



XXVIII TRAVESSIA DOS TEMPLÁRIOS- 5 KM
VILA NOVA-SERRA DE TOMAR, 24-9-2017



XXVIII TRAVESSIA DOS TEMPLÁRIOS- 5 KM
VILA NOVA-SERRA DE TOMAR, 24-9-2017

Prova 2
24-09-2017

5000m Livres

14 anos e mais velhos
Resultados

Lugar Touca Nome Ano Clube Tempo final diferença

ABSOLUTO CATEGORIAS

1.	028	Hugo Alberto RIBEIRO	1988	Estrelas S. Joao Brito	1:00:08.20	
2.	043	Mario Andre BONANCA	1990	Sporting	1:00:09.71	+ 1.51
3.	021	Diogo Manuel MARQUES	1998	Columbofila Cantanhe	1:00:09.93	+ 1.73
4.	046	Tiago Filipe CAMPOS	1999	Rio Maior	1:00:12.67	+ 4.47
5.	048	Rafael Lourenco GIL	1996	Benfica	1:00:14.85	+ 6.65
6.	019	Alexandre Valdagua COUTINHO	1997	Columbofila Cantanhe	1:00:17.43	+ 9.23
7.	058	Diogo Barbosa NUNES	2000	Fluvial Portuense	1:00:21.26	+ 13.06
8.	020	Diogo Coelho JOSE	2001	Columbofila Cantanhe	1:00:21.57	+ 13.37
9.	054	Angelica Maria ANDRE	1994	Fluvial Portuense	1:00:27.30	+ 19.10
10.	044	Pedro Miguel PINOTES	1989	Sporting	1:00:28.17	+ 19.97
11.	014	Filipe Miguel SANTO	2000	Benfica	1:02:08.70	+ 2:00.50
12.	059	Jose Pedro SAMPAIO	1998	Fluvial Portuense	1:03:01.24	+ 2:53.04
13.	006	Rafael Filipe NUNES	1996	Benfica	1:03:05.04	+ 2:56.84
14.	055	Vania Soares NEVES	1990	Fluvial Portuense	1:03:14.39	+ 3:06.19
15.	071	Alexandra Couto FRAZAO	2002	Individual ANC	1:05:48.24	+ 5:40.04
16.	072	Paulo Andre FROTA	2002	Fundacao Beatriz Sar	1:05:53.48	+ 5:45.28
17.	022	Sara Sofia ALVES	2001	Columbofila Cantanhe	1:06:02.70	+ 5:54.50
18.	029	Soraia Vanessa RIBEIRO	1992	Estrelas S. Joao Brito	1:06:20.19	+ 6:11.99
19.	060	Ivan Emanuel AMORIM	2002	Fluvial Portuense	1:06:31.80	+ 6:23.60
20.	017	Goncalo Gualberto BARBARA	2000	Portinado	1:07:05.30	+ 6:57.10
21.	074	Ana Rita QUEIROZ	2002	Fundacao Beatriz Sar	1:10:52.32	+ 10:44.12
22.	049	Joao Jose CALADO	2001	Torres Novas	1:11:30.86	+ 11:22.66
	065	Bernardo Jose DIONISIO	1999	Gualdim Pais	1:11:30.86	+ 11:22.66
24.	069	Rui Jorge LOPES	2000	CLAC-Entroncamento	1:11:31.82	+ 11:23.62
25.	027	Simao Pedro DIAS	2002	Natacao da Guarda	1:11:36.51	+ 11:28.31
26.	056	Maria Joao FERNANDES	1997	Fluvial Portuense	1:11:36.74	+ 11:28.54
27.	057	Ines Alves MARTINS	2001	Fluvial Portuense	1:12:12.73	+ 12:04.53
28.	061	Samson Silva COSTA	2002	Fluvial Portuense	1:13:08.38	+ 13:00.18
29.	068	Joao Manuel FERREIRA	1992	CLAC-Entroncamento	1:14:51.82	+ 14:43.62
30.	050	Miguel Goncalves FRADE	2000	Torres Novas	1:16:12.69	+ 16:04.49
31.	047	Goncalo Catarino DIAS	2000	Rio Maior	1:20:18.06	+ 20:09.86
32.	053	Ines Asseiceira RAMOS	2003	Torres Novas	1:20:18.25	+ 20:10.05
33.	052	Carolina Marques NEVES	2001	Torres Novas	1:20:26.38	+ 20:18.18
34.	009	Jorge Manuel NARIGUETA	1998	A Atletico Montemor	1:21:50.95	+ 21:42.75
35.	051	Filipe Asseiceira RAMOS	2000	Torres Novas	1:22:40.97	+ 22:32.77
36.	066	Lea Alexandra MENDES	2003	Gualdim Pais	1:23:00.38	+ 22:52.18
37.	040	Melissa Helena LOPES	2000	Litoral Alentejano	1:23:52.09	+ 23:43.89
38.	067	Carolina Lopes VIEIRA	2002	Gualdim Pais	1:24:08.85	+ 24:00.65
39.	024	Joana Sales AMARAL	2001	Sobral Monte Agraco	1:26:54.08	+ 26:45.88
40.	011	Ana Sofia GERVASIO	1995	A Atletico Montemor	1:28:09.56	+ 28:01.36
41.	070	Sofia Raquel PITEIRA	1998	Naval Setubalense	1:28:53.06	+ 28:44.86

