

1 - 1ª Sessão

06/05/2023 - 15:30

Prova 1	Femin., 400m Livres					Absoluto
06/05/2023 - 15:30						Resultados
Recorde Distrital ANDS Absoluto	4:18.88	Mafalda Sofia Rosa	CNRM	Leiria	10/12/2022	
Recorde Distrital ANDS Sen	4:18.88	Mafalda Sofia Rosa	CNRM	Leiria	10/12/2022	
Recorde Distrital ANDS 17	4:20.47	Mafalda Sofia Rosa	CNRM	Leiria	14/12/2019	
Recorde Distrital ANDS 16	4:25.09	Mafalda Sofia Rosa	CNRM	Coruche	15/03/2019	
Recorde Distrital ANDS Juv A	4:26.26	Mafalda Sofia Rosa	CNRM	Tomar	19/11/2017	
Recorde Distrital ANDS Juv B	4:33.98	Ana Rita Boavista	CNLA	Guimarães	10/03/2002	
Recorde Distrital ANDS Inf A	4:39.54	Mafalda Sofia Rosa	CNRM	Tomar	20/03/2016	
Recorde Distrital ANDS Inf B	4:50.13	Mafalda Sofia Rosa	CNRM	Coruche	15/03/2015	

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	Sofia Barroca Pereira	11	BUZIOS-Coruche	5:31.39		351	
	50m: 41.36 41.36	100m: 1:24.71 43.35	200m: 2:49.71 1:25.00	400m: 5:31.39		2:41.68	
2.	Margarida Pinho Formigo	11	Torres Novas	5:35.81		338	
	50m: 37.59 37.59	100m: 1:18.59 41.00	200m: 2:44.39 1:25.80	400m: 5:35.81		2:51.42	
3.	Benedita Maria Lagarinhos	11	Viver Santarem	5:40.34		324	
	50m: 38.94 38.94	100m: 1:21.37 42.43	200m: 2:47.51 1:26.14	400m: 5:40.34		2:52.83	
4.	Clara Santos Madureira	11	Torres Novas	5:50.69		296	
	50m: 42.56 42.56	100m: 1:28.63 46.07	200m: 2:58.34 1:29.71	400m: 5:50.69		2:52.35	
5.	Beatriz Agostinho Duque	11	20Km de Almeirim	5:54.41		287	
	50m: 41.38 41.38	100m: 1:26.94 45.56	200m: 3:00.38 1:33.44	400m: 5:54.41		2:54.03	
6.	Rita Lino Ferreira	11	BUZIOS-Coruche	6:07.99		256	
	50m: 43.49 43.49	100m: 1:29.92 46.43	200m: 3:04.35 1:34.43	400m: 6:07.99		3:03.64	
7.	Mariana Freitas Mota	11	Torres Novas	6:28.92		217	
	50m: 47.70 47.70	100m: 1:36.13 48.43	200m: 3:14.04 1:37.91	400m: 6:28.92		3:14.88	
8.	Maria Ines Ferreira	11	Torres Novas	6:41.81		197	
	50m: 42.72 42.72	100m: 1:32.06 49.34	200m: 4:57.96 3:25.90	400m: 6:41.81		1:43.85	
9.	Diana Cristina Calhau	11	BUZIOS-Coruche	6:50.77		184	
	50m: 44.17 44.17	100m: 1:33.52 49.35	200m: 3:15.70 1:42.18	400m: 6:50.77		3:35.07	
DNS	Ana Mafalda Roxo	11	20Km de Almeirim				

Infantil A

1.	Leonor Sombreireiro Martins	10	BUZIOS-Coruche	4:57.86		484	
	50m: 33.48 33.48	100m: 1:10.48 37.00	200m: 2:26.70 1:16.22	400m: 4:57.86		2:31.16	
2.	Lara Paixao Silva	10	Rio Maior	5:17.09		401	
	50m: 34.98 34.98	100m: 1:13.76 38.78	200m: 2:34.26 1:20.50	400m: 5:17.09		2:42.83	
3.	Flor Fortunata Ferreira	10	Gualdim Pais	5:31.82		350	
	50m: 37.58 37.58	100m: 1:19.58 42.00	200m: 2:44.58 1:25.00	400m: 5:31.82		2:47.24	
4.	Maria Leonor Lopes	10	Torres Novas	5:33.80		344	
	50m: 35.55 35.55	100m: 1:16.54 40.99	200m: 2:42.99 1:26.45	400m: 5:33.80		2:50.81	
5.	Debora Sofia Santos	10	Rio Maior	5:46.55		307	
	50m: 39.45 39.45	100m: 1:23.34 43.89	200m: 2:50.28 1:26.94	400m: 5:46.55		2:56.27	
6.	Maria Carmo Rodrigues	10	BUZIOS-Coruche	5:59.51		275	
	50m: 43.07 43.07	100m: 1:29.17 46.10	200m: 3:01.18 1:32.01	400m: 5:59.51		2:58.33	
7.	Angela Maria Pereira	10	Clube Nautico de Salvaterra de	6:01.40		271	
	50m: 43.09 43.09	100m: 1:30.58 47.49	200m: 3:04.52 1:33.94	400m: 6:01.40		2:56.88	

Prova 1, Femin., 400m Livres, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
8.	Leonor Matilde Oliveira	10	20Km de Almeirim	6:05.36		262	
	50m: 39.96 39.96	100m: 1:25.52 45.56	200m: 2:58.99 1:33.47	400m: 6:05.36	3:06.37		
9.	Mafalda Pinhal Canto	10	20Km de Almeirim	6:36.98		204	
	50m: 43.92 43.92	100m: 1:31.64 47.72	200m: 3:14.29 1:42.65	400m: 6:36.98	3:22.69		

Juvenil B

1.	Laura Brites Costa	09	Rio Maior	4:50.63		521	
	50m: 32.51 32.51	100m: 1:08.39 35.88	200m: 2:21.56 1:13.17	400m: 4:50.63	2:29.07		
2.	Joana Pereira Santos	09	Rio Maior	4:54.09		503	
	50m: 32.94 32.94	100m: 1:08.74 35.80	200m: 2:23.44 1:14.70	400m: 4:54.09	2:30.65		
3.	Laura Prates Morais	09	BUZIOS-Coruche	5:10.24		428	
	50m: 34.09 34.09	100m: 1:12.28 38.19	200m: 2:32.07 1:19.79	400m: 5:10.24	2:38.17		
4.	Catarina Isabel Galvao	09	BUZIOS-Coruche	5:41.78		320	
	50m: 39.64 39.64	100m: 1:21.75 42.11	200m: 2:46.11 1:24.36	400m: 5:41.78	2:55.67		
5.	Carolina Cupertino Marchante	09	CLAC-Entroncamento	6:20.31		232	
	50m: 42.64 42.64	100m: 1:29.49 46.85	200m: 3:06.28 1:36.79	400m: 6:20.31	3:14.03		
6.	Matilde Rainho Santos	09	CLAC-Entroncamento	6:57.72		175	
	50m: 46.00 46.00	100m: 1:38.70 52.70	200m: 3:28.06 1:49.36	400m: 6:57.72	3:29.66		

Juvenil A

1.	Catarina Maria Lopes	08	BUZIOS-Coruche	4:44.73		554	
	50m: 32.41 32.41	100m: 1:07.16 34.75	200m: 2:19.66 1:12.50	400m: 4:44.73	2:25.07		
2.	Rafaela Ferreira Mendes	08	Torres Novas	4:46.48		544	
	50m: 32.71 32.71	100m: 1:07.91 35.20	200m: 2:21.48 1:13.57	400m: 4:46.48	2:25.00		
3.	Maria Madalena Monteiro	08	Gualdim Pais	5:10.50		427	
	50m: 33.00 33.00	100m: 1:11.28 38.28	200m: 2:30.50 1:19.22	400m: 5:10.50	2:40.00		
4.	Alice Batista Agostinho	08	Rio Maior	5:25.93		369	
	50m: 35.93 35.93	100m: 1:17.03 41.10	200m: 2:40.03 1:23.00	400m: 5:25.93	2:45.90		
5.	Daniela Santos Carrilho	08	CLAC-Entroncamento	5:34.75		341	
	50m: 36.15 36.15	100m: 1:16.25 40.10	200m: 2:40.28 1:24.03	400m: 5:34.75	2:54.47		
6.	Carolina Santos Carrilho	08	CLAC-Entroncamento	5:40.20		325	
	50m: 38.56 38.56	100m: 1:20.59 42.03	200m: 2:45.98 1:25.39	400m: 5:40.20	2:54.22		
7.	Sofia Lopes Castanheiro	08	Gualdim Pais	5:45.78		309	
	50m: 39.70 39.70	100m: 1:23.60 43.90	200m: 2:53.62 1:30.02	400m: 5:45.78	2:52.16		
8.	Carlota Pereira Sousa	08	Viver Santarem	5:52.80		291	
	50m: 39.15 39.15	100m: 1:22.38 43.23	200m: 2:51.25 1:28.87	400m: 5:52.80	3:01.55		
9.	Sofia Rita Arsenio	08	BUZIOS-Coruche	5:56.98		281	
	50m: 40.02 40.02	100m: 1:23.86 43.84	200m: 2:53.48 1:29.62	400m: 5:56.98	3:03.50		

Junior

1.	Marta Filipa Bucha	06	Viver Santarem	4:45.16		551	
	50m: 32.76 32.76	100m: 1:08.82 36.06	200m: 2:21.45 1:12.63	400m: 4:45.16	2:23.71		
2.	Marta Filipa Nunes	07	Viver Santarem	4:48.12		535	
	50m: 31.91 31.91	100m: 1:07.62 35.71	200m: 2:20.76 1:13.14	400m: 4:48.12	2:27.36		
3.	Catarina Maria Fragoso	07	Viver Santarem	5:00.50		471	
	50m: 34.86 34.86	100m: 1:12.00 37.14	200m: 2:27.53 1:15.53	400m: 5:00.50	2:32.97		

Prova 1, Femin., 400m Livres, Junior

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
4.	Mariana Mauricio Coelho 50m: 33.19 33.19	07	BUZIOS-Coruche	5:02.94 100m: 1:10.79 37.60 200m: 2:27.22 1:16.43	400m: 5:02.94	460	2:35.72
5.	Madalena Maria Midoes 50m: 34.30 34.30	07	20Km de Almeirim	5:09.47 100m: 1:12.55 38.25 200m: 2:31.40 1:18.85	400m: 5:09.47	431	2:38.07
6.	Margarida Miguel Mendes 50m: 35.77 35.77	06	Viver Santarem	5:10.63 100m: 1:15.76 39.99 200m: 2:35.63 1:19.87	400m: 5:10.63	427	2:35.00
7.	Beatriz Maria Simoes 50m: 33.41 33.41	07	Torres Novas	5:13.72 100m: 1:11.16 37.75 200m: 2:30.72 1:19.56	400m: 5:13.72	414	2:43.00
8.	Madalena Nunes Domingos 50m: 37.07 37.07	07	Viver Santarem	5:18.64 100m: 1:14.14 37.07 200m: 2:37.57 1:23.43	400m: 5:18.64	395	2:41.07
9.	Beatriz Sofia Conceicao 50m: 35.71 35.71	07	Nautico Abrantes	5:21.46 100m: 1:14.57 38.86 200m: 2:37.78 1:23.21	400m: 5:21.46	385	2:43.68
10.	Diana Goncalves Oliveira 50m: 35.20 35.20	07	20Km de Almeirim	5:29.67 100m: 1:13.70 38.50 200m: 2:35.42 1:21.72	400m: 5:29.67	357	2:54.25
11.	Maria Beatriz Teixeira 50m: 35.77 35.77	06	Viver Santarem	5:29.98 100m: 1:15.29 39.52 200m: 2:39.64 1:24.35	400m: 5:29.98	356	2:50.34
12.	Eleonor Dias Alves 50m: 36.13 36.13	06	Nautico Abrantes	5:30.20 100m: 1:16.48 40.35 200m: 2:40.16 1:23.68	400m: 5:30.20	355	2:50.04
13.	Beatriz Roseiro Dias 50m: 39.49 39.49	07	Nautico Abrantes	5:41.52 100m: 1:22.67 43.18 200m: 2:49.99 1:27.32	400m: 5:41.52	321	2:51.53

Senior

1.	Catarina Isabel Carlota 50m: 31.25 31.25	05	BUZIOS-Coruche	4:36.57 100m: 1:05.34 34.09 200m: 2:15.52 1:10.18	400m: 4:36.57	605	2:21.05
2.	Maria Madalena Bento 50m: 32.31 32.31	05	BUZIOS-Coruche	4:45.46 100m: 1:07.78 35.47 200m: 2:20.35 1:12.57	400m: 4:45.46	550	2:25.11
3.	Rute Isabel Leonardo 50m: 36.05 36.05	98	Nautico Abrantes	5:16.83 100m: 1:15.44 39.39 200m: 2:36.55 1:21.11	400m: 5:16.83	402	2:40.28
4.	Carolina Manuela Guia 50m: 35.94 35.94	05	Viver Santarem	5:18.10 100m: 1:15.69 39.75 200m: 2:37.06 1:21.37	400m: 5:18.10	397	2:41.04
5.	Beatriz Catarino Moura 50m: 35.83 35.83	02	Nautico Abrantes	5:29.72 100m: 1:16.33 40.50 200m: 2:39.44 1:23.11	400m: 5:29.72	357	2:50.28

Absoluto

1.	Catarina Isabel Carlota 50m: 31.25 31.25	05	BUZIOS-Coruche	4:36.57 100m: 1:05.34 34.09 200m: 2:15.52 1:10.18	400m: 4:36.57	605	2:21.05
2.	Catarina Maria Lopes 50m: 32.41 32.41	08	BUZIOS-Coruche	4:44.73 100m: 1:07.16 34.75 200m: 2:19.66 1:12.50	400m: 4:44.73	554	2:25.07
3.	Marta Filipa Bucha 50m: 32.76 32.76	06	Viver Santarem	4:45.16 100m: 1:08.82 36.06 200m: 2:21.45 1:12.63	400m: 4:45.16	551	2:23.71
4.	Maria Madalena Bento 50m: 32.31 32.31	05	BUZIOS-Coruche	4:45.46 100m: 1:07.78 35.47 200m: 2:20.35 1:12.57	400m: 4:45.46	550	2:25.11
5.	Rafaela Ferreira Mendes 50m: 32.71 32.71	08	Torres Novas	4:46.48 100m: 1:07.91 35.20 200m: 2:21.48 1:13.57	400m: 4:46.48	544	2:25.00
6.	Marta Filipa Nunes 50m: 31.91 31.91	07	Viver Santarem	4:48.12 100m: 1:07.62 35.71 200m: 2:20.76 1:13.14	400m: 4:48.12	535	2:27.36

Prova 1, Femin., 400m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
7.	Laura Brites Costa 50m: 32.51 32.51	09	Rio Maior	4:50.63 100m: 1:08.39 35.88 200m: 2:21.56 1:13.17	400m: 4:50.63	521	2:29.07
8.	Joana Pereira Santos 50m: 32.94 32.94	09	Rio Maior	4:54.09 100m: 1:08.74 35.80 200m: 2:23.44 1:14.70	400m: 4:54.09	503	2:30.65
9.	Leonor Sombreiro Martins 50m: 33.48 33.48	10	BUZIOS-Coruche	4:57.86 100m: 1:10.48 37.00 200m: 2:26.70 1:16.22	400m: 4:57.86	484	2:31.16
10.	Catarina Maria Fragoso 50m: 34.86 34.86	07	Viver Santarem	5:00.50 100m: 1:12.00 37.14 200m: 2:27.53 1:15.53	400m: 5:00.50	471	2:32.97
11.	Mariana Mauricio Coelho 50m: 33.19 33.19	07	BUZIOS-Coruche	5:02.94 100m: 1:10.79 37.60 200m: 2:27.22 1:16.43	400m: 5:02.94	460	2:35.72
12.	Madalena Maria Midoes 50m: 34.30 34.30	07	20Km de Almeirim	5:09.47 100m: 1:12.55 38.25 200m: 2:31.40 1:18.85	400m: 5:09.47	431	2:38.07
13.	Laura Prates Morais 50m: 34.09 34.09	09	BUZIOS-Coruche	5:10.24 100m: 1:12.28 38.19 200m: 2:32.07 1:19.79	400m: 5:10.24	428	2:38.17
14.	Maria Madalena Monteiro 50m: 33.00 33.00	08	Gualdim Pais	5:10.50 100m: 1:11.28 38.28 200m: 2:30.50 1:19.22	400m: 5:10.50	427	2:40.00
15.	Margarida Miguel Mendes 50m: 35.77 35.77	06	Viver Santarem	5:10.63 100m: 1:15.76 39.99 200m: 2:35.63 1:19.87	400m: 5:10.63	427	2:35.00
16.	Beatriz Maria Simoes 50m: 33.41 33.41	07	Torres Novas	5:13.72 100m: 1:11.16 37.75 200m: 2:30.72 1:19.56	400m: 5:13.72	414	2:43.00
17.	Rute Isabel Leonardo 50m: 36.05 36.05	98	Nautico Abrantes	5:16.83 100m: 1:15.44 39.39 200m: 2:36.55 1:21.11	400m: 5:16.83	402	2:40.28
18.	Lara Paixao Silva 50m: 34.98 34.98	10	Rio Maior	5:17.09 100m: 1:13.76 38.78 200m: 2:34.26 1:20.50	400m: 5:17.09	401	2:42.83
19.	Carolina Manuela Guia 50m: 35.94 35.94	05	Viver Santarem	5:18.10 100m: 1:15.69 39.75 200m: 2:37.06 1:21.37	400m: 5:18.10	397	2:41.04
20.	Madalena Nunes Domingos 50m: 37.07 37.07	07	Viver Santarem	5:18.64 100m: 1:14.14 37.07 200m: 2:37.57 1:23.43	400m: 5:18.64	395	2:41.07
21.	Beatriz Sofia Conceicao 50m: 35.71 35.71	07	Nautico Abrantes	5:21.46 100m: 1:14.57 38.86 200m: 2:37.78 1:23.21	400m: 5:21.46	385	2:43.68
22.	Alice Batista Agostinho 50m: 35.93 35.93	08	Rio Maior	5:25.93 100m: 1:17.03 41.10 200m: 2:40.03 1:23.00	400m: 5:25.93	369	2:45.90
23.	Diana Goncalves Oliveira 50m: 35.20 35.20	07	20Km de Almeirim	5:29.67 100m: 1:13.70 38.50 200m: 2:35.42 1:21.72	400m: 5:29.67	357	2:54.25
24.	Beatriz Catarino Moura 50m: 35.83 35.83	02	Nautico Abrantes	5:29.72 100m: 1:16.33 40.50 200m: 2:39.44 1:23.11	400m: 5:29.72	357	2:50.28
25.	Maria Beatriz Teixeira 50m: 35.77 35.77	06	Viver Santarem	5:29.98 100m: 1:15.29 39.52 200m: 2:39.64 1:24.35	400m: 5:29.98	356	2:50.34
26.	Eleonor Dias Alves 50m: 36.13 36.13	06	Nautico Abrantes	5:30.20 100m: 1:16.48 40.35 200m: 2:40.16 1:23.68	400m: 5:30.20	355	2:50.04
27.	Sofia Barroca Pereira 50m: 41.36 41.36	11	BUZIOS-Coruche	5:31.39 100m: 1:24.71 43.35 200m: 2:49.71 1:25.00	400m: 5:31.39	351	2:41.68
28.	Flor Fortunata Ferreira 50m: 37.58 37.58	10	Gualdim Pais	5:31.82 100m: 1:19.58 42.00 200m: 2:44.58 1:25.00	400m: 5:31.82	350	2:47.24
29.	Maria Leonor Lopes 50m: 35.55 35.55	10	Torres Novas	5:33.80 100m: 1:16.54 40.99 200m: 2:42.99 1:26.45	400m: 5:33.80	344	2:50.81
30.	Daniela Santos Carrilho 50m: 36.15 36.15	08	CLAC-Entroncamento	5:34.75 100m: 1:16.25 40.10 200m: 2:40.28 1:24.03	400m: 5:34.75	341	2:54.47

Prova 1, Femin., 400m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
31.	Margarida Pinho Formigo 50m: 37.59 37.59	11	Torres Novas	5:35.81 100m: 1:18.59 41.00 200m: 2:44.39 1:25.80	400m: 5:35.81	338	2:51.42
32.	Carolina Santos Carrilho 50m: 38.56 38.56	08	CLAC-Entroncamento	5:40.20 100m: 1:20.59 42.03 200m: 2:45.98 1:25.39	400m: 5:40.20	325	2:54.22
33.	Benedita Maria Lagarinhos 50m: 38.94 38.94	11	Viver Santarem	5:40.34 100m: 1:21.37 42.43 200m: 2:47.51 1:26.14	400m: 5:40.34	324	2:52.83
34.	Beatriz Roseiro Dias 50m: 39.49 39.49	07	Nautico Abrantes	5:41.52 100m: 1:22.67 43.18 200m: 2:49.99 1:27.32	400m: 5:41.52	321	2:51.53
35.	Catarina Isabel Galvao 50m: 39.64 39.64	09	BUZIOS-Coruche	5:41.78 100m: 1:21.75 42.11 200m: 2:46.11 1:24.36	400m: 5:41.78	320	2:55.67
36.	Sofia Lopes Castanheiro 50m: 39.70 39.70	08	Gualdim Pais	5:45.78 100m: 1:23.60 43.90 200m: 2:53.62 1:30.02	400m: 5:45.78	309	2:52.16
37.	Debora Sofia Santos 50m: 39.45 39.45	10	Rio Maior	5:46.55 100m: 1:23.34 43.89 200m: 2:50.28 1:26.94	400m: 5:46.55	307	2:56.27
38.	Clara Santos Madureira 50m: 42.56 42.56	11	Torres Novas	5:50.69 100m: 1:28.63 46.07 200m: 2:58.34 1:29.71	400m: 5:50.69	296	2:52.35
39.	Carlota Pereira Sousa 50m: 39.15 39.15	08	Viver Santarem	5:52.80 100m: 1:22.38 43.23 200m: 2:51.25 1:28.87	400m: 5:52.80	291	3:01.55
40.	Beatriz Agostinho Duque 50m: 41.38 41.38	11	20Km de Almeirim	5:54.41 100m: 1:26.94 45.56 200m: 3:00.38 1:33.44	400m: 5:54.41	287	2:54.03
41.	Sofia Rita Arsenio 50m: 40.02 40.02	08	BUZIOS-Coruche	5:56.98 100m: 1:23.86 43.84 200m: 2:53.48 1:29.62	400m: 5:56.98	281	3:03.50
42.	Maria Carmo Rodrigues 50m: 43.07 43.07	10	BUZIOS-Coruche	5:59.51 100m: 1:29.17 46.10 200m: 3:01.18 1:32.01	400m: 5:59.51	275	2:58.33
43.	Angela Maria Pereira 50m: 43.09 43.09	10	Clube Nautico de Salvaterra de	6:01.40 100m: 1:30.58 47.49 200m: 3:04.52 1:33.94	400m: 6:01.40	271	2:56.88
44.	Leonor Matilde Oliveira 50m: 39.96 39.96	10	20Km de Almeirim	6:05.36 100m: 1:25.52 45.56 200m: 2:58.99 1:33.47	400m: 6:05.36	262	3:06.37
45.	Rita Lino Ferreira 50m: 43.49 43.49	11	BUZIOS-Coruche	6:07.99 100m: 1:29.92 46.43 200m: 3:04.35 1:34.43	400m: 6:07.99	256	3:03.64
46.	Carolina Cupertino Marchante 50m: 42.64 42.64	09	CLAC-Entroncamento	6:20.31 100m: 1:29.49 46.85 200m: 3:06.28 1:36.79	400m: 6:20.31	232	3:14.03
47.	Mariana Freitas Mota 50m: 47.70 47.70	11	Torres Novas	6:28.92 100m: 1:36.13 48.43 200m: 3:14.04 1:37.91	400m: 6:28.92	217	3:14.88
48.	Mafalda Pinhal Canto 50m: 43.92 43.92	10	20Km de Almeirim	6:36.98 100m: 1:31.64 47.72 200m: 3:14.29 1:42.65	400m: 6:36.98	204	3:22.69
49.	Maria Ines Ferreira 50m: 42.72 42.72	11	Torres Novas	6:41.81 100m: 1:32.06 49.34 200m: 4:57.96 3:25.90	400m: 6:41.81	197	1:43.85
50.	Diana Cristina Calhau 50m: 44.17 44.17	11	BUZIOS-Coruche	6:50.77 100m: 1:33.52 49.35 200m: 3:15.70 1:42.18	400m: 6:50.77	184	3:35.07
51.	Matilde Rainho Santos 50m: 46.00 46.00	09	CLAC-Entroncamento	6:57.72 100m: 1:38.70 52.70 200m: 3:28.06 1:49.36	400m: 6:57.72	175	3:29.66
DNS	Ana Mafalda Roxo	11	20Km de Almeirim				



Torneio Distrital Nadador Completo
Santarém, 06 e 07 de Maio de 2023

Prova 2

Masc., 200m Estilos

Absoluto
Resultados

06/05/2023 - 16:20

Recorde Distrital ANDS Absoluto	2:06.56	Luis Afonso Lopes	VC	Leiria	10/12/2022
Recorde Distrital ANDS Sen	2:07.29	Luis Afonso Lopes	VS	Leiria	27/11/2021
Recorde Distrital ANDS 18	2:07.68	Luis Afonso Lopes	VS	Leiria	14/11/2020
Recorde Distrital ANDS 17	2:09.14	Tiago Filipe Campos	SCALABIS	Torres Novas	08/05/2016
Recorde Distrital ANDS Juv A	2:08.71	Paulo Vakulyuk	CNTN	Tomar	16/12/2018
Recorde Distrital ANDS Juv B	2:13.93	Pedro Diogo Oliveira	CNRM	Rio Maior	12/07/2003
Recorde Distrital ANDS Inf A	2:19.63	Paulo Vakulyuk	CNTN	Sines	09/04/2017
Recorde Distrital ANDS Inf B	2:30.29	João Paulo Paias	CNLA	Abrantes	21/05/2005

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	David Filipe Pacheco	10	BUZIOS-Coruche	2:31.97		375	
	50m: 32.77 32.77	200m: 2:31.97 1:59.20					
2.	Daniel Filipe Jorge	10	Rio Maior	2:44.07		298	
	50m: 35.29 35.29	200m: 2:44.07 2:08.78					
3.	Guilherme Gomes Nunes	10	Clube Nautico de Salvaterra de	2:52.58		256	
	50m: 37.79 37.79	200m: 2:52.58 2:14.79					
4.	Guilherme Martins Conceicao	10	Viver Santarem	2:56.34		240	
	50m: 41.12 41.12	200m: 2:56.34 2:15.22					
5.	Lourenco Vicente Geada	10	Torres Novas	2:56.80		238	
	50m: 40.95 40.95	200m: 2:56.80 2:15.85					
6.	Afonso Goncalves Leite	10	CLAC-Entroncamento	3:00.57		223	
7.	Francisco Sa Lopes	10	Torres Novas	3:00.63		223	
	50m: 37.09 37.09	200m: 3:00.63 2:23.54					
8.	Tiago Frazao Barra	10	Rio Maior	3:03.95		211	
	50m: 38.29 38.29	200m: 3:03.95 2:25.66					
9.	Francisco Jose Trincao	10	Torres Novas	3:06.97		201	
	50m: 42.43 42.43	200m: 3:06.97 2:24.54					
10.	Frederico Cardoso Oliveira	10	20Km de Almeirim	3:09.56		193	
	50m: 43.32 43.32	200m: 3:09.56 2:26.24					
11.	Tiago Goncalves Vieira	10	Gualdim Pais	3:20.59		163	
	50m: 46.36 46.36	200m: 3:20.59 2:34.23					
12.	Afonso Sa Lopes	10	Torres Novas	3:23.69		155	
	50m: 46.51 46.51	200m: 3:23.69 2:37.18					
13.	Lourenco Manuel Palmeiro	10	BUZIOS-Coruche	3:24.49		154	
	50m: 49.26 49.26	200m: 3:24.49 2:35.23					
DSQ	Vicente Jose Carrilho	10	BUZIOS-Coruche				
	<i>SW 7.5 - O (a) atleta durante o percurso não rodou os pés para fora durante a parte propulsiva da pernada</i>						
DSQ	Luis Miguel Reis	10	Rio Maior				
	<i>SW 9.4 - O atleta não concluiu o percurso de Mariposa de acordo com as regras do estilos</i>						

Infantil A

1.	Dinis Maria Garcia	09	Nautico Abrantes	2:36.02		346	
	50m: 35.47 35.47	200m: 2:36.02 2:00.55					
2.	Stefan Iordan Chele	09	Rio Maior	2:37.27		338	
	50m: 33.10 33.10	200m: 2:37.27 2:04.17					
3.	Dimas Pasichnyuk	09	Rio Maior	2:39.51		324	
	50m: 33.40 33.40	200m: 2:39.51 2:06.11					

Prova 2, Masc., 200m Estilos, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
4.	Pedro Morgado Costa 50m: 34.92 34.92	09	Rio Maior	2:46.82		283	
		200m:	2:46.82 2:11.90				
5.	Miguel Silva Lima 50m: 37.39 37.39	09	Nautico Abrantes	2:49.64		269	
		200m:	2:49.64 2:12.25				
6.	Rodrigo Duque Dias 50m: 39.74 39.74	09	CLAC-Entroncamento	3:08.92		195	
		200m:	3:08.92 2:29.18				
7.	Luis Suissas Rato 50m: 41.73 41.73	09	Clube Nautico de Salvaterra de	3:09.30		194	
		200m:	3:09.30 2:27.57				
8.	Gabriel Sa Chambel 50m: 38.48 38.48	09	CLAC-Entroncamento	3:17.48		171	
		200m:	3:17.48 2:39.00				
9.	Alexandre Miguel Adriano 50m: 49.24 49.24	09	Clube Nautico de Salvaterra de	3:20.21		164	
		200m:	3:20.21 2:30.97				
10.	Dinis Rodrigues Inacio 50m: 49.92 49.92	09	Clube Nautico de Salvaterra de	3:20.74		162	
		200m:	3:20.74 2:30.82				
11.	Jose Tomas Martins 50m: 54.22 54.22	09	BUZIOS-Coruche	4:10.87		83	
		200m:	4:10.87 3:16.65				

Juvenil B

1.	Afonso Bernardo Evaristo 50m: 30.98 30.98	08	Gualdim Pais	2:24.76		434	
		200m:	2:24.76 1:53.78				
2.	Joao Pedro Monteiro 50m: 30.39 30.39	08	BUZIOS-Coruche	2:29.90		391	
		200m:	2:29.90 1:59.51				
3.	Miguel Ferreira Cruz 50m: 31.30 31.30	08	CLAC-Entroncamento	2:30.34		387	
		200m:	2:30.34 1:59.04				
4.	Rodolfo Charrua Gago 50m: 30.13 30.13	08	Viver Santarem	2:32.74		369	
		200m:	2:32.74 2:02.61				
5.	Leonardo Gomes Silva 50m: 31.53 31.53	08	Rio Maior	2:33.93		361	
		200m:	2:33.93 2:02.40				
6.	Francisco Guilherme Freixieir 50m: 35.65 35.65	08	Rio Maior	2:44.28		297	
		200m:	2:44.28 2:08.63				
7.	Salvador Gomes Serra 50m: 34.22 34.22	08	Torres Novas	2:44.30		297	
		200m:	2:44.30 2:10.08				
8.	Joao Miguel Flores 50m: 33.77 33.77	08	Torres Novas	2:49.33		271	
		200m:	2:49.33 2:15.56				
9.	Francisco Veloso Coelho 50m: 35.06 35.06	08	Rio Maior	2:53.49		252	
		200m:	2:53.49 2:18.43				
10.	Martim Silva Oliveira 50m: 44.23 44.23	08	Torres Novas	3:07.66		199	
		200m:	3:07.66 2:23.43				
DNS	Joao Francisco Gaspar	08	BUZIOS-Coruche				
DNS	Henrique Manuel Rosa	08	Torres Novas				

Juvenil A

1.	Daniel Santos Carapeto 50m: 30.72 30.72	07	Nautico Abrantes	2:25.72		425	
		200m:	2:25.72 1:55.00				
2.	Joao Miguel Pinto 50m: 32.15 32.15	07	20Km de Almeirim	2:27.43		411	
		200m:	2:27.43 1:55.28				
3.	Bernardo Pereira Simoes 50m: 30.89 30.89	07	Torres Novas	2:28.09		405	
		200m:	2:28.09 1:57.20				

Prova 2, Masc., 200m Estilos, Juvenil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
4.	Eugenio Melnyk 50m: 38.18 38.18	07	Rio Maior	2:29.09 200m: 2:29.09 1:50.91		397	
5.	Tomas Alexandre Santos 50m: 34.03 34.03	07	BUZIOS-Coruche	2:33.28 200m: 2:33.28 1:59.25		365	
6.	Simao Pedro Oliveira 50m: 33.70 33.70	07	Torres Novas	2:41.80 200m: 2:41.80 2:08.10		311	
7.	Simao Rocha Silva 50m: 34.47 34.47	07	Gualdim Pais	2:45.33 200m: 2:45.33 2:10.86		291	
8.	Bernardo Marques Fernandes 50m: 37.04 37.04	07	CLAC-Entroncamento	2:45.78 200m: 2:45.78 2:08.74		289	

