1 - 1ª SESSÃO 28/02/2026 - 9:15

Prova 1 — Masc., 1500m Livres — Infantil A
28/02/2026 - 9:16 — Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Inf A	17:24.44	Gustavo Manuel Santa	CNLA	Sines	01/04/2007

: 23:40.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Martim Rocha Silva	12		Gualdim Pais	**19:11.72**		397	

50m:	35.79	300m:	3:49.24	550m:	7:02.69	800m:	10:13.92	1050m:	13:27.43	1300m:	16:41.56
100m:	1:14.73	350m:	4:28.84	600m:	7:40.84	850m:	10:52.65	1100m:	14:06.15	1350m:	17:19.66
150m:	1:52.68	400m:	5:07.49	650m:	8:18.95	900m:	11:31.17	1150m:	14:44.93	1400m:	17:57.83
200m:	2:31.38	450m:	5:45.40	700m:	8:56.98	950m:	12:09.93	1200m:	15:22.84	1450m:	18:35.22
250m:	3:10.34	500m:	6:24.42	750m:	9:35.52	1000m:	12:48.90	1250m:	16:01.92	1500m:	19:11.72

2.	Salvador Henrique Vieira	12		Torres Novas	**19:58.60**		352				
50m:	34.99	300m:	3:54.10	550m:	7:14.82	800m:	10:37.67	1050m:	13:59.65	1300m:	17:21.08
100m:	1:14.29	350m:	4:34.23	600m:	7:55.10	850m:	11:18.49	1100m:	14:39.88	1350m:	18:01.85
150m:	1:54.05	400m:	5:13.75	650m:	8:35.52	900m:	11:58.97	1150m:	15:20.17	1400m:	18:42.26
200m:	2:34.15	450m:	5:54.20	700m:	9:16.20	950m:	12:39.24	1200m:	16:00.26	1450m:	19:21.97
250m:	3:14.09	500m:	6:34.57	750m:	9:56.85	1000m:	13:19.42	1250m:	16:40.69	1500m:	19:58.60

3.	Rodrigo Miranda Rosa	12		Uniao Samorense	**20:18.01**		336				
50m:	35.14	300m:	3:58.83	550m:	7:24.72	800m:	10:46.91	1050m:	14:10.97	1300m:	17:37.03
100m:	1:14.93	350m:	4:39.96	600m:	8:05.28	850m:	11:27.21	1100m:	14:52.06	1350m:	18:18.36
150m:	1:55.48	400m:	5:20.94	650m:	8:45.47	900m:	12:07.96	1150m:	15:33.63	1400m:	18:59.73
200m:	2:36.50	450m:	6:02.19	700m:	9:25.55	950m:	12:49.04	1200m:	16:14.34	1450m:	19:40.04
250m:	3:17.75	500m:	6:43.30	750m:	10:05.94	1000m:	13:29.99	1250m:	16:55.58	1500m:	20:18.01

Prova 1 — Masc., 1500m Livres — Juvenil B
28/02/2026 - 9:16 — Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv B	16:27.54	Pedro Diogo Oliveira	CNRM	Rio Maior	11/07/2003

: 23:05.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Heliodoro Joao Sombreireiro	11		BUZIOS-Coruche	**19:11.12**		398	

50m:	32.20	300m:	3:41.15	550m:	6:55.87	800m:	10:12.12	1050m:	13:27.82	1300m:	16:42.03
100m:	1:08.86	350m:	4:20.13	600m:	7:34.91	850m:	10:51.39	1100m:	14:06.55	1350m:	17:19.99
150m:	1:46.76	400m:	4:58.90	650m:	8:14.29	900m:	11:30.39	1150m:	14:45.35	1400m:	17:58.25
200m:	2:24.55	450m:	5:37.44	700m:	8:53.63	950m:	12:09.76	1200m:	15:24.70	1450m:	18:36.21
250m:	3:02.90	500m:	6:16.70	750m:	9:32.87	1000m:	12:48.71	1250m:	16:03.71	1500m:	19:11.12

2.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	**19:52.74**		357				
50m:	35.75	300m:	3:52.94	550m:	7:12.45	800m:	10:32.96	1050m:	13:54.19	1300m:	17:15.20
100m:	1:14.70	350m:	4:33.02	600m:	7:52.80	850m:	11:13.31	1100m:	14:34.82	1350m:	17:54.95
150m:	1:54.77	400m:	5:12.59	650m:	8:32.66	900m:	11:53.76	1150m:	15:14.64	1400m:	18:34.67
200m:	2:34.26	450m:	5:52.45	700m:	9:12.76	950m:	12:34.05	1200m:	15:54.72	1450m:	19:14.76
250m:	3:13.65	500m:	6:32.37	750m:	9:53.10	1000m:	13:14.30	1250m:	16:35.23	1500m:	19:52.74

3.	Artur Alexandre Silva	11		20Km de Almeirim	**20:10.21**		342				
50m:	35.84	300m:	3:56.86	550m:	7:21.04	800m:	10:46.01	1050m:	14:11.47	1300m:	17:36.02
100m:	1:15.64	350m:	4:38.02	600m:	8:02.32	850m:	11:26.86	1100m:	14:52.23	1350m:	18:16.82
150m:	1:55.71	400m:	5:19.10	650m:	8:43.59	900m:	12:07.57	1150m:	15:33.64	1400m:	18:56.35
200m:	2:36.42	450m:	5:59.88	700m:	9:24.36	950m:	12:48.14	1200m:	16:13.92	1450m:	19:34.98
250m:	3:16.72	500m:	6:40.56	750m:	10:04.83	1000m:	13:29.03	1250m:	16:55.08	1500m:	20:10.21

4.	Antonio Francisco Rouxinol	11		BUZIOS-Coruche	**20:10.68**		342				
50m:	35.15	300m:	3:58.27	550m:	7:22.10	800m:	10:45.26	1050m:	14:09.74	1300m:	17:36.10
100m:	1:15.01	350m:	4:39.26	600m:	8:02.43	850m:	11:26.06	1100m:	14:51.50	1350m:	18:15.49
150m:	1:55.66	400m:	5:19.55	650m:	8:42.83	900m:	12:07.15	1150m:	15:32.79	1400m:	18:56.04
200m:	2:36.35	450m:	6:00.54	700m:	9:23.85	950m:	12:48.51	1200m:	16:13.93	1450m:	19:33.68
250m:	3:17.08	500m:	6:41.71	750m:	10:04.04	1000m:	13:29.66	1250m:	16:55.55	1500m:	20:10.68

Prova 1, Masc., 1500m Livres, Juvenil B

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Abel Elias Ramos	11		Gualdim Pais	**21:55.54**		266	

50m:	38.43	300m:	4:15.67	550m:	7:52.61	800m:	11:34.33	1050m:	15:19.65	1300m:	19:01.43
100m:	1:21.01	350m:	4:59.30	600m:	8:37.10	850m:	12:19.57	1100m:	16:04.05	1350m:	19:45.27
150m:	2:05.52	400m:	5:42.56	650m:	9:21.19	900m:	13:04.87	1150m:	16:48.46	1400m:	20:29.30
200m:	2:48.61	450m:	6:25.48	700m:	10:05.71	950m:	13:50.05	1200m:	17:33.68	1450m:	21:13.41
250m:	3:32.40	500m:	7:08.91	750m:	10:49.60	1000m:	14:35.56	1250m:	18:17.80	1500m:	21:55.54

6.	Rodrigo Miguel Alcobia	11	S10	NataÃ§Ã£o Ferreira do Zezer	**22:24.64**		249

50m:	36.68	300m:	4:11.20	550m:	7:53.59	800m:	11:41.37	1050m:	15:33.72	1300m:	19:23.62
100m:	1:16.92	350m:	4:55.86	600m:	8:38.40	850m:	12:27.55	1100m:	16:19.93	1350m:	20:09.77
150m:	1:59.83	400m:	5:41.24	650m:	9:23.29	900m:	13:13.55	1150m:	17:06.02	1400m:	20:55.68
200m:	2:43.33	450m:	6:24.74	700m:	10:08.89	950m:	14:01.45	1200m:	17:52.69	1450m:	21:41.19
250m:	3:26.60	500m:	7:08.47	750m:	10:55.19	1000m:	14:48.65	1250m:	18:38.20	1500m:	22:24.64

Prova 1 — Masc., 1500m Livres — Juvenil A
28/02/2026 - 9:16 — Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv A	15:50.63	Gustavo Manuel Santa	CNLA	Sines	21/12/2008

: 22:49.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Filipe Pacheco	10		BUZIOS-Coruche	**17:16.72**		545	

50m:	29.62	300m:	3:18.41	550m:	6:12.77	800m:	9:07.90	1050m:	12:03.42	1300m:	14:59.75
100m:	1:02.65	350m:	3:53.01	600m:	6:47.75	850m:	9:42.70	1100m:	12:38.44	1350m:	15:34.66
150m:	1:36.31	400m:	4:27.82	650m:	7:22.98	900m:	10:18.18	1150m:	13:13.59	1400m:	16:09.04
200m:	2:10.38	450m:	5:03.01	700m:	7:58.09	950m:	10:52.91	1200m:	13:49.04	1450m:	16:43.57
250m:	2:44.46	500m:	5:37.85	750m:	8:32.91	1000m:	11:28.09	1250m:	14:24.43	1500m:	17:16.72

2.	Tiago Frazao Barra	10		Rio Maior	**17:38.43**		512

50m:	31.25	300m:	3:27.28	550m:	6:25.05	800m:	9:23.73	1050m:	12:20.91	1300m:	15:19.20
100m:	1:05.68	350m:	4:02.91	600m:	7:00.67	850m:	9:59.62	1100m:	12:56.53	1350m:	15:54.73
150m:	1:40.95	400m:	4:38.40	650m:	7:36.46	900m:	10:35.33	1150m:	13:32.19	1400m:	16:30.09
200m:	2:16.25	450m:	5:14.05	700m:	8:12.60	950m:	11:11.13	1200m:	14:07.61	1450m:	17:04.76
250m:	2:51.90	500m:	5:49.56	750m:	8:48.17	1000m:	11:45.93	1250m:	14:43.51	1500m:	17:38.43

3.	Lourenco Vicente Geada	10		Torres Novas	**18:50.11**		420

50m:	32.21	300m:	3:38.58	550m:	6:50.20	800m:	10:01.19	1050m:	13:11.96	1300m:	16:22.46
100m:	1:07.79	350m:	4:16.73	600m:	7:28.22	850m:	10:39.54	1100m:	13:49.86	1350m:	17:00.36
150m:	1:44.81	400m:	4:55.03	650m:	8:06.43	900m:	11:17.82	1150m:	14:27.95	1400m:	17:38.29
200m:	2:22.33	450m:	5:33.60	700m:	8:44.65	950m:	11:55.86	1200m:	15:06.19	1450m:	18:15.08
250m:	3:00.37	500m:	6:12.15	750m:	9:22.81	1000m:	12:34.10	1250m:	15:44.32	1500m:	18:50.11

4.	Lourenco Manuel Palmeiro	10		BUZIOS-Coruche	**20:24.38**		330

50m:	35.41	300m:	3:57.95	550m:	7:23.63	800m:	10:50.67	1050m:	14:17.50	1300m:	17:45.07
100m:	1:14.90	350m:	4:38.96	600m:	8:04.80	850m:	11:31.99	1100m:	14:59.12	1350m:	18:25.83
150m:	1:55.36	400m:	5:19.84	650m:	8:46.14	900m:	12:13.41	1150m:	15:40.76	1400m:	19:06.84
200m:	2:36.53	450m:	6:01.03	700m:	9:27.48	950m:	12:54.83	1200m:	16:22.36	1450m:	19:47.30
250m:	3:17.22	500m:	6:42.41	750m:	10:09.14	1000m:	13:36.26	1250m:	17:04.07	1500m:	20:24.38

Prova 1, Masc., 1500m Livres

Prova 1 — Masc., 1500m Livres — Junior
28/02/2026 - 9:16 — Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS 18	15:55.58	Ricardo Matias Santos	CPFS	Leiria	11/12/2022
Recorde Distrital ANDS 17	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009

Jun/Sen: 21:04.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Alberto Padre	08		Rio Maior	**17:14.12**		549	

50m:	30.52	300m:	3:18.12	550m:	6:06.79	800m:	8:57.71	1050m:	11:53.64	1300m:	14:54.18
100m:	1:03.39	350m:	3:51.43	600m:	6:40.32	850m:	9:32.57	1100m:	12:29.41	1350m:	15:29.74
150m:	1:36.80	400m:	4:25.00	650m:	7:14.34	900m:	10:07.82	1150m:	13:05.51	1400m:	16:06.09
200m:	2:10.70	450m:	4:58.85	700m:	7:48.73	950m:	10:42.88	1200m:	13:40.98	1450m:	16:40.51
250m:	2:44.41	500m:	5:32.77	750m:	8:23.18	1000m:	11:18.13	1250m:	14:17.53	1500m:	17:14.12

2.	Gabriel Antunes Ramos	09		Rio Maior	**17:36.90**		514	

50m:	31.60	300m:	3:28.25	550m:	6:26.31	800m:	9:24.59	1050m:	12:21.42	1300m:	15:19.70
100m:	1:06.49	350m:	4:03.84	600m:	7:01.61	850m:	10:00.51	1100m:	12:56.82	1350m:	15:55.13
150m:	1:42.02	400m:	4:39.58	650m:	7:37.61	900m:	10:35.97	1150m:	13:32.06	1400m:	16:30.47
200m:	2:17.18	450m:	5:15.33	700m:	8:13.18	950m:	11:11.12	1200m:	14:08.10	1450m:	17:04.65
250m:	2:53.04	500m:	5:50.89	750m:	8:48.92	1000m:	11:46.20	1250m:	14:43.81	1500m:	17:36.90

3.	Luis Suissas Rato	09		Nautico Salvaterra Magos	**19:05.94**		403	

50m:	32.20	300m:	3:40.94	550m:	6:55.04	800m:	10:04.62	1050m:	13:21.44	1300m:	16:31.88
100m:	1:08.25	350m:	4:19.87	600m:	7:33.31	850m:	10:43.66	1100m:	13:59.73	1350m:	17:11.24
150m:	1:45.81	400m:	4:58.59	650m:	8:11.80	900m:	11:23.17	1150m:	14:38.00	1400m:	17:50.42
200m:	2:23.82	450m:	5:37.25	700m:	8:49.95	950m:	12:02.34	1200m:	15:17.41	1450m:	18:28.79
250m:	3:02.27	500m:	6:16.27	750m:	9:26.55	1000m:	12:41.77	1250m:	15:54.60	1500m:	19:05.94

Prova 1 — Masc., 1500m Livres — Senior
28/02/2026 - 9:16 — Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Sen	15:14.70	Tiago Filipe Campos	CNRM	Albufeira	10/11/2023

Jun/Sen: 21:04.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Eliseu Manuel Tavares	99		Uniao Samorense	**19:32.31**		376	

50m:	32.61	300m:	3:42.72	550m:	6:58.29	800m:	10:16.52	1050m:	13:36.32	1300m:	16:56.64
100m:	1:09.07	350m:	4:21.40	600m:	7:37.37	850m:	10:55.94	1100m:	14:16.30	1350m:	17:37.04
150m:	1:46.93	400m:	4:59.89	650m:	8:17.47	900m:	11:36.07	1150m:	14:56.25	1400m:	18:16.46
200m:	2:24.86	450m:	5:38.92	700m:	8:56.59	950m:	12:15.86	1200m:	15:36.58	1450m:	18:55.76
250m:	3:03.55	500m:	6:18.60	750m:	9:36.52	1000m:	12:55.81	1250m:	16:16.24	1500m:	19:32.31

Prova 1, Masc., 1500m Livres

Prova 1 — Masc., 1500m Livres — S10
28/02/2026 - 9:16 — Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Sen	15:14.70	Tiago Filipe Campos	CNRM	Albufeira	10/11/2023
Recorde Distrital ANDS 18	15:55.58	Ricardo Matias Santos	CPFS	Leiria	11/12/2022
Recorde Distrital ANDS 17	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv A	15:50.63	Gustavo Manuel Santa	CNLA	Sines	21/12/2008
Recorde Distrital ANDS Juv B	16:27.54	Pedro Diogo Oliveira	CNRM	Rio Maior	11/07/2003
Recorde Distrital ANDS Inf A	17:24.44	Gustavo Manuel Santa	CNLA	Sines	01/04/2007
Recorde Distrital ANDS Inf B	17:52.60	Paulo Bruno Janeiro	CNLA	Sines	01/04/2007

Inf A: 23:40.00; Inf B: 24:58.00; Juv B: 23:05.00; Juv A: 22:49.00; Jun/Sen: 21:04.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Alberto Padre	08		Rio Maior	**17:14.12**		549	

50m:	30.52	300m:	3:18.12	550m:	6:06.79	800m:	8:57.71	1050m:	11:53.64	1300m:	14:54.18
100m:	1:03.39	350m:	3:51.43	600m:	6:40.32	850m:	9:32.57	1100m:	12:29.41	1350m:	15:29.74
150m:	1:36.80	400m:	4:25.00	650m:	7:14.34	900m:	10:07.82	1150m:	13:05.51	1400m:	16:06.09
200m:	2:10.70	450m:	4:58.85	700m:	7:48.73	950m:	10:42.88	1200m:	13:40.98	1450m:	16:40.51
250m:	2:44.41	500m:	5:32.77	750m:	8:23.18	1000m:	11:18.13	1250m:	14:17.53	1500m:	17:14.12

2.	David Filipe Pacheco	10		BUZIOS-Coruche	**17:16.72**		545					
50m:	29.62	300m:	3:18.41	550m:	6:12.77	800m:	9:07.90	1050m:	12:03.42	1300m:	14:59.75
100m:	1:02.65	350m:	3:53.01	600m:	6:47.75	850m:	9:42.70	1100m:	12:38.44	1350m:	15:34.66
150m:	1:36.31	400m:	4:27.82	650m:	7:22.98	900m:	10:18.18	1150m:	13:13.59	1400m:	16:09.04
200m:	2:10.38	450m:	5:03.01	700m:	7:58.09	950m:	10:52.91	1200m:	13:49.04	1450m:	16:43.57
250m:	2:44.46	500m:	5:37.85	750m:	8:32.91	1000m:	11:28.09	1250m:	14:24.43	1500m:	17:16.72

3.	Gabriel Antunes Ramos	09		Rio Maior	**17:36.90**		514					
50m:	31.60	300m:	3:28.25	550m:	6:26.31	800m:	9:24.59	1050m:	12:21.42	1300m:	15:19.70
100m:	1:06.49	350m:	4:03.84	600m:	7:01.61	850m:	10:00.51	1100m:	12:56.82	1350m:	15:55.13
150m:	1:42.02	400m:	4:39.58	650m:	7:37.61	900m:	10:35.97	1150m:	13:32.06	1400m:	16:30.47
200m:	2:17.18	450m:	5:15.33	700m:	8:13.18	950m:	11:11.12	1200m:	14:08.10	1450m:	17:04.65
250m:	2:53.04	500m:	5:50.89	750m:	8:48.92	1000m:	11:46.20	1250m:	14:43.81	1500m:	17:36.90

4.	Tiago Frazao Barra	10		Rio Maior	**17:38.43**		512					
50m:	31.25	300m:	3:27.28	550m:	6:25.05	800m:	9:23.73	1050m:	12:20.91	1300m:	15:19.20
100m:	1:05.68	350m:	4:02.91	600m:	7:00.67	850m:	9:59.62	1100m:	12:56.53	1350m:	15:54.73
150m:	1:40.95	400m:	4:38.40	650m:	7:36.46	900m:	10:35.33	1150m:	13:32.19	1400m:	16:30.09
200m:	2:16.25	450m:	5:14.05	700m:	8:12.60	950m:	11:11.13	1200m:	14:07.61	1450m:	17:04.76
250m:	2:51.90	500m:	5:49.56	750m:	8:48.17	1000m:	11:45.93	1250m:	14:43.51	1500m:	17:38.43

5.	Lourenco Vicente Geada	10		Torres Novas	**18:50.11**		420					
50m:	32.21	300m:	3:38.58	550m:	6:50.20	800m:	10:01.19	1050m:	13:11.96	1300m:	16:22.46
100m:	1:07.79	350m:	4:16.73	600m:	7:28.22	850m:	10:39.54	1100m:	13:49.86	1350m:	17:00.36
150m:	1:44.81	400m:	4:55.03	650m:	8:06.43	900m:	11:17.82	1150m:	14:27.95	1400m:	17:38.29
200m:	2:22.33	450m:	5:33.60	700m:	8:44.65	950m:	11:55.86	1200m:	15:06.19	1450m:	18:15.08
250m:	3:00.37	500m:	6:12.15	750m:	9:22.81	1000m:	12:34.10	1250m:	15:44.32	1500m:	18:50.11

6.	Luis Suissas Rato	09		Nautico Salvaterra Magos	**19:05.94**		403					
50m:	32.20	300m:	3:40.94	550m:	6:55.04	800m:	10:04.62	1050m:	13:21.44	1300m:	16:31.88
100m:	1:08.25	350m:	4:19.87	600m:	7:33.31	850m:	10:43.66	1100m:	13:59.73	1350m:	17:11.24
150m:	1:45.81	400m:	4:58.59	650m:	8:11.80	900m:	11:23.17	1150m:	14:38.00	1400m:	17:50.42
200m:	2:23.82	450m:	5:37.25	700m:	8:49.95	950m:	12:02.34	1200m:	15:17.41	1450m:	18:28.79
250m:	3:02.27	500m:	6:16.27	750m:	9:26.55	1000m:	12:41.77	1250m:	15:54.60	1500m:	19:05.94

7.	Heliodoro Joao Sombreireiro	11		BUZIOS-Coruche	**19:11.12**		398					
50m:	32.20	300m:	3:41.15	550m:	6:55.87	800m:	10:12.12	1050m:	13:27.82	1300m:	16:42.03
100m:	1:08.86	350m:	4:20.13	600m:	7:34.91	850m:	10:51.39	1100m:	14:06.55	1350m:	17:19.99
150m:	1:46.76	400m:	4:58.90	650m:	8:14.29	900m:	11:30.39	1150m:	14:45.35	1400m:	17:58.25
200m:	2:24.55	450m:	5:37.44	700m:	8:53.63	950m:	12:09.76	1200m:	15:24.70	1450m:	18:36.21
250m:	3:02.90	500m:	6:16.70	750m:	9:32.87	1000m:	12:48.71	1250m:	16:03.71	1500m:	19:11.12

8.	Martim Rocha Silva	12		Gualdim Pais	**19:11.72**		397					
50m:	35.79	300m:	3:49.24	550m:	7:02.69	800m:	10:13.92	1050m:	13:27.43	1300m:	16:41.56
100m:	1:14.73	350m:	4:28.84	600m:	7:40.84	850m:	10:52.65	1100m:	14:06.15	1350m:	17:19.66
150m:	1:52.68	400m:	5:07.49	650m:	8:18.95	900m:	11:31.17	1150m:	14:44.93	1400m:	17:57.83
200m:	2:31.38	450m:	5:45.40	700m:	8:56.98	950m:	12:09.93	1200m:	15:22.84	1450m:	18:35.22
250m:	3:10.34	500m:	6:24.42	750m:	9:35.52	1000m:	12:48.90	1250m:	16:01.92	1500m:	19:11.72

Prova 1, Masc., 1500m Livres, S10

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Eliseu Manuel Tavares	99		Uniao Samorense	**19:32.31**		376	

50m:	32.61	300m:	3:42.72	550m:	6:58.29	800m:	10:16.52	1050m:	13:36.32	1300m:	16:56.64
100m:	1:09.07	350m:	4:21.40	600m:	7:37.37	850m:	10:55.94	1100m:	14:16.30	1350m:	17:37.04
150m:	1:46.93	400m:	4:59.89	650m:	8:17.47	900m:	11:36.07	1150m:	14:56.25	1400m:	18:16.46
200m:	2:24.86	450m:	5:38.92	700m:	8:56.59	950m:	12:15.86	1200m:	15:36.58	1450m:	18:55.76
250m:	3:03.55	500m:	6:18.60	750m:	9:36.52	1000m:	12:55.81	1250m:	16:16.24	1500m:	19:32.31

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	**19:52.74**		357	

50m:	35.75	300m:	3:52.94	550m:	7:12.45	800m:	10:32.96	1050m:	13:54.19	1300m:	17:15.20
100m:	1:14.70	350m:	4:33.02	600m:	7:52.80	850m:	11:13.31	1100m:	14:34.82	1350m:	17:54.95
150m:	1:54.77	400m:	5:12.59	650m:	8:32.66	900m:	11:53.76	1150m:	15:14.64	1400m:	18:34.67
200m:	2:34.26	450m:	5:52.45	700m:	9:12.76	950m:	12:34.05	1200m:	15:54.72	1450m:	19:14.76
250m:	3:13.65	500m:	6:32.37	750m:	9:53.10	1000m:	13:14.30	1250m:	16:35.23	1500m:	19:52.74

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Salvador Henrique Vieira	12		Torres Novas	**19:58.60**		352	

50m:	34.99	300m:	3:54.10	550m:	7:14.82	800m:	10:37.67	1050m:	13:59.65	1300m:	17:21.08
100m:	1:14.29	350m:	4:34.23	600m:	7:55.10	850m:	11:18.49	1100m:	14:39.88	1350m:	18:01.85
150m:	1:54.05	400m:	5:13.75	650m:	8:35.52	900m:	11:58.97	1150m:	15:20.17	1400m:	18:42.26
200m:	2:34.15	450m:	5:54.20	700m:	9:16.20	950m:	12:39.24	1200m:	16:00.26	1450m:	19:21.97
250m:	3:14.09	500m:	6:34.57	750m:	9:56.85	1000m:	13:19.42	1250m:	16:40.69	1500m:	19:58.60

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Artur Alexandre Silva	11		20Km de Almeirim	**20:10.21**		342	

50m:	35.84	300m:	3:56.86	550m:	7:21.04	800m:	10:46.01	1050m:	14:11.47	1300m:	17:36.02
100m:	1:15.64	350m:	4:38.02	600m:	8:02.32	850m:	11:26.86	1100m:	14:52.23	1350m:	18:16.82
150m:	1:55.71	400m:	5:19.10	650m:	8:43.59	900m:	12:07.57	1150m:	15:33.64	1400m:	18:56.35
200m:	2:36.42	450m:	5:59.88	700m:	9:24.36	950m:	12:48.14	1200m:	16:13.92	1450m:	19:34.98
250m:	3:16.72	500m:	6:40.56	750m:	10:04.83	1000m:	13:29.03	1250m:	16:55.08	1500m:	20:10.21

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Antonio Francisco Rouxinol	11		BUZIOS-Coruche	**20:10.68**		342	

50m:	35.15	300m:	3:58.27	550m:	7:22.10	800m:	10:45.26	1050m:	14:09.74	1300m:	17:36.10
100m:	1:15.01	350m:	4:39.26	600m:	8:02.43	850m:	11:26.06	1100m:	14:51.50	1350m:	18:15.49
150m:	1:55.66	400m:	5:19.55	650m:	8:42.83	900m:	12:07.15	1150m:	15:32.79	1400m:	18:56.04
200m:	2:36.35	450m:	6:00.54	700m:	9:23.85	950m:	12:48.51	1200m:	16:13.93	1450m:	19:33.68
250m:	3:17.08	500m:	6:41.71	750m:	10:04.04	1000m:	13:29.66	1250m:	16:55.55	1500m:	20:10.68

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Rodrigo Miranda Rosa	12		Uniao Samorense	**20:18.01**		336	

50m:	35.14	300m:	3:58.83	550m:	7:24.72	800m:	10:46.91	1050m:	14:10.97	1300m:	17:37.03
100m:	1:14.93	350m:	4:39.96	600m:	8:05.28	850m:	11:27.21	1100m:	14:52.06	1350m:	18:18.36
150m:	1:55.48	400m:	5:20.94	650m:	8:45.47	900m:	12:07.96	1150m:	15:33.63	1400m:	18:59.73
200m:	2:36.50	450m:	6:02.19	700m:	9:25.55	950m:	12:49.04	1200m:	16:14.34	1450m:	19:40.04
250m:	3:17.75	500m:	6:43.30	750m:	10:05.94	1000m:	13:29.99	1250m:	16:55.58	1500m:	20:18.01

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Lourenco Manuel Palmeiro	10		BUZIOS-Coruche	**20:24.38**		330	

50m:	35.41	300m:	3:57.95	550m:	7:23.63	800m:	10:50.67	1050m:	14:17.50	1300m:	17:45.07
100m:	1:14.90	350m:	4:38.96	600m:	8:04.80	850m:	11:31.99	1100m:	14:59.12	1350m:	18:25.83
150m:	1:55.36	400m:	5:19.84	650m:	8:46.14	900m:	12:13.41	1150m:	15:40.76	1400m:	19:06.84
200m:	2:36.53	450m:	6:01.03	700m:	9:27.48	950m:	12:54.83	1200m:	16:22.36	1450m:	19:47.30
250m:	3:17.22	500m:	6:42.41	750m:	10:09.14	1000m:	13:36.26	1250m:	17:04.07	1500m:	20:24.38

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	Abel Elias Ramos	11		Gualdim Pais	**21:55.54**		266	

50m:	38.43	300m:	4:15.67	550m:	7:52.61	800m:	11:34.33	1050m:	15:19.65	1300m:	19:01.43
100m:	1:21.01	350m:	4:59.30	600m:	8:37.10	850m:	12:19.57	1100m:	16:04.05	1350m:	19:45.27
150m:	2:05.52	400m:	5:42.56	650m:	9:21.19	900m:	13:04.87	1150m:	16:48.46	1400m:	20:29.30
200m:	2:48.61	450m:	6:25.48	700m:	10:05.71	950m:	13:50.05	1200m:	17:33.68	1450m:	21:13.41
250m:	3:32.40	500m:	7:08.91	750m:	10:49.60	1000m:	14:35.56	1250m:	18:17.80	1500m:	21:55.54

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	Rodrigo Miguel Alcobia	11	S10	NataÃ§Ã£o Ferreira do Zezer	**22:24.64**		249	

50m:	36.68	300m:	4:11.20	550m:	7:53.59	800m:	11:41.37	1050m:	15:33.72	1300m:	19:23.62
100m:	1:16.92	350m:	4:55.86	600m:	8:38.40	850m:	12:27.55	1100m:	16:19.93	1350m:	20:09.77
150m:	1:59.83	400m:	5:41.24	650m:	9:23.29	900m:	13:13.55	1150m:	17:06.02	1400m:	20:55.68
200m:	2:43.33	450m:	6:24.74	700m:	10:08.89	950m:	14:01.45	1200m:	17:52.69	1450m:	21:41.19
250m:	3:26.60	500m:	7:08.47	750m:	10:55.19	1000m:	14:48.65	1250m:	18:38.20	1500m:	22:24.64

Prova 2, Femin., 800m Livres

Prova 2 — Femin., 800m Livres — Infantil A
28/02/2026 - 10:22 — Resultados

Recorde Distrital ANDS Open	4:17.75	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023
Recorde Distrital ANDS Inf A	9:21.21	Ana Rita Boavista	CNLA	Guimarães	09/03/2002

: 13:17.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Margarida Madeira Pires	12		Rio Maior	**11:11.81**		358	
2.	Diana Marques Maquilao	12		Nautico Salvaterra Magos	**11:29.68**		331	
3.	Ines Santos Pina	12		CLAC-Entroncamento	**11:47.90**		306	
4.	Maria Vitoria Martinho	12		Gualdim Pais	**12:15.68**		273	
5.	Lara Alberto Januario	12		Viver Santarem	**12:53.60**		235	

50m:	37.47	200m:	2:42.95	350m:	4:49.81	500m:	6:57.43	650m:	9:05.31	800m:	11:11.81	
100m:	1:18.85	250m:	3:24.67	400m:	5:32.10	550m:	7:40.11	700m:	9:47.86			
150m:	2:00.58	300m:	4:07.20	450m:	6:14.80	600m:	8:23.11	750m:	10:30.17			
50m:	37.76	200m:	2:46.21	350m:	4:57.49	500m:	7:09.50	650m:	9:21.21	800m:	11:29.68	
100m:	1:19.70	250m:	3:30.22	400m:	5:40.41	550m:	7:53.76	700m:	10:05.45			
150m:	2:03.39	300m:	4:14.38	450m:	6:24.62	600m:	8:37.18	750m:	10:49.03			
50m:	39.48	200m:	2:52.62	350m:	5:08.15	500m:	7:23.86	650m:	9:38.11	800m:	11:47.90	
100m:	1:22.81	250m:	3:38.01	400m:	5:53.60	550m:	8:08.89	700m:	10:22.70			
150m:	2:07.93	300m:	4:23.23	450m:	6:38.75	600m:	8:53.50	750m:	11:07.58			
50m:	37.26	200m:	2:50.95	350m:	5:10.81	500m:	7:33.52	650m:	9:56.09	800m:	12:15.68	
100m:	1:19.89	250m:	3:37.00	400m:	5:58.12	550m:	8:21.10	700m:	10:43.17			
150m:	2:04.88	300m:	4:23.59	450m:	6:45.36	600m:	9:09.19	750m:	11:30.55			
50m:	41.10	200m:	3:04.19	350m:	5:31.16	500m:	8:01.59	650m:	10:31.60	800m:	12:53.60	
100m:	1:27.26	250m:	3:53.99	400m:	6:21.50	550m:	8:51.52	700m:	11:21.07			
150m:	2:15.50	300m:	4:42.91	450m:	7:11.45	600m:	9:41.09	750m:	12:09.20			

Prova 2 — Femin., 800m Livres — Juvenil B
28/02/2026 - 10:22 — Resultados

Recorde Distrital ANDS Open	4:17.75	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023
Recorde Distrital ANDS Juv B	9:10.38	Mafalda Sofia Rosa	CNRM	Albufeira	16/12/2017

: 13:00.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sofia Barroca Pereira	11		BUZIOS-Coruche	**9:59.51**		505	
2.	Catarina Leonor Pereira	11		CLAC-Entroncamento	**12:43.39**		244	

50m:	32.64	200m:	2:22.68	350m:	4:15.95	500m:	6:10.53	650m:	8:06.97	800m:	9:59.51	
100m:	1:08.06	250m:	3:00.76	400m:	4:53.76	550m:	6:49.33	700m:	8:45.61			
150m:	1:45.04	300m:	3:38.79	450m:	5:31.61	600m:	7:27.94	750m:	9:23.91			
50m:	40.38	200m:	3:01.54	350m:	5:25.55	500m:	7:52.14	650m:	10:21.22	800m:	12:43.39	
100m:	1:25.10	250m:	3:49.24	400m:	6:13.96	550m:	8:42.03	700m:	11:10.78			
150m:	2:12.91	300m:	4:37.24	450m:	7:02.20	600m:	9:32.29	750m:	11:59.65			

Prova 2, Femin., 800m Livres

Prova 2 — Femin., 800m Livres — Juvenil A
28/02/2026 - 10:22 — Resultados

Recorde Distrital ANDS Open	4:17.75	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023
Recorde Distrital ANDS Juv A	8:53.34	Mafalda Sofia Rosa	CNRM	Coruche	15/03/2019

: 12:40.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Leonor Sombreireiro Martins	10		BUZIOS-Coruche	**9:39.46**		559	

50m:	32.33	200m:	2:20.06	350m:	4:09.67	500m:	6:00.75	650m:	7:51.68	800m:	9:39.46
100m:	1:07.60	250m:	2:56.35	400m:	4:46.49	550m:	6:37.76	700m:	8:28.28		
150m:	1:43.74	300m:	3:32.84	450m:	5:23.41	600m:	7:14.47	750m:	9:04.76		

Prova 2 — Femin., 800m Livres — Junior
28/02/2026 - 10:22 — Resultados

Recorde Distrital ANDS Open	4:17.75	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023
Recorde Distrital ANDS 18 +	8:44.44	Mafalda Sofia Rosa	CNRM	Albufeira	14/11/2021
Recorde Distrital ANDS 17	8:48.64	Mafalda Sofia Rosa	ROU	Leiria	15/12/2019

Jun/Sen: 12:15.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Madalena Monteiro	08		Torres Novas	**10:07.23**		486	

50m:	34.62	200m:	2:30.41	350m:	4:25.50	500m:	6:20.06	650m:	8:16.10	800m:	10:07.23
100m:	1:12.69	250m:	3:07.93	400m:	5:03.65	550m:	6:59.16	700m:	8:54.39		
150m:	1:51.52	300m:	3:46.88	450m:	5:41.74	600m:	7:38.07	750m:	9:32.72		

Prova 2 — Femin., 800m Livres — Senior
28/02/2026 - 10:22 — Resultados

Recorde Distrital ANDS Open	4:17.75	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023
Recorde Distrital ANDS 18 +	8:44.44	Mafalda Sofia Rosa	CNRM	Albufeira	14/11/2021

Jun/Sen: 12:15.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Catarina Isabel Carlota	05		BUZIOS-Coruche	**10:39.77**		415	

50m:	34.71	200m:	2:31.75	350m:	4:32.93	500m:	6:35.58	650m:	8:38.46	800m:	10:39.77
100m:	1:12.86	250m:	3:11.60	400m:	5:13.82	550m:	7:16.62	700m:	9:19.27		
150m:	1:52.07	300m:	3:52.22	450m:	5:54.35	600m:	7:57.68	750m:	9:59.73		

