



Jornada Apuramento Categorias
Coruche,19-01-2025

1 - 1ª SESSÃO

19/01/2025 - 9:30

Prova 1
19/01/2025

Femin., 200m Estilos

Absoluto
Resultados

Inf B: 3:37.00; Inf A: 3:25.00; Juv B: 3:17.00; Juv A: 3:12.00; Jun/Sen: 3:10.00

Pontos: AQUA 2024

Lugar					Ano		Tempo final	Pts
1.	Laura Brites Costa				09	Rio Maior	2:39.44	446
	50m:	34.06	100m:	1:15.76	200m:	2:39.44		
2.	Matilde Casimiro Bibi				12	BUZIOS-Coruche	2:42.87	418
	50m:	34.49	100m:	1:16.67	200m:	2:42.87		
3.	Maria Carmo Rodrigues				10	BUZIOS-Coruche	2:51.81	356
	50m:	36.10	100m:	1:19.96	200m:	2:51.81		
4.	Mariana Mauricio Coelho				07	BUZIOS-Coruche	2:54.97	337
	50m:	38.37	100m:	1:22.47	200m:	2:54.97		
5.	Marta Costa Soares				12	Uniao Samorense	2:56.57	328
	50m:	38.56	100m:	1:23.83	200m:	2:56.57		
6.	Angela Maria Pereira				10	Clube Nautico de Salvaterra de	2:57.03	326
	50m:	39.38	100m:	1:24.28	200m:	2:57.03		
7.	Alicia Lopes Deep				12	BUZIOS-Coruche	3:03.26	294
	50m:	40.54	100m:	1:29.67	200m:	3:03.26		
8.	Margarida Madeira Pires				12	Rio Maior	3:05.64	282
	50m:	44.25	100m:	1:29.46	200m:	3:05.64		
9.	Beatriz Agostinho Duque				11	20Km de Almeirim	3:06.59	278
	50m:	45.36	100m:	1:29.61	200m:	3:06.59		
10.	Diana Marques Maquilao				12	Clube Nautico de Salvaterra de	3:06.82	277
	50m:	41.39	100m:	1:27.75	200m:	3:06.82		
11.	Rita Balsa Alves				12	BUZIOS-Coruche	3:09.56	265
	50m:	43.50	100m:	1:29.62	200m:	3:09.56		
12.	Maria Pais Santos				12	BUZIOS-Coruche	3:13.61	249
	50m:	41.75	100m:	1:29.90	200m:	3:13.61		
13.	Valentina Rodrigues Feijao				13	Clube Nautico de Salvaterra de	3:14.10	247
	50m:	43.51	100m:	1:31.14	200m:	3:14.10		
14.	Beatriz Isabel Moura				11	Nautico Abrantes	3:22.30	218
	<i>FTL</i>							
	50m:	44.53	100m:	1:36.07	200m:	3:22.30		
15.	Joana Ines Antunes				13	CPFZ - Natacao	3:28.95	198
	50m:	47.06	100m:	1:38.15	200m:	3:28.95		
16.	Catarina Leonor Pereira				11	CLAC-Entroncamento	3:29.02	198
	<i>FTL</i>							
	50m:	44.42	100m:	1:38.95	200m:	3:29.02		
17.	Maria Carolina Fidalgo				13	Viver Santarem	3:32.06	189
	50m:	48.22	100m:	1:41.42	200m:	3:32.06		
18.	Ana Marisa Simples				12	Uniao Samorense	3:33.05	187
	<i>FTL</i>							
	50m:	44.78	100m:	1:34.98	200m:	3:33.05		
19.	Matilde Maria Neto				13	Uniao Samorense	3:34.34	183
	50m:	49.12	100m:	1:44.34	200m:	3:34.34		



Jornada Apuramento Categorias
Coruche,19-01-2025

Prova 1, Femin., 200m Estilos, Absoluto

Lugar	Ano	Tempo final	Pts
20. Ines Marques Salvador <i>FTL</i>	13 Uniao Samorense	3:38.50	173
50m: 50.79 100m: 1:44.79 200m: 3:38.50			
21. Barbara Godinho Simoes <i>FTL</i>	13 CPFZ - Natacao	3:43.16	162
50m: 49.81 100m: 1:42.47 200m: 3:43.16			
22. Leonor Chambel Santos <i>FTL</i>	13 Nautico Abrantes	3:43.45	162
50m: 52.30 100m: 1:48.85 200m: 3:43.45			
WDR Carolina Cupertino Marchante	09 CLAC-Entroncamento		
WDR Catarina Maria Fragoso	07 Viver Santarem		
WDR Ana Patricia Oliveira	03 Viver Santarem		

Prova 2 Masc., 200m Livres S110
19/01/2025 Resultados

Rec Nac Adap S10 - 25m	2:02.79	Gino Santos Caetano	CGA	Porto	10/12/2017
Inf B: 3:05.00; Inf A: 2:54.00; Juv B: 2:41.00; Juv A: 2:36.00; Jun/Sen: 2:31.00					
Pontos: AQUA 2024					

Lugar	Ano	Tempo final	Pts
1. Artur Rafael Saramago	97 BUZIOS-Coruche	2:04.39	509
50m: 27.92 100m: 59.00 200m: 2:04.39			
2. Joao Pedro Monteiro	08 BUZIOS-Coruche	2:05.52	496
50m: 28.81 100m: 1:00.91 200m: 2:05.52			
3. Luis Suissas Rato	09 Clube Nautico de Salvaterra de	2:10.40	442
50m: 29.53 100m: 1:02.50 200m: 2:10.40			
4. David Filipe Pacheco	10 BUZIOS-Coruche	2:10.62	440
50m: 30.55 100m: 1:03.94 200m: 2:10.62			
5. Tomas Alexandre Santos	07 BUZIOS-Coruche	2:10.87	437
50m: 30.18 100m: 1:03.14 200m: 2:10.87			
6. Martim Maria Salvador	11 Clube Nautico de Salvaterra de	2:15.75	392
50m: 30.37 100m: 1:04.57 200m: 2:15.75			
7. Pedro Pereira Lopes	99 BUZIOS-Coruche	2:16.13	388
50m: 31.92 100m: 1:07.17 200m: 2:16.13			
8. Miguel Ferreira Cruz	08 CLAC-Entroncamento	2:18.67	367
50m: 30.81 100m: 1:05.36 200m: 2:18.67			
9. Diogo Miguel Balsa	95 BUZIOS-Coruche	2:19.27	363
50m: 30.61 100m: 1:05.00 200m: 2:19.27			
10. Francisco Maria Dias	11 Viver Santarem	2:22.36	340
50m: 32.32 100m: 1:08.89 200m: 2:22.36			
11. Gabriel Antunes Ramos	09 Rio Maior	2:23.66	330
50m: 32.82 100m: 1:09.70 200m: 2:23.66			
12. Guilherme Martins Conceicao	10 Viver Santarem	2:25.51	318
50m: 34.06 100m: 1:10.69 200m: 2:25.51			
13. Eliseu Manuel Tavares	99 Uniao Samorense	2:25.55	318
50m: 30.97 100m: 1:07.47 200m: 2:25.55			



