 42.70		
25.	Joana Marinho Coelho	04	Sporting	2:54.53		318
	50m: 41.36 41.36	100m: 1:25.42 44.06	150m: 2:10.32 44.90	200m: 2:54.53 44.21		
26.	Andreia Velho Magalhaes	04	Benfica	2:54.63		318
	50m: 41.04 41.04	100m: 1:25.80 44.76	150m: 2:10.97 45.17	200m: 2:54.63 43.66		
27.	Aleksandra Bozanic Borcic	04	Alges	2:54.75		317
	50m: 41.22 41.22	100m: 1:25.40 44.18	150m: 2:10.36 44.96	200m: 2:54.75 44.39		
28.	Angela Jacinto Henriques	04	Pimpoes/Cimai	2:55.55		313
	50m: 41.08 41.08	100m: 1:25.48 44.40	150m: 2:11.43 45.95	200m: 2:55.55 44.12		
29.	Daniela Alexandra Pedro	04	Colegio Vasco da Gama	2:55.71		312
	50m: 42.05 42.05	100m: 1:27.66 45.61	150m: 2:12.79 45.13	200m: 2:55.71 42.92		
30.	Ines Fagundes Pereira	04	Naval Praia da Vitoria	2:56.11		310
	50m: 43.39 43.39	100m: 1:29.74 46.35	150m: 2:14.15 44.41	200m: 2:56.11 41.96		
31.	Joana Francisca Sousa	04	Sao Roque	2:57.01		305
	50m: 41.79 41.79	100m: 1:26.91 45.12	150m: 2:12.71 45.80	200m: 2:57.01 44.30		
32.	Daniela Filipa Marques	04	Palmela Desporto	2:59.40		293
	50m: 42.18 42.18	100m: 1:27.94 45.76	150m: 2:14.18 46.24	200m: 2:59.40 45.22		
33.	Raquel Raposo Lopes	04	Nautica do Seixal	3:00.22		289
	50m: 42.01 42.01	100m: 1:27.96 45.95	150m: 2:14.31 46.35	200m: 3:00.22 45.91		
DSQ	Ana Costa Goncalves	04	Sporting			
	613 - Efectuou deslizamento após conclusão da braçada na viragem aos ... m - SW 6.4					
DSQ	Ines Louro Silva	04	Albicastrense			
	615 - Não efectuou movimento continuo e imediato na viragem aos 150 - SW 6.4					
DSQ	Alice Sequeira Marques	04	Albicastrense			
	613 - Efectuou deslizamento após conclusão da braçada na viragem aos 25 m - SW 6.4					
DSQ	Alice Carvalho Amigo	04	Desportivo Sesimbra			
	613 - Efectuou deslizamento após conclusão da braçada na viragem aos 100 m - SW 6.4					

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Prova 22, Femin., 200m Costas, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
DSQ	Maria Freire Alves	04	Bombeiros Estoris			
	613 - Efectuou deslizamento após conclusão da braçada na viragem aos 25 m - SW 6.4					

Infantis A

1.	Filipa Ramos Peixeira	03	Sporting	2:25.85	546
	50m: 33.23 33.23 100m: 1:10.73 37.50 150m: 1:48.61 37.88 200m: 2:25.85 37.24				
2.	Beatriz Azevedo Isaías	03	Colegio Monte Maior	2:31.38	488
	50m: 35.06 35.06 100m: 1:13.14 38.08 150m: 1:52.95 39.81 200m: 2:31.38 38.43				
3.	Lea Alexandra Mendes	03	Gualdim Pais	2:34.26	461
	50m: 35.46 35.46 100m: 1:14.61 39.15 150m: 1:55.10 40.49 200m: 2:34.26 39.16				
4.	Laura Luz Fonseca	03	Naval de Ponta Delgada	2:36.36	443
	50m: 38.31 38.31 100m: 1:17.40 39.09 150m: 1:57.10 39.70 200m: 2:36.36 39.26				
5.	Ema Jeronimo Conceicao	03	Fisica Torres Vedras	2:36.98	438
	50m: 36.19 36.19 100m: 1:16.33 40.14 150m: 1:57.82 41.49 200m: 2:36.98 39.16				
6.	Marta Romao Sa	03	Naval do Funchal	2:37.76	431
	50m: 37.08 37.08 100m: 1:17.40 40.32 150m: 1:58.26 40.86 200m: 2:37.76 39.50				
7.	Andreia Wongsangnoi Alves	03	Colegio Monte Maior	2:38.38	426
	50m: 38.63 38.63 100m: 1:19.21 40.58 150m: 2:00.10 40.89 200m: 2:38.38 38.28				
8.	Ana Amarante Dias	03	Naval de Ponta Delgada	2:39.62	416
	50m: 37.31 37.31 100m: 1:17.46 40.15 150m: 1:59.06 41.60 200m: 2:39.62 40.56				
9.	Ana Margarida Soares	03	Naval Setubalense	2:40.48	410
	50m: 37.49 37.49 100m: 1:18.62 41.13 150m: 2:00.40 41.78 200m: 2:40.48 40.08				
10.	Catarina Guimaraes Moreira	03	Alges	2:41.89	399
	50m: 37.96 37.96 100m: 1:19.65 41.69 150m: 2:02.09 42.44 200m: 2:41.89 39.80				
11.	Carolina Alexandra Machado	03	Beja	2:42.42	395
	50m: 39.62 39.62 100m: 1:21.72 42.10 150m: 2:04.24 42.52 200m: 2:42.42 38.18				
12.	Ana Rui Gomes	03	Naval da Nazare	2:42.75	393
	50m: 37.83 37.83 100m: 1:19.32 41.49 150m: 2:02.25 42.93 200m: 2:42.75 40.50				
13.	Dana Alexia Cantiru	03	FC Ferreiras	2:42.92	391
	50m: 37.58 37.58 100m: 1:17.89 40.31 150m: 2:00.00 42.11 200m: 2:42.92 42.92				
14.	Laura Andre Catarino	03	CCDSerta	2:42.94	391
	50m: 37.77 37.77 100m: 1:19.48 41.71 150m: 2:02.20 42.72 200m: 2:42.94 40.74				
15.	Francisca Santos Clemente	03	Ba/Bomcar	2:43.08	390
	50m: 38.22 38.22 100m: 1:18.89 40.67 150m: 2:01.84 42.95 200m: 2:43.08 41.24				
16.	Margarida Mota Silva	03	Natacao do Montijo	2:43.27	389
	50m: 36.58 36.58 100m: 1:17.49 40.91 150m: 2:00.42 42.93 200m: 2:43.27 42.85				
17.	Margarida Teixeira Moreira	03	Belenenses	2:43.46	388
	50m: 37.24 37.24 100m: 1:18.47 41.23 150m: 2:01.92 43.45 200m: 2:43.46 41.54				
18.	Mariana Alves Barbosa	03	Pimpoes/Cimai	2:43.71	386
	50m: 37.93 37.93 100m: 1:20.10 42.17 150m: 2:03.13 43.03 200m: 2:43.71 40.58				
19.	Catarina Ines Correia	03	Naval Setubalense	2:44.02	384
	50m: 39.41 39.41 100m: 1:21.28 41.87 150m: 2:03.53 42.25 200m: 2:44.02 40.49				

