



Jornada Abertura Categorias
Entroncamento, 11-10-2026

1 - 1ª SESSÃO

11/10/2026 - 9:30

Prova 1 400m Estilos 13 anos e mais velhos
11/10/2026 - 9:30 Resultados

INF A Inf A Femin.: 7:06.00; Inf A Masc.: 7:00.00 / INF B Inf B Femin.: 7:40.00; Inf B Masc.: 7:28.00 / JUV A Juv A Femin.: 6:45.00; Juv A Masc.: 6:35.00 / JUV B Juv B Femin.: 7:00.00; Juv B Masc.: 6:48.00 / JUN+ SEN 17 + Femin.: 6:35.00; Jun/Sen Masc.: 6:30.00

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
Absoluto, Femin.			
1. Matilde Casimiro Bibi	12 BUZIOS-Coruche	5:27.32	
50m: 33.73 33.73 100m: 1:15.11 41.38 400m: 5:27.32 4:12.21			
2. Sofia Barroca Pereira	11 BUZIOS-Coruche	5:37.57	
50m: 35.67 35.67 100m: 1:21.06 45.39 400m: 5:37.57 4:16.51			
3. Leonor Sombreiro Martins	10 BUZIOS-Coruche	5:43.19	
50m: 34.16 34.16 100m: 1:15.44 41.28 400m: 5:43.19 4:27.75			
4. Leonor Marques Carvalho	09 Rio Maior	5:56.94	
50m: 37.98 37.98 100m: 1:24.24 46.26 400m: 5:56.94 4:32.70			
5. Alicia Lopes Deep	12 BUZIOS-Coruche	6:00.20	
50m: 37.22 37.22 100m: 1:23.34 46.12 400m: 6:00.20 4:36.86			
6. Rita Lino Ferreira	11 BUZIOS-Coruche	6:04.76	
50m: 40.02 40.02 100m: 1:27.76 47.74 400m: 6:04.76 4:37.00			
7. Ines Santos Pina	12 CLAC-Entroncamento	6:43.35	
50m: 41.88 41.88 100m: 1:32.88 51.00 400m: 6:43.35 5:10.47			
8. Joana Verissimo Tavares	12 CLAC-Entroncamento	6:52.18	
50m: 44.73 44.73 100m: 1:39.81 55.08 400m: 6:52.18 5:12.37			
9. Catarina Leonor Pereira	11 CLAC-Entroncamento	7:00.94	
FTLS 50m: 43.48 43.48 100m: 1:36.11 52.63 400m: 7:00.94 5:24.83			
10. Mafalda Ines Martinho	13 CLAC-Entroncamento	7:11.18	
FTLS 50m: 50.03 50.03 100m: 1:47.67 57.64 400m: 7:11.18 5:23.51			
11. Iris Figueiredo Silva	14 Rio Maior	7:26.41	
50m: 47.66 47.66 100m: 1:49.54 1:01.88 200m: 3:43.98 1:54.44 400m: 7:26.41 3:42.43			
12. Madalena Paula Vieira	14 Rio Maior	7:40.84	
FTLS 50m: 47.31 47.31 100m: 1:46.32 59.01 200m: 3:44.39 1:58.07 400m: 7:40.84 3:56.45			
DSQ Leonor Chambel Santos	13 Nautico Abrantes		
SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso			
DSQ Carolina Marques Ribeiro	13 Rio Maior		
SW 7.2 - O (a) atleta não efectuou o ciclo completo de braçada seguida de pernada de braços			

Absoluto, Masc.

1. Daniel Filipe Jorge	10 Rio Maior	5:07.96
50m: 30.54 30.54 100m: 1:06.61 36.07 400m: 5:07.96 4:01.35		
2. Matias Rafael Pacheco	12 BUZIOS-Coruche	5:31.49
50m: 34.20 34.20 100m: 1:15.26 41.06 400m: 5:31.49 4:16.23		
3. Martim Rocha Silva	12 Gualdim Pais	5:37.63
50m: 37.85 37.85 100m: 1:23.79 45.94 400m: 5:37.63 4:13.84		



Jornada Abertura Categorias
Entroncamento, 11-10-2026

Prova 1, Masc., 400m Estilos, Absoluto

Lugar					Ano					Tempo final	Pts
4.	Rodrigo Miranda Rosa				12	Uniao Samorense				5:50.15	
	50m:	34.85	34.85	100m:	1:17.67	42.82	400m:	5:50.15	4:32.48		
5.	Goncalo Pato Mateus				13	Uniao Samorense				5:54.19	
	50m:	34.76	34.76	100m:	1:16.28	41.52	400m:	5:54.19	4:37.91		
6.	Diogo Silva Neves				14	Clube Nautico de Salvaterra de				5:58.71	
	50m:	37.04	37.04	100m:	1:20.71	43.67	200m:	2:54.81	1:34.10	400m:	5:58.71 3:03.90
7.	Rodrigo Iordan Chele				14	Rio Maior				6:09.75	
	50m:	42.05	42.05	100m:	1:34.49	52.44	200m:	3:03.11	1:28.62	400m:	6:09.75 3:06.64
8.	Rafael Jose Isidoro				13	Rio Maior				6:27.15	
	50m:	42.61	42.61	100m:	1:34.38	51.77	400m:	6:27.15	4:52.77		
9.	Rafael Qua Lopes				14	Uniao Samorense				6:33.07	
	50m:	41.92	41.92	100m:	1:34.43	52.51	200m:	3:16.30	1:41.87	400m:	6:33.07 3:16.77
10.	Afonso Jose Coentro				13	Gualdim Pais				7:03.20	
	FTLS										
	50m:	46.61	46.61	100m:	1:43.11	56.50	200m:	3:38.11	1:55.00	400m:	7:03.20 3:25.09
11.	Nikolas Shpil Havriliuc				14	Rio Maior				7:17.86	
	50m:	48.07	48.07	100m:	1:49.67	1:01.60	200m:	3:41.00	1:51.33	400m:	7:17.86 3:36.86
DSQ	Daniel Silva Fernandes				14	CLAC-Entroncamento					
	SW 11.61. O atleta não cobriu 1/4 da distância.										

Prova 2

Masc., 100m Costas

Absoluto

11/10/2026 - 10:00

Resultados

INF A Inf A: 1:31.00 / INF B Inf B: 1:40.00 / JUN+ SEN Jun/Sen: 1:19.00 / JUV A Juv A: 1:21.00 / JUV B Juv B: 1:26.00

Pontos: AQUA 2026

Lugar					Ano					Tempo final	Pts
1.	Francisco Grave Reis				12	Rio Maior				1:03.72	
	50m:	30.90	30.90	100m:	1:03.72	32.82					
2.	Miguel Silva Lima				09	Nautico Abrantes				1:04.94	
	50m:	30.43	30.43	100m:	1:04.94	34.51					
3.	Gabriel Antunes Ramos				09	Rio Maior				1:07.07	
	50m:	32.17	32.17	100m:	1:07.07	34.90					
4.	Luis Suissas Rato				09	Clube Nautico de Salvaterra de				1:08.38	
	50m:	32.85	32.85	100m:	1:08.38	35.53					
5.	Manuel Maria Moniz				11	20Km de Almeirim				1:08.65	
	50m:	33.51	33.51	100m:	1:08.65	35.14					
6.	Luis Miguel Reis				10	Rio Maior				1:08.92	
	50m:	33.63	33.63	100m:	1:08.92	35.29					
7.	Guilherme Martins Conceicao				10	Viver Santarem				1:10.66	
	50m:	33.54	33.54	100m:	1:10.66	37.12					
8.	Tiago Frazao Barra				10	Rio Maior				1:12.23	
	50m:	35.00	35.00	100m:	1:12.23	37.23					
9.	Andre Guilherme Anastacio				10	Nautico Abrantes				1:12.64	
	50m:	34.47	34.47	100m:	1:12.64	38.17					
10.	Bernardo Marques Fernandes				07	CLAC-Entroncamento				1:14.18	
	50m:	36.15	36.15	100m:	1:14.18	38.03					



Jornada Abertura Categorias
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Prova 2, Masc., 100m Costas, Absoluto

