

1 - 1ª Jornada - 1ª Sessão

05-05-2018 - 10:00

Prova 1

Femin., 400m Estilos

Infantil
Resultados

05-05-2018 - 10:00

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil A							
1.	Maria Madalena Bento	05	BUZIOS-Coruche	5:31.25		480	
	50m: 34.12 34.12		200m: 2:39.62 1:25.28	400m: 5:31.25 1:15.95			
	100m: 1:14.34 40.22		300m: 4:15.30 1:35.68				
2.	Ariana Espirito Louro	05	Gualdim Pais	5:40.82		441	
	50m: 36.39 36.39		200m: 2:40.29 1:23.10	400m: 5:40.82 1:22.50			
	100m: 1:17.19 40.80		300m: 4:18.32 1:38.03				
3.	Catarina Isabel Carlota	05	BUZIOS-Coruche	5:48.19		413	
	50m: 38.22 38.22		200m: 2:49.83 1:25.68	400m: 5:48.19 1:14.29			
	100m: 1:24.15 45.93		300m: 4:33.90 1:44.07				
4.	Laura Joao Pires	05	Clube de Natacao do Fundao	5:48.44		412	
	50m: 40.19 40.19		200m: 3:00.13 1:31.07	400m: 5:48.44 1:14.93			
	100m: 1:29.06 48.87		300m: 4:33.51 1:33.38				
5.	Maria Pinto Caninhas	05	Clube de Natacao do Fundao	6:02.91		365	
	50m: 39.54 39.54		200m: 2:51.96 1:25.08	400m: 6:02.91 1:21.59			
	100m: 1:26.88 47.34		300m: 4:41.32 1:49.36				
6.	Daniela Lourenco Neves	05	CCDSerta	6:06.80		353	
	50m: 38.25 38.25		150m: 2:11.01 47.66	300m: 4:43.73 1:45.73			
	100m: 1:23.35 45.10		200m: 2:58.00 46.99	400m: 6:06.80 1:23.07			
7.	Margarida Claudino Nicolau	05	Torres Novas	6:11.02		341	
	50m: 40.52 40.52		150m: 2:19.34 49.63	250m: 3:57.76 50.29	350m: 5:31.87 41.49		
	100m: 1:29.71 49.19		200m: 3:07.47 48.13	300m: 4:50.38 52.62	400m: 6:11.02 39.15		
8.	Ines Martins Caetano	05	CCDSerta	6:12.70		337	
	50m: 41.21 41.21		150m: 2:17.25 45.58	300m: 4:50.80 1:48.22			
	100m: 1:31.67 50.46		200m: 3:02.58 45.33	400m: 6:12.70 1:21.90			
9.	Soraia Ferreira Mendes	05	Torres Novas	6:16.19		328	
	50m: 40.51 40.51		200m: 3:02.94 1:33.50	400m: 6:16.19 1:23.75			
	100m: 1:29.44 48.93		300m: 4:52.44 1:49.50				
10.	Beatriz Raimundo Alves	05	Clube de Natacao do Fundao	6:18.62		321	
	50m: 41.13 41.13		200m: 3:02.86 1:32.20	400m: 6:18.62 1:26.40			
	100m: 1:30.66 49.53		300m: 4:52.22 1:49.36				
11.	Ines Filipa Cotovio	05	Salvaterra de Magos	6:24.36		307	
	50m: 43.10 43.10		150m: 2:20.83 46.99	300m: 5:02.47 1:56.29			
	100m: 1:33.84 50.74		200m: 3:06.18 45.35	400m: 6:24.36 1:21.89			
12.	Beatriz Catarina Martins	05	CCDSerta	6:30.65		292	
	50m: 41.80 41.80		150m: 2:21.67 47.24	250m: 4:04.53 53.92	350m: 5:47.54 46.62		
	100m: 1:34.43 52.63		200m: 3:10.61 48.94	300m: 5:00.92 56.39	400m: 6:30.65 43.11		
13.	Mariana Passareiro Patracolc	05	Elvense	6:37.01		279	
	50m: 44.82 44.82		150m: 2:27.90 45.62	250m: 4:12.27 57.26	350m: 5:54.12 44.46		
	100m: 1:42.28 57.46		200m: 3:15.01 47.11	300m: 5:09.66 57.39	400m: 6:37.01 42.89		
14.	Beatriz Canhoto Caldeirinha	05	Elvense	7:13.24		214	
	50m: 50.18 50.18		150m: 2:44.40 53.90	250m: 4:35.57 56.34	350m: 6:23.69 49.35		
	100m: 1:50.50 1:00.32		200m: 3:39.23 54.83	300m: 5:34.34 58.77	400m: 7:13.24 49.55		
15.	Joana Silva Antunes	05	CLAC-Entroncamento	7:18.01		207	
	50m: 45.42 45.42		150m: 2:35.09 53.67	250m: 4:29.70 1:03.33	350m: 6:26.12 51.96		
	100m: 1:41.42 56.00		200m: 3:26.37 51.28	300m: 5:34.16 1:04.46	400m: 7:18.01 51.89		
DSQ	Carolina Manuela Guia	05	Viver Santarem				
	<i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso, mariposa</i>						

Prova 1, Femin., 400m Estilos, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
DSQ	Ana Agra Meruje <i>SW 6.2 - O (a) atleta após viragem saiu em posição ventral aos 100 metros</i>	05	Elvense				
DSQ	Beatriz Gaspar Nobre <i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso, mariposa</i>	05	Gualdim Pais				

Infantil B

1.	Helena Neto Florindo	06	Eléctrico	5:57.44		382	
	50m: 39.69 39.69	150m: 2:10.25 43.60	250m: 3:47.37 54.60	400m: 5:57.44	1:15.50		
	100m: 1:26.65 46.96	200m: 2:52.77 42.52	300m: 4:41.94 54.57				
2.	Constanca Grincho Sousa	06	Viver Santarem	6:14.85		331	
	50m: 39.04 39.04	150m: 2:14.12 46.00	250m: 3:52.39 51.88	350m: 5:31.49	44.83		
	100m: 1:28.12 49.08	200m: 3:00.51 46.39	300m: 4:46.66 54.27	400m: 6:14.85	43.36		
3.	Laura Leocadio Duarte	06	Gualdim Pais	6:24.66		306	
	50m: 43.09 43.09	150m: 2:20.59 46.32	300m: 5:00.41 1:54.11				
	100m: 1:34.27 51.18	200m: 3:06.30 45.71	400m: 6:24.66 1:24.25				
4.	Rita Timoteo Madeira	06	Viver Santarem	6:25.70		304	
	50m: 42.91 42.91	150m: 2:18.17 46.83	250m: 3:59.88 55.60	350m: 5:43.03	45.48		
	100m: 1:31.34 48.43	200m: 3:04.28 46.11	300m: 4:57.55 57.67	400m: 6:25.70	42.67		
5.	Rita Bernardo Tome	06	Salvaterra de Magos	6:27.77		299	
	50m: 45.28 45.28	150m: 2:28.84 46.06	250m: 4:08.13 52.73	350m: 5:46.22	44.10		
	100m: 1:42.78 57.50	200m: 3:15.40 46.56	300m: 5:02.12 53.99	400m: 6:27.77	41.55		
6.	Marta Filipa Bucha	06	Viver Santarem	6:34.43		284	
	50m: 40.94 40.94	150m: 2:22.00 49.91	250m: 4:09.21 57.35	350m: 5:51.83	44.71		
	100m: 1:32.09 51.15	200m: 3:11.86 49.86	300m: 5:07.12 57.91	400m: 6:34.43	42.60		
7.	Eleonor Dias Alves	06	Nautico Abrantes	6:35.34		282	
	50m: 42.36 42.36	150m: 2:25.50 50.96	250m: 4:10.64 55.23	350m: 5:51.89	45.15		
	100m: 1:34.54 52.18	200m: 3:15.41 49.91	300m: 5:06.74 56.10	400m: 6:35.34	43.45		
8.	Maria Neves Silva	06	Gualdim Pais	6:35.74		281	
	50m: 41.43 41.43	150m: 2:23.36 48.55	250m: 4:09.91 58.93	350m: 5:51.96	44.20		
	100m: 1:34.81 53.38	200m: 3:10.98 47.62	300m: 5:07.76 57.85	400m: 6:35.74	43.78		
9.	Luisa Burguette Cunha	06	Nautico Abrantes	6:37.10		278	
	50m: 45.40 45.40	150m: 2:28.64 47.32	300m: 5:06.72 1:51.61				
	100m: 1:41.32 55.92	200m: 3:15.11 46.47	400m: 6:37.10 1:30.38				
10.	Ines Goncalves Fernandes	06	Nautico Abrantes	6:37.28		278	
	50m: 47.52 47.52	150m: 2:34.32 49.63	250m: 4:18.02 54.68	350m: 5:56.77	44.00		
	100m: 1:44.69 57.17	200m: 3:23.34 49.02	300m: 5:12.77 54.75	400m: 6:37.28	40.51		
11.	Barbara Maia Freitas	06	CLAC-Entroncamento	6:38.00		277	
	50m: 39.81 39.81	150m: 2:20.35 50.50	300m: 5:02.83 1:52.03				
	100m: 1:29.85 50.04	200m: 3:10.80 50.45	400m: 6:38.00 1:35.17				
12.	Joana Patricia Antunes	06	CLAC-Entroncamento	6:47.56		258	
	50m: 43.43 43.43	150m: 2:29.51 51.88	300m: 5:11.52 1:50.22				
	100m: 1:37.63 54.20	200m: 3:21.30 51.79	400m: 6:47.56 1:36.04				
13.	Joana Silva Januario	06	Nautico Abrantes	6:59.19		237	
	50m: 52.12 52.12	150m: 2:43.54 50.59	250m: 4:31.45 58.82	350m: 6:17.17	45.36		
	100m: 1:52.95 1:00.83	200m: 3:32.63 49.09	300m: 5:31.81 1:00.36	400m: 6:59.19	42.02		
14.	Maria Beatriz Teixeira	06	Viver Santarem	7:04.67		228	
	50m: 51.14 51.14	150m: 2:43.04 54.09	250m: 4:36.69 59.49	350m: 6:19.96	43.01		
	100m: 1:48.95 57.81	200m: 3:37.20 54.16	300m: 5:36.95 1:00.26	400m: 7:04.67	44.71		
15.	Carolina Fonseca Diegues	06	Clube de Natacao do Fundao	7:06.66		224	
	50m: 47.24 47.24	150m: 2:36.61 51.03	250m: 4:29.33 1:02.08	350m: 6:20.23	47.16		
	100m: 1:45.58 58.34	200m: 3:27.25 50.64	300m: 5:33.07 1:03.74	400m: 7:06.66	46.43		

Prova 1, Femin., 400m Estilos, Infantil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
16.	Margarida Miguel Mendes	06	Viver Santarem	7:12.54		215	
	50m: 52.16 52.16	150m: 2:42.58 51.84	250m: 4:35.35 1:01.51	350m: 6:23.87	46.70		
	100m: 1:50.74 58.58	200m: 3:33.84 51.26	300m: 5:37.17 1:01.82	400m: 7:12.54	48.67		
17.	Margarida Viegas Medroa	06	Nautico Abrantes	7:19.50		205	
	50m: 52.03 52.03	150m: 2:43.31 50.94	250m: 4:38.60 1:02.73	350m: 6:31.28	49.07		
	100m: 1:52.37 1:00.34	200m: 3:35.87 52.56	300m: 5:42.21 1:03.61	400m: 7:19.50	48.22		
DSQ	Carolina Mata Baptista	06	Elvense				
	<i>SW 8.2 - O (a) atleta realizou braçada subaquática antes da viragem aos 50 metros</i>						
DSQ	Margarida Faisca MAtos	06	Clube de Natacao do Fundao				
	<i>SW 7.6 - O (a) atleta não tocou com as mãos na parede separadas e simultaneamente na viragem aos 300 metros</i>						
DNS	Salome Silva Dias	06	CCDSerta				
DNS	Ana Sofia Caldes	06	Elvense				

Prova 2

Femin., 400m Estilos

Juvenil

05-05-2018 - 10:45

Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Juvenil A							
1.	Ines Asseiceira Ramos	03	Torres Novas	5:16.90		548	
	50m: 34.03 34.03	150m: 1:52.81 39.58	250m: 3:17.26 45.66	350m: 4:40.64	36.83		
	100m: 1:13.23 39.20	200m: 2:31.60 38.79	300m: 4:03.81 46.55	400m: 5:16.90	36.26		
2.	Lea Alexandra Mendes	03	Gualdim Pais	5:23.51		515	
	50m: 34.58 34.58	150m: 1:55.13 40.23	250m: 3:21.14 46.77	350m: 4:46.51	37.60		
	100m: 1:14.90 40.32	200m: 2:34.37 39.24	300m: 4:08.91 47.77	400m: 5:23.51	37.00		
3.	Beatriz Goncalves Casal	03	Torres Novas	5:41.06		440	
	50m: 36.01 36.01	150m: 2:03.04 44.11	250m: 3:32.70 46.23	350m: 5:02.01	40.81		
	100m: 1:18.93 42.92	200m: 2:46.47 43.43	300m: 4:21.20 48.50	400m: 5:41.06	39.05		
4.	Ana Campos Silva	03	Rio Maior	5:48.02		414	
	50m: 37.64 37.64	150m: 2:04.07 42.48	250m: 3:38.57 52.27	350m: 5:10.46	39.53		
	100m: 1:21.59 43.95	200m: 2:46.30 42.23	300m: 4:30.93 52.36	400m: 5:48.02	37.56		
5.	Ines Marques Garcia	03	Nautico Abrantes	5:50.65		405	
	50m: 38.00 38.00	150m: 2:07.99 43.56	250m: 3:40.87 50.46	350m: 5:12.23	39.38		
	100m: 1:24.43 46.43	200m: 2:50.41 42.42	300m: 4:32.85 51.98	400m: 5:50.65	38.42		
6.	Mafalda Magalhaes Costa	03	Gualdim Pais	5:54.55		391	
	50m: 37.20 37.20	150m: 2:05.49 44.33	250m: 3:43.81 54.15	350m: 5:16.50	39.18		
	100m: 1:21.16 43.96	200m: 2:49.66 44.17	300m: 4:37.32 53.51	400m: 5:54.55	38.05		
7.	Erica Neves Leote	03	Torres Novas	5:55.74		387	
	50m: 38.04 38.04	150m: 2:07.58 43.95	250m: 3:43.26 52.61	350m: 5:15.61	40.60		
	100m: 1:23.63 45.59	200m: 2:50.65 43.07	300m: 4:35.01 51.75	400m: 5:55.74	40.13		
8.	Matilde Basilio Gil	03	CLAC-Entroncamento	5:58.29		379	
	50m: 37.92 37.92	150m: 2:10.04 45.23	250m: 3:45.83 52.51	350m: 5:18.76	40.23		
	100m: 1:24.81 46.89	200m: 2:53.32 43.28	300m: 4:38.53 52.70	400m: 5:58.29	39.53		
9.	Maria Ines Paveia	03	Viver Santarem	5:58.95		377	
	50m: 40.25 40.25	150m: 2:13.57 44.49	250m: 3:49.29 52.12	350m: 5:20.12	39.28		
	100m: 1:29.08 48.83	200m: 2:57.17 43.60	300m: 4:40.84 51.55	400m: 5:58.95	38.83		
10.	Carolina Martins Ribeiro	03	CCDSerta	6:01.38		370	
	50m: 37.07 37.07	150m: 2:07.00 46.68	250m: 3:44.27 53.57	350m: 5:20.33	41.67		
	100m: 1:20.32 43.25	200m: 2:50.70 43.70	300m: 4:38.66 54.39	400m: 6:01.38	41.05		
11.	Marcia Goncalves Teodoro	03	Eléctrico	6:11.93		339	
	50m: 39.34 39.34	150m: 2:11.09 43.83	250m: 3:49.38 55.72	350m: 5:30.61	43.40		
	100m: 1:27.26 47.92	200m: 2:53.66 42.57	300m: 4:47.21 57.83	400m: 6:11.93	41.32		

Prova 2, Femin., 400m Estilos, Juvenil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
12.	Mariana Timoteo Madeira	03	Viver Santarem	6:32.15		289	
	50m: 43.65 43.65	150m: 2:26.38 49.17	250m: 4:08.08 54.39	350m: 5:48.51 45.20	400m: 6:32.15 43.64		
	100m: 1:37.21 53.56	200m: 3:13.69 47.31	300m: 5:03.31 55.23				
13.	Ana Margarida Cipriano	03	Natacao Guarda	6:46.30		260	
	50m: 42.39 42.39	150m: 2:28.50 52.47	250m: 4:15.62 57.38	350m: 6:00.82 47.21	400m: 6:46.30 45.48		
	100m: 1:36.03 53.64	200m: 3:18.24 49.74	300m: 5:13.61 57.99				
DSQ	Constanca Basilio Gil	03	CLAC-Entroncamento				
	<i>SW 7.2 - O (a) atleta perdeu a posição ventral durante o percurso, mariposa</i>						
DSQ	Leonor Santos Ribeiro	03	CCDSerta				
	<i>SW 7.6 - O (a) atleta não tocou com as mãos na parede separadas e simultaneamente na viragem aos 300 metros</i>						

Juvenil B

1.	Maria Alexandra Marques	04	Assoc Albicastrense	5:26.95		499	
	50m: 33.84 33.84	150m: 1:54.75 42.45	250m: 3:24.16 47.89	350m: 4:50.51 37.79	400m: 5:26.95 36.44		
	100m: 1:12.30 38.46	200m: 2:36.27 41.52	300m: 4:12.72 48.56				
2.	Carina Alexandra Alves	04	Rio Maior	5:36.07		460	
	50m: 35.47 35.47	150m: 1:59.34 42.02	250m: 3:29.33 49.01	350m: 4:57.89 38.68	400m: 5:36.07 38.18		
	100m: 1:17.32 41.85	200m: 2:40.32 40.98	300m: 4:19.21 49.88				
3.	Beatriz Staiger Bento	04	Viver Santarem	5:51.71		401	
	50m: 37.60 37.60	150m: 2:09.54 45.73	250m: 3:45.25 49.93	350m: 5:14.72 38.36	400m: 5:51.71 36.99		
	100m: 1:23.81 46.21	200m: 2:55.32 45.78	300m: 4:36.36 51.11				
4.	Barbara Garrido Franco	04	Elvense	5:52.12		400	
	50m: 37.15 37.15	150m: 2:04.24 44.80	250m: 3:38.90 50.73	350m: 5:11.16 42.81	400m: 5:52.12 40.96		
	100m: 1:19.44 42.29	200m: 2:48.17 43.93	300m: 4:28.35 49.45				
5.	Alice Sequeira Marques	04	Assoc Albicastrense	5:59.41		376	
	50m: 39.16 39.16	150m: 2:10.31 44.67	250m: 3:45.62 51.14	350m: 5:19.72 41.93	400m: 5:59.41 39.69		
	100m: 1:25.64 46.48	200m: 2:54.48 44.17	300m: 4:37.79 52.17				
6.	Rita Carrico Cruz	04	Viver Santarem	6:03.42		363	
	50m: 37.56 37.56	150m: 2:09.27 47.18	250m: 3:47.54 52.72	350m: 5:23.83 41.06	400m: 6:03.42 39.59		
	100m: 1:22.09 44.53	200m: 2:54.82 45.55	300m: 4:42.77 55.23				
7.	Raquel Canelas Louro	04	Viver Santarem	6:04.23		361	
	50m: 41.94 41.94	150m: 2:16.47 45.67	250m: 3:50.90 50.64	350m: 5:24.17 41.38	400m: 6:04.23 40.06		
	100m: 1:30.80 48.86	200m: 3:00.26 43.79	300m: 4:42.79 51.89				
8.	Ana Rita Goncalves	04	Assoc Albicastrense	6:04.78		359	
	50m: 39.45 39.45	150m: 2:15.72 47.43	250m: 3:54.20 52.88	350m: 5:26.61 40.12	400m: 6:04.78 38.17		
	100m: 1:28.29 48.84	200m: 3:01.32 45.60	300m: 4:46.49 52.29				
9.	Margarida Mateus Morais	04	Torres Novas	6:05.50		357	
	50m: 39.52 39.52	150m: 2:17.62 48.57	250m: 3:52.67 47.42	350m: 5:25.09 44.05	400m: 6:05.50 40.41		
	100m: 1:29.05 49.53	200m: 3:05.25 47.63	300m: 4:41.04 48.37				
10.	Leonor Maria Mira	04	BUZIOS-Coruche	6:13.53		335	
	50m: 39.07 39.07	150m: 2:17.31 48.48	250m: 3:57.05 52.78	350m: 5:33.15 42.72	400m: 6:13.53 40.38		
	100m: 1:28.83 49.76	200m: 3:04.27 46.96	300m: 4:50.43 53.38				
11.	Patricia Barata Fazendeiro	04	Clube de Natacao do Fundao	6:21.34		314	
	50m: 42.14 42.14	150m: 2:20.28 47.81	250m: 4:00.00 52.85	350m: 5:37.30 42.95	400m: 6:21.34 44.04		
	100m: 1:32.47 50.33	200m: 3:07.15 46.87	300m: 4:54.35 54.35				
12.	Joana Fernandes Vicente	04	Torres Novas	6:33.76		286	
	50m: 44.87 44.87	150m: 2:25.05 49.17	250m: 4:07.69 56.29	350m: 5:52.67 47.63	400m: 6:33.76 41.09		
	100m: 1:35.88 51.01	200m: 3:11.40 46.35	300m: 5:05.04 57.35				
13.	Maria Clara Dourado	04	Natacao Guarda	6:39.37		274	
	50m: 44.62 44.62	150m: 2:31.10 50.98	250m: 4:13.36 53.59	350m: 5:54.57 46.27	400m: 6:39.37 44.80		
	100m: 1:40.12 55.50	200m: 3:19.77 48.67	300m: 5:08.30 54.94				

