

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

1 - 1ª SESSÃO

09-07-2021 - 16:00

Prova 1	Masc., 400m Livres				Infantil B
09-07-2021 - 16:00					Resultados
Recorde Distrital ANDS 50m Absoluto	3:57.15	Gustavo Manuel Santa	CNLA	Helsinki (FIN)	14-07-2010
Recorde Distrital ANDS 50m Inf B	4:38.50	João Paulo Paias	CNLA	Voimbra	23-07-2005

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Francisco Guilherme Freixeiro	08	Rio Maior	5:13.68	345
	50m: 35.67 150m: 1:55.29 250m: 3:15.87 350m: 4:34.88				
	100m: 1:14.98 200m: 2:35.10 300m: 3:56.60 400m: 5:13.68				
2.	Leonardo Gomes Silva	08	Rio Maior	5:28.95	299
	50m: 34.38 150m: 2:00.40 250m: 3:27.86 350m: 4:51.05				
	100m: 1:17.03 200m: 2:43.69 300m: 4:10.81 400m: 5:28.95				
3.	Joao Pedro Monteiro	08	BUZIOS-Coruche	5:29.75	297
	50m: 38.06 150m: 2:01.36 250m: 3:24.96 350m: 4:48.95				
	100m: 1:19.35 200m: 2:44.63 300m: 4:07.66 400m: 5:29.75				
4.	Afonso Bernardo Evaristo	08	Gualdim Pais	5:34.75	284
	50m: 35.80 150m: 1:59.23 250m: 3:25.55 350m: 4:53.07				
	100m: 1:17.30 200m: 2:42.34 300m: 4:09.33 400m: 5:34.75				
5.	Francisco Martim Correia	08	Rio Maior	6:02.27	224
	50m: 38.01 150m: 2:07.39 250m: 3:40.80 350m: 5:14.66				
	100m: 1:22.12 200m: 2:54.67 300m: 4:26.89 400m: 6:02.27				
6.	Miguel Ferreira Cruz	08	CLAC-Entroncamento	6:19.43	195
	50m: 38.40 150m: 2:11.84 250m: 3:52.16 350m: 5:32.82				
	100m: 1:24.11 200m: 3:01.99 300m: 4:42.99 400m: 6:19.43				

Prova 1	Masc., 400m Livres				Infantil A
09-07-2021 - 16:00					Resultados
Recorde Distrital ANDS 50m Absoluto	3:57.15	Gustavo Manuel Santa	CNLA	Helsinki (FIN)	14-07-2010
Recorde Distrital ANDS 50m Inf A	4:24.78	Gustavo Manuel Santa	CNLA	Faro	21-07-2007

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Alexandre Morari	07	Rio Maior	4:37.20	500
	50m: 30.18 150m: 1:39.27 250m: 2:50.25 350m: 4:02.71				
	100m: 1:04.50 200m: 2:14.67 300m: 3:26.76 400m: 4:37.20				
2.	Tomas Alexandre Santos	07	BUZIOS-Coruche	5:10.68	355
	50m: 35.05 150m: 1:54.21 250m: 3:14.03 350m: 4:33.75				
	100m: 1:13.80 200m: 2:33.97 300m: 3:53.73 400m: 5:10.68				
3.	Eugenio Melnyk	07	Rio Maior	5:11.25	353
	50m: 33.72 150m: 1:52.05 250m: 3:12.06 350m: 4:32.56				
	100m: 1:12.15 200m: 2:31.84 300m: 3:52.08 400m: 5:11.25				
4.	Bernardo Pereira Simoes	07	Torres Novas	5:11.37	353
	100m: 1:13.42 200m: 2:33.65 300m: 3:53.21 400m: 5:11.37				
5.	Joao Miguel Pinto	07	20Km de Almeirim	5:15.09	340
	50m: 34.33 150m: 1:52.36 250m: 3:14.44 350m: 4:35.98				
	100m: 1:12.57 200m: 2:33.00 300m: 3:54.85 400m: 5:15.09				
6.	Daniel Santos Carapeto	07	Nautico Abrantes	5:22.00	319
	50m: 36.35 150m: 1:56.25 250m: 3:18.34 350m: 4:42.34				
	100m: 1:15.75 200m: 2:36.61 300m: 4:00.07 400m: 5:22.00				
7.	Simao Rocha Silva	07	Gualdim Pais	5:42.04	266
	50m: 35.57 150m: 1:59.71 250m: 3:30.35 350m: 5:01.13				
	100m: 1:16.13 200m: 2:44.91 300m: 4:15.71 400m: 5:42.04				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 1, Masc., 400m Livres, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	Pts
8.	Simao Pedro Oliveira	07	Torres Novas	5:47.70	253
	50m: 37.37 150m: 2:04.27 250m: 3:33.78 350m: 5:05.32				
	100m: 1:20.45 200m: 2:49.27 300m: 4:19.45 400m: 5:47.70				

Prova 1 Masc., 400m Livres Juvenil Resultados

09-07-2021 - 16:00

Recorde Distrital ANDS 50m Absoluto	3:57.15	Gustavo Manuel Santa	CNLA	Helsinquia (FIN)	14-07-2010
Recorde Distrital ANDS 50m Juv A	3:59.38	Gustavo Manuel Santa	CNLA	Tampere (FIN)	23-07-2009
Recorde Distrital ANDS 50m Juv B	4:12.63	Jose Henriques Luz	NSCG	Oeiras	26-07-2014

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Carlos Daniel Nunes	05	Nautico Salvaterra Magos	4:33.82	519
	50m: 30.78 150m: 1:38.35 250m: 2:47.69 350m: 3:59.43				
	100m: 1:04.19 200m: 2:12.77 300m: 3:23.40 400m: 4:33.82				
2.	Ricardo Matias Santos	05	CPFZ - Natação	4:37.21	500
	50m: 31.77 150m: 1:43.13 250m: 2:55.06 350m: 4:04.86				
	100m: 1:07.21 200m: 2:19.45 300m: 3:31.31 400m: 4:37.21				
3.	Jose Maria Temudo	06	Rio Maior	4:51.80	428
	50m: 32.62 150m: 1:47.06 250m: 3:01.85 350m: 4:15.60				
	100m: 1:09.59 200m: 2:25.02 300m: 3:38.92 400m: 4:51.80				
4.	Afonso Formigo Pinho	06	Torres Novas	4:53.10	423
	50m: 30.62 150m: 1:42.64 250m: 2:59.75 350m: 4:16.47				
	100m: 1:05.26 200m: 2:21.13 300m: 3:38.02 400m: 4:53.10				
5.	Guilherme Filipe Gaboleiro	05	Rio Maior	4:56.10	410
	50m: 30.61 150m: 1:43.63 250m: 3:00.00 350m: 4:18.04				
	100m: 1:05.72 200m: 2:21.96 300m: 3:38.74 400m: 4:56.10				
6.	Ricardo Filipe Gaboleiro	05	Rio Maior	5:00.38	393
	50m: 30.76 150m: 1:42.67 250m: 3:01.52 350m: 4:21.57				
	100m: 1:05.29 200m: 2:21.87 300m: 3:41.33 400m: 5:00.38				
7.	Goncalo Filipe Ferreira	06	20Km de Almeirim	5:06.49	370
	50m: 33.84 150m: 1:51.95 250m: 3:11.56 350m: 4:30.12				
	100m: 1:12.04 200m: 2:30.95 300m: 3:51.32 400m: 5:06.49				
8.	Lorenzo Muniz Silva	06	BUZIOS-Coruche	5:10.30	356
	100m: 1:13.65 200m: 2:33.40 300m: 3:53.40 400m: 5:10.30				

DSQ Antonio Pedro Martins 05 CPFZ - Natação
SW 4.4 - Falsa partida

Prova 1 Masc., 400m Livres Absoluto Resultados

09-07-2021 - 16:00

Recorde Distrital ANDS 50m Absoluto	3:57.15	Gustavo Manuel Santa	CNLA	Helsinquia (FIN)	14-07-2010
Recorde Distrital ANDS 50m Sen	4:02.43	Pedro Diogo Oliveira	INDADS	Atlanta (USA)	01-12-2011
Recorde Distrital ANDS 50m Jun	3:57.15	Gustavo Manuel Santa	CNLA	Helsinquia (FIN)	14-07-2010

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Luis Afonso Lopes	03	Viver Santarem	4:14.28	648
	50m: 29.11 150m: 1:33.23 250m: 2:37.98 350m: 3:43.09				
	100m: 1:00.89 200m: 2:05.43 300m: 3:10.48 400m: 4:14.28				
2.	Goncalo Gualberto Barbara	00	Rio Maior	4:24.62	575
	50m: 29.42 150m: 1:34.65 250m: 2:42.17 350m: 3:50.70				
	100m: 1:01.44 200m: 2:08.06 300m: 3:16.26 400m: 4:24.62				
3.	Diogo Miguel Matreno	03	Torres Novas	4:30.19	540
	50m: 29.36 150m: 1:37.10 250m: 2:47.59 350m: 3:57.65				
	100m: 1:02.56 200m: 2:12.58 300m: 3:22.72 400m: 4:30.19				

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Prova 1, Masc., 400m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts
4.	Jose Miguel Monteiro	04	Gualdim Pais	4:31.80	530
	50m: 29.46 150m: 1:36.28	250m: 2:46.00	350m: 3:57.08		
	100m: 1:02.08 200m: 2:10.78	300m: 3:21.34	400m: 4:31.80		
5.	Bernardo Jose Dionisio	99	Gualdim Pais	4:37.30	499
	50m: 28.82 150m: 1:37.54	250m: 2:49.95	350m: 4:02.84		
	100m: 1:01.94 200m: 2:13.43	300m: 3:26.37	400m: 4:37.30		
6.	Rodrigo Cardoso Fernandes	04	Viver Santarem	4:42.48	472
	50m: 30.66 150m: 1:39.10	250m: 2:52.88	350m: 4:08.29		
	100m: 1:03.80 200m: 2:15.71	300m: 3:30.65	400m: 4:42.48		
7.	Joao Marques Ferreira	04	Viver Santarem	4:42.75	471
	50m: 31.36 150m: 1:41.13	250m: 2:55.12	350m: 4:09.44		
	100m: 1:05.68 200m: 2:18.11	300m: 3:32.41	400m: 4:42.75		
8.	Tiago Miguel Jorge	03	Rio Maior	4:44.46	463
	50m: 30.88 150m: 1:41.26	250m: 2:54.11	350m: 4:08.07		
	100m: 1:05.64 200m: 2:17.76	300m: 3:31.17	400m: 4:44.46		
9.	Tiago Charrua Gago	04	Viver Santarem	4:45.06	460
	50m: 29.91 150m: 1:39.46	250m: 2:52.14	350m: 4:07.61		
	100m: 1:03.41 200m: 2:16.05	300m: 3:30.54	400m: 4:45.06		
10.	Rui Chagas Alves	03	Viver Santarem	4:48.73	442
	50m: 32.42 150m: 1:44.28	250m: 2:58.18	350m: 4:12.23		
	100m: 1:07.87 200m: 2:21.40	300m: 3:35.58	400m: 4:48.73		
11.	Ruben Daniel Linhares	97	Rio Maior	5:10.61	355
	50m: 34.83 150m: 1:50.59	250m: 3:08.63	350m: 4:29.90		
	100m: 1:12.30 200m: 2:29.42	300m: 3:48.84	400m: 5:10.61		
12.	Goncalo Maria Mendonca	04	Viver Santarem	5:26.91	305
	50m: 34.93 150m: 1:53.36	250m: 3:18.00	350m: 4:45.61		
	100m: 1:12.97 200m: 2:35.26	300m: 4:01.88	400m: 5:26.91		
EXH	Filipe Santos Cardoso	04	Gafanha da Encarnacao	4:19.52	609
	50m: 29.48 150m: 1:34.68	250m: 2:40.72	350m: 3:47.14		
	100m: 1:01.73 200m: 2:07.67	300m: 3:14.04	400m: 4:19.52		
EXH	Daniel Batista Tavares	06	Bombeiros Mealhada/ CA	4:32.24	528
	50m: 29.34 150m: 1:36.41	250m: 2:46.11	350m: 3:57.54		
	100m: 1:02.41 200m: 2:11.25	300m: 3:21.82	400m: 4:32.24		
EXH	Afonso Marreiros Gloria	04	Lagoa AC	4:54.20	418
	50m: 31.16 150m: 1:43.04	250m: 2:59.79	350m: 4:16.58		
	100m: 1:06.17 200m: 2:21.19	300m: 3:38.40	400m: 4:54.20		
EXH	Santiago Ganso Perdigao	08	Lagoa AC	5:22.43	317
	50m: 34.48 150m: 1:54.04	250m: 3:18.00	350m: 4:42.60		
	100m: 1:13.47 200m: 2:35.45	300m: 4:00.79	400m: 5:22.43		
EXH	Miguel Lourenco Velinho	07	Lagoa AC	5:30.45	295
	50m: 33.66 150m: 1:58.51	250m: 3:24.43	350m: 4:50.82		
	100m: 1:12.30 200m: 2:41.30	300m: 4:07.97	400m: 5:30.45		
EXH	Miguel Alexandre Ferreira	07	CPCD-Povoa St Iria	5:39.19	273
	100m: 1:14.54 200m: 2:42.87	300m: 4:13.22	400m: 5:39.19		
EXH	Diogo Jose Mateus	08	Lagoa AC	5:40.40	270
	50m: 35.17 100m: 1:16.02	200m: 2:44.97	300m: 4:16.01	400m: 5:40.40	
EXH	Pedro Henrique Santos	08	CPCD-Povoa St Iria	6:04.37	220
	50m: 35.41 150m: 1:59.16	250m: 3:35.18	350m: 5:16.58		
	100m: 1:16.27 200m: 2:44.53	300m: 4:25.86	400m: 6:04.37		
EXH	Nestor Kunyk	08	Lagoa AC	6:06.06	217
	50m: 37.53 150m: 2:09.13	250m: 3:45.35	350m: 5:22.56		
	100m: 1:21.00 200m: 2:56.94	300m: 4:34.01	400m: 6:06.06		

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 2 Femin., 1500m Livres Juvenil
09-07-2021 - 16:40 Resultados

Recorde Distrital ANDS 50m Absoluto	17:15.21	Mafalda Sofia Rosa	CNRM	Rio Maior	12-07-2019
Recorde Distrital ANDS 50m Juv A	18:32.42	Maria Beatriz Dias	VS	Coimbra	06-04-2014
Recorde Distrital ANDS 50m Juv B	17:42.19	Mafalda Sofia Rosa	CNRM	Rio Maior	30-06-2017

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Marta Filipa Bucha	06	Viver Santarem	20:02.77	448
	50m: 35.54 300m: 3:53.18	550m: 7:12.13	800m: 10:34.05	1050m: 13:57.63	1300m: 17:22.65
	100m: 1:14.69 350m: 4:32.46	600m: 7:52.34	850m: 11:14.36	1100m: 14:38.77	1350m: 18:03.24
	150m: 1:54.33 400m: 5:12.16	650m: 8:32.59	900m: 11:55.22	1150m: 15:19.54	1400m: 18:44.13
	200m: 2:33.79 450m: 5:51.90	700m: 9:13.17	950m: 12:35.88	1200m: 16:00.42	1450m: 19:24.32
	250m: 3:13.20 500m: 6:32.20	750m: 9:53.47	1000m: 13:16.70	1250m: 16:41.50	1500m: 20:02.77
2.	Mariana Mauricio Coelho	07	BUZIOS-Coruche	21:38.57	356
	50m: 37.41 300m: 4:14.35	550m: 7:52.82	800m: 11:32.99	1050m: 15:12.51	1300m: 18:49.75
	100m: 1:19.69 350m: 4:57.70	600m: 8:36.76	850m: 12:17.00	1100m: 15:55.64	1350m: 19:33.33
	150m: 2:03.56 400m: 5:41.67	650m: 9:20.58	900m: 13:01.35	1150m: 16:39.32	1400m: 20:16.93
	200m: 2:46.99 450m: 6:24.54	700m: 10:04.89	950m: 13:45.01	1200m: 17:22.54	1450m: 20:58.58
	250m: 3:30.58 500m: 7:08.82	750m: 10:49.20	1000m: 14:28.60	1250m: 18:06.32	1500m: 21:38.57
3.	Maria Beatriz Teixeira	06	Viver Santarem	22:40.61	309
	50m: 36.93 300m: 4:15.01	550m: 8:02.55	800m: 11:54.72	1050m: 15:45.34	1300m: 19:38.71
	100m: 1:17.26 350m: 4:59.29	600m: 8:48.87	850m: 12:41.59	1100m: 16:32.61	1350m: 20:24.49
	150m: 2:00.77 400m: 5:44.46	650m: 9:35.51	900m: 13:27.17	1150m: 17:19.27	1400m: 21:10.16
	200m: 2:45.22 450m: 6:30.29	700m: 10:22.19	950m: 14:13.57	1200m: 18:05.14	1450m: 21:55.45
	250m: 3:30.10 500m: 7:16.45	750m: 11:08.60	1000m: 14:59.29	1250m: 18:51.64	1500m: 22:40.61

Prova 2 Femin., 1500m Livres Absoluto
09-07-2021 - 16:40 Resultados

Recorde Distrital ANDS 50m Absoluto	17:15.21	Mafalda Sofia Rosa	CNRM	Rio Maior	12-07-2019
Recorde Distrital ANDS 50m Sen	17:15.23	Mafalda Sofia Rosa	CNRM	Coimbra	27-03-2021
Recorde Distrital ANDS 50m Jun	17:15.21	Mafalda Sofia Rosa	CNRM	Rio Maior	12-07-2019

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Catarina Isabel Carlota	05	BUZIOS-Coruche	19:11.78	510
	50m: 34.02 300m: 3:47.03	550m: 7:01.13	800m: 10:15.02	1050m: 13:27.70	1300m: 16:40.25
	100m: 1:11.66 350m: 4:25.68	600m: 7:39.94	850m: 10:53.24	1100m: 14:06.28	1350m: 17:19.00
	150m: 1:50.40 400m: 5:04.62	650m: 8:18.98	900m: 11:31.51	1150m: 14:44.93	1400m: 17:57.01
	200m: 2:29.13 450m: 5:43.42	700m: 8:57.85	950m: 12:10.17	1200m: 15:23.17	1450m: 18:34.78
	250m: 3:08.12 500m: 6:22.27	750m: 9:36.37	1000m: 12:48.80	1250m: 16:01.70	1500m: 19:11.78
2.	Rafaela Canano Silva	04	Viver Santarem	21:10.27	380
	50m: 35.50 300m: 3:56.68	550m: 7:30.30	800m: 11:05.64	1050m: 14:43.41	1300m: 18:19.38
	100m: 1:13.80 350m: 4:38.72	600m: 8:13.00	850m: 11:49.39	1100m: 15:26.02	1350m: 19:02.94
	150m: 1:53.95 400m: 5:21.23	650m: 8:55.94	900m: 12:32.90	1150m: 16:09.09	1400m: 19:45.98
	200m: 2:34.70 450m: 6:04.13	700m: 9:39.43	950m: 13:16.38	1200m: 16:52.55	1450m: 20:28.83
	250m: 3:15.35 500m: 6:46.73	750m: 10:22.62	1000m: 13:59.38	1250m: 17:36.50	1500m: 21:10.27
DNS	Ariana Espirito Louro	05	Gualdim Pais		
EXH	Joana Barbas Ramos	06	Gafanha da Encarnacao	18:37.46	558
	50m: 34.31 300m: 3:39.92	550m: 6:45.31	800m: 9:50.71	1050m: 12:57.91	1300m: 16:06.56
	100m: 1:10.94 350m: 4:17.26	600m: 7:22.43	850m: 10:28.14	1100m: 13:35.47	1350m: 16:44.56
	150m: 1:48.22 400m: 4:54.37	650m: 7:59.40	900m: 11:05.37	1150m: 14:13.18	1400m: 17:22.37
	200m: 2:25.98 450m: 5:31.34	700m: 8:36.37	950m: 11:42.92	1200m: 14:50.90	1450m: 18:00.29
	250m: 3:03.01 500m: 6:08.33	750m: 9:13.34	1000m: 12:20.27	1250m: 15:28.82	1500m: 18:37.46
EXH	Vanessa Sofia Oliveira	05	Gafanha da Encarnacao	18:46.68	545
	50m: 35.00 300m: 3:43.48	550m: 6:51.32	800m: 9:59.66	1050m: 13:09.18	1300m: 16:18.27
	100m: 1:12.71 350m: 4:20.96	600m: 7:28.94	850m: 10:37.70	1100m: 13:46.91	1350m: 16:55.89
	150m: 1:50.73 400m: 4:58.53	650m: 8:06.69	900m: 11:15.67	1150m: 14:24.96	1400m: 17:33.21
	200m: 2:28.49 450m: 5:35.86	700m: 8:44.23	950m: 11:53.13	1200m: 15:02.89	1450m: 18:10.34
	250m: 3:06.03 500m: 6:13.48	750m: 9:21.87	1000m: 12:31.14	1250m: 15:40.60	1500m: 18:46.68

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Prova 2, Femin., 1500m Livres

Lugar	Nome	Ano	Clube	Tempo Final	Pts
EXH	Bianca Filipa Almeida	07	Alges e Agueda XXI	18:55.78	532
	50m: 33.55 300m: 3:41.12 550m: 6:50.43 800m: 10:00.94 1100m: 13:51.23 1350m: 17:03.73				
	100m: 1:10.48 350m: 4:18.93 600m: 7:28.54 850m: 10:38.86 1150m: 14:29.95 1400m: 17:41.95				
	150m: 1:48.03 400m: 4:56.74 650m: 8:07.00 900m: 11:17.07 1200m: 15:08.93 1450m: 18:19.46				
	200m: 2:25.90 450m: 5:34.71 700m: 8:45.04 1000m: 12:33.80 1250m: 15:47.21 1500m: 18:55.78				
	250m: 3:03.51 500m: 6:12.65 750m: 9:22.88 1050m: 13:12.84 1300m: 16:25.76				
EXH	Ines Santos Cunha	06	Gafanha da Encarnacao	19:30.67	486
	50m: 35.57 300m: 3:53.30 550m: 7:09.53 800m: 10:26.08 1050m: 13:42.10 1300m: 16:57.98				
	100m: 1:15.05 350m: 4:32.60 600m: 7:48.57 850m: 11:05.91 1100m: 14:20.90 1350m: 17:37.53				
	150m: 1:54.57 400m: 5:11.43 650m: 8:28.54 900m: 11:45.02 1150m: 15:00.43 1400m: 18:15.80				
	200m: 2:34.42 450m: 5:50.53 700m: 9:08.04 950m: 12:24.40 1200m: 15:39.21 1450m: 18:54.29				
	250m: 3:14.00 500m: 6:29.82 750m: 9:47.52 1000m: 13:03.01 1250m: 16:18.69 1500m: 19:30.67				

Prova 3

Masc., 50m Bruços

Absoluto
Resultados

09-07-2021 - 17:25

Recorde Distrital ANDS 50m Absoluto	30.05	Francisco Costa Nunes	CCDSM	Coimbra	06-04-2019
Recorde Distrital ANDS 50m Sen	31.78	Luis Filipe Viana	CLAC	Rio Maior	15-06-2019
Recorde Distrital ANDS 50m Jun	30.05	Francisco Costa Nunes	CCDSM	Coimbra	06-04-2019
Recorde Distrital ANDS 50m Juv A	30.35	Francisco Costa Nunes	Sel POR	Coimbra	19-05-2018
Recorde Distrital ANDS 50m Juv B	31.94	Francisco Costa Nunes	SANDS	Porto	04-06-2017

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Joao Antonio Pires	05	Torres Novas	33.97	445
2.	Bernardo Jose Dionisio	99	Gualdim Pais	34.14	439
3.	Pedro Maria Santana	03	Torres Novas	34.19	437
4.	Danut Boian	04	Gualdim Pais	34.35	431
5.	Jose Carlos Burecas	00	BUZIOS-Coruche	34.70	418
6.	Bernardo Miguel Evaristo	06	Gualdim Pais	35.56	388
7.	Andre Jesus Gaspar	04	Gualdim Pais	36.18	368
8.	Daniel Silva Bispo	06	Nautico Abrantes	38.00	318
9.	Diogo Rafael Antunes	04	CLAC-Entroncamento	41.53	243
DNS	Francisco Xavier Amaral	05	Bombeiros Mealhada/ CA		
WDR	Marcio Lima Silva	01	Natacao do Tejo		

Prova 4

Femin., 50m Bruços

Absoluto
Resultados

09-07-2021 - 17:30

Recorde Distrital ANDS 50m Absoluto	33.17	Maria Madalena Silva	CNAB	Coimbra	24-07-2015
Recorde Distrital ANDS 50m Sen	34.17	Maria Madalena Silva	CNAB	Oeiras	13-03-2016
Recorde Distrital ANDS 50m Jun	33.17	Maria Madalena Silva	CNAB	Coimbra	24-07-2015
Recorde Distrital ANDS 50m Juv A	34.69	Margarida Mateus Morais	CNTN	Coimbra	07-04-2019
Recorde Distrital ANDS 50m Juv B	34.86	Margarida Mateus Morais	CNTN	Oeiras	09-02-2019

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Margarida Mateus Morais	04	Torres Novas	34.82	601
2.	Rute Isabel Leonardo	98	Nautico Abrantes	36.36	528
3.	Beatriz Goncalves Casal	03	Torres Novas	37.55	479
4.	Laura Calheiros Frazao	07	Rio Maior	38.34	450
5.	Marta Chambel Dias	02	CLAC-Entroncamento	39.61	408
6.	Beatriz Catarino Moura	02	Nautico Abrantes	39.79	403
7.	Maria Madalena Bento	05	BUZIOS-Coruche	40.36	386
8.	Catarina Isabel Carlota	05	BUZIOS-Coruche	41.83	347
9.	Joana Patricia Antunes	06	Natacao do Tejo	42.27	336
10.	Ines Sofia Nunes	03	BUZIOS-Coruche	42.71	326

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 4, Femin., 50m Bruços, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts
11.	Beatriz Roseiro Dias	07	Nautico Abrantes	44.60	286
12.	Sofia Miguel Silva	07	Gualdim Pais	44.63	285
13.	Joana Fernandes Vicente	04	Torres Novas	46.63	250
14.	Matilde Nabeiro Monraia	06	CLAC-Entroncamento	47.02	244
15.	Catarina Maria Fragoço	07	20Km de Almeirim	49.19	213
<i>FTL</i>					
16.	Eduarda Carvalho Costa	07	Rio Maior	50.24	200
<i>FTL</i>					
DSQ	Beatriz Grave Reis	05	Rio Maior		
<i>SW 4.4 - Falsa partida</i>					
EXH	Maria Joao Freitas	97	Uniao Piedense	35.95	546

Prova 5

Masc., 200m Estilos

Infantil B

09-07-2021 - 17:35

Resultados

Recorde Distrital ANDS 50m Absoluto	2:09.39	Pedro Diogo Oliveira	CNRM	Coimbra	01-08-2010
Recorde Distrital ANDS 50m Inf B	2:30.77	Miguel Carrico Cruz	SCALAB	Rio Maior	22-07-2012

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Leonardo Gomes Silva	08	Rio Maior	2:51.54	293
	50m: 35.08 100m: 1:19.13 150m: 2:14.78 200m: 2:51.54				
2.	Afonso Bernardo Evaristo	08	Gualdim Pais	2:54.00	281
	50m: 39.10 100m: 1:21.33 150m: 2:14.82 200m: 2:54.00				
3.	Francisco Guilherme Freixeiro	08	Rio Maior	2:57.76	263
	50m: 38.00 100m: 1:25.92 150m: 2:20.26 200m: 2:57.76				
4.	Rodolfo Charrua Gago	08	Viver Santarem	3:07.92	223
	50m: 36.73 100m: 1:25.01 150m: 2:27.89 200m: 3:07.92				
5.	Joao Pedro Monteiro	08	BUZIOS-Coruche	3:08.22	222
	50m: 42.63 100m: 1:34.53 150m: 2:25.88 200m: 3:08.22				
6.	Miguel Ferreira Cruz	08	CLAC-Entroncamento	3:12.93	206
	50m: 42.60 100m: 1:30.35 150m: 2:28.46 200m: 3:12.93				
7.	Francisco Martim Correia	08	Rio Maior	3:14.49	201
	50m: 41.87 100m: 1:34.71 150m: 2:30.84 200m: 3:14.49				

Prova 5

Masc., 200m Estilos

Infantil A

09-07-2021 - 17:35

Resultados

Recorde Distrital ANDS 50m Absoluto	2:09.39	Pedro Diogo Oliveira	CNRM	Coimbra	01-08-2010
Recorde Distrital ANDS 50m Inf A	2:22.99	Francisco Costa Nunes	CCDSM	Vila Nova de Famalicão	17-07-2016