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Prova 22, Femin., 200m Costas, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
20.	Mafalda Viegas Cruz	03	Sporting	2:44.99		377
	50m: 40.05 40.05	100m: 1:22.07 42.02	150m: 2:04.24 42.17	200m: 2:44.99 40.75		
21.	Maria Campos Caiado	03	Pimpoes/Cimai	2:45.17		376
	50m: 38.17 38.17	100m: 1:20.59 42.42	150m: 2:03.88 43.29	200m: 2:45.17 41.29		
22.	Maria Ines Ribeiro	03	Alges	2:45.53		373
	50m: 38.28 38.28	100m: 1:20.36 42.08	150m: 2:03.24 42.88	200m: 2:45.53 42.29		
23.	Raquel Pereira Pinto	03	Naval Setubalense	2:45.78		372
	50m: 40.04 40.04	100m: 1:22.32 42.28	150m: 2:04.98 42.66	200m: 2:45.78 40.80		
24.	Ines Oliveira Andre	03	Nautico Marinha Grande	2:46.17		369
	50m: 38.91 38.91	100m: 1:21.34 42.43	150m: 2:04.49 43.15	200m: 2:46.17 41.68		
25.	Joana Sousa Almeida	03	Sporting	2:46.30		368
	50m: 39.52 39.52	100m: 1:21.45 41.93	150m: 2:05.25 43.80	200m: 2:46.30 41.05		
26.	Margarida Sousa Gaspar	03	Colegio Monte Maior	2:46.88		364
	50m: 38.76 38.76	100m: 1:21.29 42.53	150m: 2:04.98 43.69	200m: 2:46.88 41.90		
27.	Erica Neves Leote	03	Torres Novas	2:46.95		364
	50m: 39.66 39.66	100m: 1:22.14 42.48	150m: 2:04.76 42.62	200m: 2:46.95 42.19		
28.	Claudia Beatriz Martins	03	Geslours	2:47.03		363
	50m: 40.26 40.26	100m: 1:23.20 42.94	150m: 2:07.32 44.12	200m: 2:47.03 39.71		
29.	Sara Sousa Candeias	03	Louletano / Loule Concelho	2:48.35		355
	50m: 39.53 39.53	100m: 1:22.40 42.87	150m: 2:06.46 44.06	200m: 2:48.35 41.89		
30.	Leonor Sequeira Barardo	03	Fisica Torres Vedras	2:49.01		351
	50m: 39.51 39.51	100m: 1:22.83 43.32	150m: 2:07.64 44.81	200m: 2:49.01 41.37		
31.	Ines Marques Garcia	03	Nautico Abrantes	2:49.62		347
	50m: 40.07 40.07	100m: 1:23.14 43.07	150m: 2:07.07 43.93	200m: 2:49.62 42.55		
32.	Barbara Silva Viegas	03	Sporting	2:49.81		346
	50m: 40.11 40.11	100m: 1:22.72 42.61	150m: 2:06.87 44.15	200m: 2:49.81 42.94		
33.	Ines Arraiolos Matos	03	Scalabiswim	2:49.90		345
	50m: 39.78 39.78	100m: 1:23.34 43.56	150m: 2:07.77 44.43	200m: 2:49.90 42.13		
34.	Marta Sousa Caxaria	03	Natacao do Montijo	2:50.04		344
	50m: 40.43 40.43	100m: 1:24.00 43.57	150m: 2:08.00 44.00	200m: 2:50.04 42.04		
DSQ	Barbara Sofia Amaral	03	Geslours			
	614 - Nadador não efectuou viragem aos 150 m após terminar movimento contínuo de braços - SW 6.4					
DSQ	Maria Machado Brinquinho	03	Naval do Funchal			
	403 - Falsa partida - SW 4.4					

Torneio Zonal de Infantis (Zona Sul)
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Prova 23

Masc., 200m Estilos

Infantis

20-03-2016 - 11:55

Resultados

Recordes Nacionais 25m Absoluto	1:53.45	Diogo Filipe Carvalho	POR	Netanya (ISR)	04-12-2015
Recordes Nacionais 25m Inf B	2:17.96	Andre Vilas Ruivo	DNMG	Nazaré	02-06-2013
Recordes Nacionais 25m Inf A	2:13.38	Tomas Miguel Freitas	CDN	Funchal	17-07-2004

TAC-INFAMasc Inf A: 2:38.00 / TAC-INFBMasc Inf B: 2:45.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Ricardo Lopes Silva	03	Vieirense	2:29.97		390
	50m: 33.04 33.04	100m: 1:10.61 37.57	150m: 1:55.62 45.01	200m: 2:29.97		34.35
2.	Joao Martins Cristina	03	Louletano / Loule Concelho	2:30.67		385
	50m: 33.94 33.94	100m: 1:13.44 39.50	150m: 1:57.12 43.68	200m: 2:30.67		33.55
3.	Tomas Nogueira Gomes	03	Uniao Piedense	2:31.09		382
	50m: 34.39 34.39	100m: 1:11.75 37.36	150m: 1:57.92 46.17	200m: 2:31.09		33.17
4.	Luis Cabral Junior	03	Belenenses	2:37.64		336
	50m: 35.16 35.16	100m: 1:17.40 42.24	150m: 2:01.84 44.44	200m: 2:37.64		35.80
5.	Paulo Vakulyuk	03	Torres Novas	2:37.80		335
	50m: 33.12 33.12	100m: 1:12.58 39.46	150m: 2:01.52 48.94	200m: 2:37.80		36.28
6.	Alexandre Afonso Costa	03	Louletano / Loule Concelho	2:40.82		316
	50m: 33.99 33.99	100m: 1:15.41 41.42	150m: 2:04.47 49.06	200m: 2:40.82		36.35
7.	Ricardo Martins Ferreira	03	Desporto de Setubal	2:42.84		305
	50m: 37.08 37.08	100m: 1:18.43 41.35	150m: 2:06.37 47.94	200m: 2:42.84		36.47
8.	Pedro Miguel Boavida	03	Natacao de Olhao	2:44.51		295
	50m: 34.35 34.35	100m: 1:16.85 42.50	150m: 2:07.39 50.54	200m: 2:44.51		37.12
9.	Rui Miguel Freire	03	Nucleo Ansiao	2:47.06		282
	50m: 36.94 36.94	100m: 1:22.40 45.46	150m: 2:11.18 48.78	200m: 2:47.06		35.88

Infantis A

1.	Francisco Costa Nunes	02	Salvaterra de Magos	2:19.65		483
	50m: 30.02 30.02	100m: 1:07.29 37.27	150m: 1:47.69 40.40	200m: 2:19.65		31.96
2.	Diogo Nuno Valente	02	Sporting	2:21.19		468
	50m: 30.33 30.33	100m: 1:06.50 36.17	150m: 1:49.98 43.48	200m: 2:21.19		31.21
3.	Vicente Oliveira Gomes	02	Sporting	2:21.37		466
	50m: 30.07 30.07	100m: 1:06.68 36.61	150m: 1:49.00 42.32	200m: 2:21.37		32.37
4.	Marco Antonio Costa	02	Natacao Guarda	2:21.51		464
	50m: 30.55 30.55	100m: 1:08.12 37.57	150m: 1:50.14 42.02	200m: 2:21.51		31.37
5.	Ruy Manuel Domingos	02	Sporting	2:24.33		438
	50m: 30.88 30.88	100m: 1:07.85 36.97	150m: 1:51.36 43.51	200m: 2:24.33		32.97
6.	Rafael Moreira Oliveira	02	Belenenses	2:25.63		426
	50m: 31.41 31.41	100m: 1:08.84 37.43	150m: 1:52.91 44.07	200m: 2:25.63		32.72
7.	Martim Rebelo Malfeito	02	Sporting	2:26.24		421
	50m: 32.55 32.55	100m: 1:13.03 40.48	150m: 1:53.21 40.18	200m: 2:26.24		33.03

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Prova 23, Masc., 200m Estilos, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
8.	Pedro Vilas Ruivo	02	Ba/Bomcar	2:26.65		417
	50m: 32.41 32.41	100m: 1:09.68 37.27	150m: 1:53.46 43.78	200m: 2:26.65 33.19		
9.	Goncalo Morais Gordo	02	Colegio Monte Maior	2:27.89		407
	50m: 31.08 31.08	100m: 1:09.49 38.41	150m: 1:53.28 43.79	200m: 2:27.89 34.61		
10.	Pedro Alves Martinho	02	Bombeiros Estoris	2:29.03		398
	50m: 31.42 31.42	100m: 1:08.78 37.36	150m: 1:53.95 45.17	200m: 2:29.03 35.08		
11.	Lucas Guarda Moniz	02	Ba/Bomcar	2:29.58		393
	50m: 32.64 32.64	100m: 1:11.81 39.17	150m: 1:55.29 43.48	200m: 2:29.58 34.29		
12.	Rafael Alves Costa	02	Sporting	2:29.76		392
	50m: 32.97 32.97	100m: 1:09.35 36.38	150m: 1:56.12 46.77	200m: 2:29.76 33.64		
13.	Rafael Rodrigues Jacinto	02	Belenenses	2:30.01		390
	50m: 31.79 31.79	100m: 1:11.36 39.57	150m: 1:55.39 44.03	200m: 2:30.01 34.62		
14.	Miguel Santos Casaca	02	Salvaterra de Magos	2:30.68		385
	50m: 31.22 31.22	100m: 1:10.62 39.40	150m: 1:56.66 46.04	200m: 2:30.68 34.02		
15.	Pedro Miguel Pinto	02	Fisica Torres Vedras	2:31.61		378
	50m: 31.89 31.89	100m: 1:10.48 38.59	150m: 1:55.37 44.89	200m: 2:31.61 36.24		
16.	Duarte Nunes Sequeira	02	Natacao de Lagos	2:32.38		372
	50m: 31.49 31.49	100m: 1:10.78 39.29	150m: 1:57.35 46.57	200m: 2:32.38 35.03		
17.	Joao Miguel Martins	02	Belenenses	2:33.31		365
	50m: 32.42 32.42	100m: 1:12.53 40.11	150m: 2:00.10 47.57	200m: 2:33.31 33.21		
18.	Joao Jesus Silva	02	Juventude Atlantico	2:33.49		364
	50m: 32.98 32.98	100m: 1:11.61 38.63	150m: 1:59.10 47.49	200m: 2:33.49 34.39		
19.	Andre Botelho Azevedo	02	Nucleo Sportinguista Terceira	2:33.52		364
	50m: 32.86 32.86	100m: 1:11.42 38.56	150m: 2:00.61 49.19	200m: 2:33.52 32.91		
20.	Goncalo Balbino Mendes	02	Naval de Peniche	2:33.54		364
	50m: 33.21 33.21	100m: 1:11.02 37.81	150m: 1:57.18 46.16	200m: 2:33.54 36.36		
21.	Manuel Landeiro Alves	02	Naval Praia da Vitoria	2:34.52		357
	50m: 32.75 32.75	100m: 1:13.27 40.52	150m: 1:59.73 46.46	200m: 2:34.52 34.79		
22.	Joao Miguel Vasco	02	Naval da Nazare	2:35.85		348
	50m: 32.23 32.23	100m: 1:13.04 40.81	150m: 2:00.53 47.49	200m: 2:35.85 35.32		
23.	Fernando Guerreiro Graca	02	Naval do Funchal	2:36.46		344
	50m: 32.71 32.71	100m: 1:13.03 40.32	150m: 2:01.35 48.32	200m: 2:36.46 35.11		
24.	Daniel Marques Filipe	02	Nautico Abrantes	2:38.44		331
	50m: 34.28 34.28	100m: 1:13.82 39.54	150m: 2:01.87 48.05	200m: 2:38.44 36.57		
25.	Diogo Garcez Mateus	02	Desporto de Setubal	2:38.45		331
	50m: 33.36 33.36	100m: 1:14.32 40.96	150m: 2:00.89 46.57	200m: 2:38.45 37.56		
DSQ	Bernardo Geada Brito	02	Naval Amorense			
	701 - Mais de uma pernada de golfinho durante a braçada submarina - SW 7.1, (viragem aos 100m)					

