

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

1 - 1ªSESSÃO

22-03-2014 - 9:30

Prova 1
22-03-2014 - 9:30

Masc., 100m Mariposa

Absoluto
Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Andre Filipe Mendes	92	Nautico Abrantes	1:00.76		551	
	50m: 27.49 27.49	100m: 1:00.76 33.27					
2.	Miguel Carrico Cruz	99	20Km de Almeirim	1:03.91	+0,74	473	
	50m: 30.01 30.01	100m: 1:03.91 33.90					
3.	Ruben Miguel Matos	91	Nautico Abrantes	1:04.85	+0,82	453	
	50m: 28.80 28.80	100m: 1:04.85 36.05					
4.	Martim Basilio Gil	97	CLAC-Entroncamento	1:06.81	+0,84	414	
	50m: 30.97 30.97	100m: 1:06.81 35.84					
5.	Joao Rafael Fonseca	97	Rio Maior	1:08.12		391	
	50m: 31.49 31.49	100m: 1:08.12 36.63					
6.	Afonso Guilherme Rosa	99	Gualdim Pais	1:08.26	+0,82	388	
	50m: 30.88 30.88	100m: 1:08.26 37.38					
7.	Joao Pedro Rosa	90	CLAC-Entroncamento	1:09.42	+0,83	369	
	50m: 31.34 31.34	100m: 1:09.42 38.08					
8.	Miguel Serrao Santos	00	Viver Santarem	1:10.08	+0,74	359	
	50m: 32.01 32.01	100m: 1:10.08 38.07					
9.	Joao Jose Calado	01	Nautico Abrantes	1:11.07	+0,63	344	
	50m: 33.25 33.25	100m: 1:11.07 37.82					
10.	Mario Jorge Santos	95	Gualdim Pais	1:11.34	+0,82	340	
	50m: 32.22 32.22	100m: 1:11.34 39.12					
11.	Ruben Borges Rosa	98	Gualdim Pais	1:12.75	+0,92	321	
	50m: 32.18 32.18	100m: 1:12.75 40.57					
12.	Francisco Inacio Rodrigues	00	Viver Santarem	1:16.58	+0,76	275	
	50m: 34.64 34.64	100m: 1:16.58 41.94					
13.	David Antunes Santos	00	CLAC-Entroncamento	1:20.72	+0,92	235	
	50m: 37.38 37.38	100m: 1:20.72 43.34					
14.	Telmo Joao Faria	97	Natacao do Tejo	1:21.10	+0,84	231	
	50m: 37.74 37.74	100m: 1:21.10 43.36					
15.	Afonso Maria Teodoro	01	Viver Santarem	1:21.44	+0,76	228	
	50m: 37.87 37.87	100m: 1:21.44 43.57					
16.	Andre Pombo Dias	96	Natacao do Tejo	1:26.42	+0,85	191	
	50m: 39.61 39.61	100m: 1:26.42 46.81					
17.	Joao Antonio Simoes	01	Torres Novas	1:26.72	+0,91	189	
	50m: 39.61 39.61	100m: 1:26.72 47.11					
18.	Alexandre Ferreira Ribeiro	01	Rio Maior	1:28.01		181	
	50m: 40.80 40.80	100m: 1:28.01 47.21					
19.	Afonso Pinhal Canto	01	20Km de Almeirim	1:29.63	+0,91	171	
	50m: 41.61 41.61	100m: 1:29.63 48.02					
20.	Pedro Jorge Silva	99	20Km de Almeirim	1:31.36	+1,12	162	
	50m: 38.49 38.49	100m: 1:31.36 52.87					
21.	Marcio Lima Silva	01	Natacao do Tejo	1:33.50		151	
	50m: 43.78 43.78	100m: 1:33.50 49.72					
DNS	Ricardo Filipe Carrilho	90	Individual Lisboa				

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 1, Masc., 100m Mariposa

Infantis B

1.	Joao Jose Calado	01	Nautico Abrantes	1:11.07	+0,63	344
	50m: 33.25 33.25	100m:	1:11.07 37.82			
2.	Afonso Maria Teodoro	01	Viver Santarem	1:21.44	+0,76	228
	50m: 37.87 37.87	100m:	1:21.44 43.57			
3.	Joao Antonio Simoes	01	Torres Novas	1:26.72	+0,91	189
	50m: 39.61 39.61	100m:	1:26.72 47.11			
4.	Alexandre Ferreira Ribeiro	01	Rio Maior	1:28.01		181
	50m: 40.80 40.80	100m:	1:28.01 47.21			
5.	Afonso Pinhal Canto	01	20Km de Almeirim	1:29.63	+0,91	171
	50m: 41.61 41.61	100m:	1:29.63 48.02			
6.	Marcio Lima Silva	01	Natacao do Tejo	1:33.50		151
	50m: 43.78 43.78	100m:	1:33.50 49.72			

Infantis A

1.	Miguel Serrao Santos	00	Viver Santarem	1:10.08	+0,74	359
	50m: 32.01 32.01	100m:	1:10.08 38.07			
2.	Francisco Inacio Rodrigues	00	Viver Santarem	1:16.58	+0,76	275
	50m: 34.64 34.64	100m:	1:16.58 41.94			
3.	David Antunes Santos	00	CLAC-Entroncamento	1:20.72	+0,92	235
	50m: 37.38 37.38	100m:	1:20.72 43.34			

Juvenis B

1.	Miguel Carrico Cruz	99	20Km de Almeirim	1:03.91	+0,74	473
	50m: 30.01 30.01	100m:	1:03.91 33.90			
2.	Afonso Guilherme Rosa	99	Gualdim Pais	1:08.26	+0,82	388
	50m: 30.88 30.88	100m:	1:08.26 37.38			
3.	Pedro Jorge Silva	99	20Km de Almeirim	1:31.36	+1,12	162
	50m: 38.49 38.49	100m:	1:31.36 52.87			

Juvenis A

1.	Ruben Borges Rosa	98	Gualdim Pais	1:12.75	+0,92	321
	50m: 32.18 32.18	100m:	1:12.75 40.57			

Juniores e Seniores

1.	Andre Filipe Mendes	92	Nautico Abrantes	1:00.76		551
	50m: 27.49 27.49	100m:	1:00.76 33.27			
2.	Ruben Miguel Matos	91	Nautico Abrantes	1:04.85	+0,82	453
	50m: 28.80 28.80	100m:	1:04.85 36.05			
3.	Martim Basilio Gil	97	CLAC-Entroncamento	1:06.81	+0,84	414
	50m: 30.97 30.97	100m:	1:06.81 35.84			
4.	Joao Rafael Fonseca	97	Rio Maior	1:08.12		391
	50m: 31.49 31.49	100m:	1:08.12 36.63			
5.	Joao Pedro Rosa	90	CLAC-Entroncamento	1:09.42	+0,83	369
	50m: 31.34 31.34	100m:	1:09.42 38.08			
6.	Mario Jorge Santos	95	Gualdim Pais	1:11.34	+0,82	340
	50m: 32.22 32.22	100m:	1:11.34 39.12			
7.	Telmo Joao Faria	97	Natacao do Tejo	1:21.10	+0,84	231
	50m: 37.74 37.74	100m:	1:21.10 43.36			

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 1, Masc., 100m Mariposa, Juniores e Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Andre Pombo Dias	96	Natacao do Tejo	1:26.42	+0,85	191	
	50m: 39.61 39.61	100m: 1:26.42 46.81					
DNS	Ricardo Filipe Carrilho	90	Individual Lisboa				
EXH	Carlos Lopes Pedrosa	94	Naval de Ponta Delgada	56.88	+0,76	671	
	50m: 26.59 26.59	100m: 56.88 30.29					
EXH	Bruno Ricardo Custodio	89	Individual Lisboa	1:08.60	+0,84	383	
	50m: 30.48 30.48	100m: 1:08.60 38.12					
EXH	Frederico Antunes Silva	95	Individual Lisboa	1:11.06		344	
	50m: 30.65 30.65	100m: 1:11.06 40.41					
EXH	Goncalo Manuel Oliveira	99	Laranjeiro	1:11.40	+0,90	339	
	50m: 32.16 32.16	100m: 1:11.40 39.24					
EXH	Miguel Alexandre Canha	99	Laranjeiro	1:11.73		335	
	50m: 33.59 33.59	100m: 1:11.73 38.14					

Prova 2
22-03-2014 - 9:40

Femin., 200m Mariposa

Absoluto
Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Maria Madalena Silva	98	Nautico Abrantes	2:36.66		470	
	50m: 35.07 35.07	100m: 1:14.24 39.17	150m: 1:55.87 41.63	200m: 2:36.66			40.79
2.	Tatiana Lima Silva	96	Natacao do Tejo	2:51.07	+0,82	361	
	50m: 36.24 36.24	100m: 1:18.98 42.74	150m: 2:05.56 46.58	200m: 2:51.07			45.51
3.	Mafalda Alexandra Cabaca	00	20Km de Almeirim	2:55.83	+0,84	332	
	50m: 38.68 38.68	100m: 1:21.84 43.16	150m: 2:09.00 47.16	200m: 2:55.83			46.83
4.	Maria Beatriz Dias	99	Viver Santarem	2:58.00	+0,87	320	
	<i>Recorde Distrital JUV-A (---)</i>						
	50m: 38.52 38.52	100m: 1:23.16 44.64	150m: 2:10.87 47.71	200m: 2:58.00			47.13
5.	Carolina Miguel Marques	99	Natacao do Tejo	3:00.86	+0,91	305	
	50m: 38.05 38.05	100m: 1:24.33 46.28	150m: 2:12.89 48.56	200m: 3:00.86			47.97
6.	Mariana Soares Martinho	99	20Km de Almeirim	3:01.56	+0,78	301	
	50m: 37.42 37.42	100m: 1:21.58 44.16	150m: 2:10.57 48.99	200m: 3:01.56			50.99
7.	Constanca Isabel Jose	01	Gualdim Pais	3:06.60	+1,03	278	
	50m: 41.53 41.53	100m: 1:29.04 47.51	150m: 2:20.00 50.96	200m: 3:06.60			46.60
8.	Soraya Dea Matias	95	Torres Novas	3:11.36	+0,85	257	
	50m: 41.44 41.44	100m: 1:29.50 48.06	150m: 2:21.05 51.55	200m: 3:11.36			50.31
9.	Ana Filipa Parente	98	Gualdim Pais	3:12.27	+0,89	254	
	50m: 41.05 41.05	100m: 1:30.18 49.13	150m: 2:23.12 52.94	200m: 3:12.27			49.15
10.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	3:14.30	+0,98	246	
	50m: 42.86 42.86	100m: 1:36.61 53.75	150m: 2:27.00 50.39	200m: 3:14.30			47.30
11.	Daniela Sofia Serra	98	CLAC-Entroncamento	3:14.54		245	
	50m: 39.47 39.47	100m: 1:27.19 47.72	150m: 2:21.90 54.71	200m: 3:14.54			52.64
12.	Filipa Cardigo Fitas	02	20Km de Almeirim	3:14.78		244	
	50m: 41.00 41.00	100m: 1:32.14 51.14	150m: 2:25.52 53.38	200m: 3:14.78			49.26
13.	Beatriz Maria Duarte	02	Nautico Abrantes	3:15.78	+0,89	240	
	50m: 43.88 43.88	100m: 1:34.80 50.92	150m: 2:28.79 53.99	200m: 3:15.78			46.99

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 2, Femin., 200m Mariposa, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Laura Batista Agostinho	01	Rio Maior	3:52.72	+0,81	143	
	50m: 47.07 47.07	100m: 1:46.62 59.55	150m: 2:52.10 1:05.48	200m: 3:52.72			1:00.62

Infantis B

1.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	3:14.30	+0,98	246	
	50m: 42.86 42.86	100m: 1:36.61 53.75	150m: 2:27.00 50.39	200m: 3:14.30			47.30
2.	Filipa Cardigo Fitas	02	20Km de Almeirim	3:14.78		244	
	50m: 41.00 41.00	100m: 1:32.14 51.14	150m: 2:25.52 53.38	200m: 3:14.78			49.26
3.	Beatriz Maria Duarte	02	Nautico Abrantes	3:15.78	+0,89	240	
	50m: 43.88 43.88	100m: 1:34.80 50.92	150m: 2:28.79 53.99	200m: 3:15.78			46.99

Infantis A

1.	Constanca Isabel Jose	01	Gualdim Pais	3:06.60	+1,03	278	
	50m: 41.53 41.53	100m: 1:29.04 47.51	150m: 2:20.00 50.96	200m: 3:06.60			46.60
2.	Laura Batista Agostinho	01	Rio Maior	3:52.72	+0,81	143	
	50m: 47.07 47.07	100m: 1:46.62 59.55	150m: 2:52.10 1:05.48	200m: 3:52.72			1:00.62

Juvenis A

1.	Maria Beatriz Dias	99	Viver Santarem	2:58.00	+0,87	320	
	<i>Recorde Distrital JUV-A (---)</i>						
	50m: 38.52 38.52	100m: 1:23.16 44.64	150m: 2:10.87 47.71	200m: 2:58.00			47.13
2.	Carolina Miguel Marques	99	Natacao do Tejo	3:00.86	+0,91	305	
	50m: 38.05 38.05	100m: 1:24.33 46.28	150m: 2:12.89 48.56	200m: 3:00.86			47.97
3.	Mariana Soares Martinho	99	20Km de Almeirim	3:01.56	+0,78	301	
	50m: 37.42 37.42	100m: 1:21.58 44.16	150m: 2:10.57 48.99	200m: 3:01.56			50.99

Juvenis B

1.	Mafalda Alexandra Cabaca	00	20Km de Almeirim	2:55.83	+0,84	332	
	50m: 38.68 38.68	100m: 1:21.84 43.16	150m: 2:09.00 47.16	200m: 2:55.83			46.83

Juniores e Seniores

1.	Maria Madalena Silva	98	Nautico Abrantes	2:36.66		470	
	50m: 35.07 35.07	100m: 1:14.24 39.17	150m: 1:55.87 41.63	200m: 2:36.66			40.79
2.	Tatiana Lima Silva	96	Natacao do Tejo	2:51.07	+0,82	361	
	50m: 36.24 36.24	100m: 1:18.98 42.74	150m: 2:05.56 46.58	200m: 2:51.07			45.51
3.	Soraya Dea Matias	95	Torres Novas	3:11.36	+0,85	257	
	50m: 41.44 41.44	100m: 1:29.50 48.06	150m: 2:21.05 51.55	200m: 3:11.36			50.31
4.	Ana Filipa Parente	98	Gualdim Pais	3:12.27	+0,89	254	
	50m: 41.05 41.05	100m: 1:30.18 49.13	150m: 2:23.12 52.94	200m: 3:12.27			49.15
5.	Daniela Sofia Serra	98	CLAC-Entroncamento	3:14.54		245	
	50m: 39.47 39.47	100m: 1:27.19 47.72	150m: 2:21.90 54.71	200m: 3:14.54			52.64

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 3 Absoluto
22-03-2014 - 9:50 Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Ivo Andre Lopes	94	Viver Santarem	2:07.49	+0,81	512	
	50m: 29.14 29.14	100m: 1:01.79 32.65	150m: 1:36.18 34.39	200m: 2:07.49			31.31
2.	Dario Fausto Matias	98	Torres Novas	2:07.52	+0,80	511	
	50m: 30.35 30.35	100m: 1:03.84 33.49	150m: 1:36.61 32.77	200m: 2:07.52			30.91
3.	Bernardo Jose Dionisio	99	Gualdim Pais	2:13.24	+0,90	448	
	50m: 30.83 30.83	100m: 1:04.23 33.40	150m: 1:38.71 34.48	200m: 2:13.24			34.53
4.	Joao Mauricio Gaspar	97	Nautico Abrantes	2:14.47	+0,71	436	
	50m: 30.81 30.81	100m: 1:04.53 33.72	150m: 1:40.25 35.72	200m: 2:14.47			34.22
5.	Goncalo Faria Saldida	99	Gualdim Pais	2:15.24	+0,82	429	
	50m: 30.65 30.65	100m: 1:04.33 33.68	150m: 1:40.34 36.01	200m: 2:15.24			34.90
6.	Jose Eduardo Felicio	97	Rio Maior	2:15.61		425	
	50m: 32.73 32.73	100m: 1:08.31 35.58	150m: 1:44.36 36.05	200m: 2:15.61			31.25
7.	Rui Jorge Lopes	00	CLAC-Entroncamento	2:17.09	+0,84	411	
	50m: 31.74 31.74	100m: 1:06.48 34.74	150m: 1:42.82 36.34	200m: 2:17.09			34.27
8.	Martim Basilio Gil	97	CLAC-Entroncamento	2:19.47	+0,87	391	
	50m: 32.48 32.48	100m: 1:09.37 36.89	150m: 1:44.94 35.57	200m: 2:19.47			34.53
9.	Mario Jorge Nunes	92	Natacao do Tejo	2:22.04	+0,78	370	
	50m: 31.82 31.82	100m: 1:06.86 35.04	150m: 1:44.45 37.59	200m: 2:22.04			37.59
10.	Joao Tiago Almeida	99	20Km de Almeirim	2:24.17	+0,55	354	
	50m: 31.83 31.83	100m: 1:08.54 36.71	150m: 1:46.76 38.22	200m: 2:24.17			37.41
11.	Diogo Teixeira Mendes	01	Viver Santarem	2:25.55		344	
	50m: 31.95 31.95	100m: 1:08.75 36.80	150m: 1:47.59 38.84	200m: 2:25.55			37.96
12.	Bernardo Fernandes Aguiar	99	20Km de Almeirim	2:27.56	+0,88	330	
	50m: 32.78 32.78	100m: 1:10.21 37.43	150m: 1:48.91 38.70	200m: 2:27.56			38.65
13.	Joao Diogo Lopes	01	Viver Santarem	2:28.83		321	
	50m: 31.83 31.83	100m: 1:09.61 37.78	150m: 1:49.76 40.15	200m: 2:28.83			39.07
14.	Tiago Manuel Santos	01	Rio Maior	2:29.11		320	
	50m: 33.86 33.86	100m: 1:10.90 37.04	150m: 1:50.41 39.51	200m: 2:29.11			38.70
15.	David Antonio Carvalho	99	Natacao do Tejo	2:31.16		307	
	50m: 32.49 32.49	100m: 1:10.64 38.15	150m: 1:50.07 39.43	200m: 2:31.16			41.09
16.	Diogo Franco Martins	01	20Km de Almeirim	2:31.22	+0,90	306	
	50m: 33.92 33.92	100m: 1:11.91 37.99	150m: 1:52.39 40.48	200m: 2:31.22			38.83
17.	Gustavo Rosa Arroja	00	Rio Maior	2:52.47		206	
	50m: 39.40 39.40	100m: 1:24.33 44.93	150m: 2:10.04 45.71	200m: 2:52.47			42.43
18.	Manuel Maria Potes	00	Nautico Abrantes	2:53.37	+0,87	203	
	50m: 37.04 37.04	100m: 1:21.66 44.62	150m: 2:11.13 49.47	200m: 2:53.37			42.24
19.	Tomas Antunes Ribeiro	01	Torres Novas	2:56.55	+1,23	192	
	50m: 41.22 41.22	100m: 1:26.93 45.71	150m: 2:13.02 46.09	200m: 2:56.55			43.53
DNS	Pedro Manuel Nunes	98	CLAC-Entroncamento				