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Alexandre Morari	07	Rio Maior	2:34.15	404
	50m: 31.58 100m: 1:12.81 150m: 1:59.61 200m: 2:34.15				
2.	Joao Miguel Pinto	07	20Km de Almeirim	2:49.22	305
	50m: 36.87 100m: 1:20.52 150m: 2:13.35 200m: 2:49.22				
3.	Daniel Santos Carapeto	07	Nautico Abrantes	2:49.76	302
	50m: 35.22 100m: 1:21.90 150m: 2:10.94 200m: 2:49.76				
4.	Martim Marques Gomes	07	Rio Maior	2:50.45	299
	50m: 36.39 100m: 1:18.77 150m: 2:09.33 200m: 2:50.45				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 5, Masc., 200m Estilos, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	Pts
5.	Bernardo Pereira Simoes	07	Torres Novas	2:53.56	283
	50m: 37.19 100m: 1:24.47 150m: 2:16.50 200m: 2:53.56				
6.	Simao Rocha Silva	07	Gualdim Pais	2:59.39	256
	50m: 41.08 100m: 1:27.55 150m: 2:19.20 200m: 2:59.39				
7.	Tomas Alexandre Santos	07	BUZIOS-Coruche	2:59.61	255
	50m: 42.37 100m: 1:27.95 150m: 2:22.96 200m: 2:59.61				
8.	Eugenio Melnyk	07	Rio Maior	2:59.85	254
	50m: 35.74 100m: 1:21.82 150m: 2:22.51 200m: 2:59.85				
9.	Simao Pedro Oliveira	07	Torres Novas	3:10.95	212
	50m: 40.63 100m: 1:35.44 150m: 2:28.38 200m: 3:10.95				
10.	Rodrigo Vieira Vicente	07	Torres Novas	3:19.86	185
	50m: 43.20 100m: 1:36.89 200m: 3:19.86				
DSQ	Joao Pedro Teixeira	07	Viver Santarem		
	<i>SW 4.4 - Falsa partida</i>				

Prova 5

Masc., 200m Estilos

Juvenil

09-07-2021 - 17:35

Resultados

Recorde Distrital ANDS 50m Absoluto	2:09.39	Pedro Diogo Oliveira	CNRM	Coimbra	01-08-2010
Recorde Distrital ANDS 50m Juv A	2:13.39	Luis Afonso Lopes	VS	Funchal	04-08-2019
Recorde Distrital ANDS 50m Juv B	2:17.80	Francisco Costa Nunes	CCDSM	Oeiras	23-07-2017

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Jose Pinto Cabral	05	Viver Santarem	2:24.24	493
	50m: 29.85 100m: 1:06.26 150m: 1:50.00 200m: 2:24.24				
2.	Eduardo Binyas	06	Rio Maior	2:24.42	491
	50m: 30.10 100m: 1:08.98 150m: 1:53.30 200m: 2:24.42				
3.	Carlos Daniel Nunes	05	Nautico Salvaterra Magos	2:26.86	467
	50m: 30.68 100m: 1:10.57 150m: 1:54.77 200m: 2:26.86				
4.	Joao Antonio Pires	05	Torres Novas	2:30.45	435
	50m: 32.25 100m: 1:12.86 150m: 1:55.99 200m: 2:30.45				
5.	Ricardo Filipe Gaboleiro	05	Rio Maior	2:31.80	423
	50m: 31.41 100m: 1:08.96 150m: 1:56.58 200m: 2:31.80				
6.	Guilherme Filipe Gaboleiro	05	Rio Maior	2:31.93	422
	50m: 30.16 100m: 1:10.12 150m: 1:57.21 200m: 2:31.93				
7.	Vitor Sokolovskyy	06	Nautico Abrantes	2:35.10	397
	50m: 31.70 100m: 1:11.31 150m: 2:00.46 200m: 2:35.10				
8.	Afonso Formigo Pinho	06	Torres Novas	2:35.54	393
	50m: 33.08 100m: 1:14.15 150m: 2:02.24 200m: 2:35.54				
9.	Jose Maria Temudo	06	Rio Maior	2:35.78	391
	50m: 33.72 100m: 1:14.72 150m: 2:02.86 200m: 2:35.78				
10.	Rafael Rodrigues Gomes	06	Natacao do Tejo	2:38.31	373
	50m: 30.99 100m: 1:11.19 150m: 2:03.80 200m: 2:38.31				
11.	Tiago Miguel Trincao	06	Torres Novas	2:43.03	341
	50m: 33.16 100m: 1:16.23 150m: 2:07.57 200m: 2:43.03				
12.	Goncalo Filipe Ferreira	06	20Km de Almeirim	2:44.16	334
	50m: 33.97 100m: 1:19.98 150m: 2:08.89 200m: 2:44.16				
13.	Bernardo Miguel Evaristo	06	Gualdim Pais	2:45.46	327
	50m: 34.13 100m: 1:15.19 150m: 2:05.24 200m: 2:45.46				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
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Prova 5, Masc., 200m Estilos, Juvenil

Lugar	Nome	Ano	Clube	Tempo Final	Pts
14.	Andre Coelho Pita	06	Nautico Abrantes	2:53.11	285
	50m: 36.37 100m: 1:20.75 150m: 2:13.55 200m: 2:53.11				
15.	Daniel Silva Bispo	06	Nautico Abrantes	3:10.66	213
	50m: 39.13 100m: 1:37.50 150m: 2:29.38 200m: 3:10.66				

Prova 5 Masc., 200m Estilos Absoluto Resultados
09-07-2021 - 17:35

Recorde Distrital ANDS 50m Absoluto	2:09.39	Pedro Diogo Oliveira	CNRM	Coimbra	01-08-2010
Recorde Distrital ANDS 50m Sen	2:09.39	Pedro Diogo Oliveira	CNRM	Coimbra	01-08-2010
Recorde Distrital ANDS 50m Jun	2:09.79	Pedro Diogo Oliveira	CNRM	Coimbra	30-07-2006

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Goncalo Gualberto Barbara	00	Rio Maior	2:20.75	531
	50m: 30.87 100m: 1:08.66 150m: 1:48.20 200m: 2:20.75				
2.	Diogo Miguel Matreno	03	Torres Novas	2:24.66	489
	50m: 30.42 100m: 1:08.33 150m: 1:52.71 200m: 2:24.66				
3.	Pedro Maria Santana	03	Torres Novas	2:26.53	470
	50m: 30.55 100m: 1:10.11 150m: 1:51.89 200m: 2:26.53				
4.	Diogo Bernardo Tome	03	Nautico Salvaterra Magos	2:27.43	462
	50m: 31.04 100m: 1:09.16 150m: 1:54.56 200m: 2:27.43				
5.	Tiago Miguel Jorge	03	Rio Maior	2:29.11	446
	50m: 30.10 100m: 1:10.88 150m: 1:56.49 200m: 2:29.11				
6.	Rodrigo Cardoso Fernandes	04	Viver Santarem	2:29.76	441
	50m: 29.71 100m: 1:08.98 150m: 1:56.23 200m: 2:29.76				
7.	Jose Miguel Monteiro	04	Gualdim Pais	2:30.23	436
	50m: 30.75 100m: 1:10.54 150m: 1:55.90 200m: 2:30.23				
8.	Duarte Rodrigues Ximenes	04	Nautico Salvaterra Magos	2:33.75	407
	50m: 29.90 100m: 1:08.76 150m: 1:57.39 200m: 2:33.75				
9.	Eduardo Terekhin Baptista	94	BUZIOS-Coruche	2:41.05	354
	50m: 30.03 100m: 1:12.61 150m: 2:01.21 200m: 2:41.05				

DSQ Luis Afonso Lopes 03 Viver Santarem
SW 7.1 - O (a) atleta efectuou mais que uma pernada de golfinho durante a braçada submarina, no percurso de braços

EXH	Filipe Santos Cardoso	04	Gafanha da Encarnacao	2:21.18	526
	50m: 30.05 100m: 1:04.74 150m: 1:48.95 200m: 2:21.18				
EXH	Abel Renato Ferreira	05	Alges e Agueda XXI	2:27.51	461
	50m: 29.91 100m: 1:08.60 150m: 1:53.21 200m: 2:27.51				
EXH	Henrique Ferreira Martins	06	Alges e Agueda XXI	2:27.87	458
	50m: 30.56 100m: 1:11.59 150m: 1:54.25 200m: 2:27.87				
EXH	Afonso Marreiros Gloria	04	Lagoa AC	2:33.88	406
	50m: 32.01 100m: 1:12.04 150m: 1:56.15 200m: 2:33.88				
EXH	Rafael Pereira Pessoa	05	Bombeiros Mealhada/ CA	2:34.62	400
	50m: 31.25 100m: 1:11.48 150m: 1:57.61 200m: 2:34.62				
EXH	Dinis Yurchuk	07	Bombeiros Mealhada/ CA	2:43.52	338
	50m: 33.02 100m: 1:17.12 150m: 2:07.31 200m: 2:43.52				
EXH	Santiago Ganso Perdigao	08	Lagoa AC	2:50.17	300
	50m: 33.45 100m: 1:18.64 200m: 2:50.17				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 5, Masc., 200m Estilos

Lugar	Nome	Ano	Clube	Tempo Final	Pts
EXH	Miguel Lourenco Velhinho	07	Lagoa AC	2:53.37	284
	50m: 39.35 100m: 1:22.12 150m: 2:15.21 200m: 2:53.37				
EXH	Rafael Sousa Prates	07	CPCD-Povoa St Iria	2:53.39	284
	100m: 1:18.44 200m: 2:53.39				
EXH	Goncalo Filipe Marques	08	CPCD-Povoa St Iria	2:58.11	262
	50m: 39.82 100m: 1:26.05 150m: 2:17.95 200m: 2:58.11				
EXH	Gonçalo Miguel Carneiro	07	CPCD-Povoa St Iria	2:59.00	258
	50m: 40.94 100m: 1:27.30 150m: 2:16.76 200m: 2:59.00				
EXH	Diogo Jose Mateus	08	Lagoa AC	3:01.92	246
	50m: 40.81 100m: 1:26.17 150m: 2:21.69 200m: 3:01.92				
EXH	Nestor Kunyk	08	Lagoa AC	3:08.29	221
	50m: 42.47 100m: 1:30.74 150m: 2:25.51 200m: 3:08.29				

Prova 6

Femin., 200m Estilos

Infantil B

09-07-2021 - 18:05

Resultados

Recorde Distrital ANDS 50m Absoluto	2:25.08	Maria Madalena Silva	CNAB	Oeiras	11-04-2015
Recorde Distrital ANDS 50m Inf B	2:42.75	Beatriz Grave Reis	CNRM	Loulé	16-07-2017

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Laura Brites Costa	09	Rio Maior	2:59.77	345
	50m: 38.19 100m: 1:25.69 150m: 2:17.93 200m: 2:59.77				
2.	Joana Pereira Santos	09	Rio Maior	3:00.83	339
	50m: 39.60 100m: 1:24.70 150m: 2:21.52 200m: 3:00.83				
3.	Laura Prates Morais	09	BUZIOS-Coruche	3:11.63	285
	50m: 41.53 100m: 1:27.89 150m: 2:30.45 200m: 3:11.63				

Prova 6

Femin., 200m Estilos

Infantil A

09-07-2021 - 18:05

Resultados

Recorde Distrital ANDS 50m Absoluto	2:25.08	Maria Madalena Silva	CNAB	Oeiras	11-04-2015
Recorde Distrital ANDS 50m Inf A	2:33.32	Mariana Veloso Vitoria	CNAB	Oeiras	23-07-2011

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Catarina Maria Lopes	08	BUZIOS-Coruche	2:53.15	386
	50m: 36.36 100m: 1:24.81 150m: 2:15.42 200m: 2:53.15				
2.	Rafaela Ferreira Mendes	08	Torres Novas	2:55.20	373
	50m: 38.95 100m: 1:23.53 150m: 2:17.16 200m: 2:55.20				
3.	Alice Batista Agostinho	08	Rio Maior	3:07.01	306
	50m: 2:25.41 100m: 1:27.28 200m: 3:07.01				
4.	Maria Madalena Monteiro	08	Gualdim Pais	3:09.99	292
	50m: 44.95 100m: 1:32.59 150m: 2:29.80 200m: 3:09.99				
5.	Sofia Lopes Castanheiro	08	Gualdim Pais	3:13.40	277
	50m: 44.73 100m: 1:34.36 150m: 2:32.38 200m: 3:13.40				
6.	Maria Ines Cochicho	08	Torres Novas	3:15.78	267
	50m: 42.05 100m: 1:34.38 150m: 2:34.83 200m: 3:15.78				
7.	Margarida Sousa Luis	08	Torres Novas	3:20.53	248
	50m: 2:36.26 100m: 1:36.01 200m: 3:20.53				
8.	Teresa Isabel Reis	08	Rio Maior	3:21.33	245
	50m: 47.25 100m: 1:37.34 150m: 2:39.87 200m: 3:21.33				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 6, Femin., 200m Estilos, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	Pts
9.	Carlota Pereira Sousa	08	Viver Santarem	3:22.39	241
	50m: 43.38 100m: 1:38.39 150m: 2:37.37 200m: 3:22.39				
10.	Barbara Alexandra Rego	08	BUZIOS-Coruche	3:24.97	232
	50m: 48.16 100m: 1:38.05 150m: 2:43.29 200m: 3:24.97				
11.	Camila Marques Luis	08	Torres Novas	3:34.80	202
<i>FTL</i>					
	50m: 49.84 100m: 1:43.42 150m: 2:46.44 200m: 3:34.80				
12.	Francisca da Silva Santos	08	Rio Maior	3:50.70	163
<i>FTL</i>					
	50m: 51.28 100m: 1:49.72 150m: 2:58.75 200m: 3:50.70				
DNS	Maria Ines Silva	08	Gafanha da Encarnacao		

Prova 6

Femin., 200m Estilos

Juvenil

09-07-2021 - 18:05

Resultados

Recorde Distrital ANDS 50m Absoluto	2:25.08	Maria Madalena Silva	CNAB	Oeiras	11-04-2015
Recorde Distrital ANDS 50m Juv A	2:31.64	Cátia Iordan Agostinho	CNRM	Coimbra	30-03-2017
Recorde Distrital ANDS 50m Juv B	2:32.63	Mariana Veloso Vitoria	CNAB	Povoa de Varzim	24-03-2012

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Constanca Grincho Sousa	06	Viver Santarem	2:42.90	464
	50m: 33.97 100m: 1:15.73 150m: 2:05.28 200m: 2:42.90				
2.	Rita Bernardo Tome	06	Nautico Salvaterra Magos	2:47.67	425
	50m: 36.33 100m: 1:18.92 150m: 2:09.12 200m: 2:47.67				
3.	Laura Calheiros Frazao	07	Rio Maior	2:49.50	411
	50m: 39.29 100m: 1:23.86 150m: 2:11.93 200m: 2:49.50				
4.	Margarida Miguel Mendes	06	Viver Santarem	2:52.21	392
	50m: 34.97 100m: 1:20.05 150m: 2:13.38 200m: 2:52.21				
5.	Madalena Maria Midoes	07	20Km de Almeirim	2:52.26	392
	50m: 37.85 100m: 1:22.80 150m: 2:14.69 200m: 2:52.26				
6.	Eleonor Dias Alves	06	Nautico Abrantes	3:03.34	325
	50m: 38.79 100m: 1:28.35 150m: 2:19.79 200m: 3:03.34				
7.	Beatriz Alexandra Botas	07	20Km de Almeirim	3:05.93	312
	50m: 38.17 100m: 1:27.04 150m: 2:23.37 200m: 3:05.93				
8.	Diana Goncalves Oliveira	07	20Km de Almeirim	3:07.38	304
	50m: 42.87 100m: 1:28.95 150m: 2:27.21 200m: 3:07.38				
9.	Beatriz Maria Simoes	07	Torres Novas	3:10.09	292
	50m: 38.41 100m: 1:28.67 150m: 2:28.06 200m: 3:10.09				
10.	Madalena Nunes Domingos	07	Viver Santarem	3:12.70	280
	50m: 38.93 100m: 1:31.02 150m: 2:28.86 200m: 3:12.70				
11.	Bruna Tomas Silva	07	Gualdim Pais	3:12.71	280
	50m: 40.04 100m: 1:29.64 150m: 2:27.44 200m: 3:12.71				
12.	Clara Rosinha Maia	07	Gualdim Pais	3:18.90	254
	50m: 42.55 100m: 1:34.95 150m: 2:31.90 200m: 3:18.90				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
 Rio Maior, 9, 10, 11 de Julho de 2021

Prova 6, Femin., 200m Estilos

 Prova 6 Femin., 200m Estilos Absoluto
 09-07-2021 - 18:05 Resultados

Recorde Distrital ANDS 50m Absoluto	2:25.08	Maria Madalena Silva	CNAB	Oeiras	11-04-2015
Recorde Distrital ANDS 50m Sen	2:28.32	Maria Madalena Silva	CNAB	Oeiras	07-02-2016
Recorde Distrital ANDS 50m Jun	2:25.08	Maria Madalena Silva	CNAB	Oeiras	11-04-2015

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	2:29.91	595
	50m: 31.51 100m: 1:12.86 150m: 1:54.90 200m: 2:29.91				
2.	Beatriz Goncalves Casal	03	Torres Novas	2:33.62	553
	50m: 32.53 100m: 1:13.91 150m: 1:58.34 200m: 2:33.62				
3.	Maria Madalena Bento	05	BUZIOS-Coruche	2:38.74	501
	50m: 31.99 100m: 1:12.43 150m: 2:03.78 200m: 2:38.74				
4.	Beatriz Maria Freixeiro	04	Rio Maior	2:43.04	462
	50m: 34.52 100m: 1:19.82 150m: 2:08.11 200m: 2:43.04				
DNS	Ariana Espirito Louro	05	Gualdim Pais		
EXH	Ana Filipa Veiga	01	Gafanha da Encarnacao	2:30.60	587
	50m: 32.20 100m: 1:13.63 150m: 1:55.84 200m: 2:30.60				
EXH	Helena Nunes Rodrigues	03	Alges e Agueda XXI	2:37.80	510
	50m: 33.38 100m: 1:13.49 150m: 2:02.52 200m: 2:37.80				
EXH	Beatriz Matias Almeida	06	Lagoa AC	2:41.65	474
	50m: 32.59 100m: 1:15.60 150m: 2:02.60 200m: 2:41.65				
EXH	Bianca Filipa Almeida	07	Alges e Agueda XXI	2:43.89	455
	50m: 34.33 100m: 1:16.90 150m: 2:08.23 200m: 2:43.89				
EXH	Margarida Maria Luiz	08	Lagoa AC	2:58.95	350
	50m: 37.64 100m: 1:26.70 150m: 2:18.50 200m: 2:58.95				
EXH	Maria Saraiva Paixao	08	Gafanha da Encarnacao	2:59.67	345
	50m: 41.24 100m: 1:30.69 150m: 2:21.28 200m: 2:59.67				
EXH	Beatriz Ferreira Batista	09	CPCD-Povoa St Iria	3:00.75	339
	50m: 40.18 100m: 1:26.20 150m: 2:20.32 200m: 3:00.75				
EXH	Sofia Tyutyunyk	08	Bombeiros Mealhada/ CA	3:04.02	321
	50m: 42.78 100m: 1:29.70 150m: 2:23.39 200m: 3:04.02				
EXH	Ines Margarida Fernandes	08	CPCD-Povoa St Iria	3:05.65	313
	50m: 36.93 100m: 1:24.13 150m: 2:24.26 200m: 3:05.65				
EXH	Andreina Nunes Andrade	08	Gafanha da Encarnacao	3:16.29	265
	50m: 45.73 100m: 1:35.72 150m: 2:33.55 200m: 3:16.29				
EXH	Matilde Castro Teixeira	09	CPCD-Povoa St Iria	3:30.39	215
	50m: 47.95 100m: 1:40.29 150m: 2:43.56 200m: 3:30.39				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

2 - 2ª SESSÃO

10-07-2021 - 9:30

Prova 7 Masc., 1500m Livres Infantil B
10-07-2021 - 9:30 Resultados

Recorde Distrital ANDS 50m Absoluto 15:45.55 Gustavo Manuel Santa CNLA TAMPERE (FIN) 23-07-2009
Recorde Distrital ANDS 50m Inf B 18:10.13 Paulo Bruno Janeiro CNLA Rio Maior 06-07-2007

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Francisco Guilherme Freixeiro	08	Rio Maior	20:50.57	337
	50m: 36.81 300m: 4:02.58 550m: 7:33.28 800m: 11:01.76 1050m: 14:31.76 1300m: 18:02.46				
	100m: 1:17.41 350m: 4:44.86 600m: 8:15.31 850m: 11:43.55 1100m: 15:14.11 1350m: 18:45.17				
	150m: 1:58.80 400m: 5:26.64 650m: 8:57.65 900m: 12:25.97 1150m: 15:56.63 1400m: 19:28.35				
	200m: 2:39.69 450m: 6:09.02 700m: 9:39.01 950m: 13:07.60 1200m: 16:38.66 1450m: 20:09.71				
	250m: 3:20.96 500m: 6:50.94 750m: 10:21.22 1000m: 13:49.79 1250m: 17:20.78 1500m: 20:50.57				

Prova 7 Masc., 1500m Livres Infantil A
10-07-2021 - 9:30 Resultados

Recorde Distrital ANDS 50m Absoluto 15:45.55 Gustavo Manuel Santa CNLA TAMPERE (FIN) 23-07-2009
Recorde Distrital ANDS 50m Inf A 17:23.48 Gustavo Manuel Santa CNLA Faro 21-07-2007

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Alexandre Morari	07	Rio Maior	18:55.65	451
	50m: 34.25 300m: 3:43.06 550m: 6:53.87 800m: 10:04.36 1050m: 13:16.64 1300m: 16:28.04				
	100m: 1:11.87 350m: 4:22.04 600m: 7:31.44 850m: 10:42.11 1100m: 13:55.38 1350m: 17:06.91				
	150m: 1:49.04 400m: 5:00.41 650m: 8:09.80 900m: 11:20.74 1150m: 14:33.29 1400m: 17:44.40				
	200m: 2:26.91 450m: 5:38.04 700m: 8:47.99 950m: 11:59.11 1200m: 15:11.92 1450m: 18:20.97				
	250m: 3:04.74 500m: 6:15.94 750m: 9:26.20 1000m: 12:37.95 1250m: 15:50.15 1500m: 18:55.65				
2.	Eugenio Melnyk	07	Rio Maior	20:35.27	350
	100m: 1:17.05 400m: 5:23.93 600m: 8:08.57 950m: 12:58.80 1300m: 17:50.95				
	200m: 2:38.80 450m: 6:04.78 700m: 9:31.53 1000m: 13:40.26 1400m: 19:13.97				
	300m: 4:01.57 500m: 6:46.19 800m: 10:54.63 1100m: 15:03.67 1450m: 19:55.43				
	350m: 4:42.50 550m: 7:27.12 900m: 12:17.22 1200m: 16:27.45 1500m: 20:35.27				
3.	Bernardo Pereira Simoes	07	Torres Novas	21:03.52	327
	50m: 37.52 300m: 4:06.56 550m: 7:37.18 800m: 11:10.28 1050m: 14:44.19 1300m: 18:18.69				
	100m: 1:18.33 350m: 4:48.29 600m: 8:19.80 850m: 11:52.89 1100m: 15:27.68 1350m: 19:00.88				
	150m: 2:00.33 400m: 5:31.08 650m: 9:02.52 900m: 12:35.95 1150m: 16:09.98 1400m: 19:43.84				
	200m: 2:42.33 450m: 6:12.74 700m: 9:45.12 950m: 13:18.28 1200m: 16:53.21 1450m: 20:24.38				
	250m: 3:24.40 500m: 6:54.88 750m: 10:27.36 1000m: 14:01.08 1250m: 17:35.24 1500m: 21:03.52				
4.	Simao Rocha Silva	07	Gualdim Pais	22:35.16	265
	50m: 37.65 300m: 4:20.02 550m: 8:07.35 800m: 11:57.59 1050m: 15:49.58 1300m: 19:42.41				
	100m: 1:20.28 350m: 5:05.45 600m: 8:53.25 850m: 12:43.82 1100m: 16:35.83 1350m: 20:26.44				
	150m: 2:05.08 400m: 5:50.45 650m: 9:39.08 900m: 13:30.34 1150m: 17:22.08 1400m: 21:10.75				
	200m: 2:50.94 450m: 6:35.22 700m: 10:25.23 950m: 14:16.77 1200m: 18:08.57 1450m: 21:54.27				
	250m: 3:36.15 500m: 7:21.31 750m: 11:11.31 1000m: 15:03.72 1250m: 18:55.52 1500m: 22:35.16				
5.	Simao Pedro Oliveira	07	Torres Novas	23:19.20	241
	50m: 39.54 300m: 4:31.81 550m: 8:26.98 800m: 12:22.64 1050m: 16:19.66 1300m: 20:15.81				
	100m: 1:24.65 350m: 5:18.50 600m: 9:14.79 850m: 13:10.43 1100m: 17:07.05 1350m: 21:03.14				
	150m: 2:11.44 400m: 6:05.65 650m: 10:01.51 900m: 13:58.78 1150m: 17:54.25 1400m: 21:50.66				
	200m: 2:58.06 450m: 6:52.78 700m: 10:47.92 950m: 14:45.12 1200m: 18:42.20 1450m: 22:35.32				
	250m: 3:44.43 500m: 7:40.08 750m: 11:35.17 1000m: 15:32.65 1250m: 19:29.53 1500m: 23:19.20				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 7, Masc., 1500m Livres

Prova 7 Masc., 1500m Livres Juvenil
10-07-2021 - 9:30 Resultados

Recorde Distrital ANDS 50m Absoluto	15:45.55	Gustavo Manuel Santa	CNLA	TAMPERE (FIN)	23-07-2009
Recorde Distrital ANDS 50m Juv A	15:45.55	Gustavo Manuel Santa	CNLA	TAMPERE (FIN)	23-07-2009
Recorde Distrital ANDS 50m Juv B	16:37.19	Gustavo Manuel Santa	CNLA	Oeiras	29-07-2008

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Ricardo Matias Santos	05	CPFZ - Natação	18:19.27	497
	50m: 33.41 300m: 3:35.06	550m: 6:39.21	800m: 9:44.53	1050m: 12:50.34	1300m: 15:56.36
	100m: 1:09.34 350m: 4:11.63	600m: 7:16.14	850m: 10:21.48	1100m: 13:27.41	1350m: 16:33.71
	150m: 1:45.26 400m: 4:48.67	650m: 7:53.14	900m: 10:58.66	1150m: 14:04.77	1400m: 17:09.73
	200m: 2:21.84 450m: 5:25.36	700m: 8:30.63	950m: 11:35.94	1200m: 14:42.06	1450m: 17:45.25
	250m: 2:58.13 500m: 6:02.32	750m: 9:07.55	1000m: 12:13.20	1250m: 15:19.06	1500m: 18:19.27
2.	Afonso Formigo Pinho	06	Torres Novas	19:36.62	405
	50m: 34.19 300m: 3:53.09	550m: 7:10.70	800m: 10:27.53	1050m: 13:44.95	1300m: 17:01.69
	100m: 1:12.78 350m: 4:32.81	600m: 7:49.79	850m: 11:07.05	1100m: 14:24.59	1350m: 17:40.52
	150m: 1:53.20 400m: 5:12.21	650m: 8:29.11	900m: 11:47.12	1150m: 15:03.73	1400m: 18:20.41
	200m: 2:33.24 450m: 5:51.64	700m: 9:08.64	950m: 12:26.18	1200m: 15:43.12	1450m: 18:59.11
	250m: 3:13.19 500m: 6:31.25	750m: 9:47.91	1000m: 13:05.81	1250m: 16:22.24	1500m: 19:36.62
3.	Lorenzo Muniz Silva	06	BUZIOS-Coruche	20:32.07	353
	50m: 36.03 300m: 3:57.02	550m: 7:23.07	800m: 10:51.44	1050m: 14:20.22	1300m: 17:49.36
	100m: 1:14.77 350m: 4:38.35	600m: 8:04.26	850m: 11:33.70	1100m: 15:02.01	1350m: 18:30.66
	150m: 1:55.50 400m: 5:18.87	650m: 8:46.24	900m: 12:15.18	1150m: 15:43.91	1400m: 19:11.96
	200m: 2:35.56 450m: 6:00.64	700m: 9:27.51	950m: 12:56.94	1200m: 16:25.57	1450m: 19:53.80
	250m: 3:16.90 500m: 6:41.37	750m: 10:09.80	1000m: 13:38.60	1250m: 17:07.95	1500m: 20:32.07
4.	Antonio Pedro Martins	05	CPFZ - Natação	21:18.03	316
	50m: 37.26 300m: 4:04.89	550m: 7:37.98	800m: 11:12.80	1050m: 14:50.11	1300m: 18:27.36
	100m: 1:18.48 350m: 4:46.61	600m: 8:20.17	850m: 11:55.55	1100m: 15:33.87	1350m: 19:09.79
	150m: 1:59.53 400m: 5:29.88	650m: 9:03.06	900m: 12:39.74	1150m: 16:17.15	1400m: 19:53.31
	200m: 2:41.43 450m: 6:12.18	700m: 9:46.77	950m: 13:23.80	1200m: 17:01.23	1450m: 20:35.98
	250m: 3:22.37 500m: 6:55.36	750m: 10:29.12	1000m: 14:07.40	1250m: 17:44.07	1500m: 21:18.03

Prova 7 Masc., 1500m Livres Absoluto
10-07-2021 - 9:30 Resultados

Recorde Distrital ANDS 50m Absoluto	15:45.55	Gustavo Manuel Santa	CNLA	TAMPERE (FIN)	23-07-2009
Recorde Distrital ANDS 50m Sen	15:57.77	Pedro Diogo Oliveira	CNRM	Coimbra	17-05-2008
Recorde Distrital ANDS 50m Jun	15:51.43	Gustavo Manuel Santa	CNLA	Helsinquia (FIN)	15-07-2010

