



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 1 Masc., 1500m Livres Infantil
31/01/2026 - 9:30 Resultados

Rec Nac 25m Open	14:39.82	Jose Paulo Lopes	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac 25m Inf A	16:13.14	Andre Vilas Ruivo	DNMG	Campo Maior	30/03/2014
Rec Nac 25m Inf B	17:11.29	Andre Vilas Ruivo	DNMG	Leiria	03/03/2013

INFANTIL A Inf A: 22:50.00 / INFANTIL B Inf B: 23:50.00

Pontos: AQUA 2025

Lugar Nome Sexo Licena Ano Clube Tempo Final Pts Obs

Infantil A

1.	Diogo Leote Pedrosa	M	218504	12	Zona Azul	Alentejo	19:36.22	373	
	100m: 1:08.67		500m: 6:22.00		1:19.95	900m: 11:40.92	1:19.78	1300m: 17:00.38	1:20.31
	200m: 2:25.09		600m: 7:41.33		1:19.33	1000m: 13:01.12	1:20.20	1400m: 18:20.12	1:19.74
	300m: 3:43.38		700m: 9:01.14		1:19.81	1100m: 14:21.22	1:20.10	1500m: 19:36.22	1:16.10
	400m: 5:02.05		800m: 10:21.14		1:20.00	1200m: 15:40.07	1:18.85		
2.	Martim Rocha Silva	M	213503	12	Gualdim Pais	Santarem	19:58.42	352	
	100m: 1:15.15	1:15.15	500m: 6:35.82		1:20.32	900m: 11:58.36	1:20.79	1300m: 17:23.08	1:21.55
	200m: 2:35.80	1:20.65	600m: 7:56.61		1:20.79	1000m: 13:20.66	1:22.30	1400m: 18:42.47	1:19.39
	300m: 3:55.59	1:19.79	700m: 9:16.95		1:20.34	1100m: 14:41.56	1:20.90	1500m: 19:58.42	1:15.95
	400m: 5:15.50	1:19.91	800m: 10:37.57		1:20.62	1200m: 16:01.53	1:19.97		
3.	Matias Rafael Pacheco	M	211312	12	BUZIOS-Coruche	Santarem	20:13.49	339	
	100m: 1:16.58	1:16.58	500m: 6:41.49		1:21.61	900m: 12:04.37	1:20.99	1300m: 17:30.80	1:21.96
	200m: 2:37.89	1:21.31	600m: 8:02.22		1:20.73	1000m: 13:26.05	1:21.68	1400m: 18:52.58	1:21.78
	300m: 3:58.88	1:20.99	700m: 9:22.55		1:20.33	1100m: 14:47.72	1:21.67	1500m: 20:13.49	1:20.91
	400m: 5:19.88	1:21.00	800m: 10:43.38		1:20.83	1200m: 16:08.84	1:21.12		
4.	Rodrigo Miranda Rosa	M	212324	12	Uniao Samorens	Santarem	20:23.40	331	
	100m: 1:15.08	1:15.08	500m: 6:41.49		1:22.40	900m: 12:13.70	1:22.78	1300m: 17:42.08	1:22.17
	200m: 2:36.32	1:21.24	600m: 8:04.07		1:22.58	1000m: 13:36.30	1:22.60	1400m: 19:04.65	1:22.57
	300m: 3:57.46	1:21.14	700m: 9:27.32		1:23.25	1100m: 14:58.13	1:21.83	1500m: 20:23.40	1:18.75
	400m: 5:19.09	1:21.83	800m: 10:50.92		1:23.60	1200m: 16:19.91	1:21.78		
5.	Bernardo Margarido Miranda	M	221310	12	Nautico Abrantes	Santarem	20:29.62	326	
	100m: 1:16.20	1:16.20	500m: 6:44.51		1:22.37	900m: 12:17.29	1:23.46	1300m: 17:47.51	1:22.81
	200m: 2:38.15	1:21.95	600m: 8:07.34		1:22.83	1000m: 13:40.68	1:23.39	1400m: 19:10.01	1:22.50
	300m: 3:59.86	1:21.71	700m: 9:30.02		1:22.68	1100m: 15:01.80	1:21.12	1500m: 20:29.62	1:19.61
	400m: 5:22.14	1:22.28	800m: 10:53.83		1:23.81	1200m: 16:24.70	1:22.90		
6.	Nelson Manuel Florindo	M	222767	12	Aminata	Alentejo	21:24.92	286	
	100m: 1:16.44	1:16.44	500m: 6:56.90		1:28.12	900m: 12:46.13	1:26.74	1300m: 18:35.44	1:27.47
	200m: 2:37.70	1:21.26	600m: 8:24.61		1:27.71	1000m: 14:12.27	1:26.14	1400m: 20:02.62	1:27.18
	300m: 4:02.83	1:25.13	700m: 9:51.87		1:27.26	1100m: 15:39.43	1:27.16	1500m: 21:24.92	1:22.30
	400m: 5:28.78	1:25.95	800m: 11:19.39		1:27.52	1200m: 17:07.97	1:28.54		
7.	Sandro Jose Tomas FTL	M	219244	12	BUZIOS-Coruche	Santarem	22:59.17	231	
	100m: 1:25.33	1:25.33	500m: 7:31.70		1:30.90	900m: 13:40.22	1:33.77	1300m: 19:53.77	1:33.38
	200m: 2:57.83	1:32.50	600m: 9:02.41		1:30.71	1000m: 15:13.16	1:32.94	1400m: 20:39.34	1:34.30
	300m: 4:29.54	1:31.71	700m: 10:34.76		1:32.35	1100m: 16:47.62	1:34.46	1500m: 22:59.17	1:31.10
	400m: 6:00.80	1:31.26	800m: 12:06.45		1:31.69	1200m: 18:20.39	1:32.77		

Infantil B

1.	Goncalo Pato Mateus	M	216974	13	Uniao Samorens	Santarem	22:06.43	260	
	100m: 1:13.56	1:13.56	500m: 7:05.33		1:29.72	900m: 13:05.76	1:30.54	1300m: 19:09.56	1:31.62
	200m: 2:40.23	1:26.67	600m: 8:35.79		1:30.46	1000m: 14:35.77	1:30.01	1400m: 20:39.34	1:29.78
	300m: 4:07.86	1:27.63	700m: 10:05.31		1:29.52	1100m: 16:07.49	1:31.72	1500m: 22:06.43	1:27.09
	400m: 5:35.61	1:27.75	800m: 11:35.22		1:29.91	1200m: 17:37.94	1:30.45		
2.	Bruno Estanqueiro Lopes	M	215510	13	Torres Novas	Santarem	22:49.47	236	
	100m: 1:25.65	1:25.65	500m: 7:37.62		1:33.75	900m: 13:48.22	1:31.45	1300m: 19:53.38	1:31.09
	200m: 2:57.45	1:31.80	600m: 9:11.25		1:33.63	1000m: 15:19.17	1:30.95	1400m: 21:23.96	1:30.58
	300m: 4:30.85	1:33.40	700m: 10:44.49		1:33.24	1100m: 16:50.46	1:31.29	1500m: 22:49.47	1:25.51
	400m: 6:03.87	1:33.02	800m: 12:16.77		1:32.28	1200m: 18:22.29	1:31.83		
3.	Rafael Jose Isidoro	M	220239	13	Rio Maior	Santarem	22:49.79	236	
	100m: 1:11.07	1:11.07	500m: 7:32.18		1:32.85	900m: 13:39.27	1:32.72	1300m: 19:51.11	1:33.11
	200m: 2:56.50	1:45.43	600m: 9:03.77		1:31.59	1000m: 15:12.25	1:32.98	1400m: 21:23.12	1:32.01
	300m: 4:27.91	1:31.41	700m: 10:36.20		1:32.43	1100m: 16:45.02	1:32.77	1500m: 22:49.79	1:26.67
	400m: 5:59.33	1:31.42	800m: 12:06.55		1:30.35	1200m: 18:18.00	1:32.98		
4.	Vicente Manuel Nunes	M	214975	13	Nautico Salvaterra Magos	Santarem	23:22.89	219	
	100m: 1:25.20	1:25.20	500m: 7:37.06		1:33.41	900m: 13:51.04	1:33.63	1300m: 20:12.48	1:36.49
	200m: 2:57.03	1:31.83	600m: 9:10.87		1:33.81	1000m: 15:25.35	1:34.31	1400m: 21:49.77	1:37.29
	300m: 4:30.55	1:33.52	700m: 10:44.36		1:33.49	1100m: 17:00.53	1:35.18	1500m: 23:22.89	1:33.12
	400m: 6:03.65	1:33.10	800m: 12:17.41		1:33.05	1200m: 18:35.99	1:35.46		



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 2
31/01/2026 - 10:20

Femin., 400m Estilos

Infantil
Resultados

Rec Nac 25m Open	4:36.19	Victoria Kaminskaya	POR	Copenhagen (DEN)	13/12/2017
Rec Nac 25m Inf A	4:56.53	Mariana Pacheco Cunha	CFP	Porto	05/05/2018
Rec Nac 25m Inf B	5:03.94	Carolina Miranda Fernandes	CGA	Condeixa	12/05/2018

INFANTIL A Inf A: 7:16.20 / INFANTIL B Inf B: 7:00.00

Pontos: AQUA 2025

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs		
Infantil A										
1.	Matilde Casimiro Bibi	F	219457	12	BUZIOS-Coruche	Santarem	5:26.54	478		
	50m: 34.15		150m: 1:55.51		39.99	250m: 3:22.42	46.62	350m: 4:49.42	39.15	
	100m: 1:15.52		200m: 2:35.80		40.29	300m: 4:10.27	47.85	400m: 5:26.54	37.12	
2.	Alicia Lopes Deep	F	217548	12	BUZIOS-Coruche	Santarem	6:01.55	352		
	50m: 37.92		150m: 2:12.31		47.66	250m: 3:48.27	49.85	350m: 5:22.38	41.73	
	100m: 1:24.65		200m: 2:58.42		46.11	300m: 4:40.65	52.38	400m: 6:01.55	39.17	
3.	Rita Balsa Alves	F	213504	12	BUZIOS-Coruche	Santarem	6:04.87	343		
	50m: 41.20		150m: 2:14.09		45.10	250m: 3:53.23	54.14	350m: 5:26.82	39.31	
	100m: 1:28.99		200m: 2:59.09		45.00	300m: 4:47.51	54.28	400m: 6:04.87	38.05	
4.	Margarida Madeira Pires	F	218976	12	Rio Maior	Santarem	6:06.79	337		
	50m: 42.90		150m: 2:19.35		45.49	250m: 3:55.01	51.54	350m: 5:26.87	41.19	
	100m: 1:33.86		200m: 3:03.47		44.12	300m: 4:45.68	50.67	400m: 6:06.79	39.92	
5.	Matilde Abelho Vaz	F	217627	12	CLAC-Entroncamento	Santarem	6:15.84	314		
	50m: 39.68		150m: 2:17.40		47.59	250m: 3:57.82	52.73	350m: 5:35.04	44.78	
	100m: 1:29.81		200m: 3:05.09		47.69	300m: 4:50.26	52.44	400m: 6:15.84	40.80	
6.	Maria Brito Palma	F	212846	12	Zona Azul	Alentejo	6:26.80	288		
	50m: 40.69		150m: 2:19.58		49.55	250m: 4:03.45	56.16	350m: 5:43.95	43.72	
	100m: 1:30.03		200m: 3:07.29		47.71	300m: 5:00.23	56.78	400m: 6:26.80	42.85	
7.	Sofia Medeiro Horta	F	216032	12	Zona Azul	Alentejo	6:29.36	282		
	50m: 43.04		150m: 2:26.91		49.31	250m: 4:10.66	55.52	350m: 5:48.98	41.99	
	100m: 1:37.60		200m: 3:15.14		48.23	300m: 5:06.99	56.33	400m: 6:29.36	40.38	
8.	Leonor Casalta Ferreira	F	217538	12	Natacao da Guarda	Interior Centro	6:31.89	277		
	50m: 43.97		150m: 2:29.17		48.98	250m: 4:10.48	53.79	350m: 5:48.81	44.26	
	100m: 1:40.19		200m: 3:16.69		47.52	300m: 5:04.55	54.07	400m: 6:31.89	43.08	
9.	Daniela Varela Silva	F	217150	12	Atletico Montemor	Alentejo	6:39.79	260		
	50m: 46.33		150m: 2:31.79		50.77	250m: 4:18.28	58.85	350m: 6:01.23	42.64	
	100m: 1:41.02		200m: 3:19.43		47.64	300m: 5:18.59	1:00.31	400m: 6:39.79	38.56	
10.	Carolina Paixao Cenico	F	214698	12	Atletico Montemor	Alentejo	6:40.32	259		
	50m: 43.16		150m: 2:30.20		52.79	250m: 4:16.51	57.31	350m: 5:59.88	43.68	
	100m: 1:37.41		200m: 3:19.20		49.00	300m: 5:16.20	59.69	400m: 6:40.32	40.44	
11.	Catia Mendes Fidalgo	F	217852	12	Grandola Sports	Alentejo	6:47.68	246		
	50m: 45.90		150m: 2:30.41		49.68	250m: 4:16.65	57.82	350m: 6:04.25	46.76	
	100m: 1:40.73		200m: 3:18.83		48.42	300m: 5:17.49	1:00.84	400m: 6:47.68	43.43	
12.	Ines Santos Pina	F	217623	12	CLAC-Entroncamento	Santarem	6:49.18	243		
	50m: 45.18		150m: 2:33.76		54.59	250m: 4:22.28	57.13	350m: 6:06.28	45.46	
	100m: 1:39.17		200m: 3:25.15		51.39	300m: 5:20.82	58.54	400m: 6:49.18	42.90	
13.	Carolina Campos Silva	F	217529	12	Natacao da Guarda	Interior Centro	7:01.70	222		
	50m: 47.66		150m: 2:42.69		55.84	250m: 4:31.37	54.93	350m: 6:17.06	49.49	
	100m: 1:46.85		200m: 3:36.44		53.75	300m: 5:27.57	56.20	400m: 7:01.70	44.64	
DSQ	Ariana Nunes Batista	F	217209	12	Grandola Sports	Alentejo				DSQ
	<i>SW 10.2 - O (a) atleta não completou o percurso</i>									

Infantil B

1.	Lara Amorim Pereira	F	219560	13	Litoral Alentejano	Alentejo	5:58.13	363	
	50m: 37.71		150m: 2:07.84		44.85	250m: 3:44.37	52.19	350m: 5:18.49	40.59
	100m: 1:22.99		200m: 2:52.18		44.34	300m: 4:37.90	53.53	400m: 5:58.13	39.64
2.	Laura Conde Correia	F	215517	13	Torres Novas	Santarem	6:08.71	332	
	50m: 40.70		150m: 2:17.14		48.28	250m: 3:55.42	51.02	350m: 5:28.57	41.59
	100m: 1:28.86		200m: 3:04.40		47.26	300m: 4:46.98	51.56	400m: 6:08.71	40.14
3.	Maria Vitoria Hryniv	F	218703	13	Grandola Sports	Alentejo	6:47.51	246	
	50m: 42.26		150m: 2:29.67		53.76	250m: 4:15.45	55.49	350m: 6:02.82	48.60
	100m: 1:35.91		200m: 3:19.96		50.29	300m: 5:14.22	58.77	400m: 6:47.51	44.69
4.	Rita Vidigal Caldeira	F	217406	13	Elvense	Interior Centro	6:48.29	244	
	50m: 46.16		150m: 2:33.84		51.88	250m: 4:21.57	57.42	350m: 6:05.44	45.00
	100m: 1:41.96		200m: 3:24.15		50.31	300m: 5:20.44	58.87	400m: 6:48.29	42.85
5.	Daniela Dias Rodrigues FTL	F	217531	13	Natacao da Guarda	Interior Centro	7:13.20	205	
	50m: 47.36		150m: 2:42.49		55.10	250m: 4:33.73	57.06	350m: 6:25.34	51.94
	100m: 1:47.39	1:00.03	200m: 3:36.67		54.18	300m: 5:33.40	59.67	400m: 7:13.20	47.86
6.	Mafalda Ines Martinho FTL	F	217625	13	CLAC-Entroncamento	Santarem	7:16.28	200	
	50m: 51.85	51.85	150m: 2:46.80		54.89	250m: 4:39.92	59.30	350m: 6:29.44	51.19
	100m: 1:51.91	1:00.06	200m: 3:40.62		53.82	300m: 5:38.25	58.33	400m: 7:16.28	46.84



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 2, Femin., 400m Estilos, Infantil B

Lugar	Nome	Sexo	Licença	Ano	Clube					Tempo Final	Pts	Obs
7.	Carolina Marques Ribeiro <i>FTL</i>	F	225344	13	Rio Maior		Santarem			7:20.77	194	
	50m:	46.15	46.15	150m:	2:46.96	58.02	250m:	4:43.46	1:04.00	350m:	6:35.23	46.86
	100m:	1:48.94	1:02.79	200m:	3:39.46	52.50	300m:	5:48.37	1:04.91	400m:	7:20.77	45.54

Prova 3

Masc., 200m Bruços

Infantil

31/01/2026 - 10:55

Resultados

Rec Nac 25m Open	2:05.59	Carlos Esteves Almeida	POR	Chartres (FRA)	25/11/2012
Rec Nac 25m Inf A	2:29.20	Paulo Rodrigues Alves	CDN	Funchal	01/08/2018
Rec Nac 25m Inf B	2:37.57	Tomas Miguel Freitas	CDN	Funchal	13/07/2003

INFANTIL A Inf A: 3:50.00 / INFANTIL B Inf B: 4:00.00

Lugar	Ano		Tempo final	50m	100m	150m	200m	
Infantil A								
1.	Salvador Henrique Vieira	12	Torres Novas	2:59.80	41.00	45.19	46.77	46.84
2.	Tiago Torpes Pardal	12	Litoral Alentejano	3:06.74	43.75	46.68	47.48	48.83
3.	Goncalo Maria Costa	12	Elvense	3:07.84	42.09	47.06	49.13	49.56
4.	Francisco Grave Reis	12	Rio Maior	3:08.60	42.22	47.67	49.17	49.54
5.	Lourenco Filipe Costa	12	20Km de Almeirim	3:11.95	41.54	49.05	52.15	49.21
6.	Miguel Ataide Gomes	12	Litoral Alentejano	3:19.92	41.54	50.66	53.80	53.92
7.	Duarte Belchior Munhao	12	Elvense	3:21.10	44.69	51.46	53.06	51.89
8.	Francisco Carvalho Figueir	12	Portalegre	3:21.39	45.93	51.80	52.79	50.87
9.	Gabriel Mocanu	12	Uniao Samorense	3:21.92	44.63	51.22	53.90	52.17
10.	Antonio Beirao Valente	12	Albicastrense	3:31.92	47.69	54.70	56.33	53.20
11.	Guilherme Nunes Braizinh	12	Zona Azul	3:37.36	49.63	55.08	56.78	55.87
12.	Afonso Ferreira Cruz	12	CLAC-Entroncamento	3:40.30	49.84	56.83	58.81	54.82

Infantil B

1.	Vicente Manuel Nunes	13	Nautico Salvaterra Magos	3:16.75	44.50	49.95	52.40	49.90
2.	Eduardo Agostinho Duque	13	20Km de Almeirim	3:27.98	46.49	53.94	55.28	52.27
3.	Hugo Santos Carapeto	13	Nautico Abrantes	3:29.94	46.00	53.04	56.50	54.40
4.	Diogo Salvador Santos	13	Grandola Sports	3:40.71	47.87	55.20	59.19	58.45
5.	Tomas Usta Melo	13	Electrico Futebol Clube	3:49.95	50.70	59.79	1:01.15	58.31
6.	Miguel Pereira Ribeiro	13	Grandola Sports	3:50.75	51.81	59.71	59.67	59.56
7.	Miguel Maria Alves	13	Aminata	3:57.17	55.07	1:00.43	1:01.57	1:00.10
8.	Afonso Gil Campos	13	CLAC-Entroncamento	3:57.85	53.53	1:01.11	1:02.32	1:00.89
9.	Manuel Maria Pereira	13	Electrico Futebol Clube	4:03.03	54.96	1:02.17	1:03.78	1:02.12
	<i>FTL</i>							
DSQ	Luenji Aladino Jasse	13	Litoral Alentejano					
	<i>SW 4.4 - Falsa partida</i>							
DSQ	Carlos Silvestre Lourenco	13	BUZIOS-Coruche					
	<i>SW 7.1 - O (a) atleta efectuou mais que uma pernada de golfinho durante a braçada submarina</i>							



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 4 Femin., 200m Bruços Infantil
31/01/2026 - 11:10 Resultados

Rec Nac 25m Open	2:22.12	Raquel Gomes Pereira	SAD	Alg�s	29/06/2019
Rec Nac 25m Inf A	2:34.51	Diana Duarte Gomes	ABVE	Reboleira	28/06/2003
Rec Nac 25m Inf B	2:36.86	Clara Gomes Pereira	SAD	Alg�s	06/06/2015

