



Torneio Distrital Fundo JUV  
Santarém, 17 e 18 de Novembro de 2018

1 - 1ª Jornada - 1ª Sessão

17-11-2018 - 9:30

Prova 1	Masc., 1500m Livres				Juvenil
17-11-2018 - 9:30					Resultados
Recorde Distrital ANDS Absoluto	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06-12-2009
Recorde Distrital ANDS Juv A	15:50.63	Gustavo Manuel Santa	CNLA	Sines	21-12-2008
Recorde Distrital ANDS Juv B	16:27.54	Pedro Diogo Oliveira	CNRM	Rio Maior	11-07-2003

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
<b>Juvenil B</b>							
1.	Martim Henriques Carvalho	04	Rio Maior	<b>18:08.03</b>		<b>473</b>	
	50m: 34.64 34.64	400m: 4:52.81 1:13.06	800m: 9:42.14 1:12.18	1200m: 14:32.93 1:13.00			
	100m: 1:11.36 36.72	500m: 6:05.53 1:12.72	900m: 10:54.43 1:12.29	1300m: 15:45.89 1:12.96			
	200m: 2:26.53 1:15.17	600m: 7:18.28 1:12.75	1000m: 12:07.53 1:13.10	1400m: 16:58.43 1:12.54			
	300m: 3:39.75 1:13.22	700m: 8:29.96 1:11.68	1100m: 13:19.93 1:12.40	1500m: 18:08.03 1:09.60			
2.	Pedro Nuno Oliveira	04	Torres Novas	<b>18:24.21</b>		<b>453</b>	
	50m: 33.99 33.99	400m: 4:55.78 1:14.69	800m: 9:51.96 1:14.47	1200m: 14:48.17 1:14.08			
	100m: 1:11.24 37.25	500m: 6:09.67 1:13.89	900m: 11:06.64 1:14.68	1300m: 16:01.53 1:13.36			
	200m: 2:26.67 1:15.43	600m: 7:23.42 1:13.75	1000m: 12:20.99 1:14.35	1400m: 17:13.96 1:12.43			
	300m: 3:41.09 1:14.42	700m: 8:37.49 1:14.07	1100m: 13:34.09 1:13.10	1500m: 18:24.21 1:10.25			
3.	Tiago Charrua Gago	04	Rio Maior	<b>18:25.63</b>		<b>451</b>	
	50m: 33.13 33.13	400m: 4:50.80 1:13.64	800m: 9:43.63 1:13.72	1200m: 14:45.98 1:15.85			
	100m: 1:10.38 37.25	500m: 6:03.70 1:12.90	900m: 10:58.59 1:14.96	1300m: 16:01.13 1:15.15			
	200m: 2:24.06 1:13.68	600m: 7:17.48 1:13.78	1000m: 12:14.03 1:15.44	1400m: 17:15.16 1:14.03			
	300m: 3:37.16 1:13.10	700m: 8:29.91 1:12.43	1100m: 13:30.13 1:16.10	1500m: 18:25.63 1:10.47			
4.	Miguel Alexandre Martins	04	BUZIOS-Coruche	<b>18:34.53</b>		<b>440</b>	
	50m: 33.71 33.71	400m: 4:52.96 1:14.75	800m: 9:55.71 1:15.82	1200m: 14:54.81 1:14.28			
	100m: 1:10.53 36.82	500m: 6:08.21 1:15.25	900m: 11:10.28 1:14.57	1300m: 16:08.04 1:13.23			
	200m: 2:36.78 1:26.25	600m: 7:24.03 1:15.82	1000m: 12:25.71 1:15.43	1400m: 17:21.75 1:13.71			
	300m: 3:38.21 1:01.43	700m: 8:39.89 1:15.86	1100m: 13:40.53 1:14.82	1500m: 18:34.53 1:12.78			
5.	Rodrigo Cardoso Fernandes	04	Cartaxo	<b>19:08.79</b>		<b>402</b>	
	50m: 34.72 34.72	400m: 4:58.87 1:16.18	800m: 10:08.22 1:17.60	1200m: 15:19.55 1:18.55			
	100m: 1:11.22 36.50	500m: 6:15.65 1:16.78	900m: 11:25.63 1:17.41	1300m: 16:38.72 1:19.17			
	200m: 2:37.50 1:26.28	600m: 7:33.40 1:17.75	1000m: 12:42.58 1:16.95	1400m: 17:55.83 1:17.11			
	300m: 3:42.69 1:05.19	700m: 8:50.62 1:17.22	1100m: 14:01.00 1:18.42	1500m: 19:08.79 1:12.96			
6.	Joao Marques Ferreira	04	Viver Santarem	<b>19:26.65</b>		<b>384</b>	
	50m: 36.11 36.11	400m: 5:01.43 1:17.32	800m: 10:16.08 1:19.83	1200m: 15:34.43 1:20.50			
	100m: 1:12.00 35.89	500m: 6:18.75 1:17.32	900m: 11:35.65 1:19.57	1300m: 16:53.68 1:19.25			
	200m: 2:27.15 1:15.15	600m: 7:36.72 1:17.97	1000m: 12:54.50 1:18.85	1400m: 18:12.75 1:19.07			
	300m: 3:44.11 1:16.96	700m: 8:56.25 1:19.53	1100m: 14:13.93 1:19.43	1500m: 19:26.65 1:13.90			
7.	Tiago Miguel Mourato	04	Torres Novas	<b>20:04.63</b>		<b>348</b>	
	50m: 35.76 35.76	400m: 5:07.63 1:19.81	800m: 10:31.82 1:21.25	1200m: 16:01.00 1:22.38			
	100m: 1:13.66 37.90	500m: 6:29.38 1:21.75	900m: 11:54.63 1:22.81	1300m: 17:22.70 1:21.70			
	200m: 2:30.22 1:16.56	600m: 7:50.28 1:20.90	1000m: 13:16.82 1:22.19	1400m: 18:45.32 1:22.62			
	300m: 3:47.82 1:17.60	700m: 9:10.57 1:20.29	1100m: 14:38.62 1:21.80	1500m: 20:04.63 1:19.31			
8.	Andre Jesus Gaspar	04	Gualdim Pais	<b>20:16.31</b>		<b>338</b>	
	50m: 36.49 36.49	400m: 5:20.60 1:22.50	800m: 10:50.85 1:22.50	1200m: 16:18.38 1:21.32			
	100m: 1:15.81 39.32	500m: 6:43.35 1:22.75	900m: 12:12.77 1:21.92	1300m: 17:38.85 1:20.47			
	200m: 2:36.06 1:20.25	600m: 8:05.70 1:22.35	1000m: 13:35.10 1:22.33	1400m: 18:57.95 1:19.10			
	300m: 3:58.10 1:22.04	700m: 9:28.35 1:22.65	1100m: 14:57.06 1:21.96	1500m: 20:16.31 1:18.36			
9.	Goncalo Maria Mendonca	04	Viver Santarem	<b>20:40.53</b>		<b>319</b>	
	50m: 38.28 38.28	400m: 5:24.68 1:22.65	800m: 10:56.78 1:24.35	1200m: 16:32.96 1:23.25			
	100m: 1:18.85 40.57	500m: 6:47.03 1:22.35	900m: 12:21.06 1:24.28	1300m: 17:56.53 1:23.57			
	200m: 2:39.56 1:20.71	600m: 8:09.53 1:22.50	1000m: 13:44.28 1:23.22	1400m: 19:20.71 1:24.18			
	300m: 4:02.03 1:22.47	700m: 9:32.43 1:22.90	1100m: 15:09.71 1:25.43	1500m: 20:40.53 1:19.82			