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Luis Afonso Lopes	03	Viver Santarem	17:03.36	616
	50m: 29.91 300m: 3:21.56	550m: 6:14.86	800m: 9:06.24	1050m: 11:57.22	1300m: 14:48.55
	100m: 1:03.13 350m: 3:56.56	600m: 6:49.54	850m: 9:40.45	1100m: 12:31.34	1350m: 15:23.06
	150m: 1:37.38 400m: 4:31.07	650m: 7:23.42	900m: 10:14.83	1150m: 13:05.22	1400m: 15:57.19
	200m: 2:12.25 450m: 5:05.73	700m: 7:57.60	950m: 10:48.82	1200m: 13:39.65	1450m: 16:31.02
	250m: 2:46.86 500m: 5:40.53	750m: 8:31.71	1000m: 11:23.32	1250m: 14:14.06	1500m: 17:03.36
2.	Goncalo Gualberto Barbara	00	Rio Maior	17:13.55	598
	50m: 30.65 300m: 3:21.64	550m: 6:15.02	800m: 9:07.19	1050m: 12:00.81	1300m: 14:55.03
	100m: 1:03.65 350m: 3:56.45	600m: 6:49.73	850m: 9:41.79	1100m: 12:35.63	1350m: 15:30.00
	150m: 1:37.68 400m: 4:31.11	650m: 7:23.99	900m: 10:16.40	1150m: 13:10.36	1400m: 16:04.81
	200m: 2:12.13 450m: 5:05.70	700m: 7:58.11	950m: 10:51.25	1200m: 13:45.19	1450m: 16:39.60
	250m: 2:46.93 500m: 5:40.50	750m: 8:32.72	1000m: 11:25.90	1250m: 14:20.20	1500m: 17:13.55
3.	Jose Miguel Monteiro	04	Gualdim Pais	18:07.65	513
	50m: 31.37 300m: 3:26.85	550m: 6:30.87	800m: 9:35.55	1050m: 12:40.15	1300m: 15:43.46
	100m: 1:04.59 350m: 4:03.54	600m: 7:07.83	850m: 10:12.46	1100m: 13:17.21	1350m: 16:19.64
	150m: 1:39.45 400m: 4:40.73	650m: 7:44.53	900m: 10:49.77	1150m: 13:53.32	1400m: 16:56.46
	200m: 2:14.58 450m: 5:17.52	700m: 8:21.69	950m: 11:26.59	1200m: 14:30.22	1450m: 17:32.07
	250m: 2:50.30 500m: 5:54.48	750m: 8:58.72	1000m: 12:03.61	1250m: 15:06.62	1500m: 18:07.65

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 7, Masc., 1500m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts
4.	Bernardo Jose Dionisio	99	Gualdim Pais	18:57.11	449
	50m: 32.73 300m: 3:42.79 550m: 6:54.87 800m: 10:04.35 1050m: 13:16.49 1300m: 16:28.26				
	100m: 1:09.81 350m: 4:21.47 600m: 7:32.08 850m: 10:42.42 1100m: 13:55.26 1350m: 17:06.37				
	150m: 1:47.30 400m: 5:00.12 650m: 8:10.09 900m: 11:20.67 1150m: 14:33.59 1400m: 17:44.04				
	200m: 2:25.64 450m: 5:38.53 700m: 8:48.36 950m: 11:59.21 1200m: 15:12.00 1450m: 18:21.11				
	250m: 3:03.84 500m: 6:16.68 750m: 9:26.43 1000m: 12:37.81 1250m: 15:50.38 1500m: 18:57.11				
5.	Cristiano Almeida Santos	90	CPFZ - Natação	20:12.77	370
	50m: 32.51 300m: 3:42.93 550m: 7:03.69 800m: 10:31.17 1050m: 13:57.95 1300m: 17:26.20				
	100m: 1:09.20 350m: 4:22.38 600m: 7:44.91 850m: 11:12.75 1100m: 14:39.83 1350m: 18:07.29				
	150m: 1:46.85 400m: 5:02.31 650m: 8:25.83 900m: 11:54.46 1150m: 15:21.63 1400m: 18:49.70				
	200m: 2:25.15 450m: 5:42.82 700m: 9:07.39 950m: 12:35.75 1200m: 16:02.83 1450m: 19:31.47				
	250m: 3:03.68 500m: 6:23.07 750m: 9:49.24 1000m: 13:16.69 1250m: 16:44.39 1500m: 20:12.77				

Prova 8 Femin., 400m Estilos Infantil B
10-07-2021 - 10:15 Resultados

Recorde Distrital ANDS 50m Absoluto	5:10.12	Cátia Iordan Agostinho	CNRM	Funchal	24-03-2018
Recorde Distrital ANDS 50m Inf B	5:42.07	Mariana Veloso Vitoria	CNAB	Porto	23-07-2010

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Laura Brites Costa	09	Rio Maior	6:13.44	362
	50m: 39.60 150m: 2:16.98 250m: 3:55.99 350m: 5:31.49				
	100m: 1:27.60 200m: 3:04.13 300m: 4:49.20 400m: 6:13.44				

Prova 8 Femin., 400m Estilos Infantil A
10-07-2021 - 10:15 Resultados

Recorde Distrital ANDS 50m Absoluto	5:10.12	Cátia Iordan Agostinho	CNRM	Funchal	24-03-2018
Recorde Distrital ANDS 50m Inf A	5:22.11	Mariana Veloso Vitoria	CNAB	Lisboa	22-07-2011

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Catarina Maria Lopes	08	BUZIOS-Coruche	6:10.74	370
	50m: 38.22 150m: 2:16.29 250m: 3:56.30 350m: 5:30.74				
	100m: 1:23.25 200m: 3:07.26 300m: 4:50.40 400m: 6:10.74				
2.	Maria Madalena Monteiro	08	Gualdim Pais	6:43.77	287
	50m: 46.78 150m: 2:32.40 250m: 4:16.21 350m: 5:58.41				
	100m: 1:44.32 200m: 3:21.21 300m: 5:14.14 400m: 6:43.77				

Prova 8 Femin., 400m Estilos Juvenil
10-07-2021 - 10:15 Resultados

Recorde Distrital ANDS 50m Absoluto	5:10.12	Cátia Iordan Agostinho	CNRM	Funchal	24-03-2018
Recorde Distrital ANDS 50m Juv A	5:18.27	Cátia Iordan Agostinho	CNRM	Oeiras	18-02-2017
Recorde Distrital ANDS 50m Juv B	5:24.18	Cátia Iordan Agostinho	CNRM	Coimbra	29-05-2016

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Madalena Maria Midoes	07	20Km de Almeirim	6:05.64	386
	50m: 39.33 150m: 2:15.58 250m: 3:54.18 350m: 5:26.95				
	100m: 1:27.11 200m: 3:03.04 300m: 4:46.35 400m: 6:05.64				
2.	Eleonor Dias Alves	06	Nautico Abrantes	6:33.08	311
	50m: 41.51 150m: 2:22.07 250m: 4:06.73 350m: 5:49.34				
	100m: 1:30.63 200m: 3:13.90 300m: 5:02.38 400m: 6:33.08				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 8, Femin., 400m Estilos

Prova 8
10-07-2021 - 10:15

Femin., 400m Estilos

Absoluto
Resultados

Recorde Distrital ANDS 50m Absoluto	5:10.12	Cátia Iordan Agostinho	CNRM	Funchal	24-03-2018
Recorde Distrital ANDS 50m Sen	5:22.84	Maria Madalena Silva	CNAB	Rio Maior	25-06-2016
Recorde Distrital ANDS 50m Jun	5:10.12	Cátia Iordan Agostinho	CNRM	Funchal	24-03-2018

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Mafalda Sofia Rosa	03	Rio Maior	5:19.80	577
RECORDE DISTRITAL					
	50m: 36.79	150m: 1:58.53	250m: 3:26.91	350m: 4:46.87	
	100m: 1:17.54	200m: 2:39.03	300m: 4:13.17	400m: 5:19.80	
2.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	5:31.84	517
	50m: 33.23	150m: 1:55.45	250m: 3:27.57	350m: 4:53.76	
	100m: 1:10.65	200m: 2:40.15	300m: 4:17.58	400m: 5:31.84	
DNS	Ariana Espirito Louro	05	Gualdim Pais		
EXH	Ana Filipa Veiga	01	Gafanha da Encarnacao	5:16.61	595
	50m: 34.47	150m: 1:56.93	250m: 3:22.07	350m: 4:41.64	
	100m: 1:13.46	200m: 2:38.87	300m: 4:04.65	400m: 5:16.61	
EXH	Leonor Verissimo Faria	06	Nucleo de Pombal	5:28.91	531
	50m: 35.90	150m: 1:59.30	250m: 3:28.94	350m: 4:54.97	
	100m: 1:17.34	200m: 2:39.18	300m: 4:18.34	400m: 5:28.91	
EXH	Joana Barbas Ramos	06	Gafanha da Encarnacao	5:34.77	503
	50m: 39.32	150m: 2:04.43	250m: 3:35.39	350m: 4:59.30	
	100m: 1:22.70	200m: 2:45.55	300m: 4:23.55	400m: 5:34.77	
EXH	Dalila Leal Bernardino	06	Nucleo de Pombal	5:47.36	450
	50m: 34.13	150m: 2:03.03	250m: 3:39.73	350m: 5:09.69	
	100m: 1:14.49	200m: 2:48.14	300m: 4:31.16	400m: 5:47.36	

Prova 9
10-07-2021 - 10:30

Masc., 50m Livres

Absoluto
Resultados

Recorde Distrital ANDS 50m Absoluto	23.75	Frederico Sucena Riachos	NSCG	Coimbra	28-05-2016
Recorde Distrital ANDS 50m Sen	24.69	Carlos Lopes Pedrosa	CNRM	Rio Maior	13-07-2019
Recorde Distrital ANDS 50m Jun	23.75	Frederico Sucena Riachos	NSCG	Coimbra	28-05-2016
Recorde Distrital ANDS 50m Juv A	24.01	Paulo Vakulyuk	SEL POR	Baku (AZE)	25-07-2019
Recorde Distrital ANDS 50m Juv B	25.20	Paulo Bruno Janeiro	CNLA	Faro	21-07-2009

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Martim Henriques Carvalho	04	Rio Maior	26.05	517
2.	Eduardo Binyas	06	Rio Maior	26.39	497
3.	Bernardo Jose Dionisio	99	Gualdim Pais	26.45	494
4.	Artur Rafael Saramago	97	BUZIOS-Coruche	26.50	491
5.	Pedro Pereira Lopes	99	BUZIOS-Coruche	26.55	488
6.	Joao Antonio Pires	05	Torres Novas	26.65	483
7.	Rui Chagas Alves	03	Viver Santarem	26.79	475
8.	Jose Miguel Monteiro	04	Gualdim Pais	26.89	470
9.	Duarte Rodrigues Ximenes	04	Nautico Salvaterra Magos	27.29	449
10.	Jose Carlos Burecas	00	BUZIOS-Coruche	27.34	447
11.	Joao Marques Ferreira	04	Viver Santarem	27.41	443
12.	Diogo Bernardo Tome	03	Nautico Salvaterra Magos	27.46	441
13.	Tiago Miguel Trincao	06	Torres Novas	27.52	438
14.	Ricardo Filipe Gaboleiro	05	Rio Maior	27.69	430
15.	Eduardo Terekhin Baptista	94	BUZIOS-Coruche	27.99	416

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 9, Masc., 50m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts
16.	Pedro Maria Santana	03	Torres Novas	28.06	413
17.	Guilherme Filipe Gaboleiro	05	Rio Maior	28.08	412
18.	Danut Boian	04	Gualdim Pais	28.12	411
19.	David Antonio Carvalho	99	Natacao do Tejo	29.18	367
	Jose Maria Temudo	06	Rio Maior	29.18	367
21.	Daniel Silva Bispo	06	Nautico Abrantes	29.55	354
22.	Ruben Daniel Linhares	97	Rio Maior	30.43	324
23.	Diogo Rafael Antunes	04	CLAC-Entroncamento	32.89	256

FTL

DSQ Tiago Miguel Jorge 03 Rio Maior

SW 4.4 - Falsa partida

DNS Luis Filipe Viana 89 CLAC-Entroncamento

DNS Andre Jesus Gaspar 04 Gualdim Pais

WDR Marcio Lima Silva 01 Natacao do Tejo

EXH	Daniel Batista Tavares	06	Bombeiros Mealhada/ CA	26.37	498
EXH	Henrique Ferreira Martins	06	Alges e Agueda XXI	26.72	479
EXH	Francisco Xavier Amaral	05	Bombeiros Mealhada/ CA	26.84	472
EXH	Miguel Goncalves Jardim	00	Nucleo de Pombal	28.55	392
EXH	Andre Pedro Ferreira	06	Nucleo de Pombal	29.64	351
EXH	Arsenio Zemlianko	03	Nucleo de Pombal	32.76	260

FTL

Prova 10

Femin., 50m Livres

Absoluto

10-07-2021 - 10:40

Resultados

Recorde Distrital ANDS 50m Absoluto	27.55	Adriana Espírito Louro	SFGP	Coimbra	28-03-2021
Recorde Distrital ANDS 50m Sen	27.80	Ana Catarina Boavista	CNLA	Aveiro	29-07-2007
Recorde Distrital ANDS 50m Jun	27.55	Adriana Espírito Louro	SFGP	Coimbra	28-03-2021
Recorde Distrital ANDS 50m Juv A	28.43	Carolina Marques Neves	CNTN	Rio Maior	25-06-2016
Recorde Distrital ANDS 50m Juv B	28.38	Sarah Dias	CLAC	Famalicao	20-07-2013

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Beatriz Goncalves Casal	03	Torres Novas	28.42	577
2.	Ines Asseiceira Ramos	03	Torres Novas	29.19	533
3.	Margarida Mateus Morais	04	Torres Novas	29.50	516
4.	Maria Madalena Bento	05	BUZIOS-Coruche	29.56	513
5.	Beatriz Maria Freixieiro	04	Rio Maior	29.72	505
6.	Beatriz Grave Reis	05	Rio Maior	29.77	502
7.	Mafalda Sofia Rosa	03	Rio Maior	29.82	500
8.	Mafalda Magalhaes Costa	03	Gualdim Pais	29.93	494
9.	Rute Isabel Leonardo	98	Nautico Abrantes	30.16	483
10.	Catarina Isabel Carlota	05	BUZIOS-Coruche	30.69	458
11.	Beatriz Catarino Moura	02	Nautico Abrantes	30.79	454
12.	Laura Calheiros Frazao	07	Rio Maior	31.57	421
13.	Maria Beatriz Teixeira	06	Viver Santarem	31.95	406
14.	Ines Filipa Cotovio	05	Nautico Salvaterra Magos	32.16	398
15.	Beatriz Sofia Conceicao	07	Nautico Abrantes	33.30	359
16.	Diana Goncalves Oliveira	07	20Km de Almeirim	33.32	358
17.	Joana Patricia Antunes	06	Natacao do Tejo	33.61	349
18.	Ines Sofia Nunes	03	BUZIOS-Coruche	33.78	344
19.	Beatriz Alexandra Botas	07	20Km de Almeirim	33.89	340
20.	Joana Fernandes Vicente	04	Torres Novas	34.09	334

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 10, Femin., 50m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts
21.	Bruna Tomas Silva	07	Gualdim Pais	34.33	327
22.	Catarina Maria Fragoso	07	20Km de Almeirim	34.98	309
23.	Sofia Miguel Silva	07	Gualdim Pais	35.05	307
24.	Clara Rosinha Maia	07	Gualdim Pais	36.25	278
25.	Patricia Rodrigues Cabrita	92	CLAC-Entroncamento	36.47	273
<i>FTL</i>					
26.	Eduarda Carvalho Costa	07	Rio Maior	37.33	254
27.	Madalena Grilo Teles	04	Nautico Salvaterra Magos	37.99	241
<i>FTL</i>					
DNS	Joana Teixeira Dias	97	CLAC-Entroncamento		
EXH	Maria Joao Freitas	97	Uniao Piedense	28.85	552
EXH	Helena Nunes Rodrigues	03	Alges e Agueda XXI	29.58	512
EXH	Ana Luisa Rendeiro	06	Nucleo de Pombal	32.67	380

Prova 11 Masc., 200m Costas Infantil B
10-07-2021 - 10:45 Resultados

Recorde Distrital ANDS 50m Absoluto	1:58.83	Pedro Diogo Oliveira	INDADS	London (GBR)	01-08-2012
Recorde Distrital ANDS 50m Inf B	2:25.69	Paulo Bruno Janeiro	CNLA	Rio Maior	08-07-2007

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Afonso Bernardo Evaristo	08	Gualdim Pais	2:50.00	285
	50m: 40.41 100m: 1:23.44 150m: 2:07.36 200m: 2:50.00				
2.	Afonso Dinis Gomes	08	Nautico Abrantes	3:09.83	204
	50m: 42.86 100m: 1:33.00 150m: 2:22.65 200m: 3:09.83				

Prova 11 Masc., 200m Costas Infantil A
10-07-2021 - 10:45 Resultados

Recorde Distrital ANDS 50m Absoluto	1:58.83	Pedro Diogo Oliveira	INDADS	London (GBR)	01-08-2012
Recorde Distrital ANDS 50m Inf A	2:15.87	Pedro Diogo Oliveira	CNRM	Campanhã-Porto	05-06-2002

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Martim Marques Gomes	07	Rio Maior	2:44.65	314
	50m: 39.00 100m: 1:20.50 150m: 2:02.43 200m: 2:44.65				
2.	Joao Miguel Pinto	07	20Km de Almeirim	2:46.47	303
	50m: 38.67 100m: 1:20.66 150m: 2:03.64 200m: 2:46.47				
3.	Tomas Alexandre Santos	07	BUIOS-Coruche	2:48.16	294
	50m: 38.87 100m: 1:21.89 150m: 2:06.11 200m: 2:48.16				
4.	Daniel Santos Carapeto	07	Nautico Abrantes	2:56.34	255
	50m: 41.56 100m: 1:26.60 150m: 2:12.33 200m: 2:56.34				

DSQ Joao Pedro Teixeira 07 Viver Santarem
SW 6.4 - O (a) atleta não efectua a viragem dos 100 metros após terminar o movimento contínuo de braços

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
 Rio Maior, 9, 10, 11 de Julho de 2021

Prova 11, Masc., 200m Costas

 Prova 11 Masc., 200m Costas Juvenil
 10-07-2021 - 10:45 Resultados

Recorde Distrital ANDS 50m Absoluto	1:58.83	Pedro Diogo Oliveira	INDADS	London (GBR)	01-08-2012
Recorde Distrital ANDS 50m Juv A	2:06.92	Pedro Diogo Oliveira	CNRM	Jamor	30-07-2004
Recorde Distrital ANDS 50m Juv B	2:09.41	Pedro Diogo Oliveira	CNRM	Paris (FRA)	28-07-2003

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Ricardo Matias Santos	05	CPFZ - Natação	2:14.17	580
	50m: 33.05 100m: 1:07.75 150m: 1:41.74 200m: 2:14.17				
2.	Bernardo Miguel Evaristo	06	Gualdim Pais	2:41.25	334
	50m: 35.49 100m: 1:16.60 150m: 1:59.49 200m: 2:41.25				
3.	Andre Coelho Pita	06	Nautico Abrantes	2:50.01	285
	50m: 38.47 100m: 1:22.66 150m: 2:08.47 200m: 2:50.01				

 Prova 11 Masc., 200m Costas Absoluto
 10-07-2021 - 10:45 Resultados

Recorde Distrital ANDS 50m Absoluto	1:58.83	Pedro Diogo Oliveira	INDADS	London (GBR)	01-08-2012
Recorde Distrital ANDS 50m Sen	1:58.83	Pedro Diogo Oliveira	INDADS	London (GBR)	01-08-2012
Recorde Distrital ANDS 50m Jun	2:02.21	Pedro Diogo Oliveira	CNRM	Coimbra	28-07-2006

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Guilherme Pereira Coutinho	03	Viver Santarem	2:22.86	480
	50m: 32.81 100m: 1:09.06 150m: 1:46.33 200m: 2:22.86				
2.	Diogo Miguel Matreno	03	Torres Novas	2:24.62	463
	50m: 33.33 100m: 1:09.67 150m: 1:47.23 200m: 2:24.62				
3.	Goncalo Gualberto Barbara	00	Rio Maior	2:29.75	417
	50m: 35.57 100m: 1:13.54 150m: 1:51.83 200m: 2:29.75				
4.	Henrique Antonio Martins	03	Natacao do Tejo	2:34.67	378
	50m: 34.98 100m: 1:14.31 150m: 1:54.90 200m: 2:34.67				
5.	Joao Pedro Rosa	90	CLAC-Entroncamento	2:46.25	305
	50m: 37.80 100m: 1:19.17 150m: 2:02.81 200m: 2:46.25				

 DSQ Filipe Santos Cardoso 04 Gafanha da Encarnacao
 SW 6.3 - O (a) atleta não rompeu a superfície da água com a cabeça antes dos 15 metros após a partida

EXH Cristiano Nogueira Ferreira	06	Nucleo de Pombal	2:33.06	390
50m: 36.22 100m: 1:15.27 150m: 1:54.51 200m: 2:33.06				
EXH Henrique Ferreira Martins	06	Alges e Agueda XXI	2:33.32	388
50m: 35.31 100m: 1:13.43 150m: 1:53.19 200m: 2:33.32				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 12
10-07-2021 - 11:00

Femin., 200m Costas

Infantil B
Resultados

Recorde Distrital ANDS 50m Absoluto	2:25.40	Mariana Veloso Vitoria	CNAB	Coimbra	28-03-2013
Recorde Distrital ANDS 50m Inf B	2:43.02	Raquel Mendes Poço	CNTN	EUL-Lisboa	03-08-1999

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Joana Pereira Santos	09	Rio Maior	2:59.96	322
	50m: 43.74 100m: 1:29.08 150m: 2:15.25 200m: 2:59.96				
2.	Laura Prates Morais	09	BUZIOS-Coruche	3:06.44	289
	50m: 42.08 100m: 1:29.54 150m: 2:19.65 200m: 3:06.44				
3.	Marta Nogueira Machado	09	CLAC-Entroncamento	3:49.80	154
<i>FTL</i>	50m: 51.28 100m: 1:49.74 150m: 2:50.88 200m: 3:49.80				

Prova 12
10-07-2021 - 11:00

Femin., 200m Costas

Infantil A
Resultados

Recorde Distrital ANDS 50m Absoluto	2:25.40	Mariana Veloso Vitoria	CNAB	Coimbra	28-03-2013
Recorde Distrital ANDS 50m Inf A	2:31.34	Mariana Veloso Vitoria	CNAB	Lisboa	24-07-2011

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Rafaela Ferreira Mendes	08	Torres Novas	2:54.35	354
	50m: 41.39 100m: 1:27.15 150m: 2:11.57 200m: 2:54.35				
2.	Alice Batista Agostinho	08	Rio Maior	3:03.50	303
	50m: 44.43 100m: 1:32.34 150m: 2:18.85 200m: 3:03.50				
3.	Margarida Sousa Luis	08	Torres Novas	3:08.76	279
	50m: 43.84 100m: 1:31.43 150m: 2:21.39 200m: 3:08.76				
4.	Sofia Lopes Castanheiro	08	Gualdim Pais	3:10.83	270
	50m: 45.89 100m: 1:35.85 150m: 2:25.78 200m: 3:10.83				
5.	Maria Madalena Monteiro	08	Gualdim Pais	3:13.28	259
	50m: 46.21 100m: 1:36.05 150m: 2:25.22 200m: 3:13.28				
6.	Teresa Isabel Reis	08	Rio Maior	3:16.28	248
	50m: 47.44 100m: 1:38.20 150m: 2:28.04 200m: 3:16.28				
7.	Barbara Alexandra Rego	08	BUZIOS-Coruche	3:21.26	230
	50m: 48.59 100m: 1:38.39 150m: 2:30.15 200m: 3:21.26				
8.	Maria Ines Cochicho	08	Torres Novas	3:24.29	220
	50m: 48.39 100m: 1:38.87 150m: 2:31.08 200m: 3:24.29				
9.	Daniela Santos Carrilho	08	CLAC-Entroncamento	3:29.73	203
	50m: 50.96 100m: 1:46.00 150m: 2:38.89 200m: 3:29.73				
10.	Camila Marques Luis	08	Torres Novas	3:31.76	197
	50m: 49.78 100m: 1:44.16 150m: 2:38.80 200m: 3:31.76				

DSQ Sofia Rita Arsenio 08 BUZIOS-Coruche
SW 6.4 - O (a) atleta não efectua a viragem dos 100 metros após terminar o movimento contínuo de braços

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 12, Femin., 200m Costas

Prova 12
10-07-2021 - 11:00

Femin., 200m Costas

Juvenil
Resultados

Recorde Distrital ANDS 50m Absoluto	2:25.40	Mariana Veloso Vitoria	CNAB	Coimbra	28-03-2013
Recorde Distrital ANDS 50m Juv A	2:32.02	Inês Asseiceira Ramos	CNTN	Oeiras	11-02-2018
Recorde Distrital ANDS 50m Juv B	2:29.39	Mariana Veloso Vitoria	CNAB	Povoa de Varzim	25-03-2012

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Rita Bernardo Tome	06	Nautico Salvaterra Magos	2:48.58	391
	50m: 38.98 100m: 1:21.02 150m: 2:05.03 200m: 2:48.58				
2.	Diana Goncalves Oliveira	07	20Km de Almeirim	2:51.26	373
	50m: 40.62 100m: 1:24.28 150m: 2:08.13 200m: 2:51.26				
3.	Madalena Maria Midoes	07	20Km de Almeirim	2:55.38	347
	50m: 41.82 100m: 1:26.66 150m: 2:11.43 200m: 2:55.38				
4.	Barbara Maia Freitas	06	CLAC-Entroncamento	3:08.95	278
	50m: 42.85 100m: 1:31.09 150m: 2:22.03 200m: 3:08.95				
5.	Beatriz Roseiro Dias	07	Nautico Abrantes	3:12.92	261
	50m: 43.35 100m: 1:32.23 150m: 2:23.23 200m: 3:12.92				
6.	Beatriz Maria Simoes	07	Torres Novas	3:17.33	244
	50m: 45.11 100m: 1:35.93 150m: 2:28.55 200m: 3:17.33				
7.	Matilde Nabeiro Monraia	06	CLAC-Entroncamento	3:21.28	230
	50m: 43.18 100m: 1:34.09 150m: 2:28.36 200m: 3:21.28				

DSQ Catarina Maria Fragoso 07 20Km de Almeirim
SW 6.4 - O (a) atleta não efectua a viragem dos 100 metros após terminar o movimento contínuo de braços

DNS Mariana Mauricio Coelho 07 BUZIOS-Coruche
a atleta perdeu a posição dorsal durante o percurso

DNS Angela Ruessink 07 Nautico Salvaterra Magos

Prova 12
10-07-2021 - 11:00

Femin., 200m Costas

Absoluto
Resultados

Recorde Distrital ANDS 50m Absoluto	2:25.40	Mariana Veloso Vitoria	CNAB	Coimbra	28-03-2013
Recorde Distrital ANDS 50m Sen	2:31.18	Ines Asseiceira Ramos	CNTN	Rio Maior	30-05-2021
Recorde Distrital ANDS 50m Jun	2:25.40	Mariana Veloso Vitoria	CNAB	Coimbra	28-03-2013

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Ines Asseiceira Ramos	03	Torres Novas	2:32.66	527
	50m: 36.19 100m: 1:15.28 150m: 1:54.59 200m: 2:32.66				
2.	Rafaela Canano Silva	04	Viver Santarem	2:55.75	345
	50m: 40.13 100m: 1:24.51 150m: 2:10.62 200m: 2:55.75				
EXH	Leonor Verissimo Faria	06	Nucleo de Pombal	2:32.17	532
	50m: 37.45 100m: 1:15.91 150m: 1:55.05 200m: 2:32.17				
EXH	Joana Barbas Ramos	06	Gafanha da Encarnacao	2:35.87	495
	50m: 37.41 100m: 1:16.66 150m: 1:56.52 200m: 2:35.87				
EXH	Bianca Filipa Almeida	07	Alges e Agueda XXI	2:42.04	441
	50m: 37.34 100m: 1:19.10 150m: 2:01.24 200m: 2:42.04				
EXH	Ines Santos Cunha	06	Gafanha da Encarnacao	2:42.71	435
	50m: 38.00 100m: 1:19.56 150m: 2:01.90 200m: 2:42.71				
EXH	Ana Luisa Rendeiro	06	Nucleo de Pombal	2:58.85	328
	50m: 42.40 100m: 1:27.68 150m: 2:14.57 200m: 2:58.85				
EXH	Andreina Nunes Andrade	08	Gafanha da Encarnacao	3:03.16	305
	50m: 44.43 100m: 1:31.21 150m: 2:18.44 200m: 3:03.16				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 13 Masc., 100m Mariposa Infantil B
10-07-2021 - 11:15 Resultados

Recorde Distrital ANDS 50m Absoluto	55.11	Pedro Diogo Oliveira	CNRM	Faro	20-07-2009
Recorde Distrital ANDS 50m Inf B	1:06.59	Fabio Miguel Samouco	CNTN	Famalicao	19-07-2008

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Leonardo Gomes Silva 50m: 36.73 100m: 1:20.76	08	Rio Maior	1:20.76	230
2.	Rodolfo Charrua Gago 50m: 37.95 100m: 1:22.12	08	Viver Santarem	1:22.12	219
3.	Francisco Guilherme Freixeiro 50m: 37.94 100m: 1:22.17	08	Rio Maior	1:22.17	218
4.	Joao Pedro Monteiro 50m: 45.50 100m: 1:32.10	08	BUZIOS-Coruche	1:32.10	155
5.	Afonso Dinis Gomes 50m: 43.59 100m: 1:35.92	08	Nautico Abrantes	1:35.92	137