Prova 2, Femin., 400m Estilos, Juvenil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
DSQ	Matilde Isabel Macharreu	04	BUZIOS-Coruche				
	<i>SW 7.5 - O (a) atleta efectuou movimento vertical de pernas durante o percurso, braços</i>						
DSQ	Erna Sabanovic	04	CLAC-Entroncamento				
	<i>SW 10.2 - O (a) atleta não completou o percurso</i>						
DNS	Beatriz Maria Freixeiro	04	Rio Maior				

2 - 1ª Jornada - 2ª Sessão

05-05-2018 - 15:00

Prova 3

Masc., 1500m Livres

Infantil

05-05-2018 - 15:00

Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil A							
1.	Afonso Alves Chocas	04	Eléctrico	18:07.18		474	
	50m: 33.29 33.29	450m: 5:23.98 36.79	850m: 10:17.27 36.53	1250m: 15:09.43	36.75		
	100m: 1:08.37 35.08	500m: 6:00.83 36.85	900m: 10:53.52 36.25	1300m: 15:46.33	36.90		
	150m: 1:43.96 35.59	550m: 6:37.29 36.46	950m: 11:30.06 36.54	1350m: 16:21.99	35.66		
	200m: 2:20.31 36.35	600m: 7:14.23 36.94	1000m: 12:06.55 36.49	1400m: 16:57.49	35.50		
	250m: 2:56.95 36.64	650m: 7:50.84 36.61	1050m: 12:43.25 36.70	1450m: 17:33.30	35.81		
	300m: 3:33.55 36.60	700m: 8:27.65 36.81	1100m: 13:19.64 36.39	1500m: 18:07.18	33.88		
	350m: 4:10.15 36.60	750m: 9:04.34 36.69	1150m: 13:56.41 36.77				
	400m: 4:47.19 37.04	800m: 9:40.74 36.40	1200m: 14:32.68 36.27				
2.	Tiago Charrua Gago	04	Rio Maior	18:10.36		470	
	50m: 33.62 33.62	450m: 5:20.88 36.52	850m: 10:14.10 36.60	1250m: 15:08.15	36.46		
	100m: 1:09.01 35.39	500m: 5:57.05 36.17	900m: 10:50.97 36.87	1300m: 15:45.13	36.98		
	150m: 1:44.05 35.04	550m: 6:33.02 35.97	950m: 11:28.54 37.57	1350m: 16:22.28	37.15		
	200m: 2:20.03 35.98	600m: 7:10.48 37.46	1000m: 12:05.36 36.82	1400m: 16:58.25	35.97		
	250m: 2:56.13 36.10	650m: 7:47.19 36.71	1050m: 12:41.91 36.55	1450m: 17:34.02	35.77		
	300m: 3:32.26 36.13	700m: 8:23.79 36.60	1100m: 13:18.44 36.53	1500m: 18:10.36	36.34		
	350m: 4:08.70 36.44	750m: 9:00.55 36.76	1150m: 13:55.08 36.64				
	400m: 4:44.36 35.66	800m: 9:37.50 36.95	1200m: 14:31.69 36.61				
3.	Martim Henriques Carvalho	04	Rio Maior	18:34.94		440	
	50m: 33.29 33.29	450m: 5:24.52 37.11	850m: 10:24.56 37.53	1250m: 15:29.05	38.55		
	100m: 1:07.40 34.11	500m: 6:01.77 37.25	900m: 11:02.64 38.08	1300m: 16:07.80	38.75		
	150m: 1:43.69 36.29	550m: 6:39.07 37.30	950m: 11:40.30 37.66	1350m: 16:45.61	37.81		
	200m: 2:20.68 36.99	600m: 7:16.22 37.15	1000m: 12:18.56 38.26	1400m: 17:22.84	37.23		
	250m: 2:56.87 36.19	650m: 7:53.97 37.75	1050m: 12:57.07 38.51	1450m: 17:59.77	36.93		
	300m: 3:33.43 36.56	700m: 8:32.18 38.21	1100m: 13:35.12 38.05	1500m: 18:34.94	35.17		
	350m: 4:10.37 36.94	750m: 9:09.42 37.24	1150m: 14:12.90 37.78				
	400m: 4:47.41 37.04	800m: 9:47.03 37.61	1200m: 14:50.50 37.60				
4.	Pedro Nuno Oliveira	04	Torres Novas	18:41.27		432	
	50m: 34.37 34.37	450m: 5:34.18 37.73	850m: 10:35.55 37.48	1250m: 15:36.99	37.46		
	100m: 1:10.65 36.28	500m: 6:12.51 38.33	900m: 11:12.61 37.06	1300m: 16:15.06	38.07		
	150m: 1:49.02 38.37	550m: 6:49.26 36.75	950m: 11:50.06 37.45	1350m: 16:52.66	37.60		
	200m: 2:25.79 36.77	600m: 7:27.13 37.87	1000m: 12:27.63 37.57	1400m: 17:29.76	37.10		
	250m: 3:03.16 37.37	650m: 8:04.52 37.39	1050m: 13:05.54 37.91	1450m: 18:06.78	37.02		
	300m: 3:41.01 37.85	700m: 8:42.70 38.18	1100m: 13:43.15 37.61	1500m: 18:41.27	34.49		
	350m: 4:19.24 38.23	750m: 9:20.71 38.01	1150m: 14:21.44 38.29				
	400m: 4:56.45 37.21	800m: 9:58.07 37.36	1200m: 14:59.53 38.09				
5.	Miguel Alexandre Martins	04	BUZIOS-Coruche	18:54.11		418	
	50m: 36.45 36.45	450m: 5:39.29 37.95	850m: 10:44.32 37.76	1250m: 15:46.33	37.41		
	100m: 1:13.95 37.50	500m: 6:17.58 38.29	900m: 11:22.26 37.94	1300m: 16:24.11	37.78		
	150m: 1:52.12 38.17	550m: 6:55.69 38.11	950m: 12:00.49 38.23	1350m: 17:01.26	37.15		
	200m: 2:30.03 37.91	600m: 7:33.97 38.28	1000m: 12:38.10 37.61	1400m: 17:38.93	37.67		
	250m: 3:07.28 37.25	650m: 8:12.09 38.12	1050m: 13:15.55 37.45	1450m: 18:16.45	37.52		
	300m: 3:45.24 37.96	700m: 8:50.00 37.91	1100m: 13:53.77 38.22	1500m: 18:54.11	37.66		
	350m: 4:23.32 38.08	750m: 9:28.27 38.27	1150m: 14:31.73 37.96				
	400m: 5:01.34 38.02	800m: 10:06.56 38.29	1200m: 15:08.92 37.19				

Prova 3, Masc., 1500m Livres, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
6.	Jose Pedro Tadeia	04	Clube de Natacao do Fundao	19:12.73		398	
	50m: 35.91 35.91	450m: 5:44.42 38.09	850m: 10:52.93 38.62	1250m: 16:05.81 38.64			
	100m: 1:13.66 37.75	500m: 6:22.88 38.46	900m: 11:32.46 39.53	1300m: 16:44.40 38.59			
	150m: 1:52.37 38.71	550m: 7:01.36 38.48	950m: 12:11.56 39.10	1350m: 17:22.15 37.75			
	200m: 2:31.26 38.89	600m: 7:39.42 38.06	1000m: 12:50.79 39.23	1400m: 17:59.52 37.37			
	250m: 3:10.50 39.24	650m: 8:17.54 38.12	1050m: 13:30.12 39.33	1450m: 18:37.88 38.36			
	300m: 3:48.94 38.44	700m: 8:56.25 38.71	1100m: 14:09.57 39.45	1500m: 19:12.73 34.85			
	350m: 4:27.49 38.55	750m: 9:34.88 38.63	1150m: 14:48.63 39.06				
	400m: 5:06.33 38.84	800m: 10:14.31 39.43	1200m: 15:27.17 38.54				
7.	Tiago Miguel Mourato	04	Torres Novas	19:59.26		353	
	50m: 37.28 37.28	500m: 6:41.56 40.80	900m: 12:04.35 40.34	1300m: 17:21.00 40.06			
	100m: 1:16.49 39.21	550m: 7:21.62 40.06	950m: 12:44.64 40.29	1350m: 18:01.26 40.26			
	150m: 1:56.34 39.85	600m: 8:01.58 39.96	1000m: 13:25.21 40.57	1400m: 18:40.90 39.64			
	200m: 2:37.57 41.23	650m: 8:41.75 40.17	1050m: 14:04.93 39.72	1450m: 19:20.19 39.29			
	250m: 3:18.26 40.69	700m: 9:21.83 40.08	1100m: 14:42.94 38.01	1500m: 19:59.26 39.07			
	350m: 4:39.37 1:21.11	750m: 10:02.53 40.70	1150m: 15:21.73 38.79				
	400m: 5:20.01 40.64	800m: 10:43.41 40.88	1200m: 16:01.32 39.59				
	450m: 6:00.76 40.75	850m: 11:24.01 40.60	1250m: 16:40.94 39.62				
8.	Joao Marques Ferreira	04	Viver Santarem	20:05.93		347	
	50m: 35.66 35.66	500m: 6:34.08 41.65	900m: 12:00.18 41.01	1300m: 17:24.33 40.78			
	100m: 1:12.69 37.03	550m: 7:14.58 40.50	950m: 12:40.85 40.67	1350m: 18:05.65 41.32			
	150m: 1:51.52 38.83	600m: 7:55.38 40.80	1000m: 13:21.57 40.72	1400m: 18:46.48 40.83			
	200m: 2:31.49 39.97	650m: 8:35.61 40.23	1050m: 14:02.86 41.29	1450m: 19:27.51 41.03			
	250m: 3:11.66 40.17	700m: 9:16.50 40.89	1100m: 14:42.51 39.65	1500m: 20:05.93 38.42			
	350m: 4:31.26 1:19.60	750m: 9:57.43 40.93	1150m: 15:23.10 40.59				
	400m: 5:12.04 40.78	800m: 10:38.24 40.81	1200m: 16:03.43 40.33				
	450m: 5:52.43 40.39	850m: 11:19.17 40.93	1250m: 16:43.55 40.12				
9.	Andre Jesus Gaspar	04	Gualdim Pais	20:31.48		326	
	50m: 36.27 36.27	450m: 5:59.13 40.72	850m: 11:36.84 41.57	1250m: 17:06.35 41.13			
	100m: 1:16.07 39.80	500m: 6:40.36 41.23	900m: 12:18.36 41.52	1300m: 17:46.88 40.53			
	150m: 1:56.11 40.04	550m: 7:21.35 40.99	950m: 12:58.97 40.61	1350m: 18:28.61 41.73			
	200m: 2:36.55 40.44	600m: 8:02.37 41.02	1000m: 13:39.78 40.81	1400m: 19:09.24 40.63			
	250m: 3:16.72 40.17	650m: 8:46.69 44.32	1050m: 14:20.85 41.07	1450m: 19:50.61 41.37			
	300m: 3:57.48 40.76	700m: 9:33.92 47.23	1100m: 15:02.96 42.11	1500m: 20:31.48 40.87			
	350m: 4:38.42 40.94	750m: 10:14.13 40.21	1150m: 15:43.67 40.71				
	400m: 5:18.41 39.99	800m: 10:55.27 41.14	1200m: 16:25.22 41.55				
10.	Jose Miguel Monteiro	04	Gualdim Pais	20:45.73		315	
	50m: 36.91 36.91	450m: 6:08.48 41.87	850m: 11:43.94 42.29	1250m: 17:19.19 41.70			
	100m: 1:16.82 39.91	500m: 6:50.11 41.63	900m: 12:25.48 41.54	1300m: 18:01.37 42.18			
	150m: 1:58.38 41.56	550m: 7:31.73 41.62	950m: 13:07.58 42.10	1350m: 18:42.83 41.46			
	200m: 2:40.26 41.88	600m: 8:13.90 42.17	1000m: 13:50.01 42.43	1400m: 19:24.54 41.71			
	250m: 3:21.47 41.21	650m: 8:55.95 42.05	1050m: 14:32.12 42.11	1450m: 20:05.95 41.41			
	300m: 4:03.40 41.93	700m: 9:37.78 41.83	1100m: 15:14.22 42.10	1500m: 20:45.73 39.78			
	350m: 4:45.13 41.73	750m: 10:19.47 41.69	1150m: 15:55.53 41.31				
	400m: 5:26.61 41.48	800m: 11:01.65 42.18	1200m: 16:37.49 41.96				
11.	Goncalo Maria Mendonca	04	Viver Santarem	21:12.08		296	
	50m: 38.42 38.42	450m: 6:14.16 42.95	850m: 11:53.55 42.99	1300m: 18:21.51 44.45			
	100m: 1:19.19 40.77	500m: 6:56.40 42.24	900m: 12:36.50 42.95	1350m: 19:03.62 42.11			
	150m: 2:00.67 41.48	550m: 7:38.55 42.15	950m: 13:18.63 42.13	1400m: 19:47.55 43.93			
	200m: 2:42.79 42.12	600m: 8:20.82 42.27	1000m: 14:01.14 42.51	1450m: 20:30.43 42.88			
	250m: 3:24.96 42.17	650m: 9:03.25 42.43	1100m: 15:27.08 1:25.94	1500m: 21:12.08 41.65			
	300m: 4:07.14 42.18	700m: 9:45.38 42.13	1150m: 16:09.91 42.83				
	350m: 4:49.15 42.01	750m: 10:28.18 42.80	1200m: 16:53.75 43.84				
	400m: 5:31.21 42.06	800m: 11:10.56 42.38	1250m: 17:37.06 43.31				
12.	Simao Duarte Barata	04	Clube de Natacao do Fundao	21:18.81		291	
	50m: 37.46 37.46	450m: 6:14.11 42.54	850m: 11:59.89 43.81	1250m: 17:44.03 43.81			
	100m: 1:17.42 39.96	500m: 6:57.21 43.10	900m: 12:41.47 41.58	1300m: 18:28.33 44.30			
	150m: 1:59.35 41.93	550m: 7:40.17 42.96	950m: 13:24.93 43.46	1350m: 19:12.52 44.19			
	200m: 2:41.31 41.96	600m: 8:23.23 43.06	1000m: 14:06.86 41.93	1400m: 19:56.04 43.52			
	250m: 3:23.40 42.09	650m: 9:06.32 43.09	1050m: 14:49.63 42.77	1450m: 20:38.10 42.06			
	300m: 4:05.77 42.37	700m: 9:49.48 43.16	1100m: 15:33.32 43.69	1500m: 21:18.81 40.71			
	350m: 4:48.90 43.13	750m: 10:32.75 43.27	1150m: 16:16.89 43.57				
	400m: 5:31.57 42.67	800m: 11:16.08 43.33	1200m: 17:00.22 43.33				