Junior

1.	Jose Pinto Cabral 50m: 27.56 27.56	05	Viver Santarem	2:14.31 200m: 2:14.31 1:46.75		543	
2.	Joao Antonio Pires 50m: 29.07 29.07	05	Torres Novas	2:15.36 200m: 2:15.36 1:46.29		531	
3.	Bernardo Miguel Evaristo 50m: 30.90 30.90	06	Gualdim Pais	2:17.94 200m: 2:17.94 1:47.04		502	
4.	Jose Maria Temudo 50m: 28.84 28.84	06	Rio Maior	2:18.81 200m: 2:18.81 1:49.97		492	
5.	Afonso Formigo Pinho 50m: 30.09 30.09	06	Torres Novas	2:23.36 200m: 2:23.36 1:53.27		447	
6.	Tiago Miguel Trincao 50m: 30.13 30.13	06	Torres Novas	2:26.39 200m: 2:26.39 1:56.26		420	
7.	Artur Paulo Aleksyeyev 50m: 29.61 29.61	05	Viver Santarem	2:28.80 200m: 2:28.80 1:59.19		399	
8.	Rafael Sousa Azevedo 50m: 31.02 31.02	06	Viver Santarem	2:31.20 200m: 2:31.20 2:00.18		381	
9.	Lorenzo Muniz Silva 50m: 34.96 34.96	06	BUZIOS-Coruche	2:34.24 200m: 2:34.24 1:59.28		359	

Senior

1.	Luis Afonso Lopes 50m: 27.80 27.80	03	Viver Santarem	2:11.60 200m: 2:11.60 1:43.80		578	
2.	Guilherme Pereira Coutinho 50m: 28.26 28.26	03	Viver Santarem	2:19.54 200m: 2:19.54 1:51.28		484	
3.	Artur Rafael Saramago 50m: 29.37 29.37	97	BUZIOS-Coruche	2:21.08 200m: 2:21.08 1:51.71		469	
4.	Joao Marques Ferreira 50m: 30.56 30.56	04	Viver Santarem	2:30.59 200m: 2:30.59 2:00.03		385	
5.	Hugo Miguel Silva 50m: 40.14 40.14	77	BUZIOS-Coruche	2:56.77 200m: 2:56.77 2:16.63		238	

Prova 2, Masc., 200m Estilos

Absoluto

1.	Luis Afonso Lopes	03	Viver Santarem	2:11.60	578
	50m: 27.80 27.80	200m: 2:11.60 1:43.80			
2.	Jose Pinto Cabral	05	Viver Santarem	2:14.31	543
	50m: 27.56 27.56	200m: 2:14.31 1:46.75			
3.	Joao Antonio Pires	05	Torres Novas	2:15.36	531
	50m: 29.07 29.07	200m: 2:15.36 1:46.29			
4.	Bernardo Miguel Evaristo	06	Gualdim Pais	2:17.94	502
	50m: 30.90 30.90	200m: 2:17.94 1:47.04			
5.	Jose Maria Temudo	06	Rio Maior	2:18.81	492
	50m: 28.84 28.84	200m: 2:18.81 1:49.97			
6.	Guilherme Pereira Coutinho	03	Viver Santarem	2:19.54	484
	50m: 28.26 28.26	200m: 2:19.54 1:51.28			
7.	Artur Rafael Saramago	97	BUZIOS-Coruche	2:21.08	469
	50m: 29.37 29.37	200m: 2:21.08 1:51.71			
8.	Afonso Formigo Pinho	06	Torres Novas	2:23.36	447
	50m: 30.09 30.09	200m: 2:23.36 1:53.27			
9.	Afonso Bernardo Evaristo	08	Gualdim Pais	2:24.76	434
	50m: 30.98 30.98	200m: 2:24.76 1:53.78			
10.	Daniel Santos Carapeto	07	Nautico Abrantes	2:25.72	425
	50m: 30.72 30.72	200m: 2:25.72 1:55.00			
11.	Tiago Miguel Trincao	06	Torres Novas	2:26.39	420
	50m: 30.13 30.13	200m: 2:26.39 1:56.26			
12.	Joao Miguel Pinto	07	20Km de Almeirim	2:27.43	411
	50m: 32.15 32.15	200m: 2:27.43 1:55.28			
13.	Bernardo Pereira Simoes	07	Torres Novas	2:28.09	405
	50m: 30.89 30.89	200m: 2:28.09 1:57.20			
14.	Artur Paulo Aleksyeyev	05	Viver Santarem	2:28.80	399
	50m: 29.61 29.61	200m: 2:28.80 1:59.19			
15.	Eugenio Melnyk	07	Rio Maior	2:29.09	397
	50m: 38.18 38.18	200m: 2:29.09 1:50.91			
16.	Joao Pedro Monteiro	08	BUZIOS-Coruche	2:29.90	391
	50m: 30.39 30.39	200m: 2:29.90 1:59.51			
17.	Miguel Ferreira Cruz	08	CLAC-Entroncamento	2:30.34	387
	50m: 31.30 31.30	200m: 2:30.34 1:59.04			
18.	Joao Marques Ferreira	04	Viver Santarem	2:30.59	385
	50m: 30.56 30.56	200m: 2:30.59 2:00.03			
19.	Rafael Sousa Azevedo	06	Viver Santarem	2:31.20	381
	50m: 31.02 31.02	200m: 2:31.20 2:00.18			
20.	David Filipe Pacheco	10	BUZIOS-Coruche	2:31.97	375
	50m: 32.77 32.77	200m: 2:31.97 1:59.20			
21.	Rodolfo Charrua Gago	08	Viver Santarem	2:32.74	369
	50m: 30.13 30.13	200m: 2:32.74 2:02.61			
22.	Tomas Alexandre Santos	07	BUZIOS-Coruche	2:33.28	365
	50m: 34.03 34.03	200m: 2:33.28 1:59.25			
23.	Leonardo Gomes Silva	08	Rio Maior	2:33.93	361
	50m: 31.53 31.53	200m: 2:33.93 2:02.40			

Prova 2, Masc., 200m Estilos, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
24.	Lorenzo Muniz Silva 50m: 34.96 34.96	06	BUZIOS-Coruche	2:34.24 200m: 2:34.24 1:59.28		359	
25.	Dinis Maria Garcia 50m: 35.47 35.47	09	Nautico Abrantes	2:36.02 200m: 2:36.02 2:00.55		346	
26.	Stefan Iordan Chele 50m: 33.10 33.10	09	Rio Maior	2:37.27 200m: 2:37.27 2:04.17		338	
27.	Dimas Pasichnyuk 50m: 33.40 33.40	09	Rio Maior	2:39.51 200m: 2:39.51 2:06.11		324	
28.	Simao Pedro Oliveira 50m: 33.70 33.70	07	Torres Novas	2:41.80 200m: 2:41.80 2:08.10		311	
29.	Daniel Filipe Jorge 50m: 35.29 35.29	10	Rio Maior	2:44.07 200m: 2:44.07 2:08.78		298	
30.	Francisco Guilherme Freixieir08	08	Rio Maior	2:44.28 200m: 2:44.28 2:08.63		297	
31.	Salvador Gomes Serra 50m: 34.22 34.22	08	Torres Novas	2:44.30 200m: 2:44.30 2:10.08		297	
32.	Simao Rocha Silva 50m: 34.47 34.47	07	Gualdim Pais	2:45.33 200m: 2:45.33 2:10.86		291	
33.	Bernardo Marques Fernandes07	07	CLAC-Entroncamento	2:45.78 200m: 2:45.78 2:08.74		289	
34.	Pedro Morgado Costa 50m: 34.92 34.92	09	Rio Maior	2:46.82 200m: 2:46.82 2:11.90		283	
35.	Joao Miguel Flores 50m: 33.77 33.77	08	Torres Novas	2:49.33 200m: 2:49.33 2:15.56		271	
36.	Miguel Silva Lima 50m: 37.39 37.39	09	Nautico Abrantes	2:49.64 200m: 2:49.64 2:12.25		269	
37.	Guilherme Gomes Nunes 50m: 37.79 37.79	10	Clube Nautico de Salvaterra de	2:52.58 200m: 2:52.58 2:14.79		256	
38.	Francisco Veloso Coelho 50m: 35.06 35.06	08	Rio Maior	2:53.49 200m: 2:53.49 2:18.43		252	
39.	Guilherme Martins Conceicac10	10	Viver Santarem	2:56.34 200m: 2:56.34 2:15.22		240	
40.	Hugo Miguel Silva 50m: 40.14 40.14	77	BUZIOS-Coruche	2:56.77 200m: 2:56.77 2:16.63		238	
41.	Lourenco Vicente Geada 50m: 40.95 40.95	10	Torres Novas	2:56.80 200m: 2:56.80 2:15.85		238	
42.	Afonso Goncalves Leite	10	CLAC-Entroncamento	3:00.57		223	
43.	Francisco Sa Lopes 50m: 37.09 37.09	10	Torres Novas	3:00.63 200m: 3:00.63 2:23.54		223	
44.	Tiago Frazao Barra 50m: 38.29 38.29	10	Rio Maior	3:03.95 200m: 3:03.95 2:25.66		211	
45.	Francisco Jose Trincao 50m: 42.43 42.43	10	Torres Novas	3:06.97 200m: 3:06.97 2:24.54		201	
46.	Martim Silva Oliveira 50m: 44.23 44.23	08	Torres Novas	3:07.66 200m: 3:07.66 2:23.43		199	
47.	Rodrigo Duque Dias 50m: 39.74 39.74	09	CLAC-Entroncamento	3:08.92 200m: 3:08.92 2:29.18		195	

Prova 2, Masc., 200m Estilos, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
48.	Luis Suissas Rato 50m: 41.73 41.73	09	Clube Nautico de Salvaterra de	3:09.30 200m: 3:09.30 2:27.57		194	
49.	Frederico Cardoso Oliveira 50m: 43.32 43.32	10	20Km de Almeirim	3:09.56 200m: 3:09.56 2:26.24		193	
50.	Gabriel Sa Chambel 50m: 38.48 38.48	09	CLAC-Entroncamento	3:17.48 200m: 3:17.48 2:39.00		171	
51.	Alexandre Miguel Adriano 50m: 49.24 49.24	09	Clube Nautico de Salvaterra de	3:20.21 200m: 3:20.21 2:30.97		164	
52.	Tiago Goncalves Vieira 50m: 46.36 46.36	10	Gualdim Pais	3:20.59 200m: 3:20.59 2:34.23		163	
53.	Dinis Rodrigues Inacio 50m: 49.92 49.92	09	Clube Nautico de Salvaterra de	3:20.74 200m: 3:20.74 2:30.82		162	
54.	Afonso Sa Lopes 50m: 46.51 46.51	10	Torres Novas	3:23.69 200m: 3:23.69 2:37.18		155	
55.	Lourenco Manuel Palmeiro 50m: 49.26 49.26	10	BUZIOS-Coruche	3:24.49 200m: 3:24.49 2:35.23		154	
56.	Jose Tomas Martins 50m: 54.22 54.22	09	BUZIOS-Coruche	4:10.87 200m: 4:10.87 3:16.65		83	
DSQ	Vicente Jose Carrilho <i>SW 7.5 - O (a) atleta durante o percurso não rodou os pés para fora durante a parte propulsiva da pernada</i>	10	BUZIOS-Coruche				
DSQ	Luis Miguel Reis <i>SW 9.4 - O atleta não concluiu o percurso de Mariposa de acordo com as regras do estilos</i>	10	Rio Maior				
DNS	Joao Francisco Gaspar	08	BUZIOS-Coruche				
DNS	Henrique Manuel Rosa	08	Torres Novas				



Torneio Distrital Nadador Completo
Santar m, 06 e 07 de Maio de 2023

Prova 3

Femin., 100m Livres

Absoluto

06/05/2023 - 16:50

Resultados

Recorde Distrital ANDS Absoluto	57.70	Ariana Espirito Louro	SFGP	Abrantes	15/05/2021
Recorde Distrital ANDS Sen	58.34	Julia Matos Lopes	VS	Tomar	30/06/2013
Recorde Distrital ANDS 17	57.90	Ariana Espirito Louro	SFGP	Leiria	26/11/2021
Recorde Distrital ANDS 16	57.70	Ariana Espirito Louro	SFGP	Abrantes	15/05/2021
Recorde Distrital ANDS Juv A	59.57	Carolina Marques Neves	CNTN	Torres Novas	08/05/2016
Recorde Distrital ANDS Juv B	1:00.11	Margarida Claudino Nicolau	CNTN	Tomar	15/12/2018
Recorde Distrital ANDS Inf A	1:02.99	Carina Alexandra Alves	CNRM	Sines	08/04/2017
Recorde Distrital ANDS Inf B	1:05.17	Marta Sousa Oliveira	CNTN	Abrantes	13/04/2013

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	Benedita Maria Lagarinhos	11	Viver Santarem	1:10.78		357	
	50m: 35.36 35.36	100m:	1:10.78 35.42				
2.	Sofia Barroca Pereira	11	BUZIOS-Coruche	1:12.02		339	
	50m: 35.32 35.32	100m:	1:12.02 36.70				
3.	Margarida Pinho Formigo	11	Torres Novas	1:13.12		324	
	50m: 35.44 35.44	100m:	1:13.12 37.68				
4.	Clara Santos Madureira	11	Torres Novas	1:13.86		314	
	50m: 35.80 35.80	100m:	1:13.86 38.06				
5.	Beatriz Agostinho Duque	11	20Km de Almeirim	1:18.46		262	
	50m: 38.71 38.71	100m:	1:18.46 39.75				
6.	Rita Lino Ferreira	11	BUZIOS-Coruche	1:18.66		260	
	50m: 38.22 38.22	100m:	1:18.66 40.44				
7.	Mariana Freitas Mota	11	Torres Novas	1:26.22		197	
	50m: 41.94 41.94	100m:	1:26.22 44.28				
8.	Maria Ines Ferreira	11	Torres Novas	1:26.32		197	
	50m: 41.22 41.22	100m:	1:26.32 45.10				
9.	Diana Cristina Calhau	11	BUZIOS-Coruche	1:33.39		155	
	50m: 43.32 43.32	100m:	1:33.39 50.07				
DNS	Ana Mafalda Roxo	11	20Km de Almeirim				

Infantil A

1.	Leonor Sombreireiro Martins	10	BUZIOS-Coruche	1:09.26		381	
	50m: 33.41 33.41	100m:	1:09.26 35.85				
2.	Lara Paixao Silva	10	Rio Maior	1:10.39		363	
	50m: 33.92 33.92	100m:	1:10.39 36.47				
3.	Maria Leonor Lopes	10	Torres Novas	1:10.78		357	
	50m: 33.72 33.72	100m:	1:10.78 37.06				
4.	Flor Fortunata Ferreira	10	Gualdim Pais	1:13.56		318	
	50m: 35.28 35.28	100m:	1:13.56 38.28				
5.	Debora Sofia Santos	10	Rio Maior	1:18.25		264	
	50m: 37.87 37.87	100m:	1:18.25 40.38				
6.	Maria Carmo Rodrigues	10	BUZIOS-Coruche	1:18.94		257	
	50m: 39.44 39.44	100m:	1:18.94 39.50				
7.	Angela Maria Pereira	10	Clube Nautico de Salvaterra de	1:19.62		251	
	50m: 37.48 37.48	100m:	1:19.62 42.14				
8.	Leonor Matilde Oliveira	10	20Km de Almeirim	1:20.60		242	
	50m: 37.58 37.58	100m:	1:20.60 43.02				
9.	Mafalda Pinhal Canto	10	20Km de Almeirim	1:25.26		204	
	50m: 39.98 39.98	100m:	1:25.26 45.28				

Prova 3, Femin., 100m Livres

Juvenil B

1.	Laura Brites Costa	09	Rio Maior	1:04.92	463
	50m: 31.32 31.32	100m: 1:04.92 33.60			
2.	Joana Pereira Santos	09	Rio Maior	1:07.97	404
	50m: 32.47 32.47	100m: 1:07.97 35.50			
3.	Laura Prates Morais	09	BUZIOS-Coruche	1:08.28	398
	50m: 32.79 32.79	100m: 1:08.28 35.49			
4.	Catarina Isabel Galvao	09	BUZIOS-Coruche	1:18.13	266
	50m: 37.40 37.40	100m: 1:18.13 40.73			
5.	Carolina Cupertino Marchante	09	CLAC-Entroncamento	1:20.48	243
	50m: 38.67 38.67	100m: 1:20.48 41.81			
6.	Matilde Rainho Santos	09	CLAC-Entroncamento	1:29.53	176
	50m: 42.41 42.41	100m: 1:29.53 47.12			

Juvenil A

1.	Rafaela Ferreira Mendes	08	Torres Novas	1:01.92	534
	50m: 30.11 30.11	100m: 1:01.92 31.81			
2.	Catarina Maria Lopes	08	BUZIOS-Coruche	1:03.53	494
	50m: 30.94 30.94	100m: 1:03.53 32.59			
3.	Maria Madalena Monteiro	08	Gualdim Pais	1:07.35	415
	50m: 32.35 32.35	100m: 1:07.35 35.00			
4.	Alice Batista Agostinho	08	Rio Maior	1:11.06	353
	50m: 33.25 33.25	100m: 1:11.06 37.81			
5.	Daniela Santos Carrilho	08	CLAC-Entroncamento	1:11.78	343
	50m: 33.94 33.94	100m: 1:11.78 37.84			
6.	Carolina Santos Carrilho	08	CLAC-Entroncamento	1:13.93	314
	50m: 35.06 35.06	100m: 1:13.93 38.87			
7.	Sofia Lopes Castanheiro	08	Gualdim Pais	1:16.85	279
	50m: 36.17 36.17	100m: 1:16.85 40.68			
8.	Carlota Pereira Sousa	08	Viver Santarem	1:18.66	260
	50m: 37.38 37.38	100m: 1:18.66 41.28			
9.	Sofia Rita Arsenio	08	BUZIOS-Coruche	1:19.76	250
	50m: 38.48 38.48	100m: 1:19.76 41.28			
DNS	Savannah Daniel Loersch	08	Rio Maior		

Junior

1.	Marta Filipa Nunes	07	Viver Santarem	1:01.69	540
	50m: 30.16 30.16	100m: 1:01.69 31.53			
2.	Marta Filipa Bucha	06	Viver Santarem	1:05.25	456
	50m: 31.45 31.45	100m: 1:05.25 33.80			
3.	Beatriz Sofia Conceicao	07	Nautico Abrantes	1:07.05	420
	50m: 30.95 30.95	100m: 1:07.05 36.10			
4.	Beatriz Maria Simoes	07	Torres Novas	1:07.31	416
	50m: 32.38 32.38	100m: 1:07.31 34.93			
5.	Madalena Maria Midoes	07	20Km de Almeirim	1:07.46	413
	50m: 32.00 32.00	100m: 1:07.46 35.46			
6.	Catarina Maria Fragoso	07	Viver Santarem	1:07.60	410
	50m: 32.45 32.45	100m: 1:07.60 35.15			

Prova 3, Femin., 100m Livres, Junior

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
7.	Mariana Mauricio Coelho 50m: 32.54 32.54	07	BUZIOS-Coruche 100m: 1:07.89 35.35	1:07.89		405	
8.	Margarida Miguel Mendes 50m: 32.23 32.23	06	Viver Santarem 100m: 1:08.90 36.67	1:08.90		387	
9.	Diana Goncalves Oliveira 50m: 33.19 33.19	07	20Km de Almeirim 100m: 1:10.16 36.97	1:10.16		367	
10.	Maria Beatriz Teixeira 50m: 33.93 33.93	06	Viver Santarem 100m: 1:10.53 36.60	1:10.53		361	
11.	Madalena Nunes Domingos 50m: 34.58 34.58	07	Viver Santarem 100m: 1:11.22 36.64	1:11.22		351	
12.	Beatriz Roseiro Dias 50m: 34.27 34.27	07	Nautico Abrantes 100m: 1:11.77 37.50	1:11.77		343	
13.	Eleonor Dias Alves 50m: 35.29 35.29	06	Nautico Abrantes 100m: 1:15.29 40.00	1:15.29		297	

Senior

1.	Catarina Isabel Carlota 50m: 30.60 30.60	05	BUZIOS-Coruche 100m: 1:02.92 32.32	1:02.92		509	
2.	Maria Madalena Bento 50m: 30.94 30.94	05	BUZIOS-Coruche 100m: 1:03.23 32.29	1:03.23		501	
3.	Rute Isabel Leonardo 50m: 30.91 30.91	98	Nautico Abrantes 100m: 1:04.69 33.78	1:04.69		468	
4.	Carolina Manuela Guia 50m: 33.44 33.44	05	Viver Santarem 100m: 1:08.91 35.47	1:08.91		387	
5.	Beatriz Catarino Moura 50m: 33.34 33.34	02	Nautico Abrantes 100m: 1:11.22 37.88	1:11.22		351	

Absoluto

1.	Marta Filipa Nunes 50m: 30.16 30.16	07	Viver Santarem 100m: 1:01.69 31.53	1:01.69		540	
2.	Rafaela Ferreira Mendes 50m: 30.11 30.11	08	Torres Novas 100m: 1:01.92 31.81	1:01.92		534	
3.	Catarina Isabel Carlota 50m: 30.60 30.60	05	BUZIOS-Coruche 100m: 1:02.92 32.32	1:02.92		509	
4.	Maria Madalena Bento 50m: 30.94 30.94	05	BUZIOS-Coruche 100m: 1:03.23 32.29	1:03.23		501	
5.	Catarina Maria Lopes 50m: 30.94 30.94	08	BUZIOS-Coruche 100m: 1:03.53 32.59	1:03.53		494	
6.	Rute Isabel Leonardo 50m: 30.91 30.91	98	Nautico Abrantes 100m: 1:04.69 33.78	1:04.69		468	
7.	Laura Brites Costa 50m: 31.32 31.32	09	Rio Maior 100m: 1:04.92 33.60	1:04.92		463	
8.	Marta Filipa Bucha 50m: 31.45 31.45	06	Viver Santarem 100m: 1:05.25 33.80	1:05.25		456	
9.	Beatriz Sofia Conceicao 50m: 30.95 30.95	07	Nautico Abrantes 100m: 1:07.05 36.10	1:07.05		420	

Prova 3, Femin., 100m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
10.	Beatriz Maria Simoes 50m: 32.38 32.38	07	Torres Novas 100m: 1:07.31 34.93	1:07.31		416	
11.	Maria Madalena Monteiro 50m: 32.35 32.35	08	Gualdim Pais 100m: 1:07.35 35.00	1:07.35		415	
12.	Madalena Maria Midoes 50m: 32.00 32.00	07	20Km de Almeirim 100m: 1:07.46 35.46	1:07.46		413	
13.	Catarina Maria Fragoso 50m: 32.45 32.45	07	Viver Santarem 100m: 1:07.60 35.15	1:07.60		410	
14.	Mariana Mauricio Coelho 50m: 32.54 32.54	07	BUZIOS-Coruche 100m: 1:07.89 35.35	1:07.89		405	
15.	Joana Pereira Santos 50m: 32.47 32.47	09	Rio Maior 100m: 1:07.97 35.50	1:07.97		404	
16.	Laura Prates Morais 50m: 32.79 32.79	09	BUZIOS-Coruche 100m: 1:08.28 35.49	1:08.28		398	
17.	Margarida Miguel Mendes 50m: 32.23 32.23	06	Viver Santarem 100m: 1:08.90 36.67	1:08.90		387	
18.	Carolina Manuela Guia 50m: 33.44 33.44	05	Viver Santarem 100m: 1:08.91 35.47	1:08.91		387	
19.	Leonor Sombreiro Martins 50m: 33.41 33.41	10	BUZIOS-Coruche 100m: 1:09.26 35.85	1:09.26		381	
20.	Diana Goncalves Oliveira 50m: 33.19 33.19	07	20Km de Almeirim 100m: 1:10.16 36.97	1:10.16		367	
21.	Lara Paixao Silva 50m: 33.92 33.92	10	Rio Maior 100m: 1:10.39 36.47	1:10.39		363	
22.	Maria Beatriz Teixeira 50m: 33.93 33.93	06	Viver Santarem 100m: 1:10.53 36.60	1:10.53		361	
23.	Maria Leonor Lopes 50m: 33.72 33.72	10	Torres Novas 100m: 1:10.78 37.06	1:10.78		357	
	Benedita Maria Lagarinhos 50m: 35.36 35.36	11	Viver Santarem 100m: 1:10.78 35.42	1:10.78		357	
25.	Alice Batista Agostinho 50m: 33.25 33.25	08	Rio Maior 100m: 1:11.06 37.81	1:11.06		353	
26.	Beatriz Catarino Moura 50m: 33.34 33.34	02	Nautico Abrantes 100m: 1:11.22 37.88	1:11.22		351	
	Madalena Nunes Domingos 50m: 34.58 34.58	07	Viver Santarem 100m: 1:11.22 36.64	1:11.22		351	
28.	Beatriz Roseiro Dias 50m: 34.27 34.27	07	Nautico Abrantes 100m: 1:11.77 37.50	1:11.77		343	
29.	Daniela Santos Carrilho 50m: 33.94 33.94	08	CLAC-Entroncamento 100m: 1:11.78 37.84	1:11.78		343	
30.	Sofia Barroca Pereira 50m: 35.32 35.32	11	BUZIOS-Coruche 100m: 1:12.02 36.70	1:12.02		339	
31.	Margarida Pinho Formigo 50m: 35.44 35.44	11	Torres Novas 100m: 1:13.12 37.68	1:13.12		324	
32.	Flor Fortunata Ferreira 50m: 35.28 35.28	10	Gualdim Pais 100m: 1:13.56 38.28	1:13.56		318	
33.	Clara Santos Madureira 50m: 35.80 35.80	11	Torres Novas 100m: 1:13.86 38.06	1:13.86		314	

Prova 3, Femin., 100m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
34.	Carolina Santos Carrilho 50m: 35.06 35.06	08	CLAC-Entroncamento	1:13.93 100m: 1:13.93 38.87		314	
35.	Eleonor Dias Alves 50m: 35.29 35.29	06	Nautico Abrantes	1:15.29 100m: 1:15.29 40.00		297	
36.	Sofia Lopes Castanheiro 50m: 36.17 36.17	08	Gualdim Pais	1:16.85 100m: 1:16.85 40.68		279	
37.	Catarina Isabel Galvao 50m: 37.40 37.40	09	BUZIOS-Coruche	1:18.13 100m: 1:18.13 40.73		266	
38.	Debora Sofia Santos 50m: 37.87 37.87	10	Rio Maior	1:18.25 100m: 1:18.25 40.38		264	
39.	Beatriz Agostinho Duque 50m: 38.71 38.71	11	20Km de Almeirim	1:18.46 100m: 1:18.46 39.75		262	
40.	Rita Lino Ferreira 50m: 38.22 38.22	11	BUZIOS-Coruche	1:18.66 100m: 1:18.66 40.44		260	
	Carlota Pereira Sousa 50m: 37.38 37.38	08	Viver Santarem	1:18.66 100m: 1:18.66 41.28		260	
42.	Maria Carmo Rodrigues 50m: 39.44 39.44	10	BUZIOS-Coruche	1:18.94 100m: 1:18.94 39.50		257	
43.	Angela Maria Pereira 50m: 37.48 37.48	10	Clube Nautico de Salvaterra de	1:19.62 100m: 1:19.62 42.14		251	
44.	Sofia Rita Arsenio 50m: 38.48 38.48	08	BUZIOS-Coruche	1:19.76 100m: 1:19.76 41.28		250	
45.	Carolina Cupertino Marchante 50m: 38.67 38.67	09	CLAC-Entroncamento	1:20.48 100m: 1:20.48 41.81		243	
46.	Leonor Matilde Oliveira 50m: 37.58 37.58	10	20Km de Almeirim	1:20.60 100m: 1:20.60 43.02		242	
47.	Mafalda Pinhal Canto 50m: 39.98 39.98	10	20Km de Almeirim	1:25.26 100m: 1:25.26 45.28		204	
48.	Mariana Freitas Mota 50m: 41.94 41.94	11	Torres Novas	1:26.22 100m: 1:26.22 44.28		197	
49.	Maria Ines Ferreira 50m: 41.22 41.22	11	Torres Novas	1:26.32 100m: 1:26.32 45.10		197	
50.	Matilde Rainho Santos 50m: 42.41 42.41	09	CLAC-Entroncamento	1:29.53 100m: 1:29.53 47.12		176	
51.	Diana Cristina Calhau 50m: 43.32 43.32	11	BUZIOS-Coruche	1:33.39 100m: 1:33.39 50.07		155	
DNS	Ana Mafalda Roxo	11	20Km de Almeirim				
DNS	Savannah Daniel Loersch	08	Rio Maior				
EXH	Laura Calheiros Frazao 50m: 34.81 34.81	07	Rio Maior	1:10.31 100m: 1:10.31 35.50		365	
EXH	Carolina Reis Lopes 50m: 42.71 42.71	11	Torres Novas	1:30.71 100m: 1:30.71 48.00		169	



Torneio Distrital Nadador Completo
Santar m, 06 e 07 de Maio de 2023

Prova 4	Masc., 100m Bruços				Absoluto
06/05/2023 - 17:10					Resultados
Recorde Distrital ANDS Absoluto	1:03.56	Carlos Daniel Nunes	CNSM	Tomar	20/11/2022
Recorde Distrital ANDS Sen	1:04.05	Luis Afonso Lopes	VS	Castelo Branco	19/02/2022
Recorde Distrital ANDS 18	1:03.21	Carlos Daniel Nunes	CNSM	Leiria	09/12/2022
Recorde Distrital ANDS 17	1:03.95	Carlos Daniel Nunes	CNSM	Leiria	26/11/2021
Recorde Distrital ANDS Juv A	1:05.79	Francisco Costa Nunes	SANDS	Abrantes	27/01/2018
Recorde Distrital ANDS Juv B	1:07.41	Francisco Costa Nunes	SANDS	Abrantes	04/03/2017
Recorde Distrital ANDS Inf A	1:08.46	Francisco Costa Nunes	CCDSM	Tomar	19/03/2016
Recorde Distrital ANDS Inf B	1:13.64	Joao Diogo Lopes	VS	Campo Maior	29/03/2014

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	Guilherme Gomes Nunes	10	Clube Nautico de Salvaterra de	1:27.33		253	
	50m: 41.65 41.65	100m: 1:27.33 45.68					
2.	Daniel Filipe Jorge	10	Rio Maior	1:28.61		242	
	50m: 41.64 41.64	100m: 1:28.61 46.97					
3.	David Filipe Pacheco	10	BUZIOS-Coruche	1:28.62		242	
	50m: 42.61 42.61	100m: 1:28.62 46.01					
4.	Francisco Jose Trincao	10	Torres Novas	1:31.13		223	
	50m: 42.59 42.59	100m: 1:31.13 48.54					
5.	Guilherme Martins Conceicac	10	Viver Santarem	1:33.67		205	
	50m: 43.85 43.85	100m: 1:33.67 49.82					
6.	Afonso Goncalves Leite	10	CLAC-Entroncamento	1:40.56		166	
	50m: 48.71 48.71	100m: 1:40.56 51.85					
7.	Francisco Sa Lopes	10	Torres Novas	1:40.94		164	
	50m: 46.47 46.47	100m: 1:40.94 54.47					
8.	Lourenco Vicente Geada	10	Torres Novas	1:40.95		164	
	50m: 48.88 48.88	100m: 1:40.95 52.07					
9.	Frederico Cardoso Oliveira	10	20Km de Almeirim	1:42.44		157	
	50m: 49.59 49.59	100m: 1:42.44 52.85					
10.	Tiago Goncalves Vieira	10	Gualdim Pais	1:43.55		152	
	50m: 48.33 48.33	100m: 1:43.55 55.22					
11.	Tiago Frazao Barra	10	Rio Maior	1:46.21		140	
	50m: 50.18 50.18	100m: 1:46.21 56.03					
12.	Afonso Sa Lopes	10	Torres Novas	1:52.02		120	
	50m: 54.05 54.05	100m: 1:52.02 57.97					
13.	Lourenco Manuel Palmeiro	10	BUZIOS-Coruche	1:53.34		116	
	50m: 54.28 54.28	100m: 1:53.34 59.06					
14.	Luis Miguel Reis	10	Rio Maior	2:01.21		94	
DSQ	Vicente Jose Carrilho	10	BUZIOS-Coruche				
	<i>SW 7.5 - O (a) atleta durante o percurso n�o rodou os p�s para fora durante a parte propulsiva da pernada</i>						

Infantil A

1.	Dinis Maria Garcia	09	Nautico Abrantes	1:22.47		301	
	50m: 38.61 38.61	100m: 1:22.47 43.86					
2.	Stefan Iordan Chele	09	Rio Maior	1:27.68		250	
	50m: 42.78 42.78	100m: 1:27.68 44.90					
3.	Miguel Silva Lima	09	Nautico Abrantes	1:30.19		230	
	50m: 42.65 42.65	100m: 1:30.19 47.54					