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
2.	Mariana Mauricio Coelho	07		BUZIOS-Coruche	**10:52.16**		392	

50m:	34.22	200m:	2:33.53	350m:	4:37.96	500m:	6:43.61	650m:	8:48.56	800m:	10:52.16
100m:	1:12.64	250m:	3:14.64	400m:	5:20.10	550m:	7:25.22	700m:	9:30.37		
150m:	1:52.82	300m:	3:56.36	450m:	6:01.31	600m:	8:07.08	750m:	10:12.32		

Prova 3 — Masc., 50m Costas — Juvenil B
28/02/2026 - 10:54 — Resultados

Recorde Distrital ANDS Open	24.97	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	13/12/2013
Recorde Distrital ANDS Juv B	28.31	Simao Dinis Rosa	CNTN	Santarém	07/03/2020

: 37.65

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Manuel Maria Moniz	11		20Km de Almeirim	**32.31**		320	
2.	Francisco Maria Dias	11		Viver Santarem	**32.57**		312	
3.	Martim Maria Salvador	11		Nautico Salvaterra Magos	**32.75**		307	
4.	Gabriel Antonio Marques	11		Nautico Abrantes	**37.29**		208	
5.	Sebastiao Maria Borlinhas	11		BUZIOS-Coruche	**39.15**		180	
	FTL							

Prova 3 — Masc., 50m Costas — Juvenil A
28/02/2026 - 10:54 — Resultados

Recorde Distrital ANDS Open	24.97	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	13/12/2013
Recorde Distrital ANDS Juv A	27.00	Paulo Vakulyuk	CNTN	Torres Novas	12/01/2019

: 37.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Lourenco Vicente Geada	10		Torres Novas	**32.58**		312	
2.	Andre Guilherme Anastacio	10		Nautico Abrantes	**33.29**		292	
3.	Luis Miguel Reis	10		Rio Maior	**33.49**		287	
4.	Vicente Jose Carrilho	10		BUZIOS-Coruche	**36.34**		225	
5.	Guilherme Ferreira Leitao	10		Viver Santarem	**39.35**		177	
	FTL							

Prova 3 — Masc., 50m Costas — Junior
28/02/2026 - 10:54 — Resultados

Recorde Distrital ANDS Open	24.97	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	13/12/2013
Recorde Distrital ANDS 18	26.29	Afonso Guilherme Rosa	CNTN	Funchal	10/12/2016
Recorde Distrital ANDS 17	27.54	Afonso Guilherme Rosa	CNTN	Tomar	14/11/2015

Jun/Sen: 35.80

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Enzo Miguel Anjos	08		Rio Maior	**27.52**		518	
2.	Afonso Bernardo Evaristo	08		Torres Novas	**28.15**		484	
3.	Miguel Silva Lima	09		Nautico Abrantes	**28.87**		449	
4.	Gabriel Sa Chambel	09		CLAC-Entroncamento	**31.08**		360	
5.	Luis Suissas Rato	09		Nautico Salvaterra Magos	**34.47**		263	

Prova 3, Masc., 50m Costas

Prova 3 — Masc., 50m Costas — Senior
28/02/2026 - 10:54 — Resultados

Recorde Distrital ANDS Open	24.97	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	13/12/2013
Recorde Distrital ANDS Sen	24.97	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	13/12/2013

Jun/Sen: 35.80

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Guilherme Filipe Gaboleiro	05		Rio Maior	**30.12**		395	
2.	Afonso Formigo Pinho	06		Torres Novas	**30.43**		383	
3.	Joao Afonso Pacau	02		Gualdim Pais	**35.01**		251	

Prova 4 — Femin., 50m Costas — Juvenil B
28/02/2026 - 11:00 — Resultados

Recorde Distrital ANDS Open	30.06	Mariana Veloso Vitória	CNAB	Tomar	30/06/2013
Recorde Distrital ANDS Juv B	30.06	Mariana Veloso Vitoria	CNAB	Tomar	30/06/2013

: 43.90

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Benedita Maria Lagarinhos	11		Viver Santarem	**35.59**		356	
2.	Beatriz Agostinho Duque	11		20Km de Almeirim	**36.90**		319	

Prova 4 — Femin., 50m Costas — Juvenil A
28/02/2026 - 11:00 — Resultados

Recorde Distrital ANDS Open	30.06	Mariana Veloso Vitória	CNAB	Tomar	30/06/2013
Recorde Distrital ANDS Juv A	30.65	Rafaela Ferreira Mendes	CNTN	Leiria	08/12/2023

: 41.84

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Beatriz Peguinho Simoes	10		Rio Maior	**32.96**		448	
2.	Maria Eduarda Parente	10		Viver Santarem	**36.67**		325	
3.	Debora Sofia Santos	10		Rio Maior	**37.41**		306	

Prova 4 — Femin., 50m Costas — Junior
28/02/2026 - 11:00 — Resultados

Recorde Distrital ANDS Open	30.06	Mariana Veloso Vitória	CNAB	Tomar	30/06/2013
Recorde Distrital ANDS 18 +	30.86	Maria Madalena Silva	CNAB	Tomar	14/11/2015
Recorde Distrital ANDS 17	30.70	Inês Asseiceira Ramos	CNTN	Santarém	07/03/2020

Jun/Sen: 39.89

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Lia Pereira Lopes	09		Rio Maior	**36.82**		321	
2.	Ines Silva Lima	09		Nautico Abrantes	**38.30**		285	

Prova 5 — Masc., 200m Bruços — Infantil B
28/02/2026 - 11:02 — Resultados

Recorde Distrital ANDS Open	2:19.14	Carlos Daniel Nunes	CNSM	Leiria	10/12/2022
Recorde Distrital ANDS Inf B	2:44.17	Miguel Carrico Cruz	SCALAB	Santo Antº Cavaleiros	17/03/2012

: 4:08.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Vicente Manuel Nunes	13		Nautico Salvaterra Magos	**3:10.54**		250	
	50m: 43.39 100m: 1:32.49 150m: 2:22.22 200m: 3:10.54							
2.	Carlos Silvestre Lourenco	13		BUZIOS-Coruche	**3:26.72**		196	
	50m: 45.67 100m: 1:37.12 150m: 2:32.93 200m: 3:26.72							
3.	Hugo Santos Carapeto	13		Nautico Abrantes	**3:27.65**		193	
	50m: 45.41 100m: 1:37.75 150m: 2:33.76 200m: 3:27.65							
4.	Eduardo Agostinho Duque	13		20Km de Almeirim	**3:27.97**		192	
	50m: 46.18 100m: 1:39.58 150m: 2:34.49 200m: 3:27.97							

Prova 5 — Masc., 200m Bruços — Infantil A
28/02/2026 - 11:02 — Resultados

Recorde Distrital ANDS Open	2:19.14	Carlos Daniel Nunes	CNSM	Leiria	10/12/2022
Recorde Distrital ANDS Inf A	2:32.70	Francisco Costa Nunes	CCDSM	Tomar	20/03/2016

: 3:45.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Santiago Raposo Fernandes	12		20Km de Almeirim	**2:59.13**		301	
	50m: 39.03 100m: 1:25.05 150m: 2:12.32 200m: 2:59.13							
2.	Salvador Henrique Vieira	12		Torres Novas	**2:59.92**		297	
	50m: 41.42 100m: 1:27.13 150m: 2:13.87 200m: 2:59.92							
3.	Francisco Grave Reis	12		Rio Maior	**3:06.20**		268	
	50m: 41.59 100m: 1:29.07 150m: 2:17.61 200m: 3:06.20							
4.	Gabriel Mocanu	12		Uniao Samorense	**3:08.49**		259	
	50m: 41.44 100m: 1:29.58 150m: 2:19.28 200m: 3:08.49							
5.	Sandro Jose Tomas	12		BUZIOS-Coruche	**4:13.37**		106	
	FTL							
	50m: 56.11 100m: 2:01.22 150m: 3:08.41 200m: 4:13.37							
DSQ	Matias Rafael Pacheco	12		BUZIOS-Coruche				
	SW 7.2 - O (a) atleta não efectuou o ciclo completo de braçada seguida de pernada de bruços, (efetuou 2 braçadas de bruços no percurso subaquático após a partida)							
DSQ	Martim Silva Bernardo	12		Viver Santarem				
	SW 7.4 - O (a) atleta não rompeu superfície da água com a cabeça com a parte mais larga da segunda braçada depois da partida							
DNS	Lourenco Filipe Costa	12		20Km de Almeirim				
DNS	Artur Miguel Silva	12		Natacao do Tejo				

Prova 5, Masc., 200m Bruços

Prova 5 — Masc., 200m Bruços — Juvenil B
28/02/2026 - 11:02 — Resultados

Recorde Distrital ANDS Open	2:19.14	Carlos Daniel Nunes	CNSM	Leiria	10/12/2022
Recorde Distrital ANDS Juv B	2:31.58	Carlos Daniel Nunes	CNSM	Sines	08/12/2019

: 3:35.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diogo Chambel Santos	11		Nautico Abrantes	**2:53.08**		334	
	50m: 37.69 100m: 1:21.19 150m: 2:06.65 200m: 2:53.08							
2.	Martim Miguel Santos	11		Rio Maior	**2:55.65**		320	
	50m: 39.11 100m: 1:24.25 150m: 2:10.34 200m: 2:55.65							
3.	Dinis Oliveira Nunes	11		BUZIOS-Coruche	**3:10.34**		251	
	50m: 42.06 100m: 1:29.88 150m: 2:19.93 200m: 3:10.34							
4.	Martim Cassis Gomes	11		Torres Novas	**3:12.94**		241	
	50m: 43.64 100m: 1:33.54 150m: 2:24.81 200m: 3:12.94							

Prova 5 — Masc., 200m Bruços — Juvenil A
28/02/2026 - 11:02 — Resultados

Recorde Distrital ANDS Open	2:19.14	Carlos Daniel Nunes	CNSM	Leiria	10/12/2022
Recorde Distrital ANDS Juv A	2:26.42	Francisco Costa Nunes	CCDSM	Albufeira	17/12/2017

: 3:20.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Daniel Filipe Jorge	10		Rio Maior	**2:41.30**		413	
	50m: 36.36 100m: 1:17.59 150m: 1:59.53 200m: 2:41.30							
2.	Guilherme Martins Conceicac	10		Viver Santarem	**2:44.62**		388	
	50m: 36.95 100m: 1:18.56 150m: 2:01.28 200m: 2:44.62							
3.	Guilherme Gomes Nunes	10		Nautico Salvaterra Magos	**2:53.76**		330	
	50m: 37.45 100m: 1:19.89 150m: 2:05.40 200m: 2:53.76							
4.	Afonso Goncalves Leite	10		CLAC-Entroncamento	**3:04.78**		274	
	50m: 40.84 100m: 1:28.33 150m: 2:17.03 200m: 3:04.78							
5.	Pedro Figueiredo Ferreira	10		20Km de Almeirim	**3:06.61**		266	
	50m: 39.14 100m: 1:24.44 150m: 2:13.93 200m: 3:06.61							

Prova 5 — Masc., 200m Bruços — Junior
28/02/2026 - 11:02 — Resultados

Recorde Distrital ANDS Open	2:19.14	Carlos Daniel Nunes	CNSM	Leiria	10/12/2022
Recorde Distrital ANDS 18	2:19.14	Carlos Daniel Nunes	CNSM	Leiria	10/12/2022
Recorde Distrital ANDS 17	2:21.08	Francisco Costa Nunes Nunes	CCDSM	Felgueiras	22/12/2018

Jun/Sen: 3:15.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Afonso Bernardo Evaristo	08		Torres Novas	**2:30.77**		506	
	50m: 35.24 100m: 1:14.35 150m: 1:52.01 200m: 2:30.77							
2.	Dinis Maria Garcia	09		Nautico Abrantes	**2:34.29**		472	
	50m: 34.59 100m: 1:13.81 150m: 1:53.72 200m: 2:34.29							
3.	Martim Silva Oliveira	08		Torres Novas	**2:53.21**		333	
	50m: 38.08 100m: 1:22.20 150m: 2:07.73 200m: 2:53.21							

Prova 5, Masc., 200m Bruços

Prova 5 — Masc., 200m Bruços — Senior
28/02/2026 - 11:02 — Resultados

Recorde Distrital ANDS Open	2:19.14	Carlos Daniel Nunes	CNSM	Leiria	10/12/2022
Recorde Distrital ANDS Sen	2:22.88	Luis Afonso Lopes	VS	Tomar	06/11/2021

Jun/Sen: 3:15.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Luis Filipe Viana	89		CLAC-Entroncamento	**2:29.73**		516	
	50m: 33.96 100m: 1:13.76 150m: 1:51.99 200m: 2:29.73							
2.	Guilherme Antonio Reis	96		Torres Novas	**2:31.37**		500	
	50m: 34.16 100m: 1:11.95 150m: 1:51.71 200m: 2:31.37							
3.	Tomas Alexandre Santos	07		BUZIOS-Coruche	**2:57.99**		307	
	50m: 37.13 100m: 1:21.04 150m: 2:08.59 200m: 2:57.99							
4.	Hugo Miguel Silva	77		BUZIOS-Coruche	**3:06.06**		269	
	50m: 42.96 100m: 1:31.64 150m: 2:19.89 200m: 3:06.06							

Prova 6 — Femin., 200m Bruços — Infantil B
28/02/2026 - 11:18 — Resultados

Recorde Distrital ANDS Open	2:34.64	Maria Madalena Silva	CNAB	Porto	19/12/2014
Recorde Distrital ANDS Inf B	2:45.10	Joana Filipa Vilhena	CNLA	Santarém	06/02/2005

: 4:12.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Amelia Torres	13		Viver Santarem	**3:06.97**		355	
	50m: 40.85 100m: 1:28.39 150m: 2:18.62 200m: 3:06.97							
2.	Valentina Rodrigues Feijao	13		Nautico Salvaterra Magos	**3:26.40**		264	
	50m: 46.99 100m: 1:39.52 150m: 2:33.19 200m: 3:26.40							
3.	Mariana Beatriz Goncalves	13		Uniao Samorense	**3:26.46**		264	
	50m: 46.33 100m: 1:38.76 150m: 2:34.17 200m: 3:26.46							
4.	Maria Carolina Fidalgo	13		Viver Santarem	**3:27.91**		258	
	50m: 49.30 100m: 1:42.62 150m: 2:37.63 200m: 3:27.91							
5.	Marta Bento Ferreira	13		Viver Santarem	**3:28.39**		257	
	50m: 47.13 100m: 1:39.70 150m: 2:34.02 200m: 3:28.39							
6.	Constanca Mendao Silva	13		Rio Maior	**3:35.45**		232	
	50m: 49.83 100m: 1:44.26 150m: 2:40.18 200m: 3:35.45							
7.	Mafalda Ines Martinho	13		CLAC-Entroncamento	**3:35.77**		231	
	50m: 51.42 100m: 1:46.74 150m: 2:42.95 200m: 3:35.77							
8.	Matilde Peixoto Amado	13		Natacao do Tejo	**3:37.01**		227	
	50m: 48.59 100m: 1:42.97 150m: 2:39.81 200m: 3:37.01							
9.	Carolina Marques Ribeiro	13		Rio Maior	**3:57.65**		173	
	50m: 54.10 100m: 1:55.42 150m: 2:57.88 200m: 3:57.65							

Prova 6, Femin., 200m Bruços

Prova 6 — Femin., 200m Bruços — Infantil A
28/02/2026 - 11:18 — Resultados

Recorde Distrital ANDS Open	2:34.64	Maria Madalena Silva	CNAB	Porto	19/12/2014
Recorde Distrital ANDS Inf A	2:43.30	Beatriz Grave Reis	CNRM	Tomar	24/11/2018

: 3:53.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Matilde Casimiro Bibi	12		BUZIOS-Coruche	**2:52.13**		456	
	50m: 39.70 100m: 1:23.36 150m: 2:07.86 200m: 2:52.13							
2.	Alicia Lopes Deep	12		BUZIOS-Coruche	**3:07.86**		350	
	50m: 43.00 100m: 1:30.52 150m: 2:20.32 200m: 3:07.86							
3.	Matilde Abelho Vaz	12		CLAC-Entroncamento	**3:11.57**		330	
	50m: 43.09 100m: 1:31.73 150m: 2:22.38 200m: 3:11.57							
4.	Diana Marques Maquilao	12		Nautico Salvaterra Magos	**3:12.23**		327	
	50m: 43.26 100m: 1:32.08 150m: 2:22.72 200m: 3:12.23							
5.	Maria Francisca Pinheiro	12		Nautico Abrantes	**3:14.86**		314	
	50m: 43.96 100m: 1:33.38 150m: 2:25.57 200m: 3:14.86							
6.	Marta Costa Soares	12		Uniao Samorense	**3:19.40**		293	
	50m: 42.25 100m: 1:31.61 150m: 2:24.78 200m: 3:19.40							
7.	Rita Balsa Alves	12		BUZIOS-Coruche	**3:22.51**		280	
	50m: 45.76 100m: 1:37.33 150m: 2:31.17 200m: 3:22.51							
8.	Maria Vitoria Martinho	12		Gualdim Pais	**3:32.40**		242	
	50m: 48.31 100m: 1:42.06 150m: 2:36.72 200m: 3:32.40							
9.	Maria Pais Santos	12		BUZIOS-Coruche	**3:41.61**		213	
	50m: 47.99 100m: 1:44.33 150m: 2:43.28 200m: 3:41.61							

Prova 6 — Femin., 200m Bruços — Juvenil B
28/02/2026 - 11:18 — Resultados

Recorde Distrital ANDS Open	2:34.64	Maria Madalena Silva	CNAB	Porto	19/12/2014
Recorde Distrital ANDS Juv B	2:45.14	Catia Iordan Agostinho	CNRM	Coruche	11/03/2017

: 3:50.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Carolina Reis Lopes	11		Torres Novas	**3:02.98**		379	
	50m: 42.51 100m: 1:28.41 150m: 2:15.52 200m: 3:02.98							
2.	Mariana Freitas Mota	11		Torres Novas	**3:06.40**		359	
	50m: 42.56 100m: 1:30.04 150m: 2:18.22 200m: 3:06.40							
3.	Rita Lino Ferreira	11		BUZIOS-Coruche	**3:10.11**		338	
	50m: 43.93 100m: 1:32.19 150m: 2:21.61 200m: 3:10.11							

Prova 6, Femin., 200m Bruços

Prova 6 — Femin., 200m Bruços — Juvenil A
28/02/2026 - 11:18 — Resultados

Recorde Distrital ANDS Open	2:34.64	Maria Madalena Silva	CNAB	Porto	19/12/2014
Recorde Distrital ANDS Juv A	2:41.32	Maria Madalena Silva	CNAB	Leiria	07/12/2013

: 3:44.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Lara Paixao Silva	10		Rio Maior	**3:08.79**		345	
	50m: 40.63 100m: 1:27.91 150m: 2:18.17 200m: 3:08.79							
2.	Madalena Bras Salgado	10		Viver Santarem	**3:27.51**		260	
	50m: 47.51 100m: 1:40.30 150m: 2:34.76 200m: 3:27.51							

Prova 6 — Femin., 200m Bruços — Junior
28/02/2026 - 11:18 — Resultados

Recorde Distrital ANDS Open	2:34.64	Maria Madalena Silva	CNAB	Porto	19/12/2014
Recorde Distrital ANDS 18 +	2:38.10	Maria Madalena Silva	CNAB	Caldas da Rainha	28/11/2015
Recorde Distrital ANDS 17	2:34.64	Maria Madalena Silva	CNAB	Porto	19/12/2014

Jun/Sen: 3:35.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Madalena Monteiro	08		Torres Novas	**2:56.86**		420	
	50m: 40.46 100m: 1:25.72 150m: 2:11.96 200m: 2:56.86							
2.	Leonor Marques Carvalho	09		Rio Maior	**3:02.54**		382	
	50m: 42.47 100m: 1:29.03 150m: 2:16.36 200m: 3:02.54							
3.	Maria Ines Campos *FTL*	09		Nautico Abrantes	**3:36.04**		230	
	50m: 49.56 100m: 1:44.12 150m: 2:40.30 200m: 3:36.04							

Prova 6 — Femin., 200m Bruços — Senior
28/02/2026 - 11:18 — Resultados

Recorde Distrital ANDS Open	2:34.64	Maria Madalena Silva	CNAB	Porto	19/12/2014
Recorde Distrital ANDS 18 +	2:38.10	Maria Madalena Silva	CNAB	Caldas da Rainha	28/11/2015

Jun/Sen: 3:35.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Catarina Maria Fragoso	07		Viver Santarem	**2:54.76**		435	
	50m: 39.06 100m: 1:22.52 150m: 2:08.09 200m: 2:54.76							

Prova 7 — Masc., 100m Estilos — Juvenil B
28/02/2026 - 11:36 — Resultados

Recorde Distrital ANDS Open	55.10	Paulo Vakulyuk	CNTN	Leiria	11/12/2022
Recorde Distrital ANDS Juv B	1:02.26	Paulo Bruno Janeiro	CNLA	Caldas da Rainha	02/05/2009

: 1:28.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Manuel Maria Moniz	11		20Km de Almeirim	**1:09.08**		363	
	50m: 32.45 100m: 1:09.08							
2.	Martim Maria Salvador	11		Nautico Salvaterra Magos	**1:10.60**		340	
	50m: 31.60 100m: 1:10.60							
3.	Artur Alexandre Silva	11		20Km de Almeirim	**1:16.84**		263	
	50m: 35.79 100m: 1:16.84							
4.	Salvador Miguel Silva	11		Viver Santarem	**1:23.12**		208	
	50m: 38.02 100m: 1:23.12							

Prova 7 — Masc., 100m Estilos — Juvenil A
28/02/2026 - 11:36 — Resultados

Recorde Distrital ANDS Open	55.10	Paulo Vakulyuk	CNTN	Leiria	11/12/2022
Recorde Distrital ANDS Juv A	1:02.14	Alexandre Morari	CNRM	Tomar	19/11/2022

: 1:25.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisco Manuel Cadete	10		Nautico Abrantes	**1:06.92**		399	
	50m: 30.33 100m: 1:06.92							
2.	Guilherme Gomes Nunes	10		Nautico Salvaterra Magos	**1:11.95**		321	
	50m: 34.45 100m: 1:11.95							
3.	Afonso Goncalves Leite	10		CLAC-Entroncamento	**1:17.33**		258	
	50m: 36.41 100m: 1:17.33							

Prova 7 — Masc., 100m Estilos — Junior
28/02/2026 - 11:36 — Resultados

Recorde Distrital ANDS Open	55.10	Paulo Vakulyuk	CNTN	Leiria	11/12/2022
Recorde Distrital ANDS 18	59.15	Frederico Sucena Riachos	NSCG	Porto	13/12/2015
Recorde Distrital ANDS 17	57.55	Paulo Vakulyuk	CNTN	Felgueiras	22/12/2019

Jun/Sen: 1:22.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Miguel Silva Lima	09		Nautico Abrantes	**1:04.88**		438	
	50m: 29.05 100m: 1:04.88							
2.	Pedro Morgado Costa	09		Rio Maior	**1:07.36**		391	
	50m: 30.78 100m: 1:07.36							
3.	Miguel Ferreira Cruz	08		CLAC-Entroncamento	**1:08.94**		365	
	50m: 30.44 100m: 1:08.94							
4.	Gabriel Sa Chambel	09		CLAC-Entroncamento	**1:09.05**		363	
	50m: 31.01 100m: 1:09.05							
5.	Leonardo Gomes Silva	08		Rio Maior	**1:10.76**		337	
	50m: 33.25 100m: 1:10.76							
6.	Martim Silva Oliveira	08		Torres Novas	**1:11.32**		329	
	50m: 34.23 100m: 1:11.32							
7.	Mateus Emanuel Almeida	09		Rio Maior	**1:20.34**		230	
	50m: 36.96 100m: 1:20.34							

Prova 7, Masc., 100m Estilos, Junior

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
DSQ	Miguel Tomas Amaral	08		Natacao do Tejo				

SW 9.4 - O (a) atleta aos 50 metros não chegou de acordo com as regras aplicadas para esse estilo em particular, (Não chegou na posição dorsal)

Prova 7 — Masc., 100m Estilos — Senior
28/02/2026 - 11:36 — Resultados

Recorde Distrital ANDS Open	55.10	Paulo Vakulyuk	CNTN	Leiria	11/12/2022
Recorde Distrital ANDS Sen	55.10	Paulo Vakulyuk	CNTN	Leiria	11/12/2022

Jun/Sen: 1:22.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Antonio Pires	05		Torres Novas	**1:02.52**		489	
	50m: 28.81 100m: 1:02.52							
2.	Artur Rafael Saramago	97		BUZIOS-Coruche	**1:02.89**		481	
	50m: 29.04 100m: 1:02.89							
3.	Afonso Formigo Pinho	06		Torres Novas	**1:04.70**		441	
	50m: 29.86 100m: 1:04.70							
4.	Ricardo Filipe Gaboleiro	05		Rio Maior	**1:09.14**		362	
	50m: 29.17 100m: 1:09.14							
5.	Simao Rocha Silva	07		Gualdim Pais	**1:10.56**		340	
	50m: 33.09 100m: 1:10.56							
6.	Simao Pedro Oliveira	07		Torres Novas	**1:10.62**		339	
	50m: 32.41 100m: 1:10.62							
7.	Joao Afonso Pacau	02		Gualdim Pais	**1:12.55**		313	
	50m: 33.90 100m: 1:12.55							
8.	Eliseu Manuel Tavares	99		Uniao Samorense	**1:15.20**		281	
	50m: 34.47 100m: 1:15.20							

Prova 8 — Femin., 100m Estilos — Juvenil B
28/02/2026 - 11:44 — Resultados

Recorde Distrital ANDS Open	1:05.92	Carolina Silvério Carpinteiro	CNTEJO	Felgueiras	22/12/2019
Recorde Distrital ANDS Juv B	1:07.13	Margarida Claudino Nicolau	CNTN	Torres Novas	15/02/2020

: 1:31.50

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Mariana Freitas Mota	11		Torres Novas	**1:20.57**		320	
	50m: 39.05 100m: 1:20.57							
2.	Carolina Reis Lopes	11		Torres Novas	**1:20.85**		316	
	50m: 39.07 100m: 1:20.85							
3.	Beatriz Agostinho Duque	11		20Km de Almeirim	**1:23.76**		284	
	50m: 39.69 100m: 1:23.76							
4.	Beatriz Isabel Moura	11		Nautico Abrantes	**1:31.60**		217	
	FTL							
	50m: 41.44 100m: 1:31.60							

Prova 8, Femin., 100m Estilos

Prova 8 — Femin., 100m Estilos — Juvenil A
28/02/2026 - 11:44 — Resultados

Recorde Distrital ANDS Open	1:05.92	Carolina Silvério Carpinteiro	CNTEJO	Felgueiras	22/12/2019
Recorde Distrital ANDS Juv A	1:06.31	Maria Madalena Silva	CNAB	Felgueiras	20/12/2013

: 1:29.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Beatriz Peguinho Simoes	10		Rio Maior	**1:12.33**		442	
	50m: 32.58 100m: 1:12.33							
2.	Maria Leonor Lopes	10		Torres Novas	**1:13.91**		414	
	50m: 33.86 100m: 1:13.91							
3.	Debora Sofia Santos	10		Rio Maior	**1:20.77**		317	
	50m: 37.47 100m: 1:20.77							
4.	Maria Eduarda Parente	10		Viver Santarem	**1:24.28**		279	
	50m: 36.38 100m: 1:24.28							
DNS	Maria Carmo Rodrigues	10		BUZIOS-Coruche				

Prova 8 — Femin., 100m Estilos — Junior
28/02/2026 - 11:44 — Resultados

Recorde Distrital ANDS Open	1:05.92	Carolina Silvério Carpinteiro	CNTEJO	Felgueiras	22/12/2019
Recorde Distrital ANDS 18 +	1:05.92	Carolina Silvério Carpinteiro	CNTEJO	Felgueiras	22/12/2019
Recorde Distrital ANDS 17	1:06.14	Maria Madalena Silva	CNAB	Porto	21/12/2014

Jun/Sen: 1:27.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Catarina Isabel Galvao	09		BUZIOS-Coruche	**1:26.33**		260	
	50m: 40.27 100m: 1:26.33							

Prova 9 — Misto, 4 x 100m Livres — Juvenil
28/02/2026 - 11:54 — Resultados

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rio Maior 1		Rio Maior	**4:05.77**		489	
	50m: 28.02 28.02 150m: 1:30.01 31.31 250m: 2:33.30 28.10 350m: 3:33.55 29.84						
	100m: 58.70 30.68 200m: 2:05.20 35.19 300m: 3:03.71 30.41 400m: 4:05.77 32.22						
2.	BUZIOS-Coruche 1		BUZIOS-Coruche	**4:06.11**		487	
	50m: 28.33 28.33 150m: 1:28.65 30.14 250m: 2:31.50 29.93 350m: 3:34.44 29.49						
	100m: 58.51 30.18 200m: 2:01.57 32.92 300m: 3:04.95 33.45 400m: 4:06.11 31.67						
3.	Torres Novas 1		Torres Novas	**4:14.78**		438	
	50m: 29.27 29.27 150m: 1:29.89 29.80 250m: 2:35.95 33.31 350m: 3:41.96 30.58						
	100m: 1:00.09 30.82 200m: 2:02.64 32.75 300m: 3:11.38 35.43 400m: 4:14.78 32.82						
4.	Viver Santarem 1		Viver Santarem	**4:22.19**		402	
	50m: 29.48 29.48 150m: 1:34.21 32.98 250m: 2:40.39 30.27 350m: 3:46.17 32.36						
	100m: 1:01.23 31.75 200m: 2:10.12 35.91 300m: 3:13.81 33.42 400m: 4:22.19 36.02						

Prova 9, Misto, 4 x 100m Livres

Prova 9 — Misto, 4 x 100m Livres — Junior
28/02/2026 - 11:54 — Resultados

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rio Maior 2		Rio Maior	**4:10.76**		460	
	50m: 28.83 28.83	150m: 1:32.66	33.35	250m: 2:40.02	31.72	350m: 3:41.71	26.47
	100m: 59.31 30.48	200m: 2:08.30	35.64	300m: 3:15.24	35.22	400m: 4:10.76	29.05
2.	Nautico Abrantes 1		Nautico Abrantes	**4:31.72**		361	
	50m: 27.38 27.38	150m: 1:34.02	36.62	250m: 2:51.07	33.09	350m: 3:57.57	29.38
	100m: 57.40 30.02	200m: 2:17.98	43.96	300m: 3:28.19	37.12	400m: 4:31.72	34.15

Prova 9 — Misto, 4 x 100m Livres — Seniores
28/02/2026 - 11:54 — Resultados

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	BUZIOS-Coruche 2		BUZIOS-Coruche	**4:13.06**		447	
	50m: 27.73 27.73	150m: 1:29.87	32.60	250m: 2:37.81	31.81	350m: 3:41.68	27.75
	100m: 57.27 29.54	200m: 2:06.00	36.13	300m: 3:13.93	36.12	400m: 4:13.06	31.38

Prova 10 — Femin., 4 x 200m Livres — Absoluto
28/02/2026 - 12:04 — Resultados

Recorde Distrital ANDS 18 +	9:36.84	SCALABISPORT	SCALAB	Tomar	19/11/2011
Recorde Distrital ANDS 16 - 17	9:11.68	Clube Natacao de Rio Maior	CNRM	Coruche	16/03/2019
Recorde Distrital ANDS Juv B	9:42.57	CNTN	CNTN	Setúbal	04/12/2015
Recorde Distrital ANDS 14 - 15	9:11.29	Clube Natacao de Rio Maior	CNRM	Tomar	11/11/2016
Recorde Distrital ANDS Inf A	9:46.07	CNTN	CNTN	Leiria	12/12/2014
Recorde Distrital ANDS Inf B	9:52.20	CNLA	CNLA	Ponte de Sor	19/03/2005
Recorde Distrital ANDS 12 - 13	9:40.34	CNRM	CNRM	Coruche	15/03/2015
Recorde Distrital ANDS 12 +	8:55.95	CNRM	CNRM	Leiria	14/12/2019

Inf A: 12:14.00; Inf B: 12:30.00; Juv A: 12:00.00; Juv B: 12:06.00; Jun/Sen: 11:45.00

Pontos: AQUA 2025

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts

2 - 2ª SESSÃO 28/02/2026 - 15:30

Prova 11 — Masc., 400m Livres — Infantil B
28/02/2026 - 15:30 — Resultados

Recorde Distrital ANDS Open	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Inf B	4:32.58	David Filipe Pacheco	BUZIOS	Lagos	25/03/2023

: 6:30.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Hugo Santos Carapeto	13		Nautico Abrantes	**5:35.85**		252	
	50m: 37.01 150m: 2:00.29 250m: 3:27.47 350m: 4:54.63							
	100m: 1:17.67 200m: 2:43.83 300m: 4:11.38 400m: 5:35.85							
2.	Vicente Manuel Nunes	13		Nautico Salvaterra Magos	**5:38.71**		246	
	50m: 37.89 150m: 2:02.20 250m: 3:29.29 350m: 4:55.86							
	100m: 1:19.89 200m: 2:45.68 300m: 4:12.47 400m: 5:38.71							
3.	Santiago Tacao Ribeiro	13		Rio Maior	**6:26.67**		165	
	50m: 40.82 150m: 2:19.64 250m: 4:00.70 350m: 5:41.33							
	100m: 1:29.13 200m: 3:09.96 300m: 4:51.66 400m: 6:26.67							

Prova 11 — Masc., 400m Livres — Infantil A
28/02/2026 - 15:30 — Resultados

Recorde Distrital ANDS Open	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Inf A	4:22.64	Pedro Diogo Oliveira	CNRM	Benavente	26/05/2002

: 6:07.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Martim Rocha Silva	12		Gualdim Pais	**4:53.22**		379	
	50m: 34.82 150m: 1:50.73 250m: 3:05.41 350m: 4:18.73							
	100m: 1:13.05 200m: 2:27.88 300m: 3:41.92 400m: 4:53.22							
2.	Afonso Ferreira Cruz	12		CLAC-Entroncamento	**5:49.61**		223	
	50m: 39.95 150m: 2:10.86 250m: 3:42.12 350m: 5:10.26							
	100m: 1:24.66 200m: 2:56.20 300m: 4:27.52 400m: 5:49.61							
3.	Martim Silva Bernardo	12		Viver Santarem	**6:01.07**		203	
	50m: 41.02 150m: 2:12.13 250m: 3:44.86 350m: 5:17.32							
	100m: 1:26.33 200m: 2:58.57 300m: 4:30.97 400m: 6:01.07							

Prova 11 — Masc., 400m Livres — Juvenil B
28/02/2026 - 15:30 — Resultados

Recorde Distrital ANDS Open	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv B	4:09.90	Pedro Diogo Oliveira	CNRM	Rio Maior	12/07/2003

: 5:36.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisco Maria Dias	11		Viver Santarem	**4:48.67**		397	
	50m: 31.57 150m: 1:44.12 250m: 2:58.04 350m: 4:11.55							
	100m: 1:07.22 200m: 2:21.13 300m: 3:34.84 400m: 4:48.67							
2.	Heliodoro Joao Sombreireiro	11		BUZIOS-Coruche	**4:52.71**		381	
	50m: 31.37 150m: 1:44.20 250m: 3:00.17 350m: 4:16.33							
	100m: 1:07.01 200m: 2:22.15 300m: 3:38.13 400m: 4:52.71							
3.	Diogo Chambel Santos	11		Nautico Abrantes	**5:05.65**		334	
	50m: 33.94 150m: 1:49.82 250m: 3:07.98 350m: 4:26.61							
	100m: 1:11.46 200m: 2:28.88 300m: 3:47.57 400m: 5:05.65							

Prova 11, Masc., 400m Livres, Juvenil B

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	Antonio Francisco Rouxinol	11		BUZIOS-Coruche	**5:06.63**		331	
	50m: 33.69 150m: 1:52.12 250m: 3:09.99 350m: 4:26.82							
	100m: 1:12.87 200m: 2:31.08 300m: 3:48.54 400m: 5:06.63							
5.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	**5:14.90**		306	
	50m: 35.15 150m: 1:53.85 250m: 3:15.20 350m: 4:36.04							
	100m: 1:13.88 200m: 2:34.77 300m: 3:55.90 400m: 5:14.90							
6.	Rodrigo Miguel Alcobia *FTL*	11	S10	NataÃ§Ã£o Ferreira do Zezere	**5:42.37**		238	
	50m: 36.23 150m: 1:59.46 250m: 3:26.91 350m: 4:57.74							
	100m: 1:16.17 200m: 2:42.97 300m: 4:12.45 400m: 5:42.37							

Prova 11 — Masc., 400m Livres — Juvenil A
28/02/2026 - 15:30 — Resultados

Recorde Distrital ANDS Open	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv A	3:59.33	Gustavo Manuel Santa	CNLA	Entroncamento	16/05/2009