Prova 3, Masc., 1500m Livres, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
13.	Andre Sousa Oliveira	04	Juventude Ouriense	21:40.63		277	
	50m: 38.99 38.99	450m: 6:22.30 44.89	850m: 12:16.13 44.28	1250m: 18:08.10 44.36			
	100m: 1:19.68 40.69	500m: 7:06.58 44.28	900m: 12:59.56 43.43	1300m: 18:52.40 44.30			
	150m: 2:01.72 42.04	550m: 7:51.52 44.94	950m: 13:44.35 44.79	1350m: 19:35.75 43.35			
	200m: 2:44.06 42.34	600m: 8:35.72 44.20	1000m: 14:27.89 43.54	1400m: 20:18.85 43.10			
	250m: 3:26.63 42.57	650m: 9:19.14 43.42	1050m: 15:11.56 43.67	1450m: 21:00.92 42.07			
	300m: 4:09.86 43.23	700m: 10:03.75 44.61	1100m: 15:55.76 44.20	1500m: 21:40.63 39.71			
	350m: 4:53.59 43.73	750m: 10:48.02 44.27	1150m: 16:39.36 43.60				
	400m: 5:37.41 43.82	800m: 11:31.85 43.83	1200m: 17:23.74 44.38				
14.	David Rodrigues Pinto	04	CCDSerta	21:46.76		273	
	50m: 40.63 40.63	450m: 6:28.54 42.94	850m: 12:15.90 43.48	1250m: 18:08.55 44.54			
	100m: 1:24.40 43.77	500m: 7:11.48 42.94	900m: 12:59.81 43.91	1300m: 18:54.09 45.54			
	150m: 2:08.44 44.04	550m: 7:55.56 44.08	950m: 13:43.88 44.07	1350m: 19:39.07 44.98			
	200m: 2:51.87 43.43	600m: 8:38.93 43.37	1000m: 14:26.92 43.04	1400m: 20:23.21 44.14			
	250m: 3:35.57 43.70	650m: 9:21.64 42.71	1050m: 15:10.58 43.66	1450m: 21:07.61 44.40			
	300m: 4:19.59 44.02	700m: 10:05.01 43.37	1100m: 15:55.43 44.85	1500m: 21:46.76 39.15			
	350m: 5:02.62 43.03	750m: 10:48.19 43.18	1150m: 16:39.56 44.13				
	400m: 5:45.60 42.98	800m: 11:32.42 44.23	1200m: 17:24.01 44.45				
15.	Cristian Capatina	04	Elvense	21:48.48		272	
	50m: 38.89 38.89	450m: 6:21.43 44.82	850m: 12:14.73 44.34	1250m: 18:09.56 44.32			
	100m: 1:19.59 40.70	500m: 7:05.19 43.76	900m: 12:58.89 44.16	1300m: 18:54.15 44.59			
	150m: 2:01.61 42.02	550m: 7:50.28 45.09	950m: 13:43.05 44.16	1350m: 19:39.75 45.60			
	200m: 2:43.27 41.66	600m: 8:35.34 45.06	1000m: 14:26.97 43.92	1400m: 20:23.59 43.84			
	250m: 3:26.98 43.71	650m: 9:17.20 41.86	1050m: 15:11.44 44.47	1450m: 21:07.78 44.19			
	300m: 4:10.47 43.49	700m: 10:01.87 44.67	1100m: 15:56.53 45.09	1500m: 21:48.48 40.70			
	350m: 4:52.51 42.04	750m: 10:46.00 44.13	1150m: 16:40.84 44.31				
	400m: 5:36.61 44.10	800m: 11:30.39 44.39	1200m: 17:25.24 44.40				
16.	Carlos Santos Farinha	04	Assoc Albicastrense	22:07.23		260	
	50m: 43.26 43.26	450m: 6:39.02 44.85	850m: 12:43.12 45.87	1250m: 18:41.50 43.61			
	100m: 1:28.15 44.89	500m: 7:24.04 45.02	900m: 13:28.97 45.85	1300m: 19:23.79 42.29			
	150m: 2:12.89 44.74	550m: 8:08.95 44.91	950m: 14:14.60 45.63	1350m: 20:05.56 41.77			
	200m: 2:58.05 45.16	600m: 8:54.71 45.76	1000m: 15:00.21 45.61	1400m: 20:47.16 41.60			
	250m: 3:42.53 44.48	650m: 9:40.54 45.83	1050m: 15:44.42 44.21	1450m: 21:28.21 41.05			
	300m: 4:26.28 43.75	700m: 10:25.47 44.93	1100m: 16:29.26 44.84	1500m: 22:07.23 39.02			
	350m: 5:10.00 43.72	750m: 11:11.38 45.91	1150m: 17:13.60 44.34				
	400m: 5:54.17 44.17	800m: 11:57.25 45.87	1200m: 17:57.89 44.29				
17.	Rui Osvaldo Rocha	04	Juventude Ouriense	22:41.82		241	
	50m: 41.98 41.98	450m: 6:43.70 44.38	850m: 12:42.30 45.34	1250m: 18:50.60 45.28			
	100m: 1:26.52 44.54	500m: 7:27.69 43.99	900m: 13:27.84 45.54	1300m: 19:36.75 46.15			
	150m: 2:11.94 45.42	550m: 8:12.65 44.96	950m: 14:13.33 45.49	1350m: 20:22.81 46.06			
	200m: 2:57.19 45.25	600m: 8:57.13 44.48	1000m: 14:59.16 45.83	1400m: 21:09.85 47.04			
	250m: 3:43.15 45.96	650m: 9:41.47 44.34	1050m: 15:45.84 46.68	1450m: 21:55.51 45.66			
	300m: 4:29.56 46.41	700m: 10:26.77 45.30	1100m: 16:32.33 46.49	1500m: 22:41.82 46.31			
	350m: 5:14.21 44.65	750m: 11:11.77 45.00	1150m: 17:19.32 46.99				
	400m: 5:59.32 45.11	800m: 11:56.96 45.19	1200m: 18:05.32 46.00				
18.	Bernardo Guerra Inacio	04	Juventude Ouriense	22:57.03		233	
	50m: 41.68 41.68	450m: 6:43.48 45.86	850m: 12:53.00 46.89	1250m: 19:09.46 46.89			
	100m: 1:24.97 43.29	500m: 7:29.29 45.81	900m: 13:40.42 47.42	1300m: 19:57.07 47.61			
	150m: 2:09.13 44.16	550m: 8:14.39 45.10	950m: 14:27.70 47.28	1350m: 20:43.20 46.13			
	200m: 2:54.02 44.89	600m: 9:00.56 46.17	1000m: 15:14.98 47.28	1400m: 21:29.75 46.55			
	250m: 3:39.84 45.82	650m: 9:46.66 46.10	1050m: 16:01.73 46.75	1450m: 22:15.58 45.83			
	300m: 4:25.32 45.48	700m: 10:33.21 46.55	1100m: 16:48.96 47.23	1500m: 22:57.03 41.45			
	350m: 5:12.30 46.98	750m: 11:19.61 46.40	1150m: 17:35.37 46.41				
	400m: 5:57.62 45.32	800m: 12:06.11 46.50	1200m: 18:22.57 47.20				
19.	Ivo Rafael Serra	04	CLAC-Entroncamento	23:49.90		208	
	50m: 39.05 39.05	450m: 6:45.09 47.85	850m: 13:10.24 47.31	1250m: 19:50.82 48.51			
	100m: 1:21.09 42.04	500m: 7:33.35 48.26	900m: 14:00.11 49.87	1300m: 20:38.41 47.59			
	150m: 2:04.79 43.70	550m: 8:21.85 48.50	950m: 14:49.48 49.37	1350m: 21:27.63 49.22			
	200m: 2:49.92 45.13	600m: 9:10.18 48.33	1000m: 15:40.72 51.24	1400m: 22:15.39 47.76			
	250m: 3:37.32 47.40	650m: 9:58.12 47.94	1050m: 16:30.57 49.85	1450m: 23:02.66 47.27			
	300m: 4:23.33 46.01	700m: 10:45.12 47.00	1100m: 17:22.39 51.82	1500m: 23:49.90 47.24			
	350m: 5:10.61 47.28	750m: 11:33.87 48.75	1150m: 18:12.41 50.02				
	400m: 5:57.24 46.63	800m: 12:22.93 49.06	1200m: 19:02.31 49.90				

Prova 3, Masc., 1500m Livres, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
DNS	Goncalo Farinha Nunes	04	CCDSerta				

Infantil B

1.	Ricardo Filipe Gaboleiro	05	Rio Maior	19:28.84		381	
	50m: 35.31 35.31	450m: 5:44.23 38.45	850m: 11:02.75 39.99	1250m: 16:16.75	39.25		
	100m: 1:13.07 37.76	500m: 6:23.46 39.23	900m: 11:42.52 39.77	1300m: 16:55.58	38.83		
	150m: 1:51.50 38.43	550m: 7:02.07 38.61	950m: 12:21.86 39.34	1350m: 17:34.67	39.09		
	200m: 2:30.33 38.83	600m: 7:41.72 39.65	1000m: 13:01.26 39.40	1400m: 18:13.16	38.49		
	250m: 3:09.04 38.71	650m: 8:21.22 39.50	1050m: 13:40.24 38.98	1450m: 18:51.45	38.29		
	300m: 3:47.92 38.88	700m: 9:02.04 40.82	1100m: 14:19.64 39.40	1500m: 19:28.84	37.39		
	350m: 4:26.54 38.62	750m: 9:42.45 40.41	1150m: 14:58.71 39.07				
	400m: 5:05.78 39.24	800m: 10:22.76 40.31	1200m: 15:37.50 38.79				
2.	Guilherme Filipe Gaboleiro	05	Rio Maior	19:44.72		366	
	50m: 36.06 36.06	450m: 5:48.64 39.92	850m: 11:10.33 39.96	1250m: 16:28.71	39.81		
	100m: 1:13.88 37.82	500m: 6:28.73 40.09	900m: 11:49.98 39.65	1300m: 17:08.43	39.72		
	150m: 1:52.29 38.41	550m: 7:08.76 40.03	950m: 12:29.54 39.56	1350m: 17:48.03	39.60		
	200m: 2:31.23 38.94	600m: 7:49.37 40.61	1000m: 13:09.64 40.10	1400m: 18:27.41	39.38		
	250m: 3:10.25 39.02	650m: 8:29.69 40.32	1050m: 13:49.68 40.04	1450m: 19:06.44	39.03		
	300m: 3:49.67 39.42	700m: 9:09.96 40.27	1100m: 14:29.66 39.98	1500m: 19:44.72	38.28		
	350m: 4:28.99 39.32	750m: 9:50.38 40.42	1150m: 15:09.15 39.49				
	400m: 5:08.72 39.73	800m: 10:30.37 39.99	1200m: 15:48.90 39.75				
3.	Jose Pinto Cabral	05	Viver Santarem	20:15.49		339	
	50m: 35.18 35.18	500m: 6:34.69 41.14	900m: 12:01.65 40.51	1300m: 17:35.34	42.29		
	100m: 1:12.78 37.60	550m: 7:15.88 41.19	950m: 12:42.46 40.81	1350m: 18:18.27	42.93		
	150m: 1:51.60 38.82	600m: 7:56.27 40.39	1000m: 13:23.74 41.28	1400m: 18:58.98	40.71		
	200m: 2:31.29 39.69	650m: 8:37.04 40.77	1050m: 14:05.57 41.83	1450m: 19:37.38	38.40		
	250m: 3:11.84 40.55	700m: 9:18.77 41.73	1100m: 14:46.58 41.01	1500m: 20:15.49	38.11		
	350m: 4:32.36 1:20.52	750m: 9:59.72 40.95	1150m: 15:28.79 42.21				
	400m: 5:13.09 40.73	800m: 10:40.50 40.78	1200m: 16:11.73 42.94				
	450m: 5:53.55 40.46	850m: 11:21.14 40.64	1250m: 16:53.05 41.32				
4.	Artur Paulo Aleksyeyev	05	Viver Santarem	20:15.86		339	
	50m: 36.64 36.64	450m: 5:57.14 40.74	850m: 11:27.17 40.80	1250m: 16:56.09	41.68		
	100m: 1:16.05 39.41	500m: 6:38.48 41.34	900m: 12:08.46 41.29	1300m: 17:36.97	40.88		
	150m: 1:56.26 40.21	550m: 7:20.17 41.69	950m: 12:49.63 41.17	1350m: 18:17.97	41.00		
	200m: 2:35.55 39.29	600m: 8:01.11 40.94	1000m: 13:30.41 40.78	1400m: 18:59.42	41.45		
	250m: 3:15.46 39.91	650m: 8:42.00 40.89	1050m: 14:11.17 40.76	1450m: 19:39.48	40.06		
	300m: 3:55.85 40.39	700m: 9:23.27 41.27	1100m: 14:52.49 41.32	1500m: 20:15.86	36.38		
	350m: 4:36.09 40.24	750m: 10:04.90 41.63	1150m: 15:34.03 41.54				
	400m: 5:16.40 40.31	800m: 10:46.37 41.47	1200m: 16:14.41 40.38				
5.	Carlos Daniel Nunes	05	Salvaterra de Magos	20:16.82		338	
	50m: 38.54 38.54	450m: 6:05.30 41.70	850m: 11:31.11 40.99	1250m: 16:57.02	41.77		
	100m: 1:18.93 40.39	500m: 6:45.78 40.48	900m: 12:11.44 40.33	1300m: 17:37.18	40.16		
	150m: 1:58.80 39.87	550m: 7:26.50 40.72	950m: 12:51.94 40.50	1350m: 18:19.54	42.36		
	200m: 2:39.06 40.26	600m: 8:07.73 41.23	1000m: 13:32.23 40.29	1400m: 18:59.78	40.24		
	250m: 3:20.16 41.10	650m: 8:48.00 40.27	1050m: 14:12.97 40.74	1450m: 19:40.58	40.80		
	300m: 4:00.85 40.69	700m: 9:28.80 40.80	1100m: 14:53.70 40.73	1500m: 20:16.82	36.24		
	350m: 4:42.16 41.31	750m: 10:09.22 40.42	1150m: 15:34.24 40.54				
	400m: 5:23.60 41.44	800m: 10:50.12 40.90	1200m: 16:15.25 41.01				
6.	Simao Dinis Rosa	05	Torres Novas	20:31.12		326	
	50m: 36.10 36.10	500m: 6:38.99 41.08	900m: 12:07.31 41.45	1300m: 17:47.86	42.23		
	100m: 1:14.54 38.44	550m: 7:20.27 41.28	950m: 12:50.17 42.86	1350m: 18:29.16	41.30		
	150m: 1:53.69 39.15	600m: 7:59.96 39.69	1000m: 13:33.15 42.98	1400m: 19:11.57	42.41		
	200m: 2:33.38 39.69	650m: 8:41.25 41.29	1050m: 14:15.71 42.56	1450m: 19:53.36	41.79		
	250m: 3:14.16 40.78	700m: 9:22.33 41.08	1100m: 14:58.34 42.63	1500m: 20:31.12	37.76		
	350m: 4:35.76 1:21.60	750m: 10:03.45 41.12	1150m: 15:40.85 42.51				
	400m: 5:16.50 40.74	800m: 10:44.42 40.97	1200m: 16:23.04 42.19				
	450m: 5:57.91 41.41	850m: 11:25.86 41.44	1250m: 17:05.63 42.59				

Prova 3, Masc., 1500m Livres, Infantil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos	
7.	Miguel Marques Ferreira	05	Viver Santarem	20:42.74		317		
	50m: 37.24	37.24	450m: 6:03.98	42.72	850m: 11:39.45	42.07	1250m: 17:17.20	42.59
	100m: 1:15.86	38.62	500m: 6:46.05	42.07	900m: 12:21.64	42.19	1300m: 17:59.72	42.52
	150m: 1:55.18	39.32	550m: 7:27.67	41.62	950m: 13:03.49	41.85	1350m: 18:41.52	41.80
	200m: 2:35.89	40.71	600m: 8:09.73	42.06	1000m: 13:46.13	42.64	1400m: 19:23.04	41.52
	250m: 3:16.27	40.38	650m: 8:51.94	42.21	1050m: 14:28.12	41.99	1450m: 20:04.28	41.24
	300m: 3:57.98	41.71	700m: 9:33.60	41.66	1100m: 15:10.76	42.64	1500m: 20:42.74	38.46
	350m: 4:39.80	41.82	750m: 10:15.30	41.70	1150m: 15:52.92	42.16		
	400m: 5:21.26	41.46	800m: 10:57.38	42.08	1200m: 16:34.61	41.69		
8.	Joao Antonio Pires	05	Torres Novas	20:43.86		316		
	50m: 37.16	37.16	450m: 6:09.88	41.95	850m: 11:46.07	41.68	1250m: 17:20.98	41.95
	100m: 1:16.73	39.57	500m: 6:51.55	41.67	900m: 12:28.25	42.18	1300m: 18:02.30	41.32
	150m: 1:58.30	41.57	550m: 7:33.87	42.32	950m: 13:10.03	41.78	1350m: 18:43.90	41.60
	200m: 2:39.98	41.68	600m: 8:16.86	42.99	1000m: 13:51.76	41.73	1400m: 19:25.30	41.40
	250m: 3:21.81	41.83	650m: 8:58.62	41.76	1050m: 14:33.82	42.06	1450m: 20:06.06	40.76
	300m: 4:03.85	42.04	700m: 9:40.61	41.99	1100m: 15:15.77	41.95	1500m: 20:43.86	37.80
	350m: 4:45.78	41.93	750m: 10:22.63	42.02	1150m: 15:57.51	41.74		
	400m: 5:27.93	42.15	800m: 11:04.39	41.76	1200m: 16:39.03	41.52		
9.	Andre Prates Lopes	05	Eléctrico	20:50.66		311		
	50m: 37.60	37.60	450m: 6:08.86	41.77	850m: 11:43.61	42.39	1300m: 18:02.06	42.46
	100m: 1:17.28	39.68	500m: 6:50.54	41.68	900m: 12:25.48	41.87	1350m: 18:44.32	42.26
	150m: 1:58.16	40.88	550m: 7:32.50	41.96	950m: 13:07.01	41.53	1400m: 19:27.42	43.10
	200m: 2:39.86	41.70	600m: 8:14.07	41.57	1000m: 13:49.15	42.14	1450m: 20:09.95	42.53
	250m: 3:21.56	41.70	650m: 8:55.99	41.92	1050m: 14:30.61	41.46	1500m: 20:50.66	40.71
	300m: 4:03.70	42.14	700m: 9:37.85	41.86	1100m: 15:15.77	41.95		
	350m: 4:45.35	41.65	750m: 10:19.34	41.49	1200m: 16:37.12	42.13		
	400m: 5:27.09	41.74	800m: 11:01.22	41.88	1250m: 17:19.60	42.48		
10.	João Miguel Conrado	05	BUZIOS-Coruche	21:15.67		293		
	50m: 39.99	39.99	450m: 6:19.69	42.73	850m: 12:05.46	43.34	1250m: 17:48.71	42.47
	100m: 1:21.57	41.58	500m: 7:02.62	42.93	900m: 12:48.23	42.77	1300m: 18:31.70	42.99
	150m: 2:03.64	42.07	550m: 7:46.17	43.55	950m: 13:31.64	43.41	1350m: 19:13.23	41.53
	200m: 2:46.29	42.65	600m: 8:29.32	43.15	1000m: 14:14.49	42.85	1400m: 19:54.93	41.70
	250m: 3:28.41	42.12	650m: 9:12.05	42.73	1050m: 14:57.52	43.03	1450m: 20:36.37	41.44
	300m: 4:11.46	43.05	700m: 9:55.21	43.16	1100m: 15:40.15	42.63	1500m: 21:15.67	39.30
	350m: 4:54.92	43.46	750m: 10:38.59	43.38	1150m: 16:23.03	42.88		
	400m: 5:36.96	42.04	800m: 11:22.12	43.53	1200m: 17:06.24	43.21		
11.	Diogo Antunes Goncalves	05	Natacao Guarda	21:27.02		286		
	50m: 40.86	40.86	450m: 6:26.29	42.89	850m: 12:12.70	43.41	1250m: 18:00.33	43.23
	100m: 1:23.66	42.80	500m: 7:10.14	43.85	900m: 12:56.34	43.64	1300m: 18:42.49	42.16
	150m: 2:06.98	43.32	550m: 7:53.12	42.98	950m: 13:40.95	44.61	1350m: 19:24.16	41.67
	200m: 2:50.11	43.13	600m: 8:36.13	43.01	1000m: 14:22.78	41.83	1400m: 20:05.58	41.42
	250m: 3:33.58	43.47	650m: 9:19.29	43.16	1050m: 15:06.10	43.32	1450m: 20:46.00	40.42
	300m: 4:17.76	44.18	700m: 10:02.64	43.35	1100m: 15:50.35	44.25	1500m: 21:27.02	41.02
	350m: 5:00.70	42.94	750m: 10:45.24	42.60	1150m: 16:33.83	43.48		
	400m: 5:43.40	42.70	800m: 11:29.29	44.05	1200m: 17:17.10	43.27		
12.	Jaime Casmarrinha Matos	05	Gualdim Pais	22:16.75		255		
	50m: 39.10	39.10	400m: 5:42.97	43.28	750m: 10:57.94	46.12	1200m: 17:53.39	45.60
	100m: 1:21.13	42.03	450m: 6:27.44	44.47	800m: 11:44.08	46.14	1250m: 18:39.25	45.86
	150m: 2:04.72	43.59	500m: 7:11.31	43.87	850m: 12:30.52	46.44	1300m: 19:24.21	44.96
	200m: 2:48.24	43.52	550m: 7:56.15	44.84	900m: 13:15.93	45.41	1350m: 20:08.40	44.19
	250m: 3:31.29	43.05	600m: 8:41.39	45.24	950m: 14:02.89	46.96	1400m: 20:54.03	45.63
	300m: 4:14.95	43.66	650m: 9:26.50	45.11	1100m: 16:20.96	2:18.07	1450m: 21:37.92	43.89
	350m: 4:59.69	44.74	700m: 10:11.82	45.32	1150m: 17:07.79	46.83	1500m: 22:16.75	38.83
13.	Rafael Andre Oliveira	05	Juventude Ouriense	22:57.81		233		
	50m: 42.66	42.66	450m: 7:00.34	47.57	850m: 13:09.39	45.63	1250m: 19:15.04	45.38
	100m: 1:28.84	46.18	500m: 7:47.63	47.29	900m: 13:55.12	45.73	1300m: 20:00.26	45.22
	150m: 2:16.27	47.43	550m: 8:34.67	47.04	950m: 14:40.93	45.81	1350m: 20:45.83	45.57
	200m: 3:03.80	47.53	600m: 9:21.20	46.53	1000m: 15:26.37	45.44	1400m: 21:30.76	44.93
	250m: 3:50.14	46.34	650m: 10:05.53	44.33	1050m: 16:12.10	45.73	1450m: 22:15.09	44.33
	300m: 4:37.15	47.01	700m: 10:51.05	45.52	1100m: 16:57.36	45.26	1500m: 22:57.81	42.72
	350m: 5:25.11	47.96	750m: 11:38.40	47.35	1150m: 17:42.85	45.49		
	400m: 6:12.77	47.66	800m: 12:23.76	45.36	1200m: 18:29.66	46.81		

