

1 - 1ª SESSÃO

06-05-2017 - 9:30

Prova 1	Femin., 100m Mariposa				Absoluto
06-05-2017 - 9:30					Resultados
Recorde Distrital ANDS Absoluto	1:05.46	Mariana Veloso Vitória	CNAB	Mealhada	16-12-2012
Recorde Distrital ANDS Inf B	1:11.62	Mariana Veloso Vitoria	CNAB	Coruche	08-05-2010
Recorde Distrital ANDS Inf A	1:08.95	Mariana Veloso Vitoria	CNAB	Entroncamento	04-06-2011
Recorde Distrital ANDS Juv B	1:07.12	Mariana Veloso Vitoria	CNAB	Entroncamento	20-05-2012
Recorde Distrital ANDS Juv A	1:10.30	Sarah Dias	CLAC	Santarém	15-02-2014
Recorde Distrital ANDS Jun	1:05.46	Mariana Veloso Vitoria	CNAB	Mealhada	16-12-2012
Recorde Distrital ANDS Sen	1:07.04	Julia Matos Lopes	VS	Mealhada	16-12-2012
Inf B: 1:54.00; Inf A: 1:48.50; Juv B: 1:40.00; Juv A: 1:37.00; ABS: 1:34.50					

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
Absolutos					
1.	Carolina Marques Neves	01	Torres Novas	1:09.21	491
	50m: 32.12 100m: 1:09.21				
2.	Ines Ferreira Duarte	01	Torres Novas	1:10.93	456
	50m: 32.38 100m: 1:10.93				
3.	Marta Sousa Oliveira	01	Torres Novas	1:12.84	421
	50m: 33.41 100m: 1:12.84				
4.	Mafalda Gilberto Marques	01	Natacao do Tejo	1:13.00	418
	50m: 34.66 100m: 1:13.00				
5.	Rita Sousa Oliveira	01	Torres Novas	1:14.58	392
	50m: 34.18 100m: 1:14.58				
6.	Ana Catarina Santos	00	Uniao Samorense	1:16.34	366
	50m: 35.56 100m: 1:16.34				
7.	Maria Beatriz Leal	99	Rio Maior	1:24.31	271
	50m: 36.70 100m: 1:24.31				

Juvenis-A

1.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	1:09.11	493
	<i>Recorde Distrital</i>				
	50m: 33.02 100m: 1:09.11				
2.	Catia Iordan Agostinho	02	Rio Maior	1:11.50	445
	50m: 33.11 100m: 1:11.50				
3.	Filipa Cardigo Fitas	02	20Km de Almeirim	1:13.47	410
	50m: 34.39 100m: 1:13.47				
4.	Ana Beatriz Rodrigues	02	Rio Maior	1:15.39	380
	50m: 34.26 100m: 1:15.39				
5.	Marta Chambel Dias	02	CLAC-Entroncamento	1:17.97	343
	50m: 35.56 100m: 1:17.97				
6.	Ines Cambe Cunha	02	Torres Novas	1:18.44	337
	50m: 36.44 100m: 1:18.44				
7.	Carolina Lopes Vieira	02	Gualdim Pais	1:18.80	332
	50m: 37.89 100m: 1:18.80				
8.	Ines Ribeiro Novo	02	Torres Novas	1:19.90	319
	50m: 36.85 100m: 1:19.90				
9.	Ana Rita Morais	02	Torres Novas	1:21.23	303
	50m: 37.16 100m: 1:21.23				

Prova 1, Femin., 100m Mariposa, Juvenis-A

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
10.	Carolina Guerra Pisco 50m: 37.42 100m: 1:21.91	02	20Km de Almeirim	1:21.91	296
11.	Beatriz Catarino Moura 50m: 37.42 100m: 1:22.36	02	Nautico Abrantes	1:22.36	291
12.	Jessica Andreia Antonio 50m: 38.51 100m: 1:27.51	02	CLAC-Entroncamento	1:27.51	243
13.	Diana Sofia Vital 50m: 41.26 100m: 1:34.19	02	Torres Novas	1:34.19	194

Juvenis-B

1.	Secile Liu Wang 50m: 33.83 100m: 1:13.51	03	Uniao Samorense	1:13.51	409
2.	Lea Alexandra Mendes 50m: 35.04 100m: 1:14.13	03	Gualdim Pais	1:14.13	399
3.	Ines Asseiceira Ramos 50m: 33.64 100m: 1:14.20	03	Torres Novas	1:14.20	398
4.	Ana Patricia Oliveira 50m: 34.84 100m: 1:15.81	03	20Km de Almeirim	1:15.81	373
5.	Mafalda Magalhaes Costa 50m: 35.48 100m: 1:18.42	03	Gualdim Pais	1:18.42	337
6.	Beatriz Moreira Carvalho 50m: 37.84 100m: 1:22.73	03	Rio Maior	1:22.73	287
7.	Ines Marques Garcia 50m: 37.34 100m: 1:23.05	03	Nautico Abrantes	1:23.05	284
8.	Matilde Basilio Gil 50m: 37.95 100m: 1:24.13	03	CLAC-Entroncamento	1:24.13	273
9.	Constanca Basilio Gil 50m: 39.87 100m: 1:28.82	03	CLAC-Entroncamento	1:28.82	232
10.	Joana Cardoso Costa 50m: 41.94 100m: 1:32.74	03	Cartaxo	1:32.74	204
11.	Maria Ines Paveia 50m: 43.94 100m: 1:34.05	03	20Km de Almeirim	1:34.05	195
12.	Maria Gabriela Carrapo 50m: 42.98 100m: 1:34.16	03	BUZIOS-Coruche	1:34.16	195
13.	Catarina Filipa Silva 50m: 44.78 100m: 1:38.22	03	Natacao do Tejo	1:38.22	171
14.	Maria Laura Brotas <i>FTL</i> 50m: 46.90 100m: 1:43.74	03	BUZIOS-Coruche	1:43.74	145
15.	Margarida Isabel Claro <i>FTL</i> 50m: 50.24 100m: 1:49.64	03	BUZIOS-Coruche	1:49.64	123
16.	Patricia Nogueira Silva <i>FTL</i> 50m: 50.30 100m: 1:52.55	03	Cartaxo	1:52.55	114

Prova 1, Femin., 100m Mariposa

Infantis-A

1.	Ana Beatriz Pereira	04	Salvaterra de Magos	1:14.60	392
	50m: 33.73 100m: 1:14.60				
2.	Rita Carrico Cruz	04	Viver Santarem	1:16.12	369
	50m: 36.40 100m: 1:16.12				
3.	Beatriz Staiger Bento	04	20Km de Almeirim	1:16.53	363
	50m: 34.79 100m: 1:16.53				
4.	Joana Margarida Sousa	04	20Km de Almeirim	1:22.14	293
	50m: 37.46 100m: 1:22.14				
5.	Carina Alexandra Alves	04	Rio Maior	1:22.46	290
	50m: 36.31 100m: 1:22.46				
6.	Matilde Isabel Macharreu	04	BUZIOS-Coruche	1:22.80	286
	50m: 36.89 100m: 1:22.80				
7.	Patricia Pinheiro Costa	04	Salvaterra de Magos	1:28.03	238
	50m: 40.04 100m: 1:28.03				
8.	Raquel Canelas Louro	04	Viver Santarem	1:30.04	223
	50m: 41.73 100m: 1:30.04				
9.	Margarida Mateus Morais	04	Torres Novas	1:32.23	207
	50m: 39.46 100m: 1:32.23				
10.	Gabriela Graco Duarte	04	20Km de Almeirim	1:33.34	200
	50m: 43.27 100m: 1:33.34				
11.	Joana Fernandes Vicente	04	Torres Novas	1:33.90	196
	50m: 41.90 100m: 1:33.90				
12.	Beatriz Maria Freixeiro	04	Rio Maior	1:38.35	171
	50m: 43.85 100m: 1:38.35				
13.	Leonor Maria Mira	04	BUZIOS-Coruche	1:39.84	163
	50m: 44.38 100m: 1:39.84				
14.	Beatriz Roldao Fontes	04	Nautico Abrantes	1:42.31	152
	50m: 43.42 100m: 1:42.31				
15.	Maria Ines Dias	04	Rio Maior	1:51.90	116
	<i>FTL</i>				
	50m: 50.82 100m: 1:51.90				

Infantis-B

1.	Maria Madalena Bento	05	BUZIOS-Coruche	1:18.08	342
	50m: 36.10 100m: 1:18.08				
2.	Beatriz Grave Reis	05	Rio Maior	1:19.98	318
	50m: 36.96 100m: 1:19.98				
3.	Matilde Cardoso Pereira	05	Torres Novas	1:24.82	266
	50m: 39.73 100m: 1:24.82				
4.	Catarina Isabel Carlota	05	BUZIOS-Coruche	1:28.11	238
	50m: 40.37 100m: 1:28.11				
5.	Ariana Espirito Louro	05	Gualdim Pais	1:28.39	235
	50m: 39.57 100m: 1:28.39				
6.	Lea Liu Wang	05	Uniao Samorense	1:28.71	233
	50m: 39.43 100m: 1:28.71				
7.	Soraia Ferreira Mendes	05	Torres Novas	1:31.30	213
	50m: 43.12 100m: 1:31.30				

Prova 1, Femin., 100m Mariposa, Infantis-B

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
8.	Margarida Claudino Nicolau 50m: 44.60 100m: 1:39.44	05	Torres Novas	1:39.44	165
9.	Beatriz Gaspar Nobre 50m: 43.39 100m: 1:39.67	05	Gualdim Pais	1:39.67	164
10.	Joana Silva Antunes 50m: 45.26 100m: 1:41.19	05	CLAC-Entroncamento	1:41.19	157
11.	Matilde Paulos Branco 50m: 47.84 100m: 1:41.87	05	BUZIOS-Coruche	1:41.87	154
12.	Ines Filipa Cotovio 50m: 46.88 100m: 1:42.13	05	Salvaterra de Magos	1:42.13	152
13.	Vania Alves Farinha 50m: 47.32 100m: 1:44.76	05	Nautico Abrantes	1:44.76	141
DNS	Carolina Manuela Guia	05	Viver Santarem		
EXH	Beatriz Ribeiro Simoes 50m: 34.13 100m: 1:13.53	01	Torres Novas	1:13.53	409
EXH	Beatriz Santos Reis 50m: 34.81 100m: 1:15.81	01	Torres Novas	1:15.81	373

Prova 2	Masc., 100m Costas				Absoluto
06-05-2017 - 9:55					Resultados
Recorde Distrital ANDS Absoluto	52.63	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	14-12-2013
Recorde Distrital ANDS Inf B	1:06.59	João Paulo Paias	CNLA	Samora Correia	14-05-2005
Recorde Distrital ANDS Inf A	1:02.20	Pedro Diogo Oliveira	CNRM	Samora Correia	12-05-2002
Recorde Distrital ANDS Juv B	58.65	Pedro Diogo Oliveira	CNRM	Tomar	10-05-2003
Recorde Distrital ANDS Juv A	58.30	Pedro Diogo Oliveira	CNRM	Estoril	14-02-2004
Recorde Distrital ANDS Jun	57.01	Afonso Guilherme Rosa	CNTN	Funchal	11-04-2017
Recorde Distrital ANDS Sen	52.63	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	14-12-2013

Inf B: 1:35.00; Inf A: 1:28.00; Juv B: 1:22.50; Juv A: 1:19.50; ABS: 1:17.50

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
Absolutos					
1.	Afonso Guilherme Rosa 50m: 29.06 100m: 59.79	99	Torres Novas	59.79	547
2.	Jose Henriques Luz 50m: 30.24 100m: 1:01.57	99	Torres Novas	1:01.57	501
3.	Rui Jorge Lopes 50m: 30.26 100m: 1:01.64	00	CLAC-Entroncamento	1:01.64	499
4.	Artur Rafael Saramago 50m: 30.90 100m: 1:04.36	97	BUZIOS-Coruche	1:04.36	439
5.	Bernardo Jose Dionisio 50m: 32.54 100m: 1:07.22	99	Gualdim Pais	1:07.22	385
6.	Jose Nuno Sousa 50m: 33.84 100m: 1:09.72	99	CLAC-Entroncamento	1:09.72	345
7.	Goncalo Catarino Dias 50m: 32.78 100m: 1:10.14	00	Rio Maior	1:10.14	339
8.	Ruben Alexandre Carvalho 50m: 33.82 100m: 1:10.70	98	Cartaxo	1:10.70	331
9.	Joao Afonso Goncalves 50m: 33.91 100m: 1:12.45	00	CLAC-Entroncamento	1:12.45	307
10.	Antonio Joao Pestana 50m: 35.78 100m: 1:13.00	00	CLAC-Entroncamento	1:13.00	300
11.	David Antonio Carvalho <i>FTL</i> 50m: 37.41 100m: 1:17.94	99	Natacao do Tejo	1:17.94	247
12.	Bruno Miguel Nunes <i>FTL</i> 50m: 37.69 100m: 1:19.06	99	BUZIOS-Coruche	1:19.06	236
13.	David Jose Carpinteiro <i>FTL</i> 50m: 39.95 100m: 1:21.39	00	Natacao do Tejo	1:21.39	217
14.	Diogo Daniel Simoes <i>FTL</i> 50m: 40.20 100m: 1:22.31	99	Rio Maior	1:22.31	209
DSQ	Eliseu Manuel Tavares <i>SW 6.4 - O (a) atleta não efectua a viragem dos 25 metros após terminar o movimento contínuo de braços</i>	99	Uniao Samorense		
DNS	Pedro Pereira Lopes	99	BUZIOS-Coruche		
DNS	Hugo Miguel Nunes	90	Natacao do Tejo		