INFANTIL A Inf A: 3:56.00 / INFANTIL B Inf B: 4:24.40

Lugar	Ano		Tempo final	50m	100m	150m	200m	
Infantil A								
1.	Matilde Casimiro Bibi	12	BUZIOS-Coruche	2:54.75	39.83	44.74	45.20	44.98
2.	Matilde Abelho Vaz	12	CLAC-Entroncamento	3:11.44	42.92	49.40	50.24	48.88
3.	Alicia Lopes Deep	12	BUZIOS-Coruche	3:11.87	45.10	48.52	50.68	47.57
4.	Diana Marques Maquilao	12	Nautico Salvaterra Magos	3:12.00	42.10	48.73	51.68	49.49
5.	Maria Francisca Pinheiro	12	Nautico Abrantes	3:15.76	44.13	48.95	51.24	51.44
6.	Leonor Cardoso Tavares	12	CCDSerta	3:16.81	45.12	51.10	51.09	49.50
7.	Maria Benedita Ribeiro	12	CCDSerta	3:21.99	46.11	51.23	52.17	52.48
8.	Luana Alexandra Rebocho	12	Zona Azul	3:24.08	47.74	52.67	52.38	51.29
9.	Carolina Barradas Oliveira	12	Albicastrense	3:25.32	46.07	51.86	53.79	53.60
10.	Alice Maria Nunes	12	Atletico Montemor	3:26.05	45.77	52.36	53.75	54.17
11.	Carolina Campos Silva	12	Natacao da Guarda	3:26.26	47.17	53.96	54.07	51.06
12.	Ana Leonor Lopes	12	Rio Maior	3:29.13	47.38	54.37	54.64	52.74
13.	Maria Beatriz Mestre	12	Electrico Futebol Clube	3:35.93	46.97	55.05	57.11	56.80
14.	Carolina Neves Mota	12	Natacao da Guarda	3:37.94	49.28	54.94	57.02	56.70
15.	Laura Gomes Mestre	12	Aljustrelense	3:38.21	48.31	55.18	57.34	57.38
16.	Carolina Ferreira Guimaraes	12	Grandola Sports	3:38.62	48.55	55.20	57.87	57.00
17.	Teresa Filipe Banha	12	Atletico Montemor	3:44.95	52.04	57.45	58.62	56.84
18.	Sofia Oliveira Pereira	12	Grandola Sports	3:47.18	50.93	58.33	59.46	58.46
19.	Ana Carolina Janeiro	12	Portalegre	3:49.59	51.03	57.85	1:00.21	1:00.50
20.	Joana Franca Rasteiro	12	Portalegre	3:53.33	52.81	59.79	1:01.01	59.72
21.	Matilde Coelho Costa	12	Natacao da Guarda	4:00.96	53.88	1:00.66	1:02.66	1:03.76

FTL

DSQ Lara Sofia Goncalves 12 Litoral Alentejano
SW 7.1 - O (a) atleta efectuou mais que uma pernada de golfinho durante a braçada submarina, após a viragem dos 100m

Infantil B

1.	Laura Conde Correia	13	Torres Novas	3:13.63	45.17	49.82	49.84	48.80
2.	Lara Amorim Pereira	13	Litoral Alentejano	3:17.09	46.68	50.52	50.63	49.26
3.	Eva Sousa Alfaiate	13	Torres Novas	3:24.37	46.73	52.40	53.08	52.16
4.	Alice Fortunato Correia	13	Grandola Sports	3:28.77	49.25	53.06	54.06	52.40
5.	Daniela Dias Rodrigues	13	Natacao da Guarda	3:28.92	47.63	52.44	49.27	59.58
6.	Alice Cardoso Silva	13	Litoral Alentejano	3:30.50	47.16	53.99	55.25	54.10
7.	Diana Sofia Rosado	13	Litoral Alentejano	3:34.60	49.20	55.03	55.77	54.60
8.	Iara Goncalves Rodrigues	13	Elvense	3:34.74	48.50	54.65	56.97	54.62
9.	Ana Vieru	13	Litoral Alentejano	3:35.35	49.77	53.94	55.27	56.37
10.	Ines Batista Passadinhas	13	Portalegre	3:37.16	49.17	54.75	56.14	57.10
11.	Maria Rita Godinho	13	Torres Novas	3:40.58	50.43	56.46	57.07	56.62
12.	Constanca Mendao Silva	13	Rio Maior	3:41.37	51.64	56.21	56.71	56.81
13.	Francisca Bonito Silva	13	Portalegre	3:42.28	51.78	56.56	57.94	56.00
14.	Ines Ferreira Bravo	13	Aminata	3:42.91	51.42	56.24	57.61	57.64
15.	Filipa Meira Lopez	13	Portalegre	3:43.72	51.08	57.92	58.31	56.41
16.	Mafalda Ines Martinho	13	CLAC-Entroncamento	3:43.80	52.23	58.40	56.92	56.25
17.	Maria Leonor Calcao	13	Atletico Montemor	3:50.51	50.67	57.53	1:01.02	1:01.29
18.	M. Casmarrinha	13	Atletico Montemor	4:04.80	54.76	1:04.14	1:03.69	1:02.21



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 5 Masc., 100m Livres Infantil
31/01/2026 - 11:30 Resultados

Rec Nac 25m Open	46.55	Diogo Matos Ribeiro	SLB	Tomar	15/12/2024
Rec Nac 25m Inf A	54.35	Diogo Matos Ribeiro	CUC	S. António Cavaleiros	01/07/2018
Rec Nac 25m Inf B	56.82	Rodolfo Junior Alecrim	ADBA	Leiria	20/05/2023
Recorde Distrital ANDS	1:02.98	Tiago Frazao Barra	CNRM	Abrantes	22/11/2025

INFANTIL A Inf A: 1:17.00 / INFANTIL B Inf B: 1:26.00

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts	50m	100m
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Infantil A

1.	Francisco Grave Reis	12	Rio Maior	1:01.51	387	29.60	31.91
2.	Goncalo Maria Costa	12	Elvense	1:03.97	344	30.35	33.62
3.	Salvador Henrique Vieira	12	Torres Novas	1:04.64	333	31.32	33.32
4.	Diogo Leote Pedrosa	12	Zona Azul	1:05.48	321	31.41	34.07
5.	Tomas Martins Azevedo	12	Albicastrense	1:07.20	297	32.12	35.08
6.	Santiago Raposo Fernandes	12	20Km de Almeirim	1:07.72	290	31.75	35.97
7.	Gabriel Mocanu	12	Uniao Samorense	1:07.81	289	32.04	35.77
8.	Sergio Ricardo Alves	12	CCDSerta	1:08.83	276	33.04	35.79
9.	Rafael Duarte Bico	12	Aminata	1:09.11	273	33.59	35.52
10.	Rodrigo Miranda Rosa	12	Uniao Samorense	1:09.61	267	33.23	36.38
11.	Bernardo Margarido Miranda	12	Nautico Abrantes	1:10.58	256	33.33	37.25
12.	Francisco Carvalho Figueira	12	Portalegre	1:11.06	251	35.01	36.05
13.	Tiago Torpes Pardal	12	Litoral Alentejano	1:11.12	250	33.94	37.18
14.	Miguel Ataide Gomes	12	Litoral Alentejano	1:11.57	245	33.71	37.86
15.	Nelson Manuel Florindo	12	Aminata	1:11.59	245	33.34	38.25
16.	Duarte Belchior Munhao	12	Elvense	1:11.98	241	34.80	37.18
17.	Afonso Ferreira Cruz	12	CLAC-Entroncamento	1:12.20	239	35.04	37.16
18.	Lourenco Filipe Costa	12	20Km de Almeirim	1:12.24	239	32.83	39.41
19.	Matias Rafael Pacheco	12	BUZIOS-Coruche	1:12.68	234	34.67	38.01
20.	Roman Perez Crespo	12	Aletico Montemor	1:13.46	227	35.45	38.01
21.	Sandro Jose Tomas	12	BUZIOS-Coruche	1:15.40	210	36.18	39.22
22.	Dinis Alexandre Santos	12	Torres Novas	1:15.42	210	34.76	40.66
23.	Guilherme Nunes Braizinha	12	Zona Azul	1:16.00	205	35.10	40.90
24.	Antonio Beirao Valente	12	Albicastrense	1:18.28	187	38.16	40.12
	<i>FTL</i>						
25.	Martim Farinha Nunes	12	CCDSerta	1:18.38	187	37.12	41.26
	<i>FTL</i>						
26.	Martim Silva Bernardo	12	Viver Santarem	1:19.60	178	38.20	41.40
	<i>FTL</i>						
27.	Tomas Oliveira Marques	12	Natacao da Guarda	1:20.46	173	38.78	41.68
	<i>FTL</i>						
28.	Diogo Ribeiro Torres	12	Beja	1:21.36	167	38.03	43.33
	<i>FTL</i>						
29.	Joao Francisco Monteiro	12	BUZIOS-Coruche	1:25.48	144	40.05	45.43
	<i>FTL</i>						
30.	Afonso Santos Mauricio	12	Beja	1:32.67	113	43.33	49.34
	<i>FTL</i>						

Infantil B

1.	Rodrigo Manuel Alegria	13	Torres Novas	1:08.00	286	32.55	35.45
2.	Goncalo Pato Mateus	13	Uniao Samorense	1:09.95	263	33.42	36.53
3.	Francisco Jose Abreu	13	Natacao da Guarda	1:10.30	259	33.56	36.74
4.	Lourenco Costa Fortes	13	Aljustrelense	1:10.46	257	33.26	37.20
5.	Pedro Antonio Marcelino	13	CCDSerta	1:11.64	245	34.42	37.22
6.	Rafael Jose Isidoro	13	Rio Maior	1:13.20	229	35.44	37.76
7.	Tomas Miguel Madeira	13	20Km de Almeirim	1:14.36	219	36.14	38.22
8.	Carlos Silvestre Lourenco	13	BUZIOS-Coruche	1:14.71	216	34.93	39.78



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 5, Masc., 100m Livres, Infantil B

Lugar	Ano		Tempo final	Pts	50m	100m	
9.	Dinis Miguel Fernandes	13	Beja	1:15.32	210	35.60	39.72
10.	Diogo Salvador Santos	13	Grandola Sports	1:15.53	209	34.75	40.78
11.	Miguel Maria Alves	13	Aminata	1:15.56	208	35.72	39.84
12.	Hugo Santos Carapeto	13	Nautico Abrantes	1:15.80	207	36.15	39.65
13.	David Barreiros Baiao	13	Portalegre	1:17.08	196	36.59	40.49
14.	Eduardo Agostinho Duque	13	20Km de Almeirim	1:18.04	189	37.65	40.39
15.	Afonso Duarte Silveira	13	Albicastrense	1:19.57	178	38.18	41.39
16.	Francisco Maria Cardoso	13	Albicastrense	1:21.75	165	38.46	43.29
17.	Afonso Gil Campos	13	CLAC-Entroncamento	1:22.02	163	38.66	43.36
18.	Leonardo Del Sasso Cebrian	13	20Km de Almeirim	1:22.30	161	38.13	44.17
19.	Tomas Usta Melo	13	Electrico Futebol Clube	1:22.54	160	39.33	43.21
20.	Manuel Maria Pereira	13	Electrico Futebol Clube	1:22.68	159	39.11	43.57
21.	Denzel Gabriel Silvestre	13	CCDSerta	1:25.06	146	39.05	46.01
22.	Gustavo Babo Palhete	13	Beja	1:28.16	131	41.70	46.46
<i>FTL</i>							
23.	Alexandre Pinto Zahari	13	20Km de Almeirim	1:35.99	101	44.21	51.78
<i>FTL</i>							

Prova 6

Femin., 100m Livres

Infantil

31/01/2026 - 11:50

Resultados

Rec Nac 25m Open	54.66	Ana Pinho Rodrigues	ADS	Felgueiras	20/12/2019
Rec Nac 25m Inf A	57.65	Carolina Miranda Fernandes	CGA	Estarreja	10/06/2019
Rec Nac 25m Inf B	58.55	Carolina Miranda Fernandes	CGA	Felgueiras	11/03/2018

INFANTIL A Inf A: 1:32.00 / INFANTIL B Inf B: 1:39.00

Pontos: AQUA 2025

Lugar	Ano		Tempo final	Pts	50m	100m	
Infantil A							
1.	Rita Gomes Valentim	12	Torres Novas	1:03.80	488	30.74	33.06
2.	Ines Borges Costa	12	Desportivo de Odemira	1:07.59	410	32.25	35.34
3.	Maria Brito Palma	12	Zona Azul	1:08.60	393	32.29	36.31
4.	Rita Balsa Alves	12	BUZIOS-Coruche	1:09.08	384	33.65	35.43
5.	Madalena Santos Machado	12	Desportivo de Odemira	1:09.45	378	32.96	36.49
6.	Juliana Antunes Monteiro	12	Torres Novas	1:10.01	369	34.30	35.71
7.	Marta Costa Soares	12	Uniao Samorense	1:11.29	350	33.84	37.45
8.	Ines Barata Henrique	12	Albicastrense	1:11.36	349	34.19	37.17
9.	Maria Benedita Ribeiro	12	CCDSerta	1:11.43	348	33.81	37.62
10.	Ana Leonor Lopes	12	Rio Maior	1:11.85	342	34.54	37.31
11.	Margarida Madeira Pires	12	Rio Maior	1:11.92	341	34.75	37.17
12.	Sofia Medeiro Horta	12	Zona Azul	1:12.21	336	34.03	38.18
13.	Leonor Cardoso Tavares	12	CCDSerta	1:12.25	336	35.51	36.74
14.	Maria Jose Ramos	12	Beja	1:12.80	328	35.06	37.74
15.	Alice Maria Nunes	12	Atletico Montemor	1:12.96	326	34.29	38.67
16.	Diana Marques Maquilao	12	Nautico Salvaterra Magos	1:13.52	319	35.28	38.24
17.	Ines Mendes Rocha	12	Litoral Alentejano	1:14.00	313	34.81	39.19
18.	Carolina Paixao Cenico	12	Atletico Montemor	1:14.01	312	35.90	38.11
19.	Maria Beatriz Mestre	12	Electrico Futebol Clube	1:14.70	304	35.48	39.22
20.	Sophia Maria Pestana	12	Zona Azul	1:14.77	303	34.90	39.87
21.	Margarida Lourenco Antunes	12	CCDSerta	1:14.80	303	35.54	39.26
22.	Leonor Casalta Ferreira	12	Natacao da Guarda	1:14.95	301	36.08	38.87
23.	Maria Francisca Pinheiro	12	Nautico Abrantes	1:15.13	299	36.35	38.78
24.	Matilde Nunes Simoes	12	CCDSerta	1:15.37	296	35.84	39.53
25.	Lara Alberto Januario	12	Viver Santarem	1:16.55	282	34.85	41.70
26.	Joana Verissimo Tavares	12	CLAC-Entroncamento	1:16.97	278	36.85	40.12
27.	Teresa Filipe Banha	12	Atletico Montemor	1:17.11	276	36.92	40.19
28.	Daniela Varela Silva	12	Atletico Montemor	1:17.45	273	36.92	40.53
29.	Ariana Nunes Batista	12	Grandola Sports	1:18.71	260	37.18	41.53



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 6, Femin., 100m Livres, Infantil A

Lugar	Ano		Tempo final	Pts	50m	100m
30.	12	Carolina Ferreira Guimaraes Grandola Sports	1:18.91	258	38.29	40.62
31.	12	Ines Oliveira Gomes Desportivo de Odemira	1:19.23	255	38.94	40.29
32.	12	Laura Gomes Mestre Aljustrelense	1:19.44	253	36.90	42.54
33.	12	Catia Mendes Fidalgo Grandola Sports	1:19.67	250	38.62	41.05
34.	12	Margarida Amaral Mesquita Electrico Futebol Clube	1:20.09	246	38.50	41.59
35.	12	Joana Franca Rasteiro Portalegre	1:20.19	246	39.77	40.42
36.	12	Lucia Cristina Sequeira Aminata	1:20.67	241	38.57	42.10
37.	12	Ines Santos Pina CLAC-Entroncamento	1:21.59	233	39.79	41.80
38.	12	Laura Sofia Graca Uniao Samorense	1:21.61	233	38.82	42.79
39.	12	Ana Marisa Simples Uniao Samorense	1:22.31	227	38.85	43.46
40.	12	Maria Leonor Serodio Viver Santarem	1:22.56	225	38.74	43.82
41.	12	Maria Leonor Martins Beja	1:23.09	221	38.07	45.02
42.	12	Carolina Barradas Oliveira Albicastrense	1:23.20	220	39.21	43.99
43.	12	Erica Filipa Ferreira Elvense	1:23.90	214	38.83	45.07
44.	12	Sofia Oliveira Pereira Grandola Sports	1:24.02	213	40.57	43.45
45.	12	Leonor Alinho Magna Beja	1:24.17	212	38.38	45.79
46.	12	Margarida Soares Monteiro Beja	1:24.68	208	37.36	47.32
47.	12	Matilde Coelho Costa Natacao da Guarda	1:25.84	200	41.81	44.03
48.	12	Ana Carolina Janeiro Portalegre	1:25.94	199	41.53	44.41
49.	12	Clarisse Alexandra Nunes Litoral Alentejano	1:27.93	186	41.62	46.31
50.	12	Daniela Costa Colaco Beja	1:33.03	157	41.51	51.52
		<i>FTL</i>				
51.	12	Carolina Neves Mota Natacao da Guarda	1:42.46	117	48.95	53.51
		<i>FTL</i>				

Infantil B

1.	13	Carlota Maria Pereira Albicastrense	1:09.96	370	33.79	36.17
2.	13	Maria Amelia Torres Viver Santarem	1:10.22	366	33.95	36.27
3.	13	Leonor Santos Silva CCDSerta	1:11.15	352	34.29	36.86
4.	13	Alice Fortunato Correia Grandola Sports	1:13.75	316	36.44	37.31
5.	13	Valentina Rodrigues Feijao Nautico Salvaterra Magos	1:14.84	302	34.55	40.29
6.	13	Rita Vidigal Caldeira Elvense	1:14.96	301	35.28	39.68
7.	13	Carolina Neves Mestre Aljustrelense	1:15.28	297	36.52	38.76
8.	13	Maria Leonor Mafra Portalegre	1:16.22	286	36.70	39.52
9.	13	Sara Araujo Silva Desportivo de Odemira	1:16.30	285	36.62	39.68
10.	13	Mercedes Beirao Valente Albicastrense	1:16.55	282	36.51	40.04
11.	13	Leonor Chambel Santos Nautico Abrantes	1:17.50	272	37.20	40.30
12.	13	Constanca Mendao Silva Rio Maior	1:18.55	261	37.90	40.65
13.	13	Maria Vitoria Hryniv Grandola Sports	1:18.93	258	38.46	40.47
14.	13	Iara Goncalves Rodrigues Elvense	1:19.38	253	38.48	40.90
15.	13	Maria Carolina Fidalgo Viver Santarem	1:19.82	249	38.39	41.43
16.	13	Margarida Salavessa Cacilhas Albicastrense	1:20.18	246	39.33	40.85
17.	13	Carolina Marques Ribeiro Rio Maior	1:20.25	245	38.20	42.05
18.	13	Maria Leonor Santos Litoral Alentejano	1:20.55	242	38.29	42.26
19.	13	Beatriz Sa Gasparetto Electrico Futebol Clube	1:20.69	241	37.85	42.84
20.	13	Ines Batista Passadinhas Portalegre	1:20.72	241	38.47	42.25
21.	13	Carolina Rodrigues Ferreira Torres Novas	1:20.87	239	38.06	42.81
22.	13	Maria Francisca Fernandes Albicastrense	1:21.08	238	39.49	41.59
23.	13	Ana Vieru Litoral Alentejano	1:21.15	237	38.34	42.81
24.	13	Diana Sofia Rosado Litoral Alentejano	1:21.77	232	38.65	43.12
25.	13	Alice Cardoso Silva Litoral Alentejano	1:21.78	231	39.16	42.62
26.	13	Madalena Sofia Casmarrinha Atletico Montemor	1:22.21	228	38.88	43.33
27.	13	Maria Leonor Calcao Atletico Montemor	1:22.54	225	38.63	43.91
28.	13	Ines Ferreira Bravo Aminata	1:24.50	210	40.79	43.71
29.	13	Filipa Meira Lopez Portalegre	1:26.72	194	39.18	47.54
30.	13	Renata Nunes Nobre Desportivo de Odemira	1:30.08	173	42.97	47.11
31.	13	Francisca Bonito Silva Portalegre	1:30.62	170	42.92	47.70



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 6, Femin., 100m Livres, Infantil B

Lugar	Ano	Tempo final	Pts	50m	100m
32. Maria Eduarda Amoroso FTL	13 Albicastrense	1:41.40	121	46.60	54.80

Prova 7

Masc., 4 x 100m Estilos

Infantil

31/01/2026 - 12:25

Resultados

Rec Nac 25m Open	3:33.03	Sporting Clube de Portugal	SCP	Leiria	09/12/2022
Rec Nac 25m Inf A	4:12.48	Sporting Clube de Portugal	SCP	Tomar	20/03/2016
Rec Nac 25m Inf	4:12.48	Sporting Clube de Portugal	SCP	Tomar	20/03/2016
Rec Nac 25m Inf B	4:35.54	Grupo Desp. Natacao V. N. FamalicGDNVNF		Porto	17/03/2013

Pontos: AQUA 2025

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
DSQ Beja 1 <i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso, de mariposa (3ª atleta)</i>	M			Beja			DSQ
Dinis Miguel Fernandes, Gustavo Babo Palhete, Diogo Ribeiro Torres, Afonso Santos Mauricio							
EXH Torres Novas 1	M			Torres Novas		5:40.84	198 EXH
Salvador Henrique Vieira	12	37.22	1:15.76	Bruno Estanqueiro Lopes	13	41.66	1:34.38
Dinis Alexandre Santos	12	45.73	1:40.93	Rodrigo Manuel Alegria	13	32.04	1:09.77
EXH Aminata 1	M			Aminata		5:58.50	170 EXH
Rafael Duarte Bico	12	39.07	1:20.58	Miguel Maria Alves	13	44.60	1:46.33
Nelson Manuel Florindo	12	42.75	1:33.81	Gustavo Antonio Bernardes	13	19.23	1:17.78
EXH Albicastrense 1	M			Albicastrense		5:58.87	169 EXH
Afonso Duarte Silveira	13	46.13	1:35.02	Tomas Martins Azevedo	12	37.62	1:23.51
Antonio Beirao Valente	12	44.70	1:38.53	Francisco Maria Cardoso	13	38.94	1:21.81
EXH CCDSerta 3	M			CCDSerta		6:05.10	161 EXH
Pedro Antonio Marcelino	13	42.03	1:26.90	Sergio Ricardo Alves	12	39.84	1:27.35
Denzel Gabriel Silvestre	13	52.86	1:52.66	Martim Farinha Nunes	12	37.54	1:18.19