Prova 3, Masc., 1500m Livres, Infantil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
14.	Miguel Goncalves Moreira	05	Natacao Guarda	23:24.71		220	
	50m: 41.96 41.96	450m: 6:54.41 46.51	850m: 13:11.13 48.41	1250m: 19:30.39 46.87			
	100m: 1:27.69 45.73	500m: 7:41.71 47.30	900m: 13:57.29 46.16	1300m: 20:18.74 48.35			
	150m: 2:13.96 46.27	550m: 8:29.48 47.77	950m: 14:44.65 47.36	1350m: 21:06.97 48.23			
	200m: 3:00.04 46.08	600m: 9:16.07 46.59	1000m: 15:33.59 48.94	1400m: 21:54.79 47.82			
	250m: 3:47.46 47.42	650m: 10:01.79 45.72	1050m: 16:21.67 48.08	1450m: 22:40.07 45.28			
	300m: 4:33.94 46.48	700m: 10:48.34 46.55	1100m: 17:09.79 48.12	1500m: 23:24.71 44.64			
	350m: 5:21.68 47.74	750m: 11:35.58 47.24	1150m: 17:58.31 48.52				
	400m: 6:07.90 46.22	800m: 12:22.72 47.14	1200m: 18:43.52 45.21				
15.	Rodrigo Santos Machado	05	CLAC-Entroncamento	23:31.10		217	
	50m: 40.39 40.39	450m: 6:45.20 47.06	850m: 13:08.72 47.56	1250m: 19:37.12 48.02			
	100m: 1:21.98 41.59	500m: 7:32.26 47.06	900m: 13:57.65 48.93	1300m: 20:23.15 46.03			
	150m: 2:04.91 42.93	550m: 8:21.20 48.94	950m: 14:45.76 48.11	1350m: 21:11.37 48.22			
	200m: 2:49.52 44.61	600m: 9:07.92 46.72	1000m: 15:33.25 47.49	1400m: 21:59.05 47.68			
	250m: 3:36.83 47.31	650m: 9:57.22 49.30	1050m: 16:21.86 48.61	1450m: 22:46.49 47.44			
	300m: 4:23.87 47.04	700m: 10:44.24 47.02	1100m: 17:11.90 50.04	1500m: 23:31.10 44.61			
	350m: 5:09.80 45.93	750m: 11:32.35 48.11	1150m: 18:00.76 48.86				
	400m: 5:58.14 48.34	800m: 12:21.16 48.81	1200m: 18:49.10 48.34				
16.	Jose Miguel Amoreira	05	Clube de Natacao do Fundao	23:39.54		213	
	50m: 43.31 43.31	450m: 7:00.14 46.82	850m: 13:20.65 47.57	1250m: 19:44.27 48.22			
	100m: 1:29.09 45.78	500m: 7:47.09 46.95	900m: 14:08.30 47.65	1300m: 20:32.43 48.16			
	150m: 2:16.52 47.43	550m: 8:35.39 48.30	950m: 14:56.45 48.15	1350m: 21:20.13 47.70			
	200m: 3:03.81 47.29	600m: 9:22.80 47.41	1000m: 15:44.08 47.63	1400m: 22:05.93 45.80			
	250m: 3:51.33 47.52	650m: 10:10.13 47.33	1050m: 16:31.65 47.57	1450m: 22:52.95 47.02			
	300m: 4:38.17 46.84	700m: 10:58.04 47.91	1100m: 17:20.04 48.39	1500m: 23:39.54 46.59			
	350m: 5:25.87 47.70	750m: 11:44.93 46.89	1150m: 18:07.93 47.89				
	400m: 6:13.32 47.45	800m: 12:33.08 48.15	1200m: 18:56.05 48.12				
17.	Miguel Bento Ferreira	05	Viver Santarem	24:28.02		192	
	50m: 41.70 41.70	450m: 7:09.96 49.37	850m: 13:45.71 50.29	1250m: 20:25.67 48.51			
	100m: 1:26.53 44.83	500m: 7:59.79 49.83	900m: 14:36.36 50.65	1300m: 21:16.01 50.34			
	150m: 2:14.59 48.06	550m: 8:50.67 50.88	950m: 15:26.16 49.80	1350m: 22:05.26 49.25			
	200m: 3:02.76 48.17	600m: 9:39.15 48.48	1000m: 16:16.94 50.78	1400m: 22:54.10 48.84			
	250m: 3:52.65 49.89	650m: 10:28.28 49.13	1050m: 17:07.45 50.51	1500m: 24:28.02 1:33.92			
	300m: 4:41.90 49.25	700m: 11:18.04 49.76	1100m: 17:58.50 51.05				
	350m: 5:30.99 49.09	750m: 12:05.62 47.58	1150m: 18:48.47 49.97				
	400m: 6:20.59 49.60	800m: 12:55.42 49.80	1200m: 19:37.16 48.69				
18.	Diogo Filipe Lourenco	05	CCDSerta	24:35.78		189	
	50m: 43.22 43.22	450m: 7:06.70 47.34	850m: 13:45.92 50.62	1250m: 20:33.96 51.03			
	100m: 1:29.55 46.33	500m: 7:56.43 49.73	900m: 14:36.67 50.75	1300m: 21:26.45 52.49			
	150m: 2:17.05 47.50	550m: 8:45.90 49.47	950m: 15:27.59 50.92	1350m: 22:15.64 49.19			
	200m: 3:05.47 48.42	600m: 9:35.71 49.81	1000m: 16:18.71 51.12	1400m: 23:04.14 48.50			
	250m: 3:53.05 47.58	650m: 10:25.35 49.64	1050m: 17:10.19 51.48	1450m: 23:52.51 48.37			
	300m: 4:40.89 47.84	700m: 11:15.78 50.43	1100m: 18:01.00 50.81	1500m: 24:35.78 43.27			
	350m: 5:30.07 49.18	750m: 12:04.53 48.75	1150m: 18:51.56 50.56				
	400m: 6:19.36 49.29	800m: 12:55.30 50.77	1200m: 19:42.93 51.37				
DNS	Diogo Cupertino Marchante	05	CLAC-Entroncamento				

Prova 4

05-05-2018 - 17:05

Masc., 1500m Livres

Juvenil
Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Juvenil A							
1.	Bernardo Jorge Simoes	02	Torres Novas	16:46.67		597	
	50m: 32.24 32.24	450m: 5:01.61 34.06	850m: 9:31.35 32.96	1250m: 14:01.30 34.19			
	100m: 1:05.35 33.11	500m: 5:35.62 34.01	900m: 10:04.78 33.43	1300m: 14:35.65 34.35			
	150m: 1:38.94 33.59	550m: 6:09.36 33.74	950m: 10:38.20 33.42	1350m: 15:09.50 33.85			
	200m: 2:12.73 33.79	600m: 6:43.31 33.95	1000m: 11:11.79 33.59	1400m: 15:43.70 34.20			
	250m: 2:46.68 33.95	650m: 7:17.56 34.25	1050m: 11:45.36 33.57	1450m: 16:17.49 33.79			
	300m: 3:20.24 33.56	700m: 7:51.46 33.90	1100m: 12:19.32 33.96	1500m: 16:46.67 29.18			
	350m: 3:53.61 33.37	750m: 8:25.13 33.67	1150m: 12:53.23 33.91				
	400m: 4:27.55 33.94	800m: 8:58.39 33.26	1200m: 13:27.11 33.88				

Prova 4, Masc., 1500m Livres, Juvenil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
2.	Francisco Costa Nunes	02	Salvaterra de Magos	17:04.05		567	
	50m: 31.97 31.97	450m: 4:59.71 33.38	850m: 9:31.47 34.03	1250m: 14:11.46	35.51		
	100m: 1:05.14 33.17	500m: 5:33.40 33.69	900m: 10:05.47 34.00	1300m: 14:46.83	35.37		
	150m: 1:38.62 33.48	550m: 6:07.09 33.69	950m: 10:40.38 34.91	1350m: 15:21.86	35.03		
	200m: 2:12.37 33.75	600m: 6:40.74 33.65	1000m: 11:15.06 34.68	1400m: 15:56.56	34.70		
	250m: 2:46.06 33.69	650m: 7:14.89 34.15	1050m: 11:50.44 35.38	1450m: 16:30.84	34.28		
	300m: 3:19.43 33.37	700m: 7:49.18 34.29	1100m: 12:25.57 35.13	1500m: 17:04.05	33.21		
	350m: 3:52.85 33.42	750m: 8:23.47 34.29	1150m: 13:00.53 34.96				
	400m: 4:26.33 33.48	800m: 8:57.44 33.97	1200m: 13:35.95 35.42				
3.	Simao Pedro Dias	02	Natacao Guarda	17:32.81		522	
	50m: 32.71 32.71	450m: 5:11.30 35.14	850m: 9:51.48 35.16	1250m: 14:36.06	35.44		
	100m: 1:07.41 34.70	500m: 5:45.95 34.65	900m: 10:26.83 35.35	1300m: 15:11.53	35.47		
	150m: 1:41.87 34.46	550m: 6:21.07 35.12	950m: 11:02.19 35.36	1350m: 15:47.32	35.79		
	200m: 2:16.74 34.87	600m: 6:56.23 35.16	1000m: 11:37.63 35.44	1400m: 16:22.73	35.41		
	250m: 2:51.75 35.01	650m: 7:31.39 35.16	1050m: 12:13.08 35.45	1450m: 16:58.73	36.00		
	300m: 3:26.61 34.86	700m: 8:06.11 34.72	1100m: 12:48.89 35.81	1500m: 17:32.81	34.08		
	350m: 4:01.38 34.77	750m: 8:41.46 35.35	1150m: 13:25.11 36.22				
	400m: 4:36.16 34.78	800m: 9:16.32 34.86	1200m: 14:00.62 35.51				
4.	Marco Antonio Costa	02	Natacao Guarda	17:42.12		509	
	50m: 32.23 32.23	450m: 5:10.12 35.91	850m: 10:02.32 36.49	1250m: 14:50.29	36.96		
	100m: 1:05.36 33.13	500m: 5:46.45 36.33	900m: 10:37.03 34.71	1300m: 15:26.61	36.32		
	150m: 1:39.54 34.18	550m: 6:22.66 36.21	950m: 11:13.24 36.21	1350m: 16:00.92	34.31		
	200m: 2:14.19 34.65	600m: 6:59.25 36.59	1000m: 11:49.51 36.27	1400m: 16:35.91	34.99		
	250m: 2:48.90 34.71	650m: 7:36.20 36.95	1050m: 12:26.23 36.72	1450m: 17:09.95	34.04		
	300m: 3:23.79 34.89	700m: 8:12.67 36.47	1100m: 13:03.14 36.91	1500m: 17:42.12	32.17		
	350m: 3:58.86 35.07	750m: 8:49.32 36.65	1150m: 13:37.83 34.69				
	400m: 4:34.21 35.35	800m: 9:25.83 36.51	1200m: 14:13.33 35.50				
5.	Miguel Santos Casaca	02	Salvaterra de Magos	19:15.97		394	
	50m: 35.09 35.09	450m: 5:35.73 38.09	850m: 10:48.31 39.19	1250m: 16:05.20	39.66		
	100m: 1:11.56 36.47	500m: 6:14.13 38.40	900m: 11:27.67 39.36	1300m: 16:44.42	39.22		
	150m: 1:48.57 37.01	550m: 6:52.47 38.34	950m: 12:07.18 39.51	1350m: 17:24.08	39.66		
	200m: 2:26.46 37.89	600m: 7:31.41 38.94	1000m: 12:46.83 39.65	1400m: 18:03.42	39.34		
	250m: 3:03.93 37.47	650m: 8:10.82 39.41	1050m: 13:26.51 39.68	1450m: 18:41.35	37.93		
	300m: 3:41.87 37.94	700m: 8:50.13 39.31	1100m: 14:05.63 39.12	1500m: 19:15.97	34.62		
	350m: 4:19.35 37.48	750m: 9:29.71 39.58	1150m: 14:45.64 40.01				
	400m: 4:57.64 38.29	800m: 10:09.12 39.41	1200m: 15:25.54 39.90				
6.	Isaias Francisco Caldeira	02	CCDSerta	20:10.39		343	
	50m: 35.67 35.67	400m: 6:34.52 1:21.21	750m: 11:20.16 40.28	1200m: 16:07.57	40.56		
	100m: 1:13.81 38.14	450m: 7:15.15 40.63	900m: 12:00.95 40.79	1250m: 16:48.75	41.18		
	150m: 1:53.47 39.66	500m: 7:55.79 40.64	950m: 12:42.43 41.48	1300m: 17:30.19	41.44		
	200m: 2:33.60 40.13	550m: 8:36.97 41.18	1000m: 13:23.51 41.08	1350m: 18:11.48	41.29		
	250m: 3:12.13 38.53	600m: 9:18.02 41.05	1050m: 14:04.67 41.16	1400m: 18:52.40	40.92		
	300m: 3:52.24 40.11	650m: 9:59.05 41.03	1100m: 14:45.51 40.84	1450m: 19:31.94	39.54		
	350m: 5:13.31 1:21.07	700m: 10:39.88 40.83	1150m: 15:27.01 41.50	1500m: 20:10.39	38.45		
7.	Francisco Teixeira Dias	02	Assoc Albicastrense	22:04.61		262	
	50m: 38.26 38.26	450m: 6:27.71 46.02	850m: 12:28.50 44.56	1250m: 18:28.80	45.09		
	100m: 1:19.61 41.35	500m: 7:13.35 45.64	900m: 13:13.06 44.56	1300m: 19:15.85	47.05		
	150m: 2:01.84 42.23	550m: 7:57.78 44.43	950m: 13:58.44 45.38	1350m: 19:56.09	40.24		
	200m: 2:45.25 43.41	600m: 8:43.49 45.71	1000m: 14:43.26 44.82	1400m: 20:38.27	42.18		
	250m: 3:29.24 43.99	650m: 9:28.68 45.19	1050m: 15:28.77 45.51	1450m: 21:21.07	42.80		
	300m: 4:12.80 43.56	700m: 10:14.36 45.68	1100m: 16:12.43 43.66	1500m: 22:04.61	43.54		
	350m: 4:56.57 43.77	750m: 10:58.80 44.44	1150m: 16:57.45 45.02				
	400m: 5:41.69 45.12	800m: 11:43.94 45.14	1200m: 17:43.71 46.26				
DNS	Guilherme Moiteiro Campos	02	Assoc Albicastrense				
DNS	Alexis Simao Nunes	02	Assoc Albicastrense				

Prova 4, Masc., 1500m Livres

Juvenil B

1. Paulo Vakulyuk	03	Torres Novas	16:59.26	576
50m: 33.23 33.23	450m: 5:07.67 34.32	850m: 9:40.06 33.79	1250m: 14:11.58 34.15	
100m: 1:07.23 34.00	500m: 5:41.86 34.19	900m: 10:13.71 33.65	1300m: 14:45.68 34.10	
150m: 1:41.08 33.85	550m: 6:16.34 34.48	950m: 10:47.77 34.06	1350m: 15:19.67 33.99	
200m: 2:15.75 34.67	600m: 6:50.47 34.13	1000m: 11:21.86 34.09	1400m: 15:53.60 33.93	
250m: 2:50.09 34.34	650m: 7:24.69 34.22	1050m: 11:55.64 33.78	1450m: 16:26.94 33.34	
300m: 3:24.45 34.36	700m: 7:58.37 33.68	1100m: 12:29.38 33.74	1500m: 16:59.26 32.32	
350m: 3:58.83 34.38	750m: 8:32.35 33.98	1150m: 13:03.35 33.97		
400m: 4:33.35 34.52	800m: 9:06.27 33.92	1200m: 13:37.43 34.08		
2. Luis Afonso Lopes	03	Viver Santarem	17:09.77	558
50m: 32.44 32.44	450m: 5:07.58 34.42	850m: 9:43.43 34.97	1250m: 14:20.76 34.16	
100m: 1:06.68 34.24	500m: 5:41.86 34.28	900m: 10:18.43 35.00	1300m: 14:55.32 34.56	
150m: 1:40.69 34.01	550m: 6:16.57 34.71	950m: 10:53.58 35.15	1350m: 15:29.74 34.42	
200m: 2:15.43 34.74	600m: 6:51.23 34.66	1000m: 11:28.19 34.61	1400m: 16:03.84 34.10	
250m: 2:49.92 34.49	650m: 7:25.04 33.81	1050m: 12:02.53 34.34	1450m: 16:37.69 33.85	
300m: 3:24.49 34.57	700m: 7:59.71 34.67	1100m: 12:36.95 34.42	1500m: 17:09.77 32.08	
350m: 3:58.80 34.31	750m: 8:33.86 34.15	1150m: 13:11.45 34.50		
400m: 4:33.16 34.36	800m: 9:08.46 34.60	1200m: 13:46.60 35.15		
3. Joao Vasco Canadas	03	Rio Maior	17:26.14	532
50m: 32.80 32.80	450m: 5:06.85 34.73	850m: 9:46.22 35.35	1250m: 14:30.48 35.36	
100m: 1:06.31 33.51	500m: 5:41.37 34.52	900m: 10:21.66 35.44	1300m: 15:06.04 35.56	
150m: 1:40.25 33.94	550m: 6:15.99 34.62	950m: 10:57.03 35.37	1350m: 15:42.11 36.07	
200m: 2:14.25 34.00	600m: 6:50.91 34.92	1000m: 11:32.69 35.66	1400m: 16:17.62 35.51	
250m: 2:48.86 34.61	650m: 7:25.99 35.08	1050m: 12:08.35 35.66	1450m: 16:53.21 35.59	
300m: 3:23.31 34.45	700m: 8:00.63 34.64	1100m: 12:44.00 35.65	1500m: 17:26.14 32.93	
350m: 3:57.85 34.54	750m: 8:35.72 35.09	1150m: 13:19.55 35.55		
400m: 4:32.12 34.27	800m: 9:10.87 35.15	1200m: 13:55.12 35.57		
4. Guilherme Pereira Coutinho	03	Viver Santarem	17:29.92	527
50m: 32.95 32.95	450m: 5:11.46 35.10	850m: 9:54.31 35.00	1250m: 14:37.05 35.38	
100m: 1:07.27 34.32	500m: 5:46.65 35.19	900m: 10:29.13 34.82	1300m: 15:12.15 35.10	
150m: 1:41.88 34.61	550m: 6:21.87 35.22	950m: 11:04.92 35.79	1350m: 15:46.90 34.75	
200m: 2:16.65 34.77	600m: 6:57.23 35.36	1000m: 11:40.04 35.12	1400m: 16:21.87 34.97	
250m: 2:51.58 34.93	650m: 7:32.77 35.54	1050m: 12:15.42 35.38	1450m: 16:56.66 34.79	
300m: 3:26.67 35.09	700m: 8:08.62 35.85	1100m: 12:50.82 35.40	1500m: 17:29.92 33.26	
350m: 4:01.55 34.88	750m: 8:44.24 35.62	1150m: 13:26.34 35.52		
400m: 4:36.36 34.81	800m: 9:19.31 35.07	1200m: 14:01.67 35.33		
5. Tiago Miguel Jorge	03	Rio Maior	17:39.92	512
50m: 32.72 32.72	450m: 5:11.51 35.25	850m: 9:55.26 35.84	1300m: 15:19.32 35.94	
100m: 1:06.96 34.24	500m: 5:46.65 35.14	900m: 10:31.21 35.95	1350m: 15:54.88 35.56	
150m: 1:41.86 34.90	550m: 6:21.68 35.03	950m: 11:07.77 1:11.56	1400m: 16:30.70 35.82	
200m: 2:16.23 34.37	600m: 6:57.01 35.33	1050m: 12:18.85 36.08	1450m: 17:06.01 35.31	
250m: 2:51.38 35.15	650m: 7:32.50 35.49	1100m: 12:55.04 36.19	1500m: 17:39.92 33.91	
300m: 3:26.33 34.95	700m: 8:08.16 35.66	1150m: 13:30.80 35.76		
350m: 4:01.26 34.93	750m: 8:44.25 36.09	1200m: 14:06.81 36.01		
400m: 4:36.26 35.00	800m: 9:19.42 35.17	1250m: 14:43.38 36.57		
6. Goncalo Magalhaes Cristovao	03	Viver Santarem	17:43.19	507
50m: 32.68 32.68	450m: 5:12.34 35.63	850m: 9:58.98 35.58	1250m: 14:48.42 35.88	
100m: 1:06.91 34.23	500m: 5:48.30 35.96	900m: 10:35.21 36.23	1300m: 15:24.92 36.50	
150m: 1:41.64 34.73	550m: 6:24.19 35.89	950m: 11:11.47 36.26	1350m: 16:00.75 35.83	
200m: 2:16.64 35.00	600m: 7:00.07 35.88	1000m: 11:47.92 36.45	1400m: 16:36.44 35.69	
250m: 2:51.76 35.12	650m: 7:36.11 36.04	1050m: 12:24.14 36.22	1450m: 17:12.29 35.85	
300m: 3:26.46 34.70	700m: 8:11.80 35.69	1100m: 13:00.49 36.35	1500m: 17:43.19 30.90	
350m: 4:01.24 34.78	750m: 8:47.59 35.79	1150m: 13:36.30 35.81		
400m: 4:36.71 35.47	800m: 9:23.40 35.81	1200m: 14:12.54 36.24		
7. Rui Chagas Alves	03	Viver Santarem	17:49.48	498
50m: 31.94 31.94	450m: 5:16.27 35.28	850m: 10:01.59 35.77	1250m: 14:52.48 36.24	
100m: 1:07.06 35.12	500m: 5:51.76 35.49	900m: 10:38.01 36.42	1300m: 15:28.96 36.48	
150m: 1:42.69 35.63	550m: 6:26.92 35.16	950m: 11:14.24 36.23	1350m: 16:05.66 36.70	
200m: 2:18.11 35.42	600m: 7:02.50 35.58	1000m: 11:50.66 36.42	1400m: 16:40.96 35.30	
250m: 2:53.57 35.46	650m: 7:38.44 35.94	1050m: 12:27.08 36.42	1450m: 17:16.54 35.58	
300m: 3:28.99 35.42	700m: 8:13.97 35.53	1100m: 13:03.49 36.41	1500m: 17:49.48 32.94	
350m: 4:04.62 35.63	750m: 8:49.73 35.76	1150m: 13:39.91 36.42		
400m: 4:40.99 36.37	800m: 9:25.82 36.09	1200m: 14:16.24 36.33		

