



Jornada Abertura Categorias
Entroncamento,20-10-2024

1 - 1ª SESSÃO

20/10/2024 - 9:30

Prova 1 400m Estilos 12 anos e mais velhos
20/10/2024 - 9:30 Resultados

Inf B Femin.: 7:40.00; Inf B Masc.: 7:28.00; Inf A Femin.: 7:06.00; Inf A Masc.: 7:00.00; Juv B Femin.: 7:00.00; Juv B Masc.: 6:48.00;
Juv A Femin.: 6:45.00; Juv A Masc.: 6:35.00; Jun/Sen Femin.: 6:35.00; Jun/Sen Masc.: 6:30.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
Absoluto, Femin.			
1. Maria Madalena Monteiro 50m: 35.94 100m: 1:20.97 400m: 5:41.79	08 Gualdim Pais	5:41.79	434
2. Catarina Maria Fragoso 50m: 35.46 100m: 1:18.13 400m: 5:53.96	07 Viver Santarem	5:53.96	391
3. Benedita Maria Lagarinhos 50m: 35.80 100m: 1:18.38 400m: 6:12.13	11 Viver Santarem	6:12.13	336
4. Carolina Santos Carrilho 50m: 41.03 100m: 1:30.55 400m: 6:21.07	08 CLAC-Entroncamento	6:21.07	313
5. Alicia Lopes Deep 50m: 40.87 100m: 1:34.99 400m: 6:40.61	12 BUZIOS - Coruche	6:40.61	270
6. Iris Simoes Martins <i>FTL</i> 50m: 41.11 100m: 1:33.02 400m: 6:47.47	08 CLAC-Entroncamento	6:47.47	256
7. Matilde Abelho Vaz <i>FTL</i> 50m: 48.20 100m: 1:48.59 400m: 7:09.10	12 CLAC-Entroncamento	7:09.10	219
8. Catarina Leonor Pereira <i>FTL</i> 50m: 47.06 100m: 1:43.58 400m: 7:34.13	11 CLAC-Entroncamento	7:34.13	185
9. Ines Santos Pina <i>FTL</i> 50m: 53.99 100m: 1:59.64 400m: 8:13.14	12 CLAC-Entroncamento	8:13.14	144
DSQ Mafalda Ines Martinho <i>SW 7.6 - O (a) atleta não tocou com as mãos na parede separadas e simultâneamente na viragem aos 250 metros</i>	13 CLAC-Entroncamento		
DSQ Joana Verissimo Tavares <i>SW 9.1 - Os (as) atletas nadaram os estilos pela ordem incorrecta</i>	12 CLAC-Entroncamento		

Absoluto, Masc.

1. Dinis Maria Garcia 50m: 34.09 100m: 1:15.38 400m: 5:15.63	09 Nautico Abrantes	5:15.63	411
2. Daniel Filipe Jorge 50m: 33.30 100m: 1:12.87 400m: 5:28.66	10 Rio Maior	5:28.66	364
3. Leonardo Gomes Silva 50m: 31.84 100m: 1:10.06 400m: 5:35.23	08 Rio Maior	5:35.23	343
4. Martim Maria Salvador 50m: 31.77 100m: 1:10.42 400m: 5:39.27	11 Nautico Salvaterra Magos	5:39.27	331
5. Tiago Frazao Barra 50m: 36.31 100m: 1:19.23 400m: 5:46.16	10 Rio Maior	5:46.16	312



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 1, Masc., 400m Estilos, Absoluto

Lugar	Ano	Tempo final	Pts
6. Guilherme Gomes Nunes 50m: 39.10 100m: 1:24.74 400m: 5:50.99	10 Nautico Salvaterra Magos	5:50.99	299
7. Francisco Maria Dias 50m: 37.31 100m: 1:22.57 400m: 6:02.84	11 Viver Santarem	6:02.84	271
8. Andre Guilherme Anastacio 50m: 35.32 100m: 1:19.52 400m: 6:02.94	10 Nautico Abrantes	6:02.94	270
9. Diogo Chambel Santos 50m: 42.98 100m: 1:37.58 400m: 6:15.20	11 Nautico Abrantes	6:15.20	245
10. Afonso Ferreira Cruz <i>FTL</i> 50m: 50.91 100m: 1:53.44 400m: 7:46.00	12 CLAC-Entroncamento	7:46.00	127
DSQ Bernardo Marques Fernandes <i>SW 10.2 - O (a) atleta não completou o percurso</i>	07 CLAC-Entroncamento		
WDR Guilherme Martins Conceicao	10 Viver Santarem		

Prova 2

Masc., 100m Costas

Absoluto
Resultados

20/10/2024 - 9:55

Inf B: 1:40.00; Inf A: 1:31.00; Juv B: 1:26.00; Juv A: 1:21.00; Jun/Sen: 1:19.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Afonso Bernardo Evaristo 50m: 30.78 100m: 1:03.81	08 Gualdim Pais	1:03.81	434
2. Miguel Silva Lima 50m: 31.14 100m: 1:05.61	09 Nautico Abrantes	1:05.61	399
3. Diogo Miguel Balsa 50m: 32.97 100m: 1:08.68	95 BUZIOS - Coruche	1:08.68	348
4. Ruben Filipe Carreira 50m: 33.38 100m: 1:10.63	03 Rio Maior	1:10.63	320
5. Miguel Ferreira Cruz 50m: 34.06 100m: 1:11.06	08 CLAC-Entroncamento	1:11.06	314
6. Francisco Manuel Cadete 50m: 34.90 100m: 1:11.81	10 Nautico Abrantes	1:11.81	304
7. Rodolfo Charrua Gago 50m: 33.96 100m: 1:11.86	08 Viver Santarem	1:11.86	304
8. Pedro Morgado Costa 50m: 34.79 100m: 1:12.05	09 Rio Maior	1:12.05	301
9. Gabriel Sa Chambel 50m: 35.25 100m: 1:12.53	09 CLAC-Entroncamento	1:12.53	295
10. Tomas Alexandre Santos 50m: 35.51 100m: 1:13.46	07 BUZIOS - Coruche	1:13.46	284
11. Bernardo Marques Fernandes 50m: 37.42 100m: 1:14.78	07 CLAC-Entroncamento	1:14.78	269
12. Gabriel Antunes Ramos 50m: 37.63 100m: 1:16.35	09 Rio Maior	1:16.35	253
13. Luca Cristian Irimia 50m: 37.39 100m: 1:16.61	11 Uniao Samorense	1:16.61	251



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 2, Masc., 100m Costas, Absoluto

Lugar	Ano	Tempo final	Pts
14. Francisco Maria Dias 50m: 37.63 100m: 1:18.19	11 Viver Santarem	1:18.19	236
15. Luis Miguel Reis 50m: 38.86 100m: 1:20.16	10 Rio Maior	1:20.16	219
16. Francisco Grave Reis 50m: 39.70 100m: 1:20.60	12 Rio Maior	1:20.60	215
17. Matias Rafael Pacheco 50m: 39.65 100m: 1:20.90	12 BUZIOS - Coruche	1:20.90	213
18. Martim Miguel Santos 50m: 40.35 100m: 1:22.10	11 Rio Maior	1:22.10	203
19. Pedro Figueiredo Ferreira 50m: 39.70 100m: 1:23.08	10 20Km de Almeirim	1:23.08	196
20. Manuel Maria Moniz 50m: 41.58 100m: 1:23.76	11 20Km de Almeirim	1:23.76	192
21. Afonso Goncalves Leite 50m: 40.95 100m: 1:24.10	10 CLAC-Entroncamento	1:24.10	189
22. Gabriel Antonio Marques 50m: 41.76 100m: 1:25.26	11 Nautico Abrantes	1:25.26	182
23. Vicente Jose Carrilho 50m: 42.94 100m: 1:25.37	10 BUZIOS - Coruche	1:25.37	181
24. Rodrigo Miranda Rosa 50m: 41.53 100m: 1:25.78	12 Uniao Samorense	1:25.78	178
25. Francisco Macedo Pereira 50m: 40.73 100m: 1:25.98	10 Nautico Abrantes	1:25.98	177
26. Dinis Oliveira Nunes 50m: 43.17 100m: 1:27.32	11 BUZIOS - Coruche	1:27.32	169
27. Santiago Raposo Fernandes 50m: 44.47 100m: 1:30.58	12 20Km de Almeirim	1:30.58	151
28. Tiago Daniel Santos <i>FTL</i> 50m: 43.17 100m: 1:31.42	11 BUZIOS - Coruche	1:31.42	147
29. Jose Tomas Martins <i>FTL</i> 50m: 44.06 100m: 1:31.44	09 BUZIOS - Coruche	1:31.44	147
30. Artur Alexandre Silva <i>FTL</i> 50m: 45.41 100m: 1:33.66	11 20Km de Almeirim	1:33.66	137
31. Tomas Miguel Pedro <i>FTL</i> 50m: 45.88 100m: 1:37.59	11 BUZIOS - Coruche	1:37.59	121
32. Afonso Tomas Antunes <i>FTL</i> 50m: 46.75 100m: 1:37.76	11 Natacao do Tejo	1:37.76	120
33. Gabriel Mocanu <i>FTL</i> 50m: 48.10 100m: 1:41.42	12 Uniao Samorense	1:41.42	108



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 2, Masc., 100m Costas, Absoluto