Prova 8

Femin., 4 x 100m Estilos

Infantil

31/01/2026 - 12:30

Resultados

Rec Nac 25m Open	4:05.43	Sporting Clube de Portugal	SCP	Quarteira	20/12/2025
Rec Nac 25m Inf A	4:33.40	Sport Lisboa e Benfica	SLB	Reboleira	15/06/2006
Rec Nac 25m Inf	4:33.40	tempo limite			01/01/1800
Rec Nac 25m Inf B	4:40.29	Grupo Desp. Natacao V. N. FamalicGDNVNF		Viseu	12/03/2011

Pontos: AQUA 2025

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantil A							
1. Zona Azul 1	F			Zona Azul		5:32.53	291
Sophia Maria Pestana	12	42.09	1:28.59	Maria Brito Palma	12	37.79	1:18.85
Luana Alexandra Rebocho	12	45.01	1:33.68	Sofia Medeiro Horta	12	33.34	1:11.41
2. CCDSerta 1	F			CCDSerta		5:35.11	284
Maria Benedita Ribeiro	12	40.95	1:24.03	Margarida Lourenco Antunes	12	40.93	1:25.06
Leonor Cardoso Tavares	12	43.62	1:32.10	Matilde Nunes Simoes	12	35.24	1:13.92
3. Atletico Montemor 1	F			Atletico Montemor		6:06.23	217
Daniela Varela Silva	12	45.56	1:30.81	Alice Maria Nunes	12	43.89	1:36.80
Teresa Filipe Banha	12	48.57	1:43.55	Carolina Paixao Cenico	12	34.72	1:15.07
4. Grandola Sports 1	F			Grandola Sports		6:11.48	208
Ariana Nunes Batista	12	43.46	1:28.46	Catia Mendes Fidalgo	12	44.84	1:39.92
Carolina Ferreira Guimaraes	12	46.50	1:39.40	Sofia Oliveira Pereira	12	38.49	1:23.70
5. Beja 2	F			Beja		6:16.24	201
Daniela Costa Colaco	12	46.15	1:38.10	Leonor Alinho Magna	12	44.56	1:39.60
Maria Jose Ramos	12	44.24	1:36.11	Maria Leonor Martins	12	37.77	1:22.43



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 8, Femin., 4 x 100m Estilos

Infantil B

1. Litoral Alentejano 1	F		Litoral Alentejano	Alentejo	5:47.88	254
Diana Sofia Rosado	13	41.35	1:25.42	Lara Amorim Pereira	13	37.25
Alice Cardoso Silva	13	46.60	1:39.65	Ana Vieru	13	38.15
2. Alcabastrense 1	F		Alcabastrense	Interior Centro	5:56.80	235
Margarida Salavessa Cacilhas	13	46.73	1:33.82	Carlota Maria Pereira	13	39.89
Mercedes Beirao Valente	13	43.36	1:30.70	Maria Francisca Fernandes	13	39.18
3. Portalegre 1	F		Portalegre	Interior Centro	6:13.00	206
Ines Batista Passadinhas	13	44.30	1:30.62	Francisca Bonito Silva	13	45.82
Filipa Meira Lopez	13	48.61	1:47.10	Maria Leonor Mafra	13	36.21
EXH Torres Novas 1	F		Torres Novas	Santarem	5:37.97	277 EXH
Rita Gomes Valentim	12	36.05	1:15.08	Maria Rita Godinho	13	47.06
Laura Conde Correia	13	42.69	1:31.13	Juliana Antunes Monteiro	12	33.40
EXH Natacao da Guarda 1	F		Natacao da Guarda	Interior Centro	6:27.70	183 EXH
Leonor Casalta Ferreira	12	42.53	1:27.25	Carolina Campos Silva	12	45.90
Daniela Dias Rodrigues	13	45.79	1:37.76	Carolina Neves Mota	12	45.65

Prova 9

Masc., 400m Livres

Infantil

31/01/2026 - 15:30

Resultados

Rec Nac 25m Open	3:42.57	Jose Paulo Lopes	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac 25m Inf A	4:12.35	Andre Vilas Ruivo	DNMG	Campo Maior	29/03/2014
Rec Nac 25m Inf B	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	04/04/2003

INFANTIL A Inf A: 5:52.00 / INFANTIL B Inf B: 6:12.00

Pontos: AQUA 2025

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantil A								
1.	Diogo Leote Pedrosa	M	218504	12	Zona Azul	Alentejo	4:53.92	376
	50m: 31.71		150m: 1:45.26		37.40	250m: 3:00.98	38.06	350m: 4:17.63
	100m: 1:07.86		200m: 2:22.92		37.66	300m: 3:39.16	38.18	400m: 4:53.92
	36.15							38.47
								36.29
2.	Salvador Henrique Vieira	M	211387	12	Torres Novas	Santarem	4:56.00	368
	50m: 32.95		150m: 1:47.40		37.81	250m: 3:03.85	38.26	350m: 4:19.46
	100m: 1:09.59		200m: 2:25.59		38.19	300m: 3:41.61	37.76	400m: 4:56.00
	36.64							37.85
								36.54
3.	Martim Rocha Silva	M	213503	12	Gualdim Pais	Santarem	5:01.73	348
	50m: 35.03		150m: 1:52.44		39.28	250m: 3:08.62	37.61	350m: 4:25.10
	100m: 1:13.16		200m: 2:31.01		38.57	300m: 3:46.97	38.35	400m: 5:01.73
	38.13							38.13
								36.63
4.	Francisco Grave Reis	M	214570	12	Rio Maior	Santarem	5:07.17	329
	50m: 32.67		150m: 1:47.23		38.39	250m: 3:05.67	39.44	350m: 4:26.61
	100m: 1:08.84		200m: 2:26.23		39.00	300m: 3:46.19	40.52	400m: 5:07.17
	36.17							40.42
								40.56
5.	Matias Rafael Pacheco	M	211312	12	BUZIOS-Coruche	Santarem	5:13.09	311
	50m: 35.48		150m: 1:54.72		39.72	250m: 3:14.98	39.90	350m: 4:34.74
	100m: 1:15.00		200m: 2:35.08		40.36	300m: 3:54.84	39.86	400m: 5:13.09
	39.52							39.90
								38.35
6.	Bernardo Margarido Miranda	M	221310	12	Nautico Abrantes	Santarem	5:15.43	304
	50m: 34.85		150m: 1:54.50		40.73	250m: 3:16.51	40.97	350m: 4:37.69
	100m: 1:13.77		200m: 2:35.54		41.04	300m: 3:57.22	40.71	400m: 5:15.43
	38.92							40.47
								37.74
7.	Santiago Raposo Fernandes	M	217617	12	20Km de Almeirim	Santarem	5:15.52	304
	50m: 33.56		150m: 1:52.92		41.03	250m: 3:16.42	41.28	350m: 4:38.18
	100m: 1:11.89		200m: 2:35.14		42.22	300m: 3:56.98	40.56	400m: 5:15.52
	38.33							41.20
								37.34
8.	Rafael Duarte Bico	M	226677	12	Aminata	Alentejo	5:29.38	267
	50m: 39.08		150m: 2:03.86		43.63	250m: 3:30.91	43.63	350m: 4:52.09
	100m: 1:20.23		200m: 2:47.28		43.42	300m: 4:13.21	42.30	400m: 5:29.38
	41.15							38.88
								37.29
9.	Goncalo Maria Costa	M	207317	12	Elvense	Interior Centro	5:34.41	255
	50m: 37.53		150m: 1:52.82		48.01	250m: 3:23.43	44.35	350m: 4:51.45
	100m: 1:04.81		200m: 2:39.08		46.26	300m: 4:07.42	43.99	400m: 5:34.41
	34.52							44.03
								42.96
10.	Miguel Ataide Gomes	M	201354	12	Litoral Alentejano	Alentejo	5:38.03	247
	50m: 37.73		150m: 2:02.70		43.03	250m: 3:29.79	43.87	350m: 4:56.57
	100m: 1:19.67		200m: 2:45.92		43.22	300m: 4:13.37	43.58	400m: 5:38.03
	41.94							43.20
								41.46
11.	Lourenco Filipe Costa	M	218656	12	20Km de Almeirim	Santarem	5:48.46	225
	50m: 37.53		150m: 2:07.19		45.92	250m: 3:35.48	44.89	350m: 5:04.95
	100m: 1:21.27		200m: 2:50.59		43.40	300m: 4:20.05	44.57	400m: 5:48.46
	43.74							44.90
								43.51
12.	Sandro Jose Tomas FTL	M	219244	12	BUZIOS-Coruche	Santarem	5:52.50	218
	50m: 36.99		150m: 2:05.47		45.36	250m: 3:37.22	45.10	350m: 5:09.38
	100m: 1:20.11		200m: 2:52.12		46.65	300m: 4:23.98	46.76	400m: 5:52.50
	43.12							45.40
								43.12
13.	Dinis Alexandre Santos FTL	M	223365	12	Torres Novas	Santarem	6:10.03	188
	50m: 41.79		150m: 2:17.29		48.60	250m: 3:51.66	46.27	350m: 5:26.38
	100m: 1:28.69		200m: 3:05.39		48.10	300m: 4:38.94	47.28	400m: 6:10.03
	46.90							47.44
								43.65
14.	Joao Francisco Monteiro FTL	M	225545	12	BUZIOS-Coruche	Santarem	6:32.06	158
	50m: 44.43		150m: 2:23.34		50.99	250m: 4:02.88	51.05	350m: 5:41.97
	100m: 1:32.35		200m: 3:11.83		48.49	300m: 4:53.58	50.70	400m: 6:32.06
	44.43							48.39
								50.09



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 9, Masc., 400m Livres

Infantil B

1.	Pedro Antonio Marcelino	M	217753	13	CCDSerta	Interior Centro	5:38.88	245
	50m: 37.66		150m: 2:03.73		43.79	250m: 3:31.32	43.38	350m: 4:58.49
	100m: 1:19.94	42.28	200m: 2:47.94		44.21	300m: 4:14.66	43.34	400m: 5:38.88
2.	Lourenco Costa Fortes	M	215856	13	Aljustrelense	Alentejo	5:44.47	233
	50m: 38.62	38.62	150m: 2:04.51		43.41	250m: 3:33.79	44.82	350m: 5:03.31
	100m: 1:21.10	42.48	200m: 2:48.97		44.46	300m: 4:18.34	44.55	400m: 5:44.47
3.	Miguel Maria Alves	M	214701	13	Aminata	Alentejo	5:47.46	227
	50m: 38.98	38.98	150m: 2:06.01		44.10	250m: 3:34.71	44.39	350m: 5:04.00
	100m: 1:21.91	42.93	200m: 2:50.32		44.31	300m: 4:19.40	44.69	400m: 5:47.46
4.	Diogo Salvador Santos	M	224855	13	Grandola Sports	Alentejo	5:50.50	222
	50m: 35.42	35.42	150m: 2:01.79		44.37	250m: 3:33.26	45.20	350m: 5:07.21
	100m: 1:17.42	42.00	200m: 2:48.06		46.27	300m: 4:19.77	46.51	400m: 5:50.50
5.	Rafael Jose Isidoro	M	220239	13	Rio Maior	Santarem	5:50.77	221
	50m: 38.57	38.57	150m: 2:08.97		44.37	250m: 3:40.90	45.87	350m: 5:10.13
	100m: 1:23.27	44.70	200m: 2:55.03		46.06	300m: 4:26.22	45.32	400m: 5:50.77
6.	Hugo Santos Carapeto	M	217361	13	Nautico Abrantes	Santarem	5:51.04	221
	50m: 37.50	37.50	150m: 2:04.43		44.16	250m: 3:34.89	45.75	350m: 5:07.43
	100m: 1:20.27	42.77	200m: 2:49.14		44.71	300m: 4:21.04	46.15	400m: 5:51.04
7.	Vicente Manuel Nunes	M	214975	13	Nautico Salvaterra Magos	Santarem	5:51.46	220
	50m: 40.08	40.08	150m: 2:07.86		44.15	250m: 3:37.37	45.25	350m: 5:07.70
	100m: 1:23.71	43.63	200m: 2:52.12		44.26	300m: 4:22.81	45.44	400m: 5:51.46
8.	Carlos Silvestre Lourenco	M	217549	13	BUZIOS-Coruche	Santarem	6:03.32	199
	50m: 39.50	39.50	150m: 2:13.34		47.69	250m: 3:47.10	47.35	350m: 5:19.85
	100m: 1:25.65	46.15	200m: 2:59.75		46.41	300m: 4:33.70	46.60	400m: 6:03.32
9.	Tomas Usta Melo FL	M	223556	13	Electrico Futebol Clube	Interior Centro	6:20.69	173
	50m: 43.13	43.13	150m: 2:17.75		47.51	250m: 3:56.38	49.67	350m: 5:35.60
	100m: 1:30.24	47.11	200m: 3:06.71		48.96	300m: 4:46.23	49.85	400m: 6:20.69
10.	Manuel Maria Pereira FL	M	219343	13	Electrico Futebol Clube	Interior Centro	6:22.75	170
	50m: 40.63	40.63	150m: 2:15.93		48.77	250m: 3:54.82	49.71	350m: 5:36.71
	100m: 1:27.16	46.53	200m: 3:05.11		49.18	300m: 4:46.65	51.83	400m: 6:22.75
11.	Afonso Gil Campos FL	M	217620	13	CLAC-Entroncamento	Santarem	6:25.69	166
	50m: 43.48	43.48	150m: 2:20.85		48.99	250m: 4:00.94	50.51	350m: 5:41.40
	100m: 1:31.86	48.38	200m: 3:10.43		49.58	300m: 4:50.82	49.88	400m: 6:25.69

Prova 10
31/01/2026 - 16:00

Femin., 400m Livres

Infantil
Resultados

Rec Nac 25m Open	4:04.57	Francisca Soares Martins	POR	Otopeni (ROU)	10/12/2023
Rec Nac 25m Inf A	4:23.08	Susana Patricia Miguel	SFUAP	Alhandra	15/05/2004
Rec Nac 25m Inf B	4:25.30	Alexandra Maria Silva	FCP	Porto	19/07/1980

INFANTIL A Inf A: 6:18.00 / INFANTIL B Inf B: 6:58.00

Pontos: AQUA 2025

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Rita Balsa Alves	F	213504	12	BUZIOS-Coruche	Santarem	5:06.23	425
	50m: 35.40	35.40	150m: 1:52.36		39.04	250m: 3:11.21	39.56	350m: 4:28.88
	100m: 1:13.32	37.92	200m: 2:31.65		39.29	300m: 3:50.26	39.05	400m: 5:06.23
2.	Rita Gomes Valentim	F	212796	12	Torres Novas	Santarem	5:07.97	417
	50m: 34.26	34.26	150m: 1:51.92		39.18	250m: 3:10.82	39.51	350m: 4:30.28
	100m: 1:12.74	38.48	200m: 2:31.31		39.39	300m: 3:50.18	39.36	400m: 5:07.97
3.	Margarida Madeira Pires	F	218976	12	Rio Maior	Santarem	5:20.72	370
	50m: 36.95	36.95	150m: 1:58.17		41.04	250m: 3:19.77	40.65	350m: 4:41.62
	100m: 1:17.13	40.18	200m: 2:39.12		40.95	300m: 4:00.78	41.01	400m: 5:20.72
4.	Ines Borges Costa	F	217859	12	Desportivo de Odemira	Alentejo	5:22.09	365
	50m: 36.20	36.20	150m: 1:56.04		41.17	250m: 3:20.09	42.34	350m: 4:43.40
	100m: 1:14.87	38.67	200m: 2:37.75		41.71	300m: 4:01.54	41.45	400m: 5:22.09
5.	Madalena Santos Machado	F	220029	12	Desportivo de Odemira	Alentejo	5:26.99	349
	50m: 36.89	36.89	150m: 1:58.39		41.56	250m: 3:22.68	42.09	350m: 4:46.35
	100m: 1:16.83	39.94	200m: 2:40.59		42.20	300m: 4:04.49	41.81	400m: 5:26.99
6.	Diana Marques Maquilao	F	214134	12	Nautico Salvaterra Magos	Santarem	5:35.59	322
	50m: 38.35	38.35	150m: 2:03.62		43.59	250m: 3:30.40	43.87	350m: 4:56.92
	100m: 1:20.03	41.68	200m: 2:46.53		42.91	300m: 4:13.31	42.91	400m: 5:35.59
7.	Maria Francisca Pinheiro	F	222111	12	Nautico Abrantes	Santarem	5:37.39	317
	50m: 36.68	36.68	150m: 2:00.92		42.61	250m: 3:28.57	43.91	350m: 4:57.03
	100m: 1:18.31	41.63	200m: 2:44.66		43.74	300m: 4:12.19	43.62	400m: 5:37.39
8.	Daniela Varela Silva	F	217150	12	Atletico Montemor	Alentejo	5:38.80	313
	50m: 36.59	36.59	150m: 2:02.67		43.71	250m: 3:31.23	44.24	350m: 5:00.68
	100m: 1:18.96	42.37	200m: 2:46.99		44.32	300m: 4:16.28	45.05	400m: 5:38.80



Campeonato Inter-Distrital de Infantis
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Prova 10, Femin., 400m Livres, Infantil A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
9.	Sofia Medeiro Horta	F	216032	12	Zona Azul	Alentejo	5:38.90	313
	50m: 36.64	36.64	150m: 2:01.90	43.40	250m: 3:29.42	43.94	350m: 4:57.31	44.05
	100m: 1:18.50	41.86	200m: 2:45.48	43.58	300m: 4:13.26	43.84	400m: 5:38.90	41.59
10.	Ana Leonor Lopes	F	220236	12	Rio Maior	Santarem	5:41.75	305
	50m: 38.12	38.12	150m: 2:05.17	43.54	250m: 3:33.69	43.82	350m: 5:00.66	42.73
	100m: 1:21.63	43.51	200m: 2:49.87	44.70	300m: 4:17.93	44.24	400m: 5:41.75	41.09
11.	Maria Beatriz Mestre	F	210855	12	Electrico Futebol Clube	Interior Centro	5:48.42	288
	50m: 37.89	37.89	150m: 2:04.65	43.88	250m: 3:34.24	45.03	350m: 5:05.13	45.25
	100m: 1:20.77	42.88	200m: 2:49.21	44.56	300m: 4:19.88	45.64	400m: 5:48.42	43.29
12.	Joana Verissimo Tavares	F	217624	12	CLAC-Entroncamento	Santarem	5:54.46	274
	50m: 38.50	38.50	150m: 2:07.42	45.05	250m: 3:38.52	45.24	350m: 5:10.21	45.92
	100m: 1:22.37	43.87	200m: 2:53.28	45.86	300m: 4:24.29	45.77	400m: 5:54.46	44.25
13.	Alice Maria Nunes	F	211599	12	Atletico Montemor	Alentejo	5:55.58	271
	50m: 38.20	38.20	150m: 2:06.50	44.82	250m: 3:38.74	46.71	350m: 5:11.48	46.77
	100m: 1:21.68	43.48	200m: 2:52.03	45.53	300m: 4:24.71	45.97	400m: 5:55.58	44.10
14.	Ines Santos Pina	F	217623	12	CLAC-Entroncamento	Santarem	5:58.30	265
	50m: 40.96	40.96	150m: 2:11.85	46.50	250m: 3:43.16	45.53	350m: 5:15.04	45.19
	100m: 1:25.35	44.39	200m: 2:57.63	45.78	300m: 4:29.85	46.69	400m: 5:58.30	43.26
15.	Catia Mendes Fidalgo	F	217852	12	Grandola Sports	Alentejo	6:03.40	254
	50m: 42.50	42.50	150m: 2:16.02	47.37	250m: 3:49.40	46.52	350m: 5:20.80	45.10
	100m: 1:28.65	46.15	200m: 3:02.88	46.86	300m: 4:35.70	46.30	400m: 6:03.40	42.60
16.	Ariana Nunes Batista	F	217209	12	Grandola Sports	Alentejo	6:03.83	253
	50m: 40.67	40.67	150m: 2:14.05	47.39	250m: 3:47.39	46.23	350m: 5:20.20	45.89
	100m: 1:26.66	45.99	200m: 3:01.16	47.11	300m: 4:34.31	46.92	400m: 6:03.83	43.63
17.	Teresa Filipe Banha	F	220352	12	Atletico Montemor	Alentejo	6:06.75	247
	50m: 40.24	40.24	150m: 2:11.93	46.67	250m: 3:48.01	48.21	350m: 5:22.66	46.85
	100m: 1:25.26	45.02	200m: 2:59.80	47.87	300m: 4:35.81	47.80	400m: 6:06.75	44.09
18.	Laura Gomes Mestre	F	215804	12	Aljustrelense	Alentejo	6:08.25	244
	50m: 38.98	38.98	150m: 2:10.05	46.72	250m: 3:45.12	47.54	350m: 5:19.95	47.63
	100m: 1:23.33	44.35	200m: 2:57.58	47.53	300m: 4:32.32	47.20	400m: 6:08.25	48.30
19.	Carolina Campos Silva FTL	F	217529	12	Natacao da Guarda	Interior Centro	6:24.83	214
	50m: 43.67	43.67	150m: 2:20.48	48.85	250m: 3:59.33	48.78	350m: 5:38.77	49.73
	100m: 1:31.63	47.96	200m: 3:10.55	50.07	300m: 4:49.04	49.71	400m: 6:24.83	46.06
20.	Lara Alberto Januario FTL	F	226393	12	Viver Santarem	Santarem	6:26.43	211
	50m: 40.14	40.14	150m: 2:15.73	49.42	250m: 3:58.56	50.90	350m: 5:39.47	50.06
	100m: 1:26.31	46.17	200m: 3:07.66	51.93	300m: 4:49.41	50.85	400m: 6:26.43	46.96