Lugar						Ano		Tempo final	Pts
11.	Guilherme Gomes Nunes					10	Clube Nautico de Salvaterra de	1:14.75	
	50m:	36.37	36.37	100m:	1:14.75	38.38			
12.	Santiago Raposo Fernandes					12	20Km de Almeirim	1:15.75	
	50m:	37.17	37.17	100m:	1:15.75	38.58			
13.	Rodrigo Iordan Chele					14	Rio Maior	1:16.20	
	50m:	37.30	37.30	100m:	1:16.20	38.90			
14.	Matias Rafael Pacheco					12	BUZIOS-Coruche	1:16.75	
	50m:	38.11	38.11	100m:	1:16.75	38.64			
15.	Afonso Ferreira Cruz					12	CLAC-Entroncamento	1:18.32	
	50m:	38.61	38.61	100m:	1:18.32	39.71			
16.	Sandro Jose Tomas					12	BUZIOS-Coruche	1:19.00	
	50m:	34.53	34.53	100m:	1:19.00	44.47			
17.	Eduardo Domingos Rosa					11	BUZIOS-Coruche	1:20.10	
	50m:	39.57	39.57	100m:	1:20.10	40.53			
18.	Gabriel Antonio Marques					11	Nautico Abrantes	1:20.41	
19.	Afonso Gil Campos					13	CLAC-Entroncamento	1:22.18	
	50m:	41.25	41.25	100m:	1:22.18	40.93			
20.	Carlos Silvestre Lourenco					13	BUZIOS-Coruche	1:22.26	
	50m:	39.37	39.37	100m:	1:22.26	42.89			
21.	Vicente Jose Carrilho					10	BUZIOS-Coruche	1:22.50	
	FTLS								
	50m:	35.07	35.07	100m:	1:22.50	47.43			
22.	Salvador Miguel Silva					11	Viver Santarem	1:23.01	
	FTLS								
	50m:	40.79	40.79	100m:	1:23.01	42.22			
23.	Vicente Manuel Nunes					13	Clube Nautico de Salvaterra de	1:23.26	
	50m:	40.43	40.43	100m:	1:23.26	42.83			
24.	Rafael Jose Isidoro					13	Rio Maior	1:23.63	
	50m:	40.61	40.61	100m:	1:23.63	43.02			
25.	Lourenco Borges Rosa					13	Gualdim Pais	1:24.83	
	50m:	41.24	41.24	100m:	1:24.83	43.59			
26.	Diogo Marques Coelho					13	Gualdim Pais	1:25.01	
	50m:	43.36	43.36	100m:	1:25.01	41.65			
27.	Vasco Miguel Gomes					14	Clube Nautico de Salvaterra de	1:25.66	
	50m:	40.32	40.32	100m:	1:25.66	45.34			
	Salvador Martim Quiterio					13	Clube Nautico de Salvaterra de	1:25.66	
	50m:	41.95	41.95	100m:	1:25.66	43.71			
29.	Guilherme Ferreira Leitao					10	Viver Santarem	1:26.39	
	FTLS								
	50m:	41.42	41.42	100m:	1:26.39	44.97			
30.	Martim Silva Bernardo					12	Viver Santarem	1:27.71	
	FTLS								
	50m:	43.16	43.16	100m:	1:27.71	44.55			
31.	Eduardo Agostinho Duque					13	20Km de Almeirim	1:28.56	
	50m:	43.42	43.42	100m:	1:28.56	45.14			
32.	Santiago Tacao Ribeiro					13	Viver Santarem	1:29.12	
	50m:	43.73	43.73	100m:	1:29.12	45.39			



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Prova 2, Masc., 100m Costas, Absoluto

Lugar				Ano		Tempo final	Pts
33.	Leonardo Casimiro Bibi	14	BUZIOS-Coruche			1:31.81	
	50m: 44.05 44.05	100m: 1:31.81	47.76				
34.	Joao Francisco Monteiro	12	BUZIOS-Coruche			1:33.87	
	FTLS						
	50m: 45.73 45.73	100m: 1:33.87	48.14				
35.	Leonardo Del Sasso Cebrian	13	20Km de Almeirim			1:34.50	
	FTLS						
	50m: 46.49 46.49	100m: 1:34.50	48.01				
36.	Antonio Abreu Silva	14	Clube Nautico de Salvaterra de			1:35.39	
	50m: 46.27 46.27	100m: 1:35.39	49.12				
37.	Alexandre Pinto Zahari	13	20Km de Almeirim			1:37.07	
	FTLS						
	50m: 47.49 47.49	100m: 1:37.07	49.58				
38.	Renato Miguel Campos	14	Rio Maior			1:41.07	
	FTLS						
	50m: 47.28 47.28	100m: 1:41.07	53.79				
39.	Diogo Laco Duarte	14	CLAC-Entroncamento			1:46.78	
	FTLS						
	50m: 49.88 49.88	100m: 1:46.78	56.90				
DSQ	Nikolas Shpil Havriliuc	14	Rio Maior				
	<i>SW 6.4 - O (a) atleta não efectua a viragem dos 50 metros após terminar o movimento contínuo de braços</i>						
DNS	Joao Pedro Rosa	90	CLAC-Entroncamento				

Prova 3

Femin., 100m Costas

Absoluto

11/10/2026 - 10:20

Resultados

INF A Inf A: 1:38.00 / INF B Inf B: 1:45.00 / JUN+ SEN 17 +: 1:28.00 / JUV A Juv A: 1:32.00 / JUV B Juv B: 1:34.00

Pontos: AQUA 2026

Lugar				Ano		Tempo final	Pts
1.	Adriana Giles Lopez	04	Rio Maior			1:10.59	
	50m: 33.79 33.79	100m: 1:10.59	36.80				
2.	Matilde Casimiro Bibi	12	BUZIOS-Coruche			1:12.50	
	50m: 35.54 35.54	100m: 1:12.50	36.96				
3.	Diana Marques Maquilao	12	Clube Nautico de Salvaterra de			1:16.38	
	50m: 32.73 32.73	100m: 1:16.38	43.65				
4.	Lara Paixao Silva	10	Rio Maior			1:16.45	
	50m: 36.49 36.49	100m: 1:16.45	39.96				
5.	Eveline Sergiu Spac	13	BUZIOS-Coruche			1:16.66	
	50m: 37.45 37.45	100m: 1:16.66	39.21				
6.	Benedita Maria Lagarinhos	11	Viver Santarem			1:18.47	
	50m: 37.75 37.75	100m: 1:18.47	40.72				
7.	Valentina Rodrigues Feijao	13	Clube Nautico de Salvaterra de			1:18.59	
	50m: 38.54 38.54	100m: 1:18.59	40.05				
8.	Margarida Madeira Pires	12	Rio Maior			1:18.79	
	50m: 38.60 38.60	100m: 1:18.79	40.19				

Prova 3, Femin., 100m Costas, Absoluto

Lugar				Ano		Tempo final	Pts
9.	Rita Balsa Alves			12	BUZIOS-Coruche	1:19.01	
	50m: 38.79 38.79	100m: 1:19.01	40.22				
10.	Petra Rodrigues Duarte			12	Rio Maior	1:20.29	
	50m: 38.50 38.50	100m: 1:20.29	41.79				
11.	Catarina Isabel Carlota			05	BUZIOS-Coruche	1:20.38	
	50m: 39.05 39.05	100m: 1:20.38	41.33				
12.	Matilde Abelho Vaz			12	CLAC-Entroncamento	1:21.52	
	50m: 39.19 39.19	100m: 1:21.52	42.33				
13.	Marta Costa Soares			12	Uniao Samoreense	1:21.64	
	50m: 38.96 38.96	100m: 1:21.64	42.68				
14.	Debora Sofia Santos			10	Rio Maior	1:21.90	
	50m: 39.52 39.52	100m: 1:21.90	42.38				
15.	Maria Vitoria Martinho			12	Gualdim Pais	1:24.63	
	50m: 40.73 40.73	100m: 1:24.63	43.90				
16.	Maria Francisca Pinheiro			12	Nautico Abrantes	1:25.39	
	50m: 41.25 41.25	100m: 1:25.39	44.14				
17.	Sonia Conceicao Gomes			12	Gualdim Pais	1:26.03	
	50m: 42.30 42.30	100m: 1:26.03	43.73				
18.	Marta Bento Ferreira			13	Viver Santarem	1:26.07	
	50m: 42.61 42.61	100m: 1:26.07	43.46				
19.	Maria Carolina Fidalgo			13	Viver Santarem	1:26.75	
	50m: 43.00 43.00	100m: 1:26.75	43.75				
20.	Maria Pais Santos			12	BUZIOS-Coruche	1:28.02	
	50m: 42.67 42.67	100m: 1:28.02	45.35				
21.	Maria Teresa Marques			14	BUZIOS-Coruche	1:29.24	
	50m: 43.56 43.56	100m: 1:29.24	45.68				
22.	Catarina Leonor Pereira			11	CLAC-Entroncamento	1:30.89	
	50m: 44.58 44.58	100m: 1:30.89	46.31				
23.	Madalena Bras Salgado			10	Viver Santarem	1:30.99	
	<i>FTLS</i>						
	50m: 44.76 44.76	100m: 1:30.99	46.23				
24.	Joana Verissimo Tavares			12	CLAC-Entroncamento	1:31.66	
	50m: 44.20 44.20	100m: 1:31.66	47.46				
25.	Mariana Pereira Preto			14	CLAC-Entroncamento	1:31.68	
	50m: 44.48 44.48	100m: 1:31.68	47.20				
26.	Carolina Marques Ribeiro			13	Rio Maior	1:31.75	
	50m: 44.49 44.49	100m: 1:31.75	47.26				
27.	Laura Domingues Burgal			14	Clube Nautico de Salvaterra de	1:32.59	
	50m: 43.58 43.58	100m: 1:32.59	49.01				
28.	Ines Santos Pina			12	CLAC-Entroncamento	1:33.26	
	50m: 45.67 45.67	100m: 1:33.26	47.59				
	Leonor Chambel Santos			13	Nautico Abrantes	1:33.26	
	50m: 46.67 46.67	100m: 1:33.26	46.59				
30.	Matilde Teodoro Batista			14	Nautico Abrantes	1:35.07	
31.	Maria Leonor Serodio			12	Viver Santarem	1:35.82	
	<i>FTLS</i>						
	50m: 46.64 46.64	100m: 1:35.82	49.18				



Jornada Abertura Categorias
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Prova 3, Femin., 100m Costas, Absoluto

Lugar	Ano	Tempo final	Pts
32. Maria Goncalves Silva 50m: 46.79 46.79 100m: 1:36.32 49.53	14 Nautico Abrantes	1:36.32	
33. Maria Leonor Rodrigues 50m: 47.45 47.45 100m: 1:37.81 50.36	14 20Km de Almeirim	1:37.81	
34. Madalena Paula Vieira 50m: 48.11 48.11 100m: 1:38.96 50.85	14 Rio Maior	1:38.96	
35. Eva Sal Gabirra 50m: 48.98 48.98 100m: 1:40.45 51.47	14 20Km de Almeirim	1:40.45	
36. Iris Figueiredo Silva 50m: 48.34 48.34 100m: 1:42.64 54.30	14 Rio Maior	1:42.64	
37. Clara Balsa Alves FTLS 50m: 51.25 51.25 100m: 1:46.89 55.64	14 BUZIOS-Coruche	1:46.89	
38. Iris Felix Eusebio FTLS 50m: 52.61 52.61 100m: 1:53.32 1:00.71	12 Rio Maior	1:53.32	
DSQ Ines Silva Lima SW 4.4 - Falsa partida	09 Nautico Abrantes		
DSQ Laura Sofia Graca SW 10.2 - O (a) atleta não completou o percurso	12 Uniao Samorense		
DSQ Romina Isabel Rojas SW 10.2 - O (a) atleta não completou o percurso	12 Uniao Samorense		