Prova 4, Masc., 100m Bruços, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
4.	Dimas Pasichnyuk 50m: 41.86 41.86	09	Rio Maior	1:30.81 100m: 1:30.81 48.95		225	
5.	Pedro Morgado Costa 50m: 45.44 45.44	09	Rio Maior	1:34.25 100m: 1:34.25 48.81		201	
6.	Rodrigo Duque Dias 50m: 47.39 47.39	09	CLAC-Entroncamento	1:39.48 100m: 1:39.48 52.09		171	
7.	Dinis Rodrigues Inacio 50m: 47.71 47.71	09	Clube Nautico de Salvaterra de	1:40.39 100m: 1:40.39 52.68		166	
8.	Gabriel Sa Chambel 50m: 48.49 48.49	09	CLAC-Entroncamento	1:43.77 100m: 1:43.77 55.28		151	
9.	Luis Suissas Rato 50m: 51.02 51.02	09	Clube Nautico de Salvaterra de	1:46.19 100m: 1:46.19 55.17		141	
10.	Alexandre Miguel Adriano 50m: 51.46 51.46	09	Clube Nautico de Salvaterra de	1:46.81 100m: 1:46.81 55.35		138	
11.	Jose Tomas Martins 50m: 1:07.39 1:07.39	09	BUZIOS-Coruche	2:25.07 100m: 2:25.07 1:17.68		55	

Juvenil B

1.	Joao Pedro Monteiro 50m: 35.89 35.89	08	BUZIOS-Coruche	1:16.21 100m: 1:16.21 40.32		381	
2.	Afonso Bernardo Evaristo 50m: 36.57 36.57	08	Gualdim Pais	1:16.54 100m: 1:16.54 39.97		376	
3.	Miguel Ferreira Cruz 50m: 38.53 38.53	08	CLAC-Entroncamento	1:21.30 100m: 1:21.30 42.77		314	
4.	Leonardo Gomes Silva 50m: 39.35 39.35	08	Rio Maior	1:23.65 100m: 1:23.65 44.30		288	
5.	Francisco Veloso Coelho 50m: 42.11 42.11	08	Rio Maior	1:29.78 100m: 1:29.78 47.67		233	
6.	Rodolfo Charrua Gago 50m: 42.86 42.86	08	Viver Santarem	1:30.29 100m: 1:30.29 47.43		229	
7.	Joao Miguel Flores 50m: 43.69 43.69	08	Torres Novas	1:32.37 100m: 1:32.37 48.68		214	
8.	Salvador Gomes Serra 50m: 46.16 46.16	08	Torres Novas	1:33.71 100m: 1:33.71 47.55		205	
9.	Francisco Guilherme Freixieir 50m: 46.06 46.06	08	Rio Maior	1:35.57 100m: 1:35.57 49.51		193	
10.	Martim Silva Oliveira 50m: 44.89 44.89	08	Torres Novas	1:35.78 100m: 1:35.78 50.89		192	
DNS	Joao Francisco Gaspar	08	BUZIOS-Coruche				
DNS	Henrique Manuel Rosa	08	Torres Novas				

Juvenil A

1.	Daniel Santos Carapeto 50m: 34.11 34.11	07	Nautico Abrantes	1:13.89 100m: 1:13.89 39.78		418	
2.	Joao Miguel Pinto 50m: 38.12 38.12	07	20Km de Almeirim	1:19.33 100m: 1:19.33 41.21		338	
3.	Tomas Alexandre Santos 50m: 37.16 37.16	07	BUZIOS-Coruche	1:20.21 100m: 1:20.21 43.05		327	

Prova 4, Masc., 100m Bruços, Juvenil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
4.	Bernardo Pereira Simoes	07	Torres Novas	1:21.70		309	
	50m: 40.00 40.00	100m: 1:21.70 41.70					
5.	Eugenio Melnyk	07	Rio Maior	1:23.29		292	
	50m: 39.48 39.48	100m: 1:23.29 43.81					
6.	Simao Pedro Oliveira	07	Torres Novas	1:25.53		269	
	50m: 40.43 40.43	100m: 1:25.53 45.10					
7.	Bernardo Marques Fernandes	07	CLAC-Entroncamento	1:26.60		260	
	50m: 40.29 40.29	100m: 1:26.60 46.31					

DSQ Simao Rocha Silva 07 Gualdim Pais
SW 7.6 - O (a) atleta não tocou com as mãos na parede separadas e simultâneamente na viragem aos 50 metros

Junior

1.	Bernardo Miguel Evaristo	06	Gualdim Pais	1:08.49		525	
	50m: 32.88 32.88	100m: 1:08.49 35.61					
2.	Jose Pinto Cabral	05	Viver Santarem	1:09.78		497	
	50m: 33.53 33.53	100m: 1:09.78 36.25					
3.	Joao Antonio Pires	05	Torres Novas	1:10.16		489	
	50m: 33.20 33.20	100m: 1:10.16 36.96					
4.	Afonso Formigo Pinho	06	Torres Novas	1:12.41		444	
	50m: 33.78 33.78	100m: 1:12.41 38.63					
5.	Jose Maria Temudo	06	Rio Maior	1:14.90		402	
	50m: 35.32 35.32	100m: 1:14.90 39.58					
6.	Tiago Miguel Trincao	06	Torres Novas	1:19.02		342	
	50m: 37.95 37.95	100m: 1:19.02 41.07					
7.	Artur Paulo Aleksyeyev	05	Viver Santarem	1:21.06		317	
	50m: 37.96 37.96	100m: 1:21.06 43.10					
8.	Lorenzo Muniz Silva	06	BUZIOS-Coruche	1:22.98		295	
	50m: 39.96 39.96	100m: 1:22.98 43.02					
9.	Rafael Sousa Azevedo	06	Viver Santarem	1:25.61		269	
	50m: 40.45 40.45	100m: 1:25.61 45.16					

Senior

1.	Luis Afonso Lopes	03	Viver Santarem	1:06.15		583	
	50m: 31.28 31.28	100m: 1:06.15 34.87					
2.	Artur Rafael Saramago	97	BUZIOS-Coruche	1:10.15		489	
	50m: 33.08 33.08	100m: 1:10.15 37.07					
3.	Guilherme Pereira Coutinho	03	Viver Santarem	1:17.86		357	
	50m: 36.06 36.06	100m: 1:17.86 41.80					
4.	Joao Marques Ferreira	04	Viver Santarem	1:22.67		298	
	50m: 38.87 38.87	100m: 1:22.67 43.80					
5.	Hugo Miguel Silva	77	BUZIOS-Coruche	1:24.30		281	
	50m: 39.52 39.52	100m: 1:24.30 44.78					

Prova 4, Masc., 100m Bruços

Absoluto

1.	Luis Afonso Lopes	03	Viver Santarem	1:06.15	583
	50m: 31.28 31.28	100m: 1:06.15 34.87			
2.	Bernardo Miguel Evaristo	06	Gualdim Pais	1:08.49	525
	50m: 32.88 32.88	100m: 1:08.49 35.61			
3.	Jose Pinto Cabral	05	Viver Santarem	1:09.78	497
	50m: 33.53 33.53	100m: 1:09.78 36.25			
4.	Artur Rafael Saramago	97	BUZIOS-Coruche	1:10.15	489
	50m: 33.08 33.08	100m: 1:10.15 37.07			
5.	Joao Antonio Pires	05	Torres Novas	1:10.16	489
	50m: 33.20 33.20	100m: 1:10.16 36.96			
6.	Afonso Formigo Pinho	06	Torres Novas	1:12.41	444
	50m: 33.78 33.78	100m: 1:12.41 38.63			
7.	Daniel Santos Carapeto	07	Nautico Abrantes	1:13.89	418
	50m: 34.11 34.11	100m: 1:13.89 39.78			
8.	Jose Maria Temudo	06	Rio Maior	1:14.90	402
	50m: 35.32 35.32	100m: 1:14.90 39.58			
9.	Joao Pedro Monteiro	08	BUZIOS-Coruche	1:16.21	381
	50m: 35.89 35.89	100m: 1:16.21 40.32			
10.	Afonso Bernardo Evaristo	08	Gualdim Pais	1:16.54	376
	50m: 36.57 36.57	100m: 1:16.54 39.97			
11.	Guilherme Pereira Coutinho	03	Viver Santarem	1:17.86	357
	50m: 36.06 36.06	100m: 1:17.86 41.80			
12.	Tiago Miguel Trincao	06	Torres Novas	1:19.02	342
	50m: 37.95 37.95	100m: 1:19.02 41.07			
13.	Joao Miguel Pinto	07	20Km de Almeirim	1:19.33	338
	50m: 38.12 38.12	100m: 1:19.33 41.21			
14.	Tomas Alexandre Santos	07	BUZIOS-Coruche	1:20.21	327
	50m: 37.16 37.16	100m: 1:20.21 43.05			
15.	Artur Paulo Aleksyeyev	05	Viver Santarem	1:21.06	317
	50m: 37.96 37.96	100m: 1:21.06 43.10			
16.	Miguel Ferreira Cruz	08	CLAC-Entroncamento	1:21.30	314
	50m: 38.53 38.53	100m: 1:21.30 42.77			
17.	Bernardo Pereira Simoes	07	Torres Novas	1:21.70	309
	50m: 40.00 40.00	100m: 1:21.70 41.70			
18.	Dinis Maria Garcia	09	Nautico Abrantes	1:22.47	301
	50m: 38.61 38.61	100m: 1:22.47 43.86			
19.	Joao Marques Ferreira	04	Viver Santarem	1:22.67	298
	50m: 38.87 38.87	100m: 1:22.67 43.80			
20.	Lorenzo Muniz Silva	06	BUZIOS-Coruche	1:22.98	295
	50m: 39.96 39.96	100m: 1:22.98 43.02			
21.	Eugenio Melnyk	07	Rio Maior	1:23.29	292
	50m: 39.48 39.48	100m: 1:23.29 43.81			
22.	Leonardo Gomes Silva	08	Rio Maior	1:23.65	288
	50m: 39.35 39.35	100m: 1:23.65 44.30			
23.	Hugo Miguel Silva	77	BUZIOS-Coruche	1:24.30	281
	50m: 39.52 39.52	100m: 1:24.30 44.78			

Prova 4, Masc., 100m Bruços, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
24.	Simao Pedro Oliveira 50m: 40.43 40.43	07	Torres Novas 100m: 1:25.53 45.10	1:25.53		269	
25.	Rafael Sousa Azevedo 50m: 40.45 40.45	06	Viver Santarem 100m: 1:25.61 45.16	1:25.61		269	
26.	Bernardo Marques Fernandes 50m: 40.29 40.29	07	CLAC-Entroncamento 100m: 1:26.60 46.31	1:26.60		260	
27.	Guilherme Gomes Nunes 50m: 41.65 41.65	10	Clube Nautico de Salvaterra de 100m: 1:27.33 45.68	1:27.33		253	
28.	Stefan Iordan Chele 50m: 42.78 42.78	09	Rio Maior 100m: 1:27.68 44.90	1:27.68		250	
29.	Daniel Filipe Jorge 50m: 41.64 41.64	10	Rio Maior 100m: 1:28.61 46.97	1:28.61		242	
30.	David Filipe Pacheco 50m: 42.61 42.61	10	BUZIOS-Coruche 100m: 1:28.62 46.01	1:28.62		242	
31.	Francisco Veloso Coelho 50m: 42.11 42.11	08	Rio Maior 100m: 1:29.78 47.67	1:29.78		233	
32.	Miguel Silva Lima 50m: 42.65 42.65	09	Nautico Abrantes 100m: 1:30.19 47.54	1:30.19		230	
33.	Rodolfo Charrua Gago 50m: 42.86 42.86	08	Viver Santarem 100m: 1:30.29 47.43	1:30.29		229	
34.	Dimas Pasichnyuk 50m: 41.86 41.86	09	Rio Maior 100m: 1:30.81 48.95	1:30.81		225	
35.	Francisco Jose Trincao 50m: 42.59 42.59	10	Torres Novas 100m: 1:31.13 48.54	1:31.13		223	
36.	Joao Miguel Flores 50m: 43.69 43.69	08	Torres Novas 100m: 1:32.37 48.68	1:32.37		214	
37.	Guilherme Martins Conceicao 50m: 43.85 43.85	10	Viver Santarem 100m: 1:33.67 49.82	1:33.67		205	
38.	Salvador Gomes Serra 50m: 46.16 46.16	08	Torres Novas 100m: 1:33.71 47.55	1:33.71		205	
39.	Pedro Morgado Costa 50m: 45.44 45.44	09	Rio Maior 100m: 1:34.25 48.81	1:34.25		201	
40.	Francisco Guilherme Freixieiro 50m: 46.06 46.06	08	Rio Maior 100m: 1:35.57 49.51	1:35.57		193	
41.	Martim Silva Oliveira 50m: 44.89 44.89	08	Torres Novas 100m: 1:35.78 50.89	1:35.78		192	
42.	Rodrigo Duque Dias 50m: 47.39 47.39	09	CLAC-Entroncamento 100m: 1:39.48 52.09	1:39.48		171	
43.	Dinis Rodrigues Inacio 50m: 47.71 47.71	09	Clube Nautico de Salvaterra de 100m: 1:40.39 52.68	1:40.39		166	
44.	Afonso Goncalves Leite 50m: 48.71 48.71	10	CLAC-Entroncamento 100m: 1:40.56 51.85	1:40.56		166	
45.	Francisco Sa Lopes 50m: 46.47 46.47	10	Torres Novas 100m: 1:40.94 54.47	1:40.94		164	
46.	Lourenco Vicente Geada 50m: 48.88 48.88	10	Torres Novas 100m: 1:40.95 52.07	1:40.95		164	
47.	Frederico Cardoso Oliveira 50m: 49.59 49.59	10	20Km de Almeirim 100m: 1:42.44 52.85	1:42.44		157	

Prova 4, Masc., 100m Bruços, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
48.	Tiago Goncalves Vieira 50m: 48.33 48.33	10	Gualdim Pais	1:43.55		152	
49.	Gabriel Sa Chambel 50m: 48.49 48.49	09	CLAC-Entroncamento	1:43.77		151	
50.	Luis Suissas Rato 50m: 51.02 51.02	09	Clube Nautico de Salvaterra de	1:46.19		141	
51.	Tiago Frazao Barra 50m: 50.18 50.18	10	Rio Maior	1:46.21		140	
52.	Alexandre Miguel Adriano 50m: 51.46 51.46	09	Clube Nautico de Salvaterra de	1:46.81		138	
53.	Afonso Sa Lopes 50m: 54.05 54.05	10	Torres Novas	1:52.02		120	
54.	Lourenco Manuel Palmeiro 50m: 54.28 54.28	10	BUZIOS-Coruche	1:53.34		116	
55.	Luis Miguel Reis	10	Rio Maior	2:01.21		94	
56.	Jose Tomas Martins 50m: 1:07.39 1:07.39	09	BUZIOS-Coruche	2:25.07		55	
DSQ	Vicente Jose Carrilho <i>SW 7.5 - O (a) atleta durante o percurso não rodou os pés para fora durante a parte propulsiva da pernada</i>	10	BUZIOS-Coruche				
DSQ	Simao Rocha Silva <i>SW 7.6 - O (a) atleta não tocou com as mãos na parede separadas e simultâneamente na viragem aos 50 metros</i>	07	Gualdim Pais				
DNS	Joao Francisco Gaspar	08	BUZIOS-Coruche				
DNS	Henrique Manuel Rosa	08	Torres Novas				
EXH	Guilherme Filipe Gaboleiro 50m: 32.22 32.22	05	Rio Maior	1:10.72		477	
EXH	Ricardo Filipe Gaboleiro 50m: 33.46 33.46	05	Rio Maior	1:14.60		406	



Torneio Distrital Nadador Completo
Santarém, 06 e 07 de Maio de 2023

Prova 5		Femin., 100m Costas				Absoluto
06/05/2023 - 17:30						Resultados
Recorde Distrital ANDS Absoluto	1:05.37	Inês Asseiceira Ramos	CNTN	Leiria	14/12/2019	
Recorde Distrital ANDS Sen	1:06.03	Maria Madalena Silva	CNAB	Tomar	15/11/2015	
Recorde Distrital ANDS Jun	1:05.37	Inês Asseiceira Ramos	CNTN	Leiria	14/12/2019	
Recorde Distrital ANDS 16	1:06.96	Ramos Inês Asseiceira	CNTN	TOMAR	08/12/2018	
Recorde Distrital ANDS Juv A	1:08.12	Rafaela Ferreira Mendes	CNTN	Tomar	19/11/2022	
Recorde Distrital ANDS Juv B	1:06.64	Mariana Veloso Vitoria	CNAB	Abrantes	14/04/2012	
Recorde Distrital ANDS Inf A	1:10.28	Mariana Veloso Vitoria	CNAB	Almeirim	26/06/2011	
Recorde Distrital ANDS Inf B	1:14.07	Inês Ferreira Duarte	CNAB	Torres Novas	11/05/2013	

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	Benedita Maria Lagarinhos	11	Viver Santarem	1:20.41		318	
	50m: 38.91 38.91	100m:	1:20.41 41.50				
2.	Clara Santos Madureira	11	Torres Novas	1:20.91		312	
	50m: 39.88 39.88	100m:	1:20.91 41.03				
3.	Sofia Barroca Pereira	11	BUZIOS-Coruche	1:30.64		222	
	50m: 45.07 45.07	100m:	1:30.64 45.57				
4.	Margarida Pinho Formigo	11	Torres Novas	1:31.72		214	
	50m: 45.29 45.29	100m:	1:31.72 46.43				
5.	Beatriz Agostinho Duque	11	20Km de Almeirim	1:33.32		203	
	50m: 45.52 45.52	100m:	1:33.32 47.80				
6.	Mariana Freitas Mota	11	Torres Novas	1:40.24		164	
	50m: 50.67 50.67	100m:	1:40.24 49.57				
7.	Maria Ines Ferreira	11	Torres Novas	1:40.28		163	
	50m: 48.73 48.73	100m:	1:40.28 51.55				
8.	Diana Cristina Calhau	11	BUZIOS-Coruche	1:45.83		139	
	50m: 49.69 49.69	100m:	1:45.83 56.14				
9.	Rita Lino Ferreira	11	BUZIOS-Coruche	1:46.85		135	
	50m: 53.63 53.63	100m:	1:46.85 53.22				
DNS	Ana Mafalda Roxo	11	20Km de Almeirim				

Infantil A

1.	Leonor Sombreireiro Martins	10	BUZIOS-Coruche	1:20.17		320	
	50m: 40.14 40.14	100m:	1:20.17 40.03				
2.	Lara Paixao Silva	10	Rio Maior	1:22.59		293	
	50m: 40.48 40.48	100m:	1:22.59 42.11				
3.	Maria Leonor Lopes	10	Torres Novas	1:23.78		281	
	50m: 41.50 41.50	100m:	1:23.78 42.28				
4.	Flor Fortunata Ferreira	10	Gualdim Pais	1:26.10		259	
	50m: 42.04 42.04	100m:	1:26.10 44.06				
5.	Angela Maria Pereira	10	Clube Nautico de Salvaterra de	1:27.18		249	
	50m: 42.15 42.15	100m:	1:27.18 45.03				
6.	Leonor Matilde Oliveira	10	20Km de Almeirim	1:28.60		237	
	50m: 43.22 43.22	100m:	1:28.60 45.38				
7.	Debora Sofia Santos	10	Rio Maior	1:30.28		224	
	50m: 44.67 44.67	100m:	1:30.28 45.61				
8.	Maria Carmo Rodrigues	10	BUZIOS-Coruche	1:33.45		202	
	50m: 45.41 45.41	100m:	1:33.45 48.04				
9.	Mafalda Pinhal Canto	10	20Km de Almeirim	1:40.20		164	
	50m: 49.38 49.38	100m:	1:40.20 50.82				

Prova 5, Femin., 100m Costas

Juvenil B

1.	Laura Brites Costa	09	Rio Maior	1:13.76	412
	50m: 35.80 35.80	100m:	1:13.76 37.96		
2.	Laura Prates Morais	09	BUZIOS-Coruche	1:16.48	369
	50m: 37.35 37.35	100m:	1:16.48 39.13		
3.	Joana Pereira Santos	09	Rio Maior	1:18.71	339
	50m: 38.48 38.48	100m:	1:18.71 40.23		
4.	Carolina Cupertino Marchante	09	CLAC-Entroncamento	1:31.98	212
	50m: 45.34 45.34	100m:	1:31.98 46.64		
5.	Catarina Isabel Galvao	09	BUZIOS-Coruche	1:35.42	190
	50m: 47.70 47.70	100m:	1:35.42 47.72		
6.	Matilde Rainho Santos	09	CLAC-Entroncamento	1:58.40	99
	50m: 57.20 57.20	100m:	1:58.40 1:01.20		

Juvenil A

1.	Rafaela Ferreira Mendes	08	Torres Novas	1:07.80	530
	<i>RECORDE DISTRITAL</i>				
	50m: 32.38 32.38	100m:	1:07.80 35.42		
2.	Catarina Maria Lopes	08	BUZIOS-Coruche	1:17.87	350
	50m: 38.38 38.38	100m:	1:17.87 39.49		
3.	Maria Madalena Monteiro	08	Gualdim Pais	1:20.81	313
	50m: 38.87 38.87	100m:	1:20.81 41.94		
4.	Daniela Santos Carrilho	08	CLAC-Entroncamento	1:23.23	286
	50m: 40.82 40.82	100m:	1:23.23 42.41		
5.	Alice Batista Agostinho	08	Rio Maior	1:24.16	277
	50m: 41.22 41.22	100m:	1:24.16 42.94		
6.	Sofia Lopes Castanheiro	08	Gualdim Pais	1:24.60	273
	50m: 40.59 40.59	100m:	1:24.60 44.01		
7.	Carolina Santos Carrilho	08	CLAC-Entroncamento	1:26.80	252
	50m: 42.53 42.53	100m:	1:26.80 44.27		
8.	Carlota Pereira Sousa	08	Viver Santarem	1:30.30	224
	50m: 43.36 43.36	100m:	1:30.30 46.94		
9.	Sofia Rita Arsenio	08	BUZIOS-Coruche	1:36.89	181
	50m: 48.31 48.31	100m:	1:36.89 48.58		

DNS Savannah Daniel Loersch 08 Rio Maior

Junior

1.	Marta Filipa Bucha	06	Viver Santarem	1:12.23	438
	50m: 35.03 35.03	100m:	1:12.23 37.20		
2.	Margarida Miguel Mendes	06	Viver Santarem	1:14.44	400
	50m: 36.34 36.34	100m:	1:14.44 38.10		
3.	Marta Filipa Nunes	07	Viver Santarem	1:14.63	397
	50m: 37.03 37.03	100m:	1:14.63 37.60		
4.	Beatriz Roseiro Dias	07	Nautico Abrantes	1:18.98	335
	50m: 37.96 37.96	100m:	1:18.98 41.02		
5.	Catarina Maria Fragoso	07	Viver Santarem	1:19.08	334
	50m: 38.68 38.68	100m:	1:19.08 40.40		

Prova 5, Femin., 100m Costas, Junior

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
6.	Diana Goncalves Oliveira 50m: 38.65 38.65	07	20Km de Almeirim	1:19.58		328	
		100m:	1:19.58 40.93				
7.	Beatriz Maria Simoes 50m: 38.40 38.40	07	Torres Novas	1:19.72		326	
		100m:	1:19.72 41.32				
8.	Beatriz Sofia Conceicao 50m: 38.57 38.57	07	Nautico Abrantes	1:21.32		307	
		100m:	1:21.32 42.75				
9.	Madalena Nunes Domingos 50m: 40.59 40.59	07	Viver Santarem	1:21.44		306	
		100m:	1:21.44 40.85				
10.	Madalena Maria Midoes 50m: 39.34 39.34	07	20Km de Almeirim	1:21.52		305	
		100m:	1:21.52 42.18				
11.	Mariana Mauricio Coelho 50m: 39.44 39.44	07	BUZIOS-Coruche	1:22.87		290	
		100m:	1:22.87 43.43				
12.	Maria Beatriz Teixeira 50m: 42.12 42.12	06	Viver Santarem	1:25.17		267	
		100m:	1:25.17 43.05				
13.	Eleonor Dias Alves 50m: 40.52 40.52	06	Nautico Abrantes	1:25.52		264	
		100m:	1:25.52 45.00				

Senior

1.	Maria Madalena Bento 50m: 34.09 34.09	05	BUZIOS-Coruche	1:10.09		480	
		100m:	1:10.09 36.00				
2.	Catarina Isabel Carlota 50m: 36.72 36.72	05	BUZIOS-Coruche	1:15.12		390	
		100m:	1:15.12 38.40				
3.	Rute Isabel Leonardo 50m: 38.90 38.90	98	Nautico Abrantes	1:19.44		329	
		100m:	1:19.44 40.54				
4.	Carolina Manuela Guia 50m: 39.62 39.62	05	Viver Santarem	1:21.12		309	
		100m:	1:21.12 41.50				
5.	Beatriz Catarino Moura 50m: 39.54 39.54	02	Nautico Abrantes	1:22.07		299	
		100m:	1:22.07 42.53				

Absoluto

1.	Rafaela Ferreira Mendes RECORDE DISTRITAL 50m: 32.38 32.38	08	Torres Novas	1:07.80		530	
		100m:	1:07.80 35.42				
2.	Maria Madalena Bento 50m: 34.09 34.09	05	BUZIOS-Coruche	1:10.09		480	
		100m:	1:10.09 36.00				
3.	Marta Filipa Bucha 50m: 35.03 35.03	06	Viver Santarem	1:12.23		438	
		100m:	1:12.23 37.20				
4.	Laura Brites Costa 50m: 35.80 35.80	09	Rio Maior	1:13.76		412	
		100m:	1:13.76 37.96				
5.	Margarida Miguel Mendes 50m: 36.34 36.34	06	Viver Santarem	1:14.44		400	
		100m:	1:14.44 38.10				
6.	Marta Filipa Nunes 50m: 37.03 37.03	07	Viver Santarem	1:14.63		397	
		100m:	1:14.63 37.60				
7.	Catarina Isabel Carlota 50m: 36.72 36.72	05	BUZIOS-Coruche	1:15.12		390	
		100m:	1:15.12 38.40				
8.	Laura Prates Morais 50m: 37.35 37.35	09	BUZIOS-Coruche	1:16.48		369	
		100m:	1:16.48 39.13				

Prova 5, Femin., 100m Costas, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
9.	Catarina Maria Lopes 50m: 38.38 38.38	08	BUZIOS-Coruche	1:17.87 100m: 1:17.87 39.49		350	
10.	Joana Pereira Santos 50m: 38.48 38.48	09	Rio Maior	1:18.71 100m: 1:18.71 40.23		339	
11.	Beatriz Roseiro Dias 50m: 37.96 37.96	07	Nautico Abrantes	1:18.98 100m: 1:18.98 41.02		335	
12.	Catarina Maria Fragoso 50m: 38.68 38.68	07	Viver Santarem	1:19.08 100m: 1:19.08 40.40		334	
13.	Rute Isabel Leonardo 50m: 38.90 38.90	98	Nautico Abrantes	1:19.44 100m: 1:19.44 40.54		329	
14.	Diana Goncalves Oliveira 50m: 38.65 38.65	07	20Km de Almeirim	1:19.58 100m: 1:19.58 40.93		328	
15.	Beatriz Maria Simoes 50m: 38.40 38.40	07	Torres Novas	1:19.72 100m: 1:19.72 41.32		326	
16.	Leonor Sombreiro Martins 50m: 40.14 40.14	10	BUZIOS-Coruche	1:20.17 100m: 1:20.17 40.03		320	
17.	Benedita Maria Lagarinhos 50m: 38.91 38.91	11	Viver Santarem	1:20.41 100m: 1:20.41 41.50		318	
18.	Maria Madalena Monteiro 50m: 38.87 38.87	08	Gualdim Pais	1:20.81 100m: 1:20.81 41.94		313	
19.	Clara Santos Madureira 50m: 39.88 39.88	11	Torres Novas	1:20.91 100m: 1:20.91 41.03		312	
20.	Carolina Manuela Guia 50m: 39.62 39.62	05	Viver Santarem	1:21.12 100m: 1:21.12 41.50		309	
21.	Beatriz Sofia Conceicao 50m: 38.57 38.57	07	Nautico Abrantes	1:21.32 100m: 1:21.32 42.75		307	
22.	Madalena Nunes Domingos 50m: 40.59 40.59	07	Viver Santarem	1:21.44 100m: 1:21.44 40.85		306	
23.	Madalena Maria Midoes 50m: 39.34 39.34	07	20Km de Almeirim	1:21.52 100m: 1:21.52 42.18		305	
24.	Beatriz Catarino Moura 50m: 39.54 39.54	02	Nautico Abrantes	1:22.07 100m: 1:22.07 42.53		299	
25.	Lara Paixao Silva 50m: 40.48 40.48	10	Rio Maior	1:22.59 100m: 1:22.59 42.11		293	
26.	Mariana Mauricio Coelho 50m: 39.44 39.44	07	BUZIOS-Coruche	1:22.87 100m: 1:22.87 43.43		290	
27.	Daniela Santos Carrilho 50m: 40.82 40.82	08	CLAC-Entroncamento	1:23.23 100m: 1:23.23 42.41		286	
28.	Maria Leonor Lopes 50m: 41.50 41.50	10	Torres Novas	1:23.78 100m: 1:23.78 42.28		281	
29.	Alice Batista Agostinho 50m: 41.22 41.22	08	Rio Maior	1:24.16 100m: 1:24.16 42.94		277	
30.	Sofia Lopes Castanheiro 50m: 40.59 40.59	08	Gualdim Pais	1:24.60 100m: 1:24.60 44.01		273	
31.	Maria Beatriz Teixeira 50m: 42.12 42.12	06	Viver Santarem	1:25.17 100m: 1:25.17 43.05		267	
32.	Eleonor Dias Alves 50m: 40.52 40.52	06	Nautico Abrantes	1:25.52 100m: 1:25.52 45.00		264	

Prova 5, Femin., 100m Costas, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
33.	Flor Fortunata Ferreira 50m: 42.04 42.04	10	Gualdim Pais	1:26.10 100m: 1:26.10 44.06		259	
34.	Carolina Santos Carrilho 50m: 42.53 42.53	08	CLAC-Entroncamento	1:26.80 100m: 1:26.80 44.27		252	
35.	Angela Maria Pereira 50m: 42.15 42.15	10	Clube Nautico de Salvaterra de	1:27.18 100m: 1:27.18 45.03		249	
36.	Leonor Matilde Oliveira 50m: 43.22 43.22	10	20Km de Almeirim	1:28.60 100m: 1:28.60 45.38		237	
37.	Debora Sofia Santos 50m: 44.67 44.67	10	Rio Maior	1:30.28 100m: 1:30.28 45.61		224	
38.	Carlota Pereira Sousa 50m: 43.36 43.36	08	Viver Santarem	1:30.30 100m: 1:30.30 46.94		224	
39.	Sofia Barroca Pereira 50m: 45.07 45.07	11	BUZIOS-Coruche	1:30.64 100m: 1:30.64 45.57		222	
40.	Margarida Pinho Formigo 50m: 45.29 45.29	11	Torres Novas	1:31.72 100m: 1:31.72 46.43		214	
41.	Carolina Cupertino Marchante 50m: 45.34 45.34	09	CLAC-Entroncamento	1:31.98 100m: 1:31.98 46.64		212	
42.	Beatriz Agostinho Duque 50m: 45.52 45.52	11	20Km de Almeirim	1:33.32 100m: 1:33.32 47.80		203	
43.	Maria Carmo Rodrigues 50m: 45.41 45.41	10	BUZIOS-Coruche	1:33.45 100m: 1:33.45 48.04		202	
44.	Catarina Isabel Galvao 50m: 47.70 47.70	09	BUZIOS-Coruche	1:35.42 100m: 1:35.42 47.72		190	
45.	Sofia Rita Arsenio 50m: 48.31 48.31	08	BUZIOS-Coruche	1:36.89 100m: 1:36.89 48.58		181	
46.	Mafalda Pinhal Canto 50m: 49.38 49.38	10	20Km de Almeirim	1:40.20 100m: 1:40.20 50.82		164	
47.	Mariana Freitas Mota 50m: 50.67 50.67	11	Torres Novas	1:40.24 100m: 1:40.24 49.57		164	
48.	Maria Ines Ferreira 50m: 48.73 48.73	11	Torres Novas	1:40.28 100m: 1:40.28 51.55		163	
49.	Diana Cristina Calhau 50m: 49.69 49.69	11	BUZIOS-Coruche	1:45.83 100m: 1:45.83 56.14		139	
50.	Rita Lino Ferreira 50m: 53.63 53.63	11	BUZIOS-Coruche	1:46.85 100m: 1:46.85 53.22		135	
51.	Matilde Rainho Santos 50m: 57.20 57.20	09	CLAC-Entroncamento	1:58.40 100m: 1:58.40 1:01.20		99	
DNS	Ana Mafalda Roxo	11	20Km de Almeirim				
DNS	Savannah Daniel Loersch	08	Rio Maior				