Infantis B

1.	Diogo Teixeira Mendes	01	Viver Santarem	2:25.55		344	
	50m: 31.95 31.95	100m: 1:08.75 36.80	150m: 1:47.59 38.84	200m: 2:25.55			37.96
2.	Joao Diogo Lopes	01	Viver Santarem	2:28.83		321	
	50m: 31.83 31.83	100m: 1:09.61 37.78	150m: 1:49.76 40.15	200m: 2:28.83			39.07

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 3, Masc., 200m Livres, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	Tiago Manuel Santos	01	Rio Maior	2:29.11		320	
	50m: 33.86 33.86	100m: 1:10.90 37.04	150m: 1:50.41 39.51	200m: 2:29.11			38.70
4.	Diogo Franco Martins	01	20Km de Almeirim	2:31.22	+0,90	306	
	50m: 33.92 33.92	100m: 1:11.91 37.99	150m: 1:52.39 40.48	200m: 2:31.22			38.83
5.	Tomas Antunes Ribeiro	01	Torres Novas	2:56.55	+1,23	192	
	50m: 41.22 41.22	100m: 1:26.93 45.71	150m: 2:13.02 46.09	200m: 2:56.55			43.53

Infantis A

1.	Rui Jorge Lopes	00	CLAC-Entroncamento	2:17.09	+0,84	411	
	50m: 31.74 31.74	100m: 1:06.48 34.74	150m: 1:42.82 36.34	200m: 2:17.09			34.27
2.	Gustavo Rosa Arroja	00	Rio Maior	2:52.47		206	
	50m: 39.40 39.40	100m: 1:24.33 44.93	150m: 2:10.04 45.71	200m: 2:52.47			42.43
3.	Manuel Maria Potes	00	Nautico Abrantes	2:53.37	+0,87	203	
	50m: 37.04 37.04	100m: 1:21.66 44.62	150m: 2:11.13 49.47	200m: 2:53.37			42.24

Juvenis B

1.	Bernardo Jose Dionisio	99	Gualdim Pais	2:13.24	+0,90	448	
	50m: 30.83 30.83	100m: 1:04.23 33.40	150m: 1:38.71 34.48	200m: 2:13.24			34.53
2.	Goncalo Faria Saldida	99	Gualdim Pais	2:15.24	+0,82	429	
	50m: 30.65 30.65	100m: 1:04.33 33.68	150m: 1:40.34 36.01	200m: 2:15.24			34.90
3.	Joao Tiago Almeida	99	20Km de Almeirim	2:24.17	+0,55	354	
	50m: 31.83 31.83	100m: 1:08.54 36.71	150m: 1:46.76 38.22	200m: 2:24.17			37.41
4.	Bernardo Fernandes Aguiar	99	20Km de Almeirim	2:27.56	+0,88	330	
	50m: 32.78 32.78	100m: 1:10.21 37.43	150m: 1:48.91 38.70	200m: 2:27.56			38.65
5.	David Antonio Carvalho	99	Natacao do Tejo	2:31.16		307	
	50m: 32.49 32.49	100m: 1:10.64 38.15	150m: 1:50.07 39.43	200m: 2:31.16			41.09

Juvenis A

1.	Dario Fausto Matias	98	Torres Novas	2:07.52	+0,80	511	
	50m: 30.35 30.35	100m: 1:03.84 33.49	150m: 1:36.61 32.77	200m: 2:07.52			30.91

DNS Pedro Manuel Nunes 98 CLAC-Entroncamento

17 anos e mais velhos

1.	Ivo Andre Lopes	94	Viver Santarem	2:07.49	+0,81	512	
	50m: 29.14 29.14	100m: 1:01.79 32.65	150m: 1:36.18 34.39	200m: 2:07.49			31.31
2.	Joao Mauricio Gaspar	97	Nautico Abrantes	2:14.47	+0,71	436	
	50m: 30.81 30.81	100m: 1:04.53 33.72	150m: 1:40.25 35.72	200m: 2:14.47			34.22
3.	Jose Eduardo Felicio	97	Rio Maior	2:15.61		425	
	50m: 32.73 32.73	100m: 1:08.31 35.58	150m: 1:44.36 36.05	200m: 2:15.61			31.25
4.	Martim Basilio Gil	97	CLAC-Entroncamento	2:19.47	+0,87	391	
	50m: 32.48 32.48	100m: 1:09.37 36.89	150m: 1:44.94 35.57	200m: 2:19.47			34.53
5.	Mario Jorge Nunes	92	Natacao do Tejo	2:22.04	+0,78	370	
	50m: 31.82 31.82	100m: 1:06.86 35.04	150m: 1:44.45 37.59	200m: 2:22.04			37.59

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 3, Masc., 200m Livres

EXH	Joao Pedro Braga	94	Naval de Ponta Delgada	2:04.18		554	
	50m: 28.42 28.42	100m: 1:00.51 32.09	150m: 1:32.89 32.38	200m: 2:04.18	31.29		
EXH	Bruno Rocha Antunes	89	Nautica do Seixal	2:24.05	+0,80	355	
	50m: 30.55 30.55	100m: 1:05.70 35.15	150m: 1:44.89 39.19	200m: 2:24.05	39.16		
EXH	Daniel Banhudo Lemos	99	Laranjeiro	2:25.68	+0,84	343	
	50m: 33.41 33.41	100m: 1:10.39 36.98	150m: 1:47.86 37.47	200m: 2:25.68	37.82		
EXH	Andre Miguel Reis	98	Laranjeiro	2:30.41	+0,47	311	
	50m: 33.05 33.05	100m: 1:11.29 38.24	150m: 1:50.90 39.61	200m: 2:30.41	39.51		
EXH	David Jose Carpinteiro	00	Natacao do Tejo	2:48.91	+0,88	220	
	50m: 37.22 37.22	100m: 1:19.07 41.85	150m: 2:05.10 46.03	200m: 2:48.91	43.81		

Prova 4

22-03-2014 - 10:05

Femin., 100m Bruços

Absoluto

Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Rute Isabel Leonardo	98	Nautico Abrantes	1:20.17	+0,83	519	
	50m: 37.68 37.68	100m: 1:20.17 42.49					
2.	Ana Margarida Salgueiro	99	Nautico Abrantes	1:22.10	+0,99	483	
	<i>Recorde Distrital JUV-A (01.24.32) e 50 metros (00.39.65)</i>						
	50m: 38.74 38.74	100m: 1:22.10 43.36					
3.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	1:23.39		461	
	50m: 39.50 39.50	100m: 1:23.39 43.89					
4.	Catarina Goncalves Trezentos	98	Gualdim Pais	1:26.08	+0,85	419	
	50m: 40.05 40.05	100m: 1:26.08 46.03					
5.	Carolina Felicidade Batista	99	Viver Santarem	1:26.23	+0,90	417	
	50m: 40.75 40.75	100m: 1:26.23 45.48					
6.	Maria Beatriz Diogo	99	Nautico Abrantes	1:28.22		389	
	50m: 41.94 41.94	100m: 1:28.22 46.28					
7.	Erica Fontainhas Cardigo	96	20Km de Almeirim	1:28.26		389	
	50m: 41.98 41.98	100m: 1:28.26 46.28					
8.	Mafalda Gilberto Marques	01	Natacao do Tejo	1:32.16	+0,87	342	
	50m: 41.39 41.39	100m: 1:32.16 50.77					
9.	Filipa Robert Rente	96	Gualdim Pais	1:33.40		328	
	50m: 41.63 41.63	100m: 1:33.40 51.77					
10.	Mariana Nunes Domingos	00	20Km de Almeirim	1:34.43	+1,07	317	
	50m: 44.34 44.34	100m: 1:34.43 50.09					
11.	Ines Maria Ribeiro	94	CLAC-Entroncamento	1:35.19	+0,84	310	
	50m: 46.09 46.09	100m: 1:35.19 49.10					
	Ana Rita Carvalho	01	Viver Santarem	1:35.19	+0,94	310	
	50m: 44.83 44.83	100m: 1:35.19 50.36					
13.	Catia Iordan Agostinho	02	Rio Maior	1:36.35	+0,70	299	
	50m: 45.15 45.15	100m: 1:36.35 51.20					
14.	Rita Morgado Vieira	02	Rio Maior	1:38.37		281	
	50m: 46.66 46.66	100m: 1:38.37 51.71					
15.	Carolina Guerra Pisco	02	20Km de Almeirim	1:38.99		275	
	50m: 46.66 46.66	100m: 1:38.99 52.33					
16.	Ines Isabel Conde	01	Torres Novas	1:46.71		220	
	50m: 52.06 52.06	100m: 1:46.71 54.65					

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 4, Femin., 100m Bruços, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	Maria Ines Gabriel 50m: 51.94 51.94	02	Viver Santarem 100m: 1:49.94 58.00	1:49.94	+0,85	201	
18.	Maria Beatriz Silva 50m: 53.30 53.30	02	CLAC-Entroncamento 100m: 1:51.48 58.18	1:51.48		193	
DNS	Cristiana Silva Ulpiano	95	Laranjeiro				

Infantis B

1.	Catia Jordan Agostinho 50m: 45.15 45.15	02	Rio Maior 100m: 1:36.35 51.20	1:36.35	+0,70	299	
2.	Rita Morgado Vieira 50m: 46.66 46.66	02	Rio Maior 100m: 1:38.37 51.71	1:38.37		281	
3.	Carolina Guerra Pisco 50m: 46.66 46.66	02	20Km de Almeirim 100m: 1:38.99 52.33	1:38.99		275	
4.	Maria Ines Gabriel 50m: 51.94 51.94	02	Viver Santarem 100m: 1:49.94 58.00	1:49.94	+0,85	201	
5.	Maria Beatriz Silva 50m: 53.30 53.30	02	CLAC-Entroncamento 100m: 1:51.48 58.18	1:51.48		193	

Infantis A

1.	Mafalda Gilberto Marques 50m: 41.39 41.39	01	Natacao do Tejo 100m: 1:32.16 50.77	1:32.16	+0,87	342	
2.	Ana Rita Carvalho 50m: 44.83 44.83	01	Viver Santarem 100m: 1:35.19 50.36	1:35.19	+0,94	310	
3.	Ines Isabel Conde 50m: 52.06 52.06	01	Torres Novas 100m: 1:46.71 54.65	1:46.71		220	

Juvenis B

1.	Mariana Nunes Domingos 50m: 44.34 44.34	00	20Km de Almeirim 100m: 1:34.43 50.09	1:34.43	+1,07	317	
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Juvenis A

1.	Ana Margarida Salgueiro <i>Recorde Distrital JUV-A (01.24.32) e 50 metros (00.39.65)</i> 50m: 38.74 38.74	99	Nautico Abrantes 100m: 1:22.10 43.36	1:22.10	+0,99	483	
2.	Carolina Felicidade Batista 50m: 40.75 40.75	99	Viver Santarem 100m: 1:26.23 45.48	1:26.23	+0,90	417	
3.	Maria Beatriz Diogo 50m: 41.94 41.94	99	Nautico Abrantes 100m: 1:28.22 46.28	1:28.22		389	

Juniores e Seniores

1.	Rute Isabel Leonardo 50m: 37.68 37.68	98	Nautico Abrantes 100m: 1:20.17 42.49	1:20.17	+0,83	519	
2.	Catarina Vilhena Gregorio 50m: 39.50 39.50	96	CLAC-Entroncamento 100m: 1:23.39 43.89	1:23.39		461	
3.	Catarina Goncalves Trezentos 50m: 40.05 40.05	98	Gualdim Pais 100m: 1:26.08 46.03	1:26.08	+0,85	419	
4.	Erica Fontainhas Cardigo 50m: 41.98 41.98	96	20Km de Almeirim 100m: 1:28.26 46.28	1:28.26		389	

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 4, Femin., 100m Bruços, Juniores e Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Filipa Robert Rente	96	Gualdim Pais	1:33.40		328	
	50m: 41.63 41.63	100m: 1:33.40 51.77					
6.	Ines Maria Ribeiro	94	CLAC-Entroncamento	1:35.19	+0,84	310	
	50m: 46.09 46.09	100m: 1:35.19 49.10					
DNS	Cristiana Silva Ulpiano	95	Laranjeiro				
EXH	Patricia Alexandra Silva	95	Laranjeiro	1:27.77	+0,88	395	
	50m: 41.92 41.92	100m: 1:27.77 45.85					
EXH	Ines Barata Domingos	00	Natacao do Tejo	1:46.58	+0,97	221	
	50m: 50.67 50.67	100m: 1:46.58 55.91					

Prova 5

Masc., 50m Livres

Absoluto
Resultados

22-03-2014 - 10:15

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Tiago Andre Gouveia	90	CLAC-Entroncamento	26.18	+0,74	509	
2.	Eduardo Valente Moco	86	Viver Santarem	26.51	+0,82	490	
3.	Joao Mauricio Gaspar	97	Nautico Abrantes	27.25		451	
4.	Joao Diogo Lopes	01	Viver Santarem	27.29	+0,68	449	
	<i>Recorde Distrital INF-B (00.28.89)</i>						
5.	Guilherme Antonio Reis	96	Torres Novas	27.94	+0,79	419	
6.	Joao Luis Baeta	94	Viver Santarem	28.10	+0,85	412	
7.	Joao Pedro Rosa	90	CLAC-Entroncamento	28.25	+0,82	405	
8.	Jose Eduardo Felicio	97	Rio Maior	28.31	+0,74	402	
9.	Hugo Silva Troca	96	20Km de Almeirim	28.62	+0,77	389	
10.	Tiago Andre Matos	95	Nautico Abrantes	28.69		387	
	Ruben Borges Rosa	98	Gualdim Pais	28.69	+0,88	387	
12.	Nuno Miguel Afonso	91	Natacao do Tejo	28.79	+0,78	383	
13.	Fabio Joao Azinheirinha	92	Rio Maior	28.88	+0,88	379	
14.	Joao Miguel Marques	01	20Km de Almeirim	30.99	+0,75	307	
15.	Telmo Joao Faria	97	Natacao do Tejo	31.74		285	
16.	Pedro Jorge Silva	99	20Km de Almeirim	32.59		264	
17.	Dinis Neves Silva	00	Gualdim Pais	33.22	+0,92	249	
DSQ	Bernardo Miguel Portela	96	Rio Maior				
	<i>Falsa Partida</i>						
DNS	Fabio Aleixo Fernandes	90	Individual Lisboa				

Infantis B

1.	Joao Diogo Lopes	01	Viver Santarem	27.29	+0,68	449	
	<i>Recorde Distrital INF-B (00.28.89)</i>						
2.	Joao Miguel Marques	01	20Km de Almeirim	30.99	+0,75	307	

Infantis A

1.	Dinis Neves Silva	00	Gualdim Pais	33.22	+0,92	249	
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Juvenis B

1.	Pedro Jorge Silva	99	20Km de Almeirim	32.59		264	
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Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 5, Masc., 50m Livres

Juvenis A

1. Ruben Borges Rosa	98	Gualdim Pais	28.69	+0,88	387
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Juniores e Seniores

1. Tiago Andre Gouveia	90	CLAC-Entroncamento	26.18	+0,74	509
2. Eduardo Valente Moco	86	Viver Santarem	26.51	+0,82	490
3. Joao Mauricio Gaspar	97	Nautico Abrantes	27.25		451
4. Guilherme Antonio Reis	96	Torres Novas	27.94	+0,79	419
5. Joao Luis Baeta	94	Viver Santarem	28.10	+0,85	412
6. Joao Pedro Rosa	90	CLAC-Entroncamento	28.25	+0,82	405
7. Jose Eduardo Felicio	97	Rio Maior	28.31	+0,74	402
8. Hugo Silva Troca	96	20Km de Almeirim	28.62	+0,77	389
9. Tiago Andre Matos	95	Nautico Abrantes	28.69		387
10. Nuno Miguel Afonso	91	Natacao do Tejo	28.79	+0,78	383
11. Fabio Joao Azinheirinha	92	Rio Maior	28.88	+0,88	379
12. Telmo Joao Faria	97	Natacao do Tejo	31.74		285
DSQ Bernardo Miguel Portela	96	Rio Maior			
<i>Falsa Partida</i>					
DNS Fabio Aleixo Fernandes	90	Individual Lisboa			
EXH Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	25.16	+0,79	574
EXH Frederico Antunes Silva	95	Individual Lisboa	27.03	+0,74	462
EXH Bruno Ricardo Custodio	89	Individual Lisboa	28.37		400
EXH Dmytro Yantsur	98	Laranjeiro	29.47		357
EXH Diogo Goncalo Alves	98	Laranjeiro	30.44	+0,90	324
EXH Andre Miguel Reis	98	Laranjeiro	31.09	+0,95	304

Prova 6

22-03-2014 - 10:20

Femin., 100m Costas

Absoluto
Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Marta Filipa Vinagre	95	CLAC-Entroncamento	1:13.63		491	
	50m: 35.23 35.23	100m: 1:13.63 38.40					
2.	Sarah Dias	99	CLAC-Entroncamento	1:14.78		469	
	<i>Recorde Distrital JUV-A 50 e 100 (--)</i>						
	50m: 36.21 36.21	100m: 1:14.78 38.57					
3.	Maria Beatriz Lopes	00	Rio Maior	1:15.21		461	
	50m: 35.78 35.78	100m: 1:15.21 39.43					
4.	Ines Ferreira Duarte	01	Nautico Abrantes	1:15.85		449	
	50m: 37.40 37.40	100m: 1:15.85 38.45					
5.	Mariana Soares Martinho	99	20Km de Almeirim	1:18.50		405	
	50m: 38.19 38.19	100m: 1:18.50 40.31					
6.	Patricia Silva Conceicao	99	Nautico Abrantes	1:18.72		402	
	50m: 37.83 37.83	100m: 1:18.72 40.89					
7.	Patricia Palmeiro Baeta	00	Viver Santarem	1:18.91		399	
	50m: 38.37 38.37	100m: 1:18.91 40.54					
8.	Maria Beatriz Diogo	99	Nautico Abrantes	1:20.05		382	
	50m: 38.83 38.83	100m: 1:20.05 41.22					
9.	Soraya Dea Matias	95	Torres Novas	1:20.15		381	
	50m: 38.67 38.67	100m: 1:20.15 41.48					

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 6, Femin., 100m Costas, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Ines Isabel Graca 50m: 38.11 38.11	00	Gualdim Pais 100m: 1:20.33 42.22	1:20.33		378	
11.	Carolina Miguel Marques 50m: 41.25 41.25	99	Natacao do Tejo 100m: 1:24.02 42.77	1:24.02		331	
12.	Ana Beatriz Rodrigues 50m: 40.83 40.83	02	Rio Maior 100m: 1:24.17 43.34	1:24.17		329	
13.	Mafalda Alexandra Cabaca 50m: 40.75 40.75	00	20Km de Almeirim 100m: 1:25.20 44.45	1:25.20		317	
14.	Joana Costa Bernardino 50m: 41.56 41.56	00	CLAC-Entroncamento 100m: 1:25.53 43.97	1:25.53		313	
15.	Rita Daniela Lopes 50m: 42.10 42.10	01	Gualdim Pais 100m: 1:26.15 44.05	1:26.15		307	
16.	Margarida Felicidade Baptista 50m: 43.31 43.31	02	Viver Santarem 100m: 1:28.27 44.96	1:28.27		285	
17.	Filipa Cardigo Fitas 50m: 43.95 43.95	02	20Km de Almeirim 100m: 1:29.34 45.39	1:29.34		275	
18.	Carolina Lopes Vieira 50m: 44.85 44.85	02	Gualdim Pais 100m: 1:30.69 45.84	1:30.69		263	
19.	Mariana Tome Fidalgo 50m: 44.67 44.67	01	Viver Santarem 100m: 1:30.85 46.18	1:30.85		261	
20.	Laura Batista Agostinho 50m: 47.99 47.99	01	Rio Maior 100m: 1:35.80 47.81	1:35.80		223	
21.	Leonor Chora Gaudencio 50m: 47.82 47.82	01	Torres Novas 100m: 1:37.16 49.34	1:37.16		214	
DNS	Barbara Daniela Quaresma	01	Nautica do Seixal				