Prova 4, Masc., 1500m Livres, Juvenil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
8.	Diogo Bernardo Tome	03	Salvaterra de Magos	17:50.44		497	
	50m: 33.05 33.05	450m: 5:12.56 35.48	850m: 10:00.94 36.16	1250m: 14:51.27 36.39			
	100m: 1:07.02 33.97	500m: 5:48.34 35.78	900m: 10:37.19 36.25	1300m: 15:27.72 36.45			
	150m: 1:41.74 34.72	550m: 6:24.26 35.92	950m: 11:13.46 36.27	1350m: 16:04.16 36.44			
	200m: 2:16.48 34.74	600m: 7:00.15 35.89	1000m: 11:49.68 36.22	1400m: 16:40.21 36.05			
	250m: 2:51.48 35.00	650m: 7:36.16 36.01	1050m: 12:25.91 36.23	1450m: 17:15.82 35.61			
	300m: 3:26.48 35.00	700m: 8:12.26 36.10	1100m: 13:02.10 36.19	1500m: 17:50.44 34.62			
	350m: 4:01.89 35.41	750m: 8:48.49 36.23	1150m: 13:38.53 36.43				
	400m: 4:37.08 35.19	800m: 9:24.78 36.29	1200m: 14:14.88 36.35				
9.	Erik Norbert Vass	03	Rio Maior	18:07.73		473	
	50m: 33.16 33.16	450m: 5:18.45 36.39	850m: 10:10.28 36.65	1250m: 15:04.23 36.62			
	100m: 1:07.61 34.45	500m: 5:54.54 36.09	900m: 10:46.94 36.66	1300m: 15:41.48 37.25			
	150m: 1:42.81 35.20	550m: 6:30.93 36.39	950m: 11:23.64 36.70	1350m: 16:18.69 37.21			
	200m: 2:18.44 35.63	600m: 7:07.22 36.29	1000m: 12:00.44 36.80	1400m: 16:55.94 37.25			
	250m: 2:53.99 35.55	650m: 7:43.71 36.49	1050m: 12:37.14 36.70	1450m: 17:32.62 36.68			
	300m: 3:29.86 35.87	700m: 8:20.53 36.82	1100m: 13:13.81 36.67	1500m: 18:07.73 35.11			
	350m: 4:05.99 36.13	750m: 8:57.03 36.50	1150m: 13:50.71 36.90				
	400m: 4:42.06 36.07	800m: 9:33.63 36.60	1200m: 14:27.61 36.90				
10.	Pedro Maria Santana	03	Torres Novas	18:44.98		428	
	50m: 36.66 36.66	450m: 5:37.85 36.93	850m: 10:39.66 37.09	1250m: 15:41.27 37.86			
	100m: 1:13.78 37.12	500m: 6:16.10 38.25	900m: 11:17.10 37.44	1300m: 16:18.98 37.71			
	150m: 1:51.40 37.62	550m: 6:54.28 38.18	950m: 11:54.93 37.83	1350m: 16:56.97 37.99			
	200m: 2:29.42 38.02	600m: 7:32.24 37.96	1000m: 12:32.36 37.43	1400m: 17:34.45 37.48			
	250m: 3:07.19 37.77	650m: 8:10.38 38.14	1050m: 13:10.50 38.14	1450m: 18:11.67 37.22			
	300m: 3:44.48 37.29	700m: 8:48.14 37.76	1100m: 13:48.76 38.26	1500m: 18:44.98 33.31			
	350m: 4:22.30 37.82	750m: 9:25.37 37.23	1150m: 14:25.62 36.86				
	400m: 5:00.92 38.62	800m: 10:02.57 37.20	1200m: 15:03.41 37.79				
11.	Guilherme Marques Mendes	03	Torres Novas	18:53.25		419	
	50m: 36.72 36.72	450m: 5:36.99 38.58	850m: 10:42.71 37.57	1250m: 15:47.71 37.59			
	100m: 1:13.56 36.84	500m: 6:15.81 38.82	900m: 11:21.44 38.73	1300m: 16:25.60 37.89			
	150m: 1:50.89 37.33	550m: 6:53.74 37.93	950m: 12:00.04 38.60	1350m: 17:03.04 37.44			
	200m: 2:28.21 37.32	600m: 7:31.44 37.70	1000m: 12:37.86 37.82	1400m: 17:40.16 37.12			
	250m: 3:05.67 37.46	650m: 8:09.34 37.90	1050m: 13:16.18 38.32	1450m: 18:17.15 36.99			
	300m: 3:43.33 37.66	700m: 8:47.97 38.63	1100m: 13:53.99 37.81	1500m: 18:53.25 36.10			
	350m: 4:20.77 37.44	750m: 9:26.38 38.41	1150m: 14:31.98 37.99				
	400m: 4:58.41 37.64	800m: 10:05.14 38.76	1200m: 15:10.12 38.14				
12.	Diogo Miguel Matreno	03	Torres Novas	19:11.48		399	
	50m: 36.17 36.17	450m: 5:49.91 39.40	850m: 11:00.69 38.98	1250m: 16:04.80 38.00			
	100m: 1:14.51 38.34	500m: 6:28.43 38.52	900m: 11:39.18 38.49	1300m: 16:42.23 37.43			
	150m: 1:53.90 39.39	550m: 7:07.22 38.79	950m: 12:17.62 38.44	1350m: 17:19.89 37.66			
	200m: 2:33.93 40.03	600m: 7:46.54 39.32	1000m: 12:55.50 37.88	1400m: 17:57.83 37.94			
	250m: 3:13.64 39.71	650m: 8:25.17 38.63	1050m: 13:33.43 37.93	1450m: 18:34.44 36.61			
	300m: 3:53.45 39.81	700m: 9:03.67 38.50	1100m: 14:11.15 37.72	1500m: 19:11.48 37.04			
	350m: 4:31.89 38.44	750m: 9:42.62 38.95	1150m: 14:48.73 37.58				
	400m: 5:10.51 38.62	800m: 10:21.71 39.09	1200m: 15:26.80 38.07				
13.	Duarte Filipe Silva	03	BUZIOS-Coruche	19:12.43		398	
	50m: 34.94 34.94	450m: 5:36.30 38.42	850m: 10:46.31 38.38	1250m: 16:01.00 39.60			
	100m: 1:11.18 36.24	500m: 6:15.00 38.70	900m: 11:25.57 39.26	1300m: 16:40.15 39.15			
	150m: 1:48.45 37.27	550m: 6:53.43 38.43	950m: 12:05.12 39.55	1350m: 17:19.53 39.38			
	200m: 2:26.11 37.66	600m: 7:31.95 38.52	1000m: 12:43.40 38.28	1400m: 17:57.99 38.46			
	250m: 3:03.43 37.32	650m: 8:11.06 39.11	1050m: 13:22.77 39.37	1450m: 18:36.59 38.60			
	300m: 3:41.47 38.04	700m: 8:50.04 38.98	1100m: 14:02.03 39.26	1500m: 19:12.43 35.84			
	350m: 4:19.31 37.84	750m: 9:28.94 38.90	1150m: 14:41.64 39.61				
	400m: 4:57.88 38.57	800m: 10:07.93 38.99	1200m: 15:21.40 39.76				
14.	Rafael Raimundo Alves	03	Clube de Natacao do Fundao	19:23.30		387	
	50m: 33.88 33.88	450m: 5:37.56 38.51	850m: 10:55.13 40.29	1250m: 16:09.49 38.60			
	100m: 1:09.84 35.96	500m: 6:16.79 39.23	900m: 11:34.80 39.67	1300m: 16:49.00 39.51			
	150m: 1:46.72 36.88	550m: 6:55.51 38.72	950m: 12:14.72 39.92	1350m: 17:27.65 38.65			
	200m: 2:23.98 37.26	600m: 7:34.51 39.00	1000m: 12:53.33 38.61	1400m: 18:06.38 38.73			
	250m: 3:01.95 37.97	650m: 8:14.43 39.92	1050m: 13:32.68 39.35	1450m: 18:44.98 38.60			
	300m: 3:41.22 39.27	700m: 8:54.25 39.82	1100m: 14:11.49 38.81	1500m: 19:23.30 38.32			
	350m: 4:20.23 39.01	750m: 9:34.68 40.43	1150m: 14:51.11 39.62				
	400m: 4:59.05 38.82	800m: 10:14.84 40.16	1200m: 15:30.89 39.78				

Prova 4, Masc., 1500m Livres, Juvenil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
15.	Hugo Fernandes Nunes	03	Natacao Guarda	19:28.99		381	
	50m: 32.83 32.83	450m: 5:42.05 38.42	850m: 10:55.89 39.11	1250m: 16:10.25 39.26			
	100m: 1:10.16 37.33	500m: 6:21.41 39.36	900m: 11:34.66 38.77	1300m: 16:49.58 39.33			
	150m: 1:48.81 38.65	550m: 7:01.10 39.69	950m: 12:13.92 39.26	1350m: 17:29.92 40.34			
	200m: 2:27.50 38.69	600m: 7:40.43 39.33	1000m: 12:53.95 40.03	1400m: 18:09.81 39.89			
	250m: 3:06.37 38.87	650m: 8:18.96 38.53	1050m: 13:33.14 39.19	1450m: 18:49.71 39.90			
	300m: 3:45.18 38.81	700m: 8:58.45 39.49	1100m: 14:12.26 39.12	1500m: 19:28.99 39.28			
	350m: 4:24.00 38.82	750m: 9:37.05 38.60	1150m: 14:51.43 39.17				
	400m: 5:03.63 39.63	800m: 10:16.78 39.73	1200m: 15:30.99 39.56				
16.	Rodrigo Rosa Rodrigues	03	Rio Maior	19:48.96		362	
	50m: 35.35 35.35	450m: 5:44.39 39.78	850m: 11:05.94 40.43	1250m: 16:28.57 40.57			
	100m: 1:12.07 36.72	500m: 6:24.39 40.00	900m: 11:46.50 40.56	1300m: 17:09.16 40.59			
	150m: 1:49.47 37.40	550m: 7:04.11 39.72	950m: 12:26.90 40.40	1350m: 17:49.59 40.43			
	200m: 2:27.94 38.47	600m: 7:44.48 40.37	1000m: 13:07.51 40.61	1400m: 18:29.77 40.18			
	250m: 3:06.29 38.35	650m: 8:24.93 40.45	1050m: 13:47.53 40.02	1450m: 19:10.10 40.33			
	300m: 3:45.41 39.12	700m: 9:04.99 40.06	1100m: 14:27.58 40.05	1500m: 19:48.96 38.86			
	350m: 4:24.92 39.51	750m: 9:45.24 40.25	1150m: 15:07.72 40.14				
	400m: 5:04.61 39.69	800m: 10:25.51 40.27	1200m: 15:48.00 40.28				
17.	Martim Rosa Mendes	03	Assoc Albicastrense	20:38.89		320	
	50m: 39.99 39.99	450m: 6:21.18 43.60	850m: 11:59.03 41.74	1250m: 17:27.18 40.61			
	100m: 1:21.52 41.53	500m: 7:04.17 42.99	900m: 12:40.26 41.23	1300m: 18:06.54 39.36			
	150m: 2:04.27 42.75	550m: 7:46.93 42.76	950m: 13:21.21 40.95	1350m: 18:45.31 38.77			
	200m: 2:47.11 42.84	600m: 8:29.03 42.10	1000m: 14:02.97 41.76	1400m: 19:25.13 39.82			
	250m: 3:29.78 42.67	650m: 9:11.25 42.22	1050m: 14:44.26 41.29	1450m: 20:03.84 38.71			
	300m: 4:12.08 42.30	700m: 9:52.90 41.65	1100m: 15:25.04 40.78	1500m: 20:38.89 35.05			
	350m: 4:54.54 42.46	750m: 10:35.13 42.23	1150m: 16:05.77 40.73				
	400m: 5:37.58 43.04	800m: 11:17.29 42.16	1200m: 16:46.57 40.80				
18.	Fabio Gomes Almeida	03	Natacao Guarda	23:08.19		227	
	50m: 40.10 40.10	450m: 6:44.45 46.93	850m: 13:00.92 47.44	1250m: 19:17.51 46.64			
	100m: 1:23.05 42.95	500m: 7:31.75 47.30	900m: 13:48.42 47.50	1300m: 20:06.06 48.55			
	150m: 2:07.29 44.24	550m: 8:19.08 47.33	950m: 14:34.47 46.05	1350m: 20:51.59 45.53			
	200m: 2:51.90 44.61	600m: 9:06.65 47.57	1000m: 15:21.52 47.05	1400m: 21:37.52 45.93			
	250m: 3:38.19 46.29	650m: 9:53.06 46.41	1050m: 16:07.54 46.02	1450m: 22:24.43 46.91			
	300m: 4:24.33 46.14	700m: 10:39.93 46.87	1100m: 16:54.67 47.13	1500m: 23:08.19 43.76			
	350m: 5:11.15 46.82	750m: 11:26.36 46.43	1150m: 17:42.30 47.63				
	400m: 5:57.52 46.37	800m: 12:13.48 47.12	1200m: 18:30.87 48.57				
DNS	Ruben Filipe Carreira	03	Rio Maior				
DNS	Miguel Monsanto Cotrim	03	Viver Santarem				
DNS	Afonso Miguel Silva	03	Viver Santarem				

3 - 2ª Jornada - 3ª Sessão

06-05-2018 - 10:00

Prova 5

Masc., 400m Estilos

Infantil
Resultados

06-05-2018 - 10:00

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil A							
1.	Martim Henriques Carvalho	04	Rio Maior	5:16.30		412	
	50m: 32.47 32.47	150m: 1:48.26 38.71	250m: 3:14.55 48.94	350m: 4:39.99		36.39	
	100m: 1:09.55 37.08	200m: 2:25.61 37.35	300m: 4:03.60 49.05	400m: 5:16.30		36.31	
2.	Afonso Alves Chocas	04	Eléctrico	5:20.54		396	
	50m: 35.01 35.01	150m: 1:56.34 40.46	250m: 3:20.73 44.49	350m: 4:44.20		36.76	
	100m: 1:15.88 40.87	200m: 2:36.24 39.90	300m: 4:07.44 46.71	400m: 5:20.54		36.34	
3.	Pedro Nuno Oliveira	04	Torres Novas	5:21.85		391	
	50m: 33.80 33.80	150m: 1:57.28 42.75	250m: 3:27.26 47.14	350m: 4:47.20		36.81	
	100m: 1:14.53 40.73	200m: 2:40.12 42.84	300m: 4:10.39 43.13	400m: 5:21.85		34.65	
4.	Tiago Charrua Gago	04	Rio Maior	5:36.69		342	
	50m: 35.67 35.67	150m: 1:57.69 39.62	250m: 3:31.86 54.81	350m: 5:01.81		35.41	
	100m: 1:18.07 42.40	200m: 2:37.05 39.36	300m: 4:26.40 54.54	400m: 5:36.69		34.88	
5.	Miguel Alexandre Martins	04	BUZIOS-Coruche	5:45.13		317	
	50m: 37.79 37.79	150m: 2:08.16 45.01	250m: 3:40.92 49.64	350m: 5:09.57		37.58	
	100m: 1:23.15 45.36	200m: 2:51.28 43.12	300m: 4:31.99 51.07	400m: 5:45.13		35.56	
6.	Tiago Miguel Mourato	04	Torres Novas	5:46.98		312	
	50m: 36.68 36.68	150m: 2:04.95 43.54	250m: 3:37.56 48.59	350m: 5:07.34		41.27	
	100m: 1:21.41 44.73	200m: 2:48.97 44.02	300m: 4:26.07 48.51	400m: 5:46.98		39.64	
7.	Andre Jesus Gaspar	04	Gualdim Pais	5:49.12		306	
	50m: 37.99 37.99	150m: 2:08.87 45.20	250m: 3:42.13 48.69	350m: 5:10.91		40.28	
	100m: 1:23.67 45.68	200m: 2:53.44 44.57	300m: 4:30.63 48.50	400m: 5:49.12		38.21	
8.	Cristian Capatina	04	Elvense	5:56.26		288	
	50m: 37.44 37.44	150m: 2:07.89 46.34	250m: 3:40.53 47.88	350m: 5:15.48		44.84	
	100m: 1:21.55 44.11	200m: 2:52.65 44.76	300m: 4:30.64 50.11	400m: 5:56.26		40.78	
9.	Joao Marques Ferreira	04	Viver Santarem	5:58.18		284	
	50m: 36.61 36.61	150m: 2:07.91 46.10	250m: 3:46.33 53.59	350m: 5:21.16		40.72	
	100m: 1:21.81 45.20	200m: 2:52.74 44.83	300m: 4:40.44 54.11	400m: 5:58.18		37.02	
10.	Jose Miguel Monteiro	04	Gualdim Pais	6:04.45		269	
	50m: 39.54 39.54	150m: 2:14.42 46.08	250m: 3:52.05 52.14	350m: 5:26.01		40.45	
	100m: 1:28.34 48.80	200m: 2:59.91 45.49	300m: 4:45.56 53.51	400m: 6:04.45		38.44	
11.	Jose Pedro Tadeia	04	Clube de Natacao do Fundao	6:05.62		267	
	50m: 40.91 40.91	150m: 2:14.03 45.14	250m: 3:52.40 54.75	350m: 5:29.65		39.29	
	100m: 1:28.89 47.98	200m: 2:57.65 43.62	300m: 4:50.36 57.96	400m: 6:05.62		35.97	
12.	Simao Duarte Barata	04	Clube de Natacao do Fundao	6:07.01		264	
	50m: 36.64 36.64	150m: 2:08.05 45.02	250m: 3:46.62 54.13	350m: 5:25.49		43.05	
	100m: 1:23.03 46.39	200m: 2:52.49 44.44	300m: 4:42.44 55.82	400m: 6:07.01		41.52	
13.	Goncalo Maria Mendonca	04	Viver Santarem	6:19.36		239	
	50m: 41.20 41.20	150m: 2:17.33 48.65	250m: 4:02.11 55.75	350m: 5:38.91		42.51	
	100m: 1:28.68 47.48	200m: 3:06.36 49.03	300m: 4:56.40 54.29	400m: 6:19.36		40.45	
14.	Ivo Rafael Serra	04	CLAC-Entroncamento	6:27.45		224	
	50m: 40.96 40.96	150m: 2:22.80 51.15	250m: 4:08.03 54.76	350m: 5:46.04		43.54	
	100m: 1:31.65 50.69	200m: 3:13.27 50.47	300m: 5:02.50 54.47	400m: 6:27.45		41.41	
15.	Bernardo Guerra Inacio	04	Juventude Ouriense	6:31.38		217	
	50m: 43.90 43.90	150m: 2:30.65 50.06	250m: 4:13.97 55.78	350m: 5:52.29		43.15	
	100m: 1:40.59 56.69	200m: 3:18.19 47.54	300m: 5:09.14 55.17	400m: 6:31.38		39.09	
16.	Carlos Santos Farinha	04	Assoc Albicastrense	6:33.23		214	
	50m: 41.43 41.43	150m: 2:20.30 49.56	250m: 4:07.42 58.82	350m: 5:51.59		42.90	
	100m: 1:30.74 49.31	200m: 3:08.60 48.30	300m: 5:08.69 1:01.27	400m: 6:33.23		41.64	