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 24

Femin., 200m Livres

Infantis

20-03-2016 - 16:00

Resultados

Recordes Nacionais 25m Absoluto	1:59.53	Diana Margarida Duraes	FCP	Porto	13-12-2015
Recordes Nacionais 25m Inf B	2:14.73	Alexandra Couto Frazao	CFB	Coimbra	10-05-2014
Recordes Nacionais 25m Inf A	2:08.89	Alexandra Couto Frazao	CNA	Setúbal	08-03-2015

TAC-INFAFem Inf A: 2:31.00 / TAC-INFBFem Inf B: 2:38.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Leonor Alves Morganho	04	Alges	2:23.91		456
	50m: 33.66 33.66	100m: 1:10.41 36.75	150m: 1:47.58 37.17	200m: 2:23.91		36.33
2.	Mariana Morais Delfino	04	Avancado EUL	2:28.20		417
	50m: 33.05 33.05	100m: 1:09.95 36.90	150m: 1:49.35 39.40	200m: 2:28.20		38.85
3.	Selena Vant	04	Louletano / Loule Concelho	2:28.51		415
	50m: 33.52 33.52	100m: 1:11.37 37.85	150m: 1:50.87 39.50	200m: 2:28.51		37.64
4.	Maria Alexandra Marques	04	Albicastrense	2:29.22		409
	50m: 34.11 34.11	100m: 1:12.11 38.00	150m: 1:51.69 39.58	200m: 2:29.22		37.53
5.	Madalena Graca Gerales	04	Sporting	2:31.04		394
	50m: 34.56 34.56	100m: 1:12.96 38.40	150m: 1:52.52 39.56	200m: 2:31.04		38.52
6.	Mariana Pereira Mendes	04	Louletano / Loule Concelho	2:31.25		392
	50m: 35.46 35.46	100m: 1:14.38 38.92	150m: 1:54.33 39.95	200m: 2:31.25		36.92
7.	Marta Pereira Domingos	04	Naval Amorense	2:31.33		392
	50m: 34.97 34.97	100m: 1:13.91 38.94	150m: 1:53.54 39.63	200m: 2:31.33		37.79
8.	Beatriz Staiger Bento	04	20Km de Almeirim	2:31.35		392
	50m: 34.16 34.16	100m: 1:12.13 37.97	150m: 1:51.86 39.73	200m: 2:31.35		39.49
9.	Laura Macedo Lagoa	04	Ba/Bomcar	2:32.43		383
	50m: 35.70 35.70	100m: 1:13.95 38.25	150m: 1:54.00 40.05	200m: 2:32.43		38.43
10.	Ana Miguel Seabra	04	Aminata	2:35.38		362
	50m: 36.59 36.59	100m: 1:16.44 39.85	150m: 1:57.25 40.81	200m: 2:35.38		38.13
11.	Matilde Fialho Conceicao	04	Louletano / Loule Concelho	2:35.60		360
	50m: 35.81 35.81	100m: 1:14.97 39.16	150m: 1:55.75 40.78	200m: 2:35.60		39.85
12.	Marta Macedo Inacio	04	Sporting	2:36.15		357
	50m: 35.56 35.56	100m: 1:15.78 40.22	150m: 1:56.90 41.12	200m: 2:36.15		39.25
13.	Maria Joao Reis	04	Nautico Marinha Grande	2:36.94		351
	50m: 35.19 35.19	100m: 1:16.63 41.44	150m: 1:58.82 42.19	200m: 2:36.94		38.12
14.	Ana Rita Goncalves	04	Albicastrense	2:38.12		343
	50m: 35.56 35.56	100m: 1:16.78 41.22	150m: 1:59.02 42.24	200m: 2:38.12		39.10
15.	Joana Maia Antunes	04	Sporting	2:39.88		332
	50m: 35.06 35.06	100m: 1:15.25 40.19	150m: 1:57.77 42.52	200m: 2:39.88		42.11

Torneio Zonal de Infantis (Zona Sul)
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Prova 24, Femin., 200m Livres

Infantis A

1. Mariana Marques Mercedes	03	Olivais e Moscavide	2:14.01	564
50m: 30.98 30.98	100m: 1:05.23 34.25	150m: 1:40.95 35.72	200m: 2:14.01 33.06	
2. Mafalda Sofia Rosa	03	Rio Maior	2:15.24	549
50m: 31.59 31.59	100m: 1:05.69 34.10	150m: 1:40.63 34.94	200m: 2:15.24 34.61	
3. Filipa Ramos Peixeira	03	Sporting	2:16.12	539
50m: 31.28 31.28	100m: 1:06.06 34.78	150m: 1:41.82 35.76	200m: 2:16.12 34.30	
4. Ines Asseiceira Ramos	03	Torres Novas	2:16.87	530
50m: 31.25 31.25	100m: 1:05.90 34.65	150m: 1:41.50 35.60	200m: 2:16.87 35.37	
5. Maria Crista Jesus	03	Louletano / Loule Concelho	2:17.74	520
50m: 31.35 31.35	100m: 1:06.28 34.93	150m: 1:42.83 36.55	200m: 2:17.74 34.91	
6. Beatriz Picanco Martins	03	Benfica	2:19.04	505
50m: 31.78 31.78	100m: 1:06.91 35.13	150m: 1:43.26 36.35	200m: 2:19.04 35.78	
7. Beatriz Vaz Rebelo	03	Geslours	2:21.63	478
50m: 33.49 33.49	100m: 1:09.72 36.23	150m: 1:46.85 37.13	200m: 2:21.63 34.78	
8. Laura Luz Fonseca	03	Naval de Ponta Delgada	2:22.16	473
50m: 33.20 33.20	100m: 1:08.69 35.49	150m: 1:45.77 37.08	200m: 2:22.16 36.39	
9. Beatriz Moreira Carvalho	03	Rio Maior	2:22.41	470
50m: 33.32 33.32	100m: 1:09.16 35.84	150m: 1:45.86 36.70	200m: 2:22.41 36.55	
10. Ines Oliveira Andre	03	Nautico Marinha Grande	2:22.46	470
50m: 32.95 32.95	100m: 1:08.69 35.74	150m: 1:45.61 36.92	200m: 2:22.46 36.85	
11. Ines Santos Costa	03	Portinado	2:22.90	465
50m: 32.67 32.67	100m: 1:08.58 35.91	150m: 1:46.61 38.03	200m: 2:22.90 36.29	
12. Daniela Mascarenhas Henriques	03	Geslours	2:24.23	453
50m: 32.98 32.98	100m: 1:09.39 36.41	150m: 1:46.88 37.49	200m: 2:24.23 37.35	
13. Ines Filipa Jacinto	03	Ba/Bomcar	2:25.01	445
50m: 33.80 33.80	100m: 1:10.30 36.50	150m: 1:48.48 38.18	200m: 2:25.01 36.53	
14. Beatriz Sousa Valente	03	Natacao de Olhao	2:25.16	444
50m: 34.53 34.53	100m: 1:11.64 37.11	150m: 1:49.13 37.49	200m: 2:25.16 36.03	
15. Beatriz Quintao Amantes	03	Uniao Piedense	2:25.51	441
50m: 32.88 32.88	100m: 1:09.88 37.00	150m: 1:47.89 38.01	200m: 2:25.51 37.62	
16. Catarina Guimaraes Moreira	03	Alges	2:25.88	437
50m: 33.52 33.52	100m: 1:10.79 37.27	150m: 1:48.46 37.67	200m: 2:25.88 37.42	
17. Constanca Basilio Gil	03	CLAC-Entroncamento	2:26.04	436
50m: 33.52 33.52	100m: 1:11.17 37.65	150m: 1:49.68 38.51	200m: 2:26.04 36.36	
18. Mafalda Magalhaes Costa	03	Gualdim Pais	2:26.79	429
50m: 32.92 32.92	100m: 1:10.78 37.86	150m: 1:49.51 38.73	200m: 2:26.79 37.28	
19. Sara Santos Lopes	03	Ba/Bomcar	2:27.22	426
50m: 34.11 34.11	100m: 1:11.16 37.05	150m: 1:49.35 38.19	200m: 2:27.22 37.87	
20. Margarida Teixeira Moreira	03	Belenenses	2:27.64	422
50m: 33.49 33.49	100m: 1:10.35 36.86	150m: 1:49.46 39.11	200m: 2:27.64 38.18	

