

# JA – TEMPOS A CUMPRIR

## JORNADAS DE APURAMENTO

### (Piscina de 25 m)

MASCULINOS					FEMININOS				
Infantis B 13	Infantis A 14	Juvenis B 15	Juvenis A 16	JUN/SEN 17 e +	PROVAS	JUN/SEN 15 e +	Juvenis 14	Infantis A 13	Infantis B 12
00,39,00	00,37,00	00,35,00	00,33,00	00,32,00	<b>50L</b>	00,36,00	00,38,00	00,40,00	00,42,00
01,25,00	01,21,00	01,16,00	01,14,00	01,12,00	<b>100L</b>	01,18,00	01,23,00	01,28,00	01,32,00
03,05,00	02,58,00	02,45,00	02,40,00	02,35,00	<b>200L</b>	02,56,00	03,05,00	03,12,00	03,20,00
06,30,00	06,15,00	05,45,00	05,35,00	05,30,00	<b>400L</b>	05,50,00	06,12,00	06,38,00	06,50,00
12,30,00	11,58,00	11,18,00	11,02,00	10,46,00	<b>800L</b>	12,25,00	12,55,00	13,25,00	14,00,00
25,00,00	24,00,00	23,30,00	23,00,00	21,30,00	<b>1500 L</b>	22,00,00	23,15,00	24,30,00	25,30,00
05,50,00	05,50,00	05,20,00	05,20,00	04,55,00	<b>4X100L</b>	05,20,00	05,40,00	06,08,00	06,08,00
12,20,00	12,20,00	11,30,00	11,30,00	10,30,00	<b>4X200L</b>	12,00,00	12,30,00	12,30,00	12,30,00
00,42,00	00,40,00	00,39,00	00,38,00	00,37,50	<b>50C</b>	00,41,00	00,43,00	00,44,00	00,46,00
01,40,00	01,35,00	01,30,00	01,25,00	01,23,00	<b>100C</b>	01,30,00	01,37,00	01,40,00	01,45,00
03,35,00	03,27,00	03,20,00	03,12,00	03,08,00	<b>200C</b>	03,12,00	03,23,00	03,30,00	03,45,00
00,42,00	00,41,00	00,40,00	00,39,00	00,38,00	<b>50M</b>	00,41,00	00,43,00	00,44,00	00,46,00
01,50,00	01,45,00	01,40,00	01,35,00	01,32,00	<b>100M</b>	01,38,00	01,45,00	01,50,00	01,55,00
04,20,00	04,00,00	03,48,00	03,30,00	03,18,00	<b>200M</b>	03,35,00	03,50,00	04,05,00	04,25,00
00,47,00	00,46,00	00,45,00	00,44,00	00,43,00	<b>50B</b>	00,46,00	00,48,00	00,49,00	00,51,00
01,55,00	01,50,00	01,45,00	01,40,00	01,36,00	<b>100B</b>	01,44,00	01,48,00	01,53,00	01,57,00
04,10,00	04,00,00	03,45,00	03,37,00	03,25,00	<b>200B</b>	03,38,00	03,50,00	04,02,00	04,12,00
01,45,00	01,38,00	01,35,00	01,30,00	01,28,00	<b>100E</b>	01,32,00	01,35,00	01,40,00	01,45,00
03,30,00	03,22,00	03,13,00	03,09,00	03,05,00	<b>200E</b>	03,10,00	03,18,00	03,26,00	03,35,00
07,30,00	07,12,00	07,00,00	06,48,00	06,35,00	<b>400E</b>	06,45,00	07,01,00	07,20,00	07,40,00
06,58,00	06,58,00	05,55,00	05,55,00	05,35,00	<b>4X100E</b>	05,48,00	06,04,00	07,05,00	07,05,00

### Estafetas em ABS

05,05,00	<b>4X100L</b>	06,08,00
11,05,00	<b>4X200L</b>	12,30,00
05,55,00	<b>4X100E</b>	07,05,00

## TCJA – TEMPOS A CUMPRIR

### JORNADAS DE APURAMENTO

(Piscina de 50m)