Infantis B

1.	Ana Beatriz Rodrigues 50m: 40.83 40.83	02	Rio Maior 100m: 1:24.17 43.34	1:24.17		329	
2.	Margarida Felicidade Baptista 50m: 43.31 43.31	02	Viver Santarem 100m: 1:28.27 44.96	1:28.27		285	
3.	Filipa Cardigo Fitas 50m: 43.95 43.95	02	20Km de Almeirim 100m: 1:29.34 45.39	1:29.34		275	
4.	Carolina Lopes Vieira 50m: 44.85 44.85	02	Gualdim Pais 100m: 1:30.69 45.84	1:30.69		263	

Infantis A

1.	Ines Ferreira Duarte 50m: 37.40 37.40	01	Nautico Abrantes 100m: 1:15.85 38.45	1:15.85		449	
2.	Rita Daniela Lopes 50m: 42.10 42.10	01	Gualdim Pais 100m: 1:26.15 44.05	1:26.15		307	
3.	Mariana Tome Fidalgo 50m: 44.67 44.67	01	Viver Santarem 100m: 1:30.85 46.18	1:30.85		261	
4.	Laura Batista Agostinho 50m: 47.99 47.99	01	Rio Maior 100m: 1:35.80 47.81	1:35.80		223	
5.	Leonor Chora Gaudencio 50m: 47.82 47.82	01	Torres Novas 100m: 1:37.16 49.34	1:37.16		214	

DNS Barbara Daniela Quaresma 01 Nautica do Seixal

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 6, Femin., 100m Costas

Juvenis B

1.	Maria Beatriz Lopes	00	Rio Maior	1:15.21	461
	50m: 35.78 35.78	100m: 1:15.21 39.43			
2.	Patricia Palmeiro Baeta	00	Viver Santarem	1:18.91	399
	50m: 38.37 38.37	100m: 1:18.91 40.54			
3.	Ines Isabel Graca	00	Gualdim Pais	1:20.33	378
	50m: 38.11 38.11	100m: 1:20.33 42.22			
4.	Mafalda Alexandra Cabaca	00	20Km de Almeirim	1:25.20	317
	50m: 40.75 40.75	100m: 1:25.20 44.45			
5.	Joana Costa Bernardino	00	CLAC-Entroncamento	1:25.53	313
	50m: 41.56 41.56	100m: 1:25.53 43.97			

Juvenis A

1.	Sarah Dias	99	CLAC-Entroncamento	1:14.78	469
	<i>Recorde Distrital JUV-A 50 e 100 (--)</i>				
	50m: 36.21 36.21	100m: 1:14.78 38.57			
2.	Mariana Soares Martinho	99	20Km de Almeirim	1:18.50	405
	50m: 38.19 38.19	100m: 1:18.50 40.31			
3.	Patricia Silva Conceicao	99	Nautico Abrantes	1:18.72	402
	50m: 37.83 37.83	100m: 1:18.72 40.89			
4.	Maria Beatriz Diogo	99	Nautico Abrantes	1:20.05	382
	50m: 38.83 38.83	100m: 1:20.05 41.22			
5.	Carolina Miguel Marques	99	Natacao do Tejo	1:24.02	331
	50m: 41.25 41.25	100m: 1:24.02 42.77			

Juniores e Seniores

1.	Marta Filipa Vinagre	95	CLAC-Entroncamento	1:13.63	491
	50m: 35.23 35.23	100m: 1:13.63 38.40			
2.	Soraya Dea Matias	95	Torres Novas	1:20.15	381
	50m: 38.67 38.67	100m: 1:20.15 41.48			
EXH	Joana Carina Silva	97	Lousada SXXI	1:08.46	611
	50m: 33.41 33.41	100m: 1:08.46 35.05			
EXH	Tatiana Lima Silva	96	Natacao do Tejo	1:27.90	289
	50m: 41.91 41.91	100m: 1:27.90 45.99			

Prova 7
22-03-2014 - 10:30

Masc., 200m Costas

Absoluto
Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Afonso Guilherme Rosa	99	Gualdim Pais	2:25.33		456	
	50m: 34.27 34.27	100m: 1:11.54 37.27	150m: 1:49.41 37.87	200m: 2:25.33			35.92
2.	Tiago Filipe Campos	99	Viver Santarem	2:26.94		441	
	50m: 35.13 35.13	100m: 1:12.38 37.25	150m: 1:50.02 37.64	200m: 2:26.94			36.92
3.	Ruben Miguel Matos	91	Nautico Abrantes	2:30.09		414	
	50m: 35.91 35.91	100m: 1:13.92 38.01	150m: 1:52.24 38.32	200m: 2:30.09			37.85

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 7, Masc., 200m Costas, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	Rui Jorge Lopes	00	CLAC-Entroncamento	2:36.81		363	
	50m: 37.62 37.62	100m: 1:17.67 40.05	150m: 1:58.17 40.50	200m: 2:36.81			38.64
5.	Goncalo Faria Saldida	99	Gualdim Pais	2:39.36		346	
	50m: 38.36 38.36	100m: 1:18.38 40.02	150m: 1:58.99 40.61	200m: 2:39.36			40.37
6.	Samuel Batista Agostinho	98	Rio Maior	2:42.21		328	
	50m: 38.52 38.52	100m: 1:19.49 40.97	150m: 2:01.62 42.13	200m: 2:42.21			40.59
7.	Mario Jorge Nunes	92	Natacao do Tejo	2:42.35		327	
	50m: 37.95 37.95	100m: 1:17.75 39.80	150m: 1:59.63 41.88	200m: 2:42.35			42.72
8.	Bernardo Fernandes Aguiar	99	20Km de Almeirim	2:47.28		299	
	50m: 40.94 40.94	100m: 1:23.44 42.50	150m: 2:05.62 42.18	200m: 2:47.28			41.66
9.	Alexandre Ferreira Ribeiro	01	Rio Maior	2:48.63		292	
	50m: 40.14 40.14	100m: 1:23.48 43.34	150m: 2:06.28 42.80	200m: 2:48.63			42.35
10.	Jose Nuno Sousa	99	CLAC-Entroncamento	2:48.67		292	
	50m: 38.08 38.08	100m: 1:20.37 42.29	150m: 2:04.78 44.41	200m: 2:48.67			43.89
11.	Afonso Pinhal Canto	01	20Km de Almeirim	2:51.61		277	
	50m: 40.09 40.09	100m: 1:23.69 43.60	150m: 2:08.37 44.68	200m: 2:51.61			43.24
12.	Diogo Franco Martins	01	20Km de Almeirim	2:53.55		268	
	50m: 41.26 41.26	100m: 1:25.30 44.04	150m: 2:09.53 44.23	200m: 2:53.55			44.02
13.	Dan Miloslavski	00	Nautico Abrantes	3:01.42		234	
	50m: 41.75 41.75	100m: 1:28.08 46.33	150m: 2:15.67 47.59	200m: 3:01.42			45.75
14.	David Jose Carpinteiro	00	Natacao do Tejo	3:02.06		232	
	50m: 43.31 43.31	100m: 1:30.27 46.96	150m: 2:18.05 47.78	200m: 3:02.06			44.01
15.	Afonso Filipe Gaspar	97	Nautico Abrantes	3:05.13		220	
	50m: 31.30 31.30	100m: 1:32.02 1:00.72	150m: 2:19.36 47.34	200m: 3:05.13			45.77
16.	Joao Antonio Simoes	01	Torres Novas	3:09.06		207	
	50m: 45.01 45.01	100m: 1:32.55 47.54	150m: 2:21.03 48.48	200m: 3:09.06			48.03
17.	Dinis Neves Silva	00	Gualdim Pais	3:10.28		203	
	50m: 43.72 43.72	100m: 1:32.57 48.85	150m: 2:21.27 48.70	200m: 3:10.28			49.01
18.	Andre Diogo Olivenca	98	Viver Santarem	3:10.42		203	
	50m: 44.53 44.53	100m: 1:32.34 47.81	150m: 2:21.96 49.62	200m: 3:10.42			48.46

Infantis B

1.	Alexandre Ferreira Ribeiro	01	Rio Maior	2:48.63		292	
	50m: 40.14 40.14	100m: 1:23.48 43.34	150m: 2:06.28 42.80	200m: 2:48.63			42.35
2.	Afonso Pinhal Canto	01	20Km de Almeirim	2:51.61		277	
	50m: 40.09 40.09	100m: 1:23.69 43.60	150m: 2:08.37 44.68	200m: 2:51.61			43.24
3.	Diogo Franco Martins	01	20Km de Almeirim	2:53.55		268	
	50m: 41.26 41.26	100m: 1:25.30 44.04	150m: 2:09.53 44.23	200m: 2:53.55			44.02
4.	Joao Antonio Simoes	01	Torres Novas	3:09.06		207	
	50m: 45.01 45.01	100m: 1:32.55 47.54	150m: 2:21.03 48.48	200m: 3:09.06			48.03

Infantis A

1.	Rui Jorge Lopes	00	CLAC-Entroncamento	2:36.81		363	
	50m: 37.62 37.62	100m: 1:17.67 40.05	150m: 1:58.17 40.50	200m: 2:36.81			38.64
2.	Dan Miloslavski	00	Nautico Abrantes	3:01.42		234	
	50m: 41.75 41.75	100m: 1:28.08 46.33	150m: 2:15.67 47.59	200m: 3:01.42			45.75
3.	David Jose Carpinteiro	00	Natacao do Tejo	3:02.06		232	
	50m: 43.31 43.31	100m: 1:30.27 46.96	150m: 2:18.05 47.78	200m: 3:02.06			44.01

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 7, Masc., 200m Costas, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	Dinis Neves Silva	00	Gualdim Pais	3:10.28		203	
	50m: 43.72 43.72	100m: 1:32.57 48.85	150m: 2:21.27 48.70	200m: 3:10.28			49.01

Juvenis B

1.	Afonso Guilherme Rosa	99	Gualdim Pais	2:25.33		456	
	50m: 34.27 34.27	100m: 1:11.54 37.27	150m: 1:49.41 37.87	200m: 2:25.33			35.92
2.	Tiago Filipe Campos	99	Viver Santarem	2:26.94		441	
	50m: 35.13 35.13	100m: 1:12.38 37.25	150m: 1:50.02 37.64	200m: 2:26.94			36.92
3.	Goncalo Faria Saldida	99	Gualdim Pais	2:39.36		346	
	50m: 38.36 38.36	100m: 1:18.38 40.02	150m: 1:58.99 40.61	200m: 2:39.36			40.37
4.	Bernardo Fernandes Aguiar	99	20Km de Almeirim	2:47.28		299	
	50m: 40.94 40.94	100m: 1:23.44 42.50	150m: 2:05.62 42.18	200m: 2:47.28			41.66
5.	Jose Nuno Sousa	99	CLAC-Entroncamento	2:48.67		292	
	50m: 38.08 38.08	100m: 1:20.37 42.29	150m: 2:04.78 44.41	200m: 2:48.67			43.89

Juvenis A

1.	Samuel Batista Agostinho	98	Rio Maior	2:42.21		328	
	50m: 38.52 38.52	100m: 1:19.49 40.97	150m: 2:01.62 42.13	200m: 2:42.21			40.59
2.	Andre Diogo Olivenca	98	Viver Santarem	3:10.42		203	
	50m: 44.53 44.53	100m: 1:32.34 47.81	150m: 2:21.96 49.62	200m: 3:10.42			48.46

Juniores e Seniores

1.	Ruben Miguel Matos	91	Nautico Abrantes	2:30.09		414	
	50m: 35.91 35.91	100m: 1:13.92 38.01	150m: 1:52.24 38.32	200m: 2:30.09			37.85
2.	Mario Jorge Nunes	92	Natacao do Tejo	2:42.35		327	
	50m: 37.95 37.95	100m: 1:17.75 39.80	150m: 1:59.63 41.88	200m: 2:42.35			42.72
3.	Afonso Filipe Gaspar	97	Nautico Abrantes	3:05.13		220	
	50m: 31.30 31.30	100m: 1:32.02 1:00.72	150m: 2:19.36 47.34	200m: 3:05.13			45.77
EXH	Frederico Sucena Riachos	98	Nucleo Sportinguista Golegata	2:39.17		347	
	50m: 35.63 35.63	100m: 1:15.73 40.10	200m: 2:39.17 1:23.44				
EXH	Bruno Rocha Antunes	89	Nautica do Seixal	2:47.38		298	
	50m: 39.76 39.76	100m: 1:22.78 43.02	150m: 2:06.98 44.20	200m: 2:47.38			40.40
EXH	Andre Pombo Dias	96	Natacao do Tejo	3:06.38		216	
	50m: 44.81 44.81	100m: 1:32.73 47.92	150m: 2:20.49 47.76	200m: 3:06.38			45.89

Prova 8

22-03-2014 - 10:45

Femin., 200m Bruços

Absoluto

Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Madalena Silva	98	Nautico Abrantes	2:48.67	+0,79	573	
	50m: 40.33 40.33	100m: 1:22.59 42.26	200m: 2:48.67 1:26.08				
2.	Rute Isabel Leonardo	98	Nautico Abrantes	2:57.07	+0,86	495	
	50m: 40.98 40.98	100m: 1:26.10 45.12	150m: 2:12.51 46.41	200m: 2:57.07			44.56
3.	Ana Margarida Salgueiro	99	Nautico Abrantes	2:58.94	+0,93	480	
	50m: 41.19 41.19	100m: 1:26.55 45.36	150m: 2:14.46 47.91	200m: 2:58.94			44.48

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 8, Femin., 200m Bruços, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	3:05.19		433	
	50m: 42.30 42.30	100m: 1:29.07 46.77	150m: 2:18.08 49.01	200m: 3:05.19			47.11
5.	Catarina Goncalves Trezentos	98	Gualdim Pais	3:07.20		419	
	50m: 43.22 43.22	100m: 1:30.98 47.76	150m: 2:19.18 48.20	200m: 3:07.20			48.02
6.	Erica Fontainhas Cardigo	96	20Km de Almeirim	3:10.29		399	
	50m: 44.35 44.35	100m: 1:33.83 49.48	150m: 2:22.94 49.11	200m: 3:10.29			47.35
7.	Carolina Felicidade Batista	99	Viver Santarem	3:10.62	+0,93	397	
	50m: 44.47 44.47	100m: 1:33.00 48.53	150m: 2:22.24 49.24	200m: 3:10.62			48.38
8.	Mafalda Gilberto Marques	01	Natacao do Tejo	3:17.80	+0,84	355	
	50m: 44.26 44.26	100m: 1:35.14 50.88	150m: 2:26.68 51.54	200m: 3:17.80			51.12
9.	Catia Iordan Agostinho	02	Rio Maior	3:22.05		333	
	50m: 46.78 46.78	100m: 1:37.89 51.11	150m: 2:30.04 52.15	200m: 3:22.05			52.01
10.	Mariana Nunes Domingos	00	20Km de Almeirim	3:22.43	+0,98	331	
	50m: 45.94 45.94	100m: 1:37.01 51.07	150m: 2:29.72 52.71	200m: 3:22.43			52.71
11.	Filipa Robert Rente	96	Gualdim Pais	3:22.57	+0,83	330	
	50m: 46.68 46.68	100m: 1:38.42 51.74	150m: 2:30.96 52.54	200m: 3:22.57			51.61
12.	Ines Maria Ribeiro	94	CLAC-Entroncamento	3:22.60	+0,80	330	
	50m: 46.11 46.11	100m: 1:38.01 51.90	200m: 3:22.60 1:44.59				
13.	Ana Rita Carvalho	01	Viver Santarem	3:23.63	+0,99	325	
	50m: 46.94 46.94	100m: 1:37.67 50.73	150m: 2:32.66 54.99	200m: 3:23.63			50.97
14.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	3:23.88	+0,97	324	
	50m: 50.76 50.76	100m: 1:42.45 51.69	150m: 2:35.96 53.51	200m: 3:23.88			47.92
15.	Mariana Narciso Fidalgo	99	20Km de Almeirim	3:24.38	+1,00	322	
	50m: 47.16 47.16	100m: 1:39.17 52.01	150m: 2:32.25 53.08	200m: 3:24.38			52.13
16.	Constanca Isabel Jose	01	Gualdim Pais	3:32.16		288	
	50m: 48.86 48.86	100m: 1:44.35 55.49	150m: 2:40.17 55.82	200m: 3:32.16			51.99
17.	Rita Morgado Vieira	02	Rio Maior	3:33.69		281	
	50m: 49.58 49.58	100m: 1:43.81 54.23	150m: 2:39.67 55.86	200m: 3:33.69			54.02
18.	Ines Isabel Conde	01	Torres Novas	3:49.24		228	
	50m: 53.20 53.20	100m: 1:51.18 57.98	150m: 2:50.51 59.33	200m: 3:49.24			58.73
19.	Laura Manuela Lopes	00	Rio Maior	3:49.74		226	
	50m: 52.02 52.02	100m: 1:52.16 1:00.14	150m: 2:52.13 59.97	200m: 3:49.74			57.61
20.	Andreia Sofia Alves	02	Torres Novas	3:50.03	+1,07	226	
	50m: 51.62 51.62	100m: 1:51.55 59.93	150m: 2:52.84 1:01.29	200m: 3:50.03			57.19
21.	Claudia Maria Marcalo	99	Natacao do Tejo	3:51.82	+0,85	220	
	50m: 52.23 52.23	100m: 1:51.47 59.24	150m: 2:52.23 1:00.76	200m: 3:51.82			59.59
22.	Leonor Vitoriano Marques	01	Viver Santarem	3:56.84		207	
	50m: 56.49 56.49	100m: 1:56.17 59.68	150m: 2:56.94 1:00.77	200m: 3:56.84			59.90
23.	Maria Beatriz Silva	02	CLAC-Entroncamento	4:00.99	+0,69	196	
	50m: 56.26 56.26	100m: 1:55.97 59.71	150m: 3:01.26 1:05.29	200m: 4:00.99			59.73

Infantis B

1.	Catia Iordan Agostinho	02	Rio Maior	3:22.05		333	
	50m: 46.78 46.78	100m: 1:37.89 51.11	150m: 2:30.04 52.15	200m: 3:22.05			52.01
2.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	3:23.88	+0,97	324	
	50m: 50.76 50.76	100m: 1:42.45 51.69	150m: 2:35.96 53.51	200m: 3:23.88			47.92
3.	Rita Morgado Vieira	02	Rio Maior	3:33.69		281	
	50m: 49.58 49.58	100m: 1:43.81 54.23	150m: 2:39.67 55.86	200m: 3:33.69			54.02

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 8, Femin., 200m Bruços, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	Andreia Sofia Alves	02	Torres Novas	3:50.03	+1,07	226	
	50m: 51.62 51.62	100m: 1:51.55 59.93	150m: 2:52.84 1:01.29	200m: 3:50.03			57.19
5.	Maria Beatriz Silva	02	CLAC-Entroncamento	4:00.99	+0,69	196	
	50m: 56.26 56.26	100m: 1:55.97 59.71	150m: 3:01.26 1:05.29	200m: 4:00.99			59.73