Infantil B

1.	Maria Amelia Torres	F	216411	13	Viver Santarem	Santarem	5:13.72	395
	50m: 36.69	36.69	150m: 1:56.05	40.03	250m: 3:15.25	38.82	350m: 4:35.91	40.36
	100m: 1:16.02	39.33	200m: 2:36.43	40.38	300m: 3:55.55	40.30	400m: 5:13.72	37.81
2.	Laura Conde Correia	F	215517	13	Torres Novas	Santarem	5:22.38	364
	50m: 37.07	37.07	150m: 1:58.27	40.98	250m: 3:21.58	41.80	350m: 4:43.12	40.61
	100m: 1:17.29	40.22	200m: 2:39.78	41.51	300m: 4:02.51	40.93	400m: 5:22.38	39.26
3.	Rita Vidigal Caldeira	F	217406	13	Elvense	Interior Centro	5:50.26	284
	50m: 38.32	38.32	150m: 2:05.93	44.45	250m: 3:36.03	44.92	350m: 5:07.13	45.48
	100m: 1:21.48	43.16	200m: 2:51.11	45.18	300m: 4:21.65	45.62	400m: 5:50.26	43.13
4.	Sara Araujo Silva	F	217861	13	Desportivo de Odemira	Alentejo	5:53.71	275
	50m: 40.56	40.56	150m: 2:08.58	44.67	250m: 3:38.73	45.22	350m: 5:09.89	45.65
	100m: 1:23.91	43.35	200m: 2:53.51	44.93	300m: 4:24.24	45.51	400m: 5:53.71	43.82
5.	Maria Leonor Mafra	F	225722	13	Portalegre	Interior Centro	5:55.94	270
	50m: 40.79	40.79	150m: 2:12.17	46.35	250m: 3:42.96	45.23	350m: 5:14.61	45.87
	100m: 1:25.82	45.03	200m: 2:57.73	45.56	300m: 4:28.74	45.78	400m: 5:55.94	41.33
6.	Carolina Neves Mestre	F	215933	13	Aljustrelense	Alentejo	5:57.82	266
	50m: 40.74	40.74	150m: 2:12.08	45.56	250m: 3:43.38	45.58	350m: 5:16.44	45.71
	100m: 1:26.52	45.78	200m: 2:57.80	45.72	300m: 4:30.73	47.35	400m: 5:57.82	41.38
7.	Leonor Chambel Santos	F	214860	13	Nautico Abrantes	Santarem	6:03.20	254
	50m: 39.84	39.84	150m: 2:11.13	45.74	250m: 3:44.45	47.23	350m: 5:19.22	47.16
	100m: 1:25.39	45.55	200m: 2:57.22	46.09	300m: 4:32.06	47.61	400m: 6:03.20	43.98
8.	Iara Goncalves Rodrigues	F	217602	13	Elvense	Interior Centro	6:08.25	244
	50m: 41.59	41.59	150m: 2:13.75	46.77	250m: 3:48.88	47.87	350m: 5:23.24	46.55
	100m: 1:26.98	45.39	200m: 3:01.01	47.26	300m: 4:36.69	47.81	400m: 6:08.25	45.01
9.	Alice Cardoso Silva	F	218505	13	Litoral Alentejano	Alentejo	6:10.12	240
	50m: 42.57	42.57	150m: 2:15.11	46.79	250m: 3:50.63	48.16	350m: 5:25.01	47.07
	100m: 1:28.32	45.75	200m: 3:02.47	47.36	300m: 4:37.94	47.31	400m: 6:10.12	45.11
10.	Maria Leonor Santos	F	225210	13	Litoral Alentejano	Alentejo	6:10.91	239
	50m: 42.06	42.06	150m: 2:15.35	47.22	250m: 3:50.48	47.53	350m: 5:26.46	47.63
	100m: 1:28.13	46.07	200m: 3:02.95	47.60	300m: 4:38.83	48.35	400m: 6:10.91	44.45
11.	Ana Vieru	F	220015	13	Litoral Alentejano	Alentejo	6:11.29	238
	50m: 41.03	41.03	150m: 2:14.76	47.77	250m: 3:50.94	48.05	350m: 5:26.61	48.26
	100m: 1:26.99	45.96	200m: 3:02.89	48.13	300m: 4:38.35	47.41	400m: 6:11.29	44.68
12.	Alice Fortunato Correia	F	221443	13	Grandola Sports	Alentejo	6:12.37	236
	50m: 44.30	44.30	150m: 2:19.62	47.69	250m: 3:53.58	46.24	350m: 5:26.76	46.75
	100m: 1:31.93	47.63	200m: 3:07.34	47.72	300m: 4:40.01	46.43	400m: 6:12.37	45.61



Campeonato Inter-Distrital de Infantis
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Prova 10, Femin., 400m Livres, Infantil B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs	
13.	Daniela Dias Rodrigues	F	217531	13	Natacao da Guarda	Interior Centro	6:12.64	235	
	50m: 40.84		150m: 2:13.29		46.56	250m: 3:51.20	48.81	350m: 5:27.74	48.14
	100m: 1:26.73		200m: 3:02.39		49.10	300m: 4:39.60	48.40	400m: 6:12.64	44.90
14.	Carolina Marques Ribeiro	F	225344	13	Rio Maior	Santarem	6:14.32	232	
	50m: 41.15		150m: 2:17.45		48.19	250m: 3:52.26	46.79	350m: 5:28.12	47.61
	100m: 1:29.26		200m: 3:05.47		48.02	300m: 4:40.51	48.25	400m: 6:14.32	46.20
15.	Ines Batista Passadinhas	F	219243	13	Portalegre	Interior Centro	6:15.44	230	
	50m: 41.89		150m: 2:15.43		47.70	250m: 3:52.75	48.61	350m: 5:30.72	49.19
	100m: 1:27.73		200m: 3:04.14		48.71	300m: 4:41.53	48.78	400m: 6:15.44	44.72
16.	Constanca Mendao Silva	F	220232	13	Rio Maior	Santarem	6:20.45	221	
	50m: 41.80		150m: 2:19.32		49.34	250m: 3:58.42	50.19	350m: 5:35.57	48.74
	100m: 1:29.98		200m: 3:08.23		48.91	300m: 4:46.83	48.41	400m: 6:20.45	44.88
17.	Ines Ferreira Bravo	F	225078	13	Aminata	Alentejo	6:21.96	219	
	50m: 43.97		150m: 2:20.60		48.65	250m: 3:58.43	49.10	350m: 5:35.88	47.99
	100m: 1:31.95		200m: 3:09.33		48.73	300m: 4:47.89	49.46	400m: 6:21.96	46.08
18.	Maria Leonor Calcao	F	217153	13	Atletico Montemor	Alentejo	6:34.62	198	
	50m: 41.97		150m: 2:19.73		50.07	250m: 4:03.57	52.00	350m: 5:46.28	51.49
	100m: 1:29.66		200m: 3:11.57		51.84	300m: 4:54.79	51.22	400m: 6:34.62	48.34
19.	Renata Nunes Nobre	F	217863	13	Desportivo de Odemira	Alentejo	6:42.77	186	
	50m: 47.28		150m: 2:32.13		52.76	250m: 4:16.37	51.61	350m: 5:56.47	49.96
	100m: 1:39.37		200m: 3:24.76		52.63	300m: 5:06.51	50.14	400m: 6:42.77	46.30

Prova 11
31/01/2026 - 16:35

Masc., 200m Mariposa

Infantil
Resultados

Rec Nac 25m Open	1:53.39	Diogo Filipe Carvalho	POR	Istambul (TUR)	12/12/2009
Rec Nac 25m Inf A	2:12.42	Tomas Miguel Freitas	CDN	Funchal	11/07/2004
Rec Nac 25m Inf B	2:19.18	Andre Vilas Ruivo	DNMG	Nazaré	01/06/2013

INFANTIL A Inf A: 3:12.20 / INFANTIL B Inf B: 3:28.20

Lugar	Ano	Tempo final	50m	100m	150m	200m		
Infantil A								
1.	Rodrigo Miranda Rosa	12	Uniao Samorense	2:48.88	35.88	43.75	45.49	43.76
2.	Matias Rafael Pacheco	12	BUZIOS-Coruche	3:04.67	40.24	48.00	48.64	47.79
3.	Afonso Ferreira Cruz	12	CLAC-Entroncamento	3:26.53	43.54	54.59	55.08	53.32
	<i>FTL</i>							
4.	Sandro Jose Tomas	12	BUZIOS-Coruche	3:29.08	43.38	54.00	56.62	55.08
	<i>FTL</i>							
Infantil B								
1.	Goncalo Pato Mateus	13	Uniao Samorense	3:16.18	38.31	49.44	53.71	54.72
2.	Tomas Miguel Madeira	13	20Km de Almeirim	3:21.95	40.90	52.80	55.70	52.55
3.	Bruno Estanqueiro Lopes	13	Torres Novas	3:35.03	46.08	55.71	56.61	56.63
	<i>FTL</i>							



Campeonato Inter-Distrital de Infantis
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Prova 12 Femin., 200m Mariposa
31/01/2026 - 16:40 Infantil Resultados

Rec Nac 25m Open	2:05.74	Ana Catarina Monteiro	POR	Hangzhou (CHN)	12/12/2018
Rec Nac 25m Inf A	2:18.29	Mariana Pacheco Cunha	CFP	Felgueiras	15/04/2018
Rec Nac 25m Inf B	2:20.28	Carolina Miranda Fernandes	CGA	Condeixa	12/05/2018

INFANTIL A Inf A: 3:36.00 / INFANTIL B Inf B: 4:00.00

Lugar	Ano		Tempo final	50m	100m	150m	200m	
Infantil A								
1.	Matilde Casimiro Bibi	12	BUZIOS-Coruche	2:47.06	34.90	43.14	44.91	44.11
2.	Ines Mendes Rocha	12	Litoral Alentejano	3:03.73	39.23	46.21	49.08	49.21
3.	Matilde Abelho Vaz	12	CLAC-Entroncamento	3:18.08	41.43	52.07	54.03	50.55
4.	Ines Oliveira Gomes	12	Desportivo de Odemira	3:19.71	41.41	50.04	55.50	52.76
5.	Carolina Paixao Cenico	12	Aletrico Montemor	3:27.75	45.03	54.23	55.39	53.10
6.	Ines Santos Pina	12	CLAC-Entroncamento	3:33.04	47.12	54.41	56.44	55.07
7.	Margarida Amaral Mesquita	12	Electrico Futebol Clube	3:46.30	46.89	58.35	1:01.65	59.41
FTL								

Infantil B								
1.	Valentina Rodrigues Feijao	13	Nautico Salvaterra Magos	3:19.14	38.64	49.98	55.69	54.83
2.	Maria Carolina Fidalgo	13	Viver Santarem	3:27.90	45.02	52.86	56.79	53.23
3.	Maria Vitoria Hryniv	13	Grandola Sports	3:37.83	45.81	57.40		
4.	Mafalda Ines Martinho	13	CLAC-Entroncamento	3:50.16	49.71	58.90	1:00.73	1:00.82
DSQ	Francisca Bonito Silva	13	Portalegre					
<i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>								
DSQ	Maria Rita Godinho	13	Torres Novas					
<i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>								

Prova 13 Masc., 100m Costas
31/01/2026 - 17:00 Infantil Resultados

Rec Nac 25m Open	50.82	Gabriel Jose Lopes	ALN	Leiria	11/12/2022
Rec Nac 25m Inf A	59.50	Ricardo Lopes Silva	DNMG	Caldas da Rainha	10/06/2017
Rec Nac 25m Inf B	1:04.13	Miguel Reis Oliveira	SCB	Braga	22/05/2022

INFANTIL A Inf A: 1:35.00 / INFANTIL B Inf B: 1:41.00

Pontos: AQUA 2025

Lugar	Ano		Tempo final	Pts	50m	100m	
Infantil A							
1.	Francisco Grave Reis	12	Rio Maior	1:11.68	306	35.29	36.39
2.	Salvador Henrique Vieira	12	Torres Novas	1:13.98	278	36.23	37.75
3.	Diogo Leote Pedrosa	12	Zona Azul	1:15.81	259	36.82	38.99
4.	Santiago Raposo Fernandes	12	20Km de Almeirim	1:16.93	247	37.80	39.13
5.	Duarte Belchior Munhao	12	Elvense	1:17.54	242	37.71	39.83
6.	Tomas Martins Azevedo	12	Albicastrense	1:17.90	238	37.87	40.03
7.	Goncalo Maria Costa	12	Elvense	1:18.15	236	37.42	40.73
8.	Rodrigo Miranda Rosa	12	Uniao Samorense	1:20.29	218	39.11	41.18
9.	Martim Rocha Silva	12	Gualdim Pais	1:20.62	215	39.88	40.74
10.	Afonso Ferreira Cruz	12	CLAC-Entroncamento	1:20.82	213	40.42	40.40
11.	Sergio Ricardo Alves	12	CCDSerta	1:21.06	211	39.23	41.83
12.	Rafael Duarte Bico	12	Aminata	1:21.54	208	39.90	41.64
13.	Nelson Manuel Florindo	12	Aminata	1:22.10	203	39.59	42.51
14.	Miguel Ataide Gomes	12	Litoral Alentejano	1:22.65	199	40.17	42.48
15.	Tiago Torpes Pardal	12	Litoral Alentejano	1:23.99	190	40.20	43.79
16.	Bernardo Margarido Miranda	12	Nautico Abrantes	1:24.15	189	40.79	43.36
17.	Francisco Carvalho Figueira	12	Portalegre	1:24.28	188	42.68	41.60
18.	Guilherme Nunes Braizinha	12	Zona Azul	1:25.18	182	42.02	43.16
19.	Martim Farinha Nunes	12	CCDSerta	1:25.98	177	41.64	44.34



Campeonato Inter-Distrital de Infantis
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Prova 13, Masc., 100m Costas, Infantil A

Lugar	Ano		Tempo final	Pts	50m	100m	
20.	Roman Perez Crespo	12	Atletico Montemor	1:27.05	171	43.41	43.64
21.	Alexandre Caetano Costa	12	Natacao da Guarda	1:29.60	156	43.88	45.72
22.	Tomas Oliveira Marques	12	Natacao da Guarda	1:31.33	148	43.76	47.57
23.	Antonio Beirao Valente	12	Albicastrense	1:32.83	141	45.01	47.82
24.	Diogo Ribeiro Torres	12	Beja	1:33.51	138	45.43	48.08
25.	Martim Silva Bernardo	12	Viver Santarem	1:35.55	129	47.39	48.16
	<i>FTL</i>						
26.	Afonso Santos Mauricio	12	Beja	1:35.57	129	47.24	48.33
	<i>FTL</i>						
27.	Joao Francisco Monteiro	12	BUZIOS-Coruche	1:52.04	80	53.94	58.10
	<i>FTL</i>						

Infantil B

1.	Rodrigo Manuel Alegria	13	Torres Novas	1:18.91	229	38.01	40.90
2.	Dinis Miguel Fernandes	13	Beja	1:19.01	228	38.00	41.01
3.	Lourenco Costa Fortes	13	Aljustrelense	1:22.53	200	41.20	41.33
4.	Francisco Jose Abreu	13	Natacao da Guarda	1:22.72	199	40.65	42.07
5.	Miguel Maria Alves	13	Aminata	1:25.48	180	40.55	44.93
6.	Hugo Santos Carapeto	13	Nautico Abrantes	1:26.76	172	42.10	44.66
7.	Vicente Manuel Nunes	13	Nautico Salvaterra Magos	1:27.05	171	42.89	44.16
8.	David Barreiros Baiao	13	Portalegre	1:28.50	162	43.41	45.09
9.	Pedro Antonio Marcelino	13	CCDSerta	1:29.79	155	44.16	45.63
10.	Rafael Jose Isidoro	13	Rio Maior	1:30.23	153	44.90	45.33
11.	Francisco Maria Cardoso	13	Albicastrense	1:30.67	151	43.56	47.11
12.	Diogo Salvador Santos	13	Grandola Sports	1:33.40	138	45.22	48.18
13.	Afonso Gil Campos	13	CLAC-Entroncamento	1:33.58	137	44.35	49.23
14.	Tomas Usta Melo	13	Electrico Futebol Clube	1:34.51	133	47.12	47.39
15.	Leonardo Del Sasso Cebrian	13	20Km de Almeirim	1:37.01	123	48.31	48.70
16.	Afonso Duarte Silveira	13	Albicastrense	1:37.50	121	47.73	49.77
17.	Manuel Maria Pereira	13	Electrico Futebol Clube	1:38.17	119	46.29	51.88
18.	Eduardo Agostinho Duque	13	20Km de Almeirim	1:38.87	116	48.79	50.08
19.	Denzel Gabriel Silvestre	13	CCDSerta	1:44.06	100	48.44	55.62
	<i>FTL</i>						
20.	Alexandre Pinto Zahari	13	20Km de Almeirim	1:46.65	93	51.37	55.28
	<i>FTL</i>						
DSQ	Gustavo Babo Palhete	13	Beja				
	<i>SW 6.4 - O (a) atleta n�o efectua a viragem dos 50 metros ap�s terminar o movimento cont�nuo de bra�os</i>						



Campeonato Inter-Distrital de Infantis
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Prova 14
31/01/2026 - 17:20

Femin., 100m Costas

Infantil
Resultados

Rec Nac 25m Open	57.79	Camila Rodrigues Rebelo	POR	Lublin (POL)	04/12/2025
Rec Nac 25m Inf A	1:02.96	Ines Camacho Fernandes	SCP	Alapraia	12/02/2011
Rec Nac 25m Inf B	1:04.85	Filipa Ramos Peixeira	SCP	Tomar	18/03/2016

INFANTIL A Inf A: 1:38.00 / INFANTIL B Inf B: 1:52.00

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts	50m	100m		
Infantil A							
1.	Matilde Casimiro Bibi	12	BUZIOS-Coruche	1:11.45	432	34.80	36.65
2.	Rita Gomes Valentim	12	Torres Novas	1:15.73	362	36.11	39.62
3.	Marta Costa Soares	12	Uniao Samorense	1:18.83	321	38.40	40.43
4.	Maria Brito Palma	12	Zona Azul	1:19.26	316	38.91	40.35
5.	Matilde Abelho Vaz	12	CLAC-Entroncamento	1:21.20	294	39.46	41.74
6.	Diana Marques Maquilao	12	Nautico Salvaterra Magos	1:21.23	294	40.11	41.12
7.	Margarida Madeira Pires	12	Rio Maior	1:21.97	286	39.82	42.15
8.	Rita Balsa Alves	12	BUZIOS-Coruche	1:22.15	284	40.04	42.11
9.	Madalena Santos Machado	12	Desportivo de Odemira	1:22.27	283	40.52	41.75
10.	Margarida Lourenco Antunes	12	CCDSerta	1:22.40	281	40.43	41.97
11.	Lara Sofia Goncalves	12	Litoral Alentejano	1:22.69	278	40.02	42.67
12.	Ines Barata Henrique	12	Albicastrense	1:22.80	277	40.44	42.36
13.	Maria Benedita Ribeiro	12	CCDSerta	1:22.97	275	40.37	42.60
14.	Sofia Medeiro Horta	12	Zona Azul	1:23.16	274	39.93	43.23
15.	Maria Beatriz Mestre	12	Electrico Futebol Clube	1:24.85	258	40.87	43.98
16.	Ines Borges Costa	12	Desportivo de Odemira	1:24.99	256	40.96	44.03
17.	Juliana Antunes Monteiro	12	Torres Novas	1:25.59	251	41.72	43.87
18.	Leonor Casalta Ferreira	12	Natacao da Guarda	1:25.64	250	41.49	44.15
19.	Maria Francisca Pinheiro	12	Nautico Abrantes	1:26.00	247	42.60	43.40
20.	Sophia Maria Pestana	12	Zona Azul	1:26.07	247	41.40	44.67
21.	Ariana Nunes Batista	12	Grandola Sports	1:27.23	237	43.60	43.63
22.	Matilde Nunes Simoes	12	CCDSerta	1:27.36	236	42.75	44.61
23.	Luana Alexandra Rebocho	12	Zona Azul	1:27.42	235	44.01	43.41
24.	Maria Vitoria Martinho	12	Gualdim Pais	1:27.45	235	41.85	45.60
25.	Leonor Cardoso Tavares	12	CCDSerta	1:27.64	234	42.93	44.71
26.	Margarida Soares Monteiro	12	Beja	1:28.65	226	42.12	46.53
27.	Alice Maria Nunes	12	Atletico Montemor	1:28.81	225	42.29	46.52
28.	Joana Verissimo Tavares	12	CLAC-Entroncamento	1:29.15	222	43.72	45.43
29.	Ana Marisa Simples	12	Uniao Samorense	1:30.60	211	44.11	46.49
30.	Daniela Varela Silva	12	Atletico Montemor	1:30.69	211	44.54	46.15
31.	Maria Leonor Martins	12	Beja	1:31.43	206	44.18	47.25
32.	Ana Leonor Lopes	12	Rio Maior	1:31.78	203	45.72	46.06
33.	Laura Sofia Graca	12	Uniao Samorense	1:32.24	200	45.45	46.79
34.	Catia Mendes Fidalgo	12	Grandola Sports	1:32.75	197	46.18	46.57
35.	Erica Filipa Ferreira	12	Elvense	1:33.18	194	45.71	47.47
36.	Leonor Alinho Magna	12	Beja	1:33.84	190	44.42	49.42
37.	Laura Gomes Mestre	12	Aljustrelense	1:34.60	186	45.68	48.92
38.	Carolina Barradas Oliveira	12	Albicastrense	1:35.33	181	45.86	49.47
39.	Daniela Costa Colaco	12	Beja	1:36.02	178	46.18	49.84
40.	Carolina Campos Silva	12	Natacao da Guarda	1:38.32	165	47.76	50.56
	<i>FTL</i>						
41.	Maria Leonor Serodio	12	Viver Santarem	1:41.12	152	49.83	51.29
	<i>FTL</i>						
42.	Matilde Coelho Costa	12	Natacao da Guarda	1:41.23	151	50.01	51.22
	<i>FTL</i>						
43.	Margarida Amaral Mesquita	12	Electrico Futebol Clube	1:45.98	132	47.37	58.61
	<i>FTL</i>						
DSQ	Carolina Paixao Cenico	12	Atletico Montemor				
	<i>SW 6.4 - O (a) atleta não efectua a viragem dos 50 metros após terminar o movimento contínuo de braços</i>						



