

1 - 1ªSESSÃO

18-03-2017 - 9:30

Prova 1 Absoluto  
18-03-2017 - 9:30 Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Carolina Marques Neves	01	Torres Novas	<b>4:56.52</b>	507	10,00
	100m: 1:12.54 1:12.54	200m: 2:28.86 1:16.32	300m: 3:43.72 1:14.86	400m: 4:56.52 1:12.80		
2.	Rita Sousa Oliveira	01	Torres Novas	<b>5:01.55</b>	482	8,00
	100m: 1:13.69 1:13.69	200m: 2:30.81 1:17.12	300m: 3:47.20 1:16.39	400m: 5:01.55 1:14.35		
3.	Beatriz Staiger Bento	04	20Km de Almeirim	<b>5:08.87</b>	448	7,00
	100m: 1:11.99 1:11.99	200m: 2:32.17 1:20.18	300m: 3:52.93 1:20.76	400m: 5:08.87 1:15.94		
4.	Filipa Cardigo Fitas	02	20Km de Almeirim	<b>5:10.22</b>	442	6,00
	50m: 34.82 34.82	150m: 1:53.48 39.57	250m: 3:12.96 39.62	350m: 4:32.00 39.16		
	100m: 1:13.91 39.09	200m: 2:33.34 39.86	300m: 3:52.84 39.88	400m: 5:10.22 38.22		
5.	Erica Neves Leote	03	Torres Novas	<b>5:14.52</b>	424	5,00
	100m: 1:14.11 1:14.11	200m: 2:34.15 1:20.04	300m: 3:54.82 1:20.67	400m: 5:14.52 1:19.70		
6.	Constanca Basilio Gil	03	CLAC-Entroncamento	<b>5:15.06</b>	422	4,00
	50m: 35.41 35.41	150m: 1:53.95 39.89	250m: 3:15.72 41.30	350m: 4:37.16 40.69		
	100m: 1:14.06 38.65	200m: 2:34.42 40.47	300m: 3:56.47 40.75	400m: 5:15.06 37.90		
7.	Carolina Lopes Vieira	02	Gualdim Pais	<b>5:15.34</b>	421	3,00
	50m: 35.33 35.33	150m: 1:55.54 40.85	250m: 3:17.13 40.71	350m: 4:37.43 39.93		
	100m: 1:14.69 39.36	200m: 2:36.42 40.88	300m: 3:57.50 40.37	400m: 5:15.34 37.91		
8.	Catarina Isabel Carlota	05	BUZIOS-Coruche	<b>5:21.39</b>	398	2,00
	50m: 36.60 36.60	150m: 1:58.14 41.64	250m: 3:21.10 41.91	350m: 4:42.60 40.52		
	100m: 1:16.50 39.90	200m: 2:39.19 41.05	300m: 4:02.08 40.98	400m: 5:21.39 38.79		
9.	Beatriz Maria Freixieiro	04	Rio Maior	<b>5:22.95</b>	392	1,00
	100m: 1:16.89 1:16.89	200m: 2:41.03 1:24.14	300m: 4:04.59 1:23.56	400m: 5:22.95 1:18.36		
10.	Carina Alexandra Alves	04	Rio Maior	<b>5:24.93</b>	385	-
	50m: 35.11 35.11	150m: 1:54.00 40.14	250m: 3:18.61 42.60	350m: 4:44.82 42.97		
	100m: 1:13.86 38.75	200m: 2:36.01 42.01	300m: 4:01.85 43.24	400m: 5:24.93 40.11		
11.	Ines Marques Garcia	03	Nautico Abrantes	<b>5:25.01</b>	385	-
	100m: 1:17.01 1:17.01	200m: 2:40.36 1:23.35	300m: 4:04.10 1:23.74	400m: 5:25.01 1:20.91		
12.	Mafalda Magalhaes Costa	03	Gualdim Pais	<b>5:28.88</b>	371	-
	50m: 31.03 31.03	150m: 1:56.62 49.83	250m: 3:24.87 43.54	350m: 4:48.80 41.68		
	100m: 1:06.79 35.76	200m: 2:41.33 44.71	300m: 4:07.12 42.25	400m: 5:28.88 40.08		
13.	Beatriz Grave Reis	05	Rio Maior	<b>5:33.15</b>	357	-
	50m: 34.95 34.95	150m: 1:56.26 42.19	250m: 3:25.10 46.12	350m: 4:52.83 43.50		
	100m: 1:14.07 39.12	200m: 2:38.98 42.72	300m: 4:09.33 44.23	400m: 5:33.15 40.32		
14.	Maria Ines Paveia	03	20Km de Almeirim	<b>5:36.12</b>	348	-
	50m: 37.41 37.41	150m: 2:01.66 43.18	250m: 3:28.67 43.13	350m: 4:54.45 42.84		
	100m: 1:18.48 41.07	200m: 2:45.54 43.88	300m: 4:11.61 42.94	400m: 5:36.12 41.67		
15.	Jessica Andreia Antonio	02	CLAC-Entroncamento	<b>5:39.53</b>	337	-
	50m: 35.73 35.73	150m: 1:59.05 43.15	250m: 3:28.57 45.23	350m: 4:58.02 44.34		
	100m: 1:15.90 40.17	200m: 2:43.34 44.29	300m: 4:13.68 45.11	400m: 5:39.53 41.51		
16.	Raquel Canelas Louro	04	Viver Santarem	<b>5:40.16</b>	335	-
	50m: 37.67 37.67	150m: 2:04.16 44.11	250m: 3:33.29 44.37	350m: 5:01.44 44.07		
	100m: 1:20.05 42.38	200m: 2:48.92 44.76	300m: 4:17.37 44.08	400m: 5:40.16 38.72		
17.	Leonor Maria Mira	04	BUZIOS-Coruche	<b>5:46.28</b>	318	-
	50m: 37.53 37.53	150m: 2:06.36 45.33	250m: 3:37.66 45.71	350m: 5:06.56 44.99		
	100m: 1:21.03 43.50	200m: 2:51.95 45.59	300m: 4:21.57 43.91	400m: 5:46.28 39.72		

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 1, Femin., 400m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
18.	Carolina Manuela Guia	05	Viver Santarem	<b>6:15.69</b>	249	-
	50m: 42.26 42.26	200m: 3:06.66 1:37.33	400m: 6:15.69 1:31.96			
	100m: 1:29.33 47.07	300m: 4:43.73 1:37.07				
19.	Beatriz Gaspar Nobre	05	Gualdim Pais	<b>6:24.66</b>	232	-
	100m: 1:31.09 1:31.09	200m: 3:10.84 1:39.75	300m: 4:50.63 1:39.79	400m: 6:24.66 1:34.03		
20.	Maria Laura Brotas	03	BUZIOS-Coruche	<b>6:30.48</b>	222	-
	50m: 42.70 42.70	150m: 2:19.09 48.73	250m: 3:58.78 49.46	350m: 5:40.83 50.26		
	100m: 1:30.36 47.66	200m: 3:09.32 50.23	300m: 4:50.57 51.79	400m: 6:30.48 49.65		
EXH	Sofia Alexandra Nunes	00	Laranjeiro	<b>5:11.41</b>	437	-
	50m: 34.38 34.38	150m: 1:53.83 39.98	250m: 3:15.76 40.42	350m: 4:35.75 39.79		
	100m: 1:13.85 39.47	200m: 2:35.34 41.51	300m: 3:55.96 40.20	400m: 5:11.41 35.66		

Prova 2  
18-03-2017 - 9:50

Masc., 100m Mariposa

Absoluto  
Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Joao Jose Calado	01	Torres Novas	<b>1:03.19</b>	490	10,00
	50m: 29.87 29.87	100m: 1:03.19 33.32				
2.	Pedro Pereira Lopes	99	BUZIOS-Coruche	<b>1:03.39</b>	485	8,00
	50m: 29.31 29.31	100m: 1:03.39 34.08				
3.	Rui Jorge Lopes	00	CLAC-Entroncamento	<b>1:05.56</b>	438	7,00
	50m: 30.95 30.95	100m: 1:05.56 34.61				
4.	Jose Henriques Luz	99	Torres Novas	<b>1:07.14</b>	408	6,00
	50m: 30.74 30.74	100m: 1:07.14 36.40				
5.	Diogo Franco Martins	01	20Km de Almeirim	<b>1:07.15</b>	408	5,00
	50m: 31.19 31.19	100m: 1:07.15 35.96				
6.	Joao Manuel Ferreira	92	CLAC-Entroncamento	<b>1:08.38</b>	386	4,00
7.	Afonso Guilherme Rosa	99	Torres Novas	<b>1:08.71</b>	381	3,00
8.	Goncalo Faria Saldida	99	Natacao do Tejo	<b>1:09.52</b>	368	2,00
9.	Joao Afonso Pacau	02	Gualdim Pais	<b>1:09.54</b>	367	1,00
	50m: 32.79 32.79	100m: 1:09.54 36.75				
10.	Rui Chagas Alves	03	Viver Santarem	<b>1:11.28</b>	341	-
	50m: 33.89 33.89	100m: 1:11.28 37.39				
11.	Tomas Meliciano Cabeleira	01	CLAC-Entroncamento	<b>1:11.64</b>	336	-
	50m: 32.89 32.89	100m: 1:11.64 38.75				
12.	Goncalo Magalhaes Cristovao	03	20Km de Almeirim	<b>1:13.15</b>	315	-
	50m: 33.55 33.55	100m: 1:13.15 39.60				
13.	Ruben Filipe Carreira	03	Rio Maior	<b>1:15.43</b>	288	-
	50m: 34.59 34.59	100m: 1:15.43 40.84				
14.	David Antonio Carvalho	99	Natacao do Tejo	<b>1:15.52</b>	287	-
15.	Guilherme Pereira Coutinho	03	Viver Santarem	<b>1:16.88</b>	272	-
	50m: 35.55 35.55	100m: 1:16.88 41.33				
16.	Afonso Miguel Silva	03	Viver Santarem	<b>1:18.42</b>	256	-
	50m: 36.20 36.20	100m: 1:18.42 42.22				
17.	Bernardo Jose Dionisio	99	Gualdim Pais	<b>1:18.95</b>	251	-
	50m: 27.59 27.59	100m: 1:18.95 51.36				
18.	Diogo Miguel Colaco	04	Gualdim Pais	<b>1:22.76</b>	218	-
	50m: 36.86 36.86	100m: 1:22.76 45.90				

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 2, Masc., 100m Mariposa, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
19.	Duarte Filipe Silva 50m: 39.45 39.45	03	BUZIOS-Coruche 100m: 1:23.08 43.63	<b>1:23.08</b>	215	-
20.	Martim Henriques Carvalho 50m: 39.18 39.18	04	Rio Maior 100m: 1:24.19 45.01	<b>1:24.19</b>	207	-
21.	Henrique Antonio Martins 50m: 39.60 39.60	03	Natacao do Tejo 100m: 1:27.37 47.77	<b>1:27.37</b>	185	-
22.	Gustavo Pinhal Canto	04	20Km de Almeirim	<b>1:28.90</b>	175	-
23.	Miguel Alexandre Martins	04	BUZIOS-Coruche	<b>1:34.42</b>	146	-
DNS	Erik Norbert Vass	03	Rio Maior			-
EXH	Diogo Carrasco Correia 50m: 27.79 27.79	95	Belenenses 100m: 59.48 31.69	<b>59.48</b>	587	-
EXH	Rafael Rodrigues Jacinto 50m: 29.87 29.87	02	Belenenses 100m: 1:04.94 35.07	<b>1:04.94</b>	451	-