Jornada Apuramento Categorias
Coruche,19-01-2025

Prova 2, Masc., 200m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
14. Dinis Maria Garcia 50m: 33.56 100m: 1:10.17 200m: 2:25.56	09 Nautico Abrantes	2:25.56	318
15. Manuel Maria Moniz 50m: 34.45 100m: 1:13.00 200m: 2:26.02	11 20Km de Almeirim	2:26.02	315
16. Diogo Chambel Santos 50m: 35.32 100m: 1:13.45 200m: 2:27.65	11 Nautico Abrantes	2:27.65	304
17. Bernardo Marques Fernandes 50m: 33.85 100m: 1:10.45 200m: 2:27.77	07 CLAC-Entroncamento	2:27.77	304
18. Hugo Miguel Silva 50m: 34.81 100m: 1:13.89 200m: 2:28.66	77 BUZIOS-Coruche	2:28.66	298
19. Heliodoro Joao Sombreiro 50m: 33.48 100m: 1:11.16 200m: 2:29.76	11 BUZIOS-Coruche	2:29.76	292
20. Eduardo Domingos Rosa 50m: 34.43 100m: 1:12.54 200m: 2:30.41	11 BUZIOS-Coruche	2:30.41	288
21. Dinis Oliveira Nunes 50m: 34.49 100m: 1:12.10 200m: 2:30.74	11 BUZIOS-Coruche	2:30.74	286
22. Lourenco Manuel Palmeiro 50m: 34.87 100m: 1:12.83 200m: 2:31.75	10 BUZIOS-Coruche	2:31.75	280
23. Matias Rafael Pacheco 50m: 34.49 100m: 1:13.02 200m: 2:32.86	12 BUZIOS-Coruche	2:32.86	274
24. Vicente Jose Carrilho 50m: 34.67 100m: 1:14.49 200m: 2:33.54	10 BUZIOS-Coruche	2:33.54	271
25. Luca Cristian Irimia 50m: 34.19 100m: 1:14.00 200m: 2:36.70	11 Uniao Samorense	2:36.70	255
26. Artur Alexandre Silva 50m: 36.75 100m: 1:18.00 200m: 2:38.40	11 20Km de Almeirim	2:38.40	246
27. Santiago Raposo Fernandes 50m: 35.35 100m: 1:15.81 200m: 2:38.85	12 20Km de Almeirim	2:38.85	244
28. Rodrigo Miranda Rosa 50m: 36.03 100m: 1:17.81 200m: 2:40.64	12 Uniao Samorense	2:40.64	236
29. Rodrigo Duque Dias <i>FTL</i> 50m: 35.42 100m: 1:16.57 200m: 2:42.81	09 CLAC-Entroncamento	2:42.81	227
30. Gabriel Antonio Marques 50m: 36.85 100m: 1:19.12 200m: 2:45.15	11 Nautico Abrantes	2:45.15	217
31. Pedro Figueiredo Ferreira <i>FTL</i> 50m: 30.73 100m: 1:11.27 200m: 2:45.30	10 20Km de Almeirim	2:45.30	217
32. Afonso Goncalves Leite <i>FTL</i> 50m: 35.73 100m: 1:17.91 200m: 2:45.44	10 CLAC-Entroncamento	2:45.44	216
33. Gabriel Mocanu 50m: 36.31 100m: 1:19.98 200m: 2:47.03	12 Uniao Samorense	2:47.03	210
34. Lourenco Filipe Costa 50m: 38.82 100m: 1:24.32 200m: 2:53.00	12 20Km de Almeirim	2:53.00	189



Jornada Apuramento Categorias
Coruche,19-01-2025

Prova 2, Masc., 200m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
35. Salvador Miguel Silva <i>FTL</i>	11 Viver Santarem	3:00.97	165
50m: 39.98 100m: 1:24.11 200m: 3:00.97			
36. Cassiel Xavier Cabral	12 Uniao Samorense	3:03.23	159
50m: 40.26 100m: 1:28.23 200m: 3:03.23			
37. Rodrigo Miguel Alcobia <i>FTL</i>	11 CPFZ - Natacao	3:04.63	155
50m: 40.49 100m: 1:27.43 200m: 3:04.63			
38. Afonso Ferreira Cruz <i>FTL</i>	12 CLAC-Entroncamento	3:08.94	145
50m: 43.81 100m: 1:33.56 200m: 3:08.94			
39. Sandro Jose Tomas <i>FTL</i>	12 BUZIOS-Coruche	3:11.56	139
50m: 44.11 100m: 1:32.62 200m: 3:11.56			
40. Isaac Lourenco Marques <i>FTL</i>	12 BUZIOS-Coruche	3:39.21	93
50m: 48.24 100m: 1:46.54 200m: 3:39.21			
DNS Sebastiao Maria Borlinhas	11 BUZIOS-Coruche		
DNS Antonio Francisco Rouxinol	11 BUZIOS-Coruche		
DNS Francisco Grave Reis	12 Rio Maior		
WDR Rodolfo Charrua Gago	08 Viver Santarem		
WDR Andre Guilherme Anastacio	10 Nautico Abrantes		

S110

1. Artur Rafael Saramago	97 BUZIOS-Coruche	2:04.39	509
50m: 27.92 100m: 59.00 200m: 2:04.39			
2. Joao Pedro Monteiro	08 BUZIOS-Coruche	2:05.52	496
50m: 28.81 100m: 1:00.91 200m: 2:05.52			
3. Luis Suissas Rato	09 Clube Nautico de Salvaterra de	2:10.40	442
50m: 29.53 100m: 1:02.50 200m: 2:10.40			
4. David Filipe Pacheco	10 BUZIOS-Coruche	2:10.62	440
50m: 30.55 100m: 1:03.94 200m: 2:10.62			
5. Tomas Alexandre Santos	07 BUZIOS-Coruche	2:10.87	437
50m: 30.18 100m: 1:03.14 200m: 2:10.87			
6. Martim Maria Salvador	11 Clube Nautico de Salvaterra de	2:15.75	392
50m: 30.37 100m: 1:04.57 200m: 2:15.75			
7. Pedro Pereira Lopes	99 BUZIOS-Coruche	2:16.13	388
50m: 31.92 100m: 1:07.17 200m: 2:16.13			
8. Miguel Ferreira Cruz	08 CLAC-Entroncamento	2:18.67	367
50m: 30.81 100m: 1:05.36 200m: 2:18.67			
9. Diogo Miguel Balsa	95 BUZIOS-Coruche	2:19.27	363
50m: 30.61 100m: 1:05.00 200m: 2:19.27			
10. Francisco Maria Dias	11 Viver Santarem	2:22.36	340
50m: 32.32 100m: 1:08.89 200m: 2:22.36			
11. Gabriel Antunes Ramos	09 Rio Maior	2:23.66	330
50m: 32.82 100m: 1:09.70 200m: 2:23.66			