Infantis A

1.	Mafalda Gilberto Marques	01	Natacao do Tejo	3:17.80	+0,84	355	
	50m: 44.26 44.26	100m: 1:35.14 50.88	150m: 2:26.68 51.54	200m: 3:17.80			51.12
2.	Ana Rita Carvalho	01	Viver Santarem	3:23.63	+0,99	325	
	50m: 46.94 46.94	100m: 1:37.67 50.73	150m: 2:32.66 54.99	200m: 3:23.63			50.97
3.	Constanca Isabel Jose	01	Gualdim Pais	3:32.16		288	
	50m: 48.86 48.86	100m: 1:44.35 55.49	150m: 2:40.17 55.82	200m: 3:32.16			51.99
4.	Ines Isabel Conde	01	Torres Novas	3:49.24		228	
	50m: 53.20 53.20	100m: 1:51.18 57.98	150m: 2:50.51 59.33	200m: 3:49.24			58.73
5.	Leonor Vitoriano Marques	01	Viver Santarem	3:56.84		207	
	50m: 56.49 56.49	100m: 1:56.17 59.68	150m: 2:56.94 1:00.77	200m: 3:56.84			59.90

Juvenis B

1.	Mariana Nunes Domingos	00	20Km de Almeirim	3:22.43	+0,98	331	
	50m: 45.94 45.94	100m: 1:37.01 51.07	150m: 2:29.72 52.71	200m: 3:22.43			52.71
2.	Laura Manuela Lopes	00	Rio Maior	3:49.74		226	
	50m: 52.02 52.02	100m: 1:52.16 1:00.14	150m: 2:52.13 59.97	200m: 3:49.74			57.61

Juvenis A

1.	Ana Margarida Salgueiro	99	Nautico Abrantes	2:58.94	+0,93	480	
	50m: 41.19 41.19	100m: 1:26.55 45.36	150m: 2:14.46 47.91	200m: 2:58.94			44.48
2.	Carolina Felicidade Batista	99	Viver Santarem	3:10.62	+0,93	397	
	50m: 44.47 44.47	100m: 1:33.00 48.53	150m: 2:22.24 49.24	200m: 3:10.62			48.38
3.	Mariana Narciso Fidalgo	99	20Km de Almeirim	3:24.38	+1,00	322	
	50m: 47.16 47.16	100m: 1:39.17 52.01	150m: 2:32.25 53.08	200m: 3:24.38			52.13
4.	Claudia Maria Marcalo	99	Natacao do Tejo	3:51.82	+0,85	220	
	50m: 52.23 52.23	100m: 1:51.47 59.24	150m: 2:52.23 1:00.76	200m: 3:51.82			59.59

Juniores e Seniores

1.	Maria Madalena Silva	98	Nautico Abrantes	2:48.67	+0,79	573	
	50m: 40.33 40.33	100m: 1:22.59 42.26	200m: 2:48.67 1:26.08				
2.	Rute Isabel Leonardo	98	Nautico Abrantes	2:57.07	+0,86	495	
	50m: 40.98 40.98	100m: 1:26.10 45.12	150m: 2:12.51 46.41	200m: 2:57.07			44.56
3.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	3:05.19		433	
	50m: 42.30 42.30	100m: 1:29.07 46.77	150m: 2:18.08 49.01	200m: 3:05.19			47.11
4.	Catarina Goncalves Trezentos	98	Gualdim Pais	3:07.20		419	
	50m: 43.22 43.22	100m: 1:30.98 47.76	150m: 2:19.18 48.20	200m: 3:07.20			48.02
5.	Erica Fontainhas Cardigo	96	20Km de Almeirim	3:10.29		399	
	50m: 44.35 44.35	100m: 1:33.83 49.48	150m: 2:22.94 49.11	200m: 3:10.29			47.35
6.	Filipa Robert Rente	96	Gualdim Pais	3:22.57	+0,83	330	
	50m: 46.68 46.68	100m: 1:38.42 51.74	150m: 2:30.96 52.54	200m: 3:22.57			51.61
7.	Ines Maria Ribeiro	94	CLAC-Entroncamento	3:22.60	+0,80	330	
	50m: 46.11 46.11	100m: 1:38.01 51.90	200m: 3:22.60 1:44.59				

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 8, Femin., 200m Bruços

EXH	Cristiana Silva Ulpiano	95	Laranjeiro	3:02.83	+0,94	450	
	50m: 42.35 42.35	100m: 1:28.68 46.33	150m: 2:15.67 46.99	200m: 3:02.83	47.16		
EXH	Patricia Alexandra Silva	95	Laranjeiro	3:15.11		370	
	50m: 46.35 46.35	100m: 1:36.65 50.30	150m: 2:25.82 49.17	200m: 3:15.11	49.29		

Prova 9

22-03-2014 - 11:05

Masc., 200m Estilos

Absoluto

Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Andre Filipe Mendes	92	Nautico Abrantes	2:19.36	+0,70	547	
	50m: 29.86 29.86	100m: 1:05.07 35.21	150m: 1:47.43 42.36	200m: 2:19.36	31.93		
2.	Ivo Andre Lopes	94	Viver Santarem	2:25.29		483	
	50m: 30.54 30.54	100m: 1:08.62 38.08	150m: 1:51.61 42.99	200m: 2:25.29	33.68		
3.	Miguel Carrico Cruz	99	20Km de Almeirim	2:26.66	+0,77	469	
	50m: 30.60 30.60	100m: 1:10.41 39.81	150m: 1:52.85 42.44	200m: 2:26.66	33.81		
4.	Joao Manuel Ferreira	92	CLAC-Entroncamento	2:29.46	+0,87	443	
	50m: 29.62 29.62	100m: 1:09.08 39.46	150m: 1:52.76 43.68	200m: 2:29.46	36.70		
5.	Dario Fausto Matias	98	Torres Novas	2:30.44		435	
	50m: 32.66 32.66	100m: 1:12.81 40.15	150m: 1:59.25 46.44	200m: 2:30.44	31.19		
6.	Bernardo Jose Dionisio	99	Gualdim Pais	2:35.48		394	
	50m: 31.90 31.90	100m: 1:15.20 43.30	150m: 2:00.41 45.21	200m: 2:35.48	35.07		
7.	Joao Jose Calado	01	Nautico Abrantes	2:37.99	+0,60	375	
	50m: 33.34 33.34	100m: 1:15.42 42.08	150m: 2:03.38 47.96	200m: 2:37.99	34.61		
8.	Miguel Serrao Santos	00	Viver Santarem	2:39.51		365	
	50m: 33.63 33.63	100m: 1:16.42 42.79	150m: 2:05.85 49.43	200m: 2:39.51	33.66		
9.	Mario Jorge Santos	95	Gualdim Pais	2:42.42	+0,76	345	
	50m: 33.11 33.11	100m: 1:14.83 41.72	150m: 2:03.75 48.92	200m: 2:42.42	38.67		
10.	Nuno Miguel Afonso	91	Natacao do Tejo	2:47.96	+0,56	312	
	50m: 32.73 32.73	100m: 1:18.28 45.55	150m: 2:07.85 49.57	200m: 2:47.96	40.11		
11.	Francisco Inacio Rodrigues	00	Viver Santarem	2:49.31	+0,76	305	
	100m: 1:21.25 1:21.25	150m: 2:12.43 51.18	200m: 2:49.31 36.88				
12.	Joao Tiago Almeida	99	20Km de Almeirim	2:50.82	+0,78	297	
	50m: 34.05 34.05	100m: 1:18.16 44.11	150m: 2:11.58 53.42	200m: 2:50.82	39.24		
13.	Tiago Manuel Santos	01	Rio Maior	2:54.18	+0,77	280	
	50m: 38.95 38.95	100m: 1:24.26 45.31	150m: 2:16.90 52.64	200m: 2:54.18	37.28		
14.	David Antonio Carvalho	99	Natacao do Tejo	2:56.28		270	
	50m: 38.12 38.12	100m: 1:25.59 47.47	150m: 2:17.74 52.15	200m: 2:56.28	38.54		
15.	David Antunes Santos	00	CLAC-Entroncamento	2:56.47	+0,75	269	
	50m: 39.01 39.01	100m: 1:26.36 47.35	150m: 2:19.96 53.60	200m: 2:56.47	36.51		
16.	Joao Miguel Marques	01	20Km de Almeirim	3:00.91		250	
	50m: 42.75 42.75	100m: 1:31.39 48.64	150m: 2:26.23 54.84	200m: 3:00.91	34.68		
17.	Dan Miloslavschi	00	Nautico Abrantes	3:01.50	+0,82	247	
	50m: 36.34 36.34	100m: 1:22.98 46.64	150m: 2:18.28 55.30	200m: 3:01.50	43.22		
18.	Xavier Portela Adriaio	01	Rio Maior	3:15.58	+0,89	198	
	50m: 46.65 46.65	100m: 1:36.08 49.43	150m: 2:35.33 59.25	200m: 3:15.58	40.25		
19.	Gustavo Rosa Arroja	00	Rio Maior	3:25.04	+1,02	171	
	50m: 46.99 46.99	100m: 1:36.75 49.76	150m: 2:45.63 1:08.88	200m: 3:25.04	39.41		

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 9, Masc., 200m Estilos

Infantis B

1.	Joao Jose Calado	01	Nautico Abrantes	2:37.99	+0,60	375		
	50m: 33.34 33.34	100m: 1:15.42 42.08	150m: 2:03.38 47.96	200m: 2:37.99			34.61	
2.	Tiago Manuel Santos	01	Rio Maior	2:54.18	+0,77	280		
	50m: 38.95 38.95	100m: 1:24.26 45.31	150m: 2:16.90 52.64	200m: 2:54.18			37.28	
3.	Joao Miguel Marques	01	20Km de Almeirim	3:00.91		250		
	50m: 42.75 42.75	100m: 1:31.39 48.64	150m: 2:26.23 54.84	200m: 3:00.91			34.68	
4.	Xavier Portela Adriaio	01	Rio Maior	3:15.58	+0,89	198		
	50m: 46.65 46.65	100m: 1:36.08 49.43	150m: 2:35.33 59.25	200m: 3:15.58			40.25	

Infantis A

1.	Miguel Serrao Santos	00	Viver Santarem	2:39.51		365		
	50m: 33.63 33.63	100m: 1:16.42 42.79	150m: 2:05.85 49.43	200m: 2:39.51			33.66	
2.	Francisco Inacio Rodrigues	00	Viver Santarem	2:49.31	+0,76	305		
	100m: 1:21.25 1:21.25	150m: 2:12.43 51.18	200m: 2:49.31	36.88				
3.	David Antunes Santos	00	CLAC-Entroncamento	2:56.47	+0,75	269		
	50m: 39.01 39.01	100m: 1:26.36 47.35	150m: 2:19.96 53.60	200m: 2:56.47			36.51	
4.	Dan Miloslavschi	00	Nautico Abrantes	3:01.50	+0,82	247		
	50m: 36.34 36.34	100m: 1:22.98 46.64	150m: 2:18.28 55.30	200m: 3:01.50			43.22	
5.	Gustavo Rosa Arroja	00	Rio Maior	3:25.04	+1,02	171		
	50m: 46.99 46.99	100m: 1:36.75 49.76	150m: 2:45.63 1:08.88	200m: 3:25.04			39.41	

Juvenis B

1.	Miguel Carrico Cruz	99	20Km de Almeirim	2:26.66	+0,77	469		
	50m: 30.60 30.60	100m: 1:10.41 39.81	150m: 1:52.85 42.44	200m: 2:26.66			33.81	
2.	Bernardo Jose Dionisio	99	Gualdim Pais	2:35.48		394		
	50m: 31.90 31.90	100m: 1:15.20 43.30	150m: 2:00.41 45.21	200m: 2:35.48			35.07	
3.	Joao Tiago Almeida	99	20Km de Almeirim	2:50.82	+0,78	297		
	50m: 34.05 34.05	100m: 1:18.16 44.11	150m: 2:11.58 53.42	200m: 2:50.82			39.24	
4.	David Antonio Carvalho	99	Natacao do Tejo	2:56.28		270		
	50m: 38.12 38.12	100m: 1:25.59 47.47	150m: 2:17.74 52.15	200m: 2:56.28			38.54	

Juvenis A

1.	Dario Fausto Matias	98	Torres Novas	2:30.44		435		
	50m: 32.66 32.66	100m: 1:12.81 40.15	150m: 1:59.25 46.44	200m: 2:30.44			31.19	

Juniores e Seniores

1.	Andre Filipe Mendes	92	Nautico Abrantes	2:19.36	+0,70	547		
	50m: 29.86 29.86	100m: 1:05.07 35.21	150m: 1:47.43 42.36	200m: 2:19.36			31.93	
2.	Ivo Andre Lopes	94	Viver Santarem	2:25.29		483		
	50m: 30.54 30.54	100m: 1:08.62 38.08	150m: 1:51.61 42.99	200m: 2:25.29			33.68	
3.	Joao Manuel Ferreira	92	CLAC-Entroncamento	2:29.46	+0,87	443		
	50m: 29.62 29.62	100m: 1:09.08 39.46	150m: 1:52.76 43.68	200m: 2:29.46			36.70	
4.	Mario Jorge Santos	95	Gualdim Pais	2:42.42	+0,76	345		
	50m: 33.11 33.11	100m: 1:14.83 41.72	150m: 2:03.75 48.92	200m: 2:42.42			38.67	
5.	Nuno Miguel Afonso	91	Natacao do Tejo	2:47.96	+0,56	312		
	50m: 32.73 32.73	100m: 1:18.28 45.55	150m: 2:07.85 49.57	200m: 2:47.96			40.11	

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 9, Masc., 200m Estilos

EXH	Joao Pedro Braga	94	Naval de Ponta Delgada	2:15.68	+0,77	593	
	100m: 1:04.73 1:04.73	200m: 2:15.68 1:10.95					
EXH	Carlos Lopes Pedrosa	94	Naval de Ponta Delgada	2:17.91	+0,76	564	
	50m: 27.47 27.47	100m: 1:03.77 36.30	150m: 1:47.61 43.84	200m: 2:17.91		30.30	
EXH	Goncalo Manuel Oliveira	99	Laranjeiro	2:39.06	+0,90	368	
	50m: 33.85 33.85	100m: 1:15.52 41.67	150m: 2:03.96 48.44	200m: 2:39.06		35.10	
EXH	Marcio Lima Silva	01	Natacao do Tejo	3:26.44		168	
	50m: 47.63 47.63	100m: 1:42.54 54.91	150m: 2:43.36 1:00.82	200m: 3:26.44		43.08	

Prova 10
22-03-2014 - 11:15

Femin., 4 x 100m Estilos

Absoluto
Resultados

Pontos: FINA 2012

Lugar		Clube		Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Nautico Abrantes 4	Nautico Abrantes		4:57.87		473	
	Ines Ferreira Duarte		1:16.46	Rute Isabel Leonardo	+0,50		1:12.74
	Ana Margarida Salgueiro	+0,84	1:24.49	Maria Madalena Silva			1:04.18
2.	20Km de Almeirim 1	20Km de Almeirim		5:16.16		396	
	Mariana Soares Martinho	38.33	1:18.35	Mafalda Alexandra Cabaca	+0,49	36.48	1:19.51
	Erica Fontainhas Cardigo	+0,33	42.91	Mariana Nunes Domingos	+0,54	33.05	1:09.24
3.	Viver Santarem 1	Viver Santarem		5:17.57		390	
	Patricia Palmeiro Baeta	38.20	1:18.18	Maria Beatriz Dias		36.25	1:18.24
	Carolina Felicidade Batista	41.29	1:27.44	Mariana Tome Fidalgo	+0,59	35.96	1:13.71
4.	CLAC-Entroncamento 1	CLAC-Entroncamento		5:18.09		388	
	Marta Filipa Vinagre	95	38.04	Catarina Vilhena Gregorio		96	
	Ines Maria Ribeiro	94	45.29	Sarah Dias		99	35.13
							2:23.80
5.	Gualdim Pais 1	Gualdim Pais		5:21.03		378	
	Ines Isabel Graca	38.79	1:20.08	Constanca Isabel Jose	+0,60	38.39	1:24.75
	Catarina Goncalves Trezentos	+0,42	40.92	Filipa Robert Rente	+0,71	32.19	1:09.33
6.	Natacao do Tejo 1	Natacao do Tejo		5:32.34		341	
	Carolina Miguel Marques	41.54	1:24.13	Tatiana Lima Silva			1:19.43
	Mafalda Gilberto Marques	+1,03	1:32.87	Carolina Silverio Carpinteiro	+0,53		1:15.91
7.	Rio Maior 1	Rio Maior		6:08.27		250	
	Rita Morgado Vieira	43.67	1:29.42	Ana Beatriz Rodrigues			
	Catia Iordan Agostinho	+0,71	47.67	Maria Beatriz Leal			
8.	Torres Novas 1	Torres Novas		6:10.42		246	
	Leonor Chora Gaudencio	48.52	1:39.20	Soraya Dea Matias			
	Ines Isabel Conde	50.50		Andreia Sofia Alves	+0,70	35.92	2:45.58

Prova 11
22-03-2014 - 11:25

Masc., 4 x 100m Livres

Absoluto
Resultados

Pontos: FINA 2012

Lugar		Clube		Tempo Final	TReac	Pts FINA	Pts
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Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 11, Masc., 4 x 100m Livres

Absoluto

1.	Viver Santarem 2			Viver Santarem	3:59.75	+0,93	484		
	Tiago Filipe Campos	+0,93	29.09	59.52	Ivo Andre Lopes	+0,42		59.16	
	Eduardo Valente Moco	+0,54	28.68	1:00.15	Joao Luis Baeta	+0,47	28.49	1:00.92	
2.	Nautico Abrantes 2			Nautico Abrantes	4:00.46	+0,73	479		
	Andre Filipe Mendes	+0,73	28.38	1:00.11	Ruben Miguel Matos	+0,38	28.74	1:00.81	
	Joao Mauricio Gaspar	+0,42	28.72	59.85	Afonso Filipe Gaspar	+0,55	28.15	59.69	
3.	CLAC-Entroncamento 1			CLAC-Entroncamento	4:05.36	+0,77	451		
	Joao Pedro Rosa	+0,77	28.86	1:01.25	Tiago Andre Gouveia	+0,41	27.47	1:00.26	
	Miguel Martins Barroqueiro	+0,39	30.02	1:03.37	Joao Manuel Ferreira	+0,54	27.97	1:00.48	
4.	Gualdim Pais 1			Gualdim Pais	4:07.89		437		
	Bernardo Jose Dionisio	99	29.55	1:00.64	Goncalo Faria Saldida	99	30.05	1:02.89	
	Ruben Borges Rosa	98	30.17	1:04.35	Afonso Guilherme Rosa	99	28.58	1:00.01	
5.	20Km de Almeirim 1			20Km de Almeirim	4:15.45	+0,75	400		
	Miguel Carrico Cruz	+0,75	29.17	59.71	Bernardo Fernandes Aguiar	+0,49	31.84	1:06.70	
	Hugo Silva Troca	+0,62	29.48	1:02.87	Joao Tiago Almeida	+0,42	30.93	1:06.17	
6.	Natacao do Tejo 1			Natacao do Tejo	4:28.42	+0,72	344		
	Mario Jorge Nunes	+0,72	31.09	1:05.47	Telmo Joao Faria	+0,47	32.09	1:08.76	
	David Antonio Carvalho	+0,61	33.10	1:10.11	Nuno Miguel Afonso	+0,57		1:04.08	
7.	Torres Novas 1			Torres Novas	4:43.10	+0,83	293		
	Dario Fausto Matias	+0,83	29.03	1:00.18	Guilherme Antonio Reis	+0,49	29.35	1:03.32	
	Tomas Antunes Ribeiro	+0,90	39.87	1:23.39	Joao Antonio Simoes	+0,50	36.33	1:16.21	
8.	Rio Maior 1			Rio Maior	5:05.29	+0,75	234		
	Tiago Manuel Santos	+0,75	32.97	1:09.54	Xavier Portela Adriaio		37.91	1:17.88	
	Alexandre Ferreira Ribeiro		35.05	1:15.56	Gustavo Rosa Arroja	+0,76	38.91	1:22.31	
EXH	Individual Lisboa 1			Individual Lisboa	4:11.90		417		
	Frederico Antunes Silva	95	29.41	1:01.57	Ricardo Filipe Carrilho	90	29.63	1:03.75	
	Uriel Jorge Mateus	88	28.82	1:03.21	Bruno Ricardo Custodio	89	29.45	1:03.37	
EXH	Laranjeiro 1			Laranjeiro	4:22.63	+0,88	368		
	Rodrigo Costa Teixeira	+0,88	28.91	1:00.37	Daniel Banhudo Lemos	+0,65	32.25	1:07.61	
	Miguel Alexandre Canhao	+0,80	32.66	1:08.87	Goncalo Manuel Oliveira	+0,45	30.93	1:05.78	