Lugar	Ano	Tempo final	Pts
34. Gabriel Fernandes Samouco <i>FTL</i> 50m: 47.87 100m: 1:41.92	12 Natacao do Tejo	1:41.92	106
35. Lourenco Filipe Costa <i>FTL</i> 50m: 47.85 100m: 1:42.41	12 20Km de Almeirim	1:42.41	105
36. Artur Miguel Silva <i>FTL</i> 50m: 48.39 100m: 1:44.08	12 Natacao do Tejo	1:44.08	100
37. Cassiel Xavier Cabral <i>FTL</i> 50m: 50.81 100m: 1:46.59	12 Uniao Samorense	1:46.59	93
38. Salvador Miguel Silva <i>FTL</i> 50m: 50.10 100m: 1:47.90	11 Viver Santarem	1:47.90	89
39. Sandro Jose Tomas <i>FTL</i> 50m: 54.57 100m: 1:50.09	12 BUZIOS - Coruche	1:50.09	84
40. Tomas Miguel Mendes <i>FTL</i> 50m: 54.06 100m: 1:50.80	12 CLAC-Entroncamento	1:50.80	82
41. Isaac Lourenco Marques <i>FTL</i> 50m: 1:02.34 100m: 2:07.66	12 BUZIOS - Coruche	2:07.66	54
DSQ Abel Elias Ramos <i>SW 6.5 - O (a) atleta não chegou na posição dorsal</i>	11 Gualdim Pais		
WDR Eduardo Domingos Rosa	11 BUZIOS - Coruche		
WDR Alexandre Miguel Adriano	09 Nautico Salvaterra Magos		

Prova 3
20/10/2024 - 10:10

Femin., 100m Costas

Absoluto
Resultados

Inf B: 1:45.00; Inf A: 1:38.00; Juv B: 1:34.00; Juv A: 1:32.00; Jun/Sen: 1:28.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Laura Prates Morais 50m: 35.73 100m: 1:14.30	09 Viver Santarem	1:14.30	403
2. Leonor Sombreiro Martins 50m: 36.74 100m: 1:15.56	10 BUZIOS - Coruche	1:15.56	383
3. Matilde Casimiro Bibi 50m: 37.18 100m: 1:16.04	12 BUZIOS - Coruche	1:16.04	376
4. Sofia Barroca Pereira 50m: 37.46 100m: 1:16.67	11 BUZIOS - Coruche	1:16.67	366
5. Lara Paixao Silva 50m: 37.36 100m: 1:18.35	10 Rio Maior	1:18.35	343
6. Madalena Maria Midoes 50m: 38.10 100m: 1:18.76	07 Viver Santarem	1:18.76	338



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 3, Femin., 100m Costas, Absoluto

Lugar	Ano	Tempo final	Pts
7. Angela Maria Pereira 50m: 39.12 100m: 1:21.51	10 Nautico Salvaterra Magos	1:21.51	305
8. Marta Costa Soares 50m: 38.75 100m: 1:21.78	12 Uniao Samorense	1:21.78	302
9. Maria Carmo Rodrigues 50m: 41.06 100m: 1:23.03	10 BUZIOS - Coruche	1:23.03	288
10. Diana Goncalves Oliveira 50m: 40.23 100m: 1:23.63	07 Viver Santarem	1:23.63	282
11. Mariana Mauricio Coelho 50m: 41.30 100m: 1:24.58	07 BUZIOS - Coruche	1:24.58	273
12. Debora Sofia Santos 50m: 41.89 100m: 1:25.07	10 Rio Maior	1:25.07	268
13. Daniela Santos Carrilho 50m: 40.45 100m: 1:25.18	08 CLAC-Entroncamento	1:25.18	267
14. Vera Almeida Rosa 50m: 40.78 100m: 1:25.61	09 Nautico Abrantes	1:25.61	263
15. Flor Fortunata Ferreira 50m: 40.51 100m: 1:25.69	10 Gualdim Pais	1:25.69	262
16. Beatriz Agostinho Duque 50m: 42.91 100m: 1:26.70	11 20Km de Almeirim	1:26.70	253
17. Diana Marques Maquilao 50m: 42.80 100m: 1:26.77	12 Nautico Salvaterra Magos	1:26.77	253
18. Maria Amelia Torres 50m: 42.58 100m: 1:27.93	13 Viver Santarem	1:27.93	243
19. Leonor Marques Carvalho <i>FTL</i> 50m: 43.15 100m: 1:28.22	09 Rio Maior	1:28.22	240
20. Matilde Abelho Vaz 50m: 44.78 100m: 1:30.81	12 CLAC-Entroncamento	1:30.81	220
21. Maria Ines Campos <i>FTL</i> 50m: 44.47 100m: 1:31.30	09 Nautico Abrantes	1:31.30	217
22. Valentina Rodrigues Feijao 50m: 43.75 100m: 1:31.86	13 Nautico Salvaterra Magos	1:31.86	213
23. Margarida Madeira Pires 50m: 45.41 100m: 1:32.56	12 Rio Maior	1:32.56	208
24. Carlota Pereira Sousa <i>FTL</i> 50m: 44.70 100m: 1:32.66	08 Viver Santarem	1:32.66	207
25. Maria Pais Santos 50m: 44.94 100m: 1:33.41	12 BUZIOS - Coruche	1:33.41	202
26. Ines Silva Lima <i>FTL</i> 50m: 43.66 100m: 1:33.82	09 Nautico Abrantes	1:33.82	200
27. Ana Marisa Simples 50m: 46.59 100m: 1:34.55	12 Uniao Samorense	1:34.55	195



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 3, Femin., 100m Costas, Absoluto

Lugar	Ano	Tempo final	Pts
28. Rita Balsa Alves 50m: 44.53 100m: 1:34.74	12 BUZIOS - Coruche	1:34.74	194
29. Laura Sofia Graca 50m: 46.53 100m: 1:35.41	12 Uniao Samorense	1:35.41	190
30. Raquel Fernandes Samouco <i>FTL</i> 50m: 47.53 100m: 1:40.06	10 Natacao do Tejo	1:40.06	165
31. Beatriz Rodrigues Fontinho <i>FTL</i> 50m: 49.46 100m: 1:40.68	12 CLAC-Entroncamento	1:40.68	162
32. Beatriz Isabel Moura <i>FTL</i> 50m: 48.59 100m: 1:40.99	11 Nautico Abrantes	1:40.99	160
33. Leonor Chambel Santos 50m: 49.94 100m: 1:41.79	13 Nautico Abrantes	1:41.79	156
34. Maria Carolina Fidalgo	13 Viver Santarem	1:41.89	156
35. Joana Verissimo Tavares <i>FTL</i> 50m: 49.11 100m: 1:42.30	12 CLAC-Entroncamento	1:42.30	154
36. Maria Francisca Pinheiro <i>FTL</i> 50m: 50.38 100m: 1:44.88	12 Nautico Abrantes	1:44.88	143
37. Matilde Peixoto Amado <i>FTL</i> 50m: 48.62 100m: 1:45.60	13 Natacao do Tejo	1:45.60	140
38. Ana Leonor Lopes <i>FTL</i> 50m: 52.05 100m: 1:46.40	12 Rio Maior	1:46.40	137
39. Constanca Mendao Silva <i>FTL</i> 50m: 51.26 100m: 1:46.84	13 Rio Maior	1:46.84	135
40. Maria Marques Mariano <i>FTL</i> 50m: 51.65 100m: 1:47.62	12 Nautico Abrantes	1:47.62	132
41. Ines Marques Salvador <i>FTL</i> 50m: 52.39 100m: 1:47.90	13 Uniao Samorense	1:47.90	131
42. Mafalda Ines Martinho <i>FTL</i> 50m: 56.47 100m: 1:51.87	13 CLAC-Entroncamento	1:51.87	118
43. Maria Leonor Jesus <i>FTL</i> 50m: 1:01.71 100m: 2:05.99	12 Viver Santarem	2:05.99	82
44. Maria Alves Oliveira <i>FTL</i> 50m: 58.27 100m: 2:08.13	12 Viver Santarem	2:08.13	78



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 3, Femin., 100m Costas, Absoluto

Lugar	Ano	Tempo final	Pts
DSQ Mariana Beatriz Goncalves <i>SW 6.2 - O (a) atleta perdeu a posição dorsal durante o percurso</i>	13 Uniao Samoreense		
DNS Carolina Cupertino Marchante	09 CLAC-Entroncamento		
DNS Maria Lamas Alves	13 Uniao Samoreense		
DNS Matilde Maria Neto	13 Uniao Samoreense		
WDR Camila Alemao Fonseca	13 Uniao Samoreense		

Prova 4

Masc., 100m Mariposa

S3

20/10/2024 - 10:30

Resultados

Inf B: 1:49.00; Inf A: 1:42.50; Juv B: 1:35.00; Juv A: 1:27.00; Jun/Sen: 1:19.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
Absoluto			
1. Artur Rafael Saramago 50m: 28.14 100m: 1:01.46	97 BUZIOS - Coruche	1:01.46	469
2. Pedro Pereira Lopes 50m: 29.00 100m: 1:02.50	99 BUZIOS - Coruche	1:02.50	446
3. Joao Pedro Monteiro 50m: 30.44 100m: 1:04.59	08 BUZIOS - Coruche	1:04.59	404
4. Rodolfo Charrua Gago 50m: 29.39 100m: 1:04.60	08 Viver Santarem	1:04.60	404
5. David Filipe Pacheco 50m: 30.38 100m: 1:04.89	10 BUZIOS - Coruche	1:04.89	399
6. Leonardo Gomes Silva 50m: 30.85 100m: 1:06.51	08 Rio Maior	1:06.51	370
7. Guilherme Filipe Gaboleiro 50m: 26.86 100m: 1:06.86	05 Rio Maior	1:06.86	364
8. Luis Suissas Rato 50m: 30.75 100m: 1:07.60	09 Nautico Salvaterra Magos	1:07.60	353
9. Daniel Filipe Jorge 50m: 32.13 100m: 1:08.55	10 Rio Maior	1:08.55	338
10. Francisco Manuel Cadete 50m: 31.70 100m: 1:09.03	10 Nautico Abrantes	1:09.03	331
11. Martim Maria Salvador 50m: 32.06 100m: 1:09.30	11 Nautico Salvaterra Magos	1:09.30	327
12. Ruben Filipe Carreira 50m: 32.22 100m: 1:09.43	03 Rio Maior	1:09.43	325
13. Dinis Maria Garcia 50m: 32.30 100m: 1:09.57	09 Nautico Abrantes	1:09.57	323
14. Miguel Silva Lima 50m: 32.42 100m: 1:11.83	09 Nautico Abrantes	1:11.83	294
15. Miguel Ferreira Cruz 50m: 33.03 100m: 1:13.14	08 CLAC-Entroncamento	1:13.14	278
16. Simao Rocha Silva 50m: 33.10 100m: 1:13.26	07 Gualdim Pais	1:13.26	277
17. Daniel Santos Carapeto 50m: 33.15 100m: 1:13.30	07 Nautico Abrantes	1:13.30	276