ABSOLUTO CATEGORIAS, Femin.

1.	054	Angelica Maria ANDRE	1994	Fluvial Portuense	1:00:27.30	
2.	055	Vania Soares NEVES	1990	Fluvial Portuense	1:03:14.39	+ 2:47.09
3.	071	Alexandra Couto FRAZAO	2002	Individual ANC	1:05:48.24	+ 5:20.94
4.	022	Sara Sofia ALVES	2001	Columbofila Cantanhe	1:06:02.70	+ 5:35.40
5.	029	Soraia Vanessa RIBEIRO	1992	Estrelas S. Joao Brito	1:06:20.19	+ 5:52.89
6.	074	Ana Rita QUEIROZ	2002	Fundacao Beatriz Sar	1:10:52.32	+ 10:25.02
7.	056	Maria Joao FERNANDES	1997	Fluvial Portuense	1:11:36.74	+ 11:09.44



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Prova 2, Femin., 5000m Livres, ABSOLUTO CATEGORIAS

Lugar	Touca	Nome	Ano	Clube	Tempo final	diferença
8.	057	Ines Alves MARTINS	2001	Fluvial Portuense	1:12:12.73	+ 11:45.43
9.	053	Ines Asseiceira RAMOS	2003	Torres Novas	1:20:18.25	+ 19:50.95
10.	052	Carolina Marques NEVES	2001	Torres Novas	1:20:26.38	+ 19:59.08
11.	066	Lea Alexandra MENDES	2003	Gualdim Pais	1:23:00.38	+ 22:33.08
12.	040	Melissa Helena LOPES	2000	Litoral Alentejano	1:23:52.09	+ 23:24.79
13.	067	Carolina Lopes VIEIRA	2002	Gualdim Pais	1:24:08.85	+ 23:41.55
14.	024	Joana Sales AMARAL	2001	Sobral Monte Agraco	1:26:54.08	+ 26:26.78
15.	011	Ana Sofia GERVASIO	1995	A Atletico Montemor	1:28:09.56	+ 27:42.26
16.	070	Sofia Raquel PITEIRA	1998	Naval Setubalense	1:28:53.06	+ 28:25.76

JUVENIL, Femin.

1.	071	Alexandra Couto FRAZAO	2002	Individual ANC	1:05:48.24	
2.	074	Ana Rita QUEIROZ	2002	Fundacao Beatriz Sar	1:10:52.32	+ 5:04.08
3.	053	Ines Asseiceira RAMOS	2003	Torres Novas	1:20:18.25	+ 14:30.01
4.	066	Lea Alexandra MENDES	2003	Gualdim Pais	1:23:00.38	+ 17:12.14
5.	067	Carolina Lopes VIEIRA	2002	Gualdim Pais	1:24:08.85	+ 18:20.61

JUNIOR, Femin.