Torneio Distrital Nadador Completo
Santar m, 06 e 07 de Maio de 2023

Prova 6	Masc., 100m Mariposa				Absoluto
06/05/2023 - 17:45					Resultados
Recorde Distrital ANDS Absoluto	53.39	Paulo Vakulyuk	CNTN	Leiria	10/12/2022
Recorde Distrital ANDS Sen	53.39	Paulo Vakulyuk	VNTN	Leiria	10/12/2022
Recorde Distrital ANDS 18	54.60	Paulo Vakulyuk	ROU	Abrantes	15/05/2021
Recorde Distrital ANDS 17	54.09	Paulo Vakulyuk	CNTN	Felgueiras	21/12/2019
Recorde Distrital ANDS Juv A	56.43	Pedro Diogo Oliveira	CNRM	Abrantes	31/01/2004
Recorde Distrital ANDS Juv B	57.72	Pedro Diogo Oliveira	CNRM	Rio Maior	12/07/2003
Recorde Distrital ANDS Inf A	1:01.82	Pedro Diogo Oliveira	CNRM	Samora Correia	12/05/2002
Recorde Distrital ANDS Inf B	1:06.88	F�bio Miguel Samouco	CNTN	Coruche	10/05/2008

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	David Filipe Pacheco	10	BUZIOS-Coruche	1:11.39		299	
	50m: 33.60 33.60	100m:	1:11.39 37.79				
2.	Daniel Filipe Jorge	10	Rio Maior	1:22.55		193	
	50m: 38.43 38.43	100m:	1:22.55 44.12				
3.	Guilherme Gomes Nunes	10	Clube Nautico de Salvaterra de	1:25.44		174	
	50m: 38.97 38.97	100m:	1:25.44 46.47				
4.	Francisco Sa Lopes	10	Torres Novas	1:25.65		173	
	50m: 40.09 40.09	100m:	1:25.65 45.56				
5.	Tiago Frazao Barra	10	Rio Maior	1:27.67		161	
	50m: 40.92 40.92	100m:	1:27.67 46.75				
6.	Afonso Goncalves Leite	10	CLAC-Entroncamento	1:30.89		145	
	50m: 41.70 41.70	100m:	1:30.89 49.19				
7.	Lourenco Vicente Geada	10	Torres Novas	1:32.11		139	
	50m: 42.78 42.78	100m:	1:32.11 49.33				
8.	Luis Miguel Reis	10	Rio Maior	1:33.78		132	
	50m: 42.28 42.28	100m:	1:33.78 51.50				
9.	Guilherme Martins Conceicac	10	Viver Santarem	1:36.31		122	
	50m: 43.06 43.06	100m:	1:36.31 53.25				
10.	Vicente Jose Carrilho	10	BUZIOS-Coruche	1:38.64		113	
	50m: 47.64 47.64	100m:	1:38.64 51.00				
11.	Frederico Cardoso Oliveira	10	20Km de Almeirim	1:38.73		113	
	50m: 45.23 45.23	100m:	1:38.73 53.50				
12.	Francisco Jose Trincao	10	Torres Novas	1:39.07		112	
	50m: 45.11 45.11	100m:	1:39.07 53.96				
13.	Lourenco Manuel Palmeiro	10	BUZIOS-Coruche	1:44.98		94	
	50m: 49.29 49.29	100m:	1:44.98 55.69				
14.	Afonso Sa Lopes	10	Torres Novas	1:57.16		67	
	50m: 54.35 54.35	100m:	1:57.16 1:02.81				
DSQ	Tiago Goncalves Vieira	10	Gualdim Pais				
	<i>SW 8.2 - O (a) atleta realizou braçada subaqu�tica ap�s a partida, em todas as viragens</i>						

Infantil A

1.	Stefan Iordan Chele	09	Rio Maior	1:12.70		283	
	50m: 34.63 34.63	100m:	1:12.70 38.07				
2.	Dimas Pasichnyuk	09	Rio Maior	1:13.31		276	
	50m: 34.45 34.45	100m:	1:13.31 38.86				
3.	Pedro Morgado Costa	09	Rio Maior	1:16.91		239	
	50m: 36.16 36.16	100m:	1:16.91 40.75				

Prova 6, Masc., 100m Mariposa, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
4.	Dinis Maria Garcia 50m: 36.60 36.60	09	Nautico Abrantes	1:19.16 100m: 1:19.16 42.56		219	
5.	Miguel Silva Lima 50m: 38.30 38.30	09	Nautico Abrantes	1:26.76 100m: 1:26.76 48.46		167	
6.	Luis Suissas Rato 50m: 41.15 41.15	09	Clube Nautico de Salvaterra de	1:29.71 100m: 1:29.71 48.56		151	
7.	Rodrigo Duque Dias 50m: 43.92 43.92	09	CLAC-Entroncamento	1:33.06 100m: 1:33.06 49.14		135	
8.	Gabriel Sa Chambel 50m: 43.48 43.48	09	CLAC-Entroncamento	1:37.88 100m: 1:37.88 54.40		116	
9.	Dinis Rodrigues Inacio 50m: 53.63 53.63	09	Clube Nautico de Salvaterra de	2:02.84 100m: 2:02.84 1:09.21		58	
10.	Jose Tomas Martins 50m: 56.00 56.00	09	BUZIOS-Coruche	2:09.21 100m: 2:09.21 1:13.21		50	
DSQ	Alexandre Miguel Adriano <i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>	09	Clube Nautico de Salvaterra de				

Juvenil B

1.	Joao Pedro Monteiro 50m: 30.57 30.57	08	BUZIOS-Coruche	1:05.31 100m: 1:05.31 34.74		391	
2.	Rodolfo Charrua Gago 50m: 30.29 30.29	08	Viver Santarem	1:05.98 100m: 1:05.98 35.69		379	
3.	Leonardo Gomes Silva 50m: 31.09 31.09	08	Rio Maior	1:07.12 100m: 1:07.12 36.03		360	
4.	Afonso Bernardo Evaristo 50m: 32.44 32.44	08	Gualdim Pais	1:08.20 100m: 1:08.20 35.76		343	
5.	Miguel Ferreira Cruz 50m: 31.81 31.81	08	CLAC-Entroncamento	1:13.10 100m: 1:13.10 41.29		279	
6.	Salvador Gomes Serra 50m: 35.22 35.22	08	Torres Novas	1:15.47 100m: 1:15.47 40.25		253	
7.	Francisco Guilherme Freixieir 50m: 36.61 36.61	08	Rio Maior	1:19.73 100m: 1:19.73 43.12		215	
8.	Joao Miguel Flores 50m: 37.87 37.87	08	Torres Novas	1:24.55 100m: 1:24.55 46.68		180	
9.	Martim Silva Oliveira 50m: 47.06 47.06	08	Torres Novas	1:43.72 100m: 1:43.72 56.66		97	
DSQ	Francisco Veloso Coelho <i>SW 4.4 - Falsa partida</i>	08	Rio Maior				
DNS	Joao Francisco Gaspar	08	BUZIOS-Coruche				
DNS	Henrique Manuel Rosa	08	Torres Novas				

Juvenil A

1.	Eugenio Melnyk 50m: 30.09 30.09	07	Rio Maior	1:06.81 100m: 1:06.81 36.72		365	
2.	Daniel Santos Carapeto 50m: 31.03 31.03	07	Nautico Abrantes	1:07.98 100m: 1:07.98 36.95		347	
3.	Joao Miguel Pinto 50m: 32.15 32.15	07	20Km de Almeirim	1:08.21 100m: 1:08.21 36.06		343	

Prova 6, Masc., 100m Mariposa, Juvenil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
4.	Bernardo Pereira Simoes	07	Torres Novas	1:09.24		328	
	50m: 32.42 32.42	100m: 1:09.24 36.82					
5.	Tomas Alexandre Santos	07	BUZIOS-Coruche	1:15.34		255	
	50m: 34.13 34.13	100m: 1:15.34 41.21					
6.	Simao Pedro Oliveira	07	Torres Novas	1:16.54		243	
	50m: 35.73 35.73	100m: 1:16.54 40.81					
7.	Bernardo Marques Fernandes	07	CLAC-Entroncamento	1:20.21		211	
	50m: 37.65 37.65	100m: 1:20.21 42.56					
8.	Simao Rocha Silva	07	Gualdim Pais	1:22.97		190	
	50m: 36.08 36.08	100m: 1:22.97 46.89					

Junior

1.	Jose Pinto Cabral	05	Viver Santarem	58.06		557	
	50m: 27.21 27.21	100m: 58.06 30.85					
2.	Joao Antonio Pires	05	Torres Novas	1:01.67		465	
	50m: 28.00 28.00	100m: 1:01.67 33.67					
3.	Jose Maria Temudo	06	Rio Maior	1:02.44		448	
	50m: 29.19 29.19	100m: 1:02.44 33.25					
4.	Artur Paulo Aleksyeyev	05	Viver Santarem	1:03.08		434	
	50m: 29.05 29.05	100m: 1:03.08 34.03					
5.	Tiago Miguel Trincao	06	Torres Novas	1:03.70		422	
	50m: 29.71 29.71	100m: 1:03.70 33.99					
6.	Afonso Formigo Pinho	06	Torres Novas	1:04.81		400	
	50m: 30.39 30.39	100m: 1:04.81 34.42					
7.	Bernardo Miguel Evaristo	06	Gualdim Pais	1:05.40		389	
	50m: 30.22 30.22	100m: 1:05.40 35.18					
8.	Rafael Sousa Azevedo	06	Viver Santarem	1:06.40		372	
	50m: 31.33 31.33	100m: 1:06.40 35.07					
9.	Lorenzo Muniz Silva	06	BUZIOS-Coruche	1:14.34		265	
	50m: 34.80 34.80	100m: 1:14.34 39.54					

Senior

1.	Luis Afonso Lopes	03	Viver Santarem	58.45		546	
	50m: 27.69 27.69	100m: 58.45 30.76					
2.	Guilherme Pereira Coutinho	03	Viver Santarem	1:00.74		486	
	50m: 28.45 28.45	100m: 1:00.74 32.29					
3.	Artur Rafael Saramago	97	BUZIOS-Coruche	1:01.70		464	
	50m: 28.82 28.82	100m: 1:01.70 32.88					
4.	Joao Marques Ferreira	04	Viver Santarem	1:07.21		359	
	50m: 30.56 30.56	100m: 1:07.21 36.65					
5.	Hugo Miguel Silva	77	BUZIOS-Coruche	1:27.60		162	
	50m: 40.26 40.26	100m: 1:27.60 47.34					

Prova 6, Masc., 100m Mariposa

Absoluto

1.	Jose Pinto Cabral	05	Viver Santarem	58.06	557
	50m: 27.21 27.21	100m: 58.06 30.85			
2.	Luis Afonso Lopes	03	Viver Santarem	58.45	546
	50m: 27.69 27.69	100m: 58.45 30.76			
3.	Guilherme Pereira Coutinho	03	Viver Santarem	1:00.74	486
	50m: 28.45 28.45	100m: 1:00.74 32.29			
4.	Joao Antonio Pires	05	Torres Novas	1:01.67	465
	50m: 28.00 28.00	100m: 1:01.67 33.67			
5.	Artur Rafael Saramago	97	BUZIOS-Coruche	1:01.70	464
	50m: 28.82 28.82	100m: 1:01.70 32.88			
6.	Jose Maria Temudo	06	Rio Maior	1:02.44	448
	50m: 29.19 29.19	100m: 1:02.44 33.25			
7.	Artur Paulo Aleksyeyev	05	Viver Santarem	1:03.08	434
	50m: 29.05 29.05	100m: 1:03.08 34.03			
8.	Tiago Miguel Trincao	06	Torres Novas	1:03.70	422
	50m: 29.71 29.71	100m: 1:03.70 33.99			
9.	Afonso Formigo Pinho	06	Torres Novas	1:04.81	400
	50m: 30.39 30.39	100m: 1:04.81 34.42			
10.	Joao Pedro Monteiro	08	BUZIOS-Coruche	1:05.31	391
	50m: 30.57 30.57	100m: 1:05.31 34.74			
11.	Bernardo Miguel Evaristo	06	Gualdim Pais	1:05.40	389
	50m: 30.22 30.22	100m: 1:05.40 35.18			
12.	Rodolfo Charrua Gago	08	Viver Santarem	1:05.98	379
	50m: 30.29 30.29	100m: 1:05.98 35.69			
13.	Rafael Sousa Azevedo	06	Viver Santarem	1:06.40	372
	50m: 31.33 31.33	100m: 1:06.40 35.07			
14.	Eugenio Melnyk	07	Rio Maior	1:06.81	365
	50m: 30.09 30.09	100m: 1:06.81 36.72			
15.	Leonardo Gomes Silva	08	Rio Maior	1:07.12	360
	50m: 31.09 31.09	100m: 1:07.12 36.03			
16.	Joao Marques Ferreira	04	Viver Santarem	1:07.21	359
	50m: 30.56 30.56	100m: 1:07.21 36.65			
17.	Daniel Santos Carapeto	07	Nautico Abrantes	1:07.98	347
	50m: 31.03 31.03	100m: 1:07.98 36.95			
18.	Afonso Bernardo Evaristo	08	Gualdim Pais	1:08.20	343
	50m: 32.44 32.44	100m: 1:08.20 35.76			
19.	Joao Miguel Pinto	07	20Km de Almeirim	1:08.21	343
	50m: 32.15 32.15	100m: 1:08.21 36.06			
20.	Bernardo Pereira Simoes	07	Torres Novas	1:09.24	328
	50m: 32.42 32.42	100m: 1:09.24 36.82			
21.	David Filipe Pacheco	10	BUZIOS-Coruche	1:11.39	299
	50m: 33.60 33.60	100m: 1:11.39 37.79			
22.	Stefan Iordan Chele	09	Rio Maior	1:12.70	283
	50m: 34.63 34.63	100m: 1:12.70 38.07			
23.	Miguel Ferreira Cruz	08	CLAC-Entroncamento	1:13.10	279
	50m: 31.81 31.81	100m: 1:13.10 41.29			

Prova 6, Masc., 100m Mariposa, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
24.	Dimas Pasichnyuk 50m: 34.45 34.45	09	Rio Maior	1:13.31 100m: 1:13.31 38.86		276	
25.	Lorenzo Muniz Silva 50m: 34.80 34.80	06	BUZIOS-Coruche	1:14.34 100m: 1:14.34 39.54		265	
26.	Tomas Alexandre Santos 50m: 34.13 34.13	07	BUZIOS-Coruche	1:15.34 100m: 1:15.34 41.21		255	
27.	Salvador Gomes Serra 50m: 35.22 35.22	08	Torres Novas	1:15.47 100m: 1:15.47 40.25		253	
28.	Simao Pedro Oliveira 50m: 35.73 35.73	07	Torres Novas	1:16.54 100m: 1:16.54 40.81		243	
29.	Pedro Morgado Costa 50m: 36.16 36.16	09	Rio Maior	1:16.91 100m: 1:16.91 40.75		239	
30.	Dinis Maria Garcia 50m: 36.60 36.60	09	Nautico Abrantes	1:19.16 100m: 1:19.16 42.56		219	
31.	Francisco Guilherme Freixeir 50m: 36.61 36.61	08	Rio Maior	1:19.73 100m: 1:19.73 43.12		215	
32.	Bernardo Marques Fernandes 50m: 37.65 37.65	07	CLAC-Entroncamento	1:20.21 100m: 1:20.21 42.56		211	
33.	Daniel Filipe Jorge 50m: 38.43 38.43	10	Rio Maior	1:22.55 100m: 1:22.55 44.12		193	
34.	Simao Rocha Silva 50m: 36.08 36.08	07	Gualdim Pais	1:22.97 100m: 1:22.97 46.89		190	
35.	Joao Miguel Flores 50m: 37.87 37.87	08	Torres Novas	1:24.55 100m: 1:24.55 46.68		180	
36.	Guilherme Gomes Nunes 50m: 38.97 38.97	10	Clube Nautico de Salvaterra de	1:25.44 100m: 1:25.44 46.47		174	
37.	Francisco Sa Lopes 50m: 40.09 40.09	10	Torres Novas	1:25.65 100m: 1:25.65 45.56		173	
38.	Miguel Silva Lima 50m: 38.30 38.30	09	Nautico Abrantes	1:26.76 100m: 1:26.76 48.46		167	
39.	Hugo Miguel Silva 50m: 40.26 40.26	77	BUZIOS-Coruche	1:27.60 100m: 1:27.60 47.34		162	
40.	Tiago Frazao Barra 50m: 40.92 40.92	10	Rio Maior	1:27.67 100m: 1:27.67 46.75		161	
41.	Luis Suissas Rato 50m: 41.15 41.15	09	Clube Nautico de Salvaterra de	1:29.71 100m: 1:29.71 48.56		151	
42.	Afonso Goncalves Leite 50m: 41.70 41.70	10	CLAC-Entroncamento	1:30.89 100m: 1:30.89 49.19		145	
43.	Lourenco Vicente Geada 50m: 42.78 42.78	10	Torres Novas	1:32.11 100m: 1:32.11 49.33		139	
44.	Rodrigo Duque Dias 50m: 43.92 43.92	09	CLAC-Entroncamento	1:33.06 100m: 1:33.06 49.14		135	
45.	Luis Miguel Reis 50m: 42.28 42.28	10	Rio Maior	1:33.78 100m: 1:33.78 51.50		132	
46.	Guilherme Martins Conceicac 50m: 43.06 43.06	10	Viver Santarem	1:36.31 100m: 1:36.31 53.25		122	
47.	Gabriel Sa Chambel 50m: 43.48 43.48	09	CLAC-Entroncamento	1:37.88 100m: 1:37.88 54.40		116	

Prova 6, Masc., 100m Mariposa, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
48.	Vicente Jose Carrilho 50m: 47.64 47.64	10	BUZIOS-Coruche	1:38.64		113	
49.	Frederico Cardoso Oliveira 50m: 45.23 45.23	10	20Km de Almeirim	1:38.73		113	
50.	Francisco Jose Trincao 50m: 45.11 45.11	10	Torres Novas	1:39.07		112	
51.	Martim Silva Oliveira 50m: 47.06 47.06	08	Torres Novas	1:43.72		97	
52.	Lourenco Manuel Palmeiro 50m: 49.29 49.29	10	BUZIOS-Coruche	1:44.98		94	
53.	Afonso Sa Lopes 50m: 54.35 54.35	10	Torres Novas	1:57.16		67	
54.	Dinis Rodrigues Inacio 50m: 53.63 53.63	09	Clube Nautico de Salvaterra de	2:02.84		58	
55.	Jose Tomas Martins 50m: 56.00 56.00	09	BUZIOS-Coruche	2:09.21		50	
DSQ	Alexandre Miguel Adriano <i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>	09	Clube Nautico de Salvaterra de				
DSQ	Tiago Goncalves Vieira <i>SW 8.2 - O (a) atleta realizou braçada subaquática após a partida, em todas as viragens</i>	10	Gualdim Pais				
DSQ	Francisco Veloso Coelho <i>SW 4.4 - Falsa partida</i>	08	Rio Maior				
DNS	Joao Francisco Gaspar	08	BUZIOS-Coruche				
DNS	Henrique Manuel Rosa	08	Torres Novas				
EXH	Guilherme Filipe Gaboleiro 50m: 27.82 27.82	05	Rio Maior	1:01.47		469	
EXH	Ricardo Filipe Gaboleiro 50m: 28.64 28.64	05	Rio Maior	1:04.04		415	



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Prova 7		Femin., 50m Livres			Absoluto
06/05/2023 - 18:05					Resultados
Recorde Distrital ANDS Absoluto	27.06	Sarah Dias	CLAC	Leiria	08/12/2013
Recorde Distrital ANDS Sen	27.16	Maria Madalena Silva	CNAB	Caldas da Rainha	29/11/2015
Recorde Distrital ANDS 17	27.09	Ariana Esp�rito Louro	SFGP	Leiria (ROU)	27/11/2021
Recorde Distrital ANDS 16	27.10	Sarah Dias	CLAC	Saint-Yrieix-Sur-Charente (FR)	18/12/2015
Recorde Distrital ANDS Juv A	27.06	Sarah Dias	CLAC	Leiria	08/12/2013
Recorde Distrital ANDS Juv B	27.39	Sarah Dias	CLAC	Tomar	29/06/2013
Recorde Distrital ANDS Inf A	29.29	Rita Sousa Oliveira	CNTN	Ponte de Sor	10/05/2014
Recorde Distrital ANDS Inf B	30.31	Marta Sousa Oliveira	CNTN	Tomar	17/02/2013

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	Benedita Maria Lagarinhos	11	Viver Santarem	32.79		341	
2.	Sofia Barroca Pereira	11	BUZIOS-Coruche	33.22		328	
3.	Margarida Pinho Formigo	11	Torres Novas	35.07		279	
4.	Maria Ines Ferreira	11	Torres Novas	39.13		201	
5.	Diana Cristina Calhau	11	BUZIOS-Coruche	41.18		172	
DNS	Ana Mafalda Roxo	11	20Km de Almeirim				
Infantil A							
1.	Lara Paixao Silva	10	Rio Maior	32.00		367	
2.	Leonor Sombreiro Martins	10	BUZIOS-Coruche	32.20		361	
3.	Maria Leonor Lopes	10	Torres Novas	32.35		356	
4.	Flor Fortunata Ferreira	10	Gualdim Pais	33.26		327	
5.	Debora Sofia Santos	10	Rio Maior	35.18		276	
6.	Maria Carmo Rodrigues	10	BUZIOS-Coruche	37.37		231	
Juvenil B							
1.	Laura Brites Costa	09	Rio Maior	30.21		437	
2.	Laura Prates Morais	09	BUZIOS-Coruche	31.66		379	
3.	Joana Pereira Santos	09	Rio Maior	31.81		374	
4.	Carolina Cupertino Marchante	09	CLAC-Entroncamento	36.40		249	
5.	Matilde Rainho Santos	09	CLAC-Entroncamento	40.53		181	
Juvenil A							
1.	Alice Batista Agostinho	08	Rio Maior	32.19		361	
2.	Daniela Santos Carrilho	08	CLAC-Entroncamento	32.73		343	
3.	Carolina Santos Carrilho	08	CLAC-Entroncamento	34.50		293	
DNS	Savannah Daniel Loersch	08	Rio Maior				
Junior							
1.	Marta Filipa Nunes	07	Viver Santarem	28.93		497	
2.	Beatriz Maria Simoes	07	Torres Novas	30.22		436	
3.	Mariana Mauricio Coelho	07	BUZIOS-Coruche	31.84		373	
4.	Maria Beatriz Teixeira	06	Viver Santarem	32.81		341	
Senior							
1.	Catarina Isabel Carlota	05	BUZIOS-Coruche	30.16		439	
2.	Beatriz Catarino Moura	02	Nautico Abrantes	31.74		377	
3.	Carolina Manuela Guia	05	Viver Santarem	31.82		374	

Prova 7, Femin., 50m Livres

Absoluto

1.	Marta Filipa Nunes	07	Viver Santarem	28.93	497
2.	Catarina Isabel Carlota	05	BUZIOS-Coruche	30.16	439
3.	Laura Brites Costa	09	Rio Maior	30.21	437
4.	Beatriz Maria Simoes	07	Torres Novas	30.22	436
5.	Laura Prates Morais	09	BUZIOS-Coruche	31.66	379
6.	Beatriz Catarino Moura	02	Nautico Abrantes	31.74	377
7.	Joana Pereira Santos	09	Rio Maior	31.81	374
8.	Carolina Manuela Guia	05	Viver Santarem	31.82	374
9.	Mariana Mauricio Coelho	07	BUZIOS-Coruche	31.84	373
10.	Lara Paixao Silva	10	Rio Maior	32.00	367
11.	Alice Batista Agostinho	08	Rio Maior	32.19	361
12.	Leonor Sombreiro Martins	10	BUZIOS-Coruche	32.20	361
13.	Maria Leonor Lopes	10	Torres Novas	32.35	356
14.	Daniela Santos Carrilho	08	CLAC-Entroncamento	32.73	343
15.	Benedita Maria Lagarinhos	11	Viver Santarem	32.79	341
16.	Maria Beatriz Teixeira	06	Viver Santarem	32.81	341
17.	Sofia Barroca Pereira	11	BUZIOS-Coruche	33.22	328
18.	Flor Fortunata Ferreira	10	Gualdim Pais	33.26	327
19.	Carolina Santos Carrilho	08	CLAC-Entroncamento	34.50	293
20.	Margarida Pinho Formigo	11	Torres Novas	35.07	279
21.	Debora Sofia Santos	10	Rio Maior	35.18	276
22.	Carolina Cupertino Marchante	09	CLAC-Entroncamento	36.40	249
23.	Maria Carmo Rodrigues	10	BUZIOS-Coruche	37.37	231
24.	Maria Ines Ferreira	11	Torres Novas	39.13	201
25.	Matilde Rainho Santos	09	CLAC-Entroncamento	40.53	181
26.	Diana Cristina Calhau	11	BUZIOS-Coruche	41.18	172
DNS	Ana Mafalda Roxo	11	20Km de Almeirim		
DNS	Savannah Daniel Loersch	08	Rio Maior		
EXH	Laura Calheiros Frazao	07	Rio Maior	31.65	380
EXH	Carolina Reis Lopes	11	Torres Novas	41.78	165



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Prova 8	Femin., 50m Mariposa				Absoluto
06/05/2023 - 18:15					Resultados
Recorde Distrital ANDS Absoluto	28.57	Ariana Esp�rito Louro	SFGP	Albufeira	12/11/2021
Recorde Distrital ANDS Sen	28.62	Ariana Esp�rito Louro	SFGP	Albufeira	13/11/2022
Recorde Distrital ANDS 17	28.57	Ariana Esp�rito Louro	SFGP	Albufeira	12/11/2021
Recorde Distrital ANDS 16	29.43	Ariana Esp�rito Louro	SFGP	Leiria	15/11/2020
Recorde Distrital ANDS Juv A	29.14	Margarida Claudino Nicolau	CNTN	Torres Novas	15/02/2020
Recorde Distrital ANDS Juv B	30.13	Marta Filipa Vinagre	CNTN	Torres Novas	26/04/2009
Recorde Distrital ANDS Inf A	32.04	Mariana Veloso V�t�ria	CNAB	Tomar	22/01/2011
Recorde Distrital ANDS Inf B	32.28	Mariana Veloso Vitoria	CNAB	Tomar	01/05/2010

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil A							
1.	Leonor Matilde Oliveira	10	20Km de Almeirim	42.35		190	
Juvenil B							
1.	Catarina Isabel Galvao	09	BUZIOS-Coruche	40.07		225	
Juvenil A							
1.	Catarina Maria Lopes	08	BUZIOS-Coruche	31.52		462	
Junior							
1.	Beatriz Sofia Conceicao	07	Nautico Abrantes	31.65		457	
2.	Marta Filipa Bucha	06	Viver Santarem	31.67		456	
3.	Margarida Miguel Mendes	06	Viver Santarem	32.03		440	
4.	Madalena Nunes Domingos	07	Viver Santarem	35.10		335	
5.	Eleonor Dias Alves	06	Nautico Abrantes	37.40		277	
Senior							
1.	Maria Madalena Bento	05	BUZIOS-Coruche	30.25		523	
Absoluto							
1.	Maria Madalena Bento	05	BUZIOS-Coruche	30.25		523	
2.	Catarina Maria Lopes	08	BUZIOS-Coruche	31.52		462	
3.	Beatriz Sofia Conceicao	07	Nautico Abrantes	31.65		457	
4.	Marta Filipa Bucha	06	Viver Santarem	31.67		456	
5.	Margarida Miguel Mendes	06	Viver Santarem	32.03		440	
6.	Madalena Nunes Domingos	07	Viver Santarem	35.10		335	
7.	Eleonor Dias Alves	06	Nautico Abrantes	37.40		277	
8.	Catarina Isabel Galvao	09	BUZIOS-Coruche	40.07		225	
9.	Leonor Matilde Oliveira	10	20Km de Almeirim	42.35		190	



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Prova 9	Femin., 50m Bruços				Absoluto
06/05/2023 - 18:15					Resultados
Recorde Distrital ANDS Absoluto	32.72	Maria Madalena Silva	CNAB	Porto	13/12/2015
Recorde Distrital ANDS Sen	32.72	Maria Madalena Silva	CNAB	Porto	13/12/2015
Recorde Distrital ANDS 17	32.83	Maria Madalena Silva	CNAB	Porto	21/12/2014
Recorde Distrital ANDS 16	33.76	Maria Madalena Silva	CNAB	Felgueiras	20/12/2013
Recorde Distrital ANDS Juv A	34.95	Margarida Mateus Morais	CNTN	S Antonio dos Cavaleiros	09/12/2018
Recorde Distrital ANDS Juv B	35.64	Mafalda Gilberto Marques	CNTEJO	Tomar	01/03/2015
Recorde Distrital ANDS Inf A	36.63	Joana Filipa Vilhena	CNLA	Tomar	27/02/2005
Recorde Distrital ANDS Inf B	38.51	Joana Filipa Vilhena	CNLA	P�voa do Varzim	23/07/2004

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	Mariana Freitas Mota	11	Torres Novas	45.59		245	
2.	Beatriz Agostinho Duque	11	20Km de Almeirim	47.11		222	
3.	Rita Lino Ferreira	11	BUZIOS-Coruche	47.44		218	
Infantil A							
1.	Angela Maria Pereira	10	Clube Nautico de Salvaterra de	49.19		195	
Juvenil A							
1.	Maria Madalena Monteiro	08	Gualdim Pais	40.74		344	
2.	Sofia Rita Arsenio	08	BUZIOS-Coruche	45.25		251	
Junior							
1.	Catarina Maria Fragoso	07	Viver Santarem	40.13		360	
Senior							
1.	Rute Isabel Leonardo	98	Nautico Abrantes	35.10		538	
Absoluto							
1.	Rute Isabel Leonardo	98	Nautico Abrantes	35.10		538	
2.	Catarina Maria Fragoso	07	Viver Santarem	40.13		360	
3.	Maria Madalena Monteiro	08	Gualdim Pais	40.74		344	
4.	Sofia Rita Arsenio	08	BUZIOS-Coruche	45.25		251	
5.	Mariana Freitas Mota	11	Torres Novas	45.59		245	
6.	Beatriz Agostinho Duque	11	20Km de Almeirim	47.11		222	
7.	Rita Lino Ferreira	11	BUZIOS-Coruche	47.44		218	
8.	Angela Maria Pereira	10	Clube Nautico de Salvaterra de	49.19		195	



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Prova 10	Femin., 50m Costas				Absoluto
06/05/2023 - 18:20					Resultados
Recorde Distrital ANDS Absoluto	30.06	Mariana Veloso Vit�ria	CNAB	Tomar	30/06/2013
Recorde Distrital ANDS Sen	30.86	Maria Madalena Silva	CNAB	Tomar	14/11/2015
Recorde Distrital ANDS 17	30.70	In�s Asseiceira Ramos	CNTN	Santar�m	07/03/2020
Recorde Distrital ANDS 16	31.16	Mariana Veloso Vit�ria	CNAB	Tomar	23/11/2013
Recorde Distrital ANDS Juv A	30.06	Mariana Veloso Vit�ria	CNAB	Tomar	30/06/2013
Recorde Distrital ANDS Juv B	31.04	Mariana Veloso Vit�ria	CNAB	Coruche	15/04/2012
Recorde Distrital ANDS Inf A	33.45	Lea Alexandra Mendes	SFGP	Torres Novas	16/01/2016
Recorde Distrital ANDS Inf B	35.45	In�s Ferreira Duarte	CNAB	Tomar	17/02/2013

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	Clara Santos Madureira	11	Torres Novas	37.70		301	
Infantil A							
1.	Mafalda Pinhal Canto	10	20Km de Almeirim	47.41		151	
Juvenil A							
1.	Rafaela Ferreira Mendes	08	Torres Novas	31.35		523	
2.	Sofia Lopes Castanheiro	08	Gualdim Pais	40.61		240	
3.	Carlota Pereira Sousa	08	Viver Santarem	42.97		203	
Junior							
1.	Beatriz Roseiro Dias	07	Nautico Abrantes	35.82		351	
2.	Diana Goncalves Oliveira	07	20Km de Almeirim	36.71		326	
3.	Madalena Maria Midoes	07	20Km de Almeirim	39.36		264	
Absoluto							
1.	Rafaela Ferreira Mendes	08	Torres Novas	31.35		523	
2.	Beatriz Roseiro Dias	07	Nautico Abrantes	35.82		351	
3.	Diana Goncalves Oliveira	07	20Km de Almeirim	36.71		326	
4.	Clara Santos Madureira	11	Torres Novas	37.70		301	
5.	Madalena Maria Midoes	07	20Km de Almeirim	39.36		264	
6.	Sofia Lopes Castanheiro	08	Gualdim Pais	40.61		240	
7.	Carlota Pereira Sousa	08	Viver Santarem	42.97		203	
8.	Mafalda Pinhal Canto	10	20Km de Almeirim	47.41		151	

2 - 2ª Sessão

07/05/2023 - 9:30

Prova 11	Masc., 400m Livres					Absoluto
07/05/2023 - 9:30						Resultados
Recorde Distrital ANDS Absoluto	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009	
Recorde Distrital ANDS Sen	3:54.00	Tiago Filipe Campos	CNRM	Albufeira	13/11/2021	
Recorde Distrital ANDS 18	4:02.22	Tiago Filipe Campos	Sel POR	Felgueiras	22/04/2017	
Recorde Distrital ANDS 17	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009	
Recorde Distrital ANDS Juv A	3:59.33	Gustavo Manuel Santa	CNLA	Entroncamento	16/05/2009	
Recorde Distrital ANDS Juv B	4:09.90	Pedro Diogo Oliveira	CNRM	Rio Maior	12/07/2003	
Recorde Distrital ANDS Inf A	4:22.64	Pedro Diogo Oliveira	CNRM	Benavente	26/05/2002	
Recorde Distrital ANDS Inf B	4:32.58	David Filipe Pacheco	BUZIOS	Lagos	25/03/2023	