Prova 2, Masc., 100m Costas

Juvenis-A

1.	Ricardo Luis Leal	01	CLAC-Entroncamento	1:02.09	489
	50m: 30.03 100m: 1:02.09				
2.	Joao Miguel Marques	01	20Km de Almeirim	1:03.42	458
	50m: 31.62 100m: 1:03.42				
3.	Joao Jose Calado	01	Torres Novas	1:04.82	429
	50m: 31.13 100m: 1:04.82				
4.	Diogo Franco Martins	01	20Km de Almeirim	1:07.13	386
	50m: 32.64 100m: 1:07.13				
	Joao Antonio Simoes	01	Torres Novas	1:07.13	386
	50m: 32.51 100m: 1:07.13				
6.	Tomas Meliciano Cabeleira	01	CLAC-Entroncamento	1:15.10	276
	50m: 36.02 100m: 1:15.10				
7.	Diogo Filipe Carapinha	01	Torres Novas	1:19.72	231
	<i>FTL</i>				
	50m: 38.34 100m: 1:19.72				
8.	Manuel Jorge Franco	01	Cartaxo	1:20.06	228
	<i>FTL</i>				
	50m: 38.58 100m: 1:20.06				
9.	Hugo Alexandre Sagradas	01	Natacao do Tejo	1:21.38	217
	<i>FTL</i>				
	50m: 39.23 100m: 1:21.38				
DNS	Manuel Tomas Andrade	01	20Km de Almeirim		
DNS	Joao Francisco Fortunato	01	CLAC-Entroncamento		
DNS	Marcio Lima Silva	01	Natacao do Tejo		

Juvenis-B

1.	Bernardo Jorge Simoes	02	Torres Novas	1:06.36	400
	50m: 32.70 100m: 1:06.36				
2.	Francisco Costa Nunes	02	Salvaterra de Magos	1:06.72	394
	50m: 32.32 100m: 1:06.72				
3.	Francisco Manuel Mendonca	02	Uniao Samorense	1:07.97	372
	50m: 32.40 100m: 1:07.97				
4.	Daniel Marques Filipe	02	Nautico Abrantes	1:09.76	344
	50m: 33.42 100m: 1:09.76				
5.	Miguel Santos Casaca	02	Salvaterra de Magos	1:12.41	308
	50m: 34.11 100m: 1:12.41				
6.	Joao Afonso Pacau	02	Gualdim Pais	1:13.08	299
	50m: 34.97 100m: 1:13.08				
7.	Andriy Dyakiv	02	Uniao Samorense	1:15.18	275
	50m: 36.10 100m: 1:15.18				
8.	Daniel Mocanu	02	Uniao Samorense	1:17.91	247
	50m: 38.28 100m: 1:17.91				
9.	Daniel Francisco Carvalho	02	Natacao do Tejo	1:19.64	231
	50m: 39.00 100m: 1:19.64				
10.	Tiago Joao Vital	02	Natacao do Tejo	1:21.17	218
	50m: 40.32 100m: 1:21.17				

Prova 2, Masc., 100m Costas, Juvenis-B

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
DSQ	Joao Andre Serafim <i>SW 4.4 - Falsa partida</i>	02	Salvaterra de Magos		
DNS	Joao Ricardo Bernardes	02	Rio Maior		
DNS	Alexandre Manuel Jesus	02	Uniao Samoreense		

Infantis-A

1.	Paulo Vakulyuk 50m: 31.13 100m: 1:04.54	03	Torres Novas	1:04.54	435
2.	Goncalo Magalhaes Cristovao 50m: 34.97 100m: 1:10.24	03	20Km de Almeirim	1:10.24	337
3.	Luis Afonso Lopes 50m: 34.86 100m: 1:10.51	03	Viver Santarem	1:10.51	333
4.	Diogo Bernardo Tome 50m: 34.60 100m: 1:11.05	03	Salvaterra de Magos	1:11.05	326
5.	Rui Chagas Alves 50m: 35.93 100m: 1:12.12	03	Viver Santarem	1:12.12	312
6.	Duarte Filipe Silva 50m: 36.06 100m: 1:12.87	03	BUZIOS-Coruche	1:12.87	302
7.	Tomas Miguel Felicio 50m: 35.39 100m: 1:13.64	03	Rio Maior	1:13.64	293
8.	Guilherme Pereira Coutinho 50m: 36.84 100m: 1:14.09	03	Viver Santarem	1:14.09	287
9.	Ruben Filipe Carreira 50m: 35.91 100m: 1:14.94	03	Rio Maior	1:14.94	278
10.	Jose Oliveira Cordeiro 50m: 36.29 100m: 1:15.11	03	Salvaterra de Magos	1:15.11	276
11.	Henrique Antonio Martins 50m: 36.44 100m: 1:15.65	03	Natacao do Tejo	1:15.65	270
12.	Guilherme Marques Mendes 50m: 36.70 100m: 1:15.73	03	Torres Novas	1:15.73	269
13.	Ricardo Rafael Pereira 50m: 36.72 100m: 1:17.39	03	Juventude Ouriense	1:17.39	252
14.	Erik Norbert Vass 50m: 37.98 100m: 1:17.54	03	Rio Maior	1:17.54	251
15.	Manuel Luis Oliveira 50m: 38.54 100m: 1:19.51	03	Natacao do Tejo	1:19.51	232
16.	Miguel Monsanto Cotrim 50m: 38.58 100m: 1:19.66	03	Viver Santarem	1:19.66	231
17.	Tiago Miguel Jorge 50m: 37.82 100m: 1:19.92	03	Rio Maior	1:19.92	229
18.	Pedro Maria Santana 50m: 40.15 100m: 1:21.27	03	Torres Novas	1:21.27	218
19.	Joao Vasco Canadas 50m: 39.73 100m: 1:21.32	03	Rio Maior	1:21.32	217
20.	Rodrigo Rosa Rodrigues 50m: 40.31 100m: 1:22.03	03	Rio Maior	1:22.03	212

Prova 2, Masc., 100m Costas, Infantis-A

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
21.	Diogo Miguel Matreno 50m: 39.74 100m: 1:22.61	03	Torres Novas	1:22.61	207
22.	Hugo Miguel Leitao 50m: 41.58 100m: 1:25.79	03	Natacao do Tejo	1:25.79	185
23.	Goncalo David Carvalho 50m: 42.57 100m: 1:27.76	03	Cartaxo	1:27.76	173
24.	Duarte Miguel Costa <i>FTL</i> 50m: 46.25 100m: 1:32.04	03	Torres Novas	1:32.04	150
DNS	Afonso Miguel Silva	03	Viver Santarem		

Infantis-B

1.	Martim Henriques Carvalho 50m: 36.69 100m: 1:14.44	04	Rio Maior	1:14.44	283
2.	Duarte Rodrigues Ximenes 50m: 36.41 100m: 1:15.41	04	Salvaterra de Magos	1:15.41	273
3.	Tiago Charrua Gago 50m: 37.21 100m: 1:16.87	04	Rio Maior	1:16.87	257
4.	Pedro Nuno Oliveira 50m: 38.08 100m: 1:18.10	04	Torres Novas	1:18.10	245
5.	Miguel Filipe Nunes 50m: 39.25 100m: 1:20.22	04	Cartaxo	1:20.22	226
6.	Andre Sousa Oliveira 50m: 39.89 100m: 1:22.10	04	Juventude Ouriense	1:22.10	211
7.	Miguel Alexandre Martins 50m: 40.09 100m: 1:22.53	04	BUZIOS-Coruche	1:22.53	208
8.	Rodrigo Cardoso Fernandes 50m: 39.64 100m: 1:22.70	04	Cartaxo	1:22.70	206
9.	Vasco Peixoto Oliveira 50m: 41.02 100m: 1:24.41	04	Nautico Abrantes	1:24.41	194
10.	Andre Jesus Gaspar 50m: 40.78 100m: 1:24.80	04	Gualdim Pais	1:24.80	191
11.	Jose Miguel Monteiro 50m: 41.72 100m: 1:25.94	04	Gualdim Pais	1:25.94	184
12.	Francisco Louro Tiago 50m: 41.06 100m: 1:26.78	04	CLAC-Entroncamento	1:26.78	179
13.	Tiago Miguel Mourato 50m: 43.02 100m: 1:27.80	04	Torres Novas	1:27.80	172
14.	Alexandre Marques Pereira 50m: 42.36 100m: 1:28.08	04	Salvaterra de Magos	1:28.08	171
15.	Nuno Miguel Bento 50m: 43.16 100m: 1:30.51	04	Uniao Samorense	1:30.51	157
16.	Joao Marques Ferreira 50m: 44.26 100m: 1:31.38	04	Viver Santarem	1:31.38	153
17.	Bernardo Guerra Inacio 50m: 44.93 100m: 1:34.14	04	Juventude Ouriense	1:34.14	140

Prova 2, Masc., 100m Costas, Infantis-B

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
18.	Rui Osvaldo Rocha <i>FTL</i>	04	Juventude Ouriense	1:35.04	136
	50m: 46.26 100m: 1:35.04				
19.	Goncalo Maria Mendonca <i>FTL</i>	04	Viver Santarem	1:39.70	118
	50m: 49.09 100m: 1:39.70				
DSQ	Ivo Rafael Serra	04	CLAC-Entroncamento		
	<i>SW 6.4 - O (a) atleta não efectua a viragem dos 50 metros após terminar o movimento contínuo de braços</i>				

Prova 3	Femin., 100m Bruços				Absoluto
06-05-2017 - 10:25					Resultados
Recorde Distrital ANDS Absoluto	1:12.09	Maria Madalena Silva	CNAB	Porto	12-12-2015
Recorde Distrital ANDS Inf B	1:24.51	Catarina Ramos Moura	SCALAB	Coruche	19-04-2009
Recorde Distrital ANDS Inf A	1:16.72	Joana Filipa Vilhena	CNLA	Tomar	27-02-2005
Recorde Distrital ANDS Juv B	1:18.01	Ines Simoes Rodrigues	SCALAB	Abrantes	10-04-2010
Recorde Distrital ANDS Juv A	1:16.97	Mafalda Gilberto Marques	SANDS	Abrantes	20-02-2016
Recorde Distrital ANDS Jun	1:12.62	Maria Madalena Silva	CNAB	Porto	20-12-2014
Recorde Distrital ANDS Sen	1:12.09	Maria Madalena Silva	CNAB	Porto	12-12-2015

Inf B: 1:51.40; Inf A: 1:49.00; Juv B: 1:42.00; Juv A: 1:40.00; ABS: 1:37.00

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
Absolutos					
1.	Mafalda Gilberto Marques	01	Natacao do Tejo	1:18.66	498
	50m: 37.84 100m: 1:18.66				
2.	Carolina Marques Neves	01	Torres Novas	1:19.54	481
	50m: 38.20 100m: 1:19.54				
3.	Ines Ferreira Duarte	01	Torres Novas	1:21.14	453
	50m: 38.08 100m: 1:21.14				
4.	Rita Sousa Oliveira	01	Torres Novas	1:27.86	357
	50m: 41.83 100m: 1:27.86				
5.	Marta Sousa Oliveira	01	Torres Novas	1:28.21	353
	50m: 41.78 100m: 1:28.21				
6.	Maria Beatriz Leal	99	Rio Maior	1:31.07	321
	50m: 41.89 100m: 1:31.07				
7.	Ana Catarina Santos	00	Uniao Samorense	1:32.64	305
	50m: 44.64 100m: 1:32.64				
Juvenis-A					
1.	Catia Iordan Agostinho	02	Rio Maior	1:23.65	414
	50m: 39.20 100m: 1:23.65				
2.	Marta Chambel Dias	02	CLAC-Entroncamento	1:25.24	391
	50m: 40.64 100m: 1:25.24				
3.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	1:25.41	389
	50m: 40.46 100m: 1:25.41				
4.	Carolina Guerra Pisco	02	20Km de Almeirim	1:26.87	369
	50m: 41.59 100m: 1:26.87				
	Carolina Lopes Vieira	02	Gualdim Pais	1:26.87	369
	50m: 40.85 100m: 1:26.87				
6.	Ana Rita Morais	02	Torres Novas	1:28.79	346
	50m: 42.66 100m: 1:28.79				
7.	Beatriz Catarino Moura	02	Nautico Abrantes	1:29.88	333
	50m: 42.13 100m: 1:29.88				
8.	Ines Ribeiro Novo	02	Torres Novas	1:30.00	332
	50m: 43.46 100m: 1:30.00				
9.	Ana Beatriz Rodrigues	02	Rio Maior	1:31.37	317
	50m: 43.37 100m: 1:31.37				
10.	Ines Cambe Cunha	02	Torres Novas	1:31.44	317
	50m: 43.41 100m: 1:31.44				
11.	Diana Sofia Vital	02	Torres Novas	1:35.30	280
	50m: 45.08 100m: 1:35.30				

Prova 3, Femin., 100m Bruços, Juvenis-A

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
12.	Filipa Cardigo Fitas 50m: 45.90 100m: 1:36.18	02	20Km de Almeirim	1:36.18	272
13.	Jessica Andreia Antonio 50m: 45.21 100m: 1:37.59	02	CLAC-Entroncamento	1:37.59	260

Juvenis-B

1.	Ines Asseiceira Ramos 50m: 38.27 100m: 1:21.28	03	Torres Novas	1:21.28	451
2.	Ana Patricia Oliveira 50m: 41.04 100m: 1:26.38	03	20Km de Almeirim	1:26.38	376
3.	Secile Liu Wang 50m: 40.72 100m: 1:26.81	03	Uniao Samorense	1:26.81	370
4.	Lea Alexandra Mendes 50m: 42.09 100m: 1:27.98	03	Gualdim Pais	1:27.98	356
5.	Constanca Basilio Gil 50m: 43.68 100m: 1:32.30	03	CLAC-Entroncamento	1:32.30	308
6.	Maria Ines Paveia 50m: 45.08 100m: 1:33.38	03	20Km de Almeirim	1:33.38	297
7.	Beatriz Moreira Carvalho 50m: 44.34 100m: 1:34.43	03	Rio Maior	1:34.43	287
8.	Matilde Basilio Gil 50m: 44.66 100m: 1:34.81	03	CLAC-Entroncamento	1:34.81	284
9.	Mafalda Magalhaes Costa 50m: 44.26 100m: 1:34.98	03	Gualdim Pais	1:34.98	283
10.	Ines Marques Garcia 50m: 44.96 100m: 1:35.18	03	Nautico Abrantes	1:35.18	281
11.	Joana Cardoso Costa 50m: 47.54 100m: 1:39.86	03	Cartaxo	1:39.86	243
12.	Patricia Nogueira Silva <i>FTL</i> 50m: 48.95 100m: 1:43.98	03	Cartaxo	1:43.98	215
13.	Maria Laura Brotas <i>FTL</i> 50m: 50.97 100m: 1:45.87	03	BUZIOS-Coruche	1:45.87	204
14.	Catarina Filipa Silva <i>FTL</i> 50m: 51.16 100m: 1:48.88	03	Natacao do Tejo	1:48.88	187
15.	Margarida Isabel Claro <i>FTL</i> 50m: 58.19 100m: 2:01.16	03	BUZIOS-Coruche	2:01.16	136
DSQ	Maria Gabriela Carrapo <i>SW 7.4 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>	03	BUZIOS-Coruche		