Torneio Zonal de Infantis (Zona Sul)
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Prova 24, Femin., 200m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
21.	Laura Andre Catarino	03	CCDSerta	2:28.31		416
	50m: 33.41 33.41	100m: 1:11.74 38.33	150m: 1:50.54 38.80	200m: 2:28.31 37.77		
22.	Mariana Banca Ferreira	03	Naval Setubalense	2:28.54		414
	50m: 35.33 35.33	100m: 1:12.30 36.97	150m: 1:50.85 38.55	200m: 2:28.54 37.69		
23.	Sophia Rose Taylor	03	Alges	2:29.70		405
	50m: 35.31 35.31	100m: 1:13.02 37.71	150m: 1:52.17 39.15	200m: 2:29.70 37.53		
24.	Ines Arraiolos Matos	03	Scalabiswim	2:29.78		404
	50m: 34.33 34.33	100m: 1:12.04 37.71	150m: 1:51.45 39.41	200m: 2:29.78 38.33		
25.	Barbara Silva Viegas	03	Sporting	2:30.14		401
	50m: 34.03 34.03	100m: 1:12.25 38.22	150m: 1:51.13 38.88	200m: 2:30.14 39.01		
26.	Ana Margarida Betencourt	03	Naval do Funchal	2:38.26		342
	50m: 36.05 36.05	100m: 1:16.30 40.25	150m: 1:57.62 41.32	200m: 2:38.26 40.64		
27.	Marta Romao Sa	03	Naval do Funchal	2:39.22		336
	50m: 35.52 35.52	100m: 1:16.21 40.69	150m: 1:57.86 41.65	200m: 2:39.22 41.36		

Prova 25 Masc., 100m Livres Infantis Resultados

Recordes Nacionais 25m Absoluto	47.64	Alexandre Escudier Agostinho		Istambul (TUR)	11-12-2009
Recordes Nacionais 25m Inf B	57.40	Tiago Filipe Pereira	DNMG	Caldas da Rainha	11-07-2004
Recordes Nacionais 25m Inf A	54.93	Joao Cruz Castro	CSM	Funchal	12-04-2014

TAC-INFAMasc Inf A: 1:03.00 / TAC-INFBMasc Inf B: 1:06.50

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Pedro Afonso Sousa	03	Desportivo Nacional	58.61		450
	50m: 28.27 28.27	100m: 58.61 30.34				
2.	Ricardo Lopes Silva	03	Vieirense	1:00.85		402
	50m: 29.02 29.02	100m: 1:00.85 31.83				
3.	Tomas Nogueira Gomes	03	Uniao Piedense	1:02.24		376
	50m: 29.98 29.98	100m: 1:02.24 32.26				
4.	Ricardo Novikov	03	Alges	1:02.55		370
	50m: 30.22 30.22	100m: 1:02.55 32.33				
5.	Afonso Gomes Mestre	03	Tavira Natacao	1:02.91		364
	50m: 30.32 30.32	100m: 1:02.91 32.59				
6.	David Martyn	03	Benedita	1:03.31		357
	50m: 29.88 29.88	100m: 1:03.31 33.43				
7.	Afonso Filipe Costa	03	Naval da Nazare	1:03.49		354
	50m: 30.30 30.30	100m: 1:03.49 33.19				
8.	Duarte Silva Taleigo	03	Amadora	1:03.69		351
	50m: 30.54 30.54	100m: 1:03.69 33.15				

Torneio Zonal de Infantis (Zona Sul)
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Prova 25, Masc., 100m Livres, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
9.	Luis Cabral Junior	03	Belenenses	1:03.71		350
	50m: 30.69 30.69	100m: 1:03.71 33.02				
10.	Luis Afonso Lopes	03	Viver Santarem	1:04.68		335
	50m: 31.16 31.16	100m: 1:04.68 33.52				
11.	Rafael Raimundo Alves	03	Natacao do Fundao	1:05.11		328
	50m: 31.37 31.37	100m: 1:05.11 33.74				
12.	Goncalo Magalhaes Cristovao	03	20Km de Almeirim	1:05.15		328
	50m: 31.56 31.56	100m: 1:05.15 33.59				
13.	Paulo Vakulyuk	03	Torres Novas	1:05.20		327
	50m: 31.34 31.34	100m: 1:05.20 33.86				
14.	Alexandre Afonso Costa	03	Louletano / Loule Concelho	1:05.75		319
	50m: 31.04 31.04	100m: 1:05.75 34.71				
15.	Martinus Almeida Boom	03	Natacao de Faro	1:06.19		312
	50m: 32.12 32.12	100m: 1:06.19 34.07				
16.	Ricardo Martins Ferreira	03	Desporto de Setubal	1:06.61		307
	50m: 32.39 32.39	100m: 1:06.61 34.22				
17.	Andre Martins Sousa	03	Natacao do Montijo	1:06.73		305
	50m: 32.12 32.12	100m: 1:06.73 34.61				

Infantis A

1.	Diogo Santos Costa	02	Colegio Monte Maior	55.74		524
	50m: 26.56 26.56	100m: 55.74 29.18				
2.	Andre Portugal Deus	02	Naval do Funchal	56.42		505
	50m: 26.93 26.93	100m: 56.42 29.49				
3.	Bernardo Jorge Simoes	02	Torres Novas	56.70		497
	50m: 27.93 27.93	100m: 56.70 28.77				
4.	Francisco Costa Nunes	02	Salvaterra de Magos	56.87		493
	50m: 27.52 27.52	100m: 56.87 29.35				
5.	Rafael Moreira Oliveira	02	Belenenses	57.09		487
	50m: 27.67 27.67	100m: 57.09 29.42				
6.	Marco Antonio Costa	02	Natacao Guarda	57.36		480
	50m: 27.52 27.52	100m: 57.36 29.84				
7.	Diogo Nuno Valente	02	Sporting	58.62		450
	50m: 28.05 28.05	100m: 58.62 30.57				
8.	Rafael Rodrigues Jacinto	02	Belenenses	58.82		445
	50m: 28.12 28.12	100m: 58.82 30.70				
9.	Bernardo Geada Brito	02	Naval Amorense	59.21		437
	50m: 28.73 28.73	100m: 59.21 30.48				
	Alexandre Miguel Silva	02	Natacao do Tejo	59.21		437
	50m: 28.75 28.75	100m: 59.21 30.46				
11.	Tomas Penha Monteiro	02	Alges	59.51		430
	50m: 28.73 28.73	100m: 59.51 30.78				