Torneio Distrital Fundo JUV  
Santarém, 17 e 18 de Novembro de 2018

Prova 1, Masc., 1500m Livres, Juvenil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
10.	Jose Miguel Monteiro	04	Gualdim Pais	<b>20:55.22</b>		<b>308</b>	
	50m: 37.19 37.19	400m: 5:24.16 1:24.34	800m: 11:08.04 1:25.56	1200m: 16:49.16 1:23.56			
	100m: 1:16.47 39.28	500m: 6:49.14 1:24.98	900m: 12:36.08 1:28.04	1300m: 18:13.82 1:24.66			
	200m: 2:37.22 1:20.75	600m: 8:15.30 1:26.16	1000m: 14:02.40 1:26.32	1400m: 19:36.33 1:22.51			
	300m: 3:59.82 1:22.60	700m: 9:42.48 1:27.18	1100m: 15:25.60 1:23.20	1500m: 20:55.22 1:18.89			
11.	Ivo Rafael Serra	04	CLAC-Entroncamento	<b>22:47.30</b>		<b>238</b>	
	50m: 40.09 40.09	400m: 5:55.08 1:30.19	800m: 12:00.95 1:30.56	1200m: 18:12.36 1:35.42			
	100m: 1:23.95 43.86	500m: 7:24.92 1:29.84	900m: 13:30.32 1:29.37	1300m: 19:48.36 1:36.00			
	200m: 2:53.20 1:29.25	600m: 8:57.98 1:33.06	1000m: 15:03.18 1:32.86	1400m: 21:22.70 1:34.34			
	300m: 4:24.89 1:31.69	700m: 10:30.39 1:32.41	1100m: 16:36.94 1:33.76	1500m: 22:47.30 1:24.60			
12.	Rui Osvaldo Rocha	04	Juventude Ouriense	<b>23:16.65</b>		<b>223</b>	
	50m: 43.59 43.59	400m: 6:15.86 1:33.57	800m: 12:28.34 1:33.05	1200m: 18:41.29 1:33.32			
	100m: 1:30.59 47.00	500m: 7:50.29 1:34.43	900m: 14:00.19 1:31.85	1300m: 20:14.61 1:33.32			
	200m: 3:07.54 1:36.95	600m: 9:22.69 1:32.40	1000m: 15:34.61 1:34.42	1400m: 21:45.29 1:30.68			
	300m: 4:42.29 1:34.75	700m: 10:55.29 1:32.60	1100m: 17:07.97 1:33.36	1500m: 23:16.65 1:31.36			
13.	Francisco Polonio Alexandre	04	CLAC-Entroncamento	<b>23:55.54</b>		<b>206</b>	
	50m: 42.44 42.44	400m: 6:20.91 1:37.54	800m: 12:44.44 1:35.75	1200m: 19:01.87 1:34.71			
	100m: 1:29.41 46.97	500m: 7:58.22 1:37.31	900m: 14:16.47 1:32.03	1300m: 20:38.72 1:36.85			
	200m: 3:06.22 1:36.81	600m: 9:34.02 1:35.80	1000m: 15:51.44 1:34.97	1400m: 22:17.22 1:38.50			
	300m: 4:43.37 1:37.15	700m: 11:08.69 1:34.67	1100m: 17:27.16 1:35.72	1500m: 23:55.54 1:38.32			
14.	Bernardo Guerra Inacio	04	Juventude Ouriense	<b>24:01.89</b>		<b>203</b>	
	50m: 40.68 40.68	400m: 6:06.93 1:37.54	800m: 12:41.03 1:39.39	1200m: 19:12.25 1:35.00			
	100m: 1:23.75 43.07	500m: 7:44.78 1:37.85	900m: 14:20.46 1:39.43	1300m: 20:50.00 1:37.75			
	200m: 2:54.86 1:31.11	600m: 9:23.03 1:38.25	1000m: 15:59.53 1:39.07	1400m: 22:29.18 1:39.18			
	300m: 4:29.39 1:34.53	700m: 11:01.64 1:38.61	1100m: 17:37.25 1:37.72	1500m: 24:01.89 1:32.71			
15.	Diogo Rafael Antunes	04	CLAC-Entroncamento	<b>25:27.61</b>		<b>171</b>	
	50m: 48.29 48.29	400m: 6:30.14 1:39.12	800m: 13:15.80 1:42.57	1200m: 20:10.00 1:43.11			
	100m: 1:33.26 44.97	500m: 8:11.08 1:40.94	900m: 14:59.64 1:43.84	1300m: 21:54.83 1:44.83			
	200m: 3:11.30 1:38.04	600m: 9:52.58 1:41.50	1000m: 16:42.20 1:42.56	1400m: 23:41.36 1:46.53			
	300m: 4:51.02 1:39.72	700m: 11:33.23 1:40.65	1100m: 18:26.89 1:44.69	1500m: 25:27.61 1:46.25			