Prova 3, Femin., 100m Bruços

Infantis-A

1.	Margarida Mateus Morais	04	Torres Novas	1:21.51	447
	50m: 39.08 100m: 1:21.51				
2.	Carina Alexandra Alves	04	Rio Maior	1:27.64	360
	50m: 41.29 100m: 1:27.64				
3.	Beatriz Staiger Bento	04	20Km de Almeirim	1:30.73	324
	50m: 42.86 100m: 1:30.73				
4.	Rita Carrico Cruz	04	Viver Santarem	1:30.74	324
	50m: 43.16 100m: 1:30.74				
5.	Ana Beatriz Pereira	04	Salvaterra de Magos	1:30.92	322
	50m: 43.23 100m: 1:30.92				
6.	Gabriela Graco Duarte	04	20Km de Almeirim	1:31.88	312
	50m: 43.13 100m: 1:31.88				
7.	Matilde Isabel Macharreu	04	BUZIOS-Coruche	1:34.51	287
	50m: 44.29 100m: 1:34.51				
8.	Raquel Canelas Louro	04	Viver Santarem	1:34.81	284
	50m: 45.59 100m: 1:34.81				
9.	Joana Fernandes Vicente	04	Torres Novas	1:36.97	265
	50m: 46.22 100m: 1:36.97				
10.	Joana Margarida Sousa	04	20Km de Almeirim	1:37.34	262
	50m: 46.11 100m: 1:37.34				
11.	Leonor Maria Mira	04	BUZIOS-Coruche	1:40.45	239
	50m: 47.02 100m: 1:40.45				
12.	Patricia Pinheiro Costa	04	Salvaterra de Magos	1:42.21	227
	50m: 48.89 100m: 1:42.21				
13.	Beatriz Roldao Fontes	04	Nautico Abrantes	1:45.78	204
	50m: 48.78 100m: 1:45.78				
14.	Maria Ines Dias	04	Rio Maior	1:46.30	201
15.	Beatriz Maria Freixeiro	04	Rio Maior	1:46.71	199
	50m: 51.45 100m: 1:46.71				

Infantis-B

1.	Beatriz Grave Reis	05	Rio Maior	1:32.60	305
	50m: 44.10 100m: 1:32.60				
2.	Catarina Isabel Carlota	05	BUZIOS-Coruche	1:34.37	288
	50m: 45.03 100m: 1:34.37				
3.	Matilde Cardoso Pereira	05	Torres Novas	1:34.47	287
	50m: 45.26 100m: 1:34.47				
4.	Maria Madalena Bento	05	BUZIOS-Coruche	1:35.39	279
	50m: 45.96 100m: 1:35.39				
5.	Ariana Espirito Louro	05	Gualdim Pais	1:37.55	261
	50m: 45.72 100m: 1:37.55				
6.	Lea Liu Wang	05	Uniao Samorense	1:37.84	258
	50m: 44.15 100m: 1:37.84				
7.	Soraia Ferreira Mendes	05	Torres Novas	1:45.44	206
	50m: 49.74 100m: 1:45.44				
8.	Beatriz Gaspar Nobre	05	Gualdim Pais	1:46.36	201
	50m: 50.42 100m: 1:46.36				

Prova 3, Femin., 100m Bruços, Infantis-B

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
9.	Ines Filipa Cotovio 50m: 51.88 100m: 1:48.24	05	Salvaterra de Magos	1:48.24	191
10.	Vania Alves Farinha 50m: 52.20 100m: 1:48.34	05	Nautico Abrantes	1:48.34	190
11.	Margarida Claudino Nicolau 50m: 52.16 100m: 1:50.49	05	Torres Novas	1:50.49	179
12.	Joana Silva Antunes <i>FTL</i> 50m: 53.13 100m: 1:54.22	05	CLAC-Entroncamento	1:54.22	162
13.	Matilde Paulos Branco <i>FTL</i> 50m: 57.59 100m: 1:58.68	05	BUZIOS-Coruche	1:58.68	145
DNS	Carolina Manuela Guia	05	Viver Santarem		

Prova 4 Masc., 200m Estilos Absoluto
06-05-2017 - 10:55 Resultados

Recorde Distrital ANDS Absoluto	2:08.23	Filipe Ferreira Alves	CNRM	Obidos	15-12-2007
Recorde Distrital ANDS Inf B	2:30.29	João Paulo Paias	CNLA	Abrantes	21-05-2005
Recorde Distrital ANDS Inf A	2:19.63	Paulo Vakulyuk	CNTN	Sines	09-04-2017
Recorde Distrital ANDS Juv B	2:13.93	Pedro Diogo Oliveira	CNRM	Rio Maior	12-07-2003
Recorde Distrital ANDS Juv A	2:09.61	Pedro Diogo Oliveira	CNRM	Estoril	15-02-2004
Recorde Distrital ANDS Jun	2:08.45	Ivo Andre Lopes	SCALAB	Santarem	13-05-2012
Recorde Distrital ANDS Sen	2:08.23	Filipe Ferreira Alves	CNRM	Obidos	15-12-2007

Inf B: 3:20.00; Inf A: 3:13.50; Juv B: 3:02.00; Juv A: 2:45.50; ABS: 2:39.50

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
Absolutos					
1.	Jose Henriques Luz	99	Torres Novas	2:12.83	562
	50m: 29.15 200m: 2:12.83				
2.	Afonso Guilherme Rosa	99	Torres Novas	2:13.20	557
	50m: 27.72 200m: 2:13.20				
3.	Rui Jorge Lopes	00	CLAC-Entroncamento	2:16.49	518
	50m: 29.18 200m: 2:16.49				
4.	Artur Rafael Saramago	97	BUZIOS-Coruche	2:17.84	503
	50m: 28.62 200m: 2:17.84				
5.	Bernardo Jose Dionisio	99	Gualdim Pais	2:17.86	502
	50m: 28.72 200m: 2:17.86				
6.	Goncalo Catarino Dias	00	Rio Maior	2:25.84	424
	50m: 30.00 200m: 2:25.84				
7.	Ruben Alexandre Carvalho	98	Cartaxo	2:37.12	339
	50m: 31.66 200m: 2:37.12				
8.	Joao Afonso Goncalves	00	CLAC-Entroncamento	2:38.59	330
	50m: 33.06 200m: 2:38.59				
9.	Antonio Joao Pestana	00	CLAC-Entroncamento	2:42.47	307
	<i>FTL</i> 50m: 36.16 200m: 2:42.47				
10.	Diogo Daniel Simoes	99	Rio Maior	2:43.19	303
	<i>FTL</i> 50m: 33.22 200m: 2:43.19				
11.	David Antonio Carvalho	99	Natacao do Tejo	2:44.66	295
	<i>FTL</i> 50m: 34.13 200m: 2:44.66				
12.	David Jose Carpinteiro	00	Natacao do Tejo	2:45.39	291
	<i>FTL</i> 50m: 33.04 200m: 2:45.39				
13.	Eliseu Manuel Tavares	99	Uniao Samorense	2:47.47	280
	<i>FTL</i> 50m: 37.14 200m: 2:47.47				
14.	Bruno Miguel Nunes	99	BUZIOS-Coruche	2:54.38	248
	<i>FTL</i> 50m: 39.42 200m: 2:54.38				
DSQ	Jose Nuno Sousa	99	CLAC-Entroncamento		
	<i>SW 7.5 - O (a) atleta efectuou movimento vertical de pernas durante o percurso</i>				
DNS	Pedro Pereira Lopes	99	BUZIOS-Coruche		

Prova 4, Masc., 200m Estilos, Absolutos

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
DNS	Hugo Miguel Nunes	90	Natacao do Tejo		
Juvenis-A					
1.	Ricardo Luis Leal 50m: 29.78 200m: 2:18.28	01	CLAC-Entroncamento	2:18.28	498
2.	Joao Jose Calado 50m: 29.37 200m: 2:20.67	01	Torres Novas	2:20.67	473
3.	Joao Antonio Simoes 50m: 30.84 200m: 2:24.43	01	Torres Novas	2:24.43	437
4.	Diogo Franco Martins 50m: 30.49 200m: 2:29.06	01	20Km de Almeirim	2:29.06	397
5.	Joao Miguel Marques 50m: 31.28 200m: 2:32.68	01	20Km de Almeirim	2:32.68	370
6.	Tomas Meliciano Cabeleira 50m: 31.86 200m: 2:36.80	01	CLAC-Entroncamento	2:36.80	341
7.	Hugo Alexandre Sagradas <i>FTL</i> 50m: 36.13 200m: 2:54.35	01	Natacao do Tejo	2:54.35	248
8.	Manuel Jorge Franco <i>FTL</i> 50m: 38.10 200m: 2:54.36	01	Cartaxo	2:54.36	248
DSQ	Diogo Filipe Carapinha <i>SW 7.5 - O (a) atleta efectuou movimento vertical de pernas durante o percurso</i>	01	Torres Novas		
DNS	Manuel Tomas Andrade	01	20Km de Almeirim		
DNS	Joao Francisco Fortunato	01	CLAC-Entroncamento		
DNS	Marcio Lima Silva	01	Natacao do Tejo		

Juvenis-B

1.	Bernardo Jorge Simoes 50m: 29.62 200m: 2:19.24	02	Torres Novas	2:19.24	488
2.	Francisco Costa Nunes 50m: 29.29 200m: 2:19.48	02	Salvaterra de Magos	2:19.48	485
3.	Francisco Manuel Mendonca 50m: 32.20 200m: 2:32.45	02	Uniao Samorense	2:32.45	371
4.	Joao Afonso Pacau 50m: 33.08 200m: 2:34.56	02	Gualdim Pais	2:34.56	356
5.	Daniel Marques Filipe 50m: 33.77 200m: 2:37.08	02	Nautico Abrantes	2:37.08	339
6.	Tiago Joao Vital 50m: 39.26 200m: 2:47.87	02	Natacao do Tejo	2:47.87	278
7.	Joao Andre Serafim 50m: 38.73 200m: 2:50.13	02	Salvaterra de Magos	2:50.13	267
8.	Daniel Francisco Carvalho 50m: 39.85 200m: 2:50.60	02	Natacao do Tejo	2:50.60	265
9.	Daniel Mocanu 50m: 35.41 200m: 2:50.80	02	Uniao Samorense	2:50.80	264

Prova 4, Masc., 200m Estilos, Juvenis-B

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
10.	Andriy Dyakiv 50m: 37.08 200m: 2:55.50	02	Uniao Samorense	2:55.50	243
DSQ	Miguel Santos Casaca <i>SW 7.6 - O (a) atleta não tocou com as mãos na parede separadas e simultaneamente na viragem aos 150 metros</i>	02	Salvaterra de Magos		
DNS	Joao Ricardo Bernardes	02	Rio Maior		
DNS	Alexandre Manuel Jesus	02	Uniao Samorense		

Infantis-A

1.	Paulo Vakulyuk 50m: 29.76 200m: 2:22.80	03	Torres Novas	2:22.80	452
2.	Luis Afonso Lopes 50m: 31.31 200m: 2:26.88	03	Viver Santarem	2:26.88	415
3.	Rui Chagas Alves 50m: 31.79 200m: 2:31.69	03	Viver Santarem	2:31.69	377
4.	Tomas Miguel Felicio 50m: 33.83 200m: 2:34.55	03	Rio Maior	2:34.55	356
5.	Diogo Bernardo Tome 50m: 34.39 200m: 2:34.68	03	Salvaterra de Magos	2:34.68	356
6.	Goncalo Magalhaes Cristovao 50m: 33.76 200m: 2:38.09	03	20Km de Almeirim	2:38.09	333
7.	Erik Norbert Vass 50m: 34.47 200m: 2:42.78	03	Rio Maior	2:42.78	305
8.	Tiago Miguel Jorge 50m: 34.11 200m: 2:43.66	03	Rio Maior	2:43.66	300
9.	Guilherme Pereira Coutinho 50m: 55.41 200m: 2:43.79	03	Viver Santarem	2:43.79	299
10.	Miguel Monsanto Cotrim 50m: 36.45 200m: 2:43.88	03	Viver Santarem	2:43.88	299
11.	Guilherme Marques Mendes 50m: 35.07 200m: 2:43.98	03	Torres Novas	2:43.98	298
12.	Henrique Antonio Martins 50m: 36.76 200m: 2:44.17	03	Natacao do Tejo	2:44.17	297
13.	Joao Vasco Canadas 50m: 35.47 200m: 2:44.51	03	Rio Maior	2:44.51	295
14.	Jose Oliveira Cordeiro 50m: 37.54 200m: 2:45.23	03	Salvaterra de Magos	2:45.23	292
15.	Ruben Filipe Carreira 50m: 33.46 200m: 2:45.53	03	Rio Maior	2:45.53	290
16.	Duarte Filipe Silva 50m: 36.87 200m: 2:46.42	03	BUZIOS-Coruche	2:46.42	285
17.	Pedro Maria Santana 50m: 38.44 200m: 2:49.44	03	Torres Novas	2:49.44	270
18.	Ricardo Rafael Pereira 50m: 36.06 200m: 2:56.63	03	Juventude Ouriense	2:56.63	239
19.	Manuel Luis Oliveira 50m: 41.42 200m: 2:58.58	03	Natacao do Tejo	2:58.58	231

Prova 4, Masc., 200m Estilos, Infantis-A

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
20.	Hugo Miguel Leitao 50m: 38.15 200m: 3:00.66	03	Natacao do Tejo	3:00.66	223
21.	Diogo Miguel Matreno 50m: 43.56 200m: 3:02.97	03	Torres Novas	3:02.97	215
22.	Duarte Miguel Costa <i>FTL</i> 50m: 43.86 200m: 3:16.33	03	Torres Novas	3:16.33	174
DSQ	Goncalo David Carvalho <i>SW 4.4 - Falsa partida</i>	03	Cartaxo		
DSQ	Rodrigo Rosa Rodrigues <i>SW 6.5 - O (a) atleta não chegou na posição dorsal</i>	03	Rio Maior		
DNS	Afonso Miguel Silva	03	Viver Santarem		