1.	022	Sara Sofia ALVES	2001	Columbofila Cantanhe	1:06:02.70	
2.	057	Ines Alves MARTINS	2001	Fluvial Portuense	1:12:12.73	+ 6:10.03
3.	052	Carolina Marques NEVES	2001	Torres Novas	1:20:26.38	+ 14:23.68
4.	040	Melissa Helena LOPES	2000	Litoral Alentejano	1:23:52.09	+ 17:49.39
5.	024	Joana Sales AMARAL	2001	Sobral Monte Agraco	1:26:54.08	+ 20:51.38

SENIOR, Femin.

1.	054	Angelica Maria ANDRE	1994	Fluvial Portuense	1:00:27.30	
2.	055	Vania Soares NEVES	1990	Fluvial Portuense	1:03:14.39	+ 2:47.09
3.	029	Soraia Vanessa RIBEIRO	1992	Estrelas S. Joao Brito	1:06:20.19	+ 5:52.89
4.	056	Maria Joao FERNANDES	1997	Fluvial Portuense	1:11:36.74	+ 11:09.44
5.	011	Ana Sofia GERVASIO	1995	A Atletico Montemor	1:28:09.56	+ 27:42.26
6.	070	Sofia Raquel PITEIRA	1998	Naval Setubalense	1:28:53.06	+ 28:25.76

ABSOLUTO CATEGORIAS, Masc.

1.	028	Hugo Alberto RIBEIRO	1988	Estrelas S. Joao Brito	1:00:08.20	
2.	043	Mario Andre BONANCA	1990	Sporting	1:00:09.71	+ 1.51
3.	021	Diogo Manuel MARQUES	1998	Columbofila Cantanhe	1:00:09.93	+ 1.73
4.	046	Tiago Filipe CAMPOS	1999	Rio Maior	1:00:12.67	+ 4.47
5.	048	Rafael Lourenco GIL	1996	Benfica	1:00:14.85	+ 6.65
6.	019	Alexandre Valdagua COUTINHO	1997	Columbofila Cantanhe	1:00:17.43	+ 9.23
7.	058	Diogo Barbosa NUNES	2000	Fluvial Portuense	1:00:21.26	+ 13.06
8.	020	Diogo Coelho JOSE	2001	Columbofila Cantanhe	1:00:21.57	+ 13.37
9.	044	Pedro Miguel PINOTES	1989	Sporting	1:00:28.17	+ 19.97
10.	014	Filipe Miguel SANTO	2000	Benfica	1:02:08.70	+ 2:00.50
11.	059	Jose Pedro SAMPAIO	1998	Fluvial Portuense	1:03:01.24	+ 2:53.04
12.	006	Rafael Filipe NUNES	1996	Benfica	1:03:05.04	+ 2:56.84
13.	072	Paulo Andre FROTA	2002	Fundacao Beatriz Sar	1:05:53.48	+ 5:45.28
14.	060	Ivan Emanuel AMORIM	2002	Fluvial Portuense	1:06:31.80	+ 6:23.60
15.	017	Goncalo Gualberto BARBARA	2000	Portinado	1:07:05.30	+ 6:57.10
16.	049	Joao Jose CALADO	2001	Torres Novas	1:11:30.86	+ 11:22.66
	065	Bernardo Jose DIONISIO	1999	Gualdim Pais	1:11:30.86	+ 11:22.66
18.	069	Rui Jorge LOPES	2000	CLAC-Entroncamento	1:11:31.82	+ 11:23.62
19.	027	Simao Pedro DIAS	2002	Natacao da Guarda	1:11:36.51	+ 11:28.31



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Prova 2, Masc., 5000m Livres, ABSOLUTO CATEGORIAS