Prova 13 Masc., 100m Mariposa Infantil A
10-07-2021 - 11:15 Resultados

Recorde Distrital ANDS 50m Absoluto	55.11	Pedro Diogo Oliveira	CNRM	Faro	20-07-2009
Recorde Distrital ANDS 50m Inf A	1:01.99	Pedro Diogo Oliveira	CNRM	EUL-Lisboa	18-05-2002

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Alexandre Morari 50m: 31.98 100m: 1:08.61	07	Rio Maior	1:08.61	375
2.	Joao Miguel Pinto 50m: 37.70 100m: 1:21.88	07	20Km de Almeirim	1:21.88	220
3.	Daniel Santos Carapeto 50m: 36.96 100m: 1:22.56	07	Nautico Abrantes	1:22.56	215
4.	Eugenio Melnyk 50m: 40.73 100m: 1:26.84	07	Rio Maior	1:26.84	185
5.	Simao Rocha Silva 50m: 40.06 100m: 1:28.11	07	Gualdim Pais	1:28.11	177
6.	Bernardo Pereira Simoes 50m: 40.17 100m: 1:32.53	07	Torres Novas	1:32.53	153

Prova 13 Masc., 100m Mariposa Juvenil
10-07-2021 - 11:15 Resultados

Recorde Distrital ANDS 50m Absoluto	55.11	Pedro Diogo Oliveira	CNRM	Faro	20-07-2009
Recorde Distrital ANDS 50m Juv A	56.05	Paulo Vakulyuk	CNTN	Funchal	03-08-2019
Recorde Distrital ANDS 50m Juv B	57.39	Paulo Vakulyuk	CNTN	Oeiras	28-07-2018

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Eduardo Binyas 50m: 29.54 100m: 1:02.36	06	Rio Maior	1:02.36	500
2.	Jose Pinto Cabral 50m: 29.43 100m: 1:02.58	05	Viver Santarem	1:02.58	494
3.	Carlos Daniel Nunes 50m: 29.03 100m: 1:02.74	05	Nautico Salvaterra Magos	1:02.74	491
4.	Guilherme Filipe Gaboleiro 50m: 30.61 100m: 1:06.32	05	Rio Maior	1:06.32	415

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 13, Masc., 100m Mariposa, Juvenil

Lugar	Nome	Ano	Clube	Tempo Final	Pts
5.	Ricardo Filipe Gaboleiro 50m: 31.29 100m: 1:06.91	05	Rio Maior	1:06.91	404
6.	Vitor Sokolovskyy 50m: 30.73 100m: 1:07.84	06	Nautico Abrantes	1:07.84	388
7.	Tiago Miguel Trincao 50m: 32.41 100m: 1:11.07	06	Torres Novas	1:11.07	337
8.	Rafael Rodrigues Gomes 50m: 31.49 100m: 1:11.10	06	Natacao do Tejo	1:11.10	337
9.	Jose Maria Temudo 50m: 33.21 100m: 1:12.21	06	Rio Maior	1:12.21	322
10.	Goncalo Filipe Ferreira 50m: 36.64 100m: 1:15.11	06	20Km de Almeirim	1:15.11	286
11.	Andre Coelho Pita 50m: 36.00 100m: 1:16.80	06	Nautico Abrantes	1:16.80	267
12.	Daniel Silva Bispo 50m: 35.66 100m: 1:17.97	06	Nautico Abrantes	1:17.97	255
DSQ	Lorenzo Muniz Silva	06	BUZIOS-Coruche		

SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso

Prova 13
10-07-2021 - 11:15

Masc., 100m Mariposa

Absoluto
Resultados

Recorde Distrital ANDS 50m Absoluto	55.11	Pedro Diogo Oliveira	CNRM	Faro	20-07-2009
Recorde Distrital ANDS 50m Sen	55.11	Pedro Diogo Oliveira	CNRM	Faro	20-07-2009
Recorde Distrital ANDS 50m Jun	55.18	Paulo Vakulyuk	CNTN	Rio Maior	29-05-2021

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Luis Afonso Lopes 50m: 28.94 100m: 59.93	03	Viver Santarem	59.93	563
2.	Martim Henriques Carvalho 50m: 30.28 100m: 1:02.06	04	Rio Maior	1:02.06	507
3.	Artur Rafael Saramago 50m: 30.04 100m: 1:03.39	97	BUZIOS-Coruche	1:03.39	476
4.	Rodrigo Cardoso Fernandes 50m: 29.49 100m: 1:03.94	04	Viver Santarem	1:03.94	463
5.	Rui Chagas Alves 50m: 29.89 100m: 1:04.02	03	Viver Santarem	1:04.02	462
6.	Tiago Miguel Jorge 50m: 30.18 100m: 1:04.16	03	Rio Maior	1:04.16	459
7.	Pedro Pereira Lopes 50m: 29.94 100m: 1:04.93	99	BUZIOS-Coruche	1:04.93	443
8.	Duarte Rodrigues Ximenes 50m: 29.51 100m: 1:06.09	04	Nautico Salvaterra Magos	1:06.09	420
9.	Joao Marques Ferreira 50m: 31.14 100m: 1:07.33	04	Viver Santarem	1:07.33	397
10.	Tiago Charrua Gago 50m: 30.65 100m: 1:07.67	04	Viver Santarem	1:07.67	391
11.	Diogo Bernardo Tome 50m: 31.78 100m: 1:08.03	03	Nautico Salvaterra Magos	1:08.03	385

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
 Rio Maior, 9, 10, 11 de Julho de 2021

Prova 13, Masc., 100m Mariposa, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts
12.	Eduardo Terekhin Baptista 50m: 30.16 100m: 1:09.78	94	BUZIOS-Coruche	1:09.78	356
13.	Joao Pedro Rosa 50m: 32.04 100m: 1:11.22	90	CLAC-Entroncamento	1:11.22	335
14.	Goncalo Maria Mendonca 50m: 37.33 100m: 1:26.22	04	Viver Santarem	1:26.22	189
DNS	Andre Jesus Gaspar	04	Gualdim Pais		
EXH	Eduardo Gomes Fernandes 50m: 27.53 100m: 58.47	02	Sporting	58.47	606
EXH	Rafael Pereira Pessoa 50m: 30.88 100m: 1:04.71	05	Bombeiros Mealhada/ CA	1:04.71	447
EXH	Abel Renato Ferreira 50m: 30.34 100m: 1:05.63	05	Alges e Agueda XXI	1:05.63	429
EXH	Miguel Goncalves Jardim 50m: 32.44 100m: 1:08.82	00	Nucleo de Pombal	1:08.82	372
EXH	Dinis Yurchuk 50m: 33.73 100m: 1:13.98	07	Bombeiros Mealhada/ CA	1:13.98	299
EXH	Andre Pedro Ferreira 50m: 35.82 100m: 1:14.19	06	Nucleo de Pombal	1:14.19	297
EXH	Arsenio Zemlianko 50m: 34.22 100m: 1:15.05	03	Nucleo de Pombal	1:15.05	286

Prova 14

Femin., 100m Mariposa

Infantil B

10-07-2021 - 11:30

Resultados

Recorde Distrital ANDS 50m Absoluto	1:03.55	Ariana Espirito Louro	SFGP	Rio Maior	29-05-2021
Recorde Distrital ANDS 50m Inf B	1:13.51	Beatriz Grave Reis	CNRM	Rio Maior	01-07-2017

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Laura Brites Costa 50m: 39.41 100m: 1:24.25	09	Rio Maior	1:24.25	285
2.	Monica Ruessink 50m: 46.08 100m: 1:39.43	09	Nautico Salvaterra Magos	1:39.43	173

Prova 14

Femin., 100m Mariposa

Infantil A

10-07-2021 - 11:30

Resultados

Recorde Distrital ANDS 50m Absoluto	1:03.55	Ariana Espirito Louro	SFGP	Rio Maior	29-05-2021
Recorde Distrital ANDS 50m Inf A	1:08.02	Mariana Veloso Vitoria	CNAB	Lisboa	24-07-2011

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Catarina Maria Lopes 50m: 39.11 100m: 1:18.70	08	BUZIOS-Coruche	1:18.70	350
2.	Alice Batista Agostinho 50m: 42.50 100m: 1:27.18	08	Rio Maior	1:27.18	257
3.	Rafaela Ferreira Mendes 50m: 39.47 100m: 1:29.11	08	Torres Novas	1:29.11	241
4.	Vyeronika Barabanchuk 50m: 42.28 100m: 1:37.92	08	BUZIOS-Coruche	1:37.92	181

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 14, Femin., 100m Mariposa, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	Pts
DSQ	Carlota Pereira Sousa	08	Viver Santarem		

SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso

Prova 14 Femin., 100m Mariposa Juvenil
10-07-2021 - 11:30 Resultados

Recorde Distrital ANDS 50m Absoluto	1:03.55	Ariana Espirito Louro	SFGP	Rio Maior	29-05-2021
Recorde Distrital ANDS 50m Juv A	1:11.61	Carolina Marques Neves	CNTN	Vila Franca de Xira	14-05-2016
Recorde Distrital ANDS 50m Juv B	1:05.42	Maria Madalena Bento	BUZIOS	Funchal	03-08-2019

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Marta Filipa Bucha 50m: 33.22 100m: 1:12.41	06	Viver Santarem	1:12.41	449
2.	Margarida Miguel Mendes 50m: 34.22 100m: 1:12.72	06	Viver Santarem	1:12.72	444
3.	Madalena Nunes Domingos 50m: 39.03 100m: 1:25.53	07	Viver Santarem	1:25.53	272
4.	Eleonor Dias Alves 50m: 39.97 100m: 1:26.69	06	Nautico Abrantes	1:26.69	262
5.	Beatriz Alexandra Botas 50m: 40.06 100m: 1:26.88	07	20Km de Almeirim	1:26.88	260
6.	Barbara Maia Freitas 50m: 42.44 100m: 1:34.52	06	CLAC-Entroncamento	1:34.52	202
7.	Mariana Mauricio Coelho 50m: 45.62 100m: 1:36.19	07	BUZIOS-Coruche	1:36.19	191

Prova 14 Femin., 100m Mariposa Absoluto
10-07-2021 - 11:30 Resultados

Recorde Distrital ANDS 50m Absoluto	1:03.55	Ariana Espirito Louro	SFGP	Rio Maior	29-05-2021
Recorde Distrital ANDS 50m Sen	1:05.29	Carolina Silvério Carpinteiro	CNTEJO	Lisboa	08-02-2020
Recorde Distrital ANDS 50m Jun	1:03.55	Ariana Espirito Louro	SFGP	Rio Maior	29-05-2021

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Maria Madalena Bento 50m: 31.83 100m: 1:06.87	05	BUZIOS-Coruche	1:06.87	571
2.	Carolina Silverio Carpinteiro 50m: 32.21 100m: 1:07.85	02	Natacao do Tejo	1:07.85	546
3.	Ines Filipa Cotovio 50m: 37.57 100m: 1:20.77	05	Nautico Salvaterra Magos	1:20.77	324
EXH	Helena Nunes Rodrigues 50m: 33.47 100m: 1:12.73	03	Alges e Agueda XXI	1:12.73	443
EXH	Dalila Leal Bernardino 50m: 34.12 100m: 1:13.03	06	Nucleo de Pombal	1:13.03	438
EXH	Vanessa Sofia Oliveira 50m: 34.43 100m: 1:15.59	05	Gafanha da Encarnacao	1:15.59	395
EXH	Maria Ines Silva 50m: 39.71 100m: 1:26.26	08	Gafanha da Encarnacao	1:26.26	266
EXH	Matilde Monteiro Neves 50m: 44.41 100m: 1:39.92	08	Nucleo de Pombal	1:39.92	171

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

3 - 3ª SESSÃO

10-07-2021 - 15:30

Prova 15 Masc., 400m Estilos Infantil B
10-07-2021 - 15:30 Resultados

Recorde Distrital ANDS 50m Absoluto	4:27.51	Pedro Diogo Oliveira	CNRM	Faro	19-07-2009
Recorde Distrital ANDS 50m Inf B	5:18.16	Joao Jose Calado	CNAB	Rio Maior	05-07-2014

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Afonso Bernardo Evaristo	08	Gualdim Pais	6:07.60	291
	50m: 40.24 150m: 2:12.79	250m: 3:51.86	350m: 5:26.78		
	100m: 1:27.29 200m: 2:59.83	300m: 4:44.97	400m: 6:07.60		
2.	Leonardo Gomes Silva	08	Rio Maior	6:13.78	277
	50m: 39.08 150m: 2:15.24	250m: 3:57.36	350m: 5:35.26		
	100m: 1:26.34 200m: 3:02.91	300m: 4:53.46	400m: 6:13.78		

Prova 15 Masc., 400m Estilos Infantil A
10-07-2021 - 15:30 Resultados

Recorde Distrital ANDS 50m Absoluto	4:27.51	Pedro Diogo Oliveira	CNRM	Faro	19-07-2009
Recorde Distrital ANDS 50m Inf A	5:04.40	Gustavo Manuel Santa	CNLA	Faro	21-07-2007

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Alexandre Morari	07	Rio Maior	5:27.88	411
	50m: 34.13 150m: 1:57.13	250m: 3:26.56	350m: 4:52.76		
	100m: 1:13.96 200m: 2:38.49	300m: 4:16.16	400m: 5:27.88		
2.	Joao Miguel Pinto	07	20Km de Almeirim	5:58.23	315
	50m: 40.02 150m: 2:58.37	250m: 4:42.56	400m: 5:58.23		
	100m: 1:25.94 200m: 3:49.61	300m: 5:21.22			
3.	Martim Marques Gomes	07	Rio Maior	6:09.75	286
	50m: 42.05 150m: 2:21.21	250m: 3:53.96	350m: 5:28.66		
	100m: 1:38.57 200m: 3:03.80	300m: 4:47.26	400m: 6:09.75		
4.	Simao Rocha Silva	07	Gualdim Pais	6:13.04	279
	50m: 2:19.36 100m: 1:32.27	150m: 5:33.05	200m: 3:08.49	300m: 4:51.87	400m: 6:13.04
5.	Bernardo Pereira Simoes	07	Torres Novas	6:26.60	250
	50m: 45.13 150m: 2:29.35	250m: 4:12.41	350m: 5:48.62		
	100m: 1:37.39 200m: 3:16.39	300m: 5:08.20	400m: 6:26.60		

Prova 15 Masc., 400m Estilos Juvenil
10-07-2021 - 15:30 Resultados

Recorde Distrital ANDS 50m Absoluto	4:27.51	Pedro Diogo Oliveira	CNRM	Faro	19-07-2009
Recorde Distrital ANDS 50m Juv A	4:41.53	Paulo Vakulyuk	CNTN	Coimbra	05-04-2019
Recorde Distrital ANDS 50m Juv B	4:52.92	Martim Henriques Carvalho	CNRM	Funchal	02-08-2019

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Jose Pinto Cabral	05	Viver Santarem	5:18.45	448
	50m: 32.20 150m: 1:48.94	250m: 3:17.87	350m: 4:42.89		
	100m: 1:08.62 200m: 2:29.35	300m: 4:07.59	400m: 5:18.45		
2.	Vitor Sokolovskyy	06	Nautico Abrantes	5:37.67	376
	50m: 35.40 150m: 1:57.91	250m: 3:32.53	350m: 5:00.45		
	100m: 1:15.04 200m: 2:41.01	300m: 4:22.68	400m: 5:37.67		
3.	Bernardo Miguel Evaristo	06	Gualdim Pais	5:39.88	369
	50m: 37.64 150m: 2:48.05	250m: 4:20.32	400m: 5:39.88		
	100m: 1:20.34 200m: 3:33.29	300m: 5:01.57			

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 15, Masc., 400m Estilos, Juvenil

Lugar	Nome	Ano	Clube	Tempo Final	Pts
4.	Afonso Formigo Pinho	06	Torres Novas	5:42.76	360
	50m: 35.15 150m: 2:04.22 250m: 3:36.67 350m: 5:04.27				
	100m: 1:18.39 200m: 2:48.26 300m: 4:25.21 400m: 5:42.76				
5.	Goncalo Filipe Ferreira	06	20Km de Almeirim	5:50.55	336
	50m: 35.25 150m: 2:06.36 250m: 3:43.13 350m: 5:14.64				
	100m: 1:18.07 200m: 2:52.42 300m: 4:35.12 400m: 5:50.55				

Prova 15

Masc., 400m Estilos

Absoluto

10-07-2021 - 15:30

Resultados

Recorde Distrital ANDS 50m Absoluto	4:27.51	Pedro Diogo Oliveira	CNRM	Faro	19-07-2009
Recorde Distrital ANDS 50m Sen	4:27.51	Pedro Diogo Oliveira	CNRM	Faro	19-07-2009
Recorde Distrital ANDS 50m Jun	4:37.78	Tiago Filipe Campos	CNRM	Letanya (ISR)	02-07-2017

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Luis Afonso Lopes	03	Viver Santarem	4:49.01	600
	50m: 30.51 150m: 1:43.88 250m: 3:03.18 350m: 4:17.61				
	100m: 1:04.59 200m: 2:22.64 300m: 3:44.72 400m: 4:49.01				
2.	Martim Henriques Carvalho	04	Rio Maior	4:49.74	596
	50m: 30.19 150m: 1:40.52 250m: 3:03.38 350m: 4:19.53				
	100m: 1:03.15 200m: 2:16.95 300m: 3:47.00 400m: 4:49.74				
3.	Goncalo Gualberto Barbara	00	Rio Maior	4:57.76	549
	50m: 31.53 150m: 1:48.67 250m: 3:08.82 350m: 4:24.51				
	100m: 1:08.23 200m: 2:28.14 300m: 3:50.13 400m: 4:57.76				
4.	Jose Miguel Monteiro	04	Gualdim Pais	5:21.15	437
	50m: 31.76 150m: 1:53.80 250m: 3:22.37 350m: 4:46.18				
	100m: 1:10.11 200m: 2:37.14 300m: 4:10.30 400m: 5:21.15				
5.	Rodrigo Cardoso Fernandes	04	Viver Santarem	5:25.85	419
	50m: 30.45 150m: 1:49.43 250m: 3:21.28 350m: 4:50.89				
	100m: 1:06.77 200m: 2:30.95 300m: 4:13.34 400m: 5:25.85				
6.	Eduardo Terekhin Baptista	94	BUZIOS-Coruche	5:44.83	353
	50m: 30.85 150m: 1:59.91 250m: 3:33.43 350m: 5:05.23				
	100m: 1:13.40 200m: 2:44.62 300m: 4:22.68 400m: 5:44.83				
EXH	Filipe Santos Cardoso	04	Gafanha da Encarnacao	5:01.43	529
	50m: 30.89 150m: 1:45.89 250m: 3:09.39 350m: 4:28.90				
	100m: 1:07.41 200m: 2:22.96 300m: 3:55.25 400m: 5:01.43				
EXH	Abel Renato Ferreira	05	Alges e Agueda XXI	5:11.98	477
	50m: 31.54 150m: 1:47.89 250m: 3:13.38 350m: 4:37.32				
	100m: 1:08.15 200m: 2:27.72 300m: 4:01.01 400m: 5:11.98				
EXH	Cristiano Nogueira Ferreira	06	Nucleo de Pombal	5:56.22	320
	50m: 37.50 150m: 2:05.74 250m: 3:42.29 350m: 5:17.75				
	100m: 1:22.17 200m: 2:47.30 300m: 4:38.19 400m: 5:56.22				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 16 Femin., 800m Livres Infantil B
10-07-2021 - 15:50 Resultados

Recorde Distrital ANDS 50m Absoluto	9:06.53	Mafalda Sofia Rosa	CNRM	Coimbra	05-04-2019
Recorde Distrital ANDS 50m Inf B	9:48.49	Mafalda Sofia Rosa	CNRM	Oeiras	18-07-2015

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Joana Pereira Santos	09	Rio Maior	11:20.62	361
	50m: 39.40 200m: 2:48.50 350m: 4:59.21 500m: 7:06.08 650m: 9:14.50 800m: 11:20.62				
	100m: 1:21.86 250m: 3:32.11 400m: 5:42.77 550m: 7:49.45 700m: 9:57.90				
	150m: 2:05.18 300m: 4:15.87 450m: 6:24.99 600m: 8:31.71 750m: 10:40.43				
2.	Laura Prates Morais	09	BUZIOS-Coruche	11:56.34	309
	50m: 39.48 200m: 2:53.57 350m: 5:12.23 500m: 7:30.43 650m: 9:47.71 800m: 11:56.34				
	100m: 1:23.22 250m: 3:39.35 400m: 5:59.10 550m: 8:16.79 700m: 10:32.99				
	150m: 2:08.14 300m: 4:25.50 450m: 6:44.66 600m: 9:02.46 750m: 11:16.28				
3.	Monica Ruessink	09	Nautico Salvaterra Magos	13:39.48	207
	50m: 44.30 200m: 3:12.83 350m: 5:48.03 500m: 8:26.52 650m: 11:06.39 800m: 13:39.48				
	100m: 1:32.36 250m: 4:03.75 400m: 6:41.07 550m: 9:19.70 700m: 11:59.22				
	150m: 2:21.98 300m: 4:56.02 450m: 7:32.30 600m: 10:13.73 750m: 12:50.06				

Prova 16 Femin., 800m Livres Infantil A
10-07-2021 - 15:50 Resultados

Recorde Distrital ANDS 50m Absoluto	9:06.53	Mafalda Sofia Rosa	CNRM	Coimbra	05-04-2019
Recorde Distrital ANDS 50m Inf A	9:36.23	Mafalda Sofia Rosa	CNRM	Rio Maior	24-06-2016

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Catarina Maria Lopes	08	BUZIOS-Coruche	11:02.46	391
	50m: 38.17 200m: 2:45.62 350m: 4:52.84 500m: 6:58.93 650m: 9:04.19 800m: 11:02.46				
	100m: 1:20.13 250m: 3:28.06 400m: 5:35.57 550m: 7:41.12 700m: 9:45.26				
	150m: 2:02.83 300m: 4:10.19 450m: 6:17.61 600m: 8:22.93 750m: 10:25.65				
2.	Rafaela Ferreira Mendes	08	Torres Novas	11:39.23	333
	50m: 37.82 200m: 2:46.58 350m: 4:59.63 500m: 7:14.92 650m: 9:29.91 800m: 11:39.23				
	100m: 1:20.30 250m: 3:30.29 400m: 5:44.75 550m: 7:59.39 700m: 10:14.82				
	150m: 2:03.39 300m: 4:14.82 450m: 6:30.77 600m: 8:45.15 750m: 10:58.32				
3.	Maria Ines Cochicho	08	Torres Novas	11:52.76	314
	50m: 39.16 200m: 2:51.07 350m: 5:04.70 500m: 7:22.57 650m: 9:38.16 800m: 11:52.76				
	100m: 1:22.19 250m: 3:35.05 400m: 5:50.40 550m: 8:07.59 700m: 10:24.91				
	150m: 2:05.79 300m: 4:20.80 450m: 6:35.81 600m: 8:53.11 750m: 11:09.12				
4.	Teresa Isabel Reis	08	Rio Maior	11:57.22	308
	50m: 41.92 200m: 2:59.52 350m: 5:16.38 500m: 7:32.13 650m: 9:48.24 800m: 11:57.22				
	100m: 1:27.78 250m: 3:45.12 400m: 6:01.82 550m: 8:18.01 700m: 10:32.88				
	150m: 2:13.27 300m: 4:29.96 450m: 6:46.90 600m: 9:02.65 750m: 11:15.87				
5.	Barbara Alexandra Rego	08	BUZIOS-Coruche	12:17.02	284
	50m: 38.33 200m: 2:52.40 350m: 5:12.62 500m: 7:34.70 650m: 9:57.07 800m: 12:17.02				
	100m: 1:21.84 250m: 3:38.80 400m: 6:00.13 550m: 8:21.43 700m: 10:45.15				
	150m: 2:06.97 300m: 4:25.92 450m: 6:46.98 600m: 9:09.52 750m: 11:31.11				
6.	Maria Madalena Monteiro	08	Gualdim Pais	12:23.71	276
	50m: 39.64 200m: 3:02.62 350m: 5:25.95 500m: 7:47.67 650m: 10:08.33 800m: 12:23.71				
	100m: 1:26.74 250m: 3:50.07 400m: 6:13.16 550m: 8:34.39 700m: 10:53.87				
	150m: 2:14.21 300m: 4:37.94 450m: 6:58.59 600m: 9:21.78 750m: 11:39.36				
7.	Sofia Lopes Castanheiro	08	Gualdim Pais	12:43.31	256
	50m: 42.82 200m: 3:06.56 350m: 5:32.04 500m: 7:58.07 650m: 10:23.90 800m: 12:43.31				
	100m: 1:29.52 250m: 3:55.15 400m: 6:20.90 550m: 8:46.88 700m: 11:12.99				
	150m: 2:17.75 300m: 4:43.64 450m: 7:09.06 600m: 9:35.48 750m: 11:58.77				
8.	Carlota Pereira Sousa	08	Viver Santarem	12:55.85	243
	50m: 41.49 200m: 3:04.07 350m: 5:29.78 500m: 8:00.27 650m: 10:30.19 800m: 12:55.85				
	100m: 1:27.89 250m: 3:51.76 400m: 6:20.03 550m: 8:50.41 700m: 11:19.88				
	150m: 2:15.73 300m: 4:40.62 450m: 7:10.13 600m: 9:40.45 750m: 12:09.28				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 16, Femin., 800m Livres, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	Pts
9.	Sofia Rita Arsenio	08	BUZIOS-Coruche	13:06.83	233
	50m: 40.42 200m: 3:05.38 450m: 7:17.49 600m: 9:47.80 800m: 13:06.83				
	100m: 1:27.73 300m: 4:45.84 500m: 8:09.24 650m: 10:39.25				
	150m: 2:17.16 400m: 6:28.23 550m: 8:59.64 700m: 11:29.66				
10.	Margarida Sousa Luis	08	Torres Novas	13:06.87	233
	50m: 41.05 200m: 3:07.17 350m: 5:38.25 500m: 8:08.51 650m: 10:38.04 800m: 13:06.87				
	100m: 1:28.17 250m: 3:57.32 400m: 6:28.25 550m: 8:58.96 700m: 11:27.92				
	150m: 2:17.56 300m: 4:47.64 450m: 7:18.32 600m: 9:48.84 750m: 12:17.80				

Prova 16 Femin., 800m Livres Juvenil
10-07-2021 - 15:50 Resultados

Recorde Distrital ANDS 50m Absoluto	9:06.53	Mafalda Sofia Rosa	CNRM	Coimbra	05-04-2019
Recorde Distrital ANDS 50m Juv A	9:10.69	Mafalda Sofia Rosa	CNRM	Rio Maior	07-07-2018
Recorde Distrital ANDS 50m Juv B	9:21.70	Mafalda Sofia Rosa	CNRM	Rio Maior	30-06-2017

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Marta Filipa Bucha	06	Viver Santarem	10:21.46	474
	50m: 35.74 200m: 2:31.91 350m: 4:29.47 500m: 6:27.58 650m: 8:26.27 800m: 10:21.46				
	100m: 1:13.91 250m: 3:11.47 400m: 5:08.62 550m: 7:07.29 700m: 9:05.25				
	150m: 1:52.96 300m: 3:49.83 450m: 5:48.39 600m: 7:46.64 750m: 9:44.62				
2.	Madalena Maria Midoes	07	20Km de Almeirim	10:37.01	440
	50m: 37.18 200m: 2:39.43 350m: 4:39.44 500m: 6:39.15 650m: 8:39.79 800m: 10:37.01				
	100m: 1:17.61 250m: 3:20.12 400m: 5:19.44 550m: 7:19.41 700m: 9:19.92				
	150m: 1:58.51 300m: 3:59.51 450m: 5:59.22 600m: 7:59.82 750m: 10:00.00				
3.	Mariana Mauricio Coelho	07	BUZIOS-Coruche	11:20.25	361
	50m: 38.02 200m: 2:47.15 350m: 4:58.00 550m: 7:51.14 700m: 9:59.41				
	100m: 1:20.69 250m: 3:30.59 400m: 5:40.82 600m: 8:34.19 750m: 10:41.44				
	150m: 2:03.96 300m: 4:14.44 500m: 7:08.22 650m: 9:17.10 800m: 11:20.25				
4.	Maria Beatriz Teixeira	06	Viver Santarem	11:36.06	337
	50m: 35.46 200m: 2:41.44 350m: 4:57.34 500m: 7:12.01 650m: 9:27.29 800m: 11:36.06				
	100m: 1:16.11 250m: 3:26.60 400m: 5:42.61 550m: 7:57.34 700m: 10:12.04				
	150m: 1:58.05 300m: 4:11.66 450m: 6:27.47 600m: 8:42.15 750m: 10:55.14				
5.	Madalena Nunes Domingos	07	Viver Santarem	12:26.65	273
	50m: 41.18 200m: 3:02.71 350m: 5:26.16 500m: 7:49.28 650m: 10:08.82 800m: 12:26.65				
	100m: 1:27.21 250m: 3:50.30 400m: 6:14.13 550m: 8:34.42 700m: 10:55.66				
	150m: 2:14.23 300m: 4:39.14 450m: 7:00.81 600m: 9:22.02 750m: 11:40.76				

Prova 16 Femin., 800m Livres Absoluto
10-07-2021 - 15:50 Resultados

Recorde Distrital ANDS 50m Absoluto	9:06.53	Mafalda Sofia Rosa	CNRM	Coimbra	05-04-2019
Recorde Distrital ANDS 50m Sen	9:07.18	Mafalda Sofia Rosa	CNRM	Oeiras	20-12-2020
Recorde Distrital ANDS 50m Jun	9:06.53	Mafalda Sofia Rosa	CNRM	Coimbra	05-04-2019