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 25, Masc., 100m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
12.	Pedro Alves Martinho	02	Bombeiros Estoris	59.53		430
	50m: 28.98 28.98	100m:	59.53 30.55			
13.	Miguel Santos Casaca	02	Salvaterra de Magos	59.82		423
	50m: 29.08 29.08	100m:	59.82 30.74			
14.	Martim Primavera Alfama	02	Geslours	1:00.08		418
	50m: 28.63 28.63	100m:	1:00.08 31.45			
15.	Bernardo Safara Inverno	02	Sporting	1:00.29		414
	50m: 29.44 29.44	100m:	1:00.29 30.85			
16.	Joao Nogueira Mendes	02	Laranjeiro	1:00.33		413
	50m: 29.44 29.44	100m:	1:00.33 30.89			
17.	Pedro Freitas Oliveira	02	Naval do Funchal	1:00.83		403
	50m: 29.52 29.52	100m:	1:00.83 31.31			
18.	Tomas Alexandre Costa	02	BUZIOS-Coruche	1:00.84		403
	50m: 29.42 29.42	100m:	1:00.84 31.42			
	Hugo Nunes Magalhaes	02	Alges	1:00.84		403
	50m: 29.11 29.11	100m:	1:00.84 31.73			
20.	Joao Afonso Pacau	02	Gualdim Pais	1:01.06		398
	50m: 29.53 29.53	100m:	1:01.06 31.53			
21.	Andre Botelho Azevedo	02	Nucleo Sportinguista Terceira	1:01.32		393
	50m: 30.06 30.06	100m:	1:01.32 31.26			
22.	Tomas Galvao Lourenco	02	Natacao de Olhao	1:01.36		392
	50m: 29.71 29.71	100m:	1:01.36 31.65			
23.	Joao Miguel Vasco	02	Naval da Nazare	1:01.51		389
	50m: 29.96 29.96	100m:	1:01.51 31.55			
24.	Daniel Rodrigues Alves	02	Belenenses	1:01.56		389
	50m: 29.62 29.62	100m:	1:01.56 31.94			
25.	Daniel Marques Filipe	02	Nautico Abrantes	1:01.69		386
	50m: 30.03 30.03	100m:	1:01.69 31.66			
26.	Tiago Leite Barreiros	02	Alges	1:01.73		385
	50m: 29.74 29.74	100m:	1:01.73 31.99			
27.	Rafael Alves Costa	02	Sporting	1:01.88		383
	50m: 30.35 30.35	100m:	1:01.88 31.53			
28.	Henrique Chan Machado	02	Alges	1:01.94		381
	50m: 29.52 29.52	100m:	1:01.94 32.42			
29.	Rodrigo Rosa Fernandes	02	Cultura e Desporto	1:02.05		379
	50m: 30.29 30.29	100m:	1:02.05 31.76			
30.	Bruno Falacho Gerardo	02	Naval da Nazare	1:02.46		372
	50m: 30.69 30.69	100m:	1:02.46 31.77			
31.	Joao Jesus Silva	02	Juventude Atlantico	1:02.53		371
	50m: 29.87 29.87	100m:	1:02.53 32.66			
32.	Pedro Reis Rodrigues	02	Sao Roque	1:03.51		354
	50m: 30.19 30.19	100m:	1:03.51 33.32			

Torneio Zonal de Infantis (Zona Sul)
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Prova 25, Masc., 100m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
33.	Fernando Guerreiro Graca	02	Naval do Funchal	1:03.54		353
	50m: 30.70 30.70	100m: 1:03.54	32.84			
34.	Goncalo Balbino Mendes	02	Naval de Peniche	1:05.01		330
	50m: 31.23 31.23	100m: 1:05.01	33.78			
35.	Filipe Cavaco Guerreiro	02	Louletano / Loule Concelho	1:05.15		328
	50m: 31.59 31.59	100m: 1:05.15	33.56			
36.	Joao Silva Bernardo	02	Colegio Monte Maior	1:05.16		328
	50m: 31.90 31.90	100m: 1:05.16	33.26			
37.	Rodrigo Neves Pacheco	02	Colegio Monte Maior	1:05.64		320
	50m: 32.15 32.15	100m: 1:05.64	33.49			
EXH	Bernardo Correa Clavinho	02	Scalabiswim	1:01.59		388
	50m: 29.79 29.79	100m: 1:01.59	31.80			

Prova 26

Femin., 100m Bruços

Infantis
Resultados

20-03-2016 - 16:35

Recordes Nacionais 25m Absoluto	1:07.17	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	1:17.79	Mariana Ferrinha Cunha	AAC	Coimbra	19-03-1995
Recordes Nacionais 25m Inf A	1:13.43	Raquel Gomes Pereira	SANL	Abrantes	13-04-2013

TAC-INFAFem Inf A: 1:30.50 / TAC-INFBFem Inf B: 1:35.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Maria Gomes Pereira	04	Alges	1:21.74		444
	50m: 39.08 39.08	100m: 1:21.74	42.66			
2.	Ana Correia Sousa	04	Pimpoes/Cimai	1:25.08		393
	50m: 39.55 39.55	100m: 1:25.08	45.53			
3.	Rita Santos Boies	04	Natacao do Montijo	1:25.60		386
	50m: 40.99 40.99	100m: 1:25.60	44.61			
4.	Ines Louro Silva	04	Albicastrense	1:26.35		376
	50m: 41.33 41.33	100m: 1:26.35	45.02			
5.	Maria Leonor Ferreira	04	Desportivo Nacional	1:26.57		373
	50m: 40.32 40.32	100m: 1:26.57	46.25			
6.	Alexandra Cordeiro Silva	04	Alcobaca	1:28.59		348
	50m: 41.66 41.66	100m: 1:28.59	46.93			
7.	Sofia Vilardell Rodrigues	04	Geslours	1:28.92		344
	50m: 42.96 42.96	100m: 1:28.92	45.96			
8.	Margarida Mateus Morais	04	Torres Novas	1:28.95		344
	50m: 41.92 41.92	100m: 1:28.95	47.03			
9.	Leonor Esteves Santos	04	Avancado EUL	1:29.70		336
	50m: 42.25 42.25	100m: 1:29.70	47.45			

Torneio Zonal de Infantis (Zona Sul)
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Prova 26, Femin., 100m Bruços, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
10.	Catarina Nunes Costa	04	Geslours	1:31.31		318
	50m: 43.80 43.80	100m:	1:31.31 47.51			
11.	Maria Jardim Fidalgo	04	Desportivo Nacional	1:31.49		316
	50m: 44.51 44.51	100m:	1:31.49 46.98			
12.	Matilde Calhau Silva	04	Sporting	1:32.13		310
	50m: 44.13 44.13	100m:	1:32.13 48.00			
13.	Barbara Garrido Franco	04	Elvense	1:32.21		309
	50m: 43.83 43.83	100m:	1:32.21 48.38			
14.	Gabriela Graco Duarte	04	20Km de Almeirim	1:32.59		305
	50m: 43.44 43.44	100m:	1:32.59 49.15			
15.	Filipa Tibo Figueiras	04	A Atletico Montemor	1:32.91		302
	50m: 44.76 44.76	100m:	1:32.91 48.15			
16.	Maria Margarida Goncalves	04	Naval do Funchal	1:33.39		297
	50m: 44.36 44.36	100m:	1:33.39 49.03			
17.	Alice Castico Moreira	04	Natacao do Montijo	1:33.61		295
	50m: 44.05 44.05	100m:	1:33.61 49.56			
18.	Ana Beatriz Pereira	04	Salvaterra de Magos	1:33.92		292
	50m: 44.07 44.07	100m:	1:33.92 49.85			
19.	Angela Jacinto Henriques	04	Pimpoes/Cimai	1:36.58		269
	50m: 45.42 45.42	100m:	1:36.58 51.16			
DSQ	Margarida Filipe Ferreira	04	Nautica do Seixal			
	701 - Mais de uma pernada de golfinho durante a braçada submarina - SW 7.1					
DSQ	Bruna Alexandra Gomes	04	Ba/Bomcar			
	403 - Falsa partida - SW 4.4					

Infantis A

1.	Sara Moura Cruz	03	Alges	1:19.10		489
	50m: 36.95 36.95	100m:	1:19.10 42.15			
2.	Ana Catarina Fernandes	03	Naval do Funchal	1:20.22		469
	50m: 38.01 38.01	100m:	1:20.22 42.21			
3.	Mariana Alves Barbosa	03	Pimpoes/Cimai	1:22.19		436
	50m: 38.99 38.99	100m:	1:22.19 43.20			
4.	Renata Simoes Rato	03	Nautico Marinha Grande	1:22.28		435
	50m: 39.92 39.92	100m:	1:22.28 42.36			
5.	Ana Amarante Dias	03	Naval de Ponta Delgada	1:22.66		429
	50m: 39.16 39.16	100m:	1:22.66 43.50			
6.	Leonor Maria Neves	03	Vialonga	1:23.07		423
	50m: 39.55 39.55	100m:	1:23.07 43.52			
7.	Beatriz Goncalves Casal	03	Torres Novas	1:23.30		419
	50m: 38.97 38.97	100m:	1:23.30 44.33			
8.	Ines Sofia Esteves	03	Nautico Marinha Grande	1:23.85		411
	50m: 40.05 40.05	100m:	1:23.85 43.80			