Prova 4, Masc., 100m Mariposa, Absoluto

Lugar	Ano	Tempo final	Pts
18. Tiago Frazao Barra 50m: 37.16 100m: 1:17.19	10 Rio Maior	1:17.19	237
19. Afonso Goncalves Leite 50m: 35.39 100m: 1:17.28	10 CLAC-Entroncamento	1:17.28	236
20. Gabriel Sa Chambel 50m: 36.77 100m: 1:18.87	09 CLAC-Entroncamento	1:18.87	222
21. Pedro Figueiredo Ferreira 50m: 36.10 100m: 1:20.26	10 20Km de Almeirim	1:20.26	210
22. Tiago Goncalves Vieira 50m: 36.99 100m: 1:20.96	10 Gualdim Pais	1:20.96	205
23. Guilherme Gomes Nunes 50m: 36.35 100m: 1:21.00	10 Nautico Salvaterra Magos	1:21.00	205
24. Heliodoro Joao Sombreiro 50m: 37.50 100m: 1:22.39	11 BUZIOS - Coruche	1:22.39	195
25. Rodrigo Miranda Rosa 50m: 40.03 100m: 1:23.64	12 Uniao Samorense	1:23.64	186
26. Matias Rafael Pacheco 50m: 38.63 100m: 1:23.84	12 BUZIOS - Coruche	1:23.84	185
27. Luca Cristian Irimia 50m: 40.69 100m: 1:24.26	11 Uniao Samorense	1:24.26	182
28. Vicente Jose Carrilho 50m: 40.92 100m: 1:24.69	10 BUZIOS - Coruche	1:24.69	179
29. Martim Miguel Santos 50m: 39.21 100m: 1:24.81	11 Rio Maior	1:24.81	178
30. Artur Alexandre Silva 50m: 39.22 100m: 1:24.96	11 20Km de Almeirim	1:24.96	177
31. Manuel Maria Moniz 50m: 41.47 100m: 1:28.43	11 20Km de Almeirim	1:28.43	157
32. Francisco Grave Reis 50m: 40.72 100m: 1:30.65	12 Rio Maior	1:30.65	146
33. Lourenco Filipe Costa 50m: 41.28 100m: 1:31.13	12 20Km de Almeirim	1:31.13	144
34. Gabriel Antonio Marques 50m: 44.98 100m: 1:38.03	11 Nautico Abrantes	1:38.03	115
35. Jose Tomas Martins <i>FTL</i> 50m: 44.65 100m: 1:38.96	09 BUZIOS - Coruche	1:38.96	112
36. Gabriel Mocanu 50m: 51.50 100m: 1:48.50	12 Uniao Samorense	1:48.50	85
37. Afonso Ferreira Cruz <i>FTL</i> 50m: 51.34 100m: 1:54.94	12 CLAC-Entroncamento	1:54.94	71
38. Sandro Jose Tomas <i>FTL</i> 50m: 59.50 100m: 2:09.47	12 BUZIOS - Coruche	2:09.47	50



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 4, Masc., 100m Mariposa, Absoluto

Lugar	Ano	Tempo final	Pts
39. Tiago Manuel Silva <i>RECORDE NACIONAL, S3</i> 50m: 1:37.28 100m: 3:29.01	05 CLAC-Entroncamento	3:29.01	11
DSQ Santiago Raposo Fernandes <i>SW 8.4 - O (a) atleta não tocou com as mãos na parede simultaneamente na viragem aos 50 metros</i>	12 20Km de Almeirim		
DSQ Tomas Miguel Pedro <i>SW 8.4 - O (a) atleta não tocou com as mãos na parede simultaneamente na viragem aos 50 metros</i>	11 BUZIOS - Coruche		
WDR Eduardo Domingos Rosa	11 BUZIOS - Coruche		
WDR Alexandre Miguel Adriano	09 Nautico Salvaterra Magos		
WDR Guilherme Martins Conceicao	10 Viver Santarem		

S3

1. Tiago Manuel Silva <i>RECORDE NACIONAL, S3</i> 50m: 1:37.28 100m: 3:29.01	05 CLAC-Entroncamento	3:29.01	11
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Prova 5

20/10/2024 - 10:45

Femin., 100m Mariposa

Absoluto
Resultados

Inf B: 1:53.00; Inf A: 1:50.00; Juv B: 1:48.00; Juv A: 1:36.00; Jun/Sen: 1:30.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Laura Brites Costa 50m: 34.31 100m: 1:13.60	09 Rio Maior	1:13.60	396
2. Benedita Maria Lagarinhos 50m: 35.53 100m: 1:17.40	11 Viver Santarem	1:17.40	340
3. Madalena Nunes Domingos 50m: 35.76 100m: 1:18.30	07 Viver Santarem	1:18.30	328
4. Catarina Maria Fragoso 50m: 36.51 100m: 1:20.21	07 Viver Santarem	1:20.21	305
5. Catarina Isabel Galvao 50m: 38.02 100m: 1:22.56	09 BUZIOS - Coruche	1:22.56	280
6. Leonor Margarida Mateus 50m: 38.87 100m: 1:25.48	09 BUZIOS - Coruche	1:25.48	252
7. Maria Carmo Rodrigues 50m: 38.08 100m: 1:28.16	10 BUZIOS - Coruche	1:28.16	230
8. Leonor Marques Carvalho 50m: 41.31 100m: 1:29.09	09 Rio Maior	1:29.09	223
9. Daniela Santos Carrilho <i>FTL</i> 50m: 40.47 100m: 1:30.22	08 CLAC-Entroncamento	1:30.22	215
10. Angela Maria Pereira 50m: 41.02 100m: 1:31.01	10 Nautico Salvaterra Magos	1:31.01	209
11. Rita Lino Ferreira 50m: 43.10 100m: 1:32.13	11 BUZIOS - Coruche	1:32.13	201
12. Debora Sofia Santos 50m: 42.28 100m: 1:32.64	10 Rio Maior	1:32.64	198



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 5, Femin., 100m Mariposa, Absoluto

Lugar	Ano	Tempo final	Pts
13. Maria Amelia Torres 50m: 44.46 100m: 1:32.91	13 Viver Santarem	1:32.91	196
14. Marta Costa Soares 50m: 43.26 100m: 1:34.59	12 Uniao Samoreense	1:34.59	186
15. Vera Almeida Rosa <i>FTL</i> 50m: 42.98 100m: 1:35.88	09 Nautico Abrantes	1:35.88	179
16. Beatriz Isabel Moura 50m: 44.61 100m: 1:37.93	11 Nautico Abrantes	1:37.93	168
17. Maria Pais Santos 50m: 44.81 100m: 1:37.96	12 BUZIOS - Coruche	1:37.96	167
18. Catarina Leonor Pereira 50m: 44.90 100m: 1:40.83	11 CLAC-Entroncamento	1:40.83	154
19. Ana Marisa Simples 50m: 48.09 100m: 1:42.06	12 Uniao Samoreense	1:42.06	148
20. Valentina Rodrigues Feijao 50m: 47.04 100m: 1:42.86	13 Nautico Salvaterra Magos	1:42.86	145
21. Diana Marques Maquilao 50m: 48.21 100m: 1:43.22	12 Nautico Salvaterra Magos	1:43.22	143
22. Beatriz Agostinho Duque 50m: 49.06 100m: 1:43.44	11 20Km de Almeirim	1:43.44	142
23. Laura Sofia Graca 50m: 50.04 100m: 1:45.51	12 Uniao Samoreense	1:45.51	134
24. Ines Santos Pina <i>FTL</i> 50m: 53.95 100m: 1:55.85	12 CLAC-Entroncamento	1:55.85	101
25. Leonor Chambel Santos <i>FTL</i> 50m: 55.44 100m: 1:56.16	13 Nautico Abrantes	1:56.16	100
26. Ines Marques Salvador <i>FTL</i> 50m: 53.23 100m: 1:58.71	13 Uniao Samoreense	1:58.71	94
DNS Maria Lamas Alves	13 Uniao Samoreense		
DNS Matilde Maria Neto	13 Uniao Samoreense		
WDR Matilde Abelho Vaz	12 CLAC-Entroncamento		
WDR Camila Alemao Fonseca	13 Uniao Samoreense		
WDR Ana Patricia Oliveira	03 Viver Santarem		