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 14, Femin., 100m Costas

Infantil B

1.	Lara Amorim Pereira	13	Litoral Alentejano	1:17.26	341	37.83	39.43
2.	Maria Amelia Torres	13	Viver Santarem	1:17.61	337	37.54	40.07
3.	Carlota Maria Pereira	13	Albicastrense	1:22.07	285	40.52	41.55
4.	Valentina Rodrigues Feijao	13	Nautico Salvaterra Magos	1:22.57	280	39.57	43.00
5.	Laura Conde Correia	13	Torres Novas	1:22.90	276	40.00	42.90
6.	Mercedes Beirao Valente	13	Albicastrense	1:23.40	271	41.26	42.14
7.	Leonor Santos Silva	13	CCDSerta	1:23.61	269	40.58	43.03
8.	Carolina Neves Mestre	13	Aljustrelense	1:26.78	241	42.57	44.21
9.	Eva Sousa Alfaiate	13	Torres Novas	1:26.91	240	42.61	44.30
10.	Diana Sofia Rosado	13	Litoral Alentejano	1:27.11	238	42.19	44.92
11.	Maria Leonor Santos	13	Litoral Alentejano	1:28.24	229	42.86	45.38
12.	Alice Fortunato Correia	13	Grandola Sports	1:28.30	228	44.30	44.00
13.	Ines Batista Passadinhas	13	Portalegre	1:29.63	218	44.11	45.52
14.	Rita Vidigal Caldeira	13	Elvense	1:30.64	211	43.93	46.71
15.	Maria Vitoria Hryniv	13	Grandola Sports	1:32.08	201	45.77	46.31
16.	Leonor Chambel Santos	13	Nautico Abrantes	1:32.38	199	45.33	47.05
17.	Beatriz Sa Gasparetto	13	Electrico Futebol Clube	1:32.78	197	44.39	48.39
18.	Iara Goncalves Rodrigues	13	Elvense	1:33.54	192	45.07	48.47
19.	Carolina Marques Ribeiro	13	Rio Maior	1:34.23	188	44.81	49.42
20.	Maria Leonor Mafra	13	Portalegre	1:34.39	187	46.98	47.41
21.	Daniela Dias Rodrigues	13	Natacao da Guarda	1:34.45	187	46.94	47.51
22.	Mafalda Ines Martinho	13	CLAC-Entroncamento	1:35.35	181	48.30	47.05
23.	Margarida Salavessa Cacilhas	13	Albicastrense	1:35.44	181	47.12	48.32
24.	Carolina Rodrigues Ferreira	13	Torres Novas	1:36.58	174	45.97	50.61
25.	Sara Araujo Silva	13	Desportivo de Odemira	1:36.97	172	47.48	49.49
26.	Constanca Mendao Silva	13	Rio Maior	1:37.19	171	48.00	49.19
27.	Maria Leonor Calcao	13	A Atletico Montemor	1:38.48	165	46.47	52.01
28.	Renata Nunes Nobre	13	Desportivo de Odemira	1:40.35	155	49.72	50.63
DSQ	Maria Eduarda Amoroso	13	Albicastrense				
<i>SW 6.2 - O (a) atleta perdeu a posi�o dorsal durante o percurso</i>							
DSQ	Maria Francisca Fernandes	13	Albicastrense				
<i>SW 6.4 - O (a) atleta interrompe o movimento cont�nuo dos bra�os , antes da viragem aos 50 metros</i>							
DSQ	Filipa Meira Lopez	13	Portalegre				
<i>SW 6.4 - O (a) atleta n�o efectua a viragem dos 50 metros ap�s terminar o movimento cont�nuo de bra�os</i>							

Prova 15

Masc., 4 x 200m Livres

Infantil

31/01/2026 - 17:55

Resultados

Rec Nac 25m Open	7:10.67	Sporting Clube de Portugal	SCP	Felgueiras	22/12/2018
Rec Nac 25m Inf A	8:18.74	Ass. Desp. Bairro dos Anjos /BOMCADBA		Caldas da Rainha	08/07/2018
Rec Nac 25m Inf	8:18.74	Ass. Desp. Bairro dos Anjos /BOMCADBA		Caldas da Rainha	08/07/2018
Rec Nac 25m Inf B	8:56.37	Ass. Desp. Bairro dos Anjos /BOMCADBA		Leiria	25/06/2017

Pontos: AQUA 2025

Lugar	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs	
EXH Aminata 1	M			Aminata	Alentejo	10:45.20	239 EXH	
Nelson Manuel Florindo		12		32.97	39.16	40.13	39.62	2:31.88
Miguel Maria Alves		13		36.78	42.97	44.50	41.91	2:46.16
Gustavo Antonio Bernardes		13		38.12	44.80	46.85	44.77	2:54.54
Rafael Duarte Bico		12		33.79	40.04	41.03	37.76	2:32.62
EXH Albicastrense 1	M			Albicastrense	Interior Centro	11:55.35	175 EXH	
Tomas Martins Azevedo		12		37.67	42.90	43.76	42.99	2:47.32
Antonio Beirao Valente		12		41.70	46.99	46.67	41.52	2:56.88
Francisco Maria Cardoso		13		42.28	47.51	48.96	45.02	3:03.77
Afonso Duarte Silveira		13		43.38	47.74	48.74	47.52	3:07.38
EXH Beja 3	M			Beja	Alentejo	12:29.31	152 EXH	
Diogo Ribeiro Torres		12		39.95	46.76	48.88	45.30	3:00.89
Dinis Miguel Fernandes		13		38.38	42.90	44.76	42.54	2:48.58
Gustavo Babo Palhete		13		45.69	53.89	53.44	48.46	3:21.48
Afonso Santos Mauricio		12		46.84	51.93	50.58	49.01	3:18.36



Campeonato Inter-Distrital de Infantis
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Prova 16 Femin., 4 x 200m Livres Infantil
31/01/2026 - 18:05 Resultados

Rec Nac 25m Open	8:03.35	Sport Lisboa e Benfica	SLB	Felgueiras	22/12/2023
Rec Nac 25m Inf A	8:52.76	Sport Alges e Dafundo	SAD	Algés	04/06/2011
Rec Nac 25m Inf	8:52.76	tempo limite			01/01/1800
Rec Nac 25m Inf B	9:05.75	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Viseu	11/03/2011

Pontos: AQUA 2025

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs	
Infantil A								
1. Zona Azul 2	F			Zona Azul	Alentejo	10:56.16	322	
Maria Brito Palma		12		36.04	38.86	39.67	39.69	2:34.26
Luana Alexandra Rebocho		12		39.35	43.61	44.78	42.02	2:49.76
Sophia Maria Pestana		12		37.91	43.41	45.94	44.73	2:51.99
Sofia Medeiro Horta		12		35.04	40.62	42.99	41.50	2:40.15
2. Atletico Montemor 2	F			Atletico Montemor	Alentejo	11:25.85	282	
Alice Maria Nunes		12		36.60	43.32	45.81	43.16	2:48.89
Daniela Varela Silva		12		39.08	45.41	47.09	44.02	2:55.60
Teresa Filipe Banha		12		36.97	43.88	47.27	44.73	2:52.85
Carolina Paixao Cenico		12		38.91	43.28	44.83	41.49	2:48.51
3. Grandola Sports 1	F			Grandola Sports	Alentejo	11:44.44	260	
Catia Mendes Fidalgo		12		39.71	43.48	46.03	42.43	2:51.65
Sofia Oliveira Pereira		12		42.02	48.07	49.15	46.85	3:06.09
Ariana Nunes Batista		12		38.12	44.88	46.09	42.79	2:51.88
Carolina Ferreira Guimaraes		12		39.33	43.96	46.94	44.59	2:54.82
4. Beja 4	F			Beja	Alentejo	12:23.34	222	
Maria Jose Ramos		12		37.05	42.79	44.41	42.50	2:46.75
Leonor Alinho Magna		12						3:07.96
Margarida Soares Monteiro		12						3:12.20
Maria Leonor Martins		12						3:16.43

Infantil B

1. Litoral Alentejano 1	F			Litoral Alentejano	Alentejo	11:17.62	293	
Lara Amorim Pereira		13		34.87	37.78	38.88	38.13	2:29.66
Maria Leonor Santos		13		39.01	44.53	46.08	44.42	2:54.04
Alice Cardoso Silva		13		40.03	45.09	46.25	44.60	2:55.97
Ana Vieru		13		40.11	44.73	47.64	45.47	2:57.95
2. Albicastroense 1	F			Albicastroense	Interior Centro	11:59.24	245	
Mercedes Beirao Valente		13		39.01	44.65	46.65	43.98	2:54.29
Margarida Salavessa Cacilhas		13		44.66	48.42	48.96	47.47	3:09.51
Carlota Maria Pereira		13		37.87	44.12	43.63	42.04	2:47.66
Maria Francisca Fernandes		13		42.05	50.73	49.89	45.11	3:07.78
EXH Torres Novas 1	F			Torres Novas	Santarem	10:49.79	332	EXH
Laura Conde Correia		13		35.67	38.01	38.85	38.73	2:31.26
Juliana Antunes Monteiro		12		37.31	41.87	43.78	41.15	2:44.11
Carolina Rodrigues Ferreira		13		39.32	46.73	48.82	47.28	3:02.15
Rita Gomes Valentim		12		33.04	40.25	40.50	38.48	2:32.27
EXH Natacao da Guarda 1	F			Natacao da Guarda	Interior Centro	12:42.26	205	EXH
Daniela Dias Rodrigues		13		39.52	46.05	45.72	48.04	2:59.33
Matilde Coelho Costa		12		44.14	49.98	50.14	48.08	3:12.34
Carolina Neves Mota		12		48.80	54.37	56.29	54.47	3:33.93
Carolina Campos Silva		12		40.32	43.96	47.45	44.93	2:56.66

Prova 17 Femin., 800m Livres Infantil
01/02/2026 - 9:30 Resultados

Rec Nac 25m Open	8:20.97	Diana Margarida Duraes	POR	Glasgow (GBR)	04/12/2019
Rec Nac 25m Inf A	9:00.27	Alexandra Maria Silva	FCP	Antibes (FRA)	20/12/1980
Rec Nac 25m Inf B	9:03.90	Alexandra Maria Silva	FCP	Porto	13/07/1980

INFANTIL A Inf A: 13:00.00 / INFANTIL B Inf B: 13:30.00

Pontos: AQUA 2025

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs	
Infantil A									
1.	Matilde Casimiro Bibi	F	219457	12	BUZIOS-Coruche	Santarem	10:12.63	473	
	100m: 1:11.20		300m: 3:46.31		1:17.65	500m: 6:21.98	1:17.81	700m: 8:57.48	1:17.08
	200m: 2:28.66	1:17.46	400m: 5:04.17		1:17.86	600m: 7:40.40	1:18.42	800m: 10:12.63	1:15.15
2.	Rita Balsa Alves	F	213504	12	BUZIOS-Coruche	Santarem	10:30.24	434	
	100m: 1:14.38	1:14.38	300m: 3:53.75		1:20.18	500m: 6:34.64	1:20.42	700m: 9:13.62	1:18.77
	200m: 2:33.57	1:19.19	400m: 5:14.22		1:20.47	600m: 7:54.85	1:20.21	800m: 10:30.24	1:16.62
3.	Alicia Lopes Deep	F	217548	12	BUZIOS-Coruche	Santarem	10:37.15	420	
	100m: 1:15.86	1:15.86	300m: 3:56.87		1:20.41	500m: 6:37.88	1:20.80	700m: 9:18.89	1:19.71
	200m: 2:36.46	1:20.60	400m: 5:17.08		1:20.21	600m: 7:59.18	1:21.30	800m: 10:37.15	1:18.26
4.	Margarida Madeira Pires	F	218976	12	Rio Maior	Santarem	10:58.38	381	
	100m: 1:17.75	1:17.75	300m: 4:04.23		1:23.52	500m: 6:51.02	1:22.99	700m: 9:36.96	1:22.67
	200m: 2:40.71	1:22.96	400m: 5:28.03		1:23.80	600m: 8:14.29	1:23.27	800m: 10:58.38	1:21.42



Campeonato Inter-Distrital de Infantis
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Prova 17, Femin., 800m Livres, Infantil A

Lugar	Nome	Sexo	Licena	Ano	Clube	Tempo Final	Pts	Obs
5.	Sofia Medeiro Horta	F	216032	12	Zona Azul	Alentejo	11:53.07	300
	100m: 1:21.07	1:21.07	300m: 4:23.37	1:30.37	500m: 7:24.88	1:31.00	700m: 10:27.33	1:32.02
	200m: 2:53.00	1:31.93	400m: 5:53.88	1:30.51	600m: 8:55.31	1:30.43	800m: 11:53.07	1:25.74
6.	Carolina Paixao Cenico	F	214698	12	Atletico Montemor	Alentejo	12:04.24	286
	100m: 1:20.98	1:20.98	300m: 4:23.75	1:32.10	500m: 7:29.36	1:33.11	700m: 10:36.98	1:34.01
	200m: 2:51.65	1:30.67	400m: 5:56.25	1:32.50	600m: 9:02.97	1:33.61	800m: 12:04.24	1:27.26
7.	Daniela Varela Silva	F	217150	12	Atletico Montemor	Alentejo	12:06.99	283
	100m: 1:20.79	1:20.79	300m: 4:23.74	1:32.29	500m: 7:33.30	1:36.57	700m: 10:40.60	1:32.92
	200m: 2:51.45	1:30.66	400m: 5:56.73	1:32.99	600m: 9:07.68	1:34.38	800m: 12:06.99	1:26.39
8.	Ines Santos Pina	F	217623	12	CLAC-Entroncamento	Santarem	12:10.26	279
	100m: 1:25.22	1:25.22	300m: 4:30.74	1:33.27	500m: 7:36.36	1:32.76	700m: 10:41.52	1:32.54
	200m: 2:57.47	1:32.25	400m: 6:03.60	1:32.86	600m: 9:08.98	1:32.62	800m: 12:10.26	1:28.74
9.	Ariana Nunes Batista	F	217209	12	Grandola Sports	Alentejo	12:27.51	260
	100m: 1:23.03	1:23.03	300m: 4:31.47	1:34.46	500m: 7:45.08	1:36.94	700m: 10:56.84	1:35.32
	200m: 2:57.01	1:33.98	400m: 6:08.14	1:36.67	600m: 9:21.52	1:36.44	800m: 12:27.51	1:30.67
10.	Teresa Filipe Banha	F	220352	12	Atletico Montemor	Alentejo	12:51.52	236
	100m: 1:24.09	1:24.09	300m: 4:33.95	1:35.95	500m: 7:54.83	1:40.71	700m: 11:17.39	1:41.73
	200m: 2:58.00	1:33.91	400m: 6:14.12	1:40.17	600m: 9:35.66	1:40.83	800m: 12:51.52	1:34.13

Infantil B

1.	Laura Conde Correia	F	215517	13	Torres Novas	Santarem	11:06.71	367
	100m: 1:18.74	1:18.74	300m: 4:07.07	1:24.37	500m: 6:56.19	1:24.35	700m: 9:45.12	1:24.08
	200m: 2:42.70	1:23.96	400m: 5:31.84	1:24.77	600m: 8:21.04	1:24.85	800m: 11:06.71	1:21.59
2.	Marta Bento Ferreira	F	224335	13	Viver Santarem	Santarem	11:49.08	305
	100m: 1:21.23	1:21.23	300m: 4:19.27	1:30.55	500m: 7:20.42	1:30.68	700m: 10:21.34	1:30.33
	200m: 2:48.72	1:27.49	400m: 5:49.74	1:30.47	600m: 8:51.01	1:30.59	800m: 11:49.08	1:27.74
3.	Valentina Rodrigues Feijao	F	214133	13	Nautico Salvaterra Magos	Santarem	11:52.39	300
	100m: 1:20.43	1:20.43	300m: 4:19.15	1:29.92	500m: 7:22.47	1:32.04	700m: 10:24.32	1:30.58
	200m: 2:49.23	1:28.80	400m: 5:50.43	1:31.28	600m: 8:53.74	1:31.27	800m: 11:52.39	1:28.07
4.	Maria Carolina Fidalgo	F	217616	13	Viver Santarem	Santarem	12:05.85	284
	100m: 1:25.94	1:25.94	300m: 4:31.00	1:32.57	500m: 7:36.26	1:31.96	700m: 10:38.47	1:31.30
	200m: 2:58.43	1:32.49	400m: 6:04.30	1:33.30	600m: 9:07.17	1:30.91	800m: 12:05.85	1:27.38
5.	Sara Araujo Silva	F	217861	13	Desportivo de Odemira	Alentejo	12:15.69	273
	100m: 1:26.91	1:26.91	300m: 4:31.45	1:32.51	500m: 7:37.59	1:33.64	700m: 10:46.73	1:35.05
	200m: 2:58.94	1:32.03	400m: 6:03.95	1:32.50	600m: 9:11.68	1:34.09	800m: 12:15.69	1:28.96
6.	Carolina Marques Ribeiro	F	225344	13	Rio Maior	Santarem	12:51.76	236
	100m: 1:29.15	1:29.15	300m: 4:46.52	1:39.05	500m: 8:05.01	1:39.41	700m: 11:20.34	1:39.91
	200m: 3:07.47	1:38.32	400m: 6:25.60	1:39.08	600m: 9:40.43	1:35.42	800m: 12:51.76	1:31.42

Prova 18

Masc., 400m Estilos

Infantil

01/02/2026 - 9:55

Resultados

Rec Nac 25m Open	4:05.87	Gabriel Jose Lopes	ALN	Leiria	09/12/2022
Rec Nac 25m Inf A	4:40.32	Tomas Miguel Freitas	CDN	Funchal	09/07/2004
Rec Nac 25m Inf B	4:49.65	Andre Vilas Ruivo	DNMG	S. Ant�nio Cavaleiros	15/03/2013

INFANTIL A Inf A: 6:42.00 / INFANTIL B Inf B: 7:39.00

Pontos: AQUA 2025

Lugar	Nome	Sexo	Licena	Ano	Clube	Tempo Final	Pts	Obs
1.	Salvador Henrique Vieira	M	211387	12	Torres Novas	Santarem	5:41.56	324
	50m: 37.60	37.60	150m: 2:04.98	43.60	250m: 3:36.51	48.37	350m: 5:04.62	38.60
	100m: 1:21.38	43.78	200m: 2:48.14	43.16	300m: 4:26.02	49.51	400m: 5:41.56	36.94
2.	Diogo Leote Pedrosa	M	218504	12	Zona Azul	Alentejo	5:51.89	297
	50m: 36.44	36.44	150m: 2:05.15	44.26	250m: 3:40.32	52.33	350m: 5:13.18	38.82
	100m: 1:20.89	44.45	200m: 2:47.99	42.84	300m: 4:34.36	54.04	400m: 5:51.89	38.71
3.	Rodrigo Miranda Rosa	M	212324	12	Uniao Samorensense	Santarem	5:57.29	283
	50m: 36.21	36.21	150m: 2:08.18	47.10	250m: 3:47.19	52.97	350m: 5:20.42	39.45
	100m: 1:21.08	44.87	200m: 2:54.22	46.04	300m: 4:40.97	53.78	400m: 5:57.29	36.87
4.	Goncalo Maria Costa	M	207317	12	Elvensense	Interior Centro	5:57.36	283
	50m: 38.04	38.04	150m: 2:06.81	45.03	250m: 3:46.53	53.48	350m: 5:18.03	39.66
	100m: 1:21.78	43.74	200m: 2:53.05	46.24	300m: 4:38.37	51.84	400m: 5:57.36	39.33
5.	Nelson Manuel Florindo	M	222767	12	Aminata	Alentejo	6:13.07	249
	50m: 36.94	36.94	150m: 2:17.25	49.23	250m: 3:56.61	53.68	350m: 5:33.91	41.80
	100m: 1:28.02	51.08	200m: 3:02.93	45.68	300m: 4:52.11	55.50	400m: 6:13.07	39.16
6.	Afonso Ferreira Cruz	M	211280	12	CLAC-Entroncamento	Santarem	6:30.15	217
	50m: 40.42	40.42	150m: 2:21.16	47.98	250m: 4:05.84	57.17	350m: 5:47.84	44.00
	100m: 1:33.18	52.76	200m: 3:08.67	47.51	300m: 5:03.84	58.00	400m: 6:30.15	42.31



Campeonato Inter-Distrital de Infantis
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Prova 18, Masc., 400m Estilos

Infantil B

1. Goncalo Pato Mateus	M	216974	13	Uniao Samorense	Santarem	6:16.01	243
50m: 37.81				48.62	55.97	5:36.92	43.09
100m: 1:24.76				48.79	55.69	6:16.01	39.09
37.81				250m: 3:58.14			
46.95				300m: 4:53.83			
				200m: 3:02.17			

Prova 19

Femin., 100m Bruços

Infantil

01/02/2026 - 10:05

Resultados

Rec Nac 25m Open	1:06.41	Ana Pinho Rodrigues	SCB	Leiria (POL)	14/12/2025
Rec Nac 25m Inf A	1:11.76	Diana Duarte Gomes	ABVE	Reboleira	28/06/2003
Rec Nac 25m Inf B	1:13.43	Raquel Gomes Pereira	SANL	Abrantes	13/04/2013

INFANTIL A Inf A: 1:50.00 / INFANTIL B Inf B: 2:07.00

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts	50m	100m
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Infantil A

