

1 - 1ª SESSÃO

12-04-2014 - 10:15

Prova 1		Femin., 400m Livres			Infantis
12-04-2014 - 10:15					Resultados
RN (25m) Absoluto	4:13.97	Sara Beatriz LOUREIRO	FCP	Leiria	05-12-2009
RN (25m) Inf B	4:38.40	Filipa Vilas RUIVO	DNMG	Alcobaça	13-06-2009
RN (25m) Inf A	4:25.30	Alexandra Maria SILVA	FCP	Porto	19-07-1980

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joana Costa AMADOR	01	Seleccao de Aveiro	4:40.92		584	12
	50m: 33.33 33.33	150m: 1:44.77	36.06	250m: 2:56.08	35.42	350m: 4:06.80	35.03
	100m: 1:08.71 35.38	200m: 2:20.66	35.89	300m: 3:31.77	35.69	400m: 4:40.92	34.12
2.	Sara Sofia ALVES	01	Seleccao de Coimbra	4:41.30		581	10
	50m: 31.92 31.92	150m: 1:42.78	35.43	250m: 2:54.20	35.74	350m: 4:07.09	36.38
	100m: 1:07.35 35.43	200m: 2:18.46	35.68	300m: 3:30.71	36.51	400m: 4:41.30	34.21
3.	Filipa Serrano RODRIGUES	01	Seleccao de Lisboa	4:44.75		561	9
	50m: 33.39 33.39	150m: 1:45.26	36.10	250m: 2:57.36	36.04	350m: 4:09.97	35.99
	100m: 1:09.16 35.77	200m: 2:21.32	36.06	300m: 3:33.98	36.62	400m: 4:44.75	34.78
4.	Maria Carolina COSTA	01	Seleccao do Norte de Portugal	4:51.95		520	8
	50m: 33.11 33.11	150m: 1:46.28	36.99	250m: 3:01.09	37.53	350m: 4:16.11	37.33
	100m: 1:09.29 36.18	200m: 2:23.56	37.28	300m: 3:38.78	37.69	400m: 4:51.95	35.84
5.	Carolina Mota CORREIA	01	Seleccao de Leiria	4:52.15		519	7
	50m: 32.59 32.59	150m: 1:46.11	37.04	250m: 3:01.47	37.84	350m: 4:16.75	37.34
	100m: 1:09.07 36.48	200m: 2:23.63	37.52	300m: 3:39.41	37.94	400m: 4:52.15	35.40
6.	Rita Sousa OLIVEIRA	01	Seleccao de Santarem	5:05.27		455	6
	50m: 34.38 34.38	150m: 1:50.77	38.33	250m: 3:07.37	38.20	350m: 4:26.08	39.60
	100m: 1:12.44 38.06	200m: 2:29.17	38.40	300m: 3:46.48	39.11	400m: 5:05.27	39.19
7.	Jessica Goncalves VILACA	01	Seleccao do Minho	5:06.22		451	5
	50m: 34.66 34.66	150m: 1:51.25	38.81	250m: 3:10.02	39.38	350m: 4:28.37	39.21
	100m: 1:12.44 37.78	200m: 2:30.64	39.39	300m: 3:49.16	39.14	400m: 5:06.22	37.85
8.	Catarina Miguel SILVA	01	Seleccao do Algarve	5:08.62		440	4
	50m: 34.02 34.02	150m: 1:52.19	39.24	250m: 3:10.57	39.41	350m: 4:30.05	39.58
	100m: 1:12.95 38.93	200m: 2:31.16	38.97	300m: 3:50.47	39.90	400m: 5:08.62	38.57
9.	Ana Margarida TELES	01	Seleccao do Alentejo	5:23.57		382	3
	50m: 36.35 36.35	150m: 1:57.81	41.49	250m: 3:20.93	41.90	350m: 4:43.57	41.48
	100m: 1:16.32 39.97	200m: 2:39.03	41.22	300m: 4:02.09	41.16	400m: 5:23.57	40.00
10.	Ines Comprido RENGÁ	01	Seleccao do Interior Centro	5:36.49		339	2
	50m: 36.24 36.24	150m: 2:01.54	43.40	250m: 3:28.31	43.92	350m: 4:55.53	43.37
	100m: 1:18.14 41.90	200m: 2:44.39	42.85	300m: 4:12.16	43.85	400m: 5:36.49	40.96
11.	Maria Ines LEMOS	02	Seleccao do Nordeste	5:42.92		321	1
	50m: 36.50 36.50	150m: 2:02.20	44.50	250m: 3:31.55	45.21	350m: 5:00.58	45.21
	100m: 1:17.70 41.20	200m: 2:46.34	44.14	300m: 4:15.37	43.82	400m: 5:42.92	42.34

Prova 1, Femin., 400m Livres

Prova 1
12-04-2014 - 10:15

Femin., 400m Livres

Juvenis
Resultados

RN (25m) Absoluto	4:13.97	Sara Beatriz LOUREIRO	FCP	Leiria	05-12-2009
RN (25m) Juv B	4:23.08	Susana Patricia MIGUEL	SFUAP	Alhandra	15-05-2004
RN (25m) Juv A	4:18.39	Ana Claudia SANTOS	SFUAP	Cantanhede	20-12-2004

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Barbara Coimbra TEODOSIO	99	Seleccao de Leiria	4:27.96		673	12
	50m: 30.71 30.71 150m: 1:38.19 34.31 250m: 2:47.25 34.66 350m: 3:56.05 34.10						
	100m: 1:03.88 33.17 200m: 2:12.59 34.40 300m: 3:21.95 34.70 400m: 4:27.96 31.91						
2.	Rita Costa AMADOR	99	Seleccao de Aveiro	4:35.48		619	10
	50m: 30.97 30.97 150m: 1:38.91 34.56 250m: 2:49.18 35.27 350m: 4:00.61 35.89						
	100m: 1:04.35 33.38 200m: 2:13.91 35.00 300m: 3:24.72 35.54 400m: 4:35.48 34.87						
3.	Maria Beatriz DIAS	99	Seleccao de Santarem	4:39.17		595	9
	50m: 32.64 32.64 150m: 1:42.35 35.07 250m: 2:52.80 35.23 350m: 4:04.56 36.13						
	100m: 1:07.28 34.64 200m: 2:17.57 35.22 300m: 3:28.43 35.63 400m: 4:39.17 34.61						
4.	Mariana Alexandre OLIVEIRA	99	Seleccao do Norte de Portuga	4:42.15		576	8
	50m: 31.20 31.20 150m: 1:40.01 35.07 250m: 2:53.50 37.20 350m: 4:06.90 36.64						
	100m: 1:04.94 33.74 200m: 2:16.30 36.29 300m: 3:30.26 36.76 400m: 4:42.15 35.25						
5.	Joana Beatriz BERNARDO	99	Seleccao de Coimbra	4:43.80		566	7
	50m: 32.01 32.01 150m: 1:43.13 35.98 250m: 2:55.44 36.17 350m: 4:08.06 36.30						
	100m: 1:07.15 35.14 200m: 2:19.27 36.14 300m: 3:31.76 36.32 400m: 4:43.80 35.74						
6.	Beatriz Paulo RANITO	99	Seleccao de Lisboa	4:50.45		528	6
	50m: 32.91 32.91 150m: 1:46.08 37.31 250m: 2:59.60 36.73 350m: 4:13.84 37.04						
	100m: 1:08.77 35.86 200m: 2:22.87 36.79 300m: 3:36.80 37.20 400m: 4:50.45 36.61						
7.	Sara Kalinicova GUERREIRO	00	Seleccao do Algarve	4:55.82		500	5
	50m: 33.61 33.61 150m: 1:47.68 37.54 250m: 3:02.43 36.78 350m: 4:18.32 38.12						
	100m: 1:10.14 36.53 200m: 2:25.65 37.97 300m: 3:40.20 37.77 400m: 4:55.82 37.50						
8.	Ana Miguel PINTO	99	Seleccao do Minho	4:56.57		496	4
	50m: 32.54 32.54 150m: 1:45.86 37.27 250m: 3:02.29 38.48 350m: 4:19.31 38.46						
	100m: 1:08.59 36.05 200m: 2:23.81 37.95 300m: 3:40.85 38.56 400m: 4:56.57 37.26						
9.	Carolina SOUSA	99	Seleccao do Nordeste	4:58.62		486	3
	50m: 33.17 33.17 150m: 1:47.42 37.32 250m: 3:03.95 38.01 350m: 4:21.20 38.86						
	100m: 1:10.10 36.93 200m: 2:25.94 38.52 300m: 3:42.34 38.39 400m: 4:58.62 37.42						
10.	Carolina Pastor ESCADA	00	Seleccao do Alentejo	5:01.69		471	2
	50m: 33.88 33.88 150m: 1:48.57 37.44 250m: 3:04.59 38.14 350m: 4:22.66 39.23						
	100m: 1:11.13 37.25 200m: 2:26.45 37.88 300m: 3:43.43 38.84 400m: 5:01.69 39.03						
11.	Joana Alves ANASTACIO	00	Seleccao do Interior Centro	5:22.39		386	1
	50m: 34.62 34.62 150m: 1:55.07 40.95 250m: 3:18.49 41.32 350m: 4:41.73 41.36						
	100m: 1:14.12 39.50 200m: 2:37.17 42.10 300m: 4:00.37 41.88 400m: 5:22.39 40.66						
EXH	Beatriz Ribeiro SIMOES	01	Seleccao de Santarem	5:11.92		426	
	50m: 35.52 35.52 150m: 1:53.99 39.73 250m: 3:12.85 39.67 350m: 4:32.49 39.76						
	100m: 1:14.26 38.74 200m: 2:33.18 39.19 300m: 3:52.73 39.88 400m: 5:11.92 39.43						
EXH	Carolina Guerra PISCO	02	Seleccao de Santarem	5:12.70		423	
	50m: 35.65 35.65 150m: 1:53.98 39.39 250m: 3:13.26 39.66 350m: 4:33.37 39.83						
	100m: 1:14.59 38.94 200m: 2:33.60 39.62 300m: 3:53.54 40.28 400m: 5:12.70 39.33						

Prova 2

12-04-2014 - 10:35

Masc., 400m Livres

Infantis

Resultados

RN (25m) Absoluto	3:45.58	Fabio Manuel PEREIRA	FPN	Istambul (TUR)	10-12-2009
RN (25m) Inf B	4:21.95	Pedro Fontoura OLIVEIRA	CFB	Santarém	04-04-2003
RN (25m) Inf A	4:12.35	Andre Vilas RUIVO	DNMG	Campo Maior	29-03-2014

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Andre Vilas RUIVO	00	Seleccao de Leiria	4:14.55		579	12
	<i>Recorde da Taca (4.19.67)</i>						
	50m: 29.45 29.45	150m: 1:33.24 32.23	250m: 2:38.89 33.05	350m: 3:43.42 31.87			
	100m: 1:01.01 31.56	200m: 2:05.84 32.60	300m: 3:11.55 32.66	400m: 4:14.55 31.13			
2.	Diogo Leal DANTAS	00	Seleccao de Lisboa	4:18.37		554	10
	50m: 28.20 28.20	150m: 1:32.50 32.84	250m: 2:39.14 33.51	350m: 3:46.62 33.78			
	100m: 59.66 31.46	200m: 2:05.63 33.13	300m: 3:12.84 33.70	400m: 4:18.37 31.75			
3.	Jose Pedro FREITAS	00	Seleccao do Norte de Portuga	4:25.56		510	9
	50m: 30.72 30.72	150m: 1:38.36 34.11	250m: 2:47.32 34.36	350m: 3:53.72 32.46			
	100m: 1:04.25 33.53	200m: 2:12.96 34.60	300m: 3:21.26 33.94	400m: 4:25.56 31.84			
4.	Rafael Gomes SIMOES	00	Seleccao do Minho	4:29.27		489	8
	50m: 29.47 29.47	150m: 1:37.06 34.50	250m: 2:46.55 35.14	350m: 3:56.24 34.71			
	100m: 1:02.56 33.09	200m: 2:11.41 34.35	300m: 3:21.53 34.98	400m: 4:29.27 33.03			
5.	Lucas Pereira BASTOS	00	Seleccao de Coimbra	4:34.35		463	7
	50m: 30.52 30.52	150m: 1:39.05 34.63	250m: 2:48.73 35.37	350m: 3:59.75 35.17			
	100m: 1:04.42 33.90	200m: 2:13.36 34.31	300m: 3:24.58 35.85	400m: 4:34.35 34.60			
6.	Duarte Miguel JORGE	01	Seleccao de Aveiro	4:34.39		462	6
	50m: 32.49 32.49	150m: 1:41.06 34.85	250m: 2:51.34 34.92	350m: 4:01.26 34.38			
	100m: 1:06.21 33.72	200m: 2:16.42 35.36	300m: 3:26.88 35.54	400m: 4:34.39 33.13			
7.	Diogo Andre RIBEIRO	00	Seleccao do Algarve	4:38.55		442	5
	50m: 30.87 30.87	150m: 1:41.92 36.04	250m: 2:53.95 35.91	350m: 4:04.76 35.00			
	100m: 1:05.88 35.01	200m: 2:18.04 36.12	300m: 3:29.76 35.81	400m: 4:38.55 33.79			
8.	Miguel Serrao SANTOS	00	Seleccao de Santarem	4:39.01		440	4
	50m: 31.54 31.54	150m: 1:42.14 35.75	250m: 2:54.04 35.89	350m: 4:06.50 36.49			
	100m: 1:06.39 34.85	200m: 2:18.15 36.01	300m: 3:30.01 35.97	400m: 4:39.01 32.51			
9.	Fernando Miguel RIBEIRO	00	Seleccao do Nordeste	4:55.44		370	3
	50m: 32.61 32.61	150m: 1:46.83 37.35	250m: 3:02.73 38.48	350m: 4:19.94 38.26			
	100m: 1:09.48 36.87	200m: 2:24.25 37.42	300m: 3:41.68 38.95	400m: 4:55.44 35.50			
10.	Luis Pedro FARINHA	00	Seleccao do Interior Centro	5:04.04		340	2
	50m: 33.47 33.47	150m: 1:50.01 38.78	250m: 3:08.33 39.43	350m: 4:26.86 39.13			
	100m: 1:11.23 37.76	200m: 2:28.90 38.89	300m: 3:47.73 39.40	400m: 5:04.04 37.18			
11.	Joao Rosario KOEHLER	00	Seleccao do Alentejo	5:11.16		317	1
	50m: 35.08 35.08	150m: 1:51.85 39.24	250m: 3:11.48 39.62	350m: 3:41.63			
	100m: 1:12.61 37.53	200m: 2:31.86 40.01	300m: 3:51.73 40.25	400m: 5:11.16 1:29.53			