Juvenil A

1.	Paulo Vakulyuk	03	Torres Novas	<b>16:40.47</b>		<b>609</b>	
	50m: 31.69 31.69	400m: 4:26.50 1:07.35	800m: 8:53.15 1:06.68	1200m: 13:19.87 1:07.00			
	100m: 1:04.72 33.03	500m: 5:33.58 1:07.08	900m: 9:59.47 1:06.32	1300m: 14:27.00 1:07.13			
	200m: 2:12.15 1:07.43	600m: 6:40.40 1:06.82	1000m: 11:06.12 1:06.65	1400m: 15:34.19 1:07.19			
	300m: 3:19.15 1:07.00	700m: 7:46.47 1:06.07	1100m: 12:12.87 1:06.75	1500m: 16:40.47 1:06.28			
2.	Luis Afonso Lopes	03	Viver Santarem	<b>17:08.69</b>		<b>560</b>	
	50m: 32.22 32.22	400m: 4:28.87 1:08.43	800m: 9:02.97 1:08.25	1200m: 13:40.72 1:09.60			
	100m: 1:05.30 33.08	500m: 5:37.90 1:09.03	900m: 10:11.40 1:08.43	1300m: 14:50.22 1:09.50			
	200m: 2:12.69 1:07.39	600m: 6:46.08 1:08.18	1000m: 11:20.97 1:09.57	1400m: 16:00.08 1:09.86			
	300m: 3:20.44 1:07.75	700m: 7:54.72 1:08.64	1100m: 12:31.12 1:10.15	1500m: 17:08.69 1:08.61			
3.	Guilherme Pereira Coutinho	03	Viver Santarem	<b>17:15.53</b>		<b>549</b>	
	50m: 32.40 32.40	400m: 4:36.47 1:10.65	800m: 9:14.07 1:08.57	1200m: 13:52.11 1:08.08			
	100m: 1:06.65 34.25	500m: 5:46.90 1:10.43	900m: 10:24.28 1:10.21	1300m: 15:02.11 1:10.00			
	200m: 2:16.47 1:09.82	600m: 6:56.75 1:09.85	1000m: 11:33.97 1:09.69	1400m: 16:09.93 1:07.82			
	300m: 3:25.82 1:09.35	700m: 8:05.50 1:08.75	1100m: 12:44.03 1:10.06	1500m: 17:15.53 1:05.60			
4.	Goncalo Magalhaes Cristovac	03	Viver Santarem	<b>17:27.97</b>		<b>529</b>	
	50m: 33.34 33.34	400m: 4:37.26 1:09.82	800m: 9:17.97 1:10.13	1200m: 14:00.55 1:10.39			
	100m: 1:07.55 34.21	500m: 5:47.59 1:10.33	900m: 10:28.97 1:11.00	1300m: 15:10.69 1:10.14			
	200m: 2:17.41 1:09.86	600m: 6:57.72 1:10.13	1000m: 11:40.41 1:11.44	1400m: 16:21.99 1:11.30			
	300m: 3:27.44 1:10.03	700m: 8:07.84 1:10.12	1100m: 12:50.16 1:09.75	1500m: 17:27.97 1:05.98			
5.	Rui Chagas Alves	03	Viver Santarem	<b>17:49.08</b>		<b>499</b>	
	50m: 33.26 33.26	400m: 4:39.89 1:10.89	800m: 9:23.83 1:11.29	1200m: 14:12.51 1:12.65			
	100m: 1:07.70 34.44	500m: 5:50.48 1:10.59	900m: 10:35.67 1:11.84	1300m: 15:25.33 1:12.82			
	200m: 2:17.77 1:10.07	600m: 7:01.08 1:10.60	1000m: 11:47.48 1:11.81	1400m: 16:37.89 1:12.56			
	300m: 3:29.00 1:11.23	700m: 8:12.54 1:11.46	1100m: 12:59.86 1:12.38	1500m: 17:49.08 1:11.19			