Jornada Apuramento Categorias
Coruche,19-01-2025

Prova 2, Masc., 200m Livres, S110

Lugar					Ano		Tempo final	Pts
12.	Guilherme Martins Conceicao	10	Viver Santarem			2:25.51	318	
	50m: 34.06	100m: 1:10.69	200m: 2:25.51					
13.	Eliseu Manuel Tavares	99	Uniao Samoreense			2:25.55	318	
	50m: 30.97	100m: 1:07.47	200m: 2:25.55					
14.	Dinis Maria Garcia	09	Nautico Abrantes			2:25.56	318	
	50m: 33.56	100m: 1:10.17	200m: 2:25.56					
15.	Manuel Maria Moniz	11	20Km de Almeirim			2:26.02	315	
	50m: 34.45	100m: 1:13.00	200m: 2:26.02					
16.	Diogo Chambel Santos	11	Nautico Abrantes			2:27.65	304	
	50m: 35.32	100m: 1:13.45	200m: 2:27.65					
17.	Bernardo Marques Fernandes	07	CLAC-Entroncamento			2:27.77	304	
	50m: 33.85	100m: 1:10.45	200m: 2:27.77					
18.	Hugo Miguel Silva	77	BUZIOS-Coruche			2:28.66	298	
	50m: 34.81	100m: 1:13.89	200m: 2:28.66					
19.	Heliodoro Joao Sombreiroiro	11	BUZIOS-Coruche			2:29.76	292	
	50m: 33.48	100m: 1:11.16	200m: 2:29.76					
20.	Eduardo Domingos Rosa	11	BUZIOS-Coruche			2:30.41	288	
	50m: 34.43	100m: 1:12.54	200m: 2:30.41					
21.	Dinis Oliveira Nunes	11	BUZIOS-Coruche			2:30.74	286	
	50m: 34.49	100m: 1:12.10	200m: 2:30.74					
22.	Lourenco Manuel Palmeiro	10	BUZIOS-Coruche			2:31.75	280	
	50m: 34.87	100m: 1:12.83	200m: 2:31.75					
23.	Matias Rafael Pacheco	12	BUZIOS-Coruche			2:32.86	274	
	50m: 34.49	100m: 1:13.02	200m: 2:32.86					
24.	Vicente Jose Carrilho	10	BUZIOS-Coruche			2:33.54	271	
	50m: 34.67	100m: 1:14.49	200m: 2:33.54					
25.	Luca Cristian Irimia	11	Uniao Samoreense			2:36.70	255	
	50m: 34.19	100m: 1:14.00	200m: 2:36.70					
26.	Artur Alexandre Silva	11	20Km de Almeirim			2:38.40	246	
	50m: 36.75	100m: 1:18.00	200m: 2:38.40					
27.	Santiago Raposo Fernandes	12	20Km de Almeirim			2:38.85	244	
	50m: 35.35	100m: 1:15.81	200m: 2:38.85					
28.	Rodrigo Miranda Rosa	12	Uniao Samoreense			2:40.64	236	
	50m: 36.03	100m: 1:17.81	200m: 2:40.64					
29.	Rodrigo Duque Dias	09	CLAC-Entroncamento			2:42.81	227	
	<i>FTL</i>							
	50m: 35.42	100m: 1:16.57	200m: 2:42.81					
30.	Gabriel Antonio Marques	11	Nautico Abrantes			2:45.15	217	
	50m: 36.85	100m: 1:19.12	200m: 2:45.15					
31.	Pedro Figueiredo Ferreira	10	20Km de Almeirim			2:45.30	217	
	<i>FTL</i>							
	50m: 30.73	100m: 1:11.27	200m: 2:45.30					
32.	Afonso Goncalves Leite	10	CLAC-Entroncamento			2:45.44	216	
	<i>FTL</i>							
	50m: 35.73	100m: 1:17.91	200m: 2:45.44					
33.	Gabriel Mocanu	12	Uniao Samoreense			2:47.03	210	
	50m: 36.31	100m: 1:19.98	200m: 2:47.03					



Jornada Apuramento Categorias
Coruche,19-01-2025

Prova 2, Masc., 200m Livres, S110

Lugar	Ano	Tempo final	Pts
34. Lourenco Filipe Costa 50m: 38.82 100m: 1:24.32 200m: 2:53.00	12 20Km de Almeirim	2:53.00	189
35. Salvador Miguel Silva <i>FTL</i> 50m: 39.98 100m: 1:24.11 200m: 3:00.97	11 Viver Santarem	3:00.97	165
36. Cassiel Xavier Cabral 50m: 40.26 100m: 1:28.23 200m: 3:03.23	12 Uniao Samorense	3:03.23	159
37. Rodrigo Miguel Alcobia <i>FTL</i> 50m: 40.49 100m: 1:27.43 200m: 3:04.63	11 CPFZ - Natacao	3:04.63	155
38. Afonso Ferreira Cruz <i>FTL</i> 50m: 43.81 100m: 1:33.56 200m: 3:08.94	12 CLAC-Entroncamento	3:08.94	145
39. Sandro Jose Tomas <i>FTL</i> 50m: 44.11 100m: 1:32.62 200m: 3:11.56	12 BUZIOS-Coruche	3:11.56	139
40. Isaac Lourenco Marques <i>FTL</i> 50m: 48.24 100m: 1:46.54 200m: 3:39.21	12 BUZIOS-Coruche	3:39.21	93
DNS Sebastiao Maria Borlinhas	11 BUZIOS-Coruche		
DNS Antonio Francisco Rouxinol	11 BUZIOS-Coruche		
DNS Francisco Grave Reis	12 Rio Maior		
WDR Rodolfo Charrua Gago	08 Viver Santarem		
WDR Andre Guilherme Anastacio	10 Nautico Abrantes		

Prova 3
19/01/2025

Femin., 200m Livres

Absoluto
Resultados

Inf B: 3:20.00; Inf A: 3:10.00; Juv B: 3:04.50; Juv A: 3:01.00; Jun/Sen: 2:52.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Sofia Barroca Pereira 50m: 32.12 100m: 1:07.24 200m: 2:16.24	11 BUZIOS-Coruche	2:16.24	530
2. Leonor Sombreiro Martins 50m: 30.79 100m: 1:05.21 200m: 2:18.61	10 BUZIOS-Coruche	2:18.61	504
3. Laura Prates Morais 50m: 33.00 100m: 1:08.50 200m: 2:20.50	09 Viver Santarem	2:20.50	483
4. Catarina Isabel Carlota 50m: 32.55 100m: 1:08.19 200m: 2:23.44	05 BUZIOS-Coruche	2:23.44	454
5. Catarina Maria Fragoso 50m: 33.58 100m: 1:10.43 200m: 2:24.99	07 Viver Santarem	2:24.99	440
6. Madalena Maria Midoes 50m: 34.11 100m: 1:11.30 200m: 2:25.21	07 Viver Santarem	2:25.21	438
7. Matilde Casimiro Bibi 50m: 34.09 100m: 1:11.78 200m: 2:25.80	12 BUZIOS-Coruche	2:25.80	433
8. Mariana Mauricio Coelho 50m: 33.64 100m: 1:11.29 200m: 2:27.39	07 BUZIOS-Coruche	2:27.39	419