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	David Filipe Pacheco	10	BUZIOS-Coruche	4:40.30		434	
	50m: 31.30 31.30	100m: 1:06.19 34.89	200m: 2:17.66 1:11.47	400m: 4:40.30		2:22.64	
2.	Daniel Filipe Jorge	10	Rio Maior	5:07.52		328	
	50m: 34.37 34.37	100m: 1:12.42 38.05	200m: 2:31.09 1:18.67	400m: 5:07.52		2:36.43	
3.	Guilherme Martins Conceicao	10	Viver Santarem	5:29.22		267	
	50m: 36.30 36.30	100m: 1:18.44 42.14	200m: 2:42.90 1:24.46	400m: 5:29.22		2:46.32	
4.	Lourenco Vicente Geada	10	Torres Novas	5:30.53		264	
	50m: 37.32 37.32	100m: 1:19.23 41.91	200m: 2:44.42 1:25.19	400m: 5:30.53		2:46.11	
5.	Tiago Frazao Barra	10	Rio Maior	5:30.75		264	
	50m: 38.70 38.70	100m: 1:19.72 41.02	200m: 2:44.75 1:25.03	400m: 5:30.75		2:46.00	
6.	Guilherme Gomes Nunes	10	Clube Nautico de Salvaterra de	5:32.97		259	
	50m: 34.55 34.55	100m: 1:12.97 38.42	200m: 2:36.69 1:23.72	400m: 5:32.97		2:56.28	
7.	Afonso Goncalves Leite	10	CLAC-Entroncamento	5:43.43		236	
	50m: 37.18 37.18	100m: 1:20.78 43.60	200m: 2:49.43 1:28.65	400m: 5:43.43		2:54.00	
8.	Luis Miguel Reis	10	Rio Maior	5:48.50		225	
	50m: 38.50 38.50	100m: 1:22.22 43.72	200m: 2:52.22 1:30.00	400m: 5:48.50		2:56.28	
9.	Francisco Jose Trincao	10	Torres Novas	5:49.97		223	
	50m: 37.83 37.83	100m: 1:21.20 43.37	200m: 2:50.64 1:29.44	400m: 5:49.97		2:59.33	
10.	Francisco Sa Lopes	10	Torres Novas	5:52.19		218	
	50m: 37.51 37.51	100m: 1:21.09 43.58	200m: 2:52.73 1:31.64	400m: 5:52.19		2:59.46	
11.	Lourenco Manuel Palmeiro	10	BUZIOS-Coruche	5:56.64		210	
	50m: 39.46 39.46	100m: 1:23.14 43.68	200m: 2:53.64 1:30.50	400m: 5:56.64		3:03.00	
12.	Frederico Cardoso Oliveira	10	20Km de Almeirim	5:59.75		205	
	50m: 41.41 41.41	100m: 1:27.47 46.06	200m: 2:59.43 1:31.96	400m: 5:59.75		3:00.32	
13.	Vicente Jose Carrilho	10	BUZIOS-Coruche	6:07.05		193	
	50m: 41.29 41.29	100m: 1:26.52 45.23	200m: 2:59.42 1:32.90	400m: 6:07.05		3:07.63	
14.	Tiago Goncalves Vieira	10	Gualdim Pais	6:14.29		182	
	50m: 40.61 40.61	100m: 1:27.29 46.68	200m: 3:02.79 1:35.50	400m: 6:14.29		3:11.50	
15.	Afonso Sa Lopes	10	Torres Novas	6:34.59		155	
	50m: 42.51 42.51	100m: 1:32.94 50.43	200m: 3:15.63 1:42.69	400m: 6:34.59		3:18.96	

Prova 11, Masc., 400m Livres

Infantil A

1.	Stefan Iordan Chele	09	Rio Maior	4:44.99	413
	50m: 31.87 31.87	100m: 1:07.16 35.29	200m: 2:19.72 1:12.56	400m: 4:44.99 2:25.27	
2.	Dimas Pasichnyuk	09	Rio Maior	4:46.03	408
	50m: 31.56 31.56	100m: 1:07.45 35.89	200m: 2:22.16 1:14.71	400m: 4:46.03 2:23.87	
3.	Dinis Maria Garcia	09	Nautico Abrantes	4:57.37	363
	50m: 32.53 32.53	100m: 1:09.75 37.22	200m: 2:26.12 1:16.37	400m: 4:57.37 2:31.25	
4.	Pedro Morgado Costa	09	Rio Maior	5:24.47	279
	50m: 36.29 36.29	100m: 1:16.62 40.33	200m: 2:39.04 1:22.42	400m: 5:24.47 2:45.43	
5.	Miguel Silva Lima	09	Nautico Abrantes	5:30.91	263
	50m: 36.26 36.26	100m: 1:17.73 41.47	200m: 2:42.34 1:24.61	400m: 5:30.91 2:48.57	
6.	Luis Suissas Rato	09	Clube Nautico de Salvaterra de	5:59.28	206
	50m: 37.93 37.93	100m: 1:20.11 42.18	200m: 2:49.71 1:29.60	400m: 5:59.28 3:09.57	
7.	Dinis Rodrigues Inacio	09	Clube Nautico de Salvaterra de	6:05.61	195
	50m: 38.68 38.68	100m: 1:22.96 44.28	200m: 2:56.14 1:33.18	400m: 6:05.61 3:09.47	
8.	Alexandre Miguel Adriano	09	Clube Nautico de Salvaterra de	6:09.33	189
	50m: 40.53 40.53	100m: 1:25.86 45.33	200m: 3:02.15 1:36.29	400m: 6:09.33 3:07.18	
9.	Gabriel Sa Chambel	09	CLAC-Entroncamento	6:09.80	189
	50m: 39.41 39.41	100m: 1:25.34 45.93	200m: 3:01.41 1:36.07	400m: 6:09.80 3:08.39	
10.	Rodrigo Duque Dias	09	CLAC-Entroncamento	6:18.33	176
	50m: 40.64 40.64	100m: 1:26.83 46.19	200m: 3:04.86 1:38.03	400m: 6:18.33 3:13.47	
11.	Jose Tomas Martins	09	BUZIOS-Coruche	7:12.03	118
	50m: 48.18 48.18	100m: 1:41.93 53.75	200m: 3:32.75 1:50.82	400m: 7:12.03 3:39.28	

Juvenil B

1.	Joao Pedro Monteiro	08	BUZIOS-Coruche	4:27.79	497
	50m: 30.87 30.87	100m: 1:04.35 33.48	200m: 2:12.70 1:08.35	400m: 4:27.79 2:15.09	
2.	Afonso Bernardo Evaristo	08	Gualdim Pais	4:40.44	433
	50m: 32.18 32.18	100m: 1:07.20 35.02	200m: 2:18.75 1:11.55	400m: 4:40.44 2:21.69	
3.	Rodolfo Charrua Gago	08	Viver Santarem	4:42.50	424
	50m: 31.18 31.18	100m: 1:08.43 37.25	200m: 2:20.25 1:11.82	400m: 4:42.50 2:22.25	
4.	Leonardo Gomes Silva	08	Rio Maior	4:46.44	406
	50m: 31.59 31.59	100m: 1:07.58 35.99	200m: 2:20.50 1:12.92	400m: 4:46.44 2:25.94	
5.	Francisco Guilherme Freixieir	08	Rio Maior	4:50.49	390
	50m: 32.50 32.50	100m: 1:08.35 35.85	200m: 2:22.50 1:14.15	400m: 4:50.49 2:27.99	
6.	Miguel Ferreira Cruz	08	CLAC-Entroncamento	4:54.28	375
	50m: 30.98 30.98	100m: 1:06.73 35.75	200m: 2:21.20 1:14.47	400m: 4:54.28 2:33.08	
7.	Salvador Gomes Serra	08	Torres Novas	5:14.13	308
	50m: 33.06 33.06	100m: 1:10.95 37.89	200m: 2:30.48 1:19.53	400m: 5:14.13 2:43.65	
8.	Joao Miguel Flores	08	Torres Novas	5:18.82	295
	50m: 34.07 34.07	100m: 1:14.86 40.79	200m: 2:36.90 1:22.04	400m: 5:18.82 2:41.92	
9.	Francisco Veloso Coelho	08	Rio Maior	5:35.00	254
	50m: 36.23 36.23	100m: 1:16.17 39.94	200m: 2:40.60 1:24.43	400m: 5:35.00 2:54.40	
10.	Martim Silva Oliveira	08	Torres Novas	5:51.67	219
	50m: 37.64 37.64	100m: 1:20.89 43.25	200m: 2:51.84 1:30.95	400m: 5:51.67 2:59.83	
DNS	Joao Francisco Gaspar	08	BUZIOS-Coruche		
DNS	Henrique Manuel Rosa	08	Torres Novas		

Prova 11, Masc., 400m Livres

Juvenil A

1.	Eugenio Melnyk	07	Rio Maior	4:28.83	492
	50m: 30.02 30.02	100m: 1:03.16 33.14	200m: 2:10.83 1:07.67	400m: 4:28.83	2:18.00
2.	Tomas Alexandre Santos	07	BUZIOS-Coruche	4:29.27	489
	50m: 29.46 29.46	100m: 1:03.06 33.60	200m: 2:12.09 1:09.03	400m: 4:29.27	2:17.18
3.	Bernardo Pereira Simoes	07	Torres Novas	4:35.09	459
	50m: 31.49 31.49	100m: 1:05.31 33.82	200m: 2:14.96 1:09.65	400m: 4:35.09	2:20.13
4.	Daniel Santos Carapeto	07	Nautico Abrantes	4:40.75	432
	50m: 32.37 32.37	100m: 1:07.83 35.46	200m: 2:19.15 1:11.32	400m: 4:40.75	2:21.60
5.	Joao Miguel Pinto	07	20Km de Almeirim	4:48.06	400
	50m: 32.23 32.23	100m: 1:08.76 36.53	200m: 2:22.56 1:13.80	400m: 4:48.06	2:25.50
6.	Simao Pedro Oliveira	07	Torres Novas	4:57.69	362
	50m: 33.16 33.16	100m: 1:09.55 36.39	200m: 2:24.72 1:15.17	400m: 4:57.69	2:32.97
7.	Bernardo Marques Fernandes	07	CLAC-Entroncamento	5:15.81	303
	50m: 34.42 34.42	100m: 1:11.42 37.00	200m: 2:30.59 1:19.17	400m: 5:15.81	2:45.22
8.	Simao Rocha Silva	07	Gualdim Pais	5:26.25	275
	50m: 34.40 34.40	100m: 1:13.43 39.03	200m: 2:36.47 1:23.04	400m: 5:26.25	2:49.78

Junior

1.	Joao Antonio Pires	05	Torres Novas	4:15.05	576
	50m: 28.62 28.62	100m: 1:00.58 31.96	200m: 2:04.97 1:04.39	400m: 4:15.05	2:10.08
2.	Jose Maria Temudo	06	Rio Maior	4:17.18	562
	50m: 29.14 29.14	100m: 1:01.00 31.86	200m: 2:05.53 1:04.53	400m: 4:17.18	2:11.65
3.	Jose Pinto Cabral	05	Viver Santarem	4:18.31	554
	50m: 28.53 28.53	100m: 1:00.28 31.75	200m: 2:05.06 1:04.78	400m: 4:18.31	2:13.25
4.	Afonso Formigo Pinho	06	Torres Novas	4:25.94	508
	50m: 29.91 29.91	100m: 1:02.76 32.85	200m: 2:10.44 1:07.68	400m: 4:25.94	2:15.50
5.	Bernardo Miguel Evaristo	06	Gualdim Pais	4:27.80	497
	50m: 30.35 30.35	100m: 1:03.78 33.43	200m: 2:12.14 1:08.36	400m: 4:27.80	2:15.66
6.	Rafael Sousa Azevedo	06	Viver Santarem	4:30.61	482
	50m: 30.40 30.40	100m: 1:03.75 33.35	200m: 2:12.00 1:08.25	400m: 4:30.61	2:18.61
7.	Artur Paulo Aleksyeyev	05	Viver Santarem	4:34.38	462
	50m: 29.31 29.31	100m: 1:01.53 32.22	200m: 2:10.31 1:08.78	400m: 4:34.38	2:24.07
8.	Tiago Miguel Trincao	06	Torres Novas	4:45.64	410
	50m: 32.18 32.18	100m: 1:08.43 36.25	200m: 2:22.46 1:14.03	400m: 4:45.64	2:23.18
9.	Lorenzo Muniz Silva	06	BUZIOS-Coruche	4:52.79	380
	50m: 33.40 33.40	100m: 1:10.08 36.68	200m: 2:24.93 1:14.85	400m: 4:52.79	2:27.86

Senior

1.	Luis Afonso Lopes	03	Viver Santarem	4:10.87	605
	50m: 27.84 27.84	100m: 59.31 31.47	200m: 2:02.72 1:03.41	400m: 4:10.87	2:08.15
2.	Guilherme Pereira Coutinho	03	Viver Santarem	4:14.38	580
	50m: 28.23 28.23	100m: 59.50 31.27	200m: 2:02.80 1:03.30	400m: 4:14.38	2:11.58
3.	Joao Marques Ferreira	04	Viver Santarem	4:47.14	403
	50m: 30.97 30.97	100m: 1:04.41 33.44	200m: 2:15.70 1:11.29	400m: 4:47.14	2:31.44
4.	Artur Rafael Saramago	97	BUZIOS-Coruche	4:50.75	389
	50m: 29.84 29.84	100m: 1:02.76 32.92	200m: 2:11.69 1:08.93	400m: 4:50.75	2:39.06

Prova 11, Masc., 400m Livres, Senior

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
5.	Hugo Miguel Silva	77	BUZIOS-Coruche	5:26.25		275	
	50m: 37.19 37.19	100m: 1:19.22 42.03	200m: 2:45.68 1:26.46	400m: 5:26.25	2:40.57		

Absoluto

1.	Luis Afonso Lopes	03	Viver Santarem	4:10.87		605	
	50m: 27.84 27.84	100m: 59.31 31.47	200m: 2:02.72 1:03.41	400m: 4:10.87	2:08.15		
2.	Guilherme Pereira Coutinho	03	Viver Santarem	4:14.38		580	
	50m: 28.23 28.23	100m: 59.50 31.27	200m: 2:02.80 1:03.30	400m: 4:14.38	2:11.58		
3.	Joao Antonio Pires	05	Torres Novas	4:15.05		576	
	50m: 28.62 28.62	100m: 1:00.58 31.96	200m: 2:04.97 1:04.39	400m: 4:15.05	2:10.08		
4.	Jose Maria Temudo	06	Rio Maior	4:17.18		562	
	50m: 29.14 29.14	100m: 1:01.00 31.86	200m: 2:05.53 1:04.53	400m: 4:17.18	2:11.65		
5.	Jose Pinto Cabral	05	Viver Santarem	4:18.31		554	
	50m: 28.53 28.53	100m: 1:00.28 31.75	200m: 2:05.06 1:04.78	400m: 4:18.31	2:13.25		
6.	Afonso Formigo Pinho	06	Torres Novas	4:25.94		508	
	50m: 29.91 29.91	100m: 1:02.76 32.85	200m: 2:10.44 1:07.68	400m: 4:25.94	2:15.50		
7.	Joao Pedro Monteiro	08	BUZIOS-Coruche	4:27.79		497	
	50m: 30.87 30.87	100m: 1:04.35 33.48	200m: 2:12.70 1:08.35	400m: 4:27.79	2:15.09		
8.	Bernardo Miguel Evaristo	06	Gualdim Pais	4:27.80		497	
	50m: 30.35 30.35	100m: 1:03.78 33.43	200m: 2:12.14 1:08.36	400m: 4:27.80	2:15.66		
9.	Eugenio Melnyk	07	Rio Maior	4:28.83		492	
	50m: 30.02 30.02	100m: 1:03.16 33.14	200m: 2:10.83 1:07.67	400m: 4:28.83	2:18.00		
10.	Tomas Alexandre Santos	07	BUZIOS-Coruche	4:29.27		489	
	50m: 29.46 29.46	100m: 1:03.06 33.60	200m: 2:12.09 1:09.03	400m: 4:29.27	2:17.18		
11.	Rafael Sousa Azevedo	06	Viver Santarem	4:30.61		482	
	50m: 30.40 30.40	100m: 1:03.75 33.35	200m: 2:12.00 1:08.25	400m: 4:30.61	2:18.61		
12.	Artur Paulo Aleksyeyev	05	Viver Santarem	4:34.38		462	
	50m: 29.31 29.31	100m: 1:01.53 32.22	200m: 2:10.31 1:08.78	400m: 4:34.38	2:24.07		
13.	Bernardo Pereira Simoes	07	Torres Novas	4:35.09		459	
	50m: 31.49 31.49	100m: 1:05.31 33.82	200m: 2:14.96 1:09.65	400m: 4:35.09	2:20.13		
14.	David Filipe Pacheco	10	BUZIOS-Coruche	4:40.30		434	
	50m: 31.30 31.30	100m: 1:06.19 34.89	200m: 2:17.66 1:11.47	400m: 4:40.30	2:22.64		
15.	Afonso Bernardo Evaristo	08	Gualdim Pais	4:40.44		433	
	50m: 32.18 32.18	100m: 1:07.20 35.02	200m: 2:18.75 1:11.55	400m: 4:40.44	2:21.69		
16.	Daniel Santos Carapeto	07	Nautico Abrantes	4:40.75		432	
	50m: 32.37 32.37	100m: 1:07.83 35.46	200m: 2:19.15 1:11.32	400m: 4:40.75	2:21.60		
17.	Rodolfo Charrua Gago	08	Viver Santarem	4:42.50		424	
	50m: 31.18 31.18	100m: 1:08.43 37.25	200m: 2:20.25 1:11.82	400m: 4:42.50	2:22.25		
18.	Stefan Iordan Chele	09	Rio Maior	4:44.99		413	
	50m: 31.87 31.87	100m: 1:07.16 35.29	200m: 2:19.72 1:12.56	400m: 4:44.99	2:25.27		
19.	Tiago Miguel Trincao	06	Torres Novas	4:45.64		410	
	50m: 32.18 32.18	100m: 1:08.43 36.25	200m: 2:22.46 1:14.03	400m: 4:45.64	2:23.18		
20.	Dimas Pasichnyuk	09	Rio Maior	4:46.03		408	
	50m: 31.56 31.56	100m: 1:07.45 35.89	200m: 2:22.16 1:14.71	400m: 4:46.03	2:23.87		
21.	Leonardo Gomes Silva	08	Rio Maior	4:46.44		406	
	50m: 31.59 31.59	100m: 1:07.58 35.99	200m: 2:20.50 1:12.92	400m: 4:46.44	2:25.94		
22.	Joao Marques Ferreira	04	Viver Santarem	4:47.14		403	
	50m: 30.97 30.97	100m: 1:04.41 33.44	200m: 2:15.70 1:11.29	400m: 4:47.14	2:31.44		

Prova 11, Masc., 400m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
23.	Joao Miguel Pinto 50m: 32.23 32.23	07	20Km de Almeirim	4:48.06 100m: 1:08.76 36.53 200m: 2:22.56 1:13.80	400m:	400	2:25.50
24.	Francisco Guilherme Freixieir08	08	Rio Maior	4:50.49 50m: 32.50 32.50 100m: 1:08.35 35.85 200m: 2:22.50 1:14.15	400m:	390	2:27.99
25.	Artur Rafael Saramago 50m: 29.84 29.84	97	BUZIOS-Coruche	4:50.75 100m: 1:02.76 32.92 200m: 2:11.69 1:08.93	400m:	389	2:39.06
26.	Lorenzo Muniz Silva 50m: 33.40 33.40	06	BUZIOS-Coruche	4:52.79 100m: 1:10.08 36.68 200m: 2:24.93 1:14.85	400m:	380	2:27.86
27.	Miguel Ferreira Cruz 50m: 30.98 30.98	08	CLAC-Entroncamento	4:54.28 100m: 1:06.73 35.75 200m: 2:21.20 1:14.47	400m:	375	2:33.08
28.	Dinis Maria Garcia 50m: 32.53 32.53	09	Nautico Abrantes	4:57.37 100m: 1:09.75 37.22 200m: 2:26.12 1:16.37	400m:	363	2:31.25
29.	Simao Pedro Oliveira 50m: 33.16 33.16	07	Torres Novas	4:57.69 100m: 1:09.55 36.39 200m: 2:24.72 1:15.17	400m:	362	2:32.97
30.	Daniel Filipe Jorge 50m: 34.37 34.37	10	Rio Maior	5:07.52 100m: 1:12.42 38.05 200m: 2:31.09 1:18.67	400m:	328	2:36.43
31.	Salvador Gomes Serra 50m: 33.06 33.06	08	Torres Novas	5:14.13 100m: 1:10.95 37.89 200m: 2:30.48 1:19.53	400m:	308	2:43.65
32.	Bernardo Marques Fernandes07	07	CLAC-Entroncamento	5:15.81 50m: 34.42 34.42 100m: 1:11.42 37.00 200m: 2:30.59 1:19.17	400m:	303	2:45.22
33.	Joao Miguel Flores 50m: 34.07 34.07	08	Torres Novas	5:18.82 100m: 1:14.86 40.79 200m: 2:36.90 1:22.04	400m:	295	2:41.92
34.	Pedro Morgado Costa 50m: 36.29 36.29	09	Rio Maior	5:24.47 100m: 1:16.62 40.33 200m: 2:39.04 1:22.42	400m:	279	2:45.43
35.	Hugo Miguel Silva 50m: 37.19 37.19	77	BUZIOS-Coruche	5:26.25 100m: 1:19.22 42.03 200m: 2:45.68 1:26.46	400m:	275	2:40.57
	Simao Rocha Silva 50m: 34.40 34.40	07	Gualdim Pais	5:26.25 100m: 1:13.43 39.03 200m: 2:36.47 1:23.04	400m:	275	2:49.78
37.	Guilherme Martins Conceicac10	10	Viver Santarem	5:29.22 50m: 36.30 36.30 100m: 1:18.44 42.14 200m: 2:42.90 1:24.46	400m:	267	2:46.32
38.	Lourenco Vicente Geadada 50m: 37.32 37.32	10	Torres Novas	5:30.53 100m: 1:19.23 41.91 200m: 2:44.42 1:25.19	400m:	264	2:46.11
39.	Tiago Frazao Barra 50m: 38.70 38.70	10	Rio Maior	5:30.75 100m: 1:19.72 41.02 200m: 2:44.75 1:25.03	400m:	264	2:46.00
40.	Miguel Silva Lima 50m: 36.26 36.26	09	Nautico Abrantes	5:30.91 100m: 1:17.73 41.47 200m: 2:42.34 1:24.61	400m:	263	2:48.57
41.	Guilherme Gomes Nunes 50m: 34.55 34.55	10	Clube Nautico de Salvaterra de	5:32.97 100m: 1:12.97 38.42 200m: 2:36.69 1:23.72	400m:	259	2:56.28
42.	Francisco Veloso Coelho 50m: 36.23 36.23	08	Rio Maior	5:35.00 100m: 1:16.17 39.94 200m: 2:40.60 1:24.43	400m:	254	2:54.40
43.	Afonso Goncalves Leite 50m: 37.18 37.18	10	CLAC-Entroncamento	5:43.43 100m: 1:20.78 43.60 200m: 2:49.43 1:28.65	400m:	236	2:54.00
44.	Luis Miguel Reis 50m: 38.50 38.50	10	Rio Maior	5:48.50 100m: 1:22.22 43.72 200m: 2:52.22 1:30.00	400m:	225	2:56.28
45.	Francisco Jose Trincao 50m: 37.83 37.83	10	Torres Novas	5:49.97 100m: 1:21.20 43.37 200m: 2:50.64 1:29.44	400m:	223	2:59.33
46.	Martim Silva Oliveira 50m: 37.64 37.64	08	Torres Novas	5:51.67 100m: 1:20.89 43.25 200m: 2:51.84 1:30.95	400m:	219	2:59.83

Prova 11, Masc., 400m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
47.	Francisco Sa Lopes 50m: 37.51 37.51	10	Torres Novas	5:52.19 100m: 1:21.09 43.58 200m: 2:52.73 1:31.64	400m: 5:52.19	218	2:59.46
48.	Lourenco Manuel Palmeiro 50m: 39.46 39.46	10	BUZIOS-Coruche	5:56.64 100m: 1:23.14 43.68 200m: 2:53.64 1:30.50	400m: 5:56.64	210	3:03.00
49.	Luis Suissas Rato 50m: 37.93 37.93	09	Clube Nautico de Salvaterra de	5:59.28 100m: 1:20.11 42.18 200m: 2:49.71 1:29.60	400m: 5:59.28	206	3:09.57
50.	Frederico Cardoso Oliveira 50m: 41.41 41.41	10	20Km de Almeirim	5:59.75 100m: 1:27.47 46.06 200m: 2:59.43 1:31.96	400m: 5:59.75	205	3:00.32
51.	Dinis Rodrigues Inacio 50m: 38.68 38.68	09	Clube Nautico de Salvaterra de	6:05.61 100m: 1:22.96 44.28 200m: 2:56.14 1:33.18	400m: 6:05.61	195	3:09.47
52.	Vicente Jose Carrilho 50m: 41.29 41.29	10	BUZIOS-Coruche	6:07.05 100m: 1:26.52 45.23 200m: 2:59.42 1:32.90	400m: 6:07.05	193	3:07.63
53.	Alexandre Miguel Adriano 50m: 40.53 40.53	09	Clube Nautico de Salvaterra de	6:09.33 100m: 1:25.86 45.33 200m: 3:02.15 1:36.29	400m: 6:09.33	189	3:07.18
54.	Gabriel Sa Chambel 50m: 39.41 39.41	09	CLAC-Entroncamento	6:09.80 100m: 1:25.34 45.93 200m: 3:01.41 1:36.07	400m: 6:09.80	189	3:08.39
55.	Tiago Goncalves Vieira 50m: 40.61 40.61	10	Gualdim Pais	6:14.29 100m: 1:27.29 46.68 200m: 3:02.79 1:35.50	400m: 6:14.29	182	3:11.50
56.	Rodrigo Duque Dias 50m: 40.64 40.64	09	CLAC-Entroncamento	6:18.33 100m: 1:26.83 46.19 200m: 3:04.86 1:38.03	400m: 6:18.33	176	3:13.47
57.	Afonso Sa Lopes 50m: 42.51 42.51	10	Torres Novas	6:34.59 100m: 1:32.94 50.43 200m: 3:15.63 1:42.69	400m: 6:34.59	155	3:18.96
58.	Jose Tomas Martins 50m: 48.18 48.18	09	BUZIOS-Coruche	7:12.03 100m: 1:41.93 53.75 200m: 3:32.75 1:50.82	400m: 7:12.03	118	3:39.28
DNS	Joao Francisco Gaspar	08	BUZIOS-Coruche				
DNS	Henrique Manuel Rosa	08	Torres Novas				



Torneio Distrital Nadador Completo
Santar m,06 e 07 de Maio de 2023

Prova 12	Femin., 200m Estilos				Absoluto
07/05/2023 - 10:25					Resultados
Recorde Distrital ANDS Absoluto	2:22.74	Maria Madalena Silva	CNAB	Felgueiras	21/12/2013
Recorde Distrital ANDS Sen	2:23.05	Maria Madalena Silva	CNAB	Porto	12/12/2015
Recorde Distrital ANDS 17	2:23.31	Maria Madalena Silva	CNAB	Porto	20/12/2014
Recorde Distrital ANDS 17	2:23.31	Ariana Esp�rito Louro Louro	SFGP	Coruche	06/03/2022
Recorde Distrital ANDS 16	2:22.74	Maria Madalena Silva	CNAB	Felgueiras	21/12/2013
Recorde Distrital ANDS Juv A	2:27.45	Catia Iordan Agostinho	SANDS	Abrantes	04/03/2017
Recorde Distrital ANDS Juv B	2:26.86	Mariana Veloso Vitoria	SANDS	Abrantes	14/04/2012
Recorde Distrital ANDS Inf A	2:31.59	Joana Filipa Vilhena	CNLA	Entroncamento	19/06/2005
Recorde Distrital ANDS Inf B	2:39.45	Mariana Veloso Vitoria	CNAB	Coruche	09/05/2010

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	Clara Santos Madureira	11	Torres Novas	2:55.27		336	
	50m: 40.26 40.26	200m: 2:55.27 2:15.01					
2.	Benedita Maria Lagarinhos	11	Viver Santarem	2:59.69		311	
	50m: 38.90 38.90	200m: 2:59.69 2:20.79					
3.	Margarida Pinho Formigo	11	Torres Novas	3:06.03		281	
	50m: 46.63 46.63	200m: 3:06.03 2:19.40					
4.	Sofia Barroca Pereira	11	BUZIOS-Coruche	3:07.99		272	
	50m: 46.56 46.56	200m: 3:07.99 2:21.43					
5.	Rita Lino Ferreira	11	BUZIOS-Coruche	3:17.76		233	
	50m: 44.41 44.41	200m: 3:17.76 2:33.35					
6.	Beatriz Agostinho Duque	11	20Km de Almeirim	3:21.73		220	
	50m: 50.63 50.63	200m: 3:21.73 2:31.10					
7.	Mariana Freitas Mota	11	Torres Novas	3:25.47		208	
	50m: 53.34 53.34	200m: 3:25.47 2:32.13					
8.	Maria Ines Ferreira	11	Torres Novas	3:32.83		187	
	50m: 51.50 51.50	200m: 3:32.83 2:41.33					
9.	Diana Cristina Calhau	11	BUZIOS-Coruche	3:44.77		159	
	50m: 53.12 53.12	200m: 3:44.77 2:51.65					
DNS	Ana Mafalda Roxo	11	20Km de Almeirim				
Infantil A							
1.	Leonor Sombreireiro Martins	10	BUZIOS-Coruche	2:46.95		388	
	50m: 37.27 37.27	200m: 2:46.95 2:09.68					
2.	Lara Paixao Silva	10	Rio Maior	2:57.15		325	
	50m: 37.84 37.84	200m: 2:57.15 2:19.31					
3.	Maria Leonor Lopes	10	Torres Novas	2:58.31		319	
	50m: 40.01 40.01	200m: 2:58.31 2:18.30					
4.	Leonor Matilde Oliveira	10	20Km de Almeirim	3:04.82		286	
	50m: 40.84 40.84	200m: 3:04.82 2:23.98					
5.	Flor Fortunata Ferreira	10	Gualdim Pais	3:06.38		279	
	50m: 40.63 40.63	200m: 3:06.38 2:25.75					
6.	Debora Sofia Santos	10	Rio Maior	3:06.58		278	
	50m: 41.90 41.90	200m: 3:06.58 2:24.68					
7.	Angela Maria Pereira	10	Clube Nautico de Salvaterra de	3:16.06		240	
	50m: 48.57 48.57	200m: 3:16.06 2:27.49					
8.	Maria Carmo Rodrigues	10	BUZIOS-Coruche	3:19.96		226	
	50m: 45.99 45.99	200m: 3:19.96 2:33.97					

Prova 12, Femin., 200m Estilos, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
9.	Mafalda Pinhal Canto	10	20Km de Almeirim	3:32.98		187	
	50m: 44.76 44.76	200m: 3:32.98 2:48.22					

Juvenil B

1.	Laura Brites Costa	09	Rio Maior	2:40.49		437	
	50m: 33.53 33.53	200m: 2:40.49 2:06.96					
2.	Laura Prates Morais	09	BUZIOS-Coruche	2:51.76		357	
	50m: 36.32 36.32	200m: 2:51.76 2:15.44					
3.	Catarina Isabel Galvao	09	BUZIOS-Coruche	3:08.98		268	
	50m: 40.56 40.56	200m: 3:08.98 2:28.42					
4.	Carolina Cupertino Marchante	09	CLAC-Entroncamento	3:17.03		236	
	50m: 46.07 46.07	200m: 3:17.03 2:30.96					
5.	Matilde Rainho Santos	09	CLAC-Entroncamento	4:07.22		119	
	50m: 58.12 58.12	200m: 4:07.22 3:09.10					
DNS	Joana Pereira Santos	09	Rio Maior				

Juvenil A

1.	Rafaela Ferreira Mendes	08	Torres Novas	2:33.87		496	
	50m: 32.82 32.82	200m: 2:33.87 2:01.05					
2.	Catarina Maria Lopes	08	BUZIOS-Coruche	2:35.09		485	
	50m: 33.07 33.07	200m: 2:35.09 2:02.02					
3.	Maria Madalena Monteiro	08	Gualdim Pais	2:46.25		393	
	50m: 35.04 35.04	200m: 2:46.25 2:11.21					
4.	Alice Batista Agostinho	08	Rio Maior	2:54.84		338	
	50m: 36.02 36.02	200m: 2:54.84 2:18.82					
5.	Daniela Santos Carrilho	08	CLAC-Entroncamento	3:00.90		305	
	50m: 39.18 39.18	200m: 3:00.90 2:21.72					
6.	Carolina Santos Carrilho	08	CLAC-Entroncamento	3:01.75		301	
	50m: 38.81 38.81	200m: 3:01.75 2:22.94					
7.	Carlota Pereira Sousa	08	Viver Santarem	3:09.97		263	
	50m: 40.97 40.97	200m: 3:09.97 2:29.00					
8.	Sofia Lopes Castanheiro	08	Gualdim Pais	3:10.57		261	
	50m: 41.65 41.65	200m: 3:10.57 2:28.92					
9.	Sofia Rita Arsenio	08	BUZIOS-Coruche	3:14.14		247	
	50m: 42.93 42.93	200m: 3:14.14 2:31.21					