Prova 2

12-04-2014 - 10:35

Masc., 400m Livres

Juvenis

Resultados

RN (25m) Absoluto	3:45.58	Fabio Manuel PEREIRA	FPN	Istambul (TUR)	10-12-2009
RN (25m) Juv B	4:03.22	Joao Pedro GIL	ANAM	Algés	08-07-2012
RN (25m) Juv A	3:59.31	Joao Carlos SANTOS	ANAM	Algés	08-07-2012

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Goncalo Miguel NOGUEIRA	98	Seleccao do Norte de Portuga	4:09.61		614	12
	50m: 27.37 27.37	150m: 1:29.38 31.77	250m: 2:34.03 32.35	350m: 3:38.85 32.34			
	100m: 57.61 30.24	200m: 2:01.68 32.30	300m: 3:06.51 32.48	400m: 4:09.61 30.76			
2.	Tomas Gomes OLIVEIRA	99	Seleccao de Leiria	4:11.13		603	10
	50m: 28.53 28.53	150m: 1:30.55 31.52	250m: 2:34.84 32.27	350m: 3:39.67 32.62			
	100m: 59.03 30.50	200m: 2:02.57 32.02	300m: 3:07.05 32.21	400m: 4:11.13 31.46			

Prova 2, Masc., 400m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	Diogo Manuel MARQUES	98	Seleccao de Coimbra	4:12.26		595	9
	50m: 29.04 29.04	150m: 1:32.17 31.72	250m: 2:36.87	32.27	350m: 3:41.59	32.84	
	100m: 1:00.45 31.41	200m: 2:04.60 32.43	300m: 3:08.75	31.88	400m: 4:12.26	30.67	
4.	Rafael Ladeiro SANTOS	98	Seleccao de Lisboa	4:14.06		583	8
	50m: 28.94 28.94	150m: 1:32.53 32.11	250m: 2:37.51	32.54	350m: 3:42.99	32.64	
	100m: 1:00.42 31.48	200m: 2:04.97 32.44	300m: 3:10.35	32.84	400m: 4:14.06	31.07	
5.	Bruno Jose SILVA	98	Seleccao do Minho	4:16.26		568	7
	50m: 28.83 28.83	150m: 1:32.73 32.25	250m: 2:38.58	32.94	350m: 3:44.63	33.05	
	100m: 1:00.48 31.65	200m: 2:05.64 32.91	300m: 3:11.58	33.00	400m: 4:16.26	31.63	
6.	Jose Henriques LUZ	99	Seleccao de Santarem	4:17.60		559	6
	50m: 28.56 28.56	150m: 1:33.67 32.90	250m: 2:39.32	32.46	350m: 3:45.74	33.33	
	100m: 1:00.77 32.21	200m: 2:06.86 33.19	300m: 3:12.41	33.09	400m: 4:17.60	31.86	
7.	Joao Luis MAXIMO	98	Seleccao de Aveiro	4:21.42		535	5
	50m: 28.53 28.53	150m: 1:33.11 32.81	250m: 2:40.03	33.79	350m: 3:47.99	34.17	
	100m: 1:00.30 31.77	200m: 2:06.24 33.13	300m: 3:13.82	33.79	400m: 4:21.42	33.43	
8.	Nelson Pereira MALHEIROS	99	Seleccao do Alentejo	4:22.86		526	4
	50m: 29.94 29.94	150m: 1:36.09 33.12	250m: 2:43.74	33.56	350m: 3:51.37	33.95	
	100m: 1:02.97 33.03	200m: 2:10.18 34.09	300m: 3:17.42	33.68	400m: 4:22.86	31.49	
9.	Nuno Tiago LOPES	98	Seleccao do Nordeste	4:28.84		492	3
	50m: 30.23 30.23	150m: 1:37.22 33.52	250m: 2:45.10	33.99	350m: 3:54.34	34.88	
	100m: 1:03.70 33.47	200m: 2:11.11 33.89	300m: 3:19.46	34.36	400m: 4:28.84	34.50	
10.	Joao Silverio DUARTE	99	Seleccao do Interior Centro	4:31.73		476	2
	50m: 28.82 28.82	150m: 1:36.68 34.21	250m: 2:47.84	35.94	350m: 3:57.96	34.88	
	100m: 1:02.47 33.65	200m: 2:11.90 35.22	300m: 3:23.08	35.24	400m: 4:31.73	33.77	
11.	Manuel Silva GODINHO	99	Seleccao do Algarve	4:34.67		461	1
	50m: 29.72 29.72	150m: 1:37.87 34.96	250m: 2:48.36	35.40	350m: 3:59.97	35.79	
	100m: 1:02.91 33.19	200m: 2:12.96 35.09	300m: 3:24.18	35.82	400m: 4:34.67	34.70	
EXH	Dario Fausto MATIAS	98	Seleccao de Santarem	4:22.65		527	
	50m: 29.56 29.56	150m: 1:36.19 33.66	250m: 2:45.27	34.55	350m: 3:51.53	31.83	
	100m: 1:02.53 32.97	200m: 2:10.72 34.53	300m: 3:19.70	34.43	400m: 4:22.65	31.12	
EXH	Joao Jose CALADO	01	Seleccao de Santarem	4:40.65		432	
	50m: 31.02 31.02	150m: 1:41.60 35.84	250m: 2:53.63	36.38	350m: 4:05.97	36.20	
	100m: 1:05.76 34.74	200m: 2:17.25 35.65	300m: 3:29.77	36.14	400m: 4:40.65	34.68	

Prova 3

12-04-2014 - 10:50

Femin., 100m Costas

Infantis

Resultados

RN (25m) Absoluto	1:00.69	Marta Vieira MARINHO	FCP	S. Ant�nio Cavaleiros	19-12-2009
RN (25m) Inf B	1:09.96	Ana Margarida GUEDES	SARNN	Abrantes	13-04-2013
RN (25m) Inf A	1:05.36	Ines Camacho FERNANDES	SCP	Tavira	05-03-2010

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Miriam Filipe MARCOS	01	Seleccao do Algarve	1:08.38		526	12
	50m: 33.47 33.47	100m: 1:08.38 34.91					
2.	Sofia Oliveira ANDRE	01	Seleccao de Leiria	1:10.90		472	10
	50m: 34.54 34.54	100m: 1:10.90 36.36					
3.	Raquel Santos SOUSA	01	Seleccao de Lisboa	1:11.21		466	9
	50m: 34.28 34.28	100m: 1:11.21 36.93					
4.	Teresa Isabel GRANJEIA	01	Seleccao de Aveiro	1:11.67		457	8
	50m: 34.98 34.98	100m: 1:11.67 36.69					
5.	Rita Sofia FERREIRA	01	Seleccao de Coimbra	1:11.81		454	7
	50m: 34.98 34.98	100m: 1:11.81 36.83					

Prova 3, Femin., 100m Costas, Infantis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Ines Ferreira DUARTE	01	Seleccao de Santarem	1:12.54		441	6
	50m: 34.88 34.88 100m: 1:12.54 37.66						
7.	Julia Albuquerque FRAGA	01	Seleccao do Norte de Portug	1:14.13		413	5
	50m: 35.92 35.92 100m: 1:14.13 38.21						
8.	Ana Rolo DIAS	01	Seleccao do Minho	1:18.00		355	4
	50m: 37.68 37.68 100m: 1:18.00 40.32						
9.	Rita Afonso ENCARNACAO	02	Seleccao do Nordeste	1:19.48		335	3
	50m: 38.69 38.69 100m: 1:19.48 40.79						
10.	Beatriz Felix COLACO	01	Seleccao do Alentejo	1:20.17		326	2
	50m: 39.00 39.00 100m: 1:20.17 41.17						
11.	Beatriz Goncalves MENDES	01	Seleccao do Interior Centro	1:22.26		302	1
	50m: 39.25 39.25 100m: 1:22.26 43.01						

Prova 3

Femin., 100m Costas

Juvenis

12-04-2014 - 10:50

Resultados

RN (25m) Absoluto	1:00.69	Marta Vieira MARINHO	FCP	S. António Cavaleiros	19-12-2009
RN (25m) Juv B	1:02.96	Ines Camacho FERNANDES	SCP	Alapraia	12-02-2011
RN (25m) Juv A	1:01.43	Ines Camacho FERNANDES	SCP	Mealhada	17-12-2011

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Alexandra Jesus SANTOS	00	Seleccao do Norte de Portug	1:06.72		567	12
	50m: 32.40 32.40 100m: 1:06.72 34.32						
2.	Filipa Carreira ALVES	99	Seleccao de Lisboa	1:06.75		566	10
	50m: 31.78 31.78 100m: 1:06.75 34.97						
3.	Matilde Pereira MARTINS	99	Seleccao do Algarve	1:08.49		524	9
	50m: 33.10 33.10 100m: 1:08.49 35.39						
4.	Maria Dias NEVES	99	Seleccao de Coimbra	1:08.65		520	8
	50m: 33.66 33.66 100m: 1:08.65 34.99						
5.	Ines Rocha SILVA	00	Seleccao de Leiria	1:08.96		513	7
	50m: 33.39 33.39 100m: 1:08.96 35.57						
6.	Marta Silva FELIX	99	Seleccao de Aveiro	1:10.72		476	6
	50m: 34.57 34.57 100m: 1:10.72 36.15						
7.	Catarina Reis SILVA	99	Seleccao do Minho	1:11.33		464	5
	50m: 34.98 34.98 100m: 1:11.33 36.35						
8.	Mariana Soares MARTINHO	99	Seleccao de Santarem	1:11.53		460	4
	50m: 35.13 35.13 100m: 1:11.53 36.40						
9.	Beatriz Valadas BILRO	00	Seleccao do Alentejo	1:12.63		439	3
	50m: 35.53 35.53 100m: 1:12.63 37.10						
10.	Rita Baptista CABRAL	00	Seleccao do Nordeste	1:15.02		399	2
	50m: 35.68 35.68 100m: 1:15.02 39.34						
11.	Rita Sousa CARDOSO	00	Seleccao do Interior Centro	1:15.38		393	1
	50m: 35.93 35.93 100m: 1:15.38 39.45						
EXH	Lara Alexandra DELGADO	00	Seleccao de Santarem	1:15.68		388	
	50m: 36.36 36.36 100m: 1:15.68 39.32						
EXH	Filipa Cardigo FITAS	02	Seleccao de Santarem	1:21.87		307	
	50m: 38.94 38.94 100m: 1:21.87 42.93						

Prova 4	Masc., 100m Costas	Infantis
12-04-2014 - 11:00		Resultados

RN (25m) Absoluto	52.03	Alexis Manacas SANTOS	FPN	Herning (DEN)	14-12-2013
RN (25m) Inf B	1:04.76	Alexandre Lages RIBAS	EDV	Ponte da Barca	09-05-2010
RN (25m) Inf A	1:00.97	Alexandre Lages RIBAS	EDV	Viseu	11-03-2011

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Pereira TINOCO <i>Recorde da Taça (01.04.20)</i>	00	Seleccao do Norte de Portug	1:03.07		467	12
	50m: 31.21 31.21 100m: 1:03.07 31.86						
2.	Koen WEUSTINK	00	Seleccao do Nordeste	1:03.66		454	10
	50m: 31.27 31.27 100m: 1:03.66 32.39						
3.	Claudio Alexandre RODRIGUES	00	Seleccao do Algarve	1:04.32		440	9
	50m: 31.16 31.16 100m: 1:04.32 33.16						
4.	Jorge Jesus SILVA	00	Seleccao do Minho	1:04.39		439	8
	50m: 31.37 31.37 100m: 1:04.39 33.02						
5.	Diogo Vicente CUSTOIAS	00	Seleccao de Leiria	1:06.83		392	7
	50m: 32.47 32.47 100m: 1:06.83 34.36						
6.	Jose Pedro ANTUNES	00	Seleccao de Aveiro	1:07.55		380	6
	50m: 32.72 32.72 100m: 1:07.55 34.83						
7.	Daniel Cipriano PINTO	00	Seleccao de Lisboa	1:07.76		376	5
	50m: 33.50 33.50 100m: 1:07.76 34.26						
8.	Miguel Diogo AGOSTINHO	00	Seleccao de Coimbra	1:08.04		372	4
	50m: 32.89 32.89 100m: 1:08.04 35.15						
9.	Rui Jorge LOPES	00	Seleccao de Santarem	1:09.26		352	3
	50m: 34.74 34.74 100m: 1:09.26 34.52						
10.	Joao Filipe COTOVIO	00	Seleccao do Alentejo	1:09.57		348	2
	50m: 33.67 33.67 100m: 1:09.57 35.90						
11.	Goncalo Miguel PASSAREIRO	00	Seleccao do Interior Centro	1:10.94		328	1
	50m: 34.55 34.55 100m: 1:10.94 36.39						

Prova 4	Masc., 100m Costas	Juvenis
12-04-2014 - 11:00		Resultados

RN (25m) Absoluto	52.03	Alexis Manacas SANTOS	FPN	Herning (DEN)	14-12-2013
RN (25m) Juv B	57.38	Gabriel Jose LOPES	CDL	Coimbra	13-05-2012
RN (25m) Juv A	56.45	Diogo Gomes SOUSA	CNCVG	Porto	04-12-2010

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Jose LARANJEIRA	98	Seleccao de Aveiro	58.83		575	12
	50m: 28.87 28.87 100m: 58.83 29.96						
2.	Carlos Afonso ALMEIDA	98	Seleccao de Lisboa	1:00.16		538	10
	50m: 29.64 29.64 100m: 1:00.16 30.52						
3.	Ricardo Goncalves MOURA	98	Seleccao do Interior Centro	1:00.28		535	9
	50m: 29.45 29.45 100m: 1:00.28 30.83						
4.	Afonso Guilherme ROSA	99	Seleccao de Santarem	1:01.38		506	8
	50m: 30.17 30.17 100m: 1:01.38 31.21						
5.	Rodrigo Jose GUERREIRO	99	Seleccao do Algarve	1:02.33		484	7
	50m: 30.11 30.11 100m: 1:02.33 32.22						
6.	Luis Filipe SOARES	98	Seleccao do Norte de Portug	1:02.54		479	6
	50m: 30.14 30.14 100m: 1:02.54 32.40						
7.	Viktor KOT	98	Seleccao de Leiria	1:02.68		475	5
	50m: 30.83 30.83 100m: 1:02.68 31.85						

Prova 4, Masc., 100m Costas, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Tiago Pastor ESCADA	99	Seleccao do Alentejo	1:03.29		462	4
	50m: 30.59 30.59 100m: 1:03.29 32.70						
9.	Francisco Jorge RODRIGUES	99	Seleccao do Nordeste	1:04.86		429	3
	50m: 31.86 31.86 100m: 1:04.86 33.00						
10.	Andre Filipe AFONSECA	98	Seleccao do Minho	1:04.95		427	2
	50m: 31.64 31.64 100m: 1:04.95 33.31						
11.	Leandro Fernandes MOTA	98	Seleccao de Coimbra	1:05.09		425	1
	50m: 31.89 31.89 100m: 1:05.09 33.20						
EXH	Marco Andre MIGUEL	99	Seleccao de Santarem	1:05.82		411	
	50m: 32.48 32.48 100m: 1:05.82 33.34						
EXH	Joao Jose CALADO	01	Seleccao de Santarem	1:10.17		339	
	50m: 34.12 34.12 100m: 1:10.17 36.05						

Prova 5

Femin., 100m Bruços

Infantis

12-04-2014 - 11:10

Resultados

RN (25m) Absoluto	1:07.17	Diana Duarte GOMES	CNA	S. Ant�nio Cavaleiros	19-12-2009
RN (25m) Inf B	1:17.79	Mariana Ferrinha CUNHA	AAC	Coimbra	19-03-1995
RN (25m) Inf A	1:13.43	Raquel Gomes PEREIRA	SANL	Abrantes	13-04-2013

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Clara Gomes PEREIRA	02	Seleccao de Lisboa	1:19.14		497	12
	50m: 37.62 37.62 100m: 1:19.14 41.52						
2.	Beatriz Santos SILVA	01	Seleccao do Norte de Portug	1:19.19		496	10
	50m: 37.94 37.94 100m: 1:19.19 41.25						
3.	Joana Victorino HENRIQUES	01	Seleccao de Coimbra	1:19.98		481	9
	50m: 37.69 37.69 100m: 1:19.98 42.29						
4.	Ana Ferreira COSTA	02	Seleccao de Leiria	1:21.55		454	8
	50m: 37.95 37.95 100m: 1:21.55 43.60						
5.	Ines Ferreira DUARTE	01	Seleccao de Santarem	1:21.88		449	7
	50m: 38.66 38.66 100m: 1:21.88 43.22						
6.	Camila Melro GARCIA	01	Seleccao do Nordeste	1:22.63		436	6
	50m: 38.37 38.37 100m: 1:22.63 44.26						
7.	Catarina Vitorino SANTOS	02	Seleccao do Algarve	1:24.80		404	5
	50m: 38.86 38.86 100m: 1:24.80 45.94						
8.	Ines Gomes AZEVEDO	01	Seleccao de Aveiro	1:25.44		395	4
	50m: 40.56 40.56 100m: 1:25.44 44.88						
9.	Maria Ines MELO	01	Seleccao do Minho	1:25.76		390	3
	50m: 40.88 40.88 100m: 1:25.76 44.88						
10.	Oriana Manuela PINTO	02	Seleccao do Interior Centro	1:32.05		316	2
	50m: 44.11 44.11 100m: 1:32.05 47.94						
11.	Ana Reis SOUSA	02	Seleccao do Alentejo	1:38.37		258	1
	50m: 45.63 45.63 100m: 1:38.37 52.74						

Prova 5, Femin., 100m Bruços

Prova 5
12-04-2014 - 11:10
Femin., 100m Bruços
Juvenis Resultados

RN (25m) Absoluto	1:07.17	Diana Duarte GOMES	CNA	S. António Cavaleiros	19-12-2009
RN (25m) Juv B	1:11.76	Diana Duarte GOMES	ABVE	Reboleira	28-06-2003
RN (25m) Juv A	1:09.59	Diana Duarte GOMES	ABVE	Tomar	13-03-2004

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ines Rocha SILVA	00	Seleccao de Leiria	1:15.72		567	12
	50m: 36.07 36.07	100m: 1:15.72	39.65				
2.	Ines Silva BERNARDO	00	Seleccao de Lisboa	1:16.11		559	10
	50m: 36.18 36.18	100m: 1:16.11	39.93				
3.	Ana Beatriz MARTINS	99	Seleccao do Norte de Portug	1:16.99		540	9
	50m: 35.97 35.97	100m: 1:16.99	41.02				
4.	Ana Margarida SALGUEIRO	99	Seleccao de Santarem	1:17.58		527	8
	50m: 36.50 36.50	100m: 1:17.58	41.08				
5.	Carolina Maeiro AUGUSTO	00	Seleccao do Algarve	1:17.73		524	7
	50m: 36.57 36.57	100m: 1:17.73	41.16				
6.	Maria Ines FERREIRA	00	Seleccao de Coimbra	1:19.41		492	6
	50m: 37.88 37.88	100m: 1:19.41	41.53				
7.	Alexandra Lopes AFONSO	99	Seleccao do Nordeste	1:20.13		479	5
	50m: 37.21 37.21	100m: 1:20.13	42.92				
8.	Ana Rita RODRIGUES	99	Seleccao de Aveiro	1:22.91		432	4
	50m: 38.91 38.91	100m: 1:22.91	44.00				
9.	Carolina Cameira SOUSA	99	Seleccao do Minho	1:23.09		429	3
	50m: 39.45 39.45	100m: 1:23.09	43.64				
10.	Ines Bicho FADISTA	00	Seleccao do Alentejo	1:27.97		362	2
	50m: 41.04 41.04	100m: 1:27.97	46.93				
11.	Beatriz Barata FAZENDEIRO	00	Seleccao do Interior Centro	1:31.95		317	1
	50m: 43.04 43.04	100m: 1:31.95	48.91				
EXH	Carolina Felicidade BATISTA	99	Seleccao de Santarem	1:24.07		414	
	50m: 39.63 39.63	100m: 1:24.07	44.44				
EXH	Carolina Marques NEVES	01	Seleccao de Santarem	1:25.40		395	
	50m: 40.08 40.08	100m: 1:25.40	45.32				

Prova 6
12-04-2014 - 11:20
Masc., 100m Bruços
Infantis Resultados

RN (25m) Absoluto	58.19	Carlos Esteves ALMEIDA	FPN	Chartres (FRA)	22-11-2012
RN (25m) Inf B	1:09.54	Andre Goncalo SANTOS	LSC	Lousada	15-05-2010
RN (25m) Inf A	1:07.92	Andre Goncalo SANTOS	LSC	Viseu	12-03-2011

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Miguel Angelo SANTOS	00	Seleccao do Norte de Portug	1:11.54		469	12
	50m: 33.79 33.79	100m: 1:11.54	37.75				
2.	Ricardo Costa SANTOS	00	Seleccao do Minho	1:14.19		421	10
	50m: 34.98 34.98	100m: 1:14.19	39.21				
3.	Goncalo Silveirinha CALDEIRA	01	Seleccao do Interior Centro	1:15.18		404	9
	50m: 36.15 36.15	100m: 1:15.18	39.03				
4.	Joao Diogo LOPES	01	Seleccao de Santarem	1:15.98		392	8
	50m: 35.20 35.20	100m: 1:15.98	40.78				

Prova 6, Masc., 100m Bruços, Infantis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Tomas Dias FERREIRA	00	Seleccao de Lisboa	1:16.22		388	7
	50m: 35.41 35.41	100m: 1:16.22	40.81				
6.	Miguel Filipe GAMBUTAS	00	Seleccao do Alentejo	1:16.58		382	6
	50m: 36.11 36.11	100m: 1:16.58	40.47				
7.	Tiago Miguel PEREIRA	00	Seleccao do Algarve	1:16.71		380	5
	50m: 36.32 36.32	100m: 1:16.71	40.39				
8.	Joao Tiago RAINHO	00	Seleccao de Aveiro	1:17.10		375	4
	50m: 35.56 35.56	100m: 1:17.10	41.54				
9.	Bruno Pinto DOMINGUES	00	Seleccao de Leiria	1:17.21		373	3
	50m: 36.28 36.28	100m: 1:17.21	40.93				
10.	Francisco Joao PIRES	00	Seleccao do Nordeste	1:17.24		373	2
	50m: 36.29 36.29	100m: 1:17.24	40.95				
11.	Francisco Miguel MENDES	01	Seleccao de Coimbra	1:17.59		368	1
	50m: 36.25 36.25	100m: 1:17.59	41.34				

Prova 6

Masc., 100m Bruços

Juvenis

12-04-2014 - 11:20

Resultados

RN (25m) Absoluto	58.19	Carlos Esteves ALMEIDA	FPN	Chartres (FRA)	22-11-2012
RN (25m) Juv B	1:04.22	Andre Goncalo SANTOS	LSC	Braga	04-03-2012
RN (25m) Juv A	1:03.39	Andre Goncalo SANTOS	LSC	S. António Cavaleiros	21-12-2012

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Antonio Fernandes CARRICO	98	Seleccao de Leiria	1:06.63		581	12
	50m: 31.94 31.94	100m: 1:06.63	34.69				
2.	Andre Magalhaes MOURA	98	Seleccao de Aveiro	1:06.75		578	10
	50m: 31.57 31.57	100m: 1:06.75	35.18				
3.	Diogo Miguel COSTA	98	Seleccao do Norte de Portug	1:07.53		558	9
	50m: 31.92 31.92	100m: 1:07.53	35.61				
4.	Afonso Ribeiro BATE	98	Seleccao de Lisboa	1:07.64		555	8
	50m: 31.93 31.93	100m: 1:07.64	35.71				
5.	Miguel Carrico CRUZ	99	Seleccao de Santarem	1:09.69		508	7
	50m: 32.73 32.73	100m: 1:09.69	36.96				
6.	Jose Pedro MELO	99	Seleccao do Minho	1:10.52		490	6
	50m: 33.32 33.32	100m: 1:10.52	37.20				
7.	Jose Pedro LEMOS	99	Seleccao do Nordeste	1:11.51		470	5
	50m: 33.87 33.87	100m: 1:11.51	37.64				
8.	Miguel Angelo MARTINS	98	Seleccao do Alentejo	1:13.57		431	4
	50m: 34.38 34.38	100m: 1:13.57	39.19				
9.	Joao Francisco MACHADO	99	Seleccao de Coimbra	1:14.67		413	3
	50m: 34.83 34.83	100m: 1:14.67	39.84				
10.	Fabrice Almeida MONTEIRO	98	Seleccao do Interior Centro	1:17.38		371	2
	50m: 34.56 34.56	100m: 1:17.38	42.82				
11.	Tomas Loia SEQUEIRA	98	Seleccao do Algarve	1:18.67		353	1
	50m: 36.83 36.83	100m: 1:18.67	41.84				
EXH	Bernardo Jose DIONISIO	99	Seleccao de Santarem	1:13.50		433	
	50m: 34.57 34.57	100m: 1:13.50	38.93				
EXH	Miguel Goncalves FRADE	00	Seleccao de Santarem	1:17.40		370	
	50m: 36.69 36.69	100m: 1:17.40	40.71				

Prova 7 Femin., 50m Livres Infantis
12-04-2014 - 11:30 Resultados

RN (25m) Absoluto	24.94	Patricia Vilas CONCEICAO	CNA	S. António Cavaleiros	20-12-2009
RN (25m) Inf B	28.89	Ana Margarida GUEDES	GCVR	Vila Real	16-02-2013
RN (25m) Inf A	28.32	Ines Camacho FERNANDES	SCP	Ponte de Sôr	30-01-2010

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Barbara Francisco FERREIRA <i>Recorde da Taça (-)</i>	01	Seleccao de Lisboa	28.67		533	12
2.	Isis Sousa SEVERINO	02	Seleccao do Algarve	29.35		497	10
3.	Ines Alexandra FREIRE	01	Seleccao do Alentejo	29.58		485	9
4.	Diana Violante ROMAO	02	Seleccao de Leiria	29.91		469	8
5.	Rita Sousa OLIVEIRA	01	Seleccao de Santarem	29.97		466	7
6.	Mariana Sousa MAIA	02	Seleccao do Norte de Portugal	30.02		464	6
7.	Mariana Matos RIBEIRO	01	Seleccao de Coimbra	30.24		454	5
8.	Maria Esteves MARTINS	01	Seleccao de Aveiro	30.80		430	4
9.	Erika Almeida MARQUES	01	Seleccao do Minho	30.83		428	3
10.	Maria Ines MENDES	01	Seleccao do Nordeste	33.63		330	2
11.	Claudia Gavetanho LOPES	02	Seleccao do Interior Centro	34.06		318	1

Prova 7 Femin., 50m Livres Juvenis
12-04-2014 - 11:30 Resultados

RN (25m) Absoluto	24.94	Patricia Vilas CONCEICAO	CNA	S. António Cavaleiros	20-12-2009
RN (25m) Juv B	27.16	Harriet Larcher SMITH	CFB	Tomar	15-03-2003
RN (25m) Juv A	26.91	Sofia Pavao MACHADO	CNPD	Ponta Delgada	02-05-2009

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Beatriz Mendes VIEGAS <i>Recorde Nacional, Juv B (27.16), Recorde da Taça (-)</i>	00	Seleccao do Algarve	26.95		642	12
2.	Sarah DIAS	99	Seleccao de Santarem	28.01		571	10
3.	Lara Alexandra VAZ	99	Seleccao do Minho	28.16		562	9
4.	Sofia Alexandra NUNES	00	Seleccao de Lisboa	28.62		536	8
5.	Marta Ferreira ROCHA	99	Seleccao do Norte de Portugal	28.63		535	7
6.	Ana Beatriz FONSECA	99	Seleccao de Coimbra	28.83		524	6
	Ines Eira PEREIRA	99	Seleccao de Aveiro	28.83		524	6
8.	Matilde Correia VIEIRA	00	Seleccao de Leiria	29.40		494	4
9.	Catarina Monteiro SANTOS	99	Seleccao do Nordeste	30.93		424	3
10.	Carolina Andre CATARINO	99	Seleccao do Interior Centro	31.71		394	2
11.	Iris Maria ROLA	99	Seleccao do Alentejo	32.82		355	1
EXH	Lara Alexandra DELGADO	00	Seleccao de Santarem	30.36		449	
EXH	Carolina Felicidade BATISTA	99	Seleccao de Santarem	36.47		259	

Prova 8 Masc., 4 x 100m Livres Infantis
12-04-2014 - 11:35 Resultados

RN Estafetas - Selec��o (25m) Absoluto	3:18.23	FPN	Xangai (CHN)	05-04-2006
RN Estafetas - Selec��o (25m) Inf B	4:48.93	tempo limite		
RN Estafetas - Selec��o (25m) Inf A	3:50.24	Selecc�o da Assoc Natacao de LisSANL	Abrantes	14-04-2012

Pontos: FINA 2013

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Selecc�o do Norte de Portugal 5	Selecc�o do Norte de Portug	3:50.31		504	12
Jose Pedro FREITAS 00 26.88	56.51	Hugo Gabriel MORAIS	00	27.47	58.08
Bruno Miguel SOUSA 00 27.10	57.67	Miguel Angelo SANTOS	00	27.94	58.05
Selecc�o de Lisboa 1	Selecc�o de Lisboa	3:50.31		504	12
Ricardo Alexandre FAIA 00 28.32	58.87	Jose Tomas SIMEAO	00	27.77	58.10
Joao Pedro SILVA 00 27.14	57.30	Diogo Leal DANTAS	00	26.51	56.04
3. Selecc�o de Leiria 1	Selecc�o de Leiria	3:57.05		462	9
Sebastiao Mendes GOMES 00 28.43	58.75	Diogo Vicente CUSTOIAS	00	29.18	1:01.43
Leonardo Contreiras JERONIMO 00 27.59	59.08	Andre Vilas RUIVO	00	28.29	57.79
4. Selecc�o do Algarve_Inf	Selecc�o do Algarve	3:57.19		461	8
Diogo Andre RIBEIRO 00 28.09	59.33	Claudio Alexandre RODRIGUES	00	28.23	59.29
Tiago Miguel PEREIRA 00 28.38	59.59	Joao Aragao BARRA	00	27.61	58.98
5. Selecc�o de Coimbra 2	Selecc�o de Coimbra	4:00.95		440	7
Goncalo Martins COSTA 00 29.50	1:01.52	Lucas Pereira BASTOS	00	28.17	59.61
Miguel Diogo AGOSTINHO 00 27.71	58.10	Francisco Miguel MENDES	01	29.10	1:01.72
6. Selecc�o do Nordeste 1	Selecc�o do Nordeste	4:01.70		436	6
Francisco Joao PIRES 00 29.91	1:01.15	Luis Miguel CARVALHO	00	28.29	1:00.84
Rodrigo Matos SALCEDAS 00 29.49	1:03.18	Koen WEUSTINK	00	27.33	56.53
7. Selecc�o do Minho 1	Selecc�o do Minho	4:02.04		434	5
Joao Afonso CARVALHO 00 28.71	1:01.20	Rafael Gomes SIMOES	00	28.34	1:00.09
Jose Paulo LOPES 00 29.52	1:02.26	Jorge Jesus SILVA	00	27.37	58.49
8. Selecc�o de Aveiro 1	Selecc�o de Aveiro	4:04.38		421	4
Jose Pedro ANTUNES 00 29.56	1:01.12	Andrei Iulian ZINCA	00	28.61	1:00.28
Joao Tiago RAINHO 00 30.20	1:02.85	Duarte Miguel JORGE	01	28.38	1:00.13
9. Selecc�o de Santarem 7	Selecc�o de Santarem	4:09.97		394	3
Rui Jorge LOPES 00 29.80	1:02.47	Miguel Serrao SANTOS	00	29.90	1:02.92
Jose Carlos BURECAS 00 28.94	59.31	Joao Diogo LOPES	01	31.02	1:05.27
10. Selecc�o do Interior Centro 5	Selecc�o do Interior Centro	4:26.20		326	2
Rodrigo Galvao ALVES 00 30.71	1:05.26	Luis Pedro FARINHA	00	32.62	1:08.28
Goncalo Miguel PASSAREIRO 00 31.03	1:04.91	Joao Pedro FERREIRA	00	31.16	1:07.75

WDR Selecc o do Alentejo 1 Selecc o do Alentejo

Prova 8 Masc., 4 x 100m Livres Juvenis
12-04-2014 - 11:35 Resultados

RN Estafetas - Selec��o (25m) Absoluto	3:18.23	FPN	Xangai (CHN)	05-04-2006
RN Estafetas - Selec��o (25m) Juv B	3:45.43	tempo limite		
RN Estafetas - Selec��o (25m) Juv A	3:35.53	FPN	FPN Rio Maior	21-06-2003

Pontos: FINA 2013

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Selecc�o de Lisboa 2	Selecc�o de Lisboa	3:39.34		583	12
Francisco Carvalho MACHADO 98 26.15	54.89	Hugo PON	98	26.08	55.04
Guilherme Assis RAMOS 98 25.93	54.60	Carlos Afonso ALMEIDA	98	26.14	54.81
2. Selecc�o do Norte de Portugal 1	Selecc�o do Norte de Portug	3:40.46		574	10
Goncalo Miguel NOGUEIRA 98 26.78	55.96	Tiago Andre OLIVEIRA	99	25.51	54.05
Mateus Ribeiro CARVALHO 99 26.11	55.00	Diogo Miguel COSTA	98	26.51	55.45
3. Selecc�o de Aveiro 2	Selecc�o de Aveiro	3:44.33		545	9
Andre Magalhaes MOURA 98 26.91	56.03	Filipe Fonte CUNHA	98	26.69	56.31
Joao Soares MELO 98 26.90	56.95	Joao Jose LARANJEIRA	98	26.09	55.04

Prova 8, Masc., 4 x 100m Livres, Juvenis

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
4. Seleccao de Leiria 2	Seleccao de Leiria	3:44.68		542	8
Viktor KOT	98 28.02 58.43 Sandro Emanuel FRANCISCO	99 26.13 55.99			
Tomas Gomes OLIVEIRA	99 27.12 56.10 Bernardo Santos CLEMENTE	98 25.87 54.16			
5. Seleccao de Santarem 8	Seleccao de Santarem	3:47.65		522	7
Afonso Guilherme ROSA	99 27.47 57.96 Bernardo Jose DIONISIO	99 28.12 57.76			
Miguel Carrico CRUZ	99 27.24 57.62 Jose Henriques LUZ	99 26.04 54.31			
6. Seleccao do Alentejo 2	Seleccao do Alentejo	3:49.84		507	6
Tiago Pastor ESCADA	99 28.53 59.85 Miguel Martins BALTAZAR	98 26.38 56.33			
Hugo Filipe CORREIA	99 27.06 56.75 Bernardo Pastor ESCADA	99 26.82 56.91			
7. Seleccao do Minho 2	Seleccao do Minho	3:51.13		498	5
Andre Filipe AFONSECA	98 28.02 57.69 Bruno Jose SILVA	98 28.78 59.12			
Luis Filipe RIBEIRO	98 27.52 58.26 Jose Pedro FERNANDES	99 26.70 56.06			
8. Selecc�o do Algarve_Juv	Seleccao do Algarve	3:51.15		498	4
Tomas Loia SEQUEIRA	98 27.43 57.70 Bernardo Antonio ALVES	99 27.68 58.85			
Rodrigo Jose GUERREIRO	99 28.15 58.40 Manuel Silva GODINHO	99 26.44 56.20			
9. Seleccao de Coimbra 1	Seleccao de Coimbra	3:52.72		488	3
Leandro Fernandes MOTA	98 28.45 57.78 Eurico Pereira SOUSA	98 27.95 59.76			
Diogo Manuel MARQUES	98 27.58 56.52 Joao Manuel LEITAO	98 27.71 58.66			
10. Seleccao do Interior Centro 7	Seleccao do Interior Centro	3:53.68		482	2
Ricardo Goncalves MOURA	98 26.62 55.23 Joao Silverio DUARTE	99 27.54 58.48			
Francisco Daniel PEREIRA	99 28.43 1:01.15 Fabrice Almeida MONTEIRO	98 27.19 58.82			
11. Seleccao do Nordeste 2	Seleccao do Nordeste	3:55.58		471	1
Telmo Pereira BRAGA	99 28.09 59.03 Francisco Jorge RODRIGUES	99 27.50 58.09			
Tomas Tao BARROS	99 28.64 1:01.31 Nuno Tiago LOPES	98 26.82 57.15			

Prova 9

Femin., 4 x 100m Livres

Infantis
Resultados

12-04-2014 - 11:50

RN Estafetas - Selecc�o (25m) Absoluto	4:01.24	tempo limite			
RN Estafetas - Selecc�o (25m) Inf B	59:59.59	tempo limite			
RN Estafetas - Selecc�o (25m) Inf A	4:11.11	Seleccao da Assoc Natacao de LisSANL	Abrantes		13-04-2013

Pontos: FINA 2013

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Seleccao de Lisboa 1	Seleccao de Lisboa	4:13.39		554	12
Concha Guerra MARREIROS	01 30.93 1:03.85 Filipa Serrano RODRIGUES	01 29.98 1:03.28			
Ana Cruz ANTUNES	01 29.89 1:04.67 Barbara Francisco FERREIRA	01 29.66 1:01.59			
2. Seleccao do Norte de Portugal 6	Seleccao do Norte de Portugal	4:20.29		511	10
Maria Carolina COSTA	01 31.05 1:04.67 Beatriz Santos SILVA	01 30.78 1:04.72			
Mariana Sousa MAIA	02 31.49 1:05.33 Julia Albuquerque FRAGA	01 31.01 1:05.57			
3. Seleccao de Aveiro 1	Seleccao de Aveiro	4:20.93		508	9
Teresa Isabel GRANJEIA	01 31.68 1:05.98 Francisca Vieira PAIS	01 31.80 1:06.69			
Andreia Rodrigues CASTRO	01 31.56 1:05.82 Joana Costa AMADOR	01 29.84 1:02.44			
4. Seleccao de Coimbra 2	Seleccao de Coimbra	4:22.47		499	8
Joana Victorino HENRIQUES	01 31.68 1:06.43 Ines Pereira SILVA	02 32.03 1:07.84			
Mariana Matos RIBEIRO	01 31.64 1:05.54 Sara Sofia ALVES	01 29.93 1:02.66			
5. Seleccao de Leiria 1	Seleccao de Leiria	4:22.52		498	7
Sofia Oliveira ANDRE	01 31.66 1:05.54 Jacinta Correia VIEIRA	01 32.10 1:07.43			
Carolina Mota CORREIA	01 30.83 1:04.85 Diana Violante ROMAO	02 30.77 1:04.70			
6. Selecc�o do Algarve_Inf	Seleccao do Algarve	4:31.45		451	6
Miriam Filipe MARCOS	01 31.13 1:05.25 Catarina Vitorino SANTOS	02 33.52 1:12.70			
Catarina Miguel SILVA	01 32.29 1:09.11 Isis Sousa SEVERINO	02 30.41 1:04.39			
7. Seleccao do Minho 1	Seleccao do Minho	4:35.64		431	5
Maria Ines MELO	01 32.62 1:08.12 Jessica Goncalves VILACA	01 33.80 1:10.28			
Ana Rolo DIAS	01 33.46 1:10.13 Erika Almeida MARQUES	01 31.88 1:07.11			

Prova 9, Femin., 4 x 100m Livres, Infantis

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
8. Seleccao de Santarem 1	Seleccao de Santarem	4:38.22		419	4
Carolina Guerra PISCO 02 33.81	Filipa Cardigo FITAS	1:11.94	02	32.94	1:09.05
Beatriz Ribeiro SIMOES 01 33.53	Carolina Marques NEVES	1:10.03	01	31.43	1:07.20
9. Seleccao do Alentejo 3	Seleccao do Alentejo	4:41.59		404	3
Ines Alexandra FREIRE 01 31.47	Beatriz Felix COLACO	1:05.68	01	34.26	1:11.47
Catarina Batista CARMO 01 34.57	Ana Margarida TELES	1:11.93	01	34.79	1:12.51
10. Seleccao do Nordeste 1	Seleccao do Nordeste	4:50.12		369	2
Maria Ines LEMOS 02 33.51	Maria Ines MENDES	1:13.85	01	34.98	1:13.72
Rita Afonso ENCARNACAO 02 33.76	Camila Melro GARCIA	1:13.89	01	32.32	1:08.66
11. Seleccao do Interior Centro 1	Seleccao do Interior Centro	5:09.56		304	1
Ines Comprido RENGIA 01 34.89	Claudia Gavetanho LOPES	1:12.65	02	37.20	1:18.53
Leonor Nunes MATOS 02 36.27	Oriana Manuela PINTO	1:16.63	02	37.86	1:21.75

Prova 9

12-04-2014 - 11:50

Femin., 4 x 100m Livres

Juvenis
Resultados

RN Estafetas - Selec��o (25m) Absoluto	4:01.24	tempo limite			
RN Estafetas - Selec��o (25m) Juv B	4:06.18	Seleccao da Assoc. Natacao de Li�SANL	Abrantes		10-04-2010
RN Estafetas - Selec��o (25m) Juv A	4:06.18	tempo limite			

Pontos: FINA 2013

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Seleccao de Lisboa 2	Seleccao de Lisboa	4:04.85		614	12
<i>Recorde da Ta�a (04.06.18)</i>					
Laura Sanchez RODRIGUES 00 29.50	Filipa Carreira ALVES	1:01.32	99	28.73	1:00.56
Ines Margarida COSTA 99 29.70	Sofia Alexandra NUNES	1:01.98	00	28.69	1:00.99
2. Seleccao do Norte de Portugal 2	Seleccao do Norte de Portugal	4:06.54		602	10
Mariana Alexandre OLIVEIRA 99 30.13	Ana Beatriz MARTINS	1:01.29	99	29.18	1:01.38
Alexandra Jesus SANTOS 00 29.74	Marta Ferreira ROCHA	1:02.77	99	29.42	1:01.10
3. Seleccao de Leiria 2	Seleccao de Leiria	4:08.22		590	9
Barbara Coimbra TEODOSIO 99 30.73	Tania Cristina MENDES	1:02.45	99	29.40	1:01.97
Matilde Correia VIEIRA 00 30.44	Ines Jacinto HENRIQUES	1:03.60	00	28.96	1:00.20
4. Selecc��o do Algarve_Juv	Seleccao do Algarve	4:11.31		568	8
Carolina Maeiro AUGUSTO 00 30.59	Sara Kalinovicova GUERREIRO	1:03.51	00	30.57	1:03.85
Matilde Pereira MARTINS 99 30.59	Beatriz Mendes VIEGAS	1:03.75	00	28.55	1:00.20
5. Seleccao de Aveiro 2	Seleccao de Aveiro	4:12.82		558	7
Mariana Lopes SILVA 99 31.50	Rita Goncalves MARIEIRO	1:06.00	00	31.15	1:04.57
Ines Eira PEREIRA 99 28.89	Rita Costa AMADOR	1:01.62	99	29.04	1:00.63
6. Seleccao de Santarem 2	Seleccao de Santarem	4:14.30		548	6
Ana Margarida SALGUEIRO 99 31.28	Maria Beatriz DIAS	1:04.56	99	30.48	1:03.22
Mariana Soares MARTINHO 99 30.63	Sarah DIAS	1:03.71	99	29.22	1:02.81
7. Seleccao de Coimbra 1	Seleccao de Coimbra	4:14.34		548	5
Joana Beatriz BERNARDO 99 31.04	Maria Dias NEVES	1:04.70	99	30.62	1:03.87
Maria Ines FERREIRA 00 29.81	Ana Beatriz FONSECA	1:03.02	99	29.84	1:02.75
8. Seleccao do Minho 2	Seleccao do Minho	4:15.98		538	4
Catarina Reis SILVA 99 31.86	Lara Alexandra VAZ	1:05.19	99	29.78	1:03.11
Ana Carvalho SILVA 99 29.45	Ana Miguel PINTO	1:03.79	99	30.47	1:03.89
9. Seleccao do Alentejo 4	Seleccao do Alentejo	4:29.56		460	3
Daniela Filipa MANTAS 99 32.89	Beatriz Valadas BILRO	1:09.45	00	31.24	1:05.47
Carolina Pastor ESCADA 00 31.34	Ines Bicho FADISTA	1:05.90	00	32.85	1:08.74
10. Seleccao do Nordeste 2	Seleccao do Nordeste	4:31.93		448	2
Catarina Monteiro SANTOS 99 31.97	Rita Baptista CABRAL	1:08.14	00	31.22	1:07.40
Ana Joao MARTINS 00 33.47	Carolina SOUSA	1:09.93	99	30.78	1:06.46
11. Seleccao do Interior Centro 3	Seleccao do Interior Centro	4:40.98		406	1
Carolina Andre CATARINO 99 33.19	Sofia Alexandra RODRIGUES	1:09.29	99	33.76	1:10.56
Joana Alves ANASTACIO 00 34.26	Rita Sousa CARDOSO	1:12.92	00	32.17	1:08.21

2 - 2ª SESS O

12-04-2014 - 15:30

Prova 10 Masc., 100m Livres Infantil
12-04-2014 - 15:30 Resultados

RN (25m) Absoluto	47.64	Alexandre Escudier AGOSTINHO	FPN	Istambul (TUR)	11-12-2009
RN (25m) Inf B	57.40	Tiago Filipe PEREIRA	DNMG	Caldas da Ra�nha	11-07-2004
RN (25m) Inf A	54.96	Francisco Carvalho MACHADO	SAD	Alges	01-07-2012

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Jose Pedro FREITAS	00	Seleccao do Norte de Portugal	56.18		511	12
	50m: 27.13 27.13	100m:	56.18 29.05				
2.	Koen WEUSTINK	00	Seleccao do Nordeste	56.66		498	10
	50m: 27.66 27.66	100m:	56.66 29.00				
3.	Jose Tomas SIMEAO	00	Seleccao de Lisboa	57.62		474	9
	50m: 27.97 27.97	100m:	57.62 29.65				
4.	Diogo Andre RIBEIRO	00	Seleccao do Algarve	58.23		459	8
	50m: 27.72 27.72	100m:	58.23 30.51				
5.	Miguel Diogo AGOSTINHO	00	Seleccao de Coimbra	58.98		442	7
	50m: 28.09 28.09	100m:	58.98 30.89				
6.	Rafael Gomes SIMOES	00	Seleccao do Minho	59.25		436	6
	50m: 28.82 28.82	100m:	59.25 30.43				
7.	Sebastiao Mendes GOMES	00	Seleccao de Leiria	59.29		435	5
	50m: 28.62 28.62	100m:	59.29 30.67				
8.	Joao Diogo LOPES	01	Seleccao de Santarem	1:00.74		405	4
	50m: 29.10 29.10	100m:	1:00.74 31.64				
9.	Jose Pedro ANTUNES	00	Seleccao de Aveiro	1:00.75		404	3
	50m: 29.36 29.36	100m:	1:00.75 31.39				
10.	Pedro Manuel GRILO	00	Seleccao do Alentejo	1:03.25		358	2
	50m: 29.83 29.83	100m:	1:03.25 33.42				
11.	Rodrigo Galvao ALVES	00	Seleccao do Interior Centro	1:05.03		330	1
	50m: 30.43 30.43	100m:	1:05.03 34.60				

Prova 10 Masc., 100m Livres Juvenis
12-04-2014 - 15:30 Resultados

RN (25m) Absoluto	47.64	Alexandre Escudier AGOSTINHO	FPN	Istambul (TUR)	11-12-2009
RN (25m) Juv B	52.59	Diogo Gomes SOUSA	CNCVG	Ponte de S�r	13-12-2009
RN (25m) Juv A	50.82	Tiago Andre VENANCIO	CNS	Braga	23-03-2003

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisco Carvalho MACHADO	98	Seleccao de Lisboa	54.35		565	12
	50m: 26.80 26.80	100m:	54.35 27.55				
2.	Jose Henriques LUZ	99	Seleccao de Santarem	54.49		560	10
	50m: 26.78 26.78	100m:	54.49 27.71				
3.	Ricardo Goncalves MOURA	98	Seleccao do Interior Centro	55.67		526	9
	50m: 26.83 26.83	100m:	55.67 28.84				
4.	Diogo Manuel MARQUES	98	Seleccao de Coimbra	55.75		523	8
	50m: 27.26 27.26	100m:	55.75 28.49				
5.	Tomas Gomes OLIVEIRA	99	Seleccao de Leiria	55.77		523	7
	50m: 27.24 27.24	100m:	55.77 28.53				
6.	Goncalo Miguel NOGUEIRA	98	Seleccao do Norte de Portugal	55.83		521	6
	50m: 26.75 26.75	100m:	55.83 29.08				

Prova 10, Masc., 100m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	Jose Pedro FERNANDES 50m: 27.67 27.67 100m: 56.32 28.65	99	Seleccao do Minho	56.32		508	5
8.	Miguel Martins BALTAZAR 50m: 27.42 27.42 100m: 56.61 29.19	98	Seleccao do Alentejo	56.61		500	4
9.	Joao Soares MELO 50m: 27.43 27.43 100m: 56.72 29.29	98	Seleccao de Aveiro	56.72		497	3
10.	Manuel Silva GODINHO 50m: 27.67 27.67 100m: 57.36 29.69	99	Seleccao do Algarve	57.36		480	2
11.	Nuno Tiago LOPES 50m: 27.55 27.55 100m: 57.97 30.42	98	Seleccao do Nordeste	57.97		465	1
EXH	Dario Fausto MATIAS 50m: 27.84 27.84 100m: 57.71 29.87	98	Seleccao de Santarem	57.71		472	
EXH	Jose Carlos BURECAS 50m: 28.72 28.72 100m: 58.50 29.78	00	Seleccao de Santarem	58.50		453	

Prova 11

Femin., 100m Livres

Infantis

12-04-2014 - 15:35

Resultados

RN (25m) Absoluto	55.43	Patricia Vilas CONCEICAO	CNA	S. António Cavaleiros	20-12-2009
RN (25m) Inf B	1:01.63	Ines Camacho FERNANDES	SCP	Lisboa	05-04-2009
RN (25m) Inf A	59.20	Ines Camacho FERNANDES	SCP	Tavira	07-03-2010

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joana Costa AMADOR 50m: 30.86 30.86 100m: 1:03.16 32.30	01	Seleccao de Aveiro	1:03.16		526	12
2.	Concha Guerra MARREIROS 50m: 30.96 30.96 100m: 1:03.52 32.56	01	Seleccao de Lisboa	1:03.52		517	10
3.	Maria Carolina COSTA 50m: 30.91 30.91 100m: 1:03.53 32.62	01	Seleccao do Norte de Portug	1:03.53		517	9
4.	Rita Sousa OLIVEIRA 50m: 31.49 31.49 100m: 1:04.87 33.38	01	Seleccao de Santarem	1:04.87		486	8
5.	Isis Sousa SEVERINO 50m: 30.68 30.68 100m: 1:04.97 34.29	02	Seleccao do Algarve	1:04.97		483	7
6.	Mariana Matos RIBEIRO 50m: 31.55 31.55 100m: 1:05.26 33.71	01	Seleccao de Coimbra	1:05.26		477	6
7.	Carolina Mota CORREIA 50m: 31.60 31.60 100m: 1:05.83 34.23	01	Seleccao de Leiria	1:05.83		465	5
8.	Maria Ines MELO 50m: 32.54 32.54 100m: 1:07.34 34.80	01	Seleccao do Minho	1:07.34		434	4
9.	Maria Ines LEMOS 50m: 34.40 34.40 100m: 1:11.64 37.24	02	Seleccao do Nordeste	1:11.64		360	3
10.	Catarina Batista CARMO 50m: 34.88 34.88 100m: 1:11.75 36.87	01	Seleccao do Alentejo	1:11.75		359	2
11.	Ines Comprido RENGÁ 50m: 35.48 35.48 100m: 1:12.91 37.43	01	Seleccao do Interior Centro	1:12.91		342	1

Prova 11, Femin., 100m Livres

Prova 11

12-04-2014 - 15:35

Femin., 100m Livres

Juvenis

Resultados

RN (25m) Absoluto	55.43	Patricia Vilas CONCEICAO	CNA	S. António Cavaleiros	20-12-2009
RN (25m) Juv B	59.33	Mariana Cunha GUERRA	ASSSCC	Cantanhede	11-12-2011
RN (25m) Juv A	58.04	Ines Camacho FERNANDES	SCP	Mealhada	18-12-2011

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ines Jacinto HENRIQUES	00	Seleccao de Leiria	59.95		616	12
	50m: 29.47 29.47 100m: 59.95 30.48						
2.	Beatriz Mendes VIEGAS	00	Seleccao do Algarve	1:00.53		598	10
	50m: 29.94 29.94 100m: 1:00.53 30.59						
3.	Mariana Alexandre OLIVEIRA	99	Seleccao do Norte de Portug	1:01.14		580	9
	50m: 29.92 29.92 100m: 1:01.14 31.22						
4.	Laura Sanchez RODRIGUES	00	Seleccao de Lisboa	1:02.08		554	8
	50m: 29.97 29.97 100m: 1:02.08 32.11						
5.	Ana Beatriz FONSECA	99	Seleccao de Coimbra	1:02.51		543	7
	50m: 30.13 30.13 100m: 1:02.51 32.38						
6.	Lara Alexandra VAZ	99	Seleccao do Minho	1:02.57		541	6
	50m: 30.29 30.29 100m: 1:02.57 32.28						
7.	Sarah DIAS	99	Seleccao de Santarem	1:02.70		538	5
	50m: 30.10 30.10 100m: 1:02.70 32.60						
8.	Rita Goncalves MARIEIRO	00	Seleccao de Aveiro	1:04.32		498	4
	50m: 31.04 31.04 100m: 1:04.32 33.28						
9.	Carolina SOUSA	99	Seleccao do Nordeste	1:06.33		454	3
	50m: 31.80 31.80 100m: 1:06.33 34.53						
10.	Carolina Andre CATARINO	99	Seleccao do Interior Centro	1:09.30		398	2
	50m: 33.50 33.50 100m: 1:09.30 35.80						
11.	Daniela Filipa MANTAS	99	Seleccao do Alentejo	1:10.31		381	1
	50m: 34.22 34.22 100m: 1:10.31 36.09						
EXH	Lara Alexandra DELGADO	00	Seleccao de Santarem	1:06.61		449	
	50m: 32.12 32.12 100m: 1:06.61 34.49						
EXH	Carolina Felicidade BATISTA	99	Seleccao de Santarem	1:11.03		370	
	50m: 34.17 34.17 100m: 1:11.03 36.86						

Prova 12

12-04-2014 - 15:45

Masc., 100m Mariposa

Infantis

Resultados

RN (25m) Absoluto	51.45	Diogo Filipe CARVALHO	FPN	Estocolmo (SWE)	11-11-2009
RN (25m) Inf B	1:01.78	Fabio Parrilha da SILVA	CNAL	Penafiel	01-04-2000
RN (25m) Inf A	59.56	Fabio Parrilha da SILVA	CNAL	Leiria	07-04-2001

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Hugo Gabriel MORAIS	00	Seleccao do Norte de Portug	1:02.77		460	12
	<i>recorde da Taça (01.03.64)</i>						
	50m: 29.29 29.29 100m: 1:02.77 33.48						
2.	Miguel Serrao SANTOS	00	Seleccao de Santarem	1:05.14		412	10
	50m: 31.04 31.04 100m: 1:05.14 34.10						
3.	Joao Aragao BARRA	00	Seleccao do Algarve	1:05.31		409	9
	50m: 30.51 30.51 100m: 1:05.31 34.80						
4.	Ricardo Alexandre FAIA	00	Seleccao de Lisboa	1:05.72		401	8
	50m: 30.81 30.81 100m: 1:05.72 34.91						

Prova 12, Masc., 100m Mariposa, Infantis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Jose Paulo LOPES	00	Seleccao do Minho	1:05.98		396	7
	50m: 30.74 30.74	100m: 1:05.98 35.24					
6.	Leonardo Contreiras JERONIMO	00	Seleccao de Leiria	1:06.88		380	6
	50m: 31.36 31.36	100m: 1:06.88 35.52					
7.	Bernardo Francesco BARRETO	00	Seleccao de Aveiro	1:07.65		368	5
	50m: 31.57 31.57	100m: 1:07.65 36.08					
8.	Luis Miguel CARVALHO	00	Seleccao do Nordeste	1:08.21		359	4
	50m: 31.23 31.23	100m: 1:08.21 36.98					
9.	Joao Baptista MARQUES	00	Seleccao de Coimbra	1:10.52		324	3
	50m: 33.32 33.32	100m: 1:10.52 37.20					
10.	Joao Pedro FERREIRA	00	Seleccao do Interior Centro	1:17.25		247	2
	50m: 35.06 35.06	100m: 1:17.25 42.19					
DSQ	Jose Miguel MURTA	00	Seleccao do Alentejo				
	<i>O nadador efectuou batimentos alternados de pernas ao longo do percurso</i>						

Prova 12

12-04-2014 - 15:45

Masc., 100m Mariposa

Juvenis

Resultados

RN (25m) Absoluto	51.45	Diogo Filipe CARVALHO	FPN	Estocolmo (SWE)	11-11-2009
RN (25m) Juv B	57.32	Diogo Filipe CARVALHO	CGA	Estarreja	10-06-2003
RN (25m) Juv A	55.60	Diogo Gomes SOUSA	CNCVG	Porto	05-12-2010

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Bernardo Santos CLEMENTE	98	Seleccao de Leiria	58.77		561	12
	50m: 27.49 27.49	100m: 58.77 31.28					
2.	Mateus Ribeiro CARVALHO	99	Seleccao do Norte de Portugal	59.61		537	10
	50m: 29.25 29.25	100m: 59.61 30.36					
3.	Filipe Fonte CUNHA	98	Seleccao de Aveiro	1:00.66		510	9
	50m: 28.65 28.65	100m: 1:00.66 32.01					
4.	Hugo Filipe CORREIA	99	Seleccao do Alentejo	1:00.71		509	8
	50m: 28.47 28.47	100m: 1:00.71 32.24					
5.	Miguel Carrico CRUZ	99	Seleccao de Santarem	1:01.53		489	7
	50m: 28.73 28.73	100m: 1:01.53 32.80					
6.	Ruben Duarte LEITAO	98	Seleccao de Lisboa	1:01.58		487	6
	50m: 28.56 28.56	100m: 1:01.58 33.02					
7.	Joao Silverio DUARTE	99	Seleccao do Interior Centro	1:01.60		487	5
	50m: 28.84 28.84	100m: 1:01.60 32.76					
8.	Andre Filipe AFONSECA	98	Seleccao do Minho	1:02.61		464	4
	50m: 29.46 29.46	100m: 1:02.61 33.15					
9.	Eurico Pereira SOUSA	98	Seleccao de Coimbra	1:04.07		433	3
	50m: 29.86 29.86	100m: 1:04.07 34.21					
10.	Bernardo Antonio ALVES	99	Seleccao do Algarve	1:04.14		431	2
	50m: 30.17 30.17	100m: 1:04.14 33.97					
11.	Tomas Tao BARROS	99	Seleccao do Nordeste	1:06.85		381	1
	50m: 31.34 31.34	100m: 1:06.85 35.51					
EXH	Marco Andre MIGUEL	99	Seleccao de Santarem	1:04.20		430	
	50m: 30.35 30.35	100m: 1:04.20 33.85					
EXH	Joao Jose CALADO	01	Seleccao de Santarem	1:10.96		318	
	50m: 32.83 32.83	100m: 1:10.96 38.13					

Prova 13
12-04-2014 - 15:50

Femin., 100m Mariposa

Infantis
Resultados

RN (25m) Absoluto	58.31	Sara Freitas OLIVEIRA	FPN	Dubai (UAE)	18-12-2010
RN (25m) Inf B	1:06.89	Ana Margarida GUEDES	GCVR	Espinho	25-05-2013
RN (25m) Inf A	1:04.84	Ana Margarida GUEDES	GCVR	Cantanhede	30-03-2014

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Mafalda Rato MONTEIRO	01	Seleccao de Lisboa	1:12.05		446	12
	50m: 33.89 33.89 100m: 1:12.05 38.16						
2.	Beatriz Rodrigues OLIVEIRA	01	Seleccao do Norte de Portuga	1:13.48		420	10
	50m: 33.72 33.72 100m: 1:13.48 39.76						
3.	Ines Pereira SILVA	02	Seleccao de Coimbra	1:13.86		414	9
	50m: 35.31 35.31 100m: 1:13.86 38.55						
4.	Margarida Malheiro NEVES	01	Seleccao do Minho	1:14.03		411	8
	50m: 35.11 35.11 100m: 1:14.03 38.92						
5.	Jacinta Correia VIEIRA	01	Seleccao de Leiria	1:14.61		401	7
	50m: 34.26 34.26 100m: 1:14.61 40.35						
6.	Ines Alexandra FREIRE	01	Seleccao do Alentejo	1:14.68		400	6
	50m: 35.06 35.06 100m: 1:14.68 39.62						
7.	Catarina Miguel SILVA	01	Seleccao do Algarve	1:14.73		399	5
	50m: 34.64 34.64 100m: 1:14.73 40.09						
8.	Raquel Sofia ALMEIDA	01	Seleccao de Aveiro	1:14.91		396	4
	50m: 35.10 35.10 100m: 1:14.91 39.81						
9.	Beatriz Ribeiro SIMOES	01	Seleccao de Santarem	1:17.74		355	3
	50m: 36.65 36.65 100m: 1:17.74 41.09						
10.	Beatriz Goncalves MENDES	01	Seleccao do Interior Centro	1:37.09		182	2
	50m: 43.12 43.12 100m: 1:37.09 53.97						

DSQ Maria Ines MENDES 01 Seleccao do Nordeste
A nadadora efectuou batimento alternado de pernas durante o percurso

Prova 13
12-04-2014 - 15:50

Femin., 100m Mariposa

Juvenis
Resultados

RN (25m) Absoluto	58.31	Sara Freitas OLIVEIRA	FPN	Dubai (UAE)	18-12-2010
RN (25m) Juv B	1:04.12	Mariana Cunha GUERRA	ASSSCC	Cantanhede	11-12-2011
RN (25m) Juv A	1:03.14	Ana Rita FRANCISCO	SFUAP	Algés	19-03-1995

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rita Costa AMADOR	99	Seleccao de Aveiro	1:06.40		569	12
	50m: 31.45 31.45 100m: 1:06.40 34.95						
2.	Barbara Coimbra TEODOSIO	99	Seleccao de Leiria	1:08.46		519	10
	50m: 32.51 32.51 100m: 1:08.46 35.95						
3.	Cristiana Sofia RIBEIRO	00	Seleccao do Norte de Portuga	1:08.82		511	9
	50m: 32.44 32.44 100m: 1:08.82 36.38						
4.	Catarina Reis SILVA	99	Seleccao do Minho	1:09.17		504	8
	50m: 32.65 32.65 100m: 1:09.17 36.52						
5.	Sara Costa GUERRA	99	Seleccao de Lisboa	1:09.24		502	7
	50m: 32.10 32.10 100m: 1:09.24 37.14						
6.	Beatriz Lopes PINTO	99	Seleccao de Coimbra	1:09.39		499	6
	50m: 32.96 32.96 100m: 1:09.39 36.43						
7.	Matilde Pereira MARTINS	99	Seleccao do Algarve	1:11.31		460	5
	50m: 33.42 33.42 100m: 1:11.31 37.89						
8.	Mariana Soares MARTINHO	99	Seleccao de Santarem	1:12.14		444	4
	50m: 34.40 34.40 100m: 1:12.14 37.74						

Prova 13, Femin., 100m Mariposa, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Beatriz Valadas BILRO	00	Seleccao do Alentejo	1:15.74		383	3
	50m: 35.31 35.31 100m: 1:15.74 40.43						
10.	Ana Joao MARTINS	00	Seleccao do Nordeste	1:17.94		352	2
	50m: 36.90 36.90 100m: 1:17.94 41.04						
11.	Sofia Alexandra RODRIGUES	99	Seleccao do Interior Centro	1:22.33		298	1
	50m: 38.53 38.53 100m: 1:22.33 43.80						
DNS	Ana Miguel PINTO	99	Seleccao do Minho				
DNS	Lara Alexandra DELGADO	00	Seleccao de Santarem				
EXH	Filipa Cardigo FITAS	02	Seleccao de Santarem	1:22.74		294	
	50m: 37.48 37.48 100m: 1:22.74 45.26						

Prova 14

Masc., 200m Estilos

Infantis

12-04-2014 - 16:00

Resultados

RN (25m) Absoluto	1:54.58	Diogo Filipe CARVALHO	FPN	Istambul (TUR)	10-12-2009
RN (25m) Inf B	2:17.96	Andre Vilas RUIVO	DNMG	Nazaré	02-06-2013
RN (25m) Inf A	2:13.38	Tomas Miguel FREITAS	CDN	Funchal	17-07-2004

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Jorge Jesus SILVA	00	Seleccao do Minho	2:19.85		481	12
	50m: 30.67 30.67 100m: 1:07.50 36.83 150m: 1:47.44 39.94 200m: 2:19.85 32.41						
2.	Miguel Angelo SANTOS	00	Seleccao do Norte de Portugal	2:21.30		467	10
	50m: 32.12 32.12 100m: 1:10.01 37.89 150m: 1:49.50 39.49 200m: 2:21.30 31.80						
3.	Claudio Alexandre RODRIGUES	00	Seleccao do Algarve	2:23.61		444	9
	50m: 30.76 30.76 100m: 1:05.25 34.49 150m: 1:51.68 46.43 200m: 2:23.61 31.93						
4.	Miguel Goncalves FRADE	00	Seleccao de Santarem	2:25.92		424	8
	50m: 33.20 33.20 100m: 1:09.88 36.68 150m: 1:52.31 42.43 200m: 2:25.92 33.61						
5.	Ricardo Pinela FERREIRA	01	Seleccao de Lisboa	2:26.78		416	7
	50m: 31.42 31.42 100m: 1:09.37 37.95 150m: 1:53.20 43.83 200m: 2:26.78 33.58						
6.	Lucas Pereira BASTOS	00	Seleccao de Coimbra	2:27.57		410	6
	50m: 31.43 31.43 100m: 1:09.35 37.92 150m: 1:54.41 45.06 200m: 2:27.57 33.16						
7.	Joao Tiago RAINHO	00	Seleccao de Aveiro	2:30.34		387	5
	50m: 33.24 33.24 100m: 1:13.24 40.00 150m: 1:56.34 43.10 200m: 2:30.34 34.00						
8.	Bruno Pinto DOMINGUES	00	Seleccao de Leiria	2:30.92		383	4
	50m: 32.72 32.72 100m: 1:12.06 39.34 150m: 1:54.71 42.65 200m: 2:30.92 36.21						
9.	Joao Filipe COTOVIO	00	Seleccao do Alentejo	2:31.65		377	3
	50m: 32.29 32.29 100m: 1:11.63 39.34 150m: 1:57.04 45.41 200m: 2:31.65 34.61						
10.	Francisco Joao PIRES	00	Seleccao do Nordeste	2:36.53		343	2
	50m: 34.00 34.00 100m: 1:14.44 40.44 150m: 1:59.21 44.77 200m: 2:36.53 37.32						
11.	Goncalo Miguel PASSAREIRO	00	Seleccao do Interior Centro	2:45.74		289	1
	50m: 36.44 36.44 100m: 1:16.63 40.19 150m: 2:08.59 51.96 200m: 2:45.74 37.15						

Prova 14, Masc., 200m Estilos

Prova 14 Masc., 200m Estilos Juvenis
12-04-2014 - 16:00 Resultados

RN (25m) Absoluto	1:54.58	Diogo Filipe CARVALHO	FPN	Istambul (TUR)	10-12-2009
RN (25m) Juv B	2:08.27	Diogo Filipe CARVALHO	CGA	Fafe	10-05-2003
RN (25m) Juv A	2:05.34	Diogo Filipe CARVALHO	CGA	Aveiro	15-05-2004

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Hugo PON	98	Seleccao de Lisboa	2:09.76		603	12
	50m: 28.70 28.70 100m: 1:03.19 34.49 150m: 1:40.05 36.86 200m: 2:09.76 29.71						
2.	Andre Magalhaes MOURA	98	Seleccao de Aveiro	2:10.02		599	10
	50m: 29.61 29.61 100m: 1:03.34 33.73 150m: 1:39.99 36.65 200m: 2:10.02 30.03						
3.	Antonio Fernandes CARRICO	98	Seleccao de Leiria	2:12.62		564	9
	50m: 29.84 29.84 100m: 1:04.67 34.83 150m: 1:42.35 37.68 200m: 2:12.62 30.27						
4.	Vasco Gradim AMORIM	98	Seleccao do Norte de Portug	2:14.60		540	8
	50m: 29.58 29.58 100m: 1:03.66 34.08 150m: 1:43.37 39.71 200m: 2:14.60 31.23						
5.	Ricardo Goncalves MOURA	98	Seleccao do Interior Centro	2:15.47		529	7
	50m: 28.89 28.89 100m: 1:04.00 35.11 150m: 1:44.54 40.54 200m: 2:15.47 30.93						
6.	Jose Henriques LUZ	99	Seleccao de Santarem	2:16.56		517	6
	50m: 30.45 30.45 100m: 1:06.70 36.25 150m: 1:46.64 39.94 200m: 2:16.56 29.92						
7.	Luis Filipe RIBEIRO	98	Seleccao do Minho	2:17.22		509	5
	50m: 29.64 29.64 100m: 1:05.49 35.85 150m: 1:45.49 40.00 200m: 2:17.22 31.73						
8.	Rodrigo Jose GUERREIRO	99	Seleccao do Algarve	2:20.19		478	4
	50m: 30.20 30.20 100m: 1:05.81 35.61 150m: 1:48.08 42.27 200m: 2:20.19 32.11						
9.	Tiago Pastor ESCADA	99	Seleccao do Alentejo	2:20.23		477	3
	50m: 30.54 30.54 100m: 1:06.58 36.04 150m: 1:47.79 41.21 200m: 2:20.23 32.44						
10.	Jose Pedro LEMOS	99	Seleccao do Nordeste	2:23.36		447	2
	50m: 31.46 31.46 100m: 1:11.08 39.62 150m: 1:50.49 39.41 200m: 2:23.36 32.87						
11.	Joao Manuel LEITAO	98	Seleccao de Coimbra	2:23.67		444	1
	50m: 31.02 31.02 100m: 1:09.34 38.32 150m: 1:51.22 41.88 200m: 2:23.67 32.45						
EXH	Dario Fausto MATIAS	98	Seleccao de Santarem	2:24.64		435	
	50m: 31.24 31.24 100m: 1:10.32 39.08 150m: 1:53.08 42.76 200m: 2:24.64 31.56						
EXH	Joao Jose CALADO	01	Seleccao de Santarem	2:32.18		373	
	50m: 33.37 33.37 100m: 1:12.62 39.25 150m: 1:59.02 46.40 200m: 2:32.18 33.16						

Prova 15 Femin., 200m Estilos Infantis
12-04-2014 - 16:15 Resultados

RN (25m) Absoluto	2:14.28	Victoria KAMINSKAYA	PIMP	Porto	08-12-2012
RN (25m) Inf B	2:30.96	Filipa Vilas RUIVO	DNMG	Alcobaça	13-06-2009
RN (25m) Inf A	2:25.08	Ines Camacho FERNANDES	SCP	Tavira	06-03-2010

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Raquel Antunes TREMOCO	01	Seleccao de Lisboa	2:29.07		583	12
	50m: 32.73 32.73 100m: 1:10.85 38.12 150m: 1:55.09 44.24 200m: 2:29.07 33.98						
2.	Miriam Filipe MARCOS	01	Seleccao do Algarve	2:33.68		532	10
	50m: 33.52 33.52 100m: 1:11.52 38.00 150m: 1:58.73 47.21 200m: 2:33.68 34.95						
3.	Joana Victorino HENRIQUES	01	Seleccao de Coimbra	2:34.12		528	9
	50m: 32.93 32.93 100m: 1:14.16 41.23 150m: 1:58.11 43.95 200m: 2:34.12 36.01						
4.	Beatriz Santos SILVA	01	Seleccao do Norte de Portug	2:34.92		520	8
	50m: 34.90 34.90 100m: 1:15.54 40.64 150m: 1:59.37 43.83 200m: 2:34.92 35.55						

Prova 15, Femin., 200m Estilos, Infantis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Teresa Isabel GRANJEIA	01	Seleccao de Aveiro	2:37.67		493	7
	50m: 35.83 35.83	100m: 1:14.64 38.81	150m: 2:02.14 47.50	200m: 2:37.67 35.53			
6.	Ines Ferreira DUARTE	01	Seleccao de Santarem	2:38.09		489	6
	50m: 35.76 35.76	100m: 1:14.59 38.83	150m: 2:01.06 46.47	200m: 2:38.09 37.03			
7.	Diana Violante ROMAO	02	Seleccao de Leiria	2:39.24		479	5
	50m: 34.92 34.92	100m: 1:14.43 39.51	150m: 2:02.46 48.03	200m: 2:39.24 36.78			
8.	Jessica Goncalves VILACA	01	Seleccao do Minho	2:44.48		434	4
	50m: 37.91 37.91	100m: 1:17.96 40.05	150m: 2:06.95 48.99	200m: 2:44.48 37.53			
9.	Camila Melro GARCIA	01	Seleccao do Nordeste	2:48.69		402	3
	50m: 37.15 37.15	100m: 1:22.56 45.41	150m: 2:09.70 47.14	200m: 2:48.69 38.99			
10.	Ines Comprido RENGÁ	01	Seleccao do Interior Centro	2:56.87		349	2
	50m: 38.34 38.34	100m: 1:25.33 46.99	150m: 2:16.13 50.80	200m: 2:56.87 40.74			
11.	Ana Margarida TELES	01	Seleccao do Alentejo	3:00.30		330	1
	50m: 39.03 39.03	100m: 1:24.91 45.88	150m: 2:19.68 54.77	200m: 3:00.30 40.62			

Prova 15

Femin., 200m Estilos

Juvenis

12-04-2014 - 16:15

Resultados

RN (25m) Absoluto	2:14.28	Victoria KAMINSKAYA	PIMP	Porto	08-12-2012
RN (25m) Juv B	2:20.93	Susana Patricia MIGUEL	SFUAP	Penafiel	20-03-2004
RN (25m) Juv A	2:18.59	Catarina Tiago NUNES	SFUAP	S. Antonio Cavaleiros	19-12-2009

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ines Rocha SILVA	00	Seleccao de Leiria	2:23.81		650	12
	50m: 32.35 32.35	100m: 1:10.37 38.02	150m: 1:50.11 39.74	200m: 2:23.81 33.70			
2.	Ana Beatriz MARTINS	99	Seleccao do Norte de Portugal	2:27.32		605	10
	50m: 31.73 31.73	100m: 1:10.54 38.81	150m: 1:53.31 42.77	200m: 2:27.32 34.01			
3.	Ines Margarida COSTA	99	Seleccao de Lisboa	2:29.74		576	9
	50m: 33.15 33.15	100m: 1:13.23 40.08	150m: 1:55.36 42.13	200m: 2:29.74 34.38			
4.	Carolina Maeiro AUGUSTO	00	Seleccao do Algarve	2:33.49		534	8
	50m: 34.80 34.80	100m: 1:15.41 40.61	150m: 1:58.19 42.78	200m: 2:33.49 35.30			
5.	Maria Dias NEVES	99	Seleccao de Coimbra	2:33.63		533	7
	50m: 34.63 34.63	100m: 1:12.38 37.75	150m: 1:58.19 45.81	200m: 2:33.63 35.44			
6.	Maria Beatriz DIAS	99	Seleccao de Santarem	2:34.63		523	6
	50m: 34.72 34.72	100m: 1:13.75 39.03	150m: 1:59.92 46.17	200m: 2:34.63 34.71			
7.	Ana Miguel PINTO	99	Seleccao do Minho	2:35.54		514	5
	50m: 33.36 33.36	100m: 1:14.71 41.35	150m: 2:00.84 46.13	200m: 2:35.54 34.70			
8.	Ines Eira PEREIRA	99	Seleccao de Aveiro	2:37.26		497	4
	50m: 33.08 33.08	100m: 1:14.89 41.81	150m: 2:02.50 47.61	200m: 2:37.26 34.76			
9.	Carolina Pastor ESCADA	00	Seleccao do Alentejo	2:38.53		485	3
	50m: 34.39 34.39	100m: 1:15.39 41.00	150m: 2:02.29 46.90	200m: 2:38.53 36.24			
10.	Catarina Monteiro SANTOS	99	Seleccao do Nordeste	2:42.35		452	2
	50m: 34.49 34.49	100m: 1:16.53 42.04	150m: 2:06.04 49.51	200m: 2:42.35 36.31			
11.	Rita Sousa CARDOSO	00	Seleccao do Interior Centro	2:47.93		408	1
	50m: 35.85 35.85	100m: 1:18.41 42.56	150m: 2:08.75 50.34	200m: 2:47.93 39.18			
EXH	Carolina Felicidade BATISTA	99	Seleccao de Santarem	2:48.96		401	
	50m: 38.79 38.79	100m: 1:24.02 45.23	150m: 2:09.76 45.74	200m: 2:48.96 39.20			
EXH	Carolina Guerra PISCO	02	Seleccao de Santarem	2:52.04		379	
	50m: 39.12 39.12	100m: 1:23.20 44.08	150m: 2:13.42 50.22	200m: 2:52.04 38.62			

Prova 16 Masc., 50m Livres Infantis
12-04-2014 - 16:25 Resultados

RN (25m) Absoluto	21.64	Alexandre Escudier AGOSTINHO	PORTIN	S. António Cavaleiros	20-12-2009
RN (25m) Inf B	26.65	Gabriel Jose LOPES	CDL	Lousã	19-06-2010
RN (25m) Inf A	25.31	Nuno Migue GRACA	EDV	Ponte da Barca	07-07-2012

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Koen WEUSTINK <i>Recorde da Taça (-)</i>	00	Seleccao do Nordeste	25.94		479	12
2.	Bruno Miguel SOUSA	00	Seleccao do Norte de Portugal	26.66		441	10
3.	Tiago Miguel PEREIRA	00	Seleccao do Algarve	27.13		418	9
4.	Rafael Alcantara AIRES	01	Seleccao de Lisboa	27.76		391	8
5.	Rui Jorge LOPES	00	Seleccao de Santarem	27.87		386	7
6.	Goncalo Martins COSTA	00	Seleccao de Coimbra	27.96		382	6
7.	Diogo Vicente CUSTOIAS	00	Seleccao de Leiria	28.12		376	5
8.	Andrei Iulian ZINCA	00	Seleccao de Aveiro	28.20		373	4
9.	Joao Afonso CARVALHO	00	Seleccao do Minho	28.45		363	3
10.	Jose Miguel MURTA	00	Seleccao do Alentejo	29.53		324	2
11.	Fabio Santos PEREIRA	00	Seleccao do Interior Centro	30.47		295	1

Prova 16 Masc., 50m Livres Juenis
12-04-2014 - 16:25 Resultados

RN (25m) Absoluto	21.64	Alexandre Escudier AGOSTINHO	PORTIN	S. António Cavaleiros	20-12-2009
RN (25m) Juv B	23.96	Diogo Gomes SOUSA	CNCVG	Ponte de Sôr	13-12-2009
RN (25m) Juv A	24.16	David Miguel FERRO	SFUAP	Algés	12-02-2000

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Guilherme Assis RAMOS <i>Recorde da Taça (-)</i>	98	Seleccao de Lisboa	24.90		541	12
2.	Bernardo Santos CLEMENTE	98	Seleccao de Leiria	24.94		539	10
3.	Tiago Andre OLIVEIRA	99	Seleccao do Norte de Portugal	25.16		525	9
4.	Francisco Jorge RODRIGUES	99	Seleccao do Nordeste	25.97		477	8
5.	Tomas Loia SEQUEIRA	98	Seleccao do Algarve	26.00		475	7
6.	Joao Jose LARANJEIRA	98	Seleccao de Aveiro	26.01		475	6
7.	Bernardo Pastor ESCADA	99	Seleccao do Alentejo	26.74		437	5
8.	Leandro Fernandes MOTA	98	Seleccao de Coimbra	26.85		432	4
9.	Bernardo Jose DIONISIO	99	Seleccao de Santarem	26.90		429	3
10.	Fabrice Almeida MONTEIRO	98	Seleccao do Interior Centro	27.04		423	2
11.	Bruno Jose SILVA	98	Seleccao do Minho	27.50		402	1

EXH Jose Carlos BURECAS 00 Seleccao de Santarem **27.59** 398

Prova 17 Femin., 4 x 100m Estilos Infantis
12-04-2014 - 16:30 Resultados

RN Estafetas - Selecção (25m) Absoluto	4:12.76	FPN	FPN	Rio Janeiro (BRA)	03-12-1995
RN Estafetas - Selecção (25m) Inf B	59:59.59	start			
RN Estafetas - Selecção (25m) Inf A	4:35.91	Seleccao da Assoc Natacao de LisSANL		Abrantes	13-04-2013

Pontos: FINA 2013

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Seleccao de Lisboa 3	4:42.54		508	12
	Raquel Santos SOUSA 01 34.70 1:12.00	Raquel Antunes TREMOCO 01 32.41 1:09.80			
	Clara Gomes PEREIRA 02 36.95 1:18.74	Barbara Francisco FERREIRA 01 30.06 1:02.00			
2.	Seleccao de Coimbra 2	4:47.66		482	10
	Rita Sofia FERREIRA 01 34.80 1:10.97	Ines Pereira SILVA 02 34.11 1:14.58			
	Joana Victorino HENRIQUES 01 37.37 1:19.73	Sara Sofia ALVES 01 30.43 1:02.38			

Prova 17, Femin., 4 x 100m Estilos, Infantis

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
3. Seleccao de Leiria 1	Seleccao de Leiria	4:49.05		475	9
Sofia Oliveira ANDRE 01 34.98	Jacinta Correia VIEIRA	1:10.85	01	33.73	1:14.08
Ana Ferreira COSTA 02 37.49	Carolina Mota CORREIA	1:19.27	01	30.40	1:04.85
4. Seleccao do Norte de Portugal 7	Seleccao do Norte de Portugal	4:55.71		443	8
Julia Albuquerque FRAGA 01 36.84	Beatriz Rodrigues OLIVEIRA	1:16.59	01	34.00	1:15.41
Beatriz Santos SILVA 01 37.38	Maria Carolina COSTA	1:18.69	01	31.12	1:05.02
5. Seleccao de Aveiro 1	Seleccao de Aveiro	4:58.28		432	7
Teresa Isabel GRANJEIA 01 35.71	Raquel Sofia ALMEIDA	1:12.82	01	34.94	1:16.27
Ines Gomes AZEVEDO 01 40.07	Joana Costa AMADOR	1:25.47	01	30.63	1:03.72
6. Seleccao de Santarem 4	Seleccao de Santarem	5:00.73		421	6
Ines Ferreira DUARTE 01 34.70	Beatriz Ribeiro SIMOES	1:12.39	01	35.46	1:17.57
Carolina Marques NEVES 01 40.16	Rita Sousa OLIVEIRA	1:26.23	01	30.67	1:04.54
7. Seleccao do Minho 1	Seleccao do Minho	5:09.29		387	5
Ana Rolo DIAS 01 37.61	Margarida Malheiro NEVES	1:17.19	01	34.76	1:15.21
Maria Ines MELO 01 40.84	Erika Almeida MARQUES	1:26.98	01	32.99	1:09.91
8. Seleccao do Alentejo 5	Seleccao do Alentejo	5:24.76		335	4
Beatriz Felix COLACO 01 39.13	Ines Alexandra FREIRE	1:19.77	01	34.71	1:16.61
Ana Reis SOUSA 02 44.29	Catarina Batista CARMO	1:34.83	01	35.57	1:13.55
9. Seleccao do Nordeste 1	Seleccao do Nordeste	5:33.34		309	3
Maria Ines MENDES 01 41.46	Rita Afonso ENCARNACAO	1:25.32	02	39.51	1:28.16
Camila Melro GARCIA 01 39.09	Maria Ines LEMOS	1:24.60	02	34.59	1:15.26
10. Seleccao do Interior Centro 2	Seleccao do Interior Centro	5:41.87		287	2
Beatriz Goncalves MENDES 01 40.00	Claudia Gavetanho LOPES	1:22.58	02	39.81	1:32.57
Oriana Manuela PINTO 02 43.81	Leonor Nunes MATOS	1:32.20	02	36.21	1:14.52

DSQ Selecc o do Algarve_Inf

Seleccao do Algarve

As nadadoras alteraram a ordem de inscri o tendo nadado a Catarina Santos na 2  posic o

Miriam Filipe MARCOS, Catarina Miguel SILVA, Catarina Vitorino SANTOS, Isis Sousa SEVERINO

Prova 17

Femin., 4 x 100m Estilos

Juvenis

12-04-2014 - 16:30

Resultados

RN Estafetas - Selecc�o (25m) Absoluto	4:12.76	FPN	FPN	Rio Janeiro (BRA)	03-12-1995
RN Estafetas - Selecc�o (25m) Juv B	4:28.92	FPN	FPN	Rio Maior	21-06-2003
RN Estafetas - Selecc�o (25m) Juv A	4:28.92	tempo limite			

Pontos: FINA 2013

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Seleccao de Lisboa 4	Seleccao de Lisboa	4:31.01		576	12
<i>Recorde da Taça (04.32.24)</i>					
Filipa Carreira ALVES 99 33.22	Laura Sanchez RODRIGUES	1:08.39	00	30.47	1:06.18
Ines Silva BERNARDO 00 35.91	Sofia Alexandra NUNES	1:15.16	00	29.22	1:01.28
2. Seleccao de Leiria 2	Seleccao de Leiria	4:31.87		571	10
Matilde Correia VIEIRA 00 33.24	Barbara Coimbra TEODOSIO	1:07.90	99	32.61	1:08.85
Ines Rocha SILVA 00 36.20	Ines Jacinto HENRIQUES	1:14.91	00	28.98	1:00.21
3. Seleccao do Norte de Portugal 3	Seleccao do Norte de Portugal	4:34.40		555	9
Alexandra Jesus SANTOS 00 32.74	Cristiana Sofia RIBEIRO	1:07.32	00	32.48	1:08.55
Ana Beatriz MARTINS 99 35.72	Mariana Alexandre OLIVEIRA	1:16.94	99	29.96	1:01.59
4. Seleccao de Coimbra 1	Seleccao de Coimbra	4:41.89		512	8
Joana Beatriz BERNARDO 99 34.41	Beatriz Lopes PINTO	1:09.72	99	31.95	1:09.06
Maria Ines FERREIRA 00 37.51	Ana Beatriz FONSECA	1:19.37	99	30.19	1:03.74
5. Selecc�o do Algarve_Juv	Seleccao do Algarve	4:42.84		507	7
Carolina Maeiro AUGUSTO 00 35.50	Matilde Pereira MARTINS	1:13.02	99	33.25	1:12.14
Sara Kalinovicova GUERREIRO 00 36.62	Beatriz Mendes VIEGAS	1:18.09	00	28.16	59.59
6. Seleccao do Minho 3	Seleccao do Minho	4:44.21		499	6
Ana Carvalho SILVA 99 34.15	Catarina Reis SILVA	1:10.76	99	32.12	1:08.95
Carolina Cameira SOUSA 99 38.47	Ana Miguel PINTO	1:21.74	99	30.50	1:02.76

Prova 17, Femin., 4 x 100m Estilos, Juvenis

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
7. Seleccao de Aveiro 2	Seleccao de Aveiro	4:45.25		494	5
Marta Silva FELIX 99 34.49 1:10.32	Rita Costa AMADOR 99 31.15 1:06.66				
Ana Rita RODRIGUES 99 39.04 1:23.04	Mariana Lopes SILVA 99 30.53 1:05.23				
8. Seleccao de Santarem 3	Seleccao de Santarem	4:47.44		483	4
Sarah DIAS 99 35.33 1:12.71	Mariana Soares MARTINHO 99 34.34 1:12.06				
Ana Margarida SALGUEIRO 99 36.26 1:18.26	Maria Beatriz DIAS 99 31.28 1:04.41				
9. Seleccao do Alentejo 6	Seleccao do Alentejo	5:01.19		420	3
Beatriz Valadas BILRO 00 35.22 1:12.27	Ines Bicho FADISTA 00 34.91 1:17.25				
Carolina Pastor ESCADA 00 39.30 1:23.49	Daniela Filipa MANTAS 99 32.45 1:08.18				
10. Seleccao do Interior Centro 4	Seleccao do Interior Centro	5:19.41		352	2
Rita Sousa CARDOSO 00 36.85 1:16.54	Sofia Alexandra RODRIGUES 99 38.24 1:22.85				
Beatriz Barata FAZENDEIRO 00 42.22 1:29.96	Carolina Andre CATARINO 99 33.49 1:10.06				
DSQ Seleccao do Nordeste 2	Seleccao do Nordeste				
<i>A 2ª nadadora efectuou batimento com as m�os n�o separadas na viragem dos 175 metros</i>					
Catarina Monteiro SANTOS, Alexandra Lopes AFONSO, Carolina SOUSA, Rita Baptista CABRAL					

Prova 18

12-04-2014 - 16:50

Masc., 4 x 100m Estilos

Infantis

Resultados

RN Estafetas - Selec��o (25m) Absoluto 3:55.62 FPN	FPN	Rio Maior	21-06-2003
RN Estafetas - Selec��o (25m) Inf B 4:34.17	Seleccao da Assoc. Natacao do Distrito de Santar�m	Abrantes	05-04-2008
RN Estafetas - Selec��o (25m) Inf A 4:16.52	Seleccao da Assoc Natacao de Lisboa	Abrantes	13-04-2013

Pontos: FINA 2013

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Seleccao do Norte de Portugal 8	Seleccao do Norte de Portugal	4:13.16		486	12
<i>Recorde Nacional, Inf A (4:16.52), Recorde da Ta�a (04.16.52)</i>					
Joao Pereira TINOCO 00 30.53 1:02.87	Hugo Gabriel MORAIS 00 28.40 1:02.77				
Miguel Angelo SANTOS 00 33.99 1:11.41	Jose Pedro FREITAS 00 26.50 56.11				
2. Seleccao de Lisboa 3	Seleccao de Lisboa	4:18.75		456	10
Jose Tomas SIMEAO 00 32.16 1:05.46	Ricardo Alexandre FAIA 00 30.64 1:05.35				
Diogo Leal DANTAS 00 32.90 1:10.92	Joao Pedro SILVA 00 26.97 57.02				
3. Selecc��o do Algarve_Inf	Seleccao do Algarve	4:25.84		420	9
Claudio Alexandre RODRIGUES 00 31.83 1:04.52	Joao Aragao BARRA 00 30.42 1:06.33				
Tiago Miguel PEREIRA 00 36.03 1:16.75	Diogo Andre RIBEIRO 00 27.25 58.24				
4. Seleccao do Minho 1	Seleccao do Minho	4:27.59		412	8
Jorge Jesus SILVA 00 31.71 1:05.67	Jose Paulo LOPES 00 31.08 1:07.30				
Ricardo Costa SANTOS 00 34.95 1:14.63	Rafael Gomes SIMOES 00 28.50 59.99				
5. Seleccao de Leiria 1	Seleccao de Leiria	4:30.80		397	7
Diogo Vicente CUSTOIAS 00 33.90 1:09.63	Leonardo Contreiras JERONIMO 00 30.12 1:07.53				
Bruno Pinto DOMINGUES 00 35.04 1:15.15	Sebastiao Mendes GOMES 00 27.62 58.49				
6. Seleccao de Aveiro 1	Seleccao de Aveiro	4:32.01		392	6
Andrei Iulian ZINCA 00 33.21 1:07.15	Jose Pedro ANTUNES 00 31.40 1:07.24				
Joao Tiago RAINHO 00 36.31 1:17.49	Duarte Miguel JORGE 01 29.02 1:00.13				
7. Seleccao de Coimbra 2	Seleccao de Coimbra	4:37.04		371	5
Miguel Diogo AGOSTINHO 00 33.38 1:09.45	Joao Baptista MARQUES 00 32.12 1:09.53				
Francisco Miguel MENDES 01 36.49 1:17.98	Lucas Pereira BASTOS 00 28.70 1:00.08				
8. Seleccao de Santarem 5	Seleccao de Santarem	4:38.35		366	4
Rui Jorge LOPES 00 35.21 1:11.60	Miguel Serrao SANTOS 00 31.06 1:07.13				
Miguel Goncalves FRADE 00 36.47 1:17.46	Joao Diogo LOPES 01 29.43 1:02.16				
9. Seleccao do Interior Centro 6	Seleccao do Interior Centro	4:46.26		336	3
Goncalo Miguel PASSAREIRO 00 35.66 1:12.63	Rodrigo Galvao ALVES 00 32.08 1:10.48				
Goncalo Silveirinha CALDEIRA 01 36.36 1:17.85	Luis Pedro FARINHA 00 31.44 1:05.30				

Prova 18, Masc., 4 x 100m Estilos, Infantis

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
10. Seleccao do Nordeste 1	Seleccao do Nordeste	4:47.77		331	2
Francisco Joao PIRES 00 35.26	Luis Miguel CARVALHO	1:12.47	00	31.38	1:09.54
Rodrigo Matos SALCEDAS 00 36.97	Fernando Miguel RIBEIRO	1:21.27	00	31.65	1:04.49

WDR Seleccao do Alentejo 7 Seleccao do Alentejo

Prova 18 Masc., 4 x 100m Estilos Juvenis
12-04-2014 - 16:50 Resultados

RN Estafetas - Selec��o (25m) Absoluto	3:55.62	FPN	FPN	Rio Maior	21-06-2003
RN Estafetas - Selec��o (25m) Juv B	4:12.70	Seleccao da Assoc. Natacao de Li	SANL	Pa�os Ferreira	23-11-2002
RN Estafetas - Selec��o (25m) Juv A	3:55.62	FPN	FPN	Rio Maior	21-06-2003

Pontos: FINA 2013

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Seleccao de Aveiro 2	Seleccao de Aveiro	4:02.14		556	12
Joao Jose LARANJEIRA 98 28.95	Filipe Fonte CUNHA	59.32	98	28.54	1:00.29
Andre Magalhaes MOURA 98 30.93	Joao Soares MELO	1:06.52	98	26.80	56.01
2. Seleccao de Lisboa 4	Seleccao de Lisboa	4:04.06		543	10
Carlos Afonso ALMEIDA 98 29.70	Ruben Duarte LEITAO	1:00.91	98	28.15	1:01.27
Afonso Ribeiro BATE 98 31.94	Francisco Carvalho MACHADO	1:08.60	98	25.62	53.28
3. Seleccao de Leiria 2	Seleccao de Leiria	4:09.87		506	9
Sandro Emanuel FRANCISCO 99 31.83	Viktor KOT	1:05.07	98	28.21	1:00.65
Antonio Fernandes CARRICO 98 32.27	Tomas Gomes OLIVEIRA	1:08.35	99	26.96	55.80
4. Seleccao de Santarem 6	Seleccao de Santarem	4:10.63		501	8
<i>Recorde Nacional, Juv B (4:12.70)</i>					
Afonso Guilherme ROSA 99 29.80	Marco Andre MIGUEL	1:02.00	99	29.21	1:02.03
Miguel Carrico CRUZ 99 32.05	Bernardo Jose DIONISIO	1:08.68	99	27.43	57.92
5. Seleccao do Alentejo 8	Seleccao do Alentejo	4:13.29		486	7
Tiago Pastor ESCADA 99 30.98	Hugo Filipe CORREIA	1:03.98	99	28.28	1:00.28
Miguel Angelo MARTINS 98 34.23	Miguel Martins BALTAZAR	1:12.94	98	26.64	56.09
6. Seleccao de Coimbra 1	Seleccao de Coimbra	4:18.60		456	6
Leandro Fernandes MOTA 98 32.59	Eurico Pereira SOUSA	1:06.87	98	29.27	1:03.22
Joao Francisco MACHADO 99 34.46	Diogo Manuel MARQUES	1:13.85	98	26.23	54.66
7. Seleccao do Nordeste 2	Seleccao do Nordeste	4:23.14		433	5
Francisco Jorge RODRIGUES 99 32.31	Tomas Tao BARROS	1:06.83	99	30.24	1:05.80
Jose Pedro LEMOS 99 34.42	Nuno Tiago LOPES	1:13.36	98	26.72	57.15
8. Selecc��o do Algarve_Juv	Seleccao do Algarve	4:24.83		425	4
Rodrigo Jose GUERREIRO 99 30.12	Bernardo Antonio ALVES	1:02.90	99	29.48	1:04.20
Tomas Loia SEQUEIRA 98 37.17	Manuel Silva GODINHO	1:18.92	99	27.91	58.81
9. Seleccao do Interior Centro 8	Seleccao do Interior Centro	4:36.38		374	3
Joao Silverio DUARTE 99 32.97	Diogo Rodrigues LEITAO	1:08.25	99	31.55	1:09.59
Fabrice Almeida MONTEIRO 98 35.57	Francisco Daniel PEREIRA	1:18.31	99	28.83	1:00.23

DSQ Seleccao do Minho 2 Seleccao do Minho
Falsa rendi  o do 2  nadador
Andre Filipe AFONSECA, Jose Pedro MELO, Luis Filipe RIBEIRO, Jose Pedro FERNANDES

DSQ Seleccao do Norte de Portugal 4 Seleccao do Norte de Portugal
Falsa rendi  o do 3  nadador
Luis Filipe SOARES, Diogo Miguel COSTA, Mateus Ribeiro CARVALHO, Goncalo Miguel NOGUEIRA