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

2 - 2ª SESSÃO

22-03-2014 - 15:30

Prova 12
22-03-2014 - 15:30

Femin., 100m Mariposa

Absoluto
Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Rute Isabel Leonardo	98	Nautico Abrantes	1:12.19	+0,91	468	
	50m: 34.40 34.40	100m: 1:12.19 37.79					
2.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	1:13.80		438	
	50m: 33.44 33.44	100m: 1:13.80 40.36					
3.	Tatiana Lima Silva	96	Natacao do Tejo	1:15.69	+0,83	406	
	50m: 35.39 35.39	100m: 1:15.69 40.30					
4.	Sarah Dias	99	CLAC-Entroncamento	1:17.40	+0,93	379	
	<i>recorde distrital JUV-A (--)</i>						
	50m: 36.17 36.17	100m: 1:17.40 41.23					
5.	Soraya Dea Matias	95	Torres Novas	1:17.45	+0,81	379	
	50m: 35.72 35.72	100m: 1:17.45 41.73					
6.	Carolina Miguel Marques	99	Natacao do Tejo	1:18.14	+0,94	369	
	50m: 36.02 36.02	100m: 1:18.14 42.12					
7.	Maria Beatriz Diogo	99	Nautico Abrantes	1:18.53		363	
	50m: 36.97 36.97	100m: 1:18.53 41.56					
8.	Mafalda Alexandra Cabaca	00	20Km de Almeirim	1:19.36		352	
	50m: 36.91 36.91	100m: 1:19.36 42.45					
9.	Ana Filipa Parente	98	Gualdim Pais	1:21.97	+0,49	319	
	50m: 36.59 36.59	100m: 1:21.97 45.38					
10.	Constanca Isabel Jose	01	Gualdim Pais	1:26.31	+1,23	274	
	50m: 42.15 42.15	100m: 1:26.31 44.16					
11.	Filipa Cardigo Fitas	02	20Km de Almeirim	1:26.45		272	
	50m: 40.47 40.47	100m: 1:26.45 45.98					
12.	Beatriz Maria Duarte	02	Nautico Abrantes	1:27.51	+0,91	262	
	50m: 42.46 42.46	100m: 1:27.51 45.05					
13.	Carolina Felicidade Batista	99	Viver Santarem	1:29.04	+0,93	249	
	50m: 40.62 40.62	100m: 1:29.04 48.42					
14.	Claudia Maria Marcalo	99	Natacao do Tejo	1:31.42	+0,84	230	
	50m: 42.04 42.04	100m: 1:31.42 49.38					
15.	Carolina Lopes Vieira	02	Gualdim Pais	1:34.05		211	
	50m: 44.66 44.66	100m: 1:34.05 49.39					
16.	Mariana Narciso Fidalgo	99	20Km de Almeirim	1:37.78		188	
	50m: 46.75 46.75	100m: 1:37.78 51.03					
17.	Laura Batista Agostinho	01	Rio Maior	1:44.57	+0,94	154	
	50m: 49.38 49.38	100m: 1:44.57 55.19					
18.	Maria Beatriz Silva	02	CLAC-Entroncamento	1:47.47	+0,68	141	
	50m: 46.14 46.14	100m: 1:47.47 1:01.33					
19.	Rita Morgado Vieira	02	Rio Maior	1:50.43		130	
	50m: 50.37 50.37	100m: 1:50.43 1:00.06					

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 12, Femin., 100m Mariposa

Infantis B

1.	Filipa Cardigo Fitas	02	20Km de Almeirim	1:26.45		272
	50m: 40.47 40.47	100m:	1:26.45 45.98			
2.	Beatriz Maria Duarte	02	Nautico Abrantes	1:27.51	+0,91	262
	50m: 42.46 42.46	100m:	1:27.51 45.05			
3.	Carolina Lopes Vieira	02	Gualdim Pais	1:34.05		211
	50m: 44.66 44.66	100m:	1:34.05 49.39			
4.	Maria Beatriz Silva	02	CLAC-Entroncamento	1:47.47	+0,68	141
	50m: 46.14 46.14	100m:	1:47.47 1:01.33			
5.	Rita Morgado Vieira	02	Rio Maior	1:50.43		130
	50m: 50.37 50.37	100m:	1:50.43 1:00.06			

Infantis A

1.	Constanca Isabel Jose	01	Gualdim Pais	1:26.31	+1,23	274
	50m: 42.15 42.15	100m:	1:26.31 44.16			
2.	Laura Batista Agostinho	01	Rio Maior	1:44.57	+0,94	154
	50m: 49.38 49.38	100m:	1:44.57 55.19			

Juvenil B

1.	Mafalda Alexandra Cabaca	00	20Km de Almeirim	1:19.36		352
	50m: 36.91 36.91	100m:	1:19.36 42.45			

Juvenil A

1.	Sarah Dias <i>recorde distrital JUV-A (--)</i>	99	CLAC-Entroncamento	1:17.40	+0,93	379
	50m: 36.17 36.17	100m:	1:17.40 41.23			
2.	Carolina Miguel Marques	99	Natacao do Tejo	1:18.14	+0,94	369
	50m: 36.02 36.02	100m:	1:18.14 42.12			
3.	Maria Beatriz Diogo	99	Nautico Abrantes	1:18.53		363
	50m: 36.97 36.97	100m:	1:18.53 41.56			
4.	Carolina Felicidade Batista	99	Viver Santarem	1:29.04	+0,93	249
	50m: 40.62 40.62	100m:	1:29.04 48.42			
5.	Claudia Maria Marcalo	99	Natacao do Tejo	1:31.42	+0,84	230
	50m: 42.04 42.04	100m:	1:31.42 49.38			
6.	Mariana Narciso Fidalgo	99	20Km de Almeirim	1:37.78		188
	50m: 46.75 46.75	100m:	1:37.78 51.03			

Juniores e Seniores

1.	Rute Isabel Leonardo	98	Nautico Abrantes	1:12.19	+0,91	468
	50m: 34.40 34.40	100m:	1:12.19 37.79			
2.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	1:13.80		438
	50m: 33.44 33.44	100m:	1:13.80 40.36			
3.	Tatiana Lima Silva	96	Natacao do Tejo	1:15.69	+0,83	406
	50m: 35.39 35.39	100m:	1:15.69 40.30			
4.	Soraya Dea Matias	95	Torres Novas	1:17.45	+0,81	379
	50m: 35.72 35.72	100m:	1:17.45 41.73			
5.	Ana Filipa Parente	98	Gualdim Pais	1:21.97	+0,49	319
	50m: 36.59 36.59	100m:	1:21.97 45.38			

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 12, Femin., 100m Mariposa

EXH	Joana Carina Silva	97	Lousada SXXI	1:08.19	+0,91	555
	50m: 32.36 32.36	100m: 1:08.19 35.83				

Prova 13
22-03-2014 - 15:40

Masc., 200m Mariposa

Absoluto
Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Andre Filipe Mendes	92	Nautico Abrantes	2:20.39		501	
	50m: 30.31 30.31	100m: 1:04.65 34.34	150m: 1:42.77 38.12	200m: 2:20.39			37.62
2.	Tiago Filipe Campos	99	Viver Santarem	2:25.15	+0,95	453	
	50m: 33.92 33.92	100m: 1:10.24 36.32	150m: 1:48.41 38.17	200m: 2:25.15			36.74
3.	Mario Jorge Nunes	92	Natacao do Tejo	2:39.41	+0,75	342	
	50m: 34.32 34.32	100m: 1:14.97 40.65	150m: 1:57.85 42.88	200m: 2:39.41			41.56
4.	Martim Basilio Gil	97	CLAC-Entroncamento	2:39.57	+0,77	341	
	50m: 34.52 34.52	100m: 1:12.79 38.27	150m: 1:56.85 44.06	200m: 2:39.57			42.72
5.	Afonso Guilherme Rosa	99	Gualdim Pais	2:40.39	+0,84	336	
	50m: 36.32 36.32	100m: 1:18.74 42.42	150m: 2:01.58 42.84	200m: 2:40.39			38.81
6.	Joao Jose Calado	01	Nautico Abrantes	2:40.65		334	
	50m: 34.67 34.67	100m: 1:15.23 40.56	150m: 2:00.48 45.25	200m: 2:40.65			40.17
7.	Miguel Serrao Santos	00	Viver Santarem	2:44.54	+0,57	311	
	50m: 36.07 36.07	100m: 1:20.54 44.47	150m: 2:04.96 44.42	200m: 2:44.54			39.58
8.	Joao Rafael Fonseca	97	Rio Maior	2:44.84		309	
	50m: 36.08 36.08	100m: 1:20.02 43.94	150m: 2:02.62 42.60	200m: 2:44.84			42.22
9.	Mario Jorge Santos	95	Gualdim Pais	2:50.80	+0,82	278	
	50m: 37.27 37.27	100m: 1:21.72 44.45	150m: 2:06.55 44.83	200m: 2:50.80			44.25
10.	Goncalo Faria Saldida	99	Gualdim Pais	2:52.21	+0,89	271	
	50m: 37.33 37.33	100m: 1:19.82 42.49	150m: 2:11.13 51.31	200m: 2:52.21			41.08
11.	Afonso Maria Teodoro	01	Viver Santarem	2:56.60		251	
	50m: 38.93 38.93	100m: 1:22.79 43.86	150m: 2:09.10 46.31	200m: 2:56.60			47.50
12.	Diogo Franco Martins	01	20Km de Almeirim	3:05.16	+0,94	218	
	50m: 40.69 40.69	100m: 1:28.09 47.40	150m: 2:16.63 48.54	200m: 3:05.16			48.53
13.	David Antunes Santos	00	CLAC-Entroncamento	3:10.86	+0,87	199	
	50m: 39.86 39.86	100m: 1:28.67 48.81	150m: 2:20.92 52.25	200m: 3:10.86			49.94
14.	Andre Pombo Dias	96	Natacao do Tejo	3:18.54	+0,87	177	
	50m: 43.06 43.06	100m: 1:33.45 50.39	150m: 2:29.80 56.35	200m: 3:18.54			48.74
15.	Dan Miloslavschi	00	Nautico Abrantes	3:18.95	+0,92	176	
	50m: 39.69 39.69	100m: 1:29.13 49.44	150m: 2:22.96 53.83	200m: 3:18.95			55.99
16.	Joao Antonio Simoes	01	Torres Novas	3:19.76		173	
	50m: 45.18 45.18	100m: 1:37.50 52.32	150m: 2:29.60 52.10	200m: 3:19.76			50.16
17.	Tiago Manuel Santos	01	Rio Maior	3:21.95		168	
	50m: 45.66 45.66	100m: 1:35.97 50.31	150m: 2:30.91 54.94	200m: 3:21.95			51.04
18.	Joao Miguel Marques	01	20Km de Almeirim	3:25.11	+1,12	160	
	50m: 43.53 43.53	100m: 1:38.86 55.33	150m: 2:35.40 56.54	200m: 3:25.11			49.71
DSQ	Joao Tiago Almeida	99	20Km de Almeirim				
	<i>Batimento de pernas alternadas durante o percurso</i>						
DNS	Marcio Lima Silva	01	Natacao do Tejo				

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 13, Masc., 200m Mariposa

Infantis B

1.	Joao Jose Calado	01	Nautico Abrantes	2:40.65		334	
	50m: 34.67 34.67	100m: 1:15.23 40.56	150m: 2:00.48 45.25	200m: 2:40.65	40.17		
2.	Afonso Maria Teodoro	01	Viver Santarem	2:56.60		251	
	50m: 38.93 38.93	100m: 1:22.79 43.86	150m: 2:09.10 46.31	200m: 2:56.60	47.50		
3.	Diogo Franco Martins	01	20Km de Almeirim	3:05.16	+0,94	218	
	50m: 40.69 40.69	100m: 1:28.09 47.40	150m: 2:16.63 48.54	200m: 3:05.16	48.53		
4.	Joao Antonio Simoes	01	Torres Novas	3:19.76		173	
	50m: 45.18 45.18	100m: 1:37.50 52.32	150m: 2:29.60 52.10	200m: 3:19.76	50.16		
5.	Tiago Manuel Santos	01	Rio Maior	3:21.95		168	
	50m: 45.66 45.66	100m: 1:35.97 50.31	150m: 2:30.91 54.94	200m: 3:21.95	51.04		
6.	Joao Miguel Marques	01	20Km de Almeirim	3:25.11	+1,12	160	
	50m: 43.53 43.53	100m: 1:38.86 55.33	150m: 2:35.40 56.54	200m: 3:25.11	49.71		
DNS	Marcio Lima Silva	01	Natacao do Tejo				

Infantis A

1.	Miguel Serrao Santos	00	Viver Santarem	2:44.54	+0,57	311	
	50m: 36.07 36.07	100m: 1:20.54 44.47	150m: 2:04.96 44.42	200m: 2:44.54	39.58		
2.	David Antunes Santos	00	CLAC-Entroncamento	3:10.86	+0,87	199	
	50m: 39.86 39.86	100m: 1:28.67 48.81	150m: 2:20.92 52.25	200m: 3:10.86	49.94		
3.	Dan Miloslavschi	00	Nautico Abrantes	3:18.95	+0,92	176	
	50m: 39.69 39.69	100m: 1:29.13 49.44	150m: 2:22.96 53.83	200m: 3:18.95	55.99		

Juvenis B

1.	Tiago Filipe Campos	99	Viver Santarem	2:25.15	+0,95	453	
	50m: 33.92 33.92	100m: 1:10.24 36.32	150m: 1:48.41 38.17	200m: 2:25.15	36.74		
2.	Afonso Guilherme Rosa	99	Gualdim Pais	2:40.39	+0,84	336	
	50m: 36.32 36.32	100m: 1:18.74 42.42	150m: 2:01.58 42.84	200m: 2:40.39	38.81		
3.	Goncalo Faria Saldida	99	Gualdim Pais	2:52.21	+0,89	271	
	50m: 37.33 37.33	100m: 1:19.82 42.49	150m: 2:11.13 51.31	200m: 2:52.21	41.08		
DSQ	Joao Tiago Almeida	99	20Km de Almeirim				
	<i>Batimento de pernas alternadas durante o percurso</i>						

Juniores e Seniores

1.	Andre Filipe Mendes	92	Nautico Abrantes	2:20.39		501	
	50m: 30.31 30.31	100m: 1:04.65 34.34	150m: 1:42.77 38.12	200m: 2:20.39	37.62		
2.	Mario Jorge Nunes	92	Natacao do Tejo	2:39.41	+0,75	342	
	50m: 34.32 34.32	100m: 1:14.97 40.65	150m: 1:57.85 42.88	200m: 2:39.41	41.56		
3.	Martim Basilio Gil	97	CLAC-Entroncamento	2:39.57	+0,77	341	
	50m: 34.52 34.52	100m: 1:12.79 38.27	150m: 1:56.85 44.06	200m: 2:39.57	42.72		
4.	Joao Rafael Fonseca	97	Rio Maior	2:44.84		309	
	50m: 36.08 36.08	100m: 1:20.02 43.94	150m: 2:02.62 42.60	200m: 2:44.84	42.22		
5.	Mario Jorge Santos	95	Gualdim Pais	2:50.80	+0,82	278	
	50m: 37.27 37.27	100m: 1:21.72 44.45	150m: 2:06.55 44.83	200m: 2:50.80	44.25		
6.	Andre Pombo Dias	96	Natacao do Tejo	3:18.54	+0,87	177	
	50m: 43.06 43.06	100m: 1:33.45 50.39	150m: 2:29.80 56.35	200m: 3:18.54	48.74		

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 13, Masc., 200m Mariposa

EXH	Carlos Lopes Pedrosa	94	Naval de Ponta Delgada	2:09.49	+0,75	638	
	50m: 28.66 28.66	100m: 1:01.15 32.49	150m: 1:35.15 34.00	200m: 2:09.49	34.34		
EXH	Miguel Alexandre Canhao	99	Laranjeiro	2:44.82		309	
	50m: 36.90 36.90	100m: 1:19.72 42.82	150m: 2:01.87 42.15	200m: 2:44.82	42.95		

Prova 14

22-03-2014 - 15:50

Femin., 200m Livres

Absoluto

Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Marta Filipa Vinagre	95	CLAC-Entroncamento	2:17.73	+0,81	551	
	50m: 31.12 31.12	100m: 1:05.39 34.27	150m: 1:41.43 36.04	200m: 2:17.73	36.30		
2.	Maria Madalena Silva	98	Nautico Abrantes	2:20.85	+0,77	516	
	50m: 32.37 32.37	100m: 1:08.04 35.67	150m: 1:45.14 37.10	200m: 2:20.85	35.71		
3.	Patricia Palmeiro Baeta	00	Viver Santarem	2:24.16	+0,81	481	
	50m: 33.92 33.92	100m: 1:10.74 36.82	150m: 1:47.15 36.41	200m: 2:24.16	37.01		
4.	Mariana Soares Martinho	99	20Km de Almeirim	2:25.66		466	
	<i>recorde distrital JUV-A (--) e 100 metros (--)</i>						
	50m: 33.89 33.89	100m: 1:10.89 37.00	150m: 1:48.55 37.66	200m: 2:25.66	37.11		
5.	Mariana Nunes Domingos	00	20Km de Almeirim	2:30.64	+0,96	421	
	50m: 33.37 33.37	100m: 1:11.11 37.74	150m: 1:50.82 39.71	200m: 2:30.64	39.82		
6.	Carolina Guerra Pisco	02	20Km de Almeirim	2:35.52	+0,68	383	
	50m: 35.75 35.75	100m: 1:15.92 40.17	150m: 1:56.06 40.14	200m: 2:35.52	39.46		
7.	Mariana Tome Fidalgo	01	Viver Santarem	2:38.15		364	
	50m: 36.11 36.11	100m: 1:16.61 40.50	150m: 1:58.22 41.61	200m: 2:38.15	39.93		
8.	Ines Isabel Graca	00	Gualdim Pais	2:38.89	+0,76	359	
	50m: 35.07 35.07	100m: 1:16.16 41.09	150m: 1:58.21 42.05	200m: 2:38.89	40.68		
9.	Catarina Goncalves Trezentos	98	Gualdim Pais	2:39.95	+0,91	352	
	50m: 35.45 35.45	100m: 1:16.90 41.45	150m: 1:59.33 42.43	200m: 2:39.95	40.62		
10.	Catia Iordan Agostinho	02	Rio Maior	2:40.07	+0,83	351	
	50m: 37.01 37.01	100m: 1:17.83 40.82	150m: 1:59.31 41.48	200m: 2:40.07	40.76		
11.	Rita Daniela Lopes	01	Gualdim Pais	2:41.78	+1,22	340	
	50m: 37.17 37.17	100m: 1:18.75 41.58	150m: 2:00.45 41.70	200m: 2:41.78	41.33		
12.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	2:41.97	+0,87	339	
	100m: 1:19.73 1:19.73	200m: 2:41.97 1:22.24					
13.	Claudia Maria Marcalo	99	Natacao do Tejo	2:46.11	+0,84	314	
	100m: 1:22.30 1:22.30	200m: 2:46.11 1:23.81					
14.	Maria Ines Gabriel	02	Viver Santarem	2:51.90		283	
	50m: 39.43 39.43	100m: 1:23.88 44.45	150m: 2:08.88 45.00	200m: 2:51.90	43.02		
15.	Ana Beatriz Rodrigues	02	Rio Maior	2:54.85	+0,58	269	
	50m: 37.43 37.43	100m: 1:22.14 44.71	150m: 2:08.84 46.70	200m: 2:54.85	46.01		
16.	Andreia Sofia Alves	02	Torres Novas	2:58.43	+1,11	253	
	50m: 40.96 40.96	100m: 1:27.60 46.64	150m: 2:15.62 48.02	200m: 2:58.43	42.81		
17.	Laura Manuela Lopes	00	Rio Maior	2:59.92	+1,18	247	
	50m: 42.13 42.13	100m: 1:29.13 47.00	150m: 2:16.27 47.14	200m: 2:59.92	43.65		
18.	Beatriz Catarino Moura	02	Nautico Abrantes	3:10.07		210	
	50m: 41.88 41.88	100m: 1:30.56 48.68	150m: 2:21.50 50.94	200m: 3:10.07	48.57		
19.	Maria Beatriz Silva	02	CLAC-Entroncamento	3:10.49		208	
	50m: 41.94 41.94	100m: 1:31.97 50.03	150m: 2:23.13 51.16	200m: 3:10.49	47.36		