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 26, Femin., 100m Bruços, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
9.	Luana Pinto Domingues	03	Ba/Bomcar	1:23.92		410
	50m: 39.02 39.02	100m: 1:23.92	44.90			
10.	Andreia Wongsangnoi Alves	03	Colegio Monte Maior	1:25.19		392
	50m: 40.64 40.64	100m: 1:25.19	44.55			
11.	Melissa Sousa Vilarinho	03	FC Ferreiras	1:26.17		379
	50m: 40.85 40.85	100m: 1:26.17	45.32			
12.	Patricia Abreu Seong	03	FC Ferreiras	1:26.29		377
	50m: 41.38 41.38	100m: 1:26.29	44.91			
13.	Margarida Mota Silva	03	Natacao do Montijo	1:26.65		372
	50m: 40.35 40.35	100m: 1:26.65	46.30			
14.	Tatiana Valentim Oliveira	03	Fisica Torres Vedras	1:27.17		366
	50m: 40.99 40.99	100m: 1:27.17	46.18			
15.	Ana Patricia Oliveira	03	20Km de Almeirim	1:27.59		360
	50m: 40.79 40.79	100m: 1:27.59	46.80			
16.	Claudia Beatriz Martins	03	Geslours	1:28.85		345
	50m: 42.09 42.09	100m: 1:28.85	46.76			
17.	Madalena Reis Cerdeira	03	Avancado EUL	1:29.09		342
	50m: 42.41 42.41	100m: 1:29.09	46.68			
18.	Mafalda Viegas Cruz	03	Sporting	1:29.21		341
	50m: 42.56 42.56	100m: 1:29.21	46.65			
19.	Beatriz Camacho Oliveira	03	Naval do Funchal	1:29.32		340
	50m: 42.04 42.04	100m: 1:29.32	47.28			
20.	Beatriz Bastos Pinto	03	Natacao de Faro	1:29.58		337
	50m: 42.49 42.49	100m: 1:29.58	47.09			
21.	Carolina Paixao Carocinho	03	Portinado	1:29.71		335
	50m: 42.53 42.53	100m: 1:29.71	47.18			
22.	Joana Isabel Pulquerio	03	Uniao Piedense	1:30.12		331
	50m: 43.27 43.27	100m: 1:30.12	46.85			
23.	Marta Filipa Matias	03	CCDSerta	1:30.38		328
	50m: 42.60 42.60	100m: 1:30.38	47.78			
24.	Maria Catarina Tavares	03	Natacao de Faro	1:31.39		317
	50m: 43.38 43.38	100m: 1:31.39	48.01			
25.	Ana Cabral Silva	03	FC Ferreiras	1:31.41		317
	50m: 42.72 42.72	100m: 1:31.41	48.69			
EXH	Gabriela Borozan	04	Louletano / Loule Concelho	1:24.87		396
	50m: 39.76 39.76	100m: 1:24.87	45.11			

Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 27

Masc., 200m Mariposa

Infantis

20-03-2016 - 17:10

Resultados

Recordes Nacionais 25m Absoluto	1:53.39	Diogo Filipe Carvalho	POR	Istambul (TUR)	12-12-2009
Recordes Nacionais 25m Inf B	2:19.18	Andre Vilas Ruivo	DNMG	Nazaré	01-06-2013
Recordes Nacionais 25m Inf A	2:12.42	Tomas Miguel Freitas	CDN	Funchal	11-07-2004

TAC-INFAMasc Inf A: 2:41.50 / TAC-INFBMasc Inf B: 2:50.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Pedro Afonso Sousa	03	Desportivo Nacional	2:29.40		383
	50m: 32.36 32.36	100m: 1:09.55 37.19	150m: 1:49.54	39.99	200m: 2:29.40	39.86
2.	Antonio Guerra Marreiros	03	Alges	2:34.61		346
	50m: 34.99 34.99	100m: 1:13.90 38.91	150m: 1:54.10	40.20	200m: 2:34.61	40.51
3.	Pedro Miguel Boavida	03	Natacao de Olhao	2:35.72		338
	50m: 33.99 33.99	100m: 1:13.59 39.60	150m: 1:54.53	40.94	200m: 2:35.72	41.19
4.	Rodrigo Reis Dias	03	Belenenses	2:42.62		297
	50m: 34.23 34.23	100m: 1:15.22 40.99	150m: 1:57.97	42.75	200m: 2:42.62	44.65
5.	Tiago Miguel Jorge	03	Rio Maior	2:44.74		286
	50m: 36.77 36.77	100m: 1:18.65 41.88	150m: 2:02.44	43.79	200m: 2:44.74	42.30
6.	Tomas Miguel Felicio	03	Rio Maior	2:45.89		280
	50m: 35.85 35.85	100m: 1:18.65 42.80	150m: 2:02.09	43.44	200m: 2:45.89	43.80
DSQ	Afonso Gomes Mestre	03	Tavira Natacao			
	809 - Movimento alternado de pernas durante o percurso - SW 8.3					
DSQ	Rui Afonso Fernandes	03	Desportivo Nacional			
	809 - Movimento alternado de pernas durante o percurso - SW 8.3					

Infantis A

1.	Vicente Oliveira Gomes	02	Sporting	2:16.98		497
	50m: 30.73 30.73	100m: 1:06.09 35.36	150m: 1:41.99	35.90	200m: 2:16.98	34.99
2.	Ruy Manuel Domingos	02	Sporting	2:26.73		404
	50m: 32.33 32.33	100m: 1:09.90 37.57	150m: 1:48.49	38.59	200m: 2:26.73	38.24
3.	Goncalo Morais Gordo	02	Colegio Monte Maior	2:27.69		397
	50m: 32.43 32.43	100m: 1:09.91 37.48	150m: 1:49.20	39.29	200m: 2:27.69	38.49
4.	Joao Miguel Martins	02	Belenenses	2:30.14		378
	50m: 33.16 33.16	100m: 1:11.52 38.36	150m: 1:51.65	40.13	200m: 2:30.14	38.49
5.	Pedro Miguel Pinto	02	Fisica Torres Vedras	2:30.50		375
	50m: 31.41 31.41	100m: 1:08.32 36.91	150m: 1:47.97	39.65	200m: 2:30.50	42.53
6.	Lucas Guarda Moniz	02	Ba/Bomcar	2:31.90		365
	50m: 33.61 33.61	100m: 1:11.95 38.34	150m: 1:51.87	39.92	200m: 2:31.90	40.03
7.	Duarte Nunes Sequeira	02	Natacao de Lagos	2:32.00		364
	50m: 31.87 31.87	100m: 1:09.24 37.37	150m: 1:49.79	40.55	200m: 2:32.00	42.21
8.	David Alexandre Rebelo	02	Nautico Marinha Grande	2:33.76		351
	50m: 32.23 32.23	100m: 1:11.92 39.69	150m: 1:52.99	41.07	200m: 2:33.76	40.77

Torneio Zonal de Infantis (Zona Sul)
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Prova 27, Masc., 200m Mariposa, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
9.	Joao Garcez Mateus	02	Desporto de Setubal	2:39.89		313
	50m: 33.99 33.99	100m: 1:13.44 39.45	150m: 1:56.72 43.28	200m: 2:39.89		43.17
DSQ	Simao Pedro Dias	02	Natacao Guarda			
	809 - Movimento alternado de pernas durante o percurso - SW 8.3					
DSQ	Tomas Galvao Lourenco	02	Natacao de Olhao			
	809 - Movimento alternado de pernas durante o percurso - SW 8.3					

Prova 28 Femin., 100m Mariposa Infantis
20-03-2016 - 17:25 Resultados

Recordes Nacionais 25m Absoluto	58.31	Sara Freitas Oliveira	POR	Dubai (UAE)	18-12-2010
Recordes Nacionais 25m Inf B	1:06.89	Ana Margarida Guedes	GCVR	Espinho	25-05-2013
Recordes Nacionais 25m Inf A	1:03.28	Ana Margarida Guedes	GCVR	Vila Real	10-06-2014

TAC-INFAM Inf A: 1:20.00 / TAC-INFAM Inf B: 1:25.00

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Infantis B						
1.	Maria Ferreira Moura	04	Geslours	1:09.61		482
	50m: 32.64 32.64	100m: 1:09.61 36.97				
2.	Lidiana Correia Rodrigues	04	Individual ANL	1:15.01		385
	50m: 35.34 35.34	100m: 1:15.01 39.67				
3.	Alice Jesus Morgado	04	Vialonga	1:16.65		361
	50m: 36.12 36.12	100m: 1:16.65 40.53				
4.	Rita Santos Boies	04	Natacao do Montijo	1:16.95		357
	50m: 36.26 36.26	100m: 1:16.95 40.69				
5.	Ines Sofia Alves	04	Portinado	1:17.12		355
	50m: 36.71 36.71	100m: 1:17.12 40.41				
6.	Constanca Alexandra Silva	04	Pimpos/Cimai	1:18.79		332
	50m: 36.90 36.90	100m: 1:18.79 41.89				
7.	Carolina Porem Henriques	04	Amadora	1:20.42		313
	50m: 37.44 37.44	100m: 1:20.42 42.98				
8.	Carolina Fale Costa	04	Colegio Monte Maior	1:21.84		297
	50m: 39.59 39.59	100m: 1:21.84 42.25				
9.	Ana Costa Goncalves	04	Sporting	1:21.87		296
	50m: 37.31 37.31	100m: 1:21.87 44.56				
10.	Mariana Pereira Mendes	04	Louletano / Loule Concelho	1:22.73		287
	50m: 37.94 37.94	100m: 1:22.73 44.79				
DSQ	Selena Vant	04	Louletano / Loule Concelho			
	809 - Movimento alternado de pernas durante o percurso - SW 8.3					