Prova 3  
18-03-2017 - 10:05

Femin., 200m Mariposa

Absoluto  
Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Beatriz Ribeiro Simoes 50m: 37.42 37.42	01	Torres Novas 100m: 1:18.95 41.53	<b>2:46.72</b> 200m: 2:46.72 1:27.77	390	10,00
2.	Filipa Cardigo Fitas 100m: 1:21.07 1:21.07	02	20Km de Almeirim 200m: 2:52.33 1:31.26	<b>2:52.33</b>	353	8,00
3.	Ines Asseiceira Ramos 50m: 37.95 37.95	03	Torres Novas 100m: 1:19.47 41.52	<b>2:53.74</b> 200m: 2:53.74 1:34.27	344	7,00
4.	Ines Cambe Cunha 50m: 37.91 37.91	02	Torres Novas 100m: 1:22.00 44.09	<b>2:57.96</b> 150m: 2:09.69 47.69	320 200m: 2:57.96	6,00 48.27
5.	Beatriz Grave Reis 50m: 40.94 40.94	05	Rio Maior 100m: 1:26.35 45.41	<b>3:00.37</b> 150m: 2:15.80 49.45	308 200m: 3:00.37	5,00 44.57
6.	Maria Madalena Bento 50m: 37.87 37.87	05	BUZIOS-Coruche 100m: 1:24.90 47.03	<b>3:00.50</b> 200m: 3:00.50 1:35.60	307	4,00
7.	Lea Alexandra Mendes 50m: 38.67 38.67	03	Gualdim Pais 100m: 1:26.41 47.74	<b>3:03.11</b> 150m: 2:15.38 48.97	294 200m: 3:03.11	3,00 47.73
8.	Ana Patricia Oliveira 50m: 39.72 39.72	03	20Km de Almeirim 100m: 1:25.39 45.67	<b>3:03.97</b> 200m: 3:03.97 1:38.58	290	2,00
9.	Rita Carrico Cruz 100m: 1:29.82 1:29.82	04	Viver Santarem 200m: 3:06.79 1:36.97	<b>3:06.79</b>	277	1,00
10.	Matilde Isabel Macharreu 50m: 42.99 42.99	04	BUZIOS-Coruche 100m: 1:33.64 50.65	<b>3:21.92</b> 150m: 2:29.74 56.10	219 200m: 3:21.92	- 52.18
11.	Maria Ines Almeida 100m: 1:32.66 1:32.66	03	CLAC-Entroncamento 200m: 3:23.26 1:50.60	<b>3:23.26</b>	215	-
12.	Joana Margarida Sousa 50m: 42.21 42.21	04	20Km de Almeirim 100m: 1:30.70 48.49	<b>3:25.41</b> 200m: 3:25.41 1:54.71	208	-
13.	Matilde Basilio Gil 50m: 44.04 44.04	03	CLAC-Entroncamento 100m: 1:40.85 56.81	<b>3:36.15</b> 200m: 3:36.15 1:55.30	178	-
14.	Carina Alexandra Alves 100m: 1:36.04 1:36.04	04	Rio Maior 200m: 3:37.28 2:01.24	<b>3:37.28</b>	176	-

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 3, Femin., 200m Mariposa, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
DSQ	Maria Beatriz Silva <i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>	02	CLAC-Entroncamento			-
EXH	Margarida Teixeira Moreira	03	Belenenses	<b>2:53.44</b>	346	-
	50m: 37.94 37.94	100m: 1:22.02 44.08	150m: 2:07.08 45.06	200m: 2:53.44		46.36

Prova 4  
18-03-2017 - 10:15

Masc., 100m Bruços

Absoluto  
Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Hugo Miguel Nunes	90	Natacao do Tejo	<b>1:12.31</b>	493	10,00
	50m: 34.10 34.10	100m: 1:12.31 38.21				
2.	Artur Rafael Saramago	97	BUZIOS-Coruche	<b>1:15.87</b>	426	8,00
	50m: 34.40 34.40	100m: 1:15.87 41.47				
3.	Goncalo Catarino Dias	00	Rio Maior	<b>1:16.08</b>	423	7,00
	50m: 34.68 34.68	100m: 1:16.08 41.40				
4.	Miguel Goncalves Frade	00	Torres Novas	<b>1:19.74</b>	367	6,00
	50m: 36.72 36.72	100m: 1:19.74 43.02				
5.	Goncalo Faria Saldida	99	Natacao do Tejo	<b>1:20.34</b>	359	5,00
	50m: 39.09 39.09	100m: 1:20.34 41.25				
6.	Luis Afonso Lopes	03	Viver Santarem	<b>1:20.59</b>	356	4,00
	50m: 39.30 39.30	100m: 1:20.59 41.29				
7.	Filipe Asseiceira Ramos	00	Torres Novas	<b>1:20.92</b>	351	3,00
	50m: 38.06 38.06	100m: 1:20.92 42.86				
8.	Joao Manuel Ferreira	92	CLAC-Entroncamento	<b>1:21.15</b>	348	2,00
	50m: 37.98 37.98	100m: 1:21.15 43.17				
9.	Joao Antonio Simoes	01	Torres Novas	<b>1:22.36</b>	333	1,00
10.	Joao Afonso Goncalves	00	CLAC-Entroncamento	<b>1:24.08</b>	313	-
	50m: 38.65 38.65	100m: 1:24.08 45.43				
11.	Diogo Daniel Simoes	99	Rio Maior	<b>1:30.78</b>	249	-
	50m: 42.01 42.01	100m: 1:30.78 48.77				
12.	Daniel Francisco Carvalho	02	Natacao do Tejo	<b>1:31.35</b>	244	-
	50m: 43.55 43.55	100m: 1:31.35 47.80				
13.	Goncalo Magalhaes Cristovao	03	20Km de Almeirim	<b>1:31.91</b>	240	-
14.	Antonio Joao Pestana	00	CLAC-Entroncamento	<b>1:32.36</b>	236	-
	50m: 43.39 43.39	100m: 1:32.36 48.97				
15.	Miguel Monsanto Cotrim	03	Viver Santarem	<b>1:33.05</b>	231	-
	50m: 45.81 45.81	100m: 1:33.05 47.24				
16.	Vasco Peixoto Oliveira	04	Nautico Abrantes	<b>1:33.25</b>	229	-
	50m: 44.43 44.43	100m: 1:33.25 48.82				
17.	Andre Jesus Gaspar	04	Gualdim Pais	<b>1:33.99</b>	224	-
	50m: 44.75 44.75	100m: 1:33.99 49.24				
18.	Joao Ricardo Bernardes	02	Rio Maior	<b>1:35.73</b>	212	-
	50m: 44.62 44.62	100m: 1:35.73 51.11				
19.	Manuel Tomas Andrade	01	20Km de Almeirim	<b>1:39.72</b>	188	-
	50m: 46.30 46.30	100m: 1:39.72 53.42				

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 4, Masc., 100m Bruços, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
20.	Joao Marques Ferreira 50m: 53.25 53.25	04	Viver Santarem 100m: 1:52.40 59.15	<b>1:52.40</b>	131	-
DNS	Joao Tiago Almeida	99	20Km de Almeirim			-
DNS	Joao Sismeiro Pereira	98	Belenenses			-
EXH	Rui Pedro Horta 50m: 31.14 31.14	94	Laranjeiro 100m: 1:11.52 40.38	<b>1:11.52</b>	509	-

Prova 5

Femin., 200m Bruços

Absoluto

18-03-2017 - 10:25

Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Mafalda Gilberto Marques 50m: 39.86 39.86	01	Natacao do Tejo 100m: 1:23.61 43.75 200m: 2:52.46 1:28.85	<b>2:52.46</b>	524	10,00
2.	Carolina Silverio Carpinteiro 50m: 41.80 41.80	02	Natacao do Tejo 100m: 1:30.63 48.83 150m: 2:19.58 48.95 200m: 3:06.06 46.48	<b>3:06.06</b>	417	8,00
3.	Beatriz Catarino Moura 50m: 44.79 44.79	02	Nautico Abrantes 100m: 1:32.51 47.72 150m: 2:20.73 48.22 200m: 3:09.21 48.48	<b>3:09.21</b>	397	7,00
4.	Carolina Guerra Pisco 50m: 43.54 43.54	02	20Km de Almeirim 100m: 1:32.89 49.35 200m: 3:16.80 1:43.91	<b>3:16.80</b>	353	6,00
5.	Ana Rita Morais 50m: 46.12 46.12	02	Torres Novas 100m: 1:36.75 50.63 200m: 3:17.06 1:40.31	<b>3:17.06</b>	351	5,00
6.	Ines Fernandes Moutinho 100m: 1:35.75 1:35.75	99	CLAC-Entroncamento 200m: 3:24.29 1:48.54	<b>3:24.29</b>	315	4,00
7.	Gabriela Graco Duarte 50m: 48.36 48.36	04	20Km de Almeirim 100m: 1:40.67 52.31 150m: 2:36.92 56.25 200m: 3:30.04 53.12	<b>3:30.04</b>	290	3,00
8.	Ana Patricia Oliveira 50m: 48.86 48.86	03	20Km de Almeirim 100m: 1:43.24 54.38 150m: 2:37.83 54.59 200m: 3:31.81 53.98	<b>3:31.81</b>	283	2,00
9.	Maria Beatriz Silva 100m: 1:44.43 1:44.43	02	CLAC-Entroncamento 200m: 3:38.72 1:54.29	<b>3:38.72</b>	257	1,00
10.	Ariana Espirito Louro 50m: 49.89 49.89	05	Gualdim Pais 100m: 1:46.11 56.22 150m: 2:44.19 58.08 200m: 3:38.77 54.58	<b>3:38.77</b>	257	-
11.	Leonor Maria Mira 50m: 51.91 51.91	04	BUZIOS-Coruche 100m: 1:47.15 55.24 200m: 3:40.29 1:53.14	<b>3:40.29</b>	251	-
12.	Beatriz Roldao Fontes 50m: 50.54 50.54	04	Nautico Abrantes 100m: 1:47.15 56.61 200m: 3:48.31 2:01.16	<b>3:48.31</b>	226	-
13.	Maria Ines Dias 50m: 52.01 52.01	04	Rio Maior 100m: 1:50.20 58.19 150m: 2:51.32 1:01.12 200m: 3:52.06 1:00.74	<b>3:52.06</b>	215	-
14.	Carolina Manuela Guia 50m: 56.44 56.44	05	Viver Santarem 100m: 1:55.79 59.35 150m: 2:56.44 1:00.65 200m: 3:55.80 59.36	<b>3:55.80</b>	205	-
15.	Beatriz Gaudencio Valentim 50m: 53.98 53.98	03	Natacao do Tejo 100m: 1:53.70 59.72 150m: 2:56.98 1:03.28 200m: 3:56.18 59.20	<b>3:56.18</b>	204	-
DNS	Beatriz Goncalves Casal	03	Torres Novas			-
DNS	Ines Ferreira Duarte	01	Torres Novas			-