Torneio Distrital Fundo JUV  
Santarém, 17 e 18 de Novembro de 2018

Prova 1, Masc., 1500m Livres, Juvenil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
6.	Diogo Bernardo Tome	03	Salvaterra de Magos	<b>17:53.56</b>		<b>492</b>	
	50m: 33.11 33.11	400m: 4:40.28 1:11.32	800m: 9:27.06 1:12.10	1200m: 14:18.04 1:13.11			
	100m: 1:08.11 35.00	500m: 5:51.64 1:11.36	900m: 10:39.53 1:12.47	1300m: 15:30.86 1:12.82			
	200m: 2:18.28 1:10.17	600m: 7:03.11 1:11.47	1000m: 11:51.96 1:12.43	1400m: 16:43.43 1:12.57			
	300m: 3:28.96 1:10.68	700m: 8:14.96 1:11.85	1100m: 13:04.93 1:12.97	1500m: 17:53.56 1:10.13			
7.	Tiago Miguel Jorge	03	Rio Maior	<b>17:53.60</b>		<b>492</b>	
	50m: 33.64 33.64	400m: 4:39.44 1:11.22	800m: 9:26.88 1:12.16	1200m: 14:17.76 1:12.98			
	100m: 1:08.47 34.83	500m: 5:50.94 1:11.50	900m: 10:39.16 1:12.28	1300m: 15:30.53 1:12.77			
	200m: 2:17.85 1:09.38	600m: 7:02.53 1:11.59	1000m: 11:51.66 1:12.50	1400m: 16:43.41 1:12.88			
	300m: 3:28.22 1:10.37	700m: 8:14.72 1:12.19	1100m: 13:04.78 1:13.12	1500m: 17:53.60 1:10.19			
8.	Erik Norbert Vass	03	Rio Maior	<b>17:58.26</b>		<b>486</b>	
	50m: 33.64 33.64	400m: 4:41.07 1:11.62	800m: 9:29.30 1:12.74	1200m: 14:20.32 1:13.00			
	100m: 1:08.44 34.80	500m: 5:52.92 1:11.85	900m: 10:41.44 1:12.14	1300m: 15:33.56 1:13.24			
	200m: 2:18.73 1:10.29	600m: 7:04.48 1:11.56	1000m: 11:53.92 1:12.48	1400m: 16:46.07 1:12.51			
	300m: 3:29.45 1:10.72	700m: 8:16.56 1:12.08	1100m: 13:07.32 1:13.40	1500m: 17:58.26 1:12.19			
9.	Diogo Miguel Matreno	03	Torres Novas	<b>18:31.56</b>		<b>444</b>	
	50m: 36.11 36.11	400m: 4:55.50 1:13.75	800m: 9:52.28 1:14.89	1200m: 14:53.25 1:15.57			
	100m: 1:12.93 36.82	500m: 6:09.25 1:13.75	900m: 11:07.81 1:15.53	1300m: 16:08.04 1:14.79			
	200m: 2:27.28 1:14.35	600m: 7:23.04 1:13.79	1000m: 12:22.89 1:15.08	1400m: 17:21.14 1:13.10			
	300m: 3:41.75 1:14.47	700m: 8:37.39 1:14.35	1100m: 13:37.68 1:14.79	1500m: 18:31.56 1:10.42			
10.	Tomas Miguel Felicio	03	Rio Maior	<b>18:55.20</b>		<b>416</b>	
	50m: 34.27 34.27	400m: 4:57.59 1:15.75	800m: 10:02.04 1:16.36	1200m: 15:07.80 1:16.85			
	100m: 1:11.36 37.09	500m: 6:13.65 1:16.06	900m: 11:18.35 1:16.31	1300m: 16:24.73 1:16.93			
	200m: 2:27.08 1:15.72	600m: 7:29.56 1:15.91	1000m: 12:34.46 1:16.11	1400m: 17:41.14 1:16.41			
	300m: 3:41.84 1:14.76	700m: 8:45.68 1:16.12	1100m: 13:50.95 1:16.49	1500m: 18:55.20 1:14.06			
11.	Duarte Filipe Silva	03	BUZIOS-Coruche	<b>19:03.90</b>		<b>407</b>	
	50m: 35.15 35.15	400m: 4:57.47 1:15.92	800m: 10:04.62 1:17.90	1200m: 15:14.47 1:17.97			
	100m: 1:11.22 36.07	500m: 6:13.72 1:16.25	900m: 11:22.12 1:17.50	1300m: 16:32.00 1:17.53			
	200m: 2:26.37 1:15.15	600m: 7:29.94 1:16.22	1000m: 12:39.22 1:17.10	1400m: 17:50.33 1:18.33			
	300m: 3:41.55 1:15.18	700m: 8:46.72 1:16.78	1100m: 13:56.50 1:17.28	1500m: 19:03.90 1:13.57			
12.	Pedro Maria Santana	03	Torres Novas	<b>19:20.32</b>		<b>390</b>	
	50m: 35.45 35.45	400m: 5:00.39 1:16.44	800m: 10:13.20 1:18.38	1200m: 15:31.82 1:18.50			
	100m: 1:12.32 36.87	500m: 6:19.04 1:18.65	900m: 11:35.89 1:22.69	1300m: 16:49.80 1:17.98			
	200m: 2:28.23 1:15.91	600m: 7:36.57 1:17.53	1000m: 12:53.89 1:18.00	1400m: 18:07.67 1:17.87			
	300m: 3:43.95 1:15.72	700m: 8:54.82 1:18.25	1100m: 14:13.32 1:19.43	1500m: 19:20.32 1:12.65			
13.	Ruben Filipe Carreira	03	Rio Maior	<b>19:51.39</b>		<b>360</b>	
	50m: 37.42 37.42	400m: 5:14.86 1:20.41	800m: 10:40.20 1:21.94	1200m: 16:01.86 1:17.66			
	100m: 1:15.76 38.34	500m: 6:35.86 1:21.00	900m: 12:01.92 1:21.72	1300m: 17:20.20 1:18.34			
	200m: 2:34.54 1:18.78	600m: 7:57.76 1:21.90	1000m: 13:23.10 1:21.18	1400m: 18:36.82 1:16.62			
	300m: 3:54.45 1:19.91	700m: 9:18.26 1:20.50	1100m: 14:44.20 1:21.10	1500m: 19:51.39 1:14.57			
14.	Tomas Antonio Victal	03	20Km de Almeirim	<b>20:48.50</b>		<b>313</b>	
	50m: 35.86 35.86	400m: 5:25.17 1:25.28	800m: 11:03.42 1:25.09	1200m: 16:40.73 1:24.65			
	100m: 1:15.30 39.44	500m: 6:50.14 1:24.97	900m: 12:27.57 1:24.15	1300m: 18:05.91 1:25.18			
	200m: 2:37.08 1:21.78	600m: 8:14.86 1:24.72	1000m: 13:52.20 1:24.63	1400m: 19:28.71 1:22.80			
	300m: 3:59.89 1:22.81	700m: 9:38.33 1:23.47	1100m: 15:16.08 1:23.88	1500m: 20:48.50 1:19.79			
DSQ	Guilherme Marques Mendes	03	Torres Novas				
	<i>SW 10.2 - O (a) atleta não completou o percurso</i>						
EXH	Jose Oliveira Cordeiro	03	Salvaterra de Magos	<b>19:09.46</b>		<b>401</b>	
	50m: 36.84 36.84	400m: 5:15.06 1:19.91	800m: 10:25.53 1:16.49	1200m: 15:25.96 1:16.27			
	100m: 1:15.09 38.25	500m: 6:34.72 1:19.66	900m: 11:40.75 1:15.22	1300m: 16:41.04 1:15.08			
	200m: 2:35.18 1:20.09	600m: 7:52.90 1:18.18	1000m: 12:54.88 1:14.13	1400m: 17:56.38 1:15.34			
	300m: 3:55.15 1:19.97	700m: 9:09.04 1:16.14	1100m: 14:09.69 1:14.81	1500m: 19:09.46 1:13.08			
EXH	Andre Sousa Oliveira	04	Juventude Ouriense	<b>22:32.97</b>		<b>246</b>	
	50m: 39.40 39.40	400m: 5:53.15 1:32.15	800m: 11:57.85 1:31.60	1200m: 18:03.65 1:30.94			
	100m: 1:21.43 42.03	500m: 7:24.75 1:31.60	900m: 13:29.71 1:31.86	1300m: 19:36.15 1:32.50			
	200m: 2:49.50 1:28.07	600m: 8:55.47 1:30.72	1000m: 15:00.25 1:30.54	1400m: 21:06.78 1:30.63			
	300m: 4:21.00 1:31.50	700m: 10:26.25 1:30.78	1100m: 16:32.71 1:32.46	1500m: 22:32.97 1:26.19			