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Mafalda Sofia Rosa	03	Rio Maior	8:58.93	727
RECORDE DISTRITAL					
	50m: 32.31 200m: 2:14.28 350m: 3:55.85 500m: 5:37.43 650m: 7:18.66 800m: 8:58.93				
	100m: 1:06.09 250m: 2:48.28 400m: 4:29.50 550m: 6:11.26 700m: 7:52.41				
	150m: 1:40.14 300m: 3:22.09 450m: 5:03.70 600m: 6:44.97 750m: 8:25.97				
2.	Catarina Isabel Carlota	05	BUZIOS-Coruche	9:55.20	540
	50m: 33.51 200m: 2:27.70 350m: 4:22.12 500m: 6:15.28 650m: 8:06.63 800m: 9:55.20				
	100m: 1:11.25 250m: 3:05.89 400m: 5:00.60 550m: 6:52.26 700m: 8:44.02				
	150m: 1:49.08 300m: 3:44.15 450m: 5:37.71 600m: 7:29.73 750m: 9:20.01				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 16, Femin., 800m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts
3.	Ines Filipa Cotovio	05	Nautico Salvaterra Magos	11:03.59	389
	50m: 35.79 200m: 2:35.72 350m: 4:43.15 500m: 6:50.92 650m: 8:58.18 800m: 11:03.59				
	100m: 1:14.41 250m: 3:17.97 400m: 5:25.89 550m: 7:33.27 700m: 9:40.66				
	150m: 1:54.61 300m: 4:00.11 450m: 6:08.45 600m: 8:15.83 750m: 10:22.64				
4.	Rafaela Canano Silva	04	Viver Santarem	11:07.74	382
	50m: 36.25 200m: 2:38.15 350m: 4:45.20 500m: 6:51.80 650m: 7:09.78 800m: 11:07.74				
	100m: 1:15.96 250m: 3:20.47 400m: 5:27.71 550m: 6:39.73 700m: 9:42.69				
	150m: 1:56.95 300m: 4:02.68 450m: 6:09.68 600m: 8:16.79 750m: 7:40.32				
DNS	Ariana Espirito Louro	05	Gualdim Pais		
EXH	Leonor Verissimo Faria	06	Nucleo de Pombal	9:29.31	617
	50m: 32.43 200m: 2:19.20 350m: 4:07.55 500m: 5:55.72 650m: 7:43.99 800m: 9:29.31				
	100m: 1:07.15 250m: 2:55.31 400m: 4:43.35 550m: 6:32.01 700m: 8:19.60				
	150m: 1:43.51 300m: 3:31.40 450m: 5:19.61 600m: 7:07.60 750m: 8:55.54				
EXH	Joana Barbas Ramos	06	Gafanha da Encarnacao	9:41.16	580
	50m: 33.50 200m: 2:23.40 350m: 4:13.83 500m: 6:03.93 650m: 7:53.74 800m: 9:41.16				
	100m: 1:09.63 250m: 3:00.34 400m: 4:50.43 550m: 6:40.49 700m: 8:30.31				
	150m: 1:46.52 300m: 3:36.85 450m: 5:27.34 600m: 7:17.11 750m: 9:06.35				
EXH	Vanessa Sofia Oliveira	05	Gafanha da Encarnacao	9:54.62	541
	50m: 33.53 200m: 2:24.94 350m: 4:18.05 500m: 6:11.63 650m: 8:04.45 800m: 9:54.62				
	100m: 1:10.11 250m: 3:02.82 400m: 4:55.68 550m: 6:49.30 700m: 8:41.68				
	150m: 1:47.33 300m: 3:40.41 450m: 5:33.51 600m: 7:27.05 750m: 9:18.76				
EXH	Ines Santos Cunha	06	Gafanha da Encarnacao	10:10.50	500
	50m: 35.08 200m: 2:30.61 350m: 4:26.34 500m: 6:21.24 650m: 8:16.61 800m: 10:10.50				
	100m: 1:13.51 250m: 3:09.35 400m: 5:04.86 550m: 6:59.57 700m: 8:55.52				
	150m: 1:52.34 300m: 3:48.06 450m: 5:42.95 600m: 7:38.44 750m: 9:33.65				
EXH	Dalila Leal Bernardino	06	Nucleo de Pombal	10:17.84	483
	50m: 33.87 200m: 2:25.92 350m: 4:22.94 500m: 6:21.41 650m: 8:21.76 800m: 10:17.84				
	100m: 1:10.43 250m: 3:05.08 400m: 5:01.84 550m: 7:01.76 700m: 9:01.61				
	150m: 1:47.91 300m: 3:43.65 450m: 5:42.04 600m: 7:41.71 750m: 9:40.68				

Prova 17

10-07-2021 - 16:45

Masc., 100m Bruços

Infantil B

Resultados

Recorde Distrital ANDS 50m Absoluto	1:07.04	Francisco Costa Nunes	CCDSM	Coimbra	25-05-2019
Recorde Distrital ANDS 50m Inf B	1:14.02	Joao Diogo Lopes	VS	Loule	19-07-2014

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Joao Pedro Monteiro	08	BUZIOS-Coruche	1:35.53	211
	50m: 45.21 100m: 1:35.53				
2.	Afonso Dinis Gomes	08	Nautico Abrantes	1:35.98	208
	50m: 44.73 100m: 1:35.98				
3.	Afonso Bernardo Evaristo	08	Gualdim Pais	1:37.30	199
	50m: 46.19 100m: 1:37.30				
4.	Francisco Guilherme Freixeiro	08	Rio Maior	1:42.67	170
	50m: 48.95 100m: 1:42.67				
5.	Francisco Martim Correia	08	Rio Maior	1:43.18	167
	50m: 48.35 100m: 1:43.18				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 17, Masc., 100m Bruços

Prova 17	Masc., 100m Bruços				Infantil A
10-07-2021 - 16:45					Resultados
Recorde Distrital ANDS 50m Absoluto	1:07.04	Francisco Costa Nunes	CCDSM	Coimbra	25-05-2019
Recorde Distrital ANDS 50m Inf A	1:11.36	Miguel Carrico Cruz	VS	S. Joao da Madeira	13-07-2013

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Daniel Santos Carapeto	07	Nautico Abrantes	1:27.91	270
	50m: 42.41 100m: 1:27.91				
2.	Martim Marques Gomes	07	Rio Maior	1:32.89	229
	50m: 44.02 100m: 1:32.89				
3.	Simao Rocha Silva	07	Gualdim Pais	1:33.71	223
	50m: 43.73 100m: 1:33.71				
4.	Bernardo Marques Fernandes	07	CLAC-Entroncamento	1:35.43	211
5.	Bernardo Pereira Simoes	07	Torres Novas	1:36.94	202
	50m: 46.02 100m: 1:36.94				
6.	Rodrigo Vieira Vicente	07	Torres Novas	1:37.77	196
	50m: 45.94 100m: 1:37.77				
7.	Tomas Alexandre Santos	07	BUZIOS-Coruche	1:38.57	192
	50m: 45.92 100m: 1:38.57				
8.	Simao Pedro Oliveira	07	Torres Novas	1:38.69	191
	50m: 44.94 100m: 1:38.69				

Prova 17	Masc., 100m Bruços				Juvenil
10-07-2021 - 16:45					Resultados
Recorde Distrital ANDS 50m Absoluto	1:07.04	Francisco Costa Nunes	CCDSM	Coimbra	25-05-2019
Recorde Distrital ANDS 50m Juv A	1:07.28	Francisco Costa Nunes	CCDSM	Funchal	23-03-2018
Recorde Distrital ANDS 50m Juv B	1:08.62	Francisco Costa Nunes	CCDSM	Oeiras	20-07-2017

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Carlos Daniel Nunes	05	Nautico Salvaterra Magos	1:09.96	537
	50m: 32.74 100m: 1:09.96				
2.	Joao Antonio Pires	05	Torres Novas	1:16.57	409
3.	Bernardo Miguel Evaristo	06	Gualdim Pais	1:20.23	356
	50m: 37.45 100m: 1:20.23				
4.	Afonso Formigo Pinho	06	Torres Novas	1:26.69	282
	50m: 40.20 100m: 1:26.69				
5.	Daniel Silva Bispo	06	Nautico Abrantes	1:27.54	274
	50m: 40.92 100m: 1:27.54				
6.	Rafael Rodrigues Gomes	06	Natacao do Tejo	1:34.41	218
	50m: 45.01 100m: 1:34.41				

DSQ Daniel Batista Tavares 06 Bombeiros Mealhada/ CA
SW 7.6 - O (a) atleta não chegou com as mãos separadas à parede

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
 Rio Maior, 9, 10, 11 de Julho de 2021

Prova 17, Masc., 100m Bruços

Prova 17 Masc., 100m Bruços Absoluto
 10-07-2021 - 16:45 Resultados

Recorde Distrital ANDS 50m Absoluto	1:07.04	Francisco Costa Nunes	CCDSM	Coimbra	25-05-2019
Recorde Distrital ANDS 50m Sen	1:08.50	Luis Filipe Viana	CLAC	Funchal	01-08-2019
Recorde Distrital ANDS 50m Jun	1:07.04	Francisco Costa Nunes	CCDSM	Coimbra	25-05-2019

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Luis Afonso Lopes 50m: 33.55 100m: 1:10.09	03	Viver Santarem	1:10.09	534
2.	Artur Rafael Saramago 50m: 33.26 100m: 1:12.09	97	BUZIOS-Coruche	1:12.09	491
3.	Pedro Maria Santana 50m: 34.19 100m: 1:14.09	03	Torres Novas	1:14.09	452
4.	Goncalo Gualberto Barbara 50m: 35.01 100m: 1:14.57	00	Rio Maior	1:14.57	443
5.	Danut Boian 50m: 34.36 100m: 1:17.17	04	Gualdim Pais	1:17.17	400
6.	Jose Carlos Burecas 50m: 37.13 100m: 1:21.90	00	BUZIOS-Coruche	1:21.90	334
7.	Diogo Rafael Antunes 50m: 43.50 100m: 1:31.12	04	CLAC-Entroncamento	1:31.12	243
DNS	Luis Filipe Viana	89	CLAC-Entroncamento		
DNS	Andre Jesus Gaspar	04	Gualdim Pais		
EXH	Henrique Ferreira Martins 50m: 35.65 100m: 1:17.64	06	Alges e Agueda XXI	1:17.64	393
EXH	Francisco Xavier Amaral	05	Bombeiros Mealhada/ CA	1:23.61	314
EXH	Dinis Yurchuk 50m: 43.41 100m: 1:30.07	07	Bombeiros Mealhada/ CA	1:30.07	251

Prova 18 Femin., 100m Bruços Infantil B
 10-07-2021 - 16:55 Resultados

Recorde Distrital ANDS 50m Absoluto	1:14.63	Maria Madalena Silva	CNAB	Coimbra	01-04-2015
Recorde Distrital ANDS 50m Inf B	1:24.06	Joana Filipa Vilhena	CNLA	Rio Maior	11-07-2004

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Laura Brites Costa 50m: 45.64 100m: 1:33.46	09	Rio Maior	1:33.46	323
2.	Marta Nogueira Machado 50m: 58.04 100m: 2:02.49	09	CLAC-Entroncamento	2:02.49	143

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 18, Femin., 100m Bruços

Prova 18
10-07-2021 - 16:55

Femin., 100m Bruços

Infantil A
Resultados

Recorde Distrital ANDS 50m Absoluto	1:14.63	Maria Madalena Silva	CNAB	Coimbra	01-04-2015
Recorde Distrital ANDS 50m Inf A	1:20.17	Margarida Mateus Morais	CNTN	Vila Franca de Xira	21-05-2017

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Catarina Maria Lopes	08	BUZIOS-Coruche	1:32.10	337
	50m: 44.75 100m: 1:32.10				
2.	Rafaela Ferreira Mendes	08	Torres Novas	1:40.91	256
	50m: 47.69 100m: 1:40.91				
3.	Iris Simoes Martins	08	Natacao do Tejo	1:45.75	223
	50m: 50.13 100m: 1:45.75				
4.	Daniela Santos Carrilho	08	CLAC-Entroncamento	1:46.70	217
	50m: 49.22 100m: 1:46.70				
5.	Maria Ines Cochicho	08	Torres Novas	1:49.28	202
	50m: 53.28 100m: 1:49.28				
6.	Margarida Sousa Luis	08	Torres Novas	1:49.42	201
	50m: 53.56 100m: 1:49.42				
7.	Camila Marques Luis	08	Torres Novas	1:55.07	173
	50m: 55.07 100m: 1:55.07				
8.	Francisca da Silva Santos	08	Rio Maior	1:58.80	157
	<i>FTL</i>				
	50m: 55.48 100m: 1:58.80				

Prova 18
10-07-2021 - 16:55

Femin., 100m Bruços

Juvenil
Resultados

Recorde Distrital ANDS 50m Absoluto	1:14.63	Maria Madalena Silva	CNAB	Coimbra	01-04-2015
Recorde Distrital ANDS 50m Juv A	1:16.82	Margarida Mateus Morais	CNTN	Coimbra	05-04-2019
Recorde Distrital ANDS 50m Juv B	1:17.95	Margarida Mateus Morais	CNTN	Oeiras	26-07-2018

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Laura Calheiros Frazao	07	Rio Maior	1:23.94	445
	50m: 40.20 100m: 1:23.94				
2.	Rita Bernardo Tome	06	Nautico Salvaterra Magos	1:27.72	390
3.	Joana Patricia Antunes	06	Natacao do Tejo	1:33.37	324
	50m: 44.02 100m: 1:33.37				
4.	Sofia Miguel Silva	07	Gualdim Pais	1:37.56	284
	50m: 44.91 100m: 1:37.56				
5.	Eleonor Dias Alves	06	Nautico Abrantes	1:39.53	267
	50m: 47.67 100m: 1:39.53				
6.	Beatriz Maria Simoes	07	Torres Novas	1:42.67	243
	50m: 47.45 100m: 1:42.67				
7.	Beatriz Roseiro Dias	07	Nautico Abrantes	1:42.96	241
	50m: 48.50 100m: 1:42.96				
8.	Diana Goncalves Oliveira	07	20Km de Almeirim	1:43.36	238
	50m: 50.06 100m: 1:43.36				
	Matilde Nabeiro Monraia	06	CLAC-Entroncamento	1:43.36	238
	50m: 41.04 100m: 1:43.36				
10.	Clara Rosinha Maia	07	Gualdim Pais	1:43.96	234
	50m: 46.65 100m: 1:43.96				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 18, Femin., 100m Bruços, Juvenil

Lugar	Nome	Ano	Clube	Tempo Final	Pts
11.	Catarina Maria Fragoso 50m: 49.35 100m: 1:47.39	07	20Km de Almeirim	1:47.39	212
DNS	Angela Ruessink	07	Nautico Salvaterra Magos		

Prova 18

10-07-2021 - 16:55

Femin., 100m Bruços

Absoluto

Resultados

Recorde Distrital ANDS 50m Absoluto	1:14.63	Maria Madalena Silva	CNAB	Coimbra	01-04-2015
Recorde Distrital ANDS 50m Sen	1:14.86	Rute Isabel Leonardo	CNAB	Coimbra	25-05-2019
Recorde Distrital ANDS 50m Jun	1:14.63	Maria Madalena Silva	CNAB	Coimbra	01-04-2015

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Margarida Mateus Morais 50m: 37.91 100m: 1:17.03	04	Torres Novas	1:17.03	577
2.	Carolina Silverio Carpinteiro 50m: 36.49 100m: 1:18.48	02	Natacao do Tejo	1:18.48	545
3.	Rute Isabel Leonardo 50m: 38.82 100m: 1:21.25	98	Nautico Abrantes	1:21.25	491
4.	Beatriz Goncalves Casal 50m: 39.49 100m: 1:22.30	03	Torres Novas	1:22.30	473
5.	Marta Chambel Dias 50m: 41.73 100m: 1:28.90	02	CLAC-Entroncamento	1:28.90	375
6.	Catarina Isabel Carlota 50m: 43.04 100m: 1:31.33	05	BUZIOS-Coruche	1:31.33	346
7.	Ines Sofia Nunes 50m: 46.19 100m: 1:36.88	03	BUZIOS-Coruche	1:36.88	290
EXH	Ana Filipa Veiga 50m: 37.08 100m: 1:17.24	01	Gafanha da Encarnacao	1:17.24	572
EXH	Maria Joao Freitas 50m: 36.82 100m: 1:18.27	97	Uniao Piedense	1:18.27	550
EXH	Ana Luisa Rendeiro	06	Nucleo de Pombal	1:31.13	348
EXH	Bianca Filipa Almeida 50m: 45.27 100m: 1:32.51	07	Alges e Agueda XXI	1:32.51	333
EXH	Maria Saraiva Paixao 50m: 45.37 100m: 1:34.59	08	Gafanha da Encarnacao	1:34.59	311
EXH	Sofia Tyutyunyuk 50m: 46.54 100m: 1:35.00	08	Bombeiros Mealhada/ CA	1:35.00	307
EXH	Matilde Monteiro Neves 50m: 48.13 100m: 1:44.42	08	Nucleo de Pombal	1:44.42	231

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 19	Masc., 50m Mariposa				Absoluto
10-07-2021 - 17:10					Resultados
Recorde Distrital ANDS 50m Absoluto	24.97	Pedro Diogo Oliveira	CNRM	Faro	18-07-2009
Recorde Distrital ANDS 50m Sen	24.97	Pedro Diogo Oliveira	CNRM	Faro	18-07-2009
Recorde Distrital ANDS 50m Jun	25.03	Paulo Vakulyuk	SEL POR	Brovary (UKR)	17-04-2021
Recorde Distrital ANDS 50m Juv A	26.21	Paulo Vakulyuk	CNTN	Funchal	03-08-2019
Recorde Distrital ANDS 50m Juv B	27.14	Simão Dinis Rosa	CNTN	Póvoa do Varzim	01-02-2020

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Pedro Pereira Lopes	99	BUZIOS-Coruche	27.43	535
2.	Eduardo Binyas	06	Rio Maior	27.53	529
3.	Artur Rafael Saramago	97	BUZIOS-Coruche	27.77	515
4.	Duarte Rodrigues Ximenes	04	Nautico Salvaterra Magos	28.26	489
5.	Tiago Miguel Jorge	03	Rio Maior	28.58	473
6.	Ricardo Filipe Gaboleiro	05	Rio Maior	29.15	445
7.	Pedro Maria Santana	03	Torres Novas	29.19	444
8.	Joao Marques Ferreira	04	Viver Santarem	29.38	435
9.	Eduardo Terekhin Baptista	94	BUZIOS-Coruche	29.41	434
10.	Jose Carlos Burecas	00	BUZIOS-Coruche	29.54	428
11.	Vitor Sokolovskyy	06	Nautico Abrantes	29.88	414
12.	Joao Antonio Pires	05	Torres Novas	30.02	408
13.	Tiago Miguel Trincao	06	Torres Novas	30.06	406
14.	Jose Miguel Monteiro	04	Gualdim Pais	30.10	405
15.	Joao Pedro Rosa	90	CLAC-Entroncamento	30.23	399
16.	Rafael Rodrigues Gomes	06	Natacao do Tejo	30.53	388
17.	Tiago Charrua Gago	04	Viver Santarem	30.71	381
18.	Danut Boian	04	Gualdim Pais	30.87	375
19.	Diogo Bernardo Tome	03	Nautico Salvaterra Magos	30.94	372
20.	Daniel Silva Bispo	06	Nautico Abrantes	31.08	367
21.	Goncalo Filipe Ferreira	06	20Km de Almeirim	32.06	335
22.	Andre Coelho Pita	06	Nautico Abrantes	32.09	334
23.	Goncalo Maria Mendonca	04	Viver Santarem	36.88	220
24.	Diogo Rafael Antunes	04	CLAC-Entroncamento	37.99	201
DSQ	Lorenzo Muniz Silva	06	BUZIOS-Coruche		
<i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>					
DNS	Andre Jesus Gaspar	04	Gualdim Pais		
WDR	Marcio Lima Silva	01	Natacao do Tejo		
EXH	Eduardo Gomes Fernandes	02	Sporting	26.18	615
EXH	Rafael Pereira Pessoa	05	Bombeiros Mealhada/ CA	29.83	416
EXH	Miguel Goncalves Jardim	00	Nucleo de Pombal	30.60	385
EXH	Andre Pedro Ferreira	06	Nucleo de Pombal	32.80	312
EXH	Arsenio Zemlianko	03	Nucleo de Pombal	34.02	280

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
 Rio Maior, 9, 10, 11 de Julho de 2021

Prova 20	Femin., 50m Mariposa					Absoluto
10-07-2021 - 17:15						Resultados
Recorde Distrital ANDS 50m Absoluto	28.64	Adriana Espírito Louro	SFGP	Coimbra	25-04-2021	
Recorde Distrital ANDS 50m Sen	29.49	Carolina Silverio Carpinteiro	SANDS	Porto	06-06-2021	
Recorde Distrital ANDS 50m Jun	28.64	Adriana Espírito Louro	SFGP	Coimbra	25-04-2021	
Recorde Distrital ANDS 50m Juv A	30.70	Margarida Claudino Nicolau	SELPOR	Póvoa do Varzim	02-02-2020	
Recorde Distrital ANDS 50m Juv B	29.82	Maria Madalena Bento	BUZIOS	Funchal	01-08-2019	

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	29.62	561
2.	Maria Madalena Bento	05	BUZIOS-Coruche	30.30	524
3.	Marta Filipa Bucha	06	Viver Santarem	32.61	420
4.	Margarida Miguel Mendes	06	Viver Santarem	33.14	400
5.	Beatriz Catarino Moura	02	Nautico Abrantes	33.60	384
6.	Mafalda Magalhaes Costa	03	Gualdim Pais	34.09	368
7.	Rute Isabel Leonardo	98	Nautico Abrantes	34.11	367
8.	Joana Fernandes Vicente	04	Torres Novas	35.49	326
9.	Beatriz Sofia Conceicao	07	Nautico Abrantes	36.40	302
10.	Madalena Maria Midoes	07	20Km de Almeirim	36.53	299
11.	Ines Filipa Cotovio	05	Nautico Salvaterra Magos	36.68	295
12.	Beatriz Alexandra Botas	07	20Km de Almeirim	36.94	289
13.	Eleonor Dias Alves	06	Nautico Abrantes	38.07	264
14.	Barbara Maia Freitas	06	CLAC-Entroncamento	38.54	254
15.	Bruna Tomas Silva	07	Gualdim Pais	39.74	232
16.	Marta Chambel Dias	02	CLAC-Entroncamento	40.71	216
17.	Diana Goncalves Oliveira	07	20Km de Almeirim	41.48	204
18.	Patricia Rodrigues Cabrita	92	CLAC-Entroncamento	41.97	197
<i>FTL</i>					
19.	Madalena Grilo Teles	04	Nautico Salvaterra Magos	43.10	182
<i>FTL</i>					
DNS	Ariana Espirito Louro	05	Gualdim Pais		
EXH	Helena Nunes Rodrigues	03	Alges e Agueda XXI	32.58	421

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

4 - 4ª SESSÃO

11-07-2021 - 9:30

Prova 21 Masc., 200m Mariposa Infantil B
11-07-2021 - 9:30 Resultados

Recorde Distrital ANDS 50m Absoluto	1:56.17	Pedro Diogo Oliveira	CNRM	Rome (ITA)	28-07-2009
Recorde Distrital ANDS 50m Inf B	2:30.37	Joao Jose Calado	CNAB	Loule	20-07-2014

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Rodolfo Charrua Gago	08	Viver Santarem	3:16.18	179
	100m: 1:32.03 200m: 3:16.18				

Prova 21 Masc., 200m Mariposa Infantil A
11-07-2021 - 9:30 Resultados

Recorde Distrital ANDS 50m Absoluto	1:56.17	Pedro Diogo Oliveira	CNRM	Rome (ITA)	28-07-2009
Recorde Distrital ANDS 50m Inf A	2:20.36	Joao Jose Calado	CNAB	Oeiras	19-07-2015

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Alexandre Morari	07	Rio Maior	2:43.62	309
	50m: 35.99 100m: 1:18.88 150m: 2:02.52 200m: 2:43.62				
2.	Eugenio Melnyk	07	Rio Maior	3:07.62	205
	50m: 41.31 100m: 1:29.99 150m: 2:20.24 200m: 3:07.62				

Prova 21 Masc., 200m Mariposa Juvenil
11-07-2021 - 9:30 Resultados

Recorde Distrital ANDS 50m Absoluto	1:56.17	Pedro Diogo Oliveira	CNRM	Rome (ITA)	28-07-2009
Recorde Distrital ANDS 50m Juv A	2:03.76	Pedro Diogo Oliveira	CNRM	Jamor	31-07-2004
Recorde Distrital ANDS 50m Juv B	2:13.64	Paulo Vakulyuk	CNTN	Oeiras	29-07-2018

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Jose Pinto Cabral	05	Viver Santarem	2:20.60	488
	50m: 31.14 100m: 1:06.72 150m: 1:44.14 200m: 2:20.60				
2.	Guilherme Filipe Gaboleiro	05	Rio Maior	2:34.43	368
	50m: 34.82 100m: 1:14.51 150m: 1:54.69 200m: 2:34.43				
3.	Vitor Sokolovskyy	06	Nautico Abrantes	2:44.70	303
	100m: 1:14.95 200m: 2:44.70				
4.	Andre Coelho Pita	06	Nautico Abrantes	2:52.93	262
	50m: 36.16 100m: 1:20.52 150m: 2:05.96 200m: 2:52.93				
5.	Antonio Pedro Martins	05	CPFZ - Natação	3:04.32	216
	50m: 38.19 100m: 1:24.42 150m: 2:14.23 200m: 3:04.32				

DSQ Lorenzo Muniz Silva 06 BUZIOS-Coruche
SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso
DNS Rafael Rodrigues Gomes 06 Natacao do Tejo

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
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Prova 21, Masc., 200m Mariposa

Prova 21
11-07-2021 - 9:30 Masc., 200m Mariposa Absoluto Resultados

Recorde Distrital ANDS 50m Absoluto	1:56.17	Pedro Diogo Oliveira	CNRM	Rome (ITA)	28-07-2009
Recorde Distrital ANDS 50m Sen	1:56.17	Pedro Diogo Oliveira	CNRM	Rome (ITA)	28-07-2009
Recorde Distrital ANDS 50m Jun	2:01.46	Pedro Diogo Oliveira	CNRM	Palma de Mallorca (ESP)	08-07-2006

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Luis Afonso Lopes	03	Viver Santarem	2:13.00	577
	50m: 30.87 100m: 1:05.35 150m: 1:39.18 200m: 2:13.00				
2.	Martim Henriques Carvalho	04	Rio Maior	2:14.50	557
	50m: 30.95 100m: 1:05.03 150m: 1:39.59 200m: 2:14.50				
3.	Goncalo Gualberto Barbara	00	Rio Maior	2:24.55	449
	50m: 32.70 100m: 1:09.41 150m: 1:47.10 200m: 2:24.55				
4.	Artur Rafael Saramago	97	BUZIOS-Coruche	2:35.42	361
	50m: 32.23 100m: 1:10.46 150m: 1:53.43 200m: 2:35.42				
5.	Joao Pedro Rosa	90	CLAC-Entroncamento	2:47.74	287
	50m: 35.66 100m: 1:16.70 150m: 2:01.78 200m: 2:47.74				
6.	Duarte Rodrigues Ximenes	04	Nautico Salvaterra Magos	2:48.70	282
	50m: 33.27 100m: 1:13.73 150m: 2:00.31 200m: 2:48.70				
EXH	Abel Renato Ferreira	05	Alges e Agueda XXI	2:30.69	396
	50m: 32.76 100m: 1:10.53 150m: 1:51.10 200m: 2:30.69				
EXH	Rafael Pereira Pessoa	05	Bombeiros Mealhada/ CA	2:34.21	370
	50m: 31.62 100m: 1:08.41 200m: 2:34.21				
EXH	Henrique Ferreira Martins	06	Alges e Agueda XXI	2:34.76	366
	50m: 29.52 100m: 1:06.27 150m: 1:51.69 200m: 2:34.76				

Prova 22
11-07-2021 - 9:40 Femin., 200m Mariposa Infantil B Resultados

Recorde Distrital ANDS 50m Absoluto	2:20.45	Ariana Espirito Louro	SFGP	Rio Maior	29-05-2021
Recorde Distrital ANDS 50m Inf B	2:41.09	Mariana Veloso Vitoria	CNAB	Porto	24-07-2010

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Monica Ruessink	09	Nautico Salvaterra Magos	3:49.64	149
	50m: 50.44 100m: 1:48.74 150m: 2:51.32 200m: 3:49.64				

Prova 22
11-07-2021 - 9:40 Femin., 200m Mariposa Infantil A Resultados

Recorde Distrital ANDS 50m Absoluto	2:20.45	Ariana Espirito Louro	SFGP	Rio Maior	29-05-2021
Recorde Distrital ANDS 50m Inf A	2:31.73	Mariana Veloso Vitoria	CNAB	Lisboa	23-07-2011

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Catarina Maria Lopes	08	BUZIOS-Coruche	2:50.44	365
	50m: 38.39 100m: 1:22.25 150m: 2:07.78 200m: 2:50.44				
2.	Carlota Pereira Sousa	08	Viver Santarem	3:41.60	166
	50m: 46.49 100m: 1:45.65 150m: 2:43.08 200m: 3:41.60				
DSQ	Carolina Santos Carrilho	08	CLAC-Entroncamento		
<i>SW 8.1 - O (a) atleta perdeu a posição ventral durante o percurso</i>					