Lugar	Touca	Nome	Ano	Clube	Tempo final	diferença
20.	061	Samson Silva COSTA	2002	Fluvial Portuense	1:13:08.38	+ 13:00.18
21.	068	Joao Manuel FERREIRA	1992	CLAC-Entroncamento	1:14:51.82	+ 14:43.62
22.	050	Miguel Goncalves FRADE	2000	Torres Novas	1:16:12.69	+ 16:04.49
23.	047	Goncalo Catarino DIAS	2000	Rio Maior	1:20:18.06	+ 20:09.86
24.	009	Jorge Manuel NARIGUETA	1998	Atletico Montemor	1:21:50.95	+ 21:42.75
25.	051	Filipe Asseiceira RAMOS	2000	Torres Novas	1:22:40.97	+ 22:32.77

JUVENIL, Masc.

1.	020	Diogo Coelho JOSE	2001	Columbofila Cantanhe	1:00:21.57	
2.	072	Paulo Andre FROTA	2002	Fundacao Beatriz Sar	1:05:53.48	+ 5:31.91
3.	060	Ivan Emanuel AMORIM	2002	Fluvial Portuense	1:06:31.80	+ 6:10.23
4.	049	Joao Jose CALADO	2001	Torres Novas	1:11:30.86	+ 11:09.29
5.	027	Simao Pedro DIAS	2002	Natacao da Guarda	1:11:36.51	+ 11:14.94
6.	061	Samson Silva COSTA	2002	Fluvial Portuense	1:13:08.38	+ 12:46.81

JUNIOR, Masc.

1.	046	Tiago Filipe CAMPOS	1999	Rio Maior	1:00:12.67	
2.	058	Diogo Barbosa NUNES	2000	Fluvial Portuense	1:00:21.26	+ 8.59
3.	014	Filipe Miguel SANTO	2000	Benfica	1:02:08.70	+ 1:56.03
4.	017	Goncalo Gualberto BARBARA	2000	Portinado	1:07:05.30	+ 6:52.63
5.	065	Bernardo Jose DIONISIO	1999	Gualdim Pais	1:11:30.86	+ 11:18.19
6.	069	Rui Jorge LOPES	2000	CLAC-Entroncamento	1:11:31.82	+ 11:19.15
7.	050	Miguel Goncalves FRADE	2000	Torres Novas	1:16:12.69	+ 16:00.02
8.	047	Goncalo Catarino DIAS	2000	Rio Maior	1:20:18.06	+ 20:05.39
9.	051	Filipe Asseiceira RAMOS	2000	Torres Novas	1:22:40.97	+ 22:28.30

SENIOR, Masc.

1.	028	Hugo Alberto RIBEIRO	1988	Estrelas S. Joao Brito	1:00:08.20	
2.	043	Mario Andre BONANCA	1990	Sporting	1:00:09.71	+ 1.51
3.	021	Diogo Manuel MARQUES	1998	Columbofila Cantanhe	1:00:09.93	+ 1.73
4.	048	Rafael Lourenco GIL	1996	Benfica	1:00:14.85	+ 6.65
5.	019	Alexandre Valdagua COUTINHO	1997	Columbofila Cantanhe	1:00:17.43	+ 9.23
6.	044	Pedro Miguel PINOTES	1989	Sporting	1:00:28.17	+ 19.97
7.	059	Jose Pedro SAMPAIO	1998	Fluvial Portuense	1:03:01.24	+ 2:53.04
8.	006	Rafael Filipe NUNES	1996	Benfica	1:03:05.04	+ 2:56.84
9.	068	Joao Manuel FERREIRA	1992	CLAC-Entroncamento	1:14:51.82	+ 14:43.62
10.	009	Jorge Manuel NARIGUETA	1998	Atletico Montemor	1:21:50.95	+ 21:42.75