: 5:26.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Filipe Pacheco	10		BUZIOS-Coruche	**4:22.41**		529	
	50m: 29.57 150m: 1:34.82 250m: 2:42.21 350m: 3:49.90							
	100m: 1:01.75 200m: 2:08.50 300m: 3:16.00 400m: 4:22.41							
2.	Daniel Filipe Jorge	10		Rio Maior	**4:26.91**		502	
	50m: 30.07 150m: 1:37.02 250m: 2:44.19 350m: 3:52.74							
	100m: 1:03.37 200m: 2:10.41 300m: 3:18.25 400m: 4:26.91							
3.	Tiago Frazao Barra	10		Rio Maior	**4:28.96**		491	
	50m: 31.08 150m: 1:37.59 250m: 2:46.57 350m: 3:55.63							
	100m: 1:03.77 200m: 2:12.25 300m: 3:21.12 400m: 4:28.96							
4.	Andre Guilherme Anastacio	10		Nautico Abrantes	**4:44.03**		417	
	50m: 30.72 150m: 1:39.37 250m: 2:51.69 350m: 4:06.53							
	100m: 1:04.23 200m: 2:15.21 300m: 3:28.94 400m: 4:44.03							
5.	Lourenco Manuel Palmeiro	10		BUZIOS-Coruche	**5:10.28**		320	
	50m: 33.70 150m: 1:51.24 250m: 3:11.58 350m: 4:31.75							
	100m: 1:12.18 200m: 2:31.35 300m: 3:52.14 400m: 5:10.28							
6.	Vicente Jose Carrilho	10		BUZIOS-Coruche	**5:11.06**		317	
	50m: 34.06 150m: 1:49.13 250m: 3:08.08 350m: 4:30.55							
	100m: 1:11.16 200m: 2:28.55 300m: 3:49.02 400m: 5:11.06							
7.	Guilherme Ferreira Leitao *FTL*	10		Viver Santarem	**5:34.35**		255	
	50m: 35.78 150m: 1:59.13 250m: 3:24.69 350m: 4:50.46							
	100m: 1:16.98 200m: 2:42.11 300m: 4:08.39 400m: 5:34.35							

Prova 11, Masc., 400m Livres

Prova 11 — Masc., 400m Livres — Junior
28/02/2026 - 15:30 — Resultados

Recorde Distrital ANDS Open	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS 18	4:02.22	Tiago Filipe Campos	Sel POR	Felgueiras	22/04/2017
Recorde Distrital ANDS 17	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009

Jun/Sen: 5:20.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Alberto Padre	08		Rio Maior	**4:11.53**		600	
	50m: 29.67 150m: 1:31.71 250m: 2:34.76 350m: 3:39.66							
	100m: 1:01.03 200m: 2:03.09 300m: 3:07.18 400m: 4:11.53							
2.	Gabriel Antunes Ramos	09		Rio Maior	**4:36.82**		450	
	50m: 31.78 150m: 1:40.23 250m: 2:50.89 350m: 4:01.43							
	100m: 1:05.49 200m: 2:15.55 300m: 3:25.96 400m: 4:36.82							

Prova 11 — Masc., 400m Livres — Senior
28/02/2026 - 15:30 — Resultados

Recorde Distrital ANDS Open	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Sen	3:54.00	Tiago Filipe Campos	CNRM	Albufeira	13/11/2021

Jun/Sen: 5:20.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Afonso Formigo Pinho	06		Torres Novas	**4:27.59**		499	
	50m: 30.40 150m: 1:38.79 250m: 2:48.53 350m: 3:57.86							
	100m: 1:04.23 200m: 2:13.89 300m: 3:23.37 400m: 4:27.59							
2.	Tomas Alexandre Santos	07		BUZIOS-Coruche	**4:49.72**		393	
	50m: 30.67 150m: 1:40.72 250m: 2:55.39 350m: 4:11.95							
	100m: 1:05.00 200m: 2:17.72 300m: 3:33.26 400m: 4:49.72							
3.	Joao Pedro Rosa	90		CLAC-Entroncamento	**5:02.29**		346	
	50m: 33.82 150m: 1:49.99 250m: 3:05.97 350m: 4:24.01							
	100m: 1:11.08 200m: 2:27.86 300m: 3:44.88 400m: 5:02.29							
4.	Hugo Miguel Silva *FTL*	77		BUZIOS-Coruche	**5:27.11**		273	
	50m: 36.25 150m: 1:59.67 250m: 3:22.83 350m: 4:47.07							
	100m: 1:17.18 200m: 2:41.49 300m: 4:03.87 400m: 5:27.11							

Prova 11, Masc., 400m Livres

Prova 11 — Masc., 400m Livres — S10
28/02/2026 - 15:30 — Resultados

Recorde Distrital ANDS Open	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Sen	3:54.00	Tiago Filipe Campos	CNRM	Albufeira	13/11/2021
Recorde Distrital ANDS 18	4:02.22	Tiago Filipe Campos	Sel POR	Felgueiras	22/04/2017
Recorde Distrital ANDS 17	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv A	3:59.33	Gustavo Manuel Santa	CNLA	Entroncamento	16/05/2009
Recorde Distrital ANDS Juv B	4:09.90	Pedro Diogo Oliveira	CNRM	Rio Maior	12/07/2003
Recorde Distrital ANDS Inf A	4:22.64	Pedro Diogo Oliveira	CNRM	Benavente	26/05/2002
Recorde Distrital ANDS Inf B	4:32.58	David Filipe Pacheco	BUZIOS	Lagos	25/03/2023

Inf A: 6:07.00; Inf B: 6:30.00; Juv B: 5:36.00; Juv A: 5:26.00; Jun/Sen: 5:20.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Alberto Padre	08		Rio Maior	**4:11.53**		600	
	50m: 29.67 150m: 1:31.71 250m: 2:34.76 350m: 3:39.66							
	100m: 1:01.03 200m: 2:03.09 300m: 3:07.18 400m: 4:11.53							
2.	David Filipe Pacheco	10		BUZIOS-Coruche	**4:22.41**		529	
	50m: 29.57 150m: 1:34.82 250m: 2:42.21 350m: 3:49.90							
	100m: 1:01.75 200m: 2:08.50 300m: 3:16.00 400m: 4:22.41							
3.	Daniel Filipe Jorge	10		Rio Maior	**4:26.91**		502	
	50m: 30.07 150m: 1:37.02 250m: 2:44.19 350m: 3:52.74							
	100m: 1:03.37 200m: 2:10.41 300m: 3:18.25 400m: 4:26.91							
4.	Afonso Formigo Pinho	06		Torres Novas	**4:27.59**		499	
	50m: 30.40 150m: 1:38.79 250m: 2:48.53 350m: 3:57.86							
	100m: 1:04.23 200m: 2:13.89 300m: 3:23.37 400m: 4:27.59							
5.	Tiago Frazao Barra	10		Rio Maior	**4:28.96**		491	
	50m: 31.08 150m: 1:37.59 250m: 2:46.57 350m: 3:55.63							
	100m: 1:03.77 200m: 2:12.25 300m: 3:21.12 400m: 4:28.96							
6.	Gabriel Antunes Ramos	09		Rio Maior	**4:36.82**		450	
	50m: 31.78 150m: 1:40.23 250m: 2:50.89 350m: 4:01.43							
	100m: 1:05.49 200m: 2:15.55 300m: 3:25.96 400m: 4:36.82							
7.	Andre Guilherme Anastacio	10		Nautico Abrantes	**4:44.03**		417	
	50m: 30.72 150m: 1:39.37 250m: 2:51.69 350m: 4:06.53							
	100m: 1:04.23 200m: 2:15.21 300m: 3:28.94 400m: 4:44.03							
8.	Francisco Maria Dias	11		Viver Santarem	**4:48.67**		397	
	50m: 31.57 150m: 1:44.12 250m: 2:58.04 350m: 4:11.55							
	100m: 1:07.22 200m: 2:21.13 300m: 3:34.84 400m: 4:48.67							
9.	Tomas Alexandre Santos	07		BUZIOS-Coruche	**4:49.72**		393	
	50m: 30.67 150m: 1:40.72 250m: 2:55.39 350m: 4:11.95							
	100m: 1:05.00 200m: 2:17.72 300m: 3:33.26 400m: 4:49.72							
10.	Heliodoro Joao Sombreireiro	11		BUZIOS-Coruche	**4:52.71**		381	
	50m: 31.37 150m: 1:44.20 250m: 3:00.17 350m: 4:16.33							
	100m: 1:07.01 200m: 2:22.15 300m: 3:38.13 400m: 4:52.71							
11.	Martim Rocha Silva	12		Gualdim Pais	**4:53.22**		379	
	50m: 34.82 150m: 1:50.73 250m: 3:05.41 350m: 4:18.73							
	100m: 1:13.05 200m: 2:27.88 300m: 3:41.92 400m: 4:53.22							
12.	Joao Pedro Rosa	90		CLAC-Entroncamento	**5:02.29**		346	
	50m: 33.82 150m: 1:49.99 250m: 3:05.97 350m: 4:24.01							
	100m: 1:11.08 200m: 2:27.86 300m: 3:44.88 400m: 5:02.29							
13.	Diogo Chambel Santos	11		Nautico Abrantes	**5:05.65**		334	
	50m: 33.94 150m: 1:49.82 250m: 3:07.98 350m: 4:26.61							
	100m: 1:11.46 200m: 2:28.88 300m: 3:47.57 400m: 5:05.65							
14.	Antonio Francisco Rouxinol	11		BUZIOS-Coruche	**5:06.63**		331	
	50m: 33.69 150m: 1:52.12 250m: 3:09.99 350m: 4:26.82							
	100m: 1:12.87 200m: 2:31.08 300m: 3:48.54 400m: 5:06.63							

Prova 11, Masc., 400m Livres, S10

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Lourenco Manuel Palmeiro	10		BUZIOS-Coruche	**5:10.28**		320	
	50m: 33.70 150m: 1:51.24 250m: 3:11.58 350m: 4:31.75							
	100m: 1:12.18 200m: 2:31.35 300m: 3:52.14 400m: 5:10.28							
16.	Vicente Jose Carrilho	10		BUZIOS-Coruche	**5:11.06**		317	
	50m: 34.06 150m: 1:49.13 250m: 3:08.08 350m: 4:30.55							
	100m: 1:11.16 200m: 2:28.55 300m: 3:49.02 400m: 5:11.06							
17.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	**5:14.90**		306	
	50m: 35.15 150m: 1:53.85 250m: 3:15.20 350m: 4:36.04							
	100m: 1:13.88 200m: 2:34.77 300m: 3:55.90 400m: 5:14.90							
18.	Hugo Miguel Silva *FTL*	77		BUZIOS-Coruche	**5:27.11**		273	
	50m: 36.25 150m: 1:59.67 250m: 3:22.83 350m: 4:47.07							
	100m: 1:17.18 200m: 2:41.49 300m: 4:03.87 400m: 5:27.11							
19.	Guilherme Ferreira Leitao *FTL*	10		Viver Santarem	**5:34.35**		255	
	50m: 35.78 150m: 1:59.13 250m: 3:24.69 350m: 4:50.46							
	100m: 1:16.98 200m: 2:42.11 300m: 4:08.39 400m: 5:34.35							
20.	Hugo Santos Carapeto	13		Nautico Abrantes	**5:35.85**		252	
	50m: 37.01 150m: 2:00.29 250m: 3:27.47 350m: 4:54.63							
	100m: 1:17.67 200m: 2:43.83 300m: 4:11.38 400m: 5:35.85							
21.	Vicente Manuel Nunes	13		Nautico Salvaterra Magos	**5:38.71**		246	
	50m: 37.89 150m: 2:02.20 250m: 3:29.29 350m: 4:55.86							
	100m: 1:19.89 200m: 2:45.68 300m: 4:12.47 400m: 5:38.71							
22.	Rodrigo Miguel Alcobia *FTL*	11	S10	NataÃ§Ã£o Ferreira do Zezere	**5:42.37**		238	
	50m: 36.23 150m: 1:59.46 250m: 3:26.91 350m: 4:57.74							
	100m: 1:16.17 200m: 2:42.97 300m: 4:12.45 400m: 5:42.37							
23.	Afonso Ferreira Cruz	12		CLAC-Entroncamento	**5:49.61**		223	
	50m: 39.95 150m: 2:10.86 250m: 3:42.12 350m: 5:10.26							
	100m: 1:24.66 200m: 2:56.20 300m: 4:27.52 400m: 5:49.61							
24.	Martim Silva Bernardo	12		Viver Santarem	**6:01.07**		203	
	50m: 41.02 150m: 2:12.13 250m: 3:44.86 350m: 5:17.32							
	100m: 1:26.33 200m: 2:58.57 300m: 4:30.97 400m: 6:01.07							
25.	Santiago Tacao Ribeiro	13		Rio Maior	**6:26.67**		165	
	50m: 40.82 150m: 2:19.64 250m: 4:00.70 350m: 5:41.33							
	100m: 1:29.13 200m: 3:09.96 300m: 4:51.66 400m: 6:26.67							

Prova 12 — Femin., 400m Livres — Infantil B
28/02/2026 - 15:56 — Resultados

Recorde Distrital ANDS Open	4:18.88	Mafalda Sofia Rosa	CNRM	Leiria	10/12/2022
Recorde Distrital ANDS Inf B	4:39.54	Mafalda Sofia Rosa	CNRM	Tomar	20/03/2016

: 6:50.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Constanca Mendao Silva	13		Rio Maior	**6:11.53**		238	
	50m: 41.20 150m: 2:15.80 250m: 3:51.50 350m: 5:27.02							
	100m: 1:27.85 200m: 3:03.56 300m: 4:39.73 400m: 6:11.53							
2.	Mafalda Ines Martinho	13		CLAC-Entroncamento	**6:12.89**		235	
	50m: 42.38 150m: 2:18.17 250m: 3:53.42 350m: 5:28.39							
	100m: 1:29.23 200m: 3:04.89 300m: 4:41.61 400m: 6:12.89							

Prova 12, Femin., 400m Livres

Prova 12 — Femin., 400m Livres — Infantil A
28/02/2026 - 15:56 — Resultados

Recorde Distrital ANDS Open	4:18.88	Mafalda Sofia Rosa	CNRM	Leiria	10/12/2022
Recorde Distrital ANDS Inf A	4:33.98	Ana Rita Boavista	CNLA	Guimarães	10/03/2002

: 6:34.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Francisca Pinheiro	12		Nautico Abrantes	**5:32.02**		333	
	50m: 36.61 150m: 1:58.43 250m: 3:23.62 350m: 4:50.21							
	100m: 1:16.88 200m: 2:40.81 300m: 4:07.48 400m: 5:32.02							
2.	Matilde Abelho Vaz	12		CLAC-Entroncamento	**5:38.35**		315	
	50m: 36.77 150m: 2:02.23 250m: 3:29.58 350m: 4:56.37							
	100m: 1:18.22 200m: 2:45.39 300m: 4:13.26 400m: 5:38.35							
3.	Ines Santos Pina	12		CLAC-Entroncamento	**5:47.23**		291	
	50m: 38.76 150m: 2:06.12 250m: 3:34.49 350m: 5:03.99							
	100m: 1:21.76 200m: 2:50.15 300m: 4:19.10 400m: 5:47.23							
4.	Maria Vitoria Martinho	12		Gualdim Pais	**5:54.41**		274	
	50m: 39.02 150m: 2:07.45 250m: 3:38.13 350m: 5:10.13							
	100m: 1:22.70 200m: 2:52.81 300m: 4:24.09 400m: 5:54.41							
5.	Lara Alberto Januario	12		Viver Santarem	**5:55.61**		271	
	50m: 38.37 150m: 2:06.62 250m: 3:40.01 350m: 5:12.23							
	100m: 1:21.12 200m: 2:53.20 300m: 4:26.40 400m: 5:55.61							
6.	Joana Verissimo Tavares	12		CLAC-Entroncamento	**5:59.48**		262	
	50m: 38.41 150m: 2:07.90 250m: 3:40.14 350m: 5:13.56							
	100m: 1:22.51 200m: 2:53.77 300m: 4:26.40 400m: 5:59.48							
7.	Maria Leonor Serodio	12		Viver Santarem	**6:25.42**		213	
	50m: 41.25 150m: 2:17.30 250m: 3:57.33 350m: 5:37.22							
	100m: 1:27.95 200m: 3:07.20 300m: 4:47.09 400m: 6:25.42							

Prova 12 — Femin., 400m Livres — Juvenil B
28/02/2026 - 15:56 — Resultados

Recorde Distrital ANDS Open	4:18.88	Mafalda Sofia Rosa	CNRM	Leiria	10/12/2022
Recorde Distrital ANDS Juv B	4:26.26	Mafalda Sofia Rosa	CNRM	Tomar	19/11/2017

: 6:19.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sofia Barroca Pereira	11		BUZIOS-Coruche	**4:38.63**		564	
	50m: 31.73 150m: 1:41.20 250m: 2:52.97 350m: 4:04.27							
	100m: 1:05.72 200m: 2:16.90 300m: 3:28.68 400m: 4:38.63							

Prova 12, Femin., 400m Livres

Prova 12 — Femin., 400m Livres — Juvenil A
28/02/2026 - 15:56 — Resultados

Recorde Distrital ANDS Open	4:18.88	Mafalda Sofia Rosa	CNRM	Leiria	10/12/2022
Recorde Distrital ANDS Juv A	4:25.09	Mafalda Sofia Rosa	CNRM	Coruche	15/03/2019

: 6:07.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Leonor Sombreireiro Martins	10		BUZIOS-Coruche	**4:39.08**		561	
	50m: 31.64 150m: 1:40.85 250m: 2:52.81 350m: 4:05.03							
	100m: 1:05.49 200m: 2:16.60 300m: 3:28.91 400m: 4:39.08							
2.	Lara Paixao Silva	10		Rio Maior	**5:03.13**		438	
	50m: 33.53 150m: 1:49.65 250m: 3:06.94 350m: 4:24.83							
	100m: 1:10.69 200m: 2:28.48 300m: 3:45.79 400m: 5:03.13							
3.	Madalena Bras Salgado	10		Viver Santarem	**5:51.60**		280	
	50m: 39.11 150m: 2:07.54 250m: 3:38.28 350m: 5:08.46							
	100m: 1:22.85 200m: 2:52.98 300m: 4:23.65 400m: 5:51.60							

Prova 12 — Femin., 400m Livres — Senior
28/02/2026 - 15:56 — Resultados

Recorde Distrital ANDS Open	4:18.88	Mafalda Sofia Rosa	CNRM	Leiria	10/12/2022
Recorde Distrital ANDS 18 +	4:17.75	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023

Jun/Sen: 5:42.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Catarina Isabel Carlota	05		BUZIOS-Coruche	**5:09.33**		412	
	50m: 33.78 150m: 1:50.00 250m: 3:09.11 350m: 4:29.36							
	100m: 1:11.18 200m: 2:29.35 300m: 3:49.11 400m: 5:09.33							
2.	Mariana Mauricio Coelho	07		BUZIOS-Coruche	**5:11.66**		403	
	50m: 35.11 150m: 1:54.08 250m: 3:13.83 350m: 4:33.36							
	100m: 1:14.03 200m: 2:33.63 300m: 3:53.71 400m: 5:11.66							
3.	Joana Teixeira Viana	97		CLAC-Entroncamento	**5:27.91**		346	
	50m: 37.07 150m: 1:58.45 250m: 3:21.46 350m: 4:46.69							
	100m: 1:17.83 200m: 2:39.77 300m: 4:03.53 400m: 5:27.91							

Prova 13 — Masc., 100m Mariposa — Infantil B
28/02/2026 - 16:12 — Resultados

Recorde Distrital ANDS Open	53.39	Paulo Vakulyuk	CNTN	Leiria	10/12/2022
Recorde Distrital ANDS Inf B	1:06.88	Fábio Miguel Samouco	CNTN	Coruche	10/05/2008

: 1:49.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Goncalo Pato Mateus	13		Uniao Samorense	**1:16.89**		238	
	50m: 35.30 100m: 1:16.89							
2.	Tomas Miguel Madeira	13		20Km de Almeirim	**1:25.02**		176	
	50m: 38.54 100m: 1:25.02							

Prova 13, Masc., 100m Mariposa

Prova 13 — Masc., 100m Mariposa — Infantil A
28/02/2026 - 16:12 — Resultados

Recorde Distrital ANDS Open	53.39	Paulo Vakulyuk	CNTN	Leiria	10/12/2022
Recorde Distrital ANDS Inf A	1:01.82	Pedro Diogo Oliveira	CNRM	Samora Correia	12/05/2002

: 1:42.50

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rodrigo Miranda Rosa	12		Uniao Samorense	**1:14.68**		260	
	50m: 34.97 100m: 1:14.68							
2.	Lourenco Filipe Costa	12		20Km de Almeirim	**1:18.25**		226	
	50m: 36.96 100m: 1:18.25							
3.	Salvador Henrique Vieira	12		Torres Novas	**1:18.30**		226	
	50m: 36.34 100m: 1:18.30							
4.	Sandro Jose Tomas	12		BUZIOS-Coruche	**1:28.36**		157	
	50m: 38.72 100m: 1:28.36							
DNS	Francisco Grave Reis	12		Rio Maior				

Prova 13 — Masc., 100m Mariposa — Juvenil B
28/02/2026 - 16:12 — Resultados

Recorde Distrital ANDS Open	53.39	Paulo Vakulyuk	CNTN	Leiria	10/12/2022
Recorde Distrital ANDS Juv B	57.72	Pedro Diogo Oliveira	CNRM	Rio Maior	12/07/2003

: 1:35.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Artur Alexandre Silva	11		20Km de Almeirim	**1:10.44**		310	
	50m: 33.53 100m: 1:10.44							
2.	Heliodoro Joao Sombreireiro	11		BUZIOS-Coruche	**1:16.00**		247	
	50m: 34.48 100m: 1:16.00							
3.	Salvador Miguel Silva	11		Viver Santarem	**1:21.13**		203	
	50m: 36.67 100m: 1:21.13							
4.	Sebastiao Maria Borlinhas	11		BUZIOS-Coruche	**1:23.86**		184	
	50m: 37.66 100m: 1:23.86							

Prova 13 — Masc., 100m Mariposa — Juvenil A
28/02/2026 - 16:12 — Resultados

Recorde Distrital ANDS Open	53.39	Paulo Vakulyuk	CNTN	Leiria	10/12/2022
Recorde Distrital ANDS Juv A	56.43	Pedro Diogo Oliveira	CNRM	Abrantes	31/01/2004

: 1:27.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Filipe Pacheco	10		BUZIOS-Coruche	**1:02.01**		455	
	50m: 29.32 100m: 1:02.01							
2.	Francisco Manuel Cadete	10		Nautico Abrantes	**1:03.22**		429	
	50m: 29.16 100m: 1:03.22							
3.	Andre Guilherme Anastacio	10		Nautico Abrantes	**1:10.79**		306	
	50m: 32.60 100m: 1:10.79							
4.	Vicente Jose Carrilho	10		BUZIOS-Coruche	**1:12.57**		284	
	50m: 33.65 100m: 1:12.57							
5.	Luis Miguel Reis	10		Rio Maior	**1:12.76**		281	
	50m: 34.29 100m: 1:12.76							

Prova 13, Masc., 100m Mariposa, Juvenil A

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Afonso Goncalves Leite	10		CLAC-Entroncamento	**1:13.75**		270	
	50m: 33.99 100m: 1:13.75							

Prova 13 — Masc., 100m Mariposa — Junior
28/02/2026 - 16:12 — Resultados

Recorde Distrital ANDS Open	53.39	Paulo Vakulyuk	CNTN	Leiria	10/12/2022
Recorde Distrital ANDS 18	54.60	Paulo Vakulyuk	ROU	Abrantes	15/05/2021
Recorde Distrital ANDS 17	54.09	Paulo Vakulyuk	CNTN	Felgueiras	21/12/2019

Jun/Sen: 1:19.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Enzo Miguel Anjos	08		Rio Maior	**59.37**		518	
	50m: 27.98 100m: 59.37							
2.	Luis Suissas Rato	09		Nautico Salvaterra Magos	**1:01.94**		456	
	50m: 29.37 100m: 1:01.94							
3.	Pedro Morgado Costa	09		Rio Maior	**1:02.72**		440	
	50m: 29.62 100m: 1:02.72							
4.	Miguel Ferreira Cruz	08		CLAC-Entroncamento	**1:05.06**		394	
	50m: 30.68 100m: 1:05.06							
5.	Leonardo Gomes Silva	08		Rio Maior	**1:07.00**		361	
	50m: 31.00 100m: 1:07.00							
6.	Mateus Emanuel Almeida *FTL*	09		Rio Maior	**1:20.95**		204	
	50m: 36.91 100m: 1:20.95							

Prova 13 — Masc., 100m Mariposa — Senior
28/02/2026 - 16:12 — Resultados

Recorde Distrital ANDS Open	53.39	Paulo Vakulyuk	CNTN	Leiria	10/12/2022
Recorde Distrital ANDS Sen	53.39	Paulo Vakulyuk	VNTN	Leiria	10/12/2022

Jun/Sen: 1:19.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Artur Rafael Saramago	97		BUZIOS-Coruche	**1:01.81**		459	
	50m: 28.81 100m: 1:01.81							
2.	Joao Antonio Pires	05		Torres Novas	**1:04.39**		406	
	50m: 28.89 100m: 1:04.39							
3.	Simao Rocha Silva	07		Gualdim Pais	**1:09.98**		316	
	50m: 32.14 100m: 1:09.98							

Prova 14 — Femin., 100m Mariposa — Infantil B
28/02/2026 - 16:20 — Resultados

Recorde Distrital ANDS Open	1:02.48	Ariana Espírito Louro	SFGP	Leiria	27/11/2021
Recorde Distrital ANDS Inf B	1:08.95	Mariana Veloso Vitoria	CNAB	Entroncamento	04/06/2011

: 1:53.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Amelia Torres	13		Viver Santarem	**1:18.35**		304	
	50m: 36.46 100m: 1:18.35							
2.	Valentina Rodrigues Feijao	13		Nautico Salvaterra Magos	**1:26.19**		228	
	50m: 37.96 100m: 1:26.19							
3.	Maria Carolina Fidalgo	13		Viver Santarem	**1:30.75**		195	
	50m: 43.95 100m: 1:30.75							

Prova 14 — Femin., 100m Mariposa — Infantil A
28/02/2026 - 16:20 — Resultados

Recorde Distrital ANDS Open	1:02.48	Ariana Espírito Louro	SFGP	Leiria	27/11/2021
Recorde Distrital ANDS Inf A	1:06.68	Maria Madalena Bento	BUZIOS	Coruche	14/04/2019

: 1:50.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diana Marques Maquilao	12		Nautico Salvaterra Magos	**1:26.86**		223	
	50m: 39.42 100m: 1:26.86							
2.	Matilde Abelho Vaz	12		CLAC-Entroncamento	**1:29.25**		205	
	50m: 41.99 100m: 1:29.25							
3.	Margarida Madeira Pires	12		Rio Maior	**1:29.31**		205	
	50m: 40.07 100m: 1:29.31							

Prova 14 — Femin., 100m Mariposa — Juvenil B
28/02/2026 - 16:20 — Resultados

Recorde Distrital ANDS Open	1:02.48	Ariana Espírito Louro	SFGP	Leiria	27/11/2021
Recorde Distrital ANDS Juv B	1:04.97	Maria Madalena Bento	BUZIOS	Sines	08/12/2019

: 1:48.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Benedita Maria Lagarinhos	11		Viver Santarem	**1:14.14**		359	
	50m: 35.20 100m: 1:14.14							
2.	Rita Lino Ferreira	11		BUZIOS-Coruche	**1:23.10**		255	
	50m: 39.51 100m: 1:23.10							
3.	Beatriz Isabel Moura	11		Nautico Abrantes	**1:32.39**		185	
	50m: 41.53 100m: 1:32.39							
	Catarina Leonor Pereira	11		CLAC-Entroncamento	**1:32.39**		185	
	50m: 42.75 100m: 1:32.39							

Prova 14, Femin., 100m Mariposa

Prova 14 — Femin., 100m Mariposa — Juvenil A
28/02/2026 - 16:20 — Resultados

Recorde Distrital ANDS Open	1:02.48	Ariana Espírito Louro	SFGP	Leiria	27/11/2021
Recorde Distrital ANDS Juv A	1:06.09	Maria Madalena Bento	BUZIOS	Tomar	24/10/2020

: 1:36.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Leonor Lopes	10		Torres Novas	**1:14.41**		355	
	50m: 34.90 100m: 1:14.41							
DNS	Maria Carmo Rodrigues	10		BUZIOS-Coruche				

Prova 14 — Femin., 100m Mariposa — Junior
28/02/2026 - 16:20 — Resultados

Recorde Distrital ANDS Open	1:02.48	Ariana Espírito Louro	SFGP	Leiria	27/11/2021
Recorde Distrital ANDS 18 +	1:03.54	Ariana Espírito Louro	SFGP	Albufeira	12/11/2022
Recorde Distrital ANDS 17	1:02.48	Ariana Espírito Louro	ROU	Leiria	27/11/2021

Jun/Sen: 1:30.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Madalena Monteiro	08		Torres Novas	**1:12.79**		379	
	50m: 34.33 100m: 1:12.79							
2.	Lia Pereira Lopes	09		Rio Maior	**1:16.84**		322	
	50m: 35.45 100m: 1:16.84							
3.	Catarina Isabel Galvao	09		BUZIOS-Coruche	**1:19.68**		289	
	50m: 36.67 100m: 1:19.68							
4.	Leonor Marques Carvalho	09		Rio Maior	**1:21.57**		269	
	50m: 37.79 100m: 1:21.57							

Prova 14 — Femin., 100m Mariposa — Senior
28/02/2026 - 16:20 — Resultados

Recorde Distrital ANDS Open	1:02.48	Ariana Espírito Louro	SFGP	Leiria	27/11/2021
Recorde Distrital ANDS 18 +	1:03.54	Ariana Espírito Louro	SFGP	Albufeira	12/11/2022

Jun/Sen: 1:30.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Marta Chambel Dias	02		CLAC-Entroncamento	**1:18.73**		300	
	50m: 36.32 100m: 1:18.73							

Prova 15 — Masc., 100m Costas — Infantil B
28/02/2026 - 16:32 — Resultados

Recorde Distrital ANDS Open	52.63	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	14/12/2013
Recorde Distrital ANDS Inf B	1:06.59	João Paulo Paias	CNLA	Samora Correia	14/05/2005

: 1:40.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Leonardo Del Sasso Cebrian	13		20Km de Almeirim	**1:33.81**		136	
	50m: 45.53 100m: 1:33.81							
2.	Eduardo Agostinho Duque	13		20Km de Almeirim	**1:35.45**		129	
	50m: 47.44 100m: 1:35.45							
3.	Afonso Jose Coentro	13		Gualdim Pais	**1:42.85**		103	
	FTL							
	50m: 49.40 100m: 1:42.85							
4.	Diogo Marques Coelho	13		Gualdim Pais	**1:43.26**		102	
	FTL							
	50m: 47.68 100m: 1:43.26							

Prova 15 — Masc., 100m Costas — Infantil A
28/02/2026 - 16:32 — Resultados

Recorde Distrital ANDS Open	52.63	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	14/12/2013
Recorde Distrital ANDS Inf A	1:02.20	Pedro Diogo Oliveira	CNRM	Samora Correia	12/05/2002

: 1:31.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Salvador Henrique Vieira	12		Torres Novas	**1:12.13**		300	
	50m: 35.91 100m: 1:12.13							
2.	Santiago Raposo Fernandes	12		20Km de Almeirim	**1:15.60**		261	
	50m: 36.71 100m: 1:15.60							
3.	Matias Rafael Pacheco	12		BUZIOS-Coruche	**1:17.45**		242	
	50m: 38.46 100m: 1:17.45							
4.	Afonso Ferreira Cruz	12		CLAC-Entroncamento	**1:22.76**		199	
	50m: 41.80 100m: 1:22.76							
5.	Martim Silva Bernardo	12		Viver Santarem	**1:40.11**		112	
	FTL							
	50m: 48.43 100m: 1:40.11							
6.	Joao Francisco Monteiro	12		BUZIOS-Coruche	**1:44.06**		100	
	FTL							
	50m: 49.50 100m: 1:44.06							

Prova 15, Masc., 100m Costas

Prova 15 — Masc., 100m Costas — Juvenil B
28/02/2026 - 16:32 — Resultados

Recorde Distrital ANDS Open	52.63	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	14/12/2013
Recorde Distrital ANDS Juv B	58.65	Pedro Diogo Oliveira	CNRM	Tomar	10/05/2003

: 1:26.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisco Maria Dias	11		Viver Santarem	**1:10.29**		325	
	50m: 34.50 100m: 1:10.29							
2.	Martim Maria Salvador	11		Nautico Salvaterra Magos	**1:10.68**		319	
	50m: 33.98 100m: 1:10.68							
DSQ	Gabriel Antonio Marques	11		Nautico Abrantes				
	SW 6.4 - O (a) atleta não efectua a viragem dos 50 metros após terminar o movimento contínuo de braços							

Prova 15 — Masc., 100m Costas — Juvenil A
28/02/2026 - 16:32 — Resultados

Recorde Distrital ANDS Open	52.63	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	14/12/2013
Recorde Distrital ANDS Juv A	58.30	Pedro Diogo Oliveira	CNRM	Estoril	14/02/2004

: 1:21.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Lourenco Vicente Geada	10		Torres Novas	**1:12.26**		299	
	50m: 35.52 100m: 1:12.26							
2.	Luis Miguel Reis	10		Rio Maior	**1:12.66**		294	
	50m: 35.89 100m: 1:12.66							

Prova 15 — Masc., 100m Costas — Junior
28/02/2026 - 16:32 — Resultados

Recorde Distrital ANDS Open	52.63	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	14/12/2013
Recorde Distrital ANDS 18	57.01	Afonso Guilherme Rosa	CNTN	Funchal	11/04/2017
Recorde Distrital ANDS 17	57.72	Pedro Diogo Oliveira	CNRM	Estoril	13/02/2005

Jun/Sen: 1:19.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Afonso Bernardo Evaristo	08		Torres Novas	**1:00.75**		503	
	50m: 30.02 100m: 1:00.75							
2.	Enzo Miguel Anjos	08		Rio Maior	**1:00.84**		501	
	50m: 30.73 100m: 1:00.84							
3.	Miguel Silva Lima	09		Nautico Abrantes	**1:02.65**		459	
	50m: 29.95 100m: 1:02.65							
4.	Gabriel Antunes Ramos	09		Rio Maior	**1:08.31**		354	
	50m: 33.46 100m: 1:08.31							
5.	Gabriel Sa Chambel	09		CLAC-Entroncamento	**1:09.10**		342	
	50m: 32.63 100m: 1:09.10							

Prova 15, Masc., 100m Costas

Prova 15 — Masc., 100m Costas — Senior
28/02/2026 - 16:32 — Resultados

Recorde Distrital ANDS Open	52.63	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	14/12/2013
Recorde Distrital ANDS Sen	52.63	Pedro Diogo Oliveira	INDANDS	Herning (DEN)	14/12/2013

Jun/Sen: 1:19.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Pedro Rosa		90	CLAC-Entroncamento	**1:12.61**		294	
	50m: 34.45 100m: 1:12.61							
2.	Joao Afonso Pacau		02	Gualdim Pais	**1:17.56**		241	
	50m: 36.59 100m: 1:17.56							

Prova 16 — Femin., 100m Costas — Infantil B
28/02/2026 - 16:40 — Resultados

Recorde Distrital ANDS Open	1:05.37	Inês Asseiceira Ramos	CNTN	Leiria	14/12/2019
Recorde Distrital ANDS Inf B	1:10.28	Mariana Veloso Vitoria	CNAB	Almeirim	26/06/2011

: 1:45.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Valentina Rodrigues Feijao		13	Nautico Salvaterra Magos	**1:23.06**		275	
	50m: 40.09 100m: 1:23.06							
2.	Maria Carolina Fidalgo		13	Viver Santarem	**1:29.94**		216	
	50m: 45.29 100m: 1:29.94							
3.	Carolina Marques Ribeiro		13	Rio Maior	**1:30.99**		209	
	50m: 43.24 100m: 1:30.99							

Prova 16 — Femin., 100m Costas — Infantil A
28/02/2026 - 16:40 — Resultados

Recorde Distrital ANDS Open	1:05.37	Inês Asseiceira Ramos	CNTN	Leiria	14/12/2019
Recorde Distrital ANDS Inf A	1:06.64	Mariana Veloso Vitoria	CNAB	Abrantes	14/04/2012

: 1:38.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Marta Costa Soares		12	Uniao Samorense	**1:20.32**		304	
	50m: 39.28 100m: 1:20.32							
2.	Rita Balsa Alves		12	BUZIOS-Coruche	**1:21.37**		292	
	50m: 39.57 100m: 1:21.37							
3.	Maria Pais Santos		12	BUZIOS-Coruche	**1:25.62**		251	
	50m: 41.44 100m: 1:25.62							
4.	Joana Verissimo Tavares		12	CLAC-Entroncamento	**1:27.58**		234	
	50m: 42.39 100m: 1:27.58							
5.	Laura Sofia Graca		12	Uniao Samorense	**1:31.40**		206	
	50m: 44.66 100m: 1:31.40							
6.	Maria Leonor Serodio		12	Viver Santarem	**1:42.80**		145	
	FTL							
	50m: 49.83 100m: 1:42.80							