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Prova 22, Femin., 200m Mariposa

Prova 22 Femin., 200m Mariposa Juvenil
11-07-2021 - 9:40 Resultados

Recorde Distrital ANDS 50m Absoluto	2:20.45	Ariana Espirito Louro	SFGP	Rio Maior	29-05-2021
Recorde Distrital ANDS 50m Juv A	2:35.11	Maria Madalena Bento	BUZIOS	Lisboa	09-02-2020
Recorde Distrital ANDS 50m Juv B	2:28.11	Maria Madalena Bento	BUZIOS	Funchal	04-08-2019

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Marta Filipa Bucha	06	Viver Santarem	2:39.11	448
	50m: 34.16 100m: 1:13.58 150m: 1:55.48 200m: 2:39.11				
2.	Margarida Miguel Mendes	06	Viver Santarem	2:50.66	363
	50m: 37.60 100m: 1:20.70 150m: 2:08.97 200m: 2:50.66				
3.	Eleonor Dias Alves	06	Nautico Abrantes	3:16.97	236
	50m: 42.67 100m: 1:32.24 150m: 2:24.97 200m: 3:16.97				
4.	Madalena Nunes Domingos	07	Viver Santarem	3:20.06	225
	100m: 1:32.59 200m: 3:20.06				

Prova 22 Femin., 200m Mariposa Absoluto
11-07-2021 - 9:40 Resultados

Recorde Distrital ANDS 50m Absoluto	2:20.45	Ariana Espirito Louro	SFGP	Rio Maior	29-05-2021
Recorde Distrital ANDS 50m Sen	2:27.85	Julia Matos Lopes	SCALAB	Coimbra	06-04-2012
Recorde Distrital ANDS 50m Jun	2:20.45	Ariana Espirito Louro	SFGP	Rio Maior	29-05-2021

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Maria Madalena Bento	05	BUZIOS-Coruche	2:28.75	549
	50m: 32.79 100m: 1:09.80 150m: 1:50.11 200m: 2:28.75				
2.	Catarina Isabel Carlota	05	BUZIOS-Coruche	2:49.24	372
	100m: 1:20.18 200m: 2:49.24				
3.	Ines Filipa Cotovio	05	Nautico Salvaterra Magos	3:09.11	267
	50m: 39.49 100m: 1:26.54 150m: 2:16.83 200m: 3:09.11				
4.	Marta Chambel Dias	02	CLAC-Entroncamento	3:18.14	232
	50m: 39.99 100m: 1:30.70 150m: 2:24.38 200m: 3:18.14				
EXH	Joana Barbas Ramos	06	Gafanha da Encarnacao	2:55.08	336
	50m: 40.17 100m: 1:25.07 150m: 2:10.77 200m: 2:55.08				

Prova 23 Masc., 50m Costas Absoluto
11-07-2021 - 9:50 Resultados

Recorde Distrital ANDS 50m Absoluto	26.25	Pedro Diogo Oliveira	INDADS	Charlotte (USA)	10-05-2013
Recorde Distrital ANDS 50m Sen	26.25	Pedro Diogo Oliveira	INDADS	Charlotte (USA)	10-05-2013
Recorde Distrital ANDS 50m Jun	27.49	Pedro Diogo Oliveira	CNRM	Coimbra	29-07-2006
Recorde Distrital ANDS 50m Juv A	28.56	Paulo Vakulyuk	SANDS	Porto	02-06-2019
Recorde Distrital ANDS 50m Juv B	28.74	Pedro Diogo Oliveira	CNRM	Lisboa	18-05-2003

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Guilherme Pereira Coutinho	03	Viver Santarem	29.34	547
2.	Diogo Miguel Matreno	03	Torres Novas	30.28	497
3.	Pedro Maria Santana	03	Torres Novas	30.59	482
4.	Ricardo Matias Santos	05	CPFZ - Natação	30.90	468
5.	Ricardo Filipe Gaboleiro	05	Rio Maior	31.54	440
6.	Diogo Bernardo Tome	03	Nautico Salvaterra Magos	32.03	420
7.	Bernardo Miguel Evaristo	06	Gualdim Pais	33.41	370

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Prova 23, Masc., 50m Costas, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts
8.	Danut Boian	04	Gualdim Pais	33.90	354
9.	Afonso Formigo Pinho	06	Torres Novas	34.64	332
10.	Joao Pedro Rosa	90	CLAC-Entroncamento	34.90	325
11.	Goncalo Filipe Ferreira	06	20Km de Almeirim	36.03	295
DNS	Andre Jesus Gaspar	04	Gualdim Pais		
WDR	Marcio Lima Silva	01	Natacao do Tejo		

Prova 24

Femin., 50m Costas

Absoluto
Resultados

11-07-2021 - 9:55

Recorde Distrital ANDS 50m Absoluto	31.99	Mariana Veloso Vitoria	CNAB	Jamor	10-02-2013
Recorde Distrital ANDS 50m Sen	32.11	Inês Asseiceira Ramos	SANDS	Porto	05-06-2021
Recorde Distrital ANDS 50m Sen	32.11	Ines Asseiceira Ramos	SANDS	Porto	05-06-2021
Recorde Distrital ANDS 50m Jun	31.57	Lea Alexandra Mendes	SFGP	Coimbra	04-04-2019
Recorde Distrital ANDS 50m Juv A	32.15	Lea Alexandra Mendes	ROU	Funchal	22-03-2018
Recorde Distrital ANDS 50m Juv B	32.85	Raquel Mendes Poço	CNTN	Loulé	04-08-2001

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Ines Asseiceira Ramos	03	Torres Novas	32.42	576
2.	Beatriz Gaspar Nobre	05	Gualdim Pais	34.50	478
3.	Laura Leocadio Duarte	06	Gualdim Pais	35.14	452
4.	Beatriz Goncalves Casal	03	Torres Novas	35.31	446
5.	Joana Fernandes Vicente	04	Torres Novas	37.61	369
6.	Diana Goncalves Oliveira	07	20Km de Almeirim	37.66	367
7.	Barbara Maia Freitas	06	CLAC-Entroncamento	38.51	343
8.	Carolina Guerra Pisco	02	20Km de Almeirim	38.85	334
9.	Beatriz Alexandra Botas	07	20Km de Almeirim	39.44	320
10.	Margarida Miguel Mendes	06	Viver Santarem	39.79	311
11.	Beatriz Roseiro Dias	07	Nautico Abrantes	40.12	304
DNS	Rute Isabel Leonardo	98	Nautico Abrantes		
DNS	Eduarda Carvalho Costa	07	Rio Maior		
EXH	Bianca Filipa Almeida	07	Alges e Agueda XXI	36.40	407

Prova 25

Masc., 100m Livres

Infantil B
Resultados

11-07-2021 - 10:00

Recorde Distrital ANDS 50m Absoluto	51.46	Paulo Vakulyuk	CNTN	Rio Maior	03-07-2021
Recorde Distrital ANDS 50m Inf B	58.96	Joao Diogo Lopes	VS	Loule	20-07-2014

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Leonardo Gomes Silva 50m: 32.31 100m: 1:08.86	08	Rio Maior	1:08.86	316
2.	Francisco Guilherme Freixeiro 50m: 33.56 100m: 1:09.27	08	Rio Maior	1:09.27	310
3.	Afonso Bernardo Evaristo 50m: 34.74 100m: 1:12.33	08	Gualdim Pais	1:12.33	272
4.	Rodolfo Charrua Gago	08	Viver Santarem	1:13.23	262
5.	Joao Pedro Monteiro 50m: 37.29 100m: 1:16.44	08	BUZIOS-Coruche	1:16.44	231
6.	Joao Francisco Gaspar 50m: 38.20 100m: 1:17.88	08	BUZIOS-Coruche	1:17.88	218

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Prova 25, Masc., 100m Livres, Infantil B

Lugar	Nome	Ano	Clube	Tempo Final	Pts
7.	Francisco Martim Correia 50m: 37.48 100m: 1:19.35	08	Rio Maior	1:19.35	206
8.	Guilherme Dias Duarte 50m: 38.15 100m: 1:20.16	08	20Km de Almeirim	1:20.16	200
9.	Salvador Gomes Serra 50m: 37.68 100m: 1:23.39	08	Torres Novas	1:23.39	178
10.	Miguel Gameiro Pereira 50m: 38.72 100m: 1:24.02	08	Torres Novas	1:24.02	174
11.	Diogo Rafael Abreu 50m: 40.42 100m: 1:25.48	08	20Km de Almeirim	1:25.48	165
12.	Martim Silva Oliveira	08	Torres Novas	1:33.85	124
<i>FTL</i>					

Prova 25 Masc., 100m Livres Infantil A
11-07-2021 - 10:00 Resultados

Recorde Distrital ANDS 50m Absoluto	51.46	Paulo Vakulyuk	CNTN	Rio Maior	03-07-2021
Recorde Distrital ANDS 50m Inf A	56.70	Simão Diniz Rosa	CNTN	Loulé	27-07-2019

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Alexandre Morari 50m: 29.56 100m: 1:00.84	07	Rio Maior	1:00.84	458
2.	Joao Miguel Pinto 50m: 31.67 100m: 1:06.78	07	20Km de Almeirim	1:06.78	346
3.	Daniel Santos Carapeto 50m: 32.88 100m: 1:07.44	07	Nautico Abrantes	1:07.44	336
4.	Bernardo Pereira Simoes 50m: 33.28 100m: 1:08.07	07	Torres Novas	1:08.07	327
5.	Eugenio Melnyk 50m: 32.37 100m: 1:08.37	07	Rio Maior	1:08.37	322
6.	Martim Marques Gomes 50m: 32.42 100m: 1:09.80	07	Rio Maior	1:09.80	303
7.	Simao Rocha Silva 50m: 33.38 100m: 1:10.22	07	Gualdim Pais	1:10.22	298
8.	Tomas Alexandre Santos 50m: 33.92 100m: 1:11.53	07	BUZIOS-Coruche	1:11.53	282
9.	Simao Pedro Oliveira 50m: 34.30 100m: 1:13.57	07	Torres Novas	1:13.57	259
10.	Joao Pedro Teixeira 50m: 36.02 100m: 1:14.91	07	Viver Santarem	1:14.91	245
11.	Rodrigo Vieira Vicente	07	Torres Novas	1:20.55	197
<i>FTL</i>					
12.	Martim Fernando Rodrigues 50m: 37.91 100m: 1:20.55	07	BUZIOS-Coruche	1:24.25	172
<i>FTL</i>					
12.	Martim Fernando Rodrigues 50m: 39.51 100m: 1:24.25	07	BUZIOS-Coruche	1:24.25	172

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
 Rio Maior, 9, 10, 11 de Julho de 2021

Prova 25, Masc., 100m Livres

Prova 25	Masc., 100m Livres				Juvenil
11-07-2021 - 10:00					Resultados
Recorde Distrital ANDS 50m Absoluto	51.46	Paulo Vakulyuk	CNTN	Rio Maior	03-07-2021
Recorde Distrital ANDS 50m Juv A	53.09	Paulo Vakulyuk	SELPOR	Baku (AZE)	23-07-2019
Recorde Distrital ANDS 50m Juv B	54.62	Paulo Vakulyuk	CNTN	Oeiras	29-07-2018

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Eduardo Binyas 50m: 27.46 100m: 56.99	06	Rio Maior	56.99	557
2.	Carlos Daniel Nunes 50m: 28.09 100m: 57.76	05	Nautico Salvaterra Magos	57.76	535
3.	Joao Antonio Pires 50m: 27.50 100m: 57.88	05	Torres Novas	57.88	532
4.	Rafael Rodrigues Gomes 50m: 28.61 100m: 58.98	06	Natacao do Tejo	58.98	503
5.	Jose Pinto Cabral 50m: 28.85 100m: 59.62	05	Viver Santarem	59.62	487
6.	Tiago Miguel Trincao 50m: 29.00 100m: 1:01.16	06	Torres Novas	1:01.16	451
7.	Ricardo Filipe Gaboleiro 50m: 29.45 100m: 1:02.43	05	Rio Maior	1:02.43	424
8.	Jose Maria Temudo 50m: 30.13 100m: 1:02.56	06	Rio Maior	1:02.56	421
9.	Vitor Sokolovskyy 50m: 30.92 100m: 1:03.21	06	Nautico Abrantes	1:03.21	408
10.	Afonso Formigo Pinho 50m: 30.30 100m: 1:03.23	06	Torres Novas	1:03.23	408
11.	Guilherme Filipe Gaboleiro 50m: 29.95 100m: 1:03.52	05	Rio Maior	1:03.52	402
12.	Daniel Silva Bispo 50m: 31.38 100m: 1:05.43	06	Nautico Abrantes	1:05.43	368
13.	Goncalo Filipe Ferreira 50m: 33.14 100m: 1:05.79	06	20Km de Almeirim	1:05.79	362
14.	Bernardo Miguel Evaristo 50m: 32.16 100m: 1:07.31	06	Gualdim Pais	1:07.31	338
15.	Andre Coelho Pita 50m: 32.17 100m: 1:08.75	06	Nautico Abrantes	1:08.75	317

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
 Rio Maior, 9, 10, 11 de Julho de 2021

Prova 25, Masc., 100m Livres

Prova 25
 11-07-2021 - 10:00

Masc., 100m Livres

Absoluto
 Resultados

Recorde Distrital ANDS 50m Absoluto	51.46	Paulo Vakulyuk	CNTN	Rio Maior	03-07-2021
Recorde Distrital ANDS 50m Sen	53.91	Tiago Filipe Campos	CNRM	Póvoa do Varzim	03-02-2019
Recorde Distrital ANDS 50m Jun	51.46	Paulo Vakulyuk	CNTN	Rio Maior	03-07-2021

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Luis Afonso Lopes 50m: 26.60 100m: 54.52	03	Viver Santarem	54.52	636
2.	Bernardo Jose Dionisio 50m: 27.31 100m: 55.81	99	Gualdim Pais	55.81	593
3.	Diogo Miguel Matreno 50m: 27.16 100m: 56.26	03	Torres Novas	56.26	579
4.	Martim Henriques Carvalho 50m: 28.06 100m: 57.25	04	Rio Maior	57.25	550
5.	Artur Rafael Saramago 50m: 27.57 100m: 57.41	97	BUZIOS-Coruche	57.41	545
6.	Jose Miguel Monteiro 50m: 27.67 100m: 57.67	04	Gualdim Pais	57.67	538
7.	Tiago Miguel Jorge 50m: 28.08 100m: 57.71	03	Rio Maior	57.71	537
8.	Joao Marques Ferreira	04	Viver Santarem	58.76	508
9.	Rodrigo Cardoso Fernandes 50m: 28.93 100m: 59.58	04	Viver Santarem	59.58	488
10.	Rui Chagas Alves 50m: 28.31 100m: 59.66	03	Viver Santarem	59.66	486
11.	Duarte Rodrigues Ximenes 50m: 28.51 100m: 1:00.84	04	Nautico Salvaterra Magos	1:00.84	458
12.	Tiago Charrua Gago 50m: 29.48 100m: 1:01.10	04	Viver Santarem	1:01.10	452
13.	Guilherme Pereira Coutinho 50m: 29.43 100m: 1:01.22	03	Viver Santarem	1:01.22	449
14.	Danut Boian	04	Gualdim Pais	1:02.33	426
15.	Eduardo Terekhin Baptista 50m: 30.18 100m: 1:02.40	94	BUZIOS-Coruche	1:02.40	424
16.	Pedro Maria Santana 50m: 29.89 100m: 1:02.49	03	Torres Novas	1:02.49	423
17.	Ruben Daniel Linhares 50m: 31.80 100m: 1:06.61	97	Rio Maior	1:06.61	349
DNS	Luis Filipe Viana	89	CLAC-Entroncamento		
EXH	Eduardo Gomes Fernandes 50m: 26.21 100m: 53.97	02	Sporting	53.97	656
EXH	Daniel Batista Tavares 50m: 27.05 100m: 56.94	06	Bombeiros Mealhada/ CA	56.94	559
EXH	Filipe Santos Cardoso 50m: 28.15 100m: 57.74	04	Gafanha da Encarnacao	57.74	536
EXH	Henrique Ferreira Martins 50m: 27.80 100m: 58.21	06	Alges e Agueda XXI	58.21	523

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
 Rio Maior, 9, 10, 11 de Julho de 2021

Prova 25, Masc., 100m Livres

Lugar	Nome	Ano	Clube	Tempo Final	Pts
EXH	Francisco Xavier Amaral 50m: 28.00 100m: 58.77	05	Bombeiros Mealhada/ CA	58.77	508
EXH	Abel Renato Ferreira 50m: 29.15 100m: 1:01.09	05	Alges e Agueda XXI	1:01.09	452
EXH	Dinis Yurchuk 50m: 30.93 100m: 1:04.20	07	Bombeiros Mealhada/ CA	1:04.20	390

 Prova 26
 11-07-2021 - 10:20

Femin., 100m Livres

 Infantil B
 Resultados

Recorde Distrital ANDS 50m Absoluto	59.59	Carolina Marques Neves	CNTN	Oeiras	23-07-2017
Recorde Distrital ANDS 50m Inf B	1:05.93	Ana Lucia Galdes	SFUS	EUL-Lisboa	03-08-1999

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Laura Prates Morais 50m: 34.93 100m: 1:13.06	09	BUZIOS-Coruche	1:13.06	354
2.	Joana Pereira Santos 50m: 34.99 100m: 1:13.55	09	Rio Maior	1:13.55	347
3.	Laura Brites Costa 50m: 35.21 100m: 1:15.12	09	Rio Maior	1:15.12	326
4.	Monica Ruessink 50m: 42.13 100m: 1:28.32	09	Nautico Salvaterra Magos	1:28.32	200
5.	Catarina Isabel Galvão 50m: 41.91 100m: 1:29.76	09	BUZIOS-Coruche	1:29.76	191
6.	Laura Margarida Conde 50m: 41.04 100m: 1:30.15	09	Torres Novas	1:30.15	188
7.	Maria Leonor Santos 50m: 45.66 100m: 1:43.30	09	Torres Novas	1:43.30	125
<i>FTL</i>					

 Prova 26
 11-07-2021 - 10:20

Femin., 100m Livres

 Infantil A
 Resultados

Recorde Distrital ANDS 50m Absoluto	59.59	Carolina Marques Neves	CNTN	Oeiras	23-07-2017
Recorde Distrital ANDS 50m Inf A	1:04.33	Mariana Veloso Vitoria	CNAB	Rio Maior	10-07-2011

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Rafaela Ferreira Mendes 50m: 33.90 100m: 1:09.78	08	Torres Novas	1:09.78	406
2.	Maria Ines Cochicho 50m: 34.97 100m: 1:13.59	08	Torres Novas	1:13.59	346
3.	Alice Batista Agostinho 50m: 36.11 100m: 1:14.55	08	Rio Maior	1:14.55	333
4.	Barbara Alexandra Rego 50m: 36.73 100m: 1:16.88	08	BUZIOS-Coruche	1:16.88	304
5.	Sofia Lopes Castanheiro 50m: 38.51 100m: 1:20.80	08	Gualdim Pais	1:20.80	262
6.	Margarida Sousa Luis 50m: 38.54 100m: 1:22.23	08	Torres Novas	1:20.90	261
7.	Sofia Rita Arsenio 50m: 38.54 100m: 1:22.23	08	BUZIOS-Coruche	1:22.23	248

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
 Rio Maior, 9, 10, 11 de Julho de 2021

Prova 26, Femin., 100m Livres, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	Pts
8.	Vyeronika Barabanchuk 50m: 39.31 100m: 1:22.31	08	BUZIOS-Coruche	1:22.31	247
9.	Iris Simoes Martins 50m: 38.22 100m: 1:22.38	08	Natacao do Tejo	1:22.38	247
10.	Camila Marques Luis 50m: 39.99 100m: 1:25.99	08	Torres Novas	1:25.99	217
11.	Francisca da Silva Santos <i>FTL</i> 50m: 41.66 100m: 1:29.19	08	Rio Maior	1:29.19	194
	DSQ Maria Madalena Monteiro <i>SW 4.4 - Falsa partida</i>	08	Gualdim Pais		

 Prova 26
 11-07-2021 - 10:20

Femin., 100m Livres

 Juvenil
 Resultados

Recorde Distrital ANDS 50m Absoluto	59.59	Carolina Marques Neves	CNTN	Oeiras	23-07-2017
Recorde Distrital ANDS 50m Juv A	1:00.08	Carolina Marques Neves	CNTN	Oeiras	24-07-2016
Recorde Distrital ANDS 50m Juv B	1:02.04	Sarah Dias	CLAC	V. Nova de Famalicão	21-07-2013

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Rita Bernardo Tome 50m: 32.11 100m: 1:07.17	06	Nautico Salvaterra Magos	1:07.17	456
2.	Laura Calheiros Frazao 50m: 33.14 100m: 1:09.00	07	Rio Maior	1:09.00	420
3.	Madalena Maria Midoes 50m: 33.16 100m: 1:09.24	07	20Km de Almeirim	1:09.24	416
4.	Maria Beatriz Teixeira	06	Viver Santarem	1:10.28	398
5.	Diana Goncalves Oliveira 50m: 35.14 100m: 1:12.68	07	20Km de Almeirim	1:12.68	360
6.	Joana Patricia Antunes 50m: 34.83 100m: 1:13.81	06	Natacao do Tejo	1:13.81	343
7.	Mariana Mauricio Coelho 50m: 36.18 100m: 1:14.28	07	BUZIOS-Coruche	1:14.28	337
8.	Beatriz Maria Simoes 50m: 34.88 100m: 1:14.74	07	Torres Novas	1:14.74	331
9.	Beatriz Alexandra Botas 50m: 36.01 100m: 1:16.00	07	20Km de Almeirim	1:16.00	314
10.	Sofia Miguel Silva 50m: 35.93 100m: 1:17.86	07	Gualdim Pais	1:17.86	292
11.	Bruna Tomas Silva 50m: 36.47 100m: 1:18.03	07	Gualdim Pais	1:18.03	291
12.	Madalena Nunes Domingos 50m: 37.83 100m: 1:19.51	07	Viver Santarem	1:19.51	275
13.	Beatriz Sofia Conceicao 50m: 38.07 100m: 1:19.57	07	Nautico Abrantes	1:19.57	274
14.	Angela Ruessink 50m: 36.71 100m: 1:20.05	07	Nautico Salvaterra Magos	1:20.05	269
15.	Catarina Maria Fragoso 50m: 37.23 100m: 1:20.44	07	20Km de Almeirim	1:20.44	265

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 26, Femin., 100m Livres, Juvenil

Lugar	Nome	Ano	Clube	Tempo Final	Pts
16.	Clara Rosinha Maia 50m: 37.40 100m: 1:21.33	07	Gualdim Pais	1:21.33	257
17.	Beatriz Roseiro Dias 50m: 38.36 100m: 1:21.58	07	Nautico Abrantes	1:21.58	254

Prova 26 Femin., 100m Livres Absoluto Resultados
11-07-2021 - 10:20

Recorde Distrital ANDS 50m Absoluto	59.59	Carolina Marques Neves	CNTN	Oeiras	23-07-2017
Recorde Distrital ANDS 50m Sen	1:00.44	Carolina Marques Neves	CNTN	Oeiras	10-02-2019
Recorde Distrital ANDS 50m Jun	59.59	Carolina Marques Neves	CNTN	Oeiras	23-07-2017

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Carolina Silverio Carpinteiro 50m: 29.34 100m: 1:01.32	02	Natacao do Tejo	1:01.32	599
2.	Beatriz Goncalves Casal 50m: 29.02 100m: 1:02.47	03	Torres Novas	1:02.47	567
3.	Mafalda Sofia Rosa 50m: 31.09 100m: 1:03.30	03	Rio Maior	1:03.30	545
4.	Beatriz Maria Freixeiro 50m: 30.99 100m: 1:03.61	04	Rio Maior	1:03.61	537
5.	Maria Madalena Bento 50m: 31.33 100m: 1:03.92	05	BUZIOS-Coruche	1:03.92	529
6.	Ines Asseiceira Ramos	03	Torres Novas	1:03.94	528
7.	Margarida Mateus Morais 50m: 31.31 100m: 1:05.43	04	Torres Novas	1:05.43	493
8.	Rafaela Canano Silva 50m: 32.23 100m: 1:07.92	04	Viver Santarem	1:07.92	441
9.	Beatriz Catarino Moura 50m: 33.37 100m: 1:10.34	02	Nautico Abrantes	1:10.34	397
10.	Carolina Guerra Pisco 50m: 33.53 100m: 1:11.47	02	20Km de Almeirim	1:11.47	378
11.	Ines Sofia Nunes	03	BUZIOS-Coruche	1:14.29	337
12.	Patricia Rodrigues Cabrita <i>FTL</i> 50m: 38.86 100m: 1:24.80	92	CLAC-Entroncamento	1:24.80	226
13.	Madalena Grilo Teles <i>FTL</i> 50m: 39.45 100m: 1:24.83	04	Nautico Salvaterra Magos	1:24.83	226
DNS	Joana Teixeira Dias	97	CLAC-Entroncamento		
DNS	Ariana Espirito Louro	05	Gualdim Pais		
EXH	Maria Joao Freitas 50m: 29.86 100m: 1:02.46	97	Uniao Piedense	1:02.46	567
EXH	Helena Nunes Rodrigues 50m: 30.87 100m: 1:03.21	03	Alges e Agueda XXI	1:03.21	547
EXH	Bianca Filipa Almeida 50m: 31.32 100m: 1:03.63	07	Alges e Agueda XXI	1:03.63	536
EXH	Maria Saraiva Paixao 50m: 34.87 100m: 1:13.34	08	Gafanha da Encarnacao	1:13.34	350

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 26, Femin., 100m Livres

Lugar	Nome	Ano	Clube	Tempo Final	Pts
EXH	Sofia Tyutyunyuk	08	Bombeiros Mealhada/ CA	1:15.28	324
	50m: 36.45 100m: 1:15.28				
EXH	Maria Ines Silva	08	Gafanha da Encarnacao	1:15.58	320
	50m: 36.19 100m: 1:15.58				

Prova 27

11-07-2021 - 10:40

Masc., 800m Livres

Juvenil

Resultados

Recorde Distrital ANDS 50m Juv A	8:23.54	Gustavo Manuel Santa	CNLA	Tampere (FIN)	23-07-2009
Recorde Distrital ANDS 50m Juv B	8:48.15	Gustavo Manuel Santa	CNLA	Oeiras	24-07-2008

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Ricardo Matias Santos	05	CPFZ - Natação	9:36.29	482
	50m: 32.83 200m: 2:21.27 350m: 4:10.66 500m: 6:00.94 650m: 7:51.32 800m: 9:36.29				
	100m: 1:08.63 250m: 2:57.67 400m: 4:47.55 550m: 6:37.88 700m: 8:27.89				
	150m: 1:44.76 300m: 3:34.09 450m: 5:24.26 600m: 7:14.67 750m: 9:02.69				
2.	Lorenzo Muniz Silva	06	BUZIOS-Coruche	10:48.21	339
	50m: 36.93 200m: 2:37.78 350m: 4:40.42 500m: 6:44.00 650m: 8:47.27 800m: 10:48.21				
	100m: 1:16.63 250m: 3:18.66 400m: 5:21.39 550m: 7:25.30 700m: 9:28.49				
	150m: 1:57.21 300m: 3:59.67 450m: 6:02.92 600m: 8:06.84 750m: 10:09.51				
3.	Antonio Pedro Martins	05	CPFZ - Natação	11:12.16	304
	50m: 37.52 200m: 2:44.18 350m: 4:51.30 500m: 6:58.44 650m: 9:06.80 800m: 11:12.16				
	100m: 1:19.58 250m: 3:26.27 400m: 5:33.83 550m: 7:41.93 700m: 9:48.56				
	150m: 2:01.65 300m: 4:08.76 450m: 6:16.23 600m: 8:24.83 750m: 10:31.16				

Prova 27

11-07-2021 - 10:40

Masc., 800m Livres

Absoluto

Resultados

Recorde Distrital ANDS 50m Sen	8:13.49	Gustavo Manuel Santa	CNLA	Helsinquia (FIN)	18-07-2010
Recorde Distrital ANDS 50m Jun	8:13.49	Gustavo Manuel Santa	CNLA	Helsinquia (FIN)	18-07-2010