XXVIII TRAVESSIA DOS TEMPLÁRIOS- 5 KM
VILA NOVA-SERRA DE TOMAR, 24-9-2017

Prova 1
24-09-2017

5000m Livres

25 anos e mais velhos
Resultados

Lugar	Touca	Nome	Ano	Clube	Tempo final	diferença
ABSOLUTO MASTERS						
1.	005	Jose Pedro NEVES	1981	Vilacondense	1:11:35.11	
2.	032	Pedro Lobato RIJO	1991	Alges	1:12:22.39	+ 47.28
3.	041	Rodrigo Marques COSTA	1976	Litoral Alentejano	1:12:46.77	+ 1:11.66
4.	063	Gustavo Hachmeister CARACA	1976	Individual ANL	1:14:27.12	+ 2:52.01
5.	016	Diogo Pedroso ALMEIDA	1977	Colegio Monte Maior	1:16:17.69	+ 4:42.58
6.	008	Eurico Manuel SANTOS	1970	Colegio Monte Maior	1:17:54.38	+ 6:19.27
7.	075	Joao Carlos MALTA	1982	Fundacao Salesianos	1:18:25.72	+ 6:50.61
8.	026	Joao Carlos SILVA	1989	Colegio Monte Maior	1:19:48.56	+ 8:13.45
9.	038	Luis Paulo PITEIRA	1968	Palmela	1:19:56.97	+ 8:21.86
10.	035	Vitor Manuel MAVIOSO	1956	Alges	1:23:05.60	+ 11:30.49
11.	030	Andre Gomes SILVA	1984	Oriental	1:23:20.92	+ 11:45.81
12.	077	Frederico Gomes CARVALHO	1974	Naval Setubalense	1:23:48.44	+ 12:13.33
13.	042	Alexandre Marques PEREIRA	1976	Colegio Monte Maior	1:23:56.50	+ 12:21.39
14.	010	Francisco Ferreira PEREIRA	1992	A Atletico Montemor	1:28:13.06	+ 16:37.95
15.	023	Francisco Santos BARROS	1972	Colegio Monte Maior	1:37:15.82	+ 25:40.71
16.	001	Adelino Jose CASAS	1966	Alges	1:39:27.66	+ 27:52.55
17.	039	Jose Manuel PEREIRA	1970	Palmela	1:40:06.75	+ 28:31.64
18.	062	Jorge Sequeira LIMA	1967	Electrico Clube	1:40:57.54	+ 29:22.43
19.	031	Rita Sousa MONTEIRO	1981	Oriental	1:41:25.92	+ 29:50.81
20.	045	Antonio Jorge MARTINHO	1965	Academica de Coimbra	1:41:27.73	+ 29:52.62
21.	025	Carlos Augusto CORREIA	1952	Masters de Almada	1:49:59.50	+ 38:24.39
22.	003	Rui Manuel VELEZ	1964	Luz e Vida	1:50:47.91	+ 39:12.80
23.	064	Jose Luis MATOS	1970	Individual ANL	1:51:48.56	+ 40:13.45
24.	033	Domingos Pinto COELHO	1952	Alges	1:53:18.70	+ 41:43.59
25.	034	Paulo Jose PATRAO	1960	Alges	1:53:26.60	+ 41:51.49
26.	015	Luisa Lopes AGANTE	1971	Leixoes	1:53:31.26	+ 41:56.15
27.	076	Joao Castro TEIXEIRA	1961	Natacao de Lisboa	1:53:40.78	+ 42:05.67
28.	078	Ana Bernardo BARBARA	1970	Portinado	1:57:37.85	+ 46:02.74
29.	018	Wanda Maria GIAO	1962	Portinado	2:08:50.63	+ 57:15.52
30.	002	Sebastiao Ferreira SANTOS	1967	Individual ANDS	2:09:42.26	+ 58:07.15
31.	037	Alexandre Azevedo GASPAS	1945	Alges	2:28:32.54	+ 1:16:57.44
32.	036	Jose Joaquim MARREIROS	1946	Alges	2:36:03.44	+ 1:24:28.30

ABSOLUTO MASTERS, Femin.