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 6
20/10/2024 - 11:05

800m Livres

12 anos e mais velhos
Resultados

Inf B Femin.: 14:00.00; Inf B Masc.: 13:10.00; Inf A Femin.: 13:17.00; Inf A Masc.: 12:20.00; Juv B Femin.: 13:00.90;
Juv B Masc.: 11:20.00; Juv A Femin.: 12:41.00; Juv A Masc.: 10:58.00; Jun/Sen Femin.: 12:16.00; Jun/Sen Masc.: 10:34.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
Absoluto, Femin.			
1. Leonor Sombreiro Martins	10 BUZIOS - Coruche	9:54.72	517
50m: 33.00 100m: 1:09.29 200m: 2:24.00 400m: 4:55.19 800m: 9:54.72			
2. Maria Madalena Monteiro	08 Gualdim Pais	10:08.12	483
50m: 34.79 100m: 1:12.37 200m: 2:27.72 400m: 5:01.97 800m: 10:08.12			
3. Laura Brites Costa	09 Rio Maior	10:12.11	474
50m: 34.57 100m: 1:12.43 200m: 2:29.22 400m: 5:04.86 800m: 10:12.11			
4. Sofia Barroca Pereira	11 BUZIOS - Coruche	10:12.89	472
50m: 34.79 100m: 1:12.76 200m: 2:30.63 400m: 5:03.59 800m: 10:12.89			
5. Matilde Casimiro Bibi	12 BUZIOS - Coruche	10:30.70	433
50m: 34.50 100m: 1:13.78 200m: 2:34.34 400m: 5:14.19 800m: 10:30.70			
6. Laura Prates Morais	09 Viver Santarem	10:31.03	433
50m: 34.99 100m: 1:13.42 200m: 2:31.64 400m: 5:10.02 800m: 10:31.03			
7. Madalena Maria Midoes	07 Viver Santarem	10:39.37	416
50m: 35.41 100m: 1:14.97 200m: 2:36.12 400m: 5:20.47 800m: 10:39.37			
8. Lara Paixao Silva	10 Rio Maior	10:40.11	414
50m: 35.18 100m: 1:13.53 200m: 2:32.28 400m: 5:14.78 800m: 10:40.11			
9. Mariana Mauricio Coelho	07 BUZIOS - Coruche	10:46.34	403
50m: 34.41 100m: 1:13.44 200m: 2:36.06 400m: 5:21.91 800m: 10:46.34			
10. Flor Fortunata Ferreira	10 Gualdim Pais	11:00.11	378
50m: 36.11 100m: 1:17.77 200m: 2:42.47 400m: 5:29.19 800m: 11:00.11			
11. Leonor Margarida Mateus	09 BUZIOS - Coruche	11:17.54	349
50m: 37.37 100m: 1:19.06 200m: 2:43.73 400m: 5:33.65 800m: 11:17.54			
12. Carolina Santos Carrilho	08 CLAC-Entroncamento	11:35.71	323
50m: 37.76 100m: 1:19.45 200m: 2:45.61 400m: 5:42.67 800m: 11:35.71			
13. Diana Goncalves Oliveira	07 Viver Santarem	11:40.11	317
50m: 31.25 100m: 1:19.40 200m: 2:46.33 400m: 5:42.36 800m: 11:40.11			
14. Margarida Madeira Pires	12 Rio Maior	12:08.30	281
50m: 42.03 100m: 1:28.21 200m: 3:00.96 400m: 6:08.21 800m: 12:08.30			
15. Juliana Antunes Monteiro	12 Gualdim Pais	12:41.17	246
50m: 41.12 100m: 1:27.62 200m: 3:03.67 400m: 6:18.52 800m: 12:41.17			
16. Maria Carolina Fidalgo	13 Viver Santarem	14:04.50	180
<i>FTL</i>			
50m: 47.78 100m: 1:40.75 200m: 3:28.20 400m: 7:04.01 800m: 14:04.50			
17. Ana Leonor Lopes	12 Rio Maior	14:05.39	180
<i>FTL</i>			
50m: 46.07 100m: 1:38.71 200m: 3:26.31 400m: 7:00.84 800m: 14:05.39			
18. Constanca Mendao Silva	13 Rio Maior	15:34.03	133
<i>FTL</i>			
50m: 52.41 100m: 1:50.16 200m: 3:48.03 400m: 7:40.63 800m: 15:34.03			
DNS Carolina Cupertino Marchante	09 CLAC-Entroncamento		
WDR Ana Patricia Oliveira	03 Viver Santarem		



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 6, 800m Livres

Absoluto, Masc.

1.	Joao Pedro Monteiro	08	BUZIOS - Coruche	9:00.31	541
	50m: 30.50 100m: 1:05.14 200m: 2:10.78 400m: 4:21.74 800m: 9:00.31				
2.	David Filipe Pacheco	10	BUZIOS - Coruche	9:11.16	510
	50m: 30.31 100m: 1:03.91 200m: 2:12.78 400m: 4:32.13 800m: 9:11.16				
3.	Tomas Alexandre Santos	07	BUZIOS - Coruche	9:21.18	483
	50m: 30.87 100m: 1:04.55 200m: 2:14.34 400m: 4:36.47 800m: 9:21.18				
4.	Afonso Bernardo Evaristo	08	Gualdim Pais	10:05.00	385
	50m: 32.69 100m: 1:09.34 200m: 2:25.16 400m: 4:58.07 800m: 10:05.00				
5.	Simao Rocha Silva	07	Gualdim Pais	10:09.34	377
	50m: 34.12 100m: 1:13.00 200m: 2:30.34 400m: 5:05.19 800m: 10:09.34				
6.	Pedro Morgado Costa	09	Rio Maior	10:25.80	348
	50m: 34.59 100m: 1:12.63 200m: 2:31.13 400m: 5:09.13 800m: 10:25.80				
7.	Gabriel Antunes Ramos	09	Rio Maior	10:45.48	317
	50m: 36.90 100m: 1:17.82 200m: 2:40.57 400m: 5:22.40 800m: 10:45.48				
8.	Tiago Goncalves Vieira	10	Gualdim Pais	10:45.66	317
	50m: 35.59 100m: 1:16.22 200m: 2:39.59 400m: 5:24.44 800m: 10:45.66				
9.	Luis Suissas Rato	09	Nautico Salvaterra Magos	10:48.93	312
	50m: 32.29 100m: 1:10.65 200m: 2:32.69 400m: 5:19.26 800m: 10:48.93				
10.	Andre Guilherme Anastacio	10	Nautico Abrantes	11:08.69	285
	50m: 33.08 100m: 1:11.91 200m: 2:33.63 400m: 5:23.50 800m: 11:08.69				
11.	Lourenco Manuel Palmeiro	10	BUZIOS - Coruche	11:24.47	266
	<i>FTL</i> 50m: 37.51 100m: 1:19.44 200m: 2:46.09 400m: 5:41.47 800m: 11:24.47				
12.	Diogo Chambel Santos	11	Nautico Abrantes	11:24.67	266
	50m: 37.06 100m: 1:19.08 200m: 2:45.48 400m: 5:41.15 800m: 11:24.67				
13.	Luis Miguel Reis	10	Rio Maior	11:28.44	261
	<i>FTL</i> 50m: 39.26 100m: 1:22.02 200m: 2:48.91 400m: 5:44.98 800m: 11:28.44				
14.	Martim Rocha Silva	12	Gualdim Pais	11:35.65	253
	50m: 40.18 100m: 1:22.88 200m: 2:51.24 400m: 5:44.31 800m: 11:35.65				
15.	Abel Elias Ramos	11	Gualdim Pais	13:14.44	170
	<i>FTL</i> 50m: 43.65 100m: 1:33.50 200m: 3:12.33 400m: 6:36.00 800m: 13:14.44				
16.	Salvador Miguel Silva	11	Viver Santarem	14:13.35	137
	<i>FTL</i> 50m: 44.24 100m: 1:33.55 200m: 3:16.49 400m: 6:50.72 800m: 14:13.35				



Jornada Abertura Categorias
Entroncamento,20-10-2024

2 - 2ª SESSÃO

20/10/2024 - 15:30

Prova 7	Femin., 200m Estilos	Absoluto	
20/10/2024 - 15:30		Resultados	
Inf B: 3:37.00; Inf A: 3:25.00; Juv B: 3:17.00; Juv A: 3:12.00; Jun/Sen: 3:10.00			
Pontos: AQUA 2024			
Lugar	Ano	Tempo final	Pts
1. Rafaela Ferreira Mendes 50m: 31.91 200m: 2:28.87	08 Torres Novas	2:28.87	548
2. Leonor Sombreiroiro Martins 50m: 33.84 200m: 2:38.11	10 BUZIOS - Coruche	2:38.11	457
3. Clara Santos Madureira 50m: 35.04 200m: 2:39.61	11 Torres Novas	2:39.61	445
4. Laura Brites Costa 50m: 34.38 200m: 2:41.49	09 Rio Maior	2:41.49	429
5. Maria Madalena Monteiro 50m: 34.96 200m: 2:42.53	08 Gualdim Pais	2:42.53	421
6. Matilde Casimiro Bibi 50m: 35.77 200m: 2:42.77	12 BUZIOS - Coruche	2:42.77	419
7. Maria Leonor Lopes 50m: 35.34 200m: 2:43.34	10 Torres Novas	2:43.34	415
8. Rita Gomes Valentim 50m: 36.18 200m: 2:47.66	12 Torres Novas	2:47.66	383
9. Laura Prates Morais 50m: 37.05 200m: 2:48.16	09 Viver Santarem	2:48.16	380
10. Madalena Maria Midoes 50m: 37.91 200m: 2:49.63	07 Viver Santarem	2:49.63	370
11. Lara Paixao Silva 50m: 38.30 200m: 2:49.72	10 Rio Maior	2:49.72	370
12. Margarida Pinho Formigo 50m: 40.61 200m: 2:54.77	11 Torres Novas	2:54.77	338
13. Flor Fortunata Ferreira 50m: 37.09 200m: 2:55.07	10 Gualdim Pais	2:55.07	337
14. Angela Maria Pereira 50m: 39.13 200m: 2:57.63	10 Nautico Salvaterra Magos	2:57.63	322
15. Madalena Nunes Domingos 50m: 36.41 200m: 2:59.65	07 Viver Santarem	2:59.65	312
16. Mariana Freitas Mota 50m: 43.50 200m: 3:00.64	11 Torres Novas	3:00.64	307
17. Benedita Maria Lagarinhos 50m: 37.04 200m: 3:00.68	11 Viver Santarem	3:00.68	306
18. Diana Goncalves Oliveira 50m: 41.53 200m: 3:03.31	07 Viver Santarem	3:03.31	293
19. Alicia Lopes Deep 50m: 41.52 200m: 3:05.13	12 BUZIOS - Coruche	3:05.13	285
20. Marta Costa Soares 50m: 44.18 200m: 3:05.45	12 Uniao Samorense	3:05.45	283
21. Rita Lino Ferreira 50m: 43.19 200m: 3:07.47	11 BUZIOS - Coruche	3:07.47	274