Prova 4

Masc., 100m Mariposa

Absoluto

11/10/2026 - 10:35

Resultados

INF A Inf A: 1:42.50 / INF B Inf B: 1:49.00 / JUN+ SEN Jun/Sen: 1:19.00 / JUV A Juv A: 1:27.00 / JUV B Juv B: 1:35.00

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Luis Suissas Rato 50m: 28.54 28.54 100m: 1:01.63 33.09	09 Clube Nautico de Salvaterra de	1:01.63	
2. Pedro Morgado Costa 50m: 29.79 29.79 100m: 1:03.26 33.47	09 Rio Maior	1:03.26	
3. Yusuf Marwan Abdullah 50m: 29.61 29.61 100m: 1:05.38 35.77	08 Rio Maior	1:05.38	
4. Miguel Ferreira Cruz 50m: 29.89 29.89 100m: 1:06.06 36.17	08 CLAC-Entroncamento	1:06.06	
5. Leonardo Gomes Silva 50m: 31.76 31.76 100m: 1:09.06 37.30	08 Rio Maior	1:09.06	
6. Rodolfo Charrua Gago 50m: 29.83 29.83 100m: 1:09.15 39.32	08 Viver Santarem	1:09.15	
7. Artur Alexandre Silva 50m: 33.36 33.36 100m: 1:10.32 36.96	11 20Km de Almeirim	1:10.32	
8. Luis Miguel Reis 50m: 33.88 33.88 100m: 1:10.54 36.66	10 Rio Maior	1:10.54	
9. Martim Miguel Santos 50m: 33.05 33.05 100m: 1:11.20 38.15	11 Rio Maior	1:11.20	



Jornada Abertura Categorias
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Prova 4, Masc., 100m Mariposa, Absoluto

Lugar	Ano	Tempo final	Pts
10. Heliodoro Joao Sombreiro 50m: 33.24 33.24 100m: 1:12.59	11 BUZIOS-Coruche	1:12.59	39.35
11. Andre Guilherme Anastacio 50m: 33.49 33.49 100m: 1:13.14	10 Nautico Abrantes	1:13.14	39.65
12. Sebastiao Maria Borlinhas 50m: 32.67 32.67 100m: 1:13.45	11 BUZIOS-Coruche	1:13.45	40.78
13. Miguel Silva Lima 50m: 31.97 31.97 100m: 1:13.47	09 Nautico Abrantes	1:13.47	41.50
14. Rodrigo Miranda Rosa 50m: 34.38 34.38 100m: 1:14.41	12 Uniao Samorense	1:14.41	40.03
15. Goncalo Pato Mateus 50m: 34.42 34.42 100m: 1:14.94	13 Uniao Samorense	1:14.94	40.52
16. Guilherme Gomes Nunes 50m: 33.45 33.45 100m: 1:14.95	10 Clube Nautico de Salvaterra de	1:14.95	41.50
17. Vicente Jose Carrilho 50m: 36.17 36.17 100m: 1:15.58	10 BUZIOS-Coruche	1:15.58	39.41
18. Lourenco Filipe Costa 50m: 36.24 36.24 100m: 1:17.96	12 20Km de Almeirim	1:17.96	41.72
19. Antonio Francisco Rouxinol 50m: 35.73 35.73 100m: 1:19.45	11 BUZIOS-Coruche	1:19.45	43.72
20. Gabriel Antonio Marques 50m: 36.11 36.11 100m: 1:19.57	11 Nautico Abrantes	1:19.57	43.46
21. Eduardo Domingos Rosa 50m: 36.39 36.39 100m: 1:20.58	11 BUZIOS-Coruche	1:20.58	44.19
22. Salvador Miguel Silva 50m: 36.79 36.79 100m: 1:22.79	11 Viver Santarem	1:22.79	46.00
23. Carlos Silvestre Lourenco 50m: 38.61 38.61 100m: 1:22.81	13 BUZIOS-Coruche	1:22.81	44.20
24. Tomas Miguel Madeira 50m: 36.75 36.75 100m: 1:23.72	13 20Km de Almeirim	1:23.72	46.97
25. Sandro Jose Tomas 50m: 38.68 38.68 100m: 1:26.26	12 BUZIOS-Coruche	1:26.26	47.58
26. Martim Silva Bernardo 50m: 39.96 39.96 100m: 1:26.85	12 Viver Santarem	1:26.85	46.89
27. Vicente Manuel Nunes 50m: 39.54 39.54 100m: 1:27.75	13 Clube Nautico de Salvaterra de	1:27.75	48.21
28. Rafael Qua Lopes 50m: 40.81 40.81 100m: 1:30.99	14 Uniao Samorense	1:30.99	50.18
29. Salvador Martim Quiterio 50m: 43.59 43.59 100m: 1:32.02	13 Clube Nautico de Salvaterra de	1:32.02	48.43
30. Afonso Gil Campos 50m: 42.67 42.67 100m: 1:33.65	13 CLAC-Entroncamento	1:33.65	50.98
31. Vasco Miguel Gomes 50m: 41.81 41.81 100m: 1:33.89	14 Clube Nautico de Salvaterra de	1:33.89	52.08
32. Antonio Abreu Silva 50m: 46.98 46.98 100m: 1:43.45	14 Clube Nautico de Salvaterra de	1:43.45	56.47



Jornada Abertura Categorias
Entroncamento, 11-10-2026

Prova 4, Masc., 100m Mariposa, Absoluto

Lugar	Ano	Tempo final	Pts
33. Diogo Laco Duarte FTLS	14 CLAC-Entroncamento	2:04.45	
50m: 54.46 54.46 100m: 2:04.45 1:09.99			
DNS Guilherme Ferreira Leitaó	10 Viver Santarem		

Prova 5

Femin., 100m Mariposa

Absoluto

11/10/2026 - 10:45

Resultados

INF A Inf A: 1:50.00 / INF B Inf B: 1:53.00 / JUN+ SEN 17 +: 1:30.00 / JUV A Juv A: 1:36.00 / JUV B Juv B: 1:48.00

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Lia Pereira Lopes	09 Rio Maior	1:12.03	
50m: 33.16 33.16 100m: 1:12.03 38.87			
2. Maria Eduarda Parente	10 Viver Santarem	1:17.68	
50m: 33.66 33.66 100m: 1:17.68 44.02			
3. Eveline Sergiu Spac	13 BUZIOS-Coruche	1:18.15	
50m: 36.36 36.36 100m: 1:18.15 41.79			
4. Alicia Lopes Deep	12 BUZIOS-Coruche	1:20.38	
50m: 36.17 36.17 100m: 1:20.38 44.21			
5. Valentina Rodrigues Feijao	13 Clube Nautico de Salvaterra de	1:20.39	
50m: 36.81 36.81 100m: 1:20.39 43.58			
6. Diana Marques Maquilao	12 Clube Nautico de Salvaterra de	1:23.13	
50m: 37.73 37.73 100m: 1:23.13 45.40			
7. Catarina Isabel Galvao	09 BUZIOS-Coruche	1:23.44	
50m: 38.45 38.45 100m: 1:23.44 44.99			
8. Maria Teresa Marques	14 BUZIOS-Coruche	1:25.35	
50m: 39.39 39.39 100m: 1:25.35 45.96			
9. Rita Lino Ferreira	11 BUZIOS-Coruche	1:26.34	
50m: 40.12 40.12 100m: 1:26.34 46.22			
10. Ana Leonor Lopes	12 Rio Maior	1:27.07	
50m: 38.49 38.49 100m: 1:27.07 48.58			
11. Matilde Abelho Vaz	12 CLAC-Entroncamento	1:27.30	
50m: 39.98 39.98 100m: 1:27.30 47.32			
12. Maria Francisca Pinheiro	12 Nautico Abrantes	1:27.70	
50m: 39.50 39.50 100m: 1:27.70 48.20			
13. Maria Pais Santos	12 BUZIOS-Coruche	1:29.39	
50m: 41.43 41.43 100m: 1:29.39 47.96			
14. Marta Costa Soares	12 Uniao Samorense	1:30.84	
50m: 41.42 41.42 100m: 1:30.84 49.42			
15. Laura Domingues Bural	14 Clube Nautico de Salvaterra de	1:34.69	
50m: 41.79 41.79 100m: 1:34.69 52.90			
16. Beatriz Isabel Moura FTLS	11 Nautico Abrantes	1:40.01	
50m: 44.54 44.54 100m: 1:40.01 55.47			
17. Clara Balsa Alves	14 BUZIOS-Coruche	1:46.07	
50m: 44.94 44.94 100m: 1:46.07 1:01.13			



Jornada Abertura Categorias
Entroncamento, 11-10-2026

Prova 5, Femin., 100m Mariposa, Absoluto

Lugar	Ano	Tempo final	Pts
DSQ Laura Sofia Graca	12 Uniao Samorense		
SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso			
DSQ Esther Hadassa Rocha	13 Viver Santarem		
SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso			