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Goncalo Gualberto Barbara	00	Rio Maior	9:05.49	569
	50m: 30.48 200m: 2:11.43 350m: 3:54.61 500m: 5:38.47 650m: 7:22.57 800m: 9:05.49				
	100m: 1:03.53 250m: 2:45.76 400m: 4:29.20 550m: 6:13.28 700m: 7:57.22				
	150m: 1:37.32 300m: 3:20.02 450m: 5:03.91 600m: 6:47.82 750m: 8:31.78				
2.	Jose Miguel Monteiro	04	Gualdim Pais	9:27.89	504
	50m: 31.13 200m: 2:14.93 350m: 4:03.37 500m: 5:52.62 650m: 7:42.15 800m: 9:27.89				
	100m: 1:04.75 250m: 2:50.84 400m: 4:39.74 550m: 6:29.17 700m: 8:18.38				
	150m: 1:39.55 300m: 3:27.06 450m: 5:16.20 600m: 7:05.80 750m: 8:54.08				
3.	Diogo Bernardo Tome	03	Nautico Salvaterra Magos	9:29.29	500
	50m: 31.31 200m: 2:16.85 350m: 4:05.39 500m: 5:54.00 650m: 7:42.51 800m: 9:29.29				
	100m: 1:05.35 250m: 2:52.90 400m: 4:41.72 550m: 6:30.18 700m: 8:18.64				
	150m: 1:40.92 300m: 3:29.06 450m: 5:17.66 600m: 7:06.43 750m: 8:54.64				
4.	Bernardo Jose Dionisio	99	Gualdim Pais	9:50.72	448
	50m: 31.59 200m: 2:18.62 350m: 4:11.46 500m: 6:05.55 650m: 7:58.96 800m: 9:50.72				
	100m: 1:06.24 250m: 2:55.79 400m: 4:49.16 550m: 6:43.44 700m: 8:36.66				
	150m: 1:42.34 300m: 3:33.43 450m: 5:27.45 600m: 7:21.79 750m: 9:14.25				
5.	Tiago Charrua Gago	04	Viver Santarem	10:04.76	417
	50m: 31.05 200m: 2:18.10 350m: 4:14.69 500m: 6:11.73 650m: 8:09.79 800m: 10:04.76				
	100m: 1:04.99 250m: 2:56.88 400m: 4:53.81 550m: 6:50.15 700m: 8:49.87				
	150m: 1:41.14 300m: 3:35.58 450m: 5:32.52 600m: 7:31.29 750m: 9:27.35				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 27, Masc., 800m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts
6.	Cristiano Almeida Santos	90	CPFZ - Natação	10:27.40	374
	50m: 32.32 200m: 2:25.25 350m: 4:25.36 500m: 6:25.96 650m: 8:28.45 800m: 10:27.40				
	100m: 1:08.40 250m: 3:05.26 400m: 5:05.25 550m: 7:06.57 700m: 9:08.64				
	150m: 1:46.47 300m: 3:44.97 450m: 5:45.56 600m: 7:47.60 750m: 9:49.00				
7.	Goncalo Maria Mendonca	04	Viver Santarem	10:59.46	322
	50m: 35.70 150m: 1:55.57 250m: 3:18.54 350m: 4:42.69 500m: 6:49.20 700m: 9:38.80				
	100m: 1:14.64 200m: 2:36.98 300m: 4:00.61 400m: 5:24.68 600m: 8:14.37 800m: 10:59.46				

Prova 28
11-07-2021 - 11:05

Femin., 400m Livres

Infantil B
Resultados

Recorde Distrital ANDS 50m Absoluto	4:27.69	Mafalda Sofia Rosa	CNRM	Oeiras	19-12-2020
Recorde Distrital ANDS 50m Inf B	4:50.36	Mafalda Sofia Rosa	CNRM	Oeiras	19-07-2015

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Laura Brites Costa	09	Rio Maior	5:37.40	344
	50m: 38.39 150m: 2:05.64 250m: 3:32.67 350m: 4:57.25				
	100m: 1:22.19 200m: 2:50.26 300m: 4:15.96 400m: 5:37.40				
2.	Joana Pereira Santos	09	Rio Maior	5:42.76	328
	50m: 40.07 150m: 2:07.74 250m: 3:34.88 350m: 5:00.86				
	100m: 1:24.46 200m: 2:51.99 300m: 4:18.74 400m: 5:42.76				
3.	Laura Prates Morais	09	BUZIOS-Coruche	5:48.28	312
	50m: 38.34 150m: 2:08.51 250m: 3:38.27 350m: 5:07.29				
	100m: 1:22.56 200m: 2:53.48 300m: 4:24.93 400m: 5:48.28				

Prova 28
11-07-2021 - 11:05

Femin., 400m Livres

Infantil A
Resultados

Recorde Distrital ANDS 50m Absoluto	4:27.69	Mafalda Sofia Rosa	CNRM	Oeiras	19-12-2020
Recorde Distrital ANDS 50m Inf A	4:42.46	Mafalda Sofia Rosa	CNRM	Rio Maior	26-06-2016

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Catarina Maria Lopes	08	BUZIOS-Coruche	5:23.06	392
	50m: 37.57 150m: 2:00.22 250m: 3:24.44 350m: 4:45.79				
	100m: 1:18.84 200m: 2:42.10 300m: 4:05.73 400m: 5:23.06				
2.	Rafaela Ferreira Mendes	08	Torres Novas	5:46.69	317
	50m: 37.42 150m: 2:05.71 250m: 3:35.86 350m: 5:03.84				
	100m: 1:20.07 200m: 2:50.97 300m: 4:19.46 400m: 5:46.69				
3.	Alice Batista Agostinho	08	Rio Maior	5:48.46	312
	50m: 40.00 150m: 2:10.37 250m: 3:39.04 350m: 5:06.13				
	100m: 1:25.06 200m: 2:55.11 300m: 4:22.42 400m: 5:48.46				
4.	Maria Ines Cochicho	08	Torres Novas	5:48.82	311
	50m: 38.41 150m: 2:04.95 250m: 3:33.77 350m: 5:05.37				
	100m: 1:21.52 200m: 2:49.00 300m: 4:19.87 400m: 5:48.82				
5.	Barbara Alexandra Rego	08	BUZIOS-Coruche	6:01.40	280
	50m: 38.61 150m: 2:08.75 250m: 3:43.08 350m: 5:16.77				
	100m: 1:22.57 200m: 2:55.16 300m: 4:30.21 400m: 6:01.40				
6.	Maria Madalena Monteiro	08	Gualdim Pais	6:13.31	254
	50m: 41.57 150m: 2:16.69 250m: 3:52.56 350m: 5:27.85				
	100m: 1:29.07 200m: 3:04.94 300m: 4:42.79 400m: 6:13.31				
7.	Margarida Sousa Luis	08	Torres Novas	6:22.58	236
	50m: 41.08 150m: 2:18.00 250m: 3:57.64 350m: 5:35.76				
	100m: 1:29.02 200m: 3:07.29 300m: 4:46.91 400m: 6:22.58				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 28, Femin., 400m Livres, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	Pts
8.	Sofia Rita Arsenio	08	BUZIOS-Coruche	6:24.30	232
	50m: 39.97 150m: 2:15.44 250m: 3:56.41 350m: 5:35.35				
	100m: 1:26.81 200m: 3:06.33 300m: 4:47.04 400m: 6:24.30				
9.	Sofia Lopes Castanheiro	08	Gualdim Pais	6:26.48	229
	50m: 42.54 150m: 2:20.86 250m: 4:00.38 350m: 5:39.68				
	100m: 1:30.94 200m: 3:09.96 300m: 4:50.84 400m: 6:26.48				
10.	Camila Marques Luis	08	Torres Novas	6:37.53	210
	50m: 42.51 150m: 2:23.84 250m: 4:06.89 350m: 5:49.13				
	100m: 1:32.20 200m: 3:15.14 300m: 4:58.30 400m: 6:37.53				

Prova 28 Femin., 400m Livres Juvenil Resultados
11-07-2021 - 11:05

Recorde Distrital ANDS 50m Absoluto	4:27.69	Mafalda Sofia Rosa	CNRM	Oeiras	19-12-2020
Recorde Distrital ANDS 50m Juv A	4:34.45	Mafalda Sofia Rosa	CNRM	Rio Maior	07-07-2018
Recorde Distrital ANDS 50m Juv B	4:35.30	Mafalda Sofia Rosa	SANDS	Porto	03-06-2017

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Madalena Maria Midoes	07	20Km de Almeirim	5:09.32	446
	50m: 34.54 150m: 1:52.54 250m: 3:12.87 350m: 4:32.15				
	100m: 1:13.04 200m: 2:32.88 300m: 3:52.75 400m: 5:09.32				
	Marta Filipa Bucha	06	Viver Santarem	5:09.32	446
	50m: 35.05 150m: 1:53.05 250m: 3:12.81 350m: 4:32.02				
	100m: 1:13.59 200m: 2:32.92 300m: 3:52.37 400m: 5:09.32				
3.	Mariana Mauricio Coelho	07	BUZIOS-Coruche	5:25.70	382
	50m: 36.78 150m: 1:59.38 250m: 3:23.22 350m: 4:46.88				
	100m: 1:17.47 200m: 2:40.88 300m: 4:05.01 400m: 5:25.70				
4.	Maria Beatriz Teixeira	06	Viver Santarem	5:36.95	345
	50m: 36.08 150m: 1:58.75 250m: 3:26.03 350m: 4:53.92				
	100m: 1:16.57 200m: 2:41.92 300m: 4:10.15 400m: 5:36.95				
5.	Beatriz Maria Simoes	07	Torres Novas	5:58.22	287
	50m: 37.52 150m: 2:07.15 250m: 3:40.47 350m: 5:13.94				
	100m: 1:20.94 200m: 2:54.10 300m: 4:28.46 400m: 5:58.22				

Prova 28 Femin., 400m Livres Absoluto Resultados
11-07-2021 - 11:05

Recorde Distrital ANDS 50m Absoluto	4:27.69	Mafalda Sofia Rosa	CNRM	Oeiras	19-12-2020
Recorde Distrital ANDS 50m Sen	4:27.69	Mafalda Sofia Rosa	CNRM	Oeiras	19-12-2020
Recorde Distrital ANDS 50m Jun	4:27.92	Mafalda Sofia Rosa	CNRM	Póvoa do Varzim	02-02-2019

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Mafalda Sofia Rosa	03	Rio Maior	4:28.86	680
	50m: 31.49 150m: 1:39.29 250m: 2:47.33 350m: 3:55.48				
	100m: 1:05.12 200m: 2:13.18 300m: 3:21.38 400m: 4:28.86				
2.	Beatriz Maria Freixieiro	04	Rio Maior	4:52.17	530
	50m: 32.22 150m: 1:46.04 250m: 3:01.76 350m: 4:16.40				
	100m: 1:08.37 200m: 2:23.67 300m: 3:39.14 400m: 4:52.17				
3.	Catarina Isabel Carlota	05	BUZIOS-Coruche	4:56.35	507
	50m: 33.73 150m: 1:49.06 250m: 3:05.31 350m: 4:20.16				
	100m: 1:10.75 200m: 2:27.27 300m: 3:43.12 400m: 4:56.35				
4.	Ines Filipa Cotovio	05	Nautico Salvaterra Magos	5:24.06	388
	50m: 34.83 150m: 1:53.00 250m: 3:16.39 350m: 4:42.54				
	100m: 1:12.72 200m: 2:34.39 300m: 3:59.32 400m: 5:24.06				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 28, Femin., 400m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts
5.	Rafaela Canano Silva	04	Viver Santarem	5:28.59	372
	50m: 35.68 150m: 1:56.10		250m: 3:20.29 350m: 4:45.94		
	100m: 1:15.18 200m: 2:37.80		300m: 4:02.96 400m: 5:28.59		
6.	Ines Sofia Nunes	03	BUZIOS-Coruche	5:34.60	352
	50m: 39.28 150m: 2:05.78		250m: 3:30.67 350m: 4:54.48		
	100m: 1:22.04 200m: 2:48.33		300m: 4:12.22 400m: 5:34.60		
DNS	Joana Teixeira Dias	97	CLAC-Entroncamento		
EXH	Ana Filipa Veiga	01	Gafanha da Encarnacao	4:43.58	579
	50m: 32.93 150m: 1:45.18		250m: 2:57.95 350m: 4:09.32		
	100m: 1:08.90 200m: 2:21.50		300m: 3:33.65 400m: 4:43.58		
EXH	Vanessa Sofia Oliveira	05	Gafanha da Encarnacao	4:50.67	538
	50m: 33.08 150m: 1:46.52		250m: 3:00.91 350m: 4:14.46		
	100m: 1:09.54 200m: 2:23.83		300m: 3:38.13 400m: 4:50.67		
EXH	Ines Santos Cunha	06	Gafanha da Encarnacao	4:52.54	528
	50m: 33.33 150m: 1:47.14		250m: 3:01.74 350m: 4:16.39		
	100m: 1:09.93 200m: 2:24.29		300m: 3:39.35 400m: 4:52.54		
EXH	Andreina Nunes Andrade	08	Gafanha da Encarnacao	5:59.98	283
	50m: 41.50 150m: 2:13.09		250m: 3:46.11 350m: 5:17.87		
	100m: 1:25.89 200m: 2:59.11		300m: 4:32.32 400m: 5:59.98		

5 - 5ª SESSÃO

11-07-2021 - 15:30

Prova 29 Masc., 100m Costas Infantil B
11-07-2021 - 15:30 Resultados

Recorde Distrital ANDS 50m Absoluto	55.83	Pedro Diogo Oliveira	INDADS	Debrecen (HUN)	21-05-2012
Recorde Distrital ANDS 50m Inf B	1:08.75	João Paulo Paias	CNLA	Rio Maior	09-07-2005

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Afonso Bernardo Evaristo	08	Gualdim Pais	1:21.20	260
	50m: 39.96 100m: 1:21.20				
2.	Guilherme Dias Duarte	08	20Km de Almeirim	1:30.97	185
	50m: 43.98 100m: 1:30.97				
3.	Francisco Martim Correia	08	Rio Maior	1:34.44	165
	50m: 46.06 100m: 1:34.44				
4.	Diogo Rafael Abreu	08	20Km de Almeirim	1:36.70	154
	50m: 48.80 100m: 1:36.70				
5.	Miguel Gameiro Pereira	08	Torres Novas	1:36.74	153
	50m: 48.42 100m: 1:36.74				
6.	Salvador Gomes Serra	08	Torres Novas	1:41.12	134
	50m: 48.53 100m: 1:41.12				
7.	Joao Francisco Gaspar	08	BUZIOS-Coruche	1:48.06	110
<i>FTL</i>					
	50m: 50.58 100m: 1:48.06				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 29, Masc., 100m Costas

Prova 29 Masc., 100m Costas Infantil A
11-07-2021 - 15:30 Resultados

Recorde Distrital ANDS 50m Absoluto	55.83	Pedro Diogo Oliveira	INDADS	Debrecen (HUN)	21-05-2012
Recorde Distrital ANDS 50m Inf A	1:03.85	Pedro Diogo Oliveira	CNRM	Campanhã-Porto	15-06-2002

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Joao Miguel Pinto	07	20Km de Almeirim	1:16.48	311
	50m: 37.28 100m: 1:16.48				
2.	Martim Marques Gomes	07	Rio Maior	1:19.33	279
	50m: 38.89 100m: 1:19.33				
3.	Tomas Alexandre Santos	07	BUZIOS-Coruche	1:20.03	271
	50m: 39.05 100m: 1:20.03				
4.	Bernardo Pereira Simoes	07	Torres Novas	1:23.62	238
	50m: 42.24 100m: 1:23.62				
5.	Joao Pedro Teixeira	07	Viver Santarem	1:24.65	229
	50m: 42.29 100m: 1:24.65				
6.	Martim Fernando Rodrigues	07	BUZIOS-Coruche	1:38.32	146
<i>FTL</i>					
	50m: 46.93 100m: 1:38.32				

Prova 29 Masc., 100m Costas Juvenil
11-07-2021 - 15:30 Resultados

Recorde Distrital ANDS 50m Absoluto	55.83	Pedro Diogo Oliveira	INDADS	Debrecen (HUN)	21-05-2012
Recorde Distrital ANDS 50m Juv A	59.39	Paulo Vakulyuk	CNTN	Funchal	03-08-2019
Recorde Distrital ANDS 50m Juv B	1:01.02	Pedro Diogo Oliveira	CNRM	Paris (FRA)	01-08-2003

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Ricardo Matias Santos	05	CPFZ - Natação	1:03.55	543
	50m: 31.33 100m: 1:03.55				
2.	Jose Pinto Cabral	05	Viver Santarem	1:07.51	453
	50m: 32.45 100m: 1:07.51				
3.	Ricardo Filipe Gaboleiro	05	Rio Maior	1:09.49	415
	50m: 33.82 100m: 1:09.49				
4.	Vitor Sokolovsky	06	Nautico Abrantes	1:11.87	375
	50m: 34.93 100m: 1:11.87				
5.	Bernardo Miguel Evaristo	06	Gualdim Pais	1:14.06	343
	50m: 35.88 100m: 1:14.06				
6.	Andre Coelho Pita	06	Nautico Abrantes	1:17.07	304
	50m: 37.89 100m: 1:17.07				
7.	Goncalo Filipe Ferreira	06	20Km de Almeirim	1:18.64	286
	50m: 39.39 100m: 1:18.64				
8.	Lorenzo Muniz Silva	06	BUZIOS-Coruche	1:24.10	234
	50m: 41.83 100m: 1:24.10				
DSQ Rafael Rodrigues Gomes 06 Natacao do Tejo					
<i>SW 10.2 - O (a) atleta não completou o percurso</i>					

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
 Rio Maior, 9, 10, 11 de Julho de 2021

Prova 29, Masc., 100m Costas

 Prova 29 Masc., 100m Costas Absoluto Resultados
 11-07-2021 - 15:30

Recorde Distrital ANDS 50m Absoluto	55.83	Pedro Diogo Oliveira	INDADS	Debrecen (HUN)	21-05-2012
Recorde Distrital ANDS 50m Sen	55.83	Pedro Diogo Oliveira	INDADS	Debrecen (HUN)	21-05-2012
Recorde Distrital ANDS 50m Jun	58.13	Pedro Diogo Oliveira	CNRM	Coimbra	27-07-2006

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Diogo Miguel Matreno 50m: 31.11 100m: 1:04.62	03	Torres Novas	1:04.62	516
2.	Diogo Bernardo Tome 50m: 33.32 100m: 1:07.80	03	Nautico Salvaterra Magos	1:07.80	447
3.	Danut Boian 50m: 34.75 100m: 1:13.80	04	Gualdim Pais	1:13.80	346
4.	Joao Pedro Rosa 50m: 35.41 100m: 1:14.44	90	CLAC-Entroncamento	1:14.44	337
5.	Eduardo Terekhin Baptista 50m: 35.43 100m: 1:15.74	94	BUZIOS-Coruche	1:15.74	320

 Prova 30 Femin., 100m Costas Infantil B Resultados
 11-07-2021 - 15:40

Recorde Distrital ANDS 50m Absoluto	1:08.21	Mariana Veloso Vitoria	CNAB	Coimbra	25-05-2013
Recorde Distrital ANDS 50m Inf B	1:16.72	Raquel Mendes Poço	CNTN	EUL-Lisboa	03-08-1999

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Joana Pereira Santos 50m: 42.42 100m: 1:26.56	09	Rio Maior	1:26.56	294
2.	Laura Prates Morais 50m: 42.43 100m: 1:27.85	09	BUZIOS-Coruche	1:27.85	281
3.	Monica Ruessink 50m: 46.68 100m: 1:36.50	09	Nautico Salvaterra Magos	1:36.50	212
4.	Marta Nogueira Machado 50m: 50.61 100m: 1:44.39	09	CLAC-Entroncamento	1:44.39	167
5.	Laura Margarida Conde <i>FTL</i>	09	Torres Novas	1:50.67	140
6.	Maria Leonor Santos <i>FTL</i>	09	Torres Novas	1:52.21	135
7.	Catarina Isabel Galvão <i>FTL</i>	09	BUZIOS-Coruche	1:54.17	128
	50m: 54.34 100m: 1:54.17				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 30, Femin., 100m Costas

Prova 30	Femin., 100m Costas				Infantil A
11-07-2021 - 15:40					Resultados
Recorde Distrital ANDS 50m Absoluto	1:08.21	Mariana Veloso Vitoria	CNAB	Coimbra	25-05-2013
Recorde Distrital ANDS 50m Inf A	1:12.85	Mariana Veloso Vitoria	CNAB	Rio Maior	25-06-2011

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Rafaela Ferreira Mendes 50m: 39.41 100m: 1:19.42	08	Torres Novas	1:19.42	380
2.	Margarida Sousa Luis 50m: 42.17 100m: 1:26.33	08	Torres Novas	1:26.33	296
3.	Alice Batista Agostinho 50m: 43.69 100m: 1:27.25	08	Rio Maior	1:27.25	287
4.	Maria Madalena Monteiro 50m: 45.61 100m: 1:32.75	08	Gualdim Pais	1:32.75	239
5.	Sofia Lopes Castanheiro 50m: 46.36 100m: 1:35.72	08	Gualdim Pais	1:35.72	217
6.	Daniela Santos Carrilho 50m: 47.09 100m: 1:36.11	08	CLAC-Entroncamento	1:36.11	214
7.	Barbara Alexandra Rego 50m: 47.62 100m: 1:37.09	08	BUZIOS-Coruche	1:37.09	208
8.	Vyeronika Barabanchuk 50m: 48.14 100m: 1:38.09	08	BUZIOS-Coruche	1:38.09	202
9.	Maria Ines Cochicho 50m: 49.12 100m: 1:38.99	08	Torres Novas	1:38.99	196
10.	Camila Marques Luis <i>FTL</i> 50m: 49.90 100m: 1:40.08	08	Torres Novas	1:40.08	190
11.	Sofia Rita Arsenio <i>FTL</i> 50m: 50.22 100m: 1:40.91	08	BUZIOS-Coruche	1:40.91	185
12.	Francisca da Silva Santos <i>FTL</i> 50m: 50.00 100m: 1:44.77	08	Rio Maior	1:44.77	165

Prova 30	Femin., 100m Costas				Juvenil
11-07-2021 - 15:40					Resultados
Recorde Distrital ANDS 50m Absoluto	1:08.21	Mariana Veloso Vitoria	CNAB	Coimbra	25-05-2013
Recorde Distrital ANDS 50m Juv A	1:10.26	Inês Asseiceira Ramos	CNTN	Funchal	23-03-2018
Recorde Distrital ANDS 50m Juv B	1:09.06	Mariana Veloso Vitoria	CNAB	Oeiras	28-07-2012

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Laura Leocadio Duarte 50m: 36.95 100m: 1:16.19	06	Gualdim Pais	1:16.19	431
2.	Rita Bernardo Tome 50m: 38.14 100m: 1:18.70	06	Nautico Salvaterra Magos	1:18.70	391
3.	Diana Goncalves Oliveira 50m: 39.44 100m: 1:21.24	07	20Km de Almeirim	1:21.24	355
4.	Margarida Miguel Mendes 50m: 40.20 100m: 1:21.40	06	Viver Santarem	1:21.40	353

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 30, Femin., 100m Costas, Juvenil

Lugar	Nome	Ano	Clube	Tempo Final	Pts
5.	Madalena Maria Midoes 50m: 40.53 100m: 1:23.02	07	20Km de Almeirim	1:23.02	333
6.	Barbara Maia Freitas 50m: 40.77 100m: 1:24.50	06	CLAC-Entroncamento	1:24.50	316
7.	Beatriz Sofia Conceicao 50m: 43.36 100m: 1:24.68	07	Nautico Abrantes	1:24.68	314
8.	Beatriz Alexandra Botas 50m: 40.81 100m: 1:24.80	07	20Km de Almeirim	1:24.80	312
9.	Bruna Tomas Silva 50m: 41.81 100m: 1:27.25	07	Gualdim Pais	1:27.25	287
10.	Eleonor Dias Alves 50m: 43.25 100m: 1:29.56	06	Nautico Abrantes	1:29.56	265
11.	Mariana Mauricio Coelho 50m: 44.05 100m: 1:29.78	07	BUZIOS-Coruche	1:29.78	263
12.	Matilde Nabeiro Monraia 50m: 43.31 100m: 1:30.68	06	CLAC-Entroncamento	1:30.68	255
13.	Catarina Maria Fragoso 50m: 43.95 100m: 1:32.82	07	20Km de Almeirim	1:32.82	238
14.	Beatriz Maria Simoes 50m: 45.20 100m: 1:33.22	07	Torres Novas	1:33.22	235

Prova 30

Femin., 100m Costas

Absoluto

11-07-2021 - 15:40

Resultados

Recorde Distrital ANDS 50m Absoluto	1:08.21	Mariana Veloso Vitoria	CNAB	Coimbra	25-05-2013
Recorde Distrital ANDS 50m Sen	1:08.60	Ines Asseiceira Ramos	CNTN	Rio Maior	03-07-2021
Recorde Distrital ANDS 50m 17 - 18	1:08.60	Ines Asseiceira Ramos	CNTN	Rio Maior	03-07-2021
Recorde Distrital ANDS 50m Jun	1:08.21	Mariana Veloso Vitoria	CNAB	Coimbra	25-05-2013

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Maria Madalena Bento 50m: 36.42 100m: 1:13.95	05	BUZIOS-Coruche	1:13.95	471
2.	Beatriz Gaspar Nobre 50m: 37.79 100m: 1:17.36	05	Gualdim Pais	1:17.36	412
3.	Beatriz Goncalves Casal 50m: 37.44 100m: 1:17.74	03	Torres Novas	1:17.74	406
4.	Ines Filipa Cotovio 50m: 38.71 100m: 1:20.48	05	Nautico Salvaterra Magos	1:20.48	366
5.	Carolina Guerra Pisco 50m: 40.23 100m: 1:24.94	02	20Km de Almeirim	1:24.94	311
EXH	Helena Nunes Rodrigues 50m: 35.10 100m: 1:13.01	03	Alges e Agueda XXI	1:13.01	490
EXH	Joana Barbas Ramos 50m: 36.40 100m: 1:13.96	06	Gafanha da Encarnacao	1:13.96	471
EXH	Bianca Filipa Almeida 50m: 37.24 100m: 1:15.72	07	Alges e Agueda XXI	1:15.72	439
EXH	Ines Santos Cunha 50m: 37.84 100m: 1:17.64	06	Gafanha da Encarnacao	1:17.64	407

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
 Rio Maior, 9, 10, 11 de Julho de 2021

Prova 31 Masc., 200m Bruços Infantil B
 11-07-2021 - 16:00 Resultados

Recorde Distrital ANDS 50m Absoluto	2:27.55	Francisco Costa Nunes	CCDSM	Coimbra	24-05-2019
Recorde Distrital ANDS 50m Inf B	2:44.51	Miguel Carrico Cruz	SCALAB	Rio Maior	22-07-2012

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Joao Pedro Monteiro	08	BUZIOS-Coruche	3:23.93	236
	50m: 45.35 100m: 1:36.44 150m: 2:30.60 200m: 3:23.93				
2.	Martim Silva Oliveira	08	Torres Novas	3:46.00	173
	50m: 54.19 100m: 1:52.43 150m: 2:50.66 200m: 3:46.00				

Prova 31 Masc., 200m Bruços Infantil A
 11-07-2021 - 16:00 Resultados

Recorde Distrital ANDS 50m Absoluto	2:27.55	Francisco Costa Nunes	CCDSM	Coimbra	24-05-2019
Recorde Distrital ANDS 50m Inf A	2:38.81	Miguel Carrico Cruz	VS	S. Joao da Madeira	14-07-2013

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Daniel Santos Carapeto	07	Nautico Abrantes	3:05.60	313
	50m: 42.72 100m: 1:29.68 150m: 2:18.72 200m: 3:05.60				
2.	Simao Rocha Silva	07	Gualdim Pais	3:15.91	266
	50m: 44.73 100m: 1:34.21 150m: 2:27.00 200m: 3:15.91				
3.	Martim Marques Gomes	07	Rio Maior	3:19.80	251
	50m: 45.07 100m: 1:36.96 150m: 2:28.94 200m: 3:19.80				
4.	Bernardo Marques Fernandes	07	CLAC-Entroncamento	3:31.91	210
	50m: 49.76 100m: 1:41.97 150m: 2:38.04 200m: 3:31.91				
5.	Simao Pedro Oliveira	07	Torres Novas	3:36.04	198
	50m: 47.84 100m: 1:44.41 150m: 2:41.53 200m: 3:36.04				
6.	Rodrigo Vieira Vicente	07	Torres Novas	3:37.95	193
	50m: 49.98 100m: 1:45.45 150m: 2:43.77 200m: 3:37.95				

Prova 31 Masc., 200m Bruços Juvenil
 11-07-2021 - 16:00 Resultados

Recorde Distrital ANDS 50m Absoluto	2:27.55	Francisco Costa Nunes	CCDSM	Coimbra	24-05-2019
Recorde Distrital ANDS 50m Juv A	2:30.55	Francisco Costa Nunes	Sel POR	Oeiras	10-02-2018
Recorde Distrital ANDS 50m Juv B	2:35.41	Francisco Costa Nunes	CCDSM	Oeiras	22-07-2017

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Bernardo Miguel Evaristo	06	Gualdim Pais	2:54.86	375
	50m: 40.87 100m: 1:24.85 150m: 2:10.92 200m: 2:54.86				
2.	Afonso Formigo Pinho	06	Torres Novas	2:59.19	348
	50m: 41.40 100m: 1:26.76 150m: 2:14.72 200m: 2:59.19				
3.	Joao Antonio Pires	05	Torres Novas	3:21.60	244
	50m: 45.67 100m: 1:38.80 150m: 2:31.19 200m: 3:21.60				

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Rio Maior, 9, 10, 11 de Julho de 2021

Prova 31, Masc., 200m Bruços

Prova 31 Masc., 200m Bruços Absoluto
11-07-2021 - 16:00 Resultados

Recorde Distrital ANDS 50m Absoluto	2:27.55	Francisco Costa Nunes	CCDSM	Coimbra	24-05-2019
Recorde Distrital ANDS 50m Sen	2:31.13	Hugo Miguel Nunes	CNTEJO	Rio Maior	10-03-2013
Recorde Distrital ANDS 50m Jun	2:27.55	Francisco Costa Nunes	CCDSM	Coimbra	24-05-2019