Junior

1.	Marta Filipa Nunes	07	Viver Santarem	2:34.11		494	
	50m: 32.09 32.09	200m: 2:34.11 2:02.02					
2.	Marta Filipa Bucha	06	Viver Santarem	2:34.62		489	
	50m: 32.69 32.69	200m: 2:34.62 2:01.93					
3.	Margarida Miguel Mendes	06	Viver Santarem	2:46.39		392	
	50m: 32.68 32.68	200m: 2:46.39 2:13.71					
4.	Catarina Maria Fragoso	07	Viver Santarem	2:47.07		388	
	50m: 35.68 35.68	200m: 2:47.07 2:11.39					
5.	Madalena Maria Midoes	07	20Km de Almeirim	2:48.43		378	
	50m: 38.31 38.31	200m: 2:48.43 2:10.12					

Prova 12, Femin., 200m Estilos, Junior

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
6.	Beatriz Sofia Conceicao 50m: 34.81 34.81	07	Nautico Abrantes 200m: 2:49.83 2:15.02	2:49.83		369	
7.	Madalena Nunes Domingos 50m: 34.87 34.87	07	Viver Santarem 200m: 2:50.99 2:16.12	2:50.99		361	
8.	Beatriz Maria Simoes 50m: 37.92 37.92	07	Torres Novas 200m: 2:54.02 2:16.10	2:54.02		343	
9.	Mariana Mauricio Coelho 50m: 39.81 39.81	07	BUZIOS-Coruche 200m: 2:56.34 2:16.53	2:56.34		330	
10.	Eleonor Dias Alves 50m: 37.88 37.88	06	Nautico Abrantes 200m: 2:57.14 2:19.26	2:57.14		325	
11.	Maria Beatriz Teixeira 50m: 35.76 35.76	06	Viver Santarem 200m: 3:00.69 2:24.93	3:00.69		306	
12.	Diana Goncalves Oliveira 50m: 39.05 39.05	07	20Km de Almeirim 200m: 3:02.51 2:23.46	3:02.51		297	
13.	Beatriz Roseiro Dias 50m: 40.51 40.51	07	Nautico Abrantes 200m: 3:03.51 2:23.00	3:03.51		292	

Senior

1.	Maria Madalena Bento 50m: 31.28 31.28	05	BUZIOS-Coruche 200m: 2:32.72 2:01.44	2:32.72		508	
2.	Catarina Isabel Carlota 50m: 33.83 33.83	05	BUZIOS-Coruche 200m: 2:35.65 2:01.82	2:35.65		479	
3.	Rute Isabel Leonardo 50m: 35.03 35.03	98	Nautico Abrantes 200m: 2:41.56 2:06.53	2:41.56		429	
4.	Carolina Manuela Guia 50m: 36.13 36.13	05	Viver Santarem 200m: 2:55.41 2:19.28	2:55.41		335	
5.	Beatriz Catarino Moura 50m: 37.34 37.34	02	Nautico Abrantes 200m: 2:58.66 2:21.32	2:58.66		317	

Absoluto

1.	Maria Madalena Bento 50m: 31.28 31.28	05	BUZIOS-Coruche 200m: 2:32.72 2:01.44	2:32.72		508	
2.	Rafaela Ferreira Mendes 50m: 32.82 32.82	08	Torres Novas 200m: 2:33.87 2:01.05	2:33.87		496	
3.	Marta Filipa Nunes 50m: 32.09 32.09	07	Viver Santarem 200m: 2:34.11 2:02.02	2:34.11		494	
4.	Marta Filipa Bucha 50m: 32.69 32.69	06	Viver Santarem 200m: 2:34.62 2:01.93	2:34.62		489	
5.	Catarina Maria Lopes 50m: 33.07 33.07	08	BUZIOS-Coruche 200m: 2:35.09 2:02.02	2:35.09		485	
6.	Catarina Isabel Carlota 50m: 33.83 33.83	05	BUZIOS-Coruche 200m: 2:35.65 2:01.82	2:35.65		479	
7.	Laura Brites Costa 50m: 33.53 33.53	09	Rio Maior 200m: 2:40.49 2:06.96	2:40.49		437	
8.	Rute Isabel Leonardo 50m: 35.03 35.03	98	Nautico Abrantes 200m: 2:41.56 2:06.53	2:41.56		429	

Prova 12, Femin., 200m Estilos, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
9.	Maria Madalena Monteiro 50m: 35.04 35.04	08	Gualdim Pais 200m: 2:46.25 2:11.21	2:46.25		393	
10.	Margarida Miguel Mendes 50m: 32.68 32.68	06	Viver Santarem 200m: 2:46.39 2:13.71	2:46.39		392	
11.	Leonor Sombreireiro Martins 50m: 37.27 37.27	10	BUZIOS-Coruche 200m: 2:46.95 2:09.68	2:46.95		388	
12.	Catarina Maria Fragoso 50m: 35.68 35.68	07	Viver Santarem 200m: 2:47.07 2:11.39	2:47.07		388	
13.	Madalena Maria Midoes 50m: 38.31 38.31	07	20Km de Almeirim 200m: 2:48.43 2:10.12	2:48.43		378	
14.	Beatriz Sofia Conceicao 50m: 34.81 34.81	07	Nautico Abrantes 200m: 2:49.83 2:15.02	2:49.83		369	
15.	Madalena Nunes Domingos 50m: 34.87 34.87	07	Viver Santarem 200m: 2:50.99 2:16.12	2:50.99		361	
16.	Laura Prates Morais 50m: 36.32 36.32	09	BUZIOS-Coruche 200m: 2:51.76 2:15.44	2:51.76		357	
17.	Beatriz Maria Simoes 50m: 37.92 37.92	07	Torres Novas 200m: 2:54.02 2:16.10	2:54.02		343	
18.	Alice Batista Agostinho 50m: 36.02 36.02	08	Rio Maior 200m: 2:54.84 2:18.82	2:54.84		338	
19.	Clara Santos Madureira 50m: 40.26 40.26	11	Torres Novas 200m: 2:55.27 2:15.01	2:55.27		336	
20.	Carolina Manuela Guia 50m: 36.13 36.13	05	Viver Santarem 200m: 2:55.41 2:19.28	2:55.41		335	
21.	Mariana Mauricio Coelho 50m: 39.81 39.81	07	BUZIOS-Coruche 200m: 2:56.34 2:16.53	2:56.34		330	
22.	Eleonor Dias Alves 50m: 37.88 37.88	06	Nautico Abrantes 200m: 2:57.14 2:19.26	2:57.14		325	
23.	Lara Paixao Silva 50m: 37.84 37.84	10	Rio Maior 200m: 2:57.15 2:19.31	2:57.15		325	
24.	Maria Leonor Lopes 50m: 40.01 40.01	10	Torres Novas 200m: 2:58.31 2:18.30	2:58.31		319	
25.	Beatriz Catarino Moura 50m: 37.34 37.34	02	Nautico Abrantes 200m: 2:58.66 2:21.32	2:58.66		317	
26.	Benedita Maria Lagarinhos 50m: 38.90 38.90	11	Viver Santarem 200m: 2:59.69 2:20.79	2:59.69		311	
27.	Maria Beatriz Teixeira 50m: 35.76 35.76	06	Viver Santarem 200m: 3:00.69 2:24.93	3:00.69		306	
28.	Daniela Santos Carrilho 50m: 39.18 39.18	08	CLAC-Entroncamento 200m: 3:00.90 2:21.72	3:00.90		305	
29.	Carolina Santos Carrilho 50m: 38.81 38.81	08	CLAC-Entroncamento 200m: 3:01.75 2:22.94	3:01.75		301	
30.	Diana Goncalves Oliveira 50m: 39.05 39.05	07	20Km de Almeirim 200m: 3:02.51 2:23.46	3:02.51		297	
31.	Beatriz Roseiro Dias 50m: 40.51 40.51	07	Nautico Abrantes 200m: 3:03.51 2:23.00	3:03.51		292	
32.	Leonor Matilde Oliveira 50m: 40.84 40.84	10	20Km de Almeirim 200m: 3:04.82 2:23.98	3:04.82		286	

Prova 12, Femin., 200m Estilos, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
33.	Margarida Pinho Formigo 50m: 46.63 46.63	11	Torres Novas 200m: 3:06.03 2:19.40	3:06.03		281	
34.	Flor Fortunata Ferreira 50m: 40.63 40.63	10	Gualdim Pais 200m: 3:06.38 2:25.75	3:06.38		279	
35.	Debora Sofia Santos 50m: 41.90 41.90	10	Rio Maior 200m: 3:06.58 2:24.68	3:06.58		278	
36.	Sofia Barroca Pereira 50m: 46.56 46.56	11	BUZIOS-Coruche 200m: 3:07.99 2:21.43	3:07.99		272	
37.	Catarina Isabel Galvao 50m: 40.56 40.56	09	BUZIOS-Coruche 200m: 3:08.98 2:28.42	3:08.98		268	
38.	Carlota Pereira Sousa 50m: 40.97 40.97	08	Viver Santarem 200m: 3:09.97 2:29.00	3:09.97		263	
39.	Sofia Lopes Castanheiro 50m: 41.65 41.65	08	Gualdim Pais 200m: 3:10.57 2:28.92	3:10.57		261	
40.	Sofia Rita Arsenio 50m: 42.93 42.93	08	BUZIOS-Coruche 200m: 3:14.14 2:31.21	3:14.14		247	
41.	Angela Maria Pereira 50m: 48.57 48.57	10	Clube Nautico de Salvaterra de 200m: 3:16.06 2:27.49	3:16.06		240	
42.	Carolina Cupertino Marchante 50m: 46.07 46.07	09	CLAC-Entroncamento 200m: 3:17.03 2:30.96	3:17.03		236	
43.	Rita Lino Ferreira 50m: 44.41 44.41	11	BUZIOS-Coruche 200m: 3:17.76 2:33.35	3:17.76		233	
44.	Maria Carmo Rodrigues 50m: 45.99 45.99	10	BUZIOS-Coruche 200m: 3:19.96 2:33.97	3:19.96		226	
45.	Beatriz Agostinho Duque 50m: 50.63 50.63	11	20Km de Almeirim 200m: 3:21.73 2:31.10	3:21.73		220	
46.	Mariana Freitas Mota 50m: 53.34 53.34	11	Torres Novas 200m: 3:25.47 2:32.13	3:25.47		208	
47.	Maria Ines Ferreira 50m: 51.50 51.50	11	Torres Novas 200m: 3:32.83 2:41.33	3:32.83		187	
48.	Mafalda Pinhal Canto 50m: 44.76 44.76	10	20Km de Almeirim 200m: 3:32.98 2:48.22	3:32.98		187	
49.	Diana Cristina Calhau 50m: 53.12 53.12	11	BUZIOS-Coruche 200m: 3:44.77 2:51.65	3:44.77		159	
50.	Matilde Rainho Santos 50m: 58.12 58.12	09	CLAC-Entroncamento 200m: 4:07.22 3:09.10	4:07.22		119	
DNS	Ana Mafalda Roxo	11	20Km de Almeirim				
DNS	Joana Pereira Santos	09	Rio Maior				
EXH	Carolina Reis Lopes 50m: 53.77 53.77	11	Torres Novas 200m: 3:44.16 2:50.39	3:44.16		160	



Torneio Distrital Nadador Completo
Santarém, 06 e 07 de Maio de 2023

Prova 13	Masc., 100m Livres				Absoluto
07/05/2023 - 10:55					Resultados
Recorde Distrital ANDS Absoluto	49.35	Paulo Vakulyuk	CNTN	Albufeira	12/11/2022
Recorde Distrital ANDS Sen	49.35	Paulo Vakulyuk	CNTN	Albufeira	12/11/2022
Recorde Distrital ANDS 18	51.49	Francisco Sucena Riachos	NSCG	Porto	11/12/2015
Recorde Distrital ANDS 17	51.46	Paulo Vakulyuk	CNTN	Felgueiras	20/12/2019
Recorde Distrital ANDS Juv A	52.32	Paulo Vakulyuk	CNTN	Torres Novas	12/01/2019
Recorde Distrital ANDS Juv B	53.89	Frederico Sucena Riachos	NSCG	Tomar	30/06/2013
Recorde Distrital ANDS Inf A	56.70	Bernardo Jorge Simoes	CNTN	Tomar	20/03/2016
Recorde Distrital ANDS Inf B	58.15	Joao Diogo Lopes	VS	Coruche	16/03/2014

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	David Filipe Pacheco	10	BUZIOS-Coruche	1:02.26		373	
	50m: 30.09 30.09	100m: 1:02.26 32.17					
2.	Guilherme Gomes Nunes	10	Clube Nautico de Salvaterra de	1:07.44		293	
	50m: 32.37 32.37	100m: 1:07.44 35.07					
3.	Daniel Filipe Jorge	10	Rio Maior	1:07.77		289	
	50m: 32.42 32.42	100m: 1:07.77 35.35					
4.	Afonso Goncalves Leite	10	CLAC-Entroncamento	1:08.99		274	
	50m: 32.81 32.81	100m: 1:08.99 36.18					
5.	Francisco Sa Lopes	10	Torres Novas	1:10.45		257	
	50m: 32.23 32.23	100m: 1:10.45 38.22					
6.	Lourenco Vicente Geadá	10	Torres Novas	1:10.94		252	
	50m: 34.31 34.31	100m: 1:10.94 36.63					
7.	Tiago Frazao Barra	10	Rio Maior	1:11.43		247	
	50m: 34.46 34.46	100m: 1:11.43 36.97					
8.	Guilherme Martins Conceicao	10	Viver Santarem	1:13.25		229	
	50m: 35.22 35.22	100m: 1:13.25 38.03					
9.	Francisco Jose Trincao	10	Torres Novas	1:15.20		212	
	50m: 35.51 35.51	100m: 1:15.20 39.69					
10.	Luis Miguel Reis	10	Rio Maior	1:15.82		206	
	50m: 36.18 36.18	100m: 1:15.82 39.64					
11.	Frederico Cardoso Oliveira	10	20Km de Almeirim	1:17.92		190	
	50m: 38.16 38.16	100m: 1:17.92 39.76					
12.	Lourenco Manuel Palmeiro	10	BUZIOS-Coruche	1:18.74		184	
	50m: 37.52 37.52	100m: 1:18.74 41.22					
13.	Tiago Goncalves Vieira	10	Gualdim Pais	1:21.66		165	
	50m: 39.26 39.26	100m: 1:21.66 42.40					
14.	Vicente Jose Carrilho	10	BUZIOS-Coruche	1:23.31		155	
	50m: 39.78 39.78	100m: 1:23.31 43.53					
15.	Afonso Sa Lopes	10	Torres Novas	1:25.24		145	
	50m: 40.27 40.27	100m: 1:25.24 44.97					
Infantil A							
1.	Stefan Iordan Chele	09	Rio Maior	1:02.29		373	
	50m: 30.49 30.49	100m: 1:02.29 31.80					
2.	Dimas Pasichnyuk	09	Rio Maior	1:04.70		332	
	50m: 30.74 30.74	100m: 1:04.70 33.96					
3.	Dinis Maria Garcia	09	Nautico Abrantes	1:05.94		314	
	50m: 31.62 31.62	100m: 1:05.94 34.32					

Prova 13, Masc., 100m Livres, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
4.	Pedro Morgado Costa 50m: 33.10 33.10	09	Rio Maior	1:08.50 100m: 1:08.50 35.40		280	
5.	Miguel Silva Lima 50m: 33.24 33.24	09	Nautico Abrantes	1:09.14 100m: 1:09.14 35.90		272	
6.	Luis Suissas Rato 50m: 33.91 33.91	09	Clube Nautico de Salvaterra de	1:11.04 100m: 1:11.04 37.13		251	
7.	Gabriel Sa Chambel 50m: 34.53 34.53	09	CLAC-Entroncamento	1:14.31 100m: 1:14.31 39.78		219	
8.	Rodrigo Duque Dias 50m: 36.47 36.47	09	CLAC-Entroncamento	1:17.40 100m: 1:17.40 40.93		194	
9.	Dinis Rodrigues Inacio 50m: 36.13 36.13	09	Clube Nautico de Salvaterra de	1:17.88 100m: 1:17.88 41.75		190	
10.	Alexandre Miguel Adriano 50m: 37.53 37.53	09	Clube Nautico de Salvaterra de	1:18.78 100m: 1:18.78 41.25		184	
11.	Jose Tomas Martins 50m: 46.91 46.91	09	BUZIOS-Coruche	1:40.69 100m: 1:40.69 53.78		88	

Juvenil B

1.	Afonso Bernardo Evaristo 50m: 28.47 28.47	08	Gualdim Pais	58.97 100m: 58.97 30.50		439	
2.	Joao Pedro Monteiro 50m: 29.24 29.24	08	BUZIOS-Coruche	1:00.06 100m: 1:00.06 30.82		416	
3.	Rodolfo Charrua Gago 50m: 29.13 29.13	08	Viver Santarem	1:00.73 100m: 1:00.73 31.60		402	
4.	Leonardo Gomes Silva 50m: 28.35 28.35	08	Rio Maior	1:01.06 100m: 1:01.06 32.71		396	
5.	Miguel Ferreira Cruz 50m: 29.49 29.49	08	CLAC-Entroncamento	1:02.56 100m: 1:02.56 33.07		368	
6.	Joao Miguel Flores 50m: 31.56 31.56	08	Torres Novas	1:05.34 100m: 1:05.34 33.78		323	
7.	Salvador Gomes Serra 50m: 31.00 31.00	08	Torres Novas	1:05.40 100m: 1:05.40 34.40		322	
8.	Francisco Guilherme Freixieir 50m: 31.96 31.96	08	Rio Maior	1:06.14 100m: 1:06.14 34.18		311	
9.	Francisco Veloso Coelho 50m: 33.63 33.63	08	Rio Maior	1:12.34 100m: 1:12.34 38.71		238	
10.	Martim Silva Oliveira 50m: 36.15 36.15	08	Torres Novas	1:15.81 100m: 1:15.81 39.66		206	
DNS	Joao Francisco Gaspar	08	BUZIOS-Coruche				
DNS	Henrique Manuel Rosa	08	Torres Novas				

Juvenil A

1.	Daniel Santos Carapeto 50m: 27.35 27.35	07	Nautico Abrantes	57.09 100m: 57.09 29.74		484	
2.	Joao Miguel Pinto 50m: 28.40 28.40	07	20Km de Almeirim	58.06 100m: 58.06 29.66		460	
3.	Eugenio Melnyk 50m: 27.87 27.87	07	Rio Maior	58.31 100m: 58.31 30.44		454	

Prova 13, Masc., 100m Livres, Juvenil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
4.	Tomas Alexandre Santos	07	BUZIOS-Coruche	59.34		431	
	50m: 28.37 28.37	100m: 59.34 30.97					
5.	Bernardo Pereira Simoes	07	Torres Novas	59.50		428	
	50m: 28.86 28.86	100m: 59.50 30.64					
6.	Simao Pedro Oliveira	07	Torres Novas	1:05.16		325	
	50m: 31.56 31.56	100m: 1:05.16 33.60					
7.	Simao Rocha Silva	07	Gualdim Pais	1:06.87		301	
	50m: 31.70 31.70	100m: 1:06.87 35.17					
8.	Bernardo Marques Fernandes	07	CLAC-Entroncamento	1:07.74		290	
	50m: 32.53 32.53	100m: 1:07.74 35.21					

Junior

1.	Joao Antonio Pires	05	Torres Novas	52.75		614	
	50m: 25.53 25.53	100m: 52.75 27.22					
2.	Jose Pinto Cabral	05	Viver Santarem	54.24		564	
	50m: 26.56 26.56	100m: 54.24 27.68					
3.	Afonso Formigo Pinho	06	Torres Novas	55.09		539	
	50m: 26.22 26.22	100m: 55.09 28.87					
4.	Artur Paulo Aleksyeyev	05	Viver Santarem	55.93		515	
	50m: 26.86 26.86	100m: 55.93 29.07					
5.	Jose Maria Temudo	06	Rio Maior	57.51		473	
	50m: 27.60 27.60	100m: 57.51 29.91					
6.	Rafael Sousa Azevedo	06	Viver Santarem	57.62		471	
	50m: 28.47 28.47	100m: 57.62 29.15					
7.	Tiago Miguel Trincao	06	Torres Novas	57.81		466	
	50m: 27.28 27.28	100m: 57.81 30.53					
8.	Bernardo Miguel Evaristo	06	Gualdim Pais	57.95		463	
	50m: 27.70 27.70	100m: 57.95 30.25					
9.	Lorenzo Muniz Silva	06	BUZIOS-Coruche	1:02.82		363	
	50m: 30.38 30.38	100m: 1:02.82 32.44					

Senior

1.	Luis Afonso Lopes	03	Viver Santarem	54.50		556	
	50m: 26.31 26.31	100m: 54.50 28.19					
2.	Artur Rafael Saramago	97	BUZIOS-Coruche	56.19		508	
	50m: 27.50 27.50	100m: 56.19 28.69					
3.	Guilherme Pereira Coutinho	03	Viver Santarem	56.71		494	
	50m: 27.11 27.11	100m: 56.71 29.60					
4.	Joao Marques Ferreira	04	Viver Santarem	57.00		486	
	50m: 27.52 27.52	100m: 57.00 29.48					
5.	Hugo Miguel Silva	77	BUZIOS-Coruche	1:06.43		307	
	50m: 31.40 31.40	100m: 1:06.43 35.03					

Prova 13, Masc., 100m Livres

Absoluto

1.	Joao Antonio Pires	05	Torres Novas	52.75	614
	50m: 25.53 25.53	100m: 52.75 27.22			
2.	Jose Pinto Cabral	05	Viver Santarem	54.24	564
	50m: 26.56 26.56	100m: 54.24 27.68			
3.	Luis Afonso Lopes	03	Viver Santarem	54.50	556
	50m: 26.31 26.31	100m: 54.50 28.19			
4.	Afonso Formigo Pinho	06	Torres Novas	55.09	539
	50m: 26.22 26.22	100m: 55.09 28.87			
5.	Artur Paulo Aleksyeyev	05	Viver Santarem	55.93	515
	50m: 26.86 26.86	100m: 55.93 29.07			
6.	Artur Rafael Saramago	97	BUZIOS-Coruche	56.19	508
	50m: 27.50 27.50	100m: 56.19 28.69			
7.	Guilherme Pereira Coutinho	03	Viver Santarem	56.71	494
	50m: 27.11 27.11	100m: 56.71 29.60			
8.	Joao Marques Ferreira	04	Viver Santarem	57.00	486
	50m: 27.52 27.52	100m: 57.00 29.48			
9.	Daniel Santos Carapeto	07	Nautico Abrantes	57.09	484
	50m: 27.35 27.35	100m: 57.09 29.74			
10.	Jose Maria Temudo	06	Rio Maior	57.51	473
	50m: 27.60 27.60	100m: 57.51 29.91			
11.	Rafael Sousa Azevedo	06	Viver Santarem	57.62	471
	50m: 28.47 28.47	100m: 57.62 29.15			
12.	Tiago Miguel Trincao	06	Torres Novas	57.81	466
	50m: 27.28 27.28	100m: 57.81 30.53			
13.	Bernardo Miguel Evaristo	06	Gualdim Pais	57.95	463
	50m: 27.70 27.70	100m: 57.95 30.25			
14.	Joao Miguel Pinto	07	20Km de Almeirim	58.06	460
	50m: 28.40 28.40	100m: 58.06 29.66			
15.	Eugenio Melnyk	07	Rio Maior	58.31	454
	50m: 27.87 27.87	100m: 58.31 30.44			
16.	Afonso Bernardo Evaristo	08	Gualdim Pais	58.97	439
	50m: 28.47 28.47	100m: 58.97 30.50			
17.	Tomas Alexandre Santos	07	BUZIOS-Coruche	59.34	431
	50m: 28.37 28.37	100m: 59.34 30.97			
18.	Bernardo Pereira Simoes	07	Torres Novas	59.50	428
	50m: 28.86 28.86	100m: 59.50 30.64			
19.	Joao Pedro Monteiro	08	BUZIOS-Coruche	1:00.06	416
	50m: 29.24 29.24	100m: 1:00.06 30.82			
20.	Rodolfo Charrua Gago	08	Viver Santarem	1:00.73	402
	50m: 29.13 29.13	100m: 1:00.73 31.60			
21.	Leonardo Gomes Silva	08	Rio Maior	1:01.06	396
	50m: 28.35 28.35	100m: 1:01.06 32.71			
22.	David Filipe Pacheco	10	BUZIOS-Coruche	1:02.26	373
	50m: 30.09 30.09	100m: 1:02.26 32.17			
23.	Stefan Iordan Chele	09	Rio Maior	1:02.29	373
	50m: 30.49 30.49	100m: 1:02.29 31.80			

Prova 13, Masc., 100m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
24.	Miguel Ferreira Cruz 50m: 29.49 29.49	08	CLAC-Entroncamento 100m: 1:02.56 33.07	1:02.56		368	
25.	Lorenzo Muniz Silva 50m: 30.38 30.38	06	BUZIOS-Coruche 100m: 1:02.82 32.44	1:02.82		363	
26.	Dimas Pasichnyuk 50m: 30.74 30.74	09	Rio Maior 100m: 1:04.70 33.96	1:04.70		332	
27.	Simao Pedro Oliveira 50m: 31.56 31.56	07	Torres Novas 100m: 1:05.16 33.60	1:05.16		325	
28.	Joao Miguel Flores 50m: 31.56 31.56	08	Torres Novas 100m: 1:05.34 33.78	1:05.34		323	
29.	Salvador Gomes Serra 50m: 31.00 31.00	08	Torres Novas 100m: 1:05.40 34.40	1:05.40		322	
30.	Dinis Maria Garcia 50m: 31.62 31.62	09	Nautico Abrantes 100m: 1:05.94 34.32	1:05.94		314	
31.	Francisco Guilherme Freixieir 50m: 31.96 31.96	08	Rio Maior 100m: 1:06.14 34.18	1:06.14		311	
32.	Hugo Miguel Silva 50m: 31.40 31.40	77	BUZIOS-Coruche 100m: 1:06.43 35.03	1:06.43		307	
33.	Simao Rocha Silva 50m: 31.70 31.70	07	Gualdim Pais 100m: 1:06.87 35.17	1:06.87		301	
34.	Guilherme Gomes Nunes 50m: 32.37 32.37	10	Clube Nautico de Salvaterra de 100m: 1:07.44 35.07	1:07.44		293	
35.	Bernardo Marques Fernandes 50m: 32.53 32.53	07	CLAC-Entroncamento 100m: 1:07.74 35.21	1:07.74		290	
36.	Daniel Filipe Jorge 50m: 32.42 32.42	10	Rio Maior 100m: 1:07.77 35.35	1:07.77		289	
37.	Pedro Morgado Costa 50m: 33.10 33.10	09	Rio Maior 100m: 1:08.50 35.40	1:08.50		280	
38.	Afonso Goncalves Leite 50m: 32.81 32.81	10	CLAC-Entroncamento 100m: 1:08.99 36.18	1:08.99		274	
39.	Miguel Silva Lima 50m: 33.24 33.24	09	Nautico Abrantes 100m: 1:09.14 35.90	1:09.14		272	
40.	Francisco Sa Lopes 50m: 32.23 32.23	10	Torres Novas 100m: 1:10.45 38.22	1:10.45		257	
41.	Lourenco Vicente Geada 50m: 34.31 34.31	10	Torres Novas 100m: 1:10.94 36.63	1:10.94		252	
42.	Luis Suissas Rato 50m: 33.91 33.91	09	Clube Nautico de Salvaterra de 100m: 1:11.04 37.13	1:11.04		251	
43.	Tiago Frazao Barra 50m: 34.46 34.46	10	Rio Maior 100m: 1:11.43 36.97	1:11.43		247	
44.	Francisco Veloso Coelho 50m: 33.63 33.63	08	Rio Maior 100m: 1:12.34 38.71	1:12.34		238	
45.	Guilherme Martins Conceicac 50m: 35.22 35.22	10	Viver Santarem 100m: 1:13.25 38.03	1:13.25		229	
46.	Gabriel Sa Chambel 50m: 34.53 34.53	09	CLAC-Entroncamento 100m: 1:14.31 39.78	1:14.31		219	
47.	Francisco Jose Trincao 50m: 35.51 35.51	10	Torres Novas 100m: 1:15.20 39.69	1:15.20		212	

Prova 13, Masc., 100m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
48.	Martim Silva Oliveira 50m: 36.15 36.15	08	Torres Novas	1:15.81 100m: 1:15.81 39.66		206	
49.	Luis Miguel Reis 50m: 36.18 36.18	10	Rio Maior	1:15.82 100m: 1:15.82 39.64		206	
50.	Rodrigo Duque Dias 50m: 36.47 36.47	09	CLAC-Entroncamento	1:17.40 100m: 1:17.40 40.93		194	
51.	Dinis Rodrigues Inacio 50m: 36.13 36.13	09	Clube Nautico de Salvaterra de	1:17.88 100m: 1:17.88 41.75		190	
52.	Frederico Cardoso Oliveira 50m: 38.16 38.16	10	20Km de Almeirim	1:17.92 100m: 1:17.92 39.76		190	
53.	Lourenco Manuel Palmeiro 50m: 37.52 37.52	10	BUZIOS-Coruche	1:18.74 100m: 1:18.74 41.22		184	
54.	Alexandre Miguel Adriano 50m: 37.53 37.53	09	Clube Nautico de Salvaterra de	1:18.78 100m: 1:18.78 41.25		184	
55.	Tiago Goncalves Vieira 50m: 39.26 39.26	10	Gualdim Pais	1:21.66 100m: 1:21.66 42.40		165	
56.	Vicente Jose Carrilho 50m: 39.78 39.78	10	BUZIOS-Coruche	1:23.31 100m: 1:23.31 43.53		155	
57.	Afonso Sa Lopes 50m: 40.27 40.27	10	Torres Novas	1:25.24 100m: 1:25.24 44.97		145	
58.	Jose Tomas Martins 50m: 46.91 46.91	09	BUZIOS-Coruche	1:40.69 100m: 1:40.69 53.78		88	
DNS	Joao Francisco Gaspar	08	BUZIOS-Coruche				
DNS	Henrique Manuel Rosa	08	Torres Novas				
EXH	Guilherme Filipe Gaboleiro 50m: 27.28 27.28	05	Rio Maior	56.59 100m: 56.59 29.31		497	

Prova 14	Femin., 100m Bruços				Absoluto
07/05/2023 - 11:10					Resultados
Recorde Distrital ANDS Absoluto	1:12.09	Maria Madalena Silva	CNAB	Porto	12/12/2015
Recorde Distrital ANDS Sen	1:12.09	Maria Madalena Silva	CNAB	Porto	12/12/2015
Recorde Distrital ANDS 17	1:12.62	Maria Madalena Silva	CNAB	Porto	20/12/2014
Recorde Distrital ANDS 16	1:13.23	Maria Madalena Silva	CNAB	Porto	21/12/2013
Recorde Distrital ANDS Juv A	1:15.77	Margarida Mateus Morais	CNTN	Tomar	16/12/2018
Recorde Distrital ANDS Juv B	1:16.54	Beatriz Grave Reis	CNRM	Coruche	15/03/2019
Recorde Distrital ANDS Inf A	1:16.72	Joana Filipa Vilhena	CNLA	Tomar	27/02/2005
Recorde Distrital ANDS Inf B	1:24.51	Catarina Ramos Moura	SCALAB	Coruche	19/04/2009