Torneio Distrital Fundo JUV  
Santarém, 17 e 18 de Novembro de 2018

Prova 2  
17-11-2018 - 10:55

Femin., 800m Livres

Juvenil Resultados

Recorde Distrital ANDS Absoluto	9:10.38	Mafalda Sofia Rosa	CNRM	Albufeira	16-12-2017
Recorde Distrital ANDS Juv A	9:10.38	Mafalda Sofia Rosa	CNRM	Albufeira	16-12-2017
Recorde Distrital ANDS Juv B	9:21.21	Ana Rita Boavista	CNLA	Guimarães	09-03-2002

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
-------	------	-----	-------	-------------	-------	-----	--------

Juvenil B

1.	Maria Madalena Bento	05	BUZIOS-Coruche	<b>9:42.47</b>		557	
	50m: 33.55 33.55	300m: 3:36.50 1:13.75	600m: 7:17.87 1:13.65				
	100m: 1:09.47 35.92	400m: 4:50.44 1:13.94	700m: 8:31.37 1:13.50				
	200m: 2:22.75 1:13.28	500m: 6:04.22 1:13.78	800m: 9:42.47 1:11.10				
2.	Catarina Isabel Carlota	05	BUZIOS-Coruche	<b>10:05.24</b>		496	
	50m: 34.67 34.67	300m: 3:43.96 1:16.22	600m: 7:35.74 1:17.47				
	100m: 1:11.52 36.85	400m: 5:01.57 1:17.61	700m: 8:52.17 1:16.43				
	200m: 2:27.74 1:16.22	500m: 6:18.27 1:16.70	800m: 10:05.24 1:13.07				
3.	Ariana Espirito Louro	05	Gualdim Pais	<b>10:34.76</b>		430	
	50m: 36.04 36.04	300m: 3:50.32 1:18.90	600m: 7:53.07 1:21.27				
	100m: 1:13.64 37.60	400m: 5:11.36 1:21.04	700m: 9:15.51 1:22.44				
	200m: 2:31.42 1:17.78	500m: 6:31.80 1:20.44	800m: 10:34.76 1:19.25				
4.	Margarida Claudino Nicolau	05	Torres Novas	<b>10:45.98</b>		408	
	50m: 36.26 36.26	300m: 3:58.64 1:21.90	600m: 8:07.19 1:23.49				
	100m: 1:15.61 39.35	400m: 5:21.23 1:22.59	700m: 9:28.74 1:21.55				
	200m: 2:36.74 1:21.13	500m: 6:43.70 1:22.47	800m: 10:45.98 1:17.24				
5.	Ines Filipa Cotovio	05	Salvaterra de Magos	<b>11:01.75</b>		380	
	50m: 37.97 37.97	300m: 3:56.94 1:21.72	600m: 8:13.62 59.47				
	100m: 1:16.58 38.61	400m: 5:21.47 1:24.53	700m: 9:39.72 1:26.10				
	200m: 2:35.22 1:18.64	500m: 7:14.15 1:52.68	800m: 11:01.75 1:22.03				
6.	Matilde Paulos Branco	05	BUZIOS-Coruche	<b>11:13.28</b>		360	
	50m: 35.36 35.36	300m: 4:03.78 1:26.10	600m: 8:24.50 1:26.85				
	100m: 1:14.93 39.57	400m: 5:31.00 1:27.22	700m: 9:51.22 1:26.72				
	200m: 2:37.68 1:22.75	500m: 6:57.65 1:26.65	800m: 11:13.28 1:22.06				
7.	Carolina Manuela Guia	05	Viver Santarem	<b>11:42.30</b>		317	
	50m: 39.69 39.69	300m: 4:18.72 1:30.00	600m: 8:47.55 1:30.58				
	100m: 1:20.58 40.89	400m: 5:48.44 1:29.72	700m: 10:16.79 1:29.24				
	200m: 2:48.72 1:28.14	500m: 7:16.97 1:28.53	800m: 11:42.30 1:25.51				
DNS	Beatriz Gaspar Nobre	05	Gualdim Pais				
DNS	Matilde Cardoso Pereira	05	Torres Novas				

Juvenil A

1.	Beatriz Maria Freixeiro	04	Rio Maior	<b>9:41.75</b>		559	
	50m: 33.83 33.83	300m: 4:50.53 2:27.28	600m: 7:17.61 1:13.53				
	100m: 1:10.00 36.17	400m: 4:50.53	700m: 8:30.58 1:12.97				
	200m: 2:23.25 1:13.25	500m: 6:04.08 1:13.55	800m: 9:41.75 1:11.17				
2.	Leonor Maria Mira	04	BUZIOS-Coruche	<b>10:06.17</b>		494	
	50m: 34.10 34.10	300m: 3:44.45 1:16.46	600m: 7:36.45 1:17.53				
	100m: 1:10.67 36.57	400m: 5:02.03 1:17.58	700m: 8:53.27 1:16.82				
	200m: 2:27.99 1:17.32	500m: 6:18.92 1:16.89	800m: 10:06.17 1:12.90				
3.	Beatriz Staiger Bento	04	Viver Santarem	<b>10:30.78</b>		438	
	50m: 34.31 34.31	300m: 3:46.62 1:17.87	600m: 7:41.47 1:14.97				
	100m: 1:11.30 36.99	400m: 5:06.22 1:19.60	700m: 9:09.87 1:28.40				
	200m: 2:28.75 1:17.45	500m: 6:26.50 1:20.28	800m: 10:30.78 1:20.91				
4.	Joana Margarida Sousa	04	20Km de Almeirim	<b>10:57.31</b>		387	
	50m: 38.09 38.09	300m: 4:00.78 1:22.11	600m: 8:12.59 1:23.78				
	100m: 1:18.07 39.98	400m: 5:24.39 1:23.61	700m: 9:35.67 1:23.08				
	200m: 2:38.67 1:20.60	500m: 6:48.81 1:24.42	800m: 10:57.31 1:21.64				