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 6  
18-03-2017 - 10:45

Masc., 100m Costas

Absoluto  
Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Tomas Jose Agostinho	99	BUZIOS-Coruche	<b>1:08.17</b>	440	10,00
	50m: 32.56 32.56	100m: 1:08.17 35.61				
2.	Rui Jorge Lopes	00	CLAC-Entroncamento	<b>1:08.25</b>	438	8,00
	50m: 34.27 34.27	100m: 1:08.25 33.98				
3.	Afonso Guilherme Rosa	99	Torres Novas	<b>1:09.90</b>	408	7,00
4.	Miguel Goncalves Frade	00	Torres Novas	<b>1:12.10</b>	371	6,00
	50m: 35.32 35.32	100m: 1:12.10 36.78				
5.	Diogo Franco Martins	01	20Km de Almeirim	<b>1:12.79</b>	361	5,00
	50m: 35.32 35.32	100m: 1:12.79 37.47				
6.	Daniel Marques Filipe	02	Nautico Abrantes	<b>1:13.76</b>	347	4,00
	50m: 34.81 34.81	100m: 1:13.76 38.95				
7.	Luis Afonso Lopes	03	Viver Santarem	<b>1:16.58</b>	310	3,00
	50m: 38.21 38.21	100m: 1:16.58 38.37				
8.	Antonio Joao Pestana	00	CLAC-Entroncamento	<b>1:16.88</b>	306	2,00
9.	Jose Nuno Sousa	99	CLAC-Entroncamento	<b>1:16.89</b>	306	1,00
	50m: 37.03 37.03	100m: 1:16.89 39.86				
10.	Duarte Filipe Silva	03	BUZIOS-Coruche	<b>1:19.33</b>	279	-
	50m: 39.43 39.43	100m: 1:19.33 39.90				
11.	Ruben Filipe Carreira	03	Rio Maior	<b>1:20.26</b>	269	-
	50m: 39.06 39.06	100m: 1:20.26 41.20				
12.	Martim Henriques Carvalho	04	Rio Maior	<b>1:21.54</b>	257	-
	50m: 40.08 40.08	100m: 1:21.54 41.46				
13.	Henrique Antonio Martins	03	Natacao do Tejo	<b>1:21.77</b>	254	-
	50m: 40.11 40.11	100m: 1:21.77 41.66				
14.	Joao Ricardo Bernardes	02	Rio Maior	<b>1:23.17</b>	242	-
	50m: 39.95 39.95	100m: 1:23.17 43.22				
15.	Diogo Miguel Colaco	04	Gualdim Pais	<b>1:28.92</b>	198	-
	50m: 43.28 43.28	100m: 1:28.92 45.64				
16.	Gustavo Pinhal Canto	04	20Km de Almeirim	<b>1:30.01</b>	191	-
	50m: 43.82 43.82	100m: 1:30.01 46.19				
17.	Jose Miguel Monteiro	04	Gualdim Pais	<b>1:30.95</b>	185	-
	50m: 43.89 43.89	100m: 1:30.95 47.06				
18.	David Franco Martins	04	20Km de Almeirim	<b>1:34.09</b>	167	-
	50m: 45.36 45.36	100m: 1:34.09 48.73				
19.	Goncalo Maria Mendonca	04	Viver Santarem	<b>1:45.41</b>	119	-
DNS	Dinis Neves Silva	00	Gualdim Pais			-
EXH	Ricardo Saraiva Pires	98	Laranjeiro	<b>1:03.62</b>	541	-
	50m: 31.72 31.72	100m: 1:03.62 31.90				
EXH	Daniel Rodrigues Alves	02	Belenenses	<b>1:08.70</b>	429	-
	50m: 33.61 33.61	100m: 1:08.70 35.09				

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 7  
18-03-2017 - 10:55

Femin., 200m Costas

Absoluto  
Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Lea Alexandra Mendes	03	Gualdim Pais	<b>2:45.01</b>	424	10,00
	50m: 39.54 39.54	100m: 1:22.14 42.60	200m: 2:45.01 1:22.87			
2.	Marta Sousa Oliveira	01	Torres Novas	<b>2:49.84</b>	389	8,00
	50m: 40.25 40.25	100m: 1:22.67 42.42	150m: 2:06.49 43.82	200m: 2:49.84 43.35		
3.	Erica Neves Leote	03	Torres Novas	<b>2:50.42</b>	385	7,00
	50m: 41.40 41.40	100m: 1:24.41 43.01	150m: 2:08.66 44.25	200m: 2:50.42 41.76		
4.	Beatriz Staiger Bento	04	20Km de Almeirim	<b>2:52.03</b>	375	6,00
	50m: 40.72 40.72	100m: 1:23.96 43.24	150m: 2:08.70 44.74	200m: 2:52.03 43.33		
5.	Ines Marques Garcia	03	Nautico Abrantes	<b>2:55.03</b>	356	5,00
	50m: 42.22 42.22	100m: 1:26.71 44.49	150m: 2:11.33 44.62	200m: 2:55.03 43.70		
6.	Maria Ines Paveia	03	20Km de Almeirim	<b>3:00.02</b>	327	4,00
	50m: 43.35 43.35	100m: 1:28.85 45.50	150m: 2:15.10 46.25	200m: 3:00.02 44.92		
7.	Joana Margarida Sousa	04	20Km de Almeirim	<b>3:05.36</b>	299	3,00
	50m: 44.69 44.69	100m: 1:31.45 46.76	150m: 2:18.59 47.14	200m: 3:05.36 46.77		
8.	Jessica Andreia Antonio	02	CLAC-Entroncamento	<b>3:05.64</b>	298	2,00
	100m: 1:29.75 1:29.75	200m: 3:05.64 1:35.89				
9.	Constanca Basilio Gil	03	CLAC-Entroncamento	<b>3:07.31</b>	290	1,00
	50m: 45.21 45.21	100m: 1:32.36 47.15	200m: 3:07.31 1:34.95			
10.	Raquel Canelas Louro	04	Viver Santarem	<b>3:08.07</b>	287	-
	50m: 45.74 45.74	100m: 1:34.43 48.69	150m: 2:22.17 47.74	200m: 3:08.07 45.90		
11.	Beatriz Maria Freixeiro	04	Rio Maior	<b>3:10.51</b>	276	-
	100m: 1:34.48 1:34.48	200m: 3:10.51 1:36.03				
12.	Laura Maria Ferreira	03	Gualdim Pais	<b>3:18.74</b>	243	-
	100m: 1:37.21 1:37.21	200m: 3:18.74 1:41.53				
13.	Beatriz Gaspar Nobre	05	Gualdim Pais	<b>3:24.38</b>	223	-
	50m: 49.39 49.39	100m: 1:42.23 52.84	150m: 2:34.13 51.90	200m: 3:24.38 50.25		
14.	Vania Alves Farinha	05	Nautico Abrantes	<b>3:32.29</b>	199	-
	50m: 52.77 52.77	150m: 2:42.00 1:49.23	200m: 3:32.29 50.29			
15.	Matilde Paulos Branco	05	BUZIOS-Coruche	<b>3:33.29</b>	196	-
	50m: 48.72 48.72	100m: 1:43.73 55.01	150m: 2:40.51 56.78	200m: 3:33.29 52.78		
DNS	Ines Ferreira Duarte	01	Torres Novas			-
DNS	Maria Gabriela Carrapo	03	BUZIOS-Coruche			-

Prova 8  
18-03-2017 - 11:10

Masc., 50m Livres

Absoluto  
Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Bernardo Jose Dionisio	99	Gualdim Pais	<b>25.55</b>	548	10,00
2.	Joao Miguel Marques	01	20Km de Almeirim	<b>26.33</b>	500	8,00
3.	Bernardo Jorge Simoes	02	Torres Novas	<b>26.42</b>	495	7,00
4.	Ricardo Luis Leal	01	CLAC-Entroncamento	<b>26.63</b>	484	6,00
5.	Joao Jose Calado	01	Torres Novas	<b>27.86</b>	422	5,00
6.	Manuel Tomas Andrade	01	20Km de Almeirim	<b>27.96</b>	418	4,00
7.	Joao Afonso Goncalves	00	CLAC-Entroncamento	<b>27.99</b>	416	3,00
8.	Joao Antonio Simoes	01	Torres Novas	<b>28.24</b>	405	2,00

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 8, Masc., 50m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
9.	Joao Tiago Almeida	99	20Km de Almeirim	<b>28.34</b>	401	1,00
10.	Rui Chagas Alves	03	Viver Santarem	<b>28.35</b>	401	-
11.	Tomas Meliciano Cabeleira	01	CLAC-Entroncamento	<b>28.91</b>	378	-
12.	Tiago Emanuel Pires	94	Natacao do Tejo	<b>29.30</b>	363	-
13.	Hugo Alexandre Sagradas	01	Natacao do Tejo	<b>29.41</b>	359	-
14.	Bruno Miguel Nunes	99	BUZIOS-Coruche	<b>29.98</b>	339	-
15.	Afonso Miguel Silva	03	Viver Santarem	<b>30.21</b>	331	-
16.	Hugo Miguel Leitao	03	Natacao do Tejo	<b>34.11</b>	230	-
17.	Joao Marques Ferreira	04	Viver Santarem	<b>34.67</b>	219	-
EXH	Jose Tomas Simeao	00	Laranjeiro	<b>25.70</b>	538	-

Prova 9

Femin., 200m Estilos

Absoluto  
Resultados

18-03-2017 - 11:15

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Maria Beatriz Dias 100m: 1:15.04 1:15.04	99	Rio Maior	<b>2:37.92</b>	509	10,00
2.	Carolina Silverio Carpinteiro 50m: 34.62 34.62	02	Natacao do Tejo	<b>2:39.56</b>	493	8,00
3.	Carolina Marques Neves 50m: 34.67 34.67	01	Torres Novas	<b>2:40.33</b>	486	7,00
4.	Ines Asseiceira Ramos 50m: 37.75 37.75	03	Torres Novas	<b>2:42.48</b>	467	6,00
5.	Rita Sousa Oliveira 50m: 37.28 37.28	01	Torres Novas	<b>2:48.65</b>	418	5,00
6.	Carolina Lopes Vieira 50m: 37.17 37.17	02	Gualdim Pais	<b>2:50.52</b>	404	4,00
7.	Carolina Guerra Pisco 50m: 38.51 38.51	02	20Km de Almeirim	<b>2:50.98</b>	401	3,00
8.	Beatriz Catarino Moura 50m: 36.95 36.95	02	Nautico Abrantes	<b>2:51.17</b>	400	2,00
9.	Mafalda Magalhaes Costa 100m: 1:20.84 1:20.84	03	Gualdim Pais	<b>2:54.47</b>	377	1,00
10.	Maria Madalena Bento 50m: 38.10 38.10	05	BUZIOS-Coruche	<b>2:57.43</b>	359	-
11.	Rita Carrico Cruz 50m: 40.53 40.53	04	Viver Santarem	<b>3:00.74</b>	339	-
12.	Catarina Isabel Carlota 50m: 44.57 44.57	05	BUZIOS-Coruche	<b>3:02.69</b>	329	-
13.	Matilde Basilio Gil 50m: 41.73 41.73	03	CLAC-Entroncamento	<b>3:03.73</b>	323	-
14.	Ines Fernandes Moutinho 100m: 1:29.58 1:29.58	99	CLAC-Entroncamento	<b>3:05.71</b>	313	-
15.	Patricia Silva Conceicao 50m: 39.25 39.25	99	Nautico Abrantes	<b>3:08.33</b>	300	-
16.	Ariana Espirito Louro 50m: 42.66 42.66	05	Gualdim Pais	<b>3:11.38</b>	286	-



Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 9, Femin., 200m Estilos, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
17.	Catarina Filipa Silva	03	Natacao do Tejo	<b>3:14.50</b>	272	-
	50m: 46.05 46.05	100m: 1:34.72 48.67	150m: 2:34.02 59.30	200m: 3:14.50		40.48
18.	Gabriela Graco Duarte	04	20Km de Almeirim	<b>3:16.52</b>	264	-
	50m: 47.79 47.79	100m: 1:39.68 51.89	150m: 2:33.73 54.05	200m: 3:16.52		42.79
19.	Vania Alves Farinha	05	Nautico Abrantes	<b>3:40.21</b>	187	-
	50m: 52.37 52.37	100m: 1:47.07 54.70	150m: 2:52.09 1:05.02	200m: 3:40.21		48.12
DSQ	Maria Ines Almeida	03	CLAC-Entroncamento			-
	<i>SW 6.5 - O (a) atleta não chegou na posição dorsal, 100 metros</i>					
DNS	Maria Gabriela Carrapo	03	BUZIOS-Coruche			-
EXH	Margarida Sobral Pimenta	99	Belenenses	<b>2:33.83</b>	551	-
	50m: 32.57 32.57	100m: 1:11.46 38.89	200m: 2:33.83 1:22.37			

Prova 10

Masc., 200m Livres

Absoluto

18-03-2017 - 11:30

Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Pedro Pereira Lopes	99	BUZIOS-Coruche	<b>2:11.41</b>	467	10,00
	50m: 30.83 30.83	100m: 1:04.43 33.60	150m: 1:38.83 34.40	200m: 2:11.41		32.58
2.	Bernardo Jorge Simoes	02	Torres Novas	<b>2:11.66</b>	464	8,00
	50m: 30.96 30.96	100m: 1:05.08 34.12	150m: 1:40.70 35.62	200m: 2:11.66		30.96
3.	Tomas Jose Agostinho	99	BUZIOS-Coruche	<b>2:11.73</b>	464	7,00
	50m: 28.68 28.68	100m: 1:01.76 33.08	150m: 1:37.07 35.31	200m: 2:11.73		34.66
4.	Joao Miguel Marques	01	20Km de Almeirim	<b>2:11.82</b>	463	6,00
	50m: 31.09 31.09	100m: 1:05.85 34.76	150m: 1:40.33 34.48	200m: 2:11.82		31.49
5.	Filipe Asseiceira Ramos	00	Torres Novas	<b>2:12.98</b>	451	5,00
	50m: 30.96 30.96	100m: 1:05.14 34.18	200m: 2:12.98 1:07.84			
6.	Joao Afonso Pacau	02	Gualdim Pais	<b>2:13.22</b>	448	4,00
	50m: 31.08 31.08	100m: 1:04.57 33.49	150m: 1:39.21 34.64	200m: 2:13.22		34.01
7.	Ricardo Luis Leal	01	CLAC-Entroncamento	<b>2:18.01</b>	403	3,00
	50m: 30.83 30.83	100m: 1:05.47 34.64	150m: 1:42.28 36.81	200m: 2:18.01		35.73
8.	Jose Henriques Luz	99	Torres Novas	<b>2:18.39</b>	400	2,00
	50m: 30.82 30.82	100m: 1:05.66 34.84	200m: 2:18.39 1:12.73			
9.	Marcio Lima Silva	01	Natacao do Tejo	<b>2:20.12</b>	385	1,00
	50m: 31.86 31.86	100m: 1:07.65 35.79	150m: 1:44.13 36.48	200m: 2:20.12		35.99
10.	Daniel Marques Filipe	02	Nautico Abrantes	<b>2:22.77</b>	364	-
	50m: 32.05 32.05	100m: 1:09.64 37.59	150m: 1:47.87 38.23	200m: 2:22.77		34.90
11.	Jose Nuno Sousa	99	CLAC-Entroncamento	<b>2:23.43</b>	359	-
	50m: 31.88 31.88	100m: 1:08.68 36.80	150m: 1:45.96 37.28	200m: 2:23.43		37.47
12.	Tiago Emanuel Pires	94	Natacao do Tejo	<b>2:24.31</b>	353	-
	50m: 26.15 26.15	100m: 1:08.85 42.70	200m: 2:24.31 1:15.46			
13.	David Antonio Carvalho	99	Natacao do Tejo	<b>2:24.62</b>	350	-
	50m: 33.29 33.29	100m: 1:10.87 37.58	150m: 1:48.49 37.62	200m: 2:24.62		36.13
14.	Diogo Daniel Simoes	99	Rio Maior	<b>2:24.64</b>	350	-
	50m: 31.67 31.67	100m: 1:08.70 37.03	150m: 1:47.37 38.67	200m: 2:24.64		37.27
15.	Guilherme Pereira Coutinho	03	Viver Santarem	<b>2:24.65</b>	350	-
	50m: 33.63 33.63	100m: 1:11.03 37.40	200m: 2:24.65 1:13.62			

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 10, Masc., 200m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
16.	Tiago Charrua Gago	04	Rio Maior	<b>2:28.72</b>	322	-
	50m: 33.03 33.03	100m: 1:11.30 38.27	150m: 1:50.95 39.65	200m: 2:28.72		37.77
17.	Miguel Monsanto Cotrim	03	Viver Santarem	<b>2:30.50</b>	311	-
	50m: 34.41 34.41	100m: 1:12.64 38.23	150m: 1:51.58 38.94	200m: 2:30.50		38.92
18.	Miguel Alexandre Martins	04	BUZIOS-Coruche	<b>2:38.79</b>	265	-
	100m: 1:18.35 1:18.35	200m: 2:38.79 1:20.44				
19.	David Franco Martins	04	20Km de Almeirim	<b>2:43.09</b>	244	-
	50m: 37.13 37.13	100m: 1:20.47 43.34	150m: 2:02.78 42.31	200m: 2:43.09		40.31
20.	Vasco Peixoto Oliveira	04	Nautico Abrantes	<b>2:43.66</b>	242	-
	50m: 37.32 37.32	100m: 1:20.16 42.84	200m: 2:43.66 1:23.50			
21.	Jose Miguel Monteiro	04	Gualdim Pais	<b>2:46.27</b>	230	-
	50m: 38.57 38.57	100m: 1:22.21 43.64	150m: 2:06.65 44.44	200m: 2:46.27		39.62
22.	Andre Jesus Gaspar	04	Gualdim Pais	<b>2:46.77</b>	228	-
	50m: 38.80 38.80	100m: 1:22.87 44.07	150m: 2:07.21 44.34	200m: 2:46.77		39.56
23.	Erik Norbert Vass	03	Rio Maior	<b>2:48.26</b>	222	-
	50m: 38.48 38.48	100m: 1:21.11 42.63	150m: 2:05.06 43.95	200m: 2:48.26		43.20
24.	Goncalo Maria Mendonca	04	Viver Santarem	<b>2:57.36</b>	190	-
	50m: 40.36 40.36	100m: 1:25.35 44.99	150m: 2:12.25 46.90	200m: 2:57.36		45.11
EXH	Jose Tomas Simeao	00	Laranjeiro	<b>2:04.14</b>	554	-
	100m: 59.34 59.34	200m: 2:04.14 1:04.80				
EXH	Rafael Rodrigues Jacinto	02	Belenenses	<b>2:09.83</b>	484	-
	50m: 30.77 30.77	100m: 1:03.83 33.06	150m: 1:36.80 32.97	200m: 2:09.83		33.03
EXH	Joao Nogueira Mendes	02	Laranjeiro	<b>2:40.96</b>	254	-
	100m: 1:00.21 1:00.21	200m: 2:40.96 1:40.75				

Prova 11

Femin., 4 x 50m Estilos

Absoluto

18-03-2017 - 11:55

Resultados

Pontos: FINA 2017

Lugar	Clube	Tempo Final	Pts FINA	Pts
1.	Torres Novas	<b>2:16.07</b>	477	10,00
	Marta Sousa Oliveira 01	Beatriz Santos Reis 01	+0,62	
	Carolina Marques Neves 01	Rita Sousa Oliveira 01		
2.	20Km de Almeirim 1	<b>2:22.29</b>	417	8,00
	Carolina Guerra Pisco 02	Filipa Cardigo Fitas 02	+0,62	33.19
	Ana Patricia Oliveira 03	Beatriz Staiger Bento 04		29.83
3.	Gualdim Pais 1	<b>2:23.40</b>	407	7,00
	Lea Alexandra Mendes 03	Carolina Lopes Vieira 02	+0,51	
	Constanca Isabel Jose 01	Mafalda Magalhaes Costa 03		
4.	Natacao do Tejo 1	<b>2:26.16</b>	385	6,00
	Carolina Miguel Marques 99	Carolina Silverio Carpinteiro 02		31.80
	Mafalda Gilberto Marques 01	Catarina Filipa Silva 03		34.60
5.	CLAC-Entroncamento 1	<b>2:36.00</b>	316	5,00
	Jessica Andreia Antonio 02	Maria Ines Almeida 03	+0,73	39.45
	Constanca Basilio Gil 03	Ines Fernandes Moutinho 99		32.99
6.	BUZIOS-Coruche 1	<b>2:36.04</b>	316	4,00
	Matilde Isabel Macharreu 04	Leonor Maria Mira 04		34.85
	Catarina Isabel Carlota 05	Maria Madalena Bento 05		34.30

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 12 Absoluto  
18-03-2017 - 12:00 Resultados

Pontos: FINA 2017

Lugar	Clube	Tempo Final	Pts FINA	Pts
1. Torres Novas 1	Torres Novas	<b>1:47.54</b>	491	10,00
Miguel Goncalves Frade 00	Bernardo Jorge Simoes 02		+0,41	
Afonso Guilherme Rosa 99	Jose Henriques Luz 99			
2. CLAC-Entroncamento 1	CLAC-Entroncamento	<b>1:47.84</b>	487	8,00
Ricardo Luis Leal 01	27.06 Rui Jorge Lopes 00		26.82	
Joao Afonso Goncalves 00	27.47 Joao Manuel Ferreira 92		26.49	
3. BUZIOS-Coruche 1	BUZIOS-Coruche	<b>1:49.11</b>	470	7,00
Tomas Jose Agostinho 99	26.38 Pedro Pereira Lopes 99		+0,57	
Artur Rafael Saramago 97	26.14 Bruno Miguel Nunes 99			
4. 20Km de Almeirim 1	20Km de Almeirim	<b>1:50.86</b>	448	6,00
Joao Miguel Marques 01	26.63 Joao Tiago Almeida 99		28.13	
Diogo Franco Martins 01	28.09 Manuel Tomas Andrade 01		28.01	
5. Viver Santarem 1	Viver Santarem	<b>2:00.34</b>	350	5,00
<i>Recorde Distrital ANDS, INF A</i>				
Rui Chagas Alves 03	28.18 Miguel Monsanto Cotrim 03		+0,53	32.09
Guilherme Pereira Coutinho 03	30.46 Luis Afonso Lopes 03			29.61
6. Gualdim Pais 1	Gualdim Pais	<b>2:01.49</b>	340	4,00
Joao Afonso Pacau 02	29.45 Jose Miguel Monteiro 04		+0,53	34.07
Andre Jesus Gaspar 04	31.54 Bernardo Jose Dionisio 99			26.43
7. Natacao do Tejo 1	Natacao do Tejo	<b>2:02.89</b>	329	3,00
Henrique Antonio Martins 03	31.97 Marcio Lima Silva 01		+0,56	28.81
Hugo Alexandre Sagradas 01	28.42 Hugo Miguel Leitao 03			33.69