Prova 6 800m Livres 13 anos e mais velhos
11/10/2026 - 10:55 Resultados

INF A Inf A Femin.: 13:17.90; Inf A Masc.: 12:20.00 / INF B Inf B Femin.: 14:00.00; Inf B Masc.: 13:10.00 /
JUV A Juv A Femin.: 12:41.00; Juv A Masc.: 10:58.00 / JUV B Juv B Femin.: 13:00.90; Juv B Masc.: 11:20.00 /
JUN+ SEN 17 + Femin.: 12:16.00; Jun/Sen Masc.: 10:34.00

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
Absoluto, Femin.			
1. Sofia Barroca Pereira	11 BUZIOS-Coruche	9:50.92	
50m: 34.09 34.09 200m: 2:24.28 1:14.07 800m: 9:50.92 4:57.03			
100m: 1:10.21 36.12 400m: 4:53.89 2:29.61			
2. Leonor Sombreiro Martins	10 BUZIOS-Coruche	10:04.21	
50m: 33.24 33.24 200m: 2:24.49 1:15.06 800m: 10:04.21 5:05.97			
100m: 1:09.43 36.19 400m: 4:58.24 2:33.75			
3. Rita Balsa Alves	12 BUZIOS-Coruche	10:28.16	
50m: 35.20 35.20 200m: 2:32.15 1:19.17 800m: 10:28.16 5:14.43			
100m: 1:12.98 37.78 400m: 5:13.73 2:41.58			
4. Maria Amelia Torres	13 Viver Santarem	10:48.76	
50m: 35.85 35.85 200m: 2:37.73 1:21.88 800m: 10:48.76 5:24.69			
100m: 1:15.85 40.00 400m: 5:24.07 2:46.34			
5. Maria Vitoria Martinho	12 Gualdim Pais	11:21.53	
50m: 36.51 36.51 200m: 2:40.90 1:23.87 800m: 11:21.53 5:47.00			
100m: 1:17.03 40.52 400m: 5:34.53 2:53.63			
6. Matilde Abelho Vaz	12 CLAC-Entroncamento	11:43.08	
50m: 38.24 38.24 200m: 2:50.11 1:28.38 800m: 11:43.08 5:58.15			
100m: 1:21.73 43.49 400m: 5:44.93 2:54.82			
7. Ines Santos Pina	12 CLAC-Entroncamento	12:11.06	
50m: 40.33 40.33 200m: 2:57.58 1:32.35 800m: 12:11.06 5:21.32			
100m: 1:25.23 44.90 400m: 6:49.74 3:52.16			
8. Carolina Cupertino Marchante	09 CLAC-Entroncamento	12:38.07	
FTLS			
50m: 40.02 40.02 200m: 2:59.12 1:33.96 800m: 12:38.07 6:25.07			
100m: 1:25.16 45.14 400m: 6:13.00 3:13.88			
9. Mafalda Ines Martinho	13 CLAC-Entroncamento	13:16.37	
50m: 45.30 45.30 200m: 3:15.02 1:40.59 800m: 13:16.37 6:38.79			
100m: 1:34.43 49.13 400m: 6:37.58 3:22.56			
10. Leonor Duarte Santos	14 Gualdim Pais	13:32.36	
50m: 44.38 44.38 200m: 3:15.51 1:41.57 800m: 13:32.36 6:49.66			
100m: 1:33.94 49.56 400m: 6:42.70 3:27.19			
11. Maria Eduarda Moreira	14 Gualdim Pais	14:04.94	
FTLS			
50m: 44.94 44.94 200m: 3:23.87 1:46.40 800m: 14:04.94 7:04.85			
100m: 1:37.47 52.53 400m: 7:00.09 3:36.22			



Jornada Abertura Categorias
Entroncamento, 11-10-2026

Prova 6, Femin., 800m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
12. Mariana Pereira Preto <i>FTLS</i>	14 CLAC-Entroncamento	14:12.91	
50m: 47.26 47.26 200m: 3:25.44 1:46.78 800m: 14:12.91 7:12.29			
100m: 1:38.66 51.40 400m: 7:00.62 3:35.18			

Absoluto, Masc.

1. Gabriel Antunes Ramos	09 Rio Maior	9:17.04
50m: 31.46 31.46 200m: 2:15.14 1:09.44 800m: 9:17.04 4:42.46		
100m: 1:05.70 34.24 400m: 4:34.58 2:19.44		
2. Martim Rocha Silva	12 Gualdim Pais	9:39.06
50m: 35.32 35.32 200m: 2:26.69 1:13.97 800m: 9:39.06 4:46.00		
100m: 1:12.72 37.40 400m: 4:53.06 2:26.37		
3. Artur Alexandre Silva	11 20Km de Almeirim	10:07.68
50m: 33.66 33.66 200m: 2:27.59 1:16.74 800m: 10:07.68 5:04.48		
100m: 1:10.85 37.19 400m: 5:03.20 2:35.61		
4. Heliodoro Joao Sombreiro	11 BUZIOS-Coruche	10:20.21
50m: 34.07 34.07 200m: 2:29.25 1:17.25 800m: 10:20.21 5:10.89		
100m: 1:12.00 37.93 400m: 5:09.32 2:40.07		
5. Antonio Francisco Rouxinol	11 BUZIOS-Coruche	10:28.03
50m: 35.49 35.49 200m: 2:33.44 1:19.25 800m: 10:28.03 5:15.22		
100m: 1:14.19 38.70 400m: 5:12.81 2:39.37		
6. Diogo Silva Neves	14 Clube Nautico de Salvaterra de	10:50.27
50m: 35.92 35.92 200m: 2:40.81 1:24.57 800m: 10:50.27 5:19.58		
100m: 1:16.24 40.32 400m: 5:30.69 2:49.88		
7. Abel Elias Ramos	11 Gualdim Pais	11:05.58
<i>FTLS</i>		
50m: 35.30 35.30 200m: 2:37.61 1:22.31 800m: 11:05.58 5:38.79		
100m: 1:15.30 40.00 400m: 5:26.79 2:49.18		
8. Hugo Miguel Silva	77 BUZIOS-Coruche	11:11.83
<i>FTLS</i>		
50m: 38.62 38.62 200m: 2:46.72 1:25.60 800m: 11:11.83 5:33.39		
100m: 1:21.12 42.50 400m: 5:38.44 2:51.72		
9. Afonso Jose Coentro	13 Gualdim Pais	11:34.07
50m: 40.62 40.62 200m: 2:53.24 1:28.25 800m: 11:34.07 5:45.57		
100m: 1:24.99 44.37 400m: 5:48.50 2:55.26		
10. Miguel Ferreira Cruz	08 CLAC-Entroncamento	11:37.23
<i>FTLS</i>		
50m: 37.05 37.05 200m: 2:57.36 1:35.51 800m: 11:37.23 5:32.53		
100m: 1:21.85 44.80 400m: 6:04.70 3:07.34		
11. Afonso Ferreira Cruz	12 CLAC-Entroncamento	12:04.43
<i>FTLS</i>		
50m: 38.33 38.33 200m: 2:55.88 1:32.74 800m: 12:04.43 6:03.33		
100m: 1:23.14 44.81 400m: 6:01.10 3:05.22		
12. Diogo Marques Coelho	13 Gualdim Pais	12:39.18
<i>FTLS</i>		
50m: 44.92 44.92 200m: 3:09.31 1:36.64 800m: 12:39.18 6:15.41		
100m: 1:32.67 47.75 400m: 6:23.77 3:14.46		
13. Daniel Silva Fernandes	14 CLAC-Entroncamento	14:00.52
<i>FTLS</i>		
50m: 46.11 46.11 200m: 3:24.17 1:46.00 800m: 14:00.52 7:01.52		
100m: 1:38.17 52.06 400m: 6:59.00 3:34.83		



Jornada Abertura Categorias
Entroncamento, 11-10-2026

Prova 6, Masc., 800m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
DNS Joao Pedro Rosa	90 CLAC-Entroncamento		

2 - 2ª SESSÃO

11/10/2026 - 15:30

Prova 7

Femin., 200m Estilos

Absoluto

11/10/2026 - 15:30

Resultados

INF A Inf A: 3:25.00 / INF B Inf B: 3:37.00 / JUN+ SEN 17 +: 3:10.00 / JUV A Juv A: 3:12.00 / JUV B Juv B: 3:17.00

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Clara Santos Madureira 50m: 32.85 32.85 200m: 2:33.45 2:00.60	11 Torres Novas	2:33.45	
2. Leonor Sombreiro Martins 50m: 33.49 33.49 200m: 2:40.23 2:06.74	10 BUZIOS-Coruche	2:40.23	
3. Margarida Pinho Formigo 50m: 35.40 35.40 200m: 2:42.36 2:06.96	11 Torres Novas	2:42.36	
4. Rita Gomes Valentim 50m: 35.24 35.24 200m: 2:42.37 2:07.13	12 Torres Novas	2:42.37	
5. Diana Marques Maquilao 50m: 37.42 37.42 200m: 2:44.01 2:06.59	12 Clube Nautico de Salvaterra de	2:44.01	
6. Laura Conde Correia 50m: 37.17 37.17 200m: 2:44.78 2:07.61	13 Torres Novas	2:44.78	
7. Petra Rodrigues Duarte 50m: 36.09 36.09 200m: 2:44.99 2:08.90	12 Rio Maior	2:44.99	
8. Lia Pereira Lopes 50m: 39.43 39.43 200m: 2:46.38 2:06.95	09 Rio Maior	2:46.38	
9. Maria Leonor Lopes 50m: 36.27 36.27 200m: 2:47.68 2:11.41	10 Torres Novas	2:47.68	
10. Alicia Lopes Deep 50m: 35.63 35.63 200m: 2:48.31 2:12.68	12 BUZIOS-Coruche	2:48.31	
11. Carolina Reis Lopes 50m: 37.39 37.39 200m: 2:48.84 2:11.45	11 Torres Novas	2:48.84	
12. Valentina Rodrigues Feijao 50m: 36.11 36.11 200m: 2:48.87 2:12.76	13 Clube Nautico de Salvaterra de	2:48.87	
13. Maria Amelia Torres 50m: 35.36 35.36 200m: 2:49.20 2:13.84	13 Viver Santarem	2:49.20	
14. Lara Paixao Silva 50m: 37.11 37.11 200m: 2:49.32 2:12.21	10 Rio Maior	2:49.32	
15. Juliana Antunes Monteiro 50m: 37.42 37.42 200m: 2:53.54 2:16.12	12 Torres Novas	2:53.54	
16. Marta Costa Soares 50m: 38.11 38.11 200m: 2:54.57 2:16.46	12 Uniao Samorense	2:54.57	
17. Matilde Abelho Vaz 50m: 38.59 38.59 200m: 2:54.76 2:16.17	12 CLAC-Entroncamento	2:54.76	
18. Eveline Sergiu Spac 50m: 36.30 36.30 200m: 2:57.32 2:21.02	13 BUZIOS-Coruche	2:57.32	