Torneio Distrital Fundo JUV  
Santarém, 17 e 18 de Novembro de 2018

Prova 2, Femin., 800m Livres, Juvenil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
5.	Gabriela Graco Duarte	04	20Km de Almeirim	<b>11:17.89</b>		353	
	50m: 38.64 38.64	300m: 4:03.86 1:24.08	600m: 8:27.04 1:28.15				
	100m: 1:18.53 39.89	400m: 5:31.18 1:27.32	700m: 9:52.50 1:25.46				
	200m: 2:39.78 1:21.25	500m: 6:58.89 1:27.71	800m: 11:17.89 1:25.39				
6.	Maria Ines Dias	04	Rio Maior	<b>11:40.56</b>		320	
	50m: 41.62 41.62	300m: 4:19.96 1:28.38	600m: 8:46.74 1:27.69				
	100m: 1:23.99 42.37	400m: 5:49.90 1:29.94	700m: 10:14.34 1:27.60				
	200m: 2:51.58 1:27.59	500m: 7:19.05 1:29.15	800m: 11:40.56 1:26.22				
7.	Diana Filipa Amado	04	Cartaxo	<b>12:17.36</b>		274	
	50m: 39.80 39.80	300m: 4:24.80 1:32.13	600m: 9:09.54 1:36.34				
	100m: 1:22.92 43.12	400m: 5:59.02 1:34.22	700m: 10:44.73 1:35.19				
	200m: 2:52.67 1:29.75	500m: 7:33.20 1:34.18	800m: 12:17.36 1:32.63				
8.	Joana Fernandes Vicente	04	Torres Novas	<b>12:32.42</b>		258	
	50m: 42.58 42.58	300m: 4:37.93 1:34.39	600m: 9:25.44 1:34.98				
	100m: 1:29.42 46.84	400m: 6:12.72 1:34.79	700m: 11:03.15 1:37.71				
	200m: 3:03.54 1:34.12	500m: 7:50.46 1:37.74	800m: 12:32.42 1:29.27				
DNS	Matilde Isabel Macharreu	04	BUZIOS-Coruche				

2 - 2ª Jornada - 2ª Sessão

18-11-2018 - 9:30

Prova 3

Masc., 400m Estilos

Juvenil  
Resultados

18-11-2018 - 9:30

Recorde Distrital ANDS Absoluto	4:25.81	Tiago Filipe Campos	CNRM	Porto	08-12-2017
Recorde Distrital ANDS Juv A	4:40.61	Pedro Diogo Oliveira	CNRM	Tomar	06-03-2004
Recorde Distrital ANDS Juv B	4:44.55	Paulo Vakulyuk	CNTN	Torres Novas	06-05-2018

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Juvenil B							
1.	Martim Henriques Carvalho	04	Rio Maior	<b>5:08.72</b>		443	
	50m: 32.66 32.66	200m: 2:26.02 1:16.43	400m: 5:08.72 1:07.70				
	100m: 1:09.59 36.93	300m: 4:01.02 1:35.00					
2.	Pedro Nuno Oliveira	04	Torres Novas	<b>5:13.10</b>		425	
	50m: 32.03 32.03	200m: 2:32.52 1:22.46	400m: 5:13.10 1:10.79				
	100m: 1:10.06 38.03	300m: 4:02.31 1:29.79					
3.	Tiago Miguel Mourato	04	Torres Novas	<b>5:38.91</b>		335	
	50m: 35.44 35.44	200m: 2:44.91 1:26.75	400m: 5:38.91 1:20.40				
	100m: 1:18.16 42.72	300m: 4:18.51 1:33.60					
4.	Joao Marques Ferreira	04	Viver Santarem	<b>5:39.48</b>		333	
	50m: 34.64 34.64	200m: 2:42.73 1:27.66	400m: 5:39.48 1:14.53				
	100m: 1:15.07 40.43	300m: 4:24.95 1:42.22					
5.	Rodrigo Cardoso Fernandes	04	Cartaxo	<b>5:39.78</b>		332	
	50m: 33.38 33.38	200m: 2:39.09 1:25.31	400m: 5:39.78 1:15.15				
	100m: 1:13.78 40.40	300m: 4:24.63 1:45.54					
6.	Miguel Alexandre Martins	04	BUZIOS-Coruche	<b>5:40.32</b>		331	
	50m: 36.45 36.45	200m: 2:46.92 1:27.22	400m: 5:40.32 1:13.24				
	100m: 1:19.70 43.25	300m: 4:27.08 1:40.16					
7.	Tiago Charrua Gago	04	Rio Maior	<b>5:41.73</b>		327	
	50m: 36.38 36.38	200m: 2:39.28 1:18.55	400m: 5:41.73 1:10.45				
	100m: 1:20.73 44.35	300m: 4:31.28 1:52.00					
8.	Andre Jesus Gaspar	04	Gualdim Pais	<b>5:42.38</b>		325	
	50m: 37.33 37.33	200m: 2:51.86 1:28.82	400m: 5:42.38 1:17.66				
	100m: 1:23.04 45.71	300m: 4:24.72 1:32.86					