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 14, Femin., 200m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
DNS	Ana Torres Ferreira	99	Nautico Abrantes				

Infantis B

1.	Carolina Guerra Pisco	02	20Km de Almeirim	2:35.52	+0,68	383	
	50m: 35.75 35.75	100m: 1:15.92 40.17	150m: 1:56.06 40.14	200m: 2:35.52			39.46
2.	Catia Iordan Agostinho	02	Rio Maior	2:40.07	+0,83	351	
	50m: 37.01 37.01	100m: 1:17.83 40.82	150m: 1:59.31 41.48	200m: 2:40.07			40.76
3.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	2:41.97	+0,87	339	
	100m: 1:19.73 1:19.73	200m: 2:41.97 1:22.24					
4.	Maria Ines Gabriel	02	Viver Santarem	2:51.90		283	
	50m: 39.43 39.43	100m: 1:23.88 44.45	150m: 2:08.88 45.00	200m: 2:51.90			43.02
5.	Ana Beatriz Rodrigues	02	Rio Maior	2:54.85	+0,58	269	
	50m: 37.43 37.43	100m: 1:22.14 44.71	150m: 2:08.84 46.70	200m: 2:54.85			46.01
6.	Andreia Sofia Alves	02	Torres Novas	2:58.43	+1,11	253	
	50m: 40.96 40.96	100m: 1:27.60 46.64	150m: 2:15.62 48.02	200m: 2:58.43			42.81
7.	Beatriz Catarino Moura	02	Nautico Abrantes	3:10.07		210	
	50m: 41.88 41.88	100m: 1:30.56 48.68	150m: 2:21.50 50.94	200m: 3:10.07			48.57
8.	Maria Beatriz Silva	02	CLAC-Entroncamento	3:10.49		208	
	50m: 41.94 41.94	100m: 1:31.97 50.03	150m: 2:23.13 51.16	200m: 3:10.49			47.36

Infantis A

1.	Mariana Tome Fidalgo	01	Viver Santarem	2:38.15		364	
	50m: 36.11 36.11	100m: 1:16.61 40.50	150m: 1:58.22 41.61	200m: 2:38.15			39.93
2.	Rita Daniela Lopes	01	Gualdim Pais	2:41.78	+1,22	340	
	50m: 37.17 37.17	100m: 1:18.75 41.58	150m: 2:00.45 41.70	200m: 2:41.78			41.33

Juvenis B

1.	Patricia Palmeiro Baeta	00	Viver Santarem	2:24.16	+0,81	481	
	50m: 33.92 33.92	100m: 1:10.74 36.82	150m: 1:47.15 36.41	200m: 2:24.16			37.01
2.	Mariana Nunes Domingos	00	20Km de Almeirim	2:30.64	+0,96	421	
	50m: 33.37 33.37	100m: 1:11.11 37.74	150m: 1:50.82 39.71	200m: 2:30.64			39.82
3.	Ines Isabel Graca	00	Gualdim Pais	2:38.89	+0,76	359	
	50m: 35.07 35.07	100m: 1:16.16 41.09	150m: 1:58.21 42.05	200m: 2:38.89			40.68
4.	Laura Manuela Lopes	00	Rio Maior	2:59.92	+1,18	247	
	50m: 42.13 42.13	100m: 1:29.13 47.00	150m: 2:16.27 47.14	200m: 2:59.92			43.65

Juvenis A

1.	Mariana Soares Martinho	99	20Km de Almeirim	2:25.66		466	
	<i>recorde distrital JUV-A (--) e 100 metros (--)</i>						
	50m: 33.89 33.89	100m: 1:10.89 37.00	150m: 1:48.55 37.66	200m: 2:25.66			37.11
2.	Claudia Maria Marcalo	99	Natacao do Tejo	2:46.11	+0,84	314	
	100m: 1:22.30 1:22.30	200m: 2:46.11 1:23.81					

DNS Ana Torres Ferreira 99 Nautico Abrantes

Juniores e Seniores

1.	Marta Filipa Vinagre	95	CLAC-Entroncamento	2:17.73	+0,81	551	
	50m: 31.12 31.12	100m: 1:05.39 34.27	150m: 1:41.43 36.04	200m: 2:17.73			36.30

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 14, Femin., 200m Livres, Juniores e Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
2.	Maria Madalena Silva	98	Nautico Abrantes	2:20.85	+0,77	516	
	50m: 32.37 32.37	100m: 1:08.04 35.67	150m: 1:45.14 37.10	200m: 2:20.85			35.71
3.	Catarina Goncalves Trezentos	98	Gualdim Pais	2:39.95	+0,91	352	
	50m: 35.45 35.45	100m: 1:16.90 41.45	150m: 1:59.33 42.43	200m: 2:39.95			40.62
EXH	Patricia Alexandra Boto	02	Nautica do Seixal	2:47.53		306	
	50m: 36.69 36.69	100m: 1:19.12 42.43	150m: 2:03.92 44.80	200m: 2:47.53			43.61
EXH	Barbara Daniela Quaresma	01	Nautica do Seixal	2:48.69	+0,77	300	
	50m: 37.42 37.42	100m: 1:22.60 45.18	150m: 2:06.91 44.31	200m: 2:48.69			41.78
EXH	Ines Barata Domingos	00	Natacao do Tejo	2:59.25	+0,85	250	
	50m: 41.26 41.26	100m: 1:29.39 48.13	150m: 2:16.77 47.38	200m: 2:59.25			42.48

Prova 15
22-03-2014 - 16:05

Masc., 100m Bruços

Absoluto
Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Miguel Carrico Cruz	99	20Km de Almeirim	1:12.36	+0,72	530	
	50m: 34.96 34.96	100m: 1:12.36 37.40					
2.	Guilherme Antonio Reis	96	Torres Novas	1:12.60		525	
	50m: 34.46 34.46	100m: 1:12.60 38.14					
3.	Joao Manuel Ferreira	92	CLAC-Entroncamento	1:15.91	+0,84	459	
	50m: 35.59 35.59	100m: 1:15.91 40.32					
4.	Joao Carlos Bastos	86	Viver Santarem	1:18.25	+0,98	419	
	50m: 37.61 37.61	100m: 1:18.25 40.64					
5.	Tiago Andre Matos	95	Nautico Abrantes	1:18.47	+0,78	416	
	50m: 35.77 35.77	100m: 1:18.47 42.70					
6.	Bernardo Jose Dionisio	99	Gualdim Pais	1:20.05	+0,80	391	
	50m: 36.72 36.72	100m: 1:20.05 43.33					
7.	Joao Mauricio Gaspar	97	Nautico Abrantes	1:22.07	+0,70	363	
	50m: 39.67 39.67	100m: 1:22.07 42.40					
8.	Nuno Miguel Afonso	91	Natacao do Tejo	1:22.10		363	
	50m: 38.96 38.96	100m: 1:22.10 43.14					
9.	Joao Diogo Lopes	01	Viver Santarem	1:22.88	+0,71	353	
	50m: 38.09 38.09	100m: 1:22.88 44.79					
10.	Hugo Silva Troca	96	20Km de Almeirim	1:23.89	+0,77	340	
	50m: 38.66 38.66	100m: 1:23.89 45.23					
11.	Diogo Teixeira Mendes	01	Viver Santarem	1:30.60	+0,84	270	
	50m: 42.28 42.28	100m: 1:30.60 48.32					
12.	Andre Pombo Dias	96	Natacao do Tejo	1:35.85	+0,85	228	
	50m: 44.24 44.24	100m: 1:35.85 51.61					
13.	Pedro Jorge Silva	99	20Km de Almeirim	1:40.53	+0,97	197	
	50m: 47.40 47.40	100m: 1:40.53 53.13					
14.	David Jose Carpinteiro	00	Natacao do Tejo	1:41.30		193	
	50m: 47.35 47.35	100m: 1:41.30 53.95					
15.	Xavier Portela Adriaio	01	Rio Maior	1:54.31	+0,88	134	
	50m: 54.21 54.21	100m: 1:54.31 1:00.10					

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 15, Masc., 100m Bruços, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	Tomas Antunes Ribeiro	01	Torres Novas	1:54.44		134	
	50m: 56.55 56.55	100m: 1:54.44 57.89					
DNS	Ricardo Filipe Carrilho	90	Individual Lisboa				
DNS	Pedro Manuel Nunes	98	CLAC-Entroncamento				
DNS	Uriel Jorge Mateus	88	Individual Lisboa				

Infantis B

1.	Joao Diogo Lopes	01	Viver Santarem	1:22.88	+0,71	353	
	50m: 38.09 38.09	100m: 1:22.88 44.79					
2.	Diogo Teixeira Mendes	01	Viver Santarem	1:30.60	+0,84	270	
	50m: 42.28 42.28	100m: 1:30.60 48.32					
3.	Xavier Portela Adriaio	01	Rio Maior	1:54.31	+0,88	134	
	50m: 54.21 54.21	100m: 1:54.31 1:00.10					
4.	Tomas Antunes Ribeiro	01	Torres Novas	1:54.44		134	
	50m: 56.55 56.55	100m: 1:54.44 57.89					

Infantis A

1.	David Jose Carpinteiro	00	Natacao do Tejo	1:41.30		193	
	50m: 47.35 47.35	100m: 1:41.30 53.95					

Juvenis B

1.	Miguel Carrico Cruz	99	20Km de Almeirim	1:12.36	+0,72	530	
	50m: 34.96 34.96	100m: 1:12.36 37.40					
2.	Bernardo Jose Dionisio	99	Gualdim Pais	1:20.05	+0,80	391	
	50m: 36.72 36.72	100m: 1:20.05 43.33					
3.	Pedro Jorge Silva	99	20Km de Almeirim	1:40.53	+0,97	197	
	50m: 47.40 47.40	100m: 1:40.53 53.13					

Juvenis A

DNS	Pedro Manuel Nunes	98	CLAC-Entroncamento				
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Juniores e Seniores

1.	Guilherme Antonio Reis	96	Torres Novas	1:12.60		525	
	50m: 34.46 34.46	100m: 1:12.60 38.14					
2.	Joao Manuel Ferreira	92	CLAC-Entroncamento	1:15.91	+0,84	459	
	50m: 35.59 35.59	100m: 1:15.91 40.32					
3.	Joao Carlos Bastos	86	Viver Santarem	1:18.25	+0,98	419	
	50m: 37.61 37.61	100m: 1:18.25 40.64					
4.	Tiago Andre Matos	95	Nautico Abrantes	1:18.47	+0,78	416	
	50m: 35.77 35.77	100m: 1:18.47 42.70					
5.	Joao Mauricio Gaspar	97	Nautico Abrantes	1:22.07	+0,70	363	
	50m: 39.67 39.67	100m: 1:22.07 42.40					
6.	Nuno Miguel Afonso	91	Natacao do Tejo	1:22.10		363	
	50m: 38.96 38.96	100m: 1:22.10 43.14					
7.	Hugo Silva Troca	96	20Km de Almeirim	1:23.89	+0,77	340	
	50m: 38.66 38.66	100m: 1:23.89 45.23					
8.	Andre Pombo Dias	96	Natacao do Tejo	1:35.85	+0,85	228	
	50m: 44.24 44.24	100m: 1:35.85 51.61					

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 15, Masc., 100m Bruços, Juniores e Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
DNS	Ricardo Filipe Carrilho	90	Individual Lisboa				
DNS	Uriel Jorge Mateus	88	Individual Lisboa				
EXH	Claudio Pereira Sousa	98	Laranjeiro	1:29.88	+0,89	276	
	50m: 42.85 42.85	100m: 1:29.88 47.03					
EXH	Daniel Banhudo Lemos	99	Laranjeiro	1:32.16		256	
	50m: 43.05 43.05	100m: 1:32.16 49.11					

Prova 16
22-03-2014 - 16:15

Femin., 50m Livres

Absoluto
Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Rute Isabel Leonardo	98	Nautico Abrantes	29.31		530	
2.	Sarah Dias	99	CLAC-Entroncamento	29.42	+0,87	524	
3.	Filipa Robert Rente	96	Gualdim Pais	30.25	+0,80	482	
4.	Maria Beatriz Dias	99	Viver Santarem	31.05	+0,89	446	
5.	Patricia Silva Conceicao	99	Nautico Abrantes	31.67	+1,02	420	
6.	Maria Beatriz Leal	99	Rio Maior	32.03		406	
7.	Ana Filipa Parente	98	Gualdim Pais	32.13	+0,86	402	
8.	Erica Fontainhas Cardigo	96	20Km de Almeirim	32.53	+0,97	388	
9.	Mafalda Alexandra Cabaca	00	20Km de Almeirim	33.04	+0,87	370	
10.	Filipa Cardigo Fitas	02	20Km de Almeirim	33.09	+0,90	368	
11.	Erica Alexandra Madruga	01	Viver Santarem	33.98	+0,82	340	
12.	Joana Costa Bernardino	00	CLAC-Entroncamento	34.88	+1,18	314	
13.	Ines Barata Domingos	00	Natacao do Tejo	36.48	+0,79	275	
14.	Andreia Sofia Alves	02	Torres Novas	36.63		271	
15.	Leonor Vitoriano Marques	01	Viver Santarem	36.82	+0,82	267	
DNS	Tatiana Raquel Pombo	01	Nautica do Seixal				
DNS	Ana Torres Ferreira	99	Nautico Abrantes				

Infantis B

1.	Filipa Cardigo Fitas	02	20Km de Almeirim	33.09	+0,90	368	
2.	Andreia Sofia Alves	02	Torres Novas	36.63		271	

Infantis A

1.	Erica Alexandra Madruga	01	Viver Santarem	33.98	+0,82	340	
2.	Leonor Vitoriano Marques	01	Viver Santarem	36.82	+0,82	267	
DNS	Tatiana Raquel Pombo	01	Nautica do Seixal				

Juvenis B

1.	Mafalda Alexandra Cabaca	00	20Km de Almeirim	33.04	+0,87	370	
2.	Joana Costa Bernardino	00	CLAC-Entroncamento	34.88	+1,18	314	
3.	Ines Barata Domingos	00	Natacao do Tejo	36.48	+0,79	275	

Juvenis A

1.	Sarah Dias	99	CLAC-Entroncamento	29.42	+0,87	524	
2.	Maria Beatriz Dias	99	Viver Santarem	31.05	+0,89	446	
3.	Patricia Silva Conceicao	99	Nautico Abrantes	31.67	+1,02	420	
4.	Maria Beatriz Leal	99	Rio Maior	32.03		406	
DNS	Ana Torres Ferreira	99	Nautico Abrantes				

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 16, Femin., 50m Livres

Juniores e Seniores

1.	Rute Isabel Leonardo	98	Nautico Abrantes	29.31		530
2.	Filipa Robert Rente	96	Gualdim Pais	30.25	+0,80	482
3.	Ana Filipa Parente	98	Gualdim Pais	32.13	+0,86	402
4.	Erica Fontainhas Cardigo	96	20Km de Almeirim	32.53	+0,97	388

Prova 17

Masc., 100m Costas

Absoluto
Resultados

22-03-2014 - 16:20

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Andre Filipe Mendes	92	Nautico Abrantes	1:05.72		493	
	50m: 32.56 32.56	100m: 1:05.72 33.16					
2.	Ivo Andre Lopes	94	Viver Santarem	1:05.96		488	
	50m: 32.20 32.20	100m: 1:05.96 33.76					
3.	Ruben Miguel Matos	91	Nautico Abrantes	1:07.49		455	
	50m: 32.45 32.45	100m: 1:07.49 35.04					
4.	Afonso Guilherme Rosa	99	Gualdim Pais	1:10.52		399	
	50m: 33.71 33.71	100m: 1:10.52 36.81					
5.	Rui Jorge Lopes	00	CLAC-Entroncamento	1:11.98		375	
	50m: 35.70 35.70	100m: 1:11.98 36.28					
6.	Afonso Filipe Gaspar	97	Nautico Abrantes	1:12.47		368	
	50m: 31.43 31.43	100m: 1:12.47 41.04					
7.	Joao Luis Baeta	94	Viver Santarem	1:12.89		361	
	50m: 35.65 35.65	100m: 1:12.89 37.24					
8.	Miguel Martins Barroqueiro	91	CLAC-Entroncamento	1:13.04		359	
	50m: 35.12 35.12	100m: 1:13.04 37.92					
9.	Joao Pedro Rosa	90	CLAC-Entroncamento	1:16.12		317	
	50m: 36.42 36.42	100m: 1:16.12 39.70					
10.	Goncalo Faria Saldida	99	Gualdim Pais	1:19.00		284	
	50m: 38.27 38.27	100m: 1:19.00 40.73					
11.	Joao Tiago Almeida	99	20Km de Almeirim	1:20.85		265	
	50m: 39.48 39.48	100m: 1:20.85 41.37					
12.	Alexandre Ferreira Ribeiro	01	Rio Maior	1:21.11		262	
	50m: 40.10 40.10	100m: 1:21.11 41.01					
13.	Afonso Pinhal Canto	01	20Km de Almeirim	1:21.13		262	
	50m: 39.31 39.31	100m: 1:21.13 41.82					
14.	Joao Miguel Marques	01	20Km de Almeirim	1:23.13		243	
	50m: 41.93 41.93	100m: 1:23.13 41.20					
15.	David Jose Carpinteiro	00	Natacao do Tejo	1:23.82		237	
	50m: 40.68 40.68	100m: 1:23.82 43.14					
16.	David Antonio Carvalho	99	Natacao do Tejo	1:24.44		232	
	50m: 41.40 41.40	100m: 1:24.44 43.04					
17.	Andre Diogo Olivenca	98	Viver Santarem	1:30.55		188	
	50m: 44.04 44.04	100m: 1:30.55 46.51					
18.	Marcio Lima Silva	01	Natacao do Tejo	1:37.51		151	
	50m: 48.34 48.34	100m: 1:37.51 49.17					
19.	Tomas Antunes Ribeiro	01	Torres Novas	1:40.60		137	
	50m: 49.82 49.82	100m: 1:40.60 50.78					