1. Matilde Casimiro Bibi	12	BUZIOS-Coruche	1:21.91	441	38.97	42.94
2. Alicia Lopes Deep	12	BUZIOS-Coruche	1:27.99	355	42.00	45.99
3. Matilde Abelho Vaz	12	CLAC-Entroncamento	1:29.29	340	42.66	46.63
4. Diana Marques Maquilao	12	Nautico Salvaterra Magos	1:29.69	336	42.13	47.56
5. Ines Borges Costa	12	Desportivo de Odemira	1:31.51	316	42.49	49.02
6. Leonor Cardoso Tavares	12	CCDSerta	1:31.66	314	43.08	48.58
7. Juliana Antunes Monteiro	12	Torres Novas	1:31.91	312	43.76	48.15
8. Lara Sofia Goncalves	12	Litoral Alentejano	1:32.59	305	43.91	48.68
9. Marta Costa Soares	12	Uniao Samorense	1:34.28	289	43.90	50.38
10. Maria Jose Ramos	12	Beja	1:34.35	288	44.71	49.64
11. Maria Benedita Ribeiro	12	CCDSerta	1:34.50	287	44.68	49.82
12. Maria Francisca Pinheiro	12	Nautico Abrantes	1:34.64	286	44.55	50.09
13. Alice Maria Nunes	12	Atletico Montemor	1:35.15	281	44.91	50.24
14. Luana Alexandra Rebocho	12	Zona Azul	1:35.22	280	46.05	49.17
15. Carolina Campos Silva	12	Natacao da Guarda	1:35.29	280	44.81	50.48
16. Leonor Casalta Ferreira	12	Natacao da Guarda	1:35.73	276	45.42	50.31
17. Carolina Barradas Oliveira	12	Albicastrense	1:36.09	273	44.67	51.42
18. Ana Leonor Lopes	12	Rio Maior	1:39.50	246	46.77	52.73
19. Maria Beatriz Mestre	12	Electrico Futebol Clube	1:40.26	240	46.51	53.75
20. Carolina Ferreira Guimaraes	12	Grandola Sports	1:40.43	239	47.47	52.96
21. Laura Gomes Mestre	12	Aljustrelense	1:41.88	229	47.83	54.05
22. Sophia Maria Pestana	12	Zona Azul	1:42.48	225	47.79	54.69
23. Carolina Neves Mota	12	Natacao da Guarda	1:42.56	224	49.06	53.50
24. Ines Barata Henrique	12	Albicastrense	1:42.59	224	47.22	55.37
25. Sofia Oliveira Pereira	12	Grandola Sports	1:46.59	200	50.32	56.27
26. Joana Franca Rasteiro	12	Portalegre	1:49.19	186	51.47	57.72
27. Alice Amareleja Lobo	12	Estremoz	1:49.99	182	52.46	57.53
28. Ana Carolina Janeiro	12	Portalegre	1:50.55	179	51.57	58.98

FTL

Infantil B

1. Laura Conde Correia	13	Torres Novas	1:29.34	340	42.79	46.55
2. Mercedes Beirao Valente	13	Albicastrense	1:32.00	311	43.85	48.15
3. Lara Amorim Pereira	13	Litoral Alentejano	1:33.02	301	44.56	48.46
4. Daniela Dias Rodrigues	13	Natacao da Guarda	1:33.15	300	44.69	48.46
5. Alice Fortunato Correia	13	Grandola Sports	1:35.45	278	46.53	48.92
6. Eva Sousa Alfaiate	13	Torres Novas	1:35.61	277	44.88	50.73
7. Leonor Santos Silva	13	CCDSerta	1:36.15	272	44.60	51.55
8. Mariana Beatriz Goncalves	13	Uniao Samorense	1:37.95	258	46.30	51.65
9. Alice Cardoso Silva	13	Litoral Alentejano	1:39.75	244	47.78	51.97
10. Maria Vitoria Hryniv	13	Grandola Sports	1:41.26	233	48.87	52.39
11. Ana Vieru	13	Litoral Alentejano	1:42.48	225	48.89	53.59
12. Iara Goncalves Rodrigues	13	Elvense	1:42.68	224	48.70	53.98



Campeonato Inter-Distrital de Infantis
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Prova 19, Femin., 100m Bruços, Infantil B

Lugar	Ano		Tempo final	Pts	50m	100m	
13.	Diana Sofia Rosado	13	Litoral Alentejano	1:43.06	221	50.38	52.68
14.	Rita Vidigal Caldeira	13	Elvense	1:43.19	220	48.92	54.27
15.	Ines Batista Passadinhas	13	Portalegre	1:43.51	218	49.24	54.27
16.	Filipa Meira Lopez	13	Portalegre	1:44.63	211	49.10	55.53
17.	Ines Ferreira Bravo	13	Aminata	1:44.65	211	49.97	54.68
18.	Francisca Bonito Silva	13	Portalegre	1:45.00	209	51.28	53.72
19.	Constanca Mendao Silva	13	Rio Maior	1:45.29	207	50.23	55.06
20.	Mafalda Ines Martinho	13	CLAC-Entroncamento	1:45.86	204	50.94	54.92
21.	Carolina Neves Mestre	13	Aljustrelense	1:47.34	196	50.38	56.96
22.	Margarida Salavessa Cacilhas	13	Albicastrense	1:50.13	181	53.53	56.60
23.	Madalena Sofia Casmarrinha	13	Atletico Montemor	1:53.53	165	54.03	59.50
24.	Maria Francisca Fernandes	13	Albicastrense	1:55.55	157	54.76	1:00.79

Prova 20

Masc., 100m Bruços

Infantil

01/02/2026 - 10:25

Resultados

Rec Nac 25m Open	58.19	Carlos Esteves Almeida	POR	Chartres (FRA)	22/11/2012
Rec Nac 25m Inf A	1:07.92	Andre Goncalo Santos	LSC	Viseu	12/03/2011
Rec Nac 25m Inf B	1:09.54	Andre Goncalo Santos	LSC	Lousada	15/05/2010

INFANTIL A Inf A: 1:43.00 / INFANTIL B Inf B: 1:49.00

Pontos: AQUA 2025

Lugar	Ano		Tempo final	Pts	50m	100m	
Infantil A							
1.	Santiago Raposo Fernandes	12	20Km de Almeirim	1:26.47	261	39.77	46.70
2.	Lourenco Filipe Costa	12	20Km de Almeirim	1:28.33	245	42.27	46.06
3.	Gabriel Mocanu	12	Uniao Samorense	1:28.56	243	42.36	46.20
4.	Antonio Presado Costa	12	Estremoz	1:28.61	242	41.21	47.40
5.	Tiago Torpes Pardal	12	Litoral Alentejano	1:28.63	242	42.28	46.35
6.	Duarte Belchior Munhao	12	Elvense	1:31.93	217	44.21	47.72
7.	Francisco Carvalho Figueira	12	Portalegre	1:32.58	212	44.67	47.91
8.	Antonio Beirao Valente	12	Albicastrense	1:33.23	208	44.44	48.79
9.	Guilherme Nunes Braizinha	12	Zona Azul	1:39.97	169	47.76	52.21
10.	Gabriel Carrasco Coelho	12	Estremoz	1:40.35	167	47.47	52.88
11.	Tomas Oliveira Marques	12	Natacao da Guarda	1:40.64	165	48.32	52.32
12.	Martim Farinha Nunes	12	CCDSerta	1:43.38	152	49.96	53.42
<i>FTL</i>							

Infantil B

1.	Vicente Manuel Nunes	13	Nautico Salvaterra Magos	1:29.04	239	41.89	47.15
2.	Rodrigo Manuel Alegria	13	Torres Novas	1:32.67	212	43.47	49.20
3.	Carlos Silvestre Lourenco	13	BUZIOS-Coruche	1:35.51	193	43.86	51.65
4.	Hugo Santos Carapeto	13	Nautico Abrantes	1:36.23	189	45.48	50.75
5.	Eduardo Agostinho Duque	13	20Km de Almeirim	1:36.96	185	44.82	52.14
6.	David Barreiros Baiao	13	Portalegre	1:39.61	170	47.79	51.82
7.	Lourenco Costa Fortes	13	Aljustrelense	1:39.78	170	47.20	52.58
8.	Diogo Salvador Santos	13	Grandola Sports	1:42.43	157	47.96	54.47
9.	Francisco Maria Cardoso	13	Albicastrense	1:43.37	152	50.14	53.23
10.	Luenji Aladino Jasse	13	Litoral Alentejano	1:45.98	141	50.56	55.42
11.	Afonso Duarte Silveira	13	Albicastrense	1:46.36	140	50.89	55.47
12.	Tomas Usta Melo	13	Electrico Futebol Clube	1:46.65	139	49.35	57.30
13.	Francisco Jose Abreu	13	Natacao da Guarda	1:47.25	136	49.59	57.66
14.	Dinis Miguel Fernandes	13	Beja	1:49.05	130	51.51	57.54
<i>FTL</i>							
15.	Leonardo Del Sasso Cebrian	13	20Km de Almeirim	1:50.15	126	52.87	57.28
<i>FTL</i>							



Campeonato Inter-Distrital de Infantis
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Prova 20, Masc., 100m Bruços, Infantil B

Lugar	Ano		Tempo final	Pts	50m	100m
16. Manuel Maria Pereira FTL	13	Electrico Futebol Clube	1:51.64	121	53.01	58.63
17. Afonso Gil Campos FTL	13	CLAC-Entroncamento	1:53.04	116	52.99	1:00.05
18. Alexandre Pinto Zahari FTL	13	20Km de Almeirim	1:53.08	116	53.26	59.82
19. Rafael Jose Isidoro FTL	13	Rio Maior	1:54.56	112	53.55	1:01.01
20. Denzel Gabriel Silvestre FTL	13	CCDSerta	1:55.06	110	53.42	1:01.64
21. Gustavo Babo Palhete FTL	13	Beja	1:58.39	101	57.39	1:01.00

Prova 21

Femin., 200m Livres

Infantil

01/02/2026 - 10:50

Resultados

Rec Nac 25m Open	1:55.91	Francisca Soares Martins	FOCA	Felgueiras	12/04/2025
Rec Nac 25m Inf A	2:04.38	Camila Rodrigues Rebelo	SANC	Coimbra	25/06/2017
Rec Nac 25m Inf B	2:07.47	Carolina Miranda Fernandes	CGA	Felgueiras	09/03/2018

INFANTIL A Inf A: 3:12.00 / INFANTIL B Inf B: 3:27.00

Lugar	Ano		Tempo final	50m	100m	150m	200m
Infantil A							
1. Rita Gomes Valentim	12	Torres Novas	2:24.26	32.56	36.59	37.93	37.18
2. Rita Balsa Alves	12	BUZIOS-Coruche	2:26.25	34.07	36.19	37.87	38.12
3. Ines Borges Costa	12	Desportivo de Odemira	2:33.92	34.79	38.08	40.77	40.28
4. Madalena Santos Machado	12	Desportivo de Odemira	2:35.48	34.78	39.67	41.08	39.95
5. Margarida Madeira Pires	12	Rio Maior	2:35.73	36.24	40.94	40.32	38.23
6. Maria Francisca Pinheiro	12	Nautico Abrantes	2:38.86	35.52	40.05	41.89	41.40
7. Diana Marques Maquilao	12	Nautico Salvaterra Magos	2:39.12	36.80	41.08	41.81	39.43
8. Marta Costa Soares	12	Uniao Samorense	2:40.30	36.10	40.16	42.56	41.48
9. Sofia Medeiro Horta	12	Zona Azul	2:41.15	35.73	41.47	43.11	40.84
10. Ines Oliveira Gomes	12	Desportivo de Odemira	2:41.98	37.30	41.76	42.41	40.51
11. Daniela Varela Silva	12	Atletico Montemor	2:42.71	36.19	41.98	43.07	41.47
12. M. Antunes	12	CCDSerta	2:43.15	37.36	41.41	42.17	42.21
13. Leonor Casalta Ferreira	12	Natacao da Guarda	2:44.30	37.94	41.98	42.45	41.93
14. Maria Beatriz Mestre	12	Electrico Futebol Clube	2:47.03	36.21	42.54	44.46	43.82
15. Ana Leonor Lopes	12	Rio Maior	2:48.66	34.71	39.63	49.31	45.01
16. Ariana Nunes Batista	12	Grandola Sports	2:49.86	39.33	43.86	44.36	42.31
17. Joana Verissimo Tavares	12	CLAC-Entroncamento	2:50.31	38.36	43.60	45.34	43.01
18. Maria Vitoria Martinho	12	Gualdim Pais	2:50.64	37.77	42.81	45.78	44.28
19. Catia Mendes Fidalgo	12	Grandola Sports	2:51.09	40.57	44.74	45.03	40.75
20. Sophia Maria Pestana	12	Zona Azul	2:51.96	37.79	42.46	46.13	45.58
21. Laura Gomes Mestre	12	Aljustrelense	2:55.95	37.95	44.06	46.46	47.48
22. Teresa Filipe Banha	12	Atletico Montemor	2:55.96	38.12	44.57	47.32	45.95
23. Lara Alberto Januario	12	Viver Santarem	2:56.01	37.10	42.67	48.09	48.15
24. Laura Sofia Graca	12	Uniao Samorense	2:57.06	39.57	45.49	47.36	44.64
25. Carolina Ferreira Guimaraes	12	Grandola Sports	2:57.71	39.21	44.28	47.93	46.29
26. Lucia Cristina Sequeira	12	Aminata	3:00.50	40.00	45.53	48.44	46.53
27. Carolina Barradas Oliveira	12	Albicastrense	3:01.71	41.72	46.68	49.30	44.01
28. Joana Franca Rasteiro	12	Portalegre	3:02.57	41.73	46.82	48.82	45.20
29. Ana Carolina Janeiro	12	Portalegre	3:03.06	42.59	46.49	48.20	45.78
30. Carolina Campos Silva	12	Natacao da Guarda	3:03.29	40.78	47.88	49.09	45.54
31. Matilde Coelho Costa	12	Natacao da Guarda	3:03.97	42.75	45.95	49.47	45.80
32. Sofia Oliveira Pereira	12	Grandola Sports	3:04.77	42.03	47.23	50.02	45.49



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Prova 21, Femin., 200m Livres, Infantil A

Lugar	Ano		Tempo final	50m	100m	150m	200m	
33.	Maria Leonor Serodio	12	Viver Santarem	3:05.41	42.18	47.40	48.82	47.01
34.	Clarisse Alexandra Nunes	12	Litoral Alentejano	3:07.46	42.67	47.18	48.12	49.49
35.	Margarida Soares Monteiro	12	Beja	3:17.75	41.81	47.57	53.33	55.04

FTL

Infantil B

1.	Maria Amelia Torres	13	Viver Santarem	2:38.23	35.47	40.39	42.53	39.84
2.	Leonor Santos Silva	13	CCDSerta	2:41.34	36.29	40.77	42.96	41.32
3.	Carlota Maria Pereira	13	Albicastrense	2:41.56	36.81	40.93	42.51	41.31
4.	Alice Fortunato Correia	13	Grandola Sports	2:44.39	40.09	43.55	41.76	38.99
5.	Marta Bento Ferreira	13	Viver Santarem	2:44.68	38.12	42.83	43.42	40.31
6.	Rita Vidigal Caldeira	13	Elvense	2:47.74	37.16	42.86	44.23	43.49
7.	Maria Leonor Mafra	13	Portalegre	2:48.50	38.54	42.72	44.69	42.55
8.	Daniela Dias Rodrigues	13	Natacao da Guarda	2:49.08	39.07	43.53	45.53	40.95
9.	Carolina Neves Mestre	13	Aljustrelense	2:49.17	39.89	42.60	44.89	41.79
10.	Leonor Chambel Santos	13	Nautico Abrantes	2:50.16	38.69	43.30	45.38	42.79
11.	Sara Araujo Silva	13	Desportivo de Odemira	2:51.40	40.27	43.62	45.03	42.48
12.	Iara Goncalves Rodrigues	13	Elvense	2:54.79	40.52	44.99	46.15	43.13
13.	Alice Cardoso Silva	13	Litoral Alentejano	2:55.21	41.39	44.43	46.12	43.27
14.	Maria Leonor Santos	13	Litoral Alentejano	2:55.33	40.50	44.98	46.10	43.75
15.	Carolina Marques Ribeiro	13	Rio Maior	2:55.54	39.70	45.81	46.26	43.77
16.	Constanca Mendao Silva	13	Rio Maior	2:56.51	40.51	45.43	46.59	43.98
17.	Ines Batista Passadinhas	13	Portalegre	2:58.28	40.69	45.94	46.90	44.75
18.	Mariana Beatriz Goncalves	13	Uniao Samorense	2:58.57	39.38	46.31	48.83	44.05
19.	Ana Vieru	13	Litoral Alentejano	2:58.88	41.23	45.08	46.71	45.86
20.	Ines Ferreira Bravo	13	Aminata	3:02.68	43.23	46.78	46.67	46.00
21.	M. Cacilhas	13	Albicastrense	3:02.82	42.44	46.45	47.92	46.01
22.	Maria Francisca Fernandes	13	Albicastrense	3:06.33	40.90	49.57	51.57	44.29
23.	Maria Leonor Calcao	13	Atletico Montemor	3:08.73	41.56	48.40	51.00	47.77
24.	Renata Nunes Nobre	13	Desportivo de Odemira	3:09.97	43.64	49.98	49.63	46.72
25.	M. Casmarrinha	13	Atletico Montemor	3:13.28	43.78	50.47	51.29	47.74

Prova 22

Masc., 200m Livres

Infantil

01/02/2026 - 11:20

Resultados

Rec Nac 25m Open	1:43.16	Miguel Duarte Nascimento	POR	Hangzhou (CHN)	14/12/2018
Rec Nac 25m Inf A	1:58.99	Pedro Fontoura Oliveira	CFB	Cova da Piedade	10/06/2004
Rec Nac 25m Inf B	2:04.71	Joao Daniel Santos	CNAL	Caldas da Rainha	28/06/2025

INFANTIL A Inf A: 2:50.00 / INFANTIL B Inf B: 3:05.00

Lugar	Ano		Tempo final	50m	100m	150m	200m	
Infantil A								
1.	Salvador Henrique Vieira	12	Torres Novas	2:19.15	32.13	34.88	36.22	35.92
2.	Francisco Grave Reis	12	Rio Maior	2:19.16	31.08	34.53	36.53	37.02
3.	Martim Rocha Silva	12	Gualdim Pais	2:22.90	33.40	36.95	36.85	35.70
4.	Diogo Leote Pedrosa	12	Zona Azul	2:23.14	32.24	36.79	37.48	36.63
5.	Tomas Martins Azevedo	12	Albicastrense	2:27.33	32.14	37.25	39.99	37.95
6.	Matias Rafael Pacheco	12	BUZIOS-Coruche	2:28.82	34.21	38.14	38.92	37.55
7.	Santiago Raposo Fernandes	12	20Km de Almeirim	2:30.11	34.28	39.36	39.58	36.89
8.	Rafael Duarte Bico	12	Aminata	2:31.91	35.23	38.51	40.06	38.11
9.	Gabriel Mocanu	12	Uniao Samorense	2:37.21	34.22	40.75	42.46	39.78
10.	Sergio Ricardo Alves	12	CCDSerta	2:38.56	37.07	40.93	42.71	37.85
11.	Afonso Ferreira Cruz	12	CLAC-Entroncamento	2:41.26	38.29	41.86	42.27	38.84
12.	Sandro Jose Tomas	12	BUZIOS-Coruche	2:44.24	36.57	41.36	44.22	42.09
13.	Roman Perez Crespo	12	Atletico Montemor	2:44.98	36.79	41.71	44.08	42.40
14.	Gabriel Carrasco Coelho	12	Estremoz	2:48.49	37.11	41.66	45.59	44.13



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Prova 22, Masc., 200m Livres, Infantil A

Lugar	Ano		Tempo final	50m	100m	150m	200m
15.	Martim Silva Bernardo	12 Viver Santarem	2:57.11	41.08	44.49	47.34	44.20
	<i>FTL</i>						
16.	Diogo Ribeiro Torres	12 Beja	2:59.49	39.56	45.98	47.34	46.61
	<i>FTL</i>						
17.	Joao Francisco Monteiro	12 BUZIOS-Coruche	3:05.01	41.51	47.23	49.12	47.15
	<i>FTL</i>						
18.	Afonso Santos Mauricio	12 Beja	3:19.98	45.77	52.28	52.31	49.62
	<i>FTL</i>						

Infantil B

1.	Rodrigo Manuel Alegria	13 Torres Novas	2:38.27	34.09	39.84	42.72	41.62
2.	Lourenco Costa Fortes	13 Aljustrelense	2:40.01	36.07	39.58	43.07	41.29
3.	Hugo Santos Carapeto	13 Nautico Abrantes	2:41.07	35.61	40.86	43.32	41.28
4.	Pedro Antonio Marcelino	13 CCDSerta	2:41.34	37.27	41.44	43.11	39.52
5.	Rafael Jose Isidoro	13 Rio Maior	2:42.02	37.09	41.65	43.68	39.60
6.	Tomas Miguel Madeira	13 20Km de Almeirim	2:42.53	37.78	42.98	42.46	39.31
7.	Miguel Maria Alves	13 Aminata	2:43.05	38.11	41.85	43.34	39.75
8.	Bruno Estanqueiro Lopes	13 Torres Novas	2:43.58	37.20	42.56	44.31	39.51
9.	Gustavo Antonio Bernardes	13 Aminata	2:48.48	39.20	42.63	44.98	41.67
10.	Eduardo Agostinho Duque	13 20Km de Almeirim	2:49.72	38.68	43.59	45.73	41.72
	Carlos Silvestre Lourenco	13 BUZIOS-Coruche	2:49.72	39.91	44.67	45.39	39.75
12.	Francisco Maria Cardoso	13 Albicastrense	2:55.23	39.42	45.16	46.45	44.20
13.	Andre Jose Silva	13 Torres Novas	2:56.11	37.30	45.17	48.97	44.67
14.	Manuel Maria Pereira	13 Electrico Futebol Clube	3:00.83	40.34	44.47	50.63	45.39
15.	Tomas Usta Melo	13 Electrico Futebol Clube	3:04.47	41.92	48.36	49.66	44.53
16.	Afonso Jose Coentro	13 Gualdim Pais	3:09.30	42.23	46.63	50.85	49.59
	<i>FTL</i>						
17.	Gustavo Babo Palhete	13 Beja	3:15.60	43.95	51.17	52.68	47.80
	<i>FTL</i>						