Prova 16, Femin., 100m Costas

Prova 16 — Femin., 100m Costas — Juvenil B
28/02/2026 - 16:40 — Resultados

Recorde Distrital ANDS Open	1:05.37	Inês Asseiceira Ramos	CNTN	Leiria	14/12/2019
Recorde Distrital ANDS Juv B	1:07.18	Rafaela Ferreira Mendes	Sel ANDS	Abrantes	21/01/2023

: 1:34.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sofia Barroca Pereira	11		BUZIOS-Coruche	**1:15.48**		366	
	50m: 36.62 100m: 1:15.48							
2.	Benedita Maria Lagarinhos	11		Viver Santarem	**1:19.12**		318	
	50m: 39.16 100m: 1:19.12							
3.	Beatriz Agostinho Duque	11		20Km de Almeirim	**1:20.00**		307	
	50m: 39.36 100m: 1:20.00							
4.	Mariana Freitas Mota	11		Torres Novas	**1:24.02**		265	
	50m: 41.84 100m: 1:24.02							
5.	Catarina Leonor Pereira	11		CLAC-Entroncamento	**1:28.31**		228	
	50m: 43.56 100m: 1:28.31							

Prova 16 — Femin., 100m Costas — Juvenil A
28/02/2026 - 16:40 — Resultados

Recorde Distrital ANDS Open	1:05.37	Inês Asseiceira Ramos	CNTN	Leiria	14/12/2019
Recorde Distrital ANDS 16 - 17	1:05.37	Inês Asseiceira Ramos	CNTN	Leiria	14/12/2019
Recorde Distrital ANDS Juv A	1:05.91	Rafaela Ferreira Mendes	CNTN	Tomar	01/11/2023

: 1:32.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Beatriz Peguinho Simoes	10		Rio Maior	**1:10.31**		453	
	50m: 34.56 100m: 1:10.31							
2.	Maria Eduarda Parente	10		Viver Santarem	**1:20.86**		298	
	50m: 38.41 100m: 1:20.86							

Prova 16 — Femin., 100m Costas — Junior
28/02/2026 - 16:40 — Resultados

Recorde Distrital ANDS Open	1:05.37	Inês Asseiceira Ramos	CNTN	Leiria	14/12/2019
Recorde Distrital ANDS 18 +	1:06.03	Maria Madalena Silva	CNAB	Tomar	15/11/2015
Recorde Distrital ANDS 16 - 17	1:05.37	Inês Asseiceira Ramos	CNTN	Leiria	14/12/2019

Jun/Sen: 1:28.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Carolina Cupertino Marchante	09		CLAC-Entroncamento	**1:24.80**		258	
	50m: 41.28 100m: 1:24.80							
2.	Ines Silva Lima	09		Nautico Abrantes	**1:25.24**		254	
	50m: 41.78 100m: 1:25.24							

Prova 16, Femin., 100m Costas

Prova 16 — Femin., 100m Costas — Senior
28/02/2026 - 16:40 — Resultados

Recorde Distrital ANDS Open	1:05.37	Inês Asseiceira Ramos	CNTN	Leiria	14/12/2019
Recorde Distrital ANDS 18 +	1:06.03	Maria Madalena Silva	CNAB	Tomar	15/11/2015

Jun/Sen: 1:28.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Mariana Mauricio Coelho	07		BUZIOS-Coruche	**1:24.21**		263	
	50m: 39.93 100m: 1:24.21							

Prova 17 — Masc., 200m Estilos — Infantil B
28/02/2026 - 16:48 — Resultados

Recorde Distrital ANDS Open	2:06.56	Luis Afonso Lopes	VC	Leiria	10/12/2022
Recorde Distrital ANDS Inf B	2:30.29	João Paulo Paias	CNLA	Abrantes	21/05/2005

: 3:30.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Goncalo Pato Mateus	13		Uniao Samorense	**2:53.06**		249	
	50m: 35.42 100m: 1:22.42 150m: 2:14.95 200m: 2:53.06							
2.	Vicente Manuel Nunes	13		Nautico Salvaterra Magos	**2:58.28**		227	
	50m: 41.18 100m: 1:27.93 150m: 2:16.64 200m: 2:58.28							
3.	Tomas Miguel Madeira	13		20Km de Almeirim	**3:02.82**		211	
	50m: 39.61 100m: 1:28.02 150m: 2:23.66 200m: 3:02.82							
4.	Hugo Santos Carapeto	13		Nautico Abrantes	**3:03.54**		208	
	50m: 41.55 100m: 1:29.22 150m: 2:22.82 200m: 3:03.54							
5.	Carlos Silvestre Lourenco	13		BUZIOS-Coruche	**3:04.95**		204	
	50m: 40.71 100m: 1:28.62 150m: 2:28.25 200m: 3:04.95							
6.	Santiago Tacao Ribeiro *FTL*	13		Rio Maior	**3:31.26**		136	
	50m: 46.65 100m: 1:40.47 150m: 2:44.88 200m: 3:31.26							

Prova 17 — Masc., 200m Estilos — Infantil A
28/02/2026 - 16:48 — Resultados

Recorde Distrital ANDS Open	2:06.56	Luis Afonso Lopes	VC	Leiria	10/12/2022
Recorde Distrital ANDS Inf A	2:19.63	Paulo Vakulyuk	CNTN	Sines	09/04/2017

: 3:20.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Santiago Raposo Fernandes	12		20Km de Almeirim	**2:47.30**		275	
	50m: 37.87 100m: 1:20.87 150m: 2:09.16 200m: 2:47.30							
2.	Rodrigo Miranda Rosa	12		Uniao Samorense	**2:47.45**		274	
	50m: 34.86 100m: 1:18.98 150m: 2:11.53 200m: 2:47.45							
3.	Martim Rocha Silva	12		Gualdim Pais	**2:54.34**		243	
	50m: 42.31 100m: 1:27.18 150m: 2:19.67 200m: 2:54.34							
4.	Gabriel Mocanu	12		Uniao Samorense	**2:56.28**		235	
	50m: 38.15 100m: 1:26.93 150m: 2:18.26 200m: 2:56.28							
5.	Lourenco Filipe Costa	12		20Km de Almeirim	**2:56.44**		234	
	50m: 39.51 100m: 1:25.91 150m: 2:16.39 200m: 2:56.44							
DNS	Artur Miguel Silva	12		Natacao do Tejo				

Prova 17, Masc., 200m Estilos, Infantil A

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
DNS	Francisco Grave Reis	12		Rio Maior				

Prova 17 — Masc., 200m Estilos — Juvenil B
28/02/2026 - 16:48 — Resultados

Recorde Distrital ANDS Open	2:06.56	Luis Afonso Lopes	VC	Leiria	10/12/2022
Recorde Distrital ANDS Juv B	2:13.93	Pedro Diogo Oliveira	CNRM	Rio Maior	12/07/2003

: 3:10.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Manuel Maria Moniz	11		20Km de Almeirim	**2:30.19**		380	
	50m: 32.40 100m: 1:12.72 150m: 1:57.88 200m: 2:30.19							
2.	Martim Miguel Santos	11		Rio Maior	**2:36.34**		337	
	50m: 32.24 100m: 1:12.49 150m: 2:00.00 200m: 2:36.34							

Prova 17 — Masc., 200m Estilos — Juvenil A
28/02/2026 - 16:48 — Resultados

Recorde Distrital ANDS Open	2:06.56	Luis Afonso Lopes	VC	Leiria	10/12/2022
Recorde Distrital ANDS Juv A	2:08.71	Paulo Vakulyuk	CNTN	Tomar	16/12/2018

: 3:04.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Daniel Filipe Jorge	10		Rio Maior	**2:20.13**		469	
	50m: 29.77 100m: 1:05.45 150m: 1:48.11 200m: 2:20.13							
2.	Francisco Manuel Cadete	10		Nautico Abrantes	**2:24.84**		424	
	50m: 30.37 100m: 1:06.97 150m: 1:50.22 200m: 2:24.84							
3.	Guilherme Martins Conceicac	10		Viver Santarem	**2:31.32**		372	
	50m: 34.10 100m: 1:14.43 150m: 1:56.56 200m: 2:31.32							
4.	Lourenco Vicente Geada	10		Torres Novas	**2:37.34**		331	
	50m: 33.75 100m: 1:14.95 150m: 2:01.54 200m: 2:37.34							
5.	Guilherme Ferreira Leitao *FTL*	10		Viver Santarem	**3:04.97**		203	
	50m: 40.01 100m: 1:27.19 150m: 2:24.60 200m: 3:04.97							

Prova 17 — Masc., 200m Estilos — Junior
28/02/2026 - 16:48 — Resultados

Recorde Distrital ANDS Open	2:06.56	Luis Afonso Lopes	VC	Leiria	10/12/2022
Recorde Distrital ANDS 18	2:07.68	Luis Afonso Lopes	VS	Leiria	14/11/2020
Recorde Distrital ANDS 17	2:09.14	Tiago Filipe Campos	SCALABIS	Torres Novas	08/05/2016

Jun/Sen: 3:00.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Dinis Maria Garcia	09		Nautico Abrantes	**2:22.44**		446	
	50m: 32.30 100m: 1:10.96 150m: 1:49.11 200m: 2:22.44							
2.	Gabriel Sa Chambel	09		CLAC-Entroncamento	**2:38.42**		324	
	50m: 32.12 100m: 1:11.39 150m: 1:59.45 200m: 2:38.42							

Prova 17, Masc., 200m Estilos

Prova 17 — Masc., 200m Estilos — Senior
28/02/2026 - 16:48 — Resultados

Recorde Distrital ANDS Open	2:06.56	Luis Afonso Lopes	VC	Leiria	10/12/2022
Recorde Distrital ANDS Sen	2:07.29	Luis Afonso Lopes	VS	Leiria	27/11/2021

Jun/Sen: 3:00.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Eliseu Manuel Tavares	99		Uniao Samorense	**2:40.04**		314	
	50m: 33.19	100m: 1:14.06		150m: 2:04.19	200m: 2:40.04			

Prova 18 — Femin., 200m Estilos — Infantil B
28/02/2026 - 17:00 — Resultados

Recorde Distrital ANDS Open	2:22.74	Maria Madalena Silva	CNAB	Felgueiras	21/12/2013
Recorde Distrital ANDS Inf B	2:31.59	Joana Filipa Vilhena	CNLA	Entroncamento	19/06/2005

: 3:37.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Mariana Beatriz Goncalves	13		Uniao Samorense	**3:13.33**		249	
	50m: 41.91	100m: 1:34.04		150m: 2:29.75	200m: 3:13.33			
2.	Matilde Peixoto Amado	13		Natacao do Tejo	**3:15.60**		240	
	50m: 45.70	100m: 1:33.21		150m: 2:30.93	200m: 3:15.60			
3.	Constanca Mendao Silva	13		Rio Maior	**3:17.38**		233	
	50m: 45.92	100m: 1:37.40		150m: 2:33.52	200m: 3:17.38			
4.	Carolina Marques Ribeiro	13		Rio Maior	**3:19.19**		227	
	50m: 45.88	100m: 1:35.87		150m: 2:35.77	200m: 3:19.19			

Prova 18 — Femin., 200m Estilos — Infantil A
28/02/2026 - 17:00 — Resultados

Recorde Distrital ANDS Open	2:22.74	Maria Madalena Silva	CNAB	Felgueiras	21/12/2013
Recorde Distrital ANDS Inf A	2:26.86	Mariana Veloso Vitoria	SANDS	Abrantes	14/04/2012

: 3:25.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Matilde Casimiro Bibi	12		BUZIOS-Coruche	**2:31.04**		522	
	50m: 33.69	100m: 1:11.72		150m: 1:57.47	200m: 2:31.04			
2.	Alicia Lopes Deep	12		BUZIOS-Coruche	**2:42.63**		418	
	50m: 35.00	100m: 1:18.37		150m: 2:04.73	200m: 2:42.63			
3.	Maria Francisca Pinheiro	12		Nautico Abrantes	**2:57.60**		321	
	50m: 40.79	100m: 1:26.58		200m: 2:57.60				
4.	Lara Alberto Januario	12		Viver Santarem	**3:22.84**		215	
	50m: 42.25	100m: 1:36.67		150m: 2:38.44	200m: 3:22.84			

Prova 18, Femin., 200m Estilos

Prova 18 — Femin., 200m Estilos — Juvenil B
28/02/2026 - 17:00 — Resultados

Recorde Distrital ANDS Open	2:22.74	Maria Madalena Silva	CNAB	Felgueiras	21/12/2013
Recorde Distrital ANDS Juv B	2:27.45	Catia Iordan Agostinho	SANDS	Abrantes	04/03/2017

: 3:17.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rita Lino Ferreira	11		BUZIOS-Coruche	**2:49.80**		367	
	50m: 38.62 100m: 1:23.48 150m: 2:11.37 200m: 2:49.80							
2.	Carolina Reis Lopes	11		Torres Novas	**2:52.04**		353	
	50m: 39.33 100m: 1:25.20 150m: 2:12.01 200m: 2:52.04							

Prova 18 — Femin., 200m Estilos — Juvenil A
28/02/2026 - 17:00 — Resultados

Recorde Distrital ANDS Open	2:22.74	Maria Madalena Silva	CNAB	Felgueiras	21/12/2013
Recorde Distrital ANDS Juv A	2:22.74	Maria Madalena Silva	CNAB	Felgueiras	21/12/2013

: 3:12.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Leonor Sombreireiro Martins	10		BUZIOS-Coruche	**2:35.00**		483	
	50m: 33.10 100m: 1:13.70 150m: 2:00.36 200m: 2:35.00							
2.	Maria Leonor Lopes	10		Torres Novas	**2:39.96**		439	
	50m: 34.65 100m: 1:16.63 150m: 2:04.53 200m: 2:39.96							
DNS	Maria Carmo Rodrigues	10		BUZIOS-Coruche				

Prova 18 — Femin., 200m Estilos — Junior
28/02/2026 - 17:00 — Resultados

Recorde Distrital ANDS Open	2:22.74	Maria Madalena Silva	CNAB	Felgueiras	21/12/2013
Recorde Distrital ANDS 18 +	2:23.05	Maria Madalena Silva	CNAB	Porto	12/12/2015
Recorde Distrital ANDS 17	2:23.31	Maria Madalena Silva	CNAB	Porto	20/12/2014
Recorde Distrital ANDS 17	2:23.31	Ariana Espírito Louro Louro	SFGP	Coruche	06/03/2022

Jun/Sen: 3:10.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Catarina Isabel Galvao	09		BUZIOS-Coruche	**3:02.96**		293	
	50m: 37.37 100m: 1:27.34 150m: 2:21.44 200m: 3:02.96							

Prova 18 — Femin., 200m Estilos — Senior
28/02/2026 - 17:00 — Resultados

Recorde Distrital ANDS Open	2:22.74	Maria Madalena Silva	CNAB	Felgueiras	21/12/2013
Recorde Distrital ANDS 18 +	2:23.05	Maria Madalena Silva	CNAB	Porto	12/12/2015

Jun/Sen: 3:10.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Catarina Maria Fragoso	07		Viver Santarem	**2:38.26**		453	
	50m: 34.54 100m: 1:17.03 150m: 2:01.47 200m: 2:38.26							

Prova 19 — Masc., 50m Bruços — Juvenil B
28/02/2026 - 17:10 — Resultados

Recorde Distrital ANDS Open	29.09	Carlos Daniel Nunes	CNSM	Leiria	11/12/2022
Recorde Distrital ANDS Juv B	31.74	Fabio Miguel Samouco	CNTN	Tomar	01/05/2010

: 43.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diogo Chambel Santos	11		Nautico Abrantes	**34.85**		366	
2.	Martim Miguel Santos	11		Rio Maior	**37.12**		303	
3.	Martim Cassis Gomes	11		Torres Novas	**40.02**		242	
4.	Dinis Oliveira Nunes	11		BUZIOS-Coruche	**40.62**		231	

Prova 19 — Masc., 50m Bruços — Juvenil A
28/02/2026 - 17:10 — Resultados

Recorde Distrital ANDS Open	29.09	Carlos Daniel Nunes	CNSM	Leiria	11/12/2022
Recorde Distrital ANDS Juv A	30.82	Francisco Costa Nunes	CCDSM	Tomar	18/11/2017

: 42.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Guilherme Gomes Nunes	10		Nautico Salvaterra Magos	**36.03**		332	
2.	Guilherme Martins Conceicac	10		Viver Santarem	**36.45**		320	
3.	Pedro Figueiredo Ferreira	10		20Km de Almeirim	**37.07**		304	
4.	Afonso Goncalves Leite	10		CLAC-Entroncamento	**37.86**		286	

Prova 19 — Masc., 50m Bruços — Junior
28/02/2026 - 17:10 — Resultados

Recorde Distrital ANDS Open	29.09	Carlos Daniel Nunes	CNSM	Leiria	11/12/2022
Recorde Distrital ANDS 18	29.09	Carlos Daniel Nunes	CNSM	Leiria	11/12/2022
Recorde Distrital ANDS 17	29.52	Carlos Daniel Nunes	CNSM	Ponte de Sor	30/04/2022

Jun/Sen: 41.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Afonso Bernardo Evaristo	08		Torres Novas	**31.35**		504	
2.	Dinis Maria Garcia	09		Nautico Abrantes	**33.69**		406	
3.	Miguel Ferreira Cruz	08		CLAC-Entroncamento	**35.22**		355	
4.	Martim Silva Oliveira	08		Torres Novas	**35.41**		349	
5.	Miguel Tomas Amaral	08		Natacao do Tejo	**36.54**		318	

Prova 19 — Masc., 50m Bruços — Senior
28/02/2026 - 17:10 — Resultados

Recorde Distrital ANDS Open	29.09	Carlos Daniel Nunes	CNSM	Leiria	11/12/2022
Recorde Distrital ANDS Sen	29.60	Luis Afonso Lopes	VS	Ponte de Sor	30/04/2022

Jun/Sen: 41.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Guilherme Antonio Reis	96		Torres Novas	**31.07**		517	
2.	Luis Filipe Viana	89		CLAC-Entroncamento	**31.50**		496	
3.	Joao Antonio Pires	05		Torres Novas	**31.64**		490	
4.	Guilherme Filipe Gaboleiro	05		Rio Maior	**32.15**		467	
5.	Ricardo Filipe Gaboleiro	05		Rio Maior	**32.40**		456	
6.	Afonso Formigo Pinho	06		Torres Novas	**34.02**		394	
7.	Diogo Daniel Simoes	99		Rio Maior	**36.79**		311	
8.	Simao Pedro Oliveira	07		Torres Novas	**37.99**		283	

Prova 20 — Femin., 50m Bruços — Juvenil B
28/02/2026 - 17:14 — Resultados

Recorde Distrital ANDS Open	32.72	Maria Madalena Silva	CNAB	Porto	13/12/2015
Recorde Distrital ANDS Juv B	34.95	Margarida Mateus Morais	CNTN	S Antonio dos Cavaleiros	09/12/2018

: 48.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Mariana Freitas Mota	11		Torres Novas	**39.62**		367	
2.	Carolina Reis Lopes	11		Torres Novas	**39.75**		363	

Prova 20 — Femin., 50m Bruços — Juvenil A
28/02/2026 - 17:14 — Resultados

Recorde Distrital ANDS Open	32.72	Maria Madalena Silva	CNAB	Porto	13/12/2015
Recorde Distrital ANDS Juv A	33.76	Maria Madalena Silva	CNAB	Felgueiras	20/12/2013

: 47.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Lara Paixao Silva	10		Rio Maior	**39.18**		379	
2.	Debora Sofia Santos	10		Rio Maior	**42.81**		291	

Prova 20 — Femin., 50m Bruços — Junior
28/02/2026 - 17:14 — Resultados

Recorde Distrital ANDS Open	32.72	Maria Madalena Silva	CNAB	Porto	13/12/2015
Recorde Distrital ANDS 18 +	32.72	Maria Madalena Silva	CNAB	Porto	13/12/2015
Recorde Distrital ANDS 17	32.83	Maria Madalena Silva	CNAB	Porto	21/12/2014

Jun/Sen: 46.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Madalena Monteiro	08		Torres Novas	**37.07**		448	
2.	Leonor Marques Carvalho	09		Rio Maior	**40.23**		350	
3.	Carolina Cupertino Marchante	09		CLAC-Entroncamento	**43.74**		272	
4.	Maria Ines Campos	09		Nautico Abrantes	**44.35**		261	

Prova 20 — Femin., 50m Bruços — Senior
28/02/2026 - 17:14 — Resultados

Recorde Distrital ANDS Open	32.72	Maria Madalena Silva	CNAB	Porto	13/12/2015
Recorde Distrital ANDS 18 +	32.72	Maria Madalena Silva	CNAB	Porto	13/12/2015

Jun/Sen: 46.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Marta Chambel Dias	02		CLAC-Entroncamento	**36.68**		462	
2.	Catarina Maria Fragoso	07		Viver Santarem	**38.80**		390	

Prova 21 — Masc., 4 x 100m Estilos — Infantil
28/02/2026 - 17:22 — Resultados

Recorde Distrital ANDS Open	3:57.51	CNTN	CNTN	Abrantes	27/11/2016
Recorde Distrital ANDS Inf A	4:38.45	VS	VS	Sines	09/04/2017
Recorde Distrital ANDS Inf	4:38.60	AVQA	AVQA	Silves	29/03/2015
Recorde Distrital ANDS Inf B	5:03.85	SCALABISPORT	SCALAB	Santo Antº Cavaleiros	18/03/2012

Inf A: 6:40.00; Inf B: 6:59.00

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	20Km de Almeirim 1		20Km de Almeirim	**5:41.91**			196
50m:	45.27	45.27	150m: 2:16.14	42.17	250m: 3:46.12	40.56	350m: 5:06.57	31.44
100m:	1:33.97	48.70	200m: 3:05.56	49.42	300m: 4:35.13	49.01	400m: 5:41.91	35.34

Prova 21 — Masc., 4 x 100m Estilos — Juvenil
28/02/2026 - 17:22 — Resultados

Recorde Distrital ANDS Open	3:57.51	CNTN	CNTN	Abrantes	27/11/2016
Recorde Distrital ANDS Juv A	4:10.24	Soc Cult Desp Turismo Gestao Urb	VSitarém, ETomar		16/12/2018
Recorde Distrital ANDS Juv	4:10.24	Soc Cult Desp Turismo Gestao Urb	VSitarém, ETomar		16/12/2018
Recorde Distrital ANDS Juv B	4:25.50	Soc Cult Desp Turismo Gestao Urb	VSitarém, EAlbufeira		17/12/2017

Juv A: 5:36.00; Juv B: 5:42.00

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Nautico Abrantes 2		Nautico Abrantes	**4:50.53**			319
50m:	39.44	39.44	150m: 2:01.20	39.65	250m: 3:14.77	29.16	350m: 4:17.62	27.98
100m:	1:21.55	42.11	200m: 2:45.61	44.41	300m: 3:49.64	34.87	400m: 4:50.53	32.91
2.	BUZIOS-Coruche 1		BUZIOS-Coruche	**4:53.66**			309
50m:	38.85	38.85	150m: 1:56.82	37.30	250m: 3:11.07	33.63	350m: 4:20.65	29.96
100m:	1:19.52	40.67	200m: 2:37.44	40.62	300m: 3:50.69	39.62	400m: 4:53.66	33.01

Prova 21 — Masc., 4 x 100m Estilos — Junior
28/02/2026 - 17:22 — Resultados

Recorde Distrital ANDS Open	3:57.51	CNTN	CNTN	Abrantes	27/11/2016
Recorde Distrital ANDS 18	4:30.13	SFUS	SFUS	Tomar	25/11/2012
Recorde Distrital ANDS Jun	3:57.51	CNTN	CNTN	Abrantes	27/11/2016
Recorde Distrital ANDS 17	3:57.94	CNTN	CNTN	Sines	21/12/2008

Jun/Sen: 5:30.00

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rio Maior 3		Rio Maior	**4:26.33**			415
50m:	31.72	31.72	150m: 1:37.70	33.27	250m: 2:46.22	29.95	350m: 3:51.69	30.54
100m:	1:04.43	32.71	200m: 2:16.27	38.57	300m: 3:21.15	34.93	400m: 4:26.33	34.64

Prova 21 — Masc., 4 x 100m Estilos — Senior
28/02/2026 - 17:22 — Resultados

Recorde Distrital ANDS	3:57.51	CNTN	CNTN	Abrantes	27/11/2016

Jun/Sen: 5:30.00

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Torres Novas 1		Torres Novas	**4:17.53**			459
50m:	32.39	32.39	150m: 1:39.37	31.33	250m: 2:43.97	29.37	350m: 3:46.57	28.29
100m:	1:08.04	35.65	200m: 2:14.60	35.23	300m: 3:18.28	34.31	400m: 4:17.53	30.96

Prova 22, Femin., 4 x 100m Estilos

Prova 22 — Femin., 4 x 100m Estilos — Juvenil
28/02/2026 - 17:30 — Resultados

Recorde Distrital ANDS 16 - 17	4:43.58	Clube Natacao de Rio Maior	CNRM	Coruche	17/03/2019
Recorde Distrital ANDS Juv B	4:54.62	CNTN	CNTN	Caldas da Rainha	28/11/2015
Recorde Distrital ANDS 14 - 15	4:50.81	Clube de Natacao de Torres Novas	CNTN	Tomar	18/11/2017
Recorde Distrital ANDS 12 +	4:33.23	CNTN	CNTN	Estarreja	01/12/2023

Juv A: 5:52.00; Juv B: 6:35.00

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
DNS	BUZIOS-Coruche 1		BUZIOS-Coruche				

3 - 3ª SESSÃO — 01/03/2026 - 9:15

Prova 23 — Masc., 400m Estilos — Infantil A
01/03/2026 - 9:16 — Resultados

Recorde Distrital ANDS Open	4:24.97	Tiago Filipe Campos	CNRM	Santarém	07/03/2020
Recorde Distrital ANDS Inf A	4:55.60	Paulo Vakulyuk	CNTN	Sines	07/04/2017

: 7:00.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rodrigo Miranda Rosa	12		Uniao Samorense	**5:56.97**		284	

50m:	36.26	150m:	2:06.20	250m:	3:44.99	350m:	5:19.56
100m:	1:20.07	200m:	2:51.45	300m:	4:40.00	400m:	5:56.97

Prova 23 — Masc., 400m Estilos — Juvenil B
01/03/2026 - 9:16 — Resultados

Recorde Distrital ANDS Open	4:24.97	Tiago Filipe Campos	CNRM	Santarém	07/03/2020
Recorde Distrital ANDS Juv B	4:44.55	Paulo Vakulyuk	CNTN	Torres Novas	06/05/2018

: 6:48.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diogo Chambel Santos	11		Nautico Abrantes	**5:44.24**		317	

50m:	39.13	150m:	2:10.07	250m:	3:38.99	350m:	5:06.32
100m:	1:26.33	200m:	2:52.22	300m:	4:28.47	400m:	5:44.24

Prova 23 — Masc., 400m Estilos — Juvenil A
01/03/2026 - 9:16 — Resultados

Recorde Distrital ANDS Open	4:24.97	Tiago Filipe Campos	CNRM	Santarém	07/03/2020
Recorde Distrital ANDS Juv A	4:33.58	Paulo Vakulyuk	CNTN	S Antonio dos Cavaleiros	09/12/2018

: 6:35.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Filipe Pacheco	10		BUZIOS-Coruche	**4:58.46**		486	

50m:	30.51	150m:	1:45.05	250m:	3:07.70	350m:	4:25.77
100m:	1:05.55	200m:	2:23.52	300m:	3:51.33	400m:	4:58.46

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
2.	Guilherme Gomes Nunes	10		Nautico Salvaterra Magos	**5:30.31**		359	

50m:	34.01	150m:	1:57.65	250m:	3:25.46	350m:	4:51.69
100m:	1:14.94	200m:	2:39.97	300m:	4:13.42	400m:	5:30.31

Prova 23, Masc., 400m Estilos

Prova 23 — Masc., 400m Estilos — Junior
01/03/2026 - 9:16 — Resultados

Recorde Distrital ANDS Open	4:24.97	Tiago Filipe Campos	CNRM	Santarém	07/03/2020
Recorde Distrital ANDS 18	4:34.82	Luis Afonso Lopes	VS	Praia da Vitória	09/04/2021
Recorde Distrital ANDS 17	4:35.64	Gustavo Manuel Santa	CNLA	Leiria	04/12/2009

Jun/Sen: 6:30.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Dinis Maria Garcia	09		Nautico Abrantes	**5:06.29**		450	

50m:	33.73	150m:	1:53.75	250m:	3:13.98	350m:	4:31.44
100m:	1:13.64	200m:	2:33.44	300m:	3:55.67	400m:	5:06.29

Prova 24 — Femin., 400m Estilos — Infantil B
01/03/2026 - 9:22 — Resultados

Recorde Distrital ANDS Open	5:01.38	Ariana Espirito Louro	SFGP	Abrantes	15/05/2021
Recorde Distrital ANDS Inf B	5:21.39	Mariana Veloso Vitoria	CNAB	Coruche	25/02/2011

: 7:40.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Valentina Rodrigues Feijao	13		Nautico Salvaterra Magos	**6:20.74**		302	

50m:	39.99	150m:	2:16.64	250m:	3:58.52	350m:	5:37.55
100m:	1:30.23	200m:	3:03.72	300m:	4:55.03	400m:	6:20.74

Prova 24 — Femin., 400m Estilos — Infantil A
01/03/2026 - 9:22 — Resultados

Recorde Distrital ANDS Open	5:01.38	Ariana Espirito Louro	SFGP	Abrantes	15/05/2021
Recorde Distrital ANDS Inf A	5:16.20	Catia Iordan Agostinho	CNRM	Abrantes	22/11/2015

: 7:06.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diana Marques Maquilao	12		Nautico Salvaterra Magos	**6:08.20**		334	

50m:	41.14	150m:	2:19.39	250m:	3:54.03	350m:	5:29.21
100m:	1:31.52	200m:	3:04.52	300m:	4:46.51	400m:	6:08.20

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
2.	Ines Santos Pina	12		CLAC-Entroncamento	**6:46.32**		248	

50m:	43.41	150m:	2:29.32	250m:	4:17.94	350m:	6:02.18
100m:	1:35.22	200m:	3:20.74	300m:	5:15.60	400m:	6:46.32

Prova 24 — Femin., 400m Estilos — Juvenil B
01/03/2026 - 9:22 — Resultados

Recorde Distrital ANDS Open	5:01.38	Ariana Espirito Louro	SFGP	Abrantes	15/05/2021
Recorde Distrital ANDS Juv B	5:12.61	Cátia Iordan Agostinho	CNRN	Guarda	02/12/2016

: 7:00.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Carolina Reis Lopes	11		Torres Novas	**6:01.75**		352	

50m:	39.10	150m:	2:14.90	250m:	3:49.04	350m:	5:21.94
100m:	1:26.25	200m:	3:00.88	300m:	4:38.55	400m:	6:01.75

DSQ	Catarina Leonor Pereira	11		CLAC-Entroncamento

SW 7.5 - O (a) atleta efectuou movimento vertical de pernas durante o percurso, de bruços

Prova 24, Femin., 400m Estilos

Prova 24 — Femin., 400m Estilos — Juvenil A
01/03/2026 - 9:22 — Resultados

Recorde Distrital ANDS Open	5:01.38	Ariana Espirito Louro	SFGP	Abrantes	15/05/2021
Recorde Distrital ANDS Juv A	5:01.38	Ariana Espirito Louro	SFGP	Abrantes	15/05/2021

: 6:45.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Leonor Sombreireiro Martins	10		BUZIOS-Coruche	**5:30.95**		460	
	50m: 33.70	150m: 1:56.50	250m: 3:29.39	350m: 4:54.83				
	100m: 1:13.19	200m: 2:40.32	300m: 4:18.32	400m: 5:30.95				

Prova 24 — Femin., 400m Estilos — Junior
01/03/2026 - 9:22 — Resultados

Recorde Distrital ANDS Open	5:01.38	Ariana Espirito Louro	SFGP	Abrantes	15/05/2021
Recorde Distrital ANDS 18 +	5:06.03	Carolina Silverio Carpinteiro	CNTEJO	Santarém	08/03/2020

Jun/Sen: 6:35.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rafaela Ferreira Mendes	08		Torres Novas	**5:10.48**		557	
	50m: 32.02	150m: 1:47.68	250m: 3:12.26	350m: 4:34.95				
	100m: 1:09.01	200m: 2:24.85	300m: 3:59.18	400m: 5:10.48				
2.	Maria Madalena Monteiro	08		Torres Novas	**5:32.22**		454	
	50m: 35.07	150m: 2:00.41	250m: 3:29.02	350m: 4:55.39				
	100m: 1:16.39	200m: 2:43.35	300m: 4:16.94	400m: 5:32.22				

Prova 25 — Masc., 200m Livres — Infantil B
01/03/2026 - 9:36 — Resultados

Recorde Distrital ANDS Open	1:50.19	Tiago Filipe Campos	CNRM	Leiria	11/12/2022
Recorde Distrital ANDS Inf B	2:09.72	João Diogo Lopes	VS	Coruche	16/03/2014

: 3:05.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Goncalo Pato Mateus	13		Uniao Samorense	**2:28.79**		291	
	50m: 33.95	100m: 1:11.51	150m: 1:50.74	200m: 2:28.79				
2.	Hugo Santos Carapeto	13		Nautico Abrantes	**2:37.57**		245	
	50m: 35.69	100m: 1:15.91	150m: 1:57.49	200m: 2:37.57				
3.	Rafael Jose Isidoro	13		Rio Maior	**2:42.20**		224	
	50m: 36.13	100m: 1:17.68	150m: 2:01.15	200m: 2:42.20				
4.	Afonso Gil Campos	13		CLAC-Entroncamento	**2:57.64**		171	
	50m: 40.94	100m: 1:27.18	150m: 2:14.99	200m: 2:57.64				
5.	Santiago Tacao Ribeiro	13		Rio Maior	**2:57.90**		170	
	50m: 38.80	100m: 1:25.11	150m: 2:12.70	200m: 2:57.90				
6.	Afonso Jose Coentro	13		Gualdim Pais	**2:58.64**		168	
	50m: 40.47	100m: 1:26.16	150m: 2:14.68	200m: 2:58.64				

Prova 25, Masc., 200m Livres

Prova 25 — Masc., 200m Livres — Infantil A
01/03/2026 - 9:36 — Resultados

Recorde Distrital ANDS Open	1:50.19	Tiago Filipe Campos	CNRM	Leiria	11/12/2022
Recorde Distrital ANDS Inf A	2:03.75	Jose Henriques Luz	NSCG	Tomar	30/06/2013

: 2:54.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisco Grave Reis	12		Rio Maior	**2:15.97**		381	
	50m: 30.50 100m: 1:03.71 150m: 1:39.12 200m: 2:15.97							
2.	Salvador Henrique Vieira	12		Torres Novas	**2:16.76**		374	
	50m: 31.21 100m: 1:05.38 150m: 1:41.03 200m: 2:16.76							
3.	Martim Rocha Silva	12		Gualdim Pais	**2:21.95**		335	
	50m: 33.81 100m: 1:11.25 150m: 1:47.33 200m: 2:21.95							
4.	Bernardo Margarido Miranda	12		Nautico Abrantes	**2:33.48**		265	
	50m: 34.70 100m: 1:14.21 150m: 1:54.37 200m: 2:33.48							
5.	Afonso Ferreira Cruz	12		CLAC-Entroncamento	**2:42.04**		225	
	50m: 37.30 100m: 1:19.58 150m: 2:02.99 200m: 2:42.04							
6.	Sandro Jose Tomas	12		BUZIOS-Coruche	**2:42.82**		222	
	50m: 34.89 100m: 1:16.56 150m: 2:00.99 200m: 2:42.82							
7.	Martim Silva Bernardo	12		Viver Santarem	**2:50.16**		194	
	50m: 38.81 100m: 1:22.06 150m: 2:07.28 200m: 2:50.16							
8.	Joao Francisco Monteiro	12		BUZIOS-Coruche	**3:05.88**		149	
	FTL							
	50m: 40.98 100m: 1:26.59 150m: 2:16.22 200m: 3:05.88							

Prova 25 — Masc., 200m Livres — Juvenil B
01/03/2026 - 9:36 — Resultados

Recorde Distrital ANDS Open	1:50.19	Tiago Filipe Campos	CNRM	Leiria	11/12/2022
Recorde Distrital ANDS Juv B	1:57.53	Pedro Diogo Oliveira	CNRM	Tomar	08/03/2003