Torneio Distrital Fundo JUV  
Santarém, 17 e 18 de Novembro de 2018

Prova 3, Masc., 400m Estilos, Juvenil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
9.	Jose Miguel Monteiro	04	Gualdim Pais	<b>6:15.51</b>		246	
	50m: 40.51 40.51	200m: 3:06.73 1:36.07	400m: 6:15.51 1:22.57				
	100m: 1:30.66 50.15	300m: 4:52.94 1:46.21					
10.	Ivo Rafael Serra	04	CLAC-Entroncamento	<b>6:20.45</b>		237	
	50m: 39.92 39.92	200m: 3:06.95 1:38.72	400m: 6:20.45 1:18.53				
	100m: 1:28.23 48.31	300m: 5:01.92 1:54.97					
11.	Francisco Polonio Alexandre	04	CLAC-Entroncamento	<b>6:20.62</b>		236	
	50m: 37.32 37.32	200m: 3:00.40 1:31.97	400m: 6:20.62 1:25.41				
	100m: 1:28.43 51.11	300m: 4:55.21 1:54.81					
12.	Goncalo Maria Mendonca	04	Viver Santarem	<b>6:25.83</b>		227	
	50m: 42.28 42.28	200m: 3:10.36 1:38.36	400m: 6:25.83 1:23.93				
	100m: 1:32.00 49.72	300m: 5:01.90 1:51.54					
13.	Rui Osvaldo Rocha	04	Juventude Ouriense	<b>6:36.22</b>		209	
	50m: 44.09 44.09	200m: 3:22.44 1:45.65	400m: 6:36.22 1:22.53				
	100m: 1:36.79 52.70	300m: 5:13.69 1:51.25					
14.	Bernardo Guerra Inacio	04	Juventude Ouriense	<b>6:56.82</b>		180	
	50m: 42.54 42.54	200m: 3:21.29 1:40.81	400m: 6:56.82 1:33.96				
	100m: 1:40.48 57.94	300m: 5:22.86 2:01.57					
15.	Diogo Rafael Antunes	04	CLAC-Entroncamento	<b>7:02.16</b>		173	
	50m: 46.56 46.56	200m: 3:42.73 1:57.60	400m: 7:02.16 1:28.56				
	100m: 1:45.13 58.57	300m: 5:33.60 1:50.87					

Juvenil A

1.	Paulo Vakulyuk	03	Torres Novas	<b>4:41.08</b>		588	
	50m: 29.32 29.32	200m: 2:12.82 1:09.12	400m: 4:41.08 1:03.38				
	100m: 1:03.70 34.38	300m: 3:37.70 1:24.88					
2.	Luis Afonso Lopes	03	Viver Santarem	<b>4:56.95</b>		498	
	50m: 31.02 31.02	200m: 2:24.70 1:17.54	400m: 4:56.95 1:09.35				
	100m: 1:07.16 36.14	300m: 3:47.60 1:22.90					
3.	Tiago Miguel Jorge	03	Rio Maior	<b>5:03.02</b>		469	
	50m: 31.26 31.26	200m: 2:26.45 1:19.72	400m: 5:03.02 1:08.70				
	100m: 1:06.73 35.47	300m: 3:54.32 1:27.87					
4.	Goncalo Magalhaes Cristovao	03	Viver Santarem	<b>5:05.66</b>		457	
	50m: 32.44 32.44	200m: 2:26.92 1:17.50	400m: 5:05.66 1:05.97				
	100m: 1:09.42 36.98	300m: 3:59.69 1:32.77					
5.	Diogo Bernardo Tome	03	Salvaterra de Magos	<b>5:11.48</b>		432	
	50m: 33.03 33.03	200m: 2:26.63 1:15.60	400m: 5:11.48 1:10.42				
	100m: 1:11.03 38.00	300m: 4:01.06 1:34.43					
6.	Erik Norbert Vass	03	Rio Maior	<b>5:12.53</b>		427	
	50m: 32.78 32.78	200m: 2:29.04 1:19.94	400m: 5:12.53 1:12.03				
	100m: 1:09.10 36.32	300m: 4:00.50 1:31.46					
7.	Guilherme Pereira Coutinho	03	Viver Santarem	<b>5:15.20</b>		417	
	50m: 32.89 32.89	200m: 2:27.80 1:17.57	400m: 5:15.20 1:07.88				
	100m: 1:10.23 37.34	300m: 4:07.32 1:39.52					
8.	Rui Chagas Alves	03	Viver Santarem	<b>5:15.78</b>		414	
	50m: 31.05 31.05	200m: 2:31.35 1:23.78	400m: 5:15.78 1:12.12				
	100m: 1:07.57 36.52	300m: 4:03.66 1:32.31					
9.	Tomas Miguel Felicio	03	Rio Maior	<b>5:18.18</b>		405	
	50m: 33.78 33.78	200m: 2:35.50 1:22.28	400m: 5:18.18 1:13.65				
	100m: 1:13.22 39.44	300m: 4:04.53 1:29.03					
10.	Pedro Maria Santana	03	Torres Novas	<b>5:21.45</b>		393	
	50m: 34.20 34.20	200m: 2:37.02 1:23.00	400m: 5:21.45 1:16.94				
	100m: 1:14.02 39.82	300m: 4:04.51 1:27.49					