Prova 3, Femin., 200m Livres, Absoluto

Lugar					Ano		Tempo final	Pts
9.	Leonor Margarida Mateus				09	BUZIOS-Coruche	2:32.47	378
	50m:	35.00	100m:	1:13.43	200m:	2:32.47		
10.	Rita Balsa Alves				12	BUZIOS-Coruche	2:34.53	363
	50m:	36.70	100m:	1:16.13	200m:	2:34.53		
11.	Benedita Maria Lagarinhos				11	Viver Santarem	2:34.59	363
	50m:	34.36	100m:	1:13.61	200m:	2:34.59		
12.	Diana Goncalves Oliveira				07	Viver Santarem	2:34.62	363
	50m:	34.70	100m:	1:12.94	200m:	2:34.62		
13.	Marta Costa Soares				12	Uniao Samorense	2:35.90	354
	50m:	36.19	100m:	1:15.82	200m:	2:35.90		
14.	Debora Sofia Santos				10	Rio Maior	2:37.69	342
	50m:	35.55	100m:	1:15.87	200m:	2:37.69		
15.	Maria Pais Santos				12	BUZIOS-Coruche	2:43.06	309
	50m:	38.31	100m:	1:19.78	200m:	2:43.06		
16.	Beatriz Agostinho Duque				11	20Km de Almeirim	2:44.48	301
	50m:	39.47	100m:	1:21.70	200m:	2:44.48		
17.	Vera Almeida Rosa				09	Nautico Abrantes	2:45.21	297
	50m:	36.13	100m:	1:18.27	200m:	2:45.21		
18.	Maria Amelia Torres				13	Viver Santarem	2:51.37	266
	50m:	39.25	100m:	1:22.75	200m:	2:51.37		
19.	Diana Marques Maquilao				12	Clube Nautico de Salvaterra de	2:54.14	254
	50m:	41.19	100m:	1:26.26	200m:	2:54.14		
20.	Ines Silva Lima				09	Nautico Abrantes	2:54.15	254
	<i>FTL</i>							
	50m:	39.34	100m:	1:22.85	200m:	2:54.15		
21.	Maria Ines Campos				09	Nautico Abrantes	2:55.61	247
	<i>FTL</i>							
	50m:	39.21	100m:	1:23.36	200m:	2:55.61		
22.	Beatriz Isabel Moura				11	Nautico Abrantes	2:55.63	247
	50m:	40.61	100m:	1:26.52	200m:	2:55.63		
23.	Joana Ines Antunes				13	CPFZ - Natacao	2:58.26	236
	50m:	40.62	100m:	1:25.26	200m:	2:58.26		
24.	Ana Leonor Lopes				12	Rio Maior	3:02.61	220
	50m:	41.28	100m:	1:28.87	200m:	3:02.61		
25.	Leonor Chambel Santos				13	Nautico Abrantes	3:08.52	200
	50m:	45.72	100m:	1:36.37	200m:	3:08.52		
26.	Catarina Leonor Pereira				11	CLAC-Entroncamento	3:09.34	197
	<i>FTL</i>							
	50m:	42.38	100m:	1:31.80	200m:	3:09.34		
27.	Maria Francisca Pinheiro				12	Nautico Abrantes	3:12.56	187
	<i>FTL</i>							
	50m:	43.41	100m:	1:32.87	200m:	3:12.56		
28.	Matilde Maria Neto				13	Uniao Samorense	3:14.66	181
	50m:	44.04	100m:	1:35.09	200m:	3:14.66		
29.	Ana Marisa Simples				12	Uniao Samorense	3:18.56	171
	<i>FTL</i>							
	50m:	43.12	100m:	1:33.00	200m:	3:18.56		



Jornada Apuramento Categorias
Coruche,19-01-2025

Prova 3, Femin., 200m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
30. Ines Marques Salvador 50m: 43.85 100m: 1:35.73 200m: 3:19.50	13 Uniao Samorense	3:19.50	169
31. Mariana Beatriz Goncalves <i>FTL</i> 50m: 44.37 100m: 1:37.14 200m: 3:22.85	13 Uniao Samorense	3:22.85	160
32. Constanca Mendao Silva <i>FTL</i> 50m: 47.00 100m: 1:41.71 200m: 3:32.43	13 Rio Maior	3:32.43	140
33. Madalena Marques Cabeleira <i>FTL</i> 50m: 47.16 100m: 1:48.79 200m: 3:56.70	13 Uniao Samorense	3:56.70	101
WDR Carolina Cupertino Marchante	09 CLAC-Entroncamento		
WDR Laura Sofia Graca	12 Uniao Samorense		
WDR Carlota Pereira Sousa	08 Viver Santarem		

Prova 4
19/01/2025

Masc., 200m Mariposa

Absoluto
Resultados

Inf B: 4:00.00; Inf A: 3:38.00; Juv B: 3:15.00; Juv A: 3:10.00; Jun/Sen: 2:58.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Joao Pedro Monteiro 50m: 31.44 100m: 1:06.72 200m: 2:19.69	08 BUZIOS-Coruche	2:19.69	447
2. David Filipe Pacheco 50m: 32.05 100m: 1:09.81 200m: 2:25.69	10 BUZIOS-Coruche	2:25.69	394
3. Artur Rafael Saramago 50m: 31.21 100m: 1:07.25 200m: 2:28.46	97 BUZIOS-Coruche	2:28.46	372
4. Martim Maria Salvador 50m: 32.98 100m: 1:12.36 200m: 2:34.07	11 Clube Nautico de Salvaterra de	2:34.07	333
5. Luis Suissas Rato 50m: 33.54 100m: 1:12.62 200m: 2:42.80	09 Clube Nautico de Salvaterra de	2:42.80	282
6. Tomas Alexandre Santos 50m: 34.49 100m: 1:16.57 200m: 2:48.24	07 BUZIOS-Coruche	2:48.24	256
7. Luis Miguel Reis 50m: 39.12 100m: 1:24.32 200m: 2:53.66	10 Rio Maior	2:53.66	232
8. Miguel Ferreira Cruz <i>FTL</i> 50m: 39.66 100m: 1:29.16 200m: 2:58.19	08 CLAC-Entroncamento	2:58.19	215
9. Matias Rafael Pacheco 50m: 40.00 100m: 1:25.78 200m: 3:00.78	12 BUZIOS-Coruche	3:00.78	206
10. Vicente Jose Carrilho 50m: 39.88 100m: 1:24.96 200m: 3:01.42	10 BUZIOS-Coruche	3:01.42	204
11. Afonso Goncalves Leite 50m: 40.63 100m: 1:29.35 200m: 3:05.45	10 CLAC-Entroncamento	3:05.45	191
12. Heliodoro Joao Sombreiro 50m: 42.88 100m: 1:33.82 200m: 3:15.70	11 BUZIOS-Coruche	3:15.70	162



Jornada Apuramento Categorias
Coruche,19-01-2025

Prova 4, Masc., 200m Mariposa, Absoluto

Lugar	Ano	Tempo final	Pts
13. Luca Cristian Irimia 50m: 40.92 100m: 1:31.95 200m: 3:17.36	11 Uniao Samoreense	3:17.36	158
14. Lourenco Manuel Palmeiro <i>FTL</i> 50m: 45.10 100m: 1:36.10 200m: 3:19.95	10 BUZIOS-Coruche	3:19.95	152
15. Bernardo Marques Fernandes <i>FTL</i> 50m: 41.25 100m: 1:31.50 200m: 3:25.59	07 CLAC-Entroncamento	3:25.59	140
16. Afonso Ferreira Cruz <i>FTL</i> 50m: 55.84 100m: 2:00.88 200m: 4:13.03	12 CLAC-Entroncamento	4:13.03	75
DSQ Artur Alexandre Silva <i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>	11 20Km de Almeirim		
DSQ Rodrigo Duque Dias <i>SW 8.4 - O (a) atleta não tocou com as mãos na parede simultaneamente na viragem aos 150 metros</i>	09 CLAC-Entroncamento		
DSQ Rodrigo Miranda Rosa <i>SW 8.4 - O (a) atleta não tocou com as mãos na parede simultaneamente na viragem aos 150 metros</i>	12 Uniao Samoreense		
WDR Andre Guilherme Anastacio	10 Nautico Abrantes		

Prova 5
19/01/2025

Femin., 200m Mariposa

Absoluto
Resultados

Inf B: 4:10.00; Inf A: 3:48.00; Juv B: 3:42.00; Juv A: 3:35.00; Jun/Sen: 3:25.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Leonor Sombreiro Martins 50m: 35.35 100m: 1:17.63 200m: 2:46.56	10 BUZIOS-Coruche	2:46.56	370
2. Sofia Barroca Pereira 50m: 38.16 100m: 1:25.39 200m: 3:01.61	11 BUZIOS-Coruche	3:01.61	285
3. Catarina Isabel Galvao 50m: 40.62 100m: 1:27.34 200m: 3:07.12	09 BUZIOS-Coruche	3:07.12	261
4. Leonor Margarida Mateus 50m: 41.05 100m: 1:28.17 200m: 3:07.19	09 BUZIOS-Coruche	3:07.19	260
5. Rita Lino Ferreira 50m: 40.44 100m: 1:27.69 200m: 3:07.91	11 BUZIOS-Coruche	3:07.91	257
6. Maria Carmo Rodrigues 50m: 38.31 100m: 1:26.01 200m: 3:13.53	10 BUZIOS-Coruche	3:13.53	236
7. Angela Maria Pereira 50m: 42.61 100m: 1:34.55 200m: 3:22.74	10 Clube Nautico de Salvaterra de	3:22.74	205
8. Alicia Lopes Deep 50m: 43.54 100m: 1:39.50 200m: 3:29.40	12 BUZIOS-Coruche	3:29.40	186
9. Valentina Rodrigues Feijao 50m: 50.04 100m: 1:48.33 200m: 3:48.26	13 Clube Nautico de Salvaterra de	3:48.26	143
10. Catarina Leonor Pereira <i>FTL</i> 50m: 49.11 100m: 1:47.11 200m: 3:48.75	11 CLAC-Entroncamento	3:48.75	142