: 2:40.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Duarte Moura Mendes	11		Torres Novas	**2:03.57**		508	
	50m: 28.71 100m: 1:00.45 150m: 1:32.07 200m: 2:03.57							
2.	Manuel Maria Moniz	11		20Km de Almeirim	**2:09.83**		438	
	50m: 29.84 100m: 1:02.61 150m: 1:37.20 200m: 2:09.83							
3.	Heliodoro Joao Sombreireiro	11		BUZIOS-Coruche	**2:17.04**		372	
	50m: 30.34 100m: 1:05.27 150m: 1:41.77 200m: 2:17.04							
4.	Antonio Francisco Rouxinol	11		BUZIOS-Coruche	**2:21.66**		337	
	50m: 31.09 100m: 1:06.64 150m: 1:44.80 200m: 2:21.66							
5.	Artur Alexandre Silva	11		20Km de Almeirim	**2:24.49**		317	
	50m: 33.97 100m: 1:11.57 150m: 1:49.57 200m: 2:24.49							
6.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	**2:27.14**		301	
	50m: 34.03 100m: 1:11.65 150m: 1:50.04 200m: 2:27.14							
7.	Gabriel Antonio Marques	11		Nautico Abrantes	**2:35.20**		256	
	50m: 34.11 100m: 1:14.15 150m: 1:55.85 200m: 2:35.20							
8.	Salvador Miguel Silva	11		Viver Santarem	**2:38.97**		238	
	50m: 35.07 100m: 1:14.70 150m: 1:58.22 200m: 2:38.97							
9.	Rodrigo Miguel Alcobia	11	S10	NataÃ§Ã£o Ferreira do Zezere	**2:39.44**		236	
	50m: 34.91 100m: 1:14.61 150m: 1:57.23 200m: 2:39.44							

Prova 25, Masc., 200m Livres, Juvenil B

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
DNS	Sebastiao Maria Borlinhas	11		BUZIOS-Coruche				

Prova 25 — Masc., 200m Livres — Juvenil A
01/03/2026 - 9:36 — Resultados

Recorde Distrital ANDS Open	1:50.19	Tiago Filipe Campos	CNRM	Leiria	11/12/2022
Recorde Distrital ANDS Juv A	1:53.75	Paulo Vakulyuk	CNTN	Coimbra	16/06/2019

: 2:35.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Daniel Filipe Jorge	10		Rio Maior	**2:06.36**		475	
	50m: 28.88 100m: 1:00.50 150m: 1:33.37 200m: 2:06.36							
2.	Tiago Frazao Barra	10		Rio Maior	**2:07.70**		460	
	50m: 29.19 100m: 1:00.93 150m: 1:34.47 200m: 2:07.70							
3.	Lourenco Vicente Geada	10		Torres Novas	**2:11.20**		424	
	50m: 30.58 100m: 1:04.12 150m: 1:38.28 200m: 2:11.20							
4.	Andre Guilherme Anastacio	10		Nautico Abrantes	**2:14.68**		392	
	50m: 30.11 100m: 1:03.46 150m: 1:38.71 200m: 2:14.68							
5.	Luis Miguel Reis	10		Rio Maior	**2:18.99**		357	
	50m: 31.59 100m: 1:07.02 150m: 1:43.22 200m: 2:18.99							
6.	Lourenco Manuel Palmeiro	10		BUZIOS-Coruche	**2:28.23**		294	
	50m: 33.26 100m: 1:11.28 150m: 1:50.36 200m: 2:28.23							
7.	Guilherme Ferreira Leitao	10		Viver Santarem	**2:45.20**		212	
	FTL							
	50m: 35.62 100m: 1:18.63 150m: 2:03.22 200m: 2:45.20							

Prova 25 — Masc., 200m Livres — Junior
01/03/2026 - 9:36 — Resultados

Recorde Distrital ANDS Open	1:50.19	Tiago Filipe Campos	CNRM	Leiria	11/12/2022
Recorde Distrital ANDS 18	1:52.48	Tiago Filipe Campos	CNRM	Funchal	11/12/2016
Recorde Distrital ANDS 17	1:50.67	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009

Jun/Sen: 2:31.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Alberto Padre	08		Rio Maior	**1:57.86**		585	
	50m: 28.27 100m: 58.08 150m: 1:27.74 200m: 1:57.86							
2.	Pedro Morgado Costa	09		Rio Maior	**2:03.89**		504	
	50m: 28.48 100m: 1:00.34 150m: 1:32.40 200m: 2:03.89							
3.	Miguel Silva Lima	09		Nautico Abrantes	**2:08.28**		454	
	50m: 28.84 100m: 1:01.34 150m: 1:34.67 200m: 2:08.28							
4.	Gabriel Antunes Ramos	09		Rio Maior	**2:08.87**		448	
	50m: 30.09 100m: 1:03.28 150m: 1:36.38 200m: 2:08.87							
5.	Gabriel Sa Chambel	09		CLAC-Entroncamento	**2:17.93**		365	
	50m: 30.67 100m: 1:05.96 150m: 1:42.05 200m: 2:17.93							
6.	Mateus Emanuel Almeida	09		Rio Maior	**2:35.26**		256	
	FTL							
	50m: 35.75 100m: 1:15.63 150m: 1:57.09 200m: 2:35.26							

Prova 25, Masc., 200m Livres

Prova 25 — Masc., 200m Livres — Senior
01/03/2026 - 9:36 — Resultados

Recorde Distrital ANDS Open	1:50.19	Tiago Filipe Campos	CNRM	Leiria	11/12/2022
Recorde Distrital ANDS Sen	1:50.19	Tiago Filipe Campos	CNRM	Leiria	11/12/2022

Jun/Sen: 2:31.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Afonso Formigo Pinho	06		Torres Novas	**2:04.18**		500	
	50m: 28.86 100m: 1:01.18 150m: 1:33.41 200m: 2:04.18							
2.	Tomas Alexandre Santos	07		BUZIOS-Coruche	**2:12.84**		409	
	50m: 28.84 100m: 1:01.79 150m: 1:36.92 200m: 2:12.84							
3.	Joao Pedro Rosa	90		CLAC-Entroncamento	**2:18.66**		359	
	50m: 32.22 100m: 1:07.14 150m: 1:42.53 200m: 2:18.66							
4.	Eliseu Manuel Tavares	99		Uniao Samorense	**2:18.91**		357	
	50m: 30.96 100m: 1:05.93 150m: 1:43.22 200m: 2:18.91							

Prova 25 — Masc., 200m Livres — S10
01/03/2026 - 9:36 — Resultados

Recorde Distrital ANDS Open	1:50.19	Tiago Filipe Campos	CNRM	Leiria	11/12/2022
Recorde Distrital ANDS Sen	1:50.19	Tiago Filipe Campos	CNRM	Leiria	11/12/2022
Recorde Distrital ANDS 18	1:52.48	Tiago Filipe Campos	CNRM	Funchal	11/12/2016
Recorde Distrital ANDS 17	1:50.67	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv A	1:53.75	Paulo Vakulyuk	CNTN	Coimbra	16/06/2019
Recorde Distrital ANDS Juv B	1:57.53	Pedro Diogo Oliveira	CNRM	Tomar	08/03/2003
Recorde Distrital ANDS Inf A	2:03.75	Jose Henriques Luz	NSCG	Tomar	30/06/2013
Recorde Distrital ANDS Inf B	2:09.72	João Diogo Lopes	VS	Coruche	16/03/2014

Inf A: 2:54.00; Inf B: 3:05.00; Juv B: 2:40.00; Juv A: 2:35.00; Jun/Sen: 2:31.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Alberto Padre	08		Rio Maior	**1:57.86**		585	
	50m: 28.27 100m: 58.08 150m: 1:27.74 200m: 1:57.86							
2.	Duarte Moura Mendes	11		Torres Novas	**2:03.57**		508	
	50m: 28.71 100m: 1:00.45 150m: 1:32.07 200m: 2:03.57							
3.	Pedro Morgado Costa	09		Rio Maior	**2:03.89**		504	
	50m: 28.48 100m: 1:00.34 150m: 1:32.40 200m: 2:03.89							
4.	Afonso Formigo Pinho	06		Torres Novas	**2:04.18**		500	
	50m: 28.86 100m: 1:01.18 150m: 1:33.41 200m: 2:04.18							
5.	Daniel Filipe Jorge	10		Rio Maior	**2:06.36**		475	
	50m: 28.88 100m: 1:00.50 150m: 1:33.37 200m: 2:06.36							
6.	Tiago Frazao Barra	10		Rio Maior	**2:07.70**		460	
	50m: 29.19 100m: 1:00.93 150m: 1:34.47 200m: 2:07.70							
7.	Miguel Silva Lima	09		Nautico Abrantes	**2:08.28**		454	
	50m: 28.84 100m: 1:01.34 150m: 1:34.67 200m: 2:08.28							
8.	Gabriel Antunes Ramos	09		Rio Maior	**2:08.87**		448	
	50m: 30.09 100m: 1:03.28 150m: 1:36.38 200m: 2:08.87							
9.	Manuel Maria Moniz	11		20Km de Almeirim	**2:09.83**		438	
	50m: 29.84 100m: 1:02.61 150m: 1:37.20 200m: 2:09.83							
10.	Lourenco Vicente Geada	10		Torres Novas	**2:11.20**		424	
	50m: 30.58 100m: 1:04.12 150m: 1:38.28 200m: 2:11.20							
11.	Tomas Alexandre Santos	07		BUZIOS-Coruche	**2:12.84**		409	
	50m: 28.84 100m: 1:01.79 150m: 1:36.92 200m: 2:12.84							

Prova 25, Masc., 200m Livres, S10

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Andre Guilherme Anastacio	10		Nautico Abrantes	**2:14.68**		392	
	50m: 30.11 100m: 1:03.46 150m: 1:38.71 200m: 2:14.68							
13.	Francisco Grave Reis	12		Rio Maior	**2:15.97**		381	
	50m: 30.50 100m: 1:03.71 150m: 1:39.12 200m: 2:15.97							
14.	Salvador Henrique Vieira	12		Torres Novas	**2:16.76**		374	
	50m: 31.21 100m: 1:05.38 150m: 1:41.03 200m: 2:16.76							
15.	Heliodoro Joao Sombreireiro	11		BUZIOS-Coruche	**2:17.04**		372	
	50m: 30.34 100m: 1:05.27 150m: 1:41.77 200m: 2:17.04							
16.	Gabriel Sa Chambel	09		CLAC-Entroncamento	**2:17.93**		365	
	50m: 30.67 100m: 1:05.96 150m: 1:42.05 200m: 2:17.93							
17.	Joao Pedro Rosa	90		CLAC-Entroncamento	**2:18.66**		359	
	50m: 32.22 100m: 1:07.14 150m: 1:42.53 200m: 2:18.66							
18.	Eliseu Manuel Tavares	99		Uniao Samorense	**2:18.91**		357	
	50m: 30.96 100m: 1:05.93 150m: 1:43.22 200m: 2:18.91							
19.	Luis Miguel Reis	10		Rio Maior	**2:18.99**		357	
	50m: 31.59 100m: 1:07.02 150m: 1:43.22 200m: 2:18.99							
20.	Antonio Francisco Rouxinol	11		BUZIOS-Coruche	**2:21.66**		337	
	50m: 31.09 100m: 1:06.64 150m: 1:44.80 200m: 2:21.66							
21.	Martim Rocha Silva	12		Gualdim Pais	**2:21.95**		335	
	50m: 33.81 100m: 1:11.25 150m: 1:47.33 200m: 2:21.95							
22.	Artur Alexandre Silva	11		20Km de Almeirim	**2:24.49**		317	
	50m: 33.97 100m: 1:11.57 150m: 1:49.57 200m: 2:24.49							
23.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	**2:27.14**		301	
	50m: 34.03 100m: 1:11.65 150m: 1:50.04 200m: 2:27.14							
24.	Lourenco Manuel Palmeiro	10		BUZIOS-Coruche	**2:28.23**		294	
	50m: 33.26 100m: 1:11.28 150m: 1:50.36 200m: 2:28.23							
25.	Goncalo Pato Mateus	13		Uniao Samorense	**2:28.79**		291	
	50m: 33.95 100m: 1:11.51 150m: 1:50.74 200m: 2:28.79							
26.	Bernardo Margarido Miranda	12		Nautico Abrantes	**2:33.48**		265	
	50m: 34.70 100m: 1:14.21 150m: 1:54.37 200m: 2:33.48							
27.	Gabriel Antonio Marques	11		Nautico Abrantes	**2:35.20**		256	
	50m: 34.11 100m: 1:14.15 150m: 1:55.85 200m: 2:35.20							
28.	Mateus Emanuel Almeida *FTL*	09		Rio Maior	**2:35.26**		256	
	50m: 35.75 100m: 1:15.63 150m: 1:57.09 200m: 2:35.26							
29.	Hugo Santos Carapeto	13		Nautico Abrantes	**2:37.57**		245	
	50m: 35.69 100m: 1:15.91 150m: 1:57.49 200m: 2:37.57							
30.	Salvador Miguel Silva	11		Viver Santarem	**2:38.97**		238	
	50m: 35.07 100m: 1:14.70 150m: 1:58.22 200m: 2:38.97							
31.	Rodrigo Miguel Alcobia	11	S10	NataÃ§Ã£o Ferreira do Zezere	**2:39.44**		236	
	50m: 34.91 100m: 1:14.61 150m: 1:57.23 200m: 2:39.44							
32.	Afonso Ferreira Cruz	12		CLAC-Entroncamento	**2:42.04**		225	
	50m: 37.30 100m: 1:19.58 150m: 2:02.99 200m: 2:42.04							
33.	Rafael Jose Isidoro	13		Rio Maior	**2:42.20**		224	
	50m: 36.13 100m: 1:17.68 150m: 2:01.15 200m: 2:42.20							
34.	Sandro Jose Tomas	12		BUZIOS-Coruche	**2:42.82**		222	
	50m: 34.89 100m: 1:16.56 150m: 2:00.99 200m: 2:42.82							

Prova 25, Masc., 200m Livres, S10

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
35.	Guilherme Ferreira Leitao *FTL*	10		Viver Santarem	**2:45.20**		212	
	50m: 35.62 100m: 1:18.63 150m: 2:03.22 200m: 2:45.20							
36.	Martim Silva Bernardo	12		Viver Santarem	**2:50.16**		194	
	50m: 38.81 100m: 1:22.06 150m: 2:07.28 200m: 2:50.16							
37.	Afonso Gil Campos	13		CLAC-Entroncamento	**2:57.64**		171	
	50m: 40.94 100m: 1:27.18 150m: 2:14.99 200m: 2:57.64							
38.	Santiago Tacao Ribeiro	13		Rio Maior	**2:57.90**		170	
	50m: 38.80 100m: 1:25.11 150m: 2:12.70 200m: 2:57.90							
39.	Afonso Jose Coentro	13		Gualdim Pais	**2:58.64**		168	
	50m: 40.47 100m: 1:26.16 150m: 2:14.68 200m: 2:58.64							
40.	Joao Francisco Monteiro *FTL*	12		BUZIOS-Coruche	**3:05.88**		149	
	50m: 40.98 100m: 1:26.59 150m: 2:16.22 200m: 3:05.88							
DNS	Sebastiao Maria Borlinhas	11		BUZIOS-Coruche				

Prova 26 — Femin., 200m Livres — Infantil B
01/03/2026 - 9:58 — Resultados

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS Inf B	2:15.24	Mafalda Sofia Rosa	CNRM	Tomar	20/03/2016

: 3:20.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Amelia Torres	13		Viver Santarem	**2:31.64**		384	
	50m: 34.67 100m: 1:12.94 150m: 1:52.99 200m: 2:31.64							
2.	Marta Bento Ferreira	13		Viver Santarem	**2:41.53**		318	
	50m: 37.08 100m: 1:16.93 150m: 1:59.62 200m: 2:41.53							
3.	Mafalda Ines Martinho	13		CLAC-Entroncamento	**2:58.85**		234	
	50m: 42.49 100m: 1:28.60 150m: 2:14.50 200m: 2:58.85							
DNS	Maria Carolina Fidalgo	13		Viver Santarem				

Prova 26 — Femin., 200m Livres — Infantil A
01/03/2026 - 9:58 — Resultados

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS Inf A	2:12.10	Ana Rita Boavista	CNLA	Ourém	07/07/2002

: 3:10.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Matilde Casimiro Bibi	12		BUZIOS-Coruche	**2:18.59**		504	
	50m: 31.67 100m: 1:07.71 150m: 1:43.53 200m: 2:18.59							
2.	Rita Balsa Alves	12		BUZIOS-Coruche	**2:26.06**		430	
	50m: 34.45 100m: 1:10.80 150m: 1:48.56 200m: 2:26.06							
3.	Maria Pais Santos	12		BUZIOS-Coruche	**2:36.86**		347	
	50m: 35.73 100m: 1:15.28 150m: 1:56.81 200m: 2:36.86							
4.	Marta Costa Soares	12		Uniao Samorense	**2:38.97**		334	
	50m: 35.27 100m: 1:15.19 150m: 1:57.78 200m: 2:38.97							
5.	Lara Alberto Januario	12		Viver Santarem	**2:45.57**		295	
	50m: 35.89 100m: 1:17.80 150m: 2:02.06 200m: 2:45.57							

Prova 26, Femin., 200m Livres, Infantil A

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Joana Verissimo Tavares	12		CLAC-Entroncamento	**2:49.62**		275	
	50m: 37.09 100m: 1:20.42 150m: 2:06.08 200m: 2:49.62							
7.	Maria Vitoria Martinho	12		Gualdim Pais	**2:50.88**		269	
	50m: 38.67 100m: 1:22.14 150m: 2:07.07 200m: 2:50.88							
8.	Laura Sofia Graca	12		Uniao Samorense	**2:55.36**		248	
	50m: 40.09 100m: 1:25.25 150m: 2:11.59 200m: 2:55.36							
9.	Maria Leonor Serodio	12		Viver Santarem	**3:01.24**		225	
	50m: 40.88 100m: 1:27.17 150m: 2:14.61 200m: 3:01.24							

Prova 26 — Femin., 200m Livres — Juvenil B
01/03/2026 - 9:58 — Resultados

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS Juv B	2:09.96	Carolina Marques Neves	CNTN	Sines	25/04/2016

: 3:04.50

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sofia Barroca Pereira	11		BUZIOS-Coruche	**2:12.80**		573	
	50m: 30.88 100m: 1:04.39 150m: 1:38.69 200m: 2:12.80							
2.	Margarida Pinho Formigo	11		Torres Novas	**2:23.25**		456	
	50m: 33.11 100m: 1:09.73 150m: 1:46.57 200m: 2:23.25							
3.	Beatriz Isabel Moura	11		Nautico Abrantes	**2:49.27**		276	
	50m: 37.04 100m: 1:20.35 150m: 2:05.40 200m: 2:49.27							

Prova 26 — Femin., 200m Livres — Juvenil A
01/03/2026 - 9:58 — Resultados

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS Juv A	2:06.28	Carolina Marques Neves	CNTN	Funchal	11/12/2016

: 3:01.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Beatriz Peguinho Simoes	10		Rio Maior	**2:17.78**		513	
	50m: 31.24 100m: 1:05.67 150m: 1:41.87 200m: 2:17.78							
2.	Maria Leonor Lopes	10		Torres Novas	**2:20.59**		483	
	50m: 32.82 100m: 1:08.17 150m: 1:44.90 200m: 2:20.59							
3.	Angela Maria Pereira	10		Nautico Salvaterra Magos	**2:36.30**		351	
	50m: 35.35 100m: 1:15.09 150m: 1:56.51 200m: 2:36.30							
4.	Madalena Bras Salgado	10		Viver Santarem	**2:49.97**		273	
	50m: 38.67 100m: 1:21.67 150m: 2:06.54 200m: 2:49.97							

Prova 26, Femin., 200m Livres

Prova 26 — Femin., 200m Livres — Junior
01/03/2026 - 9:58 — Resultados

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS 18 +	2:04.86	Mafalda Sofia Rosa	CNRM	Albufeira	14/11/2021
Recorde Distrital ANDS 17	2:04.85	Caroliona Marques Neves	CNTN	Porto	10/12/2017

Jun/Sen: 2:52.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Lia Pereira Lopes	09		Rio Maior	**2:29.05**		405	
	50m: 32.71 100m: 1:10.64 150m: 1:50.10 200m: 2:29.05							
2.	Carolina Cupertino Marchante	09		CLAC-Entroncamento	**2:45.65**		295	
	50m: 37.10 100m: 1:18.96 150m: 2:02.98 200m: 2:45.65							

Prova 26 — Femin., 200m Livres — Senior
01/03/2026 - 9:58 — Resultados

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS 18 +	2:04.86	Mafalda Sofia Rosa	CNRM	Albufeira	14/11/2021

Jun/Sen: 2:52.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Catarina Isabel Carlota	05		BUZIOS-Coruche	**2:27.94**		414	
	50m: 33.70 100m: 1:10.65 150m: 1:49.13 200m: 2:27.94							
2.	Mariana Mauricio Coelho	07		BUZIOS-Coruche	**2:29.47**		401	
	50m: 34.03 100m: 1:12.37 150m: 1:51.78 200m: 2:29.47							
3.	Joana Teixeira Viana	97		CLAC-Entroncamento	**2:35.75**		355	
	50m: 35.82 100m: 1:15.00 150m: 1:55.53 200m: 2:35.75							

Prova 27 — Masc., 100m Bruços — Infantil B
01/03/2026 - 10:12 — Resultados

Recorde Distrital ANDS Open	1:02.88	Carlos Daniel Nunes	Sel POR	Tomar	14/01/2023
Recorde Distrital ANDS Inf B	1:13.64	Joao Diogo Lopes	VS	Campo Maior	29/03/2014

: 1:55.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Vicente Manuel Nunes	13		Nautico Salvaterra Magos	**1:28.54**		243	
	50m: 41.85 100m: 1:28.54							
2.	Eduardo Agostinho Duque	13		20Km de Almeirim	**1:35.07**		196	
	50m: 44.56 100m: 1:35.07							
3.	Carlos Silvestre Lourenco	13		BUZIOS-Coruche	**1:39.53**		171	
	50m: 44.47 100m: 1:39.53							
4.	Alexandre Pinto Zahari	13		20Km de Almeirim	**1:48.38**		132	
	50m: 51.85 100m: 1:48.38							
5.	Afonso Gil Campos	13		CLAC-Entroncamento	**1:49.45**		128	
	50m: 51.01 100m: 1:49.45							

Prova 27, Masc., 100m Bruços

Prova 27 — Masc., 100m Bruços — Infantil A
01/03/2026 - 10:12 — Resultados

Recorde Distrital ANDS Open	1:02.88	Carlos Daniel Nunes	Sel POR	Tomar	14/01/2023
Recorde Distrital ANDS Inf A	1:08.46	Francisco Costa Nunes	CCDSM	Tomar	19/03/2016

: 1:45.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Santiago Raposo Fernandes	12		20Km de Almeirim	**1:23.71**		287	
	50m: 38.78 100m: 1:23.71							
2.	Gabriel Mocanu	12		Uniao Samorense	**1:27.88**		248	
	50m: 40.83 100m: 1:27.88							
3.	Lourenco Filipe Costa	12		20Km de Almeirim	**1:31.29**		222	
	50m: 42.17 100m: 1:31.29							
DNS	Artur Miguel Silva	12		Natacao do Tejo				

Prova 27 — Masc., 100m Bruços — Juvenil B
01/03/2026 - 10:12 — Resultados

Recorde Distrital ANDS Open	1:02.88	Carlos Daniel Nunes	Sel POR	Tomar	14/01/2023
Recorde Distrital ANDS Juv B	1:07.41	Francisco Costa Nunes	SANDS	Abrantes	04/03/2017

: 1:38.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diogo Chambel Santos	11		Nautico Abrantes	**1:20.05**		329	
	50m: 36.79 100m: 1:20.05							
2.	Dinis Oliveira Nunes	11		BUZIOS-Coruche	**1:29.52**		235	
	50m: 42.24 100m: 1:29.52							
3.	Martim Cassis Gomes	11		Torres Novas	**1:30.09**		231	
	50m: 42.97 100m: 1:30.09							

Prova 27 — Masc., 100m Bruços — Juvenil A
01/03/2026 - 10:12 — Resultados

Recorde Distrital ANDS Open	1:02.88	Carlos Daniel Nunes	Sel POR	Tomar	14/01/2023
Recorde Distrital ANDS Juv A	1:05.79	Francisco Costa Nunes	SANDS	Abrantes	27/01/2018

: 1:35.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Guilherme Martins Conceicac	10		Viver Santarem	**1:17.54**		362	
	50m: 36.23 100m: 1:17.54							
2.	Guilherme Gomes Nunes	10		Nautico Salvaterra Magos	**1:19.27**		339	
	50m: 37.09 100m: 1:19.27							
3.	Pedro Figueiredo Ferreira	10		20Km de Almeirim	**1:21.64**		310	
	50m: 37.18 100m: 1:21.64							
4.	Afonso Goncalves Leite	10		CLAC-Entroncamento	**1:24.37**		281	
	50m: 39.15 100m: 1:24.37							

Prova 27, Masc., 100m Bruços

Prova 27 — Masc., 100m Bruços — Junior
01/03/2026 - 10:12 — Resultados

Recorde Distrital ANDS Open	1:02.88	Carlos Daniel Nunes	Sel POR	Tomar	14/01/2023
Recorde Distrital ANDS 18	1:02.88	Carlos Daniel Nunes	Sel POR	Tomar	14/01/2023
Recorde Distrital ANDS 17	1:03.95	Carlos Daniel Nunes	CNSM	Leiria	26/11/2021

Jun/Sen: 1:32.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Afonso Bernardo Evaristo	08		Torres Novas	**1:08.92**		516	
	50m: 31.20 100m: 1:08.92							
2.	Dinis Maria Garcia	09		Nautico Abrantes	**1:11.89**		454	
	50m: 33.91 100m: 1:11.89							
3.	Miguel Ferreira Cruz	08		CLAC-Entroncamento	**1:17.95**		356	
	50m: 36.71 100m: 1:17.95							
4.	Martim Silva Oliveira	08		Torres Novas	**1:20.08**		328	
	50m: 37.54 100m: 1:20.08							
DSQ	Miguel Tomas Amaral	08		Natacao do Tejo				
	SW 7.4 - O (a) atleta efectuou movimento alternado de pernas durante o percurso, subaquático após a partida							

Prova 27 — Masc., 100m Bruços — Senior
01/03/2026 - 10:12 — Resultados

Recorde Distrital ANDS Open	1:02.88	Carlos Daniel Nunes	Sel POR	Tomar	14/01/2023
Recorde Distrital ANDS Sen	1:04.05	Luis Afonso Lopes	VS	Castelo Branco	19/02/2022

Jun/Sen: 1:32.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Guilherme Antonio Reis	96		Torres Novas	**1:07.86**		540	
	50m: 32.58 100m: 1:07.86							
2.	Luis Filipe Viana	89		CLAC-Entroncamento	**1:08.65**		522	
	50m: 32.40 100m: 1:08.65							
3.	Artur Rafael Saramago	97		BUZIOS-Coruche	**1:09.49**		503	
	50m: 32.48 100m: 1:09.49							
4.	Joao Antonio Pires	05		Torres Novas	**1:10.18**		488	
	50m: 32.51 100m: 1:10.18							
5.	Ricardo Filipe Gaboleiro	05		Rio Maior	**1:14.72**		404	
	50m: 33.71 100m: 1:14.72							
6.	Tomas Alexandre Santos	07		BUZIOS-Coruche	**1:21.36**		313	
	50m: 37.15 100m: 1:21.36							
7.	Hugo Miguel Silva	77		BUZIOS-Coruche	**1:27.14**		255	
	50m: 41.02 100m: 1:27.14							

Prova 28 — Femin., 100m Bruços — Infantil B
01/03/2026 - 10:22 — Resultados

Recorde Distrital ANDS Open	1:12.09	Maria Madalena Silva	CNAB	Porto	12/12/2015
Recorde Distrital ANDS Inf B	1:16.72	Joana Filipa Vilhena	CNLA	Tomar	27/02/2005

: 1:57.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Mariana Beatriz Goncalves	13		Uniao Samorense	**1:37.89**		258	
	50m: 45.82 100m: 1:37.89							
2.	Valentina Rodrigues Feijao	13		Nautico Salvaterra Magos	**1:37.91**		258	
	50m: 46.20 100m: 1:37.91							
3.	Matilde Peixoto Amado	13		Natacao do Tejo	**1:39.56**		245	
	50m: 47.24 100m: 1:39.56							
4.	Mafalda Ines Martinho	13		CLAC-Entroncamento	**1:44.48**		212	
	50m: 50.08 100m: 1:44.48							

Prova 28 — Femin., 100m Bruços — Infantil A
01/03/2026 - 10:22 — Resultados

Recorde Distrital ANDS Open	1:12.09	Maria Madalena Silva	CNAB	Porto	12/12/2015
Recorde Distrital ANDS Inf A	1:16.54	Beatriz Grave Reis	CNRM	Coruche	15/03/2019

: 1:52.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Alicia Lopes Deep	12		BUZIOS-Coruche	**1:25.77**		384	
	50m: 40.59 100m: 1:25.77							
2.	Matilde Abelho Vaz	12		CLAC-Entroncamento	**1:28.27**		352	
	50m: 41.92 100m: 1:28.27							
3.	Maria Francisca Pinheiro	12		Nautico Abrantes	**1:33.34**		298	
	50m: 43.74 100m: 1:33.34							

Prova 28 — Femin., 100m Bruços — Juvenil B
01/03/2026 - 10:22 — Resultados

Recorde Distrital ANDS Open	1:12.09	Maria Madalena Silva	CNAB	Porto	12/12/2015
Recorde Distrital ANDS Juv B	1:15.77	Margarida Mateus Morais	CNTN	Tomar	16/12/2018

: 1:51.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Clara Santos Madureira	11		Torres Novas	**1:17.10**		529	
	50m: 36.81 100m: 1:17.10							
2.	Carolina Reis Lopes	11		Torres Novas	**1:27.34**		363	
	50m: 40.77 100m: 1:27.34							
3.	Mariana Freitas Mota	11		Torres Novas	**1:28.05**		355	
	50m: 39.89 100m: 1:28.05							

Prova 28, Femin., 100m Bruços

Prova 28 — Femin., 100m Bruços — Juvenil A
01/03/2026 - 10:22 — Resultados

Recorde Distrital ANDS Open	1:12.09	Maria Madalena Silva	CNAB	Porto	12/12/2015
Recorde Distrital ANDS Juv A	1:13.23	Maria Madalena Silva	CNAB	Porto	21/12/2013

: 1:46.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Lara Paixao Silva	10		Rio Maior	**1:25.15**		392	
	50m: 40.11 100m: 1:25.15							

Prova 28 — Femin., 100m Bruços — Junior
01/03/2026 - 10:22 — Resultados

Recorde Distrital ANDS Open	1:12.09	Maria Madalena Silva	CNAB	Porto	12/12/2015
Recorde Distrital ANDS 18 +	1:12.09	Maria Madalena Silva	CNAB	Porto	12/12/2015
Recorde Distrital ANDS 17	1:12.62	Maria Madalena Silva	CNAB	Porto	20/12/2014

Jun/Sen: 1:44.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Madalena Monteiro	08		Torres Novas	**1:23.70**		413	
	50m: 39.36 100m: 1:23.70							
2.	Leonor Marques Carvalho	09		Rio Maior	**1:26.83**		370	
	50m: 41.80 100m: 1:26.83							
3.	Carolina Cupertino Marchante	09		CLAC-Entroncamento	**1:39.45**		246	
	50m: 45.84 100m: 1:39.45							
4.	Maria Ines Campos	09		Nautico Abrantes	**1:39.73**		244	
	50m: 47.69 100m: 1:39.73							

Prova 28 — Femin., 100m Bruços — Senior
01/03/2026 - 10:22 — Resultados

Recorde Distrital ANDS Open	1:12.09	Maria Madalena Silva	CNAB	Porto	12/12/2015
Recorde Distrital ANDS 18 +	1:12.09	Maria Madalena Silva	CNAB	Porto	12/12/2015

Jun/Sen: 1:44.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Marta Chambel Dias	02		CLAC-Entroncamento	**1:18.67**		498	
	50m: 37.38 100m: 1:18.67							
2.	Catarina Maria Fragoso	07		Viver Santarem	**1:22.58**		430	
	50m: 38.45 100m: 1:22.58							
3.	Catarina Isabel Carlota	05		BUZIOS-Coruche	**1:30.74**		324	
	50m: 41.87 100m: 1:30.74							

Prova 29 — Masc., 50m Livres — Infantil B
01/03/2026 - 10:36 — Resultados

Recorde Distrital ANDS Open	22.60	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS Inf B	27.90	Fábio Miguel Samouco	CNTN	Torres Novas	09/02/2008

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Hugo Santos Carapeto	13		Nautico Abrantes	**32.38**		232	
2.	Tomas Miguel Madeira	13		20Km de Almeirim	**33.48**		209	
3.	Eduardo Agostinho Duque	13		20Km de Almeirim	**34.91**		185	
4.	Leonardo Del Sasso Cebrian	13		20Km de Almeirim	**36.45**		162	
5.	Santiago Tacao Ribeiro	13		Rio Maior	**37.41**		150	
6.	Alexandre Pinto Zahari	13		20Km de Almeirim	**42.79**		100	

Prova 29 — Masc., 50m Livres — Infantil A
01/03/2026 - 10:36 — Resultados

Recorde Distrital ANDS Open	22.60	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS Inf A	26.33	João Diogo Lopes	SANDS	Abrantes	21/02/2015

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Gabriel Mocanu	12		Uniao Samorense	**30.34**		282	
2.	Santiago Raposo Fernandes	12		20Km de Almeirim	**30.78**		270	
3.	Lourenco Filipe Costa	12		20Km de Almeirim	**31.92**		242	
4.	Bernardo Margarido Miranda	12		Nautico Abrantes	**32.83**		222	
5.	Afonso Ferreira Cruz	12		CLAC-Entroncamento	**33.54**		208	
6.	Martim Silva Bernardo	12		Viver Santarem	**36.62**		160	
DNS	Artur Miguel Silva	12		Natacao do Tejo				

Prova 29 — Masc., 50m Livres — Juvenil B
01/03/2026 - 10:36 — Resultados

Recorde Distrital ANDS Open	22.60	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS Juv B	24.88	Simão Dinis Rosa	CNTN	Leiria	14/12/2019

: 34.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Manuel Maria Moniz	11		20Km de Almeirim	**27.19**		392	
2.	Martim Maria Salvador	11		Nautico Salvaterra Magos	**27.43**		381	
3.	Heliodoro Joao Sombreireiro	11		BUZIOS-Coruche	**28.01**		358	
4.	Francisco Maria Dias	11		Viver Santarem	**28.15**		353	
5.	Antonio Francisco Rouxinol	11		BUZIOS-Coruche	**28.25**		349	
6.	Martim Miguel Santos	11		Rio Maior	**28.67**		334	
7.	Santiago Martins Magalhaes	11		Torres Novas	**28.92**		325	
8.	Gabriel Antonio Marques	11		Nautico Abrantes	**30.11**		288	
9.	Afonso Tomas Antunes	11		Natacao do Tejo	**32.81**		223	

Prova 29, Masc., 50m Livres

Prova 29 — Masc., 50m Livres — Juvenil A
01/03/2026 - 10:36 — Resultados

Recorde Distrital ANDS Open	22.60	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS Juv A	24.11	Paulo Vakulyuk	SANDS	Abrantes	26/01/2019

: 32.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisco Manuel Cadete	10		Nautico Abrantes	**26.52**		422	
2.	Lourenco Vicente Geada	10		Torres Novas	**28.20**		351	
3.	Pedro Figueiredo Ferreira	10		20Km de Almeirim	**28.83**		328	
4.	Guilherme Martins Conceicac	10		Viver Santarem	**29.77**		298	
5.	Luis Miguel Reis	10		Rio Maior	**30.08**		289	
6.	Guilherme Ferreira Leitao	10		Viver Santarem	**33.00**		219	
	FTL							

Prova 29 — Masc., 50m Livres — Junior
01/03/2026 - 10:36 — Resultados

Recorde Distrital ANDS Open	22.60	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS 18	23.21	Frederico Sucena Riachos	NSCG	Porto	12/12/2015
Recorde Distrital ANDS 17	23.45	Frederico Sucena Riachos	NSCG	Porto	20/12/2014

Jun/Sen: 31.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Enzo Miguel Anjos	08		Rio Maior	**24.80**		516	
2.	David Alberto Padre	08		Rio Maior	**25.31**		486	
3.	Pedro Morgado Costa	09		Rio Maior	**25.70**		464	
4.	Luis Suissas Rato	09		Nautico Salvaterra Magos	**25.74**		462	
5.	Martim Silva Oliveira	08		Torres Novas	**28.49**		340	
6.	Diogo Rodrigues Gomes	09		Natacao do Tejo	**28.62**		336	
7.	Leonardo Gomes Silva	08		Rio Maior	**28.66**		334	
8.	Mateus Emanuel Almeida	09		Rio Maior	**29.91**		294	
9.	Miguel Tomas Amaral	08		Natacao do Tejo	**30.80**		269	

Prova 29 — Masc., 50m Livres — Senior
01/03/2026 - 10:36 — Resultados

Recorde Distrital ANDS Open	22.60	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS Sen	22.60	Vakulyuk	CNTN	Albufeira	13/11/2022