Torneio Zonal de Infantis (Zona Sul)
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Prova 28, Femin., 100m Mariposa

Infantis A

1. Joana Ribeiro Martins	03	Benfica	1:07.27	534
50m: 31.45 31.45	100m: 1:07.27 35.82			
2. Beatriz Azevedo Isaias	03	Colegio Monte Maior	1:07.93	519
50m: 31.79 31.79	100m: 1:07.93 36.14			
3. Julia Caldeira Ferreira	03	Naval do Funchal	1:11.76	440
50m: 33.60 33.60	100m: 1:11.76 38.16			
4. Lea Alexandra Mendes	03	Gualdim Pais	1:13.31	413
50m: 32.75 32.75	100m: 1:13.31 40.56			
5. Francisca Santos Clemente	03	Ba/Bomcar	1:13.32	413
50m: 34.22 34.22	100m: 1:13.32 39.10			
6. Maria Campos Caiado	03	Pimpoes/Cimai	1:13.47	410
50m: 33.40 33.40	100m: 1:13.47 40.07			
7. Sofia Peres Ferrao	03	Vialonga	1:14.39	395
50m: 35.11 35.11	100m: 1:14.39 39.28			
8. Melissa Sousa Vilarinho	03	FC Ferreiras	1:14.84	388
50m: 35.39 35.39	100m: 1:14.84 39.45			
9. Patricia Abreu Seong	03	FC Ferreiras	1:15.92	372
50m: 35.57 35.57	100m: 1:15.92 40.35			
10. Ines Apolinario Soares	03	Pimpoes/Cimai	1:16.66	361
50m: 36.27 36.27	100m: 1:16.66 40.39			
11. Constanca Mendes Gomes	03	Pimpoes/Cimai	1:17.81	345
50m: 36.85 36.85	100m: 1:17.81 40.96			
12. Ana Rui Gomes	03	Naval da Nazare	1:17.85	345
50m: 35.30 35.30	100m: 1:17.85 42.55			
13. Madalena Almeida Santos	03	Bombeiros Ponta Delgada	1:18.85	332
50m: 35.95 35.95	100m: 1:18.85 42.90			

Prova 29
20-03-2016 - 17:40

Masc., 4 x 100m Estilos

Infantis
Resultados

Recordes Nacionais 25m Absoluto	3:34.53	CCD Estrelas S. Joao de Brito	ESJB	Porto	19-12-2014
Recordes Nacionais 25m Inf B	4:35.54	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Porto	17-03-2013
Recordes Nacionais 25m Inf A	4:12.50	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Cantanhede	30-03-2014

TAC-INFAMasc Inf A: 5:07.00 / TAC-INFBMasc Inf B: 5:26.00

Pontos: FINA 2015

Lugar	Clube	Tempo Final	TReac	Pts
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Torneio Zonal de Infantis (Zona Sul)
Tomar, 18- - 20-3-2016

Prova 29, Masc., 4 x 100m Estilos

Infantis B

1. Alges-INF B				Alges		4:53.98	310
Bernardo Araujo Freire	03	36.20	1:14.18	Antonio Guerra Marreiros	03	31.68	1:10.22
Tomas Almeida Leita	03	40.99	1:26.97	Ricardo Novikov	03	29.92	1:02.61
2. Belenenses-INF B				Belenenses		5:03.48	282
Pedro Pires Gomes	03	38.17	1:20.10	Rodrigo Reis Dias	03	33.15	1:13.58
Luis Cabral Junior	03	37.38	1:20.12	Guilherme Guerreiro Sousa	03	32.93	1:09.68
3. Geslours-INF B				Geslours		5:04.05	281
Goncalo Filipe Valente	03	35.71	1:15.24	David Manuel Vale	03	34.44	1:14.86
Salvador Ataide Parente	03	40.25	1:24.26	Daniel Alexandre Ascenso	03	33.39	1:09.69
4. Sao Roque-INF B				Sao Roque		5:04.94	278
Pedro Henrique Lopes	03	35.93	1:15.10	Pedro Afonso Andrade	03	35.13	1:18.27
Simao Vieira Camara	03	38.26	1:21.73	Joao Nuno Marote	03	32.25	1:09.84
5. Viver Santarem-INF B				Viver Santarem		5:05.91	275
Afonso Miguel Silva	03	36.79	1:16.18	Guilherme Pereira Coutinho	03	35.87	1:17.36
Luis Afonso Lopes	03	38.39	1:23.95	Miguel Silva Pereira	03	32.47	1:08.42

Infantis A

1. Sporting-INF A <i>Rec Nacional</i>				Sporting		4:12.48	490
Diogo Nuno Valente	02	29.92	1:01.67	Vicente Oliveira Gomes	02	28.22	1:00.95
Martim Rebelo Malfeito	02	33.15	1:10.54	Ruy Manuel Domingos	02	28.55	59.32
2. Alges-INF A				Alges		4:29.81	402
Tiago Leite Barreiros	02	32.28	1:07.29	Tomas Penha Monteiro	02	30.88	1:07.04
Henrique Chan Machado	02	35.41	1:16.09	Hugo Nunes Magalhaes	02	28.54	59.39
3. Naval do Funchal-INF A				Naval do Funchal		4:32.89	388
Diogo Henrique Pita	02	33.26	1:10.11	Afonso Pinto Alves	02		1:11.59
Andre Portugal Deus	02	33.51	1:11.00	Pedro Freitas Oliveira	02	28.63	1:00.19
4. Belenenses-INF A				Belenenses		4:33.68	385
Daniel Rodrigues Alves	02	32.36	1:08.06	Joao Miguel Martins	02	32.19	1:09.27
Rafael Rodrigues Jacinto	02	36.57	1:19.01	Rafael Moreira Oliveira	02	26.94	57.34
5. Geslours-INF A				Geslours		4:40.66	357
Francisco Alves Souza	02	33.86	1:10.99	Martim Primavera Alfama	02	30.12	1:10.80
Francisco Padilla Correia	02	35.29	1:15.69	Afonso Amaro Santos	02	30.27	1:03.18
6. Colegio Monte Maior-INF A				Colegio Monte Maior		4:40.87	356
Diogo Santos Costa	02	29.67	1:01.23	Goncalo Moraes Gordo	02	31.10	1:07.25
Joao Silva Bernardo	02	40.07	1:23.87	Rodrigo Neves Pacheco	02	31.80	1:08.52
7. Naval de Peniche-INF A				Naval de Peniche		4:46.28	336
Goncalo Balbino Mendes	02	33.86	1:09.19	Abel Duarte Afonso	02	33.72	1:13.39
Diogo Marreiros Gloria	02	20.52	1:16.32	Dmitro Paliy	02	30.73	1:07.38
8. Nautico Marinha Grande-INF A				Nautico Marinha Grande		4:51.49	318
Miguel Vicente Silva	02	36.42	1:14.26	David Alexandre Rebelo	02	31.48	1:07.91
Diogo Azevedo Cruz	02	38.71	1:22.93	Pedro Piteira Gaiolas	02	32.38	1:06.39
9. Aminata-INF A				Aminata		4:55.36	306
Pedro Miguel Fialho	02	36.52	1:16.41	Rodrigo Miguel Alves	02	32.16	1:10.18
Joao Pedro Paiva	02	39.62	1:23.77	Joao Filipe Calcona	02	30.64	1:05.00

Torneio Zonal de Infantis (Zona Sul)
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Prova 29, Masc., 4 x 100m Estilos, Infantis A

Lugar				Clube			Tempo Final	TReac	Pts
10.	Bombeiros Estoris-INF A			Bombeiros Estoris			4:57.03		301
	Guilherme Neto Ferreira	02	35.53	1:14.13	Goncalo Francisco Neves	02	33.78		1:16.34
	Pedro Alves Martinho	02	36.85	1:19.84	Pedro Picoto Garcia	02	32.40		1:06.72
11.	Ba/Bomcar-INF A			Ba/Bomcar			4:59.44		294
	Pedro Vilas Ruivo	02	33.68	1:08.62	Lucas Guarda Moniz	02	32.41		1:12.00
	Manuel Maria Frois	02	40.24	1:28.07	Tiago Rafael Goncalves	02	33.48		1:10.75
DSQ	Portinado-INF A			Portinado					
	<i>111 - Rendição antecipada do(a) 4 nadador(a) - SW 10.11</i>								
	Gabriel Carmo Centeio	02	37.17	1:16.09	Diogo Martins Santos	02	33.27		1:14.60
	Leandro Dinis Fonseca	02	34.95	1:17.32	Diogo Sousa Gomes	02			

Prova 30
20-03-2016 - 18:00

Femin., 4 x 100m Livres

Infantis Resultados

Recordes Nacionais 25m Absoluto	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	04-12-2010
Recordes Nacionais 25m Inf B	4:28.19	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Ponte da Barca	07-03-2010
Recordes Nacionais 25m Inf A	4:14.71	Sporting Clube de Portugal	SCP	Silves	29-03-2015