2 - 2ª SESSÃO

18-03-2017 - 15:30

Prova 13 Absoluto  
18-03-2017 - 15:30 Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Goncalo Faria Saldida	99	Natacao do Tejo	<b>4:30.74</b>	537	10,00
	50m: 31.64 31.64	150m: 1:39.28 33.97	250m: 2:47.65 34.22	350m: 3:56.41 34.17		
	100m: 1:05.31 33.67	200m: 2:13.43 34.15	300m: 3:22.24 34.59	400m: 4:30.74 34.33		
2.	Filipe Asseiceira Ramos	00	Torres Novas	<b>4:35.64</b>	508	8,00
	50m: 31.08 31.08	150m: 1:40.50 35.26	250m: 2:51.50 35.23	350m: 4:01.84 34.92		
	100m: 1:05.24 34.16	200m: 2:16.27 35.77	300m: 3:26.92 35.42	400m: 4:35.64 33.80		
3.	Goncalo Catarino Dias	00	Rio Maior	<b>4:41.20</b>	479	7,00
	50m: 31.63 31.63	150m: 1:41.31 35.42	300m: 3:28.69 1:12.01	400m: 4:41.20 35.90		
	100m: 1:05.89 34.26	200m: 2:16.68 35.37	350m: 4:05.30 36.61			
4.	Tomas Jose Agostinho	99	BUZIOS-Coruche	<b>4:45.00</b>	460	6,00
	50m: 31.44 31.44	150m: 1:43.07 36.65	250m: 2:57.25 37.15	350m: 4:10.51 36.39		
	100m: 1:06.42 34.98	200m: 2:20.10 37.03	300m: 3:34.12 36.87	400m: 4:45.00 34.49		
5.	Rui Jorge Lopes	00	CLAC-Entroncamento	<b>4:45.13</b>	459	5,00
	100m: 1:09.23 1:09.23	200m: 2:22.13 1:12.90	300m: 3:35.80 1:13.67	400m: 4:45.13 1:09.33		
6.	Joao Antonio Simoes	01	Torres Novas	<b>4:45.37</b>	458	4,00
	50m: 33.36 33.36	150m: 1:46.60 36.54	250m: 2:58.83 35.88	350m: 4:10.58 36.00		
	100m: 1:10.06 36.70	200m: 2:22.95 36.35	300m: 3:34.58 35.75	400m: 4:45.37 34.79		
7.	Luis Afonso Lopes	03	Viver Santarem	<b>4:52.40</b>	426	3,00
	50m: 32.62 32.62	150m: 1:47.03 38.17	250m: 3:03.25 38.68	350m: 4:16.99 37.43		
	100m: 1:08.86 36.24	200m: 2:24.57 37.54	300m: 3:39.56 36.31	400m: 4:52.40 35.41		

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 13, Masc., 400m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
8.	Goncalo Magalhaes Cristovao	03	20Km de Almeirim	<b>4:52.90</b>	424	2,00
	50m: 32.10 32.10	150m: 1:44.85 37.27	250m: 3:01.22 38.23		350m: 4:17.37 37.47	
	100m: 1:07.58 35.48	200m: 2:22.99 38.14	300m: 3:39.90 38.68		400m: 4:52.90 35.53	
9.	Joao Afonso Goncalves	00	CLAC-Entroncamento	<b>4:55.03</b>	415	1,00
	100m: 1:08.93 1:08.93	300m: 3:40.73 1:16.75	400m: 4:55.03 34.97			
	200m: 2:23.98 1:15.05	350m: 4:20.06 39.33				
10.	Ricardo Luis Leal	01	CLAC-Entroncamento	<b>4:58.97</b>	398	-
	50m: 33.64 33.64	150m: 1:49.84 38.66	250m: 3:07.46 38.48		350m: 4:21.66 36.37	
	100m: 1:11.18 37.54	200m: 2:28.98 39.14	300m: 3:45.29 37.83		400m: 4:58.97 37.31	
11.	David Antonio Carvalho	99	Natacao do Tejo	<b>5:04.89</b>	376	-
	50m: 33.21 33.21	150m: 1:50.56 39.53	250m: 3:08.18 38.87		350m: 4:28.36 40.38	
	100m: 1:11.03 37.82	200m: 2:29.31 38.75	300m: 3:47.98 39.80		400m: 5:04.89 36.53	
12.	Joao Miguel Marques	01	20Km de Almeirim	<b>5:06.08</b>	371	-
	50m: 34.44 34.44	150m: 1:51.89 39.27	250m: 3:10.22 39.00		350m: 4:27.93 38.42	
	100m: 1:12.62 38.18	200m: 2:31.22 39.33	300m: 3:49.51 39.29		400m: 5:06.08 38.15	
13.	Bernardo Jorge Simoes	02	Torres Novas	<b>5:08.69</b>	362	-
	50m: 34.55 34.55	150m: 1:52.47 38.82	250m: 3:10.30 39.02		350m: 4:29.03 38.26	
	100m: 1:13.65 39.10	200m: 2:31.28 38.81	300m: 3:50.77 40.47		400m: 5:08.69 39.66	
14.	Daniel Marques Filipe	02	Nautico Abrantes	<b>5:10.56</b>	355	-
	50m: 33.89 33.89	150m: 1:53.13 40.71	250m: 3:14.20 40.52		350m: 4:33.35 39.19	
	100m: 1:12.42 38.53	200m: 2:33.68 40.55	300m: 3:54.16 39.96		400m: 5:10.56 37.21	
15.	Miguel Monsanto Cotrim	03	Viver Santarem	<b>5:13.02</b>	347	-
	50m: 34.65 34.65	150m: 1:52.41 39.59	250m: 3:13.76 40.98		350m: 4:34.07 40.40	
	100m: 1:12.82 38.17	200m: 2:32.78 40.37	300m: 3:53.67 39.91		400m: 5:13.02 38.95	
16.	Bernardo Jose Dionisio	99	Gualdim Pais	<b>5:19.23</b>	327	-
	100m: 1:06.02 1:06.02	200m: 2:20.64 1:14.62	300m: 3:48.46 1:27.82		400m: 5:19.23 1:30.77	
17.	Afonso Miguel Silva	03	Viver Santarem	<b>5:21.42</b>	320	-
	50m: 34.27 34.27	150m: 1:55.93 42.14	250m: 3:20.24 42.16		350m: 4:42.84 40.77	
	100m: 1:13.79 39.52	200m: 2:38.08 42.15	300m: 4:02.07 41.83		400m: 5:21.42 38.58	
18.	Miguel Alexandre Martins	04	BUZIOS-Coruche	<b>5:24.82</b>	310	-
	50m: 37.85 37.85	150m: 2:00.09 40.97	250m: 3:23.03 41.42		350m: 4:45.69 40.78	
	100m: 1:19.12 41.27	200m: 2:41.61 41.52	300m: 4:04.91 41.88		400m: 5:24.82 39.13	
19.	Joao Afonso Pacau	02	Gualdim Pais	<b>5:28.04</b>	301	-
	100m: 1:00.86 1:00.86	200m: 2:43.33 45.04	400m: 5:28.04 1:16.92			
	150m: 1:58.29 57.43	300m: 4:11.12 1:27.79				
20.	Bruno Miguel Nunes	99	BUZIOS-Coruche	<b>5:28.67</b>	300	-
	50m: 34.72 34.72	150m: 1:56.24 42.00	250m: 3:21.40 42.70		350m: 4:46.15 42.06	
	100m: 1:14.24 39.52	200m: 2:38.70 42.46	300m: 4:04.09 42.69		400m: 5:28.67 42.52	
21.	Jose Miguel Monteiro	04	Gualdim Pais	<b>5:47.54</b>	253	-
	100m: 1:21.84 1:21.84	200m: 2:50.28 1:28.44	300m: 4:20.22 1:29.94		400m: 5:47.54 1:27.32	
22.	David Franco Martins	04	20Km de Almeirim	<b>5:53.12</b>	242	-
	50m: 39.02 39.02	150m: 2:08.77 45.67	250m: 3:40.37 45.96		350m: 5:11.12 44.46	
	100m: 1:23.10 44.08	200m: 2:54.41 45.64	300m: 4:26.66 46.29		400m: 5:53.12 42.00	
EXH	Joao Nogueira Mendes	02	Laranjeiro	<b>5:20.45</b>	323	-
	100m: 1:00.47 1:00.47	200m: 2:34.41 50.07	400m: 5:20.45 1:19.42			
	150m: 1:44.34 43.87	300m: 4:01.03 1:26.62				

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 14  
18-03-2017 - 15:50

Femin., 100m Mariposa

Absoluto  
Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Filipa Cardigo Fitas	02	20Km de Almeirim	<b>1:14.40</b>	414	10,00
	50m: 34.55 34.55	100m: 1:14.40 39.85				
2.	Beatriz Ribeiro Simoes	01	Torres Novas	<b>1:15.27</b>	400	8,00
	50m: 35.40 35.40	100m: 1:15.27 39.87				
3.	Beatriz Staiger Bento	04	20Km de Almeirim	<b>1:15.57</b>	395	7,00
4.	Lea Alexandra Mendes	03	Gualdim Pais	<b>1:17.03</b>	373	6,00
5.	Beatriz Santos Reis	01	Torres Novas	<b>1:17.18</b>	371	5,00
	50m: 35.17 35.17	100m: 1:17.18 42.01				
6.	Mafalda Magalhaes Costa	03	Gualdim Pais	<b>1:20.03</b>	333	4,00
	50m: 36.14 36.14	100m: 1:20.03 43.89				
7.	Maria Madalena Bento	05	BUZIOS-Coruche	<b>1:21.76</b>	312	3,00
	50m: 38.39 38.39	100m: 1:21.76 43.37				
8.	Rita Carrico Cruz	04	Viver Santarem	<b>1:22.52</b>	303	2,00
	50m: 40.64 40.64	100m: 1:22.52 41.88				
9.	Carolina Miguel Marques	99	Natacao do Tejo	<b>1:25.53</b>	272	1,00
	50m: 38.16 38.16	100m: 1:25.53 47.37				
10.	Ana Rita Morais	02	Torres Novas	<b>1:25.57</b>	272	-
	50m: 40.01 40.01	100m: 1:25.57 45.56				
11.	Ana Patricia Oliveira	03	20Km de Almeirim	<b>1:25.91</b>	269	-
12.	Matilde Isabel Macharreu	04	BUZIOS-Coruche	<b>1:26.31</b>	265	-
	50m: 38.90 38.90	100m: 1:26.31 47.41				
13.	Matilde Basilio Gil	03	CLAC-Entroncamento	<b>1:28.78</b>	244	-
	50m: 40.12 40.12	100m: 1:28.78 48.66				
14.	Maria Ines Almeida	03	CLAC-Entroncamento	<b>1:29.13</b>	241	-
	50m: 40.71 40.71	100m: 1:29.13 48.42				
DNS	Maria Gabriela Carrapo	03	BUZIOS-Coruche			-
EXH	Catarina Rodrigues Belchior	01	Laranjeiro	<b>1:24.20</b>	286	-
	50m: 31.51 31.51	100m: 1:24.20 52.69				

Prova 15  
18-03-2017 - 15:55

Masc., 200m Mariposa

Absoluto  
Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Joao Jose Calado	01	Torres Novas	<b>2:17.42</b>	534	10,00
	50m: 30.26 30.26	100m: 1:04.73 34.47	150m: 1:40.67 35.94	200m: 2:17.42 36.75		
2.	Pedro Pereira Lopes	99	BUZIOS-Coruche	<b>2:27.61</b>	431	8,00
	50m: 32.48 32.48	100m: 1:09.94 37.46	150m: 1:49.68 39.74	200m: 2:27.61 37.93		
3.	Jose Henriques Luz	99	Torres Novas	<b>2:33.09</b>	386	7,00
	100m: 1:13.32 1:13.32	200m: 2:33.09 1:19.77				
4.	Diogo Franco Martins	01	20Km de Almeirim	<b>2:38.12</b>	350	6,00
	50m: 34.52 34.52	100m: 1:14.45 39.93	150m: 1:55.82 41.37	200m: 2:38.12 42.30		
5.	Tomas Meliciano Cabeleira	01	CLAC-Entroncamento	<b>2:47.61</b>	294	5,00
	50m: 33.97 33.97	100m: 1:16.90 42.93	150m: 2:02.19 45.29	200m: 2:47.61 45.42		
6.	Jose Nuno Sousa	99	CLAC-Entroncamento	<b>2:48.26</b>	291	4,00
	50m: 36.48 36.48	100m: 1:19.65 43.17	150m: 2:04.77 45.12	200m: 2:48.26 43.49		