Jun/Sen: 31.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Antonio Pires	05		Torres Novas	**24.62**		528	
2.	Artur Rafael Saramago	97		BUZIOS-Coruche	**25.14**		495	
3.	Guilherme Filipe Gaboleiro	05		Rio Maior	**26.04**		446	
4.	Afonso Formigo Pinho	06		Torres Novas	**26.24**		436	
5.	Ricardo Filipe Gaboleiro	05		Rio Maior	**26.36**		430	
6.	Simao Pedro Oliveira	07		Torres Novas	**27.42**		382	
7.	Joao Afonso Pacau	02		Gualdim Pais	**27.48**		379	
8.	Simao Rocha Silva	07		Gualdim Pais	**27.63**		373	
9.	Diogo Daniel Simoes	99		Rio Maior	**28.16**		352	
10.	Leandro Miguel Lopes	04		Rio Maior	**29.27**		314	
11.	Hugo Miguel Silva	77		BUZIOS-Coruche	**29.69**		301	
12.	Eliseu Manuel Tavares	99		Uniao Samorense	**29.74**		299	

Prova 29, Masc., 50m Livres, Senior

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Tiago Manuel Silva *FTL*	05	S3	A,1,3,!CLAC-Entroncamento	**1:03.63**		30	

Prova 29 — Masc., 50m Livres — S3
01/03/2026 - 10:36 — Resultados

Recorde Distrital ANDS Open	22.60	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS Sen	22.60	Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS 18	23.21	Frederico Sucena Riachos	NSCG	Porto	12/12/2015
Recorde Distrital ANDS 17	23.45	Frederico Sucena Riachos	NSCG	Porto	20/12/2014
Recorde Distrital ANDS Juv A	24.11	Paulo Vakulyuk	SANDS	Abrantes	26/01/2019
Recorde Distrital ANDS Juv B	24.88	Simão Dinis Rosa	CNTN	Leiria	14/12/2019
Recorde Distrital ANDS Inf A	26.33	João Diogo Lopes	SANDS	Abrantes	21/02/2015
Recorde Distrital ANDS Inf B	27.90	Fábio Miguel Samouco	CNTN	Torres Novas	09/02/2008

Juv A: 32.00; Juv B: 34.00; Jun/Sen: 31.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Antonio Pires	05		Torres Novas	**24.62**		528	
2.	Enzo Miguel Anjos	08		Rio Maior	**24.80**		516	
3.	Artur Rafael Saramago	97		BUZIOS-Coruche	**25.14**		495	
4.	David Alberto Padre	08		Rio Maior	**25.31**		486	
5.	Pedro Morgado Costa	09		Rio Maior	**25.70**		464	
6.	Luis Suissas Rato	09		Nautico Salvaterra Magos	**25.74**		462	
7.	Guilherme Filipe Gaboleiro	05		Rio Maior	**26.04**		446	
8.	Afonso Formigo Pinho	06		Torres Novas	**26.24**		436	
9.	Ricardo Filipe Gaboleiro	05		Rio Maior	**26.36**		430	
10.	Francisco Manuel Cadete	10		Nautico Abrantes	**26.52**		422	
11.	Manuel Maria Moniz	11		20Km de Almeirim	**27.19**		392	
12.	Simao Pedro Oliveira	07		Torres Novas	**27.42**		382	
13.	Martim Maria Salvador	11		Nautico Salvaterra Magos	**27.43**		381	
14.	Joao Afonso Pacau	02		Gualdim Pais	**27.48**		379	
15.	Simao Rocha Silva	07		Gualdim Pais	**27.63**		373	
16.	Heliodoro Joao Sombreireiro	11		BUZIOS-Coruche	**28.01**		358	
17.	Francisco Maria Dias	11		Viver Santarem	**28.15**		353	
18.	Diogo Daniel Simoes	99		Rio Maior	**28.16**		352	
19.	Lourenco Vicente Geada	10		Torres Novas	**28.20**		351	
20.	Antonio Francisco Rouxinol	11		BUZIOS-Coruche	**28.25**		349	
21.	Martim Silva Oliveira	08		Torres Novas	**28.49**		340	
22.	Diogo Rodrigues Gomes	09		Natacao do Tejo	**28.62**		336	
23.	Leonardo Gomes Silva	08		Rio Maior	**28.66**		334	
24.	Martim Miguel Santos	11		Rio Maior	**28.67**		334	
25.	Pedro Figueiredo Ferreira	10		20Km de Almeirim	**28.83**		328	
26.	Santiago Martins Magalhaes	11		Torres Novas	**28.92**		325	
27.	Leandro Miguel Lopes	04		Rio Maior	**29.27**		314	
28.	Hugo Miguel Silva	77		BUZIOS-Coruche	**29.69**		301	
29.	Eliseu Manuel Tavares	99		Uniao Samorense	**29.74**		299	
30.	Guilherme Martins Conceicac	10		Viver Santarem	**29.77**		298	
31.	Mateus Emanuel Almeida	09		Rio Maior	**29.91**		294	
32.	Luis Miguel Reis	10		Rio Maior	**30.08**		289	
33.	Gabriel Antonio Marques	11		Nautico Abrantes	**30.11**		288	
34.	Gabriel Mocanu	12		Uniao Samorense	**30.34**		282	
35.	Santiago Raposo Fernandes	12		20Km de Almeirim	**30.78**		270	
36.	Miguel Tomas Amaral	08		Natacao do Tejo	**30.80**		269	
37.	Lourenco Filipe Costa	12		20Km de Almeirim	**31.92**		242	
38.	Hugo Santos Carapeto	13		Nautico Abrantes	**32.38**		232	

Prova 29, Masc., 50m Livres, S3

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
39.	Afonso Tomas Antunes	11		Natacao do Tejo	**32.81**		223	
40.	Bernardo Margarido Miranda	12		Nautico Abrantes	**32.83**		222	
41.	Guilherme Ferreira Leitao *FTL*	10		Viver Santarem	**33.00**		219	
42.	Tomas Miguel Madeira	13		20Km de Almeirim	**33.48**		209	
43.	Afonso Ferreira Cruz	12		CLAC-Entroncamento	**33.54**		208	
44.	Eduardo Agostinho Duque	13		20Km de Almeirim	**34.91**		185	
45.	Leonardo Del Sasso Cebrian	13		20Km de Almeirim	**36.45**		162	
46.	Martim Silva Bernardo	12		Viver Santarem	**36.62**		160	
47.	Santiago Tacao Ribeiro	13		Rio Maior	**37.41**		150	
48.	Alexandre Pinto Zahari	13		20Km de Almeirim	**42.79**		100	
49.	Tiago Manuel Silva *FTL*	05	S3	A,1,3,5 CLAC-Entroncamento	**1:03.63**		30	
DNS	Artur Miguel Silva	12		Natacao do Tejo				

Prova 30 — Femin., 50m Livres — Infantil B
01/03/2026 - 10:46 — Resultados

Recorde Distrital ANDS Open	27.06	Sarah Dias	CLAC	Leiria	08/12/2013
Recorde Distrital ANDS Inf B	29.29	Rita Sousa Oliveira	CNTN	Ponte de Sor	10/05/2014

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Amelia Torres	13		Viver Santarem	**32.02**		362	
2.	Matilde Peixoto Amado	13		Natacao do Tejo	**35.17**		273	
3.	Marta Bento Ferreira	13		Viver Santarem	**35.27**		271	

Prova 30 — Femin., 50m Livres — Infantil A
01/03/2026 - 10:46 — Resultados

Recorde Distrital ANDS Open	27.06	Sarah Dias	CLAC	Leiria	08/12/2013
Recorde Distrital ANDS Inf A	27.39	Sarah Dias	CLAC	Tomar	29/06/2013

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Leonor Lopes	12		Rio Maior	**32.36**		351	
2.	Lara Alberto Januario	12		Viver Santarem	**33.62**		313	
3.	Margarida Madeira Pires	12		Rio Maior	**33.71**		310	
4.	Joana Verissimo Tavares	12		CLAC-Entroncamento	**35.78**		259	
5.	Maria Leonor Serodio	12		Viver Santarem	**37.50**		225	

Prova 30 — Femin., 50m Livres — Juvenil B
01/03/2026 - 10:46 — Resultados

Recorde Distrital ANDS Open	27.06	Sarah Dias	CLAC	Leiria	08/12/2013
Recorde Distrital ANDS Juv B	27.06	Sarah Dias	CLAC	Leiria	08/12/2013

: 38.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sofia Barroca Pereira	11		BUZIOS-Coruche	**29.07**		484	
2.	Clara Santos Madureira	11		Torres Novas	**29.57**		460	
3.	Margarida Pinho Formigo	11		Torres Novas	**30.13**		435	
4.	Benedita Maria Lagarinhos	11		Viver Santarem	**31.31**		387	
5.	Mariana Freitas Mota	11		Torres Novas	**32.44**		348	
6.	Beatriz Agostinho Duque	11		20Km de Almeirim	**32.65**		341	

Prova 30, Femin., 50m Livres

Prova 30 — Femin., 50m Livres — Juvenil A
01/03/2026 - 10:46 — Resultados

Recorde Distrital ANDS Open	27.06	Sarah Dias	CLAC	Leiria	08/12/2013
Recorde Distrital ANDS Juv A	27.10	Sarah Dias	CLAC	Saint-Yrieix-Sur-Charente (FR)	18/12/2015

: 37.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Beatriz Peguinho Simoes	10		Rio Maior	**29.44**		466	
2.	Maria Leonor Lopes	10		Torres Novas	**29.63**		457	
3.	Lara Paixao Silva	10		Rio Maior	**30.45**		421	
4.	Maria Eduarda Parente	10		Viver Santarem	**30.98**		400	
5.	Debora Sofia Santos	10		Rio Maior	**31.38**		385	
6.	Madalena Bras Salgado	10		Viver Santarem	**37.39**		227	
	FTL							

Prova 30 — Femin., 50m Livres — Junior
01/03/2026 - 10:46 — Resultados

Recorde Distrital ANDS Open	27.06	Sarah Dias	CLAC	Leiria	08/12/2013
Recorde Distrital ANDS 18 +	27.16	Maria Madalena Silva	CNAB	Caldas da Rainha	29/11/2015
Recorde Distrital ANDS 17	27.09	Ariana Espírito Louro	SFGP	Leiria (ROU)	27/11/2021

Jun/Sen: 35.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Lia Pereira Lopes	09		Rio Maior	**30.73**		410	
2.	Leonor Marques Carvalho	09		Rio Maior	**31.70**		373	
3.	Ines Silva Lima	09		Nautico Abrantes	**32.73**		339	

Prova 30 — Femin., 50m Livres — Senior
01/03/2026 - 10:46 — Resultados

Recorde Distrital ANDS Open	27.06	Sarah Dias	CLAC	Leiria	08/12/2013
Recorde Distrital ANDS 18 +	27.16	Maria Madalena Silva	CNAB	Caldas da Rainha	29/11/2015

Jun/Sen: 35.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joana Teixeira Viana	97		CLAC-Entroncamento	**34.18**		297	

Prova 31 — Masc., 200m Mariposa — Infantil B
01/03/2026 - 10:52 — Resultados

Recorde Distrital ANDS	2:31.65	Eduardo Binyas	CNRM	Pinhal Novo	31/03/2019

: 4:00.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Goncalo Pato Mateus	13		Uniao Samorense	**2:59.15**		212	
	50m: 36.11 100m: 1:20.82 150m: 2:10.71 200m: 2:59.15							
2.	Tomas Miguel Madeira	13		20Km de Almeirim	**3:14.40**		166	
	50m: 42.14 100m: 1:33.32 150m: 2:26.16 200m: 3:14.40							
3.	Vicente Manuel Nunes	13		Nautico Salvaterra Magos	**3:26.34**		138	
	50m: 43.00 100m: 1:32.72 150m: 2:28.86 200m: 3:26.34							
4.	Rafael Jose Isidoro	13		Rio Maior	**3:34.70**		123	
	50m: 45.77 100m: 1:42.41 150m: 2:39.56 200m: 3:34.70							

Prova 31, Masc., 200m Mariposa

Prova 31 — Masc., 200m Mariposa — Infantil A
01/03/2026 - 10:52 — Resultados

Recorde Distrital ANDS 2:19.06 Pedro Diogo Oliveira CNRM Benavente 25/05/2002

: 3:38.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rodrigo Miranda Rosa	12		Uniao Samorense	**2:48.81**		253	
	50m: 36.00 100m: 1:19.89 150m: 2:04.77 200m: 2:48.81							
2.	Matias Rafael Pacheco	12		BUZIOS-Coruche	**2:50.34**		246	
	50m: 37.65 100m: 1:21.32 150m: 2:06.47 200m: 2:50.34							
3.	Salvador Henrique Vieira	12		Torres Novas	**2:53.21**		234	
	50m: 38.19 100m: 1:21.70 150m: 2:08.67 200m: 2:53.21							

Prova 31 — Masc., 200m Mariposa — Juvenil B
01/03/2026 - 10:52 — Resultados

Recorde Distrital ANDS 2:07.06 Pedro Diogo Oliveira CNRM Entroncamento 24/05/2003

: 3:15.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Duarte Moura Mendes	11		Torres Novas	**2:24.93**		400	
	50m: 31.53 100m: 1:08.45 150m: 1:46.39 200m: 2:24.93							
2.	Artur Alexandre Silva	11		20Km de Almeirim	**2:37.42**		312	
	50m: 34.79 100m: 1:14.47 150m: 1:56.28 200m: 2:37.42							
3.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	**3:04.82**		193	
	50m: 39.80 100m: 1:28.00 150m: 2:18.69 200m: 3:04.82							
4.	Salvador Miguel Silva	11		Viver Santarem	**3:15.53**		163	
	FTL							
	50m: 40.95 100m: 1:28.86 150m: 2:22.44 200m: 3:15.53							
DSQ	Rodrigo Miguel Alcobia	11	S10	NataÃ§Ã£o Ferreira do Zezere				
	WPS 11.5.3 - O atleta efetuou movimento alternado de pernas durante o percurso							

Prova 31 — Masc., 200m Mariposa — Juvenil A
01/03/2026 - 10:52 — Resultados

Recorde Distrital ANDS 2:04.48 Pedro Diogo Oliveira CNRM Abrantes 01/02/2004

: 3:10.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Filipe Pacheco	10		BUZIOS-Coruche	**2:14.62**		500	
	50m: 30.25 100m: 1:04.57 150m: 1:40.36 200m: 2:14.62							
2.	Andre Guilherme Anastacio	10		Nautico Abrantes	**2:36.33**		319	
	50m: 33.68 100m: 1:11.69 150m: 1:52.72 200m: 2:36.33							
3.	Vicente Jose Carrilho	10		BUZIOS-Coruche	**2:55.69**		224	
	50m: 36.83 100m: 1:19.69 150m: 2:04.44 200m: 2:55.69							
4.	Lourenco Manuel Palmeiro	10		BUZIOS-Coruche	**3:10.73**		175	
	FTL							
	50m: 41.63 100m: 1:29.69 150m: 2:21.08 200m: 3:10.73							
DSQ	Tiago Frazao Barra	10		Rio Maior				
	SW 8.4 - O (a) atleta não tocou com as mãos na parede simultaneamente na viragem aos 50 metros							

Prova 31, Masc., 200m Mariposa

Prova 31 — Masc., 200m Mariposa — Junior
01/03/2026 - 10:52 — Resultados

Recorde Distrital ANDS 18	2:02.00	Paulo Vakulyuk	CNTN	Abrantes	15/05/2015
Recorde Distrital ANDS 17	1:56.66	Pedro Diogo Oliveira	CNRM	Sines	20/12/2008

Jun/Sen: 2:58.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Miguel Ferreira Cruz	08		CLAC-Entroncamento	**2:35.54**		324	
	50m: 32.55 100m: 1:10.87 150m: 1:53.69 200m: 2:35.54							
2.	Leonardo Gomes Silva	08		Rio Maior	**2:43.44**		279	
	50m: 34.73 100m: 1:15.46 150m: 1:58.47 200m: 2:43.44							

Prova 31 — Masc., 200m Mariposa — Senior
01/03/2026 - 10:52 — Resultados

Recorde Distrital ANDS	1:56.66	Pedro Diogo Oliveira	CNRM	Sines	20/12/2008

Jun/Sen: 2:58.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Pedro Rosa	90		CLAC-Entroncamento	**2:38.01**		309	
	50m: 34.50 100m: 1:13.46 150m: 1:55.17 200m: 2:38.01							

Prova 31 — Masc., 200m Mariposa — S10
01/03/2026 - 10:52 — Resultados

Recorde Distrital ANDS Sen	1:56.66	Pedro Diogo Oliveira	CNRM	Sines	20/12/2008
Recorde Distrital ANDS 18	2:02.00	Paulo Vakulyuk	CNTN	Abrantes	15/05/2015
Recorde Distrital ANDS 17	1:56.66	Pedro Diogo Oliveira	CNRM	Sines	20/12/2008
Recorde Distrital ANDS Juv A	2:04.48	Pedro Diogo Oliveira	CNRM	Abrantes	01/02/2004
Recorde Distrital ANDS Juv B	2:07.06	Pedro Diogo Oliveira	CNRM	Entroncamento	24/05/2003
Recorde Distrital ANDS Inf A	2:19.06	Pedro Diogo Oliveira	CNRM	Benavente	25/05/2002
Recorde Distrital ANDS Inf B	2:31.65	Eduardo Binyas	CNRM	Pinhal Novo	31/03/2019

Inf A: 3:38.00; Inf B: 4:00.00; Juv A: 3:10.00; Juv B: 3:15.00; Jun/Sen: 2:58.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Filipe Pacheco	10		BUZIOS-Coruche	**2:14.62**		500	
	50m: 30.25 100m: 1:04.57 150m: 1:40.36 200m: 2:14.62							
2.	Duarte Moura Mendes	11		Torres Novas	**2:24.93**		400	
	50m: 31.53 100m: 1:08.45 150m: 1:46.39 200m: 2:24.93							
3.	Miguel Ferreira Cruz	08		CLAC-Entroncamento	**2:35.54**		324	
	50m: 32.55 100m: 1:10.87 150m: 1:53.69 200m: 2:35.54							
4.	Andre Guilherme Anastacio	10		Nautico Abrantes	**2:36.33**		319	
	50m: 33.68 100m: 1:11.69 150m: 1:52.72 200m: 2:36.33							
5.	Artur Alexandre Silva	11		20Km de Almeirim	**2:37.42**		312	
	50m: 34.79 100m: 1:14.47 150m: 1:56.28 200m: 2:37.42							
6.	Joao Pedro Rosa	90		CLAC-Entroncamento	**2:38.01**		309	
	50m: 34.50 100m: 1:13.46 150m: 1:55.17 200m: 2:38.01							
7.	Leonardo Gomes Silva	08		Rio Maior	**2:43.44**		279	
	50m: 34.73 100m: 1:15.46 150m: 1:58.47 200m: 2:43.44							
8.	Rodrigo Miranda Rosa	12		Uniao Samorense	**2:48.81**		253	
	50m: 36.00 100m: 1:19.89 150m: 2:04.77 200m: 2:48.81							
9.	Matias Rafael Pacheco	12		BUZIOS-Coruche	**2:50.34**		246	
	50m: 37.65 100m: 1:21.32 150m: 2:06.47 200m: 2:50.34							

Prova 31, Masc., 200m Mariposa, S10

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Salvador Henrique Vieira	12		Torres Novas	**2:53.21**		234	
	50m: 38.19 100m: 1:21.70 150m: 2:08.67 200m: 2:53.21							
11.	Vicente Jose Carrilho	10		BUZIOS-Coruche	**2:55.69**		224	
	50m: 36.83 100m: 1:19.69 150m: 2:04.44 200m: 2:55.69							
12.	Goncalo Pato Mateus	13		Uniao Samorense	**2:59.15**		212	
	50m: 36.11 100m: 1:20.82 150m: 2:10.71 200m: 2:59.15							
13.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	**3:04.82**		193	
	50m: 39.80 100m: 1:28.00 150m: 2:18.69 200m: 3:04.82							
14.	Lourenco Manuel Palmeiro *FTL*	10		BUZIOS-Coruche	**3:10.73**		175	
	50m: 41.63 100m: 1:29.69 150m: 2:21.08 200m: 3:10.73							
15.	Tomas Miguel Madeira	13		20Km de Almeirim	**3:14.40**		166	
	50m: 42.14 100m: 1:33.32 150m: 2:26.16 200m: 3:14.40							
16.	Salvador Miguel Silva *FTL*	11		Viver Santarem	**3:15.53**		163	
	50m: 40.95 100m: 1:28.86 150m: 2:22.44 200m: 3:15.53							
17.	Vicente Manuel Nunes	13		Nautico Salvaterra Magos	**3:26.34**		138	
	50m: 43.00 100m: 1:32.72 150m: 2:28.86 200m: 3:26.34							
18.	Rafael Jose Isidoro	13		Rio Maior	**3:34.70**		123	
	50m: 45.77 100m: 1:42.41 150m: 2:39.56 200m: 3:34.70							
DSQ	Rodrigo Miguel Alcobia *WPS 11.5.3 - O atleta efetuou movimento alternado de pernas durante o percurso*	11	S10	NataÃ§Ã£o Ferreira do Zezere				
DSQ	Tiago Frazao Barra *SW 8.4 - O (a) atleta não tocou com as mãos na parede simultaneamente na viragem aos 50 metros*	10		Rio Maior				

Prova 32 — Femin., 200m Mariposa — Infantil B
01/03/2026 - 11:04 — Resultados

Recorde Distrital ANDS Open	2:19.13	Ariana Espírito Louro	SFGP	Guarda	11/12/2021
Recorde Distrital ANDS Inf B	2:33.22	Márcia Filipa Carvalho	INDANDS	Tomar	07/02/2009

: 4:10.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Carolina Fidalgo	13		Viver Santarem	**3:22.49**		204	
	50m: 45.44 100m: 1:38.27 150m: 2:31.54 200m: 3:22.49							
2.	Constanca Mendao Silva	13		Rio Maior	**3:45.93**		147	
	50m: 47.40 100m: 1:44.81 150m: 2:45.99 200m: 3:45.93							
DSQ	Carolina Marques Ribeiro *SW 8.2 - O (a) atleta realizou braçada subaquática durante o percurso*	13		Rio Maior				

Prova 32, Femin., 200m Mariposa

Prova 32 — Femin., 200m Mariposa — Infantil A
01/03/2026 - 11:04 — Resultados

Recorde Distrital ANDS Open	2:19.13	Ariana Espírito Louro	SFGP	Guarda	11/12/2021
Recorde Distrital ANDS Inf A	2:29.81	Márcia Filipa Carvalho	CNTN	Santarém	20/02/2010

: 3:48.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Leonor Lopes	12		Rio Maior	**3:13.78**		233	
	50m: 40.89 100m: 1:31.04 150m: 2:24.05 200m: 3:13.78							
2.	Matilde Abelho Vaz	12		CLAC-Entroncamento	**3:17.57**		220	
	50m: 42.53 100m: 1:34.40 150m: 2:27.71 200m: 3:17.57							
3.	Diana Marques Maquilao	12		Nautico Salvaterra Magos	**3:23.19**		202	
	50m: 42.13 100m: 1:35.00 150m: 2:31.27 200m: 3:23.19							
4.	Margarida Madeira Pires	12		Rio Maior	**3:27.49**		190	
	50m: 44.13 100m: 1:38.15 150m: 2:34.94 200m: 3:27.49							
5.	Ines Santos Pina	12		CLAC-Entroncamento	**3:31.30**		180	
	50m: 44.56 100m: 1:39.76 150m: 2:37.24 200m: 3:31.30							

Prova 32 — Femin., 200m Mariposa — Juvenil B
01/03/2026 - 11:04 — Resultados

Recorde Distrital ANDS Open	2:19.13	Ariana Espírito Louro	SFGP	Guarda	11/12/2021
Recorde Distrital ANDS Juv B	2:25.67	Maria Madalena Bento	BUZIOS	Sines	07/12/2019

: 3:42.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rita Lino Ferreira	11		BUZIOS-Coruche	**3:03.53**		274	
	50m: 40.97 100m: 1:27.63 150m: 2:16.05 200m: 3:03.53							
2.	Catarina Leonor Pereira	11		CLAC-Entroncamento	**3:31.98**		178	
	50m: 43.80 100m: 1:37.98 150m: 2:37.20 200m: 3:31.98							
3.	Beatriz Isabel Moura	11		Nautico Abrantes	**3:34.98**		170	
	50m: 44.65 100m: 1:40.47 150m: 2:37.77 200m: 3:34.98							

Prova 32 — Femin., 200m Mariposa — Juvenil A
01/03/2026 - 11:04 — Resultados

Recorde Distrital ANDS Open	2:19.13	Ariana Espírito Louro	SFGP	Guarda	11/12/2021
Recorde Distrital ANDS Juv A	2:24.00	Ariana Espírito Louro	SFGP	Leiria	14/11/2020

: 3:35.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Leonor Sombreireiro Martins	10		BUZIOS-Coruche	**2:40.53**		410	
	50m: 33.75 100m: 1:14.12 150m: 1:57.09 200m: 2:40.53							
2.	Angela Maria Pereira	10		Nautico Salvaterra Magos	**3:18.29**		217	
	50m: 40.09 100m: 1:29.69 150m: 2:24.31 200m: 3:18.29							
DNS	Maria Carmo Rodrigues	10		BUZIOS-Coruche				

Prova 32, Femin., 200m Mariposa

Prova 32 — Femin., 200m Mariposa — Junior
01/03/2026 - 11:04 — Resultados

Recorde Distrital ANDS Open	2:19.13	Ariana Espírito Louro	SFGP	Guarda	11/12/2021
Recorde Distrital ANDS 18 +	2:21.34	Ariana Espírito Louro	SFGP	Estarreja	02/12/2022
Recorde Distrital ANDS 17	2:19.13	Ariana Espírito Louro	SFGP	Guarda	11/12/2021

Jun/Sen: 3:25.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rafaela Ferreira Mendes	08		Torres Novas	**2:35.24**		454	
	50m: 32.30 100m: 1:10.53 150m: 1:53.17 200m: 2:35.24							
2.	Catarina Isabel Galvao	09		BUZIOS-Coruche	**3:00.99**		286	
	50m: 36.94 100m: 1:23.91 150m: 2:11.94 200m: 3:00.99							

Prova 32 — Femin., 200m Mariposa — Senior
01/03/2026 - 11:04 — Resultados

Recorde Distrital ANDS Open	2:19.13	Ariana Espírito Louro	SFGP	Guarda	11/12/2021
Recorde Distrital ANDS 18 +	2:21.34	Ariana Espírito Louro	SFGP	Estarreja	02/12/2022

Jun/Sen: 3:25.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Catarina Maria Fragoso	07		Viver Santarem	**2:49.21**		350	
	50m: 36.10 100m: 1:18.88 150m: 2:04.70 200m: 2:49.21							
2.	Marta Chambel Dias	02		CLAC-Entroncamento	**3:05.89**		264	
	50m: 39.61 100m: 1:27.50 150m: 2:17.50 200m: 3:05.89							

Prova 33 — Misto, 4 x 100m Estilos — Infantis
01/03/2026 - 11:28 — Resultados

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CLAC-Entroncamento 2		CLAC-Entroncamento	**5:59.11**		201	
	50m: 40.69 40.69 150m: 2:12.26 50.81 250m: 3:52.64 41.89 350m: 5:18.79 36.32						
	100m: 1:21.45 40.76 200m: 3:10.75 58.49 300m: 4:42.47 49.83 400m: 5:59.11 40.32						

Prova 33 — Misto, 4 x 100m Estilos — Juvenil
01/03/2026 - 11:28 — Resultados

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rio Maior 5		Rio Maior	**4:36.73**		440	
	50m: 34.22 34.22 150m: 1:49.42 38.90 250m: 3:04.36 28.70 350m: 4:06.76 27.90						
	100m: 1:10.52 36.30 200m: 2:35.66 46.24 300m: 3:38.86 34.50 400m: 4:36.73 29.97						
2.	BUZIOS-Coruche 1		BUZIOS-Coruche	**4:39.52**		427	
	50m: 36.08 36.08 150m: 1:53.51 38.06 250m: 3:04.64 28.82 350m: 4:06.82 29.35						
	100m: 1:15.45 39.37 200m: 2:35.82 42.31 300m: 3:37.47 32.83 400m: 4:39.52 32.70						
3.	Torres Novas 2		Torres Novas	**4:40.47**		423	
	50m: 34.58 34.58 150m: 1:52.43 40.47 250m: 3:07.32 29.04 350m: 4:09.27 28.50						
	100m: 1:11.96 37.38 200m: 2:38.28 45.85 300m: 3:40.77 33.45 400m: 4:40.47 31.20						
4.	Viver Santarem 2		Viver Santarem	**4:48.05**		390	
	50m: 33.10 33.10 150m: 1:44.62 35.88 250m: 2:59.61 33.52 350m: 4:11.80 32.68						
	100m: 1:08.74 35.64 200m: 2:26.09 41.47 300m: 3:39.12 39.51 400m: 4:48.05 36.25						

Prova 33, Misto, 4 x 100m Estilos

Prova 33 — Misto, 4 x 100m Estilos — Junior
01/03/2026 - 11:28 — Resultados

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Torres Novas 1		Torres Novas	**4:31.67**		465	
	50m: 29.74 29.74	150m: 1:39.36 37.85	250m: 2:51.38 30.30	350m: 3:56.93 31.44			
	100m: 1:01.51 31.77	200m: 2:21.08 41.72	300m: 3:25.49 34.11	400m: 4:31.67 34.74			
2.	Rio Maior 6		Rio Maior	**5:00.10**		345	
	50m: 39.35 39.35	150m: 2:04.03 42.06	250m: 3:19.78 30.58	350m: 4:25.67 31.47			
	100m: 1:21.97 42.62	200m: 2:49.20 45.17	300m: 3:54.20 34.42	400m: 5:00.10 34.43			
3.	Nautico Abrantes 3		Nautico Abrantes	**5:02.66**		336	
	50m: 30.00 30.00	150m: 1:49.93 46.83	250m: 3:14.35 31.55	350m: 4:24.67 32.48			
	100m: 1:03.10 33.10	200m: 2:42.80 52.87	300m: 3:52.19 37.84	400m: 5:02.66 37.99			

Prova 33 — Misto, 4 x 100m Estilos — Seniores
01/03/2026 - 11:28 — Resultados

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CLAC-Entroncamento 1		CLAC-Entroncamento	**4:51.09**		378	
	50m: 34.67 34.67	150m: 1:43.42 31.60	250m: 2:54.97 35.11	350m: 4:13.73 35.00			
	100m: 1:11.82 37.15	200m: 2:19.86 36.44	300m: 3:38.73 43.76	400m: 4:51.09 37.36			
2.	BUZIOS-Coruche 2		BUZIOS-Coruche	**4:52.92**		371	
	50m: 39.04 39.04	150m: 2:04.47 41.64	250m: 3:20.51 27.20	350m: 4:21.51 27.51			
	100m: 1:22.83 43.79	200m: 2:53.31 48.84	300m: 3:54.00 33.49	400m: 4:52.92 31.41			

Prova 34 — Masc., 4 x 200m Livres — Juvenil
01/03/2026 - 11:42 — Resultados

Recorde Distrital ANDS Juv A	8:03.97	Soc Cult Desp Turismo Gestao Urb \VSitarém, ETomar		14/12/2018
Recorde Distrital ANDS Juv	8:03.97	Soc Cult Desp Turismo Gestao Urb \VSitarém, ETomar		14/12/2018
Recorde Distrital ANDS Juv B	8:31.94	CNTN	CNTN Torres Novas	05/12/2009
Recorde Distrital ANDS Abs	7:49.97	CNLA	CNLA Santo Antº Cavaleiros	17/12/2006

Juv A: 10:30.00; Juv B: 11:00.00

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Nautico Abrantes 4		Nautico Abrantes	**9:35.45**		337	
	50m: 27.47 27.47	250m: 2:49.80 36.79	450m: 5:25.09 32.92	650m: 7:48.97 30.67			
	100m: 59.85 32.38	300m: 3:31.36 41.56	500m: 6:02.16 37.07	700m: 8:23.89 34.92			
	150m: 1:36.65 36.80	350m: 4:13.06 41.70	550m: 6:40.11 37.95	750m: 8:59.69 35.80			
	200m: 2:13.01 36.36	400m: 4:52.17 39.11	600m: 7:18.30 38.19	800m: 9:35.45 35.76			
2.	BUZIOS-Coruche 1		BUZIOS-Coruche	**9:58.77**		299	
	50m: 34.46 34.46	250m: 3:04.26 33.64	450m: 5:36.69 35.97	650m: 8:06.75 32.34			
	100m: 1:12.79 38.33	300m: 3:42.90 38.64	500m: 6:16.20 39.51	700m: 8:42.88 36.13			
	150m: 1:52.14 39.35	350m: 4:22.30 39.40	550m: 6:56.78 40.58	750m: 9:21.16 38.28			
	200m: 2:30.62 38.48	400m: 5:00.72 38.42	600m: 7:34.41 37.63	800m: 9:58.77 37.61			

4 - 4ª SESSÃO 01/03/2026 - 15:30

Prova 35 — Femin., 1500m Livres — Infantil B
01/03/2026 - 15:30 — Resultados

Recorde Distrital ANDS Open	16:35.00	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023
Recorde Distrital ANDS Inf B	18:45.41	Mafalda Sofia Rosa	CNRM	Tomar	14/11/2015

: 25:30.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Valentina Rodrigues Feijao	13		Nautico Salvaterra Magos	**22:28.32**		305	

50m:	39.70	300m:	4:23.44	550m:	8:08.41	800m:	11:56.42	1050m:	15:45.89	1300m:	19:30.57
100m:	1:23.92	350m:	5:08.86	600m:	8:54.06	850m:	12:42.60	1100m:	16:30.87	1350m:	20:15.92
150m:	2:08.19	400m:	5:53.57	650m:	9:39.06	900m:	13:28.76	1150m:	17:15.85	1400m:	21:01.04
200m:	2:52.91	450m:	6:38.86	700m:	10:24.61	950m:	14:14.77	1200m:	18:01.25	1450m:	21:46.50
250m:	3:38.36	500m:	7:23.79	750m:	11:10.73	1000m:	15:00.52	1250m:	18:45.79	1500m:	22:28.32

Prova 35 — Femin., 1500m Livres — Infantil A
01/03/2026 - 15:30 — Resultados

Recorde Distrital ANDS Open	16:35.00	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023
Recorde Distrital ANDS Inf A	17:57.44	Mafalda Sofia Rosa	CNRM	Santarem	15/01/2017

: 24:50.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Matilde Abelho Vaz	12		CLAC-Entroncamento	**22:56.86**		287	

50m:	40.31	300m:	4:30.57	550m:	8:21.83	800m:	12:13.45	1050m:	16:02.71	1300m:	19:55.90
100m:	1:25.97	350m:	5:16.03	600m:	9:08.27	850m:	12:59.66	1100m:	16:49.45	1350m:	20:41.98
150m:	2:11.85	400m:	6:03.05	650m:	9:54.81	900m:	13:44.71	1150m:	17:35.49	1400m:	21:29.56
200m:	2:58.07	450m:	6:49.29	700m:	10:41.48	950m:	14:30.51	1200m:	18:22.66	1450m:	22:15.79
250m:	3:44.90	500m:	7:34.96	750m:	11:27.76	1000m:	15:17.16	1250m:	19:09.80	1500m:	22:56.86

2.	Ines Santos Pina	12		CLAC-Entroncamento	**23:10.99**		278				
50m:	41.42	300m:	4:30.86	550m:	8:24.11	800m:	12:16.82	1050m:	16:11.66	1300m:	20:07.46
100m:	1:26.10	350m:	5:17.53	600m:	9:10.78	850m:	13:03.69	1100m:	16:59.00	1350m:	20:54.11
150m:	2:11.87	400m:	6:04.19	650m:	9:57.04	900m:	13:50.88	1150m:	17:46.11	1400m:	21:40.59
200m:	2:58.63	450m:	6:50.51	700m:	10:43.58	950m:	14:38.01	1200m:	18:33.16	1450m:	22:27.94
250m:	3:44.52	500m:	7:37.32	750m:	11:30.31	1000m:	15:25.00	1250m:	19:20.41	1500m:	23:10.99

3.	Maria Vitoria Martinho	12		Gualdim Pais	**23:45.75**		258				
50m:	39.87	300m:	4:33.71	550m:	8:33.35	800m:	12:33.97	1050m:	16:34.90	1300m:	20:37.02
100m:	1:25.57	350m:	5:21.60	600m:	9:20.95	850m:	13:22.30	1100m:	17:23.03	1350m:	21:25.13
150m:	2:12.18	400m:	6:09.55	650m:	10:09.43	900m:	14:10.89	1150m:	18:11.12	1400m:	22:13.53
200m:	2:59.12	450m:	6:57.69	700m:	10:57.60	950m:	14:58.40	1200m:	18:59.98	1450m:	23:01.05
250m:	3:46.23	500m:	7:45.85	750m:	11:45.29	1000m:	15:46.63	1250m:	19:48.80	1500m:	23:45.75

Prova 35 — Femin., 1500m Livres — Juvenil A
01/03/2026 - 15:30 — Resultados

Recorde Distrital ANDS Open	16:35.00	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023
Recorde Distrital ANDS Juv A	17:03.84	Mafalda Sofia Rosa	CNRM	CORUCHE	15/03/2019

: 23:49.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Leonor Sombreireiro Martins	10		BUZIOS-Coruche	**18:12.31**		574	