Prova 23

Femin., 100m Mariposa

Infantil

01/02/2026 - 11:40

Resultados

Rec Nac 25m Open	57.93	Mariana Pacheco Cunha	CE	Leiria	16/12/2025
Rec Nac 25m Inf A	1:02.36	Mariana Pacheco Cunha	CFP	Felgueiras	14/04/2018
Rec Nac 25m Inf B	1:02.30	Carolina Miranda Fernandes	CGA	Felgueiras	11/03/2018

INFANTIL A Inf A: 1:36.00 / INFANTIL B Inf B: 1:49.00

Pontos: AQUA 2025

Lugar	Ano		Tempo final	Pts	50m	100m
Infantil A						
1.	Maria Brito Palma	12 Zona Azul	1:15.55	339	35.84	39.71
2.	Rita Gomes Valentim	12 Torres Novas	1:16.84	322	35.71	41.13
3.	Ines Mendes Rocha	12 Litoral Alentejano	1:20.96	275	37.94	43.02
4.	Margarida Lourenco Antunes	12 CCDSerta	1:25.58	233	39.77	45.81
5.	Matilde Abelho Vaz	12 CLAC-Entroncamento	1:26.59	225	38.69	47.90
6.	Alice Maria Nunes	12 Atletico Montemor	1:28.66	210	40.23	48.43
7.	Ines Barata Henrique	12 Albicastrense	1:28.76	209	41.63	47.13
8.	Matilde Nunes Simoes	12 CCDSerta	1:29.96	201	42.76	47.20
9.	Maria Jose Ramos	12 Beja	1:30.25	199	41.19	49.06
10.	Ines Oliveira Gomes	12 Desportivo de Odemira	1:31.42	191	41.35	50.07
11.	Carolina Paixao Cenico	12 Atletico Montemor	1:33.28	180	42.28	51.00
12.	Ines Santos Pina	12 CLAC-Entroncamento	1:33.42	179	43.07	50.35
13.	Joana Verissimo Tavares	12 CLAC-Entroncamento	1:40.40	144	44.91	55.49
	<i>FTL</i>					



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 23, Femin., 100m Mariposa, Infantil A

Lugar	Ano	Tempo final	Pts	50m	100m
14. Margarida Amaral Mesquita FTL	12	Electrico Futebol Clube	1:42.10 137	44.61	57.49
15. Ana Marisa Simples FTL	12	Uniao Samorense	1:42.16 137	46.46	55.70
16. Maria Leonor Martins FTL	12	Beja	1:48.51 114	46.02	1:02.49
DSQ Leonor Alinho Magna	12	Beja			
<i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>					

Infantil B

1. Lara Amorim Pereira	13	Litoral Alentejano	1:21.52 270	37.92	43.60
2. Mercedes Beirao Valente	13	Albicastrense	1:30.47 197	41.08	49.39
3. Valentina Rodrigues Feijao	13	Nautico Salvaterra Magos	1:30.73 196	39.18	51.55
4. Carlota Maria Pereira	13	Albicastrense	1:33.04 181	42.40	50.64
5. Maria Carolina Fidalgo	13	Viver Santarem	1:34.22 175	45.03	49.19
6. Maria Vitoria Hryniv	13	Grandola Sports	1:34.98 170	44.56	50.42
7. Francisca Bonito Silva	13	Portalegre	1:36.21 164	42.84	53.37
8. Filipa Meira Lopez	13	Portalegre	1:38.27 154	44.13	54.14
9. Maria Leonor Calcao	13	Atletico Montemor	1:46.24 122	48.19	58.05
10. Mafalda Ines Martinho FTL	13	CLAC-Entroncamento	1:51.50 105	51.38	1:00.12

Prova 24

Masc., 100m Mariposa

Infantil
Resultados

01/02/2026 - 11:50

Rec Nac 25m Open	50.12	Diogo Matos Ribeiro	SLB	Tomar	14/12/2024
Rec Nac 25m Inf A	59.56	Fabio Parrilha da Silva	CNAL	Leiria	07/04/2001
Rec Nac 25m Inf B	1:01.78	Fabio Parrilha da Silva	CNAL	Penafiel	01/04/2000

INFANTIL A Inf A: 1:39.00 / INFANTIL B Inf B: 1:50.00

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts	50m	100m
Infantil A					
1. Rodrigo Miranda Rosa	12	Uniao Samorense	1:14.52 262	34.19	40.33
2. Goncalo Maria Costa	12	Elvense	1:17.37 234	36.26	41.11
3. Matias Rafael Pacheco	12	BUZIOS-Coruche	1:20.51 208	37.68	42.83
4. Lourenco Filipe Costa	12	20Km de Almeirim	1:20.85 205	37.61	43.24
5. Antonio Presado Costa	12	Estremoz	1:21.83 198	37.62	44.21
6. Francisco Carvalho Figueira	12	Portalegre	1:24.64 179	39.06	45.58
7. Sergio Ricardo Alves	12	CCDSerta	1:27.73 160	40.60	47.13
8. Nelson Manuel Florindo	12	Aminata	1:28.80 155	37.95	50.85
9. Alexandre Caetano Costa	12	Natacao da Guarda	1:29.74 150	41.10	48.64
10. Duarte Belchior Munhao	12	Elvense	1:31.26 142	43.82	47.44
11. Sandro Jose Tomas	12	BUZIOS-Coruche	1:33.97 130	44.34	49.63
12. Antonio Beirao Valente	12	Albicastrense	1:34.62 128	42.84	51.78
13. Roman Perez Crespo	12	Atletico Montemor	1:37.68 116	45.52	52.16

Infantil B

1. Goncalo Pato Mateus	13	Uniao Samorense	1:20.01 212	36.86	43.15
2. Dinis Miguel Fernandes	13	Beja	1:32.04 139	40.98	51.06
3. Francisco Jose Abreu	13	Natacao da Guarda	1:32.65 136	40.97	51.68
4. Vicente Manuel Nunes	13	Nautico Salvaterra Magos	1:32.67 136	42.35	50.32
5. Diogo Salvador Santos	13	Grandola Sports	1:32.97 135	41.55	51.42
6. Tomas Miguel Madeira	13	20Km de Almeirim	1:33.89 131	45.66	48.23
7. David Barreiros Baiao	13	Portalegre	1:34.12 130	43.23	50.89



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 24, Masc., 100m Mariposa, Infantil B

Lugar	Ano		Tempo final	Pts	50m	100m
8.	Afonso Duarte Silveira	13 Albicastrense	1:38.22	114	45.82	52.40
9.	Luenji Aladino Jasse	13 Litoral Alentejano	1:43.16	98	48.23	54.93
10.	Afonso Gil Campos	13 CLAC-Entroncamento	1:48.69	84	46.84	1:01.85
DSQ	Leonardo Del Sasso Cebrian	13 20Km de Almeirim				

SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso

Prova 25

Femin., 200m Estilos

Infantil

01/02/2026 - 15:30

Resultados

Rec Nac 25m Open	2:11.70	Camila Rodrigues Rebelo	ALN	Tomar	14/12/2024
Rec Nac 25m Inf A	2:19.79	Mariana Pacheco Cunha	CFP	Felgueiras	14/04/2018
Rec Nac 25m Inf B	2:21.36	Carolina Miranda Fernandes	CGA	Felgueiras	10/03/2018

Lugar	Ano		Tempo final	50m	100m	150m	200m
Infantil A							
1.	Matilde Casimiro Bibi	12 BUZIOS-Coruche	2:35.08	34.04	40.21	44.55	36.28
2.	Rita Gomes Valentim	12 Torres Novas	2:41.85	35.16	42.37	48.52	35.80
3.	Alicia Lopes Deep	12 BUZIOS-Coruche	2:45.99	36.30	44.19	47.29	38.21
4.	Maria Brito Palma	12 Zona Azul	2:52.93	37.86	43.19	53.75	38.13
	Diana Marques Maquilao	12 Nautico Salvaterra Magos	2:52.93	39.64	44.07	49.80	39.42
6.	Matilde Abelho Vaz	12 CLAC-Entroncamento	2:55.08	39.35	45.67	49.55	40.51
7.	Rita Balsa Alves	12 BUZIOS-Coruche	2:55.48	40.18	44.36	52.90	38.04
8.	Margarida Madeira Pires	12 Rio Maior	2:56.40	40.65	44.19	51.65	39.91
9.	Alice Maria Nunes	12 Atletico Montemor	2:57.46	39.22	46.51	52.14	39.59
10.	Maria Francisca Pinheiro	12 Nautico Abrantes	3:00.06	42.26	45.68	50.66	41.46
11.	Lara Sofia Goncalves	12 Litoral Alentejano	3:00.12	37.75	45.62	53.74	43.01
12.	Ines Mendes Rocha	12 Litoral Alentejano	3:00.22	36.36	48.79	53.58	41.49
13.	Leonor Cardoso Tavares	12 CCDSerta	3:01.27	42.33	48.89	50.01	40.04
14.	Leonor Casalta Ferreira	12 Natacao da Guarda	3:01.77	43.21	46.24	52.20	40.12
15.	Luana Alexandra Rebocho	12 Zona Azul	3:06.34	46.46	45.88	51.93	42.07
16.	Ines Oliveira Gomes	12 Desportivo de Odemira	3:07.32	41.67	47.74	56.29	41.62
17.	Matilde Nunes Simoes	12 CCDSerta	3:09.35	41.13	47.88	57.29	43.05
18.	Carolina Paixao Cenico	12 Atletico Montemor	3:10.22	41.27	50.51	57.56	40.88
19.	Maria Beatriz Mestre	12 Electrico Futebol Clube	3:10.84	44.75	48.22	55.12	42.75
20.	Daniela Varela Silva	12 Atletico Montemor	3:10.86	45.80	46.31	58.85	39.90
21.	Sophia Maria Pestana	12 Zona Azul	3:10.96	42.22	47.82	56.81	44.11
22.	Ines Santos Pina	12 CLAC-Entroncamento	3:12.25	42.66	51.15	56.53	41.91
23.	Ariana Nunes Batista	12 Grandola Sports	3:13.40	45.67	48.97	55.89	42.87
24.	Carolina Campos Silva	12 Natacao da Guarda	3:18.75	45.64	53.79	53.65	45.67
25.	Catia Mendes Fidalgo	12 Grandola Sports	3:19.50	45.98	48.51	1:00.84	44.17
26.	Laura Sofia Graca	12 Uniao Samorense	3:22.07	44.87	50.62	1:04.16	42.42
27.	Lucia Cristina Sequeira	12 Aminata	3:24.57	46.89	50.30	1:00.71	46.67
28.	Joana Franca Rasteiro	12 Portalegre	3:26.38	47.66	56.78	58.78	43.16
29.	Carolina Ferreira Guimaraes	12 Grandola Sports	3:28.23	50.55	53.29	58.90	45.49
30.	Teresa Filipe Banha	12 Atletico Montemor	3:32.70	52.48	56.97	59.50	43.75
31.	Sofia Oliveira Pereira	12 Grandola Sports	3:36.82	50.48	58.22	1:01.74	46.38
32.	Carolina Neves Mota	12 Natacao da Guarda	3:46.46	53.15	1:00.84	58.21	54.26
DSQ	Matilde Coelho Costa	12 Natacao da Guarda					

SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso, de mariposa

Infantil B

1.	Maria Amelia Torres	13 Viver Santarem	2:51.40	37.57	44.14	50.40	39.29
2.	Laura Conde Correia	13 Torres Novas	2:52.87	39.41	45.24	49.07	39.15
3.	Valentina Rodrigues Feijao	13 Nautico Salvaterra Magos	2:59.83	40.16	44.05	53.96	41.66
4.	Leonor Santos Silva	13 CCDSerta	3:02.50	42.22	46.50	53.25	40.53
5.	Marta Bento Ferreira	13 Viver Santarem	3:07.36	45.21	47.51	53.18	41.46



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 25, Femin., 200m Estilos, Infantil B

Lugar	Ano		Tempo final	50m	100m	150m	200m
6.	13	Grandola Sports	3:08.47	42.42	50.18	53.10	42.77
7.	13	Litoral Alentejano	3:11.85	45.44	48.59	54.94	42.88
8.	13	Natacao da Guarda	3:15.73	46.53	52.84	52.74	43.62
9.	13	Litoral Alentejano	3:16.72	45.90	49.24	55.25	46.33
10.	13	Uniao Samorense	3:18.16	45.14	52.03	55.90	45.09
11.	13	Torres Novas	3:19.49	47.04	51.82	56.82	43.81
12.	13	Portalegre	3:20.66	48.22	47.36	58.58	46.50
13.	13	Nautico Abrantes	3:21.25	48.91	50.61	1:01.58	40.15
14.	13	Litoral Alentejano	3:21.35	48.09	50.99	56.80	45.47
15.	13	CLAC-Entroncamento	3:21.96	51.38	51.04	54.13	45.41
16.	13	Portalegre	3:23.10	44.60	56.33	57.06	45.11
17.	13	Aletico Montemor	3:24.23	48.66	52.81	1:00.73	42.03
18.	13	Portalegre	3:27.47	47.96	52.83	58.31	48.37
19.	13	Aminata	3:27.48	48.15	55.83	54.33	49.17
20.	13	Albicastrense	3:28.09	53.10	51.59	59.14	44.26
21.	13	Aletico Montemor	3:35.12	55.86	52.86	1:03.72	42.68

Prova 26 Masc., 200m Estilos Infantil
01/02/2026 - 16:00 Resultados

Rec Nac 25m Open	1:53.45	Diogo Filipe Carvalho	POR	Netanya (ISR)	04/12/2015
Rec Nac 25m Inf A	2:13.38	Tomas Miguel Freitas	CDN	Funchal	17/07/2004
Rec Nac 25m Inf B	2:17.96	Andre Vilas Ruivo	DNMG	Nazaré	02/06/2013

INFANTIL A Inf A: 3:11.00 / INFANTIL B Inf B: 3:59.00

Lugar	Ano		Tempo final	50m	100m	150m	200m
Infantil A							
1.	12	Elvense	2:44.63	36.76	42.47	50.08	35.32
2.	12	Albicastrense	2:50.58	37.38	42.79	52.44	37.97
3.	12	BUZIOS-Coruche	2:50.74	37.11	42.88	53.44	37.31
4.	12	20Km de Almeirim	2:51.19	38.00	44.86	49.64	38.69
5.	12	Portalegre	2:52.28	38.33	45.72	52.04	36.19
6.	12	Elvense	2:53.39	39.07	43.92	51.97	38.43
7.	12	Litoral Alentejano	2:53.84	37.42	45.83	50.52	40.07
8.	12	Aminata	2:57.28	37.52	46.10	52.99	40.67
9.	12	Aminata	2:57.44	40.18	44.95	55.35	36.96
10.	12	Zona Azul	3:06.45	41.62	45.83	57.22	41.78
11.	12	Natacao da Guarda	3:15.85	42.67	48.79	1:01.35	43.04

DSQ Rodrigo Miranda Rosa 12 Uniao Samorense
9.4 - O atleta não terminou o percurso de braços de acordo com a regra do estilo (toque não simultâneo na parede na viragem dos 150m)

Infantil B							
1.	13	Torres Novas	2:49.42	37.87	42.72	50.99	37.84
2.	13	Uniao Samorense	2:53.43	37.00	46.66	52.29	37.48
3.	13	Nautico Salvaterra Magos	2:54.47	39.51	45.63	49.02	40.31
4.	13	20Km de Almeirim	3:05.49	40.28	48.85	56.98	39.38
5.	13	Natacao da Guarda	3:05.64	41.92	45.25	59.65	38.82
6.	13	Grandola Sports	3:07.14	39.37	49.08	57.15	41.54
7.	13	Portalegre	3:07.77	43.04	49.22	52.53	42.98
8.	13	Nautico Abrantes	3:08.48	42.65	47.01	55.36	43.46
9.	13	BUZIOS-Coruche	3:13.01	44.70	50.48	59.96	37.87
10.	13	Aminata	3:15.15	44.65	49.14	1:00.58	40.78
11.	13	20Km de Almeirim	3:15.79	45.65	51.46	55.48	43.20
12.	13	Grandola Sports	3:16.02	42.76	50.07	59.69	43.50



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Prova 26, Masc., 200m Estilos, Infantil B

Lugar	Ano		Tempo final	50m	100m	150m	200m	
13.	Luenji Aladino Jasse	13	Litoral Alentejano	3:26.52	47.57	53.85	1:00.10	45.00
14.	Afonso Gil Campos	13	CLAC-Entroncamento	3:29.63	46.60	51.53	1:04.38	47.12
DSQ	Gustavo Antonio Bernardes	13	Aminata					
<i>9.4 - O atleta não terminou o percurso de bruços de acordo com a regra do estilo (tocou apenas com uma mão na viragem dos 150m)</i>								
DSQ	Leonardo Del Sasso Cebri	13	20Km de Almeirim					
<i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso, de mariposa</i>								
DSQ	Rafael Jose Isidoro	13	Rio Maior					
<i>9.4 - O atleta não terminou o percurso de bruços de acordo com a regra do estilo (tocou apenas com uma mão na viragem dos 150m)</i>								

Prova 27
01/02/2026 - 16:20

Femin., 50m Livres

Infantil Resultados

Rec Nac 25m Open	24.94	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20/12/2009
Rec Nac 25m Inf A	26.85	Ana Margarida Guedes	GCVR	Bragança	05/07/2015
Rec Nac 25m Inf B	27.43	Marta Lopes Brites	CNPDL	Ponta Delgada	12/07/2019

INFANTIL A Inf A: 41.00 / INFANTIL B Inf B: 42.55

Pontos: AQUA 2025

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantil A								
1.	Matilde Casimiro Bibi	F	219457	12	BUZIOS-Coruche	Santarem	29.31	472
2.	Rita Gomes Valentim	F	212796	12	Torres Novas	Santarem	29.57	460
3.	Ines Borges Costa	F	217859	12	Desportivo de Odemira	Alentejo	31.30	388
4.	Maria Brito Palma	F	212846	12	Zona Azul	Alentejo	31.33	386
5.	Juliana Antunes Monteiro	F	211285	12	Torres Novas	Santarem	31.49	381
6.	Alicia Lopes Deep	F	217548	12	BUZIOS-Coruche	Santarem	31.73	372
7.	Madalena Santos Machado	F	220029	12	Desportivo de Odemira	Alentejo	31.83	368
8.	Maria Jose Ramos	F	219098	12	Beja	Alentejo	32.40	349
9.	Diana Marques Maquilao	F	214134	12	Nautico Salvaterra Magos	Santarem	32.52	345
10.	Leonor Cardoso Tavares	F	220424	12	CCDSerta	Interior Centro	32.68	340
11.	Alice Maria Nunes	F	211599	12	Atletico Montemor	Alentejo	32.70	340
12.	Sofia Medeiro Horta	F	216032	12	Zona Azul	Alentejo	32.71	339
13.	Maria Benedita Ribeiro	F	217879	12	CCDSerta	Interior Centro	32.73	339
14.	Margarida Madeira Pires	F	218976	12	Rio Maior	Santarem	32.99	331
15.	Carolina Paixao Cenico	F	214698	12	Atletico Montemor	Alentejo	33.06	329
16.	Ana Leonor Lopes	F	220236	12	Rio Maior	Santarem	33.27	323
17.	Ines Barata Henrique	F	216103	12	Albicastrense	Interior Centro	33.60	313
18.	Margarida Lourenco Antunes	F	217878	12	CCDSerta	Interior Centro	33.63	312
19.	Sophia Maria Pestana	F	221357	12	Zona Azul	Alentejo	34.00	302
20.	Ines Mendes Rocha	F	218238	12	Litoral Alentejano	Alentejo	34.23	296
21.	Matilde Nunes Simoes	F	220422	12	CCDSerta	Interior Centro	34.47	290
22.	Teresa Filipe Banha	F	220352	12	Atletico Montemor	Alentejo	34.53	289
23.	Leonor Casalta Ferreira	F	217538	12	Natacao da Guarda	Interior Centro	34.67	285
24.	Laura Gomes Mestre	F	215804	12	Aljustrelense	Alentejo	35.08	275
25.	Carolina Ferreira Guimaraes	F	221254	12	Grandola Sports	Alentejo	35.24	271
26.	Joana Verissimo Tavares	F	217624	12	CLAC-Entroncamento	Santarem	35.29	270
27.	Lara Alberto Januario	F	226393	12	Viver Santarem	Santarem	35.36	269
28.	Ines Oliveira Gomes	F	217864	12	Desportivo de Odemira	Alentejo	35.46	266
29.	Luana Alexandra Rebocho	F	212852	12	Zona Azul	Alentejo	36.18	251
30.	Maria Leonor Martins	F	218194	12	Beja	Alentejo	36.31	248
31.	Carolina Barradas Oliveira	F	227197	12	Albicastrense	Interior Centro	36.34	247
32.	Margarida Soares Monteiro	F	218192	12	Beja	Alentejo	36.35	247
33.	Erica Filipa Ferreira	F	220429	12	Elvense	Interior Centro	36.46	245
34.	Joana Franca Rasteiro	F	146008	12	Portalegre	Interior Centro	36.65	241
35.	Leonor Alinho Magna	F	221915	12	Beja	Alentejo	36.71	240
36.	Ines Santos Pina	F	217623	12	CLAC-Entroncamento	Santarem	36.83	238
37.	Maria Leonor Serodio	F	226220	12	Viver Santarem	Santarem	36.95	235
38.	Sofia Oliveira Pereira	F	217853	12	Grandola Sports	Alentejo	37.55	224
39.	Carolina Campos Silva	F	217529	12	Natacao da Guarda	Interior Centro	37.96	217
40.	Clarisse Alexandra Nunes	F	226450	12	Litoral Alentejano	Alentejo	38.73	204
41.	Alice Amareleja Lobo	F	225700	12	Estremoz	Alentejo	38.90	202
42.	Matilde Coelho Costa	F	221212	12	Natacao da Guarda	Interior Centro	38.91	201
43.	Ana Carolina Janeiro	F	218746	12	Portalegre	Interior Centro	39.03	200