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 15, Masc., 200m Mariposa, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
7.	Guilherme Pereira Coutinho	03	Viver Santarem	<b>2:52.06</b>	272	3,00
	100m: 1:23.45 1:23.45	200m: 2:52.06 1:28.61				
8.	Rui Chagas Alves	03	Viver Santarem	<b>2:55.29</b>	257	2,00
	50m: 39.54 39.54	100m: 1:26.49 46.95	150m: 2:13.63 47.14	200m: 2:55.29 41.66		
9.	Antonio Joao Pestana	00	CLAC-Entroncamento	<b>3:21.07</b>	170	1,00
	50m: 42.77 42.77	100m: 1:34.02 51.25	150m: 2:29.11 55.09	200m: 3:21.07 51.96		
10.	Gustavo Pinhal Canto	04	20Km de Almeirim	<b>3:21.97</b>	168	-
	100m: 1:36.62 1:36.62	200m: 3:21.97 1:45.35				
11.	Miguel Alexandre Martins	04	BUZIOS-Coruche	<b>3:22.87</b>	166	-
	50m: 48.16 48.16	100m: 1:40.49 52.33	150m: 2:34.84 54.35	200m: 3:22.87 48.03		
DNS	Dinis Neves Silva	00	Gualdim Pais			-
EXH	Diogo Carrasco Correia	95	Belenenses	<b>2:12.41</b>	597	-
	100m: 1:03.12 1:03.12	200m: 2:12.41 1:09.29				

Prova 16

Femin., 100m Bruços

Absoluto

18-03-2017 - 16:05

Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Mafalda Gilberto Marques	01	Natacao do Tejo	<b>1:20.36</b>	513	10,00
2.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	<b>1:24.29</b>	444	8,00
3.	Ana Patricia Oliveira	03	20Km de Almeirim	<b>1:28.64</b>	382	7,00
	50m: 43.57 43.57	100m: 1:28.64 45.07				
4.	Beatriz Catarino Moura	02	Nautico Abrantes	<b>1:29.53</b>	371	6,00
5.	Ines Maria Ribeiro	94	CLAC-Entroncamento	<b>1:30.20</b>	363	5,00
	50m: 42.37 42.37	100m: 1:30.20 47.83				
6.	Carolina Lopes Vieira	02	Gualdim Pais	<b>1:30.46</b>	359	4,00
	50m: 43.18 43.18	100m: 1:30.46 47.28				
7.	Gabriela Graco Duarte	04	20Km de Almeirim	<b>1:32.70</b>	334	3,00
	50m: 44.66 44.66	100m: 1:32.70 48.04				
8.	Ana Rita Morais	02	Torres Novas	<b>1:33.25</b>	328	2,00
	50m: 45.14 45.14	100m: 1:33.25 48.11				
9.	Ines Fernandes Moutinho	99	CLAC-Entroncamento	<b>1:35.74</b>	303	1,00
	50m: 46.26 46.26	100m: 1:35.74 49.48				
10.	Maria Ines Paveia	03	20Km de Almeirim	<b>1:38.48</b>	278	-
11.	Catarina Isabel Carlota	05	BUZIOS-Coruche	<b>1:40.03</b>	266	-
12.	Raquel Canelas Louro	04	Viver Santarem	<b>1:43.08</b>	243	-
	50m: 50.39 50.39	100m: 1:43.08 52.69				
13.	Ariana Espirito Louro	05	Gualdim Pais	<b>1:45.12</b>	229	-
	50m: 49.11 49.11	100m: 1:45.12 56.01				
14.	Leonor Maria Mira	04	BUZIOS-Coruche	<b>1:46.21</b>	222	-
	50m: 51.53 51.53	100m: 1:46.21 54.68				
15.	Beatriz Roldao Fontes	04	Nautico Abrantes	<b>1:47.20</b>	216	-
16.	Beatriz Gaudencio Valentim	03	Natacao do Tejo	<b>1:53.00</b>	184	-
	50m: 55.51 55.51	100m: 1:53.00 57.49				
DNS	Beatriz Goncalves Casal	03	Torres Novas			-
DNS	Ines Ferreira Duarte	01	Torres Novas			-

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 17  
18-03-2017 - 16:15

Masc., 200m Bruços

Absoluto  
Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Hugo Miguel Nunes	90	Natacao do Tejo	<b>2:39.83</b>	501	10,00
	100m: 1:14.58 1:14.58	200m: 2:39.83 1:25.25				
2.	Artur Rafael Saramago	97	BUZIOS-Coruche	<b>2:47.01</b>	439	8,00
	50m: 37.29 37.29	100m: 1:20.10 42.81	150m: 2:04.07 43.97	200m: 2:47.01 42.94		
3.	Miguel Goncalves Frade	00	Torres Novas	<b>2:52.31</b>	400	7,00
	50m: 39.97 39.97	100m: 1:22.53 42.56	150m: 2:07.42 44.89	200m: 2:52.31 44.89		
4.	Joao Manuel Ferreira	92	CLAC-Entroncamento	<b>2:52.47</b>	399	6,00
	50m: 37.80 37.80	100m: 1:21.28 43.48	150m: 2:06.82 45.54	200m: 2:52.47 45.65		
5.	Goncalo Faria Saldida	99	Natacao do Tejo	<b>2:54.29</b>	386	5,00
	100m: 1:25.55 1:25.55	200m: 2:54.29 1:28.74				
6.	Filipe Asseiceira Ramos	00	Torres Novas	<b>2:56.09</b>	375	4,00
	50m: 42.25 42.25	100m: 1:28.56 46.31	150m: 2:12.49 43.93	200m: 2:56.09 43.60		
7.	Luis Afonso Lopes	03	Viver Santarem	<b>3:02.56</b>	336	3,00
	100m: 1:28.71 1:28.71	200m: 3:02.56 1:33.85				
8.	Joao Afonso Goncalves	00	CLAC-Entroncamento	<b>3:05.93</b>	318	2,00
	50m: 42.94 42.94	100m: 1:29.93 46.99	150m: 2:19.43 49.50	200m: 3:05.93 46.50		
9.	Joao Antonio Simoes	01	Torres Novas	<b>3:09.84</b>	299	1,00
	50m: 41.11 41.11	100m: 1:29.86 48.75	150m: 2:20.85 50.99	200m: 3:09.84 48.99		
10.	Joao Tiago Almeida	99	20Km de Almeirim	<b>3:12.36</b>	287	-
	50m: 42.10 42.10	100m: 1:31.14 49.04	150m: 2:21.76 50.62	200m: 3:12.36 50.60		
11.	Daniel Francisco Carvalho	02	Natacao do Tejo	<b>3:15.27</b>	275	-
	50m: 45.85 45.85	100m: 1:36.30 50.45	150m: 2:27.18 50.88	200m: 3:15.27 48.09		
12.	Miguel Monsanto Cotrim	03	Viver Santarem	<b>3:17.60</b>	265	-
	50m: 46.56 46.56	100m: 1:36.00 49.44	150m: 2:28.12 52.12	200m: 3:17.60 49.48		
13.	Andre Jesus Gaspar	04	Gualdim Pais	<b>3:22.43</b>	246	-
	50m: 47.76 47.76	100m: 1:38.86 51.10	150m: 2:33.28 54.42	200m: 3:22.43 49.15		
14.	Vasco Peixoto Oliveira	04	Nautico Abrantes	<b>3:28.60</b>	225	-
	50m: 47.41 47.41	100m: 1:39.79 52.38	150m: 2:34.59 54.80	200m: 3:28.60 54.01		
15.	Manuel Tomas Andrade	01	20Km de Almeirim	<b>3:37.91</b>	198	-
	100m: 1:43.81 1:43.81	200m: 3:37.91 1:54.10				
16.	Joao Marques Ferreira	04	Viver Santarem	<b>4:00.74</b>	146	-
	100m: 1:56.03 1:56.03	200m: 4:00.74 2:04.71				
DSQ	Goncalo Magalhaes Cristovao	03	20Km de Almeirim			-
	<i>SW 4.4 - Falsa partida</i>					
DNS	Joao Sismeyro Pereira	98	Belenenses			-
EXH	Rui Pedro Horta	94	Laranjeiro	<b>2:42.47</b>	477	-
	50m: 30.95 30.95	100m: 1:16.84 45.89	150m: 2:00.26 43.42	200m: 2:42.47 42.21		

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 18  
18-03-2017 - 16:35

Femin., 100m Costas

Absoluto  
Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Lea Alexandra Mendes	03	Gualdim Pais	<b>1:15.78</b>	451	10,00
2.	Ines Asseiceira Ramos	03	Torres Novas	<b>1:16.50</b>	438	8,00
	50m: 37.87 37.87	100m: 1:16.50 38.63				
3.	Erica Neves Leote	03	Torres Novas	<b>1:20.49</b>	376	7,00
	50m: 40.11 40.11	100m: 1:20.49 40.38				
4.	Carolina Guerra Pisco	02	20Km de Almeirim	<b>1:22.11</b>	354	6,00
	50m: 40.59 40.59	100m: 1:22.11 41.52				
5.	Beatriz Santos Reis	01	Torres Novas	<b>1:22.56</b>	348	5,00
6.	Jessica Andreia Antonio	02	CLAC-Entroncamento	<b>1:23.71</b>	334	4,00
	50m: 39.98 39.98	100m: 1:23.71 43.73				
7.	Ines Marques Garcia	03	Nautico Abrantes	<b>1:23.78</b>	333	3,00
	50m: 40.41 40.41	100m: 1:23.78 43.37				
8.	Matilde Basilio Gil	03	CLAC-Entroncamento	<b>1:25.99</b>	308	2,00
9.	Maria Ines Paveia	03	20Km de Almeirim	<b>1:27.47</b>	293	1,00
	50m: 42.96 42.96	100m: 1:27.47 44.51				
10.	Joana Margarida Sousa	04	20Km de Almeirim	<b>1:27.69</b>	291	-
11.	Maria Beatriz Silva	02	CLAC-Entroncamento	<b>1:30.97</b>	260	-
	50m: 43.26 43.26	100m: 1:30.97 47.71				
12.	Catarina Filipa Silva	03	Natacao do Tejo	<b>1:31.54</b>	255	-
	50m: 44.94 44.94	100m: 1:31.54 46.60				
13.	Beatriz Gaspar Nobre	05	Gualdim Pais	<b>1:32.10</b>	251	-
	50m: 45.59 45.59	100m: 1:32.10 46.51				
14.	Laura Maria Ferreira	03	Gualdim Pais	<b>1:34.27</b>	234	-
	50m: 45.48 45.48	100m: 1:34.27 48.79				
15.	Beatriz Roldao Fontes	04	Nautico Abrantes	<b>1:35.11</b>	228	-
16.	Carolina Manuela Guia	05	Viver Santarem	<b>1:35.20</b>	227	-
17.	Vania Alves Farinha	05	Nautico Abrantes	<b>1:38.76</b>	203	-
	50m: 48.05 48.05	100m: 1:38.76 50.71				
18.	Matilde Paulos Branco	05	BUZIOS-Coruche	<b>1:44.34</b>	172	-
	50m: 48.50 48.50	100m: 1:44.34 55.84				
DNS	Ines Ferreira Duarte	01	Torres Novas			-
DNS	Maria Gabriela Carrapo	03	BUZIOS-Coruche			-
EXH	Margarida Teixeira Moreira	03	Belenenses	<b>1:16.44</b>	439	-
	50m: 37.45 37.45	100m: 1:16.44 38.99				