Infantis-B

1.	Pedro Nuno Oliveira 50m: 35.92 200m: 2:45.81	04	Torres Novas	2:45.81	289
2.	Tiago Charrua Gago 50m: 37.45 200m: 2:47.61	04	Rio Maior	2:47.61	279
3.	Martim Henriques Carvalho 50m: 37.49 200m: 2:49.70	04	Rio Maior	2:49.70	269
4.	Miguel Filipe Nunes 50m: 35.66 200m: 2:52.55	04	Cartaxo	2:52.55	256
5.	Miguel Alexandre Martins 50m: 41.04 200m: 2:55.94	04	BUZIOS-Coruche	2:55.94	241
6.	Vasco Peixoto Oliveira 50m: 42.51 200m: 2:58.60	04	Nautico Abrantes	2:58.60	231
7.	Rodrigo Cardoso Fernandes 50m: 37.81 200m: 2:59.08	04	Cartaxo	2:59.08	229
8.	Andre Sousa Oliveira 50m: 39.38 200m: 2:59.38	04	Juventude Ouriense	2:59.38	228
9.	Alexandre Marques Pereira 50m: 39.79 200m: 3:03.00	04	Salvaterra de Magos	3:03.00	214
10.	Tiago Miguel Mourato 50m: 41.57 200m: 3:05.60	04	Torres Novas	3:05.60	206
11.	Jose Miguel Monteiro 50m: 42.99 200m: 3:10.22	04	Gualdim Pais	3:10.22	191
12.	Rui Osvaldo Rocha 50m: 41.19 200m: 3:14.66	04	Juventude Ouriense	3:14.66	178
13.	Francisco Louro Tiago 50m: 46.83 200m: 3:15.06	04	CLAC-Entroncamento	3:15.06	177
14.	Goncalo Maria Mendonca 50m: 45.31 200m: 3:16.68	04	Viver Santarem	3:16.68	173
15.	Ivo Rafael Serra 50m: 44.24 200m: 3:19.12	04	CLAC-Entroncamento	3:19.12	166
	Nuno Miguel Bento 50m: 48.31 200m: 3:19.12	04	Uniao Samorense	3:19.12	166

Prova 4, Masc., 200m Estilos, Infantis-B

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
DSQ	Andre Jesus Gaspar <i>SW 6.2 - O (a) atleta após viragem saiu em posição ventral aos 50 metros</i>	04	Gualdim Pais		
DSQ	Bernardo Guerra Inacio <i>SW 7.4 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>	04	Juventude Ouriense		
DSQ	Duarte Rodrigues Ximenes <i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>	04	Salvaterra de Magos		
DSQ	Joao Marques Ferreira <i>SW 6.2 - O (a) atleta perdeu a posição dorsal durante o percurso</i>	04	Viver Santarem		

Prova 5		Femin., 100m Livres				Absoluto
06-05-2017 - 11:45						Resultados
Recorde Distrital ANDS Absoluto	58.34	Julia Matos Lopes	VS	Tomar	30-06-2013	
Recorde Distrital ANDS Inf B	1:05.17	Marta Sousa Oliveira	CNTN	Abrantes	13-04-2013	
Recorde Distrital ANDS Inf A	1:02.99	Carina Alexandra Alves	CNRM	Sines	08-04-2017	
Recorde Distrital ANDS Juv B	1:01.06	Sarah Dias	CLAC	Tomar	14-12-2013	
Recorde Distrital ANDS Juv A	59.57	Carolina Marques Neves	CNTN	Torres Novas	08-05-2016	
Recorde Distrital ANDS Jun	59.15	Carlina Marques Neves	CNTN	Abrantes	26-11-2016	
Recorde Distrital ANDS Sen	58.34	Julia Matos Lopes	VS	Tomar	30-06-2013	

Inf B: 1:25.50; Inf A: 1:21.00; Juv B: 1:15.50; Juv A: 1:14.25; ABS: 1:12.00

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
Absolutos					
1.	Carolina Marques Neves	01	Torres Novas	59.72	619
	50m: 28.87 100m: 59.72				
2.	Marta Sousa Oliveira	01	Torres Novas	1:03.40	517
	50m: 30.65 100m: 1:03.40				
3.	Rita Sousa Oliveira	01	Torres Novas	1:03.97	504
	50m: 30.72 100m: 1:03.97				
4.	Ines Ferreira Duarte	01	Torres Novas	1:05.56	468
	50m: 31.00 100m: 1:05.56				
5.	Mafalda Gilberto Marques	01	Natacao do Tejo	1:05.87	461
	50m: 32.16 100m: 1:05.87				
6.	Maria Beatriz Leal	99	Rio Maior	1:06.56	447
	50m: 31.26 100m: 1:06.56				
7.	Ana Catarina Santos	00	Uniao Samorense	1:10.02	384
	50m: 34.95 100m: 1:10.02				
Juvenis-A					
1.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	1:03.36	518
	50m: 30.82 100m: 1:03.36				
2.	Ana Beatriz Rodrigues	02	Rio Maior	1:05.08	478
	50m: 30.91 100m: 1:05.08				
3.	Filipa Cardigo Fitas	02	20Km de Almeirim	1:05.10	478
	50m: 31.36 100m: 1:05.10				
4.	Carolina Guerra Pisco	02	20Km de Almeirim	1:06.44	449
	50m: 31.76 100m: 1:06.44				
5.	Carolina Lopes Vieira	02	Gualdim Pais	1:06.92	440
	50m: 32.59 100m: 1:06.92				
6.	Catia Iordan Agostinho	02	Rio Maior	1:07.90	421
	50m: 32.18 100m: 1:07.90				
7.	Ana Rita Morais	02	Torres Novas	1:08.25	415
	50m: 32.90 100m: 1:08.25				
8.	Beatriz Catarino Moura	02	Nautico Abrantes	1:08.80	405
	50m: 32.73 100m: 1:08.80				
9.	Ines Ribeiro Novo	02	Torres Novas	1:10.98	368
	50m: 34.44 100m: 1:10.98				
10.	Marta Chambel Dias	02	CLAC-Entroncamento	1:11.44	361
	50m: 34.29 100m: 1:11.44				
11.	Jessica Andreia Antonio	02	CLAC-Entroncamento	1:12.12	351
	50m: 34.75 100m: 1:12.12				

Prova 5, Femin., 100m Livres, Juvenis-A

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
12.	Ines Cambe Cunha 50m: 34.41 100m: 1:12.82	02	Torres Novas	1:12.82	341
13.	Diana Sofia Vital <i>FTL</i> 50m: 36.86 100m: 1:16.42	02	Torres Novas	1:16.42	295

Juvenis-B

1.	Ines Asseiceira Ramos 50m: 29.89 100m: 1:03.16	03	Torres Novas	1:03.16	523
2.	Mafalda Magalhaes Costa 50m: 31.24 100m: 1:06.68	03	Gualdim Pais	1:06.68	445
3.	Lea Alexandra Mendes 50m: 31.95 100m: 1:07.05	03	Gualdim Pais	1:07.05	437
4.	Constanca Basilio Gil 50m: 32.95 100m: 1:07.51	03	CLAC-Entroncamento	1:07.51	428
5.	Secile Liu Wang 50m: 31.66 100m: 1:07.72	03	Uniao Samorense	1:07.72	424
6.	Maria Ines Paveia 50m: 33.64 100m: 1:09.92	03	20Km de Almeirim	1:09.92	386
7.	Matilde Basilio Gil 50m: 34.98 100m: 1:12.80	03	CLAC-Entroncamento	1:12.80	341
8.	Catarina Filipa Silva 50m: 35.84 100m: 1:12.82	03	Natacao do Tejo	1:12.82	341
9.	Ines Marques Garcia 50m: 35.10 100m: 1:13.17	03	Nautico Abrantes	1:13.17	336
10.	Ana Patricia Oliveira 50m: 34.32 100m: 1:13.22	03	20Km de Almeirim	1:13.22	336
11.	Beatriz Moreira Carvalho 50m: 34.76 100m: 1:13.26	03	Rio Maior	1:13.26	335
12.	Joana Cardoso Costa 50m: 36.31 100m: 1:13.66	03	Cartaxo	1:13.66	330
13.	Maria Gabriela Carrapo <i>FTL</i> 50m: 36.60 100m: 1:15.92	03	BUZIOS-Coruche	1:15.92	301
14.	Maria Laura Brotas <i>FTL</i> 50m: 38.16 100m: 1:17.97	03	BUZIOS-Coruche	1:17.97	278
15.	Patricia Nogueira Silva <i>FTL</i> 50m: 39.61 100m: 1:20.98	03	Cartaxo	1:20.98	248
16.	Margarida Isabel Claro <i>FTL</i> 50m: 39.66 100m: 1:23.41	03	BUZIOS-Coruche	1:23.41	227

Prova 5, Femin., 100m Livres

Infantis-A

1.	Carina Alexandra Alves	04	Rio Maior	1:03.76	509
	50m: 30.67 100m: 1:03.76				
2.	Beatriz Staiger Bento	04	20Km de Almeirim	1:05.65	466
	50m: 31.28 100m: 1:05.65				
3.	Ana Beatriz Pereira	04	Salvaterra de Magos	1:05.91	460
	50m: 31.46 100m: 1:05.91				
4.	Rita Carrico Cruz	04	Viver Santarem	1:08.56	409
	50m: 33.44 100m: 1:08.56				
5.	Matilde Isabel Macharreu	04	BUZIOS-Coruche	1:10.61	374
	50m: 34.39 100m: 1:10.61				
6.	Margarida Mateus Morais	04	Torres Novas	1:10.86	370
	50m: 34.60 100m: 1:10.86				
7.	Raquel Canelas Louro	04	Viver Santarem	1:11.10	367
	50m: 34.45 100m: 1:11.10				
8.	Joana Margarida Sousa	04	20Km de Almeirim	1:11.36	363
	50m: 34.16 100m: 1:11.36				
9.	Patricia Pinheiro Costa	04	Salvaterra de Magos	1:11.44	361
	50m: 35.10 100m: 1:11.44				
10.	Leonor Maria Mira	04	BUZIOS-Coruche	1:12.51	346
	50m: 34.87 100m: 1:12.51				
11.	Beatriz Maria Freixeiro	04	Rio Maior	1:13.25	335
	50m: 36.32 100m: 1:13.25				
12.	Gabriela Graco Duarte	04	20Km de Almeirim	1:14.61	317
	50m: 35.79 100m: 1:14.61				
13.	Joana Fernandes Vicente	04	Torres Novas	1:17.06	288
	50m: 37.22 100m: 1:17.06				
14.	Maria Ines Dias	04	Rio Maior	1:19.72	260
	50m: 38.72 100m: 1:19.72				
15.	Beatriz Roldao Fontes	04	Nautico Abrantes	1:22.86	231
	<i>FTL</i>				
	50m: 37.51 100m: 1:22.86				

Infantis-B

1.	Maria Madalena Bento	05	BUZIOS-Coruche	1:08.52	410
	50m: 33.31 100m: 1:08.52				
2.	Beatriz Grave Reis	05	Rio Maior	1:09.08	400
	50m: 33.54 100m: 1:09.08				
3.	Catarina Isabel Carlota	05	BUZIOS-Coruche	1:09.95	385
	50m: 34.02 100m: 1:09.95				
4.	Matilde Cardoso Pereira	05	Torres Novas	1:13.36	334
	50m: 36.26 100m: 1:13.36				
5.	Ariana Espirito Louro	05	Gualdim Pais	1:15.04	312
	50m: 35.70 100m: 1:15.04				
6.	Ines Filipa Cotovio	05	Salvaterra de Magos	1:16.84	290
	50m: 36.91 100m: 1:16.84				
7.	Margarida Claudino Nicolau	05	Torres Novas	1:17.17	287
	50m: 36.87 100m: 1:17.17				

Prova 5, Femin., 100m Livres, Infantis-B

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
8.	Lea Liu Wang 50m: 37.24 100m: 1:18.81	05	Uniao Samorense	1:18.81	269
9.	Soraia Ferreira Mendes 50m: 37.84 100m: 1:19.19	05	Torres Novas	1:19.19	265
10.	Beatriz Gaspar Nobre 50m: 38.56 100m: 1:20.10	05	Gualdim Pais	1:20.10	256
11.	Matilde Paulos Branco 50m: 38.59 100m: 1:20.31	05	BUZIOS-Coruche	1:20.31	254
12.	Joana Silva Antunes 50m: 38.10 100m: 1:20.55	05	CLAC-Entroncamento	1:20.55	252
13.	Vania Alves Farinha 50m: 39.33 100m: 1:21.68	05	Nautico Abrantes	1:21.68	242
DNS	Carolina Manuela Guia	05	Viver Santarem		
EXH	Erica Neves Leote 50m: 32.70 100m: 1:08.22	03	Torres Novas	1:08.22	415
EXH	Beatriz Ribeiro Simoes 50m: 32.98 100m: 1:08.32	01	Torres Novas	1:08.32	413
EXH	Beatriz Santos Reis 50m: 33.12 100m: 1:09.92	01	Torres Novas	1:09.92	386

2 - 2ª SESSÃO

07-05-2017 - 9:30

Prova 6	Masc., 100m Mariposa				Absoluto
07-05-2017 - 9:30					Resultados
Recorde Distrital ANDS Absoluto	55.17	Pedro Diogo Oliveira	CNRM	Felgueiras	08-12-2006
Recorde Distrital ANDS Inf B	1:06.88	Fábio Miguel Samouco	CNTN	Coruche	10-05-2008
Recorde Distrital ANDS Inf A	1:01.82	Pedro Diogo Oliveira	CNRM	Samora Correia	12-05-2002
Recorde Distrital ANDS Juv B	57.72	Pedro Diogo Oliveira	CNRM	Rio Maior	12-07-2003
Recorde Distrital ANDS Juv A	56.43	Pedro Diogo Oliveira	CNRM	Abrantes	31-01-2004
Recorde Distrital ANDS Jun	55.88	Pedro Diogo Oliveira	CNRM	Tomar	26-02-2005
Recorde Distrital ANDS Sen	55.17	Pedro Diogo Oliveira	CNRM	Felgueiras	08-12-2006
Inf B: 1:41.00; Inf A: 1:36.00; Juv B: 1:31.00; Juv A: 1:26.00; ABS: 1:24.00					