Prova 5, Masc., 400m Estilos, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
17.	David Rodrigues Pinto	04	CCDSerta	6:38.79		205	
	50m: 44.47 44.47	150m: 2:27.53 48.82	250m: 4:15.30 59.67	350m: 5:58.19 42.73			
	100m: 1:38.71 54.24	200m: 3:15.63 48.10	300m: 5:15.46 1:00.16	400m: 6:38.79 40.60			
18.	Rui Osvaldo Rocha	04	Juventude Ouriense	6:40.27		203	
	50m: 43.04 43.04	150m: 2:29.18 54.31	250m: 4:18.70 57.27	350m: 5:58.27 44.00			
	100m: 1:34.87 51.83	200m: 3:21.43 52.25	300m: 5:14.27 55.57	400m: 6:40.27 42.00			
DNS	Goncalo Farinha Nunes	04	CCDSerta				

Infantil B

1.	Jose Pinto Cabral	05	Viver Santarem	5:33.17		353	
	50m: 34.61 34.61	150m: 1:56.20 40.55	250m: 3:26.27 49.93	350m: 4:56.67 39.80			
	100m: 1:15.65 41.04	200m: 2:36.34 40.14	300m: 4:16.87 50.60	400m: 5:33.17 36.50			
2.	Ricardo Filipe Gaboleiro	05	Rio Maior	5:33.60		351	
	50m: 33.65 33.65	150m: 1:59.86 43.81	250m: 3:30.70 47.61	350m: 4:58.73 38.73			
	100m: 1:16.05 42.40	200m: 2:43.09 43.23	300m: 4:20.00 49.30	400m: 5:33.60 34.87			
3.	Guilherme Filipe Gaboleiro	05	Rio Maior	5:38.46		336	
	50m: 35.20 35.20	150m: 1:59.06 42.93	250m: 3:32.03 50.24	350m: 5:01.09 38.25			
	100m: 1:16.13 40.93	200m: 2:41.79 42.73	300m: 4:22.84 50.81	400m: 5:38.46 37.37			
4.	Carlos Daniel Nunes	05	Salvaterra de Magos	5:45.33		317	
	50m: 36.90 36.90	150m: 2:05.01 44.06	250m: 3:36.92 46.82	350m: 5:06.59 42.07			
	100m: 1:20.95 44.05	200m: 2:50.10 45.09	300m: 4:24.52 47.60	400m: 5:45.33 38.74			
5.	Simao Dinis Rosa	05	Torres Novas	5:46.66		313	
	50m: 35.17 35.17	150m: 2:01.87 45.59	250m: 3:37.74 51.16	350m: 5:10.07 39.77			
	100m: 1:16.28 41.11	200m: 2:46.58 44.71	300m: 4:30.30 52.56	400m: 5:46.66 36.59			
6.	Joao Antonio Pires	05	Torres Novas	5:58.32		283	
	50m: 39.78 39.78	150m: 2:12.40 45.03	250m: 3:45.43 49.60	350m: 5:19.28 43.20			
	100m: 1:27.37 47.59	200m: 2:55.83 43.43	300m: 4:36.08 50.65	400m: 5:58.32 39.04			
7.	Artur Paulo Aleksyeyev	05	Viver Santarem	6:02.76		273	
	50m: 35.79 35.79	150m: 2:08.12 48.22	250m: 3:48.06 52.62	350m: 5:24.79 43.18			
	100m: 1:19.90 44.11	200m: 2:55.44 47.32	300m: 4:41.61 53.55	400m: 6:02.76 37.97			
8.	Miguel Marques Ferreira	05	Viver Santarem	6:13.99		249	
	50m: 39.03 39.03	150m: 2:17.26 46.18	250m: 3:58.57 56.66	350m: 5:35.28 40.09			
	100m: 1:31.08 52.05	200m: 3:01.91 44.65	300m: 4:55.19 56.62	400m: 6:13.99 38.71			
9.	Jaime Casmarrinha Matos	05	Gualdim Pais	6:17.01		243	
	50m: 42.15 42.15	150m: 2:25.80 49.73	250m: 4:07.75 53.26	350m: 5:39.48 39.74			
	100m: 1:36.07 53.92	200m: 3:14.49 48.69	300m: 4:59.74 51.99	400m: 6:17.01 37.53			
10.	Andre Prates Lopes	05	Eléctrico	6:17.04		243	
	50m: 41.16 41.16	150m: 2:18.29 45.61	250m: 3:57.43 54.63	350m: 5:37.79 43.21			
	100m: 1:32.68 51.52	200m: 3:02.80 44.51	300m: 4:54.58 57.15	400m: 6:17.04 39.25			
11.	Rafael Andre Oliveira	05	Juventude Ouriense	6:28.09		223	
	50m: 41.11 41.11	150m: 2:25.15 55.07	250m: 4:10.26 52.92	350m: 5:46.25 43.64			
	100m: 1:30.08 48.97	200m: 3:17.34 52.19	300m: 5:02.61 52.35	400m: 6:28.09 41.84			
12.	João Miguel Conrado	05	BUZIOS-Coruche	6:30.32		219	
	50m: 42.93 42.93	150m: 2:24.13 48.90	250m: 4:07.99 55.57	350m: 5:49.14 43.42			
	100m: 1:35.23 52.30	200m: 3:12.42 48.29	300m: 5:05.72 57.73	400m: 6:30.32 41.18			
13.	Miguel Goncalves Moreira	05	Natacao Guarda	6:31.07		218	
	50m: 38.94 38.94	150m: 2:19.19 50.99	250m: 4:03.03 54.70	350m: 5:45.19 45.72			
	100m: 1:28.20 49.26	200m: 3:08.33 49.14	300m: 4:59.47 56.44	400m: 6:31.07 45.88			
14.	Rodrigo Santos Machado	05	CLAC-Entroncamento	6:31.43		217	
	50m: 41.27 41.27	150m: 2:29.01 54.78	250m: 4:13.20 54.05	350m: 5:49.39 43.09			
	100m: 1:34.23 52.96	200m: 3:19.15 50.14	300m: 5:06.30 53.10	400m: 6:31.43 42.04			
15.	Miguel Bento Ferreira	05	Viver Santarem	7:09.83		164	
	50m: 46.70 46.70	150m: 2:39.38 51.97	250m: 4:34.90 1:00.16	350m: 6:23.74 47.36			
	100m: 1:47.41 1:00.71	200m: 3:34.74 55.36	300m: 5:36.38 1:01.48	400m: 7:09.83 46.09			

Prova 5, Masc., 400m Estilos, Infantil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
16.	Diogo Cupertino Marchante	05	CLAC-Entroncamento	8:06.52		113	
	50m: 54.41 54.41	150m: 3:02.73 57.86	250m: 5:05.53 1:04.28	350m: 7:10.56 58.18			
	100m: 2:04.87 1:10.46	200m: 4:01.25 58.52	300m: 6:12.38 1:06.85	400m: 8:06.52 55.96			
DSQ	Diogo Antunes Goncalves	05	Natacao Guarda				
	<i>SW 6.4 - O (a) atleta não efectua a viragem dos 150 metros após terminar o movimento contínuo de braços</i>						
DSQ	Diogo Filipe Lourenco	05	CCDSerta				
	<i>SW 4.4 - Falsa partida</i>						
DSQ	Jose Miguel Amoreira	05	Clube de Natacao do Fundao				
	<i>SW 7.6 - O (a) atleta tocou com uma mão na parede na viragem aos 250 metros</i>						

Prova 6

Masc., 400m Estilos

Juvenil

06-05-2018 - 10:45

Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Juvenil A							
1.	Marco Antonio Costa	02	Natacao Guarda	4:46.50		555	
	50m: 28.88 28.88	150m: 1:41.64 39.13	250m: 3:00.79 41.27	350m: 4:14.33 31.20			
	100m: 1:02.51 33.63	200m: 2:19.52 37.88	300m: 3:43.13 42.34	400m: 4:46.50 32.17			
2.	Francisco Costa Nunes	02	Salvaterra de Magos	4:50.32		533	
	50m: 29.16 29.16	150m: 1:43.24 39.98	250m: 3:02.29 39.74	350m: 4:17.50 34.77			
	100m: 1:03.26 34.10	200m: 2:22.55 39.31	300m: 3:42.73 40.44	400m: 4:50.32 32.82			
3.	Simao Pedro Dias	02	Natacao Guarda	5:02.26		472	
	50m: 30.41 30.41	150m: 1:46.72 40.27	250m: 3:09.18 43.00	350m: 4:29.77 34.92			
	100m: 1:06.45 36.04	200m: 2:26.18 39.46	300m: 3:54.85 45.67	400m: 5:02.26 32.49			
4.	Miguel Santos Casaca	02	Salvaterra de Magos	5:18.85		402	
	50m: 30.41 30.41	150m: 1:49.18 42.75	250m: 3:17.04 45.60	350m: 4:42.23 36.95			
	100m: 1:06.43 36.02	200m: 2:31.44 42.26	300m: 4:05.28 48.24	400m: 5:18.85 36.62			
5.	Isaias Francisco Caldeira	02	CCDSerta	5:39.62		333	
	50m: 33.34 33.34	150m: 2:03.08 45.28	250m: 3:33.80 46.80	350m: 5:00.95 38.52			
	100m: 1:17.80 44.46	200m: 2:47.00 43.92	300m: 4:22.43 48.63	400m: 5:39.62 38.67			
6.	Francisco Teixeira Dias	02	Assoc Albicastrense	6:06.24		265	
	50m: 41.28 41.28	150m: 2:15.19 42.40	250m: 3:49.06 52.67	350m: 5:24.78 41.18			
	100m: 1:32.79 51.51	200m: 2:56.39 41.20	300m: 4:43.60 54.54	400m: 6:06.24 41.46			
DSQ	Bernardo Jorge Simoes	02	Torres Novas				
	<i>SW 7.5 - O (a) atleta efectuou movimento vertical de pernas durante o percurso</i>						
DNS	Guilherme Moiteiro Campos	02	Assoc Albicastrense				
DNS	Alexis Simao Nunes	02	Assoc Albicastrense				

Juvenil B

1.	Paulo Vakulyuk	03	Torres Novas	4:44.55		566	
	50m: 29.44 29.44	150m: 1:38.61 34.79	250m: 2:55.86 42.66	350m: 4:13.34 33.45			
	100m: 1:03.82 34.38	200m: 2:13.20 34.59	300m: 3:39.89 44.03	400m: 4:44.55 31.21			
2.	Luis Afonso Lopes	03	Viver Santarem	4:57.09		498	
	50m: 31.39 31.39	150m: 1:47.91 39.70	250m: 3:07.36 40.99	350m: 4:24.14 34.00			
	100m: 1:08.21 36.82	200m: 2:26.37 38.46	300m: 3:50.14 42.78	400m: 4:57.09 32.95			
3.	Tiago Miguel Jorge	03	Rio Maior	5:02.03		474	
	50m: 30.60 30.60	150m: 1:46.06 39.89	250m: 3:08.13 44.19	350m: 4:29.00 35.38			
	100m: 1:06.17 35.57	200m: 2:23.94 37.88	300m: 3:53.62 45.49	400m: 5:02.03 33.03			
4.	Joao Vasco Canadas	03	Rio Maior	5:10.63		435	
	50m: 32.41 32.41	150m: 1:50.90 41.76	250m: 3:16.28 45.04	350m: 4:37.21 34.55			
	100m: 1:09.14 36.73	200m: 2:31.24 40.34	300m: 4:02.66 46.38	400m: 5:10.63 33.42			

Prova 6, Masc., 400m Estilos, Juvenil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
5.	Rui Chagas Alves	03	Viver Santarem	5:11.23		433	
	50m: 32.37 32.37	150m: 1:51.24 42.12	250m: 3:17.56 45.31	350m: 4:38.15 35.20			
	100m: 1:09.12 36.75	200m: 2:32.25 41.01	300m: 4:02.95 45.39	400m: 5:11.23 33.08			
6.	Diogo Bernardo Tome	03	Salvaterra de Magos	5:13.43		424	
	50m: 32.58 32.58	150m: 1:50.74 38.63	250m: 3:15.66 46.78	350m: 4:38.99 35.86			
	100m: 1:12.11 39.53	200m: 2:28.88 38.14	300m: 4:03.13 47.47	400m: 5:13.43 34.44			
7.	Erik Norbert Vass	03	Rio Maior	5:13.66		423	
	50m: 32.58 32.58	150m: 1:50.13 40.07	250m: 3:16.73 47.27	350m: 4:39.72 36.38			
	100m: 1:10.06 37.48	200m: 2:29.46 39.33	300m: 4:03.34 46.61	400m: 5:13.66 33.94			
8.	Pedro Maria Santana	03	Torres Novas	5:13.74		422	
	50m: 32.63 32.63	150m: 1:53.14 41.26	250m: 3:15.61 42.10	350m: 4:38.66 38.57			
	100m: 1:11.88 39.25	200m: 2:33.51 40.37	300m: 4:00.09 44.48	400m: 5:13.74 35.08			
9.	Goncalo Magalhaes Cristovac	03	Viver Santarem	5:20.46		396	
	50m: 32.18 32.18	150m: 1:53.12 42.45	250m: 3:20.02 46.30	350m: 4:45.21 37.22			
	100m: 1:10.67 38.49	200m: 2:33.72 40.60	300m: 4:07.99 47.97	400m: 5:20.46 35.25			
10.	Guilherme Pereira Coutinho	03	Viver Santarem	5:21.21		394	
	50m: 33.44 33.44	150m: 1:53.70 40.40	250m: 3:22.55 49.27	350m: 4:48.04 34.75			
	100m: 1:13.30 39.86	200m: 2:33.28 39.58	300m: 4:13.29 50.74	400m: 5:21.21 33.17			
11.	Guilherme Marques Mendes	03	Torres Novas	5:23.72		385	
	50m: 32.97 32.97	150m: 1:53.20 41.02	250m: 3:24.77 49.29	350m: 4:50.00 36.49			
	100m: 1:12.18 39.21	200m: 2:35.48 42.28	300m: 4:13.51 48.74	400m: 5:23.72 33.72			
12.	Duarte Filipe Silva	03	BUZIOS-Coruche	5:29.19		366	
	50m: 34.62 34.62	150m: 1:55.07 39.08	250m: 3:25.64 51.92	350m: 4:53.90 36.26			
	100m: 1:15.99 41.37	200m: 2:33.72 38.65	300m: 4:17.64 52.00	400m: 5:29.19 35.29			
13.	Rafael Raimundo Alves	03	Clube de Natacao do Fundao	5:32.78		354	
	50m: 33.07 33.07	150m: 1:55.11 41.38	250m: 3:25.47 48.79	350m: 4:55.22 39.73			
	100m: 1:13.73 40.66	200m: 2:36.68 41.57	300m: 4:15.49 50.02	400m: 5:32.78 37.56			
14.	Hugo Fernandes Nunes	03	Natacao Guarda	5:39.78		332	
	50m: 33.20 33.20	150m: 2:00.91 46.58	250m: 3:33.44 48.22	350m: 5:02.47 39.41			
	100m: 1:14.33 41.13	200m: 2:45.22 44.31	300m: 4:23.06 49.62	400m: 5:39.78 37.31			
15.	Diogo Miguel Matreno	03	Torres Novas	5:40.33		331	
	50m: 38.78 38.78	150m: 2:06.35 41.38	250m: 3:37.76 51.15	350m: 5:05.51 37.06			
	100m: 1:24.97 46.19	200m: 2:46.61 40.26	300m: 4:28.45 50.69	400m: 5:40.33 34.82			
16.	Afonso Miguel Silva	03	Viver Santarem	5:45.65		316	
	50m: 34.77 34.77	150m: 2:02.37 44.44	250m: 3:35.38 50.64	350m: 5:07.34 39.97			
	100m: 1:17.93 43.16	200m: 2:44.74 42.37	300m: 4:27.37 51.99	400m: 5:45.65 38.31			
17.	Miguel Monsanto Cotrim	03	Viver Santarem	5:54.37		293	
	50m: 36.91 36.91	150m: 2:08.51 45.29	250m: 3:41.37 48.91	350m: 5:14.16 41.96			
	100m: 1:23.22 46.31	200m: 2:52.46 43.95	300m: 4:32.20 50.83	400m: 5:54.37 40.21			
DSQ	Martim Rosa Mendes	03	Assoc Albicastrense				
	<i>SW 6.2 - O (a) atleta perdeu a posição dorsal durante o percurso</i>						
DSQ	Fabio Gomes Almeida	03	Natacao Guarda				
	<i>SW 6.2 - O (a) atleta perdeu a posição dorsal durante o percurso</i>						
DNS	Ruben Filipe Carreira	03	Rio Maior				
DNS	Rodrigo Rosa Rodrigues	03	Rio Maior				

4 - 2ª Jornada - 4ª Sessão

06-05-2018 - 15:00

Prova 7 Femin., 800m Livres Infantil Resultados
06-05-2018 - 15:00

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil A							
1.	Maria Madalena Bento	05	BUZIOS-Coruche	9:51.44		532	
	50m: 34.58 34.58	250m: 3:02.47 36.74	450m: 5:32.31 37.32	650m: 8:02.04 37.46			
	100m: 1:11.48 36.90	300m: 3:39.83 37.36	500m: 6:09.73 37.42	700m: 8:39.23 37.19			
	150m: 1:48.66 37.18	350m: 4:17.30 37.47	550m: 6:46.98 37.25	750m: 9:16.46 37.23			
	200m: 2:25.73 37.07	400m: 4:54.99 37.69	600m: 7:24.58 37.60	800m: 9:51.44 34.98			
2.	Laura Joao Pires	05	Clube de Natacao do Fundao	9:51.86		531	
	50m: 36.17 36.17	250m: 3:03.53 37.06	450m: 5:31.88 37.06	650m: 8:01.89 37.67			
	100m: 1:12.92 36.75	300m: 3:40.27 36.74	500m: 6:09.22 37.34	700m: 8:39.68 37.79			
	150m: 1:49.67 36.75	350m: 4:17.59 37.32	550m: 6:46.65 37.43	750m: 9:17.29 37.61			
	200m: 2:26.47 36.80	400m: 4:54.82 37.23	600m: 7:24.22 37.57	800m: 9:51.86 34.57			
3.	Catarina Isabel Carlota	05	BUZIOS-Coruche	10:08.41		489	
	50m: 35.55 35.55	250m: 3:07.63 38.62	450m: 5:42.32 38.94	650m: 8:17.06 38.22			
	100m: 1:12.86 37.31	300m: 3:46.32 38.69	500m: 6:21.23 38.91	700m: 8:55.70 38.64			
	150m: 1:50.84 37.98	350m: 4:24.80 38.48	550m: 6:59.94 38.71	750m: 9:33.15 37.45			
	200m: 2:29.01 38.17	400m: 5:03.38 38.58	600m: 7:38.84 38.90	800m: 10:08.41 35.26			
4.	Ariana Espirito Louro	05	Gualdim Pais	10:33.72		432	
	50m: 37.10 37.10	250m: 3:13.51 39.74	450m: 5:54.11 40.62	650m: 8:35.86 40.17			
	100m: 1:15.10 38.00	300m: 3:52.97 39.46	500m: 6:34.75 40.64	700m: 9:16.86 41.00			
	150m: 1:54.35 39.25	350m: 4:33.78 40.81	550m: 7:15.18 40.43	750m: 9:56.64 39.78			
	200m: 2:33.77 39.42	400m: 5:13.49 39.71	600m: 7:55.69 40.51	800m: 10:33.72 37.08			
5.	Beatriz Gaspar Nobre	05	Gualdim Pais	10:38.73		422	
	50m: 36.65 36.65	250m: 3:15.17 40.22	450m: 5:58.27 40.94	650m: 8:40.93 41.14			
	100m: 1:15.82 39.17	300m: 3:55.92 40.75	500m: 6:38.14 39.87	700m: 9:21.43 40.50			
	150m: 1:55.15 39.33	350m: 4:36.47 40.55	550m: 7:19.02 40.88	750m: 10:01.41 39.98			
	200m: 2:34.95 39.80	400m: 5:17.33 40.86	600m: 7:59.79 40.77	800m: 10:38.73 37.32			
6.	Maria Pinto Caninhas	05	Clube de Natacao do Fundao	10:47.37		405	
	50m: 38.99 38.99	250m: 3:20.45 40.85	450m: 6:04.14 40.67	650m: 8:47.45 40.94			
	100m: 1:18.77 39.78	300m: 4:00.99 40.54	500m: 6:44.69 40.55	700m: 9:28.17 40.72			
	150m: 1:59.06 40.29	350m: 4:42.15 41.16	550m: 7:25.80 41.11	750m: 10:08.30 40.13			
	200m: 2:39.60 40.54	400m: 5:23.47 41.32	600m: 8:06.51 40.71	800m: 10:47.37 39.07			
7.	Margarida Claudino Nicolau	05	Torres Novas	10:59.48		383	
	50m: 36.50 36.50	250m: 3:18.57 41.26	450m: 6:06.30 41.60	650m: 8:56.26 42.92			
	100m: 1:15.80 39.30	300m: 4:00.38 41.81	500m: 6:48.63 42.33	700m: 9:38.67 42.41			
	150m: 1:56.46 40.66	350m: 4:42.61 42.23	550m: 7:30.77 42.14	750m: 10:19.33 40.66			
	200m: 2:37.31 40.85	400m: 5:24.70 42.09	600m: 8:13.34 42.57	800m: 10:59.48 40.15			
8.	Ines Martins Caetano	05	CCDSerta	11:00.76		381	
	50m: 37.05 37.05	250m: 3:18.16 41.55	450m: 6:05.63 42.44	650m: 8:55.67 42.99			
	100m: 1:15.60 38.55	300m: 3:59.91 41.75	500m: 6:47.67 42.04	700m: 9:37.65 41.98			
	150m: 1:55.44 39.84	350m: 4:41.88 41.97	550m: 7:30.05 42.38	750m: 10:17.44 39.79			
	200m: 2:36.61 41.17	400m: 5:23.19 41.31	600m: 8:12.68 42.63	800m: 11:00.76 43.32			
9.	Daniela Lourenco Neves	05	CCDSerta	11:04.21		375	
	50m: 38.23 38.23	250m: 3:23.08 41.97	450m: 6:12.65 42.46	650m: 9:01.73 42.45			
	100m: 1:18.52 40.29	300m: 4:05.18 42.10	500m: 6:54.83 42.18	700m: 9:44.03 42.30			
	150m: 1:59.91 41.39	350m: 4:47.88 42.70	550m: 7:36.74 41.91	750m: 10:26.58 42.55			
	200m: 2:41.11 41.20	400m: 5:30.19 42.31	600m: 8:19.28 42.54	800m: 11:04.21 37.63			
10.	Ines Filipa Cotovio	05	Salvaterra de Magos	11:09.09		367	
	50m: 38.08 38.08	250m: 3:20.27 42.42	450m: 6:12.02 42.88	650m: 9:03.80 42.68			
	100m: 1:16.30 38.22	300m: 4:02.62 42.35	500m: 6:55.02 43.00	700m: 9:46.46 42.66			
	150m: 1:56.35 40.05	350m: 4:46.30 43.68	550m: 7:38.43 43.41	750m: 10:28.63 42.17			
	200m: 2:37.85 41.50	400m: 5:29.14 42.84	600m: 8:21.12 42.69	800m: 11:09.09 40.46			