Prova 19  
18-03-2017 - 16:45

Masc., 200m Costas

Absoluto  
Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
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Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 19, Masc., 200m Costas

1.	Tomas Jose Agostinho	99	BUZIOS-Coruche	<b>2:29.91</b>	416	10,00
	50m: 35.26 35.26	100m: 1:12.99 37.73	150m: 1:52.07 39.08	200m: 2:29.91 37.84		
2.	Rui Jorge Lopes	00	CLAC-Entroncamento	<b>2:30.00</b>	415	8,00
	50m: 36.72 36.72	100m: 1:15.98 39.26	150m: 1:55.40 39.42	200m: 2:30.00 34.60		
3.	Diogo Franco Martins	01	20Km de Almeirim	<b>2:33.05</b>	391	7,00
	50m: 36.07 36.07	100m: 1:14.15 38.08	150m: 1:53.64 39.49	200m: 2:33.05 39.41		
4.	Miguel Goncalves Frade	00	Torres Novas	<b>2:36.28</b>	367	6,00
	50m: 37.12 37.12	100m: 1:16.56 39.44	150m: 1:56.66 40.10	200m: 2:36.28 39.62		
5.	Ricardo Luis Leal	01	CLAC-Entroncamento	<b>2:36.34</b>	366	5,00
	50m: 36.28 36.28	100m: 1:16.56 40.28	150m: 1:56.71 40.15	200m: 2:36.34 39.63		
6.	Afonso Guilherme Rosa	99	Torres Novas	<b>2:38.78</b>	350	4,00
	100m: 1:19.42 1:19.42	200m: 2:38.78 1:19.36				
7.	Manuel Tomas Andrade	01	20Km de Almeirim	<b>2:40.76</b>	337	3,00
	100m: 1:19.45 1:19.45	200m: 2:40.76 1:21.31				
8.	Antonio Joao Pestana	00	CLAC-Entroncamento	<b>2:42.02</b>	329	2,00
	100m: 1:19.82 1:19.82	200m: 2:42.02 1:22.20				
9.	Daniel Marques Filipe	02	Nautico Abrantes	<b>2:42.69</b>	325	1,00
	50m: 38.34 38.34	100m: 1:19.53 41.19	150m: 2:01.66 42.13	200m: 2:42.69 41.03		
10.	Duarte Filipe Silva	03	BUZIOS-Coruche	<b>2:45.04</b>	311	-
	50m: 40.23 40.23	100m: 1:22.83 42.60	150m: 2:05.46 42.63	200m: 2:45.04 39.58		
11.	Guilherme Pereira Coutinho	03	Viver Santarem	<b>2:49.11</b>	289	-
	50m: 43.54 43.54	100m: 1:26.75 43.21	150m: 2:09.51 42.76	200m: 2:49.11 39.60		
12.	Henrique Antonio Martins	03	Natacao do Tejo	<b>2:50.01</b>	285	-
	50m: 42.18 42.18	100m: 1:25.94 43.76	150m: 2:08.39 42.45	200m: 2:50.01 41.62		
13.	Afonso Miguel Silva	03	Viver Santarem	<b>2:50.46</b>	283	-
	50m: 39.42 39.42	100m: 1:23.23 43.81	150m: 2:08.28 45.05	200m: 2:50.46 42.18		
14.	Hugo Alexandre Sagradas	01	Natacao do Tejo	<b>2:58.99</b>	244	-
	100m: 1:25.70 1:25.70	200m: 2:58.99 1:33.29				
15.	Jose Miguel Monteiro	04	Gualdim Pais	<b>3:07.96</b>	211	-
	50m: 43.85 43.85	100m: 1:32.49 48.64	200m: 3:07.96 1:35.47			
16.	David Franco Martins	04	20Km de Almeirim	<b>3:24.01</b>	165	-
	50m: 48.46 48.46	100m: 1:41.26 52.80	150m: 2:34.18 52.92	200m: 3:24.01 49.83		
17.	Goncalo Maria Mendonca	04	Viver Santarem	<b>3:37.49</b>	136	-
	100m: 1:47.10 1:47.10	200m: 3:37.49 1:50.39				
DNS	Dinis Neves Silva	00	Gualdim Pais			-
EXH	Ricardo Saraiva Pires	98	Laranjeiro	<b>2:16.88</b>	546	-
	100m: 1:06.93 1:06.93	200m: 2:16.88 1:09.95				
EXH	Daniel Rodrigues Alves	02	Belenenses	<b>2:28.37</b>	429	-
	50m: 34.75 34.75	100m: 1:13.02 38.27	150m: 1:50.68 37.66	200m: 2:28.37 37.69		

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 20  
18-03-2017 - 17:00

Femin., 50m Livres

Absoluto  
Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Maria Beatriz Leal	99	Rio Maior	<b>28.86</b>	555	10,00
2.	Carolina Marques Neves	01	Torres Novas	<b>29.00</b>	547	8,00
3.	Marta Sousa Oliveira	01	Torres Novas	<b>29.56</b>	517	7,00
4.	Rita Sousa Oliveira	01	Torres Novas	<b>29.80</b>	504	6,00
5.	Beatriz Staiger Bento	04	20Km de Almeirim	<b>30.07</b>	491	5,00
	<i>Recorde Distrital ANDS, INF-A</i>					
6.	Carolina Guerra Pisco	02	20Km de Almeirim	<b>31.03</b>	447	4,00
7.	Mafalda Magalhaes Costa	03	Gualdim Pais	<b>31.06</b>	445	3,00
8.	Patricia Silva Conceicao	99	Nautico Abrantes	<b>31.48</b>	428	2,00
9.	Constanca Basilio Gil	03	CLAC-Entroncamento	<b>31.71</b>	419	1,00
10.	Constanca Isabel Jose	01	Gualdim Pais	<b>32.63</b>	384	-
11.	Joana Margarida Sousa	04	20Km de Almeirim	<b>32.94</b>	373	-
12.	Catarina Isabel Carlota	05	BUZIOS-Coruche	<b>33.26</b>	363	-
13.	Ines Fernandes Moutinho	99	CLAC-Entroncamento	<b>33.49</b>	355	-
14.	Carolina Miguel Marques	99	Natacao do Tejo	<b>33.70</b>	349	-
15.	Maria Beatriz Silva	02	CLAC-Entroncamento	<b>33.75</b>	347	-
16.	Catarina Filipa Silva	03	Natacao do Tejo	<b>34.19</b>	334	-
17.	Raquel Canelas Louro	04	Viver Santarem	<b>34.20</b>	334	-
18.	Maria Laura Brotas	03	BUZIOS-Coruche	<b>36.87</b>	266	-
19.	Beatriz Gaudencio Valentim	03	Natacao do Tejo	<b>39.93</b>	209	-
DNS	Beatriz Goncalves Casal	03	Torres Novas			-
EXH	Margarida Sobral Pimenta	99	Belenenses	<b>28.74</b>	562	-
EXH	Sofia Alexandra Nunes	00	Laranjeiro	<b>29.01</b>	547	-
EXH	Catarina Rodrigues Belchior	01	Laranjeiro	<b>29.50</b>	520	-

Prova 21  
18-03-2017 - 17:05

Masc., 200m Estilos

Absoluto  
Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Artur Rafael Saramago	97	BUZIOS-Coruche	<b>2:23.65</b>	499	10,00
	50m: 29.80 29.80		100m: 1:08.13 38.33	200m: 2:23.65 1:15.52		
2.	Joao Jose Calado	01	Torres Novas	<b>2:26.11</b>	474	8,00
	50m: 30.11 30.11		100m: 1:07.87 37.76	150m: 1:53.48 45.61	200m: 2:26.11	32.63
3.	Hugo Miguel Nunes	90	Natacao do Tejo	<b>2:29.09</b>	447	7,00
	50m: 30.93 30.93		100m: 1:11.99 41.06	150m: 1:52.96 40.97	200m: 2:29.09	36.13
4.	Goncalo Catarino Dias	00	Rio Maior	<b>2:30.88</b>	431	6,00
	100m: 1:12.66 1:12.66		200m: 2:30.88 1:18.22			
5.	Joao Miguel Marques	01	20Km de Almeirim	<b>2:32.93</b>	414	5,00
	50m: 31.39 31.39		100m: 1:13.50 42.11	150m: 2:02.50 49.00	200m: 2:32.93	30.43
6.	Joao Manuel Ferreira	92	CLAC-Entroncamento	<b>2:33.10</b>	412	4,00
	100m: 1:11.79 1:11.79		200m: 2:33.10 1:21.31			
7.	Pedro Pereira Lopes	99	BUZIOS-Coruche	<b>2:34.67</b>	400	3,00
	50m: 30.71 30.71		100m: 1:12.97 42.26	150m: 2:02.08 49.11	200m: 2:34.67	32.59
8.	Jose Henriques Luz	99	Torres Novas	<b>2:34.68</b>	400	2,00
	100m: 1:13.06 1:13.06		200m: 2:34.68 1:21.62			
9.	Bernardo Jorge Simoes	02	Torres Novas	<b>2:34.71</b>	400	1,00
	50m: 32.84 32.84		100m: 1:15.14 42.30	150m: 1:59.47 44.33	200m: 2:34.71	35.24

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 21, Masc., 200m Estilos, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
10.	Joao Afonso Pacau	02	Gualdim Pais	<b>2:40.64</b>	357	-
	50m: 33.68 33.68	100m: 1:16.94 43.26	150m: 2:06.46 49.52	200m: 2:40.64		34.18
11.	Tomas Meliciano Cabeleira	01	CLAC-Entroncamento	<b>2:40.73</b>	356	-
	50m: 33.05 33.05	100m: 1:16.28 43.23	150m: 2:04.68 48.40	200m: 2:40.73		36.05
12.	Tiago Miguel Jorge	03	Rio Maior	<b>2:42.56</b>	344	-
	50m: 34.22 34.22	100m: 1:15.57 41.35	150m: 2:05.31 49.74	200m: 2:42.56		37.25
13.	Rui Chagas Alves	03	Viver Santarem	<b>2:42.63</b>	344	-
	50m: 33.89 33.89	100m: 1:19.67 45.78	150m: 2:09.61 49.94	200m: 2:42.63		33.02
14.	Marcio Lima Silva	01	Natacao do Tejo	<b>2:46.72</b>	319	-
	50m: 33.58 33.58	100m: 1:21.03 47.45	150m: 2:12.22 51.19	200m: 2:46.72		34.50
15.	Jose Nuno Sousa	99	CLAC-Entroncamento	<b>2:48.36</b>	310	-
	50m: 36.61 36.61	100m: 1:19.63 43.02	150m: 2:10.34 50.71	200m: 2:48.36		38.02
16.	Joao Tiago Almeida	99	20Km de Almeirim	<b>2:53.38</b>	284	-
	50m: 34.74 34.74	100m: 1:20.77 46.03	150m: 2:12.39 51.62	200m: 2:53.38		40.99
17.	Duarte Filipe Silva	03	BUZIOS-Coruche	<b>2:56.93</b>	267	-
	50m: 40.32 40.32	100m: 1:22.26 41.94	150m: 2:18.83 56.57	200m: 2:56.93		38.10
18.	Diogo Miguel Colaco	04	Gualdim Pais	<b>2:57.57</b>	264	-
	50m: 37.52 37.52	100m: 1:25.15 47.63	150m: 2:18.25 53.10	200m: 2:57.57		39.32
19.	Gustavo Pinhal Canto	04	20Km de Almeirim	<b>3:06.72</b>	227	-
	100m: 1:30.33 1:30.33	200m: 3:06.72 1:36.39				
20.	Hugo Miguel Leitao	03	Natacao do Tejo	<b>3:10.74</b>	213	-
	100m: 1:32.79 1:32.79	200m: 3:10.74 1:37.95				
21.	Joao Marques Ferreira	04	Viver Santarem	<b>3:27.52</b>	165	-
	50m: 52.56 52.56	100m: 1:42.51 49.95	200m: 3:27.52 1:45.01			
22.	Goncalo Maria Mendonca	04	Viver Santarem	<b>3:28.04</b>	164	-
	100m: 1:44.26 1:44.26	200m: 3:28.04 1:43.78				
DSQ	Andre Jesus Gaspar	04	Gualdim Pais			-
	<i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso, mariposa</i>					
DSQ	Vasco Peixoto Oliveira	04	Nautico Abrantes			-
	<i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>					
EXH	Jose Tomas Simeao	00	Laranjeiro	<b>2:17.26</b>	572	-
	100m: 1:04.53 1:04.53	200m: 2:17.26 1:12.73				