MASCULINOS					FEMININOS				
Infantis B 13	Infantis A 14	Juvenis B 15	Juvenis A 16	JUN/SEN 17 e +	PROVAS	JUN/SEN 15 e +	Juvenis 14	Infantis A 13	Infantis B 12
00,40,00	00,38,00	00,36,00	00,34,00	00,33,00	50L	00,37,00	00,39,00	00,41,00	00,43,00
01,27,00	01,23,00	01,17,50	01,15,50	01,13,50	100L	01,20,00	01,25,00	01,30,00	01,34,00
03,09,00	03,01,50	02,48,50	02,43,50	02,38,50	200L	03,00,00	03,09,00	03,16,00	03,24,50
06,38,00	06,22,50	05,52,00	05,42,00	05,37,00	400L	05,57,00	06,19,50	06,46,00	06,58,50
12,46,00	12,14,00	11,44,00	11,22,00	10,59,12	800L	12,39,50	13,09,50	13,41,00	14,17,00
25,30,00	24,30,00	23,28,00	22,57,00	21,55,00	1500 L	22,50,50	23,55,00	25,05,00	26,15,00
05,47,00	05,47,00	05,11,50	05,11,50	05,00,50	4X100L	05,47,00	06,00,00	06,14,50	06,14,50
12,35,00	12,35,00	11,18,50	11,18,50	10,43,00	4X200L	12,14,50	12,30,00	12,45,00	12,45,00
00.43.50	00.41.50	00,40,50	00,39,50	00,38,50	50C	00,42,50	00,44,50	00,45,50	00,47,00
01,42,00	01,37,00	01,32,00	01,27,50	01,25,50	100C	01,32,00	01,40,00	01,42,00	01,48,50
03,41,50	03,33,50	03,26,00	03,18,00	03,14,00	200C	03,18,00	03,29,00	03,36,50	03,52,00
00,43,00	00,42,00	00,41,00	00,40,00	00,39,00	50M	00,42,00	00,44,00	00,45,50	00,47,00
01,52,50	01,47,50	01,42,00	01,37,00	01,34,00	100M	01,40,00	01,47,50	01,52,50	01,57,50
04,25,50	04,05,00	03,52,50	03,34,50	03,22,00	200M	03,39,50	03,55,00	04,10,00	04,30,50
00,48,50	00,47,50	00,46,50	00,45,50	00,44,50	50B	00,47,50	00,49,50	00,50,00	00,52,50
02,01,50	01,56,50	01,48,50	01,43,00	01,39,00	100B	01,47,50	01,51,50	01,59,50	02,03,50
04,17,50	04,07,50	03,52,00	03,43,50	03,31,50	200B	03,44,50	03,57,00	04,09,50	04,19,50
03,36,50	03,28,00	03,19,00	03,15,00	03,11,00	200E	03,16,00	03,24,00	03,31,50	03,41,50
07,43,50	07,25,00	07,12,50	07,00,50	06,47,00	400E	06,57,50	07,13,50	07,33,00	07,52,50
07,10,50	07,10,50	06,06,00	06,06,00	05,45,50	4X100E	06,00,00	06,30,50	07,18,00	07,18,00

#### Estafetas em ABS

05,11,50	4X100L	06,00,00
11,18,50	4X200L	12,30,00
06,06,00	4X100E	06,30,50

## TCC – TEMPOS A CUMPRIR

### CAMPEONATOS REGIONAIS DE CATEGORIAS - PISC. CURTA

#### SENIORES – JUNIORES - JUVENIS - INFANTIS

MASCULINOS						FEMININOS					
INF- B 13	INF- A 14	JUV - B 15	JUV - A 16	JUN 17 e 18	SÉN 19 e +	PROVAS	SÉN 17 e +	JUN 15 e 16	JUV 14	INF- A 13	INF- B 12
-	-	-	-	00,29,00	00,28,00	<b>50L</b>	00,33,00	00,34,50	-	-	-
01,22,00	01,17,50	01,12,00	01,10,00	01,07,00	01,04,50	<b>100L</b>	01,13,00	01,15,00	01,18,50	01,23,50	01,28,00
02,55,00	02,47,50	02,38,00	02,29,00	02,27,00	02,22,00	<b>200L</b>	02,40,00	02,44,50	02,49,00	03,02,00	03,10,00
06,00,00	05,46,00	05,30,00	05,25,00	05,18,00	05,07,00	<b>400L</b>	05,33,00	05,42,00	05,54,00	06,22,00	06,36,00
24,00,00	23,30,00	23,10,00	22,30,00	21,00,00	20,00,00	<b>1500/800L</b>	11,30,00	11,50,00	12,10,00	13,15,00	13,32,00
05,48,00		05,18,00		04,30,00	04,20,00	<b>4X100L</b>	05,00,00	05,07,50	05,18,50	06,00,00	
11,59,00		11,10,00		10,00,00	09,40,00	<b>4X200L</b>	10,55,00	11,30,00	11,50,00	12,30,00	
-	-	-	-	00,37,00	00,35,00	<b>50C</b>	00,39,00	00,40,50	-	-	-
01,32,50	01,28,50	01,24,00	01,22,00	01,20,00	01,16,00	<b>100C</b>	01,25,00	01,26,00	01,28,50	01,35,50	01,39,50
03,22,00	03,16,00	03,11,00	03,03,00	02,56,50	02,48,00	<b>200C</b>	03,03,00	03,05,00	03,10,00	03,21,00	03,29,00
-	-	-	-	00,34,00	00,32,00	<b>50M</b>	00,38,00	00,39,00	-	-	-
01,34,00	01,30,00	01,25,00	01,19,50	01,17,00	01,15,00	<b>100M</b>	01,22,00	01,26,00	01,30,00	01,38,00	01,42,00
03,55,00	03,46,50	03,37,00	03,10,00	02,57,00	02,50,50	<b>200M</b>	03,10,00	03,15,00	03,30,00	03,46,50	03,55,00
-	-	-	-	00,38,00	00,37,50	<b>50B</b>	00,42,00	00,43,00	-	-	-
01,43,00	01,39,00	01,34,00	01,30,50	01,27,50	01,24,50	<b>100B</b>	01,34,50	01,36,00	01,40,00	01,51,00	01,55,00
03,44,00	03,36,00	03,26,00	03,16,50	03,09,50	03,04,00	<b>200B</b>	03,26,50	03,29,50	03,35,00	03,53,00	04,00,00
-	-	-	-	01,18,00	01,13,00	<b>100E</b>	01,25,00	01,28,00	-	-	-
03,21,00	03,13,50	03,04,00	02,47,50	02,43,00	02,39,50	<b>200E</b>	03,04,00	03,09,00	03,15,50	03,28,00	03,36,00
07,00,00	06,50,00	06,34,00	06,11,00	06,00,00	05,50,00	<b>400E</b>	06,18,00	06,27,00	06,47,00	07,13,00	07,28,00
06,00,00		05,30,00		04,58,50	04,50,00	<b>4X100E</b>	05,40,00	05,47,00	06,00,00	06,40,00	