Campeonato Inter-Distrital de Infantis
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Prova 27, Femin., 50m Livres

Infantil B

1.	Lara Amorim Pereira	F	219560	13	Litoral Alentejano	Alentejo	31.63	376
2.	Carlota Maria Pereira	F	215071	13	Albicastrense	Interior Centro	32.01	362
3.	Alice Fortunato Correia	F	221443	13	Grandola Sports	Alentejo	32.51	346
4.	Laura Conde Correia	F	215517	13	Torres Novas	Santarem	32.56	344
5.	Rita Vidigal Caldeira	F	217406	13	Elvense	Interior Centro	33.46	317
6.	Carolina Neves Mestre	F	215933	13	Aljustrelense	Alentejo	34.14	299
7.	Eva Sousa Alfaiate	F	215513	13	Torres Novas	Santarem	34.32	294
8.	Constanca Mendao Silva	F	220232	13	Rio Maior	Santarem	34.87	280
9.	Daniela Dias Rodrigues	F	217531	13	Natacao da Guarda	Interior Centro	34.96	278
10.	Iara Goncalves Rodrigues	F	217602	13	Elvense	Interior Centro	35.15	273
11.	Maria Leonor Mafra	F	225722	13	Portalegre	Interior Centro	35.26	271
12.	Mercedes Beirao Valente	F	216128	13	Albicastrense	Interior Centro	35.46	266
13.	Carolina Marques Ribeiro	F	225344	13	Rio Maior	Santarem	35.81	259
14.	Maria Francisca Fernandes	F	223801	13	Albicastrense	Interior Centro	35.89	257
15.	Maria Leonor Santos	F	225210	13	Litoral Alentejano	Alentejo	36.08	253
16.	Sara Araujo Silva	F	217861	13	Desportivo de Odemira	Alentejo	36.82	238
17.	Margarida Salavessa Cacilhas	F	216125	13	Albicastrense	Interior Centro	37.47	226
18.	Filipa Meira Lopez	F	219462	13	Portalegre	Interior Centro	38.10	215
19.	Renata Nunes Nobre	F	217863	13	Desportivo de Odemira	Alentejo	38.72	204
20.	Francisca Bonito Silva	F	220935	13	Portalegre	Interior Centro	39.60	191
21.	Ines Ferreira Bravo	F	225078	13	Aminata	Alentejo	39.99	186
DSQ	Maria Eduarda Amoroso	F	223800	13	Albicastrense	Interior Centro		DSQ

SW 4.4 - Falsa partida

Prova 28

Masc., 50m Livres

Infantil

01/02/2026 - 16:35

Resultados

Rec Nac 25m Open	21.15	Diogo Matos Ribeiro	SLB	Leiria	13/12/2025
Rec Nac 25m Inf A	25.17	Rodolfo Junior Alecrim	CNL-VOID	Óbidos	15/06/2024
Rec Nac 25m Inf B	26.65	Gabriel Jose Lopes	CDL	Lousã	19/06/2010

INFANTIL A Inf A: 36.82 / INFANTIL B Inf B: 37.80

Pontos: AQUA 2025

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantil A								
1.	Francisco Grave Reis	M	214570	12	Rio Maior	Santarem	27.65	372
2.	Goncalo Maria Costa	M	207317	12	Elvense	Interior Centro	29.20	316
3.	Diogo Leote Pedrosa	M	218504	12	Zona Azul	Alentejo	29.60	303
4.	Salvador Henrique Vieira	M	211387	12	Torres Novas	Santarem	30.07	289
5.	Antonio Presado Costa	M	222543	12	Estremoz	Alentejo	30.57	275
6.	Sergio Ricardo Alves	M	220933	12	CCDSerta	Interior Centro	30.58	275
7.	Santiago Raposo Fernandes	M	217617	12	20Km de Almeirim	Santarem	30.63	274
8.	Gabriel Mocanu	M	212322	12	Uniao Samorense	Santarem	30.88	267
9.	Lourenco Filipe Costa	M	218656	12	20Km de Almeirim	Santarem	31.19	259
10.	Rafael Duarte Bico	M	226677	12	Aminata	Alentejo	31.23	258
11.	Antonio Beirao Valente	M	216127	12	Albicastrense	Interior Centro	31.79	245
12.	Nelson Manuel Florindo	M	222767	12	Aminata	Alentejo	32.14	237
13.	Francisco Carvalho Figueira	M	221962	12	Portalegre	Interior Centro	32.36	232
14.	Afonso Ferreira Cruz	M	211280	12	CLAC-Entroncamento	Santarem	32.75	224
15.	Gabriel Carrasco Coelho	M	225145	12	Estremoz	Alentejo	33.19	215
16.	Sandro Jose Tomas	M	219244	12	BUZIOS-Coruche	Santarem	33.74	205
17.	Roman Perez Crespo	M	219238	12	Atletico Montemor	Alentejo	33.91	202
18.	Tomas Oliveira Marques	M	217541	12	Natacao da Guarda	Interior Centro	34.06	199
19.	Martim Farinha Nunes	M	220930	12	CCDSerta	Interior Centro	34.89	185
20.	Martim Silva Bernardo	M	226645	12	Viver Santarem	Santarem	36.39	163
21.	Diogo Ribeiro Torres	M	221514	12	Beja	Alentejo	36.40	163
22.	Joao Francisco Monteiro	M	225545	12	BUZIOS-Coruche	Santarem	38.08	142
	<i>FIL</i>							
23.	Afonso Santos Mauricio	M	221513	12	Beja	Alentejo	42.31	104
	<i>FIL</i>							



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 28, Masc., 50m Livres

Infantil B

1.	Rodrigo Manuel Alegria	M	213014	13	Torres Novas	Santarem	30.11	288
2.	Lourenco Costa Fortes	M	215856	13	Aljustrelense	Alentejo	31.58	250
3.	Pedro Antonio Marcelino	M	217753	13	CCDSerta	Interior Centro	32.94	220
4.	Rafael Jose Isidoro	M	220239	13	Rio Maior	Santarem	33.16	216
5.	Bruno Estanqueiro Lopes	M	215510	13	Torres Novas	Santarem	33.38	211
6.	Diogo Salvador Santos	M	224855	13	Grandola Sports	Alentejo	33.77	204
7.	Vicente Manuel Nunes	M	214975	13	Nautico Salvaterra Magos	Santarem	33.79	204
8.	Miguel Maria Alves	M	214701	13	Aminata	Alentejo	33.93	201
9.	Andre Jose Silva	M	213354	13	Torres Novas	Santarem	34.12	198
10.	Tomas Miguel Madeira	M	217619	13	20Km de Almeirim	Santarem	34.14	198
11.	David Barreiros Baiao	M	219305	13	Portalegre	Interior Centro	34.57	190
12.	Gustavo Antonio Bernardes	M	227807	13	Aminata	Alentejo	34.58	190
13.	Tomas Usta Melo	M	223556	13	Electrico Futebol Clube	Interior Centro	35.01	183
14.	Francisco Maria Cardoso	M	225656	13	Albicastrense	Interior Centro	35.62	174
15.	Manuel Maria Pereira	M	219343	13	Electrico Futebol Clube	Interior Centro	35.81	171
16.	Eduardo Agostinho Duque	M	214978	13	20Km de Almeirim	Santarem	35.96	169
17.	Afonso Duarte Silveira	M	222450	13	Albicastrense	Interior Centro	36.27	165
18.	Miguel Pereira Ribeiro	M	218698	13	Grandola Sports	Alentejo	36.48	162
19.	Leonardo Del Sasso Cebrian	M	222197	13	20Km de Almeirim	Santarem	36.83	157
20.	Gustavo Babo Palhete	M	218190	13	Beja	Alentejo	37.15	153
21.	Denzel Gabriel Silvestre FTL	M	220925	13	CCDSerta	Interior Centro	37.96	144
22.	Alexandre Pinto Zahari FTL	M	223507	13	20Km de Almeirim	Santarem	42.91	99

Prova 29

Femin., 200m Costas

Infantil

01/02/2026 - 16:55

Resultados

Rec Nac 25m Open	2:03.51	Camila Rodrigues Rebelo	POR	Lublin (POL)	03/12/2025
Rec Nac 25m Inf A	2:17.86	Catia Raquel Martinheira	LDC	Sines	21/12/2008
Rec Nac 25m Inf B	2:21.33	Rafaela Gomes Azevedo	SAD	Algés	06/06/2015

INFANTIL A Inf A: 3:35.00 / INFANTIL B Inf B: 3:57.00

Lugar	Ano		Tempo final	50m	100m	150m	200m	
Infantil A								
1.	Madalena Santos Machado	12	Desportivo de Odemira	2:51.76	40.98	43.56	44.30	42.92
2.	Marta Costa Soares	12	Uniao Samorense	2:51.87	40.28	43.11	44.94	43.54
3.	M. Antunes	12	CCDSerta	2:54.63	42.30	43.55	44.32	44.46
4.	Matilde Abelho Vaz	12	CLAC-Entroncamento	2:54.69	40.71	44.26	45.30	44.42
5.	Rita Balsa Alves	12	BUZIOS-Coruche	2:56.58	40.99	44.12	46.41	45.06
6.	Maria Benedita Ribeiro	12	CCDSerta	2:59.11	42.20	45.73	46.80	44.38
7.	Lara Sofia Goncalves	12	Litoral Alentejano	2:59.40	43.92	46.35	45.58	43.55
8.	Maria Francisca Pinheiro	12	Nautico Abrantes	3:00.41	42.35	45.14	46.92	46.00
9.	Maria Beatriz Mestre	12	Electrico Futebol Clube	3:03.81	42.26	46.88	48.51	46.16
10.	Daniela Varela Silva	12	A Atletico Montemor	3:05.41	43.53	47.81	48.97	45.10
11.	Joana Verissimo Tavares	12	CLAC-Entroncamento	3:06.42	43.12	49.22	49.19	44.89
12.	Ariana Nunes Batista	12	Grandola Sports	3:07.58	44.27	48.04	49.13	46.14
13.	Maria Vitoria Martinho	12	Gualdim Pais	3:07.59	42.60	47.51	49.09	48.39
14.	Margarida Soares Monteiro	12	Beja	3:12.50	46.93	48.61	49.79	47.17
15.	Laura Sofia Graca	12	Uniao Samorense	3:14.76	46.95	49.82	50.39	47.60
16.	Laura Gomes Mestre	12	Aljustrelense	3:15.86	45.30	51.19	50.12	49.25
17.	Catia Mendes Fidalgo	12	Grandola Sports	3:16.45	48.48	50.33	50.42	47.22
18.	Erica Filipa Ferreira	12	Elvense	3:20.04	45.40	50.82	53.68	50.14
19.	Lucia Cristina Sequeira	12	Aminata	3:22.25	46.99	52.06	53.04	50.16
20.	Leonor Alinho Magna	12	Beja	3:22.82	46.71	52.10	53.86	50.15
21.	Ana Carolina Janeiro	12	Portalegre	3:32.70	52.11	54.32	54.66	51.61



Campeonato Inter-Distrital de Infantis
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Prova 29, Femin., 200m Costas

Infantil B

1. Maria Amelia Torres	13	Viver Santarem	2:45.94	38.21	42.28	43.53	41.92
2. Valentina Rodrigues Feijao	13	Nautico Salvaterra Magos	2:56.71	40.65	44.88	46.77	44.41
3. Leonor Santos Silva	13	CCDSerta	3:00.68	42.67	45.56	47.26	45.19
4. Diana Sofia Rosado	13	Litoral Alentejano	3:03.74	43.67	46.75	47.33	45.99
5. Eva Sousa Alfaiate	13	Torres Novas	3:06.88	44.38	47.48	49.44	45.58
6. Rita Vidigal Caldeira	13	Elvense	3:07.04	43.67	47.50	49.11	46.76
7. Carolina Neves Mestre	13	Aljustrelense	3:07.87	44.95	48.53	48.51	45.88
8. Maria Carolina Fidalgo	13	Viver Santarem	3:09.13	46.12	48.84	48.66	45.51
9. Maria Leonor Santos	13	Litoral Alentejano	3:09.99	44.12	48.77	49.79	47.31
10. Ines Batista Passadinhas	13	Portalegre	3:10.26	45.63	48.69	48.99	46.95
11. Leonor Chambel Santos	13	Nautico Abrantes	3:13.62	47.47	49.28	49.77	47.10
12. Alice Fortunato Correia	13	Grandola Sports	3:18.51	47.78	49.20	51.06	50.47
13. Carolina Marques Ribeiro	13	Rio Maior	3:20.57	45.37	52.27	52.38	50.55
14. Mariana Beatriz Goncalves	13	Uniao Samorense	3:21.61	46.75	51.27	53.20	50.39
15. Iara Goncalves Rodrigues	13	Elvense	3:24.43	47.93	52.43	53.49	50.58
16. Maria Vitoria Hryniv	13	Grandola Sports	3:25.13	48.70	52.82	53.07	50.54
17. Mafalda Ines Martinho	13	CLAC-Entroncamento	3:25.80	49.60	53.55	53.09	49.56
18. Maria Francisca Fernandes	13	Albicastrense	3:28.04	48.52	55.54	55.52	48.46

Prova 30

Masc., 200m Costas

Infantil

01/02/2026 - 17:20

Resultados

Rec Nac 25m Open	1:52.66	Gabriel Jose Lopes	POR	Hangzhou (CHN)	16/12/2018
Rec Nac 25m Inf A	2:09.17	Joao Alexandre Vital	ADRCIMM	Algés	29/06/2012
Rec Nac 25m Inf B	2:15.27	Andre Vilas Ruivo	DNMG	S. António Cavaleiros	16/03/2013

INFANTIL A Inf A: 3:19.00 / INFANTIL B Inf B: 3:24.00

Lugar	Ano		Tempo final	50m	100m	150m	200m
Infantil A							
1. Francisco Grave Reis	12	Rio Maior	2:35.42	36.72	39.63	39.91	39.16
2. Salvador Henrique Vieira	12	Torres Novas	2:38.06	37.45	40.18	40.97	39.46
3. Santiago Raposo Fernandes	12	20Km de Almeirim	2:44.75	38.29	41.90	43.31	41.25
4. Matias Rafael Pacheco	12	BUZIOS-Coruche	2:46.45	40.19	42.45	42.45	41.36
5. Martim Rocha Silva	12	Gualdim Pais	2:49.43	40.50	44.34	43.24	41.35
6. Tomas Martins Azevedo	12	Albicastrense	2:50.90	39.93	43.83	44.84	42.30
7. Afonso Ferreira Cruz	12	CLAC-Entroncamento	2:51.47	42.77	44.69	43.19	40.82
8. Rodrigo Miranda Rosa	12	Uniao Samorense	2:53.34	40.09	46.26	44.95	42.04
9. Duarte Belchior Munhao	12	Elvense	2:53.85	40.86	44.49	45.79	42.71
10. Sergio Ricardo Alves	12	CCDSerta	2:56.82	42.20	46.31	46.28	42.03
11. Roman Perez Crespo	12	A Atletico Montemor	3:01.47	43.65	46.68	47.02	44.12
12. Tiago Torpes Pardal	12	Litoral Alentejano	3:08.53	44.70	46.70	48.58	48.55

Infantil B

1. Dinis Miguel Fernandes	13	Beja	2:53.37	39.62	44.57	45.18	44.00
2. Lourenco Costa Fortes	13	Aljustrelense	2:57.19	43.10	45.80	46.57	41.72
3. Hugo Santos Carapeto	13	Nautico Abrantes	2:59.63	41.61	45.73	47.54	44.75
4. Francisco Jose Abreu	13	Natacao da Guarda	3:02.10	43.87	47.21	48.17	42.85
5. Pedro Antonio Marcelino	13	CCDSerta	3:02.45	44.27	47.09	46.83	44.26
6. Tomas Usta Melo	13	Electrico Futebol Clube	3:14.62	47.42	50.17	50.53	46.50
7. Afonso Gil Campos	13	CLAC-Entroncamento	3:14.96	46.71	50.05	50.59	47.61
8. Francisco Maria Cardoso	13	Albicastrense	3:16.42	46.25	50.48	51.66	48.03
9. Manuel Maria Pereira	13	Electrico Futebol Clube	3:18.54	46.24	50.23	52.64	49.43
10. Andre Jose Silva	13	Torres Novas	3:27.98	47.02	54.30	53.83	52.83

FTL



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 31 Femin., 4 x 100m Livres Infantil
01/02/2026 - 17:40 Resultados

Rec Nac 25m Open	3:42.27	Sporting Clube de Portugal	SCP	Quarteira	20/12/2025
Rec Nac 25m Inf A	4:05.21	Clube dos Galitos / Bresimar	CGA	Estarreja	10/06/2019
Rec Nac 25m Inf	4:05.21	tempo limite			01/01/1800
Rec Nac 25m Inf B	4:13.11	Clube dos Galitos / Bresimar	CGA	Felgueiras	11/03/2018

Pontos: AQUA 2025

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantil A							
1. Atletico Montemor 3	F			Atletico Montemor	Alentejo	5:06.78	298
Alice Maria Nunes	12	36.35	1:17.45	Teresa Filipe Banha	12	36.58	1:16.72
Daniela Varela Silva	12	35.41	1:16.56	Carolina Paixao Cencico	12	35.55	1:16.05
2. Grandola Sports 1	F			Grandola Sports	Alentejo	5:16.13	272
Carolina Ferreira Guimaraes	12	36.41	1:16.46	Ariana Nunes Batista	12	36.37	1:16.38
Catia Mendes Fidalgo	12	38.22	1:20.20	Sofia Oliveira Pereira	12	39.62	1:23.09
3. Beja 5	F			Beja	Alentejo	5:28.99	241
Maria Jose Ramos	12	34.72	1:13.52	Leonor Alinho Magna	12	39.38	1:25.50
Maria Leonor Martins	12	40.30	1:25.12	Margarida Soares Monteiro	12	39.11	1:24.85

Infantil B

1. Litoral Alentejano 1	F			Litoral Alentejano	Alentejo	5:13.15	280
Lara Amorim Pereira	13	32.86	1:08.61	Alice Cardoso Silva	13	39.17	1:22.64
Maria Leonor Santos	13	38.09	1:20.30	Ana Vieru	13	38.78	1:21.60
2. Alcabastrense 1	F			Alcabastrense	Interior Centro	5:22.19	257
Carlota Maria Pereira	13	34.15	1:10.85	Maria Francisca Fernandes	13	40.20	1:25.60
Margarida Salavessa Cacilhas	13	41.62	1:25.59	Mercedes Beirao Valente	13	37.60	1:20.15
3. Portalegre 1	F			Portalegre	Interior Centro	5:38.47	222
Ines Batista Passadinhas	13	38.91	1:21.51	Francisca Bonito Silva	13	42.92	1:29.67
Filipa Meira Lopez	13	40.37	1:29.64	Maria Leonor Mafra	13	36.44	1:17.65
EXH CCDSerta 2	F			CCDSerta	Interior Centro	4:55.25	334 EXH
Maria Benedita Ribeiro	12	34.95	1:13.53	Matilde Nunes Simoes	12	36.12	1:16.52
Leonor Cardoso Tavares	12	35.82	1:13.30	Leonor Santos Silva	13	34.58	1:11.90

Prova 32 Masc., 4 x 100m Livres Infantil
01/02/2026 - 17:55 Resultados

Rec Nac 25m Open	3:12.55	Sport Lisboa e Benfica	SLB	Tomar	15/12/2024
Rec Nac 25m Inf A	3:48.35	Grupo Desp. Natacao V. N. FamalicGDNVNF		Cantanhede	29/03/2014
Rec Nac 25m Inf	3:48.35	Grupo Desp. Natacao V. N. FamalicGDNVNF		Cantanhede	29/03/2014
Rec Nac 25m Inf B	4:05.06	Grupo Desp. Natacao V. N. FamalicGDNVNF		Vila Praia Ancora	28/06/2013

Pontos: AQUA 2025

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
EXH Torres Novas 1	M			Torres Novas	Santarem	4:49.81	246 EXH
Salvador Henrique Vieira	12	26.07	1:03.93	Andre Jose Silva	13	37.91	1:21.57
Bruno Estanqueiro Lopes	13	36.77	1:16.52	Rodrigo Manuel Alegria	13	31.80	1:07.79
EXH Aminata 1	M			Aminata	Alentejo	4:53.32	237 EXH
Miguel Maria Alves	13	36.26	1:16.47	Gustavo Antonio Bernardes	13	36.94	1:18.71
Rafael Duarte Bico	12	31.77	1:08.11	Nelson Manuel Florindo	12	32.14	1:10.03
EXH Alcabastrense 1	M			Alcabastrense	Interior Centro	5:04.32	212 EXH
Tomas Martins Azevedo	12	32.81	1:08.39	Antonio Beirao Valente	12	35.23	1:15.71
Francisco Maria Cardoso	13	38.10	1:20.20	Afonso Duarte Silveira	13	37.79	1:20.02
EXH CCDSerta 4	M			CCDSerta	Interior Centro	5:07.82	205 EXH
Sergio Ricardo Alves	12	33.75	1:10.69	Martim Farinha Nunes	12	36.73	1:16.05
Pedro Antonio Marcelino	13	36.17	1:16.31	Denzel Gabriel Silvestre	13	39.62	1:24.77
EXH Beja 6	M			Beja	Alentejo	5:44.50	146 EXH
Diogo Ribeiro Torres	12	38.24	1:23.74	Gustavo Babo Palhete	13	40.98	1:28.63
Dinis Miguel Fernandes	13	36.79	1:17.62	Afonso Santos Mauricio	12	44.36	1:34.51