Prova 22  
18-03-2017 - 17:25

Femin., 200m Livres

Absoluto  
Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
1.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	<b>2:18.93</b>	537	10,00
	50m: 32.53 32.53	100m: 1:08.99 36.46	150m: 1:44.57 35.58	200m: 2:18.93		34.36
2.	Ana Beatriz Rodrigues	02	Rio Maior	<b>2:21.13</b>	513	8,00
	50m: 32.39 32.39	100m: 1:07.71 35.32	150m: 1:44.17 36.46	200m: 2:21.13		36.96
3.	Filipa Cardigo Fitas	02	20Km de Almeirim	<b>2:22.77</b>	495	7,00
	50m: 33.15 33.15	100m: 1:09.60 36.45	150m: 1:46.66 37.06	200m: 2:22.77		36.11
4.	Ines Asseiceira Ramos	03	Torres Novas	<b>2:22.87</b>	494	6,00
	50m: 33.57 33.57	100m: 1:10.02 36.45	150m: 1:47.06 37.04	200m: 2:22.87		35.81

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 22, Femin., 200m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	Pts FINA	Pts
5.	Rita Sousa Oliveira 50m: 34.09 34.09	01	Torres Novas 100m: 1:12.26 38.17	<b>2:28.32</b> 150m: 1:51.02 38.76	441	5,00 200m: 2:28.32 37.30
6.	Erica Neves Leote 100m: 1:14.32 1:14.32	03	Torres Novas 200m: 2:30.67 1:16.35	<b>2:30.67</b>	421	4,00
7.	Constanca Basilio Gil 50m: 34.87 34.87	03	CLAC-Entroncamento 100m: 1:13.01 38.14	<b>2:31.31</b> 150m: 1:53.60 40.59	416	3,00 200m: 2:31.31 37.71
8.	Rita Carrico Cruz 50m: 36.26 36.26	04	Viver Santarem 100m: 1:15.11 38.85	<b>2:31.86</b> 150m: 1:55.37 40.26	411	2,00 200m: 2:31.86 36.49
9.	Beatriz Catarino Moura 100m: 1:15.58 1:15.58	02	Nautico Abrantes 200m: 2:32.11 1:16.53	<b>2:32.11</b>	409	1,00
10.	Maria Madalena Bento 50m: 34.77 34.77	05	BUZIOS-Coruche 100m: 1:13.84 39.07	<b>2:32.22</b> 150m: 1:53.39 39.55	408	- 200m: 2:32.22 38.83
11.	Ines Marques Garcia 50m: 37.45 37.45	03	Nautico Abrantes 100m: 1:17.30 39.85	<b>2:37.07</b> 150m: 1:58.40 41.10	372	- 200m: 2:37.07 38.67
12.	Jessica Andreia Antonio 50m: 37.26 37.26	02	CLAC-Entroncamento 100m: 1:17.29 40.03	<b>2:41.71</b> 150m: 1:59.76 42.47	341	- 200m: 2:41.71 41.95
13.	Patricia Silva Conceicao 50m: 34.65 34.65	99	Nautico Abrantes 100m: 1:17.31 42.66	<b>2:43.59</b> 150m: 2:02.46 45.15	329	- 200m: 2:43.59 41.13
14.	Leonor Maria Mira 50m: 37.89 37.89	04	BUZIOS-Coruche 100m: 1:23.92 46.03	<b>2:49.86</b> 150m: 2:07.85 43.93	294	- 200m: 2:49.86 42.01
15.	Gabriela Graco Duarte 50m: 38.95 38.95	04	20Km de Almeirim 100m: 1:22.61 43.66	<b>2:51.42</b> 150m: 2:08.41 45.80	286	- 200m: 2:51.42 43.01
16.	Ines Maria Ribeiro 50m: 38.61 38.61	94	CLAC-Entroncamento 100m: 1:20.76 42.15	<b>2:51.90</b> 150m: 2:06.62 45.86	283	- 200m: 2:51.90 45.28
17.	Matilde Isabel Macharreu 50m: 33.62 33.62	04	BUZIOS-Coruche 100m: 1:13.59 39.97	<b>2:53.71</b> 150m: 2:07.66 54.07	275	- 200m: 2:53.71 46.05
18.	Ariana Espirito Louro 100m: 1:24.75 1:24.75	05	Gualdim Pais 200m: 2:53.88 1:29.13	<b>2:53.88</b>	274	-
19.	Laura Maria Ferreira 50m: 41.67 41.67	03	Gualdim Pais 100m: 1:26.47 44.80	<b>2:53.95</b> 150m: 2:11.85 45.38	273	- 200m: 2:53.95 42.10
20.	Carolina Manuela Guia 100m: 1:27.80 1:27.80	05	Viver Santarem 200m: 2:56.90 1:29.10	<b>2:56.90</b>	260	-
21.	Beatriz Gaspar Nobre 50m: 42.40 42.40	05	Gualdim Pais 100m: 1:30.43 48.03	<b>3:04.90</b> 150m: 2:18.47 48.04	228	- 200m: 3:04.90 46.43
EXH	Margarida Sobral Pimenta 100m: 1:04.08 1:04.08	99	Belenenses 200m: 2:14.91 1:10.83	<b>2:14.91</b>	587	-
EXH	Sofia Alexandra Nunes 100m: 1:08.41 1:08.41	00	Laranjeiro 200m: 2:19.67 1:11.26	<b>2:19.67</b>	529	-

Taça ANDS - Cidade de Rio Maior  
Rio Maior, 18-3-2017

Prova 23 Absoluto  
18-03-2017 - 17:45 Resultados

Pontos: FINA 2017

Lugar	Clube	Tempo Final	Pts FINA	Pts
1. Torres Novas 1	Torres Novas	<b>2:01.03</b>	460	10,00
Afonso Guilherme Rosa	99	Joao Jose Calado	01	+0,44
Miguel Goncalves Frade	00	Bernardo Jorge Simoes	02	
2. BUZIOS-Coruche 1	BUZIOS-Coruche	<b>2:04.23</b>	425	8,00
Tomas Jose Agostinho	99	Pedro Pereira Lopes	99	+0,36
Artur Rafael Saramago	97	Bruno Miguel Nunes	99	
3. CLAC-Entroncamento 1	CLAC-Entroncamento	<b>2:04.93</b>	418	7,00
Ricardo Luis Leal	01	31.74 Rui Jorge Lopes	00	+0,58 28.91
Joao Afonso Goncalves	00	37.49 Joao Manuel Ferreira	92	26.79
4. 20Km de Almeirim 1	20Km de Almeirim	<b>2:07.92</b>	389	6,00
Joao Miguel Marques	01	30.56 Diogo Franco Martins	01	30.11
Joao Tiago Almeida	99	38.65 Manuel Tomas Andrade	01	28.60
5. Viver Santarem 1	Viver Santarem	<b>2:17.60</b>	313	5,00
<i>Recorde Distrital ANDS, INF-A</i>				
Afonso Miguel Silva	03	37.25 Guilherme Pereira Coutinho	03	34.20
Luis Afonso Lopes	03	37.98 Rui Chagas Alves	03	28.17
6. Natacao do Tejo 1	Natacao do Tejo	<b>2:21.06</b>	290	4,00
Henrique Antonio Martins	03	38.14 Marcio Lima Silva	01	31.36
David Antonio Carvalho	99	42.43 Hugo Alexandre Sagradas	01	29.13
7. Gualdim Pais 1	Gualdim Pais	<b>2:22.44</b>	282	3,00
Jose Miguel Monteiro	04	42.54 Diogo Miguel Colaco	04	+0,57 35.86
Bernardo Jose Dionisio	99	36.27 Joao Afonso Pacau	02	27.77

Prova 24 Absoluto  
18-03-2017 - 17:50 Resultados

Pontos: FINA 2017

Lugar	Clube	Tempo Final	Pts FINA	Pts
1. Torres Novas 1	Torres Novas	<b>2:00.11</b>	519	10,00
Marta Sousa Oliveira	01	+0,80 Rita Sousa Oliveira	01	+0,32
Ines Asseiceira Ramos	03	Carolina Marques Neves	01	
2. 20Km de Almeirim 1	20Km de Almeirim	<b>2:04.13</b>	470	8,00
Beatriz Staiger Bento	04	30.35 Maria Ines Paveia	03	33.15
Carolina Guerra Pisco	02	30.67 Filipa Cardigo Fitas	02	29.96
3. Gualdim Pais 1	Gualdim Pais	<b>2:08.18</b>	427	7,00
Mafalda Magalhaes Costa	03	+0,76 31.52 Constanca Isabel Jose	01	+0,58 33.24
Carolina Lopes Vieira	02	32.68 Lea Alexandra Mendes	03	30.74
4. Natacao do Tejo 1	Natacao do Tejo	<b>2:08.44</b>	424	6,00
Carolina Miguel Marques	99	+0,77 Catarina Filipa Silva	03	+0,81
Mafalda Gilberto Marques	01	Carolina Silverio Carpinteiro	02	
5. Nautico Abrantes 1	Nautico Abrantes	<b>2:10.86</b>	401	5,00
Beatriz Catarino Moura	02	31.30 Beatriz Roldao Fontes	04	35.79
Ines Marques Garcia	03	33.02 Patricia Silva Conceicao	99	30.75
6. BUZIOS-Coruche 1	BUZIOS-Coruche	<b>2:13.20</b>	380	4,00
Maria Madalena Bento	05	31.89 Matilde Isabel Macharreu	04	32.69
Catarina Isabel Carlota	05	33.41 Leonor Maria Mira	04	35.21
7. CLAC-Entroncamento 1	CLAC-Entroncamento	<b>2:13.63</b>	376	3,00
Maria Beatriz Silva	02	+0,79 34.19 Matilde Basilio Gil	03	+0,52 34.15
Constanca Basilio Gil	03	32.35 Ines Fernandes Moutinho	99	32.94