Prova 7, Femin., 200m Estilos, Absoluto

Lugar	Ano	Tempo final	Pts
22. Catarina Isabel Galvao 50m: 39.02 200m: 3:08.11	09 BUZIOS - Coruche	3:08.11	271
23. Maria Amelia Torres 50m: 40.41 200m: 3:09.31	13 Viver Santarem	3:09.31	266
24. Vera Almeida Rosa <i>FTL</i> 50m: 41.77 200m: 3:11.24	09 Nautico Abrantes	3:11.24	258
25. Juliana Antunes Monteiro 50m: 46.56 200m: 3:11.35	12 Gualdim Pais	3:11.35	258
26. Carolina Reis Lopes 50m: 49.04 200m: 3:14.66	11 Torres Novas	3:14.66	245
27. Valentina Rodrigues Feijao 50m: 46.79 200m: 3:17.75	13 Nautico Salvaterra Magos	3:17.75	234
28. Matilde Abelho Vaz 50m: 48.00 200m: 3:18.00	12 CLAC-Entroncamento	3:18.00	233
29. Ines Silva Lima <i>FTL</i> 50m: 44.65 200m: 3:19.28	09 Nautico Abrantes	3:19.28	228
30. Diana Marques Maquilao 50m: 49.33 100m: 1:39.66 200m: 3:19.73	12 Nautico Salvaterra Magos	3:19.73	227
31. Margarida Madeira Pires 50m: 51.03 200m: 3:20.39	12 Rio Maior	3:20.39	224
32. Carolina Maria Quinta <i>FTL</i> 50m: 45.56 200m: 3:28.77	12 Torres Novas	3:28.77	198
33. Ana Marisa Simples <i>FTL</i> 50m: 46.50 200m: 3:29.65	12 Uniao Samorense	3:29.65	196
34. Beatriz Isabel Moura <i>FTL</i> 50m: 45.88 100m: 1:42.28 200m: 3:30.99	11 Nautico Abrantes	3:30.99	192
35. Catarina Leonor Pereira <i>FTL</i> 50m: 48.20 200m: 3:34.34	11 CLAC-Entroncamento	3:34.34	183
36. Ana Leonor Lopes <i>FTL</i> 50m: 51.40 200m: 3:38.93	12 Rio Maior	3:38.93	172
37. Joana Verissimo Tavares <i>FTL</i> 50m: 51.81 200m: 3:40.16	12 CLAC-Entroncamento	3:40.16	169
38. Mafalda Ines Martinho <i>FTL</i> 50m: 56.22 200m: 3:42.55	13 CLAC-Entroncamento	3:42.55	164
39. Ines Marques Salvador <i>FTL</i> 50m: 50.62 200m: 3:43.62	13 Uniao Samorense	3:43.62	161

Prova 7, Femin., 200m Estilos, Absoluto

Lugar	Ano	Tempo final	Pts
40. Maria Carolina Fidalgo <i>FTL</i> 50m: 52.38 200m: 3:44.83	13 Viver Santarem	3:44.83	159
41. Leonor Chambel Santos <i>FTL</i> 50m: 57.18 200m: 3:50.22	13 Nautico Abrantes	3:50.22	148
42. Barbara Godinho Simoes <i>FTL</i> 50m: 50.66 200m: 3:57.19	13 CPFZ - Natacao	3:57.19	135
43. Constanca Mendao Silva <i>FTL</i> 50m: 57.71 200m: 3:59.36	13 Rio Maior	3:59.36	131
DSQ Laura Sofia Graca <i>SW 7.6 - O (a) atleta não tocou com as mãos na parede separadas e simultâneamente na viragem aos 150 metros</i>	12 Uniao Samorense		
DNS Maria Flor Assis	13 Torres Novas		
DNS Maria Lamas Alves	13 Uniao Samorense		
DNS Matilde Maria Neto	13 Uniao Samorense		
WDR Eva Sousa Alfaiate	13 Torres Novas		
WDR Laura Conde Correia	13 Torres Novas		
WDR Carolina Rodrigues Ferreira	13 Torres Novas		
WDR Maria Rita Godinho	13 Torres Novas		
WDR Laura Amaro Marques	12 Torres Novas		
WDR Mariana Ferreira Silva	13 Torres Novas		

Prova 8

Masc., 200m Estilos

Absoluto

20/10/2024 - 16:00

Resultados

Inf B: 3:30.00; Inf A: 3:20.00; Juv B: 3:10.00; Juv A: 3:04.00; Jun/Sen: 3:00.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Afonso Formigo Pinho 50m: 28.66 200m: 2:20.16	06 Torres Novas	2:20.16	478
2. Afonso Bernardo Evaristo 50m: 31.11 200m: 2:24.25	08 Gualdim Pais	2:24.25	438
3. Joao Pedro Monteiro 50m: 31.27 200m: 2:25.16	08 BUZIOS - Coruche	2:25.16	430
4. David Filipe Pacheco 50m: 30.22 200m: 2:25.17	10 BUZIOS - Coruche	2:25.17	430
5. Daniel Filipe Jorge 50m: 31.53 200m: 2:29.62	10 Rio Maior	2:29.62	393
6. Dinis Maria Garcia 50m: 33.64 200m: 2:29.89	09 Nautico Abrantes	2:29.89	391
7. Simao Pedro Oliveira 50m: 31.22 200m: 2:31.56	07 Torres Novas	2:31.56	378
8. Daniel Santos Carapeto 50m: 32.78 200m: 2:34.59	07 Nautico Abrantes	2:34.59	356



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 8, Masc., 200m Estilos, Absoluto

Lugar	Ano	Tempo final	Pts
9. Miguel Ferreira Cruz 50m: 31.91 200m: 2:35.06	08 CLAC-Entroncamento	2:35.06	353
10. Simao Rocha Silva 50m: 33.91 200m: 2:36.10	07 Gualdim Pais	2:36.10	346
11. Leonardo Gomes Silva 50m: 31.59 200m: 2:36.17	08 Rio Maior	2:36.17	345
12. Rodolfo Charrua Gago 50m: 29.16 200m: 2:38.70	08 Viver Santarem	2:38.70	329
13. Luis Suissas Rato 50m: 30.35 200m: 2:39.30	09 Nautico Salvaterra Magos	2:39.30	325
14. Pedro Morgado Costa 50m: 33.73 200m: 2:39.55	09 Rio Maior	2:39.55	324
15. Martim Maria Salvador 50m: 32.03 200m: 2:39.97	11 Nautico Salvaterra Magos	2:39.97	321
16. Martim Silva Oliveira 50m: 35.65 200m: 2:41.00	08 Torres Novas	2:41.00	315
17. Andre Guilherme Anastacio 50m: 36.47 200m: 2:41.85	10 Nautico Abrantes	2:41.85	310
18. Guilherme Gomes Nunes 50m: 36.85 200m: 2:43.86	10 Nautico Salvaterra Magos	2:43.86	299
19. Lourenco Vicente Gead 50m: 36.50 200m: 2:44.24	10 Torres Novas	2:44.24	297
20. Tiago Goncalves Vieira 50m: 36.67 200m: 2:44.56	10 Gualdim Pais	2:44.56	295
21. Ruben Filipe Carreira 50m: 30.19 200m: 2:48.12	03 Rio Maior	2:48.12	277
22. Duarte Moura Mendes 50m: 35.88 200m: 2:49.77	11 Torres Novas	2:49.77	269
23. Afonso Goncalves Leite 50m: 33.93 200m: 2:49.86	10 CLAC-Entroncamento	2:49.86	268
24. Francisco Maria Dias 50m: 36.35 200m: 2:51.26	11 Viver Santarem	2:51.26	262
25. Gabriel Antunes Ramos 50m: 38.58 200m: 2:52.22	09 Rio Maior	2:52.22	257
26. Heliodoro Joao Sombreiro 50m: 36.67 200m: 2:55.43	11 BUZIOS - Coruche	2:55.43	244
27. Matias Rafael Pacheco 50m: 38.71 200m: 2:55.72	12 BUZIOS - Coruche	2:55.72	242
28. Diogo Chambel Santos 50m: 40.34 200m: 2:55.81	11 Nautico Abrantes	2:55.81	242
29. Martim Miguel Santos 50m: 41.53 200m: 2:58.25	11 Rio Maior	2:58.25	232
30. Luca Cristian Irimia 50m: 37.95 200m: 2:58.37	11 Uniao Samorense	2:58.37	232
31. Francisco Grave Reis 50m: 40.03 200m: 3:00.20	12 Rio Maior	3:00.20	225

Prova 8, Masc., 200m Estilos, Absoluto

Lugar	Ano	Tempo final	Pts
32. Francisco Macedo Pereira 50m: 39.14 200m: 3:04.40	10 Nautico Abrantes	3:04.40	210
33. Salvador Henrique Vieira 50m: 41.63 200m: 3:04.54	12 Torres Novas	3:04.54	209
34. Gabriel Antonio Marques 50m: 43.01 200m: 3:09.45	11 Nautico Abrantes	3:09.45	193
35. Martim Cassis Gomes <i>FTL</i> 50m: 45.36 200m: 3:20.19	11 Torres Novas	3:20.19	164
36. Afonso Ferreira Cruz <i>FTL</i> 50m: 52.74 200m: 3:41.34	12 CLAC-Entroncamento	3:41.34	121
37. Cassiel Xavier Cabral <i>FTL</i> 50m: 56.84 200m: 3:48.41	12 Uniao Samorense	3:48.41	110
DSQ Tiago Daniel Santos <i>SW 7.6 - O (a) atleta não tocou com as mãos na parede separadas e simultâneamente na viragem aos 150 metros</i>	11 BUZIOS - Coruche		
DSQ Luis Miguel Reis <i>SW 7.2 - O (a) atleta saiu na posição dorsal após a viragem aos 100 metros</i>	10 Rio Maior		
DSQ Rodrigo Miranda Rosa <i>SW 7.6 - O (a) atleta não tocou com as mãos na parede separadas e simultâneamente na viragem aos 150 metros</i>	12 Uniao Samorense		
WDR Eduardo Domingos Rosa	11 BUZIOS - Coruche		
WDR Guilherme Martins Conceicao	10 Viver Santarem		