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	Clara Santos Madureira	11	Torres Novas	1:32.47		306	
	50m: 43.93 43.93	100m: 1:32.47 48.54					
2.	Margarida Pinho Formigo	11	Torres Novas	1:32.76		303	
	50m: 44.91 44.91	100m: 1:32.76 47.85					
3.	Mariana Freitas Mota	11	Torres Novas	1:38.50		253	
	50m: 47.62 47.62	100m: 1:38.50 50.88					
4.	Benedita Maria Lagarinhos	11	Viver Santarem	1:41.25		233	
	50m: 48.39 48.39	100m: 1:41.25 52.86					
5.	Beatriz Agostinho Duque	11	20Km de Almeirim	1:43.47		218	
	50m: 50.33 50.33	100m: 1:43.47 53.14					
6.	Rita Lino Ferreira	11	BUZIOS-Coruche	1:45.94		203	
	50m: 51.65 51.65	100m: 1:45.94 54.29					
7.	Sofia Barroca Pereira	11	BUZIOS-Coruche	1:46.78		199	
	50m: 50.28 50.28	100m: 1:46.78 56.50					
8.	Maria Ines Ferreira	11	Torres Novas	1:48.30		190	
	50m: 51.44 51.44	100m: 1:48.30 56.86					
9.	Diana Cristina Calhau	11	BUZIOS-Coruche	2:00.97		136	
	50m: 58.87 58.87	100m: 2:00.97 1:02.10					
DNS	Ana Mafalda Roxo	11	20Km de Almeirim				
Infantil A							
1.	Leonor Sombreireiro Martins	10	BUZIOS-Coruche	1:32.70		304	
	50m: 43.70 43.70	100m: 1:32.70 49.00					
2.	Maria Leonor Lopes	10	Torres Novas	1:35.83		275	
	50m: 45.56 45.56	100m: 1:35.83 50.27					
3.	Lara Paixao Silva	10	Rio Maior	1:36.27		271	
	50m: 45.75 45.75	100m: 1:36.27 50.52					
4.	Leonor Matilde Oliveira	10	20Km de Almeirim	1:38.06		257	
	50m: 45.91 45.91	100m: 1:38.06 52.15					
5.	Debora Sofia Santos	10	Rio Maior	1:40.41		239	
	50m: 47.63 47.63	100m: 1:40.41 52.78					
6.	Flor Fortunata Ferreira	10	Gualdim Pais	1:43.32		219	
	50m: 48.86 48.86	100m: 1:43.32 54.46					
7.	Angela Maria Pereira	10	Clube Nautico de Salvaterra de	1:45.14		208	
	50m: 50.21 50.21	100m: 1:45.14 54.93					
DSQ	Mafalda Pinhal Canto	10	20Km de Almeirim				
	<i>SW 7.1 - O (a) atleta efectuou mais que uma pernada de golfinho durante a braçada submarina, após a viragem dos 50m</i>						

Prova 14, Femin., 100m Bruços, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
DSQ	Maria Carmo Rodrigues	10	BUZIOS-Coruche				
	<i>SW 7.6 - O (a) atleta tocou com uma mão na parede na viragem aos 50 metros</i>						

Juvenil B

1.	Laura Brites Costa	09	Rio Maior	1:23.71		413	
	50m: 38.89 38.89	100m: 1:23.71 44.82					
2.	Laura Prates Morais	09	BUZIOS-Coruche	1:42.78		223	
	50m: 48.22 48.22	100m: 1:42.78 54.56					
3.	Carolina Cupertino Marchante	09	CLAC-Entroncamento	1:45.79		204	
	50m: 49.76 49.76	100m: 1:45.79 56.03					
4.	Catarina Isabel Galvao	09	BUZIOS-Coruche	1:48.13		191	
	50m: 52.16 52.16	100m: 1:48.13 55.97					
5.	Matilde Rainho Santos	09	CLAC-Entroncamento	2:08.69		113	
	50m: 1:02.21 1:02.21	100m: 2:08.69 1:06.48					
DNS	Joana Pereira Santos	09	Rio Maior				

Juvenil A

1.	Catarina Maria Lopes	08	BUZIOS-Coruche	1:20.75		460	
	50m: 38.60 38.60	100m: 1:20.75 42.15					
2.	Rafaela Ferreira Mendes	08	Torres Novas	1:25.84		383	
	50m: 41.64 41.64	100m: 1:25.84 44.20					
3.	Maria Madalena Monteiro	08	Gualdim Pais	1:29.72		335	
	50m: 41.53 41.53	100m: 1:29.72 48.19					
4.	Daniela Santos Carrilho	08	CLAC-Entroncamento	1:31.03		321	
	50m: 43.28 43.28	100m: 1:31.03 47.75					
5.	Carolina Santos Carrilho	08	CLAC-Entroncamento	1:36.68		268	
	50m: 45.73 45.73	100m: 1:36.68 50.95					
6.	Alice Batista Agostinho	08	Rio Maior	1:37.86		258	
	50m: 47.00 47.00	100m: 1:37.86 50.86					
7.	Sofia Rita Arsenio	08	BUZIOS-Coruche	1:40.05		242	
	50m: 47.12 47.12	100m: 1:40.05 52.93					
8.	Carlota Pereira Sousa	08	Viver Santarem	1:44.42		212	
	50m: 49.35 49.35	100m: 1:44.42 55.07					
9.	Sofia Lopes Castanheiro	08	Gualdim Pais	1:46.33		201	
	50m: 50.93 50.93	100m: 1:46.33 55.40					
DNS	Savannah Daniel Loersch	08	Rio Maior				

Junior

1.	Marta Filipa Nunes	07	Viver Santarem	1:21.95		440	
	50m: 39.10 39.10	100m: 1:21.95 42.85					
2.	Marta Filipa Bucha	06	Viver Santarem	1:25.78		384	
	50m: 41.07 41.07	100m: 1:25.78 44.71					
3.	Catarina Maria Fragoso	07	Viver Santarem	1:26.70		372	
	50m: 41.41 41.41	100m: 1:26.70 45.29					
4.	Beatriz Maria Simoes	07	Torres Novas	1:31.62		315	
	50m: 44.19 44.19	100m: 1:31.62 47.43					

Prova 14, Femin., 100m Bruços, Junior

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
5.	Eleonor Dias Alves 50m: 43.52 43.52	06	Nautico Abrantes 100m: 1:31.92 48.40	1:31.92		312	
6.	Margarida Miguel Mendes 50m: 44.26 44.26	06	Viver Santarem 100m: 1:32.15 47.89	1:32.15		309	
7.	Madalena Maria Midoes 50m: 44.44 44.44	07	20Km de Almeirim 100m: 1:32.44 48.00	1:32.44		307	
8.	Beatriz Sofia Conceicao 50m: 43.34 43.34	07	Nautico Abrantes 100m: 1:32.66 49.32	1:32.66		304	
9.	Beatriz Roseiro Dias 50m: 44.11 44.11	07	Nautico Abrantes 100m: 1:33.38 49.27	1:33.38		297	
10.	Madalena Nunes Domingos 50m: 44.22 44.22	07	Viver Santarem 100m: 1:33.49 49.27	1:33.49		296	
11.	Diana Goncalves Oliveira 50m: 45.36 45.36	07	20Km de Almeirim 100m: 1:36.69 51.33	1:36.69		268	
12.	Mariana Mauricio Coelho 50m: 47.11 47.11	07	BUZIOS-Coruche 100m: 1:38.75 51.64	1:38.75		251	
13.	Maria Beatriz Teixeira 50m: 48.72 48.72	06	Viver Santarem 100m: 1:41.85 53.13	1:41.85		229	

Senior

1.	Rute Isabel Leonardo 50m: 36.44 36.44	98	Nautico Abrantes 100m: 1:17.53 41.09	1:17.53		520	
2.	Catarina Isabel Carlota 50m: 40.78 40.78	05	BUZIOS-Coruche 100m: 1:25.71 44.93	1:25.71		385	
3.	Maria Madalena Bento 50m: 41.39 41.39	05	BUZIOS-Coruche 100m: 1:26.35 44.96	1:26.35		376	
4.	Beatriz Catarino Moura 50m: 42.96 42.96	02	Nautico Abrantes 100m: 1:32.34 49.38	1:32.34		307	
5.	Carolina Manuela Guia 50m: 47.46 47.46	05	Viver Santarem 100m: 1:39.34 51.88	1:39.34		247	

Absoluto

1.	Rute Isabel Leonardo 50m: 36.44 36.44	98	Nautico Abrantes 100m: 1:17.53 41.09	1:17.53		520	
2.	Catarina Maria Lopes 50m: 38.60 38.60	08	BUZIOS-Coruche 100m: 1:20.75 42.15	1:20.75		460	
3.	Marta Filipa Nunes 50m: 39.10 39.10	07	Viver Santarem 100m: 1:21.95 42.85	1:21.95		440	
4.	Laura Brites Costa 50m: 38.89 38.89	09	Rio Maior 100m: 1:23.71 44.82	1:23.71		413	
5.	Catarina Isabel Carlota 50m: 40.78 40.78	05	BUZIOS-Coruche 100m: 1:25.71 44.93	1:25.71		385	
6.	Marta Filipa Bucha 50m: 41.07 41.07	06	Viver Santarem 100m: 1:25.78 44.71	1:25.78		384	
7.	Rafaela Ferreira Mendes 50m: 41.64 41.64	08	Torres Novas 100m: 1:25.84 44.20	1:25.84		383	

Prova 14, Femin., 100m Bruços, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
8.	Maria Madalena Bento 50m: 41.39 41.39	05	BUZIOS-Coruche 100m: 1:26.35 44.96	1:26.35		376	
9.	Catarina Maria Fragoso 50m: 41.41 41.41	07	Viver Santarem 100m: 1:26.70 45.29	1:26.70		372	
10.	Maria Madalena Monteiro 50m: 41.53 41.53	08	Gualdim Pais 100m: 1:29.72 48.19	1:29.72		335	
11.	Daniela Santos Carrilho 50m: 43.28 43.28	08	CLAC-Entroncamento 100m: 1:31.03 47.75	1:31.03		321	
12.	Beatriz Maria Simoes 50m: 44.19 44.19	07	Torres Novas 100m: 1:31.62 47.43	1:31.62		315	
13.	Eleonor Dias Alves 50m: 43.52 43.52	06	Nautico Abrantes 100m: 1:31.92 48.40	1:31.92		312	
14.	Margarida Miguel Mendes 50m: 44.26 44.26	06	Viver Santarem 100m: 1:32.15 47.89	1:32.15		309	
15.	Beatriz Catarino Moura 50m: 42.96 42.96	02	Nautico Abrantes 100m: 1:32.34 49.38	1:32.34		307	
16.	Madalena Maria Midoes 50m: 44.44 44.44	07	20Km de Almeirim 100m: 1:32.44 48.00	1:32.44		307	
17.	Clara Santos Madureira 50m: 43.93 43.93	11	Torres Novas 100m: 1:32.47 48.54	1:32.47		306	
18.	Beatriz Sofia Conceicao 50m: 43.34 43.34	07	Nautico Abrantes 100m: 1:32.66 49.32	1:32.66		304	
19.	Leonor Sombreireiro Martins 50m: 43.70 43.70	10	BUZIOS-Coruche 100m: 1:32.70 49.00	1:32.70		304	
20.	Margarida Pinho Formigo 50m: 44.91 44.91	11	Torres Novas 100m: 1:32.76 47.85	1:32.76		303	
21.	Beatriz Roseiro Dias 50m: 44.11 44.11	07	Nautico Abrantes 100m: 1:33.38 49.27	1:33.38		297	
22.	Madalena Nunes Domingos 50m: 44.22 44.22	07	Viver Santarem 100m: 1:33.49 49.27	1:33.49		296	
23.	Maria Leonor Lopes 50m: 45.56 45.56	10	Torres Novas 100m: 1:35.83 50.27	1:35.83		275	
24.	Lara Paixao Silva 50m: 45.75 45.75	10	Rio Maior 100m: 1:36.27 50.52	1:36.27		271	
25.	Carolina Santos Carrilho 50m: 45.73 45.73	08	CLAC-Entroncamento 100m: 1:36.68 50.95	1:36.68		268	
26.	Diana Goncalves Oliveira 50m: 45.36 45.36	07	20Km de Almeirim 100m: 1:36.69 51.33	1:36.69		268	
27.	Alice Batista Agostinho 50m: 47.00 47.00	08	Rio Maior 100m: 1:37.86 50.86	1:37.86		258	
28.	Leonor Matilde Oliveira 50m: 45.91 45.91	10	20Km de Almeirim 100m: 1:38.06 52.15	1:38.06		257	
29.	Mariana Freitas Mota 50m: 47.62 47.62	11	Torres Novas 100m: 1:38.50 50.88	1:38.50		253	
30.	Mariana Mauricio Coelho 50m: 47.11 47.11	07	BUZIOS-Coruche 100m: 1:38.75 51.64	1:38.75		251	
31.	Carolina Manuela Guia 50m: 47.46 47.46	05	Viver Santarem 100m: 1:39.34 51.88	1:39.34		247	

Prova 14, Femin., 100m Bruços, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
32.	Sofia Rita Arsenio 50m: 47.12 47.12	08	BUZIOS-Coruche	1:40.05 100m: 1:40.05 52.93		242	
33.	Debora Sofia Santos 50m: 47.63 47.63	10	Rio Maior	1:40.41 100m: 1:40.41 52.78		239	
34.	Benedita Maria Lagarinhos 50m: 48.39 48.39	11	Viver Santarem	1:41.25 100m: 1:41.25 52.86		233	
35.	Maria Beatriz Teixeira 50m: 48.72 48.72	06	Viver Santarem	1:41.85 100m: 1:41.85 53.13		229	
36.	Laura Prates Morais 50m: 48.22 48.22	09	BUZIOS-Coruche	1:42.78 100m: 1:42.78 54.56		223	
37.	Flor Fortunata Ferreira 50m: 48.86 48.86	10	Gualdim Pais	1:43.32 100m: 1:43.32 54.46		219	
38.	Beatriz Agostinho Duque 50m: 50.33 50.33	11	20Km de Almeirim	1:43.47 100m: 1:43.47 53.14		218	
39.	Carlota Pereira Sousa 50m: 49.35 49.35	08	Viver Santarem	1:44.42 100m: 1:44.42 55.07		212	
40.	Angela Maria Pereira 50m: 50.21 50.21	10	Clube Nautico de Salvaterra de	1:45.14 100m: 1:45.14 54.93		208	
41.	Carolina Cupertino Marchante 50m: 49.76 49.76	09	CLAC-Entroncamento	1:45.79 100m: 1:45.79 56.03		204	
42.	Rita Lino Ferreira 50m: 51.65 51.65	11	BUZIOS-Coruche	1:45.94 100m: 1:45.94 54.29		203	
43.	Sofia Lopes Castanheiro 50m: 50.93 50.93	08	Gualdim Pais	1:46.33 100m: 1:46.33 55.40		201	
44.	Sofia Barroca Pereira 50m: 50.28 50.28	11	BUZIOS-Coruche	1:46.78 100m: 1:46.78 56.50		199	
45.	Catarina Isabel Galvao 50m: 52.16 52.16	09	BUZIOS-Coruche	1:48.13 100m: 1:48.13 55.97		191	
46.	Maria Ines Ferreira 50m: 51.44 51.44	11	Torres Novas	1:48.30 100m: 1:48.30 56.86		190	
47.	Diana Cristina Calhau 50m: 58.87 58.87	11	BUZIOS-Coruche	2:00.97 100m: 2:00.97 1:02.10		136	
48.	Matilde Rainho Santos 50m: 1:02.21 1:02.21	09	CLAC-Entroncamento	2:08.69 100m: 2:08.69 1:06.48		113	
DSQ	Mafalda Pinhal Canto <i>SW 7.1 - O (a) atleta efectuou mais que uma pernada de golfinho durante a braçada submarina, após a viragem dos 50m</i>	10	20Km de Almeirim				
DSQ	Maria Carmo Rodrigues <i>SW 7.6 - O (a) atleta tocou com uma mão na parede na viragem aos 50 metros</i>	10	BUZIOS-Coruche				
DNS	Ana Mafalda Roxo	11	20Km de Almeirim				
DNS	Savannah Daniel Loersch	08	Rio Maior				
DNS	Joana Pereira Santos	09	Rio Maior				
EXH	Laura Calheiros Frazao 50m: 39.63 39.63	07	Rio Maior	1:26.34 100m: 1:26.34 46.71		376	
EXH	Carolina Reis Lopes 50m: 53.91 53.91	11	Torres Novas	1:55.16 100m: 1:55.16 1:01.25		158	



Torneio Distrital Nadador Completo
Santar m,06 e 07 de Maio de 2023

Prova 15	Masc., 100m Costas				Absoluto
07/05/2023 - 11:30					Resultados
Recorde Distrital ANDS Absoluto	52.63	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	14/12/2013
Recorde Distrital ANDS Sen	52.63	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	14/12/2013
Recorde Distrital ANDS 18	57.01	Afonso Guilherme Rosa	CNTN	Funchal	11/04/2017
Recorde Distrital ANDS 17	57.72	Pedro Diogo Oliveira	CNRM	Estoril	13/02/2005
Recorde Distrital ANDS Juv A	58.30	Pedro Diogo Oliveira	CNRM	Estoril	14/02/2004
Recorde Distrital ANDS Juv B	58.65	Pedro Diogo Oliveira	CNRM	Tomar	10/05/2003
Recorde Distrital ANDS Inf A	1:02.20	Pedro Diogo Oliveira	CNRM	Samora Correia	12/05/2002
Recorde Distrital ANDS Inf B	1:06.59	Jo�o Paulo Paias	CNLA	Samora Correia	14/05/2005

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	David Filipe Pacheco	10	BUZIOS-Coruche	1:14.75		270	
	50m: 36.97 36.97	100m:	1:14.75 37.78				
2.	Daniel Filipe Jorge	10	Rio Maior	1:16.07		256	
	50m: 37.09 37.09	100m:	1:16.07 38.98				
3.	Lourenco Vicente Geada	10	Torres Novas	1:20.96		212	
	50m: 39.64 39.64	100m:	1:20.96 41.32				
4.	Francisco Sa Lopes	10	Torres Novas	1:22.71		199	
	50m: 39.84 39.84	100m:	1:22.71 42.87				
5.	Guilherme Gomes Nunes	10	Clube Nautico de Salvaterra de	1:22.97		197	
	50m: 40.50 40.50	100m:	1:22.97 42.47				
6.	Tiago Frazao Barra	10	Rio Maior	1:25.53		180	
	50m: 40.96 40.96	100m:	1:25.53 44.57				
7.	Francisco Jose Trincao	10	Torres Novas	1:26.81		172	
	50m: 42.53 42.53	100m:	1:26.81 44.28				
8.	Luis Miguel Reis	10	Rio Maior	1:26.98		171	
	50m: 42.37 42.37	100m:	1:26.98 44.61				
9.	Afonso Goncalves Leite	10	CLAC-Entroncamento	1:27.02		171	
	50m: 43.16 43.16	100m:	1:27.02 43.86				
10.	Guilherme Martins Conceicao	10	Viver Santarem	1:27.84		166	
	50m: 42.97 42.97	100m:	1:27.84 44.87				
11.	Frederico Cardoso Oliveira	10	20Km de Almeirim	1:28.06		165	
	50m: 43.16 43.16	100m:	1:28.06 44.90				
12.	Tiago Goncalves Vieira	10	Gualdim Pais	1:28.75		161	
	50m: 42.33 42.33	100m:	1:28.75 46.42				
13.	Vicente Jose Carrilho	10	BUZIOS-Coruche	1:35.09		131	
	50m: 47.44 47.44	100m:	1:35.09 47.65				
14.	Lourenco Manuel Palmeiro	10	BUZIOS-Coruche	1:36.89		124	
	50m: 46.81 46.81	100m:	1:36.89 50.08				
15.	Afonso Sa Lopes	10	Torres Novas	1:37.18		123	
	50m: 48.28 48.28	100m:	1:37.18 48.90				
Infantil A							
1.	Stefan Iordan Chele	09	Rio Maior	1:11.85		304	
	50m: 35.85 35.85	100m:	1:11.85 36.00				
2.	Dinis Maria Garcia	09	Nautico Abrantes	1:12.87		291	
	50m: 36.17 36.17	100m:	1:12.87 36.70				
3.	Miguel Silva Lima	09	Nautico Abrantes	1:15.47		262	
	50m: 36.79 36.79	100m:	1:15.47 38.68				

Prova 15, Masc., 100m Costas, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
4.	Dimas Pasichnyuk 50m: 36.92 36.92	09	Rio Maior	1:16.85 100m: 1:16.85 39.93		248	
5.	Pedro Morgado Costa 50m: 38.09 38.09	09	Rio Maior	1:18.91 100m: 1:18.91 40.82		229	
6.	Gabriel Sa Chambel 50m: 41.28 41.28	09	CLAC-Entroncamento	1:26.13 100m: 1:26.13 44.85		176	
7.	Dinis Rodrigues Inacio 50m: 41.53 41.53	09	Clube Nautico de Salvaterra de	1:27.78 100m: 1:27.78 46.25		166	
8.	Rodrigo Duque Dias 50m: 42.50 42.50	09	CLAC-Entroncamento	1:28.32 100m: 1:28.32 45.82		163	
9.	Luis Suissas Rato 50m: 42.98 42.98	09	Clube Nautico de Salvaterra de	1:29.37 100m: 1:29.37 46.39		158	
10.	Alexandre Miguel Adriano 50m: 47.13 47.13	09	Clube Nautico de Salvaterra de	1:34.73 100m: 1:34.73 47.60		132	
11.	Jose Tomas Martins 50m: 56.14 56.14	09	BUZIOS-Coruche	1:57.95 100m: 1:57.95 1:01.81		68	

Juvenil B

1.	Afonso Bernardo Evaristo 50m: 32.13 32.13	08	Gualdim Pais	1:06.26 100m: 1:06.26 34.13		388	
2.	Miguel Ferreira Cruz 50m: 34.13 34.13	08	CLAC-Entroncamento	1:11.08 100m: 1:11.08 36.95		314	
3.	Leonardo Gomes Silva 50m: 36.03 36.03	08	Rio Maior	1:14.01 100m: 1:14.01 37.98		278	
4.	Joao Pedro Monteiro 50m: 36.32 36.32	08	BUZIOS-Coruche	1:14.02 100m: 1:14.02 37.70		278	
5.	Rodolfo Charrua Gago 50m: 35.37 35.37	08	Viver Santarem	1:15.31 100m: 1:15.31 39.94		264	
6.	Francisco Guilherme Freixieir 50m: 38.34 38.34	08	Rio Maior	1:18.50 100m: 1:18.50 40.16		233	
7.	Salvador Gomes Serra 50m: 37.31 37.31	08	Torres Novas	1:19.34 100m: 1:19.34 42.03		226	
8.	Joao Miguel Flores 50m: 38.78 38.78	08	Torres Novas	1:20.87 100m: 1:20.87 42.09		213	
9.	Francisco Veloso Coelho 50m: 40.13 40.13	08	Rio Maior	1:21.89 100m: 1:21.89 41.76		205	
10.	Martim Silva Oliveira 50m: 45.52 45.52	08	Torres Novas	1:33.06 100m: 1:33.06 47.54		140	
DNS	Joao Francisco Gaspar	08	BUZIOS-Coruche				
DNS	Henrique Manuel Rosa	08	Torres Novas				

Juvenil A

1.	Joao Miguel Pinto 50m: 33.10 33.10	07	20Km de Almeirim	1:08.10 100m: 1:08.10 35.00		357	
2.	Daniel Santos Carapeto 50m: 33.66 33.66	07	Nautico Abrantes	1:09.06 100m: 1:09.06 35.40		342	
3.	Bernardo Pereira Simoes 50m: 34.35 34.35	07	Torres Novas	1:09.34 100m: 1:09.34 34.99		338	

Prova 15, Masc., 100m Costas, Juvenil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
4.	Eugenio Melnyk 50m: 34.69 34.69	07	Rio Maior	1:09.55 100m: 1:09.55 34.86		335	
5.	Tomas Alexandre Santos 50m: 34.56 34.56	07	BUZIOS-Coruche	1:11.70 100m: 1:11.70 37.14		306	
6.	Bernardo Marques Fernandes 50m: 38.11 38.11	07	CLAC-Entroncamento	1:17.36 100m: 1:17.36 39.25		243	
7.	Simao Rocha Silva 50m: 39.06 39.06	07	Gualdim Pais	1:20.92 100m: 1:20.92 41.86		213	
8.	Simao Pedro Oliveira 50m: 40.60 40.60	07	Torres Novas	1:22.95 100m: 1:22.95 42.35		197	

Junior

1.	Jose Pinto Cabral 50m: 30.83 30.83	05	Viver Santarem	1:02.26 100m: 1:02.26 31.43		467	
2.	Bernardo Miguel Evaristo 50m: 30.54 30.54	06	Gualdim Pais	1:03.47 100m: 1:03.47 32.93		441	
3.	Joao Antonio Pires 50m: 30.94 30.94	05	Torres Novas	1:04.38 100m: 1:04.38 33.44		423	
4.	Tiago Miguel Trincao 50m: 31.68 31.68	06	Torres Novas	1:06.53 100m: 1:06.53 34.85		383	
5.	Afonso Formigo Pinho 50m: 33.28 33.28	06	Torres Novas	1:08.75 100m: 1:08.75 35.47		347	
6.	Jose Maria Temudo 50m: 33.69 33.69	06	Rio Maior	1:09.05 100m: 1:09.05 35.36		342	
7.	Artur Paulo Aleksyeyev 50m: 33.69 33.69	05	Viver Santarem	1:09.72 100m: 1:09.72 36.03		333	
8.	Lorenzo Muniz Silva 50m: 36.24 36.24	06	BUZIOS-Coruche	1:13.31 100m: 1:13.31 37.07		286	
9.	Rafael Sousa Azevedo 50m: 36.70 36.70	06	Viver Santarem	1:16.26 100m: 1:16.26 39.56		254	
DNS	Ricardo Filipe Gaboleiro	05	Rio Maior				

Senior

1.	Guilherme Pereira Coutinho 50m: 28.53 28.53	03	Viver Santarem	59.93 100m: 59.93 31.40		524	
2.	Luis Afonso Lopes 50m: 29.55 29.55	03	Viver Santarem	1:01.14 100m: 1:01.14 31.59		493	
3.	Artur Rafael Saramago 50m: 31.73 31.73	97	BUZIOS-Coruche	1:05.70 100m: 1:05.70 33.97		398	
4.	Joao Marques Ferreira 50m: 35.02 35.02	04	Viver Santarem	1:12.69 100m: 1:12.69 37.67		293	
5.	Hugo Miguel Silva 50m: 40.46 40.46	77	BUZIOS-Coruche	1:23.02 100m: 1:23.02 42.56		197	

Prova 15, Masc., 100m Costas

Absoluto

1.	Guilherme Pereira Coutinho	03	Viver Santarem	59.93	524
	50m: 28.53 28.53	100m: 59.93 31.40			
2.	Luis Afonso Lopes	03	Viver Santarem	1:01.14	493
	50m: 29.55 29.55	100m: 1:01.14 31.59			
3.	Jose Pinto Cabral	05	Viver Santarem	1:02.26	467
	50m: 30.83 30.83	100m: 1:02.26 31.43			
4.	Bernardo Miguel Evaristo	06	Gualdim Pais	1:03.47	441
	50m: 30.54 30.54	100m: 1:03.47 32.93			
5.	Joao Antonio Pires	05	Torres Novas	1:04.38	423
	50m: 30.94 30.94	100m: 1:04.38 33.44			
6.	Artur Rafael Saramago	97	BUZIOS-Coruche	1:05.70	398
	50m: 31.73 31.73	100m: 1:05.70 33.97			
7.	Afonso Bernardo Evaristo	08	Gualdim Pais	1:06.26	388
	50m: 32.13 32.13	100m: 1:06.26 34.13			
8.	Tiago Miguel Trincao	06	Torres Novas	1:06.53	383
	50m: 31.68 31.68	100m: 1:06.53 34.85			
9.	Joao Miguel Pinto	07	20Km de Almeirim	1:08.10	357
	50m: 33.10 33.10	100m: 1:08.10 35.00			
10.	Afonso Formigo Pinho	06	Torres Novas	1:08.75	347
	50m: 33.28 33.28	100m: 1:08.75 35.47			
11.	Jose Maria Temudo	06	Rio Maior	1:09.05	342
	50m: 33.69 33.69	100m: 1:09.05 35.36			
12.	Daniel Santos Carapeto	07	Nautico Abrantes	1:09.06	342
	50m: 33.66 33.66	100m: 1:09.06 35.40			
13.	Bernardo Pereira Simoes	07	Torres Novas	1:09.34	338
	50m: 34.35 34.35	100m: 1:09.34 34.99			
14.	Eugenio Melnyk	07	Rio Maior	1:09.55	335
	50m: 34.69 34.69	100m: 1:09.55 34.86			
15.	Artur Paulo Aleksyeyev	05	Viver Santarem	1:09.72	333
	50m: 33.69 33.69	100m: 1:09.72 36.03			
16.	Miguel Ferreira Cruz	08	CLAC-Entroncamento	1:11.08	314
	50m: 34.13 34.13	100m: 1:11.08 36.95			
17.	Tomas Alexandre Santos	07	BUZIOS-Coruche	1:11.70	306
	50m: 34.56 34.56	100m: 1:11.70 37.14			
18.	Stefan Iordan Chele	09	Rio Maior	1:11.85	304
	50m: 35.85 35.85	100m: 1:11.85 36.00			
19.	Joao Marques Ferreira	04	Viver Santarem	1:12.69	293
	50m: 35.02 35.02	100m: 1:12.69 37.67			
20.	Dinis Maria Garcia	09	Nautico Abrantes	1:12.87	291
	50m: 36.17 36.17	100m: 1:12.87 36.70			
21.	Lorenzo Muniz Silva	06	BUZIOS-Coruche	1:13.31	286
	50m: 36.24 36.24	100m: 1:13.31 37.07			
22.	Leonardo Gomes Silva	08	Rio Maior	1:14.01	278
	50m: 36.03 36.03	100m: 1:14.01 37.98			
23.	Joao Pedro Monteiro	08	BUZIOS-Coruche	1:14.02	278
	50m: 36.32 36.32	100m: 1:14.02 37.70			

Prova 15, Masc., 100m Costas, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
24.	David Filipe Pacheco 50m: 36.97 36.97	10	BUZIOS-Coruche	1:14.75 100m: 1:14.75 37.78		270	
25.	Rodolfo Charrua Gago 50m: 35.37 35.37	08	Viver Santarem	1:15.31 100m: 1:15.31 39.94		264	
26.	Miguel Silva Lima 50m: 36.79 36.79	09	Nautico Abrantes	1:15.47 100m: 1:15.47 38.68		262	
27.	Daniel Filipe Jorge 50m: 37.09 37.09	10	Rio Maior	1:16.07 100m: 1:16.07 38.98		256	
28.	Rafael Sousa Azevedo 50m: 36.70 36.70	06	Viver Santarem	1:16.26 100m: 1:16.26 39.56		254	
29.	Dimas Pasichnyuk 50m: 36.92 36.92	09	Rio Maior	1:16.85 100m: 1:16.85 39.93		248	
30.	Bernardo Marques Fernandes 50m: 38.11 38.11	07	CLAC-Entroncamento	1:17.36 100m: 1:17.36 39.25		243	
31.	Francisco Guilherme Freixeiro 50m: 38.34 38.34	08	Rio Maior	1:18.50 100m: 1:18.50 40.16		233	
32.	Pedro Morgado Costa 50m: 38.09 38.09	09	Rio Maior	1:18.91 100m: 1:18.91 40.82		229	
33.	Salvador Gomes Serra 50m: 37.31 37.31	08	Torres Novas	1:19.34 100m: 1:19.34 42.03		226	
34.	Joao Miguel Flores 50m: 38.78 38.78	08	Torres Novas	1:20.87 100m: 1:20.87 42.09		213	
35.	Simao Rocha Silva 50m: 39.06 39.06	07	Gualdim Pais	1:20.92 100m: 1:20.92 41.86		213	
36.	Lourenco Vicente Geada 50m: 39.64 39.64	10	Torres Novas	1:20.96 100m: 1:20.96 41.32		212	
37.	Francisco Veloso Coelho 50m: 40.13 40.13	08	Rio Maior	1:21.89 100m: 1:21.89 41.76		205	
38.	Francisco Sa Lopes 50m: 39.84 39.84	10	Torres Novas	1:22.71 100m: 1:22.71 42.87		199	
39.	Simao Pedro Oliveira 50m: 40.60 40.60	07	Torres Novas	1:22.95 100m: 1:22.95 42.35		197	
40.	Guilherme Gomes Nunes 50m: 40.50 40.50	10	Clube Nautico de Salvaterra de	1:22.97 100m: 1:22.97 42.47		197	
41.	Hugo Miguel Silva 50m: 40.46 40.46	77	BUZIOS-Coruche	1:23.02 100m: 1:23.02 42.56		197	
42.	Tiago Frazao Barra 50m: 40.96 40.96	10	Rio Maior	1:25.53 100m: 1:25.53 44.57		180	
43.	Gabriel Sa Chambel 50m: 41.28 41.28	09	CLAC-Entroncamento	1:26.13 100m: 1:26.13 44.85		176	
44.	Francisco Jose Trincao 50m: 42.53 42.53	10	Torres Novas	1:26.81 100m: 1:26.81 44.28		172	
45.	Luis Miguel Reis 50m: 42.37 42.37	10	Rio Maior	1:26.98 100m: 1:26.98 44.61		171	
46.	Afonso Goncalves Leite 50m: 43.16 43.16	10	CLAC-Entroncamento	1:27.02 100m: 1:27.02 43.86		171	
47.	Dinis Rodrigues Inacio 50m: 41.53 41.53	09	Clube Nautico de Salvaterra de	1:27.78 100m: 1:27.78 46.25		166	