Prova 7, Femin., 800m Livres, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
11.	Beatriz Raimundo Alves	05	Clube de Natacao do Fundao	11:28.67		337	
	50m: 38.27 38.27	250m: 3:28.77 43.71	450m: 6:23.39 44.17	650m: 9:19.39 43.59			
	100m: 1:19.15 40.88	300m: 4:12.16 43.39	500m: 7:07.82 44.43	700m: 10:03.14 43.75			
	150m: 2:01.58 42.43	350m: 4:55.87 43.71	550m: 7:51.65 43.83	750m: 10:46.69 43.55			
	200m: 2:45.06 43.48	400m: 5:39.22 43.35	600m: 8:35.80 44.15	800m: 11:28.67 41.98			
12.	Carolina Manuela Guia	05	Viver Santarem	11:41.63		318	
	50m: 40.33 40.33	250m: 3:33.75 44.14	450m: 6:31.48 44.55	650m: 9:28.95 44.85			
	100m: 1:22.93 42.60	300m: 4:18.13 44.38	500m: 7:15.26 43.78	700m: 10:13.45 44.50			
	150m: 2:05.45 42.52	350m: 5:02.10 43.97	550m: 7:59.01 43.75	750m: 10:58.81 45.36			
	200m: 2:49.61 44.16	400m: 5:46.93 44.83	600m: 8:44.10 45.09	800m: 11:41.63 42.82			
13.	Beatriz Catarina Martins	05	CCDSerta	12:06.29		287	
	50m: 42.31 42.31	250m: 3:45.52 46.77	450m: 6:53.26 46.86	650m: 9:56.36 46.52			
	100m: 1:26.54 44.23	300m: 4:33.08 47.56	500m: 7:38.52 45.26	700m: 10:41.83 45.47			
	150m: 2:13.03 46.49	350m: 5:20.09 47.01	550m: 8:24.06 45.54	750m: 11:27.39 45.56			
	200m: 2:58.75 45.72	400m: 6:06.40 46.31	600m: 9:09.84 45.78	800m: 12:06.29 38.90			
14.	Mariana Passareiro Patracolc05	05	Elvense	12:16.21		276	
	50m: 37.17 37.17	250m: 3:42.22 47.09	450m: 6:50.87 47.06	650m: 10:00.65 47.82			
	100m: 1:21.49 44.32	300m: 4:29.04 46.82	500m: 7:37.85 46.98	700m: 10:47.96 47.31			
	150m: 2:07.81 46.32	350m: 5:16.58 47.54	550m: 8:26.06 48.21	750m: 11:34.16 46.20			
	200m: 2:55.13 47.32	400m: 6:03.81 47.23	600m: 9:12.83 46.77	800m: 12:16.21 42.05			
15.	Ana Agra Meruje	05	Elvense	12:34.37		256	
	50m: 41.39 41.39	250m: 3:49.77 48.22	450m: 6:59.95 47.17	650m: 10:15.67 49.44			
	100m: 1:26.83 45.44	300m: 4:38.24 48.47	500m: 7:48.96 49.01	700m: 11:03.56 47.89			
	150m: 2:13.92 47.09	350m: 5:25.71 47.47	550m: 8:37.38 48.42	750m: 11:50.20 46.64			
	200m: 3:01.55 47.63	400m: 6:12.78 47.07	600m: 9:26.23 48.85	800m: 12:34.37 44.17			
16.	Beatriz Canhoto Caldeirinha	05	Elvense	13:43.05		197	
	50m: 43.99 43.99	250m: 4:07.53 51.41	450m: 7:37.77 53.45	650m: 11:07.37 52.16			
	100m: 1:33.66 49.67	300m: 4:59.43 51.90	500m: 8:29.43 51.66	700m: 12:00.52 53.15			
	150m: 2:24.57 50.91	350m: 5:50.45 51.02	550m: 9:22.63 53.20	750m: 12:52.35 51.83			
	200m: 3:16.12 51.55	400m: 6:44.32 53.87	600m: 10:15.21 52.58	800m: 13:43.05 50.70			
17.	Joana Silva Antunes	05	CLAC-Entroncamento	13:57.46		187	
	50m: 45.62 45.62	250m: 4:08.69 51.50	450m: 7:41.14 53.21	650m: 11:16.95 54.66			
	100m: 1:34.95 49.33	300m: 5:01.76 53.07	500m: 8:33.97 52.83	700m: 12:11.46 54.51			
	150m: 2:25.83 50.88	350m: 5:54.49 52.73	550m: 9:28.11 54.14	750m: 13:05.52 54.06			
	200m: 3:17.19 51.36	400m: 6:47.93 53.44	600m: 10:22.29 54.18	800m: 13:57.46 51.94			
DNS	Soraia Ferreira Mendes	05	Torres Novas				

Infantil B

1.	Helena Neto Florindo	06	Eléctrico	10:16.30		470	
	50m: 34.88 34.88	250m: 3:09.20 39.18	450m: 5:47.20 39.86	650m: 8:22.59 38.61			
	100m: 1:12.64 37.76	300m: 3:48.39 39.19	500m: 6:25.52 38.32	700m: 9:01.82 39.23			
	150m: 1:51.09 38.45	350m: 4:27.81 39.42	550m: 7:04.83 39.31	750m: 9:39.97 38.15			
	200m: 2:30.02 38.93	400m: 5:07.34 39.53	600m: 7:43.98 39.15	800m: 10:16.30 36.33			
2.	Constanca Grincho Sousa	06	Viver Santarem	11:22.67		346	
	50m: 37.50 37.50	250m: 3:25.70 43.65	450m: 6:21.49 43.34	650m: 9:16.15 43.57			
	100m: 1:17.64 40.14	300m: 4:09.27 43.57	500m: 7:04.91 43.42	700m: 9:59.38 43.23			
	150m: 2:00.06 42.42	350m: 4:53.53 44.26	550m: 7:49.36 44.45	750m: 10:43.00 43.62			
	200m: 2:42.05 41.99	400m: 5:38.15 44.62	600m: 8:32.58 43.22	800m: 11:22.67 39.67			
3.	Rita Bernardo Tome	06	Salvaterra de Magos	11:23.27		345	
	50m: 37.29 37.29	250m: 3:26.65 43.44	450m: 6:22.44 43.53	650m: 9:18.40 44.03			
	100m: 1:17.55 40.26	300m: 4:10.59 43.94	500m: 7:06.23 43.79	700m: 10:01.22 42.82			
	150m: 1:59.56 42.01	350m: 4:54.86 44.27	550m: 7:50.53 44.30	750m: 10:44.12 42.90			
	200m: 2:43.21 43.65	400m: 5:38.91 44.05	600m: 8:34.37 43.84	800m: 11:23.27 39.15			
4.	Marta Filipa Bucha	06	Viver Santarem	11:33.46		330	
	50m: 39.63 39.63	250m: 3:34.12 43.00	450m: 6:28.82 42.56	650m: 9:24.66 43.95			
	100m: 1:22.91 43.28	300m: 4:18.15 44.03	500m: 7:13.37 44.55	700m: 10:08.56 43.90			
	150m: 2:07.03 44.12	350m: 5:02.27 44.12	550m: 7:56.60 43.23	750m: 10:52.05 43.49			
	200m: 2:51.12 44.09	400m: 5:46.26 43.99	600m: 8:40.71 44.11	800m: 11:33.46 41.41			

Prova 7, Femin., 800m Livres, Infantil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
5.	Laura Leocadio Duarte	06	Gualdim Pais	11:35.85		326	
	50m: 39.70 39.70	250m: 3:35.30 44.23	450m: 6:31.72 44.21	650m: 9:27.46 44.40			
	100m: 1:22.53 42.83	300m: 4:19.11 43.81	500m: 7:15.76 44.04	700m: 10:11.63 44.17			
	150m: 2:06.59 44.06	350m: 5:03.04 43.93	550m: 7:59.38 43.62	750m: 10:54.92 43.29			
	200m: 2:51.07 44.48	400m: 5:47.51 44.47	600m: 8:43.06 43.68	800m: 11:35.85 40.93			
6.	Rita Timoteo Madeira	06	Viver Santarem	11:44.19		315	
	50m: 40.55 40.55	250m: 3:36.71 44.32	450m: 6:33.13 43.72	650m: 9:32.32 44.85			
	100m: 1:24.07 43.52	300m: 4:21.00 44.29	500m: 7:17.74 44.61	700m: 10:16.96 44.64			
	150m: 2:07.75 43.68	350m: 5:05.00 44.00	550m: 8:02.80 45.06	750m: 11:02.01 45.05			
	200m: 2:52.39 44.64	400m: 5:49.41 44.41	600m: 8:47.47 44.67	800m: 11:44.19 42.18			
7.	Barbara Maia Freitas	06	CLAC-Entroncamento	11:49.98		307	
	50m: 38.68 38.68	250m: 3:34.96 44.92	450m: 6:35.21 45.57	650m: 9:37.31 45.93			
	100m: 1:20.44 41.76	300m: 4:19.61 44.65	500m: 7:20.30 45.09	700m: 10:22.43 45.12			
	150m: 2:04.92 44.48	350m: 5:04.14 44.53	550m: 8:06.21 45.91	750m: 11:07.60 45.17			
	200m: 2:50.04 45.12	400m: 5:49.64 45.50	600m: 8:51.38 45.17	800m: 11:49.98 42.38			
8.	Ines Goncalves Fernandes	06	Nautico Abrantes	11:56.95		298	
	50m: 40.41 40.41	250m: 3:40.92 45.10	450m: 6:44.78 44.86	650m: 9:44.37 44.48			
	100m: 1:24.26 43.85	300m: 4:26.99 46.07	500m: 7:29.98 45.20	700m: 10:29.34 44.97			
	150m: 2:10.02 45.76	350m: 5:13.32 46.33	550m: 8:14.48 44.50	750m: 11:14.48 45.14			
	200m: 2:55.82 45.80	400m: 5:59.92 46.60	600m: 8:59.89 45.41	800m: 11:56.95 42.47			
9.	Luisa Burquette Cunha	06	Nautico Abrantes	11:59.02		296	
	50m: 41.08 41.08	250m: 3:38.74 44.92	450m: 6:41.38 45.47	650m: 9:45.06 45.82			
	100m: 1:24.49 43.41	300m: 4:24.08 45.34	500m: 7:27.28 45.90	700m: 10:30.66 45.60			
	150m: 2:08.49 44.00	350m: 5:09.94 45.86	550m: 8:13.19 45.91	750m: 11:16.07 45.41			
	200m: 2:53.82 45.33	400m: 5:55.91 45.97	600m: 8:59.24 46.05	800m: 11:59.02 42.95			
10.	Salome Silva Dias	06	CCDSerta	12:02.24		292	
	50m: 41.75 41.75	250m: 3:42.30 44.74	450m: 6:46.81 46.35	650m: 9:53.07 47.08			
	100m: 1:25.98 44.23	300m: 4:27.99 45.69	500m: 7:33.57 46.76	700m: 10:38.61 45.54			
	150m: 2:11.37 45.39	350m: 5:14.49 46.50	550m: 8:20.27 46.70	750m: 11:23.24 44.63			
	200m: 2:57.56 46.19	400m: 6:00.46 45.97	600m: 9:05.99 45.72	800m: 12:02.24 39.00			
11.	Maria Neves Silva	06	Gualdim Pais	12:10.85		282	
	50m: 40.69 40.69	250m: 3:44.50 46.69	450m: 6:51.51 47.12	650m: 9:57.02 46.58			
	100m: 1:25.12 44.43	300m: 4:30.93 46.43	500m: 7:38.27 46.76	700m: 10:43.64 46.62			
	150m: 2:11.65 46.53	350m: 5:17.54 46.61	550m: 8:24.42 46.15	750m: 11:28.95 45.31			
	200m: 2:57.81 46.16	400m: 6:04.39 46.85	600m: 9:10.44 46.02	800m: 12:10.85 41.90			
12.	Margarida Faisca MAtos	06	Clube de Natacao do Fundao	12:16.27		275	
	50m: 39.93 39.93	250m: 3:44.72 47.76	450m: 6:53.74 47.30	650m: 10:04.24 47.19			
	100m: 1:25.19 45.26	300m: 4:31.88 47.16	500m: 7:41.52 47.78	700m: 10:48.56 44.32			
	150m: 2:11.31 46.12	350m: 5:19.45 47.57	550m: 8:29.32 47.80	750m: 11:34.81 46.25			
	200m: 2:56.96 45.65	400m: 6:06.44 46.99	600m: 9:17.05 47.73	800m: 12:16.27 41.46			
13.	Eleonor Dias Alves	06	Nautico Abrantes	12:19.49		272	
	50m: 42.63 42.63	250m: 3:49.53 47.01	450m: 6:59.67 47.05	650m: 10:06.88 45.99			
	100m: 1:29.04 46.41	300m: 4:36.85 47.32	500m: 7:47.13 47.46	700m: 10:52.49 45.61			
	150m: 2:15.50 46.46	350m: 5:24.78 47.93	550m: 8:34.35 47.22	750m: 11:37.25 44.76			
	200m: 3:02.52 47.02	400m: 6:12.62 47.84	600m: 9:20.89 46.54	800m: 12:19.49 42.24			
14.	Maria Beatriz Teixeira	06	Viver Santarem	12:22.53		269	
	50m: 41.77 41.77	250m: 3:46.79 46.61	450m: 6:54.30 46.70	650m: 10:03.81 47.80			
	100m: 1:27.06 45.29	300m: 4:34.19 47.40	500m: 7:41.78 47.48	700m: 10:51.05 47.24			
	150m: 2:13.98 46.92	350m: 5:20.59 46.40	550m: 8:29.08 47.30	750m: 11:37.22 46.17			
	200m: 3:00.18 46.20	400m: 6:07.60 47.01	600m: 9:16.01 46.93	800m: 12:22.53 45.31			
15.	Carolina Fonseca Diegues	06	Clube de Natacao do Fundao	12:24.84		266	
	50m: 40.96 40.96	250m: 3:46.68 46.30	450m: 6:58.03 48.37	650m: 10:09.18 46.90			
	100m: 1:26.84 45.88	300m: 4:35.00 48.32	500m: 7:46.83 48.80	700m: 10:55.98 46.80			
	150m: 2:13.28 46.44	350m: 5:21.99 46.99	550m: 8:34.34 47.51	750m: 11:41.35 45.37			
	200m: 3:00.38 47.10	400m: 6:09.66 47.67	600m: 9:22.28 47.94	800m: 12:24.84 43.49			
16.	Joana Silva Januario	06	Nautico Abrantes	12:28.82		262	
	50m: 43.87 43.87	250m: 3:51.10 47.19	450m: 7:00.65 45.98	650m: 10:10.42 47.57			
	100m: 1:30.10 46.23	300m: 4:37.73 46.63	500m: 7:48.18 47.53	700m: 10:57.77 47.35			
	150m: 2:16.41 46.31	350m: 5:26.81 49.08	550m: 8:35.56 47.38	750m: 11:44.14 46.37			
	200m: 3:03.91 47.50	400m: 6:14.67 47.86	600m: 9:22.85 47.29	800m: 12:28.82 44.68			

Prova 7, Femin., 800m Livres, Infantil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
17.	Margarida Miguel Mendes	06	Viver Santarem	12:29.73		261	
	50m: 43.38 43.38	250m: 3:49.97 47.65	450m: 6:58.44 46.79	650m: 10:10.66	47.84		
	100m: 1:29.09 45.71	300m: 4:37.22 47.25	500m: 7:47.36 48.92	700m: 10:58.76	48.10		
	150m: 2:15.77 46.68	350m: 5:23.33 46.11	550m: 8:34.78 47.42	750m: 11:45.71	46.95		
	200m: 3:02.32 46.55	400m: 6:11.65 48.32	600m: 9:22.82 48.04	800m: 12:29.73	44.02		
18.	Margarida Viegas Medroa	06	Nautico Abrantes	12:37.72		253	
	50m: 44.17 44.17	250m: 3:53.05 47.55	450m: 7:03.22 47.29	650m: 10:14.32	47.79		
	100m: 1:30.75 46.58	300m: 4:40.43 47.38	500m: 7:50.75 47.53	700m: 11:02.41	48.09		
	150m: 2:18.14 47.39	350m: 5:28.37 47.94	550m: 8:38.36 47.61	750m: 11:50.95	48.54		
	200m: 3:05.50 47.36	400m: 6:15.93 47.56	600m: 9:26.53 48.17	800m: 12:37.72	46.77		
19.	Joana Patricia Antunes	06	CLAC-Entroncamento	12:49.70		241	
	50m: 45.14 45.14	250m: 4:00.57 49.23	450m: 7:14.76 48.42	650m: 10:29.87	48.02		
	100m: 1:33.05 47.91	300m: 4:49.42 48.85	500m: 8:03.78 49.02	700m: 11:18.48	48.61		
	150m: 2:22.62 49.57	350m: 5:38.36 48.94	550m: 8:52.96 49.18	750m: 12:04.97	46.49		
	200m: 3:11.34 48.72	400m: 6:26.34 47.98	600m: 9:41.85 48.89	800m: 12:49.70	44.73		
20.	Carolina Mata Baptista	06	Elvense	14:11.88		178	
	50m: 44.92 44.92	250m: 4:17.68 54.66	450m: 7:55.81 55.44	650m: 11:35.26	53.72		
	100m: 1:36.38 51.46	300m: 5:11.66 53.98	500m: 8:51.14 55.33	700m: 12:29.43	54.17		
	150m: 2:30.37 53.99	350m: 6:05.97 54.31	550m: 9:45.67 54.53	750m: 13:21.48	52.05		
	200m: 3:23.02 52.65	400m: 7:00.37 54.40	600m: 10:41.54 55.87	800m: 14:11.88	50.40		
DNS	Ana Sofia Caldes	06	Elvense				