Prova 9

20/10/2024 - 16:20

Femin., 100m Bruços

Absoluto
Resultados

Inf B: 1:57.00; Inf A: 1:52.00; Juv B: 1:52.00; Juv A: 1:46.00; Jun/Sen: 1:44.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Marta Chambel Dias 50m: 37.91 100m: 1:20.94	02 CLAC-Entroncamento	1:20.94	457
2. Margarida Mateus Morais 50m: 38.44 100m: 1:21.12	04 Torres Novas	1:21.12	454
3. Laura Brites Costa 50m: 39.68 100m: 1:23.91	09 Rio Maior	1:23.91	410
4. Catarina Maria Fragoso 50m: 39.75 100m: 1:25.09	07 Viver Santarem	1:25.09	393
5. Matilde Casimiro Bibi 50m: 40.62 100m: 1:26.62	12 BUZIOS - Coruche	1:26.62	373
6. Daniela Santos Carrilho 50m: 41.27 100m: 1:27.23	08 CLAC-Entroncamento	1:27.23	365
7. Sofia Barroca Pereira 50m: 41.26 100m: 1:28.60	11 BUZIOS - Coruche	1:28.60	348
8. Carolina Santos Carrilho 50m: 42.84 100m: 1:30.60	08 CLAC-Entroncamento	1:30.60	326



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 9, Femin., 100m Bruços, Absoluto

Lugar	Ano	Tempo final	Pts
9. Iris Simoes Martins 50m: 44.43 100m: 1:35.11	08 CLAC-Entroncamento	1:35.11	281
10. Juliana Antunes Monteiro 50m: 46.31 100m: 1:36.06	12 Gualdim Pais	1:36.06	273
11. Angela Maria Pereira 50m: 46.44 100m: 1:36.47	10 Nautico Salvaterra Magos	1:36.47	270
12. Rita Lino Ferreira 50m: 47.05 100m: 1:38.37	11 BUZIOS - Coruche	1:38.37	254
13. Matilde Abelho Vaz 50m: 47.72 100m: 1:39.12	12 CLAC-Entroncamento	1:39.12	249
14. Leonor Marques Carvalho 50m: 48.41 100m: 1:39.88	09 Rio Maior	1:39.88	243
15. Luiza Veriato Ferreira 50m: 47.36 100m: 1:40.36	11 Natacao do Tejo	1:40.36	239
16. Debora Sofia Santos 50m: 47.62 100m: 1:40.83	10 Rio Maior	1:40.83	236
17. Diana Marques Maquilao 50m: 48.60 100m: 1:41.08	12 Nautico Salvaterra Magos	1:41.08	234
18. Maria Ines Campos 50m: 48.27 100m: 1:41.45	09 Nautico Abrantes	1:41.45	232
19. Beatriz Agostinho Duque 50m: 50.04 100m: 1:45.07	11 20Km de Almeirim	1:45.07	209
20. Beatriz Rodrigues Fontinho 50m: 50.68 100m: 1:46.94	12 CLAC-Entroncamento	1:46.94	198
21. Rita Balsa Alves 50m: 50.74 100m: 1:47.20	12 BUZIOS - Coruche	1:47.20	196
22. Matilde Peixoto Amado 50m: 52.31 100m: 1:50.58	13 Natacao do Tejo	1:50.58	179
23. Maria Alves Oliveira 50m: 52.57 100m: 1:50.71	12 Viver Santarem	1:50.71	178
24. Maria Francisca Pinheiro <i>FTL</i> 50m: 52.08 100m: 1:52.30	12 Nautico Abrantes	1:52.30	171
25. Raquel Fernandes Samouco <i>FTL</i> 50m: 52.78 100m: 1:52.63	10 Natacao do Tejo	1:52.63	169
26. Mariana Beatriz Goncalves 50m: 52.50 100m: 1:54.47	13 Uniao Samorense	1:54.47	161
27. Maria Marques Mariano <i>FTL</i> 50m: 54.90 100m: 1:56.31	12 Nautico Abrantes	1:56.31	154
28. Mafalda Ines Martinho 50m: 56.03 100m: 1:56.69	13 CLAC-Entroncamento	1:56.69	152
29. Maria Leonor Jesus <i>FTL</i> 50m: 55.90 100m: 1:57.94	12 Viver Santarem	1:57.94	147



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 9, Femin., 100m Bruços, Absoluto

Lugar	Ano	Tempo final	Pts
30. Joana Ines Antunes <i>FTL</i> 50m: 56.37 100m: 2:05.87	13 CPFZ - Natacao	2:05.87	121
DSQ Ines Santos Pina <i>SW 7.4 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>	12 CLAC-Entroncamento		
DSQ Carlota Pereira Sousa <i>BL 8.3 - Utilizou um fato de banho não regulamentado</i>	08 Viver Santarem		
WDR Camila Alemao Fonseca	13 Uniao Samorense		
WDR Ana Patricia Oliveira	03 Viver Santarem		

Prova 10

Masc., 100m Bruços

Absoluto

20/10/2024 - 16:30

Resultados

Inf B: 1:55.00; Inf A: 1:45.00; Juv B: 1:38.00; Juv A: 1:35.00; Jun/Sen: 1:32.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Guilherme Filipe Gaboleiro 50m: 31.89 100m: 1:10.59	05 Rio Maior	1:10.59	480
2. Artur Rafael Saramago 50m: 33.30 100m: 1:10.87	97 BUZIOS - Coruche	1:10.87	474
3. Dinis Maria Garcia 50m: 36.15 100m: 1:17.17	09 Nautico Abrantes	1:17.17	367
4. Tomas Alexandre Santos 50m: 37.03 100m: 1:19.89	07 BUZIOS - Coruche	1:19.89	331
5. Francisco Manuel Cadete 50m: 38.18 100m: 1:21.50	10 Nautico Abrantes	1:21.50	312
6. Miguel Tomas Amaral 50m: 37.69 100m: 1:22.69	08 Natacao do Tejo	1:22.69	298
7. Miguel Ferreira Cruz 50m: 39.55 100m: 1:23.31	08 CLAC-Entroncamento	1:23.31	292
Bernardo Marques Fernandes 50m: 38.34 100m: 1:23.31	07 CLAC-Entroncamento	1:23.31	292
9. Guilherme Gomes Nunes 50m: 40.10 100m: 1:24.76	10 Nautico Salvaterra Magos	1:24.76	277
10. Afonso Costa Soares 50m: 39.12 100m: 1:25.37	07 CPFZ - Natacao	1:25.37	271
11. Gabriel Sa Chambel 50m: 40.47 100m: 1:26.05	09 CLAC-Entroncamento	1:26.05	265
12. Miguel Silva Lima 50m: 40.40 100m: 1:26.86	09 Nautico Abrantes	1:26.86	257
13. Pedro Figueiredo Ferreira 50m: 40.72 100m: 1:27.91	10 20Km de Almeirim	1:27.91	248
14. Afonso Goncalves Leite 50m: 41.25 100m: 1:28.08	10 CLAC-Entroncamento	1:28.08	247
15. Diogo Chambel Santos 50m: 41.32 100m: 1:28.46	11 Nautico Abrantes	1:28.46	244
16. Tiago Frazao Barra 50m: 42.99 100m: 1:29.84	10 Rio Maior	1:29.84	232

Prova 10, Masc., 100m Bruços, Absoluto

Lugar	Ano	Tempo final	Pts
17. Dinis Oliveira Nunes 50m: 45.21 100m: 1:34.50	11 BUZIOS - Coruche	1:34.50	200
18. Lourenco Filipe Costa 50m: 43.93 100m: 1:35.09	12 20Km de Almeirim	1:35.09	196
19. Santiago Raposo Fernandes 50m: 46.23 100m: 1:38.44	12 20Km de Almeirim	1:38.44	177
20. Gabriel Mocanu 50m: 46.52 100m: 1:38.60	12 Uniao Samorense	1:38.60	176
21. Artur Alexandre Silva 50m: 47.19 100m: 1:39.08	11 20Km de Almeirim	1:39.08	173
22. Artur Miguel Silva 50m: 47.12 100m: 1:39.87	12 Natacao do Tejo	1:39.87	169
23. Afonso Tomas Antunes <i>FTL</i> 50m: 49.25 100m: 1:45.65	11 Natacao do Tejo	1:45.65	143
24. Gabriel Fernandes Samouco 50m: 50.20 100m: 1:50.20	12 Natacao do Tejo	1:50.20	126
25. Martim Rocha Silva <i>FTL</i> 50m: 54.31 100m: 1:56.13	12 Gualdim Pais	1:56.13	107
26. Isaac Lourenco Marques <i>FTL</i> 50m: 58.52 100m: 2:09.18	12 BUZIOS - Coruche	2:09.18	78
27. Tomas Miguel Mendes <i>FTL</i> 50m: 1:01.28 100m: 2:11.16	12 CLAC-Entroncamento	2:11.16	74
WDR Alexandre Miguel Adriano	09 Nautico Salvaterra Magos		
WDR Guilherme Martins Conceicao	10 Viver Santarem		
doente Manuel Maria Moniz	11 20Km de Almeirim		

Prova 11
20/10/2024 - 16:40

Femin., 100m Livres

Absoluto
Resultados

Inf B: 1:32.00; Inf A: 1:26.00; Juv B: 1:23.00; Juv A: 1:21.00; Jun/Sen: 1:16.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Beatriz Goncalves Casal 50m: 29.97 100m: 1:02.94	03 Torres Novas	1:02.94	508
2. Sofia Barroca Pereira 50m: 31.53 100m: 1:05.08	11 BUZIOS - Coruche	1:05.08	460
3. Laura Prates Morais 50m: 32.51 100m: 1:06.48	09 Viver Santarem	1:06.48	431
4. Lara Paixao Silva 50m: 31.94 100m: 1:06.69	10 Rio Maior	1:06.69	427
5. Carolina Marques Neves 50m: 31.59 100m: 1:06.84	01 Torres Novas	1:06.84	424