50m:	31.81	300m:	3:33.29	550m:	6:36.92	800m:	9:41.04	1050m:	12:44.97	1300m:	15:49.43
100m:	1:05.36	350m:	4:10.26	600m:	7:13.89	850m:	10:17.82	1100m:	13:22.08	1350m:	16:26.16
150m:	1:43.38	400m:	4:46.91	650m:	7:50.92	900m:	10:54.74	1150m:	13:58.95	1400m:	17:02.92
200m:	2:20.19	450m:	5:23.69	700m:	8:27.59	950m:	11:31.58	1200m:	14:35.82	1450m:	17:39.07
250m:	2:56.76	500m:	6:00.36	750m:	9:04.40	1000m:	12:08.59	1250m:	15:12.58	1500m:	18:12.31

Prova 35, Femin., 1500m Livres, Juvenil A

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
2.	Angela Maria Pereira	10		Nautico Salvaterra Magos	**21:39.02**		341	

50m:	38.47	300m:	4:15.59	550m:	7:53.87	800m:	11:32.35	1050m:	15:09.96	1300m:	18:47.53
100m:	1:21.21	350m:	4:59.04	600m:	8:37.91	850m:	12:15.90	1100m:	15:52.94	1350m:	19:30.61
150m:	2:04.19	400m:	5:42.77	650m:	9:20.79	900m:	12:59.34	1150m:	16:36.13	1400m:	20:14.56
200m:	2:48.04	450m:	6:26.49	700m:	10:05.01	950m:	13:42.59	1200m:	17:19.76	1450m:	20:57.74
250m:	3:31.96	500m:	7:10.32	750m:	10:48.44	1000m:	14:26.44	1250m:	18:03.80	1500m:	21:39.02

Prova 35 — Femin., 1500m Livres — Senior
01/03/2026 - 15:30 — Resultados

Recorde Distrital ANDS Open	16:35.00	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023
Recorde Distrital ANDS 18 +	16:35.00	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023

Jun/Sen: 23:17.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Marta Chambel Dias	02		CLAC-Entroncamento	**20:42.21**		390	

50m:	37.33	300m:	4:02.54	550m:	7:28.60	800m:	10:58.06	1050m:	14:26.27	1300m:	17:58.26
100m:	1:17.72	350m:	4:43.28	600m:	8:10.29	850m:	11:40.07	1100m:	15:08.58	1350m:	18:40.19
150m:	1:59.18	400m:	5:24.46	650m:	8:51.95	900m:	12:21.72	1150m:	15:52.07	1400m:	19:21.89
200m:	2:40.61	450m:	6:05.64	700m:	9:33.62	950m:	13:03.59	1200m:	16:34.79	1450m:	20:03.25
250m:	3:21.43	500m:	6:46.96	750m:	10:15.64	1000m:	13:45.19	1250m:	17:16.99	1500m:	20:42.21

Prova 36 — Masc., 800m Livres — Infantil A
01/03/2026 - 15:50 — Resultados

Recorde Distrital ANDS Open	7:59.83	Tiago Filipe Campos	CNRM	Albufeira	12/11/2023
Recorde Distrital ANDS Inf A	9:13.57	Gustavo Manuel Santa	CNLA	Sines	01/04/2007

: 12:20.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Martim Rocha Silva	12		Gualdim Pais	**10:05.74**		384	

50m:	36.84	200m:	2:32.11	350m:	4:27.11	500m:	6:22.42	650m:	8:16.01	800m:	10:05.74
100m:	1:15.44	250m:	3:09.62	400m:	5:05.72	550m:	6:59.99	700m:	8:54.24		
150m:	1:53.88	300m:	3:48.31	450m:	5:43.62	600m:	7:38.54	750m:	9:31.03		

Prova 36 — Masc., 800m Livres — Juvenil B
01/03/2026 - 15:50 — Resultados

Recorde Distrital ANDS Open	7:59.83	Tiago Filipe Campos	CNRM	Albufeira	12/11/2023
Recorde Distrital ANDS Juv B	8:39.75	Pedro Diogo Oliveira	CNRM	Tomar	11/05/2003

: 11:19.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	**10:34.17**		335	

50m:	35.95	200m:	2:36.24	350m:	4:37.97	500m:	6:39.03	650m:	8:38.96	800m:	10:34.17
100m:	1:15.54	250m:	3:16.86	400m:	5:18.33	550m:	7:18.96	700m:	9:18.36		
150m:	1:55.95	300m:	3:57.61	450m:	5:58.44	600m:	7:59.63	750m:	9:57.55		

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
2.	Abel Elias Ramos *FTL*	11		Gualdim Pais	**11:28.51**		261	

50m:	36.71	200m:	2:44.69	350m:	4:56.27	500m:	7:09.04	650m:	9:20.51	800m:	11:28.51
100m:	1:17.51	250m:	3:28.48	400m:	5:40.64	550m:	7:53.04	700m:	10:04.38		
150m:	2:01.04	300m:	4:12.61	450m:	6:24.60	600m:	8:37.06	750m:	10:47.49		

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	Rodrigo Miguel Alcobia *FTL*	11	S10	NataÃ§Ã£o Ferreira do Zezer	**11:29.85**		260	

50m:	38.11	200m:	2:45.49	350m:	4:56.78	500m:	7:10.06	650m:	9:22.80	800m:	11:29.85
100m:	1:19.27	250m:	3:28.86	400m:	5:41.33	550m:	7:54.81	700m:	10:06.96		

Prova 36, Masc., 800m Livres, Juvenil B

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
	150m: 2:02.38 300m: 4:12.51 450m: 6:25.48 600m: 8:38.85 750m: 10:50.05							

Prova 36 — Masc., 800m Livres — Juvenil A

01/03/2026 - 15:50 — Resultados

Recorde Distrital ANDS Open	7:59.83	Tiago Filipe Campos	CNRM	Albufeira	12/11/2023
Recorde Distrital ANDS Juv A	8:09.51	Gustavo Manuel Santa	CNLA	Torres Novas	26/04/2009

: 10:57.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Filipe Pacheco	10		BUZIOS-Coruche	**8:59.83**			543
	50m: 29.57 200m: 2:10.24 350m: 3:51.93 500m: 5:34.85 650m: 7:18.55 800m: 8:59.83							
	100m: 1:02.22 250m: 2:44.26 400m: 4:25.78 550m: 6:09.59 700m: 7:52.83							
	150m: 1:35.80 300m: 3:18.17 450m: 5:00.01 600m: 6:44.06 750m: 8:26.87							
2.	Tiago Frazao Barra	10		Rio Maior	**9:08.36**			518
	50m: 31.41 200m: 2:15.36 350m: 3:59.66 500m: 5:43.55 650m: 7:27.80 800m: 9:08.36							
	100m: 1:05.54 250m: 2:50.11 400m: 4:33.99 550m: 6:18.47 700m: 8:02.06							
	150m: 1:40.30 300m: 3:25.27 450m: 5:08.66 600m: 6:53.27 750m: 8:35.64							
3.	Daniel Filipe Jorge	10		Rio Maior	**9:21.90**			481
	50m: 31.01 200m: 2:15.74 350m: 4:00.92 500m: 5:47.12 650m: 7:34.84 800m: 9:21.90							
	100m: 1:05.26 250m: 2:50.73 400m: 4:36.14 550m: 6:23.06 700m: 8:10.96							
	150m: 1:40.37 300m: 3:25.62 450m: 5:11.31 600m: 6:58.90 750m: 8:46.94							
4.	Lourenco Manuel Palmeiro	10		BUZIOS-Coruche	**10:46.47**			316
	50m: 34.93 200m: 2:34.99 350m: 4:38.25 500m: 6:42.51 650m: 8:46.83 800m: 10:46.47							
	100m: 1:14.18 250m: 3:16.33 400m: 5:19.36 550m: 7:24.11 700m: 9:27.71							
	150m: 1:54.63 300m: 3:57.36 450m: 6:00.98 600m: 8:05.48 750m: 10:08.51							

Prova 36 — Masc., 800m Livres — Junior

01/03/2026 - 15:50 — Resultados

Recorde Distrital ANDS Open	7:59.83	Tiago Filipe Campos	CNRM	Albufeira	12/11/2023
Recorde Distrital ANDS 18	8:17.56	Tiago Filipe Campos	Sel POR	Felgueiras	22/04/2014
Recorde Distrital ANDS 17	8:00.80	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009

Jun/Sen: 10:33.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Alberto Padre	08		Rio Maior	**8:46.78**			584
	50m: 29.83 200m: 2:10.04 350m: 3:50.47 500m: 5:28.92 650m: 7:08.87 800m: 8:46.78							
	100m: 1:02.63 250m: 2:43.76 400m: 4:23.28 550m: 6:02.29 700m: 7:42.40							
	150m: 1:36.18 300m: 3:17.68 450m: 4:56.27 600m: 6:35.68 750m: 8:15.46							
2.	Gabriel Antunes Ramos	09		Rio Maior	**9:12.31**			507
	50m: 31.90 200m: 2:16.27 350m: 4:00.79 500m: 5:45.41 650m: 7:30.20 800m: 9:12.31							
	100m: 1:06.33 250m: 2:51.04 400m: 4:35.38 550m: 6:20.31 700m: 8:04.79							
	150m: 1:41.56 300m: 3:26.29 450m: 5:10.34 600m: 6:55.33 750m: 8:39.02							
3.	Dinis Maria Garcia	09		Nautico Abrantes	**9:43.94**			429
	50m: 32.24 200m: 2:21.16 350m: 4:12.56 500m: 6:04.05 650m: 7:56.06 800m: 9:43.94							
	100m: 1:08.09 250m: 2:58.26 400m: 4:50.00 550m: 6:41.44 700m: 8:32.59							
	150m: 1:44.31 300m: 3:35.27 450m: 5:27.11 600m: 7:18.73 750m: 9:08.97							

Prova 36, Masc., 800m Livres

Prova 36 — Masc., 800m Livres — Senior
01/03/2026 - 15:50 — Resultados

Recorde Distrital ANDS Open	7:59.83	Tiago Filipe Campos	CNRM	Albufeira	12/11/2023
Recorde Distrital ANDS Sen	7:59.83	Tiago Filipe Campos	CNRM	Albufeira	12/11/2023

Jun/Sen: 10:33.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Tomas Alexandre Santos	07		BUZIOS-Coruche	**9:43.34**			430

50m:	30.56	200m:	2:15.97	350m:	4:07.24	500m:	6:00.64	650m:	7:53.70	800m:	9:43.34	
100m:	1:04.55	250m:	2:52.80	400m:	4:44.51	550m:	6:38.44	700m:	8:30.75			
150m:	1:39.87	300m:	3:30.03	450m:	5:22.25	600m:	7:16.60	750m:	9:07.79			

Prova 36 — Masc., 800m Livres — S10
01/03/2026 - 15:50 — Resultados

Recorde Distrital ANDS Open	7:59.83	Tiago Filipe Campos	CNRM	Albufeira	12/11/2023
Recorde Distrital ANDS Sen	7:59.83	Tiago Filipe Campos	CNRM	Albufeira	12/11/2023
Recorde Distrital ANDS 18	8:17.56	Tiago Filipe Campos	Sel POR	Felgueiras	22/04/2014
Recorde Distrital ANDS 17	8:00.80	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv A	8:09.51	Gustavo Manuel Santa	CNLA	Torres Novas	26/04/2009
Recorde Distrital ANDS Juv B	8:39.75	Pedro Diogo Oliveira	CNRM	Tomar	11/05/2003
Recorde Distrital ANDS Inf A	9:13.57	Gustavo Manuel Santa	CNLA	Sines	01/04/2007
Recorde Distrital ANDS Inf B	9:30.40	David Filipe Pacheco	BUZIOS	Ponte de Sor	20/05/2023

Inf A: 12:20.00; Inf B: 13:10.00; Juv A: 10:57.00; Juv B: 11:19.00; Jun/Sen: 10:33.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Alberto Padre	08		Rio Maior	**8:46.78**			584

50m:	29.83	200m:	2:10.04	350m:	3:50.47	500m:	5:28.92	650m:	7:08.87	800m:	8:46.78	
100m:	1:02.63	250m:	2:43.76	400m:	4:23.28	550m:	6:02.29	700m:	7:42.40			
150m:	1:36.18	300m:	3:17.68	450m:	4:56.27	600m:	6:35.68	750m:	8:15.46			

2.	David Filipe Pacheco	10		BUZIOS-Coruche	**8:59.83**			543				
50m:	29.57	200m:	2:10.24	350m:	3:51.93	500m:	5:34.85	650m:	7:18.55	800m:	8:59.83	
100m:	1:02.22	250m:	2:44.26	400m:	4:25.78	550m:	6:09.59	700m:	7:52.83			
150m:	1:35.80	300m:	3:18.17	450m:	5:00.01	600m:	6:44.06	750m:	8:26.87			

3.	Tiago Frazao Barra	10		Rio Maior	**9:08.36**			518				
50m:	31.41	200m:	2:15.36	350m:	3:59.66	500m:	5:43.55	650m:	7:27.80	800m:	9:08.36	
100m:	1:05.54	250m:	2:50.11	400m:	4:33.99	550m:	6:18.47	700m:	8:02.06			
150m:	1:40.30	300m:	3:25.27	450m:	5:08.66	600m:	6:53.27	750m:	8:35.64			

4.	Gabriel Antunes Ramos	09		Rio Maior	**9:12.31**			507				
50m:	31.90	200m:	2:16.27	350m:	4:00.79	500m:	5:45.41	650m:	7:30.20	800m:	9:12.31	
100m:	1:06.33	250m:	2:51.04	400m:	4:35.38	550m:	6:20.31	700m:	8:04.79			
150m:	1:41.56	300m:	3:26.29	450m:	5:10.34	600m:	6:55.33	750m:	8:39.02			

5.	Daniel Filipe Jorge	10		Rio Maior	**9:21.90**			481				
50m:	31.01	200m:	2:15.74	350m:	4:00.92	500m:	5:47.12	650m:	7:34.84	800m:	9:21.90	
100m:	1:05.26	250m:	2:50.73	400m:	4:36.14	550m:	6:23.06	700m:	8:10.96			
150m:	1:40.37	300m:	3:25.62	450m:	5:11.31	600m:	6:58.90	750m:	8:46.94			

6.	Tomas Alexandre Santos	07		BUZIOS-Coruche	**9:43.34**			430				
50m:	30.56	200m:	2:15.97	350m:	4:07.24	500m:	6:00.64	650m:	7:53.70	800m:	9:43.34	
100m:	1:04.55	250m:	2:52.80	400m:	4:44.51	550m:	6:38.44	700m:	8:30.75			
150m:	1:39.87	300m:	3:30.03	450m:	5:22.25	600m:	7:16.60	750m:	9:07.79			

7.	Dinis Maria Garcia	09		Nautico Abrantes	**9:43.94**			429				
50m:	32.24	200m:	2:21.16	350m:	4:12.56	500m:	6:04.05	650m:	7:56.06	800m:	9:43.94	
100m:	1:08.09	250m:	2:58.26	400m:	4:50.00	550m:	6:41.44	700m:	8:32.59			
150m:	1:44.31	300m:	3:35.27	450m:	5:27.11	600m:	7:18.73	750m:	9:08.97			

8.	Martim Rocha Silva	12		Gualdim Pais	**10:05.74**			384				
50m:	36.84	200m:	2:32.11	350m:	4:27.11	500m:	6:22.42	650m:	8:16.01	800m:	10:05.74	
100m:	1:15.44	250m:	3:09.62	400m:	5:05.72	550m:	6:59.99	700m:	8:54.24			
150m:	1:53.88	300m:	3:48.31	450m:	5:43.62	600m:	7:38.54	750m:	9:31.03			

Prova 36, Masc., 800m Livres, S10

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	**10:34.17**		335	

50m:	35.95	200m:	2:36.24	350m:	4:37.97	500m:	6:39.03	650m:	8:38.96	800m:	10:34.17
100m:	1:15.54	250m:	3:16.86	400m:	5:18.33	550m:	7:18.96	700m:	9:18.36		
150m:	1:55.95	300m:	3:57.61	450m:	5:58.44	600m:	7:59.63	750m:	9:57.55		

10.	Lourenco Manuel Palmeiro	10		BUZIOS-Coruche	**10:46.47**		316	

50m:	34.93	200m:	2:34.99	350m:	4:38.25	500m:	6:42.51	650m:	8:46.83	800m:	10:46.47
100m:	1:14.18	250m:	3:16.33	400m:	5:19.36	550m:	7:24.11	700m:	9:27.71		
150m:	1:54.63	300m:	3:57.36	450m:	6:00.98	600m:	8:05.48	750m:	10:08.51		

11.	Abel Elias Ramos *FTL*	11		Gualdim Pais	**11:28.51**		261

50m:	36.71	200m:	2:44.69	350m:	4:56.27	500m:	7:09.04	650m:	9:20.51	800m:	11:28.51
100m:	1:17.51	250m:	3:28.48	400m:	5:40.64	550m:	7:53.04	700m:	10:04.38		
150m:	2:01.04	300m:	4:12.61	450m:	6:24.60	600m:	8:37.06	750m:	10:47.49		

12.	Rodrigo Miguel Alcobia *FTL*	11	S10	NataÃ§Ã£o Ferreira do Zezer	**11:29.85**		260

50m:	38.11	200m:	2:45.49	350m:	4:56.78	500m:	7:10.06	650m:	9:22.80	800m:	11:29.85
100m:	1:19.27	250m:	3:28.86	400m:	5:41.33	550m:	7:54.81	700m:	10:06.96		
150m:	2:02.38	300m:	4:12.51	450m:	6:25.48	600m:	8:38.85	750m:	10:50.05		

Prova 37 — Femin., 50m Mariposa — Juvenil B
01/03/2026 - 16:18 — Resultados

Recorde Distrital ANDS Open	28.57	Ariana Espírito Louro	SFGP	Albufeira	12/11/2021
Recorde Distrital ANDS Juv B	29.14	Margarida Claudino Nicolau	CNTN	Torres Novas	15/02/2020

: 44.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Benedita Maria Lagarinhos	11		Viver Santarem	**32.48**		400	
2.	Beatriz Isabel Moura	11		Nautico Abrantes	**42.10**		183	

Prova 37 — Femin., 50m Mariposa — Juvenil A
01/03/2026 - 16:18 — Resultados

Recorde Distrital ANDS Open	28.57	Ariana Espírito Louro	SFGP	Albufeira	12/11/2021
Recorde Distrital ANDS Juv A	29.43	Ariana Espírito Louro	SFGP	Leiria	15/11/2020

: 42.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Eduarda Parente	10		Viver Santarem	**34.34**		338	
2.	Debora Sofia Santos	10		Rio Maior	**35.02**		319	

Prova 37, Femin., 50m Mariposa

Prova 37 — Femin., 50m Mariposa — Junior
01/03/2026 - 16:18 — Resultados

Recorde Distrital ANDS Open	28.57	Ariana Espírito Louro	SFGP	Albufeira	12/11/2021
Recorde Distrital ANDS 18 +	28.62	Ariana Espírito Louro	SFGP	Albufeira	13/11/2022
Recorde Distrital ANDS 17	28.57	Ariana Espírito Louro	SFGP	Albufeira	12/11/2021

Jun/Sen: 40.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Lia Pereira Lopes	09		Rio Maior	**33.00**		381	
2.	Catarina Isabel Galvao	09		BUZIOS-Coruche	**35.76**		300	
3.	Carolina Cupertino Marchante	09		CLAC-Entroncamento	**39.39**		224	

Prova 37 — Femin., 50m Mariposa — Senior
01/03/2026 - 16:18 — Resultados

Recorde Distrital ANDS Open	28.57	Ariana Espírito Louro	SFGP	Albufeira	12/11/2021
Recorde Distrital ANDS 18 +	28.62	Ariana Espírito Louro	SFGP	Albufeira	13/11/2022

Jun/Sen: 40.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Marta Chambel Dias	02		CLAC-Entroncamento	**34.04**		347	

Prova 38 — Masc., 50m Mariposa — Juvenil B
01/03/2026 - 16:20 — Resultados

Recorde Distrital ANDS Open	23.92	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS Juv B	26.46	Simao Dinis Rosa	CNTN	Torres Novas	15/02/2020

: 39.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Martim Maria Salvador	11		Nautico Salvaterra Magos	**29.48**		378	
2.	Martim Miguel Santos	11		Rio Maior	**30.65**		336	
3.	Artur Alexandre Silva	11		20Km de Almeirim	**32.06**		294	
4.	Salvador Miguel Silva	11		Viver Santarem	**36.35**		201	

Prova 38 — Masc., 50m Mariposa — Juvenil A
01/03/2026 - 16:20 — Resultados

Recorde Distrital ANDS Open	23.92	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS Juv A	25.50	Paulo Vakulyuk	CNTN	Torres Novas	13/04/2019

: 37.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisco Manuel Cadete	10		Nautico Abrantes	**28.29**		428	
2.	Afonso Goncalves Leite	10		CLAC-Entroncamento	**30.55**		339	
3.	Pedro Figueiredo Ferreira	10		20Km de Almeirim	**31.26**		317	
4.	Vicente Jose Carrilho	10		BUZIOS-Coruche	**32.23**		289	

Prova 38, Masc., 50m Mariposa

Prova 38 — Masc., 50m Mariposa — Junior
01/03/2026 - 16:20 — Resultados

Recorde Distrital ANDS Open	23.92	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS 18	25.22	Paulo Vakulyuk	CNTN	Leiria	15/11/2020
Recorde Distrital ANDS 17	25.04	Paulo Vakulyuk	CNTN	Felgueiras	20/12/2019

Jun/Sen: 35.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Enzo Miguel Anjos	08		Rio Maior	**27.21**		481	
2.	Luis Suissas Rato	09		Nautico Salvaterra Magos	**27.42**		470	
3.	Pedro Morgado Costa	09		Rio Maior	**28.05**		439	
4.	Miguel Silva Lima	09		Nautico Abrantes	**28.46**		420	
5.	Miguel Ferreira Cruz	08		CLAC-Entroncamento	**29.52**		376	
6.	Leonardo Gomes Silva	08		Rio Maior	**29.82**		365	
7.	Mateus Emanuel Almeida	09		Rio Maior	**33.90**		248	

Prova 38 — Masc., 50m Mariposa — Senior
01/03/2026 - 16:20 — Resultados

Recorde Distrital ANDS Open	23.92	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS Sen	23.92	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022

Jun/Sen: 35.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Artur Rafael Saramago	97		BUZIOS-Coruche	**27.40**		471	
2.	Guilherme Filipe Gaboleiro	05		Rio Maior	**27.48**		466	
3.	Ricardo Filipe Gaboleiro	05		Rio Maior	**27.98**		442	
4.	Simao Rocha Silva	07		Gualdim Pais	**30.73**		333	
5.	Joao Afonso Pacau	02		Gualdim Pais	**31.63**		306	
6.	Tiago Manuel Silva *FTL*	05	S3	A,1,3,!CLAC-Entroncamento	**1:25.18**		15	

Prova 38 — Masc., 50m Mariposa — S3
01/03/2026 - 16:20 — Resultados

Recorde Distrital ANDS Open	23.92	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS Sen	23.92	Paulo Vakulyuk	CNTN	Albufeira	13/11/2022
Recorde Distrital ANDS 18	25.22	Paulo Vakulyuk	CNTN	Leiria	15/11/2020
Recorde Distrital ANDS 17	25.04	Paulo Vakulyuk	CNTN	Felgueiras	20/12/2019
Recorde Distrital ANDS Juv A	25.50	Paulo Vakulyuk	CNTN	Torres Novas	13/04/2019
Recorde Distrital ANDS Juv B	26.46	Simao Dinis Rosa	CNTN	Torres Novas	15/02/2020
Recorde Distrital ANDS Inf A	27.92	Pedro Diogo Oliveira	CNRM	Benavente	03/02/2002
Recorde Distrital ANDS Inf B	29.83	Miguel Carriço Cruz	SCALAB	Santarem	13/05/2012

Juv A: 37.00; Juv B: 39.00; Jun/Sen: 35.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Enzo Miguel Anjos	08		Rio Maior	**27.21**		481	
2.	Artur Rafael Saramago	97		BUZIOS-Coruche	**27.40**		471	
3.	Luis Suissas Rato	09		Nautico Salvaterra Magos	**27.42**		470	
4.	Guilherme Filipe Gaboleiro	05		Rio Maior	**27.48**		466	
5.	Ricardo Filipe Gaboleiro	05		Rio Maior	**27.98**		442	
6.	Pedro Morgado Costa	09		Rio Maior	**28.05**		439	
7.	Francisco Manuel Cadete	10		Nautico Abrantes	**28.29**		428	
8.	Miguel Silva Lima	09		Nautico Abrantes	**28.46**		420	
9.	Martim Maria Salvador	11		Nautico Salvaterra Magos	**29.48**		378	
10.	Miguel Ferreira Cruz	08		CLAC-Entroncamento	**29.52**		376	

Prova 38, Masc., 50m Mariposa, S3

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Leonardo Gomes Silva	08		Rio Maior	**29.82**		365	
12.	Afonso Goncalves Leite	10		CLAC-Entroncamento	**30.55**		339	
13.	Martim Miguel Santos	11		Rio Maior	**30.65**		336	
14.	Simao Rocha Silva	07		Gualdim Pais	**30.73**		333	
15.	Pedro Figueiredo Ferreira	10		20Km de Almeirim	**31.26**		317	
16.	Joao Afonso Pacau	02		Gualdim Pais	**31.63**		306	
17.	Artur Alexandre Silva	11		20Km de Almeirim	**32.06**		294	
18.	Vicente Jose Carrilho	10		BUZIOS-Coruche	**32.23**		289	
19.	Mateus Emanuel Almeida	09		Rio Maior	**33.90**		248	
20.	Salvador Miguel Silva	11		Viver Santarem	**36.35**		201	
21.	Tiago Manuel Silva *FTL*	05	S3	A,1,3,!CLAC-Entroncamento	**1:25.18**		15	

Prova 39 — Femin., 200m Costas — Infantil B
01/03/2026 - 16:26 — Resultados

Recorde Distrital ANDS Open	2:20.73	Mariana Veloso Vitória	CNAB	Tomar	29/06/2013
Recorde Distrital ANDS Inf B	2:29.81	Mariana Veloso Vitoria	CNAB	Sines	13/03/2011

: 3:45.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Mafalda Ines Martinho	13		CLAC-Entroncamento	**3:25.52**		189	
	50m: 49.60 100m: 1:41.75 150m: 2:33.55 200m: 3:25.52							

Prova 39 — Femin., 200m Costas — Infantil A
01/03/2026 - 16:26 — Resultados

Recorde Distrital ANDS Open	2:20.73	Mariana Veloso Vitória	CNAB	Tomar	29/06/2013
Recorde Distrital ANDS Inf A	2:25.27	Mariana Veloso Vitoria	CNAB	Coruche	04/03/2012

: 3:26.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rita Balsa Alves	12		BUZIOS-Coruche	**2:52.93**		318	
	50m: 40.82 100m: 1:24.45 150m: 2:09.44 200m: 2:52.93							
2.	Diana Marques Maquilao	12		Nautico Salvaterra Magos	**2:53.04**		317	
	50m: 42.73 100m: 1:27.61 150m: 2:11.92 200m: 2:53.04							
3.	Maria Pais Santos	12		BUZIOS-Coruche	**2:55.58**		303	
	50m: 42.37 100m: 1:27.00 150m: 2:11.67 200m: 2:55.58							
4.	Margarida Madeira Pires	12		Rio Maior	**2:56.83**		297	
	50m: 41.98 100m: 1:27.23 150m: 2:12.58 200m: 2:56.83							
5.	Joana Verissimo Tavares	12		CLAC-Entroncamento	**3:05.33**		258	
	50m: 43.54 100m: 1:31.25 150m: 2:20.02 200m: 3:05.33							
6.	Laura Sofia Graca	12		Uniao Samorense	**3:13.25**		227	
	50m: 44.94 100m: 1:34.25 150m: 2:25.16 200m: 3:13.25							
7.	Maria Vitoria Martinho	12		Gualdim Pais	**3:14.08**		224	
	50m: 45.15 100m: 1:34.76 150m: 2:25.28 200m: 3:14.08							
8.	Ana Leonor Lopes	12		Rio Maior	**3:14.96**		221	
	50m: 46.45 100m: 1:37.32 150m: 2:27.41 200m: 3:14.96							

Prova 39, Femin., 200m Costas

Prova 39 — Femin., 200m Costas — Juvenil B
01/03/2026 - 16:26 — Resultados

Recorde Distrital ANDS Open	2:20.73	Mariana Veloso Vitória	CNAB	Tomar	29/06/2013
Recorde Distrital ANDS Juv B	2:20.73	Mariana Veloso Vitória	CNAB	Tomar	29/06/2013

: 3:21.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Beatriz Agostinho Duque	11		20Km de Almeirim	**2:48.29**		345	
	50m: 40.23 100m: 1:23.65 150m: 2:07.03 200m: 2:48.29							
2.	Rita Lino Ferreira	11		BUZIOS-Coruche	**2:53.56**		314	
	50m: 41.12 100m: 1:24.91 150m: 2:09.95 200m: 2:53.56							
3.	Catarina Leonor Pereira	11		CLAC-Entroncamento	**3:12.29**		231	
	50m: 45.60 100m: 1:34.26 150m: 2:25.20 200m: 3:12.29							

Prova 39 — Femin., 200m Costas — Juvenil A
01/03/2026 - 16:26 — Resultados

Recorde Distrital ANDS Open	2:20.73	Mariana Veloso Vitória	CNAB	Tomar	29/06/2013
Recorde Distrital ANDS Juv A	2:24.14	Inês Asseiceira Ramos	CNTN	Santo António Cavaleiros	09/12/2018

: 3:15.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Beatriz Peguinho Simoes	10		Rio Maior	**2:29.23**		494	
	50m: 34.26 100m: 1:11.91 150m: 1:50.50 200m: 2:29.23							
2.	Angela Maria Pereira	10		Nautico Salvaterra Magos	**2:58.05**		291	
	50m: 41.20 100m: 1:26.52 150m: 2:13.18 200m: 2:58.05							
3.	Madalena Bras Salgado *FTL*	10		Viver Santarem	**3:19.09**		208	
	50m: 45.88 100m: 1:37.14 150m: 2:29.16 200m: 3:19.09							
DNS	Maria Carmo Rodrigues	10		BUZIOS-Coruche				

Prova 39 — Femin., 200m Costas — Junior
01/03/2026 - 16:26 — Resultados

Recorde Distrital ANDS Open	2:20.73	Mariana Veloso Vitória	CNAB	Tomar	29/06/2013
Recorde Distrital ANDS 18 +	2:23.56	Maria Madalena Silva	CNAB	Tomar	14/11/2015
Recorde Distrital ANDS 17	2:23.49	Inês Asseiceira Ramos	CNTN	Santarém	08/03/2020

Jun/Sen: 3:02.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Carolina Cupertino Marchante *FTL*	09		CLAC-Entroncamento	**3:03.36**		266	
	50m: 43.99 100m: 1:31.13 150m: 2:19.28 200m: 3:03.36							

Prova 39, Femin., 200m Costas

Prova 39 — Femin., 200m Costas — Senior
01/03/2026 - 16:26 — Resultados

Recorde Distrital ANDS Open	2:20.73	Mariana Veloso Vitória	CNAB	Tomar	29/06/2013
Recorde Distrital ANDS 18 +	2:23.56	Maria Madalena Silva	CNAB	Tomar	14/11/2015

Jun/Sen: 3:02.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Mariana Mauricio Coelho	07		BUZIOS-Coruche	**2:56.20**		300	
	50m: 40.06	100m: 1:25.22	150m: 2:11.81	200m: 2:56.20				

Prova 40 — Masc., 200m Costas — Infantil B
01/03/2026 - 16:38 — Resultados

Recorde Distrital ANDS Open	1:53.06	Pedro Diogo Oliveira	INDANDS	Chartres (FRA)	22/11/2012
Recorde Distrital ANDS Inf B	2:22.57	João Paulo Paias	CNLA	Tomar	09/04/2005

: 3:35.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rafael Jose Isidoro	13		Rio Maior	**3:07.58**		178	
	50m: 44.95	100m: 1:33.80	150m: 2:21.13	200m: 3:07.58				
2.	Afonso Gil Campos	13		CLAC-Entroncamento	**3:19.74**		147	
	50m: 47.27	100m: 1:38.75	150m: 2:31.88	200m: 3:19.74				

Prova 40 — Masc., 200m Costas — Infantil A
01/03/2026 - 16:38 — Resultados

Recorde Distrital ANDS Open	1:53.06	Pedro Diogo Oliveira	INDANDS	Chartres (FRA)	22/11/2012
Recorde Distrital ANDS Inf A	2:16.13	Pedro Diogo Oliveira	CNRM	Tavira	04/05/2002

: 3:17.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisco Grave Reis	12		Rio Maior	**2:32.15**		334	
	50m: 35.92	100m: 1:14.48	150m: 1:53.48	200m: 2:32.15				
2.	Matias Rafael Pacheco	12		BUZIOS-Coruche	**2:40.53**		284	
	50m: 38.77	100m: 1:19.79	150m: 2:00.59	200m: 2:40.53				
3.	Afonso Ferreira Cruz	12		CLAC-Entroncamento	**2:54.79**		220	
	50m: 42.95	100m: 1:28.98	150m: 2:13.41	200m: 2:54.79				
4.	Martim Rocha Silva	12		Gualdim Pais	**2:55.97**		216	
	50m: 44.21	100m: 1:30.51	150m: 2:14.74	200m: 2:55.97				

Prova 40, Masc., 200m Costas

Prova 40 — Masc., 200m Costas — Juvenil B
01/03/2026 - 16:38 — Resultados

Recorde Distrital ANDS Open	1:53.06	Pedro Diogo Oliveira	INDANDS	Chartres (FRA)	22/11/2012
Recorde Distrital ANDS Juv B	2:07.15	Pedro Diogo Oliveira	CNRM	Tomar	11/05/2003

: 3:09.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisco Maria Dias	11		Viver Santarem	**2:25.95**		379	
	50m: 33.48 100m: 1:10.90 150m: 1:49.12 200m: 2:25.95							
2.	Gabriel Antonio Marques	11		Nautico Abrantes	**2:52.44**		229	
	50m: 40.77 100m: 1:24.70 150m: 2:09.40 200m: 2:52.44							

Prova 40 — Masc., 200m Costas — Juvenil A
01/03/2026 - 16:38 — Resultados

Recorde Distrital ANDS Open	1:53.06	Pedro Diogo Oliveira	INDANDS	Chartres (FRA)	22/11/2012
Recorde Distrital ANDS Juv A	2:04.29	Pedro Diogo Oliveira	CNRM	Abrantes	01/02/2004

: 3:02.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Daniel Filipe Jorge	10		Rio Maior	**2:17.61**		452	
	50m: 32.36 100m: 1:06.99 150m: 1:42.76 200m: 2:17.61							
2.	Luis Miguel Reis	10		Rio Maior	**2:29.19**		354	
	50m: 34.72 100m: 1:12.61 150m: 1:51.34 200m: 2:29.19							

Prova 40 — Masc., 200m Costas — Junior
01/03/2026 - 16:38 — Resultados

Recorde Distrital ANDS Open	1:53.06	Pedro Diogo Oliveira	INDANDS	Chartres (FRA)	22/11/2012
Recorde Distrital ANDS 18	1:58.46	Ricardo Matias Matias	CPFZ	Leiria	09/12/2022
Recorde Distrital ANDS 17	2:04.34	Ricardo Matias Santos	CPFZ	Leiria	26/11/2021

Jun/Sen: 3:00.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Afonso Bernardo Evaristo	08		Torres Novas	**2:13.56**		494	
	50m: 31.05 100m: 1:04.59 150m: 1:39.16 200m: 2:13.56							
2.	David Alberto Padre	08		Rio Maior	**2:16.10**		467	
	50m: 32.56 100m: 1:07.07 150m: 1:42.01 200m: 2:16.10							
3.	Gabriel Antunes Ramos	09		Rio Maior	**2:24.93**		387	
	50m: 33.87 100m: 1:10.64 150m: 1:47.99 200m: 2:24.93							
4.	Gabriel Sa Chambel	09		CLAC-Entroncamento	**2:34.07**		322	
	50m: 34.87 100m: 1:13.90 150m: 1:54.26 200m: 2:34.07							

Prova 41 — Femin., 100m Livres — Infantil B
01/03/2026 - 16:46 — Resultados

Recorde Distrital ANDS Open	57.70	Ariana Espirito Louro	SFGP	Abrantes	15/05/2021
Recorde Distrital ANDS Inf B	1:02.99	Carina Alexandra Alves	CNRM	Sines	08/04/2017

: 1:32.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Amelia Torres	13		Viver Santarem	**1:08.09**		401	
	50m: 33.20 100m: 1:08.09							
2.	Marta Bento Ferreira	13		Viver Santarem	**1:14.39**		308	
	50m: 35.99 100m: 1:14.39							
3.	Mariana Beatriz Goncalves	13		Uniao Samorense	**1:15.34**		296	
	50m: 35.91 100m: 1:15.34							
4.	Maria Carolina Fidalgo	13		Viver Santarem	**1:17.68**		270	
	50m: 37.55 100m: 1:17.68							
5.	Matilde Peixoto Amado	13		Natacao do Tejo	**1:17.93**		268	
	50m: 37.37 100m: 1:17.93							
6.	Constanca Mendao Silva	13		Rio Maior	**1:18.22**		265	
	50m: 37.36 100m: 1:18.22							
7.	Carolina Marques Ribeiro	13		Rio Maior	**1:18.51**		262	
	50m: 37.58 100m: 1:18.51							
8.	Mafalda Ines Martinho	13		CLAC-Entroncamento	**1:23.17**		220	
	50m: 39.98 100m: 1:23.17							