Prova 8
06-05-2018 - 16:10

Femin., 800m Livres

Juvenil
Resultados

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Juvenil A							
1.	Ines Asseiceira Ramos	03	Torres Novas	9:41.91		558	
	50m: 33.34 33.34	250m: 2:54.46 35.35	450m: 5:19.70 36.86	650m: 7:49.65	37.68		
	100m: 1:08.38 35.04	300m: 3:29.96 35.50	500m: 5:57.25 37.55	700m: 8:27.40	37.75		
	150m: 1:43.60 35.22	350m: 4:06.01 36.05	550m: 6:34.73 37.48	750m: 9:05.34	37.94		
	200m: 2:19.11 35.51	400m: 4:42.84 36.83	600m: 7:11.97 37.24	800m: 9:41.91	36.57		
2.	Lea Alexandra Mendes	03	Gualdim Pais	9:59.43		511	
	50m: 34.60 34.60	250m: 3:03.78 37.72	450m: 5:35.25 37.71	650m: 8:07.56	38.35		
	100m: 1:11.44 36.84	300m: 3:41.79 38.01	500m: 6:13.28 38.03	700m: 8:45.46	37.90		
	150m: 1:48.67 37.23	350m: 4:19.56 37.77	550m: 6:51.06 37.78	750m: 9:23.45	37.99		
	200m: 2:26.06 37.39	400m: 4:57.54 37.98	600m: 7:29.21 38.15	800m: 9:59.43	35.98		
3.	Ana Campos Silva	03	Rio Maior	10:19.88		462	
	50m: 36.34 36.34	250m: 3:11.40 38.88	450m: 5:47.78 39.35	650m: 8:26.95	40.06		
	100m: 1:14.23 37.89	300m: 3:50.23 38.83	500m: 6:26.95 39.17	700m: 9:06.15	39.20		
	150m: 1:52.97 38.74	350m: 4:29.02 38.79	550m: 7:06.56 39.61	750m: 9:45.05	38.90		
	200m: 2:32.52 39.55	400m: 5:08.43 39.41	600m: 7:46.89 40.33	800m: 10:19.88	34.83		
4.	Beatriz Goncalves Casal	03	Torres Novas	10:24.75		451	
	50m: 35.53 35.53	250m: 3:10.09 38.91	450m: 5:49.78 40.11	650m: 8:28.33	39.72		
	100m: 1:13.61 38.08	300m: 3:49.33 39.24	500m: 6:29.59 39.81	700m: 9:07.91	39.58		
	150m: 1:52.27 38.66	350m: 4:29.16 39.83	550m: 7:08.75 39.16	750m: 9:47.05	39.14		
	200m: 2:31.18 38.91	400m: 5:09.67 40.51	600m: 7:48.61 39.86	800m: 10:24.75	37.70		
5.	Mafalda Magalhaes Costa	03	Gualdim Pais	10:27.07		446	
	50m: 36.42 36.42	250m: 3:13.49 39.48	450m: 5:51.99 39.52	650m: 8:30.08	38.73		
	100m: 1:15.48 39.06	300m: 3:52.94 39.45	500m: 6:31.60 39.61	700m: 9:09.68	39.60		
	150m: 1:54.84 39.36	350m: 4:32.66 39.72	550m: 7:11.78 40.18	750m: 9:48.68	39.00		
	200m: 2:34.01 39.17	400m: 5:12.47 39.81	600m: 7:51.35 39.57	800m: 10:27.07	38.39		
6.	Ines Marques Garcia	03	Nautico Abrantes	10:28.22		444	
	50m: 36.27 36.27	250m: 3:15.51 39.83	450m: 5:53.98 39.01	650m: 8:32.32	39.46		
	100m: 1:15.48 39.21	300m: 3:55.36 39.85	500m: 6:33.72 39.74	700m: 9:12.26	39.94		
	150m: 1:55.33 39.85	350m: 4:35.39 40.03	550m: 7:13.30 39.58	750m: 9:51.86	39.60		
	200m: 2:35.68 40.35	400m: 5:14.97 39.58	600m: 7:52.86 39.56	800m: 10:28.22	36.36		

Prova 8, Femin., 800m Livres, Juvenil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
7.	Maria Ines Paveia	03	Viver Santarem	10:36.97		426	
	50m: 36.12 36.12	250m: 3:13.57 40.15	450m: 5:54.28 40.11	650m: 8:37.15	40.89		
	100m: 1:14.62 38.50	300m: 3:53.68 40.11	500m: 6:34.53 40.25	700m: 9:18.02	40.87		
	150m: 1:53.84 39.22	350m: 4:33.70 40.02	550m: 7:15.25 40.72	750m: 9:57.74	39.72		
	200m: 2:33.42 39.58	400m: 5:14.17 40.47	600m: 7:56.26 41.01	800m: 10:36.97	39.23		
8.	Leonor Santos Ribeiro	03	CCDSerta	10:44.54		411	
	50m: 35.65 35.65	250m: 3:12.91 39.98	450m: 5:56.84 41.61	650m: 8:44.14	42.34		
	100m: 1:13.63 37.98	300m: 3:53.13 40.22	500m: 6:38.51 41.67	700m: 9:25.28	41.14		
	150m: 1:53.14 39.51	350m: 4:33.84 40.71	550m: 7:20.01 41.50	750m: 10:07.29	42.01		
	200m: 2:32.93 39.79	400m: 5:15.23 41.39	600m: 8:01.80 41.79	800m: 10:44.54	37.25		
9.	Erica Neves Leote	03	Torres Novas	10:47.88		404	
	50m: 37.35 37.35	250m: 3:15.99 40.28	450m: 6:00.16 41.32	650m: 8:46.61	42.32		
	100m: 1:16.14 38.79	300m: 3:56.44 40.45	500m: 6:41.53 41.37	700m: 9:27.99	41.38		
	150m: 1:55.74 39.60	350m: 4:37.51 41.07	550m: 7:22.91 41.38	750m: 10:09.14	41.15		
	200m: 2:35.71 39.97	400m: 5:18.84 41.33	600m: 8:04.29 41.38	800m: 10:47.88	38.74		
10.	Matilde Basilio Gil	03	CLAC-Entroncamento	10:54.71		392	
	50m: 38.12 38.12	250m: 3:19.57 40.58	450m: 6:02.94 41.77	650m: 8:51.68	42.39		
	100m: 1:18.24 40.12	300m: 3:59.79 40.22	500m: 6:44.69 41.75	700m: 9:33.96	42.28		
	150m: 1:58.64 40.40	350m: 4:40.42 40.63	550m: 7:26.73 42.04	750m: 10:15.86	41.90		
	200m: 2:38.99 40.35	400m: 5:21.17 40.75	600m: 8:09.29 42.56	800m: 10:54.71	38.85		
11.	Carolina Martins Ribeiro	03	CCDSerta	11:02.74		378	
	50m: 38.42 38.42	250m: 3:21.35 41.12	450m: 6:09.69 42.17	650m: 8:58.28	42.24		
	100m: 1:18.41 39.99	300m: 4:03.10 41.75	500m: 6:51.54 41.85	700m: 9:40.62	42.34		
	150m: 1:59.39 40.98	350m: 4:45.30 42.20	550m: 7:33.47 41.93	750m: 10:22.63	42.01		
	200m: 2:40.23 40.84	400m: 5:27.52 42.22	600m: 8:16.04 42.57	800m: 11:02.74	40.11		
12.	Constanca Basilio Gil	03	CLAC-Entroncamento	11:03.37		377	
	50m: 37.31 37.31	250m: 3:17.65 41.19	450m: 6:06.62 42.38	650m: 8:57.53	42.60		
	100m: 1:16.23 38.92	300m: 3:59.27 41.62	500m: 6:49.55 42.93	700m: 9:40.49	42.96		
	150m: 1:56.21 39.98	350m: 4:41.77 42.50	550m: 7:32.21 42.66	750m: 10:22.24	41.75		
	200m: 2:36.46 40.25	400m: 5:24.24 42.47	600m: 8:14.93 42.72	800m: 11:03.37	41.13		
13.	Marcia Goncalves Teodoro	03	Eléctrico	11:10.91		364	
	50m: 35.18 35.18	250m: 3:13.69 40.88	450m: 6:07.45 43.36	650m: 9:01.68	42.98		
	100m: 1:13.34 38.16	300m: 3:56.48 42.79	500m: 6:51.45 44.00	700m: 9:46.67	44.99		
	150m: 1:52.83 39.49	350m: 4:39.85 43.37	550m: 7:34.89 43.44	750m: 10:30.28	43.61		
	200m: 2:32.81 39.98	400m: 5:24.09 44.24	600m: 8:18.70 43.81	800m: 11:10.91	40.63		
14.	Mariana Timoteo Madeira	03	Viver Santarem	11:30.55		334	
	50m: 38.51 38.51	250m: 3:30.30 44.21	450m: 6:27.15 44.42	650m: 9:23.91	44.34		
	100m: 1:19.49 40.98	300m: 4:14.75 44.45	500m: 7:11.40 44.25	700m: 10:06.33	42.42		
	150m: 2:02.75 43.26	350m: 4:58.93 44.18	550m: 7:55.90 44.50	750m: 10:49.25	42.92		
	200m: 2:46.09 43.34	400m: 5:42.73 43.80	600m: 8:39.57 43.67	800m: 11:30.55	41.30		
15.	Ana Margarida Cipriano	03	Natacao Guarda	12:31.74		259	
	50m: 41.22 41.22	250m: 3:45.75 45.08	450m: 6:58.64 48.22	650m: 10:14.01	49.40		
	100m: 1:25.50 44.28	300m: 4:32.98 47.23	500m: 7:47.49 48.85	700m: 10:59.21	45.20		
	150m: 2:12.76 47.26	350m: 5:22.12 49.14	550m: 8:38.18 50.69	750m: 11:48.13	48.92		
	200m: 3:00.67 47.91	400m: 6:10.42 48.30	600m: 9:24.61 46.43	800m: 12:31.74	43.61		

Juvenil B

1.	Beatriz Maria Freixieiro	04	Rio Maior	9:46.11		547	
	50m: 33.46 33.46	250m: 2:59.63 36.85	450m: 5:27.28 37.22	650m: 7:56.43	37.15		
	100m: 1:08.93 35.47	300m: 3:36.34 36.71	500m: 6:04.29 37.01	700m: 8:33.97	37.54		
	150m: 1:45.79 36.86	350m: 4:13.21 36.87	550m: 6:41.53 37.24	750m: 9:10.57	36.60		
	200m: 2:22.78 36.99	400m: 4:50.06 36.85	600m: 7:19.28 37.75	800m: 9:46.11	35.54		
2.	Maria Alexandra Marques	04	Assoc Albicastrense	9:56.28		519	
	50m: 35.55 35.55	250m: 3:04.72 37.66	450m: 5:36.22 37.98	650m: 8:06.09	37.85		
	100m: 1:12.51 36.96	300m: 3:42.83 38.11	500m: 6:13.70 37.48	700m: 8:43.93	37.84		
	150m: 1:49.70 37.19	350m: 4:20.80 37.97	550m: 6:50.98 37.28	750m: 9:20.83	36.90		
	200m: 2:27.06 37.36	400m: 4:58.24 37.44	600m: 7:28.24 37.26	800m: 9:56.28	35.45		

Prova 8, Femin., 800m Livres, Juvenil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
3.	Carina Alexandra Alves	04	Rio Maior	10:13.61		476	
	50m: 33.95 33.95	250m: 3:03.78 38.39	450m: 5:39.78 39.33	650m: 8:18.89	39.53		
	100m: 1:10.35 36.40	300m: 3:42.25 38.47	500m: 6:19.71 39.93	700m: 8:57.74	38.85		
	150m: 1:47.63 37.28	350m: 4:21.19 38.94	550m: 6:59.77 40.06	750m: 9:36.55	38.81		
	200m: 2:25.39 37.76	400m: 5:00.45 39.26	600m: 7:39.36 39.59	800m: 10:13.61	37.06		
4.	Beatriz Staiger Bento	04	Viver Santarem	10:15.20		473	
	50m: 34.75 34.75	250m: 3:06.13 39.43	450m: 5:44.59 39.76	650m: 8:22.94	38.99		
	100m: 1:10.70 35.95	300m: 3:45.74 39.61	500m: 6:24.56 39.97	700m: 9:01.58	38.64		
	150m: 1:48.12 37.42	350m: 4:25.40 39.66	550m: 7:04.29 39.73	750m: 9:39.59	38.01		
	200m: 2:26.70 38.58	400m: 5:04.83 39.43	600m: 7:43.95 39.66	800m: 10:15.20	35.61		
5.	Leonor Maria Mira	04	BUZIOS-Coruche	10:31.17		438	
	50m: 35.85 35.85	250m: 3:15.40 39.77	450m: 5:54.81 39.51	650m: 8:35.76	40.71		
	100m: 1:15.15 39.30	300m: 3:55.12 39.72	500m: 6:34.98 40.17	700m: 9:15.69	39.93		
	150m: 1:55.44 40.29	350m: 4:35.45 40.33	550m: 7:14.83 39.85	750m: 9:55.12	39.43		
	200m: 2:35.63 40.19	400m: 5:15.30 39.85	600m: 7:55.05 40.22	800m: 10:31.17	36.05		
6.	Matilde Isabel Macharreu	04	BUZIOS-Coruche	10:39.64		420	
	50m: 34.51 34.51	250m: 3:14.03 40.40	450m: 5:58.27 40.90	650m: 8:42.04	40.87		
	100m: 1:13.06 38.55	300m: 3:55.02 40.99	500m: 6:39.20 40.93	700m: 9:23.32	41.28		
	150m: 1:53.12 40.06	350m: 4:36.24 41.22	550m: 7:20.03 40.83	750m: 10:03.31	39.99		
	200m: 2:33.63 40.51	400m: 5:17.37 41.13	600m: 8:01.17 41.14	800m: 10:39.64	36.33		
7.	Ana Rita Goncalves	04	Assoc Albicastrense	10:41.22		417	
	50m: 37.32 37.32	250m: 3:18.69 41.09	450m: 6:01.36 40.35	650m: 8:42.90	40.08		
	100m: 1:16.88 39.56	300m: 3:59.28 40.59	500m: 6:42.53 41.17	700m: 9:22.41	39.51		
	150m: 1:56.92 40.04	350m: 4:40.52 41.24	550m: 7:22.43 39.90	750m: 10:02.69	40.28		
	200m: 2:37.60 40.68	400m: 5:21.01 40.49	600m: 8:02.82 40.39	800m: 10:41.22	38.53		
8.	Rita Carrico Cruz	04	Viver Santarem	10:45.27		409	
	50m: 36.04 36.04	250m: 3:14.11 40.72	450m: 5:58.45 41.00	650m: 8:43.08	40.61		
	100m: 1:14.18 38.14	300m: 3:54.42 40.31	500m: 6:39.76 41.31	700m: 9:23.70	40.62		
	150m: 1:53.33 39.15	350m: 4:35.57 41.15	550m: 7:21.45 41.69	750m: 10:04.79	41.09		
	200m: 2:33.39 40.06	400m: 5:17.45 41.88	600m: 8:02.47 41.02	800m: 10:45.27	40.48		
9.	Raquel Canelas Louro	04	Viver Santarem	10:50.04		400	
	50m: 37.58 37.58	250m: 3:18.33 40.73	450m: 6:02.41 41.63	650m: 8:47.64	41.64		
	100m: 1:17.37 39.79	300m: 3:58.94 40.61	500m: 6:42.79 40.38	700m: 9:29.36	41.72		
	150m: 1:57.49 40.12	350m: 4:40.02 41.08	550m: 7:24.25 41.46	750m: 10:10.42	41.06		
	200m: 2:37.60 40.11	400m: 5:20.78 40.76	600m: 8:06.00 41.75	800m: 10:50.04	39.62		
10.	Barbara Garrido Franco	04	Elvense	11:03.37		377	
	50m: 37.59 37.59	250m: 3:21.31 41.06	450m: 6:11.08 42.76	650m: 9:01.65	42.86		
	100m: 1:18.29 40.70	300m: 4:03.68 42.37	500m: 6:53.43 42.35	700m: 9:44.55	42.90		
	150m: 1:59.19 40.90	350m: 4:46.01 42.33	550m: 7:35.65 42.22	750m: 10:25.66	41.11		
	200m: 2:40.25 41.06	400m: 5:28.32 42.31	600m: 8:18.79 43.14	800m: 11:03.37	37.71		
11.	Margarida Mateus Morais	04	Torres Novas	11:14.11		359	
	50m: 40.00 40.00	250m: 3:25.43 41.27	450m: 6:16.17 42.52	650m: 9:07.75	42.84		
	100m: 1:20.86 40.86	300m: 4:07.38 41.95	500m: 6:58.74 42.57	700m: 9:51.02	43.27		
	150m: 2:02.62 41.76	350m: 4:50.16 42.78	550m: 7:41.20 42.46	750m: 10:33.73	42.71		
	200m: 2:44.16 41.54	400m: 5:33.65 43.49	600m: 8:24.91 43.71	800m: 11:14.11	40.38		
12.	Alice Sequeira Marques	04	Assoc Albicastrense	11:15.02		358	
	50m: 39.07 39.07	250m: 3:25.92 42.03	450m: 6:18.77 44.40	650m: 9:11.09	43.44		
	100m: 1:20.39 41.32	300m: 4:07.57 41.65	500m: 7:01.45 42.68	700m: 9:53.36	42.27		
	150m: 2:02.42 42.03	350m: 4:50.84 43.27	550m: 7:44.11 42.66	750m: 10:36.08	42.72		
	200m: 2:43.89 41.47	400m: 5:34.37 43.53	600m: 8:27.65 43.54	800m: 11:15.02	38.94		
13.	Patricia Barata Fazendeiro	04	Clube de Natacao do Fundao	11:27.54		338	
	50m: 39.48 39.48	250m: 3:29.82 43.38	450m: 6:24.20 43.20	650m: 9:20.08	43.86		
	100m: 1:20.89 41.41	300m: 4:13.10 43.28	500m: 7:08.14 43.94	700m: 10:04.47	44.39		
	150m: 2:03.84 42.95	350m: 4:56.47 43.37	550m: 7:52.30 44.16	750m: 10:47.72	43.25		
	200m: 2:46.44 42.60	400m: 5:41.00 44.53	600m: 8:36.22 43.92	800m: 11:27.54	39.82		
14.	Maria Clara Dourado	04	Natacao Guarda	12:10.67		282	
	50m: 40.97 40.97	250m: 3:42.22 45.87	450m: 6:48.10 46.93	650m: 9:54.13	46.82		
	100m: 1:25.09 44.12	300m: 4:28.77 46.55	500m: 7:34.24 46.14	700m: 10:40.99	46.86		
	150m: 2:10.09 45.00	350m: 5:14.44 45.67	550m: 8:20.42 46.18	750m: 11:27.31	46.32		
	200m: 2:56.35 46.26	400m: 6:01.17 46.73	600m: 9:07.31 46.89	800m: 12:10.67	43.36		

Prova 8, Femin., 800m Livres, Juvenil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos	
15.	Erna Sabanovic	04	CLAC-Entroncamento	14:06.58		181		
	50m: 48.28	48.28	250m: 4:19.87	53.27	450m: 7:57.56	54.93	650m: 11:33.19	52.40
	100m: 1:39.65	51.37	300m: 5:14.38	54.51	500m: 8:53.13	55.57	700m: 12:25.48	52.29
	150m: 2:32.48	52.83	350m: 6:08.26	53.88	550m: 9:48.00	54.87	750m: 13:17.41	51.93
	200m: 3:26.60	54.12	400m: 7:02.63	54.37	600m: 10:40.79	52.79	800m: 14:06.58	49.17