1.	031	Rita Sousa MONTEIRO	1981	Oriental	1:41:25.92	
2.	015	Luisa Lopes AGANTE	1971	Leixoes	1:53:31.26	+ 12:05.34
3.	078	Ana Bernardo BARBARA	1970	Portinado	1:57:37.85	+ 16:11.93
4.	018	Wanda Maria GIAO	1962	Portinado	2:08:50.63	+ 27:24.71

MASTER C-D, Femin.

1.	031	Rita Sousa MONTEIRO	1981	Oriental	1:41:25.92	
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MASTER E-F, Femin.

1.	015	Luisa Lopes AGANTE	1971	Leixoes	1:53:31.26	
2.	078	Ana Bernardo BARBARA	1970	Portinado	1:57:37.85	+ 4:06.59



XXVIII TRAVESSIA DOS TEMPLÁRIOS- 5 KM
VILA NOVA-SERRA DE TOMAR, 24-9-2017

Prova 1, 5000m Livres

MASTER G-H, Femin.

1. 018 Wanda Maria GIAO 1962 Portinado **2:08:50.63**

ABSOLUTO MASTERS, Masc.

1.	005	Jose Pedro NEVES	1981	Vilacondense	1:11:35.11	
2.	032	Pedro Lobato RIJO	1991	Alges	1:12:22.39	+ 47.28
3.	041	Rodrigo Marques COSTA	1976	Litoral Alentejano	1:12:46.77	+ 1:11.66
4.	063	Gustavo Hachmeister CARACA	1976	Individual ANL	1:14:27.12	+ 2:52.01
5.	016	Diogo Pedroso ALMEIDA	1977	Colegio Monte Maior	1:16:17.69	+ 4:42.58
6.	008	Eurico Manuel SANTOS	1970	Colegio Monte Maior	1:17:54.38	+ 6:19.27
7.	075	Joao Carlos MALTA	1982	Fundacao Salesianos	1:18:25.72	+ 6:50.61
8.	026	Joao Carlos SILVA	1989	Colegio Monte Maior	1:19:48.56	+ 8:13.45
9.	038	Luis Paulo PITEIRA	1968	Palmela	1:19:56.97	+ 8:21.86
10.	035	Vitor Manuel MAVIOSO	1956	Alges	1:23:05.60	+ 11:30.49
11.	030	Andre Gomes SILVA	1984	Oriental	1:23:20.92	+ 11:45.81
12.	077	Frederico Gomes CARVALHO	1974	Naval Setubalense	1:23:48.44	+ 12:13.33
13.	042	Alexandre Marques PEREIRA	1976	Colegio Monte Maior	1:23:56.50	+ 12:21.39
14.	010	Francisco Ferreira PEREIRA	1992	A Atletico Montemor	1:28:13.06	+ 16:37.95
15.	023	Francisco Santos BARROS	1972	Colegio Monte Maior	1:37:15.82	+ 25:40.71
16.	001	Adelino Jose CASAS	1966	Alges	1:39:27.66	+ 27:52.55
17.	039	Jose Manuel PEREIRA	1970	Palmela	1:40:06.75	+ 28:31.64
18.	062	Jorge Sequeira LIMA	1967	Electrico Clube	1:40:57.54	+ 29:22.43
19.	045	Antonio Jorge MARTINHO	1965	Academica de Coimbra	1:41:27.73	+ 29:52.62
20.	025	Carlos Augusto CORREIA	1952	Masters de Almada	1:49:59.50	+ 38:24.39
21.	003	Rui Manuel VELEZ	1964	Luz e Vida	1:50:47.91	+ 39:12.80
22.	064	Jose Luis MATOS	1970	Individual ANL	1:51:48.56	+ 40:13.45
23.	033	Domingos Pinto COELHO	1952	Alges	1:53:18.70	+ 41:43.59
24.	034	Paulo Jose PATRAO	1960	Alges	1:53:26.60	+ 41:51.49
25.	076	Joao Castro TEIXEIRA	1961	Natacao de Lisboa	1:53:40.78	+ 42:05.67
26.	002	Sebastiao Ferreira SANTOS	1967	Individual ANDES	2:09:42.26	+ 58:07.15
27.	037	Alexandre Azevedo GASPAR	1945	Alges	2:28:32.54	+ 1:16:57.44
28.	036	Jose Joaquim MARREIROS	1946	Alges	2:36:03.44	+ 1:24:28.30

MASTER A-B, Masc.