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 17, Masc., 100m Costas, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
DNS	Fabio Aleixo Fernandes	90	Individual Lisboa				

Infantis B

1.	Alexandre Ferreira Ribeiro	01	Rio Maior	1:21.11		262	
	50m: 40.10 40.10	100m: 1:21.11 41.01					
2.	Afonso Pinhal Canto	01	20Km de Almeirim	1:21.13		262	
	50m: 39.31 39.31	100m: 1:21.13 41.82					
3.	Joao Miguel Marques	01	20Km de Almeirim	1:23.13		243	
	50m: 41.93 41.93	100m: 1:23.13 41.20					
4.	Marcio Lima Silva	01	Natacao do Tejo	1:37.51		151	
	50m: 48.34 48.34	100m: 1:37.51 49.17					
5.	Tomas Antunes Ribeiro	01	Torres Novas	1:40.60		137	
	50m: 49.82 49.82	100m: 1:40.60 50.78					

Infantis A

1.	Rui Jorge Lopes	00	CLAC-Entroncamento	1:11.98		375	
	50m: 35.70 35.70	100m: 1:11.98 36.28					
2.	David Jose Carpinteiro	00	Natacao do Tejo	1:23.82		237	
	50m: 40.68 40.68	100m: 1:23.82 43.14					

Juvenis B

1.	Afonso Guilherme Rosa	99	Gualdim Pais	1:10.52		399	
	50m: 33.71 33.71	100m: 1:10.52 36.81					
2.	Goncalo Faria Saldida	99	Gualdim Pais	1:19.00		284	
	50m: 38.27 38.27	100m: 1:19.00 40.73					
3.	Joao Tiago Almeida	99	20Km de Almeirim	1:20.85		265	
	50m: 39.48 39.48	100m: 1:20.85 41.37					
4.	David Antonio Carvalho	99	Natacao do Tejo	1:24.44		232	
	50m: 41.40 41.40	100m: 1:24.44 43.04					

Juvenis A

1.	Andre Diogo Olivenca	98	Viver Santarem	1:30.55		188	
	50m: 44.04 44.04	100m: 1:30.55 46.51					

Juniores e Seniores

1.	Andre Filipe Mendes	92	Nautico Abrantes	1:05.72		493	
	50m: 32.56 32.56	100m: 1:05.72 33.16					
2.	Ivo Andre Lopes	94	Viver Santarem	1:05.96		488	
	50m: 32.20 32.20	100m: 1:05.96 33.76					
3.	Ruben Miguel Matos	91	Nautico Abrantes	1:07.49		455	
	50m: 32.45 32.45	100m: 1:07.49 35.04					
4.	Afonso Filipe Gaspar	97	Nautico Abrantes	1:12.47		368	
	50m: 31.43 31.43	100m: 1:12.47 41.04					
5.	Joao Luis Baeta	94	Viver Santarem	1:12.89		361	
	50m: 35.65 35.65	100m: 1:12.89 37.24					
6.	Miguel Martins Barroqueiro	91	CLAC-Entroncamento	1:13.04		359	
	50m: 35.12 35.12	100m: 1:13.04 37.92					

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 17, Masc., 100m Costas, Juniores e Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	Joao Pedro Rosa	90	CLAC-Entroncamento	1:16.12		317	
	50m: 36.42 36.42	100m: 1:16.12 39.70					
DNS	Fabio Aleixo Fernandes	90	Individual Lisboa				
EXH	Joao Pedro Braga	94	Naval de Ponta Delgada	1:03.34		551	
	50m: 30.94 30.94	100m: 1:03.34 32.40					
EXH	Carlos Lopes Pedrosa	94	Naval de Ponta Delgada	1:06.27		481	
	50m: 32.14 32.14	100m: 1:06.27 34.13					
EXH	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	1:06.35		479	
	50m: 32.87 32.87	100m: 1:06.35 33.48					
EXH	Frederico Antunes Silva	95	Individual Lisboa	1:14.57		337	
	50m: 36.00 36.00	100m: 1:14.57 38.57					
EXH	Bruno Rocha Antunes	89	Nautica do Seixal	1:16.51		312	
	50m: 36.82 36.82	100m: 1:16.51 39.69					
EXH	Telmo Joao Faria	97	Natacao do Tejo	1:25.89		221	
	50m: 41.63 41.63	100m: 1:25.89 44.26					

Prova 18

22-03-2014 - 16:30

Femin., 200m Costas

Absoluto
Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Marta Filipa Vinagre	95	CLAC-Entroncamento	2:38.69		486	
	50m: 37.44 37.44	100m: 1:18.02 40.58	150m: 1:59.94 41.92	200m: 2:38.69		38.75	
2.	Maria Beatriz Lopes	00	Rio Maior	2:39.18		482	
	50m: 38.57 38.57	100m: 1:18.32 39.75	150m: 1:59.14 40.82	200m: 2:39.18		40.04	
3.	Ines Ferreira Duarte	01	Nautico Abrantes	2:44.16		439	
	50m: 38.89 38.89	100m: 1:20.46 41.57	150m: 2:02.72 42.26	200m: 2:44.16		41.44	
4.	Daniela Sofia Serra	98	CLAC-Entroncamento	2:45.80		426	
	50m: 39.55 39.55	100m: 1:21.73 42.18	150m: 2:04.34 42.61	200m: 2:45.80		41.46	
5.	Patricia Palmeiro Baeta	00	Viver Santarem	2:49.07		402	
	50m: 38.86 38.86	100m: 1:21.61 42.75	150m: 2:05.62 44.01	200m: 2:49.07		43.45	
6.	Patricia Silva Conceicao <i>recorde distrital JUV-A (--)</i>	99	Nautico Abrantes	2:50.61		391	
	50m: 40.31 40.31	100m: 1:23.70 43.39	150m: 2:08.58 44.88	200m: 2:50.61		42.03	
7.	Carolina Miguel Marques	99	Natacao do Tejo	2:55.79		357	
	50m: 42.95 42.95	100m: 1:27.37 44.42	150m: 2:12.17 44.80	200m: 2:55.79		43.62	
8.	Ines Isabel Graca	00	Gualdim Pais	2:56.10		356	
	50m: 40.92 40.92	100m: 1:26.43 45.51	150m: 2:11.93 45.50	200m: 2:56.10		44.17	
9.	Mariana Nunes Domingos	00	20Km de Almeirim	2:59.15		338	
	50m: 42.14 42.14	100m: 1:27.93 45.79	150m: 2:14.00 46.07	200m: 2:59.15		45.15	
10.	Rita Daniela Lopes	01	Gualdim Pais	3:01.23		326	
	50m: 43.30 43.30	100m: 1:29.90 46.60	150m: 2:16.41 46.51	200m: 3:01.23		44.82	
11.	Rita Morgado Vieira	02	Rio Maior	3:02.87		317	
	50m: 43.65 43.65	100m: 1:29.26 45.61	150m: 2:16.96 47.70	200m: 3:02.87		45.91	
12.	Carolina Guerra Pisco	02	20Km de Almeirim	3:02.98		317	
	50m: 43.32 43.32	100m: 1:29.80 46.48	150m: 2:17.46 47.66	200m: 3:02.98		45.52	

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 18, Femin., 200m Costas, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Margarida Felicidade Baptista	02	Viver Santarem	3:06.44		300	
	50m: 44.31 44.31	100m: 1:31.15 46.84	150m: 2:18.96 47.81	200m: 3:06.44			47.48
14.	Joana Costa Bernardino	00	CLAC-Entroncamento	3:06.60		299	
	50m: 44.28 44.28	100m: 1:32.62 48.34	150m: 2:20.93 48.31	200m: 3:06.60			45.67
15.	Ana Beatriz Rodrigues	02	Rio Maior	3:07.09		296	
	50m: 45.19 45.19	100m: 1:32.96 47.77	150m: 2:20.62 47.66	200m: 3:07.09			46.47
16.	Beatriz Maria Duarte	02	Nautico Abrantes	3:09.33		286	
	50m: 46.59 46.59	100m: 1:35.18 48.59	150m: 2:23.15 47.97	200m: 3:09.33			46.18
17.	Carolina Lopes Vieira	02	Gualdim Pais	3:13.57		268	
	50m: 46.56 46.56	100m: 1:36.17 49.61	150m: 2:26.59 50.42	200m: 3:13.57			46.98
18.	Erica Alexandra Madruga	01	Viver Santarem	3:16.99		254	
	50m: 45.08 45.08	100m: 1:34.77 49.69	150m: 2:26.84 52.07	200m: 3:16.99			50.15
19.	Leonor Chora Gaudencio	01	Torres Novas	3:25.84		222	
	50m: 49.12 49.12	100m: 1:41.54 52.42	150m: 2:35.35 53.81	200m: 3:25.84			50.49
20.	Ines Isabel Conde	01	Torres Novas	3:28.53		214	
	50m: 48.15 48.15	100m: 1:40.53 52.38	150m: 2:35.83 55.30	200m: 3:28.53			52.70

Infantis B

1.	Rita Morgado Vieira	02	Rio Maior	3:02.87		317	
	50m: 43.65 43.65	100m: 1:29.26 45.61	150m: 2:16.96 47.70	200m: 3:02.87			45.91
2.	Carolina Guerra Pisco	02	20Km de Almeirim	3:02.98		317	
	50m: 43.32 43.32	100m: 1:29.80 46.48	150m: 2:17.46 47.66	200m: 3:02.98			45.52
3.	Margarida Felicidade Baptista	02	Viver Santarem	3:06.44		300	
	50m: 44.31 44.31	100m: 1:31.15 46.84	150m: 2:18.96 47.81	200m: 3:06.44			47.48
4.	Ana Beatriz Rodrigues	02	Rio Maior	3:07.09		296	
	50m: 45.19 45.19	100m: 1:32.96 47.77	150m: 2:20.62 47.66	200m: 3:07.09			46.47
5.	Beatriz Maria Duarte	02	Nautico Abrantes	3:09.33		286	
	50m: 46.59 46.59	100m: 1:35.18 48.59	150m: 2:23.15 47.97	200m: 3:09.33			46.18
6.	Carolina Lopes Vieira	02	Gualdim Pais	3:13.57		268	
	50m: 46.56 46.56	100m: 1:36.17 49.61	150m: 2:26.59 50.42	200m: 3:13.57			46.98

Infantis A

1.	Ines Ferreira Duarte	01	Nautico Abrantes	2:44.16		439	
	50m: 38.89 38.89	100m: 1:20.46 41.57	150m: 2:02.72 42.26	200m: 2:44.16			41.44
2.	Rita Daniela Lopes	01	Gualdim Pais	3:01.23		326	
	50m: 43.30 43.30	100m: 1:29.90 46.60	150m: 2:16.41 46.51	200m: 3:01.23			44.82
3.	Erica Alexandra Madruga	01	Viver Santarem	3:16.99		254	
	50m: 45.08 45.08	100m: 1:34.77 49.69	150m: 2:26.84 52.07	200m: 3:16.99			50.15
4.	Leonor Chora Gaudencio	01	Torres Novas	3:25.84		222	
	50m: 49.12 49.12	100m: 1:41.54 52.42	150m: 2:35.35 53.81	200m: 3:25.84			50.49
5.	Ines Isabel Conde	01	Torres Novas	3:28.53		214	
	50m: 48.15 48.15	100m: 1:40.53 52.38	150m: 2:35.83 55.30	200m: 3:28.53			52.70

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 18, Femin., 200m Costas

Juvenis B

1.	Maria Beatriz Lopes	00	Rio Maior	2:39.18	482	
	50m: 38.57 38.57	100m: 1:18.32 39.75	150m: 1:59.14 40.82	200m: 2:39.18	40.04	
2.	Patricia Palmeiro Baeta	00	Viver Santarem	2:49.07	402	
	50m: 38.86 38.86	100m: 1:21.61 42.75	150m: 2:05.62 44.01	200m: 2:49.07	43.45	
3.	Ines Isabel Graca	00	Gualdim Pais	2:56.10	356	
	50m: 40.92 40.92	100m: 1:26.43 45.51	150m: 2:11.93 45.50	200m: 2:56.10	44.17	
4.	Mariana Nunes Domingos	00	20Km de Almeirim	2:59.15	338	
	50m: 42.14 42.14	100m: 1:27.93 45.79	150m: 2:14.00 46.07	200m: 2:59.15	45.15	
5.	Joana Costa Bernardino	00	CLAC-Entroncamento	3:06.60	299	
	50m: 44.28 44.28	100m: 1:32.62 48.34	150m: 2:20.93 48.31	200m: 3:06.60	45.67	

Juvenis A

1.	Patricia Silva Conceicao	99	Nautico Abrantes	2:50.61	391	
	<i>recorde distrital JUV-A (--)</i>					
	50m: 40.31 40.31	100m: 1:23.70 43.39	150m: 2:08.58 44.88	200m: 2:50.61	42.03	
2.	Carolina Miguel Marques	99	Natacao do Tejo	2:55.79	357	
	50m: 42.95 42.95	100m: 1:27.37 44.42	150m: 2:12.17 44.80	200m: 2:55.79	43.62	

Juniores e Seniores

1.	Marta Filipa Vinagre	95	CLAC-Entroncamento	2:38.69	486	
	50m: 37.44 37.44	100m: 1:18.02 40.58	150m: 1:59.94 41.92	200m: 2:38.69	38.75	
2.	Daniela Sofia Serra	98	CLAC-Entroncamento	2:45.80	426	
	50m: 39.55 39.55	100m: 1:21.73 42.18	150m: 2:04.34 42.61	200m: 2:45.80	41.46	
EXH	Joana Carina Silva	97	Lousada SXXI	2:31.25	561	
	50m: 35.16 35.16	100m: 1:13.29 38.13	150m: 1:52.62 39.33	200m: 2:31.25	38.63	
EXH	Patricia Alexandra Boto	02	Nautica do Seixal	3:08.53	290	
	50m: 44.27 44.27	100m: 1:31.90 47.63	150m: 2:21.95 50.05	200m: 3:08.53	46.58	

Prova 19
22-03-2014 - 16:45

Masc., 200m Bruços

Absoluto
Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Miguel Carrico Cruz	99	20Km de Almeirim	2:41.52		489	
	<i>recorde distrital JUV - B (02.47.11)</i>						
	50m: 37.00 37.00	100m: 1:18.66 41.66	150m: 2:01.35 42.69	200m: 2:41.52		40.17	
2.	Guilherme Antonio Reis	96	Torres Novas	2:41.59	+0,83	489	
	50m: 37.26 37.26	100m: 1:18.97 41.71	150m: 2:01.76 42.79	200m: 2:41.59		39.83	
3.	Joao Manuel Ferreira	92	CLAC-Entroncamento	2:51.72	+0,63	407	
	50m: 37.96 37.96	100m: 1:23.86 45.90	150m: 2:07.85 43.99	200m: 2:51.72		43.87	
4.	Tiago Andre Matos	95	Nautico Abrantes	2:52.02	+0,73	405	
	50m: 38.51 38.51	100m: 1:22.50 43.99	150m: 2:07.67 45.17	200m: 2:52.02		44.35	
5.	Joao Carlos Bastos	86	Viver Santarem	2:52.58	+0,99	401	
	50m: 40.38 40.38	100m: 1:25.06 44.68	150m: 2:10.16 45.10	200m: 2:52.58		42.42	
6.	Bernardo Jose Dionisio	99	Gualdim Pais	2:53.78	+0,88	393	
	50m: 39.47 39.47	100m: 1:24.31 44.84	150m: 2:09.65 45.34	200m: 2:53.78		44.13	

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 19, Masc., 200m Bruços, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	Nuno Miguel Afonso	91	Natacao do Tejo	2:59.96	+0,81	354	
	50m: 41.08 41.08	100m: 1:27.76 46.68	150m: 2:14.32 46.56	200m: 2:59.96			45.64
8.	Joao Mauricio Gaspar	97	Nautico Abrantes	3:00.30	+0,74	352	
	50m: 41.91 41.91	100m: 1:26.93 45.02	150m: 2:14.73 47.80	200m: 3:00.30			45.57
9.	Hugo Silva Troca	96	20Km de Almeirim	3:05.69	+0,79	322	
	50m: 38.86 38.86	100m: 1:27.02 48.16	150m: 2:17.60 50.58	200m: 3:05.69			48.09
10.	Joao Diogo Lopes	01	Viver Santarem	3:11.72		292	
	50m: 41.74 41.74	100m: 1:32.38 50.64	150m: 2:24.03 51.65	200m: 3:11.72			47.69
11.	Diogo Teixeira Mendes	01	Viver Santarem	3:16.92	+0,84	270	
	50m: 44.57 44.57	100m: 1:35.58 51.01	150m: 2:27.47 51.89	200m: 3:16.92			49.45
12.	Tiago Manuel Santos	01	Rio Maior	3:22.76		247	
	50m: 46.32 46.32	100m: 1:37.87 51.55	150m: 2:32.31 54.44	200m: 3:22.76			50.45
13.	Afonso Pinhal Canto	01	20Km de Almeirim	3:29.94	+0,87	222	
	50m: 49.01 49.01	100m: 1:41.90 52.89	150m: 2:37.30 55.40	200m: 3:29.94			52.64
14.	Dan Miloslavschi	00	Nautico Abrantes	3:36.59	+0,87	203	
	50m: 46.31 46.31	100m: 1:41.33 55.02	150m: 2:38.95 57.62	200m: 3:36.59			57.64
DNS	Pedro Manuel Nunes	98	CLAC-Entroncamento				

Infantis B

1.	Joao Diogo Lopes	01	Viver Santarem	3:11.72		292	
	50m: 41.74 41.74	100m: 1:32.38 50.64	150m: 2:24.03 51.65	200m: 3:11.72			47.69
2.	Diogo Teixeira Mendes	01	Viver Santarem	3:16.92	+0,84	270	
	50m: 44.57 44.57	100m: 1:35.58 51.01	150m: 2:27.47 51.89	200m: 3:16.92			49.45
3.	Tiago Manuel Santos	01	Rio Maior	3:22.76		247	
	50m: 46.32 46.32	100m: 1:37.87 51.55	150m: 2:32.31 54.44	200m: 3:22.76			50.45
4.	Afonso Pinhal Canto	01	20Km de Almeirim	3:29.94	+0,87	222	
	50m: 49.01 49.01	100m: 1:41.90 52.89	150m: 2:37.30 55.40	200m: 3:29.94			52.64

Infantis A

1.	Dan Miloslavschi	00	Nautico Abrantes	3:36.59	+0,87	203	
	50m: 46.31 46.31	100m: 1:41.33 55.02	150m: 2:38.95 57.62	200m: 3:36.59			57.64

Juvenis B

1.	Miguel Carrico Cruz	99	20Km de Almeirim	2:41.52		489	
	<i>recorde distrital JUV - B (02.47.11)</i>						
	50m: 37.00 37.00	100m: 1:18.66 41.66	150m: 2:01.35 42.69	200m: 2:41.52			40.17
2.	Bernardo Jose Dionisio	99	Gualdim Pais	2:53.78	+0,88	393	
	50m: 39.47 39.47	100m: 1:24.31 44.84	150m: 2:09.65 45.34	200m: 2:53.78			44.13