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
Absolutos					
1.	Afonso Guilherme Rosa 50m: 27.56 100m: 59.05	99	Torres Novas	59.05	552
2.	Jose Henriques Luz 50m: 28.54 100m: 59.76	99	Torres Novas	59.76	532
3.	Bernardo Jose Dionisio 50m: 28.59 100m: 1:00.81	99	Gualdim Pais	1:00.81	505
4.	Artur Rafael Saramago 50m: 28.39 100m: 1:01.95	97	BUZIOS-Coruche	1:01.95	478
5.	Rui Jorge Lopes 50m: 30.14 100m: 1:03.60	00	CLAC-Entroncamento	1:03.60	441
6.	Goncalo Catarino Dias 50m: 29.66 100m: 1:04.62	00	Rio Maior	1:04.62	421
7.	Ruben Alexandre Carvalho 50m: 30.26 100m: 1:05.67	98	Cartaxo	1:05.67	401
8.	Jose Nuno Sousa 50m: 33.00 100m: 1:09.98	99	CLAC-Entroncamento	1:09.98	331
9.	Joao Afonso Goncalves 50m: 33.54 100m: 1:13.79	00	CLAC-Entroncamento	1:13.79	282
10.	David Antonio Carvalho 50m: 33.82 100m: 1:14.10	99	Natacao do Tejo	1:14.10	279
11.	Diogo Daniel Simoes 50m: 34.57 100m: 1:18.30	99	Rio Maior	1:18.30	236
12.	David Jose Carpinteiro 50m: 35.04 100m: 1:19.08	00	Natacao do Tejo	1:19.08	229
13.	Antonio Joao Pestana 50m: 36.51 100m: 1:22.42	00	CLAC-Entroncamento	1:22.42	203
14.	Eliseu Manuel Tavares 50m: 37.32 100m: 1:22.95	99	Uniao Samorense	1:22.95	199
15.	Bruno Miguel Nunes <i>FTL</i> 50m: 39.16 100m: 1:26.51	99	BUZIOS-Coruche	1:26.51	175
DNS	Pedro Pereira Lopes	99	BUZIOS-Coruche		
DNS	Hugo Miguel Nunes	90	Natacao do Tejo		

Prova 6, Masc., 100m Mariposa

Juvenis-A

1.	Joao Jose Calado	01	Torres Novas	1:01.71	483
	50m: 28.65 100m: 1:01.71				
2.	Joao Miguel Marques	01	20Km de Almeirim	1:03.73	439
	50m: 29.93 100m: 1:03.73				
3.	Ricardo Luis Leal	01	CLAC-Entroncamento	1:04.02	433
	50m: 29.64 100m: 1:04.02				
4.	Joao Antonio Simoes	01	Torres Novas	1:04.86	416
	50m: 30.04 100m: 1:04.86				
5.	Diogo Franco Martins	01	20Km de Almeirim	1:06.26	390
	50m: 30.80 100m: 1:06.26				
6.	Tomas Meliciano Cabeleira	01	CLAC-Entroncamento	1:08.60	352
	50m: 30.73 100m: 1:08.60				
7.	Diogo Filipe Carapinha	01	Torres Novas	1:12.45	298
	50m: 33.11 100m: 1:12.45				
8.	Joao Francisco Fortunato	01	CLAC-Entroncamento	1:17.21	246
	50m: 33.55 100m: 1:17.21				
9.	Hugo Alexandre Sagradas	01	Natacao do Tejo	1:21.29	211
	50m: 37.67 100m: 1:21.29				
10.	Manuel Jorge Franco	01	Cartaxo	1:23.63	194
	50m: 37.06 100m: 1:23.63				
DNS	Manuel Tomas Andrade	01	20Km de Almeirim		
DNS	Marcio Lima Silva	01	Natacao do Tejo		

Juvenis-B

1.	Bernardo Jorge Simoes	02	Torres Novas	1:01.66	484
	50m: 29.72 100m: 1:01.66				
2.	Francisco Costa Nunes	02	Salvaterra de Magos	1:02.34	469
	50m: 28.48 100m: 1:02.34				
3.	Miguel Santos Casaca	02	Salvaterra de Magos	1:07.58	368
	50m: 31.78 100m: 1:07.58				
4.	Joao Afonso Pacau	02	Gualdim Pais	1:08.83	348
	50m: 32.06 100m: 1:08.83				
5.	Francisco Manuel Mendonca	02	Uniao Samorense	1:09.78	334
	50m: 32.06 100m: 1:09.78				
6.	Daniel Marques Filipe	02	Nautico Abrantes	1:11.08	316
	50m: 32.50 100m: 1:11.08				
7.	Daniel Mocanu	02	Uniao Samorense	1:14.51	274
	50m: 33.97 100m: 1:14.51				
8.	Joao Andre Serafim	02	Salvaterra de Magos	1:23.34	196
	50m: 37.46 100m: 1:23.34				
9.	Daniel Francisco Carvalho	02	Natacao do Tejo	1:25.82	179
	50m: 39.23 100m: 1:25.82				
10.	Tiago Joao Vital	02	Natacao do Tejo	1:27.22	171
	50m: 40.31 100m: 1:27.22				
11.	Joao Ricardo Bernardes	02	Rio Maior	1:27.86	167
	50m: 38.62 100m: 1:27.86				

Prova 6, Masc., 100m Mariposa, Juvenis-B

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
DSQ	Andriy Dyakiv <i>SW 4.4 - Falsa partida</i>	02	Uniao Samoreense		
DNS	Alexandre Manuel Jesus	02	Uniao Samoreense		

Infantis-A

1.	Paulo Vakulyuk 50m: 29.86 100m: 1:03.45	03	Torres Novas	1:03.45	444
2.	Luis Afonso Lopes 50m: 31.44 100m: 1:06.82	03	Viver Santarem	1:06.82	380
3.	Rui Chagas Alves 50m: 30.96 100m: 1:07.24	03	Viver Santarem	1:07.24	373
4.	Goncalo Magalhaes Cristovao 50m: 32.42 100m: 1:10.39	03	20Km de Almeirim	1:10.39	325
5.	Tomas Miguel Felicio 50m: 33.28 100m: 1:12.05	03	Rio Maior	1:12.05	303
6.	Ruben Filipe Carreira 50m: 32.91 100m: 1:12.35	03	Rio Maior	1:12.35	300
7.	Tiago Miguel Jorge 50m: 33.48 100m: 1:12.84	03	Rio Maior	1:12.84	294
8.	Guilherme Pereira Coutinho 50m: 34.47 100m: 1:13.21	03	Viver Santarem	1:13.21	289
9.	Diogo Bernardo Tome 50m: 34.42 100m: 1:14.23	03	Salvaterra de Magos	1:14.23	277
10.	Afonso Miguel Silva 50m: 34.26 100m: 1:14.45	03	Viver Santarem	1:14.45	275
11.	Joao Vasco Canadas 50m: 35.70 100m: 1:15.29	03	Rio Maior	1:15.29	266
12.	Erik Norbert Vass 50m: 35.68 100m: 1:18.34	03	Rio Maior	1:18.34	236
13.	Guilherme Marques Mendes 50m: 34.45 100m: 1:19.16	03	Torres Novas	1:19.16	229
14.	Miguel Monsanto Cotrim 50m: 37.22 100m: 1:19.98	03	Viver Santarem	1:19.98	222
15.	Duarte Filipe Silva 50m: 37.54 100m: 1:20.35	03	BUZIOS-Coruche	1:20.35	219
16.	Rodrigo Rosa Rodrigues 50m: 35.63 100m: 1:20.94	03	Rio Maior	1:20.94	214
17.	Henrique Antonio Martins 50m: 37.24 100m: 1:21.88	03	Natacao do Tejo	1:21.88	207
18.	Ricardo Rafael Pereira 50m: 36.86 100m: 1:21.91	03	Juventude Ouriense	1:21.91	206
19.	Hugo Miguel Leitao 50m: 37.26 100m: 1:23.76	03	Natacao do Tejo	1:23.76	193
20.	Jose Oliveira Cordeiro 50m: 38.09 100m: 1:25.68	03	Salvaterra de Magos	1:25.68	180
21.	Pedro Maria Santana 50m: 37.78 100m: 1:25.85	03	Torres Novas	1:25.85	179

Prova 6, Masc., 100m Mariposa, Infantis-A

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
22.	Duarte Miguel Costa 50m: 42.66 100m: 1:29.94	03	Torres Novas	1:29.94	156
23.	Diogo Miguel Matreno 50m: 42.64 100m: 1:34.26	03	Torres Novas	1:34.26	135
24.	Manuel Luis Oliveira <i>FTL</i> 50m: 43.62 100m: 1:37.15	03	Natacao do Tejo	1:37.15	123
25.	Goncalo David Carvalho <i>FTL</i> 50m: 43.42 100m: 1:44.19	03	Cartaxo	1:44.19	100

Infantis-B

1.	Duarte Rodrigues Ximenes 50m: 32.79 100m: 1:10.82	04	Salvaterra de Magos	1:10.82	319
2.	Martim Henriques Carvalho 50m: 36.74 100m: 1:17.08	04	Rio Maior	1:17.08	248
3.	Pedro Nuno Oliveira 50m: 35.68 100m: 1:19.72	04	Torres Novas	1:19.72	224
4.	Miguel Filipe Nunes 50m: 35.70 100m: 1:20.07	04	Cartaxo	1:20.07	221
5.	Rodrigo Cardoso Fernandes 50m: 37.16 100m: 1:22.59	04	Cartaxo	1:22.59	201
6.	Tiago Charrua Gago 50m: 36.84 100m: 1:23.65	04	Rio Maior	1:23.65	194
7.	Andre Sousa Oliveira 50m: 38.30 100m: 1:23.94	04	Juventude Ouriense	1:23.94	192
8.	Andre Jesus Gaspar 50m: 40.82 100m: 1:26.89	04	Gualdim Pais	1:26.89	173
9.	Miguel Alexandre Martins 50m: 41.25 100m: 1:27.84	04	BUZIOS-Coruche	1:27.84	167
10.	Tiago Miguel Mourato 50m: 41.69 100m: 1:30.79	04	Torres Novas	1:30.79	151
11.	Jose Miguel Monteiro 50m: 42.00 100m: 1:32.57	04	Gualdim Pais	1:32.57	143
12.	Rui Osvaldo Rocha 50m: 43.07 100m: 1:33.85	04	Juventude Ouriense	1:33.85	137
13.	Ivo Rafael Serra 50m: 43.48 100m: 1:34.29	04	CLAC-Entroncamento	1:34.29	135
14.	Alexandre Marques Pereira 50m: 42.41 100m: 1:36.06	04	Salvaterra de Magos	1:36.06	128
15.	Goncalo Maria Mendonca 50m: 45.48 100m: 1:37.45	04	Viver Santarem	1:37.45	122
16.	Vasco Peixoto Oliveira 50m: 44.95 100m: 1:38.70	04	Nautico Abrantes	1:38.70	118
17.	Joao Marques Ferreira <i>FTL</i> 50m: 49.64 100m: 1:45.86	04	Viver Santarem	1:45.86	95

Prova 6, Masc., 100m Mariposa, Infantis-B

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
18.	Bernardo Guerra Inacio <i>FTL</i>	04	Juventude Ouriense	1:46.94	92
	50m: 47.68 100m: 1:46.94				
19.	Francisco Louro Tiago <i>FTL</i>	04	CLAC-Entroncamento	1:47.58	91
	50m: 48.12 100m: 1:47.58				
20.	Nuno Miguel Bento <i>FTL</i>	04	Uniao Samorense	1:52.51	79
	50m: 49.08 100m: 1:52.51				

Prova 7	Femin., 100m Costas				Absoluto
07-05-2017 - 10:00					Resultados
Recorde Distrital ANDS Absoluto	1:05.39	Mariana Veloso Vitória	CNAB	Tomar	24-11-2012
Recorde Distrital ANDS Inf B	1:14.07	Inês Ferreira Duarte	CNAB	Torres Novas	11-05-2013
Recorde Distrital ANDS Inf A	1:10.28	Mariana Veloso Vitoria	CNAB	Almeirim	26-06-2011
Recorde Distrital ANDS Juv B	1:06.64	Mariana Veloso Vitoria	CNAB	Abrantes	14-04-2012
Recorde Distrital ANDS Juv A	1:08.37	Ines Ferreira Duarte	SANDS	Abrantes	20-02-2016
Recorde Distrital ANDS Jun	1:05.39	Mariana Veloso Vitoria	CNAB	Tomar	24-11-2012
Recorde Distrital ANDS Sen	1:06.03	Maria Madalena Silva	CNAB	Tomar	15-11-2015

Inf B: 1:38.50; Inf A: 1:33.50; Juv B: 1:27.50; Juv A: 1:26.10; ABS: 1:25.00

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
Absolutos					
1.	Ines Ferreira Duarte	01	Torres Novas	1:09.70	492
	50m: 34.14 100m: 1:09.70				
2.	Carolina Marques Neves	01	Torres Novas	1:10.68	471
	50m: 34.59 100m: 1:10.68				
3.	Marta Sousa Oliveira	01	Torres Novas	1:12.15	443
	50m: 34.72 100m: 1:12.15				
4.	Rita Sousa Oliveira	01	Torres Novas	1:12.89	430
	50m: 35.26 100m: 1:12.89				
5.	Ana Catarina Santos	00	Uniao Samorense	1:14.45	403
	50m: 36.51 100m: 1:14.45				
6.	Mafalda Gilberto Marques	01	Natacao do Tejo	1:20.50	319
	50m: 39.28 100m: 1:20.50				
7.	Maria Beatriz Leal	99	Rio Maior	1:23.78	283
	50m: 40.68 100m: 1:23.78				
Juvenis-A					
1.	Ana Beatriz Rodrigues	02	Rio Maior	1:11.98	446
	50m: 35.23 100m: 1:11.98				
2.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	1:14.69	399
	50m: 36.26 100m: 1:14.69				
3.	Catia Iordan Agostinho	02	Rio Maior	1:14.76	398
	50m: 36.10 100m: 1:14.76				
4.	Carolina Guerra Pisco	02	20Km de Almeirim	1:16.62	370
	50m: 37.52 100m: 1:16.62				
5.	Carolina Lopes Vieira	02	Gualdim Pais	1:17.26	361
	50m: 37.76 100m: 1:17.26				
6.	Filipa Cardigo Fitas	02	20Km de Almeirim	1:17.70	355
	50m: 37.76 100m: 1:17.70				
7.	Ines Ribeiro Novo	02	Torres Novas	1:17.89	352
	50m: 40.03 100m: 1:17.89				
8.	Ana Rita Morais	02	Torres Novas	1:19.51	331
	50m: 38.53 100m: 1:19.51				
9.	Beatriz Catarino Moura	02	Nautico Abrantes	1:20.30	321
	50m: 39.36 100m: 1:20.30				
10.	Ines Cambe Cunha	02	Torres Novas	1:22.08	301
	50m: 39.30 100m: 1:22.08				
11.	Jessica Andreia Antonio	02	CLAC-Entroncamento	1:22.40	297
	50m: 38.82 100m: 1:22.40				