Jornada Apuramento Categorias
Coruche,19-01-2025

Prova 5, Femin., 200m Mariposa, Absoluto

Lugar	Ano	Tempo final	Pts
11. Barbara Godinho Simoes	13 CPFZ - Natacao	3:59.44	124
50m: 51.43 100m: 1:53.26 200m: 3:59.44			

Prova 6
19/01/2025

Misto, 4 x 200m Livres

12 anos e mais velhos

Resultados

Pontos: AQUA 2024

Lugar	Tempo final	Pts
12 anos e mais velhos		
1. Uniao Samorense 1	11:24.44	
Marta Costa Soares 12 37.05 1:19.76 2:44.34 2:44.34		
Rodrigo Miranda Rosa 12 1:22.63 2:48.00 2:48.00		
Ana Marisa Simples 12 1:31.63 3:13.75 3:13.75		
Luca Cristian Irimia 11 1:15.96 2:38.35 2:38.35		
2. CLAC-Entroncamento 1	12:55.16	
Rodrigo Duque Dias 09 42.02 1:33.14 3:20.88 3:20.88		
Miguel Ferreira Cruz 08 1:23.45 3:00.76 3:00.76		
Bernardo Marques Fernandes 07 1:31.24 3:27.82 3:27.82		
Afonso Goncalves Leite 10 1:30.93 3:05.70 3:05.70		

2 - 2ª SESSÃO

19/01/2025 - 15:30

Prova 7
19/01/2025

400m Estilos

5 anos e mais velhos

Resultados

Inf B Femin.: 7:40.00; Inf A Femin.: 7:06.00; Juv B Femin.: 7:00.00; Juv A Femin.: 6:45.00; Jun/Sen Femin.: 6:35.00;
Inf A Masc.: 7:00.00; Inf B Masc.: 7:28.00; Juv A Masc.: 6:35.00; Juv B Masc.: 6:48.00; Jun/Sen Masc.: 6:30.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
Absoluto, Femin.			
1. Leonor Sombreiro Martins	10 BUZIOS-Coruche	5:32.55	472
50m: 34.64 100m: 1:16.21 200m: 2:40.76 300m: 4:20.28 400m: 5:32.55			
2. Mariana Mauricio Coelho	07 BUZIOS-Coruche	6:05.26	356
50m: 38.55 100m: 1:26.79 200m: 2:55.72 300m: 4:48.12 400m: 6:05.26			
3. Benedita Maria Lagarinhos	11 Viver Santarem	6:05.30	356
50m: 35.91 100m: 1:18.37 200m: 2:51.29 300m: 4:42.00 400m: 6:05.30			
4. Rita Lino Ferreira	11 BUZIOS-Coruche	6:14.03	331
50m: 41.56 100m: 1:29.77 200m: 3:09.60 300m: 4:50.69 400m: 6:14.03			
5. Alicia Lopes Deep	12 BUZIOS-Coruche	6:24.69	304
50m: 42.98 100m: 1:37.39 200m: 3:17.92 300m: 5:02.60 400m: 6:24.69			
6. Maria Amelia Torres	13 Viver Santarem	6:29.58	293
50m: 41.56 100m: 1:31.19 200m: 3:07.81 300m: 4:59.50 400m: 6:29.58			
7. Catarina Isabel Galvao	09 BUZIOS-Coruche	6:42.03	267
<i>FTL</i>			
50m: 42.20 100m: 1:31.93 200m: 3:18.00 300m: 5:13.62 400m: 6:42.03			
8. Maria Carolina Fidalgo	13 Viver Santarem	7:15.91	209
50m: 50.45 100m: 1:46.98 200m: 3:34.06 300m: 5:37.13 400m: 7:15.91			
9. Joana Ines Antunes	13 CPFZ - Natacao	7:22.50	200
50m: 49.00 100m: 1:49.28 200m: 3:36.38 300m: 5:47.95 400m: 7:22.50			



Jornada Apuramento Categorias
Coruche,19-01-2025

Prova 7, Femin., 400m Estilos, Absoluto

Lugar	Ano	Tempo final	Pts
10. Barbara Godinho Simoes <i>FTL</i>	13 CPFZ - Natacao	7:40.77	177
50m: 48.82 100m: 1:51.43 200m: 3:39.12 300m: 6:00.58 400m: 7:40.77			
WDR Carolina Cupertino Marchante	09 CLAC-Entroncamento		

Absoluto, Masc.

1. Joao Pedro Monteiro	08 BUZIOS-Coruche	5:00.61	476
50m: 30.90 100m: 1:06.40 200m: 2:25.15 300m: 3:50.93 400m: 5:00.61			
2. David Filipe Pacheco	10 BUZIOS-Coruche	5:08.27	441
50m: 31.85 100m: 1:09.05 200m: 2:28.69 300m: 3:59.87 400m: 5:08.27			
3. Artur Rafael Saramago	97 BUZIOS-Coruche	5:09.60	436
50m: 30.31 100m: 1:06.66 200m: 2:28.16 300m: 3:58.07 400m: 5:09.60			
4. Miguel Ferreira Cruz	08 CLAC-Entroncamento	5:30.90	357
50m: 34.67 100m: 1:17.31 200m: 2:39.97 300m: 4:16.87 400m: 5:30.90			
5. Dinis Maria Garcia	09 Nautico Abrantes	5:31.63	354
50m: 38.16 100m: 1:22.91 200m: 2:47.98 300m: 4:17.70 400m: 5:31.63			
6. Afonso Goncalves Leite	10 CLAC-Entroncamento	6:08.29	259
50m: 37.36 100m: 1:22.11 200m: 2:59.37 300m: 4:41.38 400m: 6:08.29			
7. Bernardo Marques Fernandes	07 CLAC-Entroncamento	6:13.56	248
50m: 40.59 100m: 1:31.31 200m: 3:04.14 300m: 4:52.31 400m: 6:13.56			
8. Rodrigo Duque Dias	09 CLAC-Entroncamento	6:24.28	228
50m: 38.68 100m: 1:25.25 200m: 3:02.46 300m: 4:54.50 400m: 6:24.28			
9. Afonso Ferreira Cruz <i>FTL</i>	12 CLAC-Entroncamento	7:46.44	127
50m: 52.23 100m: 1:55.59 200m: 3:50.69 300m: 6:06.87 400m: 7:46.44			
DSQ Rodrigo Miguel Alcobia	11 CPFZ - Natacao		
<i>WPS 11.4.5 - O atleta efetuou movimento vertical de pernas durante o percurso de bruços</i>			
DSQ Gabriel Antonio Marques	11 Nautico Abrantes		
<i>SW 9.4 - O (a) atleta não executou a viragem dos 250 metros de acordo com as regras aplicadas para esse estilo em particular, , percurso de bruços</i>			

S110, Masc.