Jornada Abertura Categorias
Entroncamento, 11-10-2026

Prova 7, Femin., 200m Estilos, Absoluto

Lugar				Ano		Tempo final	Pts
19.	Maria Francisca Pinheiro	12	Nautico Abrantes			2:58.72	
	50m: 38.95 38.95	200m: 2:58.72 2:19.77					
20.	Debora Sofia Santos	10	Rio Maior			3:01.13	
	50m: 36.17 36.17	200m: 3:01.13 2:24.96					
21.	Ana Leonor Lopes	12	Rio Maior			3:06.26	
	50m: 41.36 41.36	200m: 3:06.26 2:24.90					
22.	Eva Sousa Alfaiate	13	Torres Novas			3:06.63	
	50m: 42.70 42.70	200m: 3:06.63 2:23.93					
23.	Maria Carolina Fidalgo	13	Viver Santarem			3:07.00	
	50m: 41.52 41.52	200m: 3:07.00 2:25.48					
24.	Ines Santos Pina	12	CLAC-Entroncamento			3:07.09	
	50m: 40.00 40.00	200m: 3:07.09 2:27.09					
25.	Marta Bento Ferreira	13	Viver Santarem			3:10.06	
	50m: 42.95 42.95	200m: 3:10.06 2:27.11					
26.	Ines Silva Lima	09	Nautico Abrantes			3:10.93	
	<i>FTLS</i>						
	50m: 42.46 42.46	200m: 3:10.93 2:28.47					
27.	Carolina Marques Ribeiro	13	Rio Maior			3:11.58	
	50m: 44.06 44.06	200m: 3:11.58 2:27.52					
28.	Joana Verissimo Tavares	12	CLAC-Entroncamento			3:11.64	
	50m: 42.92 42.92	200m: 3:11.64 2:28.72					
29.	Catarina Isabel Galvao	09	BUZIOS-Coruche			3:11.78	
	<i>FTLS</i>						
	50m: 39.21 39.21	200m: 3:11.78 2:32.57					
30.	Laura Sofia Graca	12	Uniao Samorense			3:18.06	
	<i>FTLS</i>						
	50m: 46.21 46.21	200m: 3:18.06 2:31.85					
31.	Madalena Bras Salgado	10	Viver Santarem			3:18.79	
	<i>FTLS</i>						
	50m: 47.92 47.92	200m: 3:18.79 2:30.87					
32.	Leonor Chambel Santos	13	Nautico Abrantes			3:19.57	
	50m: 46.22 46.22	200m: 3:19.57 2:33.35					
33.	Maria Leonor Serodio	12	Viver Santarem			3:20.80	
	<i>FTLS</i>						
	50m: 49.74 49.74	200m: 3:20.80 2:31.06					
34.	Carolina Rodrigues Ferreira	13	Torres Novas			3:21.83	
	50m: 46.56 46.56	200m: 3:21.83 2:35.27					
35.	Maria Pereira Belo	14	Torres Novas			3:22.02	
	50m: 47.05 47.05	200m: 3:22.02 2:34.97					
36.	Matilde Teodoro Batista	14	Nautico Abrantes			3:22.50	
	50m: 46.67 46.67	200m: 3:22.50 2:35.83					
37.	Beatriz Isabel Moura	11	Nautico Abrantes			3:22.59	
	<i>FTLS</i>						
	50m: 43.79 43.79	200m: 3:22.59 2:38.80					
38.	Carolina Maria Quinta	12	Torres Novas			3:23.27	
	<i>FTLS</i>						



Jornada Abertura Categorias
Entroncamento, 11-10-2026

Prova 7, Femin., 200m Estilos, Absoluto

Lugar	Ano				Tempo final	Pts
	50m:	44.28	44.28	200m:	3:23.27	2:38.99
39. Maria Goncalves Silva				14	Nautico Abrantes	3:27.87
	50m:	51.79	51.79	200m:	3:27.87	2:36.08
40. Eva Sal Gabirra				14	20Km de Almeirim	3:29.63
	50m:	46.32	46.32	200m:	3:29.63	2:43.31
41. Iris Figueiredo Silva				14	Rio Maior	3:32.34
	50m:	47.49	47.49	200m:	3:32.34	2:44.85
42. Madalena Paula Vieira				14	Rio Maior	3:35.87
	50m:	45.73	45.73	200m:	3:35.87	2:50.14
43. Clara Sofia Nabico				14	Torres Novas	3:49.27
FTLS						
	50m:	48.14	48.14	200m:	3:49.27	3:01.13
DSQ Mariana Ferreira Silva				13	Torres Novas	
SW 6.5 - O (a) atleta não chegou na posição dorsal						
DNS Margarida Madeira Pires				12	Rio Maior	
DNS Maria Rita Godinho				13	Torres Novas	

Prova 8

Masc., 200m Estilos

Absoluto

11/10/2026 - 15:55

Resultados

INF A Inf A: 3:20.00 / INF B Inf B: 3:30.00 / JUN+ SEN Jun/Sen: 3:00.00 / JUV A Juv A: 3:04.00 / JUV B Juv B: 3:10.00

Pontos: AQUA 2026

Lugar	Ano				Tempo final	Pts
1. Duarte Moura Mendes				11	Torres Novas	2:14.42
	50m:	28.49	28.49	200m:	2:14.42	1:45.93
2. Dinis Maria Garcia				09	Torres Novas	2:20.50
	50m:	30.54	30.54	200m:	2:20.50	1:49.96
3. Daniel Filipe Jorge				10	Rio Maior	2:23.03
	50m:	29.61	29.61	200m:	2:23.03	1:53.42
4. Francisco Manuel Cadete				10	Torres Novas	2:24.45
	50m:	28.32	28.32	200m:	2:24.45	1:56.13
5. Francisco Grave Reis				12	Rio Maior	2:25.59
	50m:	30.24	30.24	200m:	2:25.59	1:55.35
6. Francisco Maria Dias				11	Torres Novas	2:26.82
	50m:	31.13	31.13	200m:	2:26.82	1:55.69
7. Guilherme Martins Conceicao				10	Viver Santarem	2:27.45
	50m:	32.92	32.92	200m:	2:27.45	1:54.53
8. Manuel Maria Moniz				11	20Km de Almeirim	2:28.30
	50m:	31.20	31.20	200m:	2:28.30	1:57.10
9. Pedro Morgado Costa				09	Rio Maior	2:29.66
	50m:	30.06	30.06	200m:	2:29.66	1:59.60
10. Martim Miguel Santos				11	Rio Maior	2:31.38
	50m:	31.54	31.54	200m:	2:31.38	1:59.84
11. Salvador Henrique Vieira				12	Torres Novas	2:31.59
	50m:	33.94	33.94	200m:	2:31.59	1:57.65
12. Luis Suissas Rato				09	Clube Nautico de Salvaterra de	2:32.45
	50m:	29.61	29.61	200m:	2:32.45	2:02.84