Prova 15, Masc., 100m Costas, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
48.	Guilherme Martins Conceicao	10	Viver Santarem	1:27.84		166	
	50m: 42.97 42.97	100m: 1:27.84 44.87					
49.	Frederico Cardoso Oliveira	10	20Km de Almeirim	1:28.06		165	
	50m: 43.16 43.16	100m: 1:28.06 44.90					
50.	Rodrigo Duque Dias	09	CLAC-Entroncamento	1:28.32		163	
	50m: 42.50 42.50	100m: 1:28.32 45.82					
51.	Tiago Goncalves Vieira	10	Gualdim Pais	1:28.75		161	
	50m: 42.33 42.33	100m: 1:28.75 46.42					
52.	Luis Suissas Rato	09	Clube Nautico de Salvaterra de	1:29.37		158	
	50m: 42.98 42.98	100m: 1:29.37 46.39					
53.	Martim Silva Oliveira	08	Torres Novas	1:33.06		140	
	50m: 45.52 45.52	100m: 1:33.06 47.54					
54.	Alexandre Miguel Adriano	09	Clube Nautico de Salvaterra de	1:34.73		132	
	50m: 47.13 47.13	100m: 1:34.73 47.60					
55.	Vicente Jose Carrilho	10	BUZIOS-Coruche	1:35.09		131	
	50m: 47.44 47.44	100m: 1:35.09 47.65					
56.	Lourenco Manuel Palmeiro	10	BUZIOS-Coruche	1:36.89		124	
	50m: 46.81 46.81	100m: 1:36.89 50.08					
57.	Afonso Sa Lopes	10	Torres Novas	1:37.18		123	
	50m: 48.28 48.28	100m: 1:37.18 48.90					
58.	Jose Tomas Martins	09	BUZIOS-Coruche	1:57.95		68	
	50m: 56.14 56.14	100m: 1:57.95 1:01.81					
DNS	Joao Francisco Gaspar	08	BUZIOS-Coruche				
DNS	Ricardo Filipe Gaboleiro	05	Rio Maior				
DNS	Henrique Manuel Rosa	08	Torres Novas				
EXH	Guilherme Filipe Gaboleiro	05	Rio Maior	1:04.89		413	
	50m: 31.03 31.03	100m: 1:04.89 33.86					



Torneio Distrital Nadador Completo
Santar m, 06 e 07 de Maio de 2023

Prova 16	Femin., 100m Mariposa					Absoluto
07/05/2023 - 11:50						Resultados
Recorde Distrital ANDS Absoluto	1:02.48	Ariana Esp�rito Louro	SFGP	Leiria	27/11/2021	
Recorde Distrital ANDS Sen	1:03.54	Ariana Esp�rito Louro	SFGP	Albufeira	12/11/2022	
Recorde Distrital ANDS 17	1:02.48	Ariana Esp�rito Louro	ROU	Leiria	27/11/2021	
Recorde Distrital ANDS 16	1:06.09	Maria Madalena Bento	BUZIOS	Tomar	24/10/2020	
Recorde Distrital ANDS Juv A	1:04.97	Maria Madalena Bento	BUZIOS	Sines	08/12/2019	
Recorde Distrital ANDS Juv B	1:06.68	Maria Madalena Bento	BUZIOS	Coruche	14/04/2019	
Recorde Distrital ANDS Inf A	1:08.95	Mariana Veloso Vitoria	CNAB	Entroncamento	04/06/2011	
Recorde Distrital ANDS Inf B	1:11.62	Mariana Veloso Vitoria	CNAB	Coruche	08/05/2010	

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	Benedita Maria Lagarinhos	11	Viver Santarem	1:24.58		268	
	50m: 38.61 38.61	100m:	1:24.58 45.97				
2.	Clara Santos Madureira	11	Torres Novas	1:31.20		214	
	50m: 43.17 43.17	100m:	1:31.20 48.03				
3.	Rita Lino Ferreira	11	BUZIOS-Coruche	1:37.94		173	
	50m: 45.22 45.22	100m:	1:37.94 52.72				
4.	Margarida Pinho Formigo	11	Torres Novas	1:41.98		153	
	50m: 46.78 46.78	100m:	1:41.98 55.20				
5.	Sofia Barroca Pereira	11	BUZIOS-Coruche	1:43.50		146	
	50m: 49.34 49.34	100m:	1:43.50 54.16				
6.	Beatriz Agostinho Duque	11	20Km de Almeirim	1:53.73		110	
	50m: 53.30 53.30	100m:	1:53.73 1:00.43				
7.	Mariana Freitas Mota	11	Torres Novas	1:57.21		101	
	50m: 55.17 55.17	100m:	1:57.21 1:02.04				
8.	Maria Ines Ferreira	11	Torres Novas	2:00.72		92	
	50m: 55.05 55.05	100m:	2:00.72 1:05.67				
9.	Diana Cristina Calhau	11	BUZIOS-Coruche	2:02.68		88	
	50m: 56.50 56.50	100m:	2:02.68 1:06.18				
DNS	Ana Mafalda Roxo	11	20Km de Almeirim				

Infantil A

1.	Leonor Sombreireiro Martins	10	BUZIOS-Coruche	1:20.45		312	
	50m: 37.28 37.28	100m:	1:20.45 43.17				
2.	Maria Leonor Lopes	10	Torres Novas	1:29.28		228	
	50m: 39.76 39.76	100m:	1:29.28 49.52				
3.	Lara Paixao Silva	10	Rio Maior	1:32.36		206	
	50m: 40.50 40.50	100m:	1:32.36 51.86				
4.	Flor Fortunata Ferreira	10	Gualdim Pais	1:35.05		189	
	50m: 43.34 43.34	100m:	1:35.05 51.71				
5.	Leonor Matilde Oliveira	10	20Km de Almeirim	1:38.28		171	
	50m: 44.86 44.86	100m:	1:38.28 53.42				
6.	Debora Sofia Santos	10	Rio Maior	1:38.54		170	
	50m: 45.05 45.05	100m:	1:38.54 53.49				
7.	Angela Maria Pereira	10	Clube Nautico de Salvaterra de	1:43.95		144	
	50m: 48.67 48.67	100m:	1:43.95 55.28				
8.	Maria Carmo Rodrigues	10	BUZIOS-Coruche	1:44.11		144	
	50m: 48.68 48.68	100m:	1:44.11 55.43				
9.	Mafalda Pinhal Canto	10	20Km de Almeirim	1:44.91		140	
	50m: 48.78 48.78	100m:	1:44.91 56.13				

Prova 16, Femin., 100m Mariposa

Juvenil B

1.	Laura Brites Costa	09	Rio Maior	1:14.70	390
	50m: 33.69 33.69	100m: 1:14.70 41.01			
2.	Laura Prates Morais	09	BUZIOS-Coruche	1:22.85	286
	50m: 38.95 38.95	100m: 1:22.85 43.90			
3.	Catarina Isabel Galvao	09	BUZIOS-Coruche	1:29.88	224
	50m: 41.22 41.22	100m: 1:29.88 48.66			
4.	Carolina Cupertino Marchante	09	CLAC-Entroncamento	1:44.56	142
	50m: 49.09 49.09	100m: 1:44.56 55.47			
5.	Matilde Rainho Santos	09	CLAC-Entroncamento	2:11.32	71
	50m: 1:00.25 1:00.25	100m: 2:11.32 1:11.07			
DNS	Joana Pereira Santos	09	Rio Maior		

Juvenil A

1.	Catarina Maria Lopes	08	BUZIOS-Coruche	1:09.28	489
	50m: 32.78 32.78	100m: 1:09.28 36.50			
2.	Rafaela Ferreira Mendes	08	Torres Novas	1:11.89	437
	50m: 32.57 32.57	100m: 1:11.89 39.32			
3.	Alice Batista Agostinho	08	Rio Maior	1:22.28	292
	50m: 37.78 37.78	100m: 1:22.28 44.50			
4.	Maria Madalena Monteiro	08	Gualdim Pais	1:22.95	285
	50m: 37.76 37.76	100m: 1:22.95 45.19			
5.	Carolina Santos Carrilho	08	CLAC-Entroncamento	1:29.03	230
	50m: 41.10 41.10	100m: 1:29.03 47.93			
6.	Carlota Pereira Sousa	08	Viver Santarem	1:30.66	218
	50m: 41.22 41.22	100m: 1:30.66 49.44			
7.	Daniela Santos Carrilho	08	CLAC-Entroncamento	1:35.16	188
	50m: 43.70 43.70	100m: 1:35.16 51.46			
8.	Sofia Rita Arsenio	08	BUZIOS-Coruche	1:35.92	184
	50m: 44.45 44.45	100m: 1:35.92 51.47			
DSQ	Sofia Lopes Castanheiro	08	Gualdim Pais		
	<i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>				

Junior

1.	Marta Filipa Bucha	06	Viver Santarem	1:09.07	493
	50m: 32.66 32.66	100m: 1:09.07 36.41			
2.	Marta Filipa Nunes	07	Viver Santarem	1:10.59	462
	50m: 32.88 32.88	100m: 1:10.59 37.71			
3.	Margarida Miguel Mendes	06	Viver Santarem	1:10.67	460
	50m: 32.48 32.48	100m: 1:10.67 38.19			
4.	Madalena Nunes Domingos	07	Viver Santarem	1:17.66	347
	50m: 36.30 36.30	100m: 1:17.66 41.36			
5.	Catarina Maria Fragoso	07	Viver Santarem	1:20.36	313
	50m: 36.48 36.48	100m: 1:20.36 43.88			
6.	Madalena Maria Midoes	07	20Km de Almeirim	1:20.84	307
	50m: 38.25 38.25	100m: 1:20.84 42.59			
7.	Beatriz Sofia Conceicao	07	Nautico Abrantes	1:21.10	304
	50m: 35.03 35.03	100m: 1:21.10 46.07			

Prova 16, Femin., 100m Mariposa, Junior

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
8.	Eleonor Dias Alves 50m: 37.92 37.92	06	Nautico Abrantes 100m: 1:25.42 47.50	1:25.42		261	
9.	Beatriz Maria Simoes 50m: 40.38 40.38	07	Torres Novas 100m: 1:27.44 47.06	1:27.44		243	
10.	Maria Beatriz Teixeira 50m: 38.74 38.74	06	Viver Santarem 100m: 1:29.46 50.72	1:29.46		227	
11.	Mariana Mauricio Coelho 50m: 41.55 41.55	07	BUZIOS-Coruche 100m: 1:29.62 48.07	1:29.62		226	
12.	Beatriz Roseiro Dias 50m: 40.84 40.84	07	Nautico Abrantes 100m: 1:31.34 50.50	1:31.34		213	
13.	Diana Goncalves Oliveira 50m: 41.94 41.94	07	20Km de Almeirim 100m: 1:32.94 51.00	1:32.94		202	

Senior

1.	Maria Madalena Bento 50m: 31.45 31.45	05	BUZIOS-Coruche 100m: 1:06.28 34.83	1:06.28		558	
2.	Catarina Isabel Carlota 50m: 34.28 34.28	05	BUZIOS-Coruche 100m: 1:13.22 38.94	1:13.22		414	
3.	Carolina Manuela Guia 50m: 37.41 37.41	05	Viver Santarem 100m: 1:19.30 41.89	1:19.30		326	
4.	Rute Isabel Leonardo 50m: 37.70 37.70	98	Nautico Abrantes 100m: 1:22.95 45.25	1:22.95		285	
5.	Beatriz Catarino Moura 50m: 39.55 39.55	02	Nautico Abrantes 100m: 1:28.22 48.67	1:28.22		236	

Absoluto

1.	Maria Madalena Bento 50m: 31.45 31.45	05	BUZIOS-Coruche 100m: 1:06.28 34.83	1:06.28		558	
2.	Marta Filipa Bucha 50m: 32.66 32.66	06	Viver Santarem 100m: 1:09.07 36.41	1:09.07		493	
3.	Catarina Maria Lopes 50m: 32.78 32.78	08	BUZIOS-Coruche 100m: 1:09.28 36.50	1:09.28		489	
4.	Marta Filipa Nunes 50m: 32.88 32.88	07	Viver Santarem 100m: 1:10.59 37.71	1:10.59		462	
5.	Margarida Miguel Mendes 50m: 32.48 32.48	06	Viver Santarem 100m: 1:10.67 38.19	1:10.67		460	
6.	Rafaela Ferreira Mendes 50m: 32.57 32.57	08	Torres Novas 100m: 1:11.89 39.32	1:11.89		437	
7.	Catarina Isabel Carlota 50m: 34.28 34.28	05	BUZIOS-Coruche 100m: 1:13.22 38.94	1:13.22		414	
8.	Laura Brites Costa 50m: 33.69 33.69	09	Rio Maior 100m: 1:14.70 41.01	1:14.70		390	
9.	Madalena Nunes Domingos 50m: 36.30 36.30	07	Viver Santarem 100m: 1:17.66 41.36	1:17.66		347	
10.	Carolina Manuela Guia 50m: 37.41 37.41	05	Viver Santarem 100m: 1:19.30 41.89	1:19.30		326	

Prova 16, Femin., 100m Mariposa, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
11.	Catarina Maria Fragoso 50m: 36.48 36.48	07	Viver Santarem 100m: 1:20.36 43.88	1:20.36		313	
12.	Leonor Sombreiro Martins 50m: 37.28 37.28	10	BUZIOS-Coruche 100m: 1:20.45 43.17	1:20.45		312	
13.	Madalena Maria Midoes 50m: 38.25 38.25	07	20Km de Almeirim 100m: 1:20.84 42.59	1:20.84		307	
14.	Beatriz Sofia Conceicao 50m: 35.03 35.03	07	Nautico Abrantes 100m: 1:21.10 46.07	1:21.10		304	
15.	Alice Batista Agostinho 50m: 37.78 37.78	08	Rio Maior 100m: 1:22.28 44.50	1:22.28		292	
16.	Laura Prates Morais 50m: 38.95 38.95	09	BUZIOS-Coruche 100m: 1:22.85 43.90	1:22.85		286	
17.	Maria Madalena Monteiro 50m: 37.76 37.76	08	Gualdim Pais 100m: 1:22.95 45.19	1:22.95		285	
	Rute Isabel Leonardo 50m: 37.70 37.70	98	Nautico Abrantes 100m: 1:22.95 45.25	1:22.95		285	
19.	Benedita Maria Lagarinhos 50m: 38.61 38.61	11	Viver Santarem 100m: 1:24.58 45.97	1:24.58		268	
20.	Eleonor Dias Alves 50m: 37.92 37.92	06	Nautico Abrantes 100m: 1:25.42 47.50	1:25.42		261	
21.	Beatriz Maria Simoes 50m: 40.38 40.38	07	Torres Novas 100m: 1:27.44 47.06	1:27.44		243	
22.	Beatriz Catarino Moura 50m: 39.55 39.55	02	Nautico Abrantes 100m: 1:28.22 48.67	1:28.22		236	
23.	Carolina Santos Carrilho 50m: 41.10 41.10	08	CLAC-Entroncamento 100m: 1:29.03 47.93	1:29.03		230	
24.	Maria Leonor Lopes 50m: 39.76 39.76	10	Torres Novas 100m: 1:29.28 49.52	1:29.28		228	
25.	Maria Beatriz Teixeira 50m: 38.74 38.74	06	Viver Santarem 100m: 1:29.46 50.72	1:29.46		227	
26.	Mariana Mauricio Coelho 50m: 41.55 41.55	07	BUZIOS-Coruche 100m: 1:29.62 48.07	1:29.62		226	
27.	Catarina Isabel Galvao 50m: 41.22 41.22	09	BUZIOS-Coruche 100m: 1:29.88 48.66	1:29.88		224	
28.	Carlota Pereira Sousa 50m: 41.22 41.22	08	Viver Santarem 100m: 1:30.66 49.44	1:30.66		218	
29.	Clara Santos Madureira 50m: 43.17 43.17	11	Torres Novas 100m: 1:31.20 48.03	1:31.20		214	
30.	Beatriz Roseiro Dias 50m: 40.84 40.84	07	Nautico Abrantes 100m: 1:31.34 50.50	1:31.34		213	
31.	Lara Paixao Silva 50m: 40.50 40.50	10	Rio Maior 100m: 1:32.36 51.86	1:32.36		206	
32.	Diana Goncalves Oliveira 50m: 41.94 41.94	07	20Km de Almeirim 100m: 1:32.94 51.00	1:32.94		202	
33.	Flor Fortunata Ferreira 50m: 43.34 43.34	10	Gualdim Pais 100m: 1:35.05 51.71	1:35.05		189	
34.	Daniela Santos Carrilho 50m: 43.70 43.70	08	CLAC-Entroncamento 100m: 1:35.16 51.46	1:35.16		188	

Prova 16, Femin., 100m Mariposa, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
35.	Sofia Rita Arsenio 50m: 44.45 44.45	08	BUZIOS-Coruche	1:35.92 100m: 1:35.92 51.47		184	
36.	Rita Lino Ferreira 50m: 45.22 45.22	11	BUZIOS-Coruche	1:37.94 100m: 1:37.94 52.72		173	
37.	Leonor Matilde Oliveira 50m: 44.86 44.86	10	20Km de Almeirim	1:38.28 100m: 1:38.28 53.42		171	
38.	Debora Sofia Santos 50m: 45.05 45.05	10	Rio Maior	1:38.54 100m: 1:38.54 53.49		170	
39.	Margarida Pinho Formigo 50m: 46.78 46.78	11	Torres Novas	1:41.98 100m: 1:41.98 55.20		153	
40.	Sofia Barroca Pereira 50m: 49.34 49.34	11	BUZIOS-Coruche	1:43.50 100m: 1:43.50 54.16		146	
41.	Angela Maria Pereira 50m: 48.67 48.67	10	Clube Nautico de Salvaterra de	1:43.95 100m: 1:43.95 55.28		144	
42.	Maria Carmo Rodrigues 50m: 48.68 48.68	10	BUZIOS-Coruche	1:44.11 100m: 1:44.11 55.43		144	
43.	Carolina Cupertino Marchante 50m: 49.09 49.09	09	CLAC-Entroncamento	1:44.56 100m: 1:44.56 55.47		142	
44.	Mafalda Pinhal Canto 50m: 48.78 48.78	10	20Km de Almeirim	1:44.91 100m: 1:44.91 56.13		140	
45.	Beatriz Agostinho Duque 50m: 53.30 53.30	11	20Km de Almeirim	1:53.73 100m: 1:53.73 1:00.43		110	
46.	Mariana Freitas Mota 50m: 55.17 55.17	11	Torres Novas	1:57.21 100m: 1:57.21 1:02.04		101	
47.	Maria Ines Ferreira 50m: 55.05 55.05	11	Torres Novas	2:00.72 100m: 2:00.72 1:05.67		92	
48.	Diana Cristina Calhau 50m: 56.50 56.50	11	BUZIOS-Coruche	2:02.68 100m: 2:02.68 1:06.18		88	
49.	Matilde Rainho Santos 50m: 1:00.25 1:00.25	09	CLAC-Entroncamento	2:11.32 100m: 2:11.32 1:11.07		71	
DSQ	Sofia Lopes Castanheiro <i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>	08	Gualdim Pais				
DNS	Ana Mafalda Roxo	11	20Km de Almeirim				
DNS	Joana Pereira Santos	09	Rio Maior				



Torneio Distrital Nadador Completo
Santar m, 06 e 07 de Maio de 2023

Prova 17	Masc., 50m Livres				Absoluto
07/05/2023 - 12:10					Resultados
Recorde Distrital ANDS Absoluto	22.60	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS Sen	22.60	Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS 18	23.21	Frederico Sucena Riachos	NSCG	Porto	12/12/2015
Recorde Distrital ANDS 17	23.45	Frederico Sucena Riachos	NSCG	Porto	20/12/2014
Recorde Distrital ANDS Juv A	24.11	Paulo Vakulyuk	SANDS	Abrantes	26/01/2019
Recorde Distrital ANDS Juv B	24.88	Sim�o Dinis Rosa	CNTN	Leiria	14/12/2019
Recorde Distrital ANDS Inf A	26.33	Jo�o Diogo Lopes	SANDS	Abrantes	21/02/2015
Recorde Distrital ANDS Inf B	27.90	F�bio Miguel Samouco	CNTN	Torres Novas	09/02/2008

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	David Filipe Pacheco	10	BUZIOS-Coruche	29.38		323	
2.	Francisco Sa Lopes	10	Torres Novas	31.47		262	
3.	Afonso Goncalves Leite	10	CLAC-Entroncamento	31.84		253	
4.	Tiago Frazao Barra	10	Rio Maior	32.49		238	
5.	Lourenco Vicente Geada	10	Torres Novas	33.03		227	
6.	Lourenco Manuel Palmeiro	10	BUZIOS-Coruche	35.44		184	
7.	Vicente Jose Carrilho	10	BUZIOS-Coruche	36.67		166	
8.	Afonso Sa Lopes	10	Torres Novas	38.20		146	
Infantil A							
1.	Stefan Iordan Chele	09	Rio Maior	28.79		343	
2.	Dimas Pasichnyuk	09	Rio Maior	29.34		324	
3.	Gabriel Sa Chambel	09	CLAC-Entroncamento	34.14		205	
4.	Rodrigo Duque Dias	09	CLAC-Entroncamento	35.56		182	
5.	Jose Tomas Martins	09	BUZIOS-Coruche	44.61		92	
Juvenil B							
1.	Joao Pedro Monteiro	08	BUZIOS-Coruche	28.37		358	
2.	Miguel Ferreira Cruz	08	CLAC-Entroncamento	28.39		358	
3.	Joao Miguel Flores	08	Torres Novas	29.60		315	
4.	Salvador Gomes Serra	08	Torres Novas	30.05		301	
5.	Francisco Guilherme Freixieir	08	Rio Maior	30.59		286	
DNS	Joao Francisco Gaspar	08	BUZIOS-Coruche				
DNS	Henrique Manuel Rosa	08	Torres Novas				
Juvenil A							
1.	Eugenio Melnyk	07	Rio Maior	26.69		430	
2.	Bernardo Pereira Simoes	07	Torres Novas	27.05		413	
3.	Tomas Alexandre Santos	07	BUZIOS-Coruche	27.26		404	
4.	Bernardo Marques Fernandes	07	CLAC-Entroncamento	30.69		283	
5.	Simao Rocha Silva	07	Gualdim Pais	30.70		283	
Junior							
1.	Joao Antonio Pires	05	Torres Novas	24.19		578	
2.	Artur Paulo Aleksyeyev	05	Viver Santarem	26.00		466	
3.	Afonso Formigo Pinho	06	Torres Novas	26.06		462	
4.	Tiago Miguel Trincao	06	Torres Novas	26.07		462	
5.	Jose Maria Temudo	06	Rio Maior	26.41		444	
6.	Rafael Sousa Azevedo	06	Viver Santarem	27.36		400	
7.	Lorenzo Muniz Silva	06	BUZIOS-Coruche	29.58		316	

Prova 17, Masc., 50m Livres

Senior

1.	Artur Rafael Saramago	97	BUZIOS-Coruche	25.65	485
2.	Joao Marques Ferreira	04	Viver Santarem	26.63	433
3.	Hugo Miguel Silva	77	BUZIOS-Coruche	29.87	307

Absoluto

1.	Joao Antonio Pires	05	Torres Novas	24.19	578
2.	Artur Rafael Saramago	97	BUZIOS-Coruche	25.65	485
3.	Artur Paulo Aleksyeyev	05	Viver Santarem	26.00	466
4.	Afonso Formigo Pinho	06	Torres Novas	26.06	462
5.	Tiago Miguel Trincao	06	Torres Novas	26.07	462
6.	Jose Maria Temudo	06	Rio Maior	26.41	444
7.	Joao Marques Ferreira	04	Viver Santarem	26.63	433
8.	Eugenio Melnyk	07	Rio Maior	26.69	430
9.	Bernardo Pereira Simoes	07	Torres Novas	27.05	413
10.	Tomas Alexandre Santos	07	BUZIOS-Coruche	27.26	404
11.	Rafael Sousa Azevedo	06	Viver Santarem	27.36	400
12.	Joao Pedro Monteiro	08	BUZIOS-Coruche	28.37	358
13.	Miguel Ferreira Cruz	08	CLAC-Entroncamento	28.39	358
14.	Stefan Iordan Chele	09	Rio Maior	28.79	343
15.	Dimas Pasichnyuk	09	Rio Maior	29.34	324
16.	David Filipe Pacheco	10	BUZIOS-Coruche	29.38	323
17.	Lorenzo Muniz Silva	06	BUZIOS-Coruche	29.58	316
18.	Joao Miguel Flores	08	Torres Novas	29.60	315
19.	Hugo Miguel Silva	77	BUZIOS-Coruche	29.87	307
20.	Salvador Gomes Serra	08	Torres Novas	30.05	301
21.	Francisco Guilherme Freixeir	08	Rio Maior	30.59	286
22.	Bernardo Marques Fernandes	07	CLAC-Entroncamento	30.69	283
23.	Simao Rocha Silva	07	Gualdim Pais	30.70	283
24.	Francisco Sa Lopes	10	Torres Novas	31.47	262
25.	Afonso Goncalves Leite	10	CLAC-Entroncamento	31.84	253
26.	Tiago Frazao Barra	10	Rio Maior	32.49	238
27.	Lourenco Vicente Geada	10	Torres Novas	33.03	227
28.	Gabriel Sa Chambel	09	CLAC-Entroncamento	34.14	205
29.	Lourenco Manuel Palmeiro	10	BUZIOS-Coruche	35.44	184
30.	Rodrigo Duque Dias	09	CLAC-Entroncamento	35.56	182
31.	Vicente Jose Carrilho	10	BUZIOS-Coruche	36.67	166
32.	Afonso Sa Lopes	10	Torres Novas	38.20	146
33.	Jose Tomas Martins	09	BUZIOS-Coruche	44.61	92
DNS	Joao Francisco Gaspar	08	BUZIOS-Coruche		
DNS	Henrique Manuel Rosa	08	Torres Novas		



Torneio Distrital Nadador Completo
Santar m, 06 e 07 de Maio de 2023

Prova 18	Masc., 50m Mariposa				Absoluto
07/05/2023 - 12:15					Resultados
Recorde Distrital ANDS Absoluto	23.92	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS Sen	23.92	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS 18	25.22	Paulo Vakulyuk	CNTN	Leiria	15/11/2020
Recorde Distrital ANDS 17	25.04	Paulo Vakulyuk	CNTN	Felgueiras	20/12/2019
Recorde Distrital ANDS Juv A	25.50	Paulo Vakulyuk	CNTN	Torres Novas	13/04/2019
Recorde Distrital ANDS Juv B	26.46	Simao Dinis Rosa	CNTN	Torres Novas	15/02/2020
Recorde Distrital ANDS Inf A	27.92	Pedro Diogo Oliveira	CNRM	Benavente	03/02/2002
Recorde Distrital ANDS Inf B	29.83	Miguel Carriço Cruz	SCALAB	Santarem	13/05/2012

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	Luis Miguel Reis	10	Rio Maior	40.75		152	
Infantil A							
1.	Pedro Morgado Costa	09	Rio Maior	34.73		245	
2.	Luis Suissas Rato	09	Clube Nautico de Salvaterra de	39.44		167	
Juvenil B							
1.	Rodolfo Charrua Gago	08	Viver Santarem	29.54		399	
2.	Leonardo Gomes Silva	08	Rio Maior	29.81		388	
3.	Francisco Veloso Coelho	08	Rio Maior	33.86		265	
Junior							
1.	Jose Pinto Cabral	05	Viver Santarem	26.44		556	
Absoluto							
1.	Jose Pinto Cabral	05	Viver Santarem	26.44		556	
2.	Rodolfo Charrua Gago	08	Viver Santarem	29.54		399	
3.	Leonardo Gomes Silva	08	Rio Maior	29.81		388	
4.	Francisco Veloso Coelho	08	Rio Maior	33.86		265	
5.	Pedro Morgado Costa	09	Rio Maior	34.73		245	
6.	Luis Suissas Rato	09	Clube Nautico de Salvaterra de	39.44		167	
7.	Luis Miguel Reis	10	Rio Maior	40.75		152	



Torneio Distrital Nadador Completo
Santar m, 06 e 07 de Maio de 2023

Prova 19 Masc., 50m Bruços Absoluto
07/05/2023 - 12:20 Resultados

Recorde Distrital ANDS Absoluto	29.09	Carlos Daniel Nunes	CNSM	Leiria	11/12/2022
Recorde Distrital ANDS Sen	29.60	Luis Afonso Lopes	VS	Ponte de Sor	30/04/2022
Recorde Distrital ANDS 18	29.09	Carlos Daniel Nunes	CNSM	Leiria	11/12/2022
Recorde Distrital ANDS 17	29.52	Carlos Daniel Nunes	CNSM	Ponte de Sor	30/04/2022
Recorde Distrital ANDS Juv A	30.82	Francisco Costa Nunes	CCDSM	Tomar	18/11/2017
Recorde Distrital ANDS Juv B	31.74	Fabio Miguel Samouco	CNTN	Tomar	01/05/2010
Recorde Distrital ANDS Inf A	32.61	Francisco Costa Nunes	CCDSM	Tomar	19/03/2016
Recorde Distrital ANDS Inf B	34.28	Miguel Carriço Cruz	SCALAB	Entroncamento	20/05/2012

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	Guilherme Gomes Nunes	10	Clube Nautico de Salvaterra de	40.88		227	
2.	Francisco Jose Trincao	10	Torres Novas	41.28		220	
3.	Guilherme Martins Conceicao	10	Viver Santarem	42.56		201	
4.	Tiago Goncalves Vieira	10	Gualdim Pais	44.51		176	
Infantil A							
1.	Dinis Maria Garcia	09	Nautico Abrantes	37.34		298	
2.	Alexandre Miguel Adriano	09	Clube Nautico de Salvaterra de	48.34		137	
Juvenil B							
1.	Martim Silva Oliveira	08	Torres Novas	44.50		176	
Juvenil A							
1.	Daniel Santos Carapeto	07	Nautico Abrantes	34.35		383	
2.	Simao Pedro Oliveira	07	Torres Novas	38.97		262	
Junior							
1.	Bernardo Miguel Evaristo	06	Gualdim Pais	31.79		483	
DNS	Ricardo Filipe Gaboleiro	05	Rio Maior				
Senior							
1.	Luis Afonso Lopes	03	Viver Santarem	29.74		590	
Absoluto							
1.	Luis Afonso Lopes	03	Viver Santarem	29.74		590	
2.	Bernardo Miguel Evaristo	06	Gualdim Pais	31.79		483	
3.	Daniel Santos Carapeto	07	Nautico Abrantes	34.35		383	
4.	Dinis Maria Garcia	09	Nautico Abrantes	37.34		298	
5.	Simao Pedro Oliveira	07	Torres Novas	38.97		262	
6.	Guilherme Gomes Nunes	10	Clube Nautico de Salvaterra de	40.88		227	
7.	Francisco Jose Trincao	10	Torres Novas	41.28		220	
8.	Guilherme Martins Conceicao	10	Viver Santarem	42.56		201	
9.	Martim Silva Oliveira	08	Torres Novas	44.50		176	
10.	Tiago Goncalves Vieira	10	Gualdim Pais	44.51		176	
11.	Alexandre Miguel Adriano	09	Clube Nautico de Salvaterra de	48.34		137	
DNS	Ricardo Filipe Gaboleiro	05	Rio Maior				
EXH	Guilherme Filipe Gaboleiro	05	Rio Maior	31.31		506	



Torneio Distrital Nadador Completo
Santar m, 06 e 07 de Maio de 2023

Prova 20	Masc., 50m Costas				Absoluto
07/05/2023 - 12:20					Resultados
Recorde Distrital ANDS Absoluto	24.97	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	13/12/2013
Recorde Distrital ANDS Sen	24.97	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	13/12/2013
Recorde Distrital ANDS 18	26.29	Afonso Guilherme Rosa	CNTN	Funchal	10/12/2016
Recorde Distrital ANDS 17	27.54	Afonso Guilherme Rosa	CNTN	Tomar	14/11/2015
Recorde Distrital ANDS Juv A	27.00	Paulo Vakulyuk	CNTN	Torres Novas	12/01/2019
Recorde Distrital ANDS Juv B	28.31	Simao Dinis Rosa	CNTN	Santar�m	07/03/2020
Recorde Distrital ANDS Inf A	29.45	Simao Dinis Rosa	CNTN	Torres Novas	13/04/2019
Recorde Distrital ANDS Inf B	32.08	Afonso Guilherme Rosa	SFGP	Cantanhede	22/04/2012

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	Daniel Filipe Jorge	10	Rio Maior	36.08		233	
2.	Frederico Cardoso Oliveira	10	20Km de Almeirim	40.81		161	
Infantil A							
1.	Miguel Silva Lima	09	Nautico Abrantes	35.56		243	
2.	Dinis Rodrigues Inacio	09	Clube Nautico de Salvaterra de	39.55		177	
Juvenil B							
1.	Afonso Bernardo Evaristo	08	Gualdim Pais	30.19		398	
Juvenil A							
1.	Joao Miguel Pinto	07	20Km de Almeirim	31.88		338	
Senior							
1.	Guilherme Pereira Coutinho	03	Viver Santarem	27.60		521	
Absoluto							
1.	Guilherme Pereira Coutinho	03	Viver Santarem	27.60		521	
2.	Afonso Bernardo Evaristo	08	Gualdim Pais	30.19		398	
3.	Joao Miguel Pinto	07	20Km de Almeirim	31.88		338	
4.	Miguel Silva Lima	09	Nautico Abrantes	35.56		243	
5.	Daniel Filipe Jorge	10	Rio Maior	36.08		233	
6.	Dinis Rodrigues Inacio	09	Clube Nautico de Salvaterra de	39.55		177	
7.	Frederico Cardoso Oliveira	10	20Km de Almeirim	40.81		161	