Prova 7, Femin., 100m Costas, Juvenis-A

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
12.	Marta Chambel Dias 50m: 41.41 100m: 1:25.51	02	CLAC-Entroncamento	1:25.51	266
13.	Diana Sofia Vital <i>FTL</i> 50m: 47.08 100m: 1:35.51	02	Torres Novas	1:35.51	191

Juvenis-B

1.	Ines Asseiceira Ramos 50m: 33.51 100m: 1:09.16	03	Torres Novas	1:09.16	503
2.	Lea Alexandra Mendes 50m: 34.10 100m: 1:11.48	03	Gualdim Pais	1:11.48	456
3.	Mafalda Magalhaes Costa 50m: 37.10 100m: 1:16.80	03	Gualdim Pais	1:16.80	367
4.	Secile Liu Wang 50m: 37.61 100m: 1:18.82	03	Uniao Samorense	1:18.82	340
5.	Ines Marques Garcia 50m: 38.73 100m: 1:19.76	03	Nautico Abrantes	1:19.76	328
6.	Maria Ines Paveia 50m: 39.41 100m: 1:20.66	03	20Km de Almeirim	1:20.66	317
7.	Constanca Basilio Gil 50m: 40.23 100m: 1:22.39	03	CLAC-Entroncamento	1:22.39	297
8.	Matilde Basilio Gil 50m: 39.95 100m: 1:22.77	03	CLAC-Entroncamento	1:22.77	293
9.	Catarina Filipa Silva 50m: 41.57 100m: 1:24.61	03	Natacao do Tejo	1:24.61	275
10.	Ana Patricia Oliveira 50m: 41.72 100m: 1:24.65	03	20Km de Almeirim	1:24.65	274
11.	Maria Gabriela Carrapo 50m: 40.92 100m: 1:26.67	03	BUZIOS-Coruche	1:26.67	255
12.	Maria Laura Brotas <i>FTL</i> 50m: 42.49 100m: 1:28.34	03	BUZIOS-Coruche	1:28.34	241
	Joana Cardoso Costa <i>FTL</i> 50m: 43.53 100m: 1:28.34	03	Cartaxo	1:28.34	241
14.	Patricia Nogueira Silva <i>FTL</i> 50m: 44.13 100m: 1:30.79	03	Cartaxo	1:30.79	222
15.	Margarida Isabel Claro <i>FTL</i> 50m: 50.50 100m: 1:43.91	03	BUZIOS-Coruche	1:43.91	148
DNS	Beatriz Moreira Carvalho	03	Rio Maior		

Prova 7, Femin., 100m Costas

Infantis-A

1.	Carina Alexandra Alves	04	Rio Maior	1:12.40	439
	50m: 34.90 100m: 1:12.40				
2.	Beatriz Staiger Bento	04	20Km de Almeirim	1:15.51	387
	50m: 37.13 100m: 1:15.51				
3.	Ana Beatriz Pereira	04	Salvaterra de Magos	1:15.52	386
	50m: 36.22 100m: 1:15.52				
4.	Raquel Canelas Louro	04	Viver Santarem	1:19.69	329
	50m: 39.57 100m: 1:19.69				
5.	Joana Margarida Sousa	04	20Km de Almeirim	1:22.26	299
	50m: 40.20 100m: 1:22.26				
6.	Matilde Isabel Macharreu	04	BUZIOS-Coruche	1:23.45	286
	50m: 39.32 100m: 1:23.45				
7.	Rita Carrico Cruz	04	Viver Santarem	1:23.96	281
	50m: 40.35 100m: 1:23.96				
8.	Patricia Pinheiro Costa	04	Salvaterra de Magos	1:24.00	281
	50m: 40.43 100m: 1:24.00				
9.	Margarida Mateus Morais	04	Torres Novas	1:24.74	273
	50m: 41.28 100m: 1:24.74				
10.	Gabriela Graco Duarte	04	20Km de Almeirim	1:24.94	271
	50m: 42.00 100m: 1:24.94				
11.	Joana Fernandes Vicente	04	Torres Novas	1:26.78	254
	50m: 44.02 100m: 1:26.78				
12.	Beatriz Maria Freixeiro	04	Rio Maior	1:27.08	252
	50m: 42.82 100m: 1:27.08				
13.	Leonor Maria Mira	04	BUZIOS-Coruche	1:30.06	228
	50m: 43.14 100m: 1:30.06				
14.	Beatriz Roldao Fontes	04	Nautico Abrantes	1:31.37	218
	50m: 42.47 100m: 1:31.37				
15.	Maria Ines Dias	04	Rio Maior	1:39.67	168
	<i>FTL</i>				
	50m: 49.02 100m: 1:39.67				

Infantis-B

1.	Beatriz Grave Reis	05	Rio Maior	1:17.87	352
	50m: 37.54 100m: 1:17.87				
2.	Maria Madalena Bento	05	BUZIOS-Coruche	1:18.32	346
	50m: 38.30 100m: 1:18.32				
3.	Catarina Isabel Carlota	05	BUZIOS-Coruche	1:20.23	322
	50m: 39.13 100m: 1:20.23				
4.	Ariana Espirito Louro	05	Gualdim Pais	1:22.46	297
	50m: 40.05 100m: 1:22.46				
5.	Lea Liu Wang	05	Uniao Samorense	1:24.82	273
	50m: 41.13 100m: 1:24.82				
6.	Beatriz Gaspar Nobre	05	Gualdim Pais	1:27.54	248
	50m: 41.76 100m: 1:27.54				
7.	Ines Filipa Cotovio	05	Salvaterra de Magos	1:28.09	243
	50m: 42.94 100m: 1:28.09				

Prova 7, Femin., 100m Costas, Infantis-B

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
8.	Soraia Ferreira Mendes 50m: 42.51 100m: 1:28.86	05	Torres Novas	1:28.86	237
9.	Matilde Cardoso Pereira 50m: 43.86 100m: 1:29.36	05	Torres Novas	1:29.36	233
10.	Margarida Claudino Nicolau 50m: 43.67 100m: 1:32.07	05	Torres Novas	1:32.07	213
11.	Joana Silva Antunes 50m: 45.31 100m: 1:34.13	05	CLAC-Entroncamento	1:34.13	199
12.	Matilde Paulos Branco 50m: 46.54 100m: 1:34.89	05	BUZIOS-Coruche	1:34.89	195
DSQ	Vania Alves Farinha <i>SW 6.4 - O (a) atleta não efectua a viragem dos 50 metros após terminar o movimento contínuo de braços</i>	05	Nautico Abrantes		
DNS	Carolina Manuela Guia	05	Viver Santarem		
EXH	Beatriz Santos Reis 50m: 37.38 100m: 1:18.66	01	Torres Novas	1:18.66	342

Prova 8	Masc., 100m Bruços				Absoluto
07-05-2017 - 10:25					Resultados
Recorde Distrital ANDS Absoluto	1:06.40	Andre Filipe Mendes	CNAB	Mealhada	15-12-2012
Recorde Distrital ANDS Inf B	1:13.64	Joao Diogo Lopes	VS	Campo Maior	29-03-2014
Recorde Distrital ANDS Inf A	1:08.46	Francisco Costa Nunes	CCDSM	Tomar	19-03-2016
Recorde Distrital ANDS Juv B	1:07.41	Francisco Costa Nunes	SANDS	Abrantes	04-03-2017
Recorde Distrital ANDS Juv A	1:07.52	André Jorge Vieira	CNTN	Tomar	10-05-2003
Recorde Distrital ANDS Jun	1:07.48	Fabio Miguel Samouco	CNTN	Mealhada	15-12-2012
Recorde Distrital ANDS Jun	1:07.48	Miguel Gonçalves Frade	CNTN	Abrantes	26-11-2016
Recorde Distrital ANDS Sen	1:06.40	Andre Filipe Mendes	CNAB	Mealhada	15-12-2012
Inf B: 1:43.50; Inf A: 1:39.50; Juv B: 1:32.50; Juv A: 1:28.50; ABS: 1:26.50					

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
Absolutos					
1.	Bernardo Jose Dionisio	99	Gualdim Pais	1:08.55	533
	50m: 32.46 100m: 1:08.55				
2.	Artur Rafael Saramago	97	BUZIOS-Coruche	1:11.68	466
	50m: 33.72 100m: 1:11.68				
3.	Jose Henriques Luz	99	Torres Novas	1:11.76	465
	50m: 34.53 100m: 1:11.76				
4.	Afonso Guilherme Rosa	99	Torres Novas	1:12.18	457
	50m: 34.39 100m: 1:12.18				
5.	Goncalo Catarino Dias	00	Rio Maior	1:13.31	436
	50m: 34.56 100m: 1:13.31				
6.	Rui Jorge Lopes	00	CLAC-Entroncamento	1:14.78	411
	50m: 35.30 100m: 1:14.78				
7.	Ruben Alexandre Carvalho	98	Cartaxo	1:17.82	364
	50m: 36.30 100m: 1:17.82				
8.	Joao Afonso Goncalves	00	CLAC-Entroncamento	1:20.82	325
	50m: 37.73 100m: 1:20.82				
9.	Bruno Miguel Nunes	99	BUZIOS-Coruche	1:25.38	276
	50m: 41.06 100m: 1:25.38				
10.	Jose Nuno Sousa	99	CLAC-Entroncamento	1:26.10	269
	50m: 40.45 100m: 1:26.10				
11.	Diogo Daniel Simoes	99	Rio Maior	1:26.52	265
	<i>FTL</i>				
	50m: 40.15 100m: 1:26.52				
12.	Eliseu Manuel Tavares	99	Uniao Samorense	1:26.89	262
	<i>FTL</i>				
	50m: 40.30 100m: 1:26.89				
13.	David Jose Carpinteiro	00	Natacao do Tejo	1:28.05	251
	<i>FTL</i>				
	50m: 41.59 100m: 1:28.05				
14.	Antonio Joao Pestana	00	CLAC-Entroncamento	1:28.62	247
	<i>FTL</i>				
	50m: 41.13 100m: 1:28.62				
15.	David Antonio Carvalho	99	Natacao do Tejo	1:29.45	240
	<i>FTL</i>				
	50m: 42.42 100m: 1:29.45				
DNS	Pedro Pereira Lopes	99	BUZIOS-Coruche		
DNS	Hugo Miguel Nunes	90	Natacao do Tejo		

Prova 8, Masc., 100m Bruços

Juvenis-A

1.	Joao Antonio Simoes	01	Torres Novas	1:14.80	410
	50m: 34.74 100m: 1:14.80				
2.	Joao Miguel Marques	01	20Km de Almeirim	1:17.18	374
	50m: 37.04 100m: 1:17.18				
3.	Joao Jose Calado	01	Torres Novas	1:17.42	370
	50m: 36.20 100m: 1:17.42				
4.	Ricardo Luis Leal	01	CLAC-Entroncamento	1:18.25	358
	50m: 37.44 100m: 1:18.25				
5.	Tomas Meliciano Cabeleira	01	CLAC-Entroncamento	1:21.60	316
	50m: 38.45 100m: 1:21.60				
6.	Diogo Filipe Carapinha	01	Torres Novas	1:22.54	305
	50m: 39.04 100m: 1:22.54				
7.	Joao Francisco Fortunato	01	CLAC-Entroncamento	1:25.88	271
	50m: 40.56 100m: 1:25.88				
8.	Diogo Franco Martins	01	20Km de Almeirim	1:26.17	268
	50m: 40.85 100m: 1:26.17				
9.	Hugo Alexandre Sagradas	01	Natacao do Tejo	1:29.22	242
	<i>FTL</i>				
	50m: 42.15 100m: 1:29.22				
10.	Manuel Jorge Franco	01	Cartaxo	1:35.07	200
	<i>FTL</i>				
	50m: 44.42 100m: 1:35.07				
DNS	Manuel Tomas Andrade	01	20Km de Almeirim		
DNS	Marcio Lima Silva	01	Natacao do Tejo		

Juvenis-B

1.	Francisco Costa Nunes	02	Salvaterra de Magos	1:09.04	522
	50m: 32.57 100m: 1:09.04				
2.	Bernardo Jorge Simoes	02	Torres Novas	1:14.37	418
	50m: 35.81 100m: 1:14.37				
3.	Miguel Santos Casaca	02	Salvaterra de Magos	1:17.43	370
	50m: 36.50 100m: 1:17.43				
4.	Daniel Marques Filipe	02	Nautico Abrantes	1:22.82	302
	50m: 39.02 100m: 1:22.82				
5.	Francisco Manuel Mendonca	02	Uniao Samorense	1:23.23	298
	50m: 39.00 100m: 1:23.23				
6.	Joao Afonso Pacau	02	Gualdim Pais	1:24.64	283
	50m: 40.36 100m: 1:24.64				
7.	Joao Andre Serafim	02	Salvaterra de Magos	1:26.32	267
	50m: 41.23 100m: 1:26.32				
8.	Daniel Francisco Carvalho	02	Natacao do Tejo	1:27.24	259
	50m: 41.46 100m: 1:27.24				
9.	Tiago Joao Vital	02	Natacao do Tejo	1:29.97	236
	50m: 42.12 100m: 1:29.97				
10.	Joao Ricardo Bernardes	02	Rio Maior	1:34.76	202
	<i>FTL</i>				
	50m: 44.58 100m: 1:34.76				

Prova 8, Masc., 100m Bruços, Juvenis-B

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
11.	Andriy Dyakiv <i>FTL</i>	02	Uniao Samorense	1:34.90	201
	50m: 45.07 100m: 1:34.90				
12.	Daniel Mocanu <i>FTL</i>	02	Uniao Samorense	1:36.89	189
	50m: 46.02 100m: 1:36.89				
DNS	Alexandre Manuel Jesus	02	Uniao Samorense		