Jornada Abertura Categorias
Entroncamento, 11-10-2026

Prova 8, Masc., 200m Estilos, Absoluto

Lugar					Ano		Tempo final	Pts
13.	Andre Guilherme Anastacio				10	Nautico Abrantes	2:36.16	
	50m:	32.11	32.11	200m:	2:36.16	2:04.05		
14.	Heliodoro Joao Sombreiro				11	BUZIOS-Coruche	2:38.13	
	50m:	32.92	32.92	200m:	2:38.13	2:05.21		
15.	Artur Alexandre Silva				11	20Km de Almeirim	2:38.14	
	50m:	33.16	33.16	200m:	2:38.14	2:04.98		
16.	Antonio Francisco Rouxinol				11	BUZIOS-Coruche	2:41.63	
	50m:	33.61	33.61	200m:	2:41.63	2:08.02		
17.	Gabriel Antonio Marques				11	Nautico Abrantes	2:47.49	
	50m:	36.06	36.06	200m:	2:47.49	2:11.43		
18.	Goncalo Pato Mateus				13	Uniao Samorense	2:48.71	
	50m:	35.06	35.06	200m:	2:48.71	2:13.65		
19.	Rodrigo Manuel Alegria				13	Torres Novas	2:49.57	
	50m:	35.67	35.67	200m:	2:49.57	2:13.90		
20.	Rodrigo Iordan Chele				14	Rio Maior	2:50.80	
	50m:	39.60	39.60	200m:	2:50.80	2:11.20		
21.	Diogo Silva Neves				14	Clube Nautico de Salvaterra de	2:51.72	
	50m:	35.98	35.98	200m:	2:51.72	2:15.74		
22.	Sebastiao Maria Borlinhas				11	BUZIOS-Coruche	2:52.05	
	50m:	34.19	34.19	200m:	2:52.05	2:17.86		
23.	Salvador Miguel Silva				11	Viver Santarem	2:53.66	
	50m:	36.14	36.14	200m:	2:53.66	2:17.52		
24.	Vicente Manuel Nunes				13	Clube Nautico de Salvaterra de	2:54.99	
	50m:	30.49	30.49	200m:	2:54.99	2:24.50		
25.	Tomas Miguel Madeira				13	20Km de Almeirim	2:55.40	
	50m:	36.61	36.61	200m:	2:55.40	2:18.79		
26.	Afonso Ferreira Cruz				12	CLAC-Entroncamento	2:55.54	
	50m:	38.03	38.03	200m:	2:55.54	2:17.51		
27.	Guilherme Formigo Martins				14	Torres Novas	3:01.01	
	50m:	39.11	39.11	200m:	3:01.01	2:21.90		
28.	Bruno Estanqueiro Lopes				13	Torres Novas	3:03.32	
	50m:	40.60	40.60	200m:	3:03.32	2:22.72		
29.	Rafael Qua Lopes				14	Uniao Samorense	3:04.13	
	50m:	40.92	40.92	200m:	3:04.13	2:23.21		
30.	Martim Silva Bernardo				12	Viver Santarem	3:05.89	
	50m:	39.61	39.61	200m:	3:05.89	2:26.28		
31.	Afonso Gil Campos				13	CLAC-Entroncamento	3:10.34	
	50m:	44.05	44.05	200m:	3:10.34	2:26.29		
32.	Santiago Tacao Ribeiro				13	Viver Santarem	3:12.50	
	50m:	43.64	43.64	200m:	3:12.50	2:28.86		
33.	Joao Francisco Monteiro				12	BUZIOS-Coruche	3:19.40	
	FTLS							
	50m:	46.65	46.65	200m:	3:19.40	2:32.75		
34.	Martim Moura Lopes				13	Torres Novas	3:24.43	
	FTLS							
	50m:	47.97	47.97	200m:	3:24.43	2:36.46		



Jornada Abertura Categorias
Entroncamento, 11-10-2026

Prova 8, Masc., 200m Estilos, Absoluto

Lugar	Ano	Tempo final	Pts
35. Daniel Silva Fernandes 50m: 45.66 45.66 200m: 3:24.63 2:38.97	14 CLAC-Entroncamento	3:24.63	
36. Andre Miguel Trincao 50m: 44.92 44.92 200m: 3:24.72 2:39.80	14 Torres Novas	3:24.72	
37. Afonso Maria Quinta FTLS 50m: 49.85 49.85 200m: 3:30.09 2:40.24	14 Torres Novas	3:30.09	
38. Max Sobko FTLS 50m: 49.36 49.36 200m: 3:33.75 2:44.39	14 Torres Novas	3:33.75	
39. Nikolas Shpil Havriliuc FTLS 50m: 50.91 50.91 200m: 3:34.41 2:43.50	14 Rio Maior	3:34.41	
DSQ Salvador Martim Quiterio SW 7.6 - O (a) atleta não tocou com as mãos na parede separadas e simultaneamente na viragem aos 150 metros	13 Clube Nautico de Salvaterra de		
DSQ Rafael Jose Isidoro SW 7.6 - O (a) atleta tocou com uma mão na parede na viragem aos 150 metros	13 Rio Maior		
DSQ Rodrigo Miranda Rosa SW 7.6 - O (a) atleta tocou com uma mão na parede na viragem aos 150 metros	12 Uniao Samorense		
DSQ Guilherme Ferreira Leitao SW 7.6 - O (a) atleta tocou com uma mão na parede na viragem aos 150 metros	10 Viver Santarem		
WDR Guilherme Antonio Reis	96 Torres Novas		

Prova 9
11/10/2026 - 16:20

Femin., 100m Bruços

Absoluto Resultados

INF A Inf A: 1:52.00 / INF B Inf B: 1:57.00 / JUN+ SEN 17 +: 1:44.00 / JUV A Juv A: 1:46.00 / JUV B Juv B: 1:52.00

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Maria Madalena Monteiro	08 Torres Novas	1:21.40	
2. Matilde Casimiro Bibi 50m: 39.33 39.33 100m: 1:23.55 44.22	12 BUZIOS-Coruche	1:23.55	
3. Sofia Barroca Pereira 50m: 39.43 39.43 100m: 1:23.87 44.44	11 BUZIOS-Coruche	1:23.87	
4. Diana Marques Maquilao 50m: 41.35 41.35 100m: 1:27.19 45.84	12 Clube Nautico de Salvaterra de	1:27.19	
5. Leonor Marques Carvalho 50m: 42.49 42.49 100m: 1:29.32 46.83	09 Rio Maior	1:29.32	
6. Alicia Lopes Deep 50m: 42.15 42.15 100m: 1:29.59 47.44	12 BUZIOS-Coruche	1:29.59	
7. Maria Amelia Torres 50m: 42.91 42.91 100m: 1:29.76 46.85	13 Viver Santarem	1:29.76	
8. Matilde Abelho Vaz 50m: 43.30 43.30 100m: 1:30.07 46.77	12 CLAC-Entroncamento	1:30.07	
9. Rita Lino Ferreira 50m: 43.17 43.17 100m: 1:30.26 47.09	11 BUZIOS-Coruche	1:30.26	



Jornada Abertura Categorias
Entroncamento, 11-10-2026

Prova 9, Femin., 100m Bruços, Absoluto

Lugar			Ano		Tempo final	Pts
10.	Maria Francisca Pinheiro	12	Nautico Abrantes		1:32.94	
	50m: 43.92 43.92	100m: 1:32.94	49.02			
11.	Ines Sofia Nunes	03	BUZIOS-Coruche		1:39.32	
	50m: 45.49 45.49	100m: 1:39.32	53.83			
12.	Laura Domingues Bural	14	Clube Nautico de Salvaterra de		1:40.86	
	50m: 47.14 47.14	100m: 1:40.86	53.72			
13.	Marta Bento Ferreira	13	Viver Santarem		1:41.87	
	50m: 48.36 48.36	100m: 1:41.87	53.51			
14.	Maria Goncalves Silva	14	Nautico Abrantes		1:42.59	
	50m: 48.11 48.11	100m: 1:42.59	54.48			
15.	Esther Hadassa Rocha	13	Viver Santarem		1:44.87	
	50m: 48.67 48.67	100m: 1:44.87	56.20			
16.	Catarina Isabel Galvao	09	BUZIOS-Coruche		1:45.92	
	<i>FTLS</i>					
	50m: 50.27 50.27	100m: 1:45.92	55.65			
17.	Maria Leonor Rodrigues	14	20Km de Almeirim		1:47.57	
	50m: 50.79 50.79	100m: 1:47.57	56.78			
18.	Mariana Pereira Preto	14	CLAC-Entroncamento		1:48.85	
	50m: 51.11 51.11	100m: 1:48.85	57.74			
19.	Mafalda Ines Martinho	13	CLAC-Entroncamento		1:50.01	
	50m: 51.33 51.33	100m: 1:50.01	58.68			
20.	Romina Isabel Rojas	12	Uniao Samorense		1:57.67	
	<i>FTLS</i>					
	50m: 58.81 58.81	100m: 1:57.67	58.86			

Prova 10

Masc., 100m Bruços

Absoluto
Resultados

11/10/2026 - 16:30

INF A Inf A: 1:45.00 / INF B Inf B: 1:55.00 / JUN+ SEN Jun/Sen: 1:32.00 / JUV A Juv A: 1:35.00 / JUV B Juv B: 1:38.00

Pontos: AQUA 2026

Lugar			Ano		Tempo final	Pts
1.	Yusuf Marwan Abdullah	08	Rio Maior		1:10.75	
	50m: 33.17 33.17	100m: 1:10.75	37.58			
2.	Guilherme Antonio Reis	96	Torres Novas		1:11.20	
	50m: 34.30 34.30	100m: 1:11.20	36.90			
3.	Miguel Silva Lima	09	Nautico Abrantes		1:17.89	
	50m: 36.05 36.05	100m: 1:17.89	41.84			
4.	Guilherme Gomes Nunes	10	Clube Nautico de Salvaterra de		1:20.74	
	50m: 37.91 37.91	100m: 1:20.74	42.83			
5.	Santiago Raposo Fernandes	12	20Km de Almeirim		1:21.86	
	50m: 37.53 37.53	100m: 1:21.86	44.33			
6.	Bernardo Marques Fernandes	07	CLAC-Entroncamento		1:23.22	
	50m: 39.08 39.08	100m: 1:23.22	44.14			
7.	Lourenco Filipe Costa	12	20Km de Almeirim		1:25.14	
	50m: 40.77 40.77	100m: 1:25.14	44.37			
8.	Hugo Miguel Silva	77	BUZIOS-Coruche		1:27.26	
	50m: 40.79 40.79	100m: 1:27.26	46.47			