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Luis Afonso Lopes	03	Viver Santarem	2:35.29	535
	50m: 35.68 100m: 1:15.94 150m: 1:56.25 200m: 2:35.29				
2.	Pedro Maria Santana	03	Torres Novas	2:36.25	525
	50m: 35.41 100m: 1:16.05 150m: 1:56.96 200m: 2:36.25				
3.	Goncalo Gualberto Barbara	00	Rio Maior	2:36.96	518
	50m: 36.18 100m: 1:16.41 150m: 1:57.23 200m: 2:36.96				
4.	Artur Rafael Saramago	97	BUZIOS-Coruche	2:43.04	462
	50m: 35.98 100m: 1:16.60 150m: 1:58.93 200m: 2:43.04				
5.	Diogo Rafael Antunes	04	CLAC-Entroncamento	3:18.75	255
	50m: 45.24 100m: 1:35.85 150m: 2:29.24 200m: 3:18.75				
DNS	Luis Filipe Viana	89	CLAC-Entroncamento		
DNS	Andre Jesus Gaspar	04	Gualdim Pais		

Prova 32 Femin., 200m Bruços Infantil B
11-07-2021 - 16:10 Resultados

Recorde Distrital ANDS 50m Absoluto	2:39.54	Maria Madalena Silva	CNAB	Coimbra	03-04-2015
Recorde Distrital ANDS 50m Inf B	2:58.44	Joana Filipa Vilhena	CNLA	Rio Maior	10-07-2004

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Laura Brites Costa	09	Rio Maior	3:17.23	350
	50m: 45.74 100m: 1:36.26 150m: 2:27.17 200m: 3:17.23				
2.	Marta Nogueira Machado	09	CLAC-Entroncamento	4:21.21	151
	50m: 1:00.73 100m: 2:04.99 150m: 3:13.00 200m: 4:21.21				

Prova 32 Femin., 200m Bruços Infantil A
11-07-2021 - 16:10 Resultados

Recorde Distrital ANDS 50m Absoluto	2:39.54	Maria Madalena Silva	CNAB	Coimbra	03-04-2015
Recorde Distrital ANDS 50m Inf A	2:50.83	Catia Iordan Agostinho	CNRM	Oeiras	18-07-2015

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Catarina Maria Lopes	08	BUZIOS-Coruche	3:16.30	355
	50m: 46.83 100m: 1:36.33 150m: 2:28.67 200m: 3:16.30				
2.	Daniela Santos Carrilho	08	CLAC-Entroncamento	3:44.98	236
	50m: 51.64 100m: 1:50.18 150m: 2:48.37 200m: 3:44.98				
3.	Iris Simoes Martins	08	Natacao do Tejo	3:45.59	234
	50m: 52.86 100m: 1:50.69 150m: 2:49.07 200m: 3:45.59				
4.	Carolina Santos Carrilho	08	CLAC-Entroncamento	4:00.90	192
FTL	50m: 54.35 100m: 1:56.81 150m: 3:00.23 200m: 4:00.90				

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Prova 32, Femin., 200m Bruços

Prova 32
11-07-2021 - 16:10

Femin., 200m Bruços

Juvenil
Resultados

Recorde Distrital ANDS 50m Absoluto	2:39.54	Maria Madalena Silva	CNAB	Coimbra	03-04-2015
Recorde Distrital ANDS 50m Juv A	2:48.83	Cátia Iordan Agostinho	SANDS	Porto	03-06-2017
Recorde Distrital ANDS 50m Juv B	2:48.68	Beatriz Grave Reis	CNRM	Oeiras	09-02-2019

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Laura Calheiros Frazao	07	Rio Maior	3:01.53	450
	50m: 40.78 100m: 1:27.61 150m: 2:15.02 200m: 3:01.53				
2.	Rita Bernardo Tome	06	Nautico Salvaterra Magos	3:10.39	390
	50m: 41.74 100m: 1:29.87 150m: 2:21.94 200m: 3:10.39				
3.	Joana Patricia Antunes	06	Natacao do Tejo	3:19.95	336
	50m: 44.67 100m: 1:35.10 150m: 2:27.29 200m: 3:19.95				
4.	Eleonor Dias Alves	06	Nautico Abrantes	3:31.73	283
	50m: 50.20 100m: 1:44.21 150m: 2:39.14 200m: 3:31.73				
5.	Clara Rosinha Maia	07	Gualdim Pais	3:44.07	239
	50m: 47.90 100m: 1:45.17 150m: 2:45.22 200m: 3:44.07				
6.	Beatriz Roseiro Dias	07	Nautico Abrantes	3:44.20	238
	50m: 49.43 100m: 1:48.87 150m: 2:46.79 200m: 3:44.20				
7.	Catarina Maria Frago	07	20Km de Almeirim	3:47.49	228
<i>FTL</i>	50m: 50.87 100m: 1:48.00 150m: 2:49.09 200m: 3:47.49				
8.	Matilde Nabeiro Monraia	06	CLAC-Entroncamento	3:47.65	228
<i>FTL</i>	50m: 50.94 100m: 1:47.71 150m: 2:48.06 200m: 3:47.65				
9.	Angela Ruessink	07	Nautico Salvaterra Magos	3:48.75	224
<i>FTL</i>	50m: 48.92 100m: 1:45.26 150m: 2:47.50 200m: 3:48.75				

Prova 32
11-07-2021 - 16:10

Femin., 200m Bruços

Absoluto
Resultados

Recorde Distrital ANDS 50m Absoluto	2:39.54	Maria Madalena Silva	CNAB	Coimbra	03-04-2015
Recorde Distrital ANDS 50m Sen	2:42.76	Maria Madalena Silva	CNAB	Oeiras	11-03-2016
Recorde Distrital ANDS 50m Jun	2:39.54	Maria Madalena Silva	CNAB	Coimbra	03-04-2015

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Margarida Mateus Morais	04	Torres Novas	2:48.52	562
	50m: 40.03 100m: 1:25.12 150m: 2:06.18 200m: 2:48.52				
2.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	2:57.20	483
	50m: 40.19 100m: 1:25.08 150m: 2:11.07 200m: 2:57.20				
3.	Marta Chambel Dias	02	CLAC-Entroncamento	3:09.65	394
	50m: 44.43 100m: 1:32.79 150m: 2:21.98 200m: 3:09.65				
4.	Catarina Isabel Carlota	05	BUZIOS-Coruche	3:10.31	390
	50m: 43.92 100m: 1:33.22 150m: 2:22.67 200m: 3:10.31				
5.	Ines Sofia Nunes	03	BUZIOS-Coruche	3:32.63	280
	50m: 46.00 100m: 1:40.66 150m: 2:36.95 200m: 3:32.63				
6.	Carolina Guerra Pisco	02	20Km de Almeirim	3:35.27	269
	50m: 47.29 100m: 1:41.04 150m: 2:38.16 200m: 3:35.27				
DNS	Rute Isabel Leonardo	98	Nautico Abrantes		

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Prova 32, Femin., 200m Bruços

Lugar	Nome	Ano	Clube	Tempo Final	Pts
EXH	Ana Filipa Veiga	01	Gafanha da Encarnacao	2:40.84	646
	50m: 37.39 100m: 1:18.55 150m: 1:59.85 200m: 2:40.84				
EXH	Maria Ines Silva	08	Gafanha da Encarnacao	3:10.40	390
	50m: 45.48 100m: 1:32.45 150m: 2:21.71 200m: 3:10.40				
EXH	Maria Saraiva Paixao	08	Gafanha da Encarnacao	3:18.42	344
	50m: 47.52 100m: 1:37.40 150m: 2:30.25 200m: 3:18.42				
EXH	Sofia Tyutyunyuk	08	Bombeiros Mealhada/ CA	3:23.58	319
	50m: 46.70 100m: 1:39.98 150m: 2:31.57 200m: 3:23.58				

Prova 33
Masc., 200m Livres
Infantil B

11-07-2021 - 16:30

Resultados

Recorde Distrital ANDS 50m Absoluto	1:53.32	Gustavo Manuel Santa	CNLA	Coimbra	01-08-2010
Recorde Distrital ANDS 50m Inf B	2:12.41	Paulo Bruno Janeiro	CNLA	Faro	21-07-2007

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Leonardo Gomes Silva	08	Rio Maior	2:30.84	309
	50m: 34.48 100m: 1:14.51 150m: 1:55.27 200m: 2:30.84				
2.	Francisco Guilherme Freixeiro	08	Rio Maior	2:31.66	304
	50m: 35.13 100m: 1:14.60 150m: 1:54.98 200m: 2:31.66				
3.	Joao Pedro Monteiro	08	BUZIOS-Coruche	2:37.16	273
	50m: 37.33 100m: 1:17.80 150m: 1:57.93 200m: 2:37.16				
4.	Rodolfo Charrua Gago	08	Viver Santarem	2:39.16	263
	50m: 36.86 100m: 1:18.82 150m: 2:00.53 200m: 2:39.16				
5.	Afonso Bernardo Evaristo	08	Gualdim Pais	2:39.86	259
	50m: 36.34 100m: 1:17.62 150m: 1:59.26 200m: 2:39.86				
6.	Francisco Martim Correia	08	Rio Maior	2:49.09	219
	50m: 38.54 100m: 1:22.05 150m: 2:06.30 200m: 2:49.09				
7.	Joao Francisco Gaspar	08	BUZIOS-Coruche	2:49.62	217
	50m: 37.89 100m: 1:21.58 150m: 2:09.20 200m: 2:49.62				
8.	Guilherme Dias Duarte	08	20Km de Almeirim	3:00.99	178
	50m: 41.54 100m: 1:27.91 150m: 2:16.77 200m: 3:00.99				
9.	Diogo Rafael Abreu	08	20Km de Almeirim	3:01.40	177
	50m: 42.64 100m: 1:29.60 150m: 2:17.34 200m: 3:01.40				
10.	Salvador Gomes Serra	08	Torres Novas	3:04.59	168
	50m: 41.13 100m: 1:29.50 150m: 2:17.27 200m: 3:04.59				
11.	Miguel Gameiro Pereira	08	Torres Novas	3:09.83	155
<i>FTL</i>					
	50m: 41.75 100m: 1:29.88 150m: 2:21.41 200m: 3:09.83				
12.	Martim Silva Oliveira	08	Torres Novas	3:25.69	121
<i>FTL</i>					
	50m: 44.74 100m: 1:37.85 200m: 3:25.69				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
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Prova 33, Masc., 200m Livres

Prova 33 Masc., 200m Livres Infantil A
11-07-2021 - 16:30 Resultados

Recorde Distrital ANDS 50m Absoluto	1:53.32	Gustavo Manuel Santa	CNLA	Coimbra	01-08-2010
Recorde Distrital ANDS 50m Inf A	2:04.74	Diogo Antonio Lopes	CNTN	S. Joao da Madeira	25-07-2009

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Alexandre Morari	07	Rio Maior	2:13.09	450
	50m: 31.17 100m: 1:05.17 150m: 1:39.76 200m: 2:13.09				
2.	Joao Miguel Pinto	07	20Km de Almeirim	2:27.51	330
	50m: 34.07 100m: 1:11.97 150m: 1:51.00 200m: 2:27.51				
3.	Bernardo Pereira Simoes	07	Torres Novas	2:29.82	315
	50m: 34.98 100m: 1:13.49 150m: 1:52.93 200m: 2:29.82				
4.	Eugenio Melnyk	07	Rio Maior	2:29.86	315
	50m: 35.21 100m: 1:14.27 150m: 1:52.65 200m: 2:29.86				
5.	Tomas Alexandre Santos	07	BUZIOS-Coruche	2:31.43	305
	50m: 35.10 100m: 1:14.07 150m: 1:54.65 200m: 2:31.43				
6.	Daniel Santos Carapeto	07	Nautico Abrantes	2:31.79	303
	50m: 35.67 100m: 1:14.83 150m: 1:54.35 200m: 2:31.79				
7.	Simao Pedro Oliveira	07	Torres Novas	2:42.05	249
	50m: 36.91 100m: 1:18.26 150m: 2:01.01 200m: 2:42.05				
8.	Joao Pedro Teixeira	07	Viver Santarem	2:51.44	210
	50m: 38.57 100m: 1:20.85 150m: 2:07.12 200m: 2:51.44				
9.	Bernardo Marques Fernandes	07	CLAC-Entroncamento	3:04.66	168
<i>FTL</i>	50m: 41.34 100m: 1:26.50 150m: 2:15.26 200m: 3:04.66				
10.	Rodrigo Vieira Vicente	07	Torres Novas	3:04.67	168
<i>FTL</i>	50m: 38.60 100m: 1:26.13 200m: 3:04.67				
11.	Martim Fernando Rodrigues	07	BUZIOS-Coruche	3:21.51	129
<i>FTL</i>	50m: 42.11 100m: 1:32.67 150m: 2:28.59 200m: 3:21.51				

Prova 33 Masc., 200m Livres Juvenil
11-07-2021 - 16:30 Resultados

Recorde Distrital ANDS 50m Absoluto	1:53.32	Gustavo Manuel Santa	CNLA	Coimbra	01-08-2010
Recorde Distrital ANDS 50m Juv A	1:54.18	Gustavo Manuel Santa	CNLA	TAMPERE (FRA)	23-07-2009
Recorde Distrital ANDS 50m Juv B	1:57.71	Paulo Vakulyuk	CNTN	Oeiras	27-07-2018

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Carlos Daniel Nunes	05	Nautico Salvaterra Magos	2:07.26	514
	50m: 29.18 100m: 1:00.58 150m: 1:34.46 200m: 2:07.26				
2.	Rafael Rodrigues Gomes	06	Natacao do Tejo	2:12.52	455
	50m: 29.97 100m: 1:03.40 150m: 1:38.44 200m: 2:12.52				
3.	Guilherme Filipe Gaboleiro	05	Rio Maior	2:16.40	418
	50m: 30.24 100m: 1:04.31 150m: 1:40.27 200m: 2:16.40				
4.	Jose Pinto Cabral	05	Viver Santarem	2:17.00	412
	50m: 29.98 100m: 1:03.61 150m: 1:39.71 200m: 2:17.00				
5.	Jose Maria Temudo	06	Rio Maior	2:19.06	394
	50m: 31.97 100m: 1:07.67 150m: 1:43.99 200m: 2:19.06				

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Prova 33, Masc., 200m Livres, Juvenil

Lugar	Nome	Ano	Clube	Tempo Final	Pts
6.	Ricardo Filipe Gaboleiro	05	Rio Maior	2:19.85	387
	50m: 31.34 100m: 1:07.07 150m: 1:43.07 200m: 2:19.85				
7.	Vitor Sokolovskyy	06	Nautico Abrantes	2:22.07	370
	50m: 31.14 100m: 1:07.10 150m: 1:45.37 200m: 2:22.07				
8.	Goncalo Filipe Ferreira	06	20Km de Almeirim	2:23.02	362
	50m: 33.56 100m: 1:10.47 200m: 2:23.02				
9.	Afonso Formigo Pinho	06	Torres Novas	2:25.28	346
	50m: 31.57 100m: 1:08.51 150m: 1:47.45 200m: 2:25.28				
10.	Lorenzo Muniz Silva	06	BUZIOS-Coruche	2:26.62	336
	50m: 34.56 100m: 1:11.72 150m: 1:49.86 200m: 2:26.62				
11.	Daniel Silva Bispo	06	Nautico Abrantes	2:32.62	298
	50m: 33.85 100m: 1:13.66 200m: 2:32.62				
12.	Antonio Pedro Martins	05	CPFZ - Natação	2:33.60	292
	50m: 35.02 100m: 1:14.77 150m: 1:54.42 200m: 2:33.60				
13.	Joao Antonio Pires	05	Torres Novas	2:34.16	289
	50m: 27.97 100m: 57.77 150m: 1:51.49 200m: 2:34.16				
14.	Andre Coelho Pita	06	Nautico Abrantes	2:36.64	276
	50m: 33.81 100m: 1:14.17 150m: 1:56.34 200m: 2:36.64				
15.	Tiago Miguel Trincao	06	Torres Novas	2:50.13	215
	50m: 28.28 100m: 1:01.37 150m: 2:00.19 200m: 2:50.13				

FTL

Prova 33 Masc., 200m Livres Absoluto
11-07-2021 - 16:30 Resultados

Recorde Distrital ANDS 50m Absoluto	1:53.32	Gustavo Manuel Santa	CNLA	Coimbra	01-08-2010
Recorde Distrital ANDS 50m Sen	1:53.72	Pedro Diogo Oliveira	INDADS	Greensboro (USA)	13-07-2012
Recorde Distrital ANDS 50m Jun	1:53.32	Gustavo Manuel Santa	CNLA	Coimbra	01-08-2010

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Luis Afonso Lopes	03	Viver Santarem	2:01.72	588
	50m: 28.45 100m: 59.32 150m: 1:30.75 200m: 2:01.72				
2.	Diogo Miguel Matreno	03	Torres Novas	2:03.69	560
	50m: 27.35 100m: 58.51 150m: 1:31.51 200m: 2:03.69				
3.	Jose Miguel Monteiro	04	Gualdim Pais	2:07.12	516
	50m: 29.45 100m: 1:01.37 150m: 1:34.31 200m: 2:07.12				
4.	Diogo Bernardo Tome	03	Nautico Salvaterra Magos	2:09.27	491
	50m: 29.27 100m: 1:01.76 150m: 1:35.64 200m: 2:09.27				
5.	Bernardo Jose Dionisio	99	Gualdim Pais	2:09.37	490
	50m: 28.43 100m: 1:00.35 150m: 1:34.86 200m: 2:09.37				
6.	Joao Marques Ferreira	04	Viver Santarem	2:10.18	481
	50m: 29.94 100m: 1:02.36 150m: 1:37.21 200m: 2:10.18				
7.	Tiago Charrua Gago	04	Viver Santarem	2:11.31	468
	50m: 29.52 100m: 1:02.94 150m: 1:37.32 200m: 2:11.31				
8.	Artur Rafael Saramago	97	BUZIOS-Coruche	2:11.54	466
	50m: 29.23 100m: 1:01.54 150m: 1:36.50 200m: 2:11.54				
9.	Rodrigo Cardoso Fernandes	04	Viver Santarem	2:12.51	456
	50m: 29.78 100m: 1:03.16 150m: 1:38.55 200m: 2:12.51				

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Prova 33, Masc., 200m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts
10.	Tiago Miguel Jorge	03	Rio Maior	2:12.89	452
	50m: 29.48 100m: 1:02.69 150m: 1:37.97 200m: 2:12.89				
11.	Danut Boian	04	Gualdim Pais	2:18.42	400
	50m: 1:41.26 100m: 1:04.24 200m: 2:18.42				
12.	Duarte Rodrigues Ximenes	04	Nautico Salvaterra Magos	2:19.67	389
	50m: 29.45 100m: 1:03.88 150m: 1:42.44 200m: 2:19.67				
13.	Joao Pedro Rosa	90	CLAC-Entroncamento	2:20.86	379
	50m: 30.93 100m: 1:05.86 200m: 2:20.86				
14.	Cristiano Almeida Santos	90	CPFZ - Nataçã	2:25.08	347
	50m: 30.95 100m: 1:07.80 150m: 1:46.92 200m: 2:25.08				
15.	Ruben Daniel Linhares	97	Rio Maior	2:28.65	323
	50m: 34.63 100m: 1:11.62 150m: 1:48.66 200m: 2:28.65				
16.	Goncalo Maria Mendonca	04	Viver Santarem	2:30.52	311
	50m: 33.99 100m: 1:11.90 150m: 1:51.54 200m: 2:30.52				
EXH	Filipe Santos Cardoso	04	Gafanha da Encarnacao	2:02.24	580
	50m: 28.83 100m: 59.72 150m: 1:31.14 200m: 2:02.24				
EXH	Daniel Batista Tavares	06	Bombeiros Mealhada/ CA	2:04.18	554
	50m: 28.02 100m: 59.23 150m: 1:31.42 200m: 2:04.18				
EXH	Henrique Ferreira Martins	06	Alges e Agueda XXI	2:06.91	519
	50m: 28.63 100m: 1:00.61 150m: 1:34.01 200m: 2:06.91				
EXH	Abel Renato Ferreira	05	Alges e Agueda XXI	2:09.92	483
	50m: 29.51 100m: 1:02.03 150m: 1:36.22 200m: 2:09.92				
EXH	Francisco Xavier Amaral	05	Bombeiros Mealhada/ CA	2:16.81	414
	50m: 30.69 100m: 1:05.80 150m: 1:42.08 200m: 2:16.81				
EXH	Rafael Pereira Pessoa	05	Bombeiros Mealhada/ CA	2:20.97	378
	50m: 31.85 100m: 1:07.26 150m: 1:44.16 200m: 2:20.97				
EXH	Dinis Yurchuk	07	Bombeiros Mealhada/ CA	2:23.26	360
	50m: 32.65 100m: 1:08.65 150m: 1:46.56 200m: 2:23.26				

Prova 34

Femin., 200m Livres

Infantil B

11-07-2021 - 17:00

Resultados

Recorde Distrital ANDS 50m Absoluto	2:08.04	Julia Matos Lopes	VS	Famalicao	19-07-2013
Recorde Distrital ANDS 50m Inf B	2:20.85	Mafalda Sofia Rosa	CNRM	Oeiras	19-07-2015

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Laura Brites Costa	09	Rio Maior	2:38.54	361
	50m: 36.50 100m: 1:18.81 150m: 1:59.41 200m: 2:38.54				
2.	Joana Pereira Santos	09	Rio Maior	2:40.39	349
	50m: 37.81 100m: 1:19.19 150m: 2:00.97 200m: 2:40.39				
3.	Laura Prates Morais	09	BUZIOS-Coruche	2:45.27	319
	50m: 37.86 100m: 1:21.32 150m: 2:05.11 200m: 2:45.27				
4.	Monica Ruessink	09	Nautico Salvaterra Magos	3:05.84	224
	50m: 42.22 100m: 1:29.56 150m: 2:18.14 200m: 3:05.84				
5.	Catarina Isabel Galvão	09	BUZIOS-Coruche	3:26.54	163
<i>FTL</i>	50m: 47.45 100m: 1:39.62 150m: 2:32.51 200m: 3:26.54				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 34, Femin., 200m Livres

Prova 34
11-07-2021 - 17:00

Femin., 200m Livres

Infantil A
Resultados

Recorde Distrital ANDS 50m Absoluto	2:08.04	Julia Matos Lopes	VS	Famalicao	19-07-2013
Recorde Distrital ANDS 50m Inf A	2:16.98	Andreia Machado	CNRM	EUL-Lisboa	03-08-1999

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Catarina Maria Lopes	08	BUZIOS-Coruche	2:29.73	429
	50m: 35.83 100m: 1:14.22 150m: 1:53.84 200m: 2:29.73				
2.	Rafaela Ferreira Mendes	08	Torres Novas	2:30.97	419
	50m: 34.83 100m: 1:13.48 150m: 1:53.29 200m: 2:30.97				
3.	Maria Ines Cochicho	08	Torres Novas	2:44.91	321
	50m: 37.49 100m: 1:19.61 150m: 2:02.43 200m: 2:44.91				
4.	Alice Batista Agostinho	08	Rio Maior	2:47.77	305
	50m: 39.00 100m: 1:22.60 150m: 2:06.07 200m: 2:47.77				
5.	Barbara Alexandra Rego	08	BUZIOS-Coruche	2:50.92	288
	50m: 38.30 100m: 1:21.18 150m: 2:06.84 200m: 2:50.92				
6.	Carlota Pereira Sousa	08	Viver Santarem	2:56.78	261
	50m: 40.50 100m: 1:25.31 150m: 2:11.80 200m: 2:56.78				
7.	Margarida Sousa Luis	08	Torres Novas	2:59.40	249
	50m: 39.78 100m: 1:25.72 150m: 2:13.84 200m: 2:59.40				
8.	Sofia Rita Arsenio	08	BUZIOS-Coruche	3:00.32	245
	50m: 39.19 100m: 1:25.72 150m: 2:13.80 200m: 3:00.32				
9.	Sofia Lopes Castanheiro	08	Gualdim Pais	3:00.69	244
	50m: 40.76 100m: 1:27.92 150m: 2:16.80 200m: 3:00.69				
10.	Vyeronika Barabanchuk	08	BUZIOS-Coruche	3:05.69	225
	50m: 41.29 100m: 1:28.72 200m: 3:05.69				
11.	Camila Marques Luis	08	Torres Novas	3:10.71	207
	50m: 43.38 100m: 1:32.97 150m: 2:23.78 200m: 3:10.71				

Prova 34
11-07-2021 - 17:00

Femin., 200m Livres

Juvenil
Resultados

Recorde Distrital ANDS 50m Absoluto	2:08.04	Julia Matos Lopes	VS	Famalicao	19-07-2013
Recorde Distrital ANDS 50m Juv A	2:09.53	Mafalda Sofia Rosa	CNRM	Rio Maior	08-07-2018
Recorde Distrital ANDS 50m Juv B	2:13.17	Mafalda Sofia Rosa	CNRM	Rio Maior	02-07-2017

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Marta Filipa Bucha	06	Viver Santarem	2:25.96	463
	50m: 33.13 100m: 1:09.81 150m: 1:48.07 200m: 2:25.96				
2.	Madalena Maria Midoes	07	20Km de Almeirim	2:27.73	447
	50m: 34.27 100m: 1:11.99 200m: 2:27.73				
3.	Laura Calheiros Frazao	07	Rio Maior	2:29.94	427
	50m: 34.86 100m: 1:13.80 150m: 1:52.96 200m: 2:29.94				
4.	Maria Beatriz Teixeira	06	Viver Santarem	2:32.45	407
	50m: 34.80 100m: 1:13.18 150m: 1:53.37 200m: 2:32.45				
5.	Mariana Mauricio Coelho	07	BUZIOS-Coruche	2:36.89	373
	50m: 36.95 100m: 1:16.81 150m: 1:58.42 200m: 2:36.89				
6.	Diana Goncalves Oliveira	07	20Km de Almeirim	2:42.36	336
	50m: 38.10 100m: 1:21.78 150m: 2:02.08 200m: 2:42.36				
7.	Beatriz Alexandra Botas	07	20Km de Almeirim	2:43.07	332
	50m: 36.63 100m: 1:19.09 150m: 2:01.57 200m: 2:43.07				

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior
Rio Maior, 9, 10, 11 de Julho de 2021

Prova 34, Femin., 200m Livres, Juvenil

Lugar	Nome	Ano	Clube	Tempo Final	Pts
8.	Joana Patricia Antunes	06	Natacao do Tejo	2:46.52	312
	50m: 36.72 100m: 1:18.68 150m: 2:02.41 200m: 2:46.52				
9.	Beatriz Maria Simoes	07	Torres Novas	2:47.31	307
	50m: 36.88 100m: 1:19.53 150m: 2:04.30 200m: 2:47.31				
10.	Sofia Miguel Silva	07	Gualdim Pais	2:51.23	287
	50m: 37.16 100m: 1:20.65 150m: 2:06.67 200m: 2:51.23				
11.	Madalena Nunes Domingos	07	Viver Santarem	2:51.52	285
	100m: 1:23.13 200m: 2:51.52				

Prova 34

Femin., 200m Livres

Absoluto

11-07-2021 - 17:00

Resultados

Recorde Distrital ANDS 50m Absoluto	2:08.04	Julia Matos Lopes	VS	Famalicao	19-07-2013
Recorde Distrital ANDS 50m Sen	2:08.04	Julia Matos Lopes	VS	Famalicao	19-07-2013
Recorde Distrital ANDS 50m Jun	2:08.15	Carolina Marques Neves	CNTN	Oeiras	21-07-2017

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Mafalda Sofia Rosa	03	Rio Maior	2:10.99	641
	50m: 31.12 100m: 1:04.02 150m: 1:37.63 200m: 2:10.99				
2.	Maria Madalena Bento	05	BUZIOS-Coruche	2:17.62	553
	50m: 32.20 100m: 1:07.32 150m: 1:43.55 200m: 2:17.62				
3.	Beatriz Maria Freixeiro	04	Rio Maior	2:17.66	552
	50m: 31.32 100m: 1:06.31 150m: 1:43.37 200m: 2:17.66				
4.	Catarina Isabel Carlota	05	BUZIOS-Coruche	2:22.85	494
	50m: 32.71 100m: 1:08.97 150m: 1:46.21 200m: 2:22.85				
5.	Rafaela Canano Silva	04	Viver Santarem	2:31.16	417
	50m: 34.34 100m: 1:11.89 150m: 1:52.13 200m: 2:31.16				
6.	Beatriz Goncalves Casal	03	Torres Novas	2:40.90	346
	50m: 28.47 100m: 1:15.50 150m: 1:59.33 200m: 2:40.90				
7.	Ines Sofia Nunes	03	BUZIOS-Coruche	2:45.58	317
	50m: 38.57 100m: 1:21.01 150m: 2:04.49 200m: 2:45.58				
DNS	Joana Teixeira Dias	97	CLAC-Entroncamento		
DNS	Ariana Espirito Louro	05	Gualdim Pais		
EXH	Ana Filipa Veiga	01	Gafanha da Encarnacao	2:15.35	581
	50m: 31.92 100m: 1:06.45 150m: 1:41.47 200m: 2:15.35				
EXH	Helena Nunes Rodrigues	03	Alges e Agueda XXI	2:16.80	563
	50m: 32.00 100m: 1:06.83 150m: 1:42.14 200m: 2:16.80				
EXH	Vanessa Sofia Oliveira	05	Gafanha da Encarnacao	2:24.62	476
	50m: 33.16 100m: 1:10.08 150m: 1:47.44 200m: 2:24.62				
EXH	Andreina Nunes Andrade	08	Gafanha da Encarnacao	2:49.16	297
	50m: 38.32 100m: 1:21.96 150m: 2:06.83 200m: 2:49.16				