Infantis-A

1.	Luis Afonso Lopes	03	Viver Santarem	1:16.07	390
	50m: 35.80 100m: 1:16.07				
2.	Paulo Vakulyuk	03	Torres Novas	1:17.32	372
	50m: 36.86 100m: 1:17.32				
3.	Tomas Miguel Felicio	03	Rio Maior	1:19.99	336
	50m: 37.76 100m: 1:19.99				
4.	Diogo Bernardo Tome	03	Salvaterra de Magos	1:22.23	309
	50m: 38.76 100m: 1:22.23				
5.	Rui Chagas Alves	03	Viver Santarem	1:23.34	297
	50m: 39.92 100m: 1:23.34				
6.	Miguel Monsanto Cotrim	03	Viver Santarem	1:27.88	253
	50m: 41.84 100m: 1:27.88				
7.	Goncalo Magalhaes Cristovao	03	20Km de Almeirim	1:28.23	250
	50m: 41.92 100m: 1:28.23				
8.	Pedro Maria Santana	03	Torres Novas	1:28.36	249
	50m: 41.67 100m: 1:28.36				
9.	Jose Oliveira Cordeiro	03	Salvaterra de Magos	1:29.19	242
	50m: 41.41 100m: 1:29.19				
10.	Rodrigo Rosa Rodrigues	03	Rio Maior	1:29.80	237
	50m: 42.07 100m: 1:29.80				
11.	Erik Norbert Vass	03	Rio Maior	1:30.70	230
	50m: 43.89 100m: 1:30.70				
12.	Guilherme Marques Mendes	03	Torres Novas	1:30.72	230
	50m: 43.47 100m: 1:30.72				
13.	Henrique Antonio Martins	03	Natacao do Tejo	1:31.00	228
	50m: 42.76 100m: 1:31.00				
14.	Ruben Filipe Carreira	03	Rio Maior	1:32.20	219
	50m: 43.58 100m: 1:32.20				
15.	Afonso Miguel Silva	03	Viver Santarem	1:33.92	207
	50m: 43.89 100m: 1:33.92				
16.	Ricardo Rafael Pereira	03	Juventude Ouriense	1:33.95	207
	50m: 44.63 100m: 1:33.95				
17.	Tiago Miguel Jorge	03	Rio Maior	1:34.02	206
	50m: 43.76 100m: 1:34.02				
18.	Joao Vasco Canadas	03	Rio Maior	1:34.78	201
	50m: 46.37 100m: 1:34.78				
19.	Guilherme Pereira Coutinho	03	Viver Santarem	1:36.53	191
	50m: 46.75 100m: 1:36.53				

Prova 8, Masc., 100m Bruços, Infantis-A

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
20.	Manuel Luis Oliveira 50m: 47.24 100m: 1:37.41	03	Natacao do Tejo	1:37.41	186
21.	Hugo Miguel Leitao 50m: 47.32 100m: 1:38.88	03	Natacao do Tejo	1:38.88	177
22.	Duarte Filipe Silva 50m: 48.04 100m: 1:39.19	03	BUZIOS-Coruche	1:39.19	176
23.	Goncalo David Carvalho <i>FTL</i> 50m: 49.02 100m: 1:42.11	03	Cartaxo	1:42.11	161
24.	Duarte Miguel Costa <i>FTL</i> 50m: 48.73 100m: 1:42.26	03	Torres Novas	1:42.26	160
25.	Diogo Miguel Matreno <i>FTL</i> 50m: 49.80 100m: 1:42.81	03	Torres Novas	1:42.81	158

Infantis-B

1.	Pedro Nuno Oliveira 50m: 40.85 100m: 1:26.60	04	Torres Novas	1:26.60	264
2.	Andre Jesus Gaspar 50m: 41.25 100m: 1:28.08	04	Gualdim Pais	1:28.08	251
3.	Duarte Rodrigues Ximenes 50m: 42.06 100m: 1:28.79	04	Salvaterra de Magos	1:28.79	245
4.	Vasco Peixoto Oliveira 50m: 43.60 100m: 1:31.62	04	Nautico Abrantes	1:31.62	223
5.	Miguel Filipe Nunes 50m: 44.65 100m: 1:34.26	04	Cartaxo	1:34.26	205
6.	Martim Henriques Carvalho 50m: 45.15 100m: 1:34.84	04	Rio Maior	1:34.84	201
7.	Alexandre Marques Pereira 50m: 45.02 100m: 1:35.86	04	Salvaterra de Magos	1:35.86	195
8.	Rui Osvaldo Rocha 50m: 45.20 100m: 1:37.10	04	Juventude Ouriense	1:37.10	187
9.	Miguel Alexandre Martins 50m: 47.50 100m: 1:38.06	04	BUZIOS-Coruche	1:38.06	182
10.	Nuno Miguel Bento 50m: 46.45 100m: 1:38.73	04	Uniao Samorense	1:38.73	178
11.	Andre Sousa Oliveira 50m: 47.26 100m: 1:39.02	04	Juventude Ouriense	1:39.02	177
12.	Tiago Charrua Gago 50m: 48.56 100m: 1:41.38	04	Rio Maior	1:41.38	165
13.	Bernardo Guerra Inacio 50m: 47.60 100m: 1:42.20	04	Juventude Ouriense	1:42.20	161
14.	Rodrigo Cardoso Fernandes 50m: 46.98 100m: 1:42.82	04	Cartaxo	1:42.82	158

Prova 8, Masc., 100m Bruços, Infantis-B

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
15.	Goncalo Maria Mendonca <i>FTL</i>	04	Viver Santarem	1:43.61	154
	50m: 49.69 100m: 1:43.61				
16.	Tiago Miguel Mourato <i>FTL</i>	04	Torres Novas	1:44.32	151
	50m: 49.82 100m: 1:44.32				
17.	Jose Miguel Monteiro <i>FTL</i>	04	Gualdim Pais	1:45.48	146
	50m: 50.26 100m: 1:45.48				
18.	Francisco Louro Tiago <i>FTL</i>	04	CLAC-Entroncamento	1:45.51	146
	50m: 49.89 100m: 1:45.51				
19.	Joao Marques Ferreira <i>FTL</i>	04	Viver Santarem	1:46.54	142
	50m: 51.16 100m: 1:46.54				
20.	Ivo Rafael Serra <i>FTL</i>	04	CLAC-Entroncamento	1:48.39	135
	50m: 50.77 100m: 1:48.39				

Prova 9 Femin., 200m Estilos
07-05-2017 - 11:00 Absoluto Resultados

Recorde Distrital ANDS Absoluto	2:22.74	Maria Madalena Silva	CNAB	Felgueiras	21-12-2013
Recorde Distrital ANDS Inf B	2:39.45	Mariana Veloso Vitoria	CNAB	Coruche	09-05-2010
Recorde Distrital ANDS Inf A	2:31.59	Joana Filipa Vilhena	CNLA	Entroncamento	19-06-2005
Recorde Distrital ANDS Juv B	2:26.86	Mariana Veloso Vitoria	SANDS	Abrantes	14-04-2012
Recorde Distrital ANDS Juv A	2:27.45	Catia Iordan Agostinho	SANDS	Abrantes	04-03-2017
Recorde Distrital ANDS Jun	2:22.74	Maria Madalena Silva	CNAB	Felgueiras	21-12-2013
Recorde Distrital ANDS Sen	2:23.05	Maria Madalena Silva	CNAB	Porto	12-12-2015

Inf B: 3:34.00; Inf A: 3:20.00; Juv B: 3:10.50; Juv A: 3:08.50; ABS: 3:07.00

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
Absolutos					
1.	Carolina Marques Neves	01	Torres Novas	2:28.26	555
	50m: 31.89 200m: 2:28.26				
2.	Ines Ferreira Duarte	01	Torres Novas	2:38.16	457
	50m: 33.24 200m: 2:38.16				
3.	Rita Sousa Oliveira	01	Torres Novas	2:38.91	450
	50m: 34.47 200m: 2:38.91				
4.	Mafalda Gilberto Marques	01	Natacao do Tejo	2:39.08	449
	50m: 34.67 200m: 2:39.08				
5.	Marta Sousa Oliveira	01	Torres Novas	2:40.32	439
	50m: 34.23 200m: 2:40.32				
6.	Ana Catarina Santos	00	Uniao Samorense	2:46.00	395
	50m: 35.73 200m: 2:46.00				
7.	Maria Beatriz Leal	99	Rio Maior	2:51.00	361
	50m: 38.28 200m: 2:51.00				
Juvenis-A					
1.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	2:32.69	508
	50m: 32.97 200m: 2:32.69				
2.	Catia Iordan Agostinho	02	Rio Maior	2:35.76	478
	50m: 34.48 200m: 2:35.76				
3.	Carolina Lopes Vieira	02	Gualdim Pais	2:41.97	425
	50m: 35.16 200m: 2:41.97				
4.	Ana Beatriz Rodrigues	02	Rio Maior	2:42.11	424
	50m: 34.85 200m: 2:42.11				
5.	Filipa Cardigo Fitas	02	20Km de Almeirim	2:44.81	404
	50m: 34.52 200m: 2:44.81				
6.	Carolina Guerra Pisco	02	20Km de Almeirim	2:46.57	391
	50m: 37.86 200m: 2:46.57				
7.	Ines Cambe Cunha	02	Torres Novas	2:48.13	380
	50m: 35.00 200m: 2:48.13				
8.	Beatriz Catarino Moura	02	Nautico Abrantes	2:48.33	379
	50m: 38.48 200m: 2:48.33				
9.	Ana Rita Morais	02	Torres Novas	2:49.76	369
	50m: 37.08 200m: 2:49.76				
10.	Marta Chambel Dias	02	CLAC-Entroncamento	2:52.92	349
	50m: 36.86 200m: 2:52.92				
11.	Ines Ribeiro Novo	02	Torres Novas	2:54.49	340
	50m: 37.43 200m: 2:54.49				

Prova 9, Femin., 200m Estilos, Juvenis-A

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
12.	Jessica Andreia Antonio 50m: 38.82 200m: 3:04.26	02	CLAC-Entroncamento	3:04.26	289
13.	Diana Sofia Vital <i>FTL</i> 50m: 41.29 200m: 3:13.16	02	Torres Novas	3:13.16	251

Juvenis-B

1.	Ines Asseiceira Ramos 50m: 34.48 200m: 2:32.48	03	Torres Novas	2:32.48	510
2.	Lea Alexandra Mendes 50m: 33.80 200m: 2:39.16	03	Gualdim Pais	2:39.16	448
3.	Ana Patricia Oliveira 50m: 35.13 200m: 2:46.89	03	20Km de Almeirim	2:46.89	389
4.	Secile Liu Wang 50m: 34.08 200m: 2:47.51	03	Uniao Samorense	2:47.51	385
5.	Mafalda Magalhaes Costa 50m: 36.27 200m: 2:50.07	03	Gualdim Pais	2:50.07	367
6.	Ines Marques Garcia 50m: 38.64 200m: 2:51.06	03	Nautico Abrantes	2:51.06	361
7.	Maria Ines Paveia 50m: 42.16 200m: 2:53.32	03	20Km de Almeirim	2:53.32	347
8.	Matilde Basilio Gil 50m: 37.69 200m: 2:54.68	03	CLAC-Entroncamento	2:54.68	339
9.	Constanca Basilio Gil 50m: 40.18 200m: 2:55.06	03	CLAC-Entroncamento	2:55.06	337
10.	Joana Cardoso Costa 50m: 41.75 200m: 3:04.71	03	Cartaxo	3:04.71	287
11.	Catarina Filipa Silva 50m: 44.82 200m: 3:07.52	03	Natacao do Tejo	3:07.52	274
12.	Maria Gabriela Carrapo 50m: 43.35 200m: 3:10.01	03	BUZIOS-Coruche	3:10.01	263
13.	Patricia Nogueira Silva <i>FTL</i> 50m: 49.09 200m: 3:17.09	03	Cartaxo	3:17.09	236
14.	Maria Laura Brotas <i>FTL</i> 50m: 47.58 200m: 3:17.52	03	BUZIOS-Coruche	3:17.52	234
15.	Margarida Isabel Claro <i>FTL</i> 50m: 52.54 200m: 3:43.16	03	BUZIOS-Coruche	3:43.16	162
DNS	Beatriz Moreira Carvalho	03	Rio Maior		

Prova 9, Femin., 200m Estilos

Infantis-A

1.	Carina Alexandra Alves	04	Rio Maior	2:42.41	422
	50m: 36.78 200m: 2:42.41				
2.	Beatriz Staiger Bento	04	20Km de Almeirim	2:43.57	413
	50m: 34.86 200m: 2:43.57				
3.	Ana Beatriz Pereira	04	Salvaterra de Magos	2:45.91	396
	50m: 34.35 200m: 2:45.91				
4.	Rita Carrico Cruz	04	Viver Santarem	2:49.23	373
	50m: 36.73 200m: 2:49.23				
5.	Matilde Isabel Macharreu	04	BUZIOS-Coruche	2:52.57	352
	50m: 38.70 200m: 2:52.57				
6.	Margarida Mateus Morais	04	Torres Novas	2:53.87	344
	50m: 39.50 200m: 2:53.87				
7.	Raquel Canelas Louro	04	Viver Santarem	2:55.02	337
	50m: 39.95 200m: 2:55.02				
8.	Joana Margarida Sousa	04	20Km de Almeirim	2:57.36	324
	50m: 40.23 200m: 2:57.36				
9.	Patricia Pinheiro Costa	04	Salvaterra de Magos	3:00.75	306
	50m: 40.98 200m: 3:00.75				
10.	Gabriela Graco Duarte	04	20Km de Almeirim	3:01.84	300
	50m: 43.89 200m: 3:01.84				
11.	Joana Fernandes Vicente	04	Torres Novas	3:06.32	279
	50m: 40.73 200m: 3:06.32				
12.	Leonor Maria Mira	04	BUZIOS-Coruche	3:10.38	262
	50m: 45.81 200m: 3:10.38				
13.	Beatriz Maria Freixeiro	04	Rio Maior	3:10.43	262
	50m: 45.81 200m: 3:10.43				
14.	Beatriz Roldao Fontes	04	Nautico Abrantes	3:20.85	223
	<i>FTL</i> 50m: 45.62 200m: 3:20.85				
15.	Maria Ines Dias	04	Rio Maior	3:22.51	217
	<i>FTL</i> 50m: 47.95 200m: 3:22.51				