TAC-INFAFem Inf A: 4:58.00 / TAC-INFBFem Inf B: 5:10.00

Pontos: FINA 2015

Lugar				Clube			Tempo Final	TReac	Pts
1.	Alges-INF B			Alges			4:45.09		380
	Leonor Alves Morganho	04	32.66	1:07.19	Maria Gomes Pereira	04	31.99		1:06.67
	Aleksandra Bozanic Borcic	04	36.51	1:15.74	Beatriz Costa Melo	04	36.53		1:15.49
2.	Sporting-INF B			Sporting			4:47.10		372
	Madalena Graca Geraldies	04	34.02	1:10.65	Marta Macedo Inacio	04	34.83		1:13.76
	Ana Costa Goncalves	04	35.28	1:12.23	Joana Maia Antunes	04	33.82		1:10.46
3.	Geslours-INF B			Geslours			4:47.84		369
	Carolina Osorio Brasao	04	34.59	1:13.45	Catarina Nunes Costa	04	36.80		1:15.70
	Sofia Vilardell Rodrigues	04	35.34	1:14.89	Maria Ferreira Moura	04	31.37		1:03.80
4.	Ba/Bomcar-INF B			Ba/Bomcar			4:47.92		369
	Laura Macedo Lagoa	04	34.52	1:11.40	Rita Mendes Simoes	04	35.55		1:14.91
	Maria Martim Coutinho	04	21.39	1:13.36	Maria Lopes Amado	04	32.82		1:08.25
5.	Naval Amorense-INF B			Naval Amorense			4:55.56		341
	Rafaela Salsinha Fontes	04	34.86	1:12.19	Marta Pereira Domingos	04	34.07		1:11.54
	Marta Silva Figueiredo	04	36.47	1:16.21	Sara Vitoria Gomes	04	35.71		1:15.62
6.	Colegio Vasco da Gama-INF B			Colegio Vasco da Gama			4:59.09		329
	Barbara Almeida Ribeiro	04	33.79	1:09.72	Margarida Carvalho Barao	04	35.69		1:16.89
	Daniela Alexandra Pedro	04	34.79	1:13.93	Catarina Alexandra Marques	04	37.47		1:18.55
7.	Pimpoes/Cimai-INF B			Pimpoes/Cimai			5:00.11		325
	Constanca Alexandra Silva	04	33.18	1:09.64	Beatriz Gomes Miguel	04	37.83		1:19.93
	Ana Correia Sousa	04	35.47	1:16.32	Angela Jacinto Henriques	04	34.28		1:14.22
8.	Natacao do Montijo-INF B			Natacao do Montijo			5:02.14		319
	Sara Alexandra Castro	04	34.83	1:12.57	Margarida Mendes Bras	04	37.25		1:19.83
	Alice Castico Moreira	04	36.87	1:18.25	Rita Santos Boioes	04	34.28		1:11.49

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Prova 30, Femin., 4 x 100m Livres, Infantis B

Lugar	Clube	Tempo Final	TReac	Pts
9.	20Km de Almeirim-INF B	20Km de Almeirim	5:02.18	319
	Joana Margarida Sousa 04 35.43 1:13.75	Leonor Narciso Jourdan 04 37.93 1:21.03		
	Gabriela Graco Duarte 04 35.58 1:15.86	Beatriz Staiger Bento 04 32.80 1:11.54		
DSQ	Albicastrense-INF B	Albicastrense		
	<i>111 - Rendição antecipada do(a) 2 nadador(a) - SW 10.11</i>			
	Ines Louro Silva 04 34.17 1:11.62	Ana Rita Goncalves 04		
	Alice Sequeira Marques 04	Maria Alexandra Marques 04		

Infantis A

1.	Geslours-INF A	Geslours	4:24.16	477
	Daniela Mascarenhas Henriques 03 31.69 1:05.49	Claudia Beatriz Martins 03 33.07 1:08.05		
	Beatriz Vaz Rebelo 03 30.79 1:03.90	Barbara Sofia Amaral 03 31.50 1:06.72		
2.	Pimpoes/Cimai-INF A	Pimpoes/Cimai	4:27.39	460
	Ines Apolinario Soares 03 33.38 1:08.50	Maria Campos Caiado 03 31.53 1:06.73		
	Mariana Alves Barbosa 03 31.01 1:05.92	Constanca Mendes Gomes 03 31.93 1:06.24		
3.	Alges-INF A	Alges	4:27.40	460
	Catarina Guimaraes Moreira 03 32.13 1:06.31	Sara Moura Cruz 03 30.35 1:03.80		
	Sophia Rose Taylor 03 32.90 1:08.13	Maria Ines Ribeiro 03 32.99 1:09.16		
4.	Sporting-INF A	Sporting	4:28.69	454
	Barbara Silva Viegas 03 33.24 1:08.55	Joana Sousa Almeida 03 33.22 1:09.16		
	Mafalda Viegas Cruz 03 33.20 1:09.67	Filipa Ramos Peixeira 03 29.03 1:01.31		
5.	Naval do Funchal-INF A	Naval do Funchal	4:28.84	453
	Julia Caldeira Ferreira 03 32.76 1:07.80	Beatriz Camacho Oliveira 03 32.82 1:10.24		
	Ana Margarida Betencourt 03 31.27 1:06.95	Ana Catarina Fernandes 03 30.61 1:03.85		
6.	Ba/Bomcar-INF A	Ba/Bomcar	4:32.19	436
	Ines Filipa Jacinto 03 32.90 1:08.73	Francisca Santos Clemente 03 33.42 1:09.94		
	Sara Santos Lopes 03 33.32 1:08.08	Luana Pinto Domingues 03 31.06 1:05.44		
7.	Nautico Marinha Grande-INF A	Nautico Marinha Grande	4:33.93	428
	Renata Simoes Rato 03 32.78 1:07.26	Ines Sofia Esteves 03 33.60 1:10.81		
	Mariana Azevedo Cruz 03 32.60 1:08.97	Ines Oliveira Andre 03 31.95 1:06.89		
8.	FC Ferreiras-INF A	FC Ferreiras	4:36.29	417
	Patricia Abreu Seong 03 33.59 1:09.87	Melissa Sousa Vilarinho 03 32.43 1:08.28		
	Dana Alexia Cantiru 03 33.01 1:09.91	Ana Cabral Silva 03 32.06 1:08.23		
9.	Benfica-INF A	Benfica	4:37.31	413
	Joana Ribeiro Martins 03 31.54 1:04.96	Rafaela Sofia Silva 03 33.56 1:11.28		
	Beatriz Picanco Martins 03 31.32 1:05.56	Filipa Alexandra Henriques 03 35.47 1:15.51		
10.	Naval Setubalense-INF A	Naval Setubalense	4:43.43	386
	Catarina Ines Correia 03 34.76 1:11.26	Mariana Banca Ferreira 03 33.20 1:10.02		
	Raquel Pereira Pinto 03 36.03 1:14.76	Ana Margarida Soares 03 32.24 1:07.39		
11.	Fisica Torres Vedras-INF A	Fisica Torres Vedras	4:46.56	374
	Ema Jeronimo Conceicao 03 32.53 1:06.98	Laura Morais Marques 03 35.64 1:14.55		
	Leonor Sequeira Barardo 03 35.85 1:14.55	Tatiana Valentim Oliveira 03 33.89 1:10.48		
12.	Vialonga-INF A	Vialonga	4:47.38	371
	Leonor Maria Neves 03 33.92 1:10.63	Mariana Alexandra Santos 03 34.98 1:13.11		
	Bruna Simoes Inacio 03 35.09 1:13.63	Sofia Peres Ferrao 03 33.30 1:10.01		

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Lugar				Clube		Tempo Final	TReac	Pts
13.	CCDSerta-INF A			CCDSerta		4:51.34		356
	Marta Filipa Matias	03	33.50	1:10.72	Leonor Santos Ribeiro	03	35.57	1:15.08
	Laura Andre Catarino	03	32.59	1:08.40	Carolina Martins Ribeiro	03	36.61	1:17.14
14.	Bombeiros Ponta Delgada-INF A			Bombeiros Ponta Delgada		4:54.62		344
	Beatriz Almeida Carvalho	03	33.27	1:09.48	Julia Medeiros Seixas	03	34.30	1:13.83
	Maria Joao Bento	03	35.73	1:16.15	Madalena Almeida Santos	03	36.12	1:15.16
EXH	Louletano / Loule Concelho-INF B			Louletano / Loule Concelho		4:45.70		377
	Selena Vant	04	33.42	1:09.99	Matilde Fialho Conceicao	04	34.70	1:11.70
	Mariana Pereira Mendes	04	33.78	1:10.90	Gabriela Boroza	04	34.90	1:13.11