1. Joao Pedro Monteiro	08 BUZIOS-Coruche	5:00.61	476
50m: 30.90 100m: 1:06.40 200m: 2:25.15 300m: 3:50.93 400m: 5:00.61			
2. David Filipe Pacheco	10 BUZIOS-Coruche	5:08.27	441
50m: 31.85 100m: 1:09.05 200m: 2:28.69 300m: 3:59.87 400m: 5:08.27			
3. Artur Rafael Saramago	97 BUZIOS-Coruche	5:09.60	436
50m: 30.31 100m: 1:06.66 200m: 2:28.16 300m: 3:58.07 400m: 5:09.60			
4. Miguel Ferreira Cruz	08 CLAC-Entroncamento	5:30.90	357
50m: 34.67 100m: 1:17.31 200m: 2:39.97 300m: 4:16.87 400m: 5:30.90			
5. Dinis Maria Garcia	09 Nautico Abrantes	5:31.63	354
50m: 38.16 100m: 1:22.91 200m: 2:47.98 300m: 4:17.70 400m: 5:31.63			
6. Afonso Goncalves Leite	10 CLAC-Entroncamento	6:08.29	259
50m: 37.36 100m: 1:22.11 200m: 2:59.37 300m: 4:41.38 400m: 6:08.29			
7. Bernardo Marques Fernandes	07 CLAC-Entroncamento	6:13.56	248
50m: 40.59 100m: 1:31.31 200m: 3:04.14 300m: 4:52.31 400m: 6:13.56			



Jornada Apuramento Categorias
Coruche,19-01-2025

Prova 7, Masc., 400m Estilos, S110

Lugar	Ano	Tempo final	Pts
8. Rodrigo Duque Dias 50m: 38.68 100m: 1:25.25 200m: 3:02.46 300m: 4:54.50 400m: 6:24.28	09 CLAC-Entroncamento	6:24.28	228
9. Afonso Ferreira Cruz <i>FTL</i> 50m: 52.23 100m: 1:55.59 200m: 3:50.69 300m: 6:06.87 400m: 7:46.44	12 CLAC-Entroncamento	7:46.44	127
DSQ Rodrigo Miguel Alcobia <i>WPS 11.4.5 - O atleta efetuou movimento vertical de pernas durante o percurso de braços</i>	11 CPFZ - Natacao		
DSQ Gabriel Antonio Marques <i>SW 9.4 - O (a) atleta não executou a viragem dos 250 metros de acordo com as regras aplicadas para esse estilo em particular, , percurso de braços</i>	11 Nautico Abrantes		

Prova 8
19/01/2025

Masc., 200m Estilos

Absoluto
Resultados

Inf B: 3:30.00; Inf A: 3:20.00; Juv B: 3:10.00; Juv A: 3:04.00; Jun/Sen: 3:00.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Eliseu Manuel Tavares 50m: 33.99 100m: 1:14.74 200m: 2:40.99	99 Uniao Samorense	2:40.99	315
2. Diogo Chambel Santos 50m: 36.60 100m: 1:19.69 200m: 2:42.56	11 Nautico Abrantes	2:42.56	306
3. Manuel Maria Moniz 50m: 41.22 100m: 1:24.60 200m: 2:49.49	11 20Km de Almeirim	2:49.49	270
4. Luca Cristian Irimia 50m: 35.73 100m: 1:16.05 200m: 2:49.57	11 Uniao Samorense	2:49.57	270
5. Heliodoro Joao Sombreiro 50m: 35.99 100m: 1:18.99 200m: 2:51.27	11 BUZIOS-Coruche	2:51.27	262
6. Matias Rafael Pacheco 50m: 38.17 100m: 1:19.29 200m: 2:52.39	12 BUZIOS-Coruche	2:52.39	257
7. Artur Alexandre Silva 50m: 35.54 100m: 1:23.54 200m: 2:52.61	11 20Km de Almeirim	2:52.61	256
8. Eduardo Domingos Rosa 50m: 39.56 100m: 1:23.45 200m: 2:56.27	11 BUZIOS-Coruche	2:56.27	240
9. Rodrigo Miranda Rosa 50m: 38.15 100m: 1:24.44 200m: 2:58.47	12 Uniao Samorense	2:58.47	231
10. Santiago Raposo Fernandes 50m: 45.41 100m: 1:33.10 200m: 3:07.08	12 20Km de Almeirim	3:07.08	201
11. Lourenco Filipe Costa 50m: 39.75 100m: 1:34.43 200m: 3:11.69	12 20Km de Almeirim	3:11.69	187
12. Gabriel Mocanu 50m: 46.17 100m: 1:40.85 200m: 3:20.94	12 Uniao Samorense	3:20.94	162
13. Salvador Miguel Silva <i>FTL</i> 50m: 47.34 100m: 1:43.41 200m: 3:34.73	11 Viver Santarem	3:34.73	133
14. Sandro Jose Tomas <i>FTL</i> 50m: 53.53 100m: 1:48.00 200m: 3:37.32	12 BUZIOS-Coruche	3:37.32	128



Jornada Apuramento Categorias
Coruche,19-01-2025

Prova 8, Masc., 200m Estilos, Absoluto

Lugar	Ano	Tempo final	Pts
DNS Pedro Figueiredo Ferreira	10 20Km de Almeirim		

Prova 9
19/01/2025

Femin., 200m Bruços

Absoluto Resultados

Inf B: 4:12.00; Inf A: 3:53.00; Juv B: 3:53.00; Juv A: 3:44.00; Jun/Sen: 3:35.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Laura Brites Costa	09 Rio Maior	2:55.28	452
50m: 39.81 100m: 1:24.24 200m: 2:55.28			
2. Catarina Maria Fragoso	07 Viver Santarem	2:56.04	446
50m: 39.27 100m: 1:23.59 200m: 2:56.04			
3. Matilde Casimiro Bibi	12 BUZIOS-Coruche	3:03.41	394
50m: 40.94 100m: 1:27.69 200m: 3:03.41			
4. Sofia Barroca Pereira	11 BUZIOS-Coruche	3:07.32	370
50m: 41.67 100m: 1:30.05 200m: 3:07.32			
5. Catarina Isabel Carlota	05 BUZIOS-Coruche	3:10.71	351
50m: 42.34 100m: 1:30.08 200m: 3:10.71			
6. Rita Lino Ferreira	11 BUZIOS-Coruche	3:18.05	313
50m: 46.59 100m: 1:37.13 200m: 3:18.05			
7. Debora Sofia Santos	10 Rio Maior	3:23.51	289
50m: 46.12 100m: 1:38.08 200m: 3:23.51			
8. Alicia Lopes Deep	12 BUZIOS-Coruche	3:23.69	288
50m: 47.67 100m: 1:40.48 200m: 3:23.69			
9. Maria Ines Campos	09 Nautico Abrantes	3:35.38	243
<i>FTL</i>			
50m: 49.38 100m: 1:43.88 200m: 3:35.38			
10. Rita Balsa Alves	12 BUZIOS-Coruche	3:39.38	230
50m: 49.45 100m: 1:45.17 200m: 3:39.38			
11. Ana Leonor Lopes	12 Rio Maior	3:45.83	211
50m: 53.33 100m: 1:52.02 200m: 3:45.83			
12. Mariana Beatriz Goncalves	13 Uniao Samorense	3:50.11	200
50m: 52.78 100m: 1:52.64 200m: 3:50.11			
13. Maria Francisca Pinheiro	12 Nautico Abrantes	3:55.06	187
<i>FTL</i>			
50m: 51.48 100m: 1:51.86 200m: 3:55.06			
14. Constanca Mendao Silva	13 Rio Maior	4:02.89	170
50m: 55.38 100m: 1:56.62 200m: 4:02.89			
15. Ines Marques Salvador	13 Uniao Samorense	4:03.13	169
50m: 55.05 100m: 1:57.85 200m: 4:03.13			
16. Matilde Maria Neto	13 Uniao Samorense	4:03.61	168
50m: 54.18 100m: 1:56.00 200m: 4:03.61			
17. Leonor Chambel Santos	13 Nautico Abrantes	4:11.05	154
50m: 57.84 100m: 2:02.74 200m: 4:11.05			
DSQ Madalena Marques Cabeleira	13 Uniao Samorense		
<i>SW 7.4 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>			
WDR Marta Costa Soares	12 Uniao Samorense		