Infantis-B

1.	Beatriz Grave Reis	05	Rio Maior	2:47.84	382
	50m: 35.79 200m: 2:47.84				
2.	Maria Madalena Bento	05	BUZIOS-Coruche	2:49.32	372
	50m: 36.51 200m: 2:49.32				
3.	Catarina Isabel Carlota	05	BUZIOS-Coruche	2:54.20	342
	50m: 42.06 200m: 2:54.20				
4.	Ariana Espirito Louro	05	Gualdim Pais	2:58.26	319
	50m: 40.76 200m: 2:58.26				
5.	Matilde Cardoso Pereira	05	Torres Novas	2:58.70	317
	50m: 41.26 200m: 2:58.70				
6.	Lea Liu Wang	05	Uniao Samorense	3:07.48	274
	50m: 41.32 200m: 3:07.48				

Prova 9, Femin., 200m Estilos, Infantis-B

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
7.	Margarida Claudino Nicolau 50m: 44.92 200m: 3:13.92	05	Torres Novas	3:13.92	248
8.	Beatriz Gaspar Nobre 50m: 42.04 200m: 3:15.78	05	Gualdim Pais	3:15.78	241
9.	Ines Filipa Cotovio 50m: 48.04 200m: 3:17.16	05	Salvaterra de Magos	3:17.16	236
10.	Soraia Ferreira Mendes 50m: 44.74 200m: 3:17.72	05	Torres Novas	3:17.72	234
11.	Vania Alves Farinha 50m: 46.23 200m: 3:24.73	05	Nautico Abrantes	3:24.73	210
12.	Matilde Paulos Branco 50m: 47.72 200m: 3:25.16	05	BUZIOS-Coruche	3:25.16	209
13.	Joana Silva Antunes 50m: 48.06 200m: 3:28.98	05	CLAC-Entroncamento	3:28.98	198
DNS	Carolina Manuela Guia	05	Viver Santarem		

Prova 10	Masc., 100m Livres					Absoluto
07-05-2017 - 11:40						Resultados
Recorde Distrital ANDS Absoluto	51.49	Frederico Sucena Riachos	NSCG	Porto		11-12-2015
Recorde Distrital ANDS Inf B	58.15	Joao Diogo Lopes	VS	Coruche		16-03-2014
Recorde Distrital ANDS Inf A	56.70	Bernardo Jorge Simoes	CNTN	Tomar		20-03-2016
Recorde Distrital ANDS Juv B	53.89	Frederico Sucena Riachos	NSCG	Tomar		30-06-2013
Recorde Distrital ANDS Juv A	52.62	Frederico Sucena Riachos	NSCG	Tomar		15-12-2013
Recorde Distrital ANDS Jun	51.49	Frederico Sucena Riachos	NSCG	Porto		11-12-2015
Recorde Distrital ANDS Sen	51.85	Pedro Diogo Oliveira	CNRM	Sines		21-11-2008

Inf B: 1:22.00; Inf A: 1:18.50; Juv B: 1:10.00; Juv A: 1:08.00; ABS: 1:06.00

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
Absolutos					
1.	Jose Henriques Luz	99	Torres Novas	53.81	582
	50m: 26.66 100m: 53.81				
2.	Bernardo Jose Dionisio	99	Gualdim Pais	53.82	582
	50m: 25.80 100m: 53.82				
3.	Afonso Guilherme Rosa	99	Torres Novas	54.94	547
	50m: 26.38 100m: 54.94				
4.	Artur Rafael Saramago	97	BUZIOS-Coruche	55.98	517
	50m: 26.67 100m: 55.98				
5.	Rui Jorge Lopes	00	CLAC-Entroncamento	56.29	508
	50m: 26.60 100m: 56.29				
6.	Ruben Alexandre Carvalho	98	Cartaxo	57.56	475
	50m: 27.56 100m: 57.56				
7.	Goncalo Catarino Dias	00	Rio Maior	58.92	443
	50m: 27.80 100m: 58.92				
8.	Jose Nuno Sousa	99	CLAC-Entroncamento	59.86	423
	50m: 28.86 100m: 59.86				
9.	Joao Afonso Goncalves	00	CLAC-Entroncamento	1:00.14	417
	50m: 29.11 100m: 1:00.14				
10.	Diogo Daniel Simoes	99	Rio Maior	1:02.13	378
	50m: 29.79 100m: 1:02.13				
11.	David Antonio Carvalho	99	Natacao do Tejo	1:02.39	373
	50m: 30.16 100m: 1:02.39				
12.	David Jose Carpinteiro	00	Natacao do Tejo	1:06.70	305
	<i>FTL</i> 50m: 31.60 100m: 1:06.70				
13.	Bruno Miguel Nunes	99	BUZIOS-Coruche	1:06.76	305
	<i>FTL</i> 50m: 30.85 100m: 1:06.76				
14.	Antonio Joao Pestana	00	CLAC-Entroncamento	1:06.88	303
	<i>FTL</i> 50m: 31.69 100m: 1:06.88				
15.	Eliseu Manuel Tavares	99	Uniao Samorense	1:08.02	288
	<i>FTL</i> 50m: 32.04 100m: 1:08.02				
DNS	Pedro Pereira Lopes	99	BUZIOS-Coruche		
DNS	Hugo Miguel Nunes	90	Natacao do Tejo		

Prova 10, Masc., 100m Livres

Juvenis-A

1.	Ricardo Luis Leal	01	CLAC-Entroncamento	55.20	539
	50m: 26.96 100m: 55.20				
2.	Joao Jose Calado	01	Torres Novas	56.54	502
	50m: 27.02 100m: 56.54				
3.	Joao Miguel Marques	01	20Km de Almeirim	56.97	490
	50m: 27.76 100m: 56.97				
4.	Diogo Franco Martins	01	20Km de Almeirim	57.98	465
	50m: 28.10 100m: 57.98				
5.	Joao Antonio Simoes	01	Torres Novas	59.02	441
	50m: 28.57 100m: 59.02				
6.	Hugo Alexandre Sagradas	01	Natacao do Tejo	1:03.28	358
	50m: 29.91 100m: 1:03.28				
7.	Tomas Meliciano Cabeleira	01	CLAC-Entroncamento	1:04.21	342
	50m: 30.96 100m: 1:04.21				
8.	Manuel Jorge Franco	01	Cartaxo	1:05.78	318
	50m: 31.44 100m: 1:05.78				
9.	Diogo Filipe Carapinha	01	Torres Novas	1:06.31	311
	50m: 31.15 100m: 1:06.31				
10.	Joao Francisco Fortunato	01	CLAC-Entroncamento	1:09.29	272
	<i>FTL</i>				
	50m: 32.86 100m: 1:09.29				
DNS	Manuel Tomas Andrade	01	20Km de Almeirim		
DNS	Marcio Lima Silva	01	Natacao do Tejo		

Juvenis-B

1.	Bernardo Jorge Simoes	02	Torres Novas	54.40	563
	50m: 26.70 100m: 54.40				
2.	Francisco Costa Nunes	02	Salvaterra de Magos	56.28	509
	50m: 26.97 100m: 56.28				
3.	Francisco Manuel Mendonca	02	Uniao Samorense	59.08	440
	50m: 28.29 100m: 59.08				
4.	Daniel Marques Filipe	02	Nautico Abrantes	59.50	430
	50m: 28.34 100m: 59.50				
5.	Joao Afonso Pacau	02	Gualdim Pais	59.51	430
	50m: 28.60 100m: 59.51				
6.	Miguel Santos Casaca	02	Salvaterra de Magos	1:02.29	375
	50m: 29.86 100m: 1:02.29				
7.	Daniel Mocanu	02	Uniao Samorense	1:03.64	352
	50m: 30.18 100m: 1:03.64				
8.	Tiago Joao Vital	02	Natacao do Tejo	1:08.48	282
	50m: 32.10 100m: 1:08.48				
9.	Joao Andre Serafim	02	Salvaterra de Magos	1:09.88	265
	50m: 34.17 100m: 1:09.88				
10.	Joao Ricardo Bernardes	02	Rio Maior	1:11.24	251
	<i>FTL</i>				
	50m: 33.57 100m: 1:11.24				

Prova 10, Masc., 100m Livres, Juvenis-B

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
11.	Daniel Francisco Carvalho <i>FTL</i>	02	Natacao do Tejo	1:11.34	249
	50m: 33.28 100m: 1:11.34				
12.	Andriy Dyakiv <i>FTL</i>	02	Uniao Samorense	1:11.45	248
	50m: 34.20 100m: 1:11.45				
DNS	Alexandre Manuel Jesus	02	Uniao Samorense		

Infantis-A

1.	Paulo Vakulyuk	03	Torres Novas	57.22	484
	50m: 27.54 100m: 57.22				
2.	Rui Chagas Alves	03	Viver Santarem	58.62	450
	50m: 28.25 100m: 58.62				
3.	Goncalo Magalhaes Cristovao	03	20Km de Almeirim	59.47	431
	50m: 29.30 100m: 59.47				
4.	Luis Afonso Lopes	03	Viver Santarem	1:01.11	397
	50m: 29.47 100m: 1:01.11				
5.	Afonso Miguel Silva	03	Viver Santarem	1:03.23	359
	50m: 30.42 100m: 1:03.23				
6.	Guilherme Marques Mendes	03	Torres Novas	1:03.34	357
	50m: 30.81 100m: 1:03.34				
7.	Guilherme Pereira Coutinho	03	Viver Santarem	1:03.51	354
	50m: 30.89 100m: 1:03.51				
8.	Diogo Bernardo Tome	03	Salvaterra de Magos	1:03.73	350
	50m: 30.76 100m: 1:03.73				
9.	Joao Vasco Canadas	03	Rio Maior	1:04.32	341
	50m: 31.00 100m: 1:04.32				
10.	Jose Oliveira Cordeiro	03	Salvaterra de Magos	1:04.37	340
	50m: 30.70 100m: 1:04.37				
11.	Tiago Miguel Jorge	03	Rio Maior	1:05.64	320
	50m: 31.20 100m: 1:05.64				
12.	Duarte Filipe Silva	03	BUZIOS-Coruche	1:05.72	319
	50m: 32.08 100m: 1:05.72				
13.	Tomas Miguel Felicio	03	Rio Maior	1:05.98	315
	50m: 31.51 100m: 1:05.98				
14.	Miguel Monsanto Cotrim	03	Viver Santarem	1:06.10	314
	50m: 31.60 100m: 1:06.10				
15.	Ruben Filipe Carreira	03	Rio Maior	1:06.95	302
	50m: 31.51 100m: 1:06.95				
16.	Ricardo Rafael Pereira	03	Juventude Ouriense	1:07.26	298
	50m: 30.57 100m: 1:07.26				
17.	Henrique Antonio Martins	03	Natacao do Tejo	1:07.46	295
	50m: 32.13 100m: 1:07.46				
18.	Erik Norbert Vass	03	Rio Maior	1:07.89	290
	50m: 32.42 100m: 1:07.89				
19.	Rodrigo Rosa Rodrigues	03	Rio Maior	1:08.48	282
	50m: 32.39 100m: 1:08.48				

Prova 10, Masc., 100m Livres, Infantis-A

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
20.	Diogo Miguel Matreno 50m: 33.45 100m: 1:09.77	03	Torres Novas	1:09.77	267
21.	Manuel Luis Oliveira 50m: 33.22 100m: 1:10.06	03	Natacao do Tejo	1:10.06	263
22.	Pedro Maria Santana 50m: 35.16 100m: 1:12.85	03	Torres Novas	1:12.85	234
23.	Hugo Miguel Leitao 50m: 35.42 100m: 1:13.80	03	Natacao do Tejo	1:13.80	225
24.	Goncalo David Carvalho 50m: 35.76 100m: 1:13.93	03	Cartaxo	1:13.93	224
25.	Duarte Miguel Costa 50m: 39.07 100m: 1:17.75	03	Torres Novas	1:17.75	193

Infantis-B

1.	Duarte Rodrigues Ximenes 50m: 31.25 100m: 1:05.07	04	Salvaterra de Magos	1:05.07	329
2.	Tiago Charrua Gago 50m: 31.28 100m: 1:06.24	04	Rio Maior	1:06.24	312
3.	Miguel Filipe Nunes 50m: 31.61 100m: 1:06.80	04	Cartaxo	1:06.80	304
4.	Pedro Nuno Oliveira 50m: 32.75 100m: 1:07.21	04	Torres Novas	1:07.21	298
5.	Martim Henriques Carvalho 50m: 33.08 100m: 1:08.11	04	Rio Maior	1:08.11	287
6.	Miguel Alexandre Martins 50m: 32.70 100m: 1:08.38	04	BUZIOS-Coruche	1:08.38	283
7.	Andre Sousa Oliveira 50m: 33.48 100m: 1:11.10	04	Juventude Ouriense	1:11.10	252
8.	Rodrigo Cardoso Fernandes 50m: 32.71 100m: 1:11.24	04	Cartaxo	1:11.24	251
9.	Andre Jesus Gaspar 50m: 34.60 100m: 1:11.51	04	Gualdim Pais	1:11.51	248
10.	Alexandre Marques Pereira 50m: 35.45 100m: 1:13.26	04	Salvaterra de Magos	1:13.26	230
11.	Vasco Peixoto Oliveira 50m: 34.94 100m: 1:14.09	04	Nautico Abrantes	1:14.09	223
12.	Jose Miguel Monteiro 50m: 36.06 100m: 1:15.18	04	Gualdim Pais	1:15.18	213
13.	Tiago Miguel Mourato 50m: 37.34 100m: 1:15.66	04	Torres Novas	1:15.66	209
14.	Joao Marques Ferreira 50m: 36.76 100m: 1:16.23	04	Viver Santarem	1:16.23	204
15.	Rui Osvaldo Rocha 50m: 36.14 100m: 1:17.48	04	Juventude Ouriense	1:17.48	195
16.	Goncalo Maria Mendonca 50m: 38.26 100m: 1:19.33	04	Viver Santarem	1:19.33	181

Prova 10, Masc., 100m Livres, Infantis-B

Lugar	Nome	Ano	Clube	Tempo final	Pts Fina
17.	Francisco Louro Tiago 50m: 37.99 100m: 1:19.42	04	CLAC-Entroncamento	1:19.42	181
18.	Bernardo Guerra Inacio 50m: 39.23 100m: 1:20.95	04	Juventude Ouriense	1:20.95	171
19.	Ivo Rafael Serra 50m: 39.86 100m: 1:21.73	04	CLAC-Entroncamento	1:21.73	166
20.	Nuno Miguel Bento 50m: 40.11 100m: 1:21.97	04	Uniao Samorense	1:21.97	164
EXH	Miguel Goncalves Frade 50m: 26.73 100m: 55.60	00	Torres Novas	55.60	528