Jornada Abertura Categorias
Entroncamento, 11-10-2026

Prova 10, Masc., 100m Bruços, Absoluto

Lugar	Ano	Tempo final	Pts
8. Vicente Manuel Nunes 50m: 41.54 41.54 100m: 1:27.26 45.72	13	1:27.26	
10. Carlos Silvestre Lourenco 50m: 42.61 42.61 100m: 1:30.01 47.40	13	1:30.01	
11. Eduardo Agostinho Duque 50m: 42.39 42.39 100m: 1:31.24 48.85	13	1:31.24	
12. Vasco Miguel Gomes 50m: 45.24 45.24 100m: 1:35.87 50.63	14	1:35.87	
13. Alexandre Pinto Zahari FTLS 50m: 49.88 49.88 100m: 1:45.15 55.27	13	1:45.15	
14. Afonso Gil Campos FTLS 50m: 51.74 51.74 100m: 1:45.84 54.10	13	1:45.84	
15. Antonio Abreu Silva 50m: 50.49 50.49 100m: 1:45.94 55.45	14	1:45.94	
DSQ Leonardo Casimiro Bibi SW 7.2 - O (a) atleta não efectuou o ciclo completo de braçada seguida de pernada de bruços	14		
DSQ Diogo Laco Duarte SW 7.1 - O (a) atleta efectuou mais que uma pernada de golfinho durante a braçada submarina	14		
DNS Afonso Bernardo Evaristo	08		

Prova 11

Femin., 100m Livres

Absoluto
Resultados

11/10/2026 - 16:40

INF A Inf A: 1:26.00 / INF B Inf B: 1:32.00 / JUN+ SEN 17 +: 1:16.00 / JUV A Juv A: 1:21.00 / JUV B Juv B: 1:23.00

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Adriana Giles Lopez RECORDE DISTRITAL 50m: 27.43 27.43 100m: 58.15 30.72	04	58.15	
2. Sofia Barroca Pereira 50m: 30.24 30.24 100m: 1:02.45 32.21	11	1:02.45	
3. Matilde Casimiro Bibi 50m: 30.61 30.61 100m: 1:03.07 32.46	12	1:03.07	
4. Maria Eduarda Parente 50m: 30.30 30.30 100m: 1:03.50 33.20	10	1:03.50	
5. Lia Pereira Lopes 50m: 32.03 32.03 100m: 1:07.16 35.13	09	1:07.16	
6. Lara Paixao Silva 50m: 32.34 32.34 100m: 1:07.24 34.90	10	1:07.24	
7. Catarina Isabel Carlota 50m: 32.43 32.43 100m: 1:07.55 35.12	05	1:07.55	
8. Rita Balsa Alves 50m: 32.94 32.94 100m: 1:08.19 35.25	12	1:08.19	
9. Ana Leonor Lopes 50m: 33.17 33.17 100m: 1:08.26 35.09	12	1:08.26	



Jornada Abertura Categorias
Entroncamento, 11-10-2026

Prova 11, Femin., 100m Livres, Absoluto

Lugar		Ano		Tempo final	Pts
10.	Valentina Rodrigues Feijao	13	Clube Nautico de Salvaterra de	1:09.13	
	50m: 32.36 32.36	100m: 1:09.13	36.77		
11.	Margarida Madeira Pires	12	Rio Maior	1:09.18	
	50m: 33.60 33.60	100m: 1:09.18	35.58		
12.	Benedita Maria Lagarinhos	11	Viver Santarem	1:09.19	
	50m: 33.77 33.77	100m: 1:09.19	35.42		
13.	Eveline Sergiu Spac	13	BUZIOS-Coruche	1:10.45	
	50m: 33.92 33.92	100m: 1:10.45	36.53		
14.	Leonor Marques Carvalho	09	Rio Maior	1:11.03	
	50m: 34.73 34.73	100m: 1:11.03	36.30		
15.	Ines Silva Lima	09	Nautico Abrantes	1:13.26	
	50m: 34.88 34.88	100m: 1:13.26	38.38		
16.	Debora Sofia Santos	10	Rio Maior	1:13.32	
	50m: 34.73 34.73	100m: 1:13.32	38.59		
17.	Marta Costa Soares	12	Uniao Samoreense	1:13.99	
	50m: 35.11 35.11	100m: 1:13.99	38.88		
18.	Maria Francisca Pinheiro	12	Nautico Abrantes	1:14.48	
	50m: 35.61 35.61	100m: 1:14.48	38.87		
19.	Maria Teresa Marques	14	BUZIOS-Coruche	1:15.60	
	50m: 36.93 36.93	100m: 1:15.60	38.67		
20.	Maria Pais Santos	12	BUZIOS-Coruche	1:16.38	
	50m: 36.98 36.98	100m: 1:16.38	39.40		
21.	Maria Leonor Serodio	12	Viver Santarem	1:16.54	
	50m: 37.94 37.94	100m: 1:16.54	38.60		
22.	Catarina Leonor Pereira	11	CLAC-Entroncamento	1:16.59	
	50m: 36.43 36.43	100m: 1:16.59	40.16		
23.	Maria Carolina Fidalgo	13	Viver Santarem	1:17.62	
	50m: 37.90 37.90	100m: 1:17.62	39.72		
24.	Madalena Bras Salgado	10	Viver Santarem	1:17.75	
	<i>FTLS</i>				
	50m: 37.43 37.43	100m: 1:17.75	40.32		
25.	Carolina Marques Ribeiro	13	Rio Maior	1:18.38	
	50m: 37.30 37.30	100m: 1:18.38	41.08		
26.	Joana Verissimo Tavares	12	CLAC-Entroncamento	1:18.45	
	50m: 37.49 37.49	100m: 1:18.45	40.96		
27.	Laura Domingues Bural	14	Clube Nautico de Salvaterra de	1:18.60	
	50m: 36.63 36.63	100m: 1:18.60	41.97		
28.	Ines Santos Pina	12	CLAC-Entroncamento	1:18.81	
	50m: 37.79 37.79	100m: 1:18.81	41.02		
29.	Ines Sofia Nunes	03	BUZIOS-Coruche	1:18.83	
	<i>FTLS</i>				
	50m: 37.62 37.62	100m: 1:18.83	41.21		
30.	Beatriz Isabel Moura	11	Nautico Abrantes	1:19.33	
	50m: 38.22 38.22	100m: 1:19.33	41.11		
31.	Leonor Chambel Santos	13	Nautico Abrantes	1:19.48	
	50m: 38.73 38.73	100m: 1:19.48	40.75		



Jornada Abertura Categorias
Entroncamento, 11-10-2026

Prova 11, Femin., 100m Livres, Absoluto

Lugar				Ano		Tempo final	Pts
32.	Laura Sofia Graca	12	Uniao Samorense			1:21.00	
	50m: 39.43 39.43	100m: 1:21.00	41.57				
33.	Clara Balsa Alves	14	BUZIOS-Coruche			1:22.32	
	50m: 39.85 39.85	100m: 1:22.32	42.47				
34.	Maria Leonor Rodrigues	14	20Km de Almeirim			1:22.59	
	50m: 40.40 40.40	100m: 1:22.59	42.19				
35.	Madalena Paula Vieira	14	Rio Maior			1:22.81	
	50m: 40.05 40.05	100m: 1:22.81	42.76				
36.	Eva Sal Gabirra	14	20Km de Almeirim			1:23.83	
	50m: 40.17 40.17	100m: 1:23.83	43.66				
37.	Esther Hadassa Rocha	13	Viver Santarem			1:24.40	
	50m: 40.85 40.85	100m: 1:24.40	43.55				
38.	Mariana Pereira Preto	14	CLAC-Entroncamento			1:24.58	
	50m: 41.48 41.48	100m: 1:24.58	43.10				
39.	Romina Isabel Rojas	12	Uniao Samorense			1:25.27	
	<i>FTLS</i>						
	50m: 40.77 40.77	100m: 1:25.27	44.50				
40.	Matilde Teodoro Batista	14	Nautico Abrantes			1:27.78	
	50m: 41.43 41.43	100m: 1:27.78	46.35				
41.	Mafalda Ines Martinho	13	CLAC-Entroncamento			1:30.54	
	<i>FTLS</i>						
	50m: 42.70 42.70	100m: 1:30.54	47.84				
42.	Iris Figueiredo Silva	14	Rio Maior			1:32.88	
	<i>FTLS</i>						
	50m: 43.92 43.92	100m: 1:32.88	48.96				
43.	Iris Felix Eusebio	12	Rio Maior			1:38.57	
	<i>FTLS</i>						
	50m: 46.79 46.79	100m: 1:38.57	51.78				

Prova 12

Masc., 100m Livres

Absoluto
Resultados

11/10/2026 - 16:55

INF A Inf A: 1:19.00 / INF B Inf B: 1:25.00 / JUN+ SEN Jun/Sen: 1:10.00 / JUV A Juv A: 1:12.00 / JUV B Juv B: 1:14.00

Pontos: AQUA 2026

Lugar				Ano		Tempo final	Pts
1.	Pedro Morgado Costa	09	Rio Maior			56.81	
	50m: 27.79 27.79	100m: 56.81	29.02				
2.	Francisco Grave Reis	12	Rio Maior			56.82	
	50m: 27.92 27.92	100m: 56.82	28.90				
3.	Luis Suissas Rato	09	Clube Nautico de Salvaterra de			56.94	
	50m: 27.98 27.98	100m: 56.94	28.96				
4.	Manuel Maria Moniz	11	20Km de Almeirim			59.50	
	50m: 28.85 28.85	100m: 59.50	30.65				
5.	Daniel Filipe Jorge	10	Rio Maior			59.81	
	50m: 29.03 29.03	100m: 59.81	30.78				
6.	Tiago Frazao Barra	10	Rio Maior			1:00.07	
	50m: 28.85 28.85	100m: 1:00.07	31.22				