## TACS – TEMPOS DE ADMISSÃO

### CAMPEONATOS REGIONAIS DE VERÃO

#### ABSOLUTOS (JUN-SÉN) – JUVENIS A e B – INFANTIS A e B

MASCULINOS					FEMININOS				
Infantis B 13	Infantis A 14	Juvenis B 15	Juvenis A 16	JUN/SEN 17 e +	PROVAS	JUN/SEN 15 e +	Juvenis 14	Infantis A 13	Infantis B 12
-	-	-	-	00.30.00	<b>50L</b>	00.35.00	-	-	-
01,22,00	01,16,50	01,13,50	01,09,00	01,08.00	<b>100L</b>	01.16.00	01,19,00	01,23,50	01,28,00
02,54,50	02,46,50	02,35,00	02,31,00	02,28.50	<b>200L</b>	02.46.00	02,49,50	03,02,00	03,10,00
06,02,00	05,47,00	05,35,00	05,27,50	05,22.50	<b>400L</b>	05.46.50	05,54,00	06,23,50	06,37,50
12,19,00	11,42,00	11,08,70	10,42,60	10,24,30	<b>800L</b>	11.54.50	12,14,50	13,19,00	13,36,00
24,13,50	23,48,00	23,17,50	22,27,50	21,25.50	<b>1500 L</b>	22,15,40	23,00,40	24,10,90	25,14,60
<b>05,41,00</b>	<b>05,41,00</b>	<b>05,00,00</b>	<b>05,00,00</b>	04,35.50	<b>4X100L</b>	05.13.50	05,25,00	<b>06,00,00</b>	<b>06,00,00</b>
<b>11,47,00</b>	<b>11,47,00</b>	<b>11,00,00</b>	<b>11,00,00</b>	10,12.00	<b>4X200L</b>	11.50.00	12,10,50	<b>12,39,00</b>	<b>12,39,00</b>
-	-	-	-	00.38.00	<b>50C</b>	00.41.50	-	-	-
01,34,00	01,30,00	01,25,50	01,23,50	01,21.00	<b>100C</b>	01.26.50	01,30,00	01,36,00	01,40,00
03,25,00	03,20,00	03,13,00	03,05,50	03,00.50	<b>200C</b>	03.09.50	03,14,00	03,23,00	03,32,00
-	-	-	-	00.34.50	<b>50M</b>	<b>00.38.50</b>	-	-	-
01,34,00	01,29,80	01,22,60	01,20,50	01,19.50	<b>100M</b>	01.26.00	01,30,00	01,37,90	01,42,00
03,56,50	03,46,50	03,26,00	03,07,00	02,57.50	<b>200M</b>	03.17.00	03,26,00	03,46,50	03,56,50
-	-	-	-	00.39.50	<b>50B</b>	00.43.50	-	-	-
01,44,00	01,40,00	01,36,00	01,31,00	01,29.50	<b>100B</b>	01.38.00	01,41,00	01,52,50	01,56,50
03,47,00	03,38,50	03,23,00	03,17,00	03,14.00	<b>200B</b>	03.33.50	03,37,50	03,55,00	04,03,00
03,23,00	03,16,00	02,57,50	02,50,50	02,48.50	<b>200E</b>	03.13.00	03,17,00	03,29,50	03,38,50
07,04,50	06,52,50	06,36,50	06,18,00	06,08.50	<b>400E</b>	06.36.50	06,40,50	07,17,50	07,33,00
06,06,00	05,52,00	05,34,00	05,20,00	05,00.50	<b>4X100E</b>	05.50.00	06,20,00	06,30,50	06,43,00