Prova 41 — Femin., 100m Livres — Infantil A
01/03/2026 - 16:46 — Resultados

Recorde Distrital ANDS Open	57.70	Ariana Espirito Louro	SFGP	Abrantes	15/05/2021
Recorde Distrital ANDS Inf A	1:00.11	Margarida Claudino Nicolau	CNTN	Tomar	15/12/2018

: 1:26.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Matilde Casimiro Bibi	12		BUZIOS-Coruche	**1:03.86**		487	
	50m: 30.63 100m: 1:03.86							
2.	Alicia Lopes Deep	12		BUZIOS-Coruche	**1:07.90**		405	
	50m: 33.04 100m: 1:07.90							
3.	Ana Leonor Lopes	12		Rio Maior	**1:10.93**		355	
	50m: 34.23 100m: 1:10.93							
4.	Maria Francisca Pinheiro	12		Nautico Abrantes	**1:13.01**		326	
	50m: 35.60 100m: 1:13.01							
5.	Lara Alberto Januario	12		Viver Santarem	**1:14.31**		309	
	50m: 35.08 100m: 1:14.31							
6.	Laura Sofia Graca	12		Uniao Samorense	**1:20.24**		245	
	50m: 38.82 100m: 1:20.24							
7.	Joana Verissimo Tavares	12		CLAC-Entroncamento	**1:20.70**		241	
	50m: 37.91 100m: 1:20.70							
8.	Maria Leonor Serodio	12		Viver Santarem	**1:23.09**		221	
	50m: 39.76 100m: 1:23.09							
DNS	Margarida Madeira Pires	12		Rio Maior				

Prova 41, Femin., 100m Livres

Prova 41 — Femin., 100m Livres — Juvenil B
01/03/2026 - 16:46 — Resultados

Recorde Distrital ANDS Open	57.70	Ariana Espirito Louro	SFGP	Abrantes	15/05/2021
Recorde Distrital ANDS Juv B	59.57	Carolina Marques Neves	CNTN	Torres Novas	08/05/2016

: 1:21.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sofia Barroca Pereira	11		BUZIOS-Coruche	**1:00.88**		562	
	50m: 29.42 100m: 1:00.88							
2.	Benedita Maria Lagarinhos	11		Viver Santarem	**1:08.10**		401	
	50m: 33.15 100m: 1:08.10							
3.	Beatriz Agostinho Duque	11		20Km de Almeirim	**1:12.50**		332	
	50m: 35.06 100m: 1:12.50							
4.	Beatriz Isabel Moura	11		Nautico Abrantes	**1:16.22**		286	
	50m: 35.93 100m: 1:16.22							

Prova 41 — Femin., 100m Livres — Juvenil A
01/03/2026 - 16:46 — Resultados

Recorde Distrital ANDS Open	57.70	Ariana Espirito Louro	SFGP	Abrantes	15/05/2021
Recorde Distrital ANDS Juv A	57.70	Ariana Espirito Louro	SFGP	Abrantes	15/05/2021

: 1:19.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Lara Paixao Silva	10		Rio Maior	**1:05.84**		444	
	50m: 32.04 100m: 1:05.84							
2.	Maria Eduarda Parente	10		Viver Santarem	**1:08.25**		399	
	50m: 32.74 100m: 1:08.25							
3.	Debora Sofia Santos	10		Rio Maior	**1:12.29**		335	
	50m: 33.37 100m: 1:12.29							
4.	Madalena Bras Salgado	10		Viver Santarem	**1:19.58**		251	
	FTL							
	50m: 38.43 100m: 1:19.58							

Prova 41 — Femin., 100m Livres — Junior
01/03/2026 - 16:46 — Resultados

Recorde Distrital ANDS Open	57.70	Ariana Espirito Louro	SFGP	Abrantes	15/05/2021
Recorde Distrital ANDS 18 +	58.34	Julia Matos Lopes	VS	Tomar	30/06/2013
Recorde Distrital ANDS 17	57.90	Ariana Espírito Louro	SFGP	Leiria	26/11/2021

Jun/Sen: 1:14.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Lia Pereira Lopes	09		Rio Maior	**1:07.53**		412	
	50m: 31.81 100m: 1:07.53							
2.	Leonor Marques Carvalho	09		Rio Maior	**1:08.91**		387	
	50m: 33.72 100m: 1:08.91							
3.	Ines Silva Lima	09		Nautico Abrantes	**1:10.18**		367	
	50m: 32.98 100m: 1:10.18							
4.	Maria Ines Campos	09		Nautico Abrantes	**1:18.82**		259	
	FTL							
	50m: 37.57 100m: 1:18.82							

Prova 41, Femin., 100m Livres

Prova 41 — Femin., 100m Livres — Senior
01/03/2026 - 16:46 — Resultados

Recorde Distrital ANDS Open	57.70	Ariana Espirito Louro	SFGP	Abrantes	15/05/2021
Recorde Distrital ANDS 18 +	58.34	Julia Matos Lopes	VS	Tomar	30/06/2013

Jun/Sen: 1:14.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Catarina Maria Fragoso	07		Viver Santarem	**1:04.99**		462	
	50m: 31.20 100m: 1:04.99							
2.	Catarina Isabel Carlota	05		BUZIOS-Coruche	**1:07.48**		412	
	50m: 32.42 100m: 1:07.48							

Prova 42 — Masc., 100m Livres — Infantil B
01/03/2026 - 16:56 — Resultados

Recorde Distrital ANDS Open	49.35	Paulo Vakulyuk	CNTN	Albufeira	12/11/2022
Recorde Distrital ANDS Inf B	58.15	Joao Diogo Lopes	VS	Coruche	16/03/2014

: 1:25.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Goncalo Pato Mateus	13		Uniao Samorense	**1:07.73**		290	
	50m: 32.46 100m: 1:07.73							
2.	Carlos Silvestre Lourenco	13		BUZIOS-Coruche	**1:09.55**		267	
	50m: 33.56 100m: 1:09.55							
3.	Hugo Santos Carapeto	13		Nautico Abrantes	**1:11.34**		248	
	50m: 34.67 100m: 1:11.34							
4.	Vicente Manuel Nunes	13		Nautico Salvaterra Magos	**1:12.27**		238	
	50m: 34.45 100m: 1:12.27							
5.	Tomas Miguel Madeira	13		20Km de Almeirim	**1:12.51**		236	
	50m: 34.60 100m: 1:12.51							
6.	Rafael Jose Isidoro	13		Rio Maior	**1:12.71**		234	
	50m: 35.03 100m: 1:12.71							
7.	Eduardo Agostinho Duque	13		20Km de Almeirim	**1:16.39**		202	
	50m: 37.04 100m: 1:16.39							
8.	Afonso Gil Campos	13		CLAC-Entroncamento	**1:21.56**		166	
	50m: 40.68 100m: 1:21.56							
9.	Leonardo Del Sasso Cebrian	13		20Km de Almeirim	**1:21.62**		165	
	50m: 37.76 100m: 1:21.62							
10.	Santiago Tacao Ribeiro	13		Rio Maior	**1:22.27**		161	
	50m: 39.35 100m: 1:22.27							
11.	Lourenco Borges Rosa *FTL*	13		Gualdim Pais	**1:26.12**		141	
	50m: 40.58 100m: 1:26.12							
12.	Diogo Marques Coelho *FTL*	13		Gualdim Pais	**1:36.65**		99	
	50m: 43.22 100m: 1:36.65							

Prova 42, Masc., 100m Livres

Prova 42 — Masc., 100m Livres — Infantil A
01/03/2026 - 16:56 — Resultados

Recorde Distrital ANDS Open	49.35	Paulo Vakulyuk	CNTN	Albufeira	12/11/2022
Recorde Distrital ANDS Inf A	56.70	Bernardo Jorge Simoes	CNTN	Tomar	20/03/2016

: 1:19.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rodrigo Miranda Rosa	12		Uniao Samorense	**1:07.58**		292	
	50m: 32.40 100m: 1:07.58							
2.	Gabriel Mocanu	12		Uniao Samorense	**1:07.70**		290	
	50m: 31.66 100m: 1:07.70							
3.	Santiago Raposo Fernandes	12		20Km de Almeirim	**1:07.75**		289	
	50m: 32.20 100m: 1:07.75							
4.	Bernardo Margarido Miranda	12		Nautico Abrantes	**1:11.02**		251	
	50m: 34.13 100m: 1:11.02							
5.	Lourenco Filipe Costa	12		20Km de Almeirim	**1:11.82**		243	
	50m: 34.26 100m: 1:11.82							
6.	Sandro Jose Tomas	12		BUZIOS-Coruche	**1:12.83**		233	
	50m: 33.73 100m: 1:12.83							
7.	Afonso Ferreira Cruz	12		CLAC-Entroncamento	**1:15.51**		209	
	50m: 36.35 100m: 1:15.51							
8.	Martim Silva Bernardo	12		Viver Santarem	**1:17.96**		190	
	50m: 38.66 100m: 1:17.96							
9.	Joao Francisco Monteiro *FTL*	12		BUZIOS-Coruche	**1:25.04**		146	
	50m: 39.62 100m: 1:25.04							
DNS	Artur Miguel Silva	12		Natacao do Tejo				

Prova 42 — Masc., 100m Livres — Juvenil B
01/03/2026 - 16:56 — Resultados

Recorde Distrital ANDS Open	49.35	Paulo Vakulyuk	CNTN	Albufeira	12/11/2022
Recorde Distrital ANDS Juv B	53.89	Frederico Sucena Riachos	NSCG	Tomar	30/06/2013

: 1:15.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Manuel Maria Moniz	11		20Km de Almeirim	**59.26**		433	
	50m: 28.81 100m: 59.26							
2.	Martim Maria Salvador	11		Nautico Salvaterra Magos	**1:00.40**		409	
	50m: 29.13 100m: 1:00.40							
3.	Francisco Maria Dias	11		Viver Santarem	**1:01.85**		381	
	50m: 29.31 100m: 1:01.85							
4.	Heliodoro Joao Sombreireiro	11		BUZIOS-Coruche	**1:01.87**		380	
	50m: 29.90 100m: 1:01.87							
5.	Antonio Francisco Rouxinol	11		BUZIOS-Coruche	**1:02.12**		376	
	50m: 30.18 100m: 1:02.12							
6.	Diogo Chambel Santos	11		Nautico Abrantes	**1:02.84**		363	
	50m: 30.61 100m: 1:02.84							
7.	Martim Miguel Santos	11		Rio Maior	**1:02.91**		362	
	50m: 30.24 100m: 1:02.91							

Prova 42, Masc., 100m Livres, Juvenil B

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Dinis Oliveira Nunes	11		BUZIOS-Coruche	**1:08.14**		284	
	50m: 32.92 100m: 1:08.14							
9.	Gabriel Antonio Marques	11		Nautico Abrantes	**1:10.07**		262	
	50m: 33.01 100m: 1:10.07							
10.	Salvador Miguel Silva	11		Viver Santarem	**1:12.19**		239	
	50m: 35.09 100m: 1:12.19							
11.	Afonso Tomas Antunes	11		Natacao do Tejo	**1:12.93**		232	
	50m: 34.79 100m: 1:12.93							
12.	Rodrigo Miguel Alcobia	11	S10	NataÃ§Ã£o Ferreira do Zezere	**1:13.99**		222	
	50m: 34.74 100m: 1:13.99							
DNS	Sebastiao Maria Borlinhas	11		BUZIOS-Coruche				
DNS	Santiago Martins Magalhaes	11		Torres Novas				

Prova 42 — Masc., 100m Livres — Juvenil A
01/03/2026 - 16:56 — Resultados

Recorde Distrital ANDS Open	49.35	Paulo Vakulyuk	CNTN	Albufeira	12/11/2022
Recorde Distrital ANDS Juv A	52.32	Paulo Vakulyuk	CNTN	Torres Novas	12/01/2019

: 1:11.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisco Manuel Cadete	10		Nautico Abrantes	**57.91**		464	
	50m: 27.76 100m: 57.91							
2.	Guilherme Gomes Nunes	10		Nautico Salvaterra Magos	**59.90**		419	
	50m: 28.74 100m: 59.90							
3.	Andre Guilherme Anastacio	10		Nautico Abrantes	**1:00.72**		402	
	50m: 29.16 100m: 1:00.72							
4.	Guilherme Martins Conceicac	10		Viver Santarem	**1:03.82**		346	
	50m: 30.66 100m: 1:03.82							
5.	Guilherme Ferreira Leitao	10		Viver Santarem	**1:14.50**		218	
	FTL							
	50m: 35.57 100m: 1:14.50							

Prova 42 — Masc., 100m Livres — Junior
01/03/2026 - 16:56 — Resultados

Recorde Distrital ANDS Open	49.35	Paulo Vakulyuk	CNTN	Albufeira	12/11/2022
Recorde Distrital ANDS 18	51.49	Francisco Sucena Riachos	NSCG	Porto	11/12/2015
Recorde Distrital ANDS 17	51.46	Paulo Vakulyuk	CNTN	Felgueiras	20/12/2019

Jun/Sen: 1:09.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Enzo Miguel Anjos	08		Rio Maior	**54.28**		563	
	50m: 26.29 100m: 54.28							
2.	Luis Suissas Rato	09		Nautico Salvaterra Magos	**55.45**		528	
	50m: 27.13 100m: 55.45							
3.	Pedro Morgado Costa	09		Rio Maior	**56.07**		511	
	50m: 27.03 100m: 56.07							
4.	Miguel Silva Lima	09		Nautico Abrantes	**58.50**		450	
	50m: 28.03 100m: 58.50							

Prova 42, Masc., 100m Livres, Junior

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Leonardo Gomes Silva	08		Rio Maior	**1:01.31**		391	
	50m: 29.00 100m: 1:01.31							
6.	Diogo Rodrigues Gomes	09		Natacao do Tejo	**1:05.15**		326	
	50m: 30.16 100m: 1:05.15							
7.	Mateus Emanuel Almeida	09		Rio Maior	**1:08.48**		280	
	50m: 33.60 100m: 1:08.48							
8.	Miguel Tomas Amaral	08		Natacao do Tejo	**1:08.99**		274	
	50m: 32.33 100m: 1:08.99							

Prova 42 — Masc., 100m Livres — Senior
01/03/2026 - 16:56 — Resultados

Recorde Distrital ANDS Open	49.35	Paulo Vakulyuk	CNTN	Albufeira	12/11/2022
Recorde Distrital ANDS Sen	49.35	Paulo Vakulyuk	CNTN	Albufeira	12/11/2022

Jun/Sen: 1:09.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Artur Rafael Saramago	97		BUZIOS-Coruche	**56.47**		500	
	50m: 26.69 100m: 56.47							
2.	Tomas Alexandre Santos	07		BUZIOS-Coruche	**59.17**		435	
	50m: 28.03 100m: 59.17							
3.	Simao Rocha Silva	07		Gualdim Pais	**59.86**		420	
	50m: 28.71 100m: 59.86							
4.	Joao Afonso Pacau	02		Gualdim Pais	**1:01.01**		397	
	50m: 29.43 100m: 1:01.01							
5.	Eliseu Manuel Tavares	99		Uniao Samorense	**1:03.94**		344	
	50m: 30.54 100m: 1:03.94							
6.	Hugo Miguel Silva	77		BUZIOS-Coruche	**1:06.36**		308	
	50m: 31.25 100m: 1:06.36							
7.	Tiago Manuel Silva	05	S3	A,1,3,!CLAC-Entroncamento	**2:25.49**		29	
	FTL							
	50m: 1:09.25 100m: 2:25.49							

Prova 42, Masc., 100m Livres

Prova 42 | Masc., 100m Livres | S10
01/03/2026 - 16:56 | Resultados

Recorde Distrital ANDS Open	49.35	Paulo Vakulyuk	CNTN	Albufeira	12/11/2022
Recorde Distrital ANDS Sen	49.35	Paulo Vakulyuk	CNTN	Albufeira	12/11/2022
Recorde Distrital ANDS 18	51.49	Francisco Sucena Riachos	NSCG	Porto	11/12/2015
Recorde Distrital ANDS 17	51.46	Paulo Vakulyuk	CNTN	Felgueiras	20/12/2019
Recorde Distrital ANDS Juv A	52.32	Paulo Vakulyuk	CNTN	Torres Novas	12/01/2019
Recorde Distrital ANDS Juv B	53.89	Frederico Sucena Riachos	NSCG	Tomar	30/06/2013
Recorde Distrital ANDS Inf A	56.70	Bernardo Jorge Simoes	CNTN	Tomar	20/03/2016
Recorde Distrital ANDS Inf B	58.15	Joao Diogo Lopes	VS	Coruche	16/03/2014

Inf A: 1:19.00; Inf B: 1:25.00; Juv A: 1:11.00; Juv B: 1:15.00; Jun/Sen: 1:09.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Enzo Miguel Anjos	08		Rio Maior	**54.28**		563	
	50m: 26.29 100m: 54.28							
2.	Luis Suissas Rato	09		Nautico Salvaterra Magos	**55.45**		528	
	50m: 27.13 100m: 55.45							
3.	Pedro Morgado Costa	09		Rio Maior	**56.07**		511	
	50m: 27.03 100m: 56.07							
4.	Artur Rafael Saramago	97		BUZIOS-Coruche	**56.47**		500	
	50m: 26.69 100m: 56.47							
5.	Francisco Manuel Cadete	10		Nautico Abrantes	**57.91**		464	
	50m: 27.76 100m: 57.91							
6.	Miguel Silva Lima	09		Nautico Abrantes	**58.50**		450	
	50m: 28.03 100m: 58.50							
7.	Tomas Alexandre Santos	07		BUZIOS-Coruche	**59.17**		435	
	50m: 28.03 100m: 59.17							
8.	Manuel Maria Moniz	11		20Km de Almeirim	**59.26**		433	
	50m: 28.81 100m: 59.26							
9.	Simao Rocha Silva	07		Gualdim Pais	**59.86**		420	
	50m: 28.71 100m: 59.86							
10.	Guilherme Gomes Nunes	10		Nautico Salvaterra Magos	**59.90**		419	
	50m: 28.74 100m: 59.90							
11.	Martim Maria Salvador	11		Nautico Salvaterra Magos	**1:00.40**		409	
	50m: 29.13 100m: 1:00.40							
12.	Andre Guilherme Anastacio	10		Nautico Abrantes	**1:00.72**		402	
	50m: 29.16 100m: 1:00.72							
13.	Joao Afonso Pacau	02		Gualdim Pais	**1:01.01**		397	
	50m: 29.43 100m: 1:01.01							
14.	Leonardo Gomes Silva	08		Rio Maior	**1:01.31**		391	
	50m: 29.00 100m: 1:01.31							
15.	Francisco Maria Dias	11		Viver Santarem	**1:01.85**		381	
	50m: 29.31 100m: 1:01.85							
16.	Heliodoro Joao Sombreireiro	11		BUZIOS-Coruche	**1:01.87**		380	
	50m: 29.90 100m: 1:01.87							
17.	Antonio Francisco Rouxinol	11		BUZIOS-Coruche	**1:02.12**		376	
	50m: 30.18 100m: 1:02.12							
18.	Diogo Chambel Santos	11		Nautico Abrantes	**1:02.84**		363	
	50m: 30.61 100m: 1:02.84							
19.	Martim Miguel Santos	11		Rio Maior	**1:02.91**		362	
	50m: 30.24 100m: 1:02.91							

Prova 42, Masc., 100m Livres, S10

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	Guilherme Martins Conceicac	10		Viver Santarem	**1:03.82**		346	
	50m: 30.66 100m: 1:03.82							
21.	Eliseu Manuel Tavares	99		Uniao Samorense	**1:03.94**		344	
	50m: 30.54 100m: 1:03.94							
22.	Diogo Rodrigues Gomes	09		Natacao do Tejo	**1:05.15**		326	
	50m: 30.16 100m: 1:05.15							
23.	Hugo Miguel Silva	77		BUZIOS-Coruche	**1:06.36**		308	
	50m: 31.25 100m: 1:06.36							
24.	Rodrigo Miranda Rosa	12		Uniao Samorense	**1:07.58**		292	
	50m: 32.40 100m: 1:07.58							
25.	Gabriel Mocanu	12		Uniao Samorense	**1:07.70**		290	
	50m: 31.66 100m: 1:07.70							
26.	Goncalo Pato Mateus	13		Uniao Samorense	**1:07.73**		290	
	50m: 32.46 100m: 1:07.73							
27.	Santiago Raposo Fernandes	12		20Km de Almeirim	**1:07.75**		289	
	50m: 32.20 100m: 1:07.75							
28.	Dinis Oliveira Nunes	11		BUZIOS-Coruche	**1:08.14**		284	
	50m: 32.92 100m: 1:08.14							
29.	Mateus Emanuel Almeida	09		Rio Maior	**1:08.48**		280	
	50m: 33.60 100m: 1:08.48							
30.	Miguel Tomas Amaral	08		Natacao do Tejo	**1:08.99**		274	
	50m: 32.33 100m: 1:08.99							
31.	Carlos Silvestre Lourenco	13		BUZIOS-Coruche	**1:09.55**		267	
	50m: 33.56 100m: 1:09.55							
32.	Gabriel Antonio Marques	11		Nautico Abrantes	**1:10.07**		262	
	50m: 33.01 100m: 1:10.07							
33.	Bernardo Margarido Miranda	12		Nautico Abrantes	**1:11.02**		251	
	50m: 34.13 100m: 1:11.02							
34.	Hugo Santos Carapeto	13		Nautico Abrantes	**1:11.34**		248	
	50m: 34.67 100m: 1:11.34							
35.	Lourenco Filipe Costa	12		20Km de Almeirim	**1:11.82**		243	
	50m: 34.26 100m: 1:11.82							
36.	Salvador Miguel Silva	11		Viver Santarem	**1:12.19**		239	
	50m: 35.09 100m: 1:12.19							
37.	Vicente Manuel Nunes	13		Nautico Salvaterra Magos	**1:12.27**		238	
	50m: 34.45 100m: 1:12.27							
38.	Tomas Miguel Madeira	13		20Km de Almeirim	**1:12.51**		236	
	50m: 34.60 100m: 1:12.51							
39.	Rafael Jose Isidoro	13		Rio Maior	**1:12.71**		234	
	50m: 35.03 100m: 1:12.71							
40.	Sandro Jose Tomas	12		BUZIOS-Coruche	**1:12.83**		233	
	50m: 33.73 100m: 1:12.83							
41.	Afonso Tomas Antunes	11		Natacao do Tejo	**1:12.93**		232	
	50m: 34.79 100m: 1:12.93							
42.	Rodrigo Miguel Alcobia	11	S10	NataÃ§Ã£o Ferreira do Zezere	**1:13.99**		222	
	50m: 34.74 100m: 1:13.99							

Prova 42, Masc., 100m Livres, S10

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
43.	Guilherme Ferreira Leitao *FTL*	10		Viver Santarem	**1:14.50**		218	
	50m: 35.57 100m: 1:14.50							
44.	Afonso Ferreira Cruz	12		CLAC-Entroncamento	**1:15.51**		209	
	50m: 36.35 100m: 1:15.51							
45.	Eduardo Agostinho Duque	13		20Km de Almeirim	**1:16.39**		202	
	50m: 37.04 100m: 1:16.39							
46.	Martim Silva Bernardo	12		Viver Santarem	**1:17.96**		190	
	50m: 38.66 100m: 1:17.96							
47.	Afonso Gil Campos	13		CLAC-Entroncamento	**1:21.56**		166	
	50m: 40.68 100m: 1:21.56							
48.	Leonardo Del Sasso Cebrian	13		20Km de Almeirim	**1:21.62**		165	
	50m: 37.76 100m: 1:21.62							
49.	Santiago Tacao Ribeiro	13		Rio Maior	**1:22.27**		161	
	50m: 39.35 100m: 1:22.27							
50.	Joao Francisco Monteiro *FTL*	12		BUZIOS-Coruche	**1:25.04**		146	
	50m: 39.62 100m: 1:25.04							
51.	Lourenco Borges Rosa *FTL*	13		Gualdim Pais	**1:26.12**		141	
	50m: 40.58 100m: 1:26.12							
52.	Diogo Marques Coelho *FTL*	13		Gualdim Pais	**1:36.65**		99	
	50m: 43.22 100m: 1:36.65							
53.	Tiago Manuel Silva *FTL*	05	S3	A,1,3,5 CLAC-Entroncamento	**2:25.49**		29	
	50m: 1:09.25 100m: 2:25.49							
DNS	Sebastiao Maria Borlinhas	11		BUZIOS-Coruche				
DNS	Artur Miguel Silva	12		Natacao do Tejo				
DNS	Santiago Martins Magalhaes	11		Torres Novas				

Prova 42, Masc., 100m Livres

Prova 42 | Masc., 100m Livres | S3
01/03/2026 - 16:56 | Resultados

Recorde Distrital ANDS Open	49.35	Paulo Vakulyuk	CNTN	Albufeira	12/11/2022
Recorde Distrital ANDS Sen	49.35	Paulo Vakulyuk	CNTN	Albufeira	12/11/2022
Recorde Distrital ANDS 18	51.49	Francisco Sucena Riachos	NSCG	Porto	11/12/2015
Recorde Distrital ANDS 17	51.46	Paulo Vakulyuk	CNTN	Felgueiras	20/12/2019
Recorde Distrital ANDS Juv A	52.32	Paulo Vakulyuk	CNTN	Torres Novas	12/01/2019
Recorde Distrital ANDS Juv B	53.89	Frederico Sucena Riachos	NSCG	Tomar	30/06/2013
Recorde Distrital ANDS Inf A	56.70	Bernardo Jorge Simoes	CNTN	Tomar	20/03/2016
Recorde Distrital ANDS Inf B	58.15	Joao Diogo Lopes	VS	Coruche	16/03/2014

Inf A: 1:19.00; Inf B: 1:25.00; Juv A: 1:11.00; Juv B: 1:15.00; Jun/Sen: 1:09.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Enzo Miguel Anjos	08		Rio Maior	**54.28**		563	
	50m: 26.29 100m: 54.28							
2.	Luis Suissas Rato	09		Nautico Salvaterra Magos	**55.45**		528	
	50m: 27.13 100m: 55.45							
3.	Pedro Morgado Costa	09		Rio Maior	**56.07**		511	
	50m: 27.03 100m: 56.07							
4.	Artur Rafael Saramago	97		BUZIOS-Coruche	**56.47**		500	
	50m: 26.69 100m: 56.47							
5.	Francisco Manuel Cadete	10		Nautico Abrantes	**57.91**		464	
	50m: 27.76 100m: 57.91							
6.	Miguel Silva Lima	09		Nautico Abrantes	**58.50**		450	
	50m: 28.03 100m: 58.50							
7.	Tomas Alexandre Santos	07		BUZIOS-Coruche	**59.17**		435	
	50m: 28.03 100m: 59.17							
8.	Manuel Maria Moniz	11		20Km de Almeirim	**59.26**		433	
	50m: 28.81 100m: 59.26							
9.	Simao Rocha Silva	07		Gualdim Pais	**59.86**		420	
	50m: 28.71 100m: 59.86							
10.	Guilherme Gomes Nunes	10		Nautico Salvaterra Magos	**59.90**		419	
	50m: 28.74 100m: 59.90							
11.	Martim Maria Salvador	11		Nautico Salvaterra Magos	**1:00.40**		409	
	50m: 29.13 100m: 1:00.40							
12.	Andre Guilherme Anastacio	10		Nautico Abrantes	**1:00.72**		402	
	50m: 29.16 100m: 1:00.72							
13.	Joao Afonso Pacau	02		Gualdim Pais	**1:01.01**		397	
	50m: 29.43 100m: 1:01.01							
14.	Leonardo Gomes Silva	08		Rio Maior	**1:01.31**		391	
	50m: 29.00 100m: 1:01.31							
15.	Francisco Maria Dias	11		Viver Santarem	**1:01.85**		381	
	50m: 29.31 100m: 1:01.85							
16.	Heliodoro Joao Sombreireiro	11		BUZIOS-Coruche	**1:01.87**		380	
	50m: 29.90 100m: 1:01.87							
17.	Antonio Francisco Rouxinol	11		BUZIOS-Coruche	**1:02.12**		376	
	50m: 30.18 100m: 1:02.12							
18.	Diogo Chambel Santos	11		Nautico Abrantes	**1:02.84**		363	
	50m: 30.61 100m: 1:02.84							
19.	Martim Miguel Santos	11		Rio Maior	**1:02.91**		362	
	50m: 30.24 100m: 1:02.91							

Prova 42, Masc., 100m Livres, S3

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	Guilherme Martins Conceicac	10		Viver Santarem	**1:03.82**		346	
	50m: 30.66 100m: 1:03.82							
21.	Eliseu Manuel Tavares	99		Uniao Samorense	**1:03.94**		344	
	50m: 30.54 100m: 1:03.94							
22.	Diogo Rodrigues Gomes	09		Natacao do Tejo	**1:05.15**		326	
	50m: 30.16 100m: 1:05.15							
23.	Hugo Miguel Silva	77		BUZIOS-Coruche	**1:06.36**		308	
	50m: 31.25 100m: 1:06.36							
24.	Rodrigo Miranda Rosa	12		Uniao Samorense	**1:07.58**		292	
	50m: 32.40 100m: 1:07.58							
25.	Gabriel Mocanu	12		Uniao Samorense	**1:07.70**		290	
	50m: 31.66 100m: 1:07.70							
26.	Goncalo Pato Mateus	13		Uniao Samorense	**1:07.73**		290	
	50m: 32.46 100m: 1:07.73							
27.	Santiago Raposo Fernandes	12		20Km de Almeirim	**1:07.75**		289	
	50m: 32.20 100m: 1:07.75							
28.	Dinis Oliveira Nunes	11		BUZIOS-Coruche	**1:08.14**		284	
	50m: 32.92 100m: 1:08.14							
29.	Mateus Emanuel Almeida	09		Rio Maior	**1:08.48**		280	
	50m: 33.60 100m: 1:08.48							
30.	Miguel Tomas Amaral	08		Natacao do Tejo	**1:08.99**		274	
	50m: 32.33 100m: 1:08.99							
31.	Carlos Silvestre Lourenco	13		BUZIOS-Coruche	**1:09.55**		267	
	50m: 33.56 100m: 1:09.55							
32.	Gabriel Antonio Marques	11		Nautico Abrantes	**1:10.07**		262	
	50m: 33.01 100m: 1:10.07							
33.	Bernardo Margarido Miranda	12		Nautico Abrantes	**1:11.02**		251	
	50m: 34.13 100m: 1:11.02							
34.	Hugo Santos Carapeto	13		Nautico Abrantes	**1:11.34**		248	
	50m: 34.67 100m: 1:11.34							
35.	Lourenco Filipe Costa	12		20Km de Almeirim	**1:11.82**		243	
	50m: 34.26 100m: 1:11.82							
36.	Salvador Miguel Silva	11		Viver Santarem	**1:12.19**		239	
	50m: 35.09 100m: 1:12.19							
37.	Vicente Manuel Nunes	13		Nautico Salvaterra Magos	**1:12.27**		238	
	50m: 34.45 100m: 1:12.27							
38.	Tomas Miguel Madeira	13		20Km de Almeirim	**1:12.51**		236	
	50m: 34.60 100m: 1:12.51							
39.	Rafael Jose Isidoro	13		Rio Maior	**1:12.71**		234	
	50m: 35.03 100m: 1:12.71							
40.	Sandro Jose Tomas	12		BUZIOS-Coruche	**1:12.83**		233	
	50m: 33.73 100m: 1:12.83							
41.	Afonso Tomas Antunes	11		Natacao do Tejo	**1:12.93**		232	
	50m: 34.79 100m: 1:12.93							
42.	Rodrigo Miguel Alcobia	11	S10	NataÃ§Ã£o Ferreira do Zezere	**1:13.99**		222	
	50m: 34.74 100m: 1:13.99							

Prova 42, Masc., 100m Livres, S3

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
43.	Guilherme Ferreira Leitao *FTL*	10		Viver Santarem	**1:14.50**		218	
	50m: 35.57 100m: 1:14.50							
44.	Afonso Ferreira Cruz	12		CLAC-Entroncamento	**1:15.51**		209	
	50m: 36.35 100m: 1:15.51							
45.	Eduardo Agostinho Duque	13		20Km de Almeirim	**1:16.39**		202	
	50m: 37.04 100m: 1:16.39							
46.	Martim Silva Bernardo	12		Viver Santarem	**1:17.96**		190	
	50m: 38.66 100m: 1:17.96							
47.	Afonso Gil Campos	13		CLAC-Entroncamento	**1:21.56**		166	
	50m: 40.68 100m: 1:21.56							
48.	Leonardo Del Sasso Cebrian	13		20Km de Almeirim	**1:21.62**		165	
	50m: 37.76 100m: 1:21.62							
49.	Santiago Tacao Ribeiro	13		Rio Maior	**1:22.27**		161	
	50m: 39.35 100m: 1:22.27							
50.	Joao Francisco Monteiro *FTL*	12		BUZIOS-Coruche	**1:25.04**		146	
	50m: 39.62 100m: 1:25.04							
51.	Lourenco Borges Rosa *FTL*	13		Gualdim Pais	**1:26.12**		141	
	50m: 40.58 100m: 1:26.12							
52.	Diogo Marques Coelho *FTL*	13		Gualdim Pais	**1:36.65**		99	
	50m: 43.22 100m: 1:36.65							
53.	Tiago Manuel Silva *FTL*	05	S3	A,1,3,5 CLAC-Entroncamento	**2:25.49**		29	
	50m: 1:09.25 100m: 2:25.49							
DNS	Sebastiao Maria Borlinhas	11		BUZIOS-Coruche				
DNS	Artur Miguel Silva	12		Natacao do Tejo				
DNS	Santiago Martins Magalhaes	11		Torres Novas				

Prova 43 — Femin., 4 x 100m Livres — Juvenil
01/03/2026 - 17:22 — Resultados

Recorde Distrital ANDS 16 - 17	4:15.63	Clube Nautico de Abrantes	CNAB	Coruche	15/03/2015
Recorde Distrital ANDS Juv B	4:18.41	Clube de Natacao de Torres Novas	CNTN	Tomar	15/11/2015
Recorde Distrital ANDS 14 - 15	4:15.57	Clube Natacao de Rio Maior	CNRM	Tomar	19/11/2017
Recorde Distrital ANDS 12 +	4:05.02	CNTN	CNTN	Leiria	14/12/2019

Juv A: 5:36.00; Juv B: 5:50.00

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
DNS	BUZIOS-Coruche 1		BUZIOS-Coruche				

Prova 44 — Masc., 4 x 100m Livres — Infantil
01/03/2026 - 17:28 — Resultados

Inf A: 5:38.00; Inf B: 5:50.00

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	20Km de Almeirim 1		20Km de Almeirim	**4:54.50**		234	

50m:	35.18	35.18	150m:	1:51.82	36.59	250m:	3:08.90	36.73	350m:	4:19.62	31.95
100m:	1:15.23	40.05	200m:	2:32.17	40.35	300m:	3:47.67	38.77	400m:	4:54.50	34.88

Prova 44 — Masc., 4 x 100m Livres — Juvenil
01/03/2026 - 17:28 — Resultados

Juv A: 4:43.00; Juv B: 5:10.00

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rio Maior 8		Rio Maior	**4:04.03**		412	

50m:	28.32	28.32	150m:	1:29.62	30.44	250m:	2:31.08	28.19	350m:	3:31.85	29.84
100m:	59.18	30.86	200m:	2:02.89	33.27	300m:	3:02.01	30.93	400m:	4:04.03	32.18

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
2.	Nautico Abrantes 5		Nautico Abrantes	**4:08.75**		389	

50m:	27.51	27.51	150m:	1:29.87	32.17	250m:	2:34.79	29.87	350m:	3:36.66	28.39
100m:	57.70	30.19	200m:	2:04.92	35.05	300m:	3:08.27	33.48	400m:	4:08.75	32.09

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	BUZIOS-Coruche 1		BUZIOS-Coruche	**4:14.20**		364	

50m:	27.95	27.95	150m:	1:27.61	30.02	250m:	2:33.48	32.99	350m:	3:40.03	30.63
100m:	57.59	29.64	200m:	2:00.49	32.88	300m:	3:09.40	35.92	400m:	4:14.20	34.17

Prova 44 — Masc., 4 x 100m Livres — Junior
01/03/2026 - 17:28 — Resultados

Jun/Sen: 4:43.00

Pontos: AQUA 2025

Lugar		Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rio Maior 9		Rio Maior	**3:45.46**		523	

50m:	27.02	27.02	150m:	1:24.06	28.85	250m:	2:22.66	26.84	350m:	3:17.36	25.87
100m:	55.21	28.19	200m:	1:55.82	31.76	300m:	2:51.49	28.83	400m:	3:45.46	28.10