Torneio Distrital Fundo JUV  
Santarém, 17 e 18 de Novembro de 2018

Prova 3, Masc., 400m Estilos, Juvenil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
11.	Diogo Miguel Matreno	03	Torres Novas	<b>5:23.72</b>		385	
	50m: 36.47 36.47	200m: 2:35.83 1:16.86	400m: 5:23.72 1:11.25				
	100m: 1:18.97 42.50	300m: 4:12.47 1:36.64					
12.	Duarte Filipe Silva	03	BUZIOS-Coruche	<b>5:28.24</b>		369	
	50m: 34.00 34.00	200m: 2:33.30 1:17.16	400m: 5:28.24 1:09.40				
	100m: 1:16.14 42.14	300m: 4:18.84 1:45.54					
13.	Tomas Antonio Victal	03	20Km de Almeirim	<b>6:05.25</b>		268	
	50m: 37.85 37.85	200m: 2:54.72 1:31.38	400m: 6:05.25 1:18.69				
	100m: 1:23.34 45.49	300m: 4:46.56 1:51.84					
DSQ	Ruben Filipe Carreira	03	Rio Maior				
	<i>SW 7.6 - O (a) atleta não tocou com as mãos na parede separadas e simultaneamente na viragem aos 300 metros</i>						
DNS	Jose Oliveira Cordeiro	03	Salvaterra de Magos				
DNS	Guilherme Marques Mendes	03	Torres Novas				
EXH	Miguel Filipe Nunes	04	Cartaxo	<b>5:39.60</b>		333	
	50m: 33.54 33.54	200m: 2:39.67 1:26.19	400m: 5:39.60 1:17.74				
	100m: 1:13.48 39.94	300m: 4:21.86 1:42.19					
EXH	Bernardo Boal Duarte	04	Cartaxo	<b>5:59.16</b>		281	
	50m: 38.69 38.69	200m: 3:00.38 1:32.51	400m: 5:59.16 1:19.28				
	100m: 1:27.87 49.18	300m: 4:39.88 1:39.50					
EXH	Rodrigo Sousa Azevedo	03	Cartaxo	<b>6:58.17</b>		178	
	50m: 44.37 44.37	200m: 3:39.58 1:55.40	400m: 6:58.17 1:31.63				
	100m: 1:44.18 59.81	300m: 5:26.54 1:46.96					

Prova 4

Femin., 400m Estilos

Juvenil

18-11-2018 - 10:05

Resultados

Recorde Distrital ANDS Absoluto	5:06.25	Catia Iordan Agostinho	CNRM	Porto	08-12-2017
Recorde Distrital ANDS Juv A	5:12.61	Cátia Iordan Agostinho	CNRN	Guarda	02-12-2016
Recorde Distrital ANDS Juv B	5:16.20	Catia Iordan Agostinho	CNRM	Abrantes	22-11-2015

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Juvenil B							
1.	Maria Madalena Bento	05	BUZIOS-Coruche	<b>5:26.30</b>		499	
	50m: 33.05 33.05	200m: 2:36.15 1:23.98	400m: 5:26.30 1:10.55				
	100m: 1:12.17 39.12	300m: 4:15.75 1:39.60					
2.	Ariana Espirito Louro	05	Gualdim Pais	<b>5:35.42</b>		460	
	50m: 34.51 34.51	200m: 2:40.95 1:26.35	400m: 5:35.42 1:22.66				
	100m: 1:14.60 40.09	300m: 4:12.76 1:31.81					
3.	Catarina Isabel Carlota	05	BUZIOS-Coruche	<b>5:43.60</b>		427	
	50m: 35.42 35.42	200m: 2:47.39 1:27.47	400m: 5:43.60 1:14.40				
	100m: 1:19.92 44.50	300m: 4:29.20 1:41.81					
4.	Margarida Claudino Nicolau	05	Torres Novas	<b>6:05.45</b>		355	
	50m: 35.34 35.34	200m: 2:55.23 1:32.84	400m: 6:05.45 1:24.53				
	100m: 1:22.39 47.05	300m: 4:40.92 1:45.69					
5.	Matilde Paulos Branco	05	BUZIOS-Coruche	<b>6:11.04</b>		339	
	50m: 38.39 38.39	200m: 2:56.73 1:30.66	400m: 6:11.04 1:21.81				
	100m: 1:26.07 47.68	300m: 4:49.23 1:52.50					
6.	Ines Filipa Cotovio	05	Salvaterra de Magos	<b>6:22.29</b>		310	
	50m: 39.70 39.70	200m: 3:01.42 1:33.69	400m: 6:22.29 1:23.65				
	100m: 1:27.73 48.03	300m: 4:58.64 1:57.22					



Torneio Distrital Fundo JUV  
Santar m, 17 e 18 de Novembro de 2018

Prova 4, Femin., 400m Estilos, Juvenil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
DSQ	Carolina Manuela Guia	05	Viver Santarem				
	<i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>						
DNS	Beatriz Gaspar Nobre	05	Gualdim Pais				
DNS	Matilde Cardoso Pereira	05	Torres Novas				

Juvenil A

1.	Beatriz Maria Freixeiro	04	Rio Maior	<b>5:42.88</b>			430
	50m: 37.12 37.12	200m: 2:52.78 1:29.64	400m: 5:42.88 1:11.20				
	100m: 1:23.14 46.02	300m: 4:31.68 1:38.90					
2.	Leonor Maria Mira	04	BUZIOS-Coruche	<b>5:48.51</b>			410
	50m: 38.79 38.79	200m: 2:54.51 1:29.57	400m: 5:48.51 1:15.32				
	100m: 1:24.94 46.15	300m: 4:33.19 1:38.68					
3.	Beatriz Staiger Bento	04	Viver Santarem	<b>5:58.12</b>			378
	50m: 36.59 36.59	200m: 2:51.34 1:28.50	400m: 5:58.12 1:21.90				
	100m: 1:22.84 46.25	300m: 4:36.22 1:44.88					
4.	Joana Margarida Sousa	04	20Km de Almeirim	<b>6:04.39</b>			358
	50m: 37.30 37.30	200m: 2:50.54 1:29.19	400m: 6:04.39 1:20.32				
	100m: 1:21.35 44.05	300m: 4:44.07 1:53.53					
5.	Joana Fernandes Vicente	04	Torres Novas	<b>6:31.73</b>			288
	50m: 43.76 43.76	200m: 3:15.60 1:40.43	400m: 6:31.73 1:28.97				
	100m: 1:35.17 51.41	300m: 5:02.76 1:47.16					
6.	Gabriela Graco Duarte	04	20Km de Almeirim	<b>6:34.08</b>			283
	50m: 47.69 47.69	200m: 3:27.62 1:41.54	400m: 6:34.08 1:25.11				
	100m: 1:46.08 58.39	300m: 5:08.97 1:41.35					
7.	Diana Filipa Amado	04	Cartaxo	<b>6:57.21</b>			239
	50m: 43.34 43.34	200m: 3:17.75 1:39.60	400m: 6:57.21 1:35.16				
	100m: 1:38.15 54.81	300m: 5:22.05 2:04.30					
DNS	Matilde Isabel Macharreu	04	BUZIOS-Coruche				
DNS	Rafaela Canano Silva	04	Cartaxo				