Jornada Apuramento Categorias
Coruche,19-01-2025

Prova 9, Femin., 200m Bruços, Absoluto

Lugar	Ano	Tempo final	Pts
WDR Ana Patricia Oliveira	03 Viver Santarem		

Prova 10
19/01/2025

Masc., 200m Bruços

Absoluto Resultados

Inf B: 4:08.00; Inf A: 3:45.00; Juv B: 3:35.00; Juv A: 3:20.00; Jun/Sen: 3:15.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Artur Rafael Saramago 50m: 36.00 100m: 1:17.33 200m: 2:37.90	97 BUZIOS-Coruche	2:37.90	440
2. Joao Pedro Monteiro 50m: 36.51 100m: 1:17.46 200m: 2:38.84	08 BUZIOS-Coruche	2:38.84	432
3. Tomas Alexandre Santos 50m: 37.48 100m: 1:21.08 200m: 2:51.32	07 BUZIOS-Coruche	2:51.32	345
4. Guilherme Martins Conceicao 50m: 38.26 100m: 1:22.56 200m: 2:54.76	10 Viver Santarem	2:54.76	325
5. Diogo Miguel Balsa 50m: 38.27 100m: 1:21.58 200m: 2:57.10	95 BUZIOS-Coruche	2:57.10	312
6. Hugo Miguel Silva 50m: 42.71 100m: 1:30.78 200m: 3:10.46	77 BUZIOS-Coruche	3:10.46	251
7. Diogo Chambel Santos 50m: 43.85 100m: 1:33.11 200m: 3:11.03	11 Nautico Abrantes	3:11.03	248
8. Dinis Oliveira Nunes 50m: 45.56 100m: 1:36.38 200m: 3:22.38	11 BUZIOS-Coruche	3:22.38	209
9. Lourenco Filipe Costa 50m: 45.90 100m: 1:39.00 200m: 3:25.39	12 20Km de Almeirim	3:25.39	200
10. Gabriel Mocanu 50m: 47.79 100m: 1:45.81 200m: 3:42.23	12 Uniao Samorense	3:42.23	158
11. Cassiel Xavier Cabral <i>FTL</i> 50m: 57.10 100m: 2:03.16 200m: 4:15.26	12 Uniao Samorense	4:15.26	104
12. Isaac Lourenco Marques <i>FTL</i> 50m: 58.88 100m: 2:04.34 200m: 4:16.88	12 BUZIOS-Coruche	4:16.88	102
DNS Pedro Figueiredo Ferreira	10 20Km de Almeirim		
DNS Francisco Grave Reis	12 Rio Maior		



Jornada Apuramento Categorias
Coruche,19-01-2025

Prova 11
19/01/2025

Femin., 200m Costas

Absoluto
Resultados

Inf B: 3:45.00; Inf A: 3:26.00; Juv B: 3:21.00; Juv A: 3:15.00; Jun/Sen: 3:02.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Laura Prates Morais 50m: 35.45 100m: 1:13.87 200m: 2:32.59	09 Viver Santarem	2:32.59	473
2. Leonor Sombreiro Martins 50m: 37.05 100m: 1:18.17 200m: 2:40.59	10 BUZIOS-Coruche	2:40.59	406
3. Matilde Casimiro Bibi 50m: 38.26 100m: 1:19.63 200m: 2:42.17	12 BUZIOS-Coruche	2:42.17	394
4. Sofia Barroca Pereira 50m: 38.49 100m: 1:20.11 200m: 2:43.57	11 BUZIOS-Coruche	2:43.57	384
5. Benedita Maria Lagarinhos 50m: 37.56 100m: 1:19.85 200m: 2:44.85	11 Viver Santarem	2:44.85	375
6. Laura Brites Costa 50m: 38.56 100m: 1:20.45 200m: 2:47.12	09 Rio Maior	2:47.12	360
7. Leonor Margarida Mateus 50m: 39.13 100m: 1:21.41 200m: 2:49.80	09 BUZIOS-Coruche	2:49.80	343
8. Diana Goncalves Oliveira 50m: 39.60 100m: 1:21.32 200m: 2:50.56	07 Viver Santarem	2:50.56	339
9. Mariana Mauricio Coelho 50m: 39.75 100m: 1:23.06 200m: 2:50.90	07 BUZIOS-Coruche	2:50.90	337
10. Catarina Maria Fragoso 50m: 40.34 100m: 1:23.22 200m: 2:51.11	07 Viver Santarem	2:51.11	335
11. Beatriz Agostinho Duque 50m: 43.08 100m: 1:27.62 200m: 2:55.32	11 20Km de Almeirim	2:55.32	312
12. Maria Carmo Rodrigues 50m: 43.25 100m: 1:26.24 200m: 2:55.80	10 BUZIOS-Coruche	2:55.80	309
13. Madalena Maria Midoes 50m: 40.09 100m: 1:24.44 200m: 2:57.34	07 Viver Santarem	2:57.34	301
14. Margarida Madeira Pires 50m: 44.54 100m: 1:31.65 200m: 3:03.18	12 Rio Maior	3:03.18	273
15. Maria Amelia Torres 50m: 43.98 100m: 1:31.73 200m: 3:06.07	13 Viver Santarem	3:06.07	261
16. Rita Balsa Alves 50m: 44.81 100m: 1:32.94 200m: 3:09.50	12 BUZIOS-Coruche	3:09.50	247
17. Maria Pais Santos 50m: 45.39 100m: 1:34.53 200m: 3:13.84	12 BUZIOS-Coruche	3:13.84	231
18. Ana Marisa Simples 50m: 46.34 100m: 1:37.94 200m: 3:19.26	12 Uniao Samorense	3:19.26	212
19. Ines Silva Lima <i>FTL</i> 50m: 43.25 100m: 1:33.07 200m: 3:19.85	09 Nautico Abrantes	3:19.85	210
20. Catarina Isabel Galvao <i>FTL</i> 50m: 49.92 100m: 1:41.98 200m: 3:25.91	09 BUZIOS-Coruche	3:25.91	192
21. Maria Carolina Fidalgo 50m: 50.56 100m: 1:43.52 200m: 3:25.93	13 Viver Santarem	3:25.93	192