Jornada Abertura Categorias
Entroncamento, 11-10-2026

Prova 12, Masc., 100m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
7. Miguel Silva Lima 50m: 28.71 28.71 100m: 1:00.21 31.50	09 Nautico Abrantes	1:00.21	
8. Gabriel Antunes Ramos 50m: 29.61 29.61 100m: 1:00.52 30.91	09 Rio Maior	1:00.52	
9. Andre Guilherme Anastacio 50m: 29.60 29.60 100m: 1:01.81 32.21	10 Nautico Abrantes	1:01.81	
10. Martim Miguel Santos 50m: 29.83 29.83 100m: 1:01.87 32.04	11 Rio Maior	1:01.87	
11. Miguel Ferreira Cruz 50m: 29.54 29.54 100m: 1:01.88 32.34	08 CLAC-Entroncamento	1:01.88	
12. Guilherme Gomes Nunes 50m: 29.79 29.79 100m: 1:03.01 33.22	10 Clube Nautico de Salvaterra de	1:03.01	
13. Antonio Francisco Rouxinol 50m: 30.43 30.43 100m: 1:04.75 34.32	11 BUZIOS-Coruche	1:04.75	
14. Santiago Raposo Fernandes 50m: 31.43 31.43 100m: 1:05.09 33.66	12 20Km de Almeirim	1:05.09	
15. Bernardo Marques Fernandes 50m: 30.83 30.83 100m: 1:05.53 34.70	07 CLAC-Entroncamento	1:05.53	
16. Vicente Jose Carrilho 50m: 31.67 31.67 100m: 1:05.54 33.87	10 BUZIOS-Coruche	1:05.54	
17. Luis Miguel Reis 50m: 31.67 31.67 100m: 1:05.59 33.92	10 Rio Maior	1:05.59	
18. Hugo Miguel Silva 50m: 32.06 32.06 100m: 1:06.21 34.15	77 BUZIOS-Coruche	1:06.21	
19. Matias Rafael Pacheco 50m: 32.30 32.30 100m: 1:06.45 34.15	12 BUZIOS-Coruche	1:06.45	
20. Rodrigo Miranda Rosa 50m: 31.79 31.79 100m: 1:06.55 34.76	12 Uniao Samorense	1:06.55	
21. Heliodoro Joao Sombreiro 50m: 31.22 31.22 100m: 1:06.70 35.48	11 BUZIOS-Coruche	1:06.70	
22. Leonardo Gomes Silva 50m: 31.24 31.24 100m: 1:07.29 36.05	08 Rio Maior	1:07.29	
23. Goncalo Pato Mateus 50m: 32.35 32.35 100m: 1:07.66 35.31	13 Uniao Samorense	1:07.66	
24. Gabriel Antonio Marques 50m: 31.89 31.89 100m: 1:07.67 35.78	11 Nautico Abrantes	1:07.67	
25. Eduardo Domingos Rosa 50m: 33.09 33.09 100m: 1:08.08 34.99	11 BUZIOS-Coruche	1:08.08	
26. Salvador Miguel Silva 50m: 32.97 32.97 100m: 1:08.23 35.26	11 Viver Santarem	1:08.23	
27. Sebastiao Maria Borlinhas 50m: 32.73 32.73 100m: 1:08.59 35.86	11 BUZIOS-Coruche	1:08.59	
28. Rodrigo Iordan Chele 50m: 32.50 32.50 100m: 1:08.60 36.10	14 Rio Maior	1:08.60	
29. Rafael Jose Isidoro 50m: 33.79 33.79 100m: 1:09.20 35.41	13 Rio Maior	1:09.20	



Jornada Abertura Categorias
Entroncamento, 11-10-2026

Prova 12, Masc., 100m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
30. Lourenco Filipe Costa 50m: 34.36 34.36 100m: 1:09.32 34.96	12 20Km de Almeirim	1:09.32	
31. Guilherme Ferreira Leitaó 50m: 33.32 33.32 100m: 1:09.45 36.13	10 Viver Santarem	1:09.45	
32. Carlos Silvestre Lourenco 50m: 33.53 33.53 100m: 1:09.51 35.98	13 BUZIOS-Coruche	1:09.51	
33. Tomas Miguel Madeira 50m: 33.73 33.73 100m: 1:09.53 35.80	13 20Km de Almeirim	1:09.53	
34. Diogo Silva Neves 50m: 33.24 33.24 100m: 1:09.60 36.36	14 Clube Nautico de Salvaterra de	1:09.60	
35. Sandro Jose Tomas 50m: 33.28 33.28 100m: 1:10.60 37.32	12 BUZIOS-Coruche	1:10.60	
36. Martim Silva Bernardo 50m: 34.92 34.92 100m: 1:11.89 36.97	12 Viver Santarem	1:11.89	
37. Eduardo Agostinho Duque 50m: 35.17 35.17 100m: 1:12.81 37.64	13 20Km de Almeirim	1:12.81	
38. Vasco Miguel Gomes 50m: 36.79 36.79 100m: 1:14.07 37.28	14 Clube Nautico de Salvaterra de	1:14.07	
39. Salvador Martim Quiterio 50m: 35.58 35.58 100m: 1:14.50 38.92	13 Clube Nautico de Salvaterra de	1:14.50	
40. Leonardo Casimiro Bibi 50m: 35.17 35.17 100m: 1:14.94 39.77	14 BUZIOS-Coruche	1:14.94	
41. Afonso Ferreira Cruz FTLS 50m: 36.12 36.12 100m: 1:15.29 39.17	12 CLAC-Entroncamento	1:15.29	
42. Rafael Qua Lopes 50m: 36.43 36.43 100m: 1:16.32 39.89	14 Uniao Samorense	1:16.32	
43. Antonio Abreu Silva 50m: 37.43 37.43 100m: 1:17.59 40.16	14 Clube Nautico de Salvaterra de	1:17.59	
44. Santiago Tacao Ribeiro 50m: 37.44 37.44 100m: 1:18.09 40.65	13 Viver Santarem	1:18.09	
45. Afonso Gil Campos 50m: 39.24 39.24 100m: 1:18.66 39.42	13 CLAC-Entroncamento	1:18.66	
46. Joao Francisco Monteiro FTLS 50m: 38.17 38.17 100m: 1:19.32 41.15	12 BUZIOS-Coruche	1:19.32	
47. Leonardo Del Sasso Cebrian FTLS 50m: 38.31 38.31 100m: 1:20.87 42.56	13 20Km de Almeirim	1:20.87	
48. Daniel Silva Fernandes 50m: 37.79 37.79 100m: 1:22.87 45.08	14 CLAC-Entroncamento	1:22.87	
49. Nikolas Shpil Havriliuc 50m: 40.61 40.61 100m: 1:24.43 43.82	14 Rio Maior	1:24.43	
50. Alexandre Pinto Zahari FTLS 50m: 41.92 41.92 100m: 1:27.38 45.46	13 20Km de Almeirim	1:27.38	



Jornada Abertura Categorias
Entroncamento, 11-10-2026

Prova 12, Masc., 100m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
51. Diogo Laco Duarte FTLS	14 CLAC-Entroncamento	1:33.94	
50m: 43.85 43.85 100m: 1:33.94 50.09			
52. Renato Miguel Campos FTLS	14 Rio Maior	1:35.94	
50m: 43.54 43.54 100m: 1:35.94 52.40			
53. Jose Afonso Dias FTLS	00 Individual Santarem	1:57.17	
50m: 43.86 43.86 100m: 1:57.17 1:13.31			

Prova 13 1500m Livres 13 anos e mais velhos
11/10/2026 - 17:10 Resultados

INF A Inf A Femin.: 24:50.00; Inf A Masc.: 23:40.00 / INF B Inf B Femin.: 25:30.00; Inf B Masc.: 24:58.00 /
JUV A Juv A Femin.: 24:00.00; Juv A Masc.: 22:50.00 / JUV B Juv B Femin.: 24:25.00; Juv B Masc.: 23:06.00 /
JUN+ SEN 17 + Femin.: 23:18.00; Jun/Sen Masc.: 21:06.00

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
Absoluto, Femin.			
1. Leonor Sombreiro Martins	10 BUZIOS-Coruche	19:03.96	
50m: 33.48 33.48 200m: 2:27.36 1:16.28 800m: 10:09.80 5:08.75			
100m: 1:11.08 37.60 400m: 5:01.05 2:33.69 1500m: 19:03.96 8:54.16			
2. Rita Balsa Alves	12 BUZIOS-Coruche	19:56.78	
50m: 36.16 36.16 200m: 2:35.20 1:19.39 800m: 10:41.64 5:24.62			
100m: 1:15.81 39.65 400m: 5:17.02 2:41.82 1500m: 19:56.78 9:15.14			
3. Catarina Leonor Pereira FTLS	11 CLAC-Entroncamento	24:50.20	
50m: 43.27 43.27 200m: 3:08.17 1:37.57 800m: 13:17.63 6:47.28			
100m: 1:30.60 47.33 400m: 6:30.35 3:22.18 1500m: 24:50.20 11:32.57			

Absoluto, Masc.

1. Artur Alexandre Silva	11 20Km de Almeirim	19:07.43	
50m: 33.67 33.67 200m: 2:27.92 1:17.25 800m: 10:14.67 5:11.17			
100m: 1:10.67 37.00 400m: 5:03.50 2:35.58 1500m: 19:07.43 8:52.76			
2. Matias Rafael Pacheco	12 BUZIOS-Coruche	19:10.57	
50m: 34.67 34.67 200m: 2:29.30 1:16.94 800m: 10:12.84 5:08.81			
100m: 1:12.36 37.69 400m: 5:04.03 2:34.73 1500m: 19:10.57 8:57.73			
3. Miguel Ferreira Cruz	08 CLAC-Entroncamento	21:04.23	
50m: 35.45 35.45 200m: 2:35.42 1:21.13 800m: 11:15.12 5:50.83			
100m: 1:14.29 38.84 400m: 5:24.29 2:48.87 1500m: 21:04.23 9:49.11			