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 11, Femin., 100m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
6. Madalena Maria Midoes 50m: 33.21 100m: 1:08.57	07 Viver Santarem	1:08.57	393
7. Mariana Mauricio Coelho 50m: 32.80 100m: 1:09.31	07 BUZIOS - Coruche	1:09.31	381
8. Leonor Margarida Mateus 50m: 33.59 100m: 1:09.65	09 BUZIOS - Coruche	1:09.65	375
9. Catarina Maria Fragoso 50m: 33.57 100m: 1:09.78	07 Viver Santarem	1:09.78	373
10. Flor Fortunata Ferreira 50m: 33.65 100m: 1:09.81	10 Gualdim Pais	1:09.81	372
11. Maria Carmo Rodrigues 50m: 34.06 100m: 1:11.25	10 BUZIOS - Coruche	1:11.25	350
12. Madalena Nunes Domingos 50m: 36.22 100m: 1:11.94	07 Viver Santarem	1:11.94	340
Diana Goncalves Oliveira 50m: 34.83 100m: 1:11.94	07 Viver Santarem	1:11.94	340
14. Iris Simoes Martins 50m: 35.37 100m: 1:12.22	08 CLAC-Entroncamento	1:12.22	336
15. Benedita Maria Lagarinhos 50m: 34.56 100m: 1:12.78	11 Viver Santarem	1:12.78	329
16. Daniela Santos Carrilho 50m: 35.25 100m: 1:12.97	08 CLAC-Entroncamento	1:12.97	326
17. Angela Maria Pereira 50m: 35.40 100m: 1:13.19	10 Nautico Salvaterra Magos	1:13.19	323
18. Marta Costa Soares 50m: 35.34 100m: 1:13.30	12 Uniao Samorense	1:13.30	322
19. Rita Balsa Alves 50m: 35.95 100m: 1:14.13	12 BUZIOS - Coruche	1:14.13	311
20. Alicia Lopes Deep 50m: 35.48 100m: 1:15.37	12 BUZIOS - Coruche	1:15.37	296
21. Debora Sofia Santos 50m: 37.41 100m: 1:17.09	10 Rio Maior	1:17.09	276
22. Vera Almeida Rosa <i>FTL</i> 50m: 36.84 100m: 1:17.66	09 Nautico Abrantes	1:17.66	270
23. Leonor Marques Carvalho <i>FTL</i> 50m: 37.11 100m: 1:17.97	09 Rio Maior	1:17.97	267
24. Catarina Isabel Galvao <i>FTL</i> 50m: 38.47 100m: 1:18.72	09 BUZIOS - Coruche	1:18.72	260
25. Maria Manuel Pereira 50m: 36.63 100m: 1:19.03	10 Natacao do Tejo	1:19.03	257
26. Maria Pais Santos 50m: 37.73 100m: 1:19.06	12 BUZIOS - Coruche	1:19.06	256
27. Maria Amelia Torres 50m: 39.30 100m: 1:20.86	13 Viver Santarem	1:20.86	239



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 11, Femin., 100m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
28. Beatriz Agostinho Duque 50m: 39.15 100m: 1:20.95	11 20Km de Almeirim	1:20.95	239
29. Margarida Madeira Pires 50m: 39.47 100m: 1:20.97	12 Rio Maior	1:20.97	239
30. Beatriz Isabel Moura 50m: 40.33 100m: 1:21.34	11 Nautico Abrantes	1:21.34	235
31. Ines Silva Lima <i>FTL</i> 50m: 39.75 100m: 1:21.79	09 Nautico Abrantes	1:21.79	231
32. Valentina Rodrigues Feijao 50m: 39.73 100m: 1:21.80	13 Nautico Salvaterra Magos	1:21.80	231
33. Raquel Fernandes Samouco <i>FTL</i> 50m: 39.35 100m: 1:22.42	10 Natacao do Tejo	1:22.42	226
34. Maria Ines Campos <i>FTL</i> 50m: 38.99 100m: 1:23.31	09 Nautico Abrantes	1:23.31	219
35. Laura Sofia Graca 50m: 41.25 100m: 1:24.62	12 Uniao Samorense	1:24.62	209
36. Luiza Veriato Ferreira <i>FTL</i> 50m: 40.27 100m: 1:26.02	11 Natacao do Tejo	1:26.02	199
37. Ana Marisa Simples <i>FTL</i> 50m: 41.03 100m: 1:26.28	12 Uniao Samorense	1:26.28	197
38. Ana Leonor Lopes <i>FTL</i> 50m: 42.44 100m: 1:26.70	12 Rio Maior	1:26.70	194
39. Maria Marques Mariano <i>FTL</i> 50m: 41.99 100m: 1:28.34	12 Nautico Abrantes	1:28.34	184
40. Catarina Leonor Pereira <i>FTL</i> 50m: 42.50 100m: 1:29.03	11 CLAC-Entroncamento	1:29.03	179
41. Matilde Peixoto Amado <i>FTL</i> 50m: 44.04 100m: 1:32.27	13 Natacao do Tejo	1:32.27	161
42. Joana Verissimo Tavares <i>FTL</i> 50m: 44.60 100m: 1:32.74	12 CLAC-Entroncamento	1:32.74	159
43. Leonor Chambel Santos <i>FTL</i> 50m: 46.37 100m: 1:34.37	13 Nautico Abrantes	1:34.37	150
44. Beatriz Rodrigues Fontinho <i>FTL</i> 50m: 45.39 100m: 1:34.41	12 CLAC-Entroncamento	1:34.41	150



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 11, Femin., 100m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
45. Maria Carolina Fidalgo <i>FTL</i> 50m: 45.25 100m: 1:34.67	13 Viver Santarem	1:34.67	149
46. Barbara Godinho Simoes <i>FTL</i> 50m: 45.32 100m: 1:36.40	13 CPFZ - Natacao	1:36.40	141
47. Maria Francisca Pinheiro <i>FTL</i> 50m: 44.47 100m: 1:36.45	12 Nautico Abrantes	1:36.45	141
48. Mariana Grangeia Massot <i>FTL</i> 50m: 44.31 100m: 1:36.76	13 Natacao do Tejo	1:36.76	140
49. Ines Santos Pina <i>FTL</i> 50m: 47.91 100m: 1:37.03	12 CLAC-Entroncamento	1:37.03	138
50. Maria Alves Oliveira <i>FTL</i> 50m: 49.49 100m: 1:37.90	12 Viver Santarem	1:37.90	135
51. Ines Marques Salvador <i>FTL</i> 50m: 46.75 100m: 1:40.22	13 Uniao Samorense	1:40.22	126
52. Mariana Beatriz Goncalves <i>FTL</i> 50m: 47.20 100m: 1:40.99	13 Uniao Samorense	1:40.99	123
53. Constanca Mendao Silva <i>FTL</i> 50m: 50.00 100m: 1:43.18	13 Rio Maior	1:43.18	115
54. Maria Leonor Jesus <i>FTL</i> 50m: 51.49 100m: 1:46.45	12 Viver Santarem	1:46.45	105
DSQ Sara Filipa Neves <i>BL 8.3 - Utilizou um fato de banho não regulamentado</i>	08 Natacao do Tejo		
DSQ Carlota Pereira Sousa <i>BL 8.3 - Utilizou um fato de banho não regulamentado</i>	08 Viver Santarem		
DNS Patricia Rodrigues Cabrita	92 CLAC-Entroncamento		
DNS Carolina Cupertino Marchante	09 CLAC-Entroncamento		
DNS Maria Lamas Alves	13 Uniao Samorense		
DNS Matilde Maria Neto	13 Uniao Samorense		
WDR Camila Alemao Fonseca	13 Uniao Samorense		
WDR Ana Patricia Oliveira	03 Viver Santarem		



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 12 Masc., 100m Livres S3
20/10/2024 - 17:05 Resultados

Rec Nac Adaptada S3 2:38.12 Tiago Manuel Silva CLAC Tomar 19/11/2023

Inf B: 1:25.00; Inf A: 1:19.00; Juv B: 1:14.00; Juv A: 1:12.00; Jun/Sen: 1:10.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
Absoluto			
1. Joao Antonio Pires 50m: 25.84 100m: 53.67	05 Torres Novas	53.67	583
2. Afonso Formigo Pinho 50m: 27.06 100m: 55.28	06 Torres Novas	55.28	533
3. Artur Rafael Saramago 50m: 26.62 100m: 55.64	97 BUZIOS - Coruche	55.64	523
4. Pedro Pereira Lopes 50m: 26.95 100m: 57.10	99 BUZIOS - Coruche	57.10	484
5. Afonso Bernardo Evaristo 50m: 28.65 100m: 59.15	08 Gualdim Pais	59.15	435
6. Guilherme Filipe Gaboleiro 50m: 27.75 100m: 59.62	05 Rio Maior	59.62	425
7. Daniel Filipe Jorge 50m: 29.06 100m: 59.94	10 Rio Maior	59.94	418
8. Luis Suissas Rato 50m: 28.89 100m: 1:00.14	09 Nautico Salvaterra Magos	1:00.14	414
Rodolfo Charrua Gago 50m: 28.56 100m: 1:00.14	08 Viver Santarem	1:00.14	414
10. Leonardo Gomes Silva 50m: 29.55 100m: 1:00.64	08 Rio Maior	1:00.64	404
11. Daniel Santos Carapeto 50m: 29.13 100m: 1:00.72	07 Nautico Abrantes	1:00.72	402
12. Miguel Silva Lima 50m: 29.23 100m: 1:00.92	09 Nautico Abrantes	1:00.92	398
13. Pedro Morgado Costa 50m: 29.74 100m: 1:02.37	09 Rio Maior	1:02.37	371
Francisco Manuel Cadete 50m: 29.62 100m: 1:02.37	10 Nautico Abrantes	1:02.37	371
15. Diogo Miguel Balsa 50m: 28.88 100m: 1:02.69	95 BUZIOS - Coruche	1:02.69	365
16. Miguel Ferreira Cruz 50m: 29.97 100m: 1:02.75	08 CLAC-Entroncamento	1:02.75	364
17. Joao Pedro Rosa 50m: 29.51 100m: 1:03.19	90 CLAC-Entroncamento	1:03.19	357
18. Martim Maria Salvador 50m: 30.27 100m: 1:03.27	11 Nautico Salvaterra Magos	1:03.27	355
19. Simao Rocha Silva 50m: 29.25 100m: 1:04.10	07 Gualdim Pais	1:04.10	342
20. Gabriel Sa Chambel 50m: 30.53 100m: 1:04.40	09 CLAC-Entroncamento	1:04.40	337
21. Bernardo Marques Fernandes 50m: 30.28 100m: 1:04.78	07 CLAC-Entroncamento	1:04.78	331