Juvenis A

DNS Pedro Manuel Nunes 98 CLAC-Entroncamento

Juniores e Seniores

1.	Guilherme Antonio Reis	96	Torres Novas	2:41.59	+0,83	489	
	50m: 37.26 37.26	100m: 1:18.97 41.71	150m: 2:01.76 42.79	200m: 2:41.59			39.83
2.	Joao Manuel Ferreira	92	CLAC-Entroncamento	2:51.72	+0,63	407	
	50m: 37.96 37.96	100m: 1:23.86 45.90	150m: 2:07.85 43.99	200m: 2:51.72			43.87

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 19, Masc., 200m Bruços, Juniores e Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	Tiago Andre Matos	95	Nautico Abrantes	2:52.02	+0,73	405	
	50m: 38.51 38.51	100m: 1:22.50 43.99	150m: 2:07.67 45.17	200m: 2:52.02			44.35
4.	Joao Carlos Bastos	86	Viver Santarem	2:52.58	+0,99	401	
	50m: 40.38 40.38	100m: 1:25.06 44.68	150m: 2:10.16 45.10	200m: 2:52.58			42.42
5.	Nuno Miguel Afonso	91	Natacao do Tejo	2:59.96	+0,81	354	
	50m: 41.08 41.08	100m: 1:27.76 46.68	150m: 2:14.32 46.56	200m: 2:59.96			45.64
6.	Joao Mauricio Gaspar	97	Nautico Abrantes	3:00.30	+0,74	352	
	50m: 41.91 41.91	100m: 1:26.93 45.02	150m: 2:14.73 47.80	200m: 3:00.30			45.57
7.	Hugo Silva Troca	96	20Km de Almeirim	3:05.69	+0,79	322	
	50m: 38.86 38.86	100m: 1:27.02 48.16	150m: 2:17.60 50.58	200m: 3:05.69			48.09
EXH	Joao Pedro Braga	94	Naval de Ponta Delgada	2:29.35	+0,75	619	
	50m: 33.52 33.52	100m: 1:11.30 37.78	150m: 1:50.15 38.85	200m: 2:29.35			39.20
EXH	Claudio Pereira Sousa	98	Laranjeiro	3:17.59	+0,89	267	
	50m: 45.70 45.70	100m: 1:36.07 50.37	150m: 2:26.66 50.59	200m: 3:17.59			50.93
EXH	David Antonio Carvalho	99	Natacao do Tejo	3:20.47		256	
	50m: 45.50 45.50	100m: 1:37.88 52.38	150m: 2:30.20 52.32	200m: 3:20.47			50.27
EXH	Daniel Banhudo Lemos	99	Laranjeiro	3:21.20	+0,85	253	
	50m: 47.56 47.56	100m: 1:40.34 52.78	150m: 2:29.83 49.49	200m: 3:21.20			51.37

Prova 20
22-03-2014 - 16:55

Femin., 200m Estilos

Absoluto
Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Absoluto							
1.	Maria Madalena Silva	98	Nautico Abrantes	2:31.48	+0,78	577	
	50m: 33.95 33.95	100m: 1:12.47 38.52	150m: 1:56.51 44.04	200m: 2:31.48			34.97
2.	Mariana Soares Martinho <i>recorde distrital JUV-A (--)</i>	99	20Km de Almeirim	2:40.86	+0,65	482	
	50m: 36.74 36.74	100m: 1:16.26 39.52	150m: 2:05.14 48.88	200m: 2:40.86			35.72
3.	Ana Margarida Salgueiro	99	Nautico Abrantes	2:41.02	+0,89	480	
	50m: 36.31 36.31	100m: 1:18.87 42.56	150m: 2:04.65 45.78	200m: 2:41.02			36.37
4.	Maria Beatriz Dias	99	Viver Santarem	2:41.13	+0,83	479	
	50m: 36.30 36.30	100m: 1:19.43 43.13	150m: 2:06.67 47.24	200m: 2:41.13			34.46
5.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	2:42.46		468	
	50m: 33.94 33.94	100m: 1:17.57 43.63	150m: 2:05.57 48.00	200m: 2:42.46			36.89
6.	Ines Ferreira Duarte	01	Nautico Abrantes	2:46.52		434	
	50m: 39.20 39.20	100m: 1:20.78 41.58	150m: 2:08.98 48.20	200m: 2:46.52			37.54
7.	Erica Fontainhas Cardigo	96	20Km de Almeirim	2:51.63		397	
	50m: 36.89 36.89	100m: 1:23.69 46.80	150m: 2:12.64 48.95	200m: 2:51.63			38.99
8.	Tatiana Lima Silva	96	Natacao do Tejo	2:52.95	+0,76	388	
	50m: 35.89 35.89	100m: 1:23.72 47.83	150m: 2:13.85 50.13	200m: 2:52.95			39.10
9.	Filipa Robert Rente	96	Gualdim Pais	2:53.70		383	
	50m: 37.53 37.53	100m: 1:26.42 48.89	150m: 2:17.22 50.80	200m: 2:53.70			36.48
10.	Daniela Sofia Serra	98	CLAC-Entroncamento	2:53.84	+0,83	382	
	50m: 38.24 38.24	100m: 1:21.71 43.47	150m: 2:16.90 55.19	200m: 2:53.84			36.94
11.	Catarina Goncalves Trezentos	98	Gualdim Pais	2:54.08	+0,95	380	
	50m: 42.37 42.37	100m: 1:29.35 46.98	150m: 2:17.06 47.71	200m: 2:54.08			37.02

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 20, Femin., 200m Estilos, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Soraya Dea Matias	95	Torres Novas	2:55.78	+0,81	369	
	50m: 36.05 36.05	100m: 1:21.41 45.36	150m: 2:13.57 52.16	200m: 2:55.78			42.21
13.	Mafalda Gilberto Marques	01	Natacao do Tejo	3:01.08	+0,87	338	
	50m: 40.18 40.18	100m: 1:29.89 49.71	150m: 2:20.65 50.76	200m: 3:01.08			40.43
14.	Constanca Isabel Jose	01	Gualdim Pais	3:02.62	+1,11	329	
	50m: 39.20 39.20	100m: 1:30.11 50.91	150m: 2:23.00 52.89	200m: 3:02.62			39.62
15.	Mariana Narciso Fidalgo	99	20Km de Almeirim	3:03.48	+0,96	325	
	50m: 45.09 45.09	100m: 1:32.74 47.65	150m: 2:23.75 51.01	200m: 3:03.48			39.73
16.	Maria Beatriz Leal	99	Rio Maior	3:04.39	+0,61	320	
	50m: 43.90 43.90	100m: 1:31.15 47.25	150m: 2:26.77 55.62	200m: 3:04.39			37.62
17.	Mariana Tome Fidalgo	01	Viver Santarem	3:06.42	+0,97	309	
	50m: 41.72 41.72	100m: 1:29.28 47.56	150m: 2:27.33 58.05	200m: 3:06.42			39.09
18.	Ines Maria Ribeiro	94	CLAC-Entroncamento	3:10.69	+0,82	289	
	50m: 42.85 42.85	100m: 1:33.10 50.25	150m: 2:26.69 53.59	200m: 3:10.69			44.00
19.	Maria Ines Gabriel	02	Viver Santarem	3:17.57	+0,92	260	
	50m: 43.34 43.34	100m: 1:35.32 51.98	150m: 2:33.09 57.77	200m: 3:17.57			44.48
20.	Laura Manuela Lopes	00	Rio Maior	3:24.96		233	
	50m: 48.61 48.61	100m: 1:41.37 52.76	150m: 2:42.85 1:01.48	200m: 3:24.96			42.11
21.	Catia Iordan Agostinho	02	Rio Maior	3:36.29		198	
	50m: 45.97 45.97	100m: 1:33.91 47.94	150m: 2:24.92 51.01	200m: 3:36.29			1:11.37
DSQ	Carolina Silverio Carpinteiro	02	Natacao do Tejo				
	<i>perdeu posição dorsal antes de terminar a prova de costas</i>						

Infantis B

1.	Maria Ines Gabriel	02	Viver Santarem	3:17.57	+0,92	260	
	50m: 43.34 43.34	100m: 1:35.32 51.98	150m: 2:33.09 57.77	200m: 3:17.57			44.48
2.	Catia Iordan Agostinho	02	Rio Maior	3:36.29		198	
	50m: 45.97 45.97	100m: 1:33.91 47.94	150m: 2:24.92 51.01	200m: 3:36.29			1:11.37
DSQ	Carolina Silverio Carpinteiro	02	Natacao do Tejo				
	<i>perdeu posição dorsal antes de terminar a prova de costas</i>						

Infantis A

1.	Ines Ferreira Duarte	01	Nautico Abrantes	2:46.52		434	
	50m: 39.20 39.20	100m: 1:20.78 41.58	150m: 2:08.98 48.20	200m: 2:46.52			37.54
2.	Mafalda Gilberto Marques	01	Natacao do Tejo	3:01.08	+0,87	338	
	50m: 40.18 40.18	100m: 1:29.89 49.71	150m: 2:20.65 50.76	200m: 3:01.08			40.43
3.	Constanca Isabel Jose	01	Gualdim Pais	3:02.62	+1,11	329	
	50m: 39.20 39.20	100m: 1:30.11 50.91	150m: 2:23.00 52.89	200m: 3:02.62			39.62
4.	Mariana Tome Fidalgo	01	Viver Santarem	3:06.42	+0,97	309	
	50m: 41.72 41.72	100m: 1:29.28 47.56	150m: 2:27.33 58.05	200m: 3:06.42			39.09

Juvenis B

1.	Laura Manuela Lopes	00	Rio Maior	3:24.96		233	
	50m: 48.61 48.61	100m: 1:41.37 52.76	150m: 2:42.85 1:01.48	200m: 3:24.96			42.11

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 20, Femin., 200m Estilos

Juvenis A

1.	Mariana Soares Martinho	99	20Km de Almeirim	2:40.86	+0,65	482	
	<i>recorde distrital JUV-A (--)</i>						
	50m: 36.74 36.74	100m: 1:16.26 39.52	150m: 2:05.14 48.88	200m: 2:40.86		35.72	
2.	Ana Margarida Salgueiro	99	Nautico Abrantes	2:41.02	+0,89	480	
	50m: 36.31 36.31	100m: 1:18.87 42.56	150m: 2:04.65 45.78	200m: 2:41.02		36.37	
3.	Maria Beatriz Dias	99	Viver Santarem	2:41.13	+0,83	479	
	50m: 36.30 36.30	100m: 1:19.43 43.13	150m: 2:06.67 47.24	200m: 2:41.13		34.46	
4.	Mariana Narciso Fidalgo	99	20Km de Almeirim	3:03.48	+0,96	325	
	50m: 45.09 45.09	100m: 1:32.74 47.65	150m: 2:23.75 51.01	200m: 3:03.48		39.73	
5.	Maria Beatriz Leal	99	Rio Maior	3:04.39	+0,61	320	
	50m: 43.90 43.90	100m: 1:31.15 47.25	150m: 2:26.77 55.62	200m: 3:04.39		37.62	

Juniores e Seniores

1.	Maria Madalena Silva	98	Nautico Abrantes	2:31.48	+0,78	577	
	50m: 33.95 33.95	100m: 1:12.47 38.52	150m: 1:56.51 44.04	200m: 2:31.48		34.97	
2.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	2:42.46		468	
	50m: 33.94 33.94	100m: 1:17.57 43.63	150m: 2:05.57 48.00	200m: 2:42.46		36.89	
3.	Erica Fontainhas Cardigo	96	20Km de Almeirim	2:51.63		397	
	50m: 36.89 36.89	100m: 1:23.69 46.80	150m: 2:12.64 48.95	200m: 2:51.63		38.99	
4.	Tatiana Lima Silva	96	Natacao do Tejo	2:52.95	+0,76	388	
	50m: 35.89 35.89	100m: 1:23.72 47.83	150m: 2:13.85 50.13	200m: 2:52.95		39.10	
5.	Filipa Robert Rente	96	Gualdim Pais	2:53.70		383	
	50m: 37.53 37.53	100m: 1:26.42 48.89	150m: 2:17.22 50.80	200m: 2:53.70		36.48	
6.	Daniela Sofia Serra	98	CLAC-Entroncamento	2:53.84	+0,83	382	
	50m: 38.24 38.24	100m: 1:21.71 43.47	150m: 2:16.90 55.19	200m: 2:53.84		36.94	
7.	Catarina Goncalves Trezentos	98	Gualdim Pais	2:54.08	+0,95	380	
	50m: 42.37 42.37	100m: 1:29.35 46.98	150m: 2:17.06 47.71	200m: 2:54.08		37.02	
8.	Soraya Dea Matias	95	Torres Novas	2:55.78	+0,81	369	
	50m: 36.05 36.05	100m: 1:21.41 45.36	150m: 2:13.57 52.16	200m: 2:55.78		42.21	
9.	Ines Maria Ribeiro	94	CLAC-Entroncamento	3:10.69	+0,82	289	
	50m: 42.85 42.85	100m: 1:33.10 50.25	150m: 2:26.69 53.59	200m: 3:10.69		44.00	

EXH	Barbara Daniela Quaresma	01	Nautica do Seixal	3:08.39	+0,78	300	
	50m: 40.26 40.26	100m: 1:28.32 48.06	150m: 2:27.63 59.31	200m: 3:08.39		40.76	

Prova 21

22-03-2014 - 17:10

Pontos: FINA 2012

Masc., 4 x 100m Estilos

Absoluto
Resultados

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
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Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 21, Masc., 4 x 100m Estilos

Absoluto

1.	Nautico Abrantes 1		Nautico Abrantes	4:28.21		461		
	Afonso Filipe Gaspar		34.40	1:11.90	Ruben Miguel Matos	+0,39	28.93	1:03.61
	Andre Filipe Mendes	+0,38	34.29	1:13.40	Joao Mauricio Gaspar	+0,34	28.08	59.30
2.	Viver Santarem 3		Viver Santarem	4:30.79		448		
	Ivo Andre Lopes	94	32.49	1:05.98	Tiago Filipe Campos	99	30.84	1:07.18
	Joao Carlos Bastos	86	37.13	1:17.21	Eduardo Valente Moco	86	28.07	1:00.42
3.	CLAC-Entroncamento 1		CLAC-Entroncamento	4:34.79		429		
	Rui Jorge Lopes		36.01	1:12.40	Martim Basilio Gil	+0,48	30.61	1:05.93
	Joao Manuel Ferreira	+0,60	35.32	1:16.48	Tiago Andre Gouveia	+0,22	27.47	59.98
4.	Gualdim Pais 1		Gualdim Pais	4:44.75		385		
	Afonso Guilherme Rosa	99	33.04	1:08.23	Ruben Borges Rosa	98	32.53	1:12.34
	Bernardo Jose Dionisio	99	36.51	1:19.70	Goncalo Faria Saldida	99	30.12	1:04.48
5.	20Km de Almeirim 1		20Km de Almeirim	4:58.09		336		
	Diogo Franco Martins		37.90	1:19.32	Joao Tiago Almeida	+0,64	36.22	1:21.55
	Miguel Carrico Cruz	+0,40	34.11	1:12.74	Hugo Silva Troca	+0,48	30.15	1:04.48
6.	Natacao do Tejo 1		Natacao do Tejo	5:10.83		296		
	Telmo Joao Faria		41.87	1:27.28	Mario Jorge Nunes	+0,20	32.05	1:10.20
	Nuno Miguel Afonso	+0,53	38.60	1:23.36	David Antonio Carvalho	+0,76	33.24	1:09.99
7.	Torres Novas 1		Torres Novas	5:16.46		281		
	Tomas Antunes Ribeiro		48.82	1:39.26	Dario Fausto Matias	+0,66	31.59	1:08.11
	Guilherme Antonio Reis	+0,58	34.63	1:14.17	Joao Antonio Simoes	+0,66	35.36	1:14.92
8.	Rio Maior 1		Rio Maior	6:15.20		168		
	Alexandre Ferreira Ribeiro		40.11	1:21.81	Tiago Manuel Santos		42.63	1:20.89
	Gustavo Rosa Arroja	+0,53	1:01.33	1:27.01	Xavier Portela Adriaio	+0,31		2:05.49
EXH	Individual Lisboa 1		Individual Lisboa	4:44.89		385		
	Ricardo Filipe Carrilho		36.76	1:17.23	Bruno Ricardo Custodio	+0,35	30.04	1:08.45
	Uriel Jorge Mateus	+0,29	36.66	1:18.89	Frederico Antunes Silva	+0,33	28.60	1:00.32

Prova 22
22-03-2014 - 17:25

Femin., 4 x 100m Livres

Absoluto
Resultados

Pontos: FINA 2012

Lugar			Clube		Tempo Final	TReac	Pts FINA	Pts
Absoluto								
1.	Nautico Abrantes 3		Nautico Abrantes		4:25.63		506	
	Rute Isabel Leonardo	98	32.09	1:05.38	Ana Margarida Salgueiro	99	32.77	1:07.94
	Ines Ferreira Duarte	01	32.93	1:09.36	Maria Madalena Silva	98	29.93	1:02.95
2.	CLAC-Entroncamento 1		CLAC-Entroncamento		4:25.69	+0,75	506	
	Catarina Vilhena Gregorio	+0,75	32.31	1:07.11	Sarah Dias	+0,49	31.50	1:05.06
	Daniela Sofia Serra	+0,44	33.48	1:11.49	Marta Filipa Vinagre	+0,39	29.67	1:02.03
3.	20Km de Almeirim 1		20Km de Almeirim		4:39.02	+0,87	436	
	Erica Fontainhas Cardigo	+0,87	34.30	1:10.94	Mariana Nunes Domingos	+0,41	33.29	1:09.86
	Mafalda Alexandra Cabaca	+0,42	33.88	1:12.82	Mariana Soares Martinho	+0,23	31.32	1:05.40
4.	Viver Santarem 4		Viver Santarem		4:43.21	+0,82	417	
	Maria Beatriz Dias	+0,82	33.52	1:08.41	Patricia Palmeiro Baeta	+0,53	32.15	1:07.54
	Carolina Felicidade Batista	+0,55	34.64	1:12.67	Mariana Tome Fidalgo		36.76	1:14.59
5.	Gualdim Pais 1		Gualdim Pais		4:46.65	+0,82	402	
	Catarina Goncalves Trezentos	+0,82	33.35	1:10.58	Ana Filipa Parente	+0,50	34.13	1:12.51
	Ines Isabel Graca	+0,53	34.84	1:14.00	Filipa Robert Rente	+0,62	32.11	1:09.56
6.	Natacao do Tejo 1		Natacao do Tejo		4:57.96	+0,84	358	
	Carolina Miguel Marques	+0,84	35.07	1:14.06	Mafalda Gilberto Marques	+0,62	33.81	1:12.35
	Carolina Silverio Carpinteiro		37.66	1:17.98	Tatiana Lima Silva	+0,54	34.93	1:13.57

Taça ANDS - Cidade de Rio Maior (50 Metros)
Rio Maior, 22-3-2014

Prova 22, Femin., 4 x 100m Livres, Absoluto

Lugar		Clube		Tempo Final		TReac	Pts FINA	Pts
7.	Rio Maior 1	Rio Maior		5:09.33		+0,68	320	
	Ana Beatriz Rodrigues	+0,68	35.40	1:16.65	Rita Morgado Vieira		37.47	1:18.47
	Maria Beatriz Leal	+0,80	35.46	1:16.42	Catia Iordan Agostinho		37.12	1:17.79
8.	Torres Novas 1	Torres Novas		5:35.39			251	
	Andreia Sofia Alves	02	41.14	1:26.92	Soraya Dea Matias	95	36.09	1:14.32
	Leonor Chora Gaudencio	01	40.04	1:25.82	Ines Isabel Conde	01	40.48	1:28.33