Jornada Apuramento Categorias
Coruche,19-01-2025

Prova 11, Femin., 200m Costas, Absoluto

Lugar	Ano	Tempo final	Pts
22. Beatriz Isabel Moura <i>FTL</i>	11 Nautico Abrantes	3:27.52	188
50m: 51.05 100m: 1:44.24 200m: 3:27.52			
23. Joana Ines Antunes	13 CPFZ - Natacao	3:29.06	184
50m: 49.61 100m: 1:43.17 200m: 3:29.06			
24. Barbara Godinho Simoes	13 CPFZ - Natacao	3:31.19	178
50m: 49.16 100m: 1:42.34 200m: 3:31.19			
25. Leonor Chambel Santos	13 Nautico Abrantes	3:37.26	164
50m: 52.24 100m: 1:49.30 200m: 3:37.26			
26. Ines Marques Salvador	13 Uniao Samorense	3:38.48	161
50m: 50.56 100m: 1:46.16 200m: 3:38.48			
DSQ Vera Almeida Rosa	09 Nautico Abrantes		
<i>SW 6.2 - O (a) atleta perdeu a posição dorsal durante o percurso</i>			
WDR Laura Sofia Graca	12 Uniao Samorense		
WDR Marta Costa Soares	12 Uniao Samorense		
WDR Carlota Pereira Sousa	08 Viver Santarem		

Prova 12
19/01/2025

Masc., 200m Costas

S110
Resultados

Inf B: 3:35.00; Inf A: 3:17.00; Juv B: 3:09.00; Juv A: 3:02.00; Jun/Sen: 3:00.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
Absoluto			
1. David Filipe Pacheco	10 BUZIOS-Coruche	2:23.78	396
50m: 34.50 100m: 1:10.97 200m: 2:23.78			
2. Pedro Pereira Lopes	99 BUZIOS-Coruche	2:32.62	331
50m: 34.08 100m: 1:12.46 200m: 2:32.62			
3. Luca Cristian Irimia	11 Uniao Samorense	2:35.94	310
50m: 37.16 100m: 1:16.73 200m: 2:35.94			
4. Tomas Alexandre Santos	07 BUZIOS-Coruche	2:37.08	304
50m: 37.11 100m: 1:16.65 200m: 2:37.08			
5. Dinis Maria Garcia	09 Nautico Abrantes	2:37.23	303
50m: 38.06 100m: 1:18.46 200m: 2:37.23			
6. Francisco Maria Dias	11 Viver Santarem	2:38.75	294
50m: 37.24 100m: 1:18.17 200m: 2:38.75			
7. Luis Miguel Reis	10 Rio Maior	2:40.28	286
50m: 37.56 100m: 1:18.56 200m: 2:40.28			
8. Eliseu Manuel Tavares	99 Uniao Samorense	2:41.61	279
50m: 36.03 100m: 1:16.65 200m: 2:41.61			
9. Gabriel Antunes Ramos	09 Rio Maior	2:42.06	276
50m: 38.11 100m: 1:19.06 200m: 2:42.06			
10. Matias Rafael Pacheco	12 BUZIOS-Coruche	2:45.59	259
50m: 39.76 100m: 1:21.66 200m: 2:45.59			
11. Guilherme Martins Conceicao	10 Viver Santarem	2:47.63	250
50m: 40.06 100m: 1:22.63 200m: 2:47.63			
12. Manuel Maria Moniz	11 20Km de Almeirim	2:50.34	238
50m: 42.56 100m: 1:26.56 200m: 2:50.34			



Jornada Apuramento Categorias
Coruche,19-01-2025

Prova 12, Masc., 200m Costas, Absoluto

Lugar	Ano	Tempo final	Pts
13. Eduardo Domingos Rosa 50m: 42.49 100m: 1:26.59 200m: 2:53.48	11 BUZIOS-Coruche	2:53.48	225
14. Lourenco Manuel Palmeiro 50m: 40.98 100m: 1:25.05 200m: 2:53.87	10 BUZIOS-Coruche	2:53.87	224
15. Rodrigo Miranda Rosa 50m: 42.54 100m: 1:28.68 200m: 2:59.90	12 Uniao Samorense	2:59.90	202
16. Vicente Jose Carrilho 50m: 43.46 100m: 1:30.43 200m: 3:01.46	10 BUZIOS-Coruche	3:01.46	197
17. Santiago Raposo Fernandes 50m: 42.67 100m: 1:29.32 200m: 3:02.38	12 20Km de Almeirim	3:02.38	194
18. Rodrigo Miguel Alcobia <i>FTL</i> 50m: 49.38 100m: 1:43.31 200m: 3:32.13	11 CPFZ - Natacao	3:32.13	123
19. Sandro Jose Tomas 50m: 49.34 100m: 1:45.72 200m: 3:32.17	12 BUZIOS-Coruche	3:32.17	123
WDR Rodolfo Charrua Gago	08 Viver Santarem		
WDR Andre Guilherme Anastacio	10 Nautico Abrantes		

S110

1. David Filipe Pacheco 50m: 34.50 100m: 1:10.97 200m: 2:23.78	10 BUZIOS-Coruche	2:23.78	396
2. Pedro Pereira Lopes 50m: 34.08 100m: 1:12.46 200m: 2:32.62	99 BUZIOS-Coruche	2:32.62	331
3. Luca Cristian Irimia 50m: 37.16 100m: 1:16.73 200m: 2:35.94	11 Uniao Samorense	2:35.94	310
4. Tomas Alexandre Santos 50m: 37.11 100m: 1:16.65 200m: 2:37.08	07 BUZIOS-Coruche	2:37.08	304
5. Dinis Maria Garcia 50m: 38.06 100m: 1:18.46 200m: 2:37.23	09 Nautico Abrantes	2:37.23	303
6. Francisco Maria Dias 50m: 37.24 100m: 1:18.17 200m: 2:38.75	11 Viver Santarem	2:38.75	294
7. Luis Miguel Reis 50m: 37.56 100m: 1:18.56 200m: 2:40.28	10 Rio Maior	2:40.28	286
8. Eliseu Manuel Tavares 50m: 36.03 100m: 1:16.65 200m: 2:41.61	99 Uniao Samorense	2:41.61	279
9. Gabriel Antunes Ramos 50m: 38.11 100m: 1:19.06 200m: 2:42.06	09 Rio Maior	2:42.06	276
10. Matias Rafael Pacheco 50m: 39.76 100m: 1:21.66 200m: 2:45.59	12 BUZIOS-Coruche	2:45.59	259
11. Guilherme Martins Conceicao 50m: 40.06 100m: 1:22.63 200m: 2:47.63	10 Viver Santarem	2:47.63	250
12. Manuel Maria Moniz 50m: 42.56 100m: 1:26.56 200m: 2:50.34	11 20Km de Almeirim	2:50.34	238
13. Eduardo Domingos Rosa 50m: 42.49 100m: 1:26.59 200m: 2:53.48	11 BUZIOS-Coruche	2:53.48	225
14. Lourenco Manuel Palmeiro 50m: 40.98 100m: 1:25.05 200m: 2:53.87	10 BUZIOS-Coruche	2:53.87	224



Jornada Apuramento Categorias
Coruche,19-01-2025

Prova 12, Masc., 200m Costas, S110

Lugar	Ano	Tempo final	Pts
15. Rodrigo Miranda Rosa 50m: 42.54 100m: 1:28.68 200m: 2:59.90	12 Uniao Samorense	2:59.90	202
16. Vicente Jose Carrilho 50m: 43.46 100m: 1:30.43 200m: 3:01.46	10 BUZIOS-Coruche	3:01.46	197
17. Santiago Raposo Fernandes 50m: 42.67 100m: 1:29.32 200m: 3:02.38	12 20Km de Almeirim	3:02.38	194
18. Rodrigo Miguel Alcobia <i>FTL</i> 50m: 49.38 100m: 1:43.31 200m: 3:32.13	11 CPFZ - Natacao	3:32.13	123
19. Sandro Jose Tomas 50m: 49.34 100m: 1:45.72 200m: 3:32.17	12 BUZIOS-Coruche	3:32.17	123
WDR Rodolfo Charrua Gago	08 Viver Santarem		
WDR Andre Guilherme Anastacio	10 Nautico Abrantes		