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 12, Masc., 100m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
22. Andre Guilherme Anastacio 50m: 31.26 100m: 1:05.61	10 Nautico Abrantes	1:05.61	319
23. Tiago Frazao Barra 50m: 31.83 100m: 1:05.69	10 Rio Maior	1:05.69	318
24. Pedro Figueiredo Ferreira 50m: 32.20 100m: 1:06.81	10 20Km de Almeirim	1:06.81	302
25. Tiago Goncalves Vieira 50m: 32.03 100m: 1:06.96	10 Gualdim Pais	1:06.96	300
26. Afonso Goncalves Leite 50m: 32.56 100m: 1:07.69	10 CLAC-Entroncamento	1:07.69	290
27. Afonso Costa Soares 50m: 32.43 100m: 1:08.50	07 CPFZ - Natacao	1:08.50	280
28. Gabriel Antunes Ramos 50m: 32.81 100m: 1:08.62	09 Rio Maior	1:08.62	279
29. Francisco Maria Dias 50m: 33.43 100m: 1:08.93	11 Viver Santarem	1:08.93	275
30. Diogo Rodrigues Gomes 50m: 34.14 100m: 1:09.33	09 Natacao do Tejo	1:09.33	270
31. Heliodoro Joao Sombreiro 50m: 33.50 100m: 1:11.36	11 BUZIOS - Coruche	1:11.36	248
32. Luca Cristian Irimia 50m: 33.80 100m: 1:11.66	11 Uniao Samorense	1:11.66	245
33. Lourenco Manuel Palmeiro 50m: 34.89 100m: 1:11.84	10 BUZIOS - Coruche	1:11.84	243
34. Luis Miguel Reis 50m: 34.23 100m: 1:12.08	10 Rio Maior	1:12.08	240
35. Vicente Jose Carrilho 50m: 35.22 100m: 1:12.51	10 BUZIOS - Coruche	1:12.51	236
36. Francisco Grave Reis 50m: 35.65 100m: 1:12.58	12 Rio Maior	1:12.58	235
37. Dinis Oliveira Nunes 50m: 34.96 100m: 1:12.74	11 BUZIOS - Coruche	1:12.74	234
38. Miguel Tomas Amaral <i>FTL</i> 50m: 34.40 100m: 1:12.75	08 Natacao do Tejo	1:12.75	234
39. Matias Rafael Pacheco 50m: 35.60 100m: 1:13.35	12 BUZIOS - Coruche	1:13.35	228
40. Rodrigo Miranda Rosa 50m: 34.89 100m: 1:13.50	12 Uniao Samorense	1:13.50	227
41. Santiago Raposo Fernandes 50m: 35.48 100m: 1:14.41	12 20Km de Almeirim	1:14.41	218
42. Martim Miguel Santos 50m: 35.31 100m: 1:14.53	11 Rio Maior	1:14.53	217
43. Artur Alexandre Silva 50m: 36.72 100m: 1:14.61	11 20Km de Almeirim	1:14.61	217
44. Tomas Miguel Pedro 50m: 35.45 100m: 1:15.42	11 BUZIOS - Coruche	1:15.42	210



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 12, Masc., 100m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
45. Francisco Macedo Pereira <i>FTL</i> 50m: 36.40 100m: 1:15.46	10 Nautico Abrantes	1:15.46	209
46. Martim Rocha Silva 50m: 37.51 100m: 1:18.34	12 Gualdim Pais	1:18.34	187
47. Gabriel Antonio Marques 50m: 37.76 100m: 1:18.57	11 Nautico Abrantes	1:18.57	185
48. Tiago Daniel Santos <i>FTL</i> 50m: 37.06 100m: 1:19.66	11 BUZIOS - Coruche	1:19.66	178
49. Jose Tomas Martins <i>FTL</i> 50m: 37.50 100m: 1:19.78	09 BUZIOS - Coruche	1:19.78	177
50. Gabriel Mocanu 50m: 38.12 100m: 1:20.09	12 Uniao Samorense	1:20.09	175
51. Lourenco Filipe Costa 50m: 40.14 100m: 1:20.28	12 20Km de Almeirim	1:20.28	174
52. Afonso Tomas Antunes <i>FTL</i> 50m: 39.19 100m: 1:21.96	11 Natacao do Tejo	1:21.96	163
53. Salvador Miguel Silva <i>FTL</i> 50m: 39.44 100m: 1:24.66	11 Viver Santarem	1:24.66	148
54. Cassiel Xavier Cabral <i>FTL</i> 50m: 42.00 100m: 1:27.50	12 Uniao Samorense	1:27.50	134
55. Artur Miguel Silva <i>FTL</i> 50m: 41.78 100m: 1:28.36	12 Natacao do Tejo	1:28.36	130
56. Abel Elias Ramos <i>FTL</i> 50m: 43.00 100m: 1:30.81	11 Gualdim Pais	1:30.81	120
57. Afonso Ferreira Cruz <i>FTL</i> 50m: 44.61 100m: 1:31.38	12 CLAC-Entroncamento	1:31.38	118
58. Gabriel Fernandes Samouco <i>FTL</i> 50m: 41.55 100m: 1:31.86	12 Natacao do Tejo	1:31.86	116
59. Sandro Jose Tomas <i>FTL</i> 50m: 43.47 100m: 1:35.47	12 BUZIOS - Coruche	1:35.47	103
60. Tomas Miguel Mendes <i>FTL</i> 50m: 50.82 100m: 1:46.70	12 CLAC-Entroncamento	1:46.70	74

Prova 12, Masc., 100m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
61. Isaac Lourenco Marques <i>FTL</i> 50m: 52.14 100m: 1:52.89	12 BUZIOS - Coruche	1:52.89	62
62. Tiago Manuel Silva <i>RECORDE NACIONAL, S3</i> 50m: 1:06.17 100m: 2:18.59	05 CLAC-Entroncamento	2:18.59	33
DNS Manuel Maria Moniz	11 20Km de Almeirim		
WDR Alexandre Miguel Adriano	09 Nautico Salvaterra Magos		
S3			
1. Tiago Manuel Silva <i>RECORDE NACIONAL, S3</i> 50m: 1:06.17 100m: 2:18.59	05 CLAC-Entroncamento	2:18.59	33

Prova 13

1500m Livres

5 anos e mais velhos

20/10/2024 - 17:30

Resultados

Inf B Femin.: 25:30.00; Inf B Masc.: 24:58.00; Inf A Femin.: 24:50.00; Inf A Masc.: 23:40.00; Juv B Femin.: 24:25.00;
Juv B Masc.: 23:06.00; Juv A Femin.: 24:00.00; Juv A Masc.: 22:50.00; Jun/Sen Femin.: 23:18.00; Jun/Sen Masc.: 21:06.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
Absoluto, Femin.			
1. Leonor Sombreiro Martins 50m: 32.23 100m: 1:07.84 200m: 2:21.35 400m: 4:48.95 800m: 9:45.95 1500m: 18:31.73	10 BUZIOS - Coruche	18:31.73	545
2. Maria Madalena Monteiro 50m: 33.79 100m: 1:12.22 200m: 2:31.79 400m: 5:12.34 800m: 10:37.97 1500m: 20:02.19	08 Gualdim Pais	20:02.19	431
3. Carolina Santos Carrilho 50m: 38.68 100m: 1:22.15 200m: 2:50.30 400m: 5:50.43 800m: 11:51.28 1500m: 22:12.08	08 CLAC-Entroncamento	22:12.08	316
4. Joana Ines Antunes <i>FTL</i> 50m: 51.90 100m: 1:49.84 200m: 3:46.27 400m: 7:43.45 800m: 15:36.30 1500m: 28:25.61	13 CPFZ - Natacao	28:25.61	150
DNS Marta Chambel Dias	02 CLAC-Entroncamento		
Absoluto, Masc.			
1. Tomas Alexandre Santos 50m: 30.28 100m: 1:03.56 200m: 2:11.86 400m: 4:29.78 800m: 9:06.53 1500m: 17:08.75	07 BUZIOS - Coruche	17:08.75	557
2. David Filipe Pacheco 50m: 30.77 100m: 1:04.52 200m: 2:13.13 400m: 4:29.64 800m: 9:08.22 1500m: 17:18.59	10 BUZIOS - Coruche	17:18.59	542
3. Joao Pedro Monteiro 50m: 31.03 100m: 1:05.09 200m: 2:14.16 400m: 4:32.70 800m: 9:16.73 1500m: 17:33.77	08 BUZIOS - Coruche	17:33.77	519
4. Gabriel Sa Chambel 50m: 35.65 100m: 1:17.34 200m: 2:44.98 400m: 5:40.54 800m: 11:33.30 1500m: 21:36.06	09 CLAC-Entroncamento	21:36.06	278
5. Lourenco Manuel Palmeiro 50m: 38.23 100m: 1:21.06 200m: 2:47.48 400m: 5:43.16 800m: 11:34.48 1500m: 21:36.20	10 BUZIOS - Coruche	21:36.20	278
6. Rodrigo Miguel Alcobia 50m: 41.56 100m: 1:40.13 200m: 3:26.63 400m: 7:12.28 800m: 14:42.38 1500m: 27:44.26	11 CPFZ - Natacao	27:44.26	131



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 13, Masc., 1500m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
WDR Eduardo Domingos Rosa	11 BUZIOS - Coruche		

S110, Masc.

1. Rodrigo Miguel Alcobia	11 CPFZ - Natacao	27:44.26	131
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50m: 41.56 100m: 1:40.13 200m: 3:26.63 400m: 7:12.28 800m: 14:42.38 1500m: 27:44.26