1.	032	Pedro Lobato RIJO	1991	Alges	1:12:22.39	
2.	026	Joao Carlos SILVA	1989	Colegio Monte Maior	1:19:48.56	+ 7:26.17
3.	030	Andre Gomes SILVA	1984	Oriental	1:23:20.92	+ 10:58.53
4.	010	Francisco Ferreira PEREIRA	1992	A Atletico Montemor	1:28:13.06	+ 15:50.67

MASTER C-D, Masc.

1.	005	Jose Pedro NEVES	1981	Vilacondense	1:11:35.11	
2.	041	Rodrigo Marques COSTA	1976	Litoral Alentejano	1:12:46.77	+ 1:11.66
3.	063	Gustavo Hachmeister CARACA	1976	Individual ANL	1:14:27.12	+ 2:52.01
4.	016	Diogo Pedroso ALMEIDA	1977	Colegio Monte Maior	1:16:17.69	+ 4:42.58
5.	075	Joao Carlos MALTA	1982	Fundacao Salesianos	1:18:25.72	+ 6:50.61
6.	077	Frederico Gomes CARVALHO	1974	Naval Setubalense	1:23:48.44	+ 12:13.33
7.	042	Alexandre Marques PEREIRA	1976	Colegio Monte Maior	1:23:56.50	+ 12:21.39



XXVIII TRAVESSIA DOS TEMPLÁRIOS- 5 KM
VILA NOVA-SERRA DE TOMAR, 24-9-2017

Prova 1, 5000m Livres

MASTER E-F, Masc.

1.	008	Eurico Manuel SANTOS	1970	Colegio Monte Maior	1:17:54.38	
2.	038	Luis Paulo PITEIRA	1968	Palmela	1:19:56.97	+ 2:02.59
3.	023	Francisco Santos BARROS	1972	Colegio Monte Maior	1:37:15.82	+ 19:21.44
4.	001	Adelino Jose CASAS	1966	Alges	1:39:27.66	+ 21:33.28
5.	039	Jose Manuel PEREIRA	1970	Palmela	1:40:06.75	+ 22:12.37
6.	062	Jorge Sequeira LIMA	1967	Electrico Clube	1:40:57.54	+ 23:03.16
7.	045	Antonio Jorge MARTINHO	1965	Academica de Coimbra	1:41:27.73	+ 23:33.35
8.	003	Rui Manuel VELEZ	1964	Luz e Vida	1:50:47.91	+ 32:53.53
9.	064	Jose Luis MATOS	1970	Individual ANL	1:51:48.56	+ 33:54.18
10.	002	Sebastiao Ferreira SANTOS	1967	Individual ANDS	2:09:42.26	+ 51:47.88

MASTER G-H, Masc.

1.	035	Vitor Manuel MAVIOSO	1956	Alges	1:23:05.60	
2.	034	Paulo Jose PATRAO	1960	Alges	1:53:26.60	+ 30:21.00
3.	076	Joao Castro TEIXEIRA	1961	Natacao de Lisboa	1:53:40.78	+ 30:35.18

MASTER I-J, Masc.

1.	025	Carlos Augusto CORREIA	1952	Masters de Almada	1:49:59.50	
2.	033	Domingos Pinto COELHO	1952	Alges	1:53:18.70	+ 3:19.20
3.	037	Alexandre Azevedo GASPAR	1945	Alges	2:28:32.55	+ 38:33.05
4.	036	Jose Joaquim MARREIROS	1946	Alges	2